

VOLLEYBALL Policies & Pairings

State Tournament Volleyball Pairings

5A SCHOOLS

Upper Bracket

- *Region 3 #2 vs. Region 2 #3
- *Region 4 #1 vs. Region 1 #4
- *Region 1 #1 vs. Region 4 #4
- *Region 2 #2 vs. Region 3 #3

Lower Bracket

- *Region 1 #2 vs. Region 4 #3
- *Region 2 #1 vs. Region 3 #4
- *Region 3 #1 vs. Region 2 #4
- *Region 4 #2 vs. Region 1 #3

4A SCHOOLS

Upper Bracket

- *Region 7 #2 vs Region 8 #3
- *Region 5 #1 vs Region 6 #4
- *Region 6 #1 vs Region 5 #4
- *Region 8 #2 vs Region 7 #3

Lower Bracket

- *Region 5 #2 vs Region 6 #3
- *Region 7 #1 vs Region 8 #4
- *Region 8 #1 vs Region 7 #4
- *Region 6 #2 vs Region 5 #3

3A SCHOOLS

Upper Bracket

- *Region 11 #2 vs. Region 12 #3
- *Region 9 #1 vs. Region 10 #4
- *Region 10 #1 vs. Region 9 #4
- *Region 12 #2 vs. Region 11 #3

Lower Bracket

- *Region 10 #2 vs. Region 9 #3
- *Region 12 #1 vs. Region 11 #4
- *Region 11 #1 vs. Region 12 #4
- *Region 9 #2 vs. Region 10 #3

2A SCHOOLS

Upper Bracket

- *Region 16 #1 vs. Region 13 #4
- *Region 15 #2 vs. Region 14 #3
- *Region 13 #1 vs. Region 16 #4
- *Region 14 #2 vs. Region 15 #3

Lower Bracket

- *Region 13 #2 vs. Region 16 #3
- *Region 14 #1 vs. Region 15 #4
- *Region 15 #1 vs. Region 14 #4
- *Region 16 #2 vs. Region 13 #3

1A SCHOOLS

Upper Bracket

- *Region 18 #1 vs. Region 20 #4
- *Region 17 #2 vs. Region 19 #3
- *Region 19 #2 vs. Region 17 #3
- *Region 20 #1 vs. Reg. 18 #4/20 #5

Lower Bracket

- *Region 17 #1 vs. Reg. 19 #4 or 20 #6
- *Region 18 #2 vs. Region 20 #3
- *Region 20 #2 vs. Region 18 #3
- *Region 19 #1 vs. Reg. 17 #4 or 18 #5

The 1A Volleyball Play-in Matches will be at UVU on Friday, October 28 at 8:00 a.m.

Wilson Official Game Ball for State Volleyball Tournaments

Wilson I COR High Performance H7700, solid white, will be the official game ball at the state tournaments. Schools are not required to use the Wilson I COR High Performance H7700 during the season. Schools have the option of using a color-paneled volleyball which meets the criteria outlined in the NFHS Rulebook. All panels of the volleyball shall be solid white or a maximum combination of three colors (with each panel being a solid color) of which at least one-third of the panels shall be solid white. See the NFHS Volleyball Rules Book for information.

Match Times for Varsity and Sub-Varsity

The maximum starting time between varsity and sub-varsity matches shall be one hour and 15 minutes.

For example, if the varsity match is at 3:30 pm, the next matches (JV and Soph) shall be at 4:45 pm and 6:00 pm.

Standard Warm-up of Ten Minutes

Standardized warm-up for all varsity and sub-varsity levels is 10 minutes. Teams may either use a 5-5 or 4-4-2 format. Home teams in the pre-season and regions are to determine which format will be used. Teams are encouraged to stretch and warm-up in other areas of the school prior to the start of the 10 minute on-court warm-up. The format for state tournament play will be 4-4-2. Teams may be penalized by officials for delay of game with regard to delayed warm-up time or excessive warm-up time. If prior matches finish early there may be more time for general warm-up for both teams, but only in the event that matches are running ahead of scheduled start times.

Rally Scoring Format for Varsity & Sub-Varsity

Rally scoring format for VARSITY matches is as follows: sets 1-4 (4 if necessary) score to 25 with no cap and set 5 (if necessary) scores to 15 with no cap. Sets 1-5 have a possibility of two time-outs per team. (Note: the varsity set 5 has the possibility of two time-outs per team, unlike the sub-varsity set to 15).

Rally scoring format for SUB-VARSITY matches is as follows: sets 1 and 2 score to 25 with a cap of 27; sets 3, 4 and 5 (4 and 5 if necessary) score to 15 with a cap of 17. Sets 1 and 2 have a possibility of two time-outs per team and sets 3, 4 and 5 (4 and 5 if necessary) have a possibility of one time-out per team.

For sophomore and freshman matches, schools/regions have the option of playing the best of three sets with rally scoring: Sets 1 and 2 score to 25 with a cap of 27; set 3, if necessary, to a score of 15 with a cap of 17.

Additional UHSAA Guidelines

- **Flags may be used by line judges.** Beginning with the 2014 season, flags *shall* be used by line judges.
- **The 3-ball system is mandated for all matches,** including sub-varsity matches. The three balls should be matching balls (i.e. all white balls, or matching color-paneled balls).
- Participants are prohibited from using glitter, body paint, decals or temporary tattoos.
- **End-of-Match Protocol:** following the release of players from end line by R1, teams go to center of court to participate in a team handshake before reporting to the bench.
- The UHSAA includes non-faculty coaches, employed by the school, as school personnel (NFHS Rule 1-7-2).

Note: Beginning July 1, 2016, the NFHS Volleyball Rules Books will have new uniform guidelines in place.

Additional info is available in the NFHS Volleyball Rules Book and a PowerPoint is available at www.nfhs.org.