



Region 20 Board Handbook

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REGION 20 BOARD OF MANAGERS

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REGION 20 BOARD OF MANAGERS

CHAIRMEN ASSIGNMENTS

Bryce Valley High School
Jeff Brinkerhoff, Principal
Bryce Valley Mustangs

Cross-Country
Girl's Basketball

Escalante High School
Chris Christensen, Principal
Escalante Moquis

Volleyball
Boy's Basketball

Milford High School
Greg Dettinger, Principal
Milford Tigers

Sportsmanship
Football
Golf

Panguitch High School
Betty Ann Rember, Principal
Panguitch Bobcats

Secretary/Financial
Executive Committee

Piute High School
Kennedy Sylvester/Scott Bagley, Acting Principals
Piute Thunderbirds

Drill Team
Speech
Track

Valley High School
Jim Wood, Principal
Valley Buffaloes

Region Chairman
Trophies
Academic All-Region
Region Handbook

Wayne High School
Mark Elmer
Wayne Badgers

Baseball
Wrestling
Master Calendar

Abundant Life Academy
Rod Quarnburg

Music
Drama

I. STATEMENT OF PHILOSOPHY

Region 20 believes that the primary purpose of schools is to educate young people. Academic achievement is of paramount importance and will always be held in high esteem by Region 20 Board of Managers. In addition, we also recognize that activities are the “other half of education” and as such, are extremely important to the building of well-rounded youth. Under this philosophy, we promote the idea that participation in the sponsored activities of Region 20 is a privilege earned by meeting or exceeding academic eligibility guidelines set by schools, the region, and the Utah High School Activities Association. The purpose of the Region 20 Board of Managers is to cooperate with fellow educators (administrators, coaches, advisors, school boards) to promote the highest quality activities possible, to use wisdom and input from colleagues in setting schedules, and in setting guidelines and policies to govern activities. This handbook may not cover every controversial situation that may arise. We would expect that by using rulebooks, the UHSAA Handbook, input from concerned Region 20 members, and common sense, any problem encountered can be addressed and resolved. By striving for excellence, we will continue to represent our area and schools in the highest fashion at the local and state level.

II. MEMBERSHIP

Membership on the Region 20 Board of Managers shall include and be limited to the secondary principals/or their designees of the schools within the region, superintendents from the districts involved, and a school board member from each of those districts. Representation will be limited to one vote per school.

III. OFFICERS

The officers of the board of managers will include the chairman, secretary, and directors. All officers shall be principals/or designees of represented schools. The chairman and secretary will be elected for a two year term by voting members. The annual term of office will run from July 1 to June 30. Elections will be held the last board meeting prior to June 30.

IV. DUTIES OF OFFICERS

A. CHAIRMAN OF THE BOARD

The Chairman of the Board shall perform administrative duties relating to policies and decisions of the board. The chair will conduct meetings of the board, prepare agendas, and vote only to make or break a tie. In addition, he/she shall represent the region in an official capacity whenever appropriate.

At the end of each year the chairman shall direct an audit of the region books occur by an outside auditor. The audit may be done by the district business manager of the district where the chairman resides.

B. SECRETARY

The secretary will prepare and distribute minutes to all members. He/she will also act as chairman in the absence of the chairman of the board. The secretary will be responsible to receive and expend fund upon approval by the region board.

C. DIRECTORS

The directors shall serve as activity chairmen and committee members. They will represent the region as chair of activities assigned. Directors will individually support collective decisions made by the region board.

V. MEETINGS

Meeting sites and dates will be selected by the board. Meetings will be rotated and hosted by each school in the region or as set by the board of managers. The opening fall meeting of the board is traditionally held at Milford.

VI. AGENDA

The agenda will follow the format below:

- A. Welcome and call to order
- B. Presentation of previous minutes.
- C. Presentation of the financial report
- D. SUOA report
- E. Report from UHSAA Board representative
- F. Activity Chairmen reports
- G. Discussion items – Information items that do not require action
- H. Members concern
- I. Other
- J. Setting of next meeting date and time

Agenda items will be approved or rejected by vote of the board upon motions appropriately made and seconded by members.

VII. ORGANIZATION OF THE ACTIVITY CHAIRMEN

Activity chairmen will be selected for the succeeding year at the April meeting and will be responsible for presenting a proposed schedule for that activity early enough that changes may be made by the board.

Committee members may be appointed by the board chairman to assist when necessary.

Activity chairmen are responsible for all aspects of the activity they are selected to supervise. The chairman will report to the board at the conclusion of the activity.

Activity chairmen will evaluate the procedures and practices of the activity for which they are responsible.

They will consult with coaches and advisors of those activities for the purpose of reviewing, revising, and setting new schedules. It is recommended that this take place soon after the culminating state activity so that the chairman can report to the board and make adjustments as needed.

VIII. STUDENT CONDUCT

It is hoped that students, visiting or at home, would have the same high expectations of themselves as they would of students visiting their own school. It is, however, the responsibility of the advisors, coaches or chaperones to see that student conduct is in the best interest of both schools. It is strongly recommended, therefore, that a coach, advisor, or chaperone continue supervision in the dressing room or competitive area with students until all students have vacated that area.

IX. PEP BANDS

Bands are encouraged to participate at home activities. They will not play at visiting schools unless invited and approved by the host principal. Bands wishing to play away from home may request permission and approval of the host administrator. Bands are not to perform while the ball is in play during basketball games. They should promote good musical manners, treating visiting pep bands with respect and refrain from playing simultaneously. Courtesy should prevail and bands should alternate performing short numbers.

X. VIDEO/FILMING POLICY

Filming and/or videotaping of region activities for commercial purposes is prohibited. Videotaping or filming is allowed and encouraged by each school involved in a contest. Because of the change in policy at the UHSAA, taping other school's games is now not prohibited.

XI. PROTEST PROCEDURE

In the event that a school wishes to lodge a protest in connection with any activity, the procedures will be followed as published in the UHSAA Handbook.

XII. HOSPITALITY ROOM PROCEDURES

Region 20 will reimburse schools hosting any region tournaments up to \$200 per tournament. Funding beyond that level shall be the responsibility of the host school.

XIII. CHANGES TO SCHEDULED ACTIVITIES

Changes to scheduled activities may be required due to emergency and/or unforeseen situations. Schedule changes are made only between the principals of the schools involved. In cases where officials are involved, it is the duty of the host school to notify officials of changes that affect them. We have agreed with SUOA to make all changes at least 24 hours in advance by notifying the arbiter and, upon his request, notifying the officials. Schools must notify the region web master of any schedule change (time, date, and locale).

XIV. OUTGOING BOARD MEMBERS

The region will purchase an appreciation plaque to be presented to each outgoing region board member. The plaque is presented by the board chairman as soon as possible.

XV. PAYMENT OF OFFICIALS

The region has adopted the UHSAA schedule for payment of officials of region activities.

XVI. MEMBERSHIP POLICY

It is the policy of region 20 that any school wishing to become a member of and participate with the region will be assessed the amount each school contributed to the establishment of the region, e.g. \$1,000.00. In addition, those schools leaving the region may request to have the \$1,000.00 nomination fee, and their profit sharing for the year reimbursed to them upon their exit from Region 20.

XVII. TIE BREAKER POLICY

Tournament entries will be determined by the win/loss record in league play. In the event of any tie that would determine entry into the state tournament, a playoff game will be held at a neutral site.

Two-way ties will be handled according to the following steps:

- 1) The seed will be determined by head to head win/loss record of the teams involved.
- 2) If the teams split, the seed will be determined by the two team's records against the highest seeded team. If the tie remains, the process continues down the standings.
- 3) If the tie remains, seeding will be determined by a coin flip, the winner takes the highest seed.

Three-way ties will be handled according to the following steps:

- 1) The combined league win/loss record against all other tied teams will be the first tie breaker, with the better record getting the higher seed.
- 2) If two or more teams remain tied, follow the procedures listed in step 2 above.
- 3) If the tie remains between three teams, a coin flip will determine the seeding. The odd team gets the highest seeding and the other two teams flip again for the remaining seeds, the winner of the flip takes the highest seed.

BASEBALL GUIDELINES

1. Utah High School Activities Association policies and guidelines will be strictly adhered to including beginning dates for games and practices. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams.
2. League games may be changed for the following reasons:

- Inclement weather
- Unplayable field conditions
- Make-up games to accommodate play-off games
- Unforeseen and/or emergency conditions involving one or more schools

Any changes, including game times, must be agreed to by the principals of the schools involved.

3. Any postponed game(s) must be made up at the first available date agreed upon by both principals.
4. The games shall consist of seven innings under normal conditions, except when double-headers are involved. In that case the second game will be five innings, followed by two innings of junior varsity play.
5. The "Ten Run Rule" will be in effect as per UHSAA guidelines. Extra innings will be necessary in the event of a tie at the end of regulation play.
6. Only certified officials will be used. Schools will use officials arbitrated from the recognized officials associations for the plate umpire.
7. In the event of a tie in the league standings, seeding will be determined according to the region tie breaker policy on page 6 of this handbook.
8. Schedules and game times will be set annually by the region board of directors after input from the coaches.
9. Under normal circumstance game time will be 3:00 pm.

DRILL TEAM PROCEDURES

Region drill teams come under the general policies of the UHSAA. For information regarding drill team, consult the current year UHSAA Handbook.

Region 20 drill competition will be in connection with the Richfield tournament, and their rules will be enforced. The trophy presentation will occur at a specified region tournament.

1. At region competition, we will start music, shoe and prop check at 6:30 a.m. The music, shoe and prop checks must be completed by 7:45 a.m. This will insure that the competition will begin at 8:00 a.m. sharp. Because of travel limitations of judges, start times may be adjusted. Please have your tapes labeled with your school name and routine. Have each routine on a separate tape. We have learned from past experience that back-up tapes are a very good precaution. Space checks will be handled the same as state.
2. During music, shoe, and prop checks your team will NOT be allowed to make floor spacing checks. This is the standard procedure at state competitions. We will manage the region competition the same way.
3. Be aware that all props or sets used that may mark or damage the floor must have rubber or carpet tips in order to protect them from scarring the floor. Any violations will result in a 5 point penalty/routine judge to be assessed by the prop/shoe judge. If the floor is damaged, the hosting institution will assess a fine and damage claim against the Region. After the Region pays the fine, we will assess the offending school for full reimbursement.
4. A trophy will be awarded to the overall champion along with certificates to first, second, and third places in each category. Additional certificates will also be awarded to all superior routines in each category.
5. The cost to patrons for entry into region drill team competition will be:
\$6.00 – Adults
\$5.00 – Students K-12
As with all events, the region will review prices each year and make adjustments as required.
6. Region drill teams will participate in the three categories the state has assigned for the year.

CROSS COUNTRY GUIDELINES

1. Utah High School Association policies and guidelines will be strictly adhered to including beginning dates for meets and practices. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams.
2. Each varsity team will consist of 7 runners.
3. The region schedule is to be set annually by the region board.
4. Each time one or more participants from a school participate in a meet, that meet will count as one of the total allowable meets for the school.
5. Annually, the region board of directors will determine the site of the region meet. The host school will layout the course and is responsible to report the region results to the state prior to the state Cross County deadline.
6. Matching school uniforms must be worn at all region meets.

FOOTBALL

1. All rules and guidelines of the UHSAA and the National High School Track Federation will be observed. This includes the beginning dates for practice and games and the rules governing pre-season conditioning programs. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams.
2. Football clinics may be held at the option of the individual school district. Helmets are permitted for such clinics, but pads are not allowed. No Region 20 school shall hold a clinic prior to July 20. Individuals may attend clinics sponsored by colleges or universities prior to this date.
3. Teams are requested to mail rosters and schedules to all opposing teams prior to the first game of the season (August 15).
4. The host school is responsible to ensure that the playing field is marked in accordance with National Federation Rules.
5. The host school is responsible for keeping spectators clear of the playing field on both sides.
6. The "Home" team will wear dark jerseys. The "Visitors" will wear light colored jerseys.
7. In accordance with UHSAA, only certified officials shall be used in all levels of football competition. It is recommended that there be four officials used at each game.
8. Game times are set by the board of directors. Changes to the established schedule are allowed only through agreement of both principals.
9. Any time extension to the half-time shall be in accordance with National Federation Rules and must be made known to the visiting head coach and officials five days prior to the day of the game.

LARGE GROUP FESTIVAL

In addition to the rules and regulations published by the UHSAA handbook, the following guidelines will further give directions with regard to the Large Group Music Festival.

1. The Large Group Music Festival will allow the students to demonstrate experiences and skills learned throughout the course of the year. Students need to be motivated in such a way as to promote the festival as the culminating activity of the year.
2. The order of performance for bands, orchestras and choirs will be determined by the music chairperson two weeks prior to the festival.
3. All groups are encouraged to remain throughout the festival. Adjudication sheets will be distributed after all groups have performed.
4. Schools are responsible for the behavior of their own students. Please ensure that they do not disturb host school classes, etc. Much can be gained from the performances of other schools. Therefore, students are encouraged to attend. As a member of the audience, students may jeopardize their own school's ratings through inappropriate behavior.
5. Adjudication
 - A. The purpose of adjudication is to select the most outstanding Region 20 band, orchestra, and choir.
 - B. Where possible adjudicators for the festival will be selected from the approved state list. The Region 20 Music Chairperson will solicit input from Region 20 music teacher in the selection of the adjudicators.
 - C. All adjudicators will be compensated for their time and mileage according to the current UHSAA rate. Those traveling more than three hours will be offered lodging and two meals.
6. The location of the festival will be selected annually by the board of directors.
7. Individuals in this group (band, orchestra and choir) will receive a certificate reflecting rating of 2+ or better.

REGION BASKETBALL TOURNAMENTS

The region basketball tournaments follow the same rules and regulations as the 1-A state tournament. The UHSAA publishes its guidelines prior to the state tournament each year. It is the responsibility of each school and the region and basketball chairmen to be aware of any changes the state may make.

1. The principal is responsible for the supervision of his/her students at all times. The principal or designee to be in charge of the students should report to the tournament committee prior to each game and identify themselves as being in charge of a specific team.
2. Students must be supervised at all times. Do not leave team members in the change room areas without adult supervision. Check change rooms as you enter and report any damage. Schools will be charged for any damages which occur.
3. The home team will be listed on the top of the bracket and will wear light jerseys. All uniforms must be legal.
4. Each team must furnish any practice and warm-up balls to be used. A "Spalding" ball will be the official game ball. However, upon agreement of both coaches involved in a contest, another ball may be used.
5. There are to be no practices at the site of the tournament prior to the tournament.
6. Drill teams may march at half-time of the games in which their team plays. No boots (soft non-marking sole shoes or tennis type shoes only) or props may be used. Each team has only 3 minutes with the home team marching first. The championship drill team will be the only team allowed to perform during half-time of the championship basketball game.

The following are prohibited from the region basketball tournament:

- a. Signs or banners of any kind including the type teams run through, lap signs, etc.
- b. Pennants, flags or pom-poms.
- c. Balloons.
- d. Megaphones, either in the stands or used by cheerleaders.
- e. Playing of musical instruments or beating of drums except while the band is playing.
- f. Band equipment on the playing floor level.
- g. Photographers on the playing floor level except those representing newspapers and one school photographer. No flash units are allowed on the playing floor level.
- h. Items thrown onto the playing floor. Schools that do this will be fined \$100.00.
- i. Noisemakers of any kinds such as whistles, cow bells, horns, popguns, etc.
- j. Confetti or shredded paper in the stands or on the floor.
- k. Male drill teams.
- l. Fans wearing no shirts. (Fans must wear proper clothing at all times.)

Cheerleaders

1. No individuals or groups, other than the regular school cheerleaders, will be permitted to demonstrate on the basketball court or apron at any time during the tournament.
2. Cheerleader and song leader combinations will be limited to the number specified by the UHSAA guidelines. Only one mascot on the playing floor level at one time will be allowed.
3. Children under high school age may not participate with cheerleaders.
4. A mascot does not have privileges other than as a spectator unless he/she is part of the cheerleading group and then he/she must stay with the cheerleaders at all times.
5. Cheerleaders must wear tennis type shoes or shoes with soft non-marking soles.

CONDUCT OF PEP BANDS

The quality of music should be a prime objective of pep bands. It should be music to enthuse, to inspire, and to entertain; but should also be, as much as possible, music of good quality and taste.

The positive attitudes and elements of good citizenship which quality music education can engender should be promoted with pep band students. To this end, all directors and pep bands should:

1. Promote good musical manners. Treat visiting or opposing pep bands with respect and listen to their presentations.
2. Where two bands are present, never play simultaneously. The band whose team wears dark uniforms should play during the first quarter rest and the band whose team wears light uniforms should play during the third quarter rest.
3. Take turns during the half time rest, after drill teams perform, or after region presentations are made. Short selections are most appropriate for athletic contests in order to permit each group to perform as often as possible.
4. Be under the direction of the faculty music director who is responsible for their conduct at all times. Students may be permitted to direct under the supervision of the faculty director who must be present.
5. Use amplifiers discreetly when used at all.

Violations of this code may result in suspension of the offending pep band from further participation in region tournament games.

SOLO AND ENSEMBLE FESTIVAL

1. Rules and guidelines of the Utah High School Activities Association will be followed.
2. Entries must be submitted on the appropriate UHSAA forms. The information must be typed or printed legibly and signed. "Fax" copies are NOT acceptable, except in extenuating instances.
3. Six official categories will be recognized and judged: woodwinds, brass, strings, piano, vocal/choral, and jazz. Students wishing to perform in other categories may do so, but they will be judged by those chosen for the above mentioned categories. Points earned in categories other than those six named will not count toward the region sweepstakes trophy.
4. The Region Music Festival Chairperson will arrange for the adjudicators each year. The chairperson will ensure that the adjudicators have access to copies of the state published bulletin, "Better Adjudication in Utah."
5. Additional rules for the Festival include:
 - A. All school entries must conform to UHSAA rules and guidelines.
 - B. Schools will have unlimited entries in each event.
6. AWARDS – Students earning a "1" rating or higher will receive a certificate reflecting that rating.

SPEECH, DRAMA, AND FORENSICS GUIDELINES

1. Starting dates for Forensics and Drama will be set by the UHSAA.
2. In all events, the UHSAA guidelines will be followed.
3. The locations of the Forensics and Drama meets will be selected annually by the Region Board of Managers. Meets other than region meets will be scheduled by individual schools.
4. All coaches are welcome in the tabulation room as long as they do not interfere with the tabulation process. Also, they are not to communicate result or decisions to contestants between rounds or prior to the awards assembly.
5. In forensics, points earned by a contestant will be determined by a ranking system. The points for the individual events will be awarded as follows:

Superior	= 3 - 5 points
Excellent	= 6 - 8 points
Good	= 9 - 11 points
6. In debate, the following system will be used:

Superior	= 4 wins – 0 losses (or)
	= 3 wins – 1 loss
Excellent	= 2 wins – 2 losses
Good	= 1 win – 3 losses
7. In legislative forum, the system will be:

Superior	= the top one fourth
Excellent	= the second one fourth
Good	= the third one fourth
8. Points for the one-act play will be determined by averaging the rating given by the three judges. Point values for the one-act play will be as follows:

Superior	= 10 points
Excellent	= 6 points
Good	= 3 points

Rankings will break ties.
9. Prior to the first round in region forensics and drama competition, coaches are responsible to check their contestant's names and information, then notify the registrars of any changes.
10. Medals will be awarded to contestants who earn Good, Excellent, or superior ratings in drama and forensics.

TRACK AND FIELD

1. All rules and guidelines of the UHSAA and the National High School track Federation will be observed. This includes the beginning dates for practice and meets and the rules governing pre-season conditioning programs. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams.
2. Schools are to schedule their own dual, triangle, and/or invitational meets. Other than the Region 20 official meet, meets sponsored by Region 20 member schools should follow UHSAA rules regarding out-of-school time.
3. All individuals are limited to 4 events. State and National Federation rules will apply to number of entries in events.
4. Contestants will be seeded into flights and heats based upon their best performances during the current season.
5. The Region Track Chairman will select a games committee for the region meet. The games committee will be assigned the duties as outlined in the National Federation Rule Book. Members of the games committee will be expected to know and carry out the duties as assigned. This committee will also be responsible to ensure that all equipment meets national Federation Standards.
6. The games committee will determine the starting heights of the high jump for boys and girls and the pole vault event at the region meet.
7. All disputes and protests must be written to be considered. They will be referred to and resolved by the games committee per Federation guidelines. Protest forms will be included in the region track meet coach's packets.
8. Disputes and protests once lodged and heard will be made final by the committee's decision.

GIRL'S VOLLEYBALL PROCEDURES

1. Utah High School Activities Association policies and guidelines will be strictly adhered to including beginning dates for games and practices. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams and that coaches meet the certification requirements of the UHSAA.
2. Game starting times: Junior Varsity – 6:00 p.m., Varsity – 7:00 p.m. If Freshman games are played they will be at 5:00 (Freshman times may need to be adjusted for the convenience of both teams).
3. The host school is responsible for the flag ceremony if one is held.
4. Each school is responsible to send a schedule and an accurate roster to the opposing school. It is recommended that these be mailed to each opposing school prior to the first game of the season.
5. Certified officials will be used at volleyball matches. Officials will be assigned by the region arbiters to practice and league varsity and JV games. Schools may arrange officials for freshman games.
6. Volleyball will use an equalization formula to cover payment of official's mileage for league games.
7. Placement of cheerleaders and cheering sections is at the discretion of the host school. Cheerleaders may not cheer along the end line of the courts if such placement interferes with the matches. Artificial noisemakers (including megaphones) are not allowed.
8. Teams are allowed 16 matches in volleyball. Volleyball tournaments shall be counted as two matches if eight or fewer teams are involved and three matches if more than eight teams are involved. Tournaments may include no more than two days of "pool play" before teams are seeded for play in a single of double elimination, championship format. Tournaments may not run longer than four consecutive days. Schools are limited to two tournaments.
9. Rotation of the league volleyball schedule shall be as follows: The pairing of games in region play shall be rotated upwards in the schedule. The first game the previous year will become the last game during the present year. Home pairing of each game will be reversed (flip home and home).
10. The region may sponsor a sophomore tournament. If so, the schedule and rotation of host site will be set by region board. The host school is responsible for all expenses and retains all proceeds.
11. Host schools shall make every reasonable effort to provide availability of medical doctors and/or services.
12. The Region 20 Tournament will follow the rules and guidelines of the UHSAA State Tournament.
13. Region 20 supports the UHSAA sportsmanship efforts in volleyball matches.

WRESTLING

1. All rules and guidelines of the UHSAA and the National High School Federation will be observed. This includes the beginning dates for practice and games and the rules governing pre-season conditioning programs. Each athlete must comply with UHSAA guidelines regarding physical examinations. It is assumed by the UHSAA and Region 20 that coaches have taken the necessary precautions to ensure that physical examinations have been completed and records kept on all members of athletic teams.
2. Regulation scoring will be used in all meets, including points awarded for major and superior decisions.
3. Weight Certification must be followed as outlined in the UHSAA handbook. Weight certification will be accomplished by following the "Body Fat Composition Testing" procedure as outlined by the UHSAA. Copy of weight cards are to be certified by the wrestling chairman or at region board.
4. Weight classification and weigh-in will follow the official high school wrestling rules. The region will adhere to all the UHSAA weight control guidelines in the state handbook. To alleviate time wasted between JV and varsity matches, weigh-in is to be moved back by agreement of the coaches and principals depending on the number of JV matches to be wrestled. The region will adhere to the UHSAA weight control guidelines.
5. Tournament conduct and seeding will follow the current UHSAA wrestling rules book.
6. A forfeit will be awarded to the opposing team in all weights in which a varsity wrestler does not weigh in, make weight or wrestle.
7. Only certified officials will be used and they will be paid according to the UHSAA schedule.
8. Tournament policies shall be forwarded to the individual schools by the host school two weeks prior to the tournament.
9. The visiting coach will inspect the locker room upon entry and report any possible damage that could be blamed on his team.
10. Tournament officials will be arranged for by the host school. Dual and Triangle meets may be arbitred by SUOA.
11. Coaches are **NOT** allowed to make any changes in the UHSAA guidelines or rules set by the National High School Federation.

TROPHIES/MEDALS/AWARDS

BASEBALL

- () 1 Championship Trophy
- () 10 All Region Medals*

BASKETBALL (Boys)

- () 1 Region Championship Trophy (winner of Region Tournament)
- () 10 All Region Medals*

BASKETBALL (Girls)

- () 1 Region Championship Trophy (winner of Region Tournament)
- () 10 All Region Medals*

*Engraved "All Region" + the sport, e.g. All Region – Boy's Basketball

CROSS COUNTRY

- () 1 Team Trophy (boys)
- () 1 Team Trophy (girls) *
- () 10 Medals – boys – 1st through 10th **
- () 10 Medals – Girls – 1st through 10th **

* No date on girls

** Engraved: Region 20 (Gender) Cross country (Place)

GOLF

- () 1 Championship Trophy
- () 1 Medalist Plaque
- () 9 Top Individuals – 2nd through 10th place **

**Engraved: Region 20 Golf (place)

DRAMA

- () (No Championship Trophy)
- () 30 Medals in each of the following categories: **
 - (1st – 3rd = 3) Dramatic Monologue
 - (1st – 3rd = 3) Humorous Monologue
 - (1st – 3rd *times* 2) = 6 Pantomime
 - (1st – 3rd *times* 3) = 9 Contemporary Scenes
 - Classical Scenes
- () 5 Plaques
 - Outstanding Actor
 - Outstanding Actress
 - Outstanding Play (1st, 2nd, 3rd)

**Engraved: Region 20 Drama (Place)(Category) (ie – 1st place Scenes)

DRILL TEAM

- () 1 Championship Trophy (no date)
- () 3 Category Plaques
- () 3 Medals – 1st, 2nd, 3rd **

**Engraved: Region 20 Drill Down (Place)

FORENSICS AND DEBATE

- () 1 Championship Trophy
- () 24 Medals – 1st – 3rd in each of the following categories **
 - Lincoln Douglas
 - Spar
 - Extemporaneous
 - Impromptu
 - Oratory
 - Student Congress
 - Public Forum ^

**Engraved: Region 20

^ Needs two medals each in 1st, 2nd, and 3rd places, engraved the same as above.

SOLO AND ENSEMBLE MUSIC FESTIVALS

(No Championship Trophy)

- () Generic medals for each participant **

**Engraved: Region 20 Solo & Ensemble

TRACK AND FIELD

- () 1 Championship Trophy – (boys)
- () 1 Championship Trophy – (girls)
- () 2 Sets Medals for 1st – 6th, in each of the following events (ONE SET FOR BOYS AND ONE SET FOR GIRLS)
 - () 100 M Dash
 - () 200 M Dash
 - () 400 M Dash
 - () 800 M Run
 - () 1600 M Run
 - () 3200 M run
 - () 300 M Int. Hurdles
 - () 400 M Relay*
 - () 1600 M Relay*
 - () 110 M High Hurdles (boys only)
 - () 100 M High Hurdles (girls only)
 - () High Jump
 - () Long Jump
 - () Javelin
 - () Discus
 - () Shot Put
 - () Medley Relay

*Relays have 4 individual medals winning team only.

VOLLEYBALL

- () 1 Championship Region Trophy (Winner of the Region Tournament)
- () 10 All Region team medals

WRESTLING

- () 1 Championship Trophy
- () 56 Medals 1st – 4th places in each weight class**
(103, 112, 119, 125, 130, 135, 140, 145, 152, 160, 171, 189, 215, 285)

**Engraved: Region 20 (Weight Class) (Place)

ALL REGION SELECTION PROCESS

1. Coaches will submit a list of their own players that they feel are worthy for inclusion on the all-region ballot.
2. A ballot of nominees will be compiled by the region chairperson and faxed to each coach.
3. The coach will privately vote for the top 10 athletes in the Region, excluding members of their own team. The player first on the list will receive 10 points; second will receive 9 points, and so on to tenth place. The players with the top ten vote totals will be named to the all-region team in their sport.
4. If there is a region tournament the chairperson will collect the ballots from the coaches before half-time of the championship game. The ballots will be tabulated and the all-region team will be announced after the presentation of the region championship trophy. If there is not a region tournament, the ballots must be faxed to the chairperson within 2 days of receiving them. The chairperson will tabulate the results, but not release the results until after the state tournament. The results will be published in the newspapers and medals awarded as soon as possible after the state tournament.

It is our policy to not give results of coaches balloting to any outside entity. We encourage newspapers and other organizations to conduct their own balloting if they wish to recognize outstanding tournament or league play.

REGION 20 EVENTS – ROTATION SCHEDULE

ROTATION FOR REGION VOLLEYBALL

Milford – 2010-11
Escalante – 2011-12
Piute – 2012-13
Panguitch – 2013-14
Bryce Valley – 2014-15
Wayne – 2015-16

ROTATION FOR REGION WRESTLING

Escalante – 2010-11
Region 19 – 2011-12
Bryce Valley – 2012-13
Wayne – 2013-14
Region 19 – 2014-15
Valley – 2015-16
Piute – 2016-17
Region 19 – 2017-18
Panguitch – 2018-19
Milford – 2019-20

ROTATION FOR BOYS BASKETBALL SOPHOMORE TOURNAMENT

Bryce Valley – 2010-11
Valley – 2011-12
Piute – 2012-12
Wayne – 2013-14
Panguitch – 2014-15
Milford – 2015-16
Escalante – 2016-17

ROTATION FOR GIRLS BASKETBALL SOPHOMORE TOURNAMENT

Milford – 2010-11
Panguitch – 2011-12
Wayne – 2012-13
Piute – 2013-14
Escalante – 2014-15
Valley – 2015-16
Bryce Valley – 2016-17

ROTATION FOR BOYS REGION PROGRAMS AND TEE SHIRTS

Bryce Valley – 2010-11
Escalante – 2011-12
Milford – 2012-13
Panguitch – 2013-14
Piute – 2014-15
Valley – 2015-16
Wayne – 2016-17

ROTATION FOR BOYS AND GIRLS TRACK

Escalante – 2010-11
Panguitch – 2011-12
Bryce Valley – 2012-13
Milford – 2013-14
Valley – 2014-15
Piute – 2015-16
Wayne – 2016-17

ROTATION FOR GIRLS REGION BASEKTBALL PROGRAMS

Valley – 2010-11
Wayne – 2011-12
Milford – 2012-13
Escalante – 2013-14
Piute – 2014-15
Bryce Valley – 2015-16
Panguitch – 2016-17

ROTATION FOR REGION MUSIC COMPETITION

Panguitch – 2010-11
Escalante – 2011-12
Abundant Life – 2012-13
Valley – 2013-14
Milford – 2014-15
Piute – 2015-16
Wayne – 2016-17
Bryce Valley – 2017-18

ROTATION FOR REGION DRAMA FESTIVAL

Piute – 2010-11
Wayne – 2011-12
Panguitch – 2012-13
Valley – 2013-14
Escalante – 2014-15

ROTATION FOR REGION SPEECH COMPETITION

Panguitch – 2010-11
Piute – 2011-12
Wayne – 2012-13
Bryce Valley – 2013-14
Valley – 2014-15

**HIGH SCHOOL
ACTIVITIES CONTRACT**

THIS CONTRACT, subscribed to by the principal and coach(es) of _____ High School and _____ High School is made for a basketball game between the teams of these two schools to be played at _____ on _____, 20 ____, under the following stipulations.

The rules and regulations of the Utah High School Activities Association are a part of this contract.

The site of the game will be _____.

The time of the contest shall be _____.

The date for a return game shall be _____ at _____.

Officials shall be assigned by SUOA for all games held at _____ High School. Games held at a visiting school shall be arranged by the host school.

If this contract is broken, except by mutual agreement, the offending coach and/or school breaking the contract shall be assessed \$250.00 payable to the offended school as stated in Article III, Section 10 of the UHSAA By-Laws.

Coach _____, _____ High School

Principal _____, _____ High School

Coach _____, _____ High School

Principal _____, _____ High School

(if applicable)

REGION 20 PRICES

BASKETBALL

BOY'S AND GIRL'S GAMES

Adults	\$5.00
Students with activity cards	\$3.00
K-6 Students	\$3.00

REGION TOURNAMENT

Adults All-Day Pass	\$6.00
Students w/cards & K-6 Students	\$5.00

WRESTLING

Adults	\$5.00
Students with activity cards	\$3.00
K-6 Students	\$3.00

INVITATIONAL & REGION TOURNAMENTS

Adults All-Day Pass	\$6.00
Students w/cards & K-6 Students	\$5.00

VOLLEYBALL

Adults	\$5.00
Students with activity cards	\$3.00
K-6 Students	\$3.00

INVITATIONAL & REGION TOURNAMENTS

Adults All-Day Pass	\$6.00
Students w/cards & K-6 Students	\$5.00

REGION 20

Valley High School
 Orderville, UT 84758
 Phone 648-2278

Fax 648-2366

EXPENSE STATEMENT
Reimbursement statement

To _____

Number of students	Miles traveled (round trip)	Amount	
Date	Describe the activity or type of reimbursement required		

I certify that the above claim is correct.

Signed _____
 Principal's Signature