

UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

2023-2024 DANCE DIFFICULTY

(Fifty percent (50%) of the team must execute skills to receive the difficulty points in that skill level caption. Any of the skills completed in each box is worth one (1) point. A team may receive double points if 100% of the team completes a particular skill (teams are limited to one (1) double box per caption where noted).

School: _____

Classification: 6A 5A 4A 3A 2A

Number of Dancers:	
--------------------	--

R: 6/8/23

(✓) Denotes Skill Completed

BEGINNING 4-10	INTERMEDIATE 6-14	ADVANCED 15-20
<p>JUMPS/LEAPS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stag or double stag <input type="checkbox"/> Demi jeté <input type="checkbox"/> Pas de chat <p>URNS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Any single rotation (pencil/coupé/pirouette) <input type="checkbox"/> Any single rotation (piqué/chainé) <p>TRANSITIONS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Basic walk <input type="checkbox"/> Chassé <input type="checkbox"/> Pas dé bourree 	<p>JUMPS/LEAPS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Jump tilt/toe touch/ Russian/C jump <input type="checkbox"/> Grande jeté/side leap <input type="checkbox"/> Sissone/front hurdler <input type="checkbox"/> Fouetté to arabesque <p>URNS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Any double rotation (pencil/coupé/pirouette) <input type="checkbox"/> Tour em Láir variation <input type="checkbox"/> Traveling turns in a series (chainé/piqué)-two (2) or more <input type="checkbox"/> Changing spots for turns in a series (chainé/piqué)- two (2) or more <input type="checkbox"/> Single or double fouetté/a la secondé/attitude front or back <p>TRANSITIONS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> Stylistic traveling steps with arm choreography <input type="checkbox"/> Change of pace with rhythmic variation 	<p>JUMPS/LEAPS: (Limit to ONE double box in this section)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Any leap with switch Calypso/back attitude/fan hitch/firebird/turning C/turning toe touch/renverse' (sustain the split) <input type="checkbox"/> Two (2) or more jumps/leaps consecutive (limit to one step in between) <p>URNS: (Limit to ONE double box in this section)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Any triple or greater rotation of any of the following turns (pirouette, coupe, pencil) <input type="checkbox"/> Any triple or greater rotation of any of the following turns (fouetté, a la secondé) <input type="checkbox"/> Any triple or greater rotation of any of the following turns (attitude front or back) <input type="checkbox"/> Changing spot (three (3) or more times) of any of the following turns (fouetté/a la secondé) <input type="checkbox"/> Connected combination of three (3) or more different turn styles, include any of the following: (double pirouette / double piqué / fouetté / a la secondé / attitude / double float / leg extension turn) <p>ATHLETICISM: (Limit to ONE double box in this section)</p> <ul style="list-style-type: none"> <input type="checkbox"/> Demonstrate ambidexterity in any of the above listed advanced leaps/jumps/turns (does not have to be the same leap/jump/turn executed on both sides) <input type="checkbox"/> Combo of three (3) or more turns and jumps/leaps, (ex. Two (2) different turns one leap or two (2) different leaps one (1) turn) in the choreographed sequence (chaine can be used as a prep into a leap/jump but not as credit for a turn.) <input type="checkbox"/> 2 or more demonstrations of advanced flexibility (splits/extensions/leaps (any leap showing flexibility))/partnering/back (no tumbling, aeriels or walkovers) <p>TRANSITIONS:</p> <ul style="list-style-type: none"> <input type="checkbox"/> 2 or more stylistic traveling steps using complex whole body choreography <input type="checkbox"/> Change of pace with rhythmic variation incorporating levels and complex direction changes (complex direction change; pass through, focus change. e.g.) separate sequence from above) <input type="checkbox"/> Two (2) or more complex formation changes
SKILLS = POINTS	SKILLS = POINTS	SKILLS = POINTS
7+ = 10 6 = 9 5 = 8 4 = 7 3 = 6 2 = 5 1 = 4	9+ = 14 8 = 13 7 = 12 6 = 11 5 = 10 4 = 9 3 = 8 2 = 7 1 = 6	<div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> 14+ = 20 13 = 19 12 = 18 11 = 17 9 to 10 = 16 7 to 8 = 15 </div> <div style="width: 50%; border: 2px solid black; padding: 5px;"> Variety = Two (2) or more Multiple = Two (2) or more Series = Two (2) or more Complex = Advanced Sequence = Content follow a logical progression </div> </div>
TOTAL	TOTAL	TOTAL
Judge's Signature: _____		