## UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

 2023-2024 SHOW DIFFICULTY(Fifty percent (50\%) of the team must execute skills to receive the difficulty points in that skill level caption. Any of the skills completed in each box is worth one (1) point. A team may receive double points if $100 \%$ of the team completes a particular skill (teams are limited to one (1) double box per caption where noted).

School: $\qquad$

R: 6/8/23
$(\checkmark)$ Denotes Skill Completed


| BEGINNING 6-9 |
| :---: |
| TRANSITIONS \& MANUVERING: |
| $\square \quad$Basic ranks, files and scatters <br> only |
| CHARACTER AND HIP HOP MOVERMENTS: |

$\square$ Variety of hinged joint angles \& movements
$\square$ Basic stylized/character movements
$\square$ Down beat arm movements

ATHLETICISM:
D Demonstration of flexibility
$\square \quad$ Ripple (passing from individual to individual

- Jumps

- Varied rhythms and tempos with syncopation
- Stationary arm movements with basic footwork
- Character movement sequences


## ADVANCED 15-20

TRANSITIONS \& MANUVERING: $\quad$ TRANSITIONS \& MANUVERING:

- Change of pace with rhythmic variation incorporating levels and complex direction changes (pass throughs, focus changes, etc.)
- Three (3) complex formation changes
- Stylistic traveling steps using complex whole body choreography
- Use three (3) different areas of the floor (sides, corners, front and back)

CHARACTER AND HIP HOP MOVERMENTS:
$\square$
Distinct and complex secion of intricate footwork (not transition/traveling footwook)
$\square \square$ A complex arm movement sequence with varied rhythms and fast tempos

ATHLETICISM: (Limit to ONE double box in this section)
$\square \square$ Two (2) or more demonstrations of advanced flexibility
$\square \square$ Complex unassisted individual weight shift/balance
$\square \square$ Complex partner weight shift/balance
$\square \square$ Complex level change to the floor

Judge's Signature:

