

Instill the Highest Ideals of Character (NFHS Coaches Code of Ethics)

The coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character. As role models, coaches are expected to be an advocate for good sportsmanship and follow all rules in the intent for which they are written.

Follow All Rules and Regulations

Coaches must adhere to all UHSAA and NFHS rules and regulations as they pertain to drill. The required information includes the UHSAA Handbook, the UHSAA Yearbook Drill Section, coaches' responsibilities on the UHSAA website Drill Team Page (www.uhsaa.org) and the NFHS Spirit Rules Book. Drill team is a female only sport. It is not considered a codeucational sport.

Attend Annual UHSAA Drill Team Clinic

All drill team coaches must attend a UHSAA Drill Team Clinic each year to keep current on UHSAA and NFHS rules and critical safety regulations. Failure to attend a clinic will result in a \$50.00 fine to the school. Coaches that fail to attend will still be responsible to know the information presented.

Submit Dead Time Period Form

By the deadline of January 15, each school must declare dates for the twelve week DEAD TIME PERIOD (no practices, performances, team camps or competitions) as stated on the "DRILL TEAM DEAD TIME PERIOD FORM" from the UHSAA Form Page on the UHSAA website. Each week of the dead time period must include at least seven (7) consecutive days. The UHSAA Handbook outlines dead time period restrictions. Penalties for the violation of the dead time period may include any of the options found in Article III, Section 6 of the UHSAA Handbook.

Adhere to Budget Restrictions and Track Expenses

To create a level playing field between all participating programs and to limit the financial burden incurred by the participants, coaches shall operate their programs within the stated limitations. The annual maximum budget for a drill team is \$600.00 per girl (or \$600.00 times the number of girls on the team). Donated supplies and all monies, including budgeted school funds, out-of-pocket expenses, fundraised or donated funds for costumes and supplies which are used for competition routines performed during the drill team season, (competition start date through the state competition) must not exceed \$600 times the number of girls on the team. The budget must include the following: props, rental transportation of props, backdrops/sets, costumes, novelty accessories, music fees (tapes, CDs, and mixing), choreography fees, and any costs incurred for state competition routines.

Schools are encouraged to maintain a "uniform closet" for flexibility and originality without the expense of new uniforms. Judging sheets shall not reflect if the uniform is new or used. Routines, props or backdrops/sets and music may be used from year to year.

Drill coaches shall keep track of their expenses in the event it becomes necessary to document accounting procedures to a hearings body. A completed "UHSAA Drill Budget Form" must be received by the UHSAA office by Friday, February 5, 2010 containing the signature of the coach, athletic director and principal. Coaches will list the totals spent in each of the designated areas. Any documentation (i.e. receipts, bills, etc) should be kept on file at the school. Other costs associated with drill team outside the UHSAA competition season will be monitored by the school/district. This includes travel, camps, day uniforms, etc.

Penalties for Violating Rules

Refer to Article III Section 6 in the UHSAA Handbook for a list of penalties that may be issued for violations of UHSAA rules.

UHSAA DRILL TEAM RULES AND REGULATIONS

1. Deadlines for Region Results and DVD: Teams can qualify for the state drill competition through their region drill competitions. The region drill chair and the competition director are responsible to submit the "UHSAA Declaration Entry Form," final tabulation results and overall score sheets to the UHSAA office **no later than midnight on Saturday, January 23** (anderson@uhsaa.org). The region results will not be official without the final tabulation results. The region drill chair and the competition director are also responsible to send a DVD of the region drill competition to the UHSAA office no later than Wednesday prior to the state drill competition. The DVDs will provide a digital record of all routines performed at region for the UHSAA Tournament Committee to use as reference, if needed, at the state competition. Regions who fail to meet the deadline for the region results, or DVD will be fined \$50 per school.

2. Sanctioned Competitions: Drill teams may compete in no more than three (3) invitational competitions in addition to the region competition. If no region competition is held, teams may compete in no more than four (4) invitational competitions. A list of competitions sanctioned by the UHSAA can be found on the Drill Team Page on the UHSAA website (www.uhsaa.org). All sanctioned UHSAA competitions must use a certified competition director, five (5) certified routine judges, three (3) certified technical (penalty) judges, and a certified tabulator in all classifications. When teams compete facing both sides at invitationals, there should be three (3) certified technical judges for each side.

Judges for all region and state competitions will be assigned by the UHSAA drill team arbiter. Invitational competition directors hire judges ONLY AFTER state judges have been assigned. Sanctioned competitions must also use UHSAA approved score-sheets (www.uhsaa.org) and UHSAA tabulators' program. The UHSAA score sheets can be found on the Drill Team Page on the UHSAA website (www.uhsaa.org). Competitions not in compliance with these guidelines will result in a loss of UHSAA sanctioning. Coaches and judges may submit in writing to the UHSAA any allegations relating to violations. Region competitions will be the qualifying meet for the state competition and must follow region/UHSAA/NFHS rules. All regions must hire a UHSAA certified competition director to run the competition. Administrators should remain neutral and supportive during the region competition. Any event sanctioned by the UHSAA must follow UHSAA and NFHS Spirit Safety Rules and assess penalty violations for said rules (2-points per routine judge). If a competitor is required to be a member of a high school drill team in order to compete as a soloist, she must also follow these rules and will be assessed penalties for violation(s) of said rules in all UHSAA sanctioned competitions. Any routine (i.e.lyrical/hip-hop/officers) performed by a high school drill team must follow the UHSAA and NFHS Spirit Safety Rules and will be assessed penalties for said rules violations.

3. Categories: Drill teams must compete in the three (3) categories at the region and state competitions. In the 2009-10 school year, teams will be required to enter Military, Dance, and Kick. Kick is a one year trial for all schools (1A-5A) and will be evaluated at the end of the season.

4. Definitions of Categories for 2009-2010:

MILITARY: Any basic military maneuvers or steps such as pinwheels, blocks, ranks and files, etc. may be used. Overall emphasis is on precision; straight arm sequences. School uniform or military attire may be worn. Kicks and ripples may be used. DO NOT USE DANCE STEPS. No jazz hands, no head rolls, no body rolls, no hip movements, no jazz runs, no pyramids, no arch backs, no toe touches (Russian or Straddle), nor tumbling may be used. General emphasis is on clean, sharp movements. Props and backdrops/sets may not be used.

DANCE: Any dance movement is accepted. Some formation changes are recommended for effect. The overall effect should be dance. Dance attire or school uniforms may be used as long as they follow the NFHS Rules. The movement, music and uniform may be stylized but cannot carry a story line. Kicks, leaps, pas de bourres, and any dance steps may be used. Tumbling, pyramids and lifts may be used under NFHS rules. Props and backdrops/sets may not be used.

KICK (1A-5A Pilot for 2009-2010): A routine in which the choreography will include a variety of kicks. The main focal point of this category is kick. It may include, but is not limited to, high kicks, low kicks, diagonal kicks, fan kicks, jump kicks, flat kicks, walk kicks, etc. Precision, timing, control, technique, and uniformity of height are to be emphasized. Routines must include emphasis on a variety of formations with clean, creative transitions. The movement, music, and uniform may be thematic (i.e. Latin music, Latin costumes), but cannot carry a storyline. Props and backdrop/sets may not be used. The emphasis of this category is KICK and will be judged based on that emphasis.

5. Qualifying for State Tournament: Each region will qualify a specific number of teams. This number is determined by the maximum number of qualifiers each region receives in other UHSAA sports (i.e. golf, track). For 2009-2010:

| <u>5A Schools</u> | <u>4A Schools</u> | <u>3A Schools</u> | <u>2A & 1A Schools</u> |
|-------------------|-------------------|--------------------|--|
| Region 1: 5 teams | Region 5: 3 teams | Region 9: 3 teams | All participating 2A schools can qualify |
| Region 2: 4 teams | Region 6: 4 teams | Region 10: 4 teams | All participating 1A schools can qualify |
| Region 3: 3 teams | Region 7: 4 teams | Region 11: 5 teams | |
| Region 4: 4 teams | Region 8: 4 teams | Region 12: 5 teams | |
| | Region 9: 2 teams | | |

6. Seeding for State: Seeding for the order of performances at the State Drill Competition is based on the finish in each category at region competitions. Once region results are sent to the UHSAA, any placements not filled with a team will bump all other qualifiers either up or down in the seeding. Regions must list teams in the order they finished in each category. This determines the seeding at the state competition rather than overall region finish. A list of seeding and order of performance for the state competition will be available on the Drill Team Page on the UHSAA website.

7. State Competition: Information on the State Drill Competition will be posted on the Drill Team Page at the UHSAA website (uhsaa.org). Drill teams are not allowed to practice or compete at the state tournament site within two (2) weeks of the state competition. There is no outside food or drink allowed at the state competition. Only team members who qualify for the state competition will be allowed to compete in the Drill Down. Teams placing first in any category, but not qualifying by overall region standing, will qualify and compete with that routine at State. Regions must list these teams on the declaration sheet for that specific category.

8. State Drill Routines: All music, props, backdrops/sets and costumes that were used to qualify a routine at the region competition must remain the same for the state competition. No alterations are allowed. Choreography changes due to injury, eligibility, judges' recommendations, etc., will be allowed up to 16 total counts. A DVD from each region drill competition shall be received by the UHSAA office the Wednesday prior to the state competition. The DVDs will provide the UHSAA with a digital record of all routines performed at region, if necessary, for reference at the state competition. At the state competition, all coaches will be required to complete a "Declaration Change Form" to verify the total counts of choreography changes made to each qualifying routine since the region competition. Protests or complaints alleging a violation of this rule must be made and submitted in writing, by an appropriate official and/or school leader, to a member of the UHSAA Tournament Committee within the time frame of the current competition category. If it is confirmed by the UHSAA Tournament Committee that the rule was violated, the routine in question will not receive a qualifying score. To be eligible for an overall team ranking at the state competition, a team must earn a qualifying score in each of the three categories.

Definition of a count: One count is given for every down beat in the music, regardless of the tempo (i.e. 2/4, 3/4, 4/4). This would be considered real time. To change the counting to: one and, two and, three and – it MUST still result in one count per down beat. To count and tap beats on your knee, you would begin with your hand in the air. The beat begins when you tap your knee. The diagram below is an example of four complete counts.



9. Coaches' Certification and Certified Teachers: Refer to UHSAA Handbook or website (By-Laws, Article 5, Section 1&2).

10. Competition Directors: All competition directors shall be certified each year by attending a mandatory UHSAA Competition Directors' Clinic. **Dates and times of the clinics will be posted on the UHSAA website Drill Team Page.** Competition packets will be given at the meeting to ensure UHSAA rules and deadlines are followed. A region who fails to select a competition director by no later than one week after the date of the last clinic will have one assigned by the UHSAA Arbiter.

11. Tabulators: Tabulators shall be certified and pay registration each year. Individuals interested in becoming a certified UHSAA Tabulator should contact the UHSAA office for information and go to the Drill Team Page on the UHSAA website (www.uhsaa.org).

12. Judges: Potential judges must submit an application (available on the Drill Team Page on the UHSAA website) and be accepted by the UHSAA. All drill team judges must be certified and professional. Both routine and technical (penalty) judges are required to attend a UHSAA Drill Rules Clinic each year and pass the UHSAA drill team exam. Routine judges are encouraged to attend UDJA training meetings to receive additional hands-on-training.

- A. For region and state competitions, the arbiter will assign one of the five routine judges to serve as the head judge. Two technical (penalty) judges will be seated with routine judges and one will be on the floor.
- B. Routine judges selected for State shall not judge the same classification at an invitational or region competition.
- C. It is recommended that State technical (penalty) judges in any classification also judge the same classification at the region level.
- D. Regions shall submit a region competition date to the UHSAA by May 1st.
- E. The payment of region judges and other personnel are as follows: All region judges and a certified tabulator will be paid \$85.00. One floor technical (penalty) judge will be paid an additional \$10.00 for the extra judge time. Drivers will also be paid .36 cents per mile for all miles over 50 miles round trip. Riders will be paid an additional .5 cents per mile for all miles traveled over 50 miles round trip. Since regions will not pay all judges to drive, drivers will be assigned by the UHSAA arbiter based on years of experience and availability of the driver. Therefore, judges will be asked to ride together.

F. The region should make any decision regarding payment of the certified competition director and the person who may call Drill Down. The payment of all region competition personnel, including judges, is the responsibility of each region and not the UHSAA.

13. Penalties:

- A. During the three (3) minute routine, teams and all props or backdrops/sets must stay within the inside edge of the boundary lines of the competition floor. The lines are considered out-of-bounds.
- B. All team members must not step out-of-bounds. Meaning team members must have weight bearing contact within the boundaries of the competition floor. The boundary lines are the four inside edges of the basketball court on the floor where the competition is being held, regardless of its size. Each violation will result in a 2-point penalty per routine judge to be assessed by the floor technical (penalty) judge.
- C. A 2-point penalty per routine judge will be assessed to teams that disrupt the flow of the competition, such as: teams entering floor out of schedule order, entering from the wrong side of the floor, problems associated with music or removing props or backdrops/sets, teams not being ready to enter the floor, marching all the way across the back of the floor and performing an about-face to enter the actual floor from the opposite end, etc. This is assessed by the floor technical (penalty) judge.
- D. If a safety penalty of 2 or more points per judge is given, the offending school will be notified by the competition director after that category has been completed.

14. Timing Penalties:

- A. Length of the routine will be 2-3 minutes. There will be a 2-point penalty per routine judge for every ten seconds over three minutes or under two minutes **to be assessed by the technical (penalty) judge (i.e. 3:01 2-points/routine judge, 3:11 4-points/routine judge).**
- B. All teams are to be ready one team ahead. Teams must stay out of view. Teams must not get into an entrance position until the announcer specifically says, "Team, take your position." All team members, props, and backdrops/sets will enter and exit from the north end of the gym at the state competition. Only drill members who are participating in that particular routine will be allowed onto the floor.
- C. Judging and timing will start with the first note of music. The entrance and exit must be concise and direct. Entrances and exits are not to be judged by the routine judges.
- D. Judging and timing will stop with the last note of music. Entrance and exit may only be 30 seconds each for military, dance and kick. For prop and novelty, entrance and exit may only be 60 seconds (prop and team) each. The technical (penalty) judge will deduct 2-points per routine judge for every 10 seconds over the entrance or exit time. Timing of the entrance will start when the team and/or props or backdrops break the plane of the floor boundary.

15. Sportsmanship: Unsportsmanlike conduct by drill team members or coaches prior to, during, or after the conclusion of the competition will result in a 2-point penalty per routine judge for each violation. If unsportsmanlike conduct is committed during the competition, a written complaint must be submitted to the competition director within the time frame of the current competition category. Any member of the UHSAA Tournament Committee may assess these points. The points would be deducted before the ranking scores are given and would be assessed to routine category being performed nearest the infraction.

16. Scoring: The "true" ranking scoring system will be used at all invitationals, region, and state competitions for the overall winners. Ranking points are assessed in the tabulating room. It is important that judges keep a running total so they do not give ties. Dropping of the high and low placement ranking (1, 2, 3, 4, etc.) will take place. In the event of a category and/or an overall tie, the tie will be broken using the head to head placement of the two tied teams for each of the five judges. The team with the better placement by a majority of the judges will be declared the winner. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time until one winner remains. If a tie remains, the five routine judges will be asked to break the tie by choosing the winning team by a confidential ballot vote. Judges may only vote for one team on each ballot. The tied teams will not be discussed between the judges before the vote is taken. The team receiving the most votes will be declared the winner. If the vote for the winner is tied, teams not involved in the tie will be dropped and another vote will be taken. In the event of a tie for an individual judge because of penalty points, the following will take place: For an individual routine judge who may have a tie between teams as a result of penalty point(s), the ranking points for that individual judge will be split for the teams tied. All other teams will stay in the ranked order and will receive the appropriate ranking points for that position. For example: Judge #1 gives Team A 99 points, Team B 98 points, Team C 96 points, Team D 95 points and Team E 94 points, etc. Then, Team B is penalized two penalty points per routine judge. This results in Team B and Team C both having 96 points and a tie for 2nd and 3rd place. The 5 ranking points for adding the 2nd and 3rd place ranking points together would be split (each team by splitting the ranking points, the penalty point(s) still has/have its value in the overall judging of the category.

Therefore, the result of the ranking points for Judge #1, because of the penalty on Team B, would be the following: Team A 1 point, Team B 2.5 points, Team C 2.5 points, Team D 4 points, Team E 5 points, etc. All five routine judges would not break this kind of tie. Note: Judges must use whole and .5 scores when judging routines. For example, a routine score of 95 or 95.5 is acceptable. A routine score of 95.2 or 95.8 is not. This helps keep the range between the teams more acceptable and clear. The category score sheets and technical (penalty) score sheets may be found on the Drill Team Page on the UHSAA website (www.uhsaa.org).

17. Tabulation Protest: A team has 48 hours after the conclusion of the competition to PROTEST TABULATION ERRORS. That protest must be received by the UHSAA office in writing to be valid. Only tabulation errors may be protested after the competition.

18. Procedure for Protests: Protests or complaints alleging a violation of rules or policies of the UHSAA must be submitted to the Association in writing. All protests concerning the outcome of a competition must be made and concluded by appropriate officials and school leaders prior to the end of the protested competition. After a competition has completed, protests regarding the outcome are not allowed. No protest shall be considered if the protest is based upon a judgment call of a judge (The foregoing is not to be construed as prohibiting the Association from initiating action on a rule or policy violation - By-Laws, Article 3, Section 2, UHSAA Handbook).

Go to page 20, #8 for protests regarding state drill routines.

19. Costumes: Any costume must have been worn on the school's home floor before wearing it at the state competition. Uniforms and dress for a performance is at the discretion of the team or coach as long as they comply with the category and NFHS rules. Appropriate attire must be approved by the school's administration and possibly a parent committee before use in a performance. School and UHSAA administrators are concerned with the continued suggestiveness of some uniforms and advise discretion in choosing uniforms for all competitions.

20. Shoes: Precaution should be taken so that the performing area is not marred. In general, good quality leather, crepe or soft-soled shoes may be worn. Any shoes that will scuff floors must be taped with non-marking tape. The coach is responsible for having shoes checked at the specified time. A floor judge will check shoes prior to performance, and any **shoe not in compliance must be corrected before the performance or the shoes cannot be used**. Shoes will also be checked as you leave the floor. Any violations will result in a 2-point penalty per routine judge to be assessed by the floor technical (penalty) judge. **The UHSAA is concerned with teams removing protective coverings on their shoes after the initial shoe check.**

21. Props/Backdrops/Sets: All props, backdrops/sets, stages and anything used during a competition routine, must be moved on and off of the competition floor only by drill team members who are participating in that particular routine. This means that they are an active dancing participant in the competition routine. Do not put a uniform on an alternate member to have them help bring anything out to the floor and not be an active drill team participant in the routine (penalty is 2-points per routine judge).

In the Novelty category, backdrops/sets must be limited to no more than one backdrop. The backdrop/set must measure no more than 8 feet in height and 12 feet in length and must be constructed of a frame of PVC pipe and covered with fabric of equally pliable light weight material. When props and backdrops/sets are allowed, they must be used in such a way as to not mark or damage the floor. This includes during entrance and exit. They must have rubber, carpet, foam, or padding that will protect the floor (This includes any section which is touching the floor in the choreography of the routine). Consideration must be given to the weight and use of the prop or backdrop/set, the size of the wheels and surface coverings. A floor judge will check these items prior to performance. Coaches are responsible for having all items checked at the specified time. Any props or backdrops/sets not in compliance must be corrected before the performance or the items cannot be used. Judges may also check all items and the performing surface after the performance. Any violations, including floor damage, will result in a 2-point penalty per routine judge to be assessed by the floor judge. If a prop or backdrop/set damages the floor, a fine will be assessed. The decision will be made by the floor technical (penalty) judge, tournament director and or facility manager. For example, a saber drops and gouges the floor or a backdrop/set slides across and scratches the floor, etc. It is recommended that props or backdrops/sets not exceed 50 pounds per square inch of surface contact with the floor. Props or backdrops/sets must be moved on and off the floor from the designated side. Timing will begin with forward motion from the baseline.

22. Special Effects: No provisions will be made for special effects. The use of fire, fog, dry ice, water or smoke WILL NOT be allowed.

23. Music

- A. No musicians may be used as musical accompaniment, not including musical props used by team members. No drums used on entrance or exit.
- B. All music must be recorded on a good quality tape or CD. Performing music should be recorded on the beginning of a cassette tape or CD with no other music preceding or following the music being used for the performance.
- C. A representative of each team must be present at the announcer's table when their team is performing to cue the music. No responsibility is taken by sound crew if no one is there (penalty is 2 points per routine judge for disrupting flow of competition).

24. Awards: Dates for Academic All-State nominations can be found on the UHSAA calendar (see UHSAA Handbook or website). The UHSAA will present 1st and 2nd place trophies to the overall winners and 1st and 2nd place plaques in each category and classification will be awarded. The UHSAA will also award medals (1st, 2nd and 3rd) in each classification to the winners in the Drill Down competition.

NFHS Spirit Rules Book

The pages printed in last year's Yearbook, containing excerpts from the NFHS Spirit Rules Book have been removed. In order to maintain participant safety and correctly teach the appropriate skills to their athletes' coaches should fully comprehend all rules, including the situation rulings found in the NFHS Spirit Rules Book. The NFHS rules should be adhered to during all practices, performances and competitions (i.e. summer camps, half-times, assemblies, all competitions including nationals).

UHSAA Website: www.uhsaa.org

Go to the Drill Team Page for the latest information regarding the sport (i.e. list of sanctioned events, judging sheets, list of coaches' responsibilities and state competition information).

2009 Drill Team Results

5A SCHOOLS: UVU, January 30

| | |
|--------------------|-----------|
| Overall Winner | Hillcrest |
| Overall 2nd Place | Bingham |
| Dance 1st Place | Hillcrest |
| Dance 2nd Place | Bingham |
| Military 1st Place | Hillcrest |
| Military 2nd Place | Bingham |
| Kick 1st Place | Hillcrest |
| Kick 2nd Place | Bingham |

4A SCHOOLS: UVU, January 30

| | |
|--------------------|----------------|
| Overall Winner | Bountiful |
| Overall 2nd Place | Cottonwood |
| Dance 1st Place | Bountiful |
| Dance 2nd Place | Cottonwood |
| Military 1st Place | Bountiful |
| Military 2nd Place | Bonneville |
| Prop 1st Place | Mountain Crest |
| Prop 2nd Place | Dixie |

3A SCHOOLS: UVU, January 31

| | |
|-------------------|------------|
| Overall Winner | Uintah |
| Overall 2nd Place | Cedar City |
| Dance 1st Place | Uintah |
| Dance 2nd Place | Logan |

3A Cont.

| | |
|--------------------|------------|
| Military 1st Place | Uintah |
| Military 2nd Place | Logan |
| Prop 1st Place | Uintah |
| Prop 2nd Place | Bear River |

2A SCHOOLS: UVU, January 31

| | |
|--------------------|--------------|
| Overall Winner | Millard |
| Overall 2nd Place | South Sevier |
| Dance 1st Place | Millard |
| Dance 2nd Place | South Sevier |
| Military 1st Place | South Sevier |
| Military 2nd Place | Millard |
| Prop 1st Place | Millard |
| Prop 2nd Place | South Sevier |

1A SCHOOLS: UVU, January 31

| | |
|--------------------|----------|
| Overall Winners | Duchesne |
| Overall 2nd Place | Piute |
| Dance 1st Place | Duchesne |
| Dance 2nd Place | Piute |
| Military 1st Place | Duchesne |
| Military 2nd Place | Piute |
| Prop 1st Place | Duchesne |
| Prop 2nd Place | Piute |

Drill Team State Champions

| YEAR | 5A | 4A | 3A | 2A | 1A |
|------|-----------|------------|--------------------------------------|---------------|--------------------------|
| 2009 | Hillcrest | Bountiful | Uintah | Millard | Duchesne |
| 2008 | Hillcrest | Bonneville | Uintah | South Sevier | Duchesne |
| 2007 | Bingham | Roy | Logan | South Sevier | Duchesne |
| 2006 | Bingham | Bonneville | Ogden | Manti | Duchesne |
| 2005 | Bingham | Lone Peak | Ogden | Manti | Duchesne/Panguitch/Piute |
| 2004 | Bingham | Box Elder | Uintah | Manti | Duchesne |
| 2003 | Hillcrest | Bountiful | Ogden | Manti | Altamont |
| 2002 | Hillcrest | Box Elder | Snow Canyon | Manti | Panguitch |
| 2001 | Hillcrest | Box Elder | Uintah | Millard | Panguitch |
| 2000 | Brighton | Box Elder | Uintah | Millard | Milford |
| 1999 | Hillcrest | Box Elder | Ogden | Manti | Panguitch |
| 1998 | Hunter | Box Elder | Ogden | Millard | Panguitch |
| 1997 | Hunter | Box Elder | Pine View | Millard | Piute |
| 1996 | Bountiful | Logan | North Sanpete | Millard | Panguitch |
| 1995 | Bountiful | Logan | North Sanpete | Parowan | Panguitch |
| 1994 | Bountiful | Ogden | Emery | Parowan | Panguitch |
| 1993 | | Brighton | Bountiful | North Sanpete | Piute |
| 1992 | | Davis | Bountiful | North Sanpete | Panguitch |
| 1991 | | Davis | Bountiful | North Sanpete | Piute |
| 1990 | | Davis | Bountiful | North Sanpete | Bryce Valley |
| 1989 | | | (No first place trophy awards given) | | |
| 1988 | | Bountiful | Logan | Wasatch | No state meet |
| 1987 | | Bountiful | Logan | Wasatch | Panguitch |
| 1986 | | Bountiful | Logan | Wasatch | North Sevier |
| 1985 | | Cyprus | Logan | Cedar City | Beaver |
| 1984 | | Skyline | Jordan | Wasatch | Beaver |
| 1983 | | Skyline | Cedar City | Wasatch | North Summit |