

UHSAA Track & Field State Records

Updated 5/14/2012

Girls Records

Event	1A	2A	3A	4A	5A
100 Yd. Dash	1976 Deanna Vernon North Summit 11.50	1978 Lynn Wimmer Grand County 11.60	1978 Liz Price Murray 11.30	1977 Jackie Beene Clearfield 11.31	The 5A classification did not exist when competition in yards took place.
100 M. Dash	2006 Atim Effiong St. Joseph 12.56	1980 Jane Redd San Juan 12.35	1988, 1998 Stephanie McGee, Holly Gibbons Ben Lomond, Bear River 12.16	1981 Sue Devries East 12.00	2010 Aubrey Hale Brighton 11.85
220 Yd. Dash	1976 Deanna Vernon North Summit 26.94	1978 Lynn Wimmer Grand County 26.59	1977 Cheryl Hall Uintah 25.95	1977 Annette Maurer Olympus 25.64	The 5A classification did not exist when competition in yards took place.
200 M. Dash	2008 Sydni Samuels Altamont 25.48	1997 Joann Stevens Millard 25.51	2009 Shaye Maurer Cedar City 24.79	2011 Kaisa Rosenberg Springville 24.62	2008 Natalie Stewart Spanish Fork 24.18
440 Yd. Dash	1979 Michelle Holman Panguitch 1:01.34	1979 Melody Weber Emery 1:00.26	1978 Ruth Culley Murray 1:00.05	1978 Lisa Wing Orem 58.13	The 5A classification did not exist when competition in yards took place.
400 M. Dash	1997 Amanda Alvarez St. Joseph 58.36	1997 Joann Stevens Millard 57.08	2003 Kathleen Smyth Judge Memorial 55.45	2003 Heidi Magill Mountain View 54.79	2008 Natalie Stewart Spanish Fork 53.39
880 Yd. Run	1979 Tammy Weston North Rich 2:32.79	1979 Charlene McArthur Emery 2:33.11	1977 Alyson Collett Jordan 2:21.97	1979 Cheryl Howlett Alta 02:20.2	The 5A classification did not exist when competition in yards took place.
800 M. Run	2010 Andrea Chavez St. Joseph Catholic 2:17.81	2012 Erica Birk North Summit 2:14.29	2007 Samantha McMillian Judge Memorial 2:12.02	2010 Kelsey Brown Mountain View 2:09.80	2008 Nachelle Stewart Spanish Fork 2:08.48
Mile Run	1979 Lynette Maxwell Valley 5:45.50	1979 Shirley Frank Intermountain 5:41.03	1979 Allison Horsley Davis 5:24.04	1978 Jill Molen West 05:17.0	The 5A classification did not exist when competition in yards took place.
1600 M. Run	2003 Claire Filloux Waterford 5:04.12	2012 Erica Birk North Summit 4:51.02	2012 Jamie Stokes Ogden 4:54.37	2012 Ashleigh Warner Mountain View 4: 50.13	2007 Candace Eddy Davis 4:54.38
2 Mile Run	1979 Camille Lee Beaver 13:47.13	1979 Shirley Frank Intermountain 12:30.84	1979 Allison Horsley Davis 11:55.12	1978 Jill Molen West 11:29.99	The 5A classification did not exist when competition in yards took place.
3200 M. Run	2009 Macee Nielson Monticello 11:04.01	2012 Erica Birk North Summit 10:34.66	2012 Jamie Stokes Ogden 10:43.43	2012 Natalie Shields East 10:22.88	2008 Natalie Haws Davis 10:43.83
110 Yd. Hurdles	1979 Carolyn Vernon North Summit 16.35	1979 Lori Jensen Morgan 15.93	1978 Connie Abbott Ben Lomond 14.89	1978 Kellie Park West 14.61	The 5A classification did not exist when competition in yards took place.
100 M. Hurdles	1981 Debbie Young Duchesne 15.49	1980 Chris Petty Emery 14.88	1986 Jeanine Wimberly Ogden 14.11	1983 Sue Devries East 14.08	2009 Angela Kaplar Lone Peak 14.37
330 Yd. Hurdles	1979 Carolyn Vernon North Summit 49.69	1979 Chris Petty Emery 47.99	1979 Maxine Paulson Springville 46.74	1979 Kellie Park West 44.67	The 5A classification did not exist when competition in yards took place.
300 M. Hurdles	1998 Cally Allen Piute 45.43	2001 Shilo Belnap Gunnison 44.18	2010 Angela Shields Hurricane 43.58	2006 Ally Dean Bonneville 42.42	2010 Kylie Hirschi Brighton 43.29

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440 Yd. Relay	1979 O'Brian, Crittenden, Vernon, Jenkins North Summit 52.14	1979 George, Petty, Law, Webber Emery 51.99	1987 Neuenschwander, Alder, Alston, McGee Ben Lomond 49.25	1986 Child, Ashcroft, Aardema, Williams Weber 49.80	The 5A classification did not exist when competition in yards took place.
4x100 M. Relay	2004 Bauer, Effiong, Bauer, Nemetz St. Joseph Catholic 49.61	1997 Nixon, Robins, Hone, Stevens Millard 50.3	2011 Shakespeare, Warby, Morris, Bryson Cedar City 47.90	1991 Lott, Boice, Dubois, Jorgensen American Fork 47.93	2001 Smart, Menlove, Smart, Schroeder Alta 47.46
Medley Relay (1 Mile)	1983 Marshall, Dotson, Gale, Bradshaw Beaver 4:46.50	1989 Daniels, Willardson, Marquardson, Jorgensen Richfield 4:36.30	1981 Bunnell, Hardman, Olsen, Larson Carbon 4:18.70	1985 Stewart, Sargent, Davidson, Aure Alta 4:12.98	The 5A classification did not exist when competition in yards took place.
Medley Relay (1600 Meters)	2003 Filloux, Layton, Mohebal, Newhall Waterford 4:19.60	2012 Birk, Nicholes, Vernon, Richins North Summit 4:05.82	2007 Berg, Burger, Yeh, McMillan Judge Memorial 4:07.91	1994 Terry, Simmons, Stowell, Gardner East 4:06.63	2008 Ponis, Stewart, Youd, Stewart Spanish Fork 3:50.92
Mile Relay	1981 White, Davenport, Allen, Bentley Parowan 4:26.30	1981 North, Knight, Wright, Tolley Wasatch 4:22.03	1988 Dilley, Hensleigh, Yerkovich, Skamnes Judge Memorial 4:06.39	1986 Jenkins, Hawkes, Child, Davis Weber 03:59.5	The 5A classification did not exist when competition in yards took place.
4x400 M. Relay	2004 DeYoung, Judd, Layton, Mohebal Waterford 4:11.40	2003 Vernon, Sargent, Geary, Peck North Summit 4:03.11	1998 Truman, Castillo, Einfeldt, Adams Cedar City 3:57.35	2005 Stewart, Stewart, Stewart, Waite Spanish Fork 3:50.70	1999 Voorhies, Ostler, Hillam, Quilter Kearns 3:53.37
Discus	1989 Gayle Sorensen Gunnison 125' 0"	2012 Rachel Garrett Grand County 130' 3"	1997 Andrea Larson Emery 143' 4.5"	1986 Cathy James Orem 150' 4"	2000 Candice Workman Clearfield 160' 10"
Javelin Old Rule (prior to 2002)	1982 Neresa Nielsen North Sevier 128' 5"	1993 Amy Christiansen Grantsville 145' 9"	1993 Sande McArthur Dixie 150' 6"	1979 Kris Engle Olympus 154' 7"	2000 Missy Wood Copper Hills 149' 9"
Javelin New Rule (since 2002)	2010 Sarah Swalberg Green River 135' 2"	2009 Amber Freeman Millard 128' 5"	2012 Megan Glasman Park City 143' 6"	2009 Tiffany Hellstrom Bonneville 150' 11"	2005 Elisha Harris West Jordan 137' 2"
Shot Put	2001 Mary Dinsdale St. Joseph Catholic 38' 6"	1993 Amy Christiansen Grantsville 44' 7.25"	2007 Mele Vaisima Judge Memorial 44' 11.25"	1986 Sharon Siebold Alta 47' 4.75"	2002 Kelli Burton Davis 49' 6"
High Jump	1984, 1984 Camille Broadhead, Alana Orton Kanab, Kanab 5' 5.75"	2010 Jodi Williams Enterprise 5' 9"	1981 Julie Waters Mountain View 6' 1.25"	1993 Melinda Boice American Fork 5' 11.25"	2008 Ada Robinson Viewmont 5' 11.25"
Long Jump	2012 Arianna Reay Monticello 17' 3.0"	1991 Elaine Jones Jaub 18' 4.5"	2007 Katlyn Jensen Ogden 18' 10.0"	2008 Mindy Robins Orem 18' 10.5"	2001 Amy Menlove Alta 19' 4.75"