

Shot Put

1.	Kandice Gleave	33'07.75	Piute
2.	Jessica Madsen		Duchesne
3.	Sarah Swalberg		Green River
4.	Kalani Norris		Panguitch
5.	Tasha Reilley		Duchesne
6.	Nicole Lamborn		Rich

Long Jump

1.	Sidnie Fabrizio	16'00.50	Duchesne
2.	Allie Eastman		Rich
3.	Kandice Gleave		Piute
4.	Nichole Freestone		Monticello
5.	Megan Hatt		Green River
6.	Jackie Bafford		Saint Joseph

Discus

1.	Jessica Madsen	100'05.50	Duchesne
2.	Kandice Gleave		Piute
3.	Tasha Reilley		Duchesne
4.	Nicole Lamborn		Rich
5.	Jaylen Dodds		Panguitch
6.	Breanne Bateman		Panguitch

High Jump

1.	Emmanuelle Reay	5'00.00	Monticello
2.	Molly Camp		Bryce Valley
3.	Sidnie Fabrizio		Duchesne
3.	Joelle Comrie		Wasatch Academy
5.	Haylee Robbins		Wayne
6.	Jackie Bafford		Saint Joseph

Girls' Track Records

Event	Record Holder	School	Performance	Year
<u>5A RECORD HOLDERS</u>				
300 M Low Hurdles	Melissa Manwill	Hunter	43.47	2009
100 M Low Hurdles	Ashlee Cannon	Davis	14.45	2007
100 Meter Dash	Aubrie Haymore	Riverton	11.95	2009
200 Meter Dash	Natalie Stewart	Spanish Fork	24.18	2008
400 Meter Dash	Natalie Stewart	Spanish Fork	53.39	2008
800 Meter Run	Nachelle Stewart	Spanish Fork	2:08.48	2008
1600 Meter Run	Candace Eddy	Davis	4:54.38	2007
3200 Meter Run	Natalie Haws	Davis	10:43.83	2008
400 Meter Relay	Smart, Menlove, Smart, Schroeder	Alta	47.46	2001
Metric Medley Relay	Ponis, Stewart, Youd, Stewart	Spanish Fork	3:50.92	2008
1600 Meter Relay	Voorhies, Ostler, Hillam, Quilter	Kearns	3:53.37	1999
Javelin	Missy Wood	Copper Hills	149'9"	2000
Shot Put	Kelli Burton	Davis	49'06.00"	2002
Long Jump	Amy Menlove	Alta	19'4.75"	2001
High Jump	Ada Robinson	Viewmont	5'11.25"	2008
Discus	Candice Workman	Clearfield	160'10"	2000

4A RECORD HOLDERS

330 Yard Hurdles	Kellie Park	West	44.67	1979
300 M Low Hurdles	Ally Dean	Bonneville	42.42	2006
110 Yard Hurdles	Kellie Park	West	14.61	1978
100 M Low Hurdles	Sue DeVries	East	14.08	1983
100 Yard Dash	Jackie Beene	Clearfield	11.31	1977
100 Meter Dash	Sue DeVries	East	12.00	1981
220 Yard Dash	Annette Maurer	Olympus	25.64	1977
200 Meter Dash	Windy Jorgensen	American Fork	24.71	1991
	Jane Akalaonu	Mountain Crest	24.71	1998
440 Yard Dash	Lisa Wing	Orem	58.13	1978

4A CONTINUED -

400 Meter Dash	Heidi Magill	Mountain View	54.79	2003
880 Yard Run	Cheryl Howlett	Alta	2:20.15	1979
800 Meter Run	Heidi Magill	Mountain View	2:09.81	2002
One Mile Run	Jill Molen	West	5:17.00	1978
1600 Meter Run	Rosy Gardner	East	4:51.21	1994
Two Mile Run	Jill Molen	West	11:29.99	1978
3200 Meter Run	Rosy Gardner	East	10:24.78	1994
440 Yard Relay	Child, Ashcroft, Aardema, Williams	Weber	49.80	1986
400 Meter Relay	Lott, Boice, Dubois, Jorgensen	Am. Fork	47.93	1991
Metric Medley Relay	Terry, Simmons, Stowell, Gardner	East	4:06.63	1994
One Mile Relay	Jenkins, Hawkes, Child, Davis	Weber	3:59.49	1986
1600 Meter Relay	Stewart, Stewart, Stewart, Weight	Spanish Fork	3:50.70	2005
Javelin	Kris Engle	Olympus	154'7"	1979
Shot Put	Sharon Siebold	Alta	47'4.75"	1986
Long Jump	Mindy Robins	Orem	18'10.5"	2008
High Jump	Melinda Boice	American Fork	5'11.25"	1993
Discus	Cathy James	Orem	150'4"	1986

3A RECORD HOLDERS

330 Yard Hurdles	Maxine Paulson	Springville	46.74	1979
300 M Low Hurdles	Shaye Maurer	Cedar City	43.59	2009
110 Yard Hurdles	Connie Abbott	Ben Lomond	14.89	1978
100 M Low Hurdles	Jeanine Wimberly	Ogden	14.11	1986
100 Yard Dash	Liz Price	Murray	11.30	1978
100 Meter Dash	Stephanie McGee	Ben Lomond	12.16	1988
(Tie)	Holly Gibbons	Bear River	12.16	1998
220 Yard Dash	Cheryl Hall	Uintah	25.95	1977
200 Meter Dash	Shaye Maurer	Cedar City	24.79	2009
440 Yard Dash	Ruth Culley	Murray	1:00.05	1978
400 Meter Dash	Kathleen Smyth	Judge Memorial	55.45	2003
880 Yard Run	Alyson Collett	Jordan	2:21.97	1977
800 Meter Run	Samantha McMillan	Judge Memorial	2:12.02	2007
One Mile Run	Allison Horsley	Davis	5:24.04	1979
1600 Meter Run	Samantha McMillan	Judge Memorial	4:56.84	2007
Two Mile Run	Allison Horsley	Davis	11:55.12	1979
3200 Meter Run	Sarah Callister	Ogden	10:46.94	2009
440 Yard Relay	Neuenswander, Alder, Alston, McGee	Ben Lomond	49.25	1987
400 Meter Relay	Schoney, Banks, Christensen, Einfeldt	Cedar City	48.53	2000
Medley Relay	Berg, Burger, Yeh, McMillan	Judge Memorial	4:07.91	2007
Metric Medley Relay	Richardson, Smyth, Gove, Gaitan	Judge Memorial	4:12.35	2002
One Mile Relay	Dilley, Hensleigh, Yerkovich, Skamnes	Judge Memorial	4:06.39	1988
1600 Meter Relay	Truman, Castillo, Einfeldt, Adams	Cedar City	3:57.35	1998
Javelin	Sandee McArthur	Dixie	150'6"	1993
Shot Put	Mele Vaisima	Judge Memorial	44'11.25"	2007
Long Jump	Katlyn Jensen	Ogden	18'10"	2007
High Jump	Julie Waters	Mountain View	6'1.125"	1981
Discus	Andrea Larson	Emery	143'4.5"	1997

2A RECORD HOLDERS

330 Yard Hurdles	Chris Petty	Emery County	47.99	1979
300 M Low Hurdles	Shilo Belnap	Gunnison	44.18	2001
110 Yard Hurdles	Lori Jensen	Morgan	15.93	1979
100 M Low Hurdles	Chris Petty	Emery County	14.88	1980

2A CONTINUED -

100 Yard Dash	Lynn Wimmer	Grand County	11.60	1978
100 Meter Dash	Jane Redd	San Juan	12.35	1980
220 Yard Dash	Lynn Wimmer	Grand County	26.59	1978
200 Meter Dash	Joann Stevens	Millard	25.51	1997
440 Yard Dash	Melody Weber	Emery County	1:00.26	1979
400 Meter Dash	Joann Stevens	Millard	57.08	1997
880 Yard Run	Charlene McArthur	Emery County	2:33.11	1979
800 Meter Run	Tara Laws	San Juan	2:16.96	1989
One Mile Run	Shirley Frank	Intermountain	5:41.03	1979
1600 Meter Run	Tara Laws	San Juan	5:10.43	1989
Two Mile Run	Shirley Frank	Intermountain	12:30.84	1979
3200 Meter Run	Tara Laws	San Juan	11:21.91	1989
440 Yard Relay	George, Petty, Law, Webber	Emery County	51.99	1979
400 Meter Relay	Nixon, Robins, Hone, Stevens	Millard	50.30	1997
Medley Relay	Daniels, Willardson, Marquardson, Jorgensen	Richfield	4:36.30	1989
Metric Medley Relay	Peck, Rees, Sargent, Geary	North Summit	4:21.20	2000
One Mile Relay	North, Knight, Wright, Tolley	Wasatch	4:22.03	1981
1600 Meter Relay	Vernon, Sargent, Geary, Peck	North Summit	4:03.11	2003
Javelin	Amy Christiansen	Grantsville	145'9"	1993
Shot Put	Amy Christiansen	Grantsville	44'7.25"	1993
Long Jump	Elaine Jones	Juab	18'4.5"	1991
High Jump	Jodi Williams	Enterprise	5'7.75"	2009
Discus	Molly O'Connell	Juan Diego Catholic	124'0"	2005

1A RECORD HOLDERS

330 Yard Hurdles	Carolyn Vernon	North Summit	49.69	1979
300 M Low Hurdles	Cally Allen	Piute	45.43	1998
110 Yard Hurdles	Carolyn Vernon	North Summit	16.35	1979
100 M Low Hurdles	Debbie Young	Duchesne	15.49	1981
100 Yard Dash	Deanna Vernon	North Summit	11.5	1976
100 Meter Dash	Atim Effiong	St. Joseph Catholic	12.56	2006
220 Yard Dash	Deanna Vernon	North Summit	26.94	1976
200 Meter Dash	Sydni Samuels	Altamont	25.48	2008
440 Yard Dash	Michelle Holman	Panguitch	1:01.34	1979
400 Meter Dash	Amanda Alvarez	St. Joeseeph	58.36	1997
880 Yard Run	Tammy Weston	North Rich	2:32.79	1979
800 Meter Run	Claire Filloux	Waterford	2:18.95	2003
One Mile Run	Lynnette Maxwell	Valley	5:45.50	1979
1600 Meter Run	Claire Filloux	Waterford	5:04.12	2003
Two Mile Run	Camille Lee	Beaver	13:47.13	1979
3200 Meter Run	Macee Nielson	Monticello	11:04.01	2009
440 Yard Relay	O'Brian, Crittenden, Vernon, Jenkins	North Summit	52.14	1979
400 Meter Relay	Bauer, Effiong, Bauer, Nemetz	St. Joseph Catholic	49.61	2004
Medley Relay	Marshall, Dotson, Gale, Bradshaw	Beaver	4:46.50	1983
Metric Medley Relay	Filloux, Layton, Mohebal, Newhall	Waterford	4:19.60	2003
One Mile Relay	White, Davenport, Allen, Bentley	Parowan	4:26.30	1981
1600 Meter Relay	DeYoung, Judd, Layton, Mohebal	Waterford	4:11.40	2004
Javelin	Desiree Wright	Monticello	134'5.5"	2006
Shot Put	Mary Dinsdale	St. Joseph Catholic	38'6"	2001
Long Jump	Kena McInnelly	Panguitch	17'0.75"	1984
High Jump	Camille Broadhead	Kanab	5'5.75"	1984
	Alana Orton	Kanab	5'5.75"	1984