Region 14

Activities Handbook











Draft version 3.14.23

Notification of the Press

In all sports events and activities, the home school is responsible to call the Salt Lake Tribune and the Deseret News to

report the scores.

Channel 2 - 801-839-1234, #1, #3

Channel 4 - 801-975-4401, #5

Channel 5 - 801-575-5535

Channel 13 - 801-536-1313

Deseret News - 801-237-2161

Salt Lake Tribune - 801-257-8900

Region 15 Sports Directory

Athletic Directors

School / Phone	Athletic Director	Cell Phone	E-mail
Providence Hall	Jack Ballard	801-349-0948	jackballard@providencehall.com
801-727-2860	Jamie Benson	801-209-8294	jbenson@providencehall.com
American Heritage	Yahosh Bonner	801-503-2845	ybonner@ahsmail.com,
	Paora Winitana	801 898 1002	pwinitana@ahsmail.com
Judge Memorial 801-363-8895	James Cordova	(801) 792-1913	jcordova@jmchs.org
Layton Christian Academy	Lucas Almeida	563-321-2632	lucas.almeida@lcaeagle.com
Juan Diego	Danny Larson	801-558-2610	dannylarson@skaggscatholiccenter.org
Summit Academy	Nathan Foster	801-699-5206	Nathan.Foster@summitacademyschools.org

REGION SPORTS AND ACTIVITIES ASSIGNMENTS

Fall Sport	School	Date	Region/State Host Sites
Football			
Volleyball	Providence Hall		
Girls Soccer	Judge Memorial		
Boys Golf	Summit Academy		no host and region site
X-Country (Boys/Girls)	Juan Diego		
Girls Tennis	Judge Memorial		Liberty Park
Winter Sports	School		
Girls Basketball	LCA		
Wrestling	Providence Hall		Divisional
Boys Basketball	LCA		
Drill	Juan Diego???		Juan Diego
Forensics/Debate	Providence Hall??		Providence Hall
<u>Swimming</u>	<mark>Juan Diego</mark>		
Spring Sports	School		
Track	Juan Diego		Juan Diego
Boys Tennis	Judge Memorial		Liberty Park
Boys Soccer	Judge Memorial		
Baseball	ALA		
Softball	Summit Academy		
Girls Golf	Summit Academy		no host and region site
Drama	Liahona		Juan Diego

Large Group Band/Choral Judge memorial		ALA
Solo/Ensemble LCA		Providence Hall
<mark>Jazz Band</mark>	LCA	LCA
Trophies and Medals	Summit Academy	

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Fall Sports

Soccer (Girls) Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall	801-727-8260	Christian McVey	801-898-9328	soccer.23.6@gmail.com
Judge Memorial	801-363-8895	Emily Garcia	801-634-5493	egarcia@jmchs.org
LCA	801-791-4451	Sheldon Hinkson	801-791-4451	shinkson@gmail.com
Juan Diego	801-984-7650	Joe Baca	623-330-5546	utbacasoccer@gmail.com
Summit Academy	<mark>619-916-1833</mark>	Tammy Wilkinson	619-916-1833	Twilky7@gmail.com

Football Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Jake Hardcastle		jhardcastle@providencehall.com
Judge Memorial	801-363-8895	Will Hawes	801-882-9770	whawes@judgememorial.com
ALA	801-794-2226	Nate Porter	801-319-4199	alaheadcoach@gmail.com
LCA	801-513-7569	Ray Stowers	801-513-7569	ray.stowers@lcaeagle.org
Juan Diego	801-984-7612	Ron James	801-419-6494	ronjames@skaggscatholiccenter.org
Summit Academy	801-495-3272	Justin Wilbur	801.787.0131	Jdwilburs@gmail.com

Volleyball Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Jamie Benson		jbenson@providencehall.com
Judge Memorial	801-363-8895	Taylor Gustafson	801-540-6388	tgustafson@judgememorial.com
LCA	801-791-2602	Andrea Marshall	801-791-2602	andrea.marshall@lcaeagle.org
Juan Diego	801-984-7650	Sam Vaitai	801-634-5221	sam.vaitai@icloud.com
Summit Academy	801.495.3272	April Ball	321.945.4963	April.Beachelite@gmail.com

Tennis (Girls) Coaches

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School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Ryan Crockett		rcrockett@providencehall.com
Judge Memorial	801-363-8895	Tracey Valentine	352-281-6447	girlstennis@judgememorial.com
LCA	804-402-9655	Aimee Toomey	804-402-9655	aimeetoomey@gmail.com
Juan Diego	801-557-2345	Heather Foy	801-556-9774	heatherfoy@comcast.net
Summit Academy				

Cross-Country Coaches

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School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Will Trelease		wtrelease@providencehall.com
Judge Memorial	801-363-8895	Jason Heideman	801-691-6949	crosscountry@judgememorial.com
LCA	801-989-6937	Kevin Lambert	801-989-6937	kevin.lambert@lcaeagle.org
Juan Diego	801-984-7650	Joe Elliott	402-913-8543	joeelliott@skaggscatholiccenter.org
Summit Academy	801-495-3272	Marcus Dickson	253-632-5280	Marcus.Dickson@summitacademyschools.org

Boy's Golf Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Don Uesele		
Judge Memorial	801-363- 8895	joe Kelsey	801-573-2687	boysgolf@judgememorial.com
LCA	847-712-4640	John Swan	847-712-4640	ralphjohnswan@gmail.com
Juan Diego	801-984-7650	Chris Wright	801-706-2625	universalsat05@gmail.com
Summit Academy	719-588-1571	Bryce Jacquez	719-588-1571	jacquezbryce@gmail.com

Winter Sports

Basketball (Girls) Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Brittany Anderson		banderson@providencehall.com
Judge Memorial	801-363-8895	Josh Pike	985-507-9755	jpike@judgememorial.com
LCA	801-678-8923	Jarrod Hoagland	801-678-8923	jarrod@lcaeagle.org
Juan Diego	801-984-7650	Ashlee McKray	801-631-7319	ashleemckray@skaggscatholiccenter.org
Summit Academy	801-495-3272	Josh Archuleta	801-946-7618	Josh.Archuleta@summitacademyschools.org

Basketball (Boys) Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Jack Ballard	801-349-0968	jballard@providencehall.com
Judge Memorial	801-363-8895	Sanjin Kolovrat	801-918-4512	skolovrat@judgememorial.com
LCA	502-681-7181	Casey Stanley	502-681-7181	coachstanley@lcaeagle.org
American Heritage	801 642 0055	Paora Winitana	801 898 1002	pwinitana@ahsmail.com
Summit Academy	801-495-3272	Alex Losee	801-440-7471	Alex.Losee@summitacademyschools.org

Wrestling Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Jonathan Eagar		jdeagar@hotmail.com
Judge Memorial				
LCA				
Juan Diego	801-984-7650	Zac Petereit	801-413-9047	zacpetereit90@gmail.com
Summit Academy				

Swimming Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall				
Judge Memorial	801-363-8895	Chad Starks	801-910-1348	swim@judgememorial.com
LCA				
Juan Diego	801-984-7650	John Moran	801-699-6751	johnmoran@skaggscatholiccenter.org
Summit Academy		John Moran	801-699-6751	johnmoran@skaggscatholiccenter.org

Forensics/Debate

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Steve Porter		sporter@providencehall.com
Judge Memorial	801-363-8895	Brooke Healy	801-910-8786	bhealy@judgememorial.com
LCA				
Rowland Hall				

Γ	Summit Academy		801-495-3272	Scott Pettit	801-514-0360	scott.pettit@summitacademyschools.org
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Drill Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Melanie Hiatt		mhiatt@providencehall.com
Judge Memorial	801-794-2226			
LCA				
Juan Diego	801-984-7650	Jaydee Lester	801-414-5186	jaydeelester@gmail.com
Summit Academy	801-495-3272	Monica Ashby	801-903-8231	Monicaashby27@gmail.com

Spring Sports

Baseball Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Scott Sackett		scott@yahlaw.com
Judge Memorial	801-363-8895	Alex Miles	801-828-8297	amiles@jmchs.org
ALA	801-794-2226	Dustin Johnson	801-368-1346	djhardball.ala@gmail.com
LCA				
Juan Diego	801-984-7650	Taylor Berg	801-831-1241	taylorberg@skaggscatholiccenter.org
Summit Academy	801-495-3272	James Marcotte	801-597-0008	Jmarcotte18@gmail.com

Softball Coaches

	Phone	Coach	Cell Phone	E-mail
School				
Providence Hall		Jack Ballard		jackballard@providencehall.com
Judge Memorial	801-363-8895	Will Hawes	801-882-9770	whawes@judgememorial.com
ALA	801-794-2226	Corey Edwards	801-358-6955	coreyedwards0928@gmail.com
LCA				
Juan Diego	801-984-7650	Dave Monytoya	801-633-7474	davemontoya@skaggscatholiccenter.org
Summit Academy				

Boys Soccer Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Christian McVey		soccer236@gmail.com
Judge Memorial	801-363-8895	Kelly Terrill	801-803-1620	kellyterrill@yahoo.com
LCA	563-321-2632	Lucas Almeida	563-321-2632	lucas.almeida@lcaeagle.org
Juan Diego	801-984-7650	Joe Baca	623-330-5546	utbacasoccer@gmail.com
Summit Academy				

Boys Tennis Coaches

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Ryan Crockett		rcrockett@providencehall.com
Judge Memorial	801-363-8895	Tracey Valentine	352-281-6447	boystennis@judgememorial.com
LCA				
Juan Diego	801-984-7650	Peter Matus	801-556-9774	springrun@aol.com
Summit Academy	801-495-3272			

Boys Track Coaches

School	Phone	Coach	Cell Phone	E-mail
ALA	801-794-2226	Lindsey Robertson	385-314-7079	Irobertson@americanleadership.net
Judge Memorial	801-363-8895	Chris Ring	801-517-2165	cring@jmchs.org
Real SL		John-John Leake	602-430-0122	jleake@rslacademy.org
LCA	801-513-7569	Ray Stowers	801-513-7569	ray.stowers@lcaeagle.org
Juan Diego		Joe Elliott	402-913-8543	joeelliott@skaggscatholiccenter.org
Summit Academy	801-495-3272	Marcus Dickson	253.632.5280	Marcus.Dickson@summitacademyschools.org
Providence Hall	801-727-8260	Tarnue Ali	862-621-4036	tarnueali@providencehall.com

Girls Track Coaches

School	Phone	Coach	Cell Phone	E-mail
ALA	801-794-2226	Lindsey	385-314-7079	Irobertson@ameicanleadership.net
		Robertson		
Judge Memorial	801-363-8895	Chris Ring	801-517-2165	cring@jmchs.org
Real SL		John-John Leake	602-430-0122	jleake@rslacademy.org
LCA		Miles		
Juan Diego		Joe Elliott	402-913-8543	joeelliott@skaggscatholiccenter.org
Summit Academy	801-495-3272	Marcus Dickson	253.632.5280	Marcus.Dickson@summitacademyschools.org
Providence Hall	801-727-8260	Tarnue Ali	862-621-4036	tarnueali@providencehall.com

Girls Golf Coaches

School	Phone	Coach	Cell Phone	E-mail
ALA	NA			
Judge Memorial	801-363-8895	Kristin Sankovitz	612-554-1230	ksankovitz@jmchs.org
LCA	847-712-4640	John Swan	847-712-4640	ralphjohnswan@gmail.com
Providence Hall		Danielle Brown		dbrown@providencehall.com
Juan Diego	801-984-7650	Jason Andersen	801-641-7535	jrandersen22@gmail.com
Summit Academy	801-572-9007	Bryce Jacquez	719-588-1571	jacquezbryce@gmail.com

Activities Directory

Drama Coaches

School	Phone	Coach	Cell Phone	E-mail
ALA	801-794-2226	Sandy Millet		smillet@americanleadership.net
Providence Hall		Jason Purdie		jpurdie@providencehall.com
Judge Memorial	801-363-8895	Darin Hatha	801-792-1707	dhathaway@judgememorial.com
Juan Diego	801-984-7650	Joe Crnich	801-920-9730	joecrnich@skaggscatholiccenter.org
Summit Academy	801.495.3272	Megan Olsen	801.675.7962	megan.olsen@summitacademyschools.org

Band Directors

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Michelle Leach		mleach@providencehall.com
Judge Memorial	801-363-8895	Shannon Roberts		sroberts@judgememorial.com
Juan Diego	801-984-7650	Tamara Jensen		tamarajensen@skaggscatholiccenter.org

Summit Academy	801.495.3272	Stephanie Strait	801.564.9860	stephanie.strait@summitacademyschools.org

Orchestra Directors

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Allyn Lyon		alyon@providencehall.com
Judge Memorial	801-363-8895	Shannon Roberts		sroberts@judgememorial.com
Juan Diego	801-984-7650	Denisse Vallecillos		denissevallecillos@skaggscathloiccenter.org
Summit Academy	801.495.3272	Stephanie Strait	801.564.9860	stephanie.strait@summitacademyschools.org

Choral Directors

School	Phone	Coach	Cell Phone	E-mail
Providence Hall		Maren Hansen		mhansen@providencehall.com
Judge Memorial	801-363- 8895	Shannon Roberts		sroberts@judgememorial.com
Juan Diego	801-984-7650	Alla Keoppel		allakeoppel@skaggscatholiccenter.org
Summit Academy	801.495.3272	Stephanie Strait	801.564.9860	stephanie.strait@summitacademyschools.org

2023-2024 Important Dates:

Layton Christian Academy

First Day of School- 8/16/2023

Parent Teacher Conference- 10/23/2023 - 10/27/2023

Professional Development Days-

Winter Break- 12/16/2023 - 01/01/2024

Spring Break- 04/08/2024 - 04/12/2024

Last Day of School- 05/16/2024

Juan Diego

First Day of School- 8/14/2023

Parent Teacher Conference-

Professional Development Days-11/9/2023, 11/10/2023, 3/7/2024, 3/8/2024

Fall Break- 10/13/2023

Winter Break- 12/18/2023-1/1/2024 Spring Break- 3/29/2024-4/5/2024

Last Day of School- 5/24/2024

Judge Memorial

First Day of School-8/14/2023

Parent Teacher Conference-9/15/2021-9/16/2021

Professional Development Days- 3/11/2022

Fall Break-10/22/2021

Winter Break-12/18/2021-1/2/2022

Spring Break-4/14/2022-4/24/2022

Last Day of School-5/27/2022

Providence Hall

First Day of School- August 18th
Parent Teacher Conference-Sept 15-16th
Professional Development Days- Oct 18, Mar 21, Apr 25
Fall Break- Oct 18-22nd
Winter Break-Dec 20-Jan 3rd
Spring Break-April 18-22nd
Last Day of School- June 3rd

Summit Academy

First Day of School- August 17th
Parent Teacher Conference- September 19th
Professional Development Days Oct 23rd, Jan 2nd, Feb 16th, Mar 11th
Winter Break- December 18th - January 2nd
Spring Break- April 1st - April 5th
Last Day of School- May 31st

American Heritage School

First Day of School- Aug 16, 2023
Parent Teacher Conference- Sep 21, 2023 & Feb 1, 2024
Winter Break- Dec 20, 2023 thru Jan 5, 2024
Spring Break- Apr 1, 2024 thru Apr 5, 2024
Last Day of School- May 23, 2024

GENERAL POLICIES

The following regulations pertain to more than one activity, and therefore are included at the beginning of the Region 15 Activity Manual. Specific regulations for each sport or activity will be found with the Region 15 schedule for that activity. All state wide regulations can be found in the UHSAA Handbook, or on the UHSAA website (www.uhsaa.org). It is the responsibility of all principals, coaches, moderators and participants to become thoroughly familiar with these regulations.

DUTIES OF OFFICERS AND MEMBERS

CHAIRMAN OF THE BOARD

- 1. General administration of board policies and decisions.
- 2. Prepare agenda and conduct board meetings.
- 3. Act as official representatives of the Region when appropriate.

MEMBERS

- 1. Member's schools and districts are financially responsible for activities sponsored by the Region.
- 2. Members will individually support collective decisions made by the Region Board.
- 3. Will serve as activity chairman and committee members.
- 4. Member region schools will have annual membership dues in the amount of \$3500, or as determined

annually be the Board.

MEETINGS

Meeting sites and dates will be selected by the Board. It is recommended that meetings be held monthly. It is also recommended that meetings be held at a central location.

AGENDA

The agenda will follow the format below:

- A. Call to order
- B. Presentation of previous minutes for approval or discussion
- C. Presentation of the financial statement for approval or discussion
- D. Report from UHSAA Representatives: Board of Trustees; Executive Committee
- E. Action Items-Items that require either a general consensus or vote by the Board
- F. Discussion Items-Informational items that do not require action, to include Athletic Director's reports.

ORGANIZATION OF THE ACTIVITIES

Each program's Activity Chairmen for the next year is responsible for presenting a proposed schedule for that activity early enough that changes may be made by the Board. Committee members may be appointed by the Board Chairman to assist when necessary. Activity Chairmen are responsible for all aspects of the activity they are selected to supervise. The chairman will report to the Board at the conclusion of the activity.

Activity Chairmen will evaluate the procedures and practices of the activity for which they are responsible. They may meet with coaches and advisors of those activities for the purpose of reviewing, revising, and setting new schedules. It is recommended that this meeting take place soon after the culminating State activity so that the Chairman can report to the Board at the next regularly scheduled meeting. Adjustments and improvements will be made as needed. Eligibility of participating students must follow the guidelines of the current UHSAA Handbook.

All schools are expected to provide competent, adult scorers, timers, line callers, chain crews, etc. for all varsity events; they are officials, <u>not spectators</u> in behavior.

Schedule changes must be acceptable to both schools (coaches and principals). The Region Chair may conduct a survey of Region members by phone or email for decisions immediately needing action.

VIDEO AND VENDING POLICY

Region 15 prohibits the use of filming and/or video taping of Region 15 sponsored activities for commercial purposes. Exchange of a standard football game tape by opposing schools will be done one week before game time or as determined by the coaches involved.

- -Video taping or filming is allowed and encouraged by each school involved in a contest, but may not be used for scouting purposes during that contest.
- -Video taping or filming of games and/or tournaments by other schools, coaches, or patrons for scouting purposes, when not involved in that specific match or tournament is prohibited.

Region 15 restricts "special request" vending at activities unless approved by the Region Board. An approved vend requires a minimum of \$100/day or highest bid for service.

PROTEST PROCEDURE

In the event that a school wishes to lodge a protest in connection with any activity, the procedures published in the current Utah High School Activities Association Handbook will be followed. A protest will be official when completed in writing and signed.

HOSPITALITY ROOM PROCEDURES

Region 15 does <u>not require</u> member schools hosting region tournaments to sponsor a hospitality room. That decision is left to the individual school administration; however, Region 15 will reimburse schools hosting tournaments for boys and girls basketball, wrestling, and volleyball, up to \$400 per day at the approved tournament. Funding for the hospitality room beyond that level shall be the responsibility of the host school. The Region 15 Board of Managers will determine final amounts and circumstances.

20 HOUR PRACTICE RULE

In order to protect study and recreational time for students and parents, Region 15 requires that no High School Athletic Association team may practice more than 20 hours per week. This includes chalk-time, film review, meetings, etc. If a school is in violation of this rule it can be fined and reprimanded according to region policy.

REGION PASSES 10

Each member school will receive ten (10) region passes to utilize at their discretion. Region passes will be accepted at all region 15 events. Region 15 passes will not be accepted for state events hosted at schools. Any abuse of the region pass will be subject to sanctions by the region 14 board of managers.

POSSIBLE GAME CANCELLATIONS

In the event that an epidemic should come about at a school and/or community that would hinder a team from playing a scheduled game, the following will take place: the two principals, along with the local health department, a district administrator, and another administrator from another region school will get together and a decision will be made as to whether the game should be cancelled and how the make up will proceed. All schools have committed to be wise and prudent and respect the situation of other schools.

1. Admission Fees and Tickets for Region Events

- A. Adults (18-64) \$7.00
- B. Students from the hosting school Free
- C. Students K-8 \$4.00
- D. Guest students with school ID \$4.00
- E. Senior Citizens \$4.00
- F. Student Body Officers, Cheerleaders and drill team in uniform Free
- G. Volleyball and basketball games will be charged at all levels.

2. Supervision of Region Activities, Tournaments and Meets

- A. Any school hosting a Region 15 tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.
- B. It is the responsibility of the chairman of each individual activity to see that Region 15 tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school.Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.
- C. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.
- D. No sitting on the front row or standing on the floor in basketball.
- E. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate pep clubs as well as the general student body.
- F. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the Region 15 representatives will take restrictive action against the offending school.

3. Accommodations for Visiting Teams

- A. Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and whiteboards. Towels will not be furnished to visiting teams by the host school.
- B. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach will check facilities prior prior to departure.
- C. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designee. LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.

4. Rules for Region 15 Tournaments

All Region 15 tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the Region 15 financial representative for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper

conduct

shall be submitted in writing to Region 15, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region 15 Activities

- A. Bands & Drums:
 - (1) A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. An advisor must always be present if a band is to perform.

(2) Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after each basket.

B. Students Body Officers:

Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Students Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

- (1) Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.
- (2) All stunts and pyramids must be in accordance with risk management policies.
- (3) No children are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal or athletic director.
- (4) Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be r der derogatory or obscene.
- (5) Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- (6) Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities"
- (7) No electronic cheering methods will be allowed.
- (8) A supervisor must be present when cheerleaders perform.
- (9) The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.

D. Pre-game, Half-time, and Post-Game Activities:

- (1) The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.
- (2) All activities should come to a halt immediately when the flag ceremony begins. Headgear should be removed. Activity should remain suspended until flag ceremony is over. Starting line-ups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.
- (3) The announcer should call everyone to attention as the flag enters. The announcer should be objective and impartial announcing a game.
- (4) Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.

- (5) Basketball half-time: Maximum of eight minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.
- (6) The host school pep club or drill team may use pom-poms if the floor is swept after each use, or at the earliest convenient time.
- (7) A supervisor must be present when student groups perform.
- (8) Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands.
 - A. Visiting teams will leave the field or floor immediately after the game ends.
 - B. Visiting teams (basketball) will leave the team locker room within 20 minutes after the game ends.
- (9) No gum, sunflower seeds, or sugar drinks will be allowed on turf fields.
- (10) Any senior recognition at end of season cannot delay start of game.
- (11) There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

- (1) Encourage student groups to initiate sportsmanlike activities during the season.
- (2) Other than authorized spirit groups (cheerleaders, pep club, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. (Until visiting team exits the floor/field).
- (3) The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- (4) Visiting schools are not to conduct any type of post-game activities.
- (5) The use of negative or insulting chants is not to be used.
- (6) For reasons of student safety and I.D. purposes, student will not be allowed to have any body paint on any area of the body except on the face. All other body painting is prohibited. The school administration is responsible to enforce this rule.
- (7) All laser pens are prohibited.
- (8) "Region 15 Spectator Support Items" Refer to the UHSAA Handbook pg 55 (under Information Spectator Support Items).

Banners and Signs:

- (9) No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- (10) A sign of a positive nature on the football field at half-time for the home teams to run though will be allowed.
- (11) All banners will be used by the Cheerleaders only.
- (12) No spectator banners or signs, with the only exception being banners used to honor seniors on senior night.

7. UHSAA Sportsmanship Policy

- A. Sportsmanship Conduct:
 - (1) INTRODUCTION The effective Utah secondary school should support both an academic program and an activities program. The programs should do more than

merely coexist, they should be integrated and support each other in "different" arenas. The concept of "sportsmanship" should be taught, modeled, expected, and reinforced in the classroom and in all competitive activities.

(2) PHILOSOPHY – Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and model SPORTSMANSHIP, to build school pride, and to increase student/community involvement; which ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. SPORTSMANSHIP is good citizenship in action!

(3) REGION XV SPORTSMANSHIP CODE OF CONDUCT

(This statement should be read prior to every Region event where there is a public address system available)

"Ladies and gentlemen, welcome to (home high school) for tonight's/today's athletic contest. We welcome our guests from (Visiting High School) and wish all players good luck in tonight's/today's game. Both schools are members of the Utah High School Activities Association and support the new statewide sportsmanship program Raise- the-Bar. Sportsmanship does matter and we ask for your support in demonstrating respect for the game and all the participants by refraining from negative cheers, chants or behavior. Do Rowdy Right"

*UHSAA policies will be followed for all events as listed below, unless otherwise noted in Region Manual.

STUDENT AND SPECTATOR SPORT ITEMS

In the chart below, ONLY those items marked "Yes" will be allowed as fan/spectator support items at all Region 15 Contests. It is recommended that schools follow these regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. The items indicated on this page are for use by all spectators.

- B. General Sportsmanship Guidelines
 SPORTSMANSHIP is a way of thinking and behave
 - SPORTSMANSHIP is a way of thinking and behaving. The following sportsmanship policy items are listed below for clarification:
 - (1) Be courteous to all (participants, coaches, officials, staff, and fans).
 - (2) Know the rules. Abide by and respect officials' decisions.
 - (3) Win with character and lose with dignity.
 - (4) Display appreciation for good performance regardless of the team.
 - (5) Exercise self-control and reflect positively upon yourself, the team, and the school.
 - (6) Permit only positive sportsmanlike behavior to reflect on your school or its activities.
 - (7) If flagrant violence occurs in any event in which a Region 15 school is participating, the Region will review the incident upon request and on a case by case basis to determine possible consequences to participants(s) that are involved. These consequences may result in, but not be limited to, suspension from events(s),

suspension for the entire season, and/or may include other consequences as determined by the Region.

- C. Unsportsmanlike Ejections and Fighting Policy Appeals Process
 - (1) See the Utah High School Activities Association HANDBOOK.

8. Events Schedules

- (1) All Region 15 regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent at varsity levels may result in a fine up to \$500 and forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools.
- (2) Both AD's are to agree to the change before the game or match. If both schools agree on a change of time and date of an activity, the host school must notify the of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.
- (3) All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

9. Miscellaneous

(1) Awards are to be given according to the published Region 15 format. This includes but not limited to All-Region, and Academic All-Region. No additional awards will be allowed unless pre-approved by the Region.

10. Game starting times and participant regulations

No sports activity may begin before 3:30 p.m., unless approved by the Board of Managers. However, varsity football may not start before 4:00 p.m. until Day Light Savings. Thereafter, games may start at 3:30 p.m.

11. Tie-Breaker Rule

- A. Ties in win-loss records between teams for first place will result in Region Co-Champions being declared and duplicate trophies will be awarded.
- B. In the case of a tie for first, second, third, etc. in region play, the following procedure will be followed (If the tie <u>does not</u> include a team that will be eliminated from the playoffs):
- 1. Overall Region Record.
- 2. Head-to-Head results.
- 3. Point differential, (not scored) in head-to-head games.
- 4. Results (W or L) against other region teams starting at the top of region and working down (for example, if two teams tie for first, then compare results against the third place team on down. If two teams tie for third, compare results against the first place team and then second, if necessary, and on down. If one team has better results against a higher team, that team would get the higher place).
- 5. Number of points allowed in all REGION games.

- 6. Flip of coin.
- C. Two way tie for the last/final playoff spot.
- 1. Overall Region Record
- 2. Head-to-Head results (if teams split games, go onto step 3)
- 3. Play-in game at a neutral site.

D. In cases where tournament berths are at stake for three teams involving two places, the following will apply: If a single team can be identified as a clear-cut winner in games between the schools involved, that team will receive the highest seed and the other two teams will play for the remaining berth. If no-clear cut winner can be determined, a coin flip will determine the lowest seed (odd coin) and the losers of the coin flip will play off for the higher seed.

12. Moratorium

A fine to be determined by the Board of Managers, which is paid by the coach, may be assessed to the coach of any team that is in violation of the designated days for moratorium of practice and play. This is in addition to the UHSAA sanctions. Please see the UHSAA Handbook for specific moratorium dates.

13. Fine for violations

A fine may be assessed for a violation of region rules as determined by the Region 15 Board of Managers.

14. Eligibility

Eligibility rules for Region 15 will be determined by the Utah High School Activities Association By-Laws:

To participate in any UHSAA Region VIII or state interscholastic competition, an individual must be a full-time student in the school he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region VIII activities in the succeeding grading period. Incompletes are computed as F's for eligibility.

A. No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with varsity, junior varsity, sophomore, or freshman teams.

- 1. The word represent shall be defined below. Any violator of the Scholastic Eligibility By-laws shall not:
 - a. be in uniform on competition night;
 - b. warm-up with the team;
 - c. sit on the bench with the team;
 - d. be listed on the program roster;
 - e. be introduced as a member of the team.

The above student/participant may, however, continue to practice with his/her team upon approval of the school administration.

- B. The date report card documents are posted officially by the school becomes the date which the scholastic rule is applied.
- C. An incomplete is considered a failure until it is made up.
- D. A student enters upon high school work when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.
- E. To establish academic eligibility for 1st term of a new school year, 4th term grade deficiencies must be made up in the same subject area by attending summer school, night school or by any other method acceptable to and by the deadline prior to the 1st term of the preceding year and shown on the student's transcript.

16. Coaches

- A. Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the Athletic Director to direct the coaching staff to be examples of good sportsmanship at all times.
- B. Coaches are not to exert undue influence on officials before, during or after any contest. Any complaints or protests are to be made through school administration.

17. Number of Games

Teams which exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from record and one loss may be added. Other sanctions may be taken by the Region 15 Board of Managers.

18. Duties of Region Chairpersons

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all Region 15 competitions and tournaments of respective activity.
- C. Select and honor respective All-Region 15 teams where applicable.
- D. Be direct liaison to Region 15 Board of Managers.
- E. The all Region 15 teams should be selected by the coaches within two weeks of the conclusion of the activity where applicable.

19. Undue influence rule, violation

A. If there is clear evidence that a coach has violated Article 1, Section 9 of the UHSAA bylaws or interpretations he/she will appear before the Region 15 Board of Managers and may be under the direction of the UHSAA to receive any or all of the following for the first violation:

- (1) A letter of reprimand.
- (2) Suspension
- (3) Fine

- B. If it is determined a coach has violated the undue influence rule a second time, the coach may be suspended a minimum of three contests or one-half of the remaining Region 15 schedule (whichever is greater).
- C. A third violation may mean suspension for the remainder of the current season.

BASEBALL GUIDELINES

Activity Chairman: Summit Academy: Jason Kupiec/Paige Roley Luke Thomas, Grantsville High School Telephone: 801-647-6182 Email Address: jason.kupiec@summitacademyschools.org paige.roley@summitacademyschools.org

- 1) The first official day for games to be played on the approved UHSAA calendar date (see UHSAA handbook and calendar).
- . 2) Each team (Varsity & JV) will be allowed to play 25 games as per UHSAA rule.
- . 3) All Region Varsity and J.V. Games played on the same day will begin at 3:30 p.m.
- . 4) Each team will be allowed 15 minutes of warm-up and infield practice. All teams should stretch closest to their foul line. No circling up in center field.
- 5) All league games (Varsity & JV) will be played on the date and time scheduled, depending upon weather and field conditions.
- . JV games will only be on Tuesday Wednesday of the week. If a team is traveling to non-region tournament during region play and needs to reschedule a game(s), then it is the responsibility of both coaches to mutually agree on the dates for the rescheduled date, to be played before the next regularly scheduled region game, and then report that to the region chairman. The scheduling for this must be done before the beginning of the regular region season.
- Each postponed game must be made up in the order of the postponement. A postponed game will be made up on the first available date, including Saturday. During the first round of region play, a postponed game will be made up by "flip flopping" the schedule and playing at the visiting team's field, if that field is playable and if district bus transportation is available. The visiting team will reverse the schedule for that game during the second round. In the event of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 12:00 p.m. It is the responsibility of both coaches to communicate with each other in the process of rescheduling games for the next available date.
- . 6) Any game(s) not made up on the next available date will result in a forfeit for one or both teams, depending on the offending team(s). The Region Board of Managers and both coaches will be consulted to determine the offending team. No team will be made to play five (5) games in a week, unless they choose to do so.
- . 7) When a game is "called" because of darkness or weather, etc., in the first round, the game

will be resumed as the preliminary scheduled game of the two teams in the second round, followed by the completion of the second round game. JV games that have to be bumped will be resumed on the next available date. The home field coach will be responsible for notifying all those involved: coaches, umpires, and principals.

- 8) The recommendation of the UHSAA on number of innings pitched per week will be followed (Currently 14 innings.)
- . 9) A region trophy to the first placed team(s) in regular region play. No medals. Seeding for the state tournament will be based on how the league finishes in that order. In case of a tie for seeding purposes, region tiebreaker rules will be in effect.
- 10) An all-region team will be selected on the last Saturday before the state play-offs begin to be determined by the region baseball chairman. Coaches present will be allowed to select players for all-region teams.
- . 11) Please refer to "General Policies" in the Region 15 Handbook for all other Region 15 rules and the UHSAA handbook or website for all UHSAA rules.
- 12) An all-region team will be selected in the following format:
- a. 1st place will select 5 players
- b. 2nd place will select 4 players
- c. 3rd place will select 3 players
- d. 4th place will select 2 players
- e. the remaining teams select 1 player
- 14) Second team all-region reduce is all-region totals by 1.
 - 13) Academic All-region is any senior with a cumulative GPA of 3.75 or higher

BOYS BASKETBALL GUIDELINES

Activity Chairman: Laura Nichols, American Leadership Academy: Phone:202-213-2171 Email: Inichols@americanleadership.net

1) Games will be played on the same day at the following times:			
Sophomore, Freshman/Junior Varsity, Varsity			

3:45 p.m. 5:15 p.m. 7:00 p.m.

- . 2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.
- . 3) Wilson is the designated ball for both Boys and Girls State Tournaments. Use of this ball is recommended for Region 15 games.
- . 4) Pre-season game times and dates are site-based decisions.
- . 5) In the event of a tie, the Region 15 tie breaker rule applies.
- 6) Teams may film their own games; however, no filming of opponents is allowed at any level.
- . 7) Each school is responsible for providing a dressing room and private discussion area for officials.
- 8) The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region 15 Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.
- 9) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region Academic Certificates are award to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.
- . 10) A Region 15 trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region tie breaker procedure. Each co-champion team will receive a first place trophy.
- . 11) A representative of Region 15 basketball coaches will keep an up-to-date record of region standings.
- . 12) General courtesies are recommended for games and are as follows:
- a. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
- b. If pre-game activities are expected to run longer or they are different than normal, a

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schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.

- c. **5 Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench, allow teams to exit, the floor to be swept, etc. During this 5 minutes there is to be NO ONE on the floor.
- d. Senior Night festivities will be held prior to the Varsity game.
 - 13) All region team will be selected by the region coaches.

Guidelines for All-Region Voting: • The Region MVP is chosen by the Region Champion coach. • In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP. • Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th). • Coaches may not nominate someone from their own team. • Points for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc. • The top 12 players are part of the All-Region 1 st Team. • If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.

GIRLS BASKETBALL GUIDELINES

Activity Chairman: Lucas Almeida, Layton Christian Academy: Phone:563-321-2632 Email: lucas.almeida@lcaeagle.org

1) Games will be played on the same day at the following times:	
Sophomore, Freshman/Junior Varsity, Varsity	

3:30 p.m. 5:15 p.m. 7:00 p.m. - if a freshman team is available 3:00, 4:30, 6:00, 7:30

- 2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.
- . 3) Wilson is the designated ball for Boys' and Girls' State Tournaments. Use of this ball is recommended for Region 15 games.
- 4) Pre-season game times and dates are site-based decisions.
- . 5) In the event of a tie, the Region 15 tie breaking rule applies.
- . 6) Immediately after the contest, both teams will shake hands and the visiting team will exit the school within 30 minutes of the game end.
- . 7) Each school is responsible for providing a dressing room and private discussion area for officials.
- . 8) The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region 15 Board of Managers. If a game time or date is changed, it is the responsibility of the home team to notify the arbiter.
- 9) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.
- . 10) A Region 15 trophy will be awarded to the first place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region 15 tie breaker procedure. Each co-champion will receive a first place trophy.
- . 11) Teams may film their own games; however, no filming of opponents is allowed at any level.
- . 12) Immediately after the contest, both teams will shake hands and the visiting team will exit

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the school within 30 minutes of the game.

- . 13) All schools are required to use adults on the clock and scoreboard. (Varsity Only).
- . 14) Please refer to "General Policies" in the Region 15 Handbook for all other Region 15 rules, and the UHSAA Handbook for all UHSAA rules.
- . 15) General courtesies recommended for games and are as follows:
- A. Each school shall provide the visiting team with a secure, clean locker room. A writing board and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
- B. If Pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
- C. **5 Minute Courtesy Rule:** At the conclusion of the game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench. Allow teams to exit, the floor to be swept, etc. During this 5 minutes there is to be NO ONE on the floor.
 - 16) All-region team will be selected by coaches via email.

Guidelines for All-Region Voting: • The Region MVP is chosen by the Region Champion coach. • In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP. • Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th). • Coaches may not nominate someone from their own team. • Points for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc. • The top 12 players are part of the All-Region 1 st Team. • If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.

CROSS COUNTRY GUIDELINES

Chairperson: Juan Diego

Activity Chair: First Competition Date:

- . 1) Cross country meets will begin at 3:30 p.m.
- 2) The host school will designate a well-marked course. Distances for region meet courses will range from 3,000 to 6,000 meters.
- . 3) Qualification for State finishers will qualify with UHSAA yearbook.
 - 4) The winner of the region trophy will be determined by the team scores at the Region Meet.
- . 5) Medals will be awarded to the top 10 finishers in the Region Meet in both the boys and girls varsity division. Medals will be awarded to the first 10 finishers in the boys and girls Junior Varsity division. Additional medals may be awarded by the coaches, as well as certificates for academic all-region team members.
- . 6) Coaches may run only 7 runners in the "Varsity" Region Championship.
- . 7) Two paid Officials will be arranged to start, score, and referee the Region Meet. Each school will provide one adult volunteer for the Region Meet.
- . 8) At region meets, girls will run first, then boys, unless agreed upon ahead of time by all coaches involved.
- . 9) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.
- . 10) Region course will stay consistent with previous years' course unless approved by the region Board of Managers.
- 11) Cross Country to declare an All-Region 1st Team and 2nd Team after region competition. The top 10 athletes will be designated 1st All-region team and the next 10 athletes will be designated 2nd All-region team. The region will provide certificates. Academic All-region awards will be presented at the region meet.
- . 12) At Region Championship, teams must field 5 runners in Varsity before placing runners in JV.
 - Guidelines for All-Region Voting: The Region MVP is chosen by the Region Champion coach. In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP. Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th). Coaches may not nominate someone from their own team. Points

for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc. The top 12 players are part of the All-Region 1 st Team. If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.

DRAMA GUIDELINES

Activity	Chairman:	Juan	Diego

. 1) Date: XXX at Juan Diego

Hospitality - ????

I.E. Judge Coordinator - ???

One-Act Judges coordinator and program - ??

- 2) 132 individual events, judges at \$50.00 each for three rounds. Three competition play judges at \$150.00 each plus 35 cents per mile.
- . 3) The two schools hosting competition will each be paid \$150.00 to cover the cost of lamps, gels, custodial services, materials and printing.
- . 4) AWARDS:

A. The following plaques will be awarded to performers in the Festival Play:

- . (1) Best Actor
- . (2) Best Actress
- . (3) Best Supporting Actor
- . (4) Best Supporting Actress
- . (5) Best Character Actor
- . (6) Best Character Actress
- . (7) Best Ensemble

Sweepstakes: One-Act Plays: Individual Events:

A 1st place and 2nd place region trophy will be provided. A third place certificate will be provided.

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Three Plaques will be awarded. 1st place, 2nd place, 3rd place. Medals will be given to the top three places in each individual event. Scenes, Pantomime, and Musical Theatre may have more than one person in their event win. Three medals for 1st place, 2nd place, and 3rd place will be ordered in case more than one student wins. Medals given for all straight superiors in every category. Musical Theatre has the possibility of four winners per category. Each medal will be engraved on the back with the following information:

Contemporary Scenes -1^{st} , 2^{nd} , and 3^{rd} place Classical Scenes -1^{st} , 2^{nd} , and 3^{rd} place Pantomime -1^{st} , 2^{nd} , and 3^{rd} place Musical Theatre -1^{st} , 2^{nd} , and 3^{rd} place Dramatic Monologues -1^{st} , 2^{nd} , and 3^{rd} place Humorous Monologues -1^{st} , 2^{nd} , and 3^{rd} place

- 5) TEACHERS MEETING: All Region drama coaches may want to meet prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments being.
- 6) DOUBLE ENTERING: A participant may compete in one Individual Event (Classical Scenes, Contemporary Scenes, Pantomime, Humorous Monologues, Dramatic Monologues, Musical Theatre) and the Festival play and may therefore qualify for State in the Festival play and on Individual Event.
- . 7) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.

DRILL GUIDELINES

Chairperson: Juan Diego

Region 15 drill team competitions will be conducted under the rules and guidelines of the UHSAA competition regulations.

- 1. Drill teams must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage with the UHSAA.
- 2. The team coach must attend a UHSAA clinic for coaches and judges prior to the region meet or complete the UHSAA drill team test.
- 3. Drill teams compete in the same three (3) categories head to head at region and state competitions. The UHSAA has esignated MILITARY, DANCE and KICK as the three (3) official categories for competition in the upcoming 2018-19 school year.
- 4. Drill team coaches must attend a mandatory meeting prior to the Region 15 drill team competition. Each coach will draw a number for her team, which will determine each team's performance order for each category. The order of events for the Region 15 Tournament will be Military, Dance and Character routines.
- 5. All coaches must submit the following information for the region program no later than Please submit information electronically, compiled by Competitive Director:

A team picture (high quality with sharp contrast)

Names of drill team members and officers

Names of school administration and athletic director

All-Region team names of three (3) deserving drill team members, either seniors or second year members

Academic All-Region (team members with a 3.75 cumulative grade point average or higher) Drill teams have fifteen (15) minutes of floor time on the day (sound check with or without team) of the competition at the host school and one (1) hour practice session prior to the competition scheduled by the Region 13 Representative at the competition site.

6. The following awards will be presented at the Region 15 drill competition.

Plaques will be awarded to 1st thru 3rd place winners in each category

A region trophy will be awarded to the Region 15 Championship Team

Medals will be awarded to 1^{st} , 2^{nd} and 3^{rd} place individual winners in the Drill Down competition

Certificates will be awarded to the All-Region team/individuals. Names are due ?

Certificates will be awarded to the Academic All-Region team/individuals. Names are due ?

- 7. The number of drill teams qualifying for the UHSAA State 3A Tournament will be determined by the UHSAA.
- 8. Videotaping of other teams at region or state competition is not allowed
- 9. No males will be allowed in the dressing rooms or team areas during the competition
- 10. A Region 15 administrative representative will be responsible for producing and awarding All-Region awards.
- All-Region selections will be as follows:

 MVP (Selected by the Head Coach of the Region Champion Team(s))

 Most Outstanding Player (Selection detailed in below)

 All-Region 1st Team consisting of 6 players

 All-Region 2nd Team consisting of 6 players

 All-Region Honorable Mention consisting of all other players that were nominated

 Academic All-Region will include senior players with a minimum cumulative 3.75 GPA 10.All-Region nominations will be as follows:

 The chairperson will send a survey following the conclusion of the UHSAA State Playoffs for coaches to submit their All-Region nominations. Each coach will nominate one Most Outstanding Player and 12 players, none of which can be their own, and rank them.

FORENSICS/DEBATE GUIDELINES

	ivity Chairman: Steve Porter/Jack Ballard Providence Hall: Email: ballard@providencehall.com , sporter@providencehall.com
1)	
Reg	ion Format:
a.	Number of Contestants:
b.	Policy Debate
c.	Lincoln-Douglas
d.	Public Forum
e.	U.S. Extemp.
f.	Original Oratory
g.	Impromptu
h.	Congress
i.	Foreign Extemp
	r Teams Four Contestants Four Teams Three Contestants Three Contestants Three Contestants ee Contestants Three Contestants
2)	
3)	
4)	
5)	
All	events will count toward the region trophies. There will be no Interps at region unless they become

Double Entry of competitors is allowed, as long as they only participate in one event per day. Double

Speech/Forensic Events: Oratory, Impromptu, National Extemp., Foreign Extemp., Debate Events:

state events. There will be one region trophy awarded at the Region Debate Tournament.

Policy, Lincoln Douglas, Public Forum, Congress.

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entry is not allowed for students competing in policy debate. Events held on Friday will be Oratory, Impromptu, Foreign Extemp., and National Extemp. Events held on Saturday will be Policy, Lincoln Douglas, Public Forum, and Congress.

In line with the procedure of the National Forensic League, a student who is double-entered and qualifies outright in both events, will forfeit the slot he or she will not fill at State to the next contestant in line, providing that contestant has a winning record (50% or better). On the Region Tournament registration form, double-entered students will be required to declare the event in which they would like to advance at State and the event in which they will forfeit their slot, should they qualify in both events.

Judges Requirements:

- a. Schools must bring one qualified judge per two policy debate entries, one qualified judge per every four Public Forum, and Licoln Douglas debate teams or portions thereof, one qualified judge per five IE entries, and one Congress judge for any Congress entries. Schools that do not fulfill their judging requirement will have entries dropped from competition.
- b. The qualified judges for Congress rounds will be confirmed by coaches at the Region Pairing meeting.

Region Meet Parings: a. All schools competing at region have to attend the Pairings Meeting for Region. All schools must send a coach or a

coach designee to pairings. They will not be allowed to participate in the region meet if not represented. Region

Pairing Meeting will be held @ TBA. Debate Parings:

- a. The intent is to have each school meet every school in the Region, if that can't happen, the pairings will be made within reason.
- b. Individual teams must not meet the same team more than once.
- c. Recommended: 3-4 rounds in policy, 4-5 in LD and Public Forum.

Individual Event Pairings:

- a. Random selecting shall be done in each event.
- b. 3-4 rounds of competition will take place.
- c. Where possible schools should not compete against members of their own school's team.
- d. Congress Pairings:

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Congress sessions will last 5 hours total. Legislation will be selected from the UDCA the docket which will be published to all schools. The tournament will use the UDCA Orders of the Day.

- . 6) Medals: Each medal will say the event name and "Superior" and will be given to the top six finishers in each event. The following number of medals will be needed: Public Forum 10 medals; LD 5 medals; Policy 10 medals; National Extemp. 5 medals; Foreign Extemp. 5 medals; Oratory 5 medals; Impromptu 5 medals; Congress 5 medals. 10 blank Superior medals in case of ties.
- . 7) General Guidelines:
- a. In forensics and debate competition, each individual is limited to ten meets per year, excluding region, state and national competitions.
- b. Region will pay for judges at the Region Meet; \$35 for each judge who judges for Friday, and \$50 for each judge who judges for Saturday (as per new UHSAA guidelines).
- c. March/April LD topic and March PF topic will be used for the Region Meet.
- d. In the event a student misses a round, his/her points will still count toward sweepstakes.
- e. Please refer to "General Policies" in the Region VI Handbook for all other Region VI Rules, and the UHSAA Handbook for all UHSAA Rules.
- f. Sweepstakes points will be calculated as follows:
- 1. The top 1/4 of contestants will be given superior (5 points).
- 2. The next 1/4 of contestants will be given excellent (3 points).
- 3. The next 1/4 of contestants will be given good (1 point).
- 4. The bottom 1/4 of contestants will score no sweepstakes points.
- 8) Ties will not be broken; each quartile will be chosen by marking the number which least skews all brackets.
- . 9) The top 50% of schools in total sweepstakes points will qualify their entire team for the state tournament.
- . 10) All students qualifying in the top ten of their event (with a winning record in debate events) will qualify individually outright.

GOLF, BOYS GUIDELINES

Activity Chair: Nathan Foster Summit Academy Phone:801-699-5206

Email: Nathan.Foster@summitacademyschools.org

Region play will consist of **8?** 18-hole tournaments. Each school will be responsible for hosting one home tournament, and one tournament will be hosted by the region.

Each school will be responsible for their own green fees. The host school will be in charge of the match, and have scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.

Each team will play eight players the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1st and 2nd place at State.

Extra invitational tournaments will be up to each school to arrange.

Individual medals will be given to the ten players with the lowest total score for 8 of 9 18-hole region matches.

Range finders will be allowed. No caddies may be used by golfers.

Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case by case basis.

Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.

Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.

Each school will be responsible for their own rules clinic.

Play will be from the Blue tees.

Team shirts are highly recommended.

Meets canceled due to unplayable weather will be rescheduled based on course availability

Parents may not give any advice to players while on the golf course. This means to keep a reasonable

distance from players and have no private conversations with players during their round.

Scoring: Points will be awarded to each school based on placing in each Region tournament. The school with the most accumulated points at the end of the season will be the Region Champion

Region 15 Tournament Scoring: 1st 2nd 3rd 4th 5th 6th 654321

The Final 18-Hole Championship: *1*st 2nd 3rd 4th 5th 6th 12 10 8 6 4 2

Dual Match Scoring is as follows: Each foursome is competing for 5 total points.

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o Individual Head to Head stroke Play = 1 Point (#1 v #1, #2 v #2, etc.) o Individual Match Play = 1 Point (#1 v #1, #2 v #2, etc.) o Team Match Play = 1 Point (#1 & #2 v #1 & #2, etc.) o In case of a tie, points will be split among the teams.

The standings after the completion of the five dual matches will then be scored as one region tournament.

16) State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at site of Region Championship with each team entering 6 players counting four scores. In the event of a tie the next player's score will be used. In case there is still a tie a sudden death play-off will occur until the tie is broken.

AWARDS 1 Region Trophy

First team all-region players will be awarded medals for players 1- 10 with the lowest scores after Region Tournaments.

GOLF, GIRLS GUIDELINES

Activity Chair: Jason Jupiec/Paige Roley Summit Academy Phone:801-647-6182, 509-724-3302 Email: jason.kupiec@summitacademyschools.org ppaige.roley@summitacademyschools.org

- 1) Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.
- 2) Varsity competition will consist of four (4) 18-Hole Tournaments and Six (6) 9-Hole Region Dual Matches. Tournaments will consist of 6 players counting 4 scores. Dual Matches will consist of 6 players counting all scores using dual match scoring. The final 18-hole Region Tournament will be a Region Championship and carry a 1.5 weight in scoring.
- . 3) Scoring: Points will be awarded to each school based on placing in each Region tournament. The school with the most accumulated points a t the end of the season will be the Region Champion.
- a. 18-Hole Scoring: 1st 2nd 3rd 4th 5th 6th 7th 14 12 10 8 6 4 2
- b. 18-Hole Region Championship Scoring: 1st 2nd 3rd 4th 5th 6th 7th 21 18 15 12 9 6 3
- 4) Dual Match Scoring is as follows: Each foursome is competing for 5 total points.
- a. Individual Head to Head stroke Play= 1 point
- b. Individual Match Play= 1 point
- c. Team Match Play= 1 point
- d. In case of a tie, points will be split among the teams. The standings after the completion of the six dual matches will then be scored as one 18-Hole Region Tournament.
 - 5) Junior Varsity competition will consist of *six* (6) 9-Hole Region Dual Matches and *one* (1) 18-Hole Region Tournament. The standings after the completion of the six dual matches will then be scored as one 18-Hole Region Tournament.
- . 6) In the event of a tie for the last spot in the state tournament, a one hole playoff will take place. Each coach will select 4 students; the combined score for all four golfers will determine the final spot.
- . 7) Additional tournaments will be up to individual schools to arrange.
- . 8) Individual medals will be given to the ten players with the lowest total score from region play.

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- 9) Range finders may be used. No caddies may be used by golfers.
- . 10) Carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case by case basis.
- . 11) Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
- . 12) Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.
- . 13) Each school will be responsible for their own rules clinic.
- . 14) Play will be from the red tees.

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- 15) Team shirts are highly recommended
- . 16) Meets canceled due to unplayable weather will be rescheduled or canceled based on course availability.
- 17) Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance from players and have no private conversations with players during their round. No spectator carts will be allowed on the course during the 18-Hole Tournaments.
- . 18) Player will pick up their ball after 5 strokes over par. Five over par will be the highest score recorded using the Modified Stableford System.
- . 19) In the event of a tie for the last spot in the state tournament, a one-hole playoff will take place. Each coach will select 4 students; the combined score for all four golfers will determine the final spot.

AWARDS 1 Region Trophy, 10 Medals for low region Medalists

First team all-region players will be awarded medals for players 1- 10 with the lowest scores after Region Tournaments.

MUSIC, INSTRUMENTAL & VOCAL GUIDELINES

Chairperson: Jazz -??;

Chair Person: Solo/Ensemble Jack Ballard Chantry Olsen Providence Hall: Email jackballard@providencehall.com, colsen@providencehall.com

INSTRUMENTAL

- 1) Adjudicators will be contracted for festivals as follows:
- A. Solo and Ensemble –Adjudicators as needed C. Jazz Bands 3 adjudicators
- B. Concert Band 3 adjudicators D. Orchestras 3 adjudicators

Clinicians may work with each band/orchestra following its performance at the discretion of the festival host. Clinic sessions will not be adjudicated and will not be rated. Adjudicators will be paid as per the UHSAA standard adjudicatory pay scale.

- 2) All large ensemble members are expected to be audience participants for at least two performances before or after their own performance. Music educators are encouraged to enforce this guideline through their own policies.
- . 3) Each school may submit unlimited entries to the Solo and Ensemble Festival. However, entries beyond twenty (20) should be prioritized to allow each school adequate representation.

VOCAL

1) Adjudicators will be contracted for festivals as follows:

A. Solo and Ensemble – A maximum of 8 Adjudicators B. Madrigals – 3 Adjudicators C. Concert Choirs – 3 Adjudicators D. Training Choirs – 2 Adjudicators

- . 2) Ratings will be given at all festivals; the Vocal Ensemble Festival is Optional.
- . 3) Certificates will be given for all ratings in all festivals, with the exception of the Training Choirs, as previously outlined. Training Choirs will be given a certificate of participation.
- . 4) All students participating in vocal music festivals must be members of the school's music program.
- . 5) Each school may submit unlimited entries to the Solo and Ensemble Festival; however, directors are encouraged to submit only the names of those students who exhibit superior quality.
- 6) Concert Choirs may perform 3 selections for adjudication. One additional selection may be performed without adjudication while adjudicators complete comments.
- . 7) Madrigal Choirs will be limited to performance of 15 minutes.
- . 8) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.

BOYS SOCCER GUIDELINES

Activity Chair: Judge Memorial

- . 1) League Games will begin at the following times: Games at Judge, and Summit Academy, are set a JV @ 4:00 and Varsity @ 6:00 on the stadium field. Games at RSL Academy are set for Varsity 3:30 and JV 5:30pm.
 - . Missing Juan Diego, ALA, Providence Hall's preferences
- . 2) Region Trophy to first place in regular region play.
- . 3) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.
 - 4) Game Field Locations for each school will be on campus.
- 5) All Region is decided by the coaches according to teams' finish in region. For the region first team: 1st place 5; 2nd place 4; 3rd place 3; 4th place 2; 5th place 1.
 - 6) 2nd team All-Region is decided by the coaches with 2 players per team.

GIRLS SOCCER GUIDELINES

Activity Chair: James Cordova Judge Memorial

1) League Games will begin at:

Summit Academy - Varsity - 6:00

Judge - JV @ 6:00 and Varsity @ 4:00

Providence Hall - Varsity @ 4:00 And JV at 6:00

- . Juan Diego JV @ 6:00 and Varsity @ 4:00.
- 2) Region Trophy to first place in regular region play.
- 3) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.
 - 4) Game Field Locations for each school will be on campus.
 - 5) All Region is decided by the coaches according to teams' finish in region. For the region first team: 1st place 5; 2nd place 4; 3rd place 3; 4th place 2; 5th place 1.
- 6) 2nd team All-Region is decided by the coaches with 2 players per team.

SOFTBALL GUIDELINES

Activity Chair: Jason Jupiec/Paige Roley Summit Academy Phone:801-647-6182, 509-724-3302 Email: jason.kupiec@summitacademyschools.org ppaige.roley@summitacademyschools.org

VARSITY SOFTBALL GUIDELINES

- . 1) No time limit will be used.
- . 2) Home team infield time is 15 minutes prior to game time. Visiting team infield time is 15 minutes prior to game time.
- 3) Rain-out games will be played on the next available date. Home team will call opponent and officials by 12:00 p.m. if the game is a "rain-out".
- 4) The run rule will be in effect for all region games. Explanation: If after three (3) innings a team is ahead by 15 runs or 10 runs after the 5th inning, the game will be called.
- . 5) Home team is responsible for proper chalk markings and proper field maintenance. Home team will provide two new game balls to the officials.
- . 6) Home team scorekeeper will be official scorekeeper. Scorekeeper should be an adult.
- . 7) All game times will begin at 3:30 p.m.
- . 8) Region will use the optic yellow softball and the double first base.
- . 9) Region Trophy to first place in regular region play.
- . 10) Please refer to "General Policies" in the **Region 15** Handbook for all other rules, and the UHSAA Handbook for all UHSAA rules.

JUNIOR VARSITY SOFTBALL GUIDELINES

- . 1) Junior Varsity teams may not compete in varsity tournaments without prior approval from Region 15 Chairman and the UHSAA.
- 2) The use of the six run rule except for the last inning may be used, coaches agree prior to game. Each team will decide whether or not teams will be allowed to bat their entire roster.
- . 3) Junior Varsity games have an hour and a half time limit (may be shortened).
- . 4) The Junior Varsity game will follow the Varsity game. Time limit on fields.
- . 5) No Starting Varsity player that is a senior will be eligible to play Junior Varsity, unless agreed upon before the J.V. game between the two coaches involved.

. 6) If a Junior Varsity game cannot be played after the varsity game, on the day scheduled, there is no obligation to make it up.

GAME FIELD LOCATIONS FOR EACH SCHOOL

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All Region Team Picks

1<sup>st</sup> place- 4 + MVP

2<sup>nd</sup> place- 4

3<sup>rd</sup> place- 3

4<sup>th</sup> place- 2
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SWIMMING GUIDELINES

Activity Chairman: Juan Diego

All Region meets will begin at 3:30 pm, warm ups at 3:00 pm.

- 1. Dual meets will alternate home and away by season.
- 2. Home teams have odd lanes, visiting teams have even lanes.
- 3. Dual Meets:

Referees/Starter - \$30 Stroke Judges - \$30 Scorer's Table - \$25

4. Region Championships (Officials – One from each school):

Referee - \$40 (1) Starter - \$40 (1) Stroke Judges - \$35 (5) Scorer's Table - \$25 (3) Timers- 28 (4 from each school)

- 5. Region Championship will be Saturday, January 28, 2017, 11:00am at the U of U. Entries due Thursday, January 26, 2017 by 6:00 p.m. No Times (NT) are not allowed; four entries per individual event-top 4 score, two relay entries- top relay score, scoring to sixteen (16) places.
- 6. Region Championship Meet will precede the state meet by at least ten (10) days.
- 7. Academic All Region nominees (seniors only, 3.75 Overall G.P.A. or higher) must be submitted along with the region entries.

SWIMMING SCORING and AWARDS:

Region Championships

1 Region Trophy each (Girls & Boys) 1st place (Total 2 trophies). 48 Medals each (Girls & Boys) for places 1-6 in Individual Events (Total 96 medals): 36 Medals each (Girls & Boys) for places 1-3 Relay Events (Total 72 medals): Overall combined score (boys and girls together) will be recognized, but no trophy awarded.

BOYS TENNIS GUIDELINES

Activity Chairman: Scott Platz - Judge

REGION DUAL MATCH PLAY:

- . 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions. Host coach will be responsible for contacting visiting coach by 1:30 p.m. if conditions are insufferable.
- . 2) All region dual matches will begin at 3:30 p.m.; however, coaches may agree to begin at a later time depending upon the circumstances.
- 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set.
- . 4) Varsity matches will consist of 2 out of 3 sets, 12-point tie-breaker, regular scoring.
- . 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- . 6) Players are limited to ten-minute warm-up; the warm-up does include practice serves.
- . 7) A player who is slated to play, but who arrives late; i.e., during the ten-minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at Region if other players can be assigned to available courts for that round. If a player arrives after the match he was slated to play has begun, the tardy player will default the match.
- 8) The home team will furnish 3 balls for each varsity match; a three set match will receive three new balls at the beginning or the third set.
- . 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles.
- 10) Coaching on change overs can only be part of the 90 seconds slowed. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court and coaches may not walk on the court, unless requested; between the second and third sets, the players have ten minutes, and players may leave the court. (Players are allowed to leave the court for bathroom break within a reasonable time)
- . 11) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the

UHSAA Handbook for all UHSAA rules.

. 12) Region Dual match champion will be awarded to the team based upon the team that has accrued the highest point total based upon each individual varsity match victory given one point. A dual match has the maximum point total of 5 points.

REGION TOURNAMENT PLAY:

- 1) To qualify for the Region Tournament at a particular position, a player must have played at least five varsity dual region matches. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding meeting.
- 2) Seeding of the Region Tournament will be conducted by the region head coaches prior to the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 1:00pm. the first day and the last day will start at 8:00 am. Must have a minimum of two referees/U.T.A. 268-0505.
- 3) Players who have played at the #1 or #2 singles position three or more times during region dual matches are not eligible to play at the #2 doubles position at Region Tournament.
- 4) J.V. Tournament: Schools can enter 3 singles and 2 doubles. All matches, except the finals, will be 8 game pro set 8 games with 12-point tie-breaker at 8 all. Championship matches will be 2 out of 3 sets with regular scoring.
- . 5) The first round of the Regional Tournament will be a single elimination round.
- . 6) Stacking is not permissible and could result in UHSAA sanctions. In an effort to promote fair play and wholesome team competition thereby fostering a healthy educational environment, the Utah High School Activities Association offers the following guidelines in regards to stacking:
- A. Legitimate and ethical "placing of players". Any lineup which places a better skilled player above a lesser skilled player or a better skilled doubles team above a lesser skilled doubles team is legal.
- B. Legitimate lineups according to skill ability: Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.
- Coaches should enter players at the positions which their skill dictates. Juggling or shuffling the positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury during any course of the season the next best player would move up to fill the spot vacated by the injured player. (USHAA Yearbook pg. 50)
- . 7) The region championship tournament trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:

- A. No points will be brought into the Region tournament.
- B. Region Tournament where 4 qualify for State:
- 1. 1st place 4 points
- 2. 2nd place 3 points
- 3. 3rd place 2 points
- 4. 4th place 1 point.
- C. Medals will be awarded to individual places 1-4.
- 8) No more than fourteen (14) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region, Divisional, or State Tournaments. To qualify for state a player must have played 5 of those Varsity matches at the particular position.
 - 9) All Players in Region Tournament shall wear a team uniform shirt.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

- . 1) 2 day an entry for each position, 3 singles & 2 doubles.
- 2) Pro-sets until final 2 out of 3 sets regular scoring.
- . 3) Seeds will be drawn randomly.

DIVISIONAL TOURNAMENT PLAY:

GIRLS TENNIS GUIDELINES

Activity Chairman:

REGION DUAL MATCH PLAY:

- . 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions. Host coach will be responsible for contacting visiting coach by 1:30 p.m. if conditions are insufferable.
- . 2) All region dual matches will begin at 3:30 p.m.; however, coaches may agree to begin at a later time depending upon the circumstances.
- . 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set.
- . 4) Varsity matches will consist of 2 out of 3 sets, 12-point tie-breaker, regular scoring.
- 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- . 6) Players are limited to ten-minute warm-up; the warm-up does include practice serves.
- . 7) A player who is slated to play, but who arrives late; i.e., during the ten-minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at Region if other players can be assigned to available courts for that round. If a player arrives after the match he was slated to play has begun, the tardy player will default the match.
- . 8) The home team will furnish 3 balls for each varsity match; a three set match will receive three new balls at the beginning or the third set.
- . 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles.
- . 10) Coaching on change overs can only be part of the 90 seconds slowed. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court and coaches may not walk on the court, unless requested; between the second and third sets, the players have ten minutes, and players may leave the court. (Players are allowed to leave the court for bathroom break within a reasonable time)
- . 11) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.

- . 12) Region Dual match champion will be awarded to the team based upon the team that has accrued the highest point total based upon each individual varsity match victory given one point. A dual match has the maximum point total of 5 points.
 - 13) Coaches will determine all-region selections at the end of the year.

REGION TOURNAMENT PLAY:

- . 1) To qualify for the Region Tournament at a particular position, a player must have played at least five varsity dual region matches. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding meeting.
- . 2) Seeding of the Region Tournament will be conducted by the region head coaches prior to the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 1:00pm. the first day and the last day will start at 8:00 am. Must have a minimum of two referees/U.T.A. 268-0505.
- . 3) Players who have played at the #1 or #2 singles position three or more times during region dual matches are not eligible to play at the #2 doubles position at Region Tournament.
- 4) J.V. Tournament: Schools can enter 3 singles and 2 doubles. All matches, except the finals, will be 8 game pro set 8 games with 12-point tie-breaker at 8 all. Championship matches will be 2 out of 3 sets with regular scoring.
- . 5) The first round of the Regional Tournament will be a single elimination round.
- 6) Stacking is not permissible and could result in UHSAA sanctions. In an effort to promote fair play and wholesome team competition thereby fostering a healthy educational environment, the Utah High School Activities Association offers the following guidelines in regards to stacking:
- A. Legitimate and ethical "placing of players". Any lineup which places a better skilled player above a lesser skilled player or a better skilled doubles team above a lesser skilled doubles team is legal.
- B. Legitimate lineups according to skill ability: Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.
- Coaches should enter players at the positions which their skill dictates. Juggling or shuffling the positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury during any course of the season the next best player would move up to fill the spot vacated by the injured player. (USHAA Yearbook pg. 50)
- 7) The region championship tournament trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:
- A. No points will be brought into the Region tournament.

- B. Region Tournament where 4 qualify for State:
- 1. 1st place 4 points
- 2. 2nd place 3 points
- 3. 3rd place 2 points
- 4. 4th place 1 point.
- C. Medals will be awarded to individual places 1-4.
- 8) No more than fourteen (14) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region, Divisional, or State Tournaments. To qualify for state a player must have played 5 of those Varsity matches at the particular position.
 - 9) All Players in Region Tournament shall wear a team uniform shirt.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

- . 1) 2 day an entry for each position, 3 singles & 2 doubles.
- 2) Pro-sets until final 2 out of 3 sets regular scoring.
- 3) Seeds will be drawn randomly.

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TRACK & FIELD GUIDELINES

Region Chairman: Juan Diego and American Leadership Laura Nichols:

- . 1) Track meets for boys and girls are to be conducted concurrently.
- . 2) Track meets will start at 3:30 p.m. on Wednesdays or Thursdays
- . 3) The following awards should be given. A. 1 Team Region Trophy (Boys & Girls). B. Region J.V. Meet: Certificates for the first six (6) places in individual events and first in the relays. C. Region Championship Meet: Medals for the first six (6) places in individual events, and medals to the first three (3) places in relay events. Top four (4) places at Region Championship qualify for the State meet. (Students can also qualify for the state meet at invitational meets.)
- . 4) The responsibility of deciding if a meet should be cancelled rests with the host school. Although input from the other participating schools should be obtained whenever possible, the final decision rests with the host school. The host school will phone the other participating schools and cancel the meet by 1:00 p.m.
- 5) Region Meets:

A. B.

6) Meets:

A. B. C. D. E.

Anyone qualifying for a state event cannot participate in the J.V. Region Meet. **Home** school is appointed Meet Director in charge.

Participants must be designated before running of their events. The men's and women's heats may be combined as designated by the host school. All schools are responsible for bringing their own name tags. All field events will be limited to four (4) attempts – no finals. Visiting schools will be responsible for staffing and running two (2) Field Events during the Meet.

7) Region Championship Meet:

- A. Each school shall be allowed 5 entries per school per event and one relay team per event.
- B. There will be an all-region designation given to the region champions in each event. The host school will notify the press.
- C. If not a FAT time or official distance, it is considered as "No time or no mark". All entered times and marks for the Region meet are subject to verification at the Region Seeding Meeting.
- D. The games committee and/or referee will make all decisions on any protest that may occur.
- E. Seeding meeting will be held under the direction of the host school.

- F. Top 8 times for track and top 9 for field events will advance to finals, regardless of placement in heat.
- G. Pole Vault is a non-scoring event.
- H. Host school must hire a field judge from the UHSAA who is US Track & Field certified (Covered by Region)
- I. Each school will be responsible for staffing and running one (1) Field Event for Region Championship and the J.V. Championship Meet.
- J. If the meet is postponed due to weather, the first event would not begin before 4:30 p.m.
- K. Region meet schedule will match event schedule for State Meet.
- L. To Qualify for Region Meet an athlete must compete in that specific event at at least 1 Region Meet.
- M. Region Meet will follow the State Meet schedule. Exhibition events 4x800 and 4x200
- N. Region Meet will utilize NFHS 5 team scoring
- 0. Region Meet 1 false start equals disqualification.
- . 8) Budgets:
- A. Region Championship Meet costs to be pre-approved by the Region 15 Board of Managers.
- B. Cost of J.V. Meet will be paid by the region by approval in advance.
- 9) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.

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VOLLEYBALL GUIDELINES

Activity Chairman: Jack Ballard/Jamie Benson Providence Hall: Email Jackballard@providencehall <u>Jbenson@providencehall.com</u> Phone: 801-727-2860

- 1) Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
- . 2) Region Championship trophy will be awarded to the winning team.
- . 3) The All-Region 15 Team will be selected by the coaches at the end of the season. 7 players per team. 1st team, 2nd team, honorable mention.
- 4) Official scorekeeper needs to be an adult for varsity competition. The home team and visiting team will each provide 1 ADULT line judge for varsity matches.
- . 5) Court needs to be set up one hour prior to the start time of first game.
- . 6) Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.
- . 7) Home Teams will call into newspapers.
- 8) Freshman, Sophomore, and JV will use a 5 game set up (25,25,15,15,15)
- 9) Varsity will use a 5 game set-up (25,25,25,25,15)
- . 10) No Sophomore or JV Region Tournament.
- . 11) Home team provides water for visiting team, visiting team may bring food.
- . Tiebreaker Head to Head, Sets won, Points differential, overall sets won in region 15 matches.
- . 12) 5) All Region is decided by the coaches according to teams' finish in region. For the region first team: 1st place 5; 2nd place 4; 3rd place 3; 4th place 2; 5th place 1.
- 6) 2nd team All-Region is decided by the coaches with 2 players per team.

Game Times:

Freshman 3:30, Sophomore 4:45, Junior Varsity 6:00, Varsity 7:00

- Sophomore 3:30, Freshman/Junior Varsity 4:45, Varsity 6:00

WRESTLING GUIDELINES

Chairperson: Laura Nichols American Leadership Academy Email: lnichols@americanleadership.net; Phone: 202-213-2171

All scales used in an official weigh-in will be certified annually before 1st region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of the competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region 15 Weigh-ins - 4:00 pm

JV matches - 5:00 pmVarsity matches - 6:00 pm or following J.V.

Tri meet start times- JV/Varsity run concurrent on two mats Weigh-ins- 3:00 pmFirst Match- 4:00 pmSecond Match- 5:30 pm

Third Match- 7:00 pm

- 2) **REGION VARSITY TOURNAMENT-** While it is not always possible for teams to fill every weight class during the dual team wrestling tournament series, it is expected teams will not forfeit an excessive number of weight classes, when they have wrestlers capable of wrestling at those weight classes.
- 1. Each school may enter two wrestlers per weight division.
- 2. Wrestlers will be seeded into the tournament by criteria; attempts will be made to seed six.
- 3. All rounds will be scored in the tournament.
- 4. Weigh-ins will be conducted as per state guidelines.
- 5. The seeding meeting will be under the direction of the host school with the Region Chair doing the pre-seeding. Byes will be randomly assigned to an open position for each weight.
- 6. After each Region dual, the home coach will be required to fax or e-mail the results of the Region 15 dual to the region chair for seeding purposes before their next home dual.
- 7. Each coach will be required to bring to the Region 15 seeding meeting their team's alpha-master list, eligibility list, wrestlers' names, weight, grade, and overall varsity record. This list should include all Region duals highlighted with the weight in which the wrestler competed.
- 8. Wrestlers may not change weight class after the seeding meeting without a coach's vote.
- 9. Double bonus points will be awarded to wrestlers who received byes and then win their subsequent match in the championship round only. Advancement points will be awarded to winners in the championship or consolation brackets with previous round byes.
- 10. Region Tournament Admission, Fees, and Ticketing will be followed.

- All gate money belongs to the region.
- The host school will keep all concession money.
- The region will pay tournament expenses.
- The hospitality room for coaches and officials will be subsidized by the Region 15 \$200.00. COMMUNICABLE SKIN CONDITIONS AND SKIN CHECKS
- At the Region Dual Team Tournament, the officials will conduct the skin checks at weigh-ins.
- Any wrestlers with suspect skin conditions MUST present a current, completed Wrestling SkinCondition Report at the time of weigh ins signed by a medical professional stating the condition is NOTcommunicable OR stating the wrestler had a communicable condition that is no longer communicableas of the date of the meet.
- If a designated onsite medical professional (Medical Doctor, Doctor of Osteopathic Medicine, Doctor of Chiropractic, Physician's Assistant, or Advanced Registered Nurse Practitioner) is present at the weigh ins he or she has the authority to rule on any suspect communicable skin conditions.
- This medical professional has final authority to allow, or deny, participation regardless of what is indicated on the UHSAA Skin Condition Report Form presented by the coach.
- 12. A Hospitality Room is available during the tournament for coaches and officials.
- 13. ALL matches in the state dual team tournament series will be (3) two minute periods (222), plus overtime, if needed.
- 14. Locker rooms will be available for wrestlers. ALL wrestlers should plan to shower when they arefinished wrestling for the day. This will help alleviate any concerns about wrestlers becoming ill ordeveloping a communicable skin condition from not showering. Soap & towels are NOT provided.
- 15. Seating for team personnel will be provided on the floor at Murray High school while their team iscompeting. When they are not competing all team personnel will be directed to a seating area in thebleachers.
- 16. A Dual Meet Championship Award will be awarded.
- 17. Tournament times will be set by host school.
- 18. The following criteria will be used for seeding wrestlers in Region 15 Wrestling Tournament:
 - a. Agreement among coaches who is the best wrestler (4-2 vote).
 - b. Region wins at the same weight.
 - c. Head-to-Head record in any competition.
 - d. Previous State finish in order of finish (same weight).
 - e. Common opponents

- f. Region wins.
- g. Previous State finish in order of finish (same weight)
- h. Coin Flip
- 19. Winning coaches of each region dual must send results to the region coaches by the following Monday after a dual match. Every two weeks the region chair will e-mail the results/region standings to the other region coaches.
- 20. Please refer to "General Policies" in the **Region 15** Handbook for all other **Region 15** rules, and the UHSAA Handbook for all UHSAA rules.

21.STARTING WEIGHT CLASS

- As per NFHS rules, the starting weight class will be drawn immediately before weigh ins at regional and duals. Each round will begin one weight class beyond the previous round.
- A pre-dual disk toss will determine which teams' wrestlers have the choice of position at the start of the second period and which teams' wrestlers are to report to the scorer's table first for each weight class.

TEAM TIES AT REGIONAL DUAL TEAM COMPETITION

In the event a tie score exists in a dual meet at the regional or state dual team tournament, the criteria found in the NFHS Wrestling Rule Book will be used to break the tie.

- Officials will conduct Weigh ins and will take place at Murray High School on Saturday January 14, 2017 beginning at 7:00 am.
- All schools must present the proper TrackWrestling weigh in forms at the time of weigh in, listing the wrestlers eligible to compete at the Regional and Dual Team Wrestling Tournament.
 - Meet management will keep the original forms and make copies for coaches and table workers.
- The only scale allowance given for regional dual is the 2poundgrowth allowance. 108, 115,122, 128, 134, ...
 - Platform scales must be certified (by a government agency) by November.

MUSIC

ADJUDICATION

- Adjudicators for the Festival will be selected from the approved state list. The Region 15 Music Chairperson will solicit the input of Region 15 music teachers in the selection of the adjudicators.
- 2. Two adjudicators will be used for band and orchestra, and two for choirs. One other adjudicator will be selected to judge orchestras and will be paid the current rate for one-half day only.
- 3. All adjudicators will be compensated for their time and mileage according to the current UHSAA rate. Those traveling more than three hours will be offered lodging and two meals.
- 4. The location of the Festival will be selected annually by the Region Board of Directors.
- 5. Individuals in each group (band, orchestra, and choir) will receive a certificate reflecting ratings of I- or better.
- 6. All other rules and guidelines will follow the current UHSAA Handbook.

SMALL GROUPS MUSIC FESTIVAL

- 1. Rules and guidelines of the Utah High Schools Activities Association as printed in the current UHSAA Handbook will be followed.
- 2. Entries must be submitted on the appropriate UHSAA forms. The information must be typed and signed. "FAX" copies are NOT acceptable.
- 3. Seven official categories will be recognized and judged: woodwinds, brass, strings, piano, vocal/choral, and jazz. Students wishing to perform in other categories may do so, but they will be judged by those chosen for the above-mentioned categories. Points earned in categories other than those six named will not count toward the Region Sweepstakes trophy.
- 4. The Region Music Festival Chairperson will arrange for the adjudicators each year. The chairperson will ensure that the adjudicators have access to copies of the state published bulletin, "Better Adjudication in Utah."
- 5. Additional rules for the festival include:
 - A. All school entries must confirm to UHSAA rules and guidelines.
 - B. Schools will have unlimited entries in each event.
- 6. AWARDS Students earning an I-Rating or higher will receive a certificate reflecting that rating.

LARGE GROUP MUSIC FESTIVAL

In addition to the Rules and Regulations published by the UHSAA Handbook, the following guidelines will further give directions with regard to the Large Group Music Festival:

1. The large Group Music Festival will allow students to demonstrate experiences and skills learned throughout the course of the year. Students need to be motivated in such a way as to promote the

- Festival as the culminating activity of the year.
- 2. All participating orchestras, choirs, and bands must be regular classes in the school's curriculum. Split groups of choruses will not be accepted as participants.
- 3. A total band, choir, or orchestra may not participate as a group in both Small and Large Group Festivals.
- 4. The order of performance of bands, orchestras, and choirs will be determined by the Music Chairperson two weeks prior to the Festival.
- 5. All groups are encouraged to remain at the festival throughout. Adjudication sheets will be distributed after all groups have performed.
- 6. Schools are responsible for the behavior of their own students. Please ensure that they do not disturb host school classes, etc. Much can be gained from the performance of other schools; therefore students are encouraged to be in attendance. While as a member of the audience, students may jeopardize their own school's ratings through inappropriate behavior.

Region Trophies

Baseball, Basketball, Football, Soccer, Softball, and Volleyball One Region trophy

Cross Country (Boy's & Girl's)

One Region trophy each Medals to the top 10 Varsity finishers Certificates to the top 10 JV finishers

Drama

Sweepstakes - 1st & 2nd place region trophy and a 3rd place certificate will be awarded.

Plaques for one-act plays – 1st-3rd place

Medals to the top three places in individual events. A plaque given for Best Actor & Actress, Best Supporting Actor & Actress, Best Character Actor & Actress, and Best Ensemble

Drill

One Region trophy

First thru Fourth Place Plaques in each category – military, prop, novelty

Three Drill Down medals for places 1-4. Certificates for All-Region team/individuals and Academic All-Region team/individuals

Debate/Forensics

One Region Trophy

The following medals will be awarded:

Public Forum – 10; LD – 6; Policy – 10; National Extemp. – 6; Foreign Extemp. – 6; Oratory – 6; Impromptu –

6; Congress – 6. 10 blank Superior medals in case of ties.

Golf (Boys & Girl's)

1 Region Trophy each 10 Medals for 10 Low Medalists

Music – Instrumental

Certificates supplied by the Region will be awarded for all "Superior" ratings at all festivals. Additional

Certificates/Awards may be presented to outstanding groups, sections, or individuals at the discretion of the festival adjudicators.

Music – Vocal Certificates will be given for all ratings in all festivals. Training

Choirs will be given a certificate of participation.

Swimming (Boy's & Girl's) 1 Region trophy each

48 Medals each (boys & girls) for Places 1-6 in Individual Events (Total 96 medals w/Lanyards)

50, 100, 200, 500 yd. Free Style 200 yd. Ind. Med., 100 yd. backstroke, 100 yd. butterfly, 100 yd. breast stroke

12 Medals each (boys & girls) for 1st Place Relays (Total 24 medals w/Lanyards)

200 yd. Med. Relay, 200 & 400 yd. Free Relay

Tennis (Boy's & Girl's)

One Region trophy each

Medals – 1st, 2nd, 3rd, singles. 1st & 2nd doubles. Four deep in each.

Track (Boy's & Girl's)

1 Region Trophy

All-Region Awards – top 3 in the event get the All-Region Certificate for the teams

Medals for the first six (6) places in individual events, and medals to the first three (3) places in relay events.

Wrestling

One Region trophy

Medals will be awarded to the top 6 place winners in each weight classification.

A plaque to award winners in the upper and lower weight classes must be funded by the schools.