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2023-2024

GENERAL GUIDELINES

Region policy supersedes individual sport/activity guidelines. UHSAA policy supersedes Region Policy. (find updated UHSAA Handbook at <http://uhsaa.org/Publications/Handbook/Handbook.pdf>)

It is the responsibility of all principals, coaches, moderators, and participants to become thoroughly familiar with these regulations.

1. Admission Fees and Tickets

Tickets will be sold at Varsity Football and all levels of Basketball, Volleyball and Region Drill.

- A. \$7 visiting high school students with activity cards and other school-age children.
- B. \$7 adults and high school students without an activity card.
- C. Individual schools may sell season tickets and/or family passes at their own discretion. For only their home games.
- D. Schools have the option of issuing season passes to home games only at a discounted price.
- E. Region II home games are free to home students with activity cards (pre-season games are up to each school).
- F. Free to holders of Region II and UHSAA passes only.
- G. Free to senior citizens (62 or over).
- H. Free to cheerleaders
- I. Student body and class officers in sweaters with SBO pass
- J. Free to children under five years of age, accompanied by a parent.
- K. Tickets will be sold at varsity football games at 6:00 p.m. and boys & girls varsity basketball no earlier than 3:00 pm. Hand stamps should be used for those requiring reentry.
- L. Tickets will be sold throughout the 3rd quarter. No one will be admitted without a ticket or a pass.

2. Supervision of Region Activities, Tournaments and Meets

- A. Any school hosting a Region II tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.
- B. The host school must have two school administrators at home varsity football and boys' varsity basketball games. Visiting team must have one administrator at away varsity football, boys' and girls' varsity basketball games and one administrator at boys' and girls' varsity soccer games. Schools will provide a school resource officer at home and away football games, home boys' and girls' basketball, away boys' basketball. It is recommended that an administrator be present at all activities, where possible. Supervising administrators are to meet prior to the game and work out supervisory details. They are also to stay following the end of the event until the crowds have dispersed and the visiting team is on the bus.
- C. It is the responsibility of the chairman of each individual activity to see that Region II tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host administrator regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.
- D. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.
- E. No sitting on the front row or standing on the floor in basketball.

- F. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate pep clubs as well as the general student body.
- G. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the Region II Board of Managers will take restrictive action against the offending school.

3. Accommodations for Visiting Teams

Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and chalkboards. Towels will not be furnished to visiting teams by the host school. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach will check facilities prior to departure. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designated rep. LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.

Visiting teams can communicate via home AD concerning availability of power sources, hook-ups and equipment options for visiting filming and media. No electronic speakers/sound/music broadcast to stands from the visiting team.

Visiting teams are encouraged to bring pre packaged meals. Accommodations for buffet style meals will not be available to the visiting team.

4. Rules for Region II Tournaments

All Region II tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the Region II Board of Managers for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the Region II Board of Managers, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region II Activities

A. Bands & Drums:

- a. A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters, and half-times only. An advisor must always be present if a band is to perform
- b. Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after a basket.

B. Students Body Officers:

- a. Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Student Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

- a. Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.
- b. Cheerleaders will attend both home and away football games and all home boys and girls basketball games. Individual school discretion for all other events.
- c. All stunts and pyramids must be in accordance with risk management policies.

- d. Only high school students in uniform are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal.
- e. Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.
- f. Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- g. Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities."
- h. No electronic cheering methods will be allowed. No electronic speakers/sound/music from the visiting team.
- i. A supervisor must be present when cheerleaders perform.
- j. The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.
- k. Only the home school will be allowed to stunt during high school activities.

D. Pre-game, Half-time, and Post-Game Activities:

- a. The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.
- b. All activities should come to a halt immediately when the flag ceremony begins. Head-gear should be removed. Activity should remain suspended until the flag ceremony is over. Starting lineups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.
- c. **The announcer should call everyone to attention as the flag enters.**
- d. **The announcer should be objective and impartial announcing a game.**
- e. Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.
- f. Basketball half-time: Maximum of seven minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.
- g. The host school pep club or drill team may use pom-poms if the floor is swept after each use, or at the earliest convenient time.
- h. A supervisor must be present when student groups perform.
- i. Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands.
 - i. Visiting teams will leave the field or floor immediately after the game ends.
 - ii. Visiting teams (basketball) will leave the team locker room within 20 minutes after the game ends.
 - iii. Visiting teams (football) will leave the team locker room at halftime with gear in preparation to leave the stadium immediately following the game. Administrators must escort the team to the bus.
- j. No gum, sunflower seeds, portable heaters, or sugar drinks will be allowed on turf fields.
- k. Any senior recognition cannot delay the start of the game.
- l. There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

- a. Sportsmanship Announcer Statement (To be read prior to every Region event)
 - i. ***"Ladies and gentlemen, welcome to (home high school) for tonight's/today's athletic contest. We welcome our guests from (visiting high school) and wish all players good luck in tonight's/today's game. Both schools are members of the Utah High School Activities Association and support the statewide sportsmanship program Raise-the-Bar. Sportsmanship does matter and we ask for your support in demonstrating respect for the game and all participants by refraining from negative cheers, chants, or behavior. Do Rowdy Right."***
 - ii. Encourage student groups to initiate sportsmanlike activities during the season.

- iii. Other than authorized spirit groups (cheerleaders, pep club, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. The exception exists for organized activities to increase student participation. (Until the visiting team exits the floor/field).
- iv. The throwing of any objects, including confetti cannons, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- v. Visiting schools are not to conduct any type of post-game activities.
- vi. The use of negative or insulting chants is not to be used.
- vii. For reasons of student safety and I.D. purposes, students will not be allowed to have any body paint on any area of the body except on the face. All other body painting is prohibited. The school administration is responsible to enforce this rule.
- viii. All laser pens are prohibited.
- ix. No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- x. A sign of a positive nature on the football field at halftime for the home teams to run though will be allowed.
- xi. All banners will be used by the Cheerleaders only.
- xii. No spectator banners, signs, or spirit sticks will be allowed by visiting teams, with the only exception being banners used to honor seniors on senior night to be put away when the game begins. Visiting teams shall not hang banners at off-site venues nor bring spirit sticks to visiting venues.
- xiii. Each school may have one School Banner at the Region II Championship Meet. The maximum size for this banner being 5'X 8'. No other signs or banners will be allowed at Region site.
- xiv. "Region II Spectator Support Items" – Refer to the UHSAA Handbook pg 55 (under Information – Spectator Support Items).

In the chart below, ONLY those items marked "Y" will be allowed as support items at UHSAA state tournaments and meets. Region II schools follow these regulations during preseason, regular season, and in Region Tournaments. Sportsmanlike vocal cheering and support from all participants are always encouraged.

LEGEND:

BB -Baseball **DR** -Drill Team **LAX** -Lacrosse **SW** -Swimming **VB** -Volleyball
BSK -Basketball **FB** -Football **SC** -Soccer **TE** -Tennis **WR** -Wrestling
CC -Cross Country **GO** -Golf **SB** -Softball **TR** -Track & Field

	BB	BSK	CC	DR	FB	GO	LAX	SC	SB	SW	TE	TR	VB	WR
Practice or competition at state site 2 weeks prior	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO	YES
Balloons	YES	NO	YES	NO	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Poms	YES	YES	YES	YES	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Megaphones (non-electronic)	YES	NO	YES	NO	YES	NO	YES	YES	YES	NO	NO	YES	NO	NO
School bands (including drums)	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Shirts on fans; spectator faces must be identifiable	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Recorded music over PA system by approval only	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Rally towels	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES

Artificial noisemakers (shakers, clickers, bells, cowbells, buzzers, thunder sticks, drums)	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Air horns, sirens, electronic bull horns, horns, vuvuzelas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners on the wall except for welcome or corporate sponsor	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Handheld signs of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cannons/muskets, whistles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Drones	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Confetti/shredded paper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners for teams to run Through	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Laser light/pointer	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Miniature sports balls thrown into crowd	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

7. Events Schedules

- A. All-Region II regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent and Board of Managers approval at all levels, including varsity, junior varsity, and sophomore, may result in a fine, \$500, and forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools (recommend pre-season game agreement including the absence of teams.)
- B. Both principals are to agree to the change before a change will be sent to the Board of Managers for approval. If the Board of Managers agrees on a change of time and date of an activity, the host school must notify the arbiter of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.
- C. All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

8. Miscellaneous

- A. Awards are to be given according to the published Region II format. No additional awards will be allowed unless pre-approved by the Board of Managers.
- B. All personnel on the sidelines will be required to wear a Region II sideline pass at all games which will be monitored, distributed, and controlled by the host school administration or police officers. No one under the age of 14 will be allowed on the sideline of football games, as per state risk policy.

9. Game starting times and participant regulations

No sports activity may begin before 3:30 p.m. unless approved by the Board of Managers. However, varsity football may not start before 4:00 p.m. until Daylight Savings ends. Thereafter, games may start at 3:30 p.m.

10. PROCEDURE for BREAKING TIES for STANDING

- A. State Tournament placing is set by RPI Standings.
- B. **Region Champions are based on region win/loss records. Teams winning the region with identical records will be co-champions.**

11. Moratorium

A fine to be determined by the Board of Managers, which is paid by the coach, may be assessed to the coach of any team that is in violation of the designated days for moratorium of practice and play. This is in addition to the UHSAA sanctions. All sports will observe the following moratoriums: June 28- July 4, 2023, November 23rd - November 26th, 2023, and December 21st -25th, 2023, and January 1, 2024. Additional sport specific moratoriums are listed under Guidelines and Schedule for those sports.

12. Fine for Violations

A fine may be assessed for a violation of region rules as determined by the Region II Board of Managers.

13. Seeding meetings or other meetings

Any expenses that are expected to be paid by Region II should be pre-approved by the Board of Managers.

14. Eligibility

Eligibility rules for Region II will be determined by the Utah High School Activities Association By-Laws:

To participate in any UHSAA Region III or state interscholastic competition, an individual must be a full-time student in the school he/she has established eligibility for. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region II activities in the succeeding grading period. Incompletes and/or no grades are computed as F's for eligibility. Student eligibility will be determined 5 school days after the end of the term.

No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with varsity, junior varsity, sophomore, or freshman teams.

The word represent shall be defined below. Any violator of the Scholastic Eligibility By-laws shall not:

- a. be in uniform on competition night;
- b. warm-up with the team;
- c. be introduced as a member of the team.

The above student/participant may, however, continue to practice with his/her team upon approval of the school administration.

- a. Student eligibility will be determined 5 school days after the end of the term.
- b. An incomplete and/or no grade is considered a failure until it is made up.
- c. A student enters upon high school work when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.
- d. For the purpose of fall sports eligibility, classes taken during the summer do not constitute the previous term.

15. Coaches

Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the principal to direct the coaching staff to be examples of good sportsmanship at all times.

Coaches are not to exert undue influence on officials before, during or after any contest. Any complaints or protests are to be made through the principal of the school.

Fall Coaching Credentials are due NO LATER than August 9, 2023

Winter Coaching Credentials are due NO LATER than November 15, 2023

Spring Coaching Credentials are due NO LATER than March 6, 2023

16. Number of Games

Teams which exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from the record and one loss may be added. Other sanctions may be taken by the Region II Board of Managers.

17. Duties of Region Chairpersons

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all Region II competitions and tournaments of respective activity.
- C. Select and honor respective All-Region II teams where applicable and input names into google sheet for Board of Managers to access.
- D. Be direct liaison to Region II Board of Managers.
- E. Be responsible for all awards, trophies, medals, etc., pertinent to respective activity.
- F. The all Region II teams should be selected by the coaches within two weeks of the conclusion of the activity where applicable.
- G. Activity chairpersons organize a time and location that coaches meet to select their all Region II teams.

18. Undue influence rule, violation

- A. If there is clear evidence that a coach has violated Article 1, Section 9 of the UHSAA bylaws or interpretations he/she will appear before the Region II Board of Managers and may be under the direction of the UHSAA to receive any or all of the following for the first violation:
 - a. A letter of reprimand.
 - b. Suspension
 - c. Fine
- B. If it is determined a coach has violated the undue influence rule a second time, the coach may be suspended a minimum of three contests or one-half of the remaining Region II schedule (whichever is greater).
- C. A third violation may mean suspension for the remainder of the current season.

19. Penalties

Upon having knowledge of an infraction of a rule or policy Region II may initiate action in accordance with UHSAA policies.

20. Region Finances

Expenses for Region activities and competitions can be reimbursed from Region funds by submitting a reimbursement request to Janice Johnson, financial secretary at Bingham High School. Receipts for expenditures should be included with the form. Forms should be signed by the School Principal as well as the Region II Chairman and submitted no later than 30 days from the end of the event to:

Janice Johnson
Region II
Bingham High School
2160 W 10400 S
South Jordan, Utah 84095

UHSAA TENTATIVE STATE EVENTS CALENDAR

The UHSAA tentative calendar of state events can be located on their website.

Trophies and Awards

Academic All-Region	Any SENIOR/VARSITY participant with a cumulative GPA 3.75 or higher. Lower levels will be recognized at local school discretion.
Baseball	One region trophy
Basketball, Boys & Girls	One region trophy each
Cross Country	One region-meet trophy each, medals for places 1-7 Varsity, ribbons for places 8-14
Drama	Six (6) 4x6 Plaques-Outstanding Performance in Region One-Act plays- decided by the three (3) Festival Play Judges One hundred and twenty (120) Superior Individual Medals (awarded to Straight Superiors and medals round participants only). 1 st , 2 nd , 3 rd Place IE's divided in the following way: (3 of each) 1 st , 2 nd , 3 rd Place Classical Scenes (9 total) (3 of each) 1 st , 2 nd , 3 rd Place Contemporary Scenes (9 total) (1 of each) 1 st , 2 nd , 3 rd Place Humorous Monologue (3 total) (1 of each) 1 st , 2 nd , 3 rd Place Dramatic Monologue (3 total) (2 of each) 1 st , 2 nd , 3 rd Place Pantomime (6 total) (4 of each) 1 st , 2 nd , 3 rd Place Musical Theatre (12 total) 3 Plaques for Plays- 1 st , 2 nd , 3 rd Place Region 4 Plays 3 Trophies for Sweepstakes Awards (1 st Place Region 3 Drama, 2 nd Place Region 3 Drama, 3 rd Place Region 3 Drama)
Drill Team	One region trophy, plaques-1 st and 2 nd place in each category: dance, military, and show, Three drill down medals for top three finishers
Football	One region trophy
Forensics/Debate	Medals: 1st thru 3rd place medallions will be awarded to participants, and the Utah High School Association will pay for those.
Golf, Boys & Girls	One region trophy each, 10 Medals for 10 low medalists
Lacrosse, Boys & Girls	One region trophy each
Music	Certificates for Superior (I) Ratings in Orchestral, Large Choir, Madrigals, Solo & Ensemble, and Jazz Band Festivals. Certificates for all participating bands according to a rating in Region Marching Band competition.
Soccer, Boys & Girls	One region trophy each
Softball	One region trophy
Swimming, Boys & Girls	One region Trophy each, Medals for places 1 st - 6 th individual (8 events) and top 3 relays teams (3 events)
Tennis, Boys & Girls	One region trophy each, 24 medals: 1st-4th places in 5 categories: 1 st , 2 nd , and 3 rd singles and 1st and 2nd doubles
Track, Boys & Girls	One region trophy each, medals for places 1 st -6 th individual (13½ events) and top 3 relay teams (3 events)
Volleyball, Boys and Girls	One region trophy each
Wrestling, Boys & Girls	One region trophy each

Region II Chairs

Region II Chairman	Name	Email	Phone Number
Region Chair	Rodney Shaw B	rodney.shaw@jordandistrict.org	801-557-7961
ADEC	Andee Bouwhuis B	andrea.bouwhuis@jordandistrict.org	801-256-5100
Baseball	John Vincent H	john.vincent@jordandistrict.org	801-567-8530
Boys' Basketball	Andrew Blanchard H	andrew.blanchard@jordandistrict.org	801-815-0102
Girls' Basketball	Vae Toilolo	vaega.toilolo@jordandistrict.org	808-256-5845
Cross Country	Rufine Einzinger CH	rufine.einzinger@jordandistrict.org	801-256-5300
Drill Team	Jentry Johnson HH	jentry.johnson@jordandistrict.org	801-412-1700
Drama	Julianna Wing CH	Julianna.wing@jordandistrict.org	801-722-4926
Football	Art Erickson B	arthur.erickson@jordandistrict.org	801-815-6435
Forensics	Michelle Putnam B	michelle.putnam@jordandistrict.org	801-256-5100
Golf-Boys	Dave Barrett CC	david.barrett@canyonsdistrict.org	801-826-6400
Golf-Girls	Brady Bartholomew R	brady.bartholomew2@jordandistrict.org	801-256-5819
Music, Instrumental	Janilee Mullen (Taylor)R	janilee.mullen@jordandistrict.org	801-201-8914
Music, Vocal	Janilee Mullen (Taylor)R	janilee.mullen@jordandistrict.org	801-201-8914
Boys Soccer	Sterling Hunt CH	sterling.hunt@jordandistrict.org	801-888-5445
Girls Soccer	Kevin Barton MR	kevin.barton@jordandistrict.org	801-412-1700
Softball	Mike Farnsworth CH	michael.farnsworth@jordandistrict.org	801-256-5100
Swimming	Jordan Denos CC	jordan.denos@canyonsdistrict.org	801-826-6400
Boys Tennis	Taylor Anderson CC	taylor.anderson@canyonsdistrict.org	
Girls Tennis	Taylor Anderson CC	taylor.anderson@canyonsdistrict.org	
Track	Glen Varga R	glen.varga@jordandistrict.org	801-870-8474
Girls Volleyball	Misty Jolley CC	misty.jolley@canyonsdistrict.org	801-826-6400
Boys Wrestling	Curtis Hagen MR	curtis.hagen@jordandistrict.org	801-412-1700
Girls Wrestling	Tom Gatten MR	thomas.gatten@jordandistrict.org	801-412-1700
Boys Lacrosse	Chris Titus HH	christopher.titus@jordandistrict.org	801-567-8534
Girls Lacrosse	Jordan Denos CC	jordan.denos@canyonsdistrict.org	801-826-6400
E-Sports	Mark Halliday CH	mark.halliday@jordandistrict.org	801-256-5328
Cheer	Todd Quarnberg HH	Todd.quarnberg@jordandistrict.org	801-256-8571
Boys Volleyball	Sally Wilde B	sally.wilde@jordandistrict.org	801-756-8755

BINGHAM	Name	Email	Office Phone	Cell Phone
Principal	Rodney Shaw	rodney.shaw@jordandistrict.org	801-256-5101	801-557-7961
Asst. Principal	Art Erickson	arthur.erickson@jordandistrict.org	801-256-5100	801-815-6435
Asst Principal	Sally Wilde	sally.wilde@jordandistrict.org	801-256-5117	801-7551032
Asst. Principal	Michelle Putnam	michelle.putnam@jordandistrict.org	801-256-5116	801-915+-0143
Asst. Principal	Vaega Toilolo	vaega.toilolo@jordandistrict.org	801-256-5163	808-256-5845
Secretary	Loma Ling	loma.ling@jordandistrict.org	801-256-5104	
Athletic Director	Andee Bouwhuis	andrea.bouwhuis@jordandistrict.org	801-256-4198	801-414-6465
Baseball	Joel Sato	joe.sato@jordandistrict.org	801-256-4166	801-842-6150
Boys' Basketball	Kyle Straatman	kyle.straatman@jordandistrict.org	801-256-4167	801-995-8454
Girls' Basketball	Skyler Beard	skyler.beard@jordandistrict.org	801-256-4149	208-412-4079
Cheerleading	Amber Thomas	amber.thomas@jordandistrict.org	801-256-4176	801-597-2138
Cross Country	Vance Brown	vance.brown@jordandistrict.org	801-256-4158	801-870-8830
Drill Team	Erika Cox	ecox_dancer@comcast.net	NA	801-971-7646
Drama	Dave Martin	david.martin@jordandistrict.org	801-256-5100	
Football	Eric Jones	eric.jones@jordandistrict.org	801-256-4138	801-834-3959
Forensics	Victoria Riggins	victoria.roggin@jordandistrict.org	NA	
Golf-Boys	Sterling Jack	sterling@sterlingjack.com	NA	801-573-8777
Golf-Girls	Brett Boberg	brett.boberg@jordandistrict.org	801-256-5100	801-696-5889
Music, Instrumental	Darin Graber	darin.graber@jordandistrict.org	801-256-5176	
Music, Vocal	Landon Bingham	landon.bingham@jordandistrict.org	801-256-5100	
Boys Soccer	Leo Gonzalez	leo.gonzalez00@gmail.com	NA	801-637-0081
Girls Soccer	Tennille Vance	tennillevance@gmail.com	NA	801-694-3981
Softball	Mikki Jackson	mikki.jackson@jordandistrict.org	801-256-4175	801-205-6362
Swimming	Clint Sorensen	clsorens@cisco.com	NA	801-641-8793
Boys Tennis	Lorin Brown	lorinbrown21@gmail.com	NA	801-554-2221
Girls Tennis	Mark Smith	marksmith22@gmail.com	NA	801-259-7707
Track	Vance Brown	vance.brown@jordandistrict.org	801-256-5100	801-928-6586
Volleyball	Reed Carlson	reed@clubvsports.com	NA	801-635-5459
Boys Wrestling	Matt Walker	matthew.walker@jordandistrict.org	801-256-4181	801-884-8973
Girls Wrestling	Vidal Salas	salasvidal111@gmail.com	NA	435-813-8055
Boys Lacrosse	Brett Everill	brett.everill@jordandistrict.org	NA	801-440-2906
Girls Lacrosse	Courtney McC...	courtney.mccabe@jordandistrict.org	NA	208-407-2456
Boys Volleyball	JT Thomas	itsjt2@hotmail.com	NA	801-440-0724

Copper Hills	Name	Email	Phone Number	Cell Phone
Principal	Rae Garrison	rae.garrison@jordandistrict.org	801-256-5301	801-718-0513
Asst. Principal	Mike Farnsworth	michael.farnsworth@jordandistrict.org	801-256-5389	801-831-4808
Asst. Principal	Sterling Hunt	sterling.hunt@jordandistrict.org	801-256-5316	801-888-5445
Asst Principal	Rufine Einzinger	rufine.einzinger@jordandistrict.org	801-256-5315	801-230-5960
Asst. Principal	Mark Halliday	mark.halliday@jordandistrict.org	801-256-5328	801-209-8590
Asst. Principal	Julianna Wing	julianna.wing@jordandistrict.org	801-256-5313	801-722-4926
Asst. Principal	Katelyn Jenson	katelyn.jenson@jordandistrict.org	801-256-5371	801-836-5043
Secretary	Nancy Bolduc	nancy.bolduc@jordandistrict.org	801-256-5304	801-201-0414
Athletic Director	Ben Morley	benjamin.morley@jordandistrict.org	801-256-5332	801-300-6206
Athletic Secretary	Shannon Perry	shannon.perry@jordandistrict.org	801-256-5335	385-401-8915
Baseball	Brady Mantle	brady.mantle@jordandistrict.org	801-256-5300	801-712-1733
Boys' Basketball	John Watkins	john.watkins@jordandistrict.org	801-256-5300	801-836-4121
Girls' Basketball	Jake Timpson	jacob.timpson@jordandistrict.org	801-256-5300	801-718-5415
Cheerleading	June Pham	nhijune.pham@jordandistrict.org	N/A	801-808-1202
Cross Country	Garth Rushforth	garth.rushforth@jordandistrict.org	801-253-5300	801-803-3602
Drill Team	Megan Southwick	megan.southwick@jordandistrict.org		
Drama	Jordan Morrell	jordan.morrell@jordandistrict.org	801-256-5300	801-597-5971
e-Sports	Preston Childers	preston.childers@jordandistrict.org	801-256-5300	
Football	Corey Dodds	corey.dodds@jordandistrict.org	801-256-5300	801-882-4061
Forensics			801-256-5300	385-231-6399
Golf-Boys	John Watkins	john.watkins@jordandistrict.org	801-256-5300	801-836-4121
Golf-Girls	Jack Lambert	jack.lambert@jordandistrict.org	801-256-5300	
Music, Instrumental			801-256-5300	915-474-2011
Music, Vocal	Marc Taylor	marc.taylor@jordandistrict.org	801-256-5300	801-651-3639
Boys Soccer	Sean Terry	sean.terry@jordandistrict.org	N/A	801-502-5152
Girls Soccer	Justin Hendrix	justin.hendrix@jordandistrict.org	801-256-5300	801-472-4143
Softball	John Flores	jdflores@usbr.gov	N/A	801-755-2140
Swimming	Markie Harper	markie.harper@jordandistrict.org	801-256-5300	801-231-6503
Boys Tennis	Eddie Moura	eddie.moura@jordandistrict.org	N/A	801-244-1946
Girls Tennis	Kate Hendrickson	kate.hendrickson@jordandistrict.org	N/A	801-244-1946
Track	Garth Rushforth	garth.rushforth@jordandistrict.org	801-256-5300	801-803-3602
Girls Volleyball	Kylie Bussell	kylie.bussell@jordandistrict.org	N/A	801-244-8983
Boys Volleyball	Mariah Brown	mariah.brown@jordandistrict.org		
Boys Wrestling	Jeff Humpherys	humpherys1987@outlook.com	N/A	801-870-3418
Girls Wrestling	Scott Pace	scott.pace@jordandistrict.org		
Boys Lacrosse	Shawn Lovell	shawn.lovell@jordandistrict.org	N/A	801-514-7369
Girls Lacrosse	Karli Auelua	karli.aelua@jordandistrict.org	801-256-5300	358-315-4008

Corner Canyon	Name	Email	Phone
Principal	Dina Kohler	dina.kohler@canyonsdistrict.org	801-809-4555
Secretary	Kathy Hilton	kathleen.hilton@canyonsdistrict.org	801-631-5192
Asst. Principal	David Barrett	david.barrett@canyonsdistrict.org	801-556-2141
Asst. Principal	Taylor Anderson	taylor.anderson@canyonsdistrict.org	801-725-9969
Asst. Principal	Jordan Denos	jordan.denos@canyonsdistrict.org	307-260-3028
Asst. Principal	Misty Jolley	misty.jolley@canyonsdistrict.org	801-884-3998
Athletic Director	Pat Thurman	patrick.thurman@canyonsdistrict.org	801-558-2687
Athletic Trainer	McKenna Booth, Shae Meek	mckennabooth@gmail.com	801-419-6949 208-809-8305
Baseball	Jeff Eure	jeffery.eure@canyonsdistrict.org	801-425-8419
Basketball, boys	Dan Lunt	dan.lunt@canyonsdistrict.org	801-592-4459
Basketball, girls	Craig Morris	craig.morris@canyonsdistrict.org	801-419-5401
Cheer	Whitney Lunt	whitney.lunt@canyonsdistrict.org	385-208-9235
Cross Country	Devin Moody	devin.moody@canyonsdistrict.org	801-822-4490
Drill	Brittany Nordhoff, Darby Jones	cornercanyondrillteam@gmail.com	801-580-2143 801-787-4123
Football	Eric Kjar	eric.kjar@canyonsdistrict.org	801-824-4506
Forensics	Jeremy Acker	Jeremy.acker@canyonsdistrict.org	801-712-2511
Golf, boys	Derek Fox	derek@impactgolfcenter.com	801-232-7672
Golf, girls	Lexi Gagon	alexis.gagon@canyonsdistrict.org	801-662-8745
Lacrosse, boys	Aaron Ika	aaron.ika@canyonsdistrict.org	801-808-3691
Lacrosse, girls	Matthew Kenning	makenning@gmail.com	801-557-8896
Music, instrumental	Randal Clark	randal.clark@canyonsdistrict.org	801-826-6400
Music, vocal	Melissa Thorne	melissa.thorne@canyonsdistrict.org	801-319-2614
Soccer, boys	Drew Van Wagenen	andrew.vanwagenen@canyonsdistic.org	503-530-9521
Soccer, girls	Fodé Doumbia	fode.doumbia@canyonsdistrict.org	801-520-9167
Softball	Todd Thompson	toddtthompson@hotmail.com	801-971-2696
Swimming	Sheridyn Cook	sher.cam84@gmail.com	385-414-3970
Tennis, boys	Allison Rideout	alliride96@gmail.com	801-664-6537
Tennis, girls	Allison Rideout	alliride96@gmail.com	801-664-6537
Theatre	Phaidra Atkinson	phaidra.atkinson@canyonsdistrict.org	801-826-6400
Track	Devin Moody	devin.moody@canyonsdistrict.org	801-822-4490
Volleyball, boys	Michael Burke	mikerburke@gmail.com	801-592-2904
Wrestling, boys	Jeff Eure	jeffery.eure@canyonsdistrict.org	801-425-8419
Wrestling, girls	John Fager	john.fager@canyonsdistrict.org	801-651-4874



Mountain Ridge High School	Head Coach	Email	Phone Number
Principal	Mike Kochevar	michael.kochevar@jordandistrict.org	801-554-8053
Athletic Admin	Curtis Hagan	curtis.hagen@jordandistrict.org	801-673-3388
Athletic Director	Sam Rogers	samuel.rogers@jordandistrict.org	801-809-4047
Baseball	Brock Whitney	brock.whitney@jordandistrict.org	801-230-6510
Basketball (B)	Scott Briggs	scott.briggs@jordandistrict.org	801-381-3009
Basketball (G)	Kenzie Newton	mckenzie.newton@jordandistrict.org	801-631-7708
Cross Country	James Barnes	james.barnes@jordandistrict.org	801-550-4008
Drill Team	Blaikley Lever	Blaikley.lever@jordandistrict.org	801-707-8878
Football	Mike Meifu	mikel.meifu@jordandistrict.org	801-718-9246
Golf (G)	Liz Conry	elizabeth.conry@jordandistrict.org	314-304-0862
Golf (B)	Ryan Avila	ryan.avila@jordandistrict.org	818-632-1965
Lacrosse (G)	Angie Brescia	angie.maughan@jordandistrict.org	385-377-2786
Lacrosse (B)	Trent Bangert	trent.bangert@jordandistrict.org	801-910-4751
Soccer (G)	Mark Osborne	mark.osborne@jordandistrict.org	801-688-3436
Soccer (B)	Eric Arthur	eric.arthur@jordandistrict.org	801-879-3357
Softball	Andre Ashton	andre.ashton@jordandistrict.org	801-792-7203
Swimming & Diving	Kathrine Crenshaw	kmgcrenshaw@gmail.com	801-494-4540
Tennis (G)	Preston Gardner	preston.gardner@jordandistrict.org	801-651-0338
Tennis (B)	Parker Hansen	parker.hansen@jordandistrict.org	
Track & Field	James Barnes	james.barnes@jordandistrict.org	801-550-4008
Girls Volleyball	Bryan Nicholson	bryan.nicholson@jordandistrict.org	801-884-6149
Boys Volleyball	David Johnston	david.johnston@jordandistrict.org	435-668-7426
Wrestling (B)	Mitch Stevens	mitchell.stevens@jordandistrict.org	435-219-9964
Wrestling (G)	Brandon Birch	brandon.birch@jordandistrict.org	801-910-6661
Drama	Sydney Southwick	sydneysouthwick@jordandistrict.org	
Music Instrumental	Cris Styles	christopher.styles@jordandistrict.org	714-3626805
Music Vocal	Kelly Dehaan	kelly.dehaan@jordandistrict.org	801-214-0607
Cheer	Katie Jensen	ktjensen88@gmail.com	801-696-9803



Herriman High School	Name	Email	Phone Number
Principal	Todd Quarnberg	todd.quarnberg@jordandistrict.org	801-567-8570
Asst. Principal	Jentry Johnson	jentry.johnson@jordandistrict.org	501-567-8574
Asst Principal	Andrew Blanchard	andrew.blanchard@jordandistrict.org	801-815-0102
Asst. Principal	Chris Titus	christopher.titus@jordandistrict.org	801-567-8534
Asst. Principal	John Vincent	john.vincent@jordandistrict.org	801-567-8532
Asst. Principal	Brittnee Eng	brittnee.eng@jordandistrict.org	801-567-8544
Secretary	LouAnn Burnett	louann.burnett@jordandistrict.org	801-567-8571
Athletic Director	Brad Tingey	brad.tingey@jordandistrict.org	801-819-4088
Athletic Secretary	Laurel Bigler	laurel.bigler@jordandistrict.org	801-979-4349
Baseball	Dave Carter	david.carter@jordandistrict.org	801-368-6790
Boys' Basketball	Doug Meachum	doug.meachum@jordandistrict.org	801-602-9927
Girls' Basketball	Kent Smith	kent.smith@jordandistrict.org	801-567-7241
Cheerleading	Sarah Oborn	sarah.oborn@jordandistrict.org	801-694-3899
Cross Country	Doug Soles	doug.soles@jordandistrict.org	(951) 326-6992
Drill Team	Taylor Tebbs	Taytebbs@gmail.com	801-661-3772
Drama	KayCee DeYoung	kaycee.deyoung@jordandistrict.org	801-567-7257
Football	Dustin Pearce	dustin.pearce@jordandistrict.org	801-567-7218
Forensics	Tanner Latham	tanner.latham@jordandistrict.org	801-567-8530
Golf-Boys	Jeff Price	jeffrey.price@jordandistrict.org	801-567-7296
Golf-Girls	Jeff Price	jeffrey.price@jordandistrict.org	801-567-7296
Music, Instrumental	Raymon Hernandez	raymond.hernandez@jordandistrict.org	801-567-7201
Music, Vocal	Andrew Howden	andrew.howden@jordandistrict.org	801-567-7200
Boys Soccer	Marcello Gasperini	mpgasperini@gmail.com	(801) 580-0050
Girls Soccer	Ryan Rumfallo	coachrumfallo@yahoo.com	801-755-6725
Softball	Heidi McKissick	heidi.mckissick@jordandistrict.org	801-567-7204
Swimming	Steve Leeper	stevieleep@gmail.com	(801) 673-7170
Boys Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-567-7242
Girls Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-567-7242
Track	Doug Soles	doug.soles@jordandistrict.org	(951) 326-6992
Girls Volleyball	Austin Linford	austin@linford.net	801-205-6548
Boys Volleyball	Austin Linford	austin@linford.net	801-205-6548
Boys Wrestling	Rad Martinez	martinez-133@hotmail.com	801-598-8491
Girls Wrestling	Josh Tibbs	joshua.tibbs@jordandistrict.org	801-735-2109
Lacrosse-girls	Audree Erikson	aud.erikson@gmail.com	801-597-2464
Lacrosse-boys	Braeden Lance	braedenlance5@gmail.com	801-803-2717



Riverton High School	Name	Email	Phone Number
Principal	Rochelle Waite	rochelle.waite@jordandistrict.org	801-256-5801
Asst. Principal	Brady Bartholomew	brady.bartholomew2@jordandistrict.org	801-256-5819
Asst Principal	Marni Davis	marni.davis@jordandistrict.org	801-256-5815
Asst. Principal	Janilee Mullen	janilee.mullen@jordandistrict.org	801-256-5817
Asst. Principal	Glen Varga	glen.varga@jordandistrict.org	801-256-5816
Secretary	Charlotte Hansen	charlotte.hansen@jordandistrict.org	801-256-5802
Athletic Director	Dave Nuffer	david.nuffer@jordandistrict.org	801-256-5839
Baseball	Jay Applegate	jay.applegate@jordandistrict.org	801-253-3653
Boys' Basketball	Skyler Wilson	skyler.wilson@jordandistrict.org	801-661-1371
Girls' Basketball	Jonathan Haag	jonathan.haag@jordandistrict.org	801-656-9079
Cheerleading	Sierra Larson Kuhn	sierra.larson@jordandistrict.org	435-669-6858
Cross Country	Chase Englestead	chase.engagestead@jordandistrict.org	435-817-3157
Drill Team	Cori Gray	cori.gray@jordandistrict.org	801-712-5278
Drama			
Football	Jim Freeland	james.freeland@jordandistrict.org	801-935-1677
Forensics			
Golf-Boys	Kelly Pehrson	kelly.pehrson@jordandistrict.org	435-459-0587
Golf-Girls	Tricia Marshall	patricia.marshall@jordandistrict.org	801-906-3566
Music, Instrumental	Jason Weimer	jason.weimer@jordandistrict.org	801-815-3510
Music, Vocal	Daniel Clegg	daniel.clegg@jordandistrict.org	435-503-6620
Boys Soccer	Paul Moizer	paul.moizer@jordandistrict.org	801-598-4449
Girls Soccer	Paul Moizer	paul.moizer@jordandistrict.org	801-598-4449
Softball	Whitley Haimin	whitley.haimin@jordandistrict.org	801-656-8858
Swimming	Andrew Powers	andrew.powers@jordandistrict.org	801-688-2461
Boys Tennis	Ron Ence	ron.ence@jordandistrict.org	801-833-2270
Girls Tennis	Ron Ence	ron.ence@jordandistrict.org	801-833-2270
Track	Chase Englestead	chase.engagestead@jordandistrict.org	435-817-3157
Girls Volleyball	Elaine Gibson	elaine.gibson@jordandistrict.org	801-455-0715
Boys Volleyball	Elaine Gibson	elaine.gibson@jordandistrict.org	801-455-0715
Boys Wrestling	Joseph Gorman	joseph.gorman@jordandistrict.org	801-256-5850
Girls Wrestling	Rebecca Hamilton	rebecca.hamilton@jordandistrict.org	801-910-1962
Lacrosse-girls	Jocelyn Dorton	jocelyn.dorton@jordandistrict.org	801-615-1080
Lacrosse-boys	Todd Russell	todd.russell@jordandistrict.org	801-448-5618



Salt Lake Academy	Name	Email	Phone Number
Director	Sam Gibbs	sgibbs@rslacademy.org	(435) 879-9256
Principal	Becky Hogan	bhogan@rslacademy.org	(801) 259-7190
Principal	Tim Dawson	tdawson@rslacademy.org	(385) 207-6658
Athletic Director	Nicholas Bartlett	nbartlett@rslacademy.org	(435) 592-3224
Admin Assistant	Cheryl Deheck	cdeheck@rslacademy.org	(307) 389-8609
Boys Soccer Director	Oli Brittain	obrittain@rslacademy.org	(801) 500-4409
Girls Soccer Director	Sly Yeates	syeates@rslacademy.org	(435) 757-1951

Directions to Bingham High School

Bingham High –2160 West 10400 South, South Jordan, Ut. 84095

Directions: Take the I-15 Exit 293 (10600 South) and head West for approximately 2.5 miles until you reach 2100 West. The school is on the North side of the street.

Baseball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.

Stadium: Take the first entrance to the school closest to the seminary building and the football field will be directly in front of you

Gymnasium: Take the first entrance to the school closest to the seminary building and the gymnasium will be directly in front of you. Please enter from the first portal. The field is on the east side of the school campus.

Pool: Kearns Oquirrh Park Fitness Center is located at 5624 Cougar Lane, Kearns UT 84118. We are not allowed into the facility until 2:45 so please plan accordingly.

Soccer Field Girls: Travel west until 2700 West and turn right, go approximately ¼ mile and South Jordan Middle School will be on the right. The soccer field is right behind the school on the east side. (Boys Soccer plays in the football stadium)

Softball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.



Directions to Copper Hills High School

Copper Hills- 5445 New Bingham Highway West Jordan, UT 84081

Directions: Take the I-15 Exit (9000 South) and head west for approximately 5 miles until you reach Grizzly Way and turn north. The school is on Grizzly Way and New Bingham HWY.

Baseball Field: Turn west (left) when on Grizzly Way going North just before the stadium. The back road will take you up to the baseball field which is in the southwest corner of the school property. Buses please park on the side of the road to allow for more parking in the parking lot.

Stadium: Turn west (left) when driving on Grizzly Way going North just before the stadium. Buses should park on the south side of the stadium for easy access to come and go.

Gymnasium: Turn west (left) when driving on Grizzly Way going North just before the stadium.

Pool: Kearns Oquirrh Park Fitness Center is located at 5624 S. Cougar Ln. Kearns, Utah. We are not allowed into the facility until 2:45 pm, so please plan accordingly. 801-966-5555

Soccer Field Girls: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Soccer Field Boys: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Softball Field: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.



Directions to Corner Canyon High School

Corner Canyon High – 12943 S 700 E, Draper, UT 84020

Directions: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road past the stop signs until you see Corner Canyon. The front of the school faces west.

Baseball Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, southeast corner of school campus)

Stadium: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you get to Willow Springs Lane. Turn left and you will see football field ahead of you, along with the parking lot. (Both boys and girls lacrosse will be played in the stadium, northeast corner of campus)

Gymnasium: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road past the stop signs until you see Corner Canyon. The front of the school faces west. The gym is on the south end of the school and also faces west.

Pool: Draper Pool – Take I-15 to 14600 South. Head east on Highland Rd. Turn right at Vestry Rd. At the roundabout, take the third road, which will continue as Vestry Rd and the pool will be on your left.

Soccer Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, east side of school campus)

Softball Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, southeast corner of campus)



Directions to Mountain Ridge High School

To better help your school, we have included a map of the grounds with instructions for drop off and pick up of the student athletes.

For your game at Mountain Ridge, you will be on the east side of the field. Visitor fans can get digital tickets at <https://mrhssentinels.org/event-tickets>.

GETTING TO THE CAMPUS

Take Bangerter Highway to 13400 S.

Call or text AD Sam Rogers when you are making the turn off of Bangerter. 801-809-4047

Turn west and follow 13400 S. to 4500 W.

Turn south on 4500 W. (it curves into Sentinel Ridge Blvd)

Turn right into the first driveway (just past the Seminary building)

Drop off for the locker room is on the NE corner of the school. Team locker room is down the stairs to room #1012.

Walk along the tennis court sidewalk to the gate toward the north end of the field for team entry

You will warm up on the north end of the field, and take the east sideline.

Bus parking is on the lane on the NE corner of the football stadium. We request backing down the lane. (Please make your drivers aware of this instruction)

VISITING ATHLETE'S LOCKER ROOM

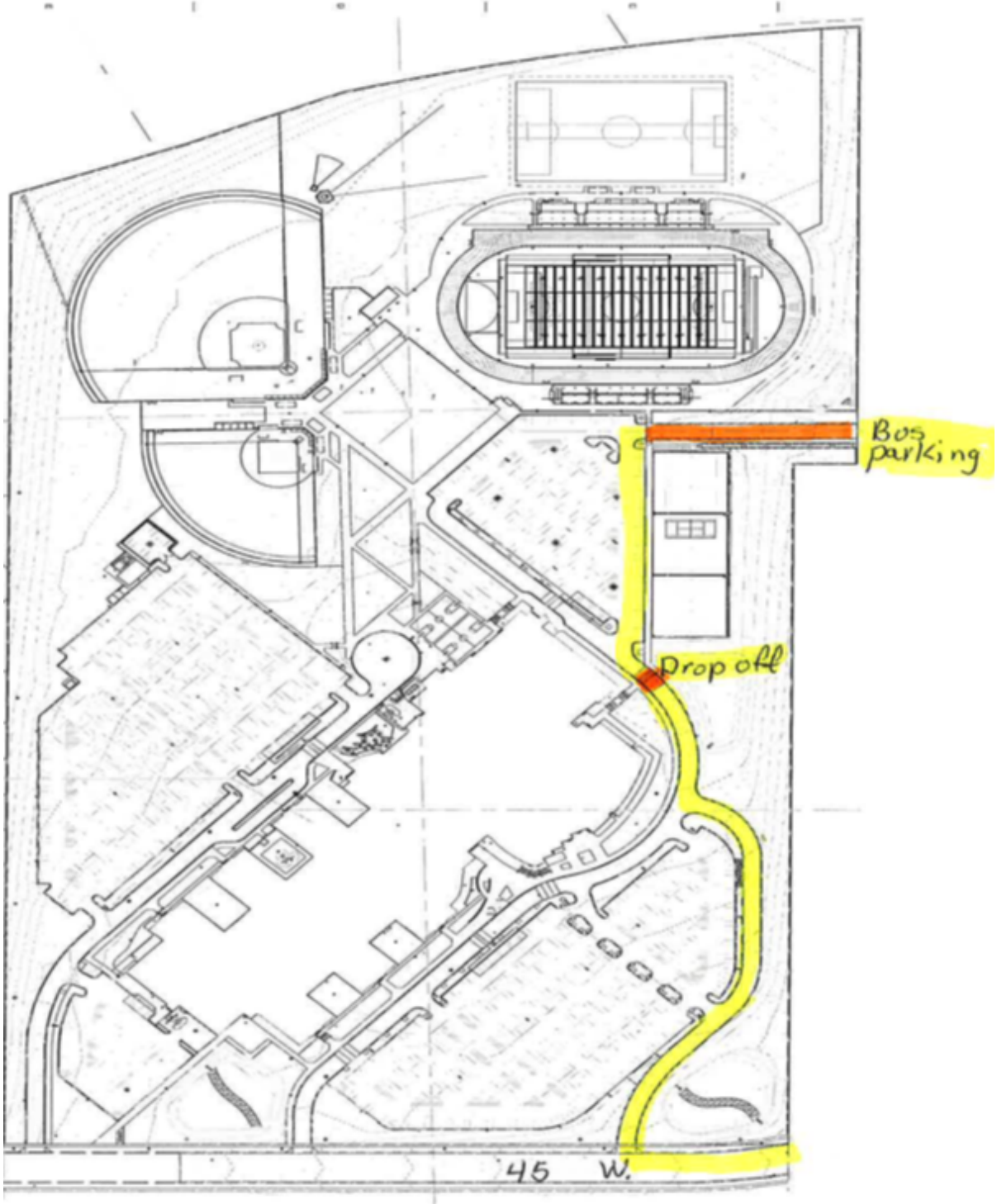
Room # 1012. Locker room will be opened for you before the game and at halftime. Please take everything with you after halftime, as the custodial staff will sanitize the room at that time.

Coaches are welcome to use the south booth in the Press Box.

Contact #'s:

Sam Rogers – Athletic Director, 801-809-4047

See other side for the map.



Directions to Herriman High School

Herriman High- 11917 S. Mustang Trail Way Herriman, UT 84096

Directions: Exit off I-15 at 12300 S. Travel west approximately 8 miles to Herriman Blvd. Follow Herriman Blvd to 6000W/Mustang Trail Way. Turn right on 6000 W and travel North approximately ¾ miles to HHS.

Baseball Field: 11917 S. Mustang Trail Way Herriman, UT 84096-- SE side of School

Football Stadium: 11917 S. Mustang Trail Way Herriman, UT 84096 --E side of school

*Gymnasium:*11917 S. Mustang Trail Way Herriman, UT 84096-- N side of school

Pool: JL Sorenson Rec Center, Located at 5350 W, Main St. Herriman, UT 84096

Soccer Field Girls: 11917 S. Mustang Trail Way Herriman, UT 84096 --SE side of school

Soccer Field Boys: 11917 S. Mustang Trail Way Herriman, UT 84096 --E side of school

Softball Field: 11917 S. Mustang Trail Way Herriman, UT 84096 --SE side of school

Track and Field: 11917 S. Mustang Trail Way Herriman, UT 84096 --E side of school

Boys Lacrosse: 11917 S. Mustang Trail Way Herriman, UT 84096 --E side of school

Girls Lacrosse: 11917 S. Mustang Trail Way Herriman, UT 84096 --E side of school



Directions to Riverton High School

Riverton High- 12476 S. Silverwolf Way Riverton, UT 84065

Directions:

From the North:

RHS can be easily found by exiting I-15 at Draper / Riverton and head west on 12600 So. to 2700 West.

From the South:

Turn onto Bangerter Hwy. from I-15 and head west to 2700 West. Make a right turn and head north to 12600 So. School is on the left.

Baseball Field: Southwest of school

Stadium: West of school

Gymnasium: North end of school

Pool: Draper Rec. Center

Soccer Field Girls: West of Football Stadium

Soccer Field Boys: West of Football Stadium

Softball Field: Southwest of School



Directions to Salt Lake Academy

14787 S Academy Pkwy, Building B, Herriman, UT 84096

GETTING TO THE CAMPUS

Take Bangerter Highway to 13400 S.

Turn west and follow 13400 S. to 4500 W.

Turn south on 4500 W. (it curves into Sentinel Ridge Blvd)

Continue straight onto Academy Pkwy (about .5 mile past Mountain Ridge)

Turn left into the second entrance and then your first right at the roundabout.

There are 3 possible areas you will be playing.

1: Zions Bank Stadium

2: Training Center West/East Field or the “Big Box” indoor fields

3: Field 5 which is on the northeast corner of campus

We will specify which field the week of the game.

Bus parking is in the parking lot on the northwest end.

Nicholas Bartlett – Athletic Director, 435-592-3224

See other side for the map.

SALT LAKE ACADEMY CAMPUS



BASEBALL GUIDELINES 2024

Activity Chairperson: John Vincent, Herriman High VP john.vincent@jordandistrict.org
Coaches Representative:

1. Rules Clinic:

2. Moratoriums:

- Nov 23- Dec 2, 2023
- Dec 21- Dec 25, 2023
- Jan 1, 2024
- Feb 11 - Feb 25, 2024 (Two-Weeks Prior)
- Jun 28 - Jul 4, 2024

3. Starting Date: February 26, 2024

4. First Contest: March 4, 2024

5. Eligibility List Due: March 15, 2024 on Max preps

6. Academic All-State Deadline: Mar 19 - Apr 18, 2024

7. SEASON END DATE: May 9, 2024

8. RPI BRACKET REVEAL: May 10, 2024

9. Super Regionals May 16--17, 2024 @ Higher Seed Home Sites: (Best of 3)

10. 6A State Tournament Bracket Play May 20-23, 2024 @ UVU.

11. State Finals (Best of 3) May 24-25, 2024 @ UVU

12. Game Specifications-

- Game Limit Varsity, JV, Sophomore > 25 Games each game counts as 1
- Game Times
 - a. Varsity Game Time > **3:30 pm**
 - b. JV/So DH Game Time > **3:30 pm**
 - c. Soph DH Game Time > **3:30 pm**
 - d. Saturday JV DH Game Time > **11:00 am**
- Game times and playing dates may be changed only after agreement between two coaches and approved through the Region Baseball Chairperson .
- Each team will be allowed to warm up and 10 minutes of pre game infield practice. All teams should stretch in the area closest to their respective foul line. NO circling up in center field.
- All Region games will be played on the date and time scheduled unless weather or field conditions cause a postponement. Each postponed game must be made up in the order of the postponement on the first available playing date(including Saturdays). Flip flopping the schedule and playing at the visiting team's field, if it is playable, will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given, when making a decision to stick to the home fields as to the visiting teams predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than **1:00 pm** the day of the game.
- When a game is "called" because of darkness or weather etc., the game will be resumed on the next available playing date and/or as the preliminary scheduled game of the two teams in the second or third game(including Saturday). JV or Sophomore games that have to be bumped will be resumed on the next available date. The home field coach will be responsible for notifying all those involved: principals, umpires, coaches.
- All sub varsity games will be 7 innings or 2 hours.
- The Pitch Count rule mandated by the UHSAA will be followed
- The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible to report the results of the game to the newspapers.
- A region trophy will be awarded to the 1st place team in region play.
- In the case of a tie to determine a Region Champion, all ties will be based on region head to head record. (Winner of the 3 game series)
- A coaches meeting will be held on the Saturday following the last regularly scheduled region games in order to select the all-region team. Individual schools are responsible to print certificates for those student/athletes selected to all region teams.

- (All Region Team > 1st Place = MVP + 5 players
- 2nd Place = 4 players
- 3rd Place = 3 players
- 4th – 6th Place = up to 2 players
- Second Team > Reduce by 1
- Honorable Mention > 2 players per team
- Academic All Region > Any senior with a cumulative GPA of 3.75

Region Schedule: See Next Page

Varsity Schedule 2024

Tuesday	Wednesday	Friday
April 9, 2024 Riverton @ Corner Canyon Copper Hills @ Herriman Mountain Ridge @ Bingham	April 10, 2024 Corner Canyon @ Riverton Herriman @ Copper Hills Bingham @ Mountain Ridge	April 12, 2024 Riverton @ Corner Canyon Copper Hills @ Herriman Mountain Ridge @ Bingham
April 16, 2024 Corner Canyon @ Mountain Ridge Riverton @ Copper Hills Bingham @ Herriman	April 17, 2024 Mountain Ridge @ Corner Canyon Copper Hills @ Riverton Herriman @ Bingham	April 19, 2024 Corner Canyon @ Mountain Ridge Riverton @ Copper Hills Bingham @ Herriman
April 23, 2024 Bingham @ Copper Hills Corner Canyon @ Herriman Mountain Ridge @ Riverton	April 24, 2024 Copper Hills @ Bingham Herriman @ Corner Canyon Riverton @ Mountain Ridge	April 26, 2024 Bingham @ Copper Hills Corner Canyon @ Herriman Mountain Ridge @ Riverton
April 30, 2024 Copper Hills @ Corner Canyon Riverton @ Bingham Herriman @ Mountain Ridge	May 1, 2024 Corner Canyon @ Copper Hills Bingham @ Riverton Mountain Ridge @ Herriman	May 3, 2024 Copper Hills @ Corner Canyon Riverton @ Bingham Herriman @ Mountain Ridge
May 6, 2024 Herriman @ Riverton Mountain Ridge @ Copper Hills Bingham @ Corner Canyon	May 7, 2024 Riverton @ Herriman Copper Hills @ Mountain Ridge Corner Canyon @ Bingham	May 8, 2024 Herriman @ Riverton Mountain Ridge @ Copper Hills Bingham @ Corner Canyon

Underclassman Baseball Games 2024

Monday Sophomore DH 3:30 & 5:45	Thursday JV>3:30 Soph>5:45	Saturday JV DH > 12:00 am & 2:00 pm
April 1, 2024 Riverton @ Herriman Copper Hills @ Mountain Ridge Corner Canyon @ Bingham	April 4, 2024 Herriman @ Riverton Mountain Ridge @ Copper Hills Bingham @ Corner Canyon	April 6, 2024 Riverton @ Herriman Copper Hills @ Mountain Ridge Corner Canyon @ Bingham
April 8, 2024 Corner Canyon @ Riverton Herriman @ Copper Hills Bingham @ Mountain Ridge	April 11, 2024 Riverton @ Corner Canyon Copper Hills @ Herriman Mountain Ridge @ Bingham	April 13, 2024 Corner Canyon @ Riverton Herriman @ Copper Hills Bingham @ Mountain Ridge
April 15, 2024 Mountain Ridge @ Corner Canyon Copper Hills @ Riverton Herriman @ Bingham	April 18, 2024 Corner Canyon @ Mountain Ridge Riverton @ Copper Hills Bingham @ Herriman	April 20, 2024 Mountain Ridge @ Corner Canyon Copper Hills @ Riverton Herriman @ Bingham
April 22, 2024 Copper Hills @ Bingham Herriman @ Corner Canyon Riverton @ Mountain Ridge	April 25, 2024 Bingham @ Copper Hills Corner Canyon @ Herriman Mountain Ridge @ Riverton	April 27, 2024 Copper Hills @ Bingham Herriman @ Corner Canyon Riverton @ Mountain Ridge
April 29, 2024 Corner Canyon @ Copper Hills Bingham @ Riverton Mountain Ridge @ Herriman	May 2, 2024 Copper Hille @ Corner Canyon Riverton @ Bingham Herriman @ Mountain Ridge	May 4, 2023 Corner Canyon @ Copper Hills Bingham @ Riverton Mountain Ridge @ Herriman

BOYS BASKETBALL GUIDELINES 2023-24

Boys Basketball Guidelines & Schedules

Region Activity Chairperson: Boys – Andrew Blanchard, Herriman High 801-567-8533

Coaches' Representative: John Watkins

1. Beginning practice date for boys and girls basketball is November 6, 2023. The first game may be played no sooner than November 21, 2023. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).
2. Clinics – Basketball Live Rules Clinic: TBD
3. Moratoriums: (No practices, competitions, meetings or travel)
 - Jul 31 - Aug 13, 2023 (Summer Break)
 - Oct 23 - Nov 5, 2023 (Two-Weeks Prior)
 - Nov 23 - 26, 2023 (Thanksgiving)
 - Dec 21 - Dec 25, 2023 (Winter Break)
 - Jan 1, 2024 (New Year)
 - Mar 3 - Mar 17, 2024
 - Jun 28 - Jul 4, 2024
4. Eligibility List with numbers due on Register My Athlete by December 1, 2023.
5. Standard gameday schedule when boys and girls play is as follows:
 - Boys – Tuesday and Friday
 - Girls – Tuesday and Thursday
6. All games: 3:30 pm Sophomores, 5:15 pm Junior Varsity, 7:00 pm Varsity
7. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
8. Preseason game times and dates are site-based decisions.
9. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region II Board of Managers. (The home team will notify the arbiter of any changes.)
10. The coaches have the option to agree on which ball to use for the State Tournament. If an agreement can't be reached, the UHSAA contracted ball will be used.
11. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.
12. Tournament entries are determined by win and loss records during Region II play. In the event of a tie, general policies are used to seed or qualify the eligible teams.
13. General courtesies recommended for games:
 - a. Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and table for taping. A room for private discussion during halftime should be provided.
 - b. If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - c. Conduct halftime activities within scheduled time – not to exceed 7 minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - d. Copies of schedules and team rosters must be on Register My Athlete.
14. Guidelines for All-Region Voting:
 - a. The Region MVP is chosen by the Region Champion coach.
 - b. In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP.
 - c. Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th).
 - d. Coaches may not nominate someone from their own team.
 - e. Points for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc.
 - f. The top 12 players are part of the All-Region 1st Team.
 - g. If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.
15. The home team will call in scores the night of the game for both teams.

16. Academic All State: Jan 9- Feb 6, 2024
17. Season end date: Feb 16, 2024
18. State Tournament Bracket Reveal: Feb 17, 2024
19. State Tournament First Round @ Home Sites, February 21
20. State Tournament Second Round @ Home Sites February 23
21. State Tournament Quarterfinals @ Univ of Utah February 27
22. State Tournament, Semi Finals @ Univ of Utah February 28
23. State Tournament Finals @ Univ of Utah March 2

Region II Boys Basketball Schedule 2023-2024

1. Friday, January 12, 2024

Mountain Ridge @ Herriman
Bingham @ Copper Hills
Riverton @ Corner Canyon

2. Tuesday, January 16, 2024

Herriman @ Corner Canyon
Copper Hills @ Mountain Ridge
Riverton @ Bingham

3. Friday, January 19, 2024

Herriman @ Riverton
Corner Canyon @ Copper Hills
Mountain Ridge @ Bingham

4. Tuesday, January 23, 2024

Bingham @ Herriman
Copper Hills @ Riverton
Corner Canyon @ Mountain Ridge

5. Friday, January 26, 2024

Copper Hills @ Herriman
Riverton @ Mountain Ridge
Bingham @ Corner Canyon

Tuesday, January 30, 2024

All Region Bye

6. Friday, February 2, 2024

Herriman @ Mountain Ridge
Copper Hills @ Bingham
Corner Canyon @ Riverton

7. Tuesday, February 6, 2024

Corner Canyon @ Herriman
Mountain Ridge @ Copper Hills
Bingham @ Riverton

8. Friday, February 9, 2024

Riverton @ Herriman
Copper Hills @ Corner Canyon
Bingham @ Mountain Ridge

9. Tuesday, February 13, 2024

Herriman @ Bingham
Riverton @ Copper Hills
Mountain Ridge @ Corner Canyon

10. Friday, February 16, 2024

Herriman @ Copper Hills
Mountain Ridge @ Riverton
Corner Canyon @ Bingham

	Fri 1/12	Tue 1/16	Fri 1/19	Tue 1/23	Fri 1/26	Tue 1/30	Fri 2/2	Tue 2/6	Fri 2/9	Tue 2/13	Fri 2/16
Herriman Team (A)	vs MR	@ CC	@ R	vs B	vs CH	bye	@ MR	vs CC	vs R	@ B	@ CH
Copper Hills Team (B)	vs B	@ MR	vs CC	@ R	@ H	bye	@ B	vs MR	@ CC	vs R	vs H
Mountain Ridge Team (C)	@ H	vs CH	@ B	vs CC	vs R	bye	vs H	@ CH	vs B	@ CC	@ R
Corner Canyon Team (D)	vs R	vs H	@ CH	@ MR	vs B	bye	@ R	@ H	vs CH	vs MR	@ B
Riverton Team (E)	@ CC	@ B	vs H	vs CH	@ MR	bye	vs CC	vs B	@ H	@ CH	vs MR
Bingham Team (F)	@ CH	vs R	vs MR	@ H	@ CC	bye	vs CH	@ R	@ MR	vs H	vs CC

GIRLS BASKETBALL GUIDELINES 2023-24

Activity Chair:

Coaches Representative: Kent Smith, Herriman, kent.smith@jordandistrict.org

1. Beginning practice date for boys and girls basketball is November 6, 2023. The first game may be played no sooner than November 21, 2023. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).
2. Clinics – Basketball Live Rules Clinic: TBD
3. Moratoriums: (No practices, competitions, meetings or travel)
 - June 28-July 4, 2023
 - July 31- Aug 13, 2023
 - Oct 23- Nov 5, 2023 (two weeks prior)
 - Nov 23-26, 2023
 - Dec 21-25, 2023
 - Jan1, 2024
 - Mar 3-Mar 17, 2024
4. Eligibility List with numbers due on Register My Athlete by December 1, 2023.
5. Standard gameday schedule when boys and girls play is as follows:
 - Boys – Tuesday and Friday
 - Girls – Tuesday and Thursday
6. No basketball player will play basketball during the athletic class period except after the official beginning practice date (per UHSAA policy).
7. Standard game day schedule is as follows:
 - 3:30pm - Sophomores
 - 5:15pm - Junior Varsity
 - 7:00pm - Varsity.
 - Games will start as scheduled or 20 minutes following the conclusion of the previous game.
 - Only by mutual consent of both schools involved can the starting times be changed. Any change of date must be approved by the Region III Board of Managers (the home team will notify the arbiter in case of any change).
8. Preseason game times and dates are site-based decisions.
9. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.

10 General courtesies recommended for games:

- Each school should provide the visiting team with a clean, secure locker room, a good blackboard or whiteboard, and a table for taping. A room for private discussion for halftime should be provided.

Visiting teams will not bring meals or food that require the home team to provide tables or electric power. **Pre Packaged Meals Only**

- If pre-game activities are to be longer or different than usual (general announcements, directions, team introductions, and the national anthem), a schedule should be given to coaches and referees. A flag ceremony should be included.

Halftime activities should be conducted within a schedule not to exceed seven (7) minutes. Minor variations can be made with mutual consent of the schools involved.

Senior Night activities taking place prior to a game or at halftime must take no longer than ten (10) minutes.

- Visiting teams will work to exit the building and board their bus in an efficient and timely manner.

11. It is recommended that each coach upload schedules and team rosters to MaxPreps no later than 3:00pm on Friday, December 2, 2022.

12. All-Region selections will be as follows:

- MVP (Selected by the Head Coach of the Region Champion Team(s))
- Most Outstanding Player (Selection detailed in below)
- All-Region 1st Team consisting of 6 players
- All-Region 2nd Team consisting of 6 players
- All-Region Honorable Mention consisting of all other players that were nominated
- Academic All-Region will include senior players with a minimum cumulative 3.75 GPA

13. All-Region nominations will be as follows:

- The chairperson will send a survey following the conclusion of the UHSAA State Playoffs for coaches to submit their All-Region nominations. Each coach will nominate one Most Outstanding Player and 12 players, none of which can be their own, and rank them.
- A subsequent coaches meeting will be held on Wednesday, March 9, 2021 at 5:00pm at the Texas Roadhouse in South Jordan (11593 S. 4000 West, South Jordan, UT 84009) to verify All-Region Teams, review the season, and prepare for the Region III Planning Meeting.

Region II Girls Basketball Schedule 2023-2024

1. Thursday, January 11, 2024

Herriman @ Mountain Ridge
Copper Hills @ Bingham
Riverton @ Corner Canyon

2. Tuesday, January 16, 2024

Corner Canyon @ Herriman
Mountain Ridge @ Copper Hills
Bingham @ Riverton

3. Thursday, January 18, 2024

Herriman @ Riverton
Copper Hills @ Corner Canyon
Bingham @ Mountain Ridge

4. Tuesday, January 23, 2024

Herriman @ Bingham
Riverton @ Copper Hills
Mountain Ridge @ Corner Canyon

5. Thursday, January 25, 2024

Copper Hills @ Herriman
Riverton @ Mountain Ridge
Corner Canyon @ Bingham

Tuesday, January 30, 2024

All Region Bye

6. Thursday, February 1, 2024

Mountain Ridge @ Herriman
Bingham @ Copper Hills
Corner Canyon @ Riverton

7. Tuesday, February 6, 2024

Herriman @ Corner Canyon
Copper Hills @ Mountain Ridge
Riverton @ Bingham

8. Thursday, February 8, 2024

Riverton @ Herriman
Corner Canyon @ Copper Hills
Mountain Ridge @ Bingham

9. Tuesday, February 13, 2024

Bingham @ Herriman
Copper Hills @ Riverton
Corner Canyon @ Mountain Ridge

10. Thursday, February 15, 2024

Herriman @ Copper Hills
Mountain Ridge @ Riverton
Bingham @ Corner Canyon

	Thu 1/11	Tue 1/16	Thu 1/18	Tue 1/23	Thu 1/25	Tue 1/30	Thu 2/1	Tue 2/6	Thu 2/8	Tue 2/13	Thu 2/15
Herriman Team (A)	@ MR	vs CC	@ R	@ B	vs CH	bye	vs MR	@ CC	vs R	vs B	@ CH
Copper Hills Team (B)	@ B	vs MR	@ CC	vs R	@ H	bye	vs B	@ MR	vs CC	@ R	vs H
Mountain Ridge Team (C)	vs H	@ CH	vs B	@ CC	vs R	bye	@ H	vs CH	@ B	vs CC	@ R
Corner Canyon Team (D)	vs R	@ H	vs CH	vs MR	@ B	bye	@ R	vs H	@ CH	@ MR	vs B
Riverton Team (E)	@ CC	vs B	vs H	@ CH	@ MR	bye	vs CC	@ B	@ H	vs CH	vs MR
Bingham Team (F)	vs CH	@ R	@ MR	vs H	vs CC	bye	@ CH	vs R	vs MR	@ H	@ CC

Bingham, Copper Hills, Corner Canyon, Herriman, Mountain Ridge, Riverton (Updated 3/6/23)

CHEERLEADING GUIDELINES 2023-24

Activity Chairman: Todd Quarnberg, Herriman Principal

todd.quarnberg@jordandistrict.org

Coaches Representative: Amber Thomas - Bingham High School

Rules Clinic Date: Coaches' annual rules clinic will be held in June.

The Arbiter system will be used to assign and pay for all qualifying and state competitions.

Moratorium: A Sport Specific Moratorium (2-2 weeks selected by school) will begin in 2023.

Safety Clinic: Utah State Risk Management will continue to safety certify coaches and cheer athletes.

Judges Clinic: A judges' annual clinic will be held in September.

Sponsored Teams: Schools must declare if they will sponsor a cheer competition team by April 15. This declaration form will help determine how many classifications of competitive cheer UHSAA will sponsor.

All competitive cheer athletes must register in RegisterMyAthlete.

Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.

There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, coaches must certify through RegisterMyCoach, and comply with UHSAA tournament guidelines for post season events.

Starting Date: Tryouts may be held beginning March 21.

Practice: There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.

Competitive Cheer Season: November 1 through the state championships in January. Competitive Cheer will be a winter sport.

UHSAA transfers for competition team members will begin in March of 2022.

Contest Limitations- A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.

Budget Declarations will be required by the 2nd Monday in February (\$800 per individual athlete) beginning in 2023.

How to qualify for the UHSAA Competitive Cheer Championships: Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South). 70% of teams will move on to the state finals, which will be held by classification.

2022-2023 Competition Cheer Categories:

- All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
- Game Day: (30% of score).

Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.

School competition teams must receive independent status if not participating in UHSAA qualifying and championship events

There will not be a “two weeks prior” requirement for competitive cheer.

There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.

A high school competitive cheerleader may compete in up to two national qualifying competitions, not sponsored by his or her school, with a private cheer organization. The cheer athlete must gain approval after completing an online form on the UHSAA website to participate in these events.

Competitive Cheer will follow all UHSAA Policies and By-laws.

Guidelines Agreed Upon:

1. All stunts and pyramids must be in accordance with risk management policies. Visiting team cheerleaders will not conduct any stunting or tumbling at basketball games. All tumbling will stop at half court.
2. Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. Refer to the UHSAA handbook for permitted noisemakers.
3. The throwing of unapproved objects, including confetti, torn paper scraps, crepe paper, toilet tissue, candy, etc. is not allowed.
4. The coaches and cheerleading team must attend the Utah School Board Risk Management clinic in the spring.
5. A supervisor must be present when cheerleaders perform.
6. Each individual may compete in a maximum of

CROSS COUNTRY GUIDELINES 2023-2024

Activity Chairman: Rufine Einzinger, Copper Hills AP rufine.einzinger@jordandistrict.org

Rules Clinic Date: The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to Region Competition.

1. First Contest Allowed Aug 7, 2023
2. Moratoriums
 - June 28-July 4, 2023
 - Nov 23-26, 2023
 - Dec 21-25, 2023
 - Jan 1, 2024
 - May 3-Mar 30, 2024
3. Deadlines
 - Academic All State Sept 5-Oct 1, 2023
 - State Entry Deadline Oct 21, 2023
 - State Meet Oct 24, 2023 @ Region Athletic Complex
4. Cross Country Region Meet will begin at 2:00 pm.
5. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.
6. Qualification for State will be as per UHSAA rules in the current handbook.
7. The winner of the Region trophy will be determined by scores at the Region Championship Meet.
8. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys' and girls' varsity divisions. Certificates are awarded to the top 10 in Region Championships Junior Varsity Races.
9. 10 meets plus Region, Divisionals, and State.
11. Each school will enter competing athletes on runnercard.com or athletic.net as determined by the host school.
12. Region Meet host will be Copper Hills High school at Cottonwood Complex and they will provide the timing system and will be responsible for setting up the course.
13. Tie-breaker is determined by the highest 6th-place varsity finisher.
14. Region coaches will choose an All-Region Academic Team composed of seniors with a 3.75 or higher GPA for the cumulative 9-12 grades. Each school is responsible for awarding these awards. Region Chair will make certificates available to each coach.
15. Coaches may run no more than 9 runners in the 'Varsity' Region Championship race if desired but the scoring 7 must be clearly designated in the computer and on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.
16. Two races will be run in Pre-Region, with girls and boys running separately.
17. The Region Cross Country Meet will be held at the County Complex, 1300 E and 4350 S. Copper Hills will host. Region Meet course length will be 3 mile.
18. NFHS Rules govern competition.

Cross Country Schedule 2023-2024

August 15 Pre-Region @ Cottonwood @ 6:30pm
October 4 Region Meet @ Cottonwood Complex @2pm
October 10 Divisionals @
October 24 State @ RAC

June 28- July 4... MORATORIUM -- no practices, competitions, meetings or travel
7-Aug... First Contest Allowed
25-Aug... Roster on RegisterMyAthlete.com
Sep 5 - Oct 3... Academic All-State Applications Accepted
21-Oct... State Entry Deadline
24-Oct... State Meet @ *Regional Athletic Complex*
Nov 23 - Nov 26... MORATORIUM -- no practices, competitions, meetings or travel
Dec 21 - Dec 25... MORATORIUM -- no practices, competitions, meetings or travel
1-Jan... MORATORIUM -- no practices, competitions, meetings or travel
Mar 3 - Mar 30... MORATORIUM -- no practices, competitions, meetings or travel
Jun 28 - Jul 4... MORATORIUM -- no practices, competitions, meetings or travel

(2022-23)

June 29- July 5 MORATORIUM -- no practices, competitions, meetings or travel
August 8 First Contest Allowed
August 24 Pre Region @ Cottonwood @ 6:30pm
August 26 Roster on RegisterMyAthlete.com
Sept. 6 - Oct. 4 Academic All-State Applications Accepted
October 5 Region @ Cottonwood Complex @2pm
October 11 Divisionals @ Lakeside Park
October 22 State Entry Deadline
October 25 State Meet @ Regional Athletic Complex
Nov. 24 - Nov 27 MORATORIUM -- no practices, competitions, meetings or travel
Dec. 21 - Dec. 25 MORATORIUM -- no practices, competitions, meetings or travel
January 1 MORATORIUM -- no practices, competitions, meetings or travel
Mar. 5 - Apr. 5 MORATORIUM -- no practices, competitions, meetings or travel
June28 - July 4 MORATORIUM -- no practices, competitions, meetings or travel

Cross Country Coaches Contact Information

Bingham High School:

Vance Brown vance.brown@jordandistrict.org

Copper Hills High School:

Garth Rushforth (boys) garth.rushforth@jordandistrict.org 801-803-3602

Corner Canyon High School:

Herriman High School:

Doug Soles Doug.Soles@jordandistrict.org 951-326-6992

Mountain Ridge High School:

James Barnes james.barnes@jordandistrict.org 801-550-4008

Riverton High School:

Chase Englestead chase.englestead@jordandistrict.org 435- 817-3157

Drill Guidelines 2023-2024

Region Drill Activity Chair: Jentry Johnson, Assistant Principal - Herriman High School
jentry.johnson@jordandistrict.org, 801-633-2751 or 801-412-1700

Region Drill Coach Representative:

1. Region drill teams will follow the guidelines listed in the General Guidelines of the Region Handbook.
2. The Region Drill Team Competition will be conducted under the rules and guidelines of the UHSAA competition regulations.
 - a. Mountain Ridge High School will host the region competition for the 2023-2024 school year on Wednesday, January 17th, 2024 at 6:00 p.m at Mountain Ridge High School.
 - b. The Region Drill Competition Director will be Determined.
3. All Drill Teams must follow the most current National Safety Guidelines in order to compete and to qualify for catastrophic insurance coverage.
4. The performance categories for the 2023-24 Region Competition are: MILITARY, DANCE, and Show. A team may enter three categories at the region level.
5. The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to the Region Competition.
6. A mandatory Region Drill Competition Coaches Meeting will be held prior to the Region Drill Team Competition at the host school, Mountain Ridge High School on TBD
 - a. Team(s) without representation at the meeting will be assigned to perform first in the first performance category and will be assigned the corresponding "drawing number."
 - b. The competition performance order will be determined by drawing number (1-6) and a predetermined rotation for all three performance categories.
 - c. The competition performance order will be: 1) Military, 2) Dance, and 3) Show.
 - d. A facility orientation will be conducted during the mandatory coaches meeting.
 - e. Times for a one hour practice session prior to the day of the competition and a thirty minute floor time session on the day of the competition will be determined and calendared during the mandatory coaches meeting.
 - f. Spectator seating assignments will be determined by randomly dividing the venue into six sections (number of participating schools within the region). Each section will randomly be assigned a number (1-6). The number assigned to each school in 6-b will be the number used to determine spectator seating assignments as well.
7. All coaches must submit the following information for the Region Drill Team Competition Program by TBD to beccalindsay86@gmail.com or jentry.johnson@jordandistrict.org:
 - a. Official drill team name
 - b. A team picture (high quality with sharp contrast)
 - c. Names of all drill team members, officers, managers, and coaches.
 - d. Names of school administration and athletic director(s) (please check spelling)
 - e. All-Region Team Nominations (three per school with preference to seniors and/or multiple year members)

- f. Academic All-Region Nominations (SENIORS with a 3.75 and above cumulative GPA)(please check spelling)
 - g. Arranged performing group(s) with contact name, number, and email address for entertainment during the Region Drill Team Competition (i.e., Cheerleading, Dance, etc.)
 8. A UHSAA certificated judge will be contracted as the competition director for the Region Drill Team Competition.
 9. As determined and scheduled in the mandatory coaches meeting, each drill team will be allowed a one hour practice session to be scheduled in advance and to take place on a day prior to the day of competition. In addition, each drill team will be allowed a thirty minute floor time session to be scheduled in advance and to take place on the day of the competition, prior to the commencement of the competition. Additional times will not be granted.
 10. Each drill team coach and participant will model sportsmanship to team members, opposing teams, parents, and competition staff. The state sportsmanship rules will apply and be enforced during the Region Drill Team Competition.
 11. Parents/Spectators who use profane language, are disrespectful towards others, or who otherwise fail to model decency and sportsmanship, as determined by the supervising administrators, will be asked to leave and will not be allowed to return to the competition at any time during the remainder of the competition.
 12. The following awards will be presented at the Region Drill Team Competition
 - a. A Region Championship trophy will be awarded to the Region Championship Team.
 - b. Certificates will be awarded to the 2nd, 3rd, and 4th, 5th, and 6th place teams overall.
 - c.. Plaques will be awarded to the 1st, 2nd, and 3rd place winner in each of the three categories.
 - d. Certificates will be awarded to the 4th-6th place winner in each of the three categories.
 - e. Medals will be awarded to the 1st, 2nd, 3rd, 4th, and 5th place winners in the Drill Down Competition.
 - f. Certificates will be awarded to participants eligible for Academic All-Region (SENIORS with a Cumulative GPA of 3.75 or above).
 - g. Certificates will be awarded for participants selected for All-Region (three from each school).
- NOTE - Region certificates are to be printed by the host school.
13. Dressing rooms are closed to parents, spectators, and supporters. Only coaches and participants will be allowed in the dressing area. Each team will be given THREE access passes that can be used by female runners for deliveries, make-up needs, costume issues, etc.. It is advised that gifts and well wishes be held until the conclusion of the competition. The decoration of team dressing rooms by parents should be conservative and must be approved by the head drill team coach in advance.
 14. Moratorium/Dead time: UHSAA guidelines must be followed. Teams not abiding by the moratorium will face a fine on the first offense and a sportsmanship penalty on the second offense.

Drama Policies

Region Activity Person:

Coaches Representative: Clin Eaton (Riverton High)

1. Teachers Meeting: All region drama teachers will meet at least one month before the Region Festivals to discuss any necessary business before the Region Tournaments begin. This meeting will be held at (Tuesday, Jan. 9)
2. Judges: Coaches, recent alumni (3 years), student teachers from any of the Region II schools, and family members of any competing student will not be used as judges for any portion of the play festival or individual event festival. All schools will help the Region Rep get One-Act Play judges.
3. Cost and Fees for Judges:
 - a. One (1) to six (6) schools participating- 24 individual Event Judges at \$100.00 per ½ day. 21 judges needed to stay for medals and technical theatre.
 - b. Presentations (plays)- three (3) Judges at \$200.00 per day.
4. Qualifying for State: Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
 - a. Competitors receiving 60 points or higher qualify to move on to state competition regardless of their rankings.
 - b. All performances receiving 65 points or higher will earn a region medal.
 - c. The top 5-7 pieces in each individual event will participate in a final medals round. Each student's 3 ranking scores (1, 2, 3, etc.) will be added together. The lowest scores will be in the medals round. All medal round performers will receive a medal and will automatically advance to state-even if they did not receive 60 or more points.
 - d. In each medals round, 3 judges will watch all pieces and rank. Ranking scores will be added and 1st, 2nd, 3rd place will be awarded based on lowest scores.
 - e. Scores for IE's will be announced at the end of that day's competition. Plays will also be ranked and rated for a 1st, 2nd, 3rd place. All 1st, 2nd, 3rd place will go to state. Any school's play receiving 125 or more points will also advance to state.
 - f. Technical theatre participants will not count towards sweepstakes points.
 - g. Region 2 will participate in Region Sweepstakes following guidelines of Section IV for the UHSAA handbook.
5. Double Entering: Each student may only qualify for State in one (1) Individual Event and in the Play Event. (Technical theatre can also qualify)
6. Trophies and Awards:
 - a. Six (6) 4x6 Plaques-Outstanding Performance in Region One-Act plays-decided by the three (3) Festival Play Judges (**order for 2024**)

- b. One hundred and twenty (120) Region Individual Medals (awarded to participants that scored 65 or more points) and medals round participants only). **(order for 2024)**
- c. 1st, 2nd, 3rd Place IE's divided in the following way:
- d. (3 of each) 1st, 2nd, 3rd Place Classical Scenes (9 total)
- e. (3 of each) 1st, 2nd, 3rd Place Contemporary Scenes (9 total)
- f. (1 of each) 1st, 2nd, 3rd Place Humorous Monologue (3 total)
- g. (1 of each) 1st, 2nd, 3rd Place Dramatic Monologue (3 total)
- h. (2 of each) 1st, 2nd, 3rd Place Pantomime (6 total)
- i. (4 of each) 1st, 2nd, 3rd Place Musical Theatre (12 total)
- j. 3 Plaques for Plays- 1st, 2nd, 3rd Place Region 2 Plays **(order for 2024)**
- k. 2 Trophies for Sweepstakes Awards (1st Place Region 2 Drama, 2nd Place Region 2 Drama) **(Order for 2024)**

Drama Schedule

Region Drama Planning Meeting

Tuesday, Jan. 9th, 2024

5:30 pm

Riverton High School

Region Plays

Th. March 14th, 2024

Corner Canyon High School

9:00 a.m. – 4:00 p.m.

Region IE's

Friday, March 15th, 2024

Copper Hills High

3:00 pm Round One

4:00 pm Round Two

5:00 pm Round Three

6:30 pm Medals Round

7:30 pm Awards Ceremony

***Play Results (Acting Awards, State, 1st, 2nd, 3rd Places)**

***IE State Qualifiers, Medals**

***IE 1st, 2nd, 3rd (each category)**

***Sweepstakes 1st, 2nd, 3rd**

6A State Drama

Thursday-Saturday, April 18, 19, and 20 2024

FOOTBALL GUIDELINES 2023

Activity Chairman: Art Erickson, Bingham AP arthur.erickson@jordandistrict.org

Coaches Representative: Dustin Pearce - Herriman dustin.pearce@jordandistrict.org

Rules Clinic Date:

Aug 1 - Sep 11... Rules Clinic (On-line: uhsaa.org/training)

Moratoriums:

June 29- July 5... MORATORIUM -- no practices, competitions, meetings or travel

Jul 25... Begin Practice/Team Selection

Aug 1 - Sep 11... Rules Clinic (On-line: uhsaa.org/training)

Aug 12 - Aug 13... Endowment Games

Aug 17... First Contest Allowed (Sub-Varsity)

Aug 18... First Contest Allowed (Varsity)

Aug 26... Rosters with Numbers to RegisterMyAthlete.com

Aug 26... Team Photo to MaxPreps.com

Sep 6 - Oct 4... Academic All-State Applications Accepted

Oct 14... Season End Date

Oct 15... State Tourney Bracket Reveal 9:00 AM

Oct 21... State Tournament First Round @ *Home Sites*

Oct 28... State Tournament Second Round @ *Home Sites*

Nov 4 - Nov 5... State Tournament Quarterfinals @ *Home Sites*

Nov 10... State Tournament Semifinals @ *University of Utah*

Nov 18... State Tournament Finals @ *University of Utah*

Nov 19 - Dec 3... MORATORIUM -- no practices, competitions, meetings or travel

Nov 24 - Nov 27... MORATORIUM -- no practices, competitions, meetings or travel

Dec 21 - Dec 25... MORATORIUM -- no practices, competitions, meetings or travel

Jan 1... MORATORIUM -- no practices, competitions, meetings or travel

Feb 20 - Mar 6... MORATORIUM -- no practices, competitions, meetings or travel

Jun 28 - Jul 4... MORATORIUM -- no practices, competitions, meetings or travel

Guidelines Agreed Upon:

1. Beginning practice date will be July 25, 2023. (helmets only)

2. Endowment game will be August 12-13, 2023.

3. All varsity games will start at 7:00 pm.

4. Each region school will play a full schedule of Sophomore and JV games. For the 2023 season sophomore and JV games will be held on Wednesday or Thursday nights opposite of the site of the varsity game.

6. Home team wears dark jerseys. Visiting team wears light or white jerseys.

7. All schools are required to use adults on chain and down markers (Varsity only).

8. In case of overtime, the state tie-breaker rule applies.

9. Sidelines: No one will be allowed on the field or sidelines (outside of teams and team personnel) during the game without a sideline pass. Each school will develop and distribute their own sideline passes. The Athletic Director who meets the bus will determine from the opposing coach how many sideline passes are needed. It is the responsibility of each school's administration to keep their sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game.

10. The home team is responsible for emergency medical care.

11. Head coaches (or assistant coaches) will email the two (2) most recent games via Hudl by 8:00 am each Saturday. A copy of the team roster will accompany all film exchanges. Region III

games, whether practice, league, or post-league, may be filmed only by the two participating schools. The host school should extend the same courtesy to the visiting photographer as to its own photographer. Films that are exchanged in Region III will be filmed by a responsible adult. They should include a pre-snap set wide angle, scoreboard by quarter, and each scoring play. Film all plays.

12. Varsity host school will provide dressing facilities upon the request of the visiting school. A chalkboard/whiteboard will be available. Each school will provide their own towels. Host school will clear the visiting locker room 1½ hours before games and provide a guide for the visiting team to meet the bus, show locker room, etc. (JV and Sophomores dress at their own schools.) In the case of inclement weather, JV & Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning the locker room immediately following half-time.

13. **Post-Game Activities:** At the conclusion of the Varsity, J.V., or Sophomore football games and after the post game acknowledgement between teams, visiting teams will not participate in any post game activities. Visiting teams have 10 minutes to gather sideline equipment, gear etc, exit the field and load their bus to leave. Visiting patrons likewise are to leave the visiting field and not gather on the field or sideline. Visiting football coaching staff to assist in dispersing their team and supporting patrons from the field/stadium after the game.

14. Visiting teams will be allowed a minimum of 2 spotters and a maximum of 4 (depending on facility).

15. Region II will allow communication equipment including computers, film, television, and video tapes during the game and between periods as permitted by state guidelines. 16.

Coaches will communicate with one another on at least two occasions: 1- Schedule and team rosters are to be e-mailed to Region Chair by Monday, August 10, 2023. The rosters shall contain at least the name, grade level, number, height, and weight of each athlete and be in numerical order. (Register My Athlete) 2- The All Region selection date TBD.

17. **New State RPI seeding will replace the need for tiebreaks and play-in games.** *Refer to region policies for tiebreakers. In the event of a 3-way tie for the last playoff berth, see previously stated region rules first. If necessary, then follow the steps below. a. The winner of the tie breaker or winner of the flip earns a bye; the other two teams play off in a 24-minute game, consisting of two (2) 12-minute quarters. b. Following a 15 minute halftime intermission, the winner of the first 24-minute game will then play the bye team. The game will consist of two (2) 12-minute quarters. The winner of that game will advance to the play-offs. c. All playoff games will be held at a neutral site.*

18. Any current employee of a school may not officiate in any varsity game in which that school is participating.

19. The National Anthem will be played 5 minutes before the scheduled starting time. The visiting team should be informed if this is changed.

20. Region scheduling will flip home and away year to year. The order will remain the same for two years.

21. Change of Date, Time, or Place of a regularly scheduled region game must be approved by the Region III Board of Managers. Changes should be approved at least one week in advance. Host schools must notify the Football Chair and the other head coaches in the region of the change. Host schools must notify the arbiter of the change. 22. Any Media personnel from schools must remain on their school's sideline.

23. Home team responsible for filming sophomore and JV games and put on Huddle Thursday.

2023 Region II Football Schedule:

Week 6 September 15, 2023

Bingham @ Copper Hills

Mountain Ridge @ Corner Canyon

Riverton @ Herriman

Week 7 September 22, 2023

Corner Canyon @ Riverton

Copper Hills @ Mountain Ridge

Bingham @ Herriman

Week 8 September 29, 2023

Mountain Ridge @ Herriman

Riverton @ Bingham

Corner Canyon @ Copper Hills

Week 9 October 6, 2023

Bingham @ Corner Canyon

Herriman @ Copper Hills

Riverton @ Mountain Ridge

Week 10 October, 13, 2023

Copper Hills @ Riverton

Mountain Ridge @ Bingham

Herriman @ Corner Canyon

FORENSICS GUIDELINES 2023-24

Activity Chairman: Michelle Putnam, Bingham AP michelle.putnam@jordandistrict.org

Coaches Representative: Tanner Latham tanner.latham@jordandistrict.org

Rules Clinic Date:

Moratoriums: same as other UHSAA activities

Starting Date: Sept 26, 2023
First Contest: Sept 26, 2023
Eligibility List Due: October 20, 2023
Academic All-State Deadline: March 2, 2024
State Tournament Dates/Location: March 8-9, 2024

Guidelines Agreed Upon:

FORENSICS GUIDELINES 2023-24 RESPONSIBLE SCHOOL - Herriman HS
No forensics meet(s) may be held prior to the UHSAA Forensics season beginning date.

Region 2 Speech and Debate regions:

Saturday, February 24, 2024

Entry Deadline: Wednesday, February 21, 2024

State entries must be given to the Region Representative by Monday, March 4, 2024

Region Representative will submit all final entries to the UHSAA and State Forensics Representative.

2023-24 Region Representative: Tanner Latham

(Region Representative will be determined by election every 2-3 years, barring unforeseen vacancies.)

Food will be arranged by the host school, Region representative and Tournament director.

Medals: 1st thru 5th place engraved medallions will be awarded to participants, and the Utah High School Association will pay for those.

Region 2 Format

Participants: Events will match the state guidelines. Four entries will be allowed for each event, per school, with a max total of 48 participants, adhering to the state double-entry guidelines.

Lincoln Douglas Debate - Four (4) participants

Policy Debate - Four (4) teams (total 8 participants)

Public Forum - Four (4) teams (total 8 participants)

Impromptu - Four (4) participants

Oratory - Four (4) participants

National Extemp - Four(4) participants

Foreign Extemp - Four (4) participants

Informative - Four (4) participants

Combined Interps - Four (4) participants

Student Congress - Four (4) participants

Judging Requirements:

One judge for every two Lincoln Douglas participants

One judge for every two Policy and Public Forum teams

One judge for every four Individual Event participants

One judge for Student Congress (if bringing participants in this event)

Full teams must have 12 judges, including 1 Congress judge

Reimbursement:

The Utah High School Association will pay for Judges (\$10 per round or \$40 for the day) at the Region Tournament.

Rounds:

The Region Tournament will be at least 3 rounds depending on entry numbers

Event Pairings: Participants will be randomly placed in panels for Rounds 1 and 2 of their events, and matched Hi-Low for Round 3.

Congress Pairings: All registered competitors will make up a single Congressional house. If there are more than 25 contestants, there will be two houses of not less than 13 or larger than 25 members in each for the preliminary rounds.

Quartiling:

Policy and Public Forum:

The 1st quartile of competitors will be awarded superior ratings (10 points).

The 2nd quartile will be awarded excellence ratings (6 points).

The 3rd quartile will be awarded good ratings (2 points).

The 4th quartile will be awarded fair ratings (0 point).

All other Events:

The 1st quartile of competitors will be awarded superior ratings (5 points).

The 2nd quartile will be awarded excellence ratings (3 points).

The 3rd quartile will be awarded good ratings (1 points).

The 4th quartile will be awarded fair ratings (0 point).

Topics:

All Debate (Lincoln Douglas, Policy and Public Forum) topics for Region will be the same as the State topics.

The Congress topics docket will be determined by Region coaches.

The docket will be made up of 2 pieces of legislation chosen by each school, or by the assigned coach. No school may have more than two authored bills per session.

Oratories:

Quoted material must be highlighted and numbered (Only 150 words may be quoted). These may be electronic copies and should be sent to the region rep.

Printed copies must be provided to the Ombudsman upon request, should the speech be challenged.

Sweepstakes:

All sweepstakes will be done using the State Quartiling method.

Any participant who is disqualified, misses a round or session of an event will not be eligible for a final rating or team sweepstakes points, but will not be eliminated from quartiling. (Chapter 3 Article 2 UHSAA Speech and Debate handbook)

Tiebreakers are not calculated in the tournament; Ranks/Win-Loss records only.

Team events follow UHSAA State tournament guidelines for sweepstakes points.

Individuals that place in the top 10 or 50% of entries in an event (whichever is greater) of an event will qualify for the state tournament

Additional information:

2020-21 region rules were changed to more closely align with USHAA state guidelines.

In the event that a dispute arises which is not covered by Region guidelines, State rules will be deferred to. In the event that disputes are not covered by Region or State guidelines, Coaches will determine, by a majority unanimous vote, on how to resolve the dispute.

Coaches:

School	Name	Email
Region Chair	Michelle Putnam	michelle.putnam@jordandistrict.org
Bingham	Victoria Riggan	victoria.riggan@jordandistrict.org
Copper Hills	No Team	
Herriman	Tanner Latham	tanner.latham@jordandistrict.org
Mnt. Ridge	No Team	
Riverton	No Team	
Corner Canyon	Jeramy Acker	jeramy.acker@canyonsdistrict.org

Region Schedule: see Utahdebatecoaches.org

BOYS GOLF GUIDELINES 2023

Activity Chair: Dave Barrett, Corner Canyon

Coaches Representative: Jeff Price, Herriman

- Rules Clinic Deadline Sept 15, 2022
- Moratoriums: June 28-July 4, Nov 23-26, Jan 1, Nov 27-Dec 31, Dec 21-25
- Two week Prior Restrictions: July 17-July 30, 2023
- Starting Date: July 31, 2023
- First Contest: August 7, 2023
- Eligibility List Due: August 25 – Roster on RegisterMyAthlete.com
- Academic All-State Deadline: Sept 5-Oct 3, 2023
- Golf State Entry Deadline Oct 3, 2023
- Golf State Tournament Oct 9-19, 2023 - TBD

Guidelines Agreed Upon:

1. There will be a maximum of 14 Varsity and 14 JV region tournaments, consisting of 18 holes each. Eight players representing each region school will participate with the low 5 scores added together for the school's tournament score. The point system will be used to determine the overall region champion. The first-place team will receive 6 points, second will receive 5, third 4, fourth 3, fifth 2 and sixth 1 point. In the case of a tie for 1st place, both teams will be presented a trophy.
2. All schools will be responsible for their own green fees.
3. Region Tournaments will start as late as possible (shotgun starts will be requested).
4. The Region II Tie Breaker Rule will be followed to decide final region standings, if needed. If there is a tie for the final state tournament spot, the coaches of the included schools will choose 4 golfers who will then playoff until the final spot is decided.
5. If a region tournament is postponed due to inclement weather every attempt will be made to reschedule as soon as possible. If all golfers finish at least 9 holes before inclement weather stops play, that will be considered a region tournament and the 9-hole scores will be considered a complete tournament. In the event that the final 18-hole region tournament is affected by weather, there may not be a makeup due to time constraints.
6. USGA rules apply to all events, local rules will supersede in case of conflicts.
7. No caddies may be used by the participants in region tournaments. No riding golf carts unless approved by a majority vote of region coaches prior to play.
8. Spectators/Parents may attend but are not allowed to give advice to participants. Coaching is only allowed by the designated school coaches (per UHSAA

guidelines coaches must have completed required coaches' training and be an official member of the school coaching staff.) Advice or coaching from spectators will result in a 2-stroke penalty. They will receive the penalty after one warning from a coach or Marshall. Spectators must remain 50 feet away during the competition.

9. All players are to be dressed in appropriate golf attire. The following guidelines come from the UHSAA Handbook: Appropriate attire is required for all golfers and coaches. Participants may not wear denims of any kind of color. A participant must wear long pants, knee length skirts or shorts (no denim, basketball, or cargo style shorts are allowed) and collared shirts or mock turtlenecks. Penalty for breach of rule: two strokes and attire must be legal before the player can continue.
10. All golfers will play from the designated tee markers. Only rangefinders without slope capabilities will be allowed. The following electronic devices are not allowed: (including, but is not limited to) cell phones, music devices, smart phones, etc. Region III tournaments will follow UHSAA rules and regulations.
11. Players must attend school all periods of the day of a region event up until they are excused for the event by the coach. District policy supersedes any discrepancy.
12. Prior to the first match, each school will hold a region rules meeting. All golfers must attend or will not be eligible for region play. Exceptions rarely may occur but must be approved by the region board (principals, not coaches).
13. First team all-region players will be awarded medals for players 1- 10 with the lowest scores after Region Tournaments.

Boys Golf Coaches Information

School	Name	Email
Region Chair –	Dave Barrett	david.barrett@canyonsdistrict.org
Bingham	Sterling Jack	sterling@sterlingjack.com
Copper Hills	John Watkins	john.watkins@jordandistrict.org
Herriman	Jeff Price	jeffrey.price@jordandistrict.org
Mnt. Ridge	Ryan Avila	ryan.avila@jordandistrict.org
Riverton	Kelly Pehrson	kelly.pehrson@jordandistrict.org
Corner Canyon	Derek Fox	derek@impactgolfcenter.com

Region Schedule: Tentative

2023 Region schedule	Tournament	Varsity/JV	Course	Start Time
August 7	Region 2 Match 1	Varsity Only	Glenmore	7:00 am tee times
August 8	Season Preview	Varsity Only	Copper Club	7:30 am tee times
August 15	Region 2 Match 2	Varsity and JV	Oquirrh Hills	8 am Shotgun
August 28	Region 2 match 3	Varsity and JV	Glen Eagle	7 am shotgun
Sept 5	Region 2 Match 4	Varsity and JV	Talons Cove	8 am shotgun
Sept 13	Region 2 Match 5	Varsity and JV	Meadowbrook	8 am shotgun
Sept 20	Region 2 Match 6	Varsity and JV	Soldier Hollow Gold	9 am shotgun
Sept 27	Region 2 Match 7	Varsity only	Old mill	8 am shotgun
Oct. 2	Region 2 Championship match 8	Varsity Only	Sleepy Ridge	8 am shotgun
Oct 2	Region 2 Match play day 1	Varsity only	Sleepy Ridge	1:30 PM Tee times
Oct. 3	Region 2 Match play final	Varsity only	Old Mill	10:30 Am tee times
Oct 10	6A State Championships	Varsity only	Old Mill	tee times
Oct 11	6A State Championships	Varsity only	Old Mill	tee times

GIRLS GOLF GUIDELINES 2024

Activity Chairman: Brady Bartholomew

Coaches Representative: Jodi Sadler

- Moratoriums: June 28-July 4, Nov 23-26, Nov 27-Dec 31, Dec 21-25
- Rules Clinic Date: April 15, 2024
- Starting Date: Feb 26, 2024
- First Contest: Mar 4, 2024
- Eligibility List Due/Roster on RMA: Mar 15, 2024
- Academic All-State Deadline: April 18, 2024
- State Tournament Dates/Location: May 6-7, 2024 @TBA

Guidelines Agreed Upon:

REGION II GIRL'S GOLF GUIDELINES 2023-2024

- There will be 12 players maximum per team consisting
- of 6 Varsity and 6 JV. Four of the Varsity scores will be counted for tournament scoring and scoring is based on stroke play. A point system will be used to determine team standings within the region. Points will be doubled for the Region tournament.
 - 1st place =
 - **5** points for 9 holes/**10** points for 18 holes
 - 2nd place =
 - **4** points for 9 holes/**8** points for 18 holes
 - 3rd place =
 - **3** points for 9 holes/**6** points for 18 holes
 - 4th place =
 - **2** points for 9 holes/**4** points for 18 holes
 - 5th place =
 - **1** point for 9 holes/**2** points for 18 holes
- Coaches will determine which tournaments count toward
- All Region at the beginning of the season with the agreement that one score will be dropped. The top 12 girls in the region will medal.
- Eight to ten tournaments will be scheduled, preferably
- Shot-gun starts. Starting time will usually be in the afternoon, but there may be a few morning tournaments. Some tournaments will be Varsity only.

Girls Golf Coaches information

School	Name	Email
Region Chair	Brady Bartholomew	brady.bartholomew2@jordandistrict.org
Bingham	Jodi Sadler	jodi.sadler@jordandistrict.org
Copper Hills	Jake Timpson	jacob.timpson@jordandistrict.org
Herriman	Jeff Price	jeffrey.price@jordandistrict.org
Corner Canyon		
Riverton	Trish Marshall	patricia.marshall@jordandistrict.org
Mt Ridge	Liz Conry	elizabeth.conry@jordandistrict.org

MUSIC, INSTRUMENTAL GUIDELINES 2023-24

Activity Chairman: Janilee Mullen, Riverton AP janilee.mullen@jordandistrict.org

Coaches Representative: Jason Weimer, Riverton High

Rules Clinic Date:

Moratoriums:

- June 28-Jul 4, 2023
- Nov 23-26, 2023
- Dec 21-25, 2023
- Jan 1, 2024

Starting Date:

First Contest:

Eligibility List Due:

Academic All-State Deadline:

State Entry Deadline:

State Tournament Dates/Location:

State Solo and Ensemble- April 27, 2024- Woods Cross

State Jazz- March 21-23, 2024

State Band- May 2-4, 2024

State Orchestra- May 16-18, 2024

Competition Dates:

Region Solo and Ensemble- February 27, 2024- Herriman High

Region Jazz- March 6, 2024- Mountain Ridge High

Percussive Arts Day of Percussion- March 16, 2024- Riverton High

Region Band- March 20, 2024- Copper Hills High

Region Orchestra- April 17, 2024- Mountain Ridge High

Guidelines Agreed Upon:

I. Festival Management A. Leadership and Responsibilities 1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level. 2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band (Drumline included), Orchestra, Concert Band and Large Group Choral. 3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined. Scheduling requests and

any protests or grievances regarding any results MUST come from the school's music director. Scheduling requests and grievances from students or parents will NOT be considered. 4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching bands. 5. Under the existing partnership, UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president. 6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference. 7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines. 8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators. 9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities. 10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair, the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music. The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee. B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals 1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble. 2. To participate in a

regional or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (UHSAA Handbook, Article 1 Section 8; Handbook Music Section I-C). Students must be currently enrolled in a high school music class taught at their participating high school. Students who are in a 7-12 grade school must be in 9th-12th grade to participate in the solo portion of the Solo & Ensemble Festival, but may perform with a choir (vocal or instrumental). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at www.uhsaa.org to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the Calendar tab at www.uhsaa.org.

3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility.

C. Eligibility Requirements for Music Festival Participation

1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked.
2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals.
3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant. However, all participants in ensembles must be students.

D. Eligibility Requirements for Adjudicating Festivals

1. In order to qualify as an adjudicator one must successfully complete the online application and training found at <http://umea.us/adjudication.php> through the Utah Music Educators Association and receive certification in one or more areas of specialization.
2. To remain eligible, all adjudicators must recertify once every four years by completing the online application and training found at <http://umea.us/adjudication.php>.
3. If an adjudicator receives three negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completing the UMEA on-line training.
4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room.

E. Ratings

1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I).
2. Guidelines for ratings follow:
 - RATING I: SUPERIOR—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory.
 - RATING II: EXCELLENT—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used.
 - RATING III: GOOD—an average performance lacking in several characteristics of a superior rating. Music may be used.
 - RATING IV: FAIR—a below average performance requiring many specific improvements.
 - RATING V: POOR—a performance lacking sufficient preparation and exhibiting major deficiencies.

II. General Requirements

A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the Utah High School Activities Association website: www.uhsaa.org (Click on Sports&Activites>Activities>Music). The forms must be filled

out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival. B. Scores or individual parts of a score, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered. C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a "no rating." D. Music is an interactive art form and as such live accompaniment is required. E. Uninvited communication with the adjudicator may result in the disqualification of the entry. F. Region and state festival adjudicator fees are \$25 an hour (1-2 hrs adjudicating), \$90 half day (approximately 3-5 hrs at site), and \$140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .46 cents per mile and \$.11 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at uhsaa.org) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested. G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the Statement of Principles for Music Festivals, as prepared by UMEA. H. Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional. III. Region Festivals A. Region Music Festivals 1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals. 2. Recommended Region Festivals (UMEA or UHSAA sponsors the state culminating festival): (March) Vocal Solo & Ensemble Festival (April) Orchestra Festival (March) Instrumental Solo & Ensemble Festival (April) Large Group Choral Festival (March) Jazz Ensemble Festival (April) Concert Band Festival 3. Directors are discouraged from requesting to participate in another region festival; however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A, 5A or 6A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request. Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility. B. Region Large Group Festivals 1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating. 2. Rules and regulations: a. Large group festivals should be held on a regional basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled. b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years. c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage. d. Ratings: (See ratings under IE, #1-2) e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of

the Utah High School Activities Association. f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools. g. It is recommended that there be three adjudicators for each large group festival. C. Region Jazz Ensemble Festival 1. Each jazz ensemble is required to perform at least one swing and one ballad or combination thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed. 2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator. 3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight-reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time. 4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts. D. Region Solo & Ensemble Festivals 1. Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility. 2. Entrants shall use high quality, published music of recital nature grade III level or above. 3. The current New York State Music Association Manual and/or the NAfME Selected Music Lists are recommended (could also search acceptable state repertoire lists on jwpepper.com). 4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events. 5. To be considered a separate ensemble, at least 50 percent of the group shall be new members. 6. A soloist shall not perform a selection he or she has used at any evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles. 7. Performing Groups: a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts. b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32. c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part. d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles. 8. Only instrumental and chamber choirs may be conducted. 9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score. 10. Soloists and small ensembles may perform only one selection or portion thereof not to exceed the "performance" times listed below. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR. Soloists & Small Ensembles
Playing Time Group Size Solos Piano 6 minutes String 7 minutes 2-7 members 6

minutes Woodwind/Brass 7 minutes 2-7 members 6 minutes Vocal 5 minutes See #6 above 5 minutes Percussion 10 minutes 6 minutes 11. Large ensembles and choirs may perform more than one selection but must stay within the following “time limits” which shall include: setup, tuning, performance time and exiting the performance area. When the time limit has expired, the monitor or adjudicator may signal the group to stop their performance. Large Ensembles & Choirs *Total Time Limit Group Size String Choirs 12 minutes 8-25 members Woodwind Choirs 12 minutes 8-25 members Brass Choirs 12 minutes 8-25 members Large Percussion Ensembles 12 minutes Chamber Choirs 15 minutes 16-32 members IV. State Solo & Ensemble Festivals A. Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival. B. Regions/Schools are assigned to the following festival locations: NORTH Solo & Ensemble Festival at Northridge High School Regions 1, 2, 3, 5, 6, 10, 11, 13, 15, 17, & 22 SOUTH Solo & Ensemble Festival at Provo High School Regions 4, 7, 8, 9, 12, 14, 16, 18, 19, 20, & 21 C. Qualifying for the State Solo & Ensemble Festival 1. Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a regional festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable. 2. Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating. 3. The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition: a. An adjudicator’s nomination must be included on the piano adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating. b. Music performed must be high quality, published music of recital nature, grade III or above. 4. Soloists or groups qualifying for state may change their selections between region and state festivals. 5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed. 2019-20 UHSAA HANDBOOK. 6. An ensemble qualifying for state may change no more than one half of its personnel. D. State Solo & Ensemble Festival Instructions and General Information 1. Go to the UHSAA Music page at www.uhsa.org for festival info and instructions on submitting entries. 2. Prior to the Region S & E Festival(s), the high school music teacher shall complete and email the UHSAA “Region Solo & Ensemble Entry Form” to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at uhsaa.org). 3. Following the Region Festival(s) the Region Music Chair shall complete the following: a. The Region Chair photocopies the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival. b. The Region Chair contacts the music directors at each of their region schools and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers. c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival. d. State Solo & Ensemble Festival information will be posted on the Music page at www.uhsaa.org. e. The Region Music Chair shall electronically submit the region’s state qualifying entries to the Festival Scheduler/Director (listed below) on the “UHSAA State Solo & Ensemble Entry Form”. The entry form is available on the UHSAA Music page at www.uhsaa.org click on the

link for the “State Solo & Ensemble Form;” save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined \$200.00 for the first week late. Entries received more than one week late will not be scheduled. f. Prior to the state festival, the school music directors shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form. g. Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled. Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler. h. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email on behalf of a request from one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts. i. **NO SHOW FEES CHARGED TO SCHOOLS:** Schools are fined \$25 for each “no show” entry. The “no show” fee is charged if a scheduled performance posted on the UHSAA website is canceled later than the Monday prior to the State Festival. 3. The preliminary schedule will be posted on the Music Page at www.uhsaa.org about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior. 4. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist. 5. State Solo & Ensemble Awards: a. Soloists receiving a superior (I) rating will be awarded medals and certificates. b. In rare instances, an adjudicator may award a superior rating “With Distinction.” c. Soloists receiving superior minus (I-) ratings will be awarded certificates. d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate.

MUSIC, VOCAL GUIDELINES

Activity Chairman: Janilee Mullen, Riverton AP janilee.mullen@jordandistrict.org

Coaches Representative: Jason Weimer, Riverton High

Rules Clinic Date:

Moratoriums:

- June 28-Jul 4, 2023
- Nov 23-26, 2023
- Dec 21-25, 2023
- Jan 1, 2024

State Entry Deadline- Apr 6, 2024

State Festival- Apr 27, 2024

Guidelines Agreed Upon: See Instrumental/Vocal Guidelines listed above

Music Dates:

Solo and Ensemble- March 5, 2024- Mountain Ridge High

Region Training- March 13, 2024

Region Chamber Choir- March 19, 2024

Region Large Choir- April 10, 2024

BOYS SOCCER GUIDELINES 2024

Activity Chairman: Sterling Hunt sterling.hunt@jordandistrict.org

Coaches Representative:

1. Rules Clinic:
2. Moratoriums:
 - Jun 28-July 4, 2023
 - Nov 23-26, 2023
 - Dec 21- Dec 25, 2023
 - Jan 1, 2024
 - Feb 11 - Feb 25, 2024 (Two-Weeks Prior)
3. Starting Date: February 26, 2024
4. First Contest: March 4, 2024
5. Eligibility List Due: March 15, 2024 on Max preps
6. Academic All-State Deadline: Mar 19 - Apr 18, 2024
7. SEASON END DATE: May 7, 2024
8. RPI BRACKET REVEAL: May 8, 2024
9. State Tournament first round May 10 (Home site)
10. State Tournament second round May 14 (Home site)
11. State Tournament quarterfinals May 16 (Home site)
12. State Tournament Semifinals May 21 (Zions Bank Stadium)
13. State Tournament Finals May 23 (Rio Tinto Stadium)

Guidelines Agreed Upon:

1. Region games will start at 3:30 PM for Varsity; 5:15 for JV; on Wednesday and Friday. One game designated as senior night and for that contest, Varsity will start at 7:00 p.m. and JV 5:00 p.m.
2. Region trophy will go to first place in regular region play
3. Please refer to "General Policies" in the Region III Handbook for all other Region III rules, and the UHSAA Handbook for all UHSAA rules
4. Game field locations for each school are located on campus.
5. All-Region team players are decided by the coaches according to how the teams finish in region play. For the region's first team: 1st - 6, 2nd - 5, 3rd - 3, 4th - 3, 5th - 2, 6th - 2
6. The All-Region second team players will be determined with 4 selections from the region teams that place 1st-4th. Teams who place 5th or 6th will select 2 players each.
7. All Teams will receive 2 selections for Honorable Mention.
8. Region Honors: MVP for the following area:
 - a. All-Around
 - b. Forward
 - c. Mid-field
 - d. Defender
 - e. Goal-Keeper

Coaches Contact Information:

Copper Hills HS - Sean Terry - 801-502-5152 sean.terry@jordandistrict.org

Bingham HS - Leo Gonzalez - 801-637-0081 / Leo.gonzalez00@gmail.com

Herriman HS - Marcello Gasperini - ***-***-**** / mpgasperini@gmail.com

Corner Canyon - Andrew Van Wagenen - 503-530-9621 / andrew.vanwagenen@canyonsdistrict.org

Riverton HS - Paul Moizer - 801-598-4449 / paul.moizer@jordandistrict.org

Mt Ridge HS - Eric Arthur - 801-879-3357 / eric.arthur@jordandistrict.org

Salt Lake Academy- Oli Brittain - 801-500-4409 - obrittain@rslacademy.org

Region Schedule
2023-24 Region II Boys Soccer

GIRLS SOCCER GUIDELINES 2023

General Information:

Activity Chairman: Kevin Barton

Coaches Representative: Ryan Rumfallo

1. Moratoriums

- June 28-July 4, 2023
- July 10-23, 2023 (two weeks prior)
- Nov 23-26, 2023
- Nov 27-Dec 31, 2023
- Dec 21-25, 2023
- Jan 1, 2024

2. Other information:

- Rules Clinic Date (Online: uhsaa.org/training) July 27 - Sept 10
- Academic All-State Applications Accepted: Sept. 5 – Oct. 3
- Roster with Numbers to RegisterMyAthlete.com: Aug. 25
- Team Photo to MaxPreps.com: Aug 25
- Season End Date: Sept 29, 2023
- State Bracket Reveal: Sept 30, 2023

Coaches:

Herriman-Ryan Rumfallo-coachrumfallo@yahoo.com

Riverton-

Bingham-

Copper Hills-

Mountain Ridge-

Corner Canyon-

Salt Lake Academy- Sly Yeates | syeates@rslacademy.org

Policies

1. All general policies in the Region II Activities Manual should be read and will apply to the sport of Soccer.
2. Each school has the option to play a maximum of 16 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games.
3. Pre-season non-league games are to be scheduled as the schedule permits per UHSAA ruling if game limitation is changed.
4. Varsity and Junior Varsity games will be played on the same day, at the same site.
 - a. **Varsity game time is 3:30 p.m.**
 - b. **Junior Varsity game time is 5:15 p.m.** (15 minutes after Varsity game)
 - c. **Senior night varsity start time 7pm and JV 5:30 p.m.**
5. Changes in game time and/or site must be approved by the principals and coaches of both schools involved as well as the Region Chair which will notify all coaches.

6. Host schools are responsible for notifying officials in advance of any change in the schedule.
7. The uniform sportsmanship policy:
 - a. Soccer will be administered according to the policy listed in the general policies.
 - b. Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play.
 - c. Any participant involved in a second incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - d. A third ejection will result in suspension for the remainder of that season.
 - e. The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member or any team personnel who leaves the bench area during a fight or who participates in a fight during the season, will be ejected from that game.
 - f. Fans must be seated 10 feet from the sideline - a painted white line must designate the fan seating area.
8. Home team must wear dark jerseys and dark socks. Visiting team wears white jerseys and white socks.
9. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field. When teams are seated on opposite sides of the field, fans must sit with their team on the appropriate sides.
10. Tiebreaker: See Region Policy for all activities.
11. Each postponed game must be made up in the order of the postponement. During the first round of region play, a postponed game will be made up by “flip/flopping” the schedule and playing at the “visiting” team’s field, if it is playable. If both fields are unplayable, the postponed game will be made up on the first available date as stated in how a game is made up in the second round. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the “home” field, or at either field as agreed mutually by the coaches. When deciding to stick to the “home fields” consideration needs to be given to the visiting team’s predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. if possible.
12. If there is a tie and a berth is at stake, then the tied school’s playoff. The teams play a full game. If there are three teams tied for a playoff spot, then two teams play determined by flip. The winner plays the bye team. Winner goes. If three teams tie for two places, then the same format is used. However, the winner of the first game is in and the loser plays the bye team. All games are played on a neutral site.
13. Region Team Selection: On September 19, 2022, Each coach will email the region chairman (administrator) two players names from their squad, which they feel are the top region players on their teams. The chairman will compile the list and send it out to the coaches for a vote through a Google Form. These votes will be tallied and a final list will be sent to coaches for approval.

GIRLS SOCCER SCHEDULE: 2023

<p>August 15, 2023</p> <p>Herriman @ RSL Mountain Ridge @ Bingham Corner Canyon @ Copper Hills Bye: Riverton</p>	<p>September 7, 2023</p> <p>RSL @ Herriman Bingham @ Mountain Ridge Copper Hills @ Corner Canyon Bye: Riverton</p>
<p>August 17, 2023</p> <p>Corner Canyon @ Mountain Ridge Copper Hills @ Bingham Riverton @ Herriman Bye: RSL</p>	<p>September 12, 2023</p> <p>Mountain Ridge @ Corner Canyon Bingham @ Copper Hill Herriman @ Riverton Bye: RSL</p>
<p>August 22, 2023</p> <p>Mountain Ridge @ Herriman RSL @ Bingham Riverton @ Corner Canyon Bye: Copper Hills</p>	<p>September 14, 2023</p> <p>Herriman @ Mountain Ridge Bingham @ RSL Corner Canyon @ Riverton Bye: Copper Hills</p>
<p>August 24 , 2023</p> <p>Bingham @ Corner Canyon RSL @ Copper Hills Riverton @ Mountain Ridge Bye: Herriman</p>	<p>September 19, 2023</p> <p>Corner Canyon @ Bingham Copper Hills @ RSL Mountain Ridge @ Riverton Bye: Herriman</p>
<p>August 29, 2023</p> <p>RSL @ Riverton Copper Hills @ Mountain Ridge Herriman @ Corner Canyon Bye: Bingham</p>	<p>September 21, 2023</p> <p>Riverton @ RSL Mountain Ridge @ Copper Hills Corner Canyon @ Herriman Bye: Bingham</p>
<p>August 31, 2023</p> <p>Corner Canyon @ RSL Copper Hills @ Herriman Bingham @ Riverton Bye: Mountain Ridge</p>	<p>September 26, 2023</p> <p>RSL @ Corner Canyon Herriman @ Copper Hills Riverton @ Bingham Bye: Mountain Ridge</p>

<p>September 5, 2023</p> <p>Riverton @ Copper Hills Mountain Ridge @ RSL Herriman @ Bingham Bye: Corner Canyon</p>	<p>September 28, 2023</p> <p>Copper Hills @ Riverton RSL @ Mountain Ridge Bingham @ Herriman Bye: Corner Canyon</p>
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<p>6A State Tournament:</p> <p>October 5, 2023 First Round @ Home Sites</p> <p>October 10, 2023 Second Round @ Home Sites</p> <p>October 12, 2023 Quarterfinals @ Home Sites</p> <p>October 17, 2023 Semifinals @ Zions Bank Stadium</p> <p>October 20, 2023 Finals @ Rio Tinto Stadium</p>	<p>Coach Contact List:</p> <p>Ryan Rumfallo - coachrumfallo@yahoo.com Jeremey King - king4126@gmail.com Paul Moizer - paul.moizer@jordandistrict.org Tennille Vance - tennillevance@gmail.com Mindy Zamudio - mindy.zamudio@jordandistrict.org Sly Yeates - syeates@rslacademy.org Fode Doumbia - fode.doumbia@canyonsdistrict.org</p>
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SOFTBALL GUIDELINES 2024

Coaches Representative:

1. Rules Clinic:

2. Moratoriums:

- Jun 28 - Jul 4, 2023
- Nov 23-26, 2023
- Nov 27- Dec 31, 2023
- Dec 21- Dec 25, 2023
- Jan 1, 2024
- Feb 11 - Feb 25, 2024 (Two-Weeks Prior)

3. Starting Date: February 26, 2024

4. First Contest: March 4, 2024

5. Eligibility List Due: March 15, 2024 on Max preps

6. Academic All-State Deadline: Mar 19 - Apr 18, 2024

7. SEASON END DATE: May 14, 2024

8. RPI BRACKET REVEAL: May 15, 2024

11. State Tournament May 16-17 Super Regionals (Best of 3) (Home site)

12. State Tournament May 21-22 (Bracket play)@TBA

13. State Tournament Finals May 23-24 (Best of 3) @TBA

Guidelines:

1. No team may play more than twenty-two (22) games during the entire season.

a. A single day tournament will count as one game with a maximum of four (4) games.

b. A multiple day tournament (2-3 days) will count as two (2) games towards contest limitations.

c. A maximum of eight (8) games may be played in a multiple day tournament.

2. All region varsity games shall begin at 3:30 p.m.

a. Games will be a full seven (7) innings.

b. If the score is tied at the end of seven (7) innings, the international tie-breaker rule will be in effect.

c. The 10-run rule will be in effect after the fifth inning.

d. The 15-run rule will be in effect after the third inning.

3. All JV games will immediately follow varsity games (same day, same site).

a. A team may only score six (6) runs an inning in a JV game.

b. Rules for JV play will be agreed upon by the region in order to provide a developmental atmosphere and to accommodate facility conflicts.

c. A JV region trophy will be awarded to the winning JV team based on their region record.

4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15 pm.
5. The home team will be responsible for:
 - Providing an official scorekeeper (a responsible adult)
 - Providing two (2) new game balls (same ball throughout the game)
 - Paying the officials
 - Field management
 - Calling the media with games results
 - Providing water for the visiting team
6. Postponed games will follow the UHSAA suspended game procedures.
 - a. The **home** team will call their opponent and the officials by 1:00 pm
 - b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
 - c. Priority should be given to region games.
 - d. In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second-round field will be reversed.
7. Teams agree to accept all National Federation Rules.
8. In the event of a tie in the standings, the region tie breaker rule will be in effect.
9. Videotaping of games is by **playing** teams only.
10. One region trophy will be awarded to the first-place team.
11. All seniors with a 3.75 CUM will receive Academic All-Region.
12. Coaches meeting to select All-Region teams will be held (TBA)
13. Pitching distance will be 43 feet.
14. Senior recognition day will be kept to a ten (10) minute maximum according to general policy
15. All-Region schools will be required to have a safety base. (orange)
16. Region Administration representative will be responsible for producing and awarding All-Region awards.
17. Region Champion Tie Breaker
 1. Head to Head
 2. Runs against
 3. Co- Champions if tied after Head to Head and Runs Against
18. All Region team:
 - 1st place gets 5 and the League MVP
 - 2nd place gets 4
 - 3rd place gets 3
 - 4th place gets 2

** Conversations will be had between the coaches at a post-season meeting. The above numbers may be altered if all coaches are in agreement**

Region II Softball Schedule 2023-2024

Tuesday, March 19th

Mountain Ridge @ Bingham
Herriman @ Corner Canyon
Copper Hills @ Riverton

Thursday, March 21st

Corner Canyon @ Mountain Ridge
Herriman @ Copper Hills
Bingham @ Riverton

Thursday, April 4th

Bingham @ Copper Hills
Riverton @ Corner Canyon
Mountain Ridge @ Herriman

Tuesday, April 9th

Copper Hills @ Mountain Ridge
Riverton @ Herriman
Bingham @ Corner Canyon

Thursday, April 11th

Mountain Ridge @ Riverton
Herriman @ Bingham
Corner Canyon @ Copper Hills

Tuesday, April 16th

Bingham @ Mountain Ridge
Corner Canyon @ Herriman
Riverton @ Copper Hills

Thursday, April 18th

Mountain Ridge @ Corner Canyon
Copper Hills @ Herriman
Riverton @ Bingham

Tuesday, April 23rd

Copper Hills @ Bingham
Corner Canyon @ Riverton
Herriman @ Mountain Ridge

Thursday, April 25th

Mountain Ridge @ Copper Hills
Herriman @ Riverton
Corner Canyon @ Bingham

Tuesday, April 30th

Riverton @ Mountain Ridge
Bingham @ Herriman
Copper Hills @ Corner Canyon

SWIMMING GUIDELINES 2023-2024

Activity Chairman: Jordan Denos CCHS

Coaches Representative:

1. Rules Clinic: October 31, 2023
2. Moratoriums:
 - June 28 - July 4, 2023
 - August 5 - 18, 2023
 - November 23 - November 26, 2023
 - December 21 - December 25, 2023
 - January 1, 2024
 - June 28 - July 4, 2024
3. Starting Date: September 25, 2023
4. Rule Clinics September 26 - October 24, 2023 (online-uhsaa.org)
5. First Contest: October 27, 2023
6. Roster on RMA November 17, 2023
7. Academic All-State Deadline: January 9 - Feb 6, 2024
8. State Entry Deadline February 7, 2024
9. State Tournament February 15 & 16, 2024 @ BYU

Guidelines Agreed Upon:

1. Monday September 25, 2023 is the first day of practice/team selection. October 27, 2023 is the first date a swim meet may be held.
2. A maximum of 14 meets will be held not including region and state meets. All region meets will have warm-ups at 3:00pm and meet start time of 3:30pm.
3. The Region Championship meet will be held at TBD on Friday, January 26, 2024 (TBD). **Start times dictated by pool availability. Preferably on Friday in the AM.**
4. The State Championship meet will be held at Brigham Young University on February 15 & 16, 2024.
5. Each school's entries for the region championship meet will be unlimited. Relays will be limited to 2 entries per school with only the designated "A" relay team scoring points.
Proposed change: Prelims will have unlimited entries for all events and relays. All entry times must be current season best times as verified in the top 100 report.
6. **NT's will be accepted for Region Meet**
 - a. All swimmers must meet eligibility requirements as per National Federation Rules
 - b. No more than four swimmers from each school may receive a medal and score points towards the region championship.
 - c. Each school must submit their region entries as well as their Academic All-Region names (3.75 or high senior athletes) at the region seeding meeting to be held on Monday, January 23, 2023 - location TBD.
 - d. The scoring format will be 16 places; 1 region trophy, 6 individual event medals, and 3 relay team medals.
7. All hosting schools of dual meets will have the following:

	Dual Meets	Region Championship
Starter	\$40.00	\$60.00
Referee	\$40.00	\$60.00
Stroke and Turn	\$40.00 (up to 2)	\$30.00 (5)
Head Timer/Runner	\$40.00	\$40.00

Hospitality Coordinator	N/A	\$30.00
Meet Director	N/A	\$150.00

Region Meet Assignments: To be rotated annually

Meet Director: Markie Harper, Copper Hills HS

Runners: Copper Hills HS

Volunteers: Copper Hills HS

Timers: Herriman HS

Officials: Bingham HS

Meet Marshalls: Riverton HS

Admissions/Programs: Corner Canyon HS

Hospitality: Mountain Ridge HS

Swimming Region Schedule:

Wednesday, November 8	Corner Canyon @ Riverton
Tuesday, November 14	Corner Canyon @ Mountain Ridge Herriman @ Riverton
Thursday, December 7	Bingham @ Herriman Copper Hills @ Corner Canyon
Thursday, December 14	Bingham @ Corner Canyon
Tuesday, December 19	Riverton @ Mountain Ridge
Wednesday, December 20	Bingham @ Copper Hills
Thursday, January 4	Mountain Ridge @ Copper Hills
Tuesday, January 9	Riverton @ Copper Hills
Thursday, January 11	Bingham @ Riverton
Saturday, January 13	Herriman @ Mountain Ridge
Wednesday, January 17	Copper Hills @ Herriman Mountain Ridge @ Bingham
Thursday, January 25	Herriman @ Corner Canyon

February 2, 2024

February 15 & 16, 2024

Region Championship @ South Davis

State Championship @ BYU

BOYS TENNIS GUIDELINES 2024

Activity Chairperson: Taylor Anderson, Corner Canyon HS

Coaches Representative: Linda Richmond linda.richmond@jordandistrict.org

1. Rules Clinic:
2. Moratoriums:
 - June 28- July 4, 2024
 - Nov 23-26, 2023
 - Nov 27-Dec 31, 2023
 - Dec 21- Dec 25, 2023
 - Jan 1, 2024
 - Feb 11 - Feb 25, 2024 (Two-Weeks Prior)
 - Jun 28 - Jul 4, 2024
3. Starting Date: February 26, 2024
4. First Contest: March 4, 2024
5. Roster due on RMA Mar 3, 2024
6. Academic All-State Deadline: Mar 19 - Apr 18, 2024
7. SEASON END DATE: May 1, 2024
8. Roster entry deadline: May 2, 2024 (5pm)
9. State Tournament Bracket reveal May 3, 2024 (10am)
10. State Tournament first round May 4, 2024 (@TBA)
11. State Tournament May 9 and 11, 2024 (Liberty Park)

Activity Chairperson: Taylor Anderson, Corner Canyon HS

Coaches Representative: Linda Richmond linda.richmond@jordandistrict.org

Boys Tennis Policies

Region Activity Chair: Taylor Anderson, Corner Canyon HS

Coaches' Representative:

1. Region II will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play sixteen matches plus the Region and State Tournaments. A one-day tournament will count as one match and two-day tournament counts as two matches.
3. Tennis players must compete in a minimum of five Region II matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student athlete participating in the region meet. The region tournament will determine state qualifiers and their positions.
4. Starting time for tennis matches will be 3:00 pm unless otherwise agreed upon by coaches and principals. Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00pm.
5. Each team is expected to participate in a JV schedule. Where possible the matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No ad scoring will be used

6. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
7. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles player and so on. The same policy must be used for doubles; i.e., the best team must play first doubles.
8. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region III Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory
9. Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, and will use a (12) point tie break at 8-8. No ad scoring will be used for junior varsity matches only.
10. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
11. Dual match and region tournament coaching rules are as follows:
 - a. A coach is designated as one with appropriate credentials as identified by each school's administration. The coaches must be identifiable. There should be only two designated coaches from each team working with players during matches.
 - b. A coach may coach his/her players during the 90 second changeover at the end of the odd games, 2 minutes between sets and during the 10 minute rest period in the event of a third set. One coach is to be coaching/on the court at a time.
 - c. Coaching must be in a manner that does not interfere with the play on adjoining courts.
12. The Region II Tournament will be a six-team modified double-elimination tournament. The modifications are as follows:
 - a. Players who reach the finals are guaranteed first or second place (no true second)
 - b. When playing for state seeding, 3 and 4 and 5 and 6th places will playoff unless they have previously played in the tournament.
13. The region home team will furnish high altitude tennis balls for Region III dual meets, and the region chair will provide the balls for the region tournament.
14. The Region IV Championship will be determined by a combination of the dual matches and the Region III Tournament. A team could receive 0,1,2,3,4 or 5 points per dual match. Scoring for the Region Tournament will be: first place in each category will receive **4**, second place three (3) points, third place two (2) points and fourth place one (1) point. In the event of a tie, co-championships will be awarded.
15. Seeding is by position: a tiebreaker is determined by 1) head to head, 2) number of sets lost, 3) number of games lost, 4) coin toss. In exceptional circumstances the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.
16. Disqualification or defaults impacting region and state tournaments.
 - a. The region administrator in charge will be contacted immediately.
 - b. The region chair will contact all coaches in the region and discuss the default.
 - c. The defaulting team will move players up according to player ranking in their respective singles or doubles
 - d. Should the disqualification happen after the region meeting, the region administrator will be contacted and the State Qualification Rules as written in the USHAA handbook will be followed

17. In the event tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.
18. Stacking concerns will be reported to the region chair, and may be addressed at midway point or end of 1 st round region play.
19. Trophies & Awards; one region trophy, 24 medals for girls and 24 medals for boys, medals: 1st-4th places in 6 categories 1st singles; 2 nd singles; 3rd singles; 1 st doubles; 2nd doubles; 3rd doubles.
20. Region tournament will be on a rotation schedule for each calendar year.
2020 Copper Hills 2021 Riverton

-Region 2

Boys Tennis Spring 2024 Proposed Schedule

First Practice/Team Selection Monday Feb 26, 2024

First Matches Allowed Monday Mar 4, 2024

Tuesday Mar 14

Thursday Mar 16

Copper Hills @ Corner Canyon

Riverton @ Bingham

Bingham @ Herriman

Corner Canyon @ Mtn Ridge

Mtn Ridge @ Riverton

Herriman @ Copper Hills

Tuesday Mar 21

Thursday Mar 23

Herriman @ Mtn Ridge

Mtn Ridge @ Copper Hills

Bingham @ Copper Hills

Riverton @ Herriman

Riverton @ Corner Canyon

Bingham @ Corner Canyon

Tuesday Apr 11

Thursday Apr 13

Corner Canyon @ Herriman

Corner Canyon @ Copper Hills

Copper Hills @ Riverton

Herriman @ Bingham

Mtn Ridge @ Bingham

Riverton @ Mtn Ridge

Tuesday Apr 18

Thursday Apr 20

Bingham @ Riverton

Mtn Ridge @ Herriman

Mtn Ridge @ Corner Canyon

Copper Hills @ Bingham

Copper Hills @ Herriman

Corner Canyon @ Riverton

Tuesday Apr 25

Thursday Apr 27

Copper Hills @ Mtn Ridge

Herriman @ Corner Canyon

Herriman @ Riverton

Riverton @ Copper Hills

Corner Canyon @ Bingham

Bingham @ Mtn Ridge



March 27-31 JSD Spring Break, April 1-5 CSD Spring Break

*Sat May 4, State First Round site @ Corner Canyon High

*Thurs & Sat May 9 & 11 State Tournament @ Liberty Park



GIRLS TENNIS 2023

Activity Chair: Taylor Anderson, Corner Canyon HS

Coaches Representative: Linda Richmond linda.richmond@jordandistrict.org

1. Region III will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play sixteen matches plus the Region and State Tournaments. A one-day tournament will count as one match and two-day tournament counts as two matches.
3. Tennis players must compete in a minimum of five Region II matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student athlete participating in the region meet. The region tournament will determine state qualifiers and their positions.
4. Starting time for tennis matches will be 3:00 pm unless otherwise agreed upon by coaches and principals. Matches are to be played on the date scheduled (subject to weather and court conditions). The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00pm.
5. Each team is expected to participate in a JV schedule. Where possible the matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No ad scoring will be used
6. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
7. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles player and so on. The same policy must be used for doubles; i.e., the best team must play first doubles.
8. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region II Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory
9. Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, and will use a (12) point tie break at 8-8. No ad scoring will be used for junior varsity matches only.
10. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
11. Dual match and region tournament coaching rules are as follows:
 - a. A coach is designated as on with appropriate credentials as identified by each school's administration. The coaches must be identifiable. There should be only two designated coaches from each team working with players during matches.
 - b. A coach may coach his/her players during the 90 second changeover at the end of the odd games, 2 minutes between sets and during the 10 minute rest period in the event of a third set. One coach is to be coaching/on the court at a time.

c. Coaching must be in a manner that does not interfere with the play on adjoining courts.

12. The Region II Tournament will be a six-team modified double-elimination tournament.

The modifications are as follows:

- a. Players who reach the finals are guaranteed first or second place (no true second)
- b. When playing for state seeding, 3 and 4 and 5 and 6 th places will playoff unless They have previously played in the tournament.

13. The region home team will furnish high altitude tennis balls for Region III dual meets,

region chair will provide the balls for the region tournament.

14. The Region IV Championship will be determined by a combination of the dual matches

and the Region III Tournament. A team could receive 0,1,2,3,4 or 5 points per dual match. Scoring for the Region Tournament will be: first place in each category will receive 4, second place three (3) points, third place two (2) points and fourth place one (1) point. In the event of a tie, co-championships will be awarded.

15. Seeding is by position: a tiebreaker is determined by 1) head to head, 2) number of sets

lost, 3) number of games lost, 4) coin toss. In exceptional circumstances the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.

16. Disqualification or defaults impacting region and state tournaments.

- a. The region administrator in charge will be contacted immediately.
- b. The region chair will contact all coaches in the region and discuss the default.
- c. The defaulting team will move players up according to player ranking in their respective singles or doubles
- d. Should the disqualification happen after the region meeting, the region administrator will be contacted and the State Qualification Rules as written in the USHAA handbook will be followed

17. In the event tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.

18. Stacking concerns will be reported to region chair, and may be addressed at midway point or end of 1 st round region play.

19. Trophies & Awards; one region trophy, 24 medals for girls and 24 medals for boys,

medals: 1st-4th places in 6 categories 1st singles; 2nd singles; 3rd singles; 1st doubles; 2nd doubles; 3rd doubles.

20. Region tournament will be on a rotation schedule for each calendar year.

2019 Herriman 2020 Bingham

Girls Tennis Schedule 2023

1. Rules Clinic Deadline Sep 7, 2023
2. Moratoriums
 - June 28-July 4, 2023
 - July 17-July 30 (two weeks prior)
 - Nov 23-26, 2023
 - Nov 27-Dec 31, 2023
 - Jan 1, 2024
3. Important Dates:
 - First practices: July 31, 2023
 - First matches: August 7, 2023
 - Roster due on RMA: August 6, 2023
 - Academic All State: September 5- October 3
 - Season End Date-Sept 20, 2023
 - State Entry Deadline: Sept 21, 2023
 - State Bracket Reveal: Sept 22, 2023
 - State Tournament First Round: Sept 23 TBA
 - State Tournament Sept 28 & 30 @ Liberty Park

Region 2

Girls Tennis Fall 2023 Proposed Schedule

First Practice/Team Selection Monday July 31, 2023

First Matches Allowed Monday August 7, 2023

Tuesday Aug 15

Thursday Aug 17

Copper Hills @ Corner Canyon

Riverton @ Bingham

Bingham @ Herriman

Corner Canyon @ Mtn Ridge

Mtn Ridge @ Riverton

Herriman @ Copper Hills

Tuesday Aug 22

Thursday Aug 24

Herriman @ Mtn Ridge

Mtn Ridge @ Copper Hills

Bingham @ Copper Hills

Riverton @ Herriman

Riverton @ Corner Canyon

Bingham @ Corner Canyon

Tuesday Aug 29

Thursday Aug 31

Corner Canyon @ Herriman

Corner Canyon @ Copper Hills

Copper Hills @ Riverton

Herriman @ Bingham

Mtn Ridge @ Bingham

Riverton @ Mtn Ridge

Tuesday Sep 5

Thursday Sep 7

Bingham @ Riverton

Mtn Ridge @ Herriman

Mtn Ridge @ Corner Canyon

Copper Hills @ Bingham

Copper Hills @ Herriman

Corner Canyon @ Riverton

Tuesday Sep 12

Thursday Sep 14

**Copper Hills @ Mtn Ridge
Canyon**

WeekHerriman @ Corner

Herriman @ Riverton

Riverton @ Copper Hills

Corner Canyon @ Bingham

Bingham @ Mtn Ridge

***Sat Sept 23, State First Round site @ Corner Canyon High**

***Thurs & Sat Sept 28 & 30 State Tournament @ Liberty Park**

TRACK & FIELD GUIDELINES 2024

Region Activity Chair: Glen Varga, Riverton High School
glen.varga@jordandistrict.org
Coaches Representative: Garth Rushforth

1. Rules Clinic Date: Feb 19 - Mar 20, 2024
2. Moratoriums:
 - June 28-July 4, 2023
 - Aug 27- Sept 23, 2023
 - Nov 23-26, 2023
 - Dec 21-25, 2023
 - Jan 1, 2024
3. First Contest: Mar 4, 2024
4. Eligibility List Due: Mar 15, 2024
5. Academic All-State Deadline: Mar 21 - Apr 18
6. State Entry Deadline: May 13, 2024
5. State Tournament Dates/Location: May 16 - May 18 @ BYU

Guidelines Agreed Upon:

1. Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. Eight of those meets may be State Qualifiers. There is NO starting date for practice.
2. Track meets for boys and girls are to be conducted concurrently.
3. The first meet may be held no earlier than March 6, 2023.
4. Track meets will start at 3:00 pm, with the exception of the Region Meet, which may begin at 1:30 pm for field events and 2:00 pm for running events. The Region JV Meet will start at 3:00 pm. The Region Requirements and Awards:
 1. Region JV Meet ribbons for the first six places in individual events and first place in relays.
 2. Region Championship Meets: Trophy for first place boys' team and first place girls' team; Medals for first six places in individual events and first three places in relays.
 3. The top 8 places will be scored in the Region Meet for individuals and top 6 for relay events. Individual scoring is 10, 8, 6, 5, 4, 3, 2, 1. Scoring for relays is 10, 8, 6, 5, 4, 3.
 4. Each school is allowed 5 competitors per event in the Region Championship Meet and one relay team. Only entry times or distances from the current outdoor track season can be used. If no time or distance is available then they must be entered as a no time (NT) or no distance (ND).
5. Responsibility of deciding whether a meet should be canceled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school's principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.

6. The Region JV meet is only for those athletes not participating in the Region Meet.
 7. It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
 8. The host school will determine how they would like to run the region meets they host and are responsible to contact the teams coming to the home team as to what needs to be done for that region meet.
 9. Visiting schools should provide one responsible helper at the finish line for away meets. And help with at least one field event.
 10. In the Region Meet all athletes must be in uniform according to NFHS rules. Any exceptions to this rule due to extraordinary circumstances must be approved in advance by the Region Chair.
 11. A maximum budget of \$300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2023 JV Meet will be held on May 2. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.
 12. Contest Limitations: Track: 12 meets per individual for 3A, 4A, 5A & 6A. An individual may participate in no more than eight qualifying meets in addition to the region meet so as to not exceed 12 meets.
14. Academic All-State is due (to UHSAA) between March 21 to April 20.
15. Any ties for a state qualifying place will be broken in accordance with NFHS rules.
-

Meet Schedules

Schedule 1(tri-meet) - March 15 and April 12

100m/110 Hurdles

100m

1600m

4X200

400

4x800 Relay

Schedule 2(tri-meet) - March 26, April 26

100m/110 Hurdles

300 Hurdles

200m

3200m

4X100m Relay

800m

4X400m

Track and Field Schedule 2024

March 6, 2024

March 13, 2024 - (Schedule 1)
BHS, CC @ HHS

March 20, 2024 - (Schedule 2)
RHS, HHS @ BHS
MRHS, CC @ CH

March 27, 2024 - SPRING BREAK (Jordan)

April, 3, 2024 - SPRING BREAK (Canyons)
RHS, CH @ MRHS

April 10, 2024 - Full Schedule
CH @ CC
MRHS @ HHS
BHS @ RHS

April 17, 2024 - (Schedule 1)
CC, MRHS @ HHS
BHS, RHS @ CH

April 24, 2024 - (Schedule 2)
CC, HHS @ MRHS
BHS, CH @ CC

May 1, 2024
JV Region @ RHS

May 8, 2024
Region @ BHS

May 16-18, 2024

Region Field Event Assignments:

Pole Vault Coaches – Pole Vault

Copper Hills – Long Jump

Corner Canyon – High Jump

Bingham – Host

Herriman – Javelin

Riverton - Shot Put

Mountain Ridge - Discus

All Schools – Exchanges and Hurdles

BOYS VOLLEYBALL GUIDELINES 2023-24

Activity Chairman: Sally Wilde

Region Coaches Chair:

Moratoriums:

- June 28 - July 4, 2023
- **Two weeks prior:** Feb 11-Feb 26, 2023
- Nov 23-26, 2023
- Dec 21-25, 2023
- Jan 1, 2024

Rules Clinic:

Online Rules Clinic:

Starting Date: february 26, 2024

First Contest: March 4, 2024

Rosters w/# RegisterMyAthlete.com: March 15, 2024

Academic All State: March 19 - April 18, 2024

End of Season: May 7, 2024

State Bracket Reveal: May 9, 2024

**State Tournament: First Round May 14, 2024 @ Home Sites
Finals May 16-18, 2024 @ UVU**

1. Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
2. The Region Championship trophy will be awarded to the winning team.
Official scorekeeper needs to be an adult for varsity competition whenever possible.
3. Court needs to be set up one hour prior to the start time of the first game.
Please refer to "General Policies" in the **Region III** Handbook for all other **Region III** rules, and the UHSAA Handbook for all UHSAA rules.
4. Winning teams will call/text scores into newspapers.
5. All teams need to report scores and statistics at MaxPreps within 48 hours of the match.
6. Sophomore teams will always play 3 games (25, 25, 25) and JV will use a 5 game setup (25,25,15,15,15) with the scores capped at 27 and 17.
7. Varsity will use a 5 game setup (25,25,25,25,15)
8. The visiting team brings their own water and may bring food, but it cannot be on the court. Visiting teams are encouraged to bring pre packaged meals. **Accommodations for buffet style meals will not be available to the visiting team.**
9. All Region Teams will be selected by Max Prep Stats Program and coaches votes at region meeting. A meeting will be scheduled at the end of the season to discuss All Region Teams and votes. All region ballots are due the day after the regular season game by 5:00pm to region Coaches Chair Paulasi Matavao.

1st Team = 7 players

2nd Team = 7 players

1 Overall MVP

1 Libero MVP

Honorable mention list as needed

10. Home team will provide 15 balls for the visiting team's warm up.

Game Start Times:

Sophomore 3:30 PM
 JV 4:45 PM
 Varsity 6:00 PM

Volleyball Schedule 2024

Region II

<p><u>March 19, 2024</u></p> <p>Copper Hills @ Herriman Mountain Ridge @ Bingham Riverton @ Corner Canyon</p>	<p><u>April 19, 2024</u></p> <p>Herriman @ Copper Hills Bingham @ Mountain Ridge Corner Canyon @ Riverton</p>
<p><u>March 21, 2024</u></p> <p>Copper Hills @ Mountain Ridge Herriman @ Corner Canyon Bingham @ Riverton</p>	<p><u>April 12, 2024</u></p> <p>Mountain Ridge @ Copper Hills Corner Canyon @ Herriman Riverton @ Bingham</p>
<p><u>April 9, 2024</u></p> <p>Corner Canyon @ Copper Hills Riverton @ Mountain Ridge Herriman @ Bingham</p>	<p><u>April 23, 2024</u></p> <p>Copper Hills @ Corner Canyon Mountain Ridge @ Riverton Bingham @ Herriman</p>
<p><u>April 11, 2024</u></p> <p>Copper Hills @ Riverton Corner Canyon @ Bingham Mountain Ridge @ Herriman</p>	<p><u>April 30, 2024</u></p> <p>Riverton @ Copper Hills Bingham @ Corner Canyon Herriman @ Mountain Ridge</p>
<p><u>April 16, 2024</u></p> <p>Bingham @ Copper Hills Riverton @ Herriman Mountain Ridge @ Corner Canyon</p>	<p><u>May 2, 2024</u></p> <p>Copper Hills @ Bingham Herriman @ Riverton Corner Canyon @ Mountain Ridge</p>

School	Head Coach	Email
Bingham	John Thomas (JT)	itsjt2@hotmail.com
Copper Hills	Mariah Brown	mariah.brown@jordandistrict.org
Corner Canyon	Michael Burke	Michael.burke@canyonsdistrict.org
Herriman	Austin Linford	alinford@gmail.com
Mountain Ridge	David Johnston	david.johnston@jordandistrict.org
Riverton	Elaine Gibson	elaine.gibson@jordandistrict.org
Admin Rep	Sally Wilde	sally.wilde@jordandistrict.org

GIRLS VOLLEYBALL GUIDELINES 2023-24

Activity Chair: Misty Jolley

Region Coaches Chair: Kylie Bussell

Moratoriums:

- June 28 - July 4, 2023
- **Two weeks prior:** July 17-July 30, 2023
- Nov 23-26, 2023
- Dec 21-25, 2023
- Jan 1, 2024

Rules Clinic: August 5, 2022 Live Rules Clinic 5:00 pm

Online Rules Clinic: August 10-September 10 (uhsaa.org/training)

Starting Date: July 31, 2023 (Begin practice and team selection)

First Contest: August 10, 2023

Rosters w/# RegisterMyAthlete.com: August 19, 2023

Academic All State: Sept 5- Oct 3, 2023

End of Season: October 17, 2023

State Bracket Reveal: October 18, 2023

**State Tournament: First Round Oct 31 @ Home Sites
Finals Nov 2 & 4, 2023 @ UVU**

11. Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
12. The Region Championship trophy will be awarded to the winning team.
Official scorekeeper needs to be an adult for varsity competition whenever possible.
13. Court needs to be set up one hour prior to the start time of the first game.
Please refer to "General Policies" in the **Region III Handbook** for all other **Region III** rules, and the UHSAA Handbook for all UHSAA rules.
14. Winning teams will call/text scores into newspapers.
15. All teams need to report scores and statistics at MaxPreps within 48 hours of the match.
16. Sophomore teams will always play 3 games (25, 25, 25) and JV will use a 5 game setup (25,25,15,15,15) with the scores capped at 27 and 17.
17. Varsity will use a 5 game setup (25,25,25,25,15)
18. The visiting team brings their own water and may bring food, but it cannot be on the court. Visiting teams are encouraged to bring pre packaged meals. **Accommodations for buffet style meals will not be available to the visiting team.**
19. All Region Teams will be selected by Max Prep Stats Program and coaches votes at region meeting. A meeting will be scheduled at the end of the season to discuss All Region Teams and votes. All region ballots are due the day after the regular season game by 5:00pm to region Coaches Chair Paulasi Matavao.

1st Team = 7 players

2nd Team = 7 players

1 Overall MVP

1 Libero MVP
 Honorable mention list as needed

20. Home team will provide 15 balls for the visiting team's warm up.

Game Start Times:

Sophomore 3:30 PM
 JV 4:45 PM
 Varsity 6:00 PM

Volleyball Schedule 2023
 Region II

<p><u>September 12, 2023</u></p> <p>Copper Hills @ Herriman Mountain Ridge @ Bingham Riverton @ Corner Canyon</p>	<p><u>October 5, 2023</u></p> <p>Herriman @ Copper Hills Bingham @ Mountain Ridge Corner Canyon @ Riverton</p>
<p><u>September 14, 2023</u></p> <p>Copper Hills @ Mountain Ridge Herriman @ Corner Canyon Bingham @ Riverton</p>	<p><u>October 10, 2023</u></p> <p>Mountain Ridge @ Copper Hills Corner Canyon @ Herriman Riverton @ Bingham</p>
<p><u>September 19, 2023</u></p> <p>Corner Canyon @ Copper Hills Riverton @ Mountain Ridge Herriman @ Bingham</p>	<p><u>October 12, 2023</u></p> <p>Copper Hills @ Corner Canyon Mountain Ridge @ Riverton Bingham @ Herriman</p>
<p><u>September 26, 2023</u></p> <p>Copper Hills @ Riverton Corner Canyon @ Bingham Mountain Ridge @ Herriman</p>	<p><u>October 17, 2023</u></p> <p>Riverton @ Copper Hills Bingham @ Corner Canyon Herriman @ Mountain Ridge</p>
<p><u>October 3, 2023</u></p> <p>Bingham @ Copper Hills Riverton @ Herriman Mountain Ridge @ Corner Canyon</p>	<p><u>October 24, 2023</u></p> <p>Copper Hills @ Bingham Herriman @ Riverton Corner Canyon @ Mountain Ridge</p>

School	Head Coach	Email
Bingham	Reed Carlson	reed@clubvsports.com
Copper Hills	Kylie Bussell	kylie.bussell@jordandistrict.org
Corner Canyon	Mindy Ricks	cornercanyonvolleyball@gmail.com
Herriman	Austin Linford	alinford@gmail.com
Mountain Ridge	Bryan Nicholson	bryan.nicholson@jordandistrict.org
Riverton	Elaine Gibson	elaine.gibson@jordandistrict.org
Admin Rep	Misty Jolley	misty.jolley@canyonsdistrict.org

BOYS WRESTLING GUIDELINES 2023-24

Activity Chairman Curtis Hagen curtis.hagen@jordandistrict.org

Coaches Representative:

1. Rules Clinic: Oct 31, 2023
2. Moratoriums:
 - June 28 -July 4, 2023
 - Oct 23-Nov 5, 2023 (Two-Weeks Prior)
 - Nov 23-Nov 26, 2023
 - Dec 21- Dec 25,2023
 - Jan 1, 2024
 - Jun 28 - Jul 4, 2024
3. Hydration Nov 17-18, 2023
4. Starting Date: Nov 6, 2023
5. First Contest: Nov 21, 2023
6. Eligibility List Due: Dec 1, 2023 on Max preps
7. Academic All-State Deadline: Jan 9 - Feb 6, 2024
8. Divisionals Feb 2-3, 2024
9. State Entry Deadline Feb 10, 2024
10. State Tournament Feb 14-15, 2024 @ UVU

Guidelines Agreed Upon:

1. Weigh in at 3:30pm, JV starts around 5:00pm, and Varsity starts at 7:00pm.
2. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
3. The State arbiter for Varsity/JV will assign the officials for all Region and non-region matches.
4. UHSAA policies and procedures regarding encounters must be followed.
5. Academic All-Region will be recognized as any senior wrestler who wrestles
6. +-Varsity of JV and achieves at least a 3.75 cumulative GPA. Certificates will be prepared and presented by the home school at each last home meet.
7. One Region Trophy will be awarded to the school with the best overall region matchup record.

Tie Break Rule: Where seeding for state is done through the divisional process and not region W-L records, the following Tie Break Rule only applies in determining who receives the Region Championship trophy:

1. **Head to Head Region records** (between tied teams) - In the event of a W-L tie between teams, the championship will be determined by the win-loss records in region matches between the teams involved in the tie (e.g., Team 1 and Team 2 have the same W-L record, but Team 1 defeats Team 2 during the season, Team 1 wins the championship).
2. **3+ Way Tie:** Where multiple teams are tied (Team 1 defeats Team 2 defeats Team 3 defeats Team 1 and all have the same W-L record in region competition) we will follow the NFHS tie break rule to determine 1 team as region champion.

2023-2024 Region 2 Boys and Girls Wrestling Schedule:

Wednesday, Dec 13th Bingham @ Riverton Copper Hills @ Herriman Corner Canyon @ Mtn Ridge	Wednesday, Dec 20th Herriman @ Bingham Mtn Ridge @ Copper Hills Riverton @ Corner Canyon	Wednesday, Jan 3rd Herriman @ Riverton Copper Hills @ Corner Canyon Bingham @ Mtn. Ridge
Wednesday, Jan 10th Corner Canyon @ Herriman Bingham @ Copper Hills Mtn Ridge @ Riverton	Wednesday, Jan 17th Riverton @ Copper Hills Mtn Ridge @ Herriman Corner Canyon @ Bingham	
	Fri-Sat Feb 2nd-3rd Divisionals	Wed-Thurs. Feb 14th - 15th State Tournament @ UVU

GIRLS WRESTLING GUIDELINES 2023-24

Activity Chairman Tom Gatten thomas.gatten@jordandistrict.org

Coaches Representative:

1. Rules Clinic: Oct 31, 2023
2. Moratoriums:
 - June 28 -July 4, 2023
 - Oct 23-Nov 5, 2023 (Two-Weeks Prior)
 - Nov 23-Nov 26, 2023
 - Dec 21- Dec 25,2023
 - Jan 1, 2024
 - Jun 28 - Jul 4, 2024
3. Hydration Nov 17-18, 2023
4. Starting Date: Nov 6, 2023
5. First Contest: Nov 21, 2023
6. Eligibility List Due: Dec 1, 2023 on Max preps
7. Academic All-State Deadline: Jan 9 - Feb 6,2024
8. Divisionals Feb 2-3, 2024
9. State Entry Deadline Feb 10, 2024
10. State Tournament Feb 14-15, 2024 @ UVU

Guidelines Agreed Upon:

8. Weigh in at 3:30pm, JV starts around 5:00pm, and Varsity starts at 7:00pm.
9. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
10. The State arbiter for Varsity/JV will assign the officials for all Region and non-region matches.
11. UHSAA policies and procedures regarding encounters must be followed.
12. Academic All-Region will be recognized as any senior wrestler who wrestles
13. +-Varsity of JV and achieves at least a 3.75 cumulative GPA. Certificates will be prepared and presented by the home school at each last home meet.
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3. **Head to Head Region records** (between tied teams) - In the event of a W-L tie between teams, the championship will be determined by the win-loss records in region matches between the teams involved in the tie (e.g., Team 1 and Team 2 have the same W-L record, but Team 1 defeats Team 2 during the season, Team 1 wins the championship).
4. **3+ Way Tie:** Where multiple teams are tied (Team 1 defeats Team 2 defeats Team 3 defeats Team 1 and all have the same W-L record in region competition) we will follow the NFHS tie break rule to determine 1 team as region champion.

2023-2024 Region 2 Boys and Girls Wrestling Schedule:

<p align="center">Wednesday, Dec 13th Bingham @ Riverton Copper Hills @ Herriman Corner Canyon @ Mtn Ridge</p>	<p align="center">Wednesday, Dec 20th Herriman @ Bingham Mtn Ridge @ Copper Hills Riverton @ Corner Canyon</p>	<p align="center">Wednesday, Jan 3rd Herriman @ Riverton Copper Hills @ Corner Canyon Bingham @ Mtn. Ridge</p>
<p align="center">Wednesday, Jan 10th Corner Canyon @ Herriman Bingham @ Copper Hills Mtn Ridge @ Riverton</p>	<p align="center">Wednesday, Jan 17th Riverton @ Copper Hills Mtn Ridge @ Herriman Corner Canyon @ Bingham</p>	
	<p align="center">Fri-Sat Feb 2nd-3rd Divisionals</p>	<p align="center">Wed-Thurs. Feb 14th - 15th State Tournament @ UVU</p>

BOYS LACROSSE GUIDELINES 2024

Activity Chairperson: Chris Titus christopher.titus@jordandistrict.org

Coaches Representative:

1. Rules Clinic:
2. Moratoriums:
 - July 31-Aug 27, 2023
 - Nov 23-26, 2023
 - Dec 21- Dec 25,2023
 - Jan 1, 2024
 - Feb 11 - Feb 25, 2024 (Two-Weeks Prior)
 - Jun 28 - Jul 4, 2024
3. Starting Date: February 26, 2024
4. First Contest: March 4, 2024
5. Eligibility List Due: March 15, 2024 on Max preps
6. Academic All-State Deadline: Mar 19 - Apr 18, 2024
7. SEASON END DATE: May 10, 2024
8. RPI BRACKET REVEAL: May 11, 2024
9. State Tournament first round May 14 (Home site)
10. State Tournament second round May 16 (Home site)
11. State Tournament quarterfinals May 18 (Home site)
12. State Tournament Semifinals May 22 (Westminster College)
13. State Tournament Finals May 24 (Zions Bank Stadium)

Coach Info:

School	Name	Email/Phone
Bingham	Brett Everill	brett.everill@jordandistrict.org / 801-440-2906
Copper Hills	Shawn Lovell	shawn.lovell@jordandistrict.org / 801-514-7369
Corner Canyon	Aaron Ika	aaron.ika@canyondistrict.org / 801-808-3691
Herriman	Braeden Lance	braedenlance5@gmail.com / 801-803-2717
Mountain Ridge	Trent Bangert	trent.bangert@jordandistrict.org / 801-910-4751
Riverton	Todd Russell	rivertonlacrosse.coachrussell@gmail.com / 801-448-5618

2023-24 6A Region II Boys Lacrosse Schedules (version 8/28/23)

Varsity 5:30pm, JV 7pm JV Games will have a running clock—Senior Night JV 5:30pm Varsity 7pm

<p>Tuesday March 19, 2024</p> <p>Herriman @ Mountain Ridge Riverton @ Corner Canyon Bingham @ Copper Hills</p>	<p>Thursday April 18, 2024</p> <p>Mountain Ridge @ Herriman Corner Canyon @ Riverton Copper Hills @ Bingham</p>
<p>Thursday March 21, 2024</p> <p>Mountain Ridge @ Bingham Corner Canyon @ Herriman Riverton @ Copper Hills</p>	<p>Tuesday April 23, 2024</p> <p>Bingham @ Mountain Ridge Herriman @ Corner Canyon Copper Hills @ Riverton</p>
<p>Tuesday April 9, 2024</p> <p>Bingham @ Riverton Corner Canyon @ Mountain Ridge Copper Hills @ Herriman</p>	<p>Thursday April 25, 2024</p> <p>Riverton @ Bingham Mountain Ridge @ Corner Canyon Herriman @ Copper Hills</p>
<p>Thursday April 11, 2024</p> <p>Herriman @ Riverton Mountain Ridge @ Copper Hills Corner Canyon @ Bingham</p>	<p>Tuesday April 30, 2024</p> <p>Riverton @ Herriman Copper Hills @ Mountain Ridge Bingham @ Corner Canyon</p>
<p>Tuesday April 16, 2024</p> <p>Riverton @ Mountain Ridge Bingham @ Herriman Copper Hills @ Corner Canyon</p>	<p>Thursday May 2, 2024</p> <p>Mountain Ridge @ Riverton Herriman @ Bingham Corner Canyon @ Copper Hills</p>

Varsity Plays at 5:30pm

JV Plays at 7:30pm

UHSAA IMPORTANT DATES FOR 2022/2023 SCHOOL YEAR

June 29- July 5... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

Aug 1 - Aug 28... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

Nov 24 - Nov 27... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

Dec 21 - Dec 25... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

Jan 1... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

Feb 12 - Feb 26... 4A, 5A, 6A Two-Weeks Prior Restrictions

Feb 27... 4A, 5A, 6A Begin Practice/Team Selection

Mar 6... 4A, 5A, 6A First Contest Allowed
 Mar 17... 4A, 5A, 6A Roster with Numbers on RegisterMyAthlete.com
 Mar 17... 4A, 5A, 6A Upload Team Photo to MaxPreps.com
 Mar 21 - Apr 20... 4A, 5A, 6A Academic All-State Applications Accepted
 May 12... Season End Date
 May 13... 4A, 5A, 6A State Tourney Bracket Reveal 9:00 AM
 May 16... 5A, 6A State Tournament First Round @ Home Sites
 May 18... 4A State Tournament First Round
 May 18... 5A, 6A State Tournament Second Round @ Home Sites
 May 20... 4A, 5A, 6A State Tournament Quarterfinals @ Home Sites
 May 24... 5A, 6A State Tournament Semifinals @ Westminster College
 May 26... 4A, 5A, 6A State Tournament Finals @ Zions Bank Stadium
 Jun 28 - Jul 4... 4A, 5A, 6A MORATORIUM -- no practices, competitions, meetings or travel

GIRLS LACROSSE GUIDELINES 2024

Activity Chair: Jordan Denos (jordan.denos@canyonsdistrict.org)

Coaches Representative:

1. Rules Clinic:

2. Moratoriums:

- July 31-Aug 27, 2023
- Nov 23-26, 2023
- Dec 21- Dec 25, 2023
- Jan 1, 2024
- Feb 11 - Feb 25, 2024 (Two-Weeks Prior)
- Jun 28 - Jul 4, 2024

3. Starting Date: February 26, 2024

4. First Contest: March 4, 2024

5. Eligibility List Due: March 15, 2024 on Max preps

6. Academic All-State Deadline: Mar 19 - Apr 18, 2024

7. SEASON END DATE: May 10, 2024

8. RPI BRACKET REVEAL: May 11, 2024

9. State Tournament first round May 14 (Home site)

10. State Tournament second round May 16 (Home site)

11. State Tournament quarterfinals May 18 (Home site)

12. State Tournament Semifinals May 21 (Westminster College)

13. State Tournament Finals May 23 (Zions Bank Stadium)

Coach Info:

School	Name	Email
Bingham	Courtney McCabe	courtneymcc321@gmail.com
Copper Hills	Karli Auelua	karli.aelua@jordandistrict.org
Herriman	Audree Erekson	aud.erekson@gmail.com
Mountain Ridge	Angie Brescia	angela.maughan@jordandistrict.org
Riverton	Jocelyn Dorton	jocelyn.dorton@jordandistrict.org
Corner Canyon	Matt Kenning	makenning@gmail.com
West	Adison Ellsworth	adison.ellsworth@gmail.com

Girls Lacrosse 2022-23 Region Schedule: Varsity games will start at 5:30 PM followed by the JV game. One game designated as senior night and for that contest, Varsity can start at 7:00 p.m. and JV 5:00 p.m.

Girls Lacrosse Schedule 2024

2022-23 6A Region II Girls Lacrosse Schedules (version 3/27/23)

<p>Tuesday March 19, 2024</p> <p>Mtn. Ridge @ Herriman Corner Canyon @ Riverton Copper Hills @ Bingham</p>	<p>Thursday April 18, 2024</p> <p>Herriman @ Mountain Ridge Riverton @ Corner Canyon Bingham @ Copper Hills</p>
<p>Thursday March 21, 2024</p> <p>Bingham @ Mountain Ridge Herriman @ Corner Canyon Copper Hills @ Riverton</p>	<p>Tuesday April 23, 2024</p> <p>Mountain Ridge @ Bingham Corner Canyon @ Herriman Riverton @ Copper Hills</p>
<p>Tuesday April 9, 2024</p> <p>Riverton @ Bingham Mountain Ridge @ Corner Canyon Copper Hills @ Herriman</p>	<p>Thursday April 25, 2024</p> <p>Bingham @ Riverton Corner Canyon @ Mountain Ridge Copper Hills @ Herriman</p>
<p>Thursday April 11, 2024</p> <p>Riverton @ Herriman Copper Hills @ Mountain Ridge Bingham @ Corner Canyon</p>	<p>Tuesday April 30, 2024</p> <p>Herriman @ Riverton Mountain Ridge @ Copper Hills Corner Canyon @ Bingham</p>
<p>Tuesday April 16, 2024</p> <p>Mountain Ridge @ Riverton Herriman @ Bingham Corner Canyon @ Copper Hills</p>	<p>Thursday May 2, 2024</p> <p>Riverton @ Mountain Ridge Bingham @ Herriman Copper Hills @ Corner Canyon</p>

Varsity Plays at 5:30pm
JV Plays at 7:30pm