

5A Region 6 Handbook 2023-2024

Alta

Brighton

East

Highland

Olympus

Salt Lake School for the Performing Arts

Skyline

West

Index

<u>Baseball</u>	<u>3-9</u>
<u>Boys Basketball</u>	<u>11-13</u>
<u>Boys Golf</u>	<u>15-18</u>
<u>Boys Lacrosse</u>	<u>20-21</u>
<u>Boys Soccer</u>	<u>23-27</u>
<u>Boys Tennis</u>	<u>29</u>
<u>Boys Volleyball</u>	<u>31</u>
<u>Boys Wrestling</u>	<u>33-34</u>
<u>Cheer</u>	<u>36-38</u>
<u>Football</u>	<u>40-44</u>
<u>Girls Basketball</u>	<u>46-49</u>
<u>Girls Golf</u>	<u>51-52</u>
<u>Girls Lacrosse</u>	<u>54-56</u>
<u>Girls Soccer</u>	<u>58-63</u>
<u>Girls Tennis</u>	<u>65</u>
<u>Girls Volleyball</u>	<u>67-68</u>
<u>Girls Wrestling</u>	<u>70-72</u>
<u>Softball</u>	<u>74-76</u>
<u>Speech & Debate</u>	<u>78-82</u>
<u>Swimming</u>	<u>84-85</u>

Baseball

Region Chair

Jordan Kjar
(801) 706-4524
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Coaches

Alta – Daron Connelly
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Brighton - Mark Kleven
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East - Patrick Treend
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Highland – Jayson Kisselburg
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Skyline - Eric Morgan
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2023 Region 6 Baseball

Baseball Guidelines & Schedule

Region Chairman: Jordan Kjar cjkjar@graniteschools.org

Two-Week Prior Restrictions: February 12th – 26th

Starting Date: February 27th

First Game: March 6th

RPI/State Brackets Revealed: May 12th

State Tournament: May 13th- 15th (Please see UHSAA website for official brackets and sites of games)

Academic All-State Accepted Between: March 21st - April 20th

Eligibility List Due: March 17th

Summer moratorium: Jun 28th – July 4th

Guidelines

1. Pregame warmups will begin 25 minutes prior to official start of game. Each team is allowed ten minutes of warmup time.
2. All league games will be played on the date and time (4:00 Varsity, 3:30 JV/Sophomore doubleheader) scheduled unless weather or field conditions cause a postponement. Varsity games are scheduled for Tuesday's, Wednesday's, and Friday's. JV/Soph's will play a double header on Monday's and Thursday's. JV will always start the double header on Monday's, and Sophomores will always start the double header on Thursday's. Each postponed game must be made up in the order of the postponement. A postponed game must be made up on the next available day (including Saturdays). Sub-Varsity games will be "bumped" or "moved" on the calendar to allow the varsity game at either field, or a neutral site as agreed mutually by the coaches. Flip/flopping the schedule and playing at the visiting team's field, if it is playable, will be done where it is possible to get the game in. If a game is "flip flopped" the visiting team would still be considered the home team. Consideration needs to be given when deciding to stick to the home fields to the visiting team's predicament. Every team will get at least one home game per region series. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. It is the responsibility of both coaches to communicate with each other in the process of rescheduling games for the next available date.
3. The final week of region play will have a modified schedule. Varsity will play Monday, Tuesday, and Thursday. J/V and Soph double-headers will be Wednesday and Friday.
4. Any game(s) not made up on the next available date (including Saturdays) will result in a forfeit for one or both teams, depending on the offending team(s). Both coaches will be consulted to determine the offending team. No team will be made to play five (5) games in a week unless they choose to do so. Four (4) games in a week will be required, if necessary, as defined by UHSAA (Sunday to Sunday).
5. Teams may move a Varsity game up one day due to weather concerns, and to get the game in. Both coaches must communicate and agree. They will then notify their AD's, the Region Chair via text.
6. When an incomplete game (less than 5 innings) is "called" because of darkness or weather, etc., in their first game, the game will be resumed immediately before their second game. If it is called during their second game it will be resumed immediately before the third game, if it is called during the third game it will be made up on the next available date (including Saturdays). Sub-Varsity games will be "bumped" to accommodate varsity make-up games. The home field coach will be responsible for notifying all those involved: Umpires, AD's, Principals, Coaches, and the Region Chair.

7. The recommendation of UHSAA on number of pitches per week will be followed.
8. A region championship trophy will go to the first place in region play. In the event of a tie for first place, by record, the team with the head-to-head advantage will be considered region champs and receive the Region Trophy and #1 seed.
9. Please refer to “General Policies” in the Region VI Handbook for all other Region VI rules, and the UHSAA Handbook for all UHSAA rules.
10. The coaches will select the all-region team at their discretion according to the following criteria: 1st place – MVP + 5 players, 2nd place – 5 players, 3rd place – 4 players, 4th place – 3 players, 5th place – 3 players, 6th place 2 players, and 7th place 2 players. For second team all-region the same criteria apply except there will not be an MVP. All region is due to the region chair by May 13th. Coaches will also send each player’s stats. Coaches oversee getting the certificates from their principals and distributing them to their players.
11. Academic all-region will go to any Senior with a 3.700 GPA or higher. Coaches oversee getting the certificates from their principals and distributing them to their players.
12. Due to snowy conditions, Park City may have to play many of their games on the road until the snow melts. If they are scheduled as the home team and play at a visiting site, they still will be the home team.
13. Teams may opt out of playing the Thursday JV/Soph double header for the entire season. To do this, they must notify the region chair by January 15th, 2023. The region chair will then notify the Board and Region Coaches about the change to the schedule.

All-Region

The coaches will select the all-region team at their discretion according to the following criteria:

1st place – MVP + 5 players, 2nd place – 5 players, 3rd place – 4 players, 4th place – 4 players, 5th place– 3 players, 6th place - 3 players, 7th place - 2 players and 8th place – 2 players. For second team all-region the same criteria apply except there won’t be an MVP.

Please email me your players for First and Second Teams along with their stats. I will then compile it and send it back out to everyone.

Trophy: Region Champions

***Weather Delay**

1. When a game is cancelled it is the HOME teams responsibility to communicate within 24 hours of the cancellation. This includes responding to communications made in an effort to re-schedule.
2. Region games take precedence over non-region games.
3. Scheduling of the umpires needs to be done by the AD’s having some foresight and anticipating needs is crucial in being able to have coverage at a game.

4. If a team voluntarily schedules a non-region game to avoid playing a region game or the potential for a region game a forfeit should be required for the offending school

Varsity Schedule	2024 Season	
Week 1		
Tuesday, March 26 th	Wednesday, March 27 th	Friday, March 29 th
East vs Olympus Brighton vs Skyline West vs Highland Alta vs Jordan	Olympus vs East Skyline vs Brighton Highland vs West Jordan vs Alta	East vs Olympus Brighton vs Skyline West vs Highland Alta vs Jordan
Week 2 Spring Break		
Tuesday, April 2 nd	Wednesday, April 3 rd	Friday, April 5 th
Brighton vs East Olympus vs Skyline West vs Alta Highland vs Jordan	East vs Brighton Skyline vs Olympus Alta vs West Jordan vs Highland	Brighton vs East Olympus vs Skyline West vs Alta Highland vs Jordan
Week 3		
Tuesday, April 9 th	Wednesday, April 10 th	Friday, April 12 th
Skyline vs East Olympus vs Brighton Jordan vs West Highland vs Alta	East vs Skyline Brighton vs Olympus West vs Jordan Alta vs Highland	Skyline vs East Olympus vs Brighton Jordan vs West Highland vs Alta
Week 4		
Tuesday, April 16 th	Wednesday, April 17 th	Friday, April 19 th
East vs West Alta vs Olympus Brighton vs Highland Skyline vs Jordan	West vs East Olympus vs Alta Highland vs Brighton Jordan vs Skyline	East vs West Alta vs Olympus Brighton vs Highland Skyline vs Jordan
Week 5		
Tuesday, April 23 rd	Wednesday, April 24 th	Friday, April 26 th
East vs Highland Jordan vs Olympus West vs Brighton Skyline vs Alta	Highland vs East Olympus vs Jordan Brighton vs West Alta vs Skyline	East vs Highland Jordan vs Olympus West vs Brighton Skyline vs Alta
Week 6		
Tuesday, May 30 th	Wednesday, May 1 st	Friday, May 3 rd
Alta vs East Olympus vs West Jordan vs Brighton Highland vs Skyline	East vs Alta West vs Olympus Brighton vs Jordan Skyline vs Highland	Alta vs East Olympus vs West Jordan vs Brighton Highland vs Skyline
Week 7		
Monday, May 6 th	Tuesday, May 7 th	Thursday, May 9 th
East vs Jordan Olympus vs Highland Brighton vs Alta Skyline vs West	Jordan vs East Highland vs Olympus Alta vs Brighton West vs Skyline	East vs Jordan Olympus vs Highland Brighton vs Alta Skyline vs West

JV/Soph Schedule	2024 Season
Week 1	
Monday, March 25 th	Thursday, March 28 th
Olympus vs East Skyline vs Brighton Highland vs West Jordan vs Alta	East vs Olympus Brighton vs Skyline West vs Highland Alta vs Jordan
Week 2 Spring Break	
Monday, April 1st	Thursday, April 4th
East vs Brighton Skyline vs Olympus Alta vs West Jordan vs Highland	Brighton vs East Olympus vs Skyline West vs Alta Highland vs Jordan
Week 3	
Monday, April 8th	Thursday, April 11 th
East vs Skyline Brighton vs Olympus West vs Jordan Alta vs Highland	Skyline vs East Olympus vs Brighton Jordan vs West Highland vs Alta
Week 4	
Monday, April 15 th	Thursday, April 18 th
West vs East Olympus vs Alta Highland vs Brighton Jordan vs Skyline	East vs West Alta vs Olympus Brighton vs Highland Skyline vs Jordan
Week 5	
Monday, April 22nd	Thursday, April 25 th
Highland vs East Olympus vs Jordan Brighton vs West Alta vs Skyline	East vs Highland Jordan vs Olympus West vs Brighton Skyline vs Alta
Week 6	
Monday, May 29th	Thursday, May 2nd
East vs Alta West vs Olympus Brighton vs Jordan Skyline vs Highland	Alta vs East Olympus vs West Jordan vs Brighton Highland vs Skyline
Week 7	
Wednesday, May 8th	Friday, May 10 th
Jordan vs East Highland vs Olympus Alta vs Brighton West vs Skyline	East vs Jordan Olympus vs Highland Brighton vs Alta Skyline vs West

Double Headers: JV first on Monday's, Sophomores first on Thursdays

BOYS BASKETBALL GUIDELINES/ SCHEDULE

Region Chairman: **Matt Barnes, Olympus**

Starting Date: **Monday, November 6, 2023**

Moratoriums: **June 28 – July 4, Nov. 23-26, Dec. 21-25, Jan. 1**

State Tournament: **Feb. 21-23- 1st 2 rounds home sites@ Univ of Utah - 8 teams**

First game: starting Nov. 14

- 1) Games will be played on: Tuesday and Friday's at the following times:
 - Freshman - 5:15 pm aux gyms
 - Sophomore – 3:30 pm
 - Junior Varsity 5:15 pm
 - Varsity – 7:00 pm

- 2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.
- 3) Wilson EVO NXT is the designated ball for both Boys' and Girls' State Tournaments. Use of this ball is recommended for **Region VI** games.
- 4) UHSAA Moratorium dates are above. No games or matches or practices may be held during these designated times. A school is assessed \$200.00 fine if found in violation of the moratorium.
- 5) Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to each **Region VI** Athletic Director by Nov. 22, 2021.
- 6) In the event of a tie, the **Region VI** tie breaker rule applies.
- 7) Teams may film their own games; however, no filming of opponents is allowed at any level.
- 8) General courtesies recommended for games and are as follows:
 - A. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
 - B. If pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
 - C. **5 Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench, allow teams to exit, the floor to be swept, etc. During this 5 minutes there is to be NO ONE on the floor.
- 9) Each school is responsible for providing a dressing room and private discussion area for officials.
- 10) The start times and dates can be changed only by mutual consent of both teams involved and approval by the **Region VI** Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.
- 11) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection.

- 12) A Region VII trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title. Each co-champion team will receive a first place trophy.
- 13) A representative of **Region VI** basketball coaches will keep an up-to-date record of region standings.
- 14) Please refer to “General Policies” in the **Region VII** Handbook for all other **Region VII** rules, and the UHSAA Handbook for all UHSAA rules.

Boys coaches' information

Alta – Travis Ohrn - tohrn5@gmail.com

Brighton – Tim Gardner - timgardner1@yahoo.com

East - Mitch Smith - mitch.smith@otis.com

Highland - Chris Jones – cdjones2525@gmail.com

Olympus – Matt Barnes - mbarnes@graniteschools.org

Skyline – Marcus Frazier - marcus.frazier@slcschools.org

West - Duane Bourdeaux - [Duane. Bourdeaux@slcschools.org](mailto:Duane.Bourdeaux@slcschools.org)

Region 6 Boys Basketball Schedule 2023-2024

Wednesday, Jan. 3

Alta @ East
Olympus @ Highland
Brighton @ Skyline
West Bye

Friday, Jan. 26

East @ Alta
Highland @ Olympus
Skyline @ Brighton
West Bye

Friday, Jan. 5

West @ Olympus
Highland @ Brighton
Skyline @ Alta
East Bye

Tuesday, Jan. 30

Olympus @ West
Brighton @ Highland
Alta @ Skyline
East Bye

Tuesday, Jan. 9

East @ Skyline
Highland @ Alta
West @ Brighton
Olympus Bye

Friday, Feb. 2

Skyline @ East
Alta @ Highland
Brighton @ West
Olympus Bye

Friday, Jan. 12

East @ Highland
Alta @ West
Olympus @ Brighton
Skyline Bye

Tuesday, Feb. 6

Highland @ East
West @ Alta
Brighton @ Olympus
Skyline Bye

Tuesday, Jan. 16

Skyline @ Highland
West @ East
Olympus @ Alta
Brighton Bye

Friday, Feb. 9

Highland @ Skyline
East @ West
Alta @ Olympus
Brighton Bye

Friday, Jan. 19

Brighton @ Alta
West @ Skyline
Olympus @ East
Highland Bye

Tuesday, Feb. 13

Alta @ Brighton
Skyline @ West
East @ Olympus
Highland Bye

Tuesday, Jan. 23

Highland @ West
East @ Brighton
Skyline @ Olympus
Alta Bye

Friday, Feb. 16

West @ Highland
Brighton @ East
Olympus @ Skyline
Alta Bye

ALL FRESHMAN GAMES AT 5:15 – IN AUX GYM – OPPOSITE JV GAME

Boys Golf 2023

Varsity schedule. Schedule region matches on Wednesdays or Mondays.

SQ = State Qualifier

Tryouts start July 31st

Host East	August 7th (SQ)	Bonneville GC	TBD
Host Highland p.m.	August 16th (SQ)	Mountain Dell (Canyon)	1:30
Host West	August 28th (SQ)	Rose Park GC	TBD
Host Brighton	September 4 th (SQ)	Old Mill GC	TBD
Host Olympus	September 11th (SQ)	Glendale GC	TBD
Host Skyline	September 18 th (SQ)	Fox Hollow GC	8 a.m.
Host Alta	September 26 th (SQ)	Mountain View GC	8 a.m.
Region Championship	October 4th	Meadowbrook GC	8 a.m.
State Championship	October 9 & 10	Fox Hollow GC	9 a.m.

Duals are JV. Roster will be up to the course and coaches. Schedule on Tuesday or Thursday after school gets out if possible. Home team is listed first.

Week 1 - August 7th week

Bye Olympus

Alta vs Highland

Skyline vs Brighton

East vs West

Week 2 - August 14th week

Bye Highland

Skyline vs West

Alta vs Olympus

East vs Brighton

Week 3 - August 28th week

Bye Brighton

Olympus vs Skyline

Highland vs East

West vs Alta

Week 4 - September 4th week

Bye West

Olympus vs East

Highland vs Skyline

Brighton vs Alta

Week 5 - September 11th week

Bye Alta

Olympus vs West

East vs Skyline

Brighton vs Highland

Week 6 - September 18th week

Bye Skyline

West vs Highland

Brighton vs Olympus

Alta vs East

Week 7 - September 25th week

Bye East

Highland vs Olympus

Skyline vs Alta

West vs Brighton

Region Manual Guidelines

1. Each team will play eight players the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score, will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1st place at State.
2. The scores from each event will be recorded and then placement for region will go off average. Region standings will be decided by lowest average, the team with the lowest average will be the Region Champion. Every player who plays all the tournaments can drop one score. If you miss a tournament that counts as the score to drop.
3. Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.
4. A maximum of 8 players will be allowed to play at all Region Matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case-by-case basis.
5. Individual medals will be given to the 12 players with the lowest total score for 18-hole region tournaments played (can drop one low score). The Region Championship must be played, and that score will count to be eligible for top 12. Scores in region championship will count. Awards will be given to all region medalists.
6. Range finders will be allowed. No caddie may be used by golfers.
7. Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case-by-case basis.
8. Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
9. Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.
10. Each school will be responsible for their own rules clinic.
11. Coaches will agree before each match on tees from which to play. Majority rules.
12. Team shirts are highly recommended.
13. Meets canceled due to unplayable weather will be rescheduled based on course availability.
14. Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (60 feet) from players and have no private conversations with players during their round.

15. ALL UHSAA Golf Championships (boys and girls) will use a Maximum Stroke Play Scoring System. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
- Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
 - All designated or sanction Region Events should also use this scoring system. It will provide consistent and fair qualification for the state competitions and All-State considerations.
 - Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 32 Bogey, “Par and Stableford Competitions”. Please review these prior to the start of the golf season.
16. State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at site of Region Championship with each team entering six (6) players counting four scores. In the event of a tie the next player’s score will be used. In case there is still a tie a sudden death playoff will occur until the tie is broken.
17. AWARDS:
- 1 Region Trophy
 - 12 Medals for 12 Low Medalists
 - 1 JV Region Trophy
 - 12 medals for 12 Low JV Medalists

Boys Golf Coaches List 2023

Skyline High School	Coach Kenny James	801-865-5642	kjames@graniteschools.org
Brighton High School	Coach Ron Meyer	801-448-2759	ronald.meyer@canyonsdistrict.org
West High School	Coach Cory Norton	801-808-9275	cory.norton@slcschools.org
Alta High School	Coach Cody Nesbit	801-787-9877	cody.nesbit@canyonsdistrict.org
Highland High School	Coach Jack Whiteurs	801-712-6207	john.whiteurs@slcschools.org
Olympus High School	Coach Matt Barnes	801-455-1812	mbarnes@graniteschools.org
East High School	TBD		

2022-23 Boys Lacrosse Guidelines:

Activity Chairpersons:

- Justin Pitcher (Assistant. Principal)
- Chris Baer (Assistant Athletic Director: Park City High School)

Region VI Lacrosse Head Coaches List

Alta	Brandon	Horoba	brandon.horoba@canyonsdistrict.org	801-598-5020
Brighton	Chris	O'Donnell	odonnellcp2@gmail.com	703-675-1173
East	Deen	Anderson	daniel.anderson@slcschools.org	801-448-2600
Highland	Neil	Blaney	blaney.neil@gmail.com	201-362-2475
Olympus	Nick	Merrell	nick.merrell89@gmail.com	801-631-1986
Park City	Michael	Persky	pcminerslacrosse@gmail.com	203-984-3130
Skyline	Ian	Sime	iansime19@gmail.com	435-714-0728
West	Ashton	Hanks	ashton.hank@sslcschool.org	385-507-1433
West Jordan	Mark	Officer	wjhsboyslacrosse@gmail.com	206-518-0169

Rules Clinic: See Lacrosse information slide show from UHSAA

- <https://www.uhsaa.org/glacrosse>
- Please refer to “General Policies” in the Region VI Manual for all other region rules, and the UHSAA Handbook for all UHSAA rules, and the NFHS Lacrosse handbook/rules book.

Start Times:

- The recommended start times for Lacrosse are 7:00 pm for Varsity games and 5:00 for Junior Varsity games. However, the actual start time for each game will be determined by the host school and are subject to change.

Supervision

The administration of the home school will be available to supervise varsity home games.

Reporting Scores:

- Home school is responsible to report scores to MaxPreps and Deseret News on game days.

Region Trophy

Region Trophy presented to the team(s) with the best win-loss record. If there is a tie, it will be determined by RPI

5A Region 6 Boys Soccer 23-24 School Year

Lance Taylor- Region Chair

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Javier Viana
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Neil Smith
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801-792-3998

Christian Neff
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801-661-1461

Shawn Kennedy
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801-259-0577

Conner Mitchell
West High School
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210-420-7747

1. For Senior Night, one home can be played with an alternate start time—agreed upon by both administrators. Any other change in start times must be agreed upon by both administrators and reported to the region prior to the game. Senior night recognition must be limited to a maximum of 10 minutes if done prior to the game or at halftime.

Agreed Upon Game Times:

Games @ Alta:

V – 3:30, JV 5:15

Games @ Brighton:

V – 3:30, JV 5:15

Games @ East:

V – 3:30, JV 5:15

Games @ Highland:

V – 3:30, JV 5:15

Games @ Skyline:

V – 3:30, JV 5:15

Games @ Olympus

JV – 5:00, V 7:00

Games @ West

JV – 3:30, V 5:30

2. Teams can play a maximum of 16 games; see UHSAA handbook for tournament exceptions: [Handbook.pdf \(uhsaa.org\)](http://Handbook.pdf(uhsaa.org))
3. Home schools are responsible to report scores to MaxPreps and The Deseret News at the conclusion of varsity games.
4. RPI will be used for State Tournament seeding.
5. The Goal Differential Rule will be used for all games: 8-goal differential after 10 min into the 2nd half will end the game.

Important Dates:

June 28 th - July 4 th	Moratorium—no practices, competitions, meetings, or travel
Nov 27 th - Jan 1 st	Boys Soccer Moratorium
Jan 15 th - Feb 26 th	Boys Soccer Rules Clinic (online: uhsaa.org)
Feb 11 th - Feb 25 th	Boys Soccer Two-Weeks Prior Restrictions
Feb 26 th	Boys Soccer Begin Practice/ Team Selection
Mar 4 th	Boys Soccer First Contest Allowed
Mar 15 th	Boys Soccer Roster with Numbers on registermyathlete.com
Mar 15 th	Boys Soccer Upload Team Photo to maxpreps.com
Mar 19 th - Apr 18 th	Boys Soccer Academic All-State Applications Accepted
Apr 1 st -5 th	Spring Break- Same for Canyons, Granite, and Salt Lake
May 7 th	Boys Soccer Season End Date (4A, 5A, 6A)
May 8 th	Boys Soccer State Tourn. Bracket Reveal 9AM
May 10 th	Boys Soccer State Tourn. First Round @ Home Sites (4A, 5A, 6A)
May 14 th	Boys State Tourn. Second Round @ Home Sites (4A, 5A, 6A)
May 17 th	Boys State Tourn. Quarterfinals @ Home Sites (5A)
May 20 th	Boys Soccer State Tourn. Semifinals @ Zions Bank Stadium (5A)
May 23 rd	Boys Soccer State Tourn. Finals @ Rio Tinto Stadium (4A, 5A, 6A)
Jun 28- Jul 4 th	All Sport Moratorium—no practices, competitions, meetings, or travel

REGION SOCCER TEAM - 2024

OUTSTANDING GOALKEEPER _____

OUTSTANDING DEFENDER _____

OUTSTANDING MIDFIELDER _____

OUTSTANDING STRIKER _____

	FIRST TEAM	SECOND TEAM	Honorable Mention
First Place	5	5	2
Second Place	4	4	2
Third Place	3	4	2
Fourth Place	3	3	2
Fifth Place	2	3	2
Sixth Place	2	2	2
Seventh Place	2	2	2

Outstanding players are one player from each of the top four region teams.

Varsity Awards

- ❖ There will be Co-Region Trophies (two trophies) if there are co-region champs
- ❖ Individual Medals
 - 25 1st Place Medals
 - 25 2nd Place Medals
 - If there is a tie for 1st or 2nd, medals for individual players will be given to:
 - 1st look at head-to-head
 - 2nd look at goal differential if necessary
 - 3rd look at goals against if necessary

Tennis (Boys) Schedule

Thursday, March 28

East @ West
Alta @ Highland
Skyline @ Brighton
Olympus bye

Tuesday, April 9

Skyline @ Highland
East @ Alta
West @ Olympus
Brighton bye

Thursday, April 11

Highland @ East
West @ Brighton
Olympus @ Skyline
Alta bye

Tuesday, April 16

East @ Skyline
Brighton @ Alta
Olympus @ Highland
West bye

Thursday, April 18

Olympus @ East
Highland @ Brighton
West @ Alta
Skyline bye

Tuesday, April 23

Highland @ West
Alta @ Skyline
Brighton @ Olympus
East bye

Thursday, April 25

Skyline @ West
Alta @ Olympus
Brighton @ East
Highland bye

Boys Volleyball

Coaches:

Olympus:

Brett Peterson

(801) 946-6043

brettpeterson12@gmail.com

Alta: Casie Maekawa.

808-372-0418.

Skyline:

Brighton:

Highland:

West:

East:

WRESTLING GUIDELINES & SCHEDULES

Activity Chair: Swede Robinson, Highland High School

Cell phone: 480-220-5986

Email: swede.robinson@slcschools.org

Moratoriums: Summer: June 28- July 4, July 27-August 20, 2023

Thanksgiving: November 23-November 26, 2023

Christmas: December 21-25, 2023

New Year: Jan. 1, 2024

Home Schedule for Officials Due: September 9, 2023

Rules Clinic: October 31, 2023

Start Date: November 6, 2023

Hydration Testing: November 17 and 18, 2023

First Contest: November 21, 2023

Eligibility List Due: December 1, 2023, on registermyathlete.com

Academic All-State Deadline: January 9-February 6, 2024

5A Divisional Tournament: February 2-3, 2024

State Entry Deadline: February 8, 2024. Due Midnight Last Day of Reg. /Div. Tournament

State Tournament: February 16-17, 2024 @ Utah Valley University

All scales used in an official weigh-in will be certified annually before first region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of the competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region VI

Weigh-ins - 4:00 P.M.

JV matches - 5:30 P.M.

Varsity matches - 6:30 P.M. or following J.V.

All region matches must be held in the host school's main gym or in an auxiliary gym

The Region VI champion will be determined by the head to head results of the region duals. The team with the best overall record will be the region champion. In the event of two teams tying for the best record, the champion will be the team which won the head to head matchup. If there are three or more teams tied with the best record and they can't be separated through head to head matchups, co-champions will be named. A coaches' vote will determine the champion for any extenuating circumstances outside of the previously listed situations. A region champion medal will be provided by the region for any wrestler who has the most region wins at that weight. The home team of each region dual will be responsible for posting the results of the dual on trackwrestling.com. All activities are to be cleared from the competition area by 3:30pm to allow proper set up of mats (etc.) before weigh ins.

Coaches' contact information

Alta Boys- Nick Lokeni	nick@ultimatecombat.com	801-647-9538
Alta Girls- Nick Lokeni	nick@ultimatecombat.com	801-647-9538
Brighton Boys- Burke Gappmayer	burke.gappmayer@canyondistrict.org	801-834-5811
Brighton Girls- Joidee Gappmayer	joidee.gappmayer@canyonsdistrict.org	801-834-5810
East Boys- Nick Hamilton	nicholas.hamilton@slcschools.org	801-759-9408
East Girls- Nick Hamilton	nicholas.hamilton@slcschools.org	801-759-9408
Highland Boys- Swede Robinson	swede.robinson@slcschools.org	480-220-5986
Highland Girls- Swede Robinson	swede.robinson@slcschools.org	480-220-5986
Olympus Boys- Devin Ashcroft	djashcroft@graniteschools.org	801-599-1057
Olympus Girls- Devin Ashcroft	djashcroft@graniteschools.org	801-599-1057
Skyline Boys- TBD		
Skyline Girls- TBD		
West Boys- Gary Coffman	paintmeut@msn.com	435-830-3353
West Girls- Gary Coffman	paintmeut@msn.com	435-830-3353

Region VI Wrestling Schedule

November 30

Brighton @ East
Alta @ Skyline
Highland @ West
Olympus Bye

December 7

East @ Highland
Skyline @ Olympus
West @ Alta
Brighton Bye

December 14

Skyline @ Brighton
Olympus @ West
East @ Alta
Highland Bye

January 4

Highland @ Skyline
West @ Brighton
Olympus @ East
Alta Bye

January 11

Olympus @ Highland
Brighton @ Alta
Skyline @ East
West Bye

January 18

Highland @ Brighton
Alta @ Olympus
East @ West
Skyline Bye

January 25

Alta @ Highland
Brighton @ Olympus
West @ Skyline
East Bye

Competitive Cheer Guidelines

1. Competitive Cheer Season: November 1 through the state championships in January.
2. Competitive Cheer will be a winter sport.
3. Contest Limitations- A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.
4. The Arbiter system will be used to assign and pay for all qualifying and state competitions.
5. Utah State Risk Management will continue to safety certify coaches and cheer athletes.
6. How to qualify for the UHSAA Competitive Cheer Championships: Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South). 70% of teams will move on to the state finals, which will be held by classification.
7. All competitive cheer athletes must register in RegisterMyAthlete.
8. Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.
9. There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, and comply with UHSAA tournament guidelines for post season events.
10. There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.
11. Budget Declarations will be required by the 2nd Monday in February (\$800 per individual athlete).
12. Cheer Moratorium (2-2 weeks selected by school).
13. 2023-2024 Competition Cheer Categories:
 - a. All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
 - b. Game Day: (30% of score).
14. Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.
15. School competition teams must receive independent status if not participating in UHSAA qualifying and championship events.
16. There will not be a “two weeks prior” requirement for competitive cheer.
17. There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.

18. A high school competitive cheerleader may compete in up to two (2) national qualifying competitions, not sponsored by his or her school, with a private cheer organization, if the following conditions are met:
 - a. The outside team is attending an approved opportunity as verified by the UHSAA.
 - b. At least thirty (30) days prior to the competition, or event, the student must provide written notification, signed by the cheerleader and their parents/guardian, to his or her high school coach and the UHSAA.
 - c. Any missed academic lessons must be completed.
19. All Region will be selected with each coach choosing 4 cheerleaders from own school's cheer team.
20. Academic All Region: Seniors with 3.7 cumulative GPA or above.
21. Region Showcase: Monday, February 5, 2024 at Olympus High School – No attendance fee, Olympus will ask for donations for charity/cause of their choice. Perform state or nationals routine and announce All Region Team
22. Competitive Cheer will follow all UHSAA Policies and By-laws, found in the UHSAA Handbook.

Region Admin Chair:

Tim Mundt – twmundt@graniteschools.org

Coaches - Contacts:

AltaAtlanta Jones – atlanta.jones@canyonsdistrict.org

Brighton Taylor Ekstrom – taylor.ekstrom2000@gmail.com

East

Highland Ainsley Cannon – ainsley.cannon@slcschools.org

Olympus Hailie Cummings Caso – olympus.cheerteam@gmail.com

Skyline Joey Kennedy – jdkennedy@graniteschools.org

West Shayla Welsch – shayla.raquel@yahoo.com

Football Guidelines

Region Activity Chairperson: Geoff Murdock — Skyline High School 385-646-5420
Representative: Head Coach — John Rowbotham Skyline High School
For General Football info please go to www.uhsaa.org/fall/football.html

Varsity games: All games are to begin at 7:00 p.m. Home teams wear dark jerseys, visiting teams wear light jerseys.

1. Junior Varsity and Sophomore Games: Each school will play a full schedule of sophomore and Junior Varsity games. The Junior Varsity game will start at 3:30 pm and the Sophomore game will begin twenty minutes following the conclusion of the J.V. game. Junior varsity and Sophomore Games will be played at the same site, opposite the varsity game. Home teams wear dark jerseys, visiting teams wear light jerseys when available. Region teams must be notified by August 2, 2023, if a team is unable to field a J.V. or sophomore team.
2. Chain Crews: All schools are required to use adults on chain and down markers for varsity games.
3. Change of Time: A change of time may be affected through mutual agreement of both schools - Coach, Principal, and Athletic Director. The host school must notify Arbiter of the change of time, for them to notify the officials. The host school or Region VI school (pre-season) shall notify other region schools if a change is made. All officials (Varsity, Junior Varsity, and Sophomore) will be Arbitrated by the UHSAA. Call any changes to the UHSAA.
4. Change of Date: The Region VI board of managers must approve a change of date after mutual agreement between schools concerned.
5. Scouting: Is to be done from the spectator's stands. No video filming of future opponents will be allowed at the Varsity, Junior Varsity, or the Sophomore level.
6. Sidelines: No one will be allowed on the field or sidelines during the game without a sideline pass. Each school (home team) will develop and distribute their own sideline passes. The athletic director who meets the opponent's bus will give the head coach the number of sideline passes that are needed.
7. It is the responsibility of the participating schools to keep their sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game or at half time, except when approved by administration.
8. Film Exchange: Each Region VI school is expected to subscribe and use HUDL. All film exchange will be done via HUDL. All filming must be done by adults. During filming, all players on the playing field must be visible from the break of the huddle until the snap of the ball. Once the snap has occurred, the angle can be changed. Each team must film every play. Teams must also film the scoreboard after each scoring play and at the end of each quarter. Each team will upload their two previous games. The previous two games must be uploaded to HUDL no later than 10:00 am the day following the game.
9. Dress and Locker Rooms: The home school is to provide a lockable dressing facility with a white board or chalkboard and writing instruments. Locker rooms must be available two hours before game time. The home team should provide a guide to meet the bus, show the team the locker room, and be available if needed. Junior Varsity and Sophomore teams should dress at their own schools. In case of inclement weather, Junior Varsity and Sophomore teams will be provided shelter at half time. The visiting team is responsible for cleaning their locker room immediately following half time. Following half time all valuables will be removed from the locker room and taken to the sideline.
10. Visiting Team Location on Sidelines: Visiting team spotters/coaches must remain on the visiting team's side/selection of the stadium unless the head coaches agree upon other accommodations. Please be the type of host that you would hope to encounter as a guest.
11. Electronic Communication: Equipment that has been approved by the UHSAA may be used at and during the game.
12. Rosters: Rosters will be entered into Register My Athlete prior to the first game.
13. Officials and Game Clock: Any current employee of a school may not officiate in any Varsity game in which his/her school is involved. The game clock is to be managed by an adult for Varsity games and when possible, for Junior Varsity and Sophomore games. Home site may film sub-varsity games and exchange.

14. Post-Game Activities: At the conclusion of the Varsity, Junior Varsity or Sophomore games, and after the traditional "Handshake", visiting teams will not participate in any post-game activities. Teams may return to their locker room to retrieve their gear and load the bus no more than twenty minutes following the game.
15. Public Address Announcer: Public address announcers are not to be commentators, cheerleaders, or second-guess officials.

All Region Team Determination: Region VI coaches will meet on Monday October 23, 2023, at 6:00 pm. to determine the all-region team.

16. Guidelines for Choosing the All-Region Team: Each team will nominate an outstanding student for offensive player, defensive player, and special team player. The players will be voted on by the coaches. All region players will be determined by coaches using the following format based on Region Finish:

- 1 Region Overall MVP (Voted by Coaches)
- 1 Region Defensive MVP (Voted by Coaches)
- 1 Region Offensive MVP (Voted by Coaches)
- 1 Special Teams MVP (Voted by Coaches)
- 1st Place team 7 Players
- 2nd Place team 6 Players
- 3rd Place team 5 Players
- 4th Place team 4 Players
- 5th Place team 3 Players
- 6th Place team 2 Players
- 7th Place team 2 Players

Second Team All-Region

Same as first team minus MVP's

Honorable Mention

Each coach will be allowed to nominate as many players as needed.

17. Certificates: Each school will be sent a template to print their own certificates
18. Academic All-Region team: Any senior with a 3.70 GPA or higher
19. Trophy: A region trophy will be given to the first-place team for the regular season
20. Each team may play 9 regular season games and 1 Endowment game.

Football Coach Information

Alta

Alema Teo

Alema.teo@canyonsdistrict.org

Brighton

Casey Sutera

Casey.sutera@canyonsdistrict.org

East

Brandon Matich

brandon.matich@slcschools.org

tripleoption3@gmail.com

Highland

Kautai Olevao

kolevao@outlook.com

Olympus

Aaron Whitehead

awhitehead@graniteschools.org

Skyline

John Rowbotham

Rowjohn33@gmail.com

West

Olosaa Solovi

Olosaa.solovi@slcschools.org

Pre-Season Schedule 2023

Week 1 (Endowment) - August 11

Alta @ Layton
Brighton @ Deseret Hills
Highland @ Juan Diego
East vs Orem
Olympus @ Spanish Fork
Skyline vs Viewmont
West

Week 2 - August 18

Alta vs Westlake
Brighton vs Syracuse
Highland vs Cyprus
East vs Skyridge
Olympus vs Provo
Skyline @ Summit Academy
West @ Santa Margarita California

Week 3 – August 25

Alta vs Legacy Nevada
Brighton @ Riverton
Highland @ Green Canyon
East vs Coronado Nevada
Olympus vs Bountiful
Skyline vs TBD @ Rocky Mountain Rumble (Pocatello Idaho)
West vs American Fork

Football Schedule 2023 Region Games

Week 4 - September 1

East @ Alta
West @ Olympus
Brighton @ Highland
Skyline @ Granger

Week 5 - September 8

Skyline @ Highland
Alta @ West
Olympus @ Brighton
East Bye

Week 6 - September 15

Skyline @ Brighton
Olympus @ East
Highland @ Alta
West vs St. Francis Academy Maryland

Week 7 - September 22

West @ Skyline
East @ Brighton
Alta @ Olympus
Highland Bye

Week 8 - September 29

Skyline @ East
West @ Highland
Brighton @ Alta
Olympus Bye

Week 9 - October 5 (Thursday) 6th Friday

Alta @ Skyline (6th)
East @ West (5th)
Highland @ Olympus (5th)
Brighton vs Queen Creek Arizona (5th)

Week 10 - October 11, 12, 13

Olympus @ Skyline (12th)
Highland @ East (11th)
Brighton @ West (11th)
Alta @ Cedar Valley (11th)

GIRLS BASKETBALL GUIDELINES

Region Chairman: Whitney Hunsaker- Olympus

Starting Date: **Monday, November 6, 2023**

Moratoriums: **June 28 – July 4, Nov. 23-26, Dec. 21-25, Jan. 1**

State Tournament: **Feb. 20-23- 1st 2 rounds home sites, Feb 27- Mar 2 @ Univ of Utah - 8 teams**

First game: **Starting Nov. 14**

1. Games will be played on Tuesdays and Fridays at the following times:
 - Sophomore- 3:30 PM
 - Junior Varsity- 5:15 M
 - Freshmen (if applicable)- 5:15 PM opposite gym from JV.
 - Varsity – 7:00 PM
2. Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of the schools involved.
3. **Wilson EVO NXT** is the designated ball for both Boys' and Girls' State Tournaments. Use of this ball is recommended for Region VI games.
4. UHSAA Moratorium dates can be found at <https://uhsaa.org/calendar2223/>
No games, matches or practices may be held during these designated times. A school is assessed a \$200.00 fine if found in violation of the moratorium dates.
5. Pre-season game times and dates are site-based decisions. As a courtesy, copies of schedules and team rosters shall be emailed to **each Region VI athletic director by November 13, 2023.**
6. Teams may film their own games; however, no filming of opponents is allowed at any level.
7. General courtesies recommended for games and are as follows:
 - a. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
 - b. If pre-game activities are expected to run longer or they are different than normal, a schedule of events (including flag ceremony and introduction of players) shall be provided to coaches and referees.
 - c. **2-Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the

previous game to clear the bench, allows teams to exit, floor to be swept, etc. During these 5 minutes there is to be NO ONE on the floor.

8. Each school is responsible for providing a dressing room and private discussion area for officials.
9. The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region VI Board of Managers. If a game time or date is changed, it is the responsibility of the home team to notify the arbiter.
10. Selection of All-Region Teams take place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting.
11. A Region VI trophy will be awarded to the first-place team based on winning percentage. Teams tied with the same winning percentage will be named co-champions and will share the title. Each co-champion team will receive a first-place trophy.
12. A representative of Region VI basketball coaches will keep an up-to-date record of region standings.
13. Please refer to "General Policies" in the Region VI Handbook for all other Region VI rules, and the UHSAA Handbook for all UHSAA rules.

Basketball (Girls) Coach Information:

Alta- (still hiring)

Brighton- Doug Nielsen
doug@dougnielsen.com

East- Taps Tapusoa
Tapasa.tapusoa@slcschools.org

Highland- Sala Asiata
Tupusala.asiata@slcschools.org

Olympus- Whitney Hunsaker
whunsaker@graniteschools.org

Skyline- Arielle Meredith
acmeredith@graniteschools.org

West- Junior Solovi
osolovi@yahoo.com

Region 6 Girls Basketball Schedule 2023-2024

Wednesday, Jan. 3

East @ Alta
Highland @ Olympus
Skyline @ Brighton
West Bye

Friday, Jan. 5

Olympus @ West
Brighton @ Highland
Alta @ Skyline
East Bye

Tuesday, Jan. 9

Skyline @ East
Alta @ Highland
Brighton @ West
Olympus Bye

Friday, Jan. 12

Highland @ East
West @ Alta
Brighton @ Olympus
Skyline Bye

Tuesday, Jan. 16

Highland @ Skyline
East @ West
Alta @ Olympus
Brighton Bye

Friday, Jan. 19

Alta @ Brighton
Skyline @ West
East @ Olympus
Highland Bye

Tuesday, Jan. 23

West @ Highland
Brighton @ East
Olympus @ Skyline
Alta Bye

Friday, Jan. 26

Alta @ East
Olympus @ Highland
Brighton @ Skyline
West Bye

Tuesday, Jan. 30

West @ Olympus
Highland @ Brighton
Skyline @ Alta
East Bye

Friday, Feb. 2

East @ Skyline
Highland @ Alta
West @ Brighton
Olympus Bye

Tuesday, Feb. 6

East @ Highland
Alta @ West
Olympus @ Brighton
Skyline Bye

Friday, Feb. 9

Skyline @ Highland
West @ East
Olympus @ Alta
Brighton Bye

Tuesday, Feb. 13

Brighton @ Alta
West @ Skyline
Olympus @ East
Highland Bye

Friday, Feb. 16

Highland @ West
East @ Brighton
Skyline @ Olympus
Alta Bye

IF PLAYING FRESHMAN GAMES: 5:15 – IN AUX GYM – OPPOSITE JV GAME

Girls Golf 2023

Varsity schedule. Schedule region matches on Wednesdays or Mondays.

SQ = State Qualifier

INSERT SCHEDULE HERE

Region Manual Guidelines

1. Each team will play eight players the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score, will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1st place at State.
2. The scores from each event will be recorded and then placement for region will go off average. Region standings will be decided by lowest average, the team with the lowest average will be the Region Champion. Every player who plays all the tournaments can drop one score. If you miss a tournament that counts as the score to drop.
3. Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.
4. A maximum of 8 players will be allowed to play at all Region Matches. If the facility can accommodate additional players, permission from the UHSAA must be given on a case-by-case basis.
5. Individual medals will be given to the 12 players with the lowest total score for 18-hole region tournaments played (can drop one low score). The Region Championship must be played, and that score will count to be eligible for top 12. Scores in region championship will count. Awards will be given to all region medalists.
6. Range finders will be allowed. No caddie may be used by golfers.
7. Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case-by-case basis.
8. Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
9. Play will be governed by USGA and any applicable local rules, UHSAA, and Region VI sportsmanship code.
10. Each school will be responsible for their own rules clinic.
11. Coaches will agree before each match on tees from which to play. Majority rules.
12. Team shirts are highly recommended.
13. Meets canceled due to unplayable weather will be rescheduled based on course availability.
14. Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (60 feet) from players and have no private conversations with players during their round.

15. ALL UHSAA Golf Championships (boys and girls) will use a Maximum Stroke Play Scoring System. Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
 - a. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
 - b. All designated or sanctioned Region Events should also use this scoring system. It will provide consistent and fair qualification for the state competitions and All-State considerations.
 - c. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 32 Bogey, "Par and Stableford Competitions". Please review these prior to the start of the golf season.
16. State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at site of Region Championship with each team entering six (6) players counting four scores. In the event of a tie the next player's score will be used. In case there is still a tie a sudden death playoff will occur until the tie is broken.
17. AWARDS:
 - a. 1 Region Trophy
 - b. 12 Medals for 12 Low Medalists
 - c. 1 JV Region Trophy
 - d. 12 medals for 12 Low JV Medalists

2022-23 Girls Lacrosse Guidelines:

Activity Chairpersons:

- Justin Pitcher (Assistant. Principal)
- Chris Baer (Assistant Athletic Director: Park City High School)
- Melissa Nash (Brighton High School Girls Lacrosse Coach)

Schools involved in Region VI Lacrosse:

Alta	Abi (Abigail)	Breur	Abigail.breur@canyonsdistrict.org	801-946-4737
Brighton	Melissa	Nash	Melissa.Nash@CanyonsDistrict.org	801-455-5559
East	Emily	Lange	coachemilylange@gmail.com	925-989-6848
Highland	Allison	Liddle	allison.liddle@slcschools.org	408-921-2554
Olympus	Zana	Spratling	zanaspratling@gmail.com	801-349-7720
Park City	Mikki	Clayton	Mikki.ekfelt@gmail.com	435-776-6834
Skyline	Nicole	Jermak	nicole.jermak@live.com	847-393-3961
West	Megan	Chambers	Megan.Chambers@SLCSchools.org	614-378-1085
West Jordan	Cliff	Tomlinson	clifftomlin@gmail.com	801-673-1538

Rules Clinic: See Lacrosse information slide show from UHSAA

- <https://www.uhsaa.org/glacrosse>
- Please refer to “General Policies” in the Region VI Manual for all other region rules, and the UHSAA Handbook for all UHSAA rules, and the NFHS Lacrosse handbook/rules book.

Start Times:

- The recommended start times for Varsity Lacrosse is 7:00 pm and 5:00 for Junior Varsity games. It is the preference that the Varsity game will follow the JV Game regardless of the start time.

Supervision

- The administration of the home school will be available to supervise varsity home games.

Reporting Scores:

- Home school is responsible to report scores to MaxPreps and Deseret News on game days.

Region Trophy

- Region Trophy presented to the team(s) with the best win-loss record. If there is a tie, it will be determined by RPI.

All-Region VI Girls Lacrosse Team Selection:

- 1st Team All-Region will have 15 total players. 4 attackers, 3 midfielders, 4 defenders, 1 goalie and 3 additional players (any position). 2nd Team All-Region will have 15 total players. 4 attackers, 3 midfielders, 4 defenders, 1 goalie and 3 additional players (any position). The 3 additional players (6 total – 3 for 1st team and 3 for 2nd team) will be based on votes. Of the 30 All-Region winners (between 1st and 2nd team), all 9 teams will get 1 person guaranteed. The rest of the spots will be determined by coaches voting. There are not a max number of nominations for each team– coaches can nominate as many as they want, but they must label their players as 1st Team or 2nd Team nominees. To vote, the head coach must attend the entirety of the All-Region Nomination meeting. If the head coach is not able to attend, they may send an assistant. whoever attends the meeting is the coach that must do the voting. In case of a tie, the head coaches will re-vote on those two players.
- All-Region teams must be decided by Saturday May 11 at 11:59pm (season end date is Friday May 10). A time will be determined at the beginning of the 2023-24 season at the region meeting. All-Region teams are due to Coach Melissa Nash (UHSAA Girls Lax Rep) by May 13 at 11:59pm.

Dates to Remember:

<https://uhsaa.org/calendartentative/5AGLacrosse.php>

Playing Field Location:

Girls Varsity Lacrosse	Alta	11055 S 1000 E, Sandy, UT 84094
Girls Varsity Lacrosse	Brighton	2220 E. Bengal Blvd., Cottonwood Heights, Utah 84121
Girls Varsity Lacrosse	East High School	840 South 1300 East Salt Lake City Utah 84102
Girls Varsity Lacrosse	Highland	2166 South 1700 East, Salt Lake City, Utah 84106
Girls Varsity Lacrosse	Olympus HS	Approx. 3900–4058 S Milky Way Salt Lake City, UT 84124 United States
Girls Varsity Lacrosse	Park City	1750 Kearns Blvd Park City UT 84060
Girls Varsity Lacrosse	Skyline	Skyline High School 3251 E Upland Dr Salt Lake City, UT 84109 United States
Girls Varsity Lacrosse	West High School	241 N. 300 W. Salt Lake City, UT 84103
Girls Varsity Lacrosse	West Jordan High School	West Jordan High School, 8136 2700 W, West Jordan, UT 84088

2024 Schedule:

	alta	brighton	east	highland	olympus
4/10	@ olympus	@ west	@ west jordan	bye	alta
4/12	park city	@ skyline	west	west jordan	bye
4/17	@ west	olympus	highland	@ east	@ brighton
4/19	@ brighton	alta	@ park city	skyline	west
4/24	west jordan	@ east	brighton	@ park city	skyline
4/26	highland	bye	olympus	@ alta	@ east
5/1	east	@ highland	@ alta	brighton	@ park city
5/3	@ skyline	west jordan	bye	olympus	@ highland
5/8	bye	@ park city	@ skyline	@ west	@ west jordan
	park city	skyline	west	west jordan	
4/10	skyline	@ park city	brighton	east	
4/12	@ alta	brighton	@ east	@ highland	
4/17	bye	@ west jordan	alta	skyline	
4/19	east	@ highland	@ olympus	bye	
4/24	highland	@ olympus	bye	@ alta	
4/26	@ west jordan	west	@ skyline	park city	
5/1	@ olympus	bye	west jordan	@ west	
5/3	west	alta	@ park city	@ brighton	
5/8	brighton	east	highland	olympus	

Girls Soccer Manual Region 6

Activity Chair: Asst Principal Erin Tanner – Olympus High School, 801-560-9763

Representative: Jaime Evans (Coach)/ Shelly Munson (Asst. Coach)- 801-674-8220

Important Dates:

June 28- July 4: Moratorium- no practices, competitions, meetings or travel

Jul 10 - Jul 23: Two weeks prior restrictions

Jul 25: Begin Practice/Team Selection

Jul 27 – Sep 10: Rules Clinic (on-line: uhsaa.org/training)

July 31: First contest allowed

Aug 25: Rosters with numbers to RegisterMyAthlete.com

Aug 25: Team photo to MaxPreps.com

Sep 5 – Oct 3: Academic All-State applications accepted

Sep 29: Season end date

Sep 30: State Tourney Bracket Reveal @ 9:00 a.m.

Oct 5: State Tournament First Round @ Home Sites

Oct 10: State Tournament Second Round @ Home Sites

Oct 12: State Tournament Quarterfinals @ Home Sites

Oct 17: State Tournament Semifinals @ Zions Bank Stadium

Oct 20: State Tournament Finals @ *America First Field (formerly called Rio Tinto Stadium)*

Nov 23 – Jan 1: Moratorium - no practices, competitions, meetings or travel

1. Varsity games start at 3:30p; JV games will follow (approx. 5:15p)
 - a. Olympus Monday/Tuesday home games: JV @ 5p on Grass Field, Varsity @ 7p in the stadium
 - b. One home night game for Senior Night can be played with the approval of both administrations; any additional change to start times must be agreed upon by administration of both schools and reported to the region prior to the game; Senior Night recognition will be kept to 10 minutes (maximum) if done prior to the game or at halftime
2. Teams can play a maximum of 16 games (see UHSAA Handbook for tournament exceptions).
3. Home schools are responsible to report scores to MaxPreps and The Deseret News at the conclusion of varsity games.
4. RPI will be used for State Tournament seeding
5. The Goal Differential Rule will be used for all games - 8 goal differential after 10 min into the 2nd half will end the game.
6. Overtime Procedures: maximum of two 10-minute “sudden victory” periods; if still tied, NFHS shoot out procedures will be used to determine a winner (start with 5 shooters/team)
 - a. Varsity games must have a winner for RPI calculations
 - b. Sub-varsity games will not play overtime periods or have shoot outs to determine a winner
7. A Region Championship Trophy will be awarded to the team(s) with the best overall record of region games played.

8. All-Region 1st Team to be determined by coaches according to a teams' finish in region play

- a. Nominees need to be to Alta by October 2.
- b. All Region nominations will follow the break down below and Alta will send out an email with a form to be filled out on Oct 2:

OUTSTANDING GOALKEEPER _____

OUTSTANDING DEFENDER _____

OUTSTANDING MIDFIELDER _____

OUTSTANDING STRIKER _____

	FIRST TEAM	SECOND TEAM	Honorable
Mention			
FIRST	5	5	2
SECOND	4	4	2
THIRD	3	4	2
FOURTH	3	3	2
FIFTH	2	3	2
SIXTH	2	2	2
SEVENTH	2	2	2

- c. Certificates will be printed and mailed with the final list to all of the schools.

9. Academic All-Region awards will be given to all senior players with a cumulative 3.75 GPA or higher

- a. Olympus will be responsible to print the Academic All-Region certificates
- b. Nominees need to be to Olympus by October 1.

10. For UHSAA soccer information please go to: www.uhsaa.org/gsoccer/

- a. ODP and Next Level Opportunity information at uhsaa.org

2023 Schedule - [Link to Final Schedule](#)

*Home team is listed first. Example: Team 1 vs Team 2 - Team 1 is the home team.

Saturday, August 12

Highland vs West

Monday, August 14

Olympus vs East

Skyline vs Brighton

Alta vs Highland

Thursday, August 17

Brighton vs Alta

Olympus vs Skyline

Monday, August 21

West vs Brighton

Alta vs Olympus

East vs Skyline

Thursday, August 24

Brighton vs. Highland

East vs. Alta

West vs. Olympus

Monday, August 28

Skyline vs Alta

Olympus vs Highland

East vs West

Thursday, August 31

Brighton vs Olympus

Skyline vs West

Highland vs East

Wednesday, September 6

Highland vs Skyline

East vs Brighton

West vs Alta

Friday, September 8

East vs Olympus

Brighton vs Skyline

Highland vs Alta

Monday, September 11

Alta vs Brighton

West vs Highland

Skyline vs Olympus

Thursday, September 14

Brighton vs West

Olympus vs Alta

Skyline vs East

Monday, September 18

Highland vs. Brighton

Alta vs. East

Olympus vs. West

Thursday, September 21

Skyline vs Alta

Highland vs Olympus

West vs East

Monday, September 25

Olympus vs Brighton

West vs Skyline

East vs Highland

Thursday, September 28

Skyline vs Highland

Brighton vs East

Alta vs West

Varsity games: 3:30p; JV games approx.

5:15p

State Tournament:

1st Rd: Oct 5 | 2nd Rd: Oct 10 | Quarterfinals: Oct 12 | Semifinals: Oct 17 | Final:
Oct 20

Brighton home games played at Cottonwood Heights Rec
Olympus Monday/Tuesday home games: JV: 5p on grass field; Varsity: 7p in stadium

Head Coaches

School	Head Coach	Email	Phone
Alta	Mackenzie Hyer	mackenzie.hyer@canyonsdistrict.org	801-633-9165
Brighton	Sara Cowley	sacowley14@gmail.com	801-557-8416
East	Javier Viana	javier.viana@slcschools.org	801-313-0443
Highland	Robin Heath	robin.heath@slcschools.org	435-319-9382
Olympus	Jamie Evans	jhevans01@gmail.com	801-931-9660
Skyline	Yamil Castillo	yam.sue.cast@gmail.com	801-574-7877
West	Christopher Sipes	christopher.sipes@slcschools.org	267-638-8738

*Varsity Games at 3:30 / JV Games to Follow (approx 5:15pm)

*Olympus Monday home games JV @ 5p on Grass Field, Varsity @ 7p in the stadium

Saturday, August 12	
<i>Home</i>	<i>Away</i>
West	Highland

Monday, August 14	
<i>Home</i>	<i>Away</i>
Olympus	East
Skyline	Brighton
Alta	Highland
	Bye West

Friday, September 8	
<i>Home</i>	<i>Away</i>
East	Olympus
Brighton	Skyline
Highland	Alta
	Bye West

Thursday, August 17	
<i>Home</i>	<i>Away</i>
Brighton	Alta
Olympus	Skyline
	Bye East

Monday, September 11	
<i>Home</i>	<i>Away</i>
Alta	Brighton
Highland	West
Skyline	Olympus
	Bye East

Monday, August 21	
<i>Home</i>	<i>Away</i>
West	Brighton
Alta	Olympus
East	Skyline
	Bye Highland

Thursday, September 14	
<i>Home</i>	<i>Away</i>
Brighton	West
Olympus	Alta
Skyline	East
	Bye Highland

Thursday, August 24	
<i>Home</i>	<i>Away</i>
Brighton	Highland
East	Alta
West	Olympus
	Bye Skyline

Monday, September 18	
<i>Home</i>	<i>Away</i>
Highland	Brighton
Alta	East
Olympus	West
	Bye Skyline

Monday, August 28	
<i>Home</i>	<i>Away</i>
Skyline	Alta
Olympus	Highland
East	West
	Bye Brighton

Thursday, September 21	
<i>Home</i>	<i>Away</i>
Alta	Skyline
Highland	Olympus
West	East
	Bye Brighton

Thursday, August 31	
<i>Home</i>	<i>Away</i>
Brighton	Olympus
Skyline	West
Highland	East
Bye	Alta

Monday, September 25	
<i>Home</i>	<i>Away</i>
Olympus	Brighton
West	Skyline
East	Highland
Bye	Alta

Wednesday, September 6	
<i>Home</i>	<i>Away</i>
Highland	Skyline
East	Brighton
West	Alta
Bye	Olympus

Thursday, September 28	
<i>Home</i>	<i>Away</i>
Skyline	Highland
Brighton	East
Alta	West
Bye	Olympus

State Tournament

- 1st Round October 5 @ Home
 Sites
- 2nd Round October 10 @ Home
 Sites
- Quarterfinals October 12 @ Home
 Sites
- Semifinals October 17 @ Zions Bank Stadium
- Finals October 20 @ American First Field (formerly called Rio Tinto Stadium)

Girls Tennis Schedule

Thursday, August 24

East @ West
Alta @ Highland
Skyline @ Brighton
Olympus bye

Tuesday, August 29

Skyline @ Highland
East @ Alta
West @ Olympus
Brighton bye

Thursday, August 31

Highland @ East
West @ Brighton
Olympus @ Skyline
Alta bye

Tuesday, September 5

East @ Skyline
Brighton @ Alta
Olympus @ Highland
West bye

Thursday, September 7

Olympus @ East
Highland @ Brighton
West @ Alta
Skyline bye

Tuesday, September 12

Highland @ West
Alta @ Skyline
Brighton @ Olympus
East bye

Thursday September 14

Skyline @ West
Alta @ Olympus
Brighton @ East
Highland bye

2023-2024 Girls Volleyball Schedule

Tuesday, August 29
Brighton @ Skyline
Highland @ West
Alta @ Olympus
East BYE

Thursday, September 21
East @ Brighton
Skyline @ Highland
West @ Alta
Olympus BYE

Thursday, August 31
Skyline @ East
West @ Brighton
Olympus @ Highland
Alta BYE

Tuesday, September 26
Skyline @ Brighton
West @ Highland
Olympus @ Alta
East BYE

Tuesday, September 5
Region Bye

Thursday, September 28

East @ Skyline
Brighton @ West
Highland @ Olympus
Alta BYE

Thursday, September 7
East @ West
Brighton @ Olympus
Highland @ Alta
Skyline BYE

Tuesday, October 3
West @ East
Olympus @ Brighton
Alta @ Highland
Skyline BYE

Tuesday, September 12
Olympus @ East
Alta @ Brighton
West @ Skyline
Highland BYE

Thursday, October 5
East @ Olympus
Brighton @ Alta
Skyline @ West
Highland BYE

Thursday, September 14
East @ Alta
Brighton @ Highland
Skyline @ Olympus
West BYE

Tuesday, October. 10
Alta @ East
Highland @ Brighton
Olympus @ Skyline
West BYE

Tuesday, September 19
Highland @ East
Olympus @ West
Alta @ Skyline
Brighton BYE

Thursday, October. 12
Region BYE

Tuesday, October 17
East @ Highland
West @ Olympus
Skyline @ Alta
Brighton BYE

Thursday, October 19
Region Bye

Tuesday, October 24
Brighton @ East
Alta @ West
Highland @ Skyline
Olympus BYE

WRESTLING GUIDELINES & SCHEDULES 2023-24

Activity Chair: Swede Robinson, Highland High School

Cell phone: 480-220-5986

Email: swede.robinson@slcschools.org

Moratoriums: Summer: June 28- July 4, July 27-August 20, 2023

Thanksgiving: November 23-November 26, 2023

Christmas: December 21-25, 2023

New Year: Jan. 1, 2024

Home Schedule for Officials Due: September 9, 2023

Rules Clinic: October 31, 2023

Start Date: November 6, 2023

Hydration Testing: November 17 and 18, 2023

First Contest: November 21, 2023

Eligibility List Due: December 1, 2023, on registermyathlete.com

Academic All-State Deadline: January 9-February 6, 2024

5A Divisional Tournament: February 2-3, 2024

State Entry Deadline: February 8, 2024. Due Midnight Last Day of Reg. /Div. Tournament

State Tournament: February 16-17, 2024 @ Utah Valley University

All scales used in an official weigh-in will be certified annually before first region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of the competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region VI

Weigh-ins - 4:00 P.M.

JV matches - 5:30 P.M.

Varsity matches - 6:30 P.M. or following J.V.

All region matches must be held in the host school's main gym or in an auxiliary gym

The Region VI champion will be determined by the head to head results of the region duals. The team with the best overall record will be the region champion. In the event of two teams tying for the best record, the champion will be the team which won the head to head matchup. If there are three or more teams tied with the best record and they can't be separated through head to head matchups, co-champions will be named. A coaches' vote will determine the champion for any extenuating circumstances outside of the previously listed situations. A region champion medal will be provided by the region for any wrestler who has the most region wins at that weight. The home team of each region dual will be responsible for posting the results of the dual on trackwrestling.com. All activities are to be cleared from the competition area by 3:30pm to allow proper set up of mats (etc.) before weigh ins.

Coaches' contact information

Alta Boys- Nick Lokeni	nick@ultimatecombat.com	801-647-9538
Alta Girls- Nick Lokeni	nick@ultimatecombat.com	801-647-9538
Brighton Boys- Burke Gappmayer	burke.gappmayer@canyondistrict.org	801-834-5811
Brighton Girls- Joidee Gappmayer	joidee.gappmayer@canyonsdistrict.org	801-834-5810
East Boys- Nick Hamilton	nicholas.hamilton@slcschools.org	801-759-9408
East Girls- Nick Hamilton	nicholas.hamilton@slcschools.org	801-759-9408
Highland Boys- Swede Robinson	swede.robinson@slcschools.org	480-220-5986
Highland Girls- Swede Robinson	swede.robinson@slcschools.org	480-220-5986
Olympus Boys- Devin Ashcroft	djashcroft@graniteschools.org	801-599-1057
Olympus Girls- Devin Ashcroft	djashcroft@graniteschools.org	801-599-1057
Skyline Boys- TBD		
Skyline Girls- TBD		
West Boys- Gary Coffman	paintmeut@msn.com	435-830-3353
West Girls- Gary Coffman	paintmeut@msn.com	435-830-3353

Region VI Wrestling Schedule

November 30

Brighton @ East
Alta @ Skyline
Highland @ West
Olympus Bye

December 7

East @ Highland
Skyline @ Olympus
West @ Alta
Brighton Bye

December 14

Skyline @ Brighton
Olympus @ West
East @ Alta
Highland Bye

January 4

Highland @ Skyline
West @ Brighton
Olympus @ East
Alta Bye

January 11

Olympus @ Highland
Brighton @ Alta
Skyline @ East
West Bye

January 18

Highland @ Brighton
Alta @ Olympus
East @ West
Skyline Bye

January 25

Alta @ Highland
Brighton @ Olympus
West @ Skyline
East Bye

Softball Guidelines 2024

Activity Chair : Highland High

Kim Parkinson- kim.parkinson@slcschools.org

Softball Dates 2024

26-Feb: 2A, 3A, 4A, 5A, 6A Softball Begin Practice/Team Selection

4-Mar: 2A, 3A, 4A, 5A, 6A Softball First Contest Allowed

15-Mar: 1A, 2A, 3A, 4A, 5A, 6A Softball Roster with Numbers on RegisterMyAthlete.com

15-Mar: 1A, 2A, 3A, 4A, 5A, 6A Softball Upload Team Photo to MaxPreps.com

Mar 19 - Apr 18: 1A, 2A, 3A, 4A, 5A, 6A Softball Academic All-State Applications Accepted

8-May: 5A Softball **Season End Date**

9-May: 5A Softball **State Tourney Bracket Reveal 9:00 AM**

May 11 & May 13: 5A Softball **State Tournament Regionals (Best of 3) @ Home Sites (Higher Seeds)**

May 16 & May 17: 5A, 6A Softball **State Tournament Super Regionals (Best of 3) @ Home Sites (Higher Seeds)**

May 21 & May 22: 5A, 6A Softball **State Tournament Bracket Play @ TBA**

May 23 & May 24: 5A, 6A Softball **State Tournament Championship Series (Best of 3) @ TBA**

Jun 28 - Jul 4: 1A, 2A, 3A, 4A, 5A, 6A All Sport MORATORIUM -- no practices, competitions, meetings or travel

Guidelines

(No Changes)

Coaches Contact info

Remove Murray and Park City

Add:

Alta- Kristin Evans –Kristin.evans@canyonsdistrict.org (385)528-4446

West- Sharee McBraun- Sharee.mcbraun@slcschools.org (808)781-9759

Awards

17 All-Region Team Certificates

1 MVP Plaque

1 Region Trophy

Softball Region Schedule 2023-2024

Thursday, March 14

Olympus @ East
Alta @ Brighton
Highland @ Skyline
West BYE

Tuesday, March 19

East @ West
Brighton @ Olympus
Skyline @ Alta
Highland BYE

Thursday, March 21

West @ Highland
Brighton @ East
Alta @ Olympus
Skyline BYE

Tuesday, March 26

Skyline @ West
Alta @ East
Highland @ Brighton
Olympus BYE

Thursday, March 28

Brighton @ West
East @ Skyline
Olympus @ Highland
Alta BYE

April 2-5 Spring Break

Tuesday, April 9

West @ Alta
East @ Highland
Olympus @ Skyline
Brighton BYE

Thursday, April 11

West @ Olympus
Skyline @ Brighton
Highland @ Alta
East BYE

Tuesday, April 16

East @ Olympus
Brighton @ Alta
Skyline @ Highland
West BYE

Thursday, April 18

West @ East
Olympus @ Brighton
Alta @ Skyline
Highland BYE

Tuesday, April 23

Highland @ West
East @ Brighton
Olympus @ Alta
Skyline BYE

Thursday, April 25

West @ Skyline
East @ Alta
Brighton @ Highland
Olympus BYE

Tuesday, April 30

West @ Brighton
Skyline @ East
Highland @ Olympus
Alta BYE

Thursday, May 2

Alta @ West
Highland @ East
Skyline @ Olympus
Brighton BYE

Tuesday, May 7

Olympus @ West
Brighton @ Skyline
Alta @ Highland

Region VI Speech/Debate 2023-2024

Region Chairman: Shelly Karren – Alta High School

Contact Number: (801)651-3791 / (801)826-5612 (office)

First Contest Date: October 6, 2023

Region Tournament Date: February 23-24, 2024

State Tournament Dates: March 8-9, 2024

Region Tournament Director: Kimberly Hunter, Highland High School

Guidelines

1. Region Format
 - a. Number of Contestants
 - i. Policy Debate – 4 Teams
 - ii. Lincoln Douglas – 4 Contestants
 - iii. Public Forum – 4 Teams
 - iv. Foreign Extemporaneous – 4 Contestants
 - v. National Extemporaneous – 4 Contestants
 - vi. Original Oratory – 4 Contestants
 - vii. Impromptu – 4 Contestants
 - viii. Student Congress – 4 Contestants
 - ix. Combined Interpretation – 4 Contestants
 - x. Informative – 4 Contestants
2. All events will count toward the Region Championship Trophy. The breakdown of events is as follows:
 - a. Debate Events – Policy, Lincoln Douglas, Public Forum, Student Congress.
 - b. Individual Events – Original Oratory, Impromptu, Foreign Extemporaneous, National Extemporaneous, Informative, Combined Interpretation.
3. Policy and individual events will be on Friday. Policy, PF, LD and Congress will be on Saturday.
4. The Region Tournament will be held at Brighton High School for the 2023-2024 school year.
5. Contestants may enter at most 1 event in speech and 1 event in debate.
6. Judge Requirements:
 - a. Individual Events
 - i. 1 judge for every 4 IE competitors or fraction thereof
 - b. Debate Events
 - i. 1 judge per 2 Policy Teams or fraction thereof
 - ii. 1 judge per 4 Public Forum or LD entries, or fraction thereof. A team bringing a full slate of PF and LD entries must bring 3 total PF/LD judges.
 - c. Congress
 - i. 1 Congress judge for each school with Student Congress.
 - d. Current Head Debate Coaches should not judge unless approved by other head coaches. Under no circumstances will head coach judge his/her own team.

- e. Assistant Coaches may judge, if necessary, but must be disclosed as an assistant coach to all other coaches and approved to judge, prior to the tournament.
 - f. Judges will be paid by the Region. Per Region VI Board of Managers' approval, judges will be paid \$30 total on Friday (minimum availability of two rounds) and \$50 on Saturday (minimum availability of 3 rounds) up to obligation.
 - g. Students may not be judged by their family members.
 - h. Alumni shall be one year removed from graduation and shall not judge their former school and not in the event in which they mainly participated.
 - i. When possible, schools shall, when possible, supply qualified judges.
 - j. All judges must complete judge training prior to the Region tournament.
 - k. Judges shall utilize the rubric to assist with their decisions.
 - l. Students and/or judges must disclose prior to the round any close personal relationship that may create bias.
7. Registration Deadline – All schools wishing to compete must submit their region registration via tournament software no later than February 20, 2024. Along with registration, each coach has the option to submit 30 impromptu topics (10 famous quotations, 10 social issues, 10 abstract/one word). In case of challenge, copies of oratories and informatives must be printed and present at the region meet.
8. Region coaches meeting – All schools competing at region must attend the pairing meeting for region on Thursday, February 23, 2024 in person or electronically. The meeting will occur at the region meet. All schools must send a coach or a coach designee to the pairing meeting. Head coaches who do not attend the meeting will be bound by the decision of those present at the meeting.
9. Debate Pairings
- a. All Rounds will be paired using tournament software.
 - b. The first two rounds will be randomly paired. The third and fourth rounds will be paired based on coaches vote during pairing meeting.
 - c. Each school shall meet every school in the Region, if possible.
 - d. Individual teams must not meet the same team more than once.
 - e. Recommended: 3-4 rounds in policy, 4-5 in LD and Public Forum.
 - f. The March resolution shall be used for PF and LD.
10. Individual Event Pairings
- a. Random selecting shall be done in each event as needed, for the first three rounds.
 - b. 4 total rounds of competition will take place, with the 4th round acting as a hidden final.
 - c. Where possible, competitors should not compete against other member of their own school's team.
 - d. Round results will be based on rankings. Ratings will not be considered. Rankings will be 1-5. If there are more than 5 competitors in a section, all those ranked beyond 5 will tie for 5th place.
 - e. No coaching shall occur between extemp prep and when the speech is given.

11. Congress Pairings

- a. Congress will compete in two, 2.5-hour sessions. Legislation will be drawn from the state docket. These must be chosen and approved by all region coaches. The docket will be released at least two weeks prior to the tournament.
- b. In Student Congress, UDCA rules will apply.
- c. The State docket will be utilized.
- d. Where possible, a panel of judges, with students in the House, will be added to determine final rankings. If possible, the parliamentarian in each House will be unaffiliated. In addition, there will be three judges per session. These judges will change for the second session. All judges will score all competitors.
- e. Chairs shall be judged as speeches. Best chair may be recognized.
- f. Final results will be based on rankings. Ratings will not be considered. Rankings will be 1-12. If there are more than 12 competitors in a section, those ranked beyond 12 will tie for 12th place.
- g. In the event there are enough competitors for two Houses, it will be necessary to hold a 2-hour super session. The top 50% of the competitors in Congress in each House will advance to the super session. In this event, quar-tiling will be determined by rankings in each House.

12. Awards

- a. There will be overall region trophies awarded at the Region Debate Tournament for 1st place and 2nd place. Additionally, there will be a Debate Sweepstakes trophy and a Speech Sweepstakes trophy awarded.
- b. The following number of medals will be needed. Each medal will say the title of the event and 1st, 2nd, or 3rd place designation and will be given to the top three competitors in each event:
 - i. 6 Policy Debate Medals
 - ii. 3 Lincoln Douglas Debate Medals
 - iii. 6 Public Forum Debate Medals
 - iv. 3 Original Oratory Medals
 - v. 3 Impromptu Medals
 - vi. 3 Foreign Extemporaneous Medals
 - vii. 3 National Extemporaneous Medals
 - viii. 3 Student Congress Medals
 - ix. 3 Informative Medals
 - x. 3 Combined Interpretation Medals
- c. 10 additional blank medals will be provided for possible ties in any or all events.

13. Budget

- a. As stated in section 6f above, Judges will be paid by the Region. Per Region VI Board of Managers approval, judges will be paid \$30 total on Friday (minimum availability of 2 rounds) and \$50 on Saturday (minimum availability of 3 rounds).
- b. The region representative will receive \$300 to provide for judge/coach hospitality.
- c. Janitorial services for host school of the Region Tournament will be paid up to \$300.

14. General Guidelines

- a. In speech and debate competition, each individual competitor is limited to ten tournaments per year, excluding region, state, national qualifying tournaments, UDCA-sponsored tournaments, and NSDA/NCFL national competitions.
- b. Topics for Region Meet will be the same topics used at the State Meet. Extemporaneous topics will be drawn from January-March 2023-2024 school year NFHS topics.
- c. The number of slots filled by a team at the entry deadline cannot be increased at the tournament.
- d. If forfeits can be fixed, attempts will be made to do so but shall not be at the expense of delaying the tournament.
- e. Sweepstakes points will be calculated to match the state sweeps quartiling system.
- f. Ties will not be broken; each quar-tile will be chosen by marking the number which least skews all brackets, to the advantage of students.
 - i. The top 50% or 10 students or event teams, whichever is greater, will be outright qualifiers for State.
 - ii. If an odd number of schools are competing, the top 50% skews towards the greater amount.
- g. Electronic devices are permissible in Policy, Public Forum, Lincoln-Douglas, Student Congress and Extemporaneous events subject to any changes in state or NSDA requirements. No in-person or electronic communication with anyone during rounds and no coaching during rounds.
- h. The Region chairperson position will change every two years and will be chosen at each annual Region planning meeting.

Speech/Debate Coach Contact Information

School	Coach Name	Phone	Email
Brighton	Bethany Jones	(307) 871-6903	bethany.jones@canyonsdistrict.org
Alta East	Jacqueline Crosswhite	(801) 455-3711	Jacqueline.crosswhite@canyonsdistrict.org
Highland West	Kimberly Hunter	(949) 350-8477	kimberly.hunter@slcschools.org
Olympus	Cassidy Bone	(801) 865-7812	cbone@graniteschools.org
Skyline	Timothy Henry	(307) 640-4082	tfhenny@graniteschools.org

Swimming Guidelines

Region Chair: **April Sagala**

First Meet Allowed: **November 3, 2023**

Region Championships: **February 9, 2024 @ South Davis Recreation Center**

State Championships: **February 23-24, 2024 @ BYU**

Academic All-State Accepted Between: **January 9-February 6, 2024**

- 1) November 3, 2023 will be the first date a swimming meet may be held.
- 2) A maximum of fourteen (14) meets will be held. All region meets begin at 3:30 pm.
- 3) The Region Championships will be held on February 9, 2024 at South Davis Rec Center.
- 4) The State Championship meet will be held at BYU on February 23-24, 2024.
- 5) Home team will be in the odd lanes, the visiting team in the even lanes.
- 6) Each school’s entries for the Region Championship will be limited to all official entries in each individual event and each relay. All times must be the best time from meets during the current season.
 - a) All swimmers must meet eligibility requirements as per National Federation Rules.
 - b) The top four (4) swimmers from each school may score towards the Region Championship.
 - c) Scoring format will be sixteen (16) places.
 - d) Entries are due Tuesday, February 6, 2024 by 9:00 PM. Please e-mail to brightonswimming@gmail.com.
 - e) Trophies and medals and Region Championships will be awarded as follows:
 - i) 1 Region Championship Trophy Each (Girls and Boys)
 - ii) 64 Medals Each (Girls and Boys) for places 1-8 in Individual Events (Total 128 Medals)
 - iii) 36 Medals Each (Girls and Boys) for places 1-3 in Relay Events (72 Total Medals)
- 7) Admission to the Region Championships will be \$10 per adult and \$5 per student/child.
- 8) All hosting of dual meets will have the following:

	Dual Meets	Region Championship
Starter	\$40.00	\$60.00
Referee	\$40.00	\$60.00
Stroke Judge	\$40.00	\$30.00 (10)
Head Timer	\$40.00	\$40.00 (2)
Announcer		\$30.00
Hospitality		\$30.00
Hospitality Budget		
Meet Director		\$150.00

Academic All-Region names (Seniors only, 3.75 overall GPA or higher) must be submitted your Region Championship entries.

Swimming Coaches Information

Name	School	Phone	Email
Ryan Thierbach	Alta	(801) 694-9379	triguyryan@yahoo.com
Todd Etherington	Brighton	(801) 541-6447	brightonswimming@gmail.com
Griffin Hale	East	(801) 652-2113	griffzillahale@gmail.com
Sydney Havell	Highland	(480) 262-3358	sydney.havell@slcschools.org
Tom Thorum	Olympus	(801) 913-2786	tthorum@gmail.com
Deni Cullom	Skyline	(949) 547-3840	cdcullom@graniteschools.org
Casey Jackson	West	(801) 502-5278	casonjackson@hotmail.com

November 9, 2023

Alta @ Olympus

November 21, 2023

Highland @ Alta

November 30, 2023

West @ Highland

December 7, 2023

West @ Skyline

December 8, 2023

East @ Brighton

December 14, 2023

East @ Alta

Brighton @ West

December 15, 2023

Skyline @ Olympus

January 5, 2024

Alta @ Brighton

Skyline @ East

Olympus @ Highland

January 11, 2024

West @ East

Highland @ Skyline

January 12, 2024

Olympus @ Brighton

January 18, 2024

West @ Alta

Brighton @ Highland

January 19, 2024

East @ Olympus

January 23, 2024

Brighton @ Skyline

January 25, 2024

Alta @ Skyline

Highland @ East

Olympus @ West

February 9, 2024

Region Championships @
South Davis Recreation
Center

February 23-24, 2024

5A State Championships @
BYU

Return To Top