



# Memorandum

**To:** State Association Executive Officers and Track and Field Administrators

**From:** Becky Oakes

**Subject:** NFHS "Track and Field Pre-Meet Notes"

**Date:** January 25, 2016

The NFHS has released the eighth issue of the "Track and Field Pre-Meet Notes," a web-based, preseason publication. The NFHS Track and Field Rules Committee has identified a strong need for training and educational materials for track and field officials and the many volunteers who work our interscholastic meets. This publication is designed to cover the rules for both coaches and officials.

The NFHS, working in a collaborative effort with USA Track & Field Officials Training Subcommittee, has prepared this publication for the training and recruitment of new officials. In the eighth edition, the material focuses on the new rules, points of emphasis and other topics relating to track and field and cross country. The publication supports the efforts of the NFHS and USATF in providing positive participation experiences through well administered competitions and promotes growth in the sport of track and field.

You may access the new publication using the following link:

<http://www.nfhs.org/activities-sports/track-fieldcross-country/>

You may also access the information by going to [www.nfhs.org](http://www.nfhs.org), Activities & Sports, Track & Field/Cross Country and select Track and Field Pre-Meet Notes – 2016 in the Resources section. Members of the NFHS Officials Association may also access at [www.nfhs.arbitersports.com](http://www.nfhs.arbitersports.com), Track and Field, Rules. It will also soon be posted under Publications on Arbiter in 3D format.

Please use this material as best meets your needs with the education of your track and field and cross country coaches and officials.

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