Utah High School Activities Association

The Leadership Organization for Education-Based
Interscholastic Athletic and Performing Arts Activities

HANDBOOK

2016-17

Containing Policies and Procedures Governing the Administration and Conduct of Activities in the
UHSAA Member High Schools

June 22, 2016

Gray shaded areas highlight 2016-17 changes

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Utah High School Activities Association

The UHSAA is the leadership organization for high school athletic and fine arts activities in Utah. Since 1927, the UHSAA has led the development of education-based interscholastic athletic and fine arts activities that help students succeed in their lives. The belief is these activities are an essential part of the high school experience and go a long way to improving academic performance and producing better citizens.

The UHSAA reaches 142 member schools and over 88,000 participants in high school activity programs. The organization sanctions 10 girls' sports and 10 boys' sports along with music, theatre and debate for its participating member schools. The UHSAA is governed by a Board of Trustees made up of elected school board members and superintendents representing all regions and areas throughout Utah, principals from each of the five UHSAA classifications and a state board of education representative.

The organization is committed to stressing educational and cultural values, improving the participation experience in activities, promoting life skills and lessons involved in competitive activities, fostering sportsmanship and mutual respect and assisting those who oversee high school sports and activities in our member high schools.

WE INVITE YOU TO JOIN OUR TEAM AND SUPPORT EDUCATION-BASED ACTIVITIES!

For more information, visit the UHSAA website at www.uhsaa.org.

UHSAA HANDBOOK
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Utah High School Activities Association

Mission Statement

May 1993

The purpose of the UHSAA shall be to administer and supervise interscholastic activities among its member schools according to the Association Constitution and By-Laws.

Knowing that student activities are a significant educational force in the development of skills needed to become a contributing member of society, the UHSAA reaffirms that students are the focus and reason for the Association. As such, the Association will provide opportunities that:

- Promote sportsmanship and safe competition through standardized eligibility rules.
- Provide interscholastic sports, music, drama and speech.
- Create learning laboratories where practical life situations, teamwork, sportsmanship, winning and losing, hard work, leadership and cooperation are taught.
- Nurture self-realization and build self-confidence.
- Promote, through participation, higher academic achievement, better attendance, lower drop-out rates and positive citizenship.

JOINT STATEMENT

Utah High School Activities Association

Utah State Board of Education

(Revised May 2004)

The central purpose of schooling is the academic program of studies for students. However, supportive to the instructional program is a diverse array of school-sponsored student activities that are frequently an extension of the academic program. They include such things as musical and dance performing groups, forensic and sports teams, student publications and government, clubs and social activities, etc. Those involved in student activities generally achieve better grades, attendance, citizenship and personal discipline than do nonparticipants.

Excesses and abuses in student activities detract from the central purpose of schooling. Keeping the academic program and the student activity program in perspective -excellence without excess- is the rationale for the following required **standards** and recommended **guidelines**.

Required Standards

1. Activity disclosure statements (See Utah Code)
   A. A local school board shall require the development of activity disclosure statements for each school-sponsored group, club or program which involves students and faculty in grades 9 through 12 in contests, performances, events or other activities that require them to miss normal class time or takes place outside regular school time.
   B. The activity disclosure statements shall be disseminated to the students desiring involvement in the specific activity or to the students' parents or legal guardians or to both students and their parents.
   C. An activity disclosure statement shall contain the following information:
      i. the specific name of the club, team, group or activity;
      ii. the maximum number of students involved;
      iii. whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable;
      iv. beginning and ending dates of the activity;
      v. a tentative schedule of the events, performances, games or other activities with dates times and places specified if available;
      vi. if applicable, designation of any non-season events or activities, including an indication of the status, required, expected, suggested or optional, with the dates, times and places specified;
      vii. personal costs associated with the activity;
      viii. the name of the school employee responsible for the activity;
      ix. and any additional information considered important for the students and parents to know.

2. All head coaches at any level and any coach paid by the school must hold a current Utah Secondary Teaching License or successfully complete the UHSAA/USOE Coaches Training Program, including certification in First Aid and CPR. Volunteer assistants not paid by the school must serve under the direct supervision of a licensed teacher.

3. All school leaders, including administrators, student activity leaders, coaches, assistant coaches, etc., should become acquainted with and adhere to Utah Code 53A-11-908, thereby setting positive role models for students and others.
4. School personnel, activity leaders, coaches, advisors, etc., shall not require students to attend out-of-school camps, clinics, workshops, etc., for which they, activity leaders, coaches, advisors, etc., receive remuneration from a source other than the school or district in which they are employed.

Recommended Guidelines

1. Local boards of education and district superintendents should continually reaffirm the central purpose of schooling—the academic program of students. Extracurricular activities should support the academic program.
2. Local boards of education, superintendents and school principals should provide productive instruction for students who remain behind while their classmates and teachers are gone for participation in extracurricular activities.
3. Local boards of education and district superintendents should disapprove travel for extracurricular activities that result in teachers and students being gone for more than two consecutive school days.
4. The Utah High School Activities Association and schools should continue the practice of delaying the starting time for extracurricular activities until after school. In addition, the periodic realignment of the regions of the Utah High School Activities Association should continually seek to reduce travel and time out of school for students and teachers.
5. Local boards of education and district superintendents should disapprove all travel, trips, excursions, appearances, cruises, etc., which are sponsored by commercial interests for profit. Such travel represents a serious misuse and manipulation of schools and students. Approved travel for extracurricular activities should involve students in verified and documented educational experiences.
6. Applied technology programs of the Utah State Office of Education should continue to reduce and/or eliminate the interruption of daily instruction and school absences which result from student and teacher participation in vocational leadership organizations, competitions and state, regional and national meetings. State, regional and national meetings for vocational leadership students should be scheduled during the summer or at other times when school is not in session.
7. In order to maintain equity in competitive sports programs, school administrators should not schedule full-year fitness and movement (physical education/athletic) classes for specific school teams. In schools where in-season fitness and movement (physical education/athletic) classes are scheduled, such classes shall not be used to violate the starting and stopping dates for practice and competitive play as prescribed by the Utah High School Activities Association.

UHSAA CONSTITUTION

Recognizing the growing need for an independent, private association to develop, regulate and organize interscholastic athletics and activities for high school students, the local boards of education of the State of Utah and the governing boards of public charter and private schools, whose official endorsements are attached hereto, approve this Constitution establishing the Utah High School Activities Association.

ARTICLE 1: NAME, PURPOSE AND MEMBERSHIP

SECTION 1: Name

The name of this association shall be the Utah High School Activities Association, Inc. (Herein referred to in brief as this "Association" or "Activities Association").

SECTION 2: Purpose

A. The Association shall develop, regulate, govern and administer a specific type of athletic competition and certain interscholastic activities. The Board of Trustees shall designate which sports and which activities shall be under the jurisdiction of the Association.

B. The Association shall endeavor to:

1. Create, administer, maintain and protect the unique type of athletic competition which has existed in high schools in the State of Utah, based on genuine competition between member high schools and suited to the greatest involvement of students. It should stress participation, fairness, competitive balance and foster in the public a belief that the competitions are fair and honest.
2. Stress educational and cultural values, promote skills involved in competitive and performance activities and foster sportsmanship, mutual respect, knowledge of the importance of teamwork and the value of community.

SECTION 3: Membership

A. Any Utah high school, together with their respective governing boards, shall be eligible for membership in the Association.

B. The Board of Trustees shall set the requirements, terms and conditions upon which a high school may become and continue to be a member of the Association.

ARTICLE 2: ADMINISTRATION OF THE ASSOCIATION

SECTION 1: Board of Trustees

A. Authority and Duties
   1. The governing authority of the Association shall be vested in a Board of Trustees.
   2. The Board of Trustees shall have overall responsibility for the administration of the assets and actions of the Association. Among its responsibilities are the following:
      a. Set policy and give direction for the operation of the Association, including the creation of committees, panels, or any other subdivision of the Board as is deemed necessary for the best interest of the Association.
      b. Appoint the Executive Director of the Association.
      c. Approve an annual budget.
      d. Take action on proposed amendments to the Association's Constitution and By-Laws in accordance with Article 4.
      e. Prepare and approve, for the purposes of fair and prudent competition in the activities sponsored by the Association, a statewide classification of schools and region alignment in those classifications.
      f. Provide notice of all material actions to Association members.

B. Membership

Voting members of the Board of Trustees include: Region Representatives, At-Large Representatives, Classification Representatives and a State Board of Education Representative. The Board of Trustees may provide for the election or appointment of other ex-officio/non-voting members.

   1. Region Representatives
      a. To be eligible to serve as a Region Representative on the UHSAA Board of Trustees, an individual shall be a:
         i. Member of a governing board of an Association member school assigned to the region they represent; or
         ii. Chief executive of the governing organization (i.e. Superintendent) of an Association member school assigned to the region they represent.
      b. One (1) representative from each UHSAA region shall be elected by the members of the governing boards of the schools represented in each region.
      c. No school district or charter or private member school shall have more than one (1) school board member or superintendent on the Board of Trustees.
      d. Elections may take place during the annual conference of the Utah School Boards Association. Elections shall take place as follows:
         i. Nominations will be taken from each multi-district region, preferably three or more from each region.
         ii. Nominations will be closed and a weighted ballot distributed one per member school in the region. The ballot will indicate first, second and third choice for the position. Points awarded to those choices will be 3, 2 and 1 respectively with high point total winning the election. In the case of a tie, an on-site coin flip determines the winner.

iii. Announcement of balloting results will be made during a general session of the USBA annual conference in the case the election is held at the conference

e. Region Representatives shall serve three-year staggered terms. The term of office for the initial representatives shall be one (1) year for one-third (1/3) of the members, two (2) years for one-third (1/3) of the board and three (3) years for the remaining one-third (1/3) of the board. All newly elected Region Representatives shall take office on July 1 following their date of election.

f. Any Region Representative who ceases to meet the qualifications outlined in item "a," above, shall become ineligible to serve on the Board of Trustees. In case of a vacancy from any of the regions, the board members from that region shall elect a new member to serve on the Board of Trustees. That member shall take office upon election and serve the balance of the term of the Region Representative replaced.

2. At-Large Representatives

a. A local school district shall be entitled to one (1) At-Large Representative selected by that district school board in a case where:

i. the district has a combined enrollment (grades 10 thru 12) representing five (5) percent or more of the total student enrollment (grades 10 thru 12) of Association member schools; and

ii. none of the Region Representatives serve as a board member or as chief executive officer (superintendent) of that district.

b. The aggregation of member charter schools shall be entitled to one (1) At-Large Representative selected by the member charter schools in a case where:

i. the aggregation has a combined enrollment (grades 10 thru 12) representing five (5) percent or more of the total student enrollment (grades 10 thru 12) of Association member schools; and

ii. none of the Region Representatives serve as a governing board member or as chief executive officer (superintendent) of the governing organization of a member charter school.

c. The aggregation of member private schools shall be entitled to one (1) At-Large Representative selected by the member private schools in a case where:

i. the aggregation has a combined enrollment (grades 10 thru 12) representing five (5) percent or more of the total student enrollment (grades 10 thru 12)of Association member schools; and

ii. none of the Region Representatives serve as a governing board member or as chief executive officer (superintendent) of the governing organization of a member private school.

d. At-Large Representatives shall serve a term of one (1) year beginning July 1 of each year. Any vacancy occurring in an At-Large Representative position on the Board shall be filled by the governing board or aggregation of charter or private schools who selected the At-Large Representative.

3. Classification Representatives

One (1) high school principal from each UHSAA classification shall be appointed by the Executive Committee as Classification Representatives on the Board of Trustees for a term

of three (3) years. Any vacancy occurring in a Classification Representative position on the Board shall be filled by the Executive Committee for the remainder of the unfinished term.

4. State Board of Education Representative
    a. One (1) member of the Utah State Board of Education as appointed by that Board shall serve as a member of the Board of Trustees.
5. Officers
   The Board of Trustees shall annually elect from its membership a chairperson. The Board of Trustees may elect other officers and committee chairs as it deems appropriate.

C. Meetings
1. The Board of Trustees shall meet at least five times each year. The dates, place and time of the meetings may be set by the Board of Trustees while in session or may be deferred to the chairperson for later determination.
2. Special meetings may be called by the chairperson or upon written request of the majority of the members of the Board of Trustees.
3. Each member of the Board of Trustees shall be given at least two weeks advance notice of the date, time and place of each regular meeting and reasonable advance notice of special meetings of the Board of Trustees.

D. Voting
1. Only voting members of the Board of Trustees shall vote on matters properly presented to the Board. Each voting member shall have one vote. A quorum of the Board of Trustees is required to take action or vote on any item. A quorum shall consist of at least 60% of the full voting membership of the Board of Trustees.
2. Existence of a quorum shall be established at the call to order of the Board of Trustees and, once established, shall be assumed for the remainder of the meeting. A majority of the quorum of board members present is required to approve action.

SECTION 2: Executive Director

A. The Executive Director shall be the chief executive officer of the Association and shall operate under the direction of the Board of Trustees.

B. Among other duties, the Executive Director shall:
1. Faithfully carry into execution the By-Laws, rules and regulations of the Association.
2. Take such action as is consistent with the best interests of the Association.
3. Prepare the annual budget.
4. Receive and deposit all funds belonging to the Association.
5. Maintain complete and current records of the assets of the Association, including receipt and deposit of all funds belonging to the Association as well as a list of other Association assets, including rights to the nature of Association competition, copyright, trademark, and other tangible and intangible assets.
6. Appoint all staff members subject to the approval of the Board of Trustees.
7. Assign and direct the work of the office staff.
8. Interpret the Constitution and By-Laws.

SECTION 3: Executive Committee

A. Authority and Duties
   1. The Executive Committee is organized for the purpose of assisting the Executive Director of the Association in administering the policies and directives of the Board of Trustees, including the function of enforcing the rules and regulations of the Association.
   2. The Executive Committee may appoint such committees to assist in that administration as may be reasonable.
   3. Among its other duties, the Committee shall appoint, to the Board of Trustees, one high school principal representing each existing high school classification.

B. Officers

   Every two years, the Executive Committee shall elect or retain in position a chairperson from outside its membership.

C. Membership
   1. The membership of the Executive Committee shall consist of one (1) member from each region selected by that region Board of Managers. Additionally, the State Superintendent of Public Instruction or designee shall be included in the membership.
   2. The members of the Executive Committee shall serve three-year staggered terms, except that the term of office for the initial Executive Committee voting members shall be one (1) year for one-third (1/3) of the members, two (2) years for one-third (1/3) of the members and three (3) years for the remaining one-third (1/3) of the members.
   3. A vacancy on the Executive Committee shall be filled by the Board of Managers of the region where the vacancy occurs. The newly appointed member shall serve the remainder of the term of the member who has been replaced.

D. Meetings

   The Executive Committee shall meet no more than seven times each year unless additional meetings are approved by the Executive Director.

SECTION 4: Region Board of Managers

A. Each member high school shall be assigned by the Board of Trustees to a classification and to a region within that classification.

B. Authority and Duties: The schools in each region shall organize a Region Board of Managers which shall, under the direction of the Executive Director and the Executive Committee,
   1. Supervise and administer all interscholastic activities, under the jurisdiction of the Association, held in its region in conformance with the Constitution, By-Laws, rules, regulations and policies of the Association.
   2. Elect, from its membership, a chairperson.
   3. Elect, from its membership, a representative to serve a three-year term on the Executive Committee.

C. Membership
   1. To be eligible to serve as a member of the Region Board of Managers, an individual shall be a:
      a. Member of the governing board of the region member school; or

b. Chief executive of the governing organization (i.e. superintendent) of the region member school or their designee; or
c. Principal of the region member school or their designee.

2. Each Region Board of Managers shall include at least one representative from each school within the region. Each school within the region shall have only one vote. The voting representative from each school shall be determined by the governing board of the member school.
3. The term of office of the members of the Region Board of Managers shall be one year. Each term to begin July 1 and to end June 30 the following year, or until his/her successor has been duly elected and qualified.

Interpretation and Guidelines 2.4.1: RESPONSIBILITIES OF THE REGION BOARDS OF MANAGERS

A. General Responsibilities: In fulfilling its duty to supervise and administer interscholastic activities in its region, the Region Board of Managers shall:

1. *Create and publish to the region membership schedules of contests for its member schools in each of the sports/activities in which the region's schools participate.*
2. *Create within the By-Laws, rules, regulations and policies of the UHSAA and publish to its membership, policies governing the conduct of intra-region contests among the region's schools.*
3. *Conduct region tournaments/meets in those sports/activities that require them for advancement to state competitions.*
4. *Represent the schools in the region in making policies regarding competition in divisions when such are in place for a particular sport/activity.*
5. *Determine and publish tie-breaking procedures for teams and/or individuals regarding qualification to state competitions.*
6. *Determine the awards the region will present to schools and/or individuals, and provide for securing and presentation of such awards.*
7. *Such other responsibilities as assigned by the Board of Trustees, Executive Director and/or the Executive Committee.*

B. Responsibilities Regarding Violations of UHSAA By-Laws , Rules, Regulations and/or Policies at Region Member Schools:

1. *In cases in which there is not a dispute as to the occurrence of a violation (i.e. self-report of a violation by a school), the Region Board of Managers shall:*
    a. *Hear reports of violations and actions taken by the offending school in response to the violation; and*
    b. *Adopt recommendations regarding penalties to be imposed (see UHSAA By-Laws Article 7, Section 6)*
        1. *The Chair of the Region Board of Managers or their designee shall notify the offending school's representative, the Executive Director and any other affected parties within 24 hours of the recommendation adopted by the Region Board of Managers, including actions taken by the offending school. Written notification shall be delivered by the Chair or their designee to the principal of the offending school and Executive Director within three business days.*

2. *The recommendation of the Region Board of Managers will become binding 10 calendar days (or prior to the post season) after it is initially reported to the Executive Director, except in a case where a written request for a hearing before the Executive Committee is filed with the Executive Director prior to the recommendation becoming binding. Requests for hearings will only be considered when filed by the offending school, an affected member school or district, or by the Executive Staff of the UHSAA.*
3. *The written recommendation should include a description of the violation, the recommended penalty and information considered by the Board of Managers in adopting the recommendation. The Executive Director shall immediately forward the written Board of Managers recommendation to the members of the Executive Committee and the principal of each UHSAA member school along with the date on which the recommendation will become binding without a request for a hearing.*

2. *In cases in which there is dispute as to the occurrence of a violation (i.e. charge of a violation brought by another school in the region), the Region Board of Managers shall:*
   a. *Review the charge and supporting evidence, and*
   b. *Adopt a recommendation regarding:*
      1. *The credibility of the charge, and*
      2. *The sufficiency and credibility of the evidence supporting the charge.*
   c. *The recommendation shall be forwarded to the Executive Director.*
   d. *Review of a charge and the forwarding of a recommendation by a Region Board of Managers do not preclude action by entities within the UHSAA taken in the fulfillment of their duties and responsibilities under the UHSAA Constitution and By-Laws.*

SECTION 5: Governing Boards of Member Schools

Governing boards of member schools from each region shall:

1. Elect Region Representatives to the Board of Trustees.
2. Vote on all proposed changes to the UHSAA Constitution and By-Laws**.**

ARTICLE 3: DUES, FUNDS, FEES AND EXPENSES

SECTION 1: Dues and Funds

A. Dues of member schools shall be determined by the Board of Trustees. Such dues shall be paid from monies that are not State-appropriated funds.
B. Each school year, the dues shall be payable on or before October 1.
C. All membership dues collected shall be considered Association funds and shall be applied to payment of expenses involved in conducting the business of the Association**.**

SECTION 2: Fees and Expenses

A. The Board of Trustees is hereby authorized to levy entry fees and such other assessments upon all schools participating in any interscholastic activity as shall be adequate to meet the total expenses

involved in the conduct of such activity and such proportionate share of overhead as is deemed necessary.

B. The determination of additional activity fee receipts of contests, their collection and distribution shall be left to the discretion of the Board of Trustees.

ARTICLE 4: AMENDMENTS

SECTION 1: Action on Proposed Amendments

A. Action on proposed amendments to the Constitution and By-Laws may be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after having been considered in at least two meetings, including the meeting in which the action is taken.

B. Proposed amendments may be submitted by any governing board of a member school or any member of the Board of Trustees.

C. Proposed amendments shall be submitted in writing to the Chairperson of the Board of Trustees.

D. In considering proposed amendments, the Board of Trustees shall permit any member school authority or governing organization of a member school to appear and promote or oppose any proposed amendment or to counsel or advise the Board of Trustees regarding any proposed modifications.

SECTION 2: Process Required for Approval and Ratification of Amendments

A. A two-thirds (2/3) affirmative vote is required for Board of Trustees approval of amendments to the Constitution. A majority vote is required for Board of Trustees approval of amendments to the By-Laws.

B. Amendments to the Constitution or By-Laws approved by the Board of Trustees shall be submitted within 30 days following approval to the governing boards of all member schools for ratification. If ratified by a two-thirds (2/3) vote of the governing boards of member schools, the proposed amendments shall become a valid part of the Constitution or By-Laws. Each governing board of member school(s) shall have a number of votes equal to the number of member high schools they govern.

ARTICLE 5: CLASSIFICATION AND ALIGNMENT

A. The Board of Trustees shall assign each member high school to a classification and to a region within that classification.

B. Final action on assignment of member schools to a classification and region alignment shall be taken only in properly scheduled and noticed meetings of the Board of Trustees, and only after the subject has been considered in at least two meetings, including the meeting in which the action is taken.

C. In classifying and aligning schools for participation in Association activities, the Board of Trustees shall have plenary power to make such classification and alignments as shall promote the best interests of the Association.

Interpretation & Guidelines 5.1.1: ALIGNMENT OF SCHOOLS

A. According to Articles 2 and 5 of the UHSAA Constitution, the Board of Trustees of the UHSAA has the responsibility and plenary authority for the classification of schools and the assignment of schools to a region within those classifications. In order to fulfill that responsibility, the Board of Trustees adopts format and procedures for aligning each of the UHSAA member schools into a classification and region.

In considering the adoption of format and procedures for the alignment of schools, the Board of Trustees:

1. *May take into account any factors that affect "fair and prudent competition in the activities sponsored by the Association" (UHSAA Constitution Article 2, Section 1-A-2-e). These may or may not include school enrollment including demographics, travel costs, time out of school, natural rivalries, competitive success, etc.*
2. *Shall permit any member school authority or governing organization of a member school to appear and promote or oppose the format and procedures under consideration or to counsel or advise the Board of Trustees regarding proposed format and procedures*

B. ***Format for Alignment of Schools as Adopted by the Board of Trustees:***

1. *Realignment shall be completed on a two year cycle.*
2. *2A-5A classifications (including 3AA for football) shall have 2 or 4 regions. 1A shall have regions as determined by the Board of Trustees.*
3. *No region shall contain schools from multiple classifications (no split regions).*
4. *Regions within a classification, other than the 1A classification, shall be as equal as feasible (within one school if possible) in having the same number of full member schools in each region. Each region shall qualify the same number of teams or individuals for post season.*
5. *No school may move out of an aligned classification. However, prior to the final consideration of assigned classifications, a school may apply to a higher classification. Such a school will be considered with other tied schools (see procedure #6) for classification placement by the Board of Trustees.*
6. *There shall be a maximum of five classifications for all sports and activities with the exception of football. There shall be six classifications for football.*

C. ***Procedures for the Alignment of Schools as Adopted by the Board of Trustees***

1. *Members of the Realignment Committee shall be approved by the Board of Trustees and shall include the following: a chairperson and five Board of Trustees members representing all classifications appointed by the Board of Trustees, five Executive Committee members one from each classification nominated by the Executive Committee, an Athletic Director nominated by the UIAAA and UHSAA Staff. In the case where a charter or private school is not represented on the committee, a charter or private school representative may serve as an ex-officio/non-voting member.*
2. *The Realignment Committee reviews trends including factors that affect fair and prudent competition and school sizes to determine and recommend:*
    i. *Modifications in the format and procedures for aligning schools and*
    ii. *A range of schools in each classification and the total number of regions in each classification.*
3. *The Executive Committee reviews the recommendation of the Realignment Committee and provides the Board of Trustees a recommended range of schools in each classification and the total number of regions in each classification.*
4. *The Board of Trustees shall have adopted a range of schools in each classification and the total number of regions in each classification prior to October 1 of even calendar years.*
5. *Classifications are established based on October 1 data of senior and junior classes without self-contained students per state office of education in even calendar years. Alternative high school student enrollments shall be counted. (*Alternative high school student enrollment counts are reported by the district. First entry alternative high school students are counted with the boundary school. If a high school student withdraws to attend an alternative school, the student is counted with the member school from which they withdrew). Once schools have been aligned into classifications and the largest two classifications determined, the assignment of schools to the smallest three classifications (four for football) shall be determined using enrollment numbers in the 10^{th}, 11^{th} and 12^{th} grades.*
6. *Once schools are initially aligned into classifications, any school with a classification enrollment plus or minus 5% of the school with the highest enrollment in a classification shall be considered*

tied in enrollment for the purposes of classification assignment. The BOT shall resolve the tie and retains the responsibility for alignment of all member schools.

7. *Region assignments shall be finalized in November of even calendar years and region organizational meetings are conducted the following spring of odd calendar years.*
8. *Competition under the new alignment begins August of odd calendar years.*
9. *The range of the number of schools in each classification adopted for the 2015-17 alignment is:*

5A	*24-32*
4A	*24-32*
3A	*16-24*
2A	*16-24*
1A	*Remainder*

10. *The range of the number of schools in each football classification adopted for the 2015-17 alignment is:*

5A	*24-32*
4A	*24-32*
3AA	*12-16*
3A	*10-16*
2A	*10-16*
1A	*8+*

D. *A school directly affected by a change in placement during the meeting in which an alignment is established, may petition for a reconsideration of placement. Such a petition for reconsideration shall only be based on new information or new circumstances not previously considered by the Board of Trustees and shall be filed in writing with the Executive Director no more than 10 days following the action of the Board of Trustees establishing an alignment of schools. The Executive Director shall publish the petition to association member schools, the Executive Committee and to the members of the Board of Trustees and provide a means of accepting comment for a period of no less than 10 days following the initial publication of the petition. Reconsideration of the alignment regarding schools indicated by such petition(s) shall take place in a meeting of the Board of Trustees (see UHSAA Constitution, Article 2, Section 1-C)*

ARTICLE 6: HEARINGS AND APPEALS

SECTION 1: Uniform Procedure for Hearings and Process for Appeals

A. The Association shall establish a uniform procedure for hearing and deciding all disputes, questions and allegations of violations of the Association's eligibility rules or any other issues which relate to the activities under the jurisdiction of the Association.

B. Any person or member school subject to the authority of this Association who shall be charged with violating the Constitution, By-Laws or other rules and regulations of this Association shall be entitled to a hearing before the Association shall impose any penalty or sanction.

C. Member districts' boards of education, member governing boards of charter or private high schools, UHSAA member schools and students through their high school, shall have the right to appeal to an Appeals Committee any adverse decision which affects their interests. An appeal must be filed with the Association within thirty (30) calendar days of the decision to be appealed.

Interpretation & Guidelines 6.1.1: HEARINGS

A. In all cases in which the facts of an alleged violation of the Association's rules are undisputed, the Executive Director, pursuant to his authorization to interpret the Constitution and By-Laws, may make a

decision and rule on any such matter presented to him. Such action by the Executive Director shall be considered a hearing and will be subject to an appeal pursuant to the Rules of the Association.

B. In all applications for a waiver of ineligibility due to transfer, including full family moves, the Executive Director, together with such review committees as may be deemed necessary shall review all of the written information provided, together with such other evidence as may be available and relevant. Following such a review, which shall be deemed a hearing, the Executive Director may make a decision and rule on the request for a waiver. The decision of such a review committee is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2.

C. All other disputes, questions and allegations of violations of the Association's By-Laws, rules, regulations and/or policies shall be heard by a panel of the Executive Committee.

1. *A hearings panel of the Executive Committee shall be comprised of no fewer than three members.*
2. *The decision of an Executive Committee hearings panel is subject to appeal pursuant to UHSAA Constitution Article 6, Section 1-C and Section 2.*
3. *Hearings before a panel of the Executive Committee shall be recorded and made available at cost to affected parties. No recording of a hearing shall be provided until payment is received.*

D. Written decisions of any hearing will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to the issuance of a written decision.

Interpretation & Guidelines 6.1.2: CONTEST OFFICIALS

A. Decisions by contest officials are not subject to an appeal. Players may not appeal an ejection.

SECTION 2: Appeals Committees

A. An Appeals Committee shall review the evidence presented at the hearing and may, in its discretion, request additional written materials. The decision on appeal shall be limited to the evidentiary record presented in the hearing.

B. Decisions of an Appeals Committee are final.

Interpretation & Guidelines 6.2.1: APPEALS COMMITTEES

A. In cases involving an appeal of a decision of the Executive Director and in cases involving the appeal of a decision by a review committee regarding a request for waiver of ineligibility due to transfer, an appeals committee shall be comprised of no fewer than three members of the Executive Committee and/or members of the Board of Trustees none of whom shall represent the same region as any party involved in the hearing.

B. In cases involving an appeal of a decision issued by a hearings panel of the Executive Committee, an appeals committee shall be comprised of no fewer than three members of the Board of Trustees.

C. Written decisions of any appeals committee will be provided upon request. The cost of providing a written decision shall be borne by the party requesting the written decision and payment shall be received prior to a written decision.

BY-LAWS ARTICLE 1: ELIGIBILITY OF PLAYERS

SECTION 1: Eligibility of Players

A. To be eligible to participate in Association activities, a student must be enrolled in and attend a member high school or qualify for participation as a ninth grade student and must satisfy all of the Association's eligibility requirements. A student who meets all other eligibility requirements and is not enrolled at a member high school may be eligible to participate in Association activities provided the student is enrolled in ninth grade in a school other than a high school (see "C." Below) or all of the following apply:
   1. The student is legitimately enrolled in grades 9-12 in one of the following school/educational programs, which do not provide an athletic/activity program in which the student intends to participate.
      a. A public charter school
      b. An online school
      c. A private school
      d. A district alternative school
      e. A home school
   2. The school at which the student intends to participate is either:
      a. The high school whose boundary is that in which the permanent residence of the parent/guardian of the student is situated; or
      b. The high school from which the student withdrew to enroll in the school/educational program described in "1." above.
   3. The school at which the student is enrolled meets all legal requirements to allow its students to participate.

B. A student establishes initial eligibility upon the first day of attendance at any high school or by trying out for and being selected for membership on a high school team.

C. Students may participate in Association activities while enrolled in the ninth grade if the school permits. Ninth grade students enrolled in schools other than a high school (junior high, middle school, etc.), if otherwise eligible, may participate in Association activities with an appropriate high school. A ninth grade student enrolled in a school other than a high school who tries out for and is selected for membership on the team of a member high school has, by that action, established initial eligibility at that high school. A student who has established eligibility, at a school, even though they did not attend that school, shall be considered to have attended that school for the purposes of eligibility. If a student then transfers to a different school, or should that student enroll in a different high school for the 10th grade, that student should be subject to the requirements of the Association's transfer rule (Article I Section 9).

D. Any student who is suspended from a member school for violation of the Safe Schools provision of that school's governing board shall be declared ineligible for participation (including practice) in any activity for a period equal to any suspension, bar or dismissal but in no case shall the period exceed twelve (12) months. If the student is transferred to another school, the suspension will follow that student and apply at the new school as fully as at the prior school. That student shall also be subject to the requirements of the Transfer Rule.

Interps & Guidelines 1.1.1: NINTH GRADE STUDENTS & JR./SR. HIGH SCHOOL COMPETITION

A. Ninth grade students who are members of a junior high school student body may participate at an appropriate high school if such participation is approved by their local board of education. Any 9th, 10th, 11th or 12th grade student participating on a high school team will be governed by the rules of the UHSAA whether attending a three-year high school, a four-year high school or a separate junior high school. The names of all members of these teams must be included on an eligibility list.

B. High school teams (9th grade, 10th grade, junior varsity, varsity, etc.) may play any other member high school team or junior high school team consisting only of 9th grade students. High school teams or

individuals may not compete, practice, nor try out with or against any students below the ninth grade. Exceptions:

1. *Eighth grade students may try out for drill team in the spring at the designated time established by the high school.*
2. *Seventh and eighth grade students of six-year schools may participate in music with those grades 9 through 12.*

C. *A student who has participated on a junior high team or its equivalent during the ninth grade year is ineligible to participate on a high school team in that particular sport during that school year.*

D. *Initial eligibility is established by attending the school as a student or trying out for and being selected as a member of a high school team, whichever comes first.*

E. *Ninth grade high school teams may exist at any member high school. Such teams will be high school teams only if the team and coaches are under the authority and regulation of a member high school. Ninth grade high school teams and their individual members are subject to the same rules, regulations, by-laws, etc. as all other UHSAA member high school teams and their members. Only one freshman team in any sport for each gender may exist at a member high school.*

Q & A: Ninth Grade Eligibility

Q. How does a ninth grader establish eligibility at a high school?

A. Either by attending a high school OR making a high school team. If a ninth grader, attending a junior high, tries out but does not make the high school team, then they have not established their eligibility at that high school, but they have used a sport season.

Interps & Guidelines 1.1.2: CO-OP RULE

A. *When a given sport is not available at the member high school where a student attends and thereby has established eligibility, the student may become eligible for that specific sport at another member high school. In order to activate that eligibility, the student must secure written approval of both principals under one of the following circumstances:*

1. ***Home-schooled high school students or students attending a public charter or private high school**: eligibility is only available at the UHSAA member public school in the attendance area where the student's custodial parent or legal guardian resides (neither a power of attorney nor a district or school guardianship will suffice) or at the public school from which the student withdrew for the purpose of home schooling or attending a charter or private high school. Public charter and private high school students may only be eligible at a traditional public school for sports or activities which are not available at their charter or private school. Students may continue to attend their charter or private school while participating at the traditional public school. If the student attends a non-UHSAA member charter or private high school or is home schooled, he/she must follow all dual enrollment rules set by the Utah State Board of Education for participation. The student must attend any classes required for participation in their sport at the public school consistent with state board of education rules and policy.*
2. ***High school students attending a traditional public school:** eligibility may be obtained at any UHSAA member school provided the student transfers to the desired school and gains full-time status at the new school. After the conclusion of that sport season, the student may not remain at the new school without loss of eligibility in sports that are offered at the original school for up*

to one year, as stipulated in the UHSAA By-Laws. Upon re-enrolling at the original school of eligibility, the student is immediately eligible for other sports offered at the home school.

3. ***Ninth grade students attending a junior high/middle school who have established eligibility at a member high school:*** *may co-op to another member high school and remain attending their current junior high/middle school unless there is a ninth grade at the transfer high school. All other eligibility rules of the Utah High School Activities Association still apply.*

B. A student may not co-op to a charter or private school.

Interps & Guidelines 1.1.3: EXHIBITION ATHLETES OR UNATTACHED COMPETITORS

Athletes must compete for his or her school as an eligible member of that team. So called "exhibition" athletes or "unattached" competitors are not eligible to participate in UHSAA sponsored competitions.

Interps &Guidelines 1.1.4: TRANSGENDER PARTICIPATION

This policy addresses eligibility determinations for students who have a gender identity that is different from the gender listed on their official birth certificates.

For the protection of competitive balance and the integrity of women's sports, The UHSAA will review athletic eligibility decisions based on gender assignment of transgender student-athletes in accordance with its approved policies and appeals procedures.

A student shall be permitted to participate on a gender specific sports team that is consistent with the public gender identity of that student for all other purposes. In making a determination of eligibility, the UHSAA will first refer to the confirmation of the student and his or her local school regarding gender identification. The UHSAA will require that member school districts and schools make a determination of a student's eligibility to participate in gender specific sports team for a particular season based on the gender identification of that student (1) in current school records, and, (2) daily life activities in the school and community at the time that sports eligibility is determined.

Such a decisions should be based upon the following types of evidence:

1. *Documentation from individuals such as, but not limited to, parents /legal guardians appointed by a court of competent jurisdiction, friends and/or teachers, which affirm that the actions, attitudes, dress and manner demonstrate the student's consistent gender identification and expression;*
2. *A complete list of all the student's prescribed, non-prescribed or over the counter, treatments or medications;*
3. *Written verification from an appropriate health-care professional (doctor, psychiatrist, or psychologist) of the student's consistent gender identification and expression; and*
4. *Any other pertinent documentation or information which the student or parent(s) /legal guardian(s) appointed by a court of competent jurisdiction believe relevant and appropriate.*

It will be the responsibility of the member school and the principal to verify they have followed this policy when a school district submits a roster to the UHSAA. The UHSAA will rely on such a verification to acknowledge that the school and the principal have determined that the students listed on a gender specific sports team are eligible for participation because of their gender identity and that the school district has determined that the expression of the student's gender identity is bona fide and not for the purpose of gaining an unfair advantage in competitive athletics.

Students who may be affected by this policy should address the gender identification issue well in advance of the deadline for athletic eligibility determinations for a current sports season. Students shall not participate in practices or to try out for gender specific sports teams that are different from their publicly identified gender identity.

Nothing in this policy shall be read to entitle a student to selection to any particular team or to permit a student to transfer from one gender specific team to a team of a different gender during a sports season.

After the issue of gender identity has been addressed by the student and the school district, the determination shall remain consistent for the remainder of the student's high school sports eligibility.

Interps & Guidelines 1.1.5: INELIGIBLE STUDENT-ATHLETE RESTRICTIONS

A. *An athlete **may** try out or practice at the discretion of the school:*
   1. *Having been suspended for an ejection*
   2. *Having been suspended as a result of the drugs, alcohol and tobacco rule after fulfilling the requirements specified within the rule*
   3. *Having been suspended as a result of local school or team rules*
   4. *Having been declared ineligible because of the scholastic rule*
   5. *Having had a request for a waiver of ineligibility denied.*

B. *An athlete **may not** try out nor practice with the team under the following situations:*
   1. *Having incurred a safe schools violation*
   2. *Being in violation of the age rule*
   3. *Being in violation of the attendance rule*
   4. *Being in violation of the sports season rule*

C. *A student who is ineligible to represent his/her school on any varsity, junior varsity, sophomore or freshmen team, whether it is pre-season, region or post-season competition **shall not**:*
   1. *Be in uniform on competition day*
   2. *Warm up with the team*
   3. *Be introduced as a member of the team*

Interps & Guidelines 1.1.6: RATIONALE FOR ELIGIBILITY RULES

A. *The right to and need for an education is paramount and superior to any privilege a student may enjoy to participate in interscholastic activities. However, because many activities are high-profile in high school, they can become over-emphasized and the target of manipulation by several different interested groups. It is the rare and exceptional athlete, for example, that can move from high school sports to college athletics. Unfortunately, not every student or the student's parents may recognize that fact. To protect individual students from the effects of over-emphasis on activities and athletic competition, which may interfere with the more important regular progression of the student's education, the following is provided as some of the prominent rationale for Attendance, Sports Season and certain other rules within the By-Laws of this Association. The listing here of these rationale should not be considered as the only basis for these rules:*
   1. *To provide equality of eligibility among athletes. Each student is afforded the same number of years of eligibility without regard to number of years it takes to complete the high school curriculum.*
   2. *To prevent "red shirting" or holding back of athletes not for scholastic reasons but merely to gain a perceived advantage by affording them an additional year of eligibility at a time when they*

would be older and generally more experienced and mature. Moreover, the absence of a "red shirt" rule also prevents marginal coaches from manipulating a student's academic progress with promises or even misleading suggestions.

3. *Unfair displacement of other student athletes.*
4. *To permit a greater number of students to start and play because the number of starting team positions is finite and the overall number of team positions generally is limited.*
5. *To keep interscholastic activities competitive (providing for a "level playing field") and safe by allowing students of relative equal maturity to compete.*
6. *To prevent exploitation by those seeking to obtain transfers or to delay a student's normal progress in school.*
7. *To be responsible to member schools and each student-athlete. If participation is permitted beyond four years, there would be no rationale for denying requests for students who might not meet graduation requirements at the prescribed time. This could result in unfair competition. Moreover, it would create environments for manipulation of students and a delay in academic progress.*
8. *To discourage students transferring from one school to another for athletic purposes. Again, where such transfers are prohibited, it limits the ability of those who would manipulate students to do so.*
9. *To prevent enrollment by a student for the sole purpose of increasing his/her athletic skills and abilities.*
10. *To prevent injury to students who are less physically and emotionally mature than others.*
11. *To discourage students from delaying completion of their high school education.*
12. *To discourage students from interrupting their education.*
13. *To graduate students on time so that they do not become an undue financial burden on the taxpayers of Utah.*

SECTION 2: Age Rule

No student shall be eligible to participate in Association activities who has reached nineteen (19) years of age prior to the first day of September of the school year in which such participation is intended.

SECTION 3: Sports Season Rule

A. No student shall participate in Association activities in more than four seasons in any one activity after entering the ninth grade.
B. A student shall have no more than one season of eligibility per sport per year.
C. A school may sponsor an activity only once in any school year.

Interps & Guidelines 1.3.1: SPORTS SEASON RULE

A. Participation in a sports season ends at the conclusion of a student's participation in the sport. This includes, without limitation, the following:

1. *An unsuccessful tryout for the school's program in that sport or termination from the school's sport program as a result of action by the coach or administration or as a result of the student's withdrawal from the sport. The coach of that sport has the discretion to reinstate any student to that program at any time providing the student meets all other eligibility requirements. A student who has tried out for a sport program and was not chosen or who was terminated from the*

school's sport program is ineligible to participate (or practice) in that sport during that sport season at any other school.

2. *The end of the sport season as defined by the Association.*

SECTION 4: Years of Eligibility Rule

At the time a student first enters the ninth grade of a high school or an equivalent level of education in any other system, that student shall have four consecutive years of eligibility for Association activities.

SECTION 5: Participation on a Team of Higher Institution

No student shall be eligible to represent his or her school in interscholastic competition who has ever participated on the team of an institution higher than that of secondary grade.

Interps & Guidelines 1.5.1: PLAYING ON A TEAM OF HIGHER INSTITUTION

For purposes of this rule, practicing is also interpreted as playing. One-day auditions are permitted, as long as there is no coaching in the audition; and, workouts and/or tryouts for seniors after their high school season is over will not jeopardize eligibility in another sport. College sponsored club teams are the same as college or university teams.

SECTION 6: Amateur Rule

A. In order to protect the high school athlete from exploitation, undue influence or unthinking action which may jeopardize a student's athletic future, the following rule definitions and interpretations shall apply to participants in athletic programs of member schools: an amateur sports person is one who engages in sport solely for the pleasure and the physical, mental and social benefits derived there from. A student must be an amateur to be eligible to represent his or her high school. An athlete has forfeited his or her right to compete as an amateur, and has thereby become ineligible for further high school competition, by any of the following actions:

1. Having knowingly competed as a member of a team which included professional athletes in organized athletic competition or against a team composed all or in part of professionals.
2. Having competed for money in any organized athletic activity.
3. Having competed under an assumed name in any organized athletic activity.
4. Having accepted an award in non-school athletic activities which he or she has converted into cash by sale or by pawning.
5. Having signed a professional athletic contract.

Interps & Guidelines 1.6.1: AMATEUR RULE

A. The amateur rule applies to those athletic activities which are recognized and sponsored by the Utah High School Activities Association as part of the interschool program.

B. Competition with or against professionals in individual sports is excluded from Section 6 provided no money is received by the amateur.

C. It is permissible for a player to accept necessary meals, lodging and transportation if such are accepted in service rather than in money or any other material form.

D. Competing for a cash prize is interpreted as competing either as an individual or as a member of a team for cash award. It matters not whether the amount awarded as a cash prize is only sufficient to cover

expenses. Students who compete as members of teams in athletic events where cash prizes are offered or awarded are ineligible for further high school athletic competition.

E. The ineligibility described in Article 1 Section 6 only relates to the sport in which the professional contract was signed.

SECTION 7: Prohibition of Awards

Individual participants of any interscholastic activity sponsored and/or approved by the UHSAA shall not accept any cash award.

SECTION 8: Scholastic Rule

A. To be eligible to participate in Association sanctioned activities, a student:

1. Must be a full-time student in the school he or she intends to **represent**, or otherwise comply with all Utah State Board of Education dual enrollment requirements;
2. Cannot fail more than one subject in the preceding grading period (for purposes of this rule, a failure in a multi-period subject shall be counted as the number of failures equal to the number of periods in the class); and, must have obtained a minimum grade point average (GPA) of 2.0, for the preceding grading period, based on a 4.0 scale or its equivalent.
    a. A student who has failed to meet the minimum requirements set forth shall be ineligible for participation in UHSAA activities throughout the next grading period, provided however, that deficiencies in the final grading period of the school year may be made up prior to the first term of the succeeding year by any method acceptable to the school district or the member private school. Deficiencies must be made up in the same subject area.
    b. The scholastic regulations apply to students who are entering high school for the first time. They also apply to any ninth grade student at a junior high or middle school who has established eligibility at a member high school as provided in these by-laws.
    c. Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than five (5) school days following the last day of the grading period. Grade changes after the posting date cannot restore lost eligibility, except for a documented clerical error.
    d. These scholastic regulations are the minimum required for participation in Association activities. Nothing in this rule shall prevent local boards of education or governing boards of charter or private schools from establishing standards, related with grades, that exceed those of the Association. Any such rule, however, is not binding on the Association.

Interps & Guidelines 1.8.1: FULL-TIME STATUS & SCHOLASTIC ELIGIBILITY

A. The local school district or the governing board of a member charter or private school shall establish the degree of enrollment at the school that would define full-time status. Such definition shall apply to all aspects of the student's enrollment, not merely to activities.

B. For uniformity and for clear evidence of continued academic performance, for the purposes of the scholastic rule, a grading period can be no fewer than nine weeks.

C. *A student who is ineligible at the conclusion of a grading period or who changes schools to avoid ineligibility, cannot be scholastically eligible before the end of this nine week period.*

D. *Students who are scholastically ineligible for a grading period shall not represent their school.*

E. *Incompletes (I), no grades (NG) and no credits (NC) are considered failures and must be factored into the grade point average (GPA) until made up. The GPA must be recalculated once an I, NG or NC has been made up, with the new grade replacing the deficiency. A recalculation of the GPA would also need to be done if deficiencies are replaced during the summer grading period. In order to replace the deficiency obtained during the final grading period, the new grade must be earned in the same subject area and must come from a summer program that has been approved by the school district, charter or private school. Deficiencies, for purposes of this rule, include any letter grade. No other makeup work is accepted to gain academic eligibility during the school year.*

F. *Compliance with scholastic eligibility requirements for a home school student shall be demonstrated in compliance with state statute. The statute is found in Utah Code, Title 53A, Chapter 11, Section 102.6 accessed at the following link: http://le.utah.gov/~code/TITLE53A/htm/53A11_010206.htm Subsections 5-14 of this section of state statute deal specifically with academic eligibility of home school students.*

Q & A: Scholastic Eligibility, Summer Makeup and Recalculating the GPA

Q. Does an "Advisory" class that meets once a week count toward a student's eligibility?

A. Because seat time and credit for an "Advisory" class varies from school to school, it is up to the discretion of the member school/district to decide whether or not the "Advisory" class counts.

Q. How soon can a student declared scholastically ineligible at the end of the first grading period become scholastically eligible?

A. The student could not become scholastically eligible until grades are posted for the succeeding grading period and only if the student met the eligibility standards required.

Q. Can midterms or another formative assessment be used to restore eligibility prior to grades being posted at the end of a grading period?

*A. **NO!** Only final grades for a grading period may be used to restore eligibility.*

Q. What if grades for a college class are not available at the end of the high school grading period?

A. Eligibility at the end of the high school grading period would be determined by the grades posted by the high school and then re-evaluated when the grades are posted from the off-campus class.

Q. If a student was taking all classes on a college campus and grades were only issued on a semester basis how would you determine their eligibility for first and third terms?

A. Eligibility would be determined when the student's grades are posted.

Q. If a student fails an elective class, can they take any elective to make it up?

A. No. Deficiencies replaced during the summer must be earned in the same subject area whether it was a core or an elective (i.e. social science, foreign language, art, applied tech).

Q. Can a student attend summer school and count that as a grading period?

A. No, but classes taken during the summer can replace deficiencies in the prior grading period.

Q. How do you recalculate the GPA after a summer makeup credit has been entered?

A. When recalculating the GPA, replace the failing or deficient grade from the last term with the new grade earned during the summer from the same subject area. For example, a student with eight classes fails English fourth term and then earns a "B" in a summer English makeup class. Replace the "F" in English with the "B" earned. Divide by eight classes, not nine. In the case where a "P" is the standard grade given for remediation courses, the "F" earned during the last term would be

replaced with the "P" earned during the summer remediation. The GPA would be recalculated using the "P" in place of the "F". Recalculate the GPA using only grades which generate a point value.

SECTION 9: Transfer Rule

The Transfer Rule is an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement and are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

A. Any student transferring from one high school to another shall lose eligibility for participation in Association- sponsored athletic activities (including varsity, junior varsity, sophomore and freshman) for twelve (12 months from the first day of attendance at the new school.
B. The Association has the discretion, but not the requirement, to waive all or part of the ineligibility based on evidence of hardship presented to the Association. For the purposes of this By-Law, "hardship" shall be defined as an unforeseeable, unavoidable and uncorrectable act, condition or event, which causes the imposition of a severe and non-athletic burden upon the student and/or his/her family.
C. An affected student may request a waiver from the Association. Any student making such a request shall provide such documentation related to the claimed hardship as the Association may require.
D. The following are examples of hardships. While all requests will be considered on the facts presented in the request, these examples are intended to describe the types of situations which meet the definition of hardship:
    1. Death, the result of which requires a surviving student to change schools.
    2. Divorce, the result of which requires a student to change schools.
    3. Bona fide change in residence.

Interps & Guidelines 1.9.1: TRANSFER STUDENTS

A. A student establishes initial eligibility upon entry to high school (or its equivalent) for the first time. Whenever a student intends to participate in Association activities in this state, the student's entry to high school, irrespective of the location, shall be used for purposes of the application of this rule.

B. First Entry in High School: A student enrolling in high school for the first time (either in the ninth grade or the tenth grade depending on the high school) will be deemed residentially eligible for interscholastic activities even if that first entry is at a school not within the student's residential area. This exception to the transfer rule regarding residency for students enrolling for the first time in the ninth grade recognizes the prevailing law encouraging open enrollment. Unless otherwise exempted, the Transfer Rule will apply to any subsequent transfer (Article 1, Section 1).

C. Recruiting Not Affected by First Entry Exception: The recruiting of student-athletes by a member school, coach, coaching staff or affiliated boosters is considered a serious violation of the UHSAA rules regarding the imposition of undue influence on students for the purposes of athletics. Although under most

circumstances the UHSAA will not examine the motives behind a student's choice of school upon first entry, there may be other factors beyond residence that could affect a student's eligibility and could impose heavy sanctions on a school, a program and/or a coach. ***One example is recruiting****. Where a student or students who, during the school year prior to initial high school participation, have attended a school or coach sponsored camp or have been players together on a "super-league," "all-star," "select" or other traveling or combined team, attempt to establish eligibility at a member school which is outside the residential area for any of those students, such enrollment may be considered prima facie evidence of recruiting. Similarly, where a transferring student transfers to a school and intends to participate with any member or coach of such a traveling or combined team, such transfer shall also be considered prima facie evidence of recruiting.*

1. *A panel may determine that there was no recruiting or may impose any or all of the penalties permitted, including fines, restrictions, suspensions and disqualifications. The UHSAA may ask the hearing panel to declare that recruited students cannot be eligible at any time at the school to which they were recruited.*
2. *Principals should remind athletic directors, coaches and boosters of the prohibition on recruiting and make certain that any possible violations of these rules be reported immediately to the UHSAA.*

D. *If a student's parents move, the student may remain eligible at the high school where he or she has established eligibility. Any subsequent transfer to another school will require the student to comply with the transfer rule.*

E. *The UHSAA will not review or act on any Hardship Application unless and until the transferring student has enrolled in the transferee school and has attended at least one day of classes. The UHSAA will not provide advisory opinions regarding potential eligibility.*

F. *After a student has enrolled and attended the transferee school, that student is no longer eligible to participate at the former school.*

G. *During the summer, if a student so requests, the UHSAA will review a Hardship Application upon the receipt of proof of enrollment alone. In such a case, however, enrollment at the transferee school, even without attendance, will preclude such a student from claiming eligibility at the former school.*

H. *Definitions:*

1. *<u>Residence</u>: A residence is a place where a student has established his/her true, fixed and permanent home, where the family regularly eats, sleeps and lives. It is the place where the student and his/her parent(s) are habitually present and to which, when departing, they intend to return. Evidence of residence may include but is not limited to the following: voter registration records, ecclesiastical membership records, vehicle registration, rent receipts, utility payments, mortgage documents or income tax documentation.* ***A student shall have only one residence for the purposes of Association eligibility rules.***
2. *<u>Bona Fide Change of Residence</u>: To be considered a bona fide change of residence under these rules, minimally, the following facts must be present in the change:*
    a. *The prior residence must be abandoned. For purposes of these rules, that means that the prior residence has been sold, rented to third parties or transferred from the legal ownership or possession of the parents or guardians. The change of residence must include the transfer of personal property ordinarily associated with a legitimate change of residence.*

b. To qualify as a change of residence, the prior residence must not be currently used as a residence by either parent or any relative under the circumstance in which it could reasonably be inferred that the change of residence was a sham.

c. The new residence must be situated in a high school attendance area different than the prior residence.

I. For the purposes of a waiver of ineligibility due to change of residence, one of the following conditions must apply as outlined on the required "Form to Request Waiver of Ineligibility." Examples of the required documentation can be found on the application form accessed at www.uhsaa.org.

1. *Full Family Move: A permanent change in residence by the student and his/her entire family into the established attendance area of the high school to which the transfer is made. The new residence must be situated in a high school attendance area different from the prior residence.*
2. *Divorce: Immediately subsequent to a Decree of Divorce, a student transfers to a new high school attendance area with a parent who has legal custody of that student. Any subsequent transfer, even if to the residence of another parent with legal or joint custody, may not be considered a bona fide change in residence.*

J. Special Circumstances Related to Eligibility:

1. *Ward of the Court: A student who is a ward of the court or the state and is placed in a school by court order may become eligible for interscholastic activities at that school by petitioning and receiving approval of the Association.*
2. *School Closure: If a member school closes, any student attending the school at closure shall be eligible at the new member school in whose aligned boundaries he/she resides. Students opting to attend and participate in a member school other than their aligned school must follow regular UHSAA transfer procedures.*
3. *Discontinued Programs: If a school discontinues or suspends its participation in an Association-sponsored sport, any student that had previously participated in that sport while attending that school may transfer, without the loss of eligibility, to a different member school which offers that sport.*
4. *Alternative School Students: Students attending alternative high schools are eligible only at the public high school in whose attendance area the student's parent(s) or legal guardian(s) resides (neither a power of attorney nor a district or school guardianship will suffice) or at the public school from which the student withdrew for the purpose of attending the alternative high school. Nevertheless, any placement or assignment of a student to or from a public high school and an alternative school shall be considered a transfer for purposes of this Rule and shall be subject to the requirements of the Transfer Rule.*
5. *Dual Enrollment: A student dual enrolled in special programs at a school other than the one he/she is attending is eligible to participate in interscholastic competition only at the school where the student's permanent records are maintained and he/she is considered a full-time student.*
6. *Disciplinary Removal: A student suspended, expelled or otherwise removed for disciplinary reasons, including revocation or non-renewal of open enrollment permit, from one high school shall be ineligible for interscholastic activities in any other school until all conditions for re-admittance have been fulfilled at the school where the suspension, expulsion, revocation or removal for disciplinary reasons occurred. In no case shall that period exceed twelve (12) months.*
7. *Harassment Intimidation, and Bullying; The UHSAA will consider waivers to address severe harassment, intimidation and/or bullying that causes a student's continued enrollment at a high school to place that student's health and welfare in jeopardy. The UHSAA will entertain*

consideration of transfers under this provision only with the most exhaustive documentation from the school in accordance with established School or Board of Education/governing board policies as outlined in R277-613-1 and
R277-613-4. If a student is a victim of harassment, intimidation or bullying as those terms are defined in R277-613-1 which harassment, intimidation or bullying has been documented to the school district in accordance with R277-613-4 and as a result of this documented harassment, intimidation or bullying, the student is compelled to transfer, the UHSAA in its sole discretion, may waive all or part of the ineligibility for one or more sport/sports seasons provided;
1. The District's Anti-Harassment, Anti-Intimidation, Anti-Bullying policies and procedures have been strictly followed and complied with; and
2. The School or the District provides the UHSAA with a copy of the duly adopted policies and procedures; and
3. The School or the District secures the appropriate releases from the student/student's parents authorizing the release of a complete record of the events and circumstances on which the policies and procedures were initiated including:

a. A specific, detailed report of the prohibited incident(s);
b. An outline of the procedures used to respond to and investigate the reported incident(s);
c. A copy of the findings that were a result of the complaint process and investigation;
d. A specific, detailed disciplinary procedure for any individual found guilty of harassment, intimidation or bullying;
e. All reports of notification to parents or guardians of any student involvement in the incident(s);
f. A report of the intervention strategies and remedial action the school has undertaken to assist the student and redress the complaint.

4. The School or the District provides the UHSAA with all of the above-referenced records.

NOTE: It is the responsibility of the receiving school to work with the parents and the sending school to obtain all of the required documentation. If a parent approaches a school administrator and informs him/her that they have never filed a formal complaint with the former school then this will disqualify the student from using this exception.

*8. **Academic Exceptions;***

a. International Baccalaureate Program

A student who has transferred to another high school to take advantage of the International Baccalaureate (IB) Program may be ruled eligible upon approval of the UHSAA. Such a student who transfers under this provision and who subsequently drops out of the Program shall be declared immediately ineligible and may be subject to sanctions.

To apply for this hardship exception, the School principal or athletic administrator shall send via letter:
1. Confirmation of the student's acceptance into the International Baccalaureate Program within the school into which the student has transferred.
2. Verification of the fact that the school administration, the parents and the student understand that if the student drops out of the IB program he or she shall be immediately ineligible as well as subject to additional sanctions.

b. Diagnosed Learning Disabilities

A transferring student who has a diagnosed and documented learning disability who transferred to another high school to take advantage of a specialized program, specifically for the student's diagnosed and documented learning disability, and such program is not available at the current school, may be ruled eligible upon approval of the UHSAA. Such a student who transfers under this provision and who subsequently drops out of that program shall be declared immediately ineligible and may be subject to sanctions.

To apply for this hardship exception, the School principal or athletic administrator of the receiving school shall send via letter:

1. Confirmation of the student's acceptance into the specialized program at the school into which the student has transferred.

2. Verification of the fact that the school administration, the parents and the student understand that if the student drops out of the specialized program, he or she shall be immediately ineligible as well as subject to additional sanctions.

c. Transfers based on any other academic issue, such as class size, school environment, unique class offerings, or similar issues will not be considered hardships.

9. <u>Medical</u>

In cases involving medical questions, the request for a hardship exception shall be accompanied by the statement(s) of two or more qualified medical experts explaining in detail the medical aspects of the case. Additionally, the School of the student's current attendance shall also provide details regarding the student's progress in academics or other relevant information. The Schools shall obtain the appropriate waivers of confidentiality and provide them to the Association.

PLEASE BE ADVISED that UHSAA appellate panels have determined that the following conditions are NOT considered hardships:

Athletic motivation
Driving distance
Proximity to school
Gas prices
Playing time or other coaching decisions
Small or large class sizes
Allegations of better education
Less than a full family move
Sadness or anxiety

NOTE: Where it is determined that athletic motivation is present; this would be sufficient, in and of itself, for denial of the hardship request.

K. *Foreign students shall be considered as any other transfer student and must subscribe to the rules outlined in the UHSAA Handbook, Interps & Guidelines 1.9.2.*

L. *Other Activities:* ***The Transfer Rule does not apply to activities other than athletics****.*

M. *Statement of Philosophy/Rationale for the Transfer Rule:*

1. *Promotes the educational philosophy that participation in interscholastic activities is a privilege, which should not take a dominant role over academics.*
2. *Recognizes the overwhelming administrative difficulty in attempting to determine the motives or reasons for each and every transfer, and therefore, adopts a uniform objective standard to be followed by all member schools.*
3. *Helps to protect opportunities for participation by students who attend school in the attendance area of their residence.*
4. *Serves as a deterrent to students leaving their schools because of disciplinary action that has been or may be imposed.*

Interps & Guidelines 1.9.2: FOREIGN STUDENT ELIGIBILITY

National Federation By-Law regarding eligibility for foreign exchange and international students

A. *Foreign Exchange Students (J-1 visa):*

1. *A foreign exchange student is an international student who attends high school in the U.S. To be eligible for interscholastic athletics in the U.S., such a student must be under the auspices of, and be placed with, a U.S. host family by an international student exchange program that has been accepted for listing by the Council on Standards for International Educational Travel (CSIET) and be recognized by the U.S. Department of State, or be on a program approved by the USOE (Utah State Office of Education). The foreign exchange program must assign students to host families by a method that ensures no student, or his/her parents, school or other interested party may influence the assignment for athletic or other purposes. The foreign exchange student may not be selected or placed on any basis related to his/her athletic interests or abilities.*
2. *A foreign exchange student is considered to be placed with a host family when written notice of placement is provided by the exchange organization to the student and his/her parents and to the host family.*
    a. *Neither the school, the student nor any person associated with the school shall have input into the selection of the student.*
    b. *No member of the school's coaching staff, paid or voluntary, shall serve as the host family.*
3. *The foreign exchange student must possess a current J-1 visa, issued by the U.S. State Department.*
4. *The foreign exchange student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
    a. *Must be on a CSIET (Council on Standards for International Educational Travel) or USOE (Utah State Office of Education) approved placement program.*
    b. *Must be attending school the first day of the term in order to be eligible for that term.*
    c. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*
    d. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*

e. *Student must be in an approved placement program that is at least one semester (90 days) in length.*
f. *Foreign exchange students are eligible for a maximum of one year.*
g. *Student is only eligible at the school in the attendance area where he/she resides with the host family.*
h. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
i. *Student must complete the Foreign Exchange Student Eligibility Application Form 4A which includes:*
    - *Transcript of credits in English (to be evaluated and/or interpreted by USOE if necessary):*
        - *12 year stipulation (item c above)*
        - *UHSAA scholastic rule requirement*
    - *Date of birth*
    - *Type of visa issued and the title of foreign placement program*
    - *Reason for coming to this particular school; sports preferred*
    - *Signatures: student, principal, agent and host family, with disclaimer certifying that no sports recruiting occurred*

B. *Other International Students (F-1 visa): An international student who is not living with a parent or legal guardian and is not under the auspices of and placed by a CSIET listed exchange program must meet the following requirements in order to be considered for interscholastic athletic eligibility:*
    1. *The student must possess a current F-1 visa, issued by the U.S. Immigration and Naturalization Service.*
    2. *The student must provide to the principal of the school he/she attends an official untranslated transcript and a transcript that is translated into English by an acceptable agent or agency which indicates work taken in all grades in which the student was enrolled.*
    3. *The international student must pay tuition to the high school he/she attends as prescribed in Section 625 of U.S. Public Law 104-208 and receive an I-20 endorsement from the district or school before admission.*
    4. *No member of the school's coaching staff, paid or voluntary, shall serve as the resident family for the student.*
    5. *The international student must comply with all eligibility requirements set forth by the state high school association of which the school he/she attends is a member. Conditions of eligibility for participation in UHSAA sponsored activities include:*
        a. *Student cannot participate if he/she has completed twelve (12) years of school (excluding kindergarten) prior to attending a Utah high school.*
        b. *UHSAA age rule applies (cannot reach 19 years of age prior to September 1).*
        c. *Student must meet all other UHSAA eligibility policies required of student athletes participating in UHSAA sponsored activities.*
        d. *The UHSAA required process of international student as any other transfer student. Such student must complete required <u>International Student Transfer Application Form 4B.</u>*

C. *Noncompliance with one or more of the foregoing provisions shall render the international student ineligible for interscholastic athletics at any high school which is a member of any NFHS member state high school association.*

SECTION 10: Undue Influence

The Undue Influence and Recruiting Rules are an integral part of the Association's ability to create, administer and maintain the valuable and unique form of competition it offers. This unique form of competition is a carefully constructed system that promotes competitive balance and serves the mission and purpose of education based sports and activities. Association sports and activities are intended to foster a sense of community as well as to teach teamwork and discipline. Other sporting organizations exist which promote free player movement, unrestrained recruiting and setting of lineups. Such organizations are primarily designed to promote athletic development of the individual and provide a showcase for the athletic talents of those individuals. These organizations do not share the primary purposes of the Association and therefore cannot provide the unique type of competition created and maintained by the Association. Efforts randomly to impose adjustments or favoritism on these rules damage the Association and, in turn, damage all the students who either participate in an Association sport/activity or who support them, from cheerleaders to band members to drill teams to parents. The Association is committed to maintaining its unique form of competition.

A. The use of undue influence by any person, connected with or not connected with a member school, to secure the enrollment or transfer of a student to a member school for the purpose of participation in Association athletic activities is prohibited. Recruitment is a form of undue influence and is broadly defined as the use of undue influence or special inducement by anyone, on behalf or for the benefit of a member high school, who attempts to influence a student to enroll or transfer to a member school for the purpose of participating in athletics. Whether such action is taken directly by a person affiliated with the school or through a peer, a parent, a student, a non-school coach or other, the action shall nevertheless be considered a violation by the member school.
B. Recruiting shall include, but is not limited to, promising or inducing the expectation of an advantage over others for a particular team, playing time, of any athletic advantage, of employment of the student or a relative, of housing, of transportation, of specific tutoring, of scholarship or financial aid.
C. The Association may further describe, with particularity, specific circumstances which shall qualify as undue influence or recruiting.

SECTION 11: Undergraduate Standing

No student shall compete in any high school activity who is a graduate of a regular four-year high school or who is a graduate of a secondary school which has the same requirements for graduation as a regular four-year high school. However, a student who finishes the required number of credits for graduation in fewer semesters than are normally required and is doing college undergraduate work shall not be barred from interscholastic competition to which he or she would otherwise have been eligible until the termination of so many semesters as normally would have been available for such a student's eligibility or participation.

SECTION 12: Limited Team Membership

A student, while participating as a member of a high school team, may not participate on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.

Interps & Guidelines 1.12.1: LIMITED TEAM MEMBERSHIP

A. *No member of a high school team may compete in any organized competition on any outside team for a particular sport after the competition start date in a given season. One-day auditions or try outs are allowed during the season so long as no high school practices or games are missed and provided there is no coaching involved.*
B. *Tennis doubles, relays in track and relays in swimming are not considered to be teams. Student athletes may play in a non-school sponsored contest, in individual sports, where no team scores are kept. Golfers may compete provided that no other team member plays in the same group (four-some, three-some, two-some).*
C. *Olympic Development Program (ODP) rule: student athletes may be granted an exception to the Limited Team Membership Rule in order to participate on an ODP (or similar team in non-Olympic sports) team if the following conditions are met:*
    1. *The outside team is a legitimate ODP team as verified by the national governing body for that sport.*
    2. *Student obtains written permission contract signed by player, parent/guardian, high school coach, principal and ODP coordinator.*
    3. *Team shall be selected and UHSAA advised at least thirty days prior to ODP competition.*
    4. *Any missed academic lessons are completed.*
D. *The Limited Team Membership Rule applies only to competition. It does not apply to music, forensics and drama performances. These groups are free to perform for parades, concerts, church/community functions, etc. However, Association catastrophic insurance will not be in effect for unsanctioned activities.*

SECTION 13: Physical Examination Required

No student shall be eligible to compete in any athletic contest sponsored by this Association unless such student has a physician's certificate stating that he/she is physically able to compete in inter-school athletic contests.

Interps & Guidelines 1.13.1: HEALTH EXAMINATION POLICY

A. *A health examination must be performed and the student athlete cleared for participation in a sport before any student may compete in athletic activities sponsored by this Association. A properly completed and signed Pre-Participation Athletic Health Examination Form indicating the student's clearance to participate plus a properly completed Disclosure and Consent Form must be on file at the school. Such an examination shall be valid for 365 days (i.e July 1- June 30 or Jan 1- Dec 31).*
B. *The health examination may be completed and the form signed by a qualified medical professional, operating within the legal scope of their practice. Forms may be obtained on the UHSAA Website. These are minimum requirements.*

SECTION 14: Charter/Home/Private Schools

Students exempted from compulsory public school education by the local board for instruction in home or private schools or Utah charter school students may be eligible for participation in extracurricular public school activities provided they earn credit as outlined in the USOE policies. The charter, home or private school student may only participate in extracurricular activities at the school within whose boundaries the student's parent(s) or legal guardian(s) resides (neither a power of attorney nor a district or school guardianship will suffice) or at the public school from which the student withdrew for the

purpose of home schooling or attending a charter or private school. Charter and private school students may only be eligible at a public school for sports or activities which are not available at their charter or private school.

Q & A: Charter Schools Ending with Ninth Grade are the Equivalent of Junior High Schools

Q. Is a ninth grade student attending a charter school ending with the ninth grade treated the same as a ninth grade student attending a traditional junior high school?

A. Yes. A charter school ending with the ninth grade is seen as the equivalent of a traditional junior high school for the purposes of this rule.

BY-LAWS ARTICLE 2: ACTIVITY LIMITATIONS

SECTION 1: Schedules

A. All scheduled interscholastic activities within the jurisdiction of this Association shall be governed by this Association.

B. All schedules of activities shall be approved by the local Board of Education or its duly authorized representatives. All games or schedules shall be so arranged as to interfere with a minimum of school work.

SECTION 2: Practice, Pre-Season and Post-Season Contests

A. The Board of Trustees shall have authority to determine the dates that schools may utilize for practice in each and all activities.

B. Pre-season and post-season games and contests shall be governed by the Board of Trustees. The number of games to be played during the sports season shall be governed by the Board of Trustees.

C. The alumni are to be considered as an outside team.

Interps & Guidelines 2.2.1: ACTIVITY SEASONS

A. The playing or competition season shall end with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets nor competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.

B. The alumni are to be considered as an outside team . Alumni games may be played against only the member school's alumni. The game must count towards the contest limitations for that sport and certified officials must be used. Schools may not play their alumni in a UHSAA endowment game. Statistics from alumni games will not be accepted as UHSAA state records.

C. From the beginning practice and team selection date to the competition start date, there can be no competition with other schools. This includes scrimmages and practices.

D. Purposes for establishing starting dates are as follows:

1. *To provide a **"level playing field"** (parity) between schools so that one set of students is not placed at a disadvantage to others with whom they compete.*
2. *To create **definable seasons of competition** which allow students to participate in various activities without coaches feeling the need to "compete" with each other for athletes within their own school.*
3. *To discourage **specialization** in the sense that students are not deprived of a variety of extracurricular experiences which the high school "exploratory" life stage provides.*
4. *To create a corridor which protects some **personal time** for students between activities.*

5. *To provide opportunity for families to **clearly define times** for vacations and other family functions.*
6. *To prevent the exploitation and **"burn out"** of participant athletes and coaches.*

Interps & Guidelines 2.2.2: CONTEST LIMITATIONS

A. *Definitions:*
   1. *Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity.*
   2. *Tournament: Competition among four or more schools.*

B. *The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore and freshmen). State qualifying tournaments do NOT count in the contest limitation totals for cross country, golf, swimming, tennis, track, wrestling, and speech/debate (see basketball and drill team exceptions below).*
   1. *Baseball: 22 games for 4A & 5A, 20 games for 1A, 2A & 3A. **Each game played counts as one game.** Schools may exercise one of the following options during the season: play one (1) multi-game tournament and count it as two (2) games (up to a maximum of four games, if the tournament exceeds four games, any additional games would count "one for one" against contest limitations); and play two (2) games on a non-school day for both schools and count it as one (1) game OR they can have two (2) different non-school days for both schools on which they can play two (2) games and count each day as one (1) game.*
   2. *Basketball: Varsity-20 games if no region post-season tournament is held. 18 games if post-season tournament is held. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. The above endowment policy does not apply to j.v., freshman and sophomore. All non-varsity may play a maximum of 20 total games. **Each game played counts as one game.*** Each team is allowed to attend one tournament where they may play up to 4 games and count it as two contests toward the 20 game allotment. A tournament must be sanctioned as per UHSAA guideline and occur on consecutive days (excluding Sunday). If the tournament exceeds four games, any additional games would count "one for one" against contest limitations.
   3. *Cross Country: 10 meets per individual for 3A, 4A & 5A, 8 meets per individual for 1A & 2A. The UIAAA Cross Country Meet does not count toward the contest limitations.*
   4. *Drill Team: 3 competitions and a region competition (total of four). The live practicum does not count toward the contest limitations.*
   5. *Football: 9 games. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. **Each game played counts as one game.***
   6. *Golf: 14 meets for 3A, 4A & 5A, 10 meets for 1A & 2A.*
   7. *Soccer: 16 games for 3A, 4A & 5A, 14 games for 1A & 2A. Each game played counts as one game. Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count "one for one" against contest limitations.*

8. *Softball: 22 games for 4A & 5A, 20 games for 2A & 3A. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count "one for one" against contest limitations*
9. *Swimming: 14 meets per individual.*
10. *Tennis: 14 matches per individual for 3A, 4A & 5A; 12 matches per individual for 1A & 2A. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc.*
11. *Track: 12 meets per individual for 3A, 4A & 5A, 10 meets per individual for 1A & 2A.* An individual may participate in no more than 6 qualifying meets in addition to the region meet in 4A and 5A and no more than eight state qualifying meets for 1A, 2A & 3A.
12. *Volleyball: One of the following three options may be chosen: 16 matches and 0 tournaments; 15 matches and 1 tournament; or 14 matches and 2 tournaments. The following guidelines pertain to the tournaments: no more than 9 total matches in a tournament, no more than 7 matches in a given day; and tournaments may not exceed three days in length. If a region tournament is held it would have to be counted as one of the two tournaments allowed.*
13. *Wrestling: 24 credits per wrestler. All tournaments count as three credits. Individuals may compete in no more than six tournaments per season. Three of the six tournaments may be dual tournaments.*
14. *Music: 3 contests per category.*
15. *Speech: 10 meets per individual for 3A, 4A & 5A, 8 meets per individual for 1A & 2A..*

Interps & Guidelines 2.2.3: COMPETITION DATES

All Association activities are to be played on the dates designated on the calendar unless another day is mutually agreed upon by the schools involved and cleared through the Activities Association office.

Interps & Guidelines 2.2.4: ATHLETIC PERIODS

No Students interested in their prospective sport may play or practice that sport during an athletic period, except after the official beginning practice date or the beginning competition date, if no beginning practice date is established. Teaching proper stroke mechanics will be allowed prior to the start date in swimming to allow for the safety and education of individual participants and not the coaching and competitive training of teams.

Q. Can a student-athlete whose prospective sport is basketball play or practice basketball, during an athletic period, prior to the start of the sports season?
A. No. The athletic period may be used for conditioning, strength training or study hall.

Interps & Guidelines 2.2.5: PRACTICE LIMITATIONS

A 20-hour practice limit is in effect for all UHSAA sponsored sports from August 1 to June 1, and for all UHSAA sponsored activities (music, speech/debate, theater/drama) from September 1 to June 1. The practice limit includes one (1) day off each week (Monday-Sunday). Competition days, including travel, will

count as three (3) hours. Practice limitations include anytime a team is together which includes, but is not limited to: team practice, team dinners, film time, weight training, individual instruction, etc. Restrictions include any meeting of the team and/or individual sport-related contact with the coach.

Q. If a team has to travel six (6) hours to a location on the day of the tournament, and then competes in the tournament, which could be eight (8) hours, does that mean the team has used 14 hours in one day?
A. No. The competition day is three (3) hours total, which includes travel time.
Q1. If a team travels 5 (five) hours the day before a contest, and they stop to do a one (1) hour walk through/practice, does that count for 6 (six) hours?
A1. No. The travel is part of the competition day (3 hours), but the walk through/practice would be included in the 20 hours.
Q2. Does time during an athletic period or the watching of film during the school day (including lunchtime) count towards the 20- hour practice limitation?
A2. Yes. Anytime the team meets counts towards the 20-hour practice limitation. An exception is time used for study hall, if the focus of the study hall is academics, and the majority of the student athletes are using the time as a study hall.
Q3. Does a weight lifting class count towards the 20 hours?
A3. If the weight lifting class is not open to all students, then the time spent in class would count. If the majority of the class belongs to one specific team, but other students have the opportunity to be in the class as well, the time does not count.
Q4. If a team meets at the home of a team member for a "team night" (with our without the coach), does this count towards the 20- hour practice limitation?
A4. Yes. Anytime the team gets together for team meetings, team dinners, team film, etc. (with our without the coach) it counts towards the 20- hour practice limitation.
Q5. If an individual meets with the coach to go through skill development or talk X's and O's, does that count towards the 20-hour practice limitation?
A5. Yes. Anytime a student-athlete meets with a coach for individual instruction related to the sport, it counts towards the 20-hour practice limitation.
Q6. Does participation in an assembly count towards the 20 hours?
A6. No. Participation in assemblies does not count towards the 20 hours.
Q7. If students are participating in a fundraiser, does the time spent on the fundraiser count towards the 20 hours?
A7. If revenue is for a specific team account, the time spent at the fundraiser would count towards the 20 hours. If the revenue raised is going towards an individual's account, the time would not count. Anytime a fundraiser is ***required****, the time must be counted.*
Q8. If actors in a school play rehearse for three hours and the band rehearses for seven hours and the school choir for two hours. how is this calculated?
A8. Hours spent rehearsing for a school play is a school or district decision.

Interps & Guidelines 2.2.6: ANNUAL MORATORIUMS

A. *The philosophy of UHSAA Moratorium days is to allow students and teachers/coaches quality time with their families without the pressure of losing a level playing field.*
B. *UHSAA Moratoriums*
    1. *Thanksgiving (all UHSAA sports and activities)*
    2. *Christmas (all UHSAA sports and activities)*

3. *New Year's Day (all UHSAA sports and activities)*
4. *Summer (all UHSAA sports and activities)*
    a. *A one week summer moratorium will be in place Tuesday, July 5-Monday- July 11 2016.*
5. *Sport Specific Moratoriums (two, two week blocks: may be consecutive)*

C. *Moratorium days apply to current 9th through 12th grade students. For moratorium days occurring during summer months, incoming 9th grade students are also included.*

D. *During the MORATORIUM DAYS, the following restrictions apply to all UHSAA activities at all levels:*
1. *Activities shall not meet, practice, compete or travel.*
2. *Facilities used by the school shall not be used related to the sport. Weight rooms will be closed during the Thanksgiving, Christmas, New Year's and Summer moratoriums. During a Sport Specific Moratorium, any member of the coaching staff for that particular sport shall not supervise or observe in the weight room outside of the school day.*

E. *RESTRICTIONS ON COACHES: Coaches are defined as any individuals (paid or non-paid or volunteer) who make up the school's immediate past, current or projected future coaching staff. During the moratorium days, **COACHES SHALL NOT:***
1. *Have player contact or communication related to the sport.*
2. *Organize or conduct any meetings related to the sport.*
3. *Organize or conduct practices or competitions of any kind at any level.*
4. *Organize or conduct any activities related to the sport, including weight lifting and conditioning outside of the school day.*
5. *Organize or conduct open gym, open court, open pool or open field play or permit the use of batting cages.*
6. *Organize or conduct any fundraisers.*
7. *Coach or observe any potential player related to the sport. A coach may observe only if his/her own child is participating or if acting as a registered official assigned to that specific contest.*

Note: *To organize or conduct would include facilitating or encouraging an activity to take place, regardless of whether or not the coach attends.*

F. *Sport Specific Moratoriums are specific periods of time determined by the UHSAA in consultation with individual coaches' associations.*
1. *Two (2), two (2)-week sport specific moratoriums during the year. Blocks may be consecutive.*
    a. *Holiday and summer moratorium days shall not be counted as sport specific moratorium days.*
    b. *Sport specific moratorium days may be split around holiday and summer moratorium days to create a consecutive block of time.*
2. ***SPORT SPECIFIC MORATORIUMS: (for specific dates, see sport specific ready reference calendar)***
    c. ***Baseball****: second & third full weeks in August; second & third full weeks in November (except 1A).*
    d. ***Basketball****: first two weeks in August and two weeks following state.*
    e. ***Cross Country****: four weeks beginning March 1.*
    f. ***Drill Team****: schools select four weeks on "UHSAA Drill Dead Time Form" due January 15.*
    g. ***Football****: two weeks following state and two weeks beginning with spring tryouts*
    h. ***Golf****: combine four weeks with the Christmas and New Year's Moratorium days.*
    i. ***Soccer****: combine four weeks with the Christmas and New Year's Moratorium days.*
    j. ***Softball****: combine four weeks with the Christmas and New year's Moratorium days.*
    k. ***Swimming****: last two weeks of April and the second and third weeks in August.*

l. ***Tennis****: combine four weeks with the Christmas and New Year's Moratorium days.*
m. ***Track****: four weeks beginning September 1.*
n. ***Volleyball****: combine four weeks with the Christmas and New Year's Moratorium days.*
o. ***Wrestling****: four weeks beginning August 1.*

G. Moratorium Adjustments

1. *Thanksgiving, New Year's Day, Summer and any Sport Specific moratorium days shall not be compromised in an adjustment request without approval of the Executive Committee.*

2. *Christmas Moratorium*
   a. *The moratorium days may be adjusted as long as Christmas day is not compromised. The moratorium must be five consecutive days and must include Christmas day. In-season teams may adjust the moratorium no more than one day prior to the date of a competition.*
   b. *Requests for Christmas moratorium adjustments must be approved by the school principal and the superintendent or school board president. The approved adjustment request must be submitted by the school principal prior to November 1. Requests received after November 1 will still be considered, but will carry a $100 fine.*
   c. *When a Christmas moratorium adjustment is granted, the principal shall monitor the adjusted moratorium period. The approved adjustment shall apply to all levels of that sport. For example, all levels of boys' basketball (i.e. freshman, sophomore, junior varsity and varsity) shall adhere to the same moratorium days.*

Interps & Guidelines 2.2.7: OUT OF SEASON PARTICIPATION

A. "Two Weeks Prior" to Start Date Restrictions

1. *To create a more level playing field, the "Two Weeks" prior restrictions are in place to identify the start of a season and the official tryout date.*
2. *"Two Weeks Prior" to Start Date Restrictions apply to current 9^{th}-12^{th} grade students.*
3. *Any potential player shall not be required to attend. This is an optional attendance period.*
4. *The following* ***restrictions are in place*** *during the* "Two Weeks Prior:"
   a. *Coaching is prohibited.*
   b. *No practice sessions, no drills, no scrimmages with other schools, no review of tape with athletes, no team offense or defense nor chalkboard X's and O's are allowed.*
   c. *An athlete may not attend a clinic or camp hosted or sponsored by a member school within two-weeks of the starting date. This includes sending teams to team camps or competitions outside of the school.*
5. *The following* are ***ALLOWED*** *during the "Two Weeks Prior:"*
   a. *Weight lifting and conditioning.*
   b. *Sport specific exercise (i.e. pitchers and quarterbacks throwing) is allowed without instruction from the coaching staff.*
   c. *Open gym, court, pool or field is permitted as long as there is no coaching, no participation fee of any kind, nor team selection taking place. "Open" means freely available to the students of the school which has the gym, court, pool or field. If*

participation in the "open" event requires registration or a fee, whether paid to the coach, the school or a third party, the event is a clinic or a camp and is prohibited in the "two weeks prior" to the start date of such sport.

d. An individual may attend an outside camp, clinic or competition, as long as the high school coach does not coach them.

6. The "Two Weeks Prior" restrictions do not apply to cross-country, drill team, football, swimming or track & field.

B. Spring Football Guidelines

1. Spring Football Guidelines apply to current 9th-12th grade students.

2. Spring restrictions prior to and including Memorial Day:

a. No player protective gear may be worn (Helmets, Shoulder pads, pants pads)

b. No football competition with other schools (including 7 on 7 and scrimmages) until after Memorial day

c. Abide by football moratorium dates:
Two-weeks following state championship game, and two-weeks beginning with spring sport tryouts

d. Following Memorial Day, the UHSAA Approved Football Summer Calendar (posted on the football page) continues until the season start date for football including; heat acclimatization and padded camp guidelines.

3. A camp may occur after Memorial Day and before July 25, 2016, except during Summer Moratorium. This is a school specific period for all levels i.e. varsity, junior varsity, sophomore, freshmen; or offense/defense, etc. The camp must be declared in writing to the UHSAA prior to the use of any pads and must follow the Heat Acclimatization, which includes up to three (3) days in pads. Form at uhsaa.org.

4. Heat Acclimatization: please see item 28 in the Administrative Policies and Guidelines section of this handbook as well as the approved "Football Summer Calendar" available from a link on the Football page of UHSAA website for information and regulations regarding heat acclimatization.

SECTION 3: School Sponsored Programs

A. Clinics on an individual school basis may be held with the approval and direction of the local school administration and with the approval of the local Boards of Education. The two basic principles governing the development and operation of programs should be:

1. All educational programs for high school students should be kept in balance so that no single program robs any other program of its fair and proper share of attention in the students' experiences; and
2. All students should have equal opportunity to compete for a position on a team. There should be no discrimination against any student in the operation of physical development activities, and participation in such programs will not be prerequisite to membership in a school's athletic program.

Interps & Guidelines 2.3.1: SCHOOL SPONSORED PROGRAMS

A. Limiting teams to days or number of camps, leagues, tournaments or competitions is a school or district policy. Limitations as to dollar amounts spent by individuals will also be left to district or governing board of a charter or private school discretion.

BY-LAWS ARTICLE 3: CONTESTS WITH NON-MEMBER SCHOOLS AND HIGHER INSTITUTIONS PROHIBITED

SECTION 1: Contests with Non-Member Utah Schools Prohibited

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with Utah high schools that are not members of the Utah High School Activities Association without the approval of the Board of Trustees. For purposes of this Article, an alumni team is exempt from this rule.

SECTION 2: Contests with Out-Of-State Schools

Members of the Utah High School Activities Association shall be prohibited from engaging in contests with high schools outside of Utah who are not members of their respective state high school associations unless that state permits contests with schools not members of its association. In such case, those schools shall be considered eligible for contests with UHSAA members.

SECTION 3: Restrictions Regarding Higher Institutions

No athletic team representing a member high school shall compete or scrimmage in organized competition against a college or university team.

Interps & Guidelines 3.3.1: COMPETITIONS AGAINST HIGHER INSTITUTIONS

For the purposes of this rule, college-sponsored club teams are the same as college or university teams.

BY-LAWS ARTICLE 4: SANCTIONING PROCESS

SECTION 1: Multi-School Meets for Member Schools

A. By definition, contests between two, three or four member schools are considered sanctioned.
B. Any multi-school meet hosted in Utah which involves more than four member schools, whether in-state or out-of-state, must be approved by the UHSAA at least thirty (30) days prior to the event. Applications received after deadline may be fined $100.00.

SECTION 2: National Federation Sanctioning Requirements

A. Any interstate competition involving two (2) or more member schools which is sponsored by or titled in the name of an organization outside of the high school community (i.e., a university, a company, a theme park, a community recreation department, etc.) in addition to being sponsored by a member school, shall require sanction of the National Federation.
B. An interstate competition sponsored by a State Association member school is automatically sanctioned by the Associations involved regardless of the number of competing schools, provided all schools are from bordering states.
C. National Federation action is required if one or more of the competing schools comes from a state which does not border the host state, and even then five or more states and/or more than eight schools must be involved. In that case, Federation approval is necessary for schools from ALL STATES INCLUDED.
D. The NFHS requires an online process for NFHS sanctioned events. For information regarding NFHS sanctioning procedures go to the NFHS website (nfhs.org) and click on the "Sports" tab.
E. Any event involving U.S. and foreign schools must be sanctioned by the state association(s) involved and the National Federation.
F. Application forms for interstate and international contests or tournaments requiring sanction are available from the Association office and must be filled out completely before the request will be considered.

Interps & Guidelines 4.2.1: SANCTIONING

A. A major purpose of sanctioning is to minimize loss of classroom instructional time.
B. The UHSAA does not sanction events outside of the respective sport/activity season.
C. Competitions or tournaments involving more than four schools and all are within a specific UHSAA region are considered sanctioned and do not require application process.
D. Tournaments will be sanctioned at the level (varsity, junior varsity, sophomore and freshmen) requested. Participation in that tournament will count at that level unless a request for an exception is made in writing two weeks in advance of the tournament and that request is approved by the UHSAA. In other words, a school could request permission for a junior varsity team to play in a varsity tournament, not to exceed the contest limitations rule at that level.
E. In the case where a school or schools drop out of, or do not show up for, a tournament, appropriate byes must be scheduled. JV teams cannot be added without two (2) weeks prior notice.
F. It is not permissible to divide a school's team and play as two teams. This does not concern sports where the contest limitation is applied to individuals.
G. Applications for inter-regional or inter-state meets must be submitted at least 30 days prior to the proposed meet and must be sponsored by a member school. Even though an event may be ongoing, application forms must be submitted each year. A processing fee of $100 may be assessed to those applications which miss the application deadline. Any school which violates Article 4 of the By-Laws will be fined as follows: The host school will be fined $200.00 and additional schools which participate in a non-sanctioned meet will be fined $50.00 each. This includes speech, drama and music, as well as athletic events.
H. Sanction applications for competitions with more than four schools will be approved for the following:
    *1. Any single or multi-day event in Utah **provided no school time is missed** by any participating school for any reason associated with the event (i.e. travel, participation, overnight stay, etc.) and all play occurs after 3:00 p.m. Tournaments scheduled on non-school days **for all participating schools** would not be bound to the 3:00 p.m. start time.*

2. *A two-day or three-day event in Utah **when school time is missed** by any participating school for any reason associated with the event provided:*
    a. *Participating schools do not miss any school the day prior to the tournament for travel or any other reason associated with the event.*
    b. *Participating schools **do not miss any school time on more than one school day** for any reason associated with the event.*
    c. *The second day of a two-day event is a non-school day for all participating schools.*
    d. *The second and third days of a three-day event are non-school days for all participating schools.*

    Note: For 2-day and/or 3-day tournaments where school is missed on the first day by any team, the tournament host is strongly advised to schedule local schools after 3:00 p.m.
3. *Any tournament consisting of non-border states sanctioned by the National Federation.*
4. *Any tournament in AZ, CO, ID, NV, NM or WY that has exclusive participation of schools in states that border the host state.*

    Note: It is recommended that competitions within a region, dual-contests and tri-meets adhere to items 1 and 2 above.

I. *UHSAA athletic passes shall be accepted for admittance at **all** sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.*

J. *All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request (see Interpretations & Guidelines 2.3.1: Activity Seasons):*

The playing or competition season shall end with the last state meet for any of the classifications or tournament in that activity. UHSAA jurisdiction for seniors shall end at that time. No meets or competitions will be sanctioned after the UHSAA state championships. Exceptions: All-Star games sponsored by coaches associations for seniors only may be sanctioned upon request.

BY-LAWS ARTICLE 5: LICENSED TEACHERS, UHSAA COACHES TRAINING AND SUPERVISION OF STUDENTS

SECTION 1: Coaches' Certification

All coaches (paid or nonpaid) shall be certified prior to coaching. The responsibility for verifying the certification of the coaches lies with the schools, districts or governing boards of charter or private high schools.

Interps & Guidelines 5.1.1: COACHES' CERTIFICATION

A. *The Utah High School Activities Association (UHSAA) and the Utah State Board of Education (USBE) requires that all individuals employed or acting as coaches meet specific training and certification requirements outlined by the UHSAA and USBE.*

B. *Coaches' certification includes five components and shall be completed prior to the start of any coaching. The five (5) components are: Background Check, First Aid Training, CPR Training, yearly Concussion Training and the "Fundamentals of Coaching" course. The First Aid, CPR and Coaches' Training must be completed through an approved or recognized program which complies with the State* requirements. *First Aid and CPR*

components require current certification through an approved or recognized program which complies with the State requirements. Yearly concussion training requires successful completion of the NFHS Concussion Course.

C. *School districts must verify compliance with all five components required for coaches' certification (Background Check, First Aid Training, CPR Training, yearly Concussion Training and the "Fundamentals of Coaching" course. To confirm a coach has completed the NFHS Fundamentals of Coaching and the yearly NFHS Concussions course, go to nfhslearn.com and click on "User Lookup" in the top right hand corner.*

D. *The "Fundamentals of Coaching" course shall be completed prior to the start of coaching (Coaches' training must be completed through an approved or recognized program which complies with the State requirements.). Head coaches and paid assistant coaches with a major, minor or endorsement in physical education or dance and/or a minor in coaching are not required to take the "Fundamentals of Coaching" course.*

E. *Head coaches are required to attend the live UHSAA Rules clinic, or take the online UHSAA rules clinic applicable to his/her sport. Failure to complete the UHSAA sport-specific rules clinic will be a fine of $50. A second notice of the failure to pay the fine will be $100.*

SECTION 2: Supervision of Students

A licensed faculty member or full-time faculty member must accompany his/her teams or students to all UHSAA state tournaments, meets or festivals for which they have qualified to participate unless arrangements are made with the Executive Director in advance for students to be under the supervision of a licensed or full time faculty member from another school. Teams or individuals without a licensed or full-time faculty representative will be barred from the activity.

BY-LAWS ARTICLE 6: OFFICIALS

SECTION 1: Certified Officials Required

Only certified officials may be used in 9th grade, sophomore, junior varsity and varsity competition.

SECTION 2: Assignment of Officials for Region Play

Each Region Board of Managers is responsible for the appointment of certified officials to games within its Region or playing league. The Region Board of Managers may delegate such authority to a committee or individual.

Interps & Guidelines 6.2.1: CERTIFIED OFFICIALS

A. *Only certified officials, including adjudicators and judges, shall be used at high school varsity, junior varsity, sophomore and freshmen contests, including festivals and performances. Any exceptions to this regulation should be reported promptly to the Executive Director and offenders will be subject to suspension and/or fine.*

B. *To register as an official, including adjudicators and judges, one must be at least 18 years of age and cannot be a high school student.*

C. *The UHSAA reserves the right to deny any application. Applicants convicted of felonies may apply after five years from the date of conviction. Applicants convicted of a sexual offense felony may not register with the UHSAA at any time.*

D. *Applicants are approved through the process outlined in the UHSAA Officials Guidebook http://www.uhsaa.org/officials*

ARTICLE 7: VIOLATIONS and PROTESTS

SECTION 1: Responsibility of Principals

A. It shall be the duty and responsibility of the principal or equivalent executive officer of a member school to determine that participants have met all eligibility requirements, to assure institutional control over all athletic participation and to maintain an atmosphere of compliance throughout the school and among the parents and those with a particular interest in the athletic programs of the school, i.e. boosters.

B. The Principal or equivalent executive officer shall be ultimately responsible for a school's non-compliance with the Association's Rules.

SECTION 2: Protest Procedures

A. Protests or complaints alleging a violation of rules or policies of the Association must be submitted to the Association in writing. All protests concerning the outcome of a game or contest must be made and concluded by appropriate officials and school leaders prior to the end of the protested game or contest. After a game or contest has been completed, protests regarding the outcome are not allowed. No protest shall be considered if the protest is based upon a judgment call of an official. (The foregoing is not to be construed as prohibiting the Association from initiating action on a UHSAA rule or policy violation.)

B. Particular protests involving sportsmanship, lack of crowd control and inappropriate actions of players, spectators and/or coaches may be submitted directly to the Board of Trustees or the Executive Committee.

Interps & Guidelines 7.2.1: NFHS Rules Book

A. The UHSAA protest procedure, as outlined above, is subordinate to any specific rule outlined in the NFHS book.

SECTION 3: Withdrawal of a Team

No member school may withdraw its representatives from an Association activity prior to the termination of the activity, except by mutual consent of the responsible faculty representatives from the participating schools.

SECTION 4: Duty to Report and Cooperate

A. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity to report to the principal or equivalent executive officer of a member school any infraction of the UHSAA Constitution, By-Laws, rules, policies, or regulations. The principal or equivalent executive officer shall report such infractions to the Executive Director.

B. It shall be the duty of the principal, athletic director, coach or other person connected with any sanctioned activity affirmatively to determine that all the participants under their jurisdiction who are to participate with and for the school are eligible. Anyone who has knowledge or information that places in question the eligibility of any student who is likely to participate in any contest has a duty to report such knowledge or information immediately to the principal or equivalent executive officer of the participant's school who

shall immediately forward the information to the Executive Director. Failure to do so shall be an indication of bad faith, and shall constitute evidence of lack of institutional control.

C. All representatives and personnel of member schools, including unpaid advisors and coaches, shall fully cooperate with the Executive Director, the Association's Staff, the Region Board of Managers, the Executive Committee, the Board of Trustees or their counsel to further the objectives of the Association and its investigation and enforcement programs. The Association's investigation and enforcement policies and procedures are an essential part of the athletic program of each member school and require full and complete disclosure of any information requested by the Association during the course of any investigation and/or enforcement proceedings and full and complete compliance with all Association decisions, directives, sanctions and penalties.

D. Failure to report infractions or respond fully and timely to requests from the Association for information related to any enforcement matter or claimed violation of the Rules or Constitution shall be deemed to demonstrate a lack of institutional control and the absence of an atmosphere of compliance. As such, it will be the subject of appropriate sanctions, which may include suspension from participation by the school until there is full compliance with the Association's requests.

SECTION 5: Power of Association to Institute Enforcement Inquiries

When The Association has information suggesting an infraction of the Constitution, a By-Law, a rule or a policy, by a school or a student, it may initiate such action as may be appropriate.

SECTION 6: Ineligible Player/Participant

Contests in which an ineligible participant competes shall result in forfeiture of the contest or disqualification from the competition in which the ineligible participant competed.

Interpretations and Guidelines 7.6.1: USE OF AN INELIGBLE PLAYER

A. In applying Section 6: Ineligible Player/Participant, "contest" shall be defined as follows:

1. *For the sports of basketball, baseball, football, soccer, softball and volleyball, a game/match as defined in the NFHS Rules Book for that sport is a contest.*
2. *For the sport of drill, each competition category is a contest.*
3. *For the sports of swimming & diving and track & field, competition in an individual event or relay, is a contest.*
4. *For the sport of tennis, competition in an individual or doubles match is a contest.*
5. *For the sport of wrestling, competition in an individual match is a contest.*
6. *For the sport of cross country, competition in a race is a contest.*
7. *For the sport of golf, competition in a match is a contest.*
8. *For the activity of solo & ensemble festival, participation in an ensemble or a solo at a festival is a contest.*
9. *For the activity of speech/debate, competition in an individual event or as part of a pair is a contest.*
10. *For the activity of theatre, participation in an individual event or play is a contest.*

B. In the sports of basketball, baseball, football, soccer, softball and volleyball, the opponent of a team that plays an ineligible player shall win the contest by forfeit. The forfeit shall be scored according to the rules

regarding a forfeit in the NFHS Rules Book for that sport. Region/division standings shall reflect a loss for the school which forfeited and a win for each school which won by forfeit.

C. In the sport of drill, if an ineligible student participates in a routine, that routine shall not receive a score nor shall it be considered for a place in that particular category. A school must receive a score for a routine in each of the three categories to place as a team in a competition.

D. In the sports of cross country, golf, swimming & diving, tennis, track & field and wrestling, an ineligible athlete will be dealt with according to the rules for that sport as if they were disqualified for the purposes of team scoring. A participant disqualified for ineligibility may not earn an individual place nor score any points for a team.

E. In the activities of solo & ensemble and theatre, an ineligible participant shall not receive a rating in an individual event or solo nor may a play or ensemble which includes an ineligible participant receive a rating.

F. In the activity of speech/debate, an ineligible participant shall be disqualified. In events in which competition takes place as partners, a partnership that includes an ineligible participant shall be disqualified. A participant or partnership disqualified for ineligibility may not earn a place nor score any points for a team.

SECTION 7: Penalties

A. Upon the determination that there has been a violation of the Association's Constitution, a By-Law, a rule or policy, the Association may impose such penalties or fashion such relief as may be proper. Without limiting the Association's ability to enforce its rules, these are among the actions the Association may consider:

1. **Reprimand:** An official letter to the individual and/or school concerned in regard to the offense committed and warning against acts of a detrimental nature which are contrary to the aims and philosophies of the Association. This letter will become a part of the permanent file of the individual and/or school involved.
2. **Probation:** An official letter to the individual and/or school concerned in regard to the offense committed clearly stating what conduct, activity or behavior needs correcting. Offending individuals and/or schools would be advised that their continued participation in the Utah High School Activities Association would be on a probationary status for a period of one year. In addition, the offending individual and/or school would be warned that any failure to correct these specified problems may result in more severe action by the Association, including, but not limited to: Restriction, Suspension, Fines or any combination thereof.
3. **Restriction:** Action which would restrict participation in school, region/division or state level activities. The restriction may be applied to an individual, to a team or group or to a school. A restriction is often referred to as a suspension.
4. **Suspension:** The effect of a suspension shall be to drop the school from membership and prohibit participation in any or all UHSAA sponsored activities. The length of suspension shall be determined by the Board of Trustees.
5. **Forfeit:** The forfeiture of an interscholastic athletic contest, title or championship.
6. **Vacating a Win:** The effect of vacating a win is to nullify the result of a contest for the offending school or individual in contests won. Any team records achieved are to be vacated. Individual records achieved by an ineligible individual are also vacated. Award(s) won, including a championship/place, are vacated for offending teams and, in applicable cases, team points reconfigured. Any award, including a championship/place won by an ineligible individual is

vacated. The vacation of a contest, championship/place or award shall only be applied when a forfeit cannot practically be applied, such as in a case where an offending team or individual has completed at least the second round of tournament and an opponent could not be advanced without additional competition.

7. **Fines:** A coach, principal and/or school may be assessed a fine not to exceed $1,500 per infraction.
8. **Costs:** The Association may assess against a member school all or any part of the costs of investigations, hearings, or litigation, including attorney's fees, if the Association is required to act or to defend itself as a result of the failure of a member school to adhere to the Association's Constitution or By-laws.
9.

SECTION 8: Breach of Contract

In case of breach of contract, the regional board of managers shall have authority to assess a penalty from a minimum of $100 to a maximum of $1,000 against the offending coach and/or school. The amount shall be sent to the region chairperson, who shall remit that portion due to the offended school and deposit the balance in the regional treasury. In the event that the breach of contract occurs between schools of different regions, the regional boards of managers from the two regions shall resolve the case. The acceptance of a schedule of league games, pre-season or practice by the principals of the schools concerned shall be understood as constituting a contract. The above includes freshmen (where applicable), sophomore, junior varsity and varsity schedules.

Interps & Guidelines 7.8.1: BREACH OF CONTRACT

*Any agreement to hold a contest between schools, whether written or oral, shall be subject to this rul*e. *If a school has contracted for a varsity contest, an offer to substitute a junior varsity team or a lesser squad shall be considered to be a breach of the contract to hold a varsity contest. In assessing any penalty to be imposed, the appropriate boards shall consider the actual damages caused to a school by the breach of contract, including a reasonable projection of the loss of gate receipts. Additionally, the boards have authority to impose a fine related to the loss of opportunity not only for the participants in the contest but for the students and student organizations that otherwise would have been involved in the contest.*

SECTION 9: Defacement of School Property

Defacement or marring of school property by members of another school may subject the offending school to suspension from the Association for one year. This offense shall be understood to include disfigurement of any sort, by means of paint, kalsomine, chalk or like material upon school property or upon any other property; also, the commission of any act by a member or members of another school which would tend to throw discredit upon the latter school.

SECTION 10: Dishonesty

Any student, principal, coach or other person representing a school who has been dishonest with the Association in connection with enforcement matters has committed a violation that significantly interferes with the Association's ability to maintain fairness. Such person shall be subject to sanctions commensurate with the dishonesty, which shall include disqualification from further participation in this Association for one calendar year from date of infraction and/or a fine of up to $1,500 per infraction.

SECTION 11: Gambling

Betting on the part of a player on any contest in which he or she is participating shall disqualify him or her from participation in any athletic contest of this Association for one calendar year from date of infraction.

BY-LAWS ARTICLE 8: ELIGIBILITY LISTS

SECTION 1: Member Schools Provide Eligibility Lists

A. Each member school shall provide the UHSAA a list of all students who are eligible and who participate in each activity. This list must be certified by the principal and submitted to the UHSAA prior to or as per established dates. In doing so, the principal is certifying that those students whose names are listed meet all of the requirements and are eligible under the Constitution and By-Laws of this Association.
B. Certification shall be based on complete information concerning the student's age and scholastic history.
C. Participation on varsity, junior varsity, 10th grade or 9th grade teams is to be considered as a season of competition.

Interps & Guidelines 8.1.1: STUDENT ELIGIBILITY LISTS

A. Schools must submit an eligibility list to the UHSAA office prior to or on established dates listed for students participating in any activity sponsored by this Association. If names are omitted, there must be verification from the principal as to the eligibility of that individual (schools may be subject to a $5 fine for each name omitted).

B. Eligibility lists for each activity or sport shall be completed through Register My Athlete http://www.registermyathlete.com no later than the deadline listed on the UHSAA calendar.

BY-LAWS ARTICLE 9: EQUAL OPPORTUNITY

SECTION 1: EQUAL OPPORTUNITY FOR ALL STUDENTS

Equal opportunity shall exist for all students to participate in Association sponsored activities without regard to sex, religion, race or ethnic origin.

Interps & Guidelines 9.1.1: EQUIVALENT PROGRAMS

Where there is an equivalent sport for both genders, girls may not participate on the boys' team nor can boys participate on the girls' team. If the sport is not offered to both genders at the member school, the opposite gender may not play that sport at that school. They may opt to co-op to another member school. Girls and boys may participate on co-educational teams as defined by the Board of Trustees.

BY-LAWS ARTICLE 10: DRUGS, ALCOHOL and TOBACCO

SECTION 1: UHSAA Drugs, Alcohol and Tobacco Policies

A. The UHSAA supports the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens and second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA contribute to both of these goals. The use of alcohol, tobacco products or other drugs in almost every instance deters the realization of these goals. Every effort shall be made at the local, region and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah high school activities regarding the use of alcohol, tobacco products and other drugs during a sports season, as defined in the Utah Code are:

1. **First offense:** Suspension from two consecutive games, meets, matches, competitions or performances at the same level of play (and any intervening levels as well). Practice may be continued following a personal assessment of the student by a licensed substance abuse intervention or treatment program and/or participation in a district, governing board of a charter or private school approved intervention program.
2. **Second offense:** A six-week suspension from games, meets, matches, competitions or performances. Student participation in an assessment by a licensed substance abuse intervention or treatment program with prescribed follow-up is required. Practice may continue only after the assessment has been completed and positive participation in the prescribed follow-up is occurring.
3. **Third offense:** An eighteen-week suspension from all games, meets, matches, competitions, performances and practices. Reinstatement of eligibility at the end of the eighteen-week suspension is predicated upon successful completion of a formal assessment, intervention and treatment program. In all of the foregoing offenses, local school and/or district requirements which deal with discipline, suspension, corrective measures, parent/guardian involvement, rehabilitation and so forth, must be met.

Interps & Guidelines 10.1.1: DRUGS, ALCOHOL AND TOBACCO

A. Conditions of this policy include:

1. *Violations carry over year to year and sport/activity to sport/activity in a participant's career (there is no "fresh start" each year).*
2. *Violations must occur and be discovered during a sport/activity season.*
3. *Any penalties for violation follow the student to any school to which he/she transfers.*
4. *Any violation beyond the third offense carries the same penalty as the third offense.*

SECTION 2: Local School or District Requirements

Local school or district requirements may exceed those set forth in By-Laws Article 10.

BY-LAWS ARTICLE 11: Rights of the Association

SECTION 1: Claim and Notice of Rights

All rights to contests sanctioned by the Association and conducted within the jurisdiction of the Association, whether pre-season, regular season or post-season, are owned by the Association. The rights to these contests include rights to the images of the contest, filming, broadcast, reproductions or other intellectual property rights. The Association considers these rights to be valuable and any

unauthorized use of pictures, descriptions, images or other intrusions into these rights will be prosecuted.

UHSAA ADMINISTRATIVE POLICIES & GUIDELINES

1. UHSAA Sports and Activities

A. **Sports:** The interscholastic athletics within the jurisdiction of this Association are (as now constituted): Baseball, Basketball (B & G), Cross Country (B & G), Drill (Girls), Football, Golf (B & G), Soccer (B & G), Softball (Girls), Swimming (B & G), Tennis (B & G), Track & Field (B & G), Volleyball (Girls), Wrestling.

B. **Activities:** The interscholastic activities within the jurisdiction of this Association are (as now constituted): Music, Speech/Debate and Theatre. Such other activities not enumerated above as may be approved by the Board of Trustees.

2. Guidelines for UHSAA Membership

A. New schools applying for UHSAA membership shall meet all requirements outlined below and on the application for membership. The conditions of membership shall be set by the UHSAA Board of Trustees. Application for membership and declaration of conformance to the Constitution and By-Laws of the Association shall be submitted to the Board of Trustees after being signed by the President of the local board or presiding officer of private school governing board making application.

B. The application for membership **must be filed with the UHSAA by November 1 for acceptance the following school year**. The membership application consists of the following criteria:

   i. Board of Education/Governing Body must adopt the membership resolution.

   ii. Schools seeking UHSAA membership shall meet one of the following accreditation requirements:

      a. Current accreditation by the Northwest Association of Schools and Colleges.

      b. Current accreditation through other appropriate accreditation agencies, including third party accrediting groups or agencies directly associated with the school's purpose and mission.

      c. UHSAA/USOE accreditation/validation through the use of guidelines established in *Utah State Board of Education Administrative Rules, 277-410-4. Transfer of Credit* using those guidelines to qualify for UHSAA membership.

      d. Schools not demonstrating yearly accreditation will be placed on probation that year and will lose membership from the Association if they do not gain acceptable accreditation the following year.

C. Stable **enrollment figures** required on the membership application must be accurate and current.

D. **Facilities** and **equipment** must meet the requirements of each sport or activity rulebook.

E. An **on-site** committee **inspection** is required by the Board of Trustees before membership is approved to ensure adequate facilities, seating, dressing rooms, etc.

F. Participation in activities each year. Those participating in sports should fill the varsity level first and are recommended to field teams for lower level competition (i.e. JV, Soph, Freshman).

G. 1A and 2A schools accepted for initial membership with the intent of participating in athletics will be designated as “Independent” members prior to approval as full members during the subsequent realignment. During realignment, any Independent can petition for full member status. Approval as a full member requires compliance to UHSAA rules, positive evaluations from UHSAA member schools in regards to facilities, scheduling and readiness to participate as demonstrated while an Independent.

H. **Schools on Independent Status:**
   i. May participate at all levels of play: Varsity, JV, Sophomore, Freshman.
   ii. May schedule contests with any UHSAA member school whether a full member an Independent.
   iii. May participate in pre-season, regular season UHSAA sanctioned competitions.
   iv. Are not post-season eligible. Independents shall not participate in play-ins or state qualifying tournaments/meets for any UHSAA sports (individual or team).
   v. Will be assigned to a UHSAA Region for administrative purposes but will not have voting rights.

I. Full member schools who schedule an "Independent" will receive an additional game, at each level scheduled, beyond their contest limitations in that particular sport or possibly two to allow for home and away scheduling within assigned region.

3. Three Categories of UHSAA Membership

A. **Full Members:** schools approved by the BOT as full members and in good standing in the Association, which includes attendance at region meetings. Only full member schools are post-season eligible. A school must field teams in each of the three sport seasons. Anticipated failure to comply with this requirement must be declared by March 1 of the year prior to non-compliance. The member school could seek a waiver. Schools not meeting this membership requirement shall be designated as an "independent" rather than a full member.
   i. To be eligible for post-season competition in girls' team sports, a full-member school must participate in at least one girls' sport activity per sports season.
   ii. To be eligible for post-season competition in boys' team sports, a full-member school must participate in at least one boy's sport activity per sports season.

B. **Associate Members:** schools approved for membership to participate in "Activities" only. An Associate member shall have all rights and privileges for voting representation and participation in music, speech/debate, drama/theatre. The dues structure will remain the same.

C. **Independent Members schools which:**
   i. 1A and 2A schools accepted for membership during an established alignment period with the intent of participating in athletics;
   ii. schools of any classification that do not meet the qualifications for post-season competition and
   iii. established member schools who identify themselves as an Independent in a given sport(s). A "UHSAA Memo of Understanding" shall be created for each independent sport(s) and must be approved by the UHSAA Executive Committee.

4. Sportsmanship Policies

a. INTRODUCTION - The effective Utah secondary school should support both an academic program and an activities program. These programs should do more than merely coexist, they should be integrated and support each other in "different" arenas. The concept of "sportsmanship" should be <u>taught, modeled, expected and reinforced</u> in the classroom and in all competitive activities.

b. PHILOSOPHY - Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and

model SPORTSMANSHIP, to build school pride and to increase student/community involvement. This ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. **Sportsmanship is good citizenship in action!**

c. GENERAL SPORTSMANSHIP GUIDELINES

The Sportsmanship Page at uhsaa.org provides resources for schools and information on the UHSAA statewide sportsmanship program, "Raise the Bar." The UHSAA Sportsmanship Handbook, posted on-line, discusses suggested and required behavior. The Handbook alerts administrators, coaches and players that the UHSAA can and will take action against those who fail to meet the standards listed therein. All of the above should read the Sportsmanship Handbook. A few of the required responsibilities are listed below:

i. Be courteous to all (participants, coaches, officials, staff and fans)
ii. Know the rules. Abide by and respect officials' decisions.
iii. Win with character and lose with dignity.
iv. Display appreciation for good performance regardless of the team.
v. Exercise self-control and reflect positively upon yourself, the team and the school.
vi. Permit only positive sportsmanlike behavior to reflect on your school or its activities.

d. POLICIES REGARDING EJECTIONS, FIGHTING and VIOLENT ACTS

Any coach, player or bench personnel ejected by an official shall be suspended from the **next regularly scheduled** game at that level of play (varsity, junior varsity, sophomore or freshman) and any intervening levels of play.

i. While serving his/her suspension and prior to returning to competition, an ejected player shall complete the free NFHS Course, "Sportsmanship" at www.nfhslearn.com.
ii. While serving his/her suspension and prior to coaching in his/ her next contest, an ejected coach shall complete the NFHS online course, "Teaching and Modeling Behavior" (4-5 hrs, $20) at www.nfhslearn.com. If a coach or player is ejected during tournament play, they must have the required course completed before the next regularly scheduled game or in the case of the state tournament, within one week of the ejection.

When serving an ejection penalty, a coach is prohibited from attending any games (out-of-sight, out-of-sound). When a player is ejected and must sit out an additional game at that level, such player shall not be in uniform, warm-up with the team or be introduced with the team. **PLAYERS MAY NOT APPEAL AN EJECTION.**

i. Examples: If ejected from a j.v. game which precedes a varsity game, the player (or coach) cannot participate in the following varsity game nor the next j.v. game.
If ejected from a varsity game and the j.v. game precedes the subsequent varsity game, the player (or coach) cannot participate in the j.v. nor the next varsity game.
ii. If the coach or participant is ejected a second time during the season, he/she will be suspended for the next two (2) regularly scheduled games. A third ejection would result in suspension for the remainder of that season (at least a minimum of three games). Ejections occurring on the final game of the season will carry over for all coaches and underclassmen to the first game of the succeeding season in that sport.
iii. A player who is restricted or ejected shall remain in the bench area with the team. A coach who is ejected shall leave the vicinity (out of sight and out of sound) of the playing

or contest area immediately and is prohibited from any further contact (direct or indirect) with the team for the remainder of the game or contest.

iv. Coaches or players ejected for fighting or other violent behavior shall be suspended for not fewer than two regularly scheduled games. In addition, the incident shall be reported to the school or district which may impose additional penalties consistent with the school's disciplinary policies.

v. The UHSAA Executive staff is empowered to enact suspension penalties for flagrant or violent acts whether detected or not by officials.

vi. A one-game suspension may be enacted against any coach or player who approaches an official at the conclusion of a game in an unsportsmanlike manner. A thirty-minute cooling off period is in place after a contest where coaches and players are banned from approaching officials. This includes dressing room areas, parking lots or any other area where game officials are located. The report will be made by the official to the UHSAA and the ejection notice will be forwarded to the coach through the principal.

vii. The head coach may leave the confines of the bench or box when a fight breaks out or has broken out. Bench personnel, other than the head coach, who leave the confines of the bench during a fight are ***disqualified*** from the game and shall leave the vicinity of the playing or contest area immediately. Any player who leaves the bench area during a fight, or who participates in a fight during the season or tournament play, will be ejected from that game and shall remain in the bench area with the team. The penalty for such an ejection is stated above.

viii. Schools are not allowed to schedule games or contests to avoid the ejection policy penalty.

ix. Sportsmanship conduct rules apply to all competitions (i.e. preseason, region and post-season play).

e. COACH EJECTION APPEAL PROCESS

Following is the process for handling an appeal from a **coach** who has been ejected in a contest (**players may not appeal**). No appeals will be allowed if the appeal occurs on Friday with a subsequent Saturday game or with multiple games in a tournament other than the state tournament. If such appeal cannot be arranged, the ejection stands. Upon fulfilling all the following guidelines, an appeal may be granted or denied.

Pre-Appeal Procedures:

i. To initiate the process, the ejected coach's administrator must request, in writing, that an appeal take place.

ii. The principal of the affected school must post an appeal fee of $150.00. Depending on the appeal site, at least two of the jurists involved will travel (the ADAC member from the respective Region of the Executive Committee member, and the Officials Association representative) and their expenses will come from the appeal fee. This fee will also serve as a fine to the ejected party. Each panelist will receive a minimum $25 fee and an additional current mileage rate for expenses. This fee is automatic. If the appeal is successful, the coach/school will be refunded the remaining funds. If the appeal is unsuccessful, the remaining funds belong to the appealing school's region.

iii. The appeal should take place as soon as possible after the ejection occurs to ensure the coach a fair opportunity to be available for the next scheduled game. To accommodate this there are 20 different appeal sites throughout the state located in proximity to

member schools. If there is not enough time to convene the hearing's panel, the ejection will stand.

5. Filming

The UHSAA does not have policy restricting filming of games. It was determined by the Executive Committee that filming at state tournament games would be allowed, including the filming of future opponents. Individual regions, schools, or coaches' associations may establish policies on filming. Responsibility for enforcement would be the responsibility of the group(s) which established the guidelines. Film or videotape may not be used for any commercial purposes other than customary news reporting without prior permission from the school involved. If the event is a post season contest, permission must be obtained from the UHSAA.

6. Suspended Game Procedures

a. DEFINITION: A suspended game/contest is a contest where the game/contest is stopped because of weather, mechanical or facility problems and is not considered a complete game per NFHS rules or UHSAA policy for that sport.

b. PROCEDURE: The point of suspension will be marked in the scorebook for future reference. A tentative date for resumption of play will be decided at that time and the officials will be notified. The same officials should complete the game. If there is more than one suspension, they will be made up in the same order as they were suspended (a Tuesday suspension will be made up before a Wednesday suspension in the same week). All games/contests will continue from the point of suspension until the game is completed. Lineups will remain the same as they were at the time of suspension. Pitching restrictions will remain in effect (14 innings in a period from 12:01 a.m. Sunday to 12:00 p.m. Saturday). In baseball and softball, if five innings are completed and suspension occurs, the game is considered complete unless the game is tied. At that time the suspended game rule will apply.

c. METHOD OF PAYMENT FOR OFFICIALS: Should a contest be stopped because of conditions beyond the control of the officials (weather, power outage, etc.) before the contest is started and after the officials arrive at the site or before the contest is one-half completed, the officials will be paid 1/2 a game fee plus mileage. Should the contest be more than one-half completed, the officials will receive the standard amount paid for a completed game. In the event **less than half the game** was played, every effort will be made by the arbiters to assign the same officials to the game; however, if that cannot occur, the new officials should be paid a full-game fee plus mileage to complete the game. If the same officials return to finish the game, they should be paid 1/2 game fee plus mileage. **If more than half the game** has been played and different officials come to the game, they should be paid 1/2 game fee plus mileage. If the same officials come to finish the game, they should only be paid mileage as they received a full-game fee when the game was suspended.

7. Practice at State Tournament Sites

No practice, contest or game is allowed at the site of the state drill team, football, basketball, baseball, softball, soccer, swimming and diving, volleyball, track or cross country meets within two (2) weeks of the state competition, except if that site is the HOME site of a particular school, then they may play and/or practice according to their usual home schedule. In the case of cross country, no region meets may be held at the state site, and Highland High School may use the course only for home meets on a course altered from what the state meet will be. Tennis and golf may practice at the state site.

8. 50% Rule

Before the Association may hold the first separate competition for a UHSAA sponsored activity, fifty percent (50%) of the schools in classifications 2A and higher, and forty percent (40%) of the schools in 1A must have participated in that activity in the preceding year. If the statewide competitions are held at a common site and at the same time, the UHSAA may, in its discretion, hold a corresponding statewide competition for sponsored activities without regard to this rule. Once the percentage threshold of this rule has been met and a separate statewide competition has been conducted, the UHSAA, in its discretion, may continue to hold such statewide competitions even in the event that the percentage of participating schools falls below the state threshold.

9. Access to Facilities

Every consideration should be given to all visiting teams regarding facilities for videotaping, radio broadcasts, dressing areas, coaching, etc.

10. Field and Court Markings

Playing fields and courts must be properly marked following the National Federation rule book specifications. If game officials determine that a field is marked improperly, a school could forfeit a game played under protest where not otherwise specified by rule.

11. Drugs, Alcohol and Tobacco Advertising

Advertising imprinted with logos, slogans, pictures or writing which condones, promotes or encourages student use of tobacco, alcohol or drug products may not be used in connection with any UHSAA sponsored activity.

12. State Tournament Advertising/Awards/Protocol

a. Selling advertisement or distribution of materials at state tournament events can only be done through sponsorship of the UHSAA.
b. Awards other than those made by the UHSAA will not be allowed without prior approval. This includes extra team trophies, all-state teams, outstanding coach, etc.
c. No hats or head coverings may be worn during awards ceremony at State Championships.

13. Banners and Signs

There are to be no banners or signs of any kind, except those of corporate sponsors or signs of welcome, displayed at any state meet or tournament.

14. Cheerleaders

Cheerleaders and song leader groups are recognized as performing groups at high school activities and will be subject to regulations and safety guidelines as outlined for state tournaments or meets.

15. Duplicate Trophies

In activities where a tie breaker can be established, team ties will be broken. In activities where team titles end in ties, duplicate trophies will be awarded for second place ties. First place ties will be given duplicate trophies but no second place trophy will be awarded.

16. Blood Pathogens & Communicable Disease Precautions

A player or coach who is bleeding, who has an open wound or who has blood on his/her uniform shall be prohibited from participating further in the game until appropriate treatment has been administered. If medical care or treatment can be administered in a reasonable amount of time, the individual will not have to leave the game. The length of time that is considered reasonable is up to the judgment of the referee/umpire.

17. Lost or Stolen Articles

The UHSAA is not responsible for lost or stolen articles. Teams and spectators must secure their own valuables.

18. 150 Mile Contest Approval Procedure

All practice games over 150 miles one way in any sport must be approved by the local board of education. The approval form must be completed and sent or faxed to the UHSAA and include required data for each trip.

19. Catastrophic Insurance Procedures

Each year the UHSAA secures a contract with an insurance company to provide catastrophic insurance for participating students. All students participating in UHSAA sanctioned activities are covered. Below are some key points to remember about catastrophic insurance:

a. The policy is catastrophic in nature, which means that it covers those accidents which are extreme, e.g. coma, paralysis, dismemberment and death.
b. The catastrophic insurance medical policy is subject to a $75,000 deductible and pays on a secondary basis, meaning that it will pay only the portion of expenses that are not paid by other insurance coverage (family medical plan, etc.).
c. The catastrophic insurance also has a cash benefit portion. A copy of the contract is available for review if needed.
d. The policy covers eligible insureds while participating in school sponsored and directly supervised games and official practice sessions of all Utah High School Activities Association (UHSAA) sanctioned interscholastic sports and activities including but not limited to band, cheerleaders, majorettes and non-athletic activities including speech, music, drama and debate. Coverage includes sport specific out-of-season practices, camps, clinics, games and non-athletic activities as allowed by the Utah High School Activities Association (UHSAA) rules and conducted under the direction of the assigned coaches of the member schools and sponsored by those schools and covered travel*.

**Covered travel means team or individual travel, for purposes of representing the Participating School or Sponsoring Organization, that is to or from the location of a Cover Events and is authorized by the Insured Person's Participating School or Sponsoring Organization, provided the travel is paid for or subject to reimbursement by the Participating School or Sponsoring Organization. Covered Travel to a Covered Event will commence upon embarkation from an authorized departure point and terminate upon arrival at the location of the Covered Event. Covered Travel from a Covered Event will commence upon departing from the location of the Covered Event and terminate upon return to the authorized place from which such Covered Travel to the Covered Event began.*

e. This coverage does not include events or sessions in the prescribed moratoriums of the Utah High School Activities Association (UHSAA). The moratoriums comprise approximately five to six weeks of the calendar year.
f. Claims must be reported within 30 days of the occurring incident. All injury accidents should be reported immediately to the UHSAA office on a form provided on the UHSAA website. CLAIMS FILED MUST INCLUDE THE PRINCIPAL'S SIGNATURE.
g. Most districts require individual students to show proof of medical insurance before they are allowed to participate. The UHSAA strongly endorses this type of district policy.

20. Due Dates

a. There will be a $100.00 fine to the region or school responsible for not meeting the region entry deadline due dates for all activities.
b. There will be a $100.00 fine to the school for not meeting the game entry deadline in http://www.arbiterpsorts.com for each sport.

21. Inter-region Play Off Procedures

a. Financial reimbursement policies for hosting UHSAA state contests, where UHSAA tickets are sold. Maximum allowed costs for hosts:

	Football	G. Basketball	B. Basketball	Wrestling
1A	$600	$275	$350	----
2A	$700	$275	$350	----
3A	$800	$300	$400	----
3AA	$900	------	------	----
4A	$1100	$325	$450	$800
5A	$1200	$325	$450	$800

i. Schools are encouraged to stay under these caps. These are not guaranteed maximum amounts. Claims must itemize expenses.
ii. Officials' fees and travel costs were not included in the above costs. These will be covered by the UHSAA.
iii. A host school may request a variance in advance of the contest.

b. Policy for post-season games not ticketed by the UHSAA:
i. Administrators from the schools participating should settle, **in advance,** issues of financing regarding hosting costs, officials fees and travel costs.
ii. The host school should receive absolute hosting costs first, then the schools shall divide the remaining gate receipts. If there is insufficient revenue from gate to pay initial hosting costs, the host school must bear those costs in addition to the officials' fees. In this instance, the traveling school(s) would also assume all of their own costs.
iii. If regions are to be considered in the dispersing of profits, it should be clear that hosting costs, officials' fees and travel costs be allotted before dividing any further revenue.

22. Financial Claims

All financial claims should be submitted within 45 days following an Association activity. Claims received after the 45-day period will be discounted 25%. No claims will be paid after June 20th. With the exception of team sports, participants' names must be listed on the back of the claim form.

23. Pre-sale Tickets

a. Member high school administrators may order pre-sale tickets for any state tournament game(s) and receive a $.50 cent rebate for each ticket sold.
b. Except for competing teams or people with appropriate passes, everyone must have a ticket for admission to state contests where admission is charged, including cheerleaders, drill teams, mascots, bus drivers, photographers, etc.

24. UHSAA Passes

UHSAA athletic passes shall be accepted for admittance at **all** sanctioned events within the state. This includes all pre-season contests, region competitions, dual/tri meets, invitationals, endowment games, All-Star contests, etc.

25. Silver Pass

a. Those who have been active high school drama, debate, music, or cheer coaches/advisors, athletic coaches, athletic directors or high school administrators in Utah for **twenty (20) or more years** are eligible to receive an Association Athletic Pass upon the recommendation of the Principal or Superintendent of the last high school where they worked.
b. The Board of Trustees has authorized purchase of an athletic pass for high school drama, debate, music, or cheer coaches/advisors, athletic coaches, athletic directors or high school administrators who have served in Utah in their positions for fifteen years, but do not meet the criteria for a Silver Honorary Pass. The criteria is as follows:
    i. The person must be retired as an administrator, coach or advisor (may still be in school as a teacher);
    ii. Recommendation of the Principal or Superintendent of the last high school where they worked;
    iii. Cost of pass is $30.00 annually;
    iv. Once application is filed, passes may be purchased yearly upon written request to the UHSAA.

26. UHSAA State Event Prices

State ticket prices are posted on the UHSAA website at uhsaa.org under the "Sports & Activities" tab or you can click on the following link: http://uhsaa.org/ticketprices.pdf

27. Annual Rules Clinics for Coaches and Officials

On an annual basis, all HEAD COACHES and OFFICIALS are required to attend a UHSAA Live Rules Clinic or complete a UHSAA Online Clinic and quiz for their designated sport. If you attend a live clinic you are required to sign the roll to receive credit, and if you complete the online clinic you are required to submit a quiz for credit. Schools will be fined $50 if the head coach fails to attend an annual live UHSAA Rules Clinic or successfully complete the annual UHSAA Online Rules Clinic and quiz for their designated sport by the established deadline.

28. Heat Acclimatization

Before participating in the preseason practice period, all student-athletes should undergo a pre-participation medical examination administered by a qualified medical professional. The examination can identify predisposing factors related to a number of safety concerns, including the identification of youths at particular risk for exertional heat illness.

The heat-acclimatization period is defined as the initial 14 consecutive days of preseason practice for all student athletes. The goal of the acclimatization period is to enhance exercise heat tolerance and the ability to exercise safely and effectively in warm to hot conditions. This period should begin on the first day of practice or conditioning before the regular season. Any practices or conditioning conducted before this time should not be considered part of the heat-acclimatization period.

Regardless of the conditioning program and conditioning status leading up to the first formal practice, all student athletes (including those who arrive at preseason practice after the first day of practice) should follow the 14-day heat-acclimatization plan. During the preseason heat acclimatization period, if practice occurs on 6 consecutive days, student-athletes should have 1 day of complete rest (no conditioning, walk-throughs, practices, etc).

Days on which athletes do not practice due to a scheduled rest day, injury, or illness do not count toward the heat-acclimatization period. For example, an athlete who sits out the third and fourth days of practice during this time (e.g., Wednesday and Thursday) will resume practice as if on day 3 of the heat-acclimatization period when returning to play on Friday.

Definitions

A ***practice*** is defined as the period of time a participant engages in a coach-supervised, school approved, sport or coaching related physical activity. Each individual practice should last no more than three (3) hours. Warm-up, stretching, and cool down activities are part of the 3-hour practice time. Regardless of ambient temperature conditions, all conditioning and weight-room activities should be considered part of practice.

A ***walk-through*** is defined as a teaching opportunity with the athletes not wearing protective equipment (e.g., helmets, shoulder pads, catcher's gear, shin guards) or using other sport-related equipment (e.g., footballs, blocking sleds, pitching machines, soccer balls, marker cones). The walk-through is not part of the 3-hour practice period, can last no more than 1 hour per day, and does not include conditioning or weight-room activities.

A ***recovery period*** is defined as the time between the end of 1 practice or walk-through and the beginning of the next practice or walk-through. During this time, athletes should rest in a cool environment, with no sport or conditioning related activity permitted (e.g., speed or agility drills, strength training, conditioning, or walk-through). Treatment with the athletic trainer is permissible.

Requirements

a. Days 1 through 5 of the heat-acclimatization period consist of the first 5 days of formal practice. During this time, athletes may not participate in more than one (1) practice per day.
b. If a practice is interrupted by inclement weather or heat restrictions, the practice should recommence once conditions are deemed safe. Total practice time should not exceed 3 hours in any one (1) day.
c. A 1-hour maximum walk-through is permitted during days 1–5 of the heat-acclimatization period; however, a 3-hour recovery period should be inserted between the practice and walk-through (or vice versa).
d. During days 1–2 of the heat-acclimatization period, in sports requiring helmets or shoulder pads, a helmet is to be the only protective equipment permitted. During days 3–5, helmets and shoulder pads are permitted. Beginning on day 6, all protective equipment may be worn and full contact may begin.
    i. On days 3–5, contact with blocking sleds and tackling dummies may be initiated.
    ii. Full-contact sports: 100% live contact drills should begin no earlier than day 6.

e. A minimum of 1 rest day shall occur following 6 consecutive practice days.
f. Beginning no earlier than day 6 and continuing through day 14, double-practice days must be followed by a single-practice day. On single-practice days, 1 walk-through is permitted, separated from the practice by at least 3 hours of continuous rest. When a double-practice day is followed by a rest day, another double-practice day is permitted after the rest day.
g. On a double-practice day, neither practice shall exceed 3 hours in duration, nor shall student-athletes participate in more than 5 total hours of practice. Warm-up, stretching, cool-down, walk through, conditioning, and weight-room activities are included as part of the practice time. The two practices should be separated by at least 3 continuous hours in a cool environment.

Because the risk of exertional heat illnesses during the preseason heat-acclimatization period is high, it is strongly recommended that an athletic trainer be on site before, during, and after all practices.

29. Lightning

At all UHSAA sanctioned events that are held in outdoor venues the host school shall designate an individual to monitor weather. This individual shall meet with the head official for the event prior to the contest. At that meeting the following will be discussed:

a. The *Guidelines on Handling Contests During Lightning Disturbances* which appears in all NFHS Rules Books.
b. Responsibilities of the individual charged with monitoring the weather and those of the head official relative to possible weather disturbances.
c. Contingencies regarding possible suspensions of play due to lightning.

The head official in consultation with the individual assigned to monitor weather will affect any suspension due to lightning.

30. UHSAA State Tournament Event Guidelines

Those attending or participating in UHSAA State Events shall adhere to the "UHSAA State Event Guidelines" outlined in the chart on the following page.

UHSAA STATE EVENT GUIDELINES

In the chart below, **ONLY** those items marked "Yes" will be allowed as support items at UHSAA state tournaments and meets. It is recommended that schools follow these same regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. One school flag, designated and controlled by school administration, will be allowed at State. At indoor venues the school flag must remain stationary; at outdoor venues it may be mobile if it does not disrupt spectators and remains on the sidelines nearest the school's section.

LEGEND:

BB -Baseball **DR -Drill Team** **SC -Soccer** **TE -Tennis** **WR -Wrestling**
BSK -Basketball **FB -Football** **SB -Softball** **TR -Track & Field**
CC -Cross Country **GO -Golf** **SW -Swimming** **VB -Volleyball**

	BB	BSK	CC	DR	FB	GO	SC	SB	SW	TE	TR	VB	WR
Practice or competition at state site 2 weeks prior	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES	NO	NO	YES
Balloons	YES	NO	YES	NO	YES	YES	YES	YES	NO	YES	YES	NO	NO
Poms	YES	YES	YES	NO	YES	YES	YES	YES	NO	YES	YES	NO	NO
Artificial noise makers (shakers, (clickers, bells, cow bells, buzzers, thundersticks)	NO	NO	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO
Megaphones (non-electronic)	YES	NO	YES	NO	YES	NO	YES	YES	NO	NO	YES	NO	NO
School bands (including drums)	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO
Shirts on fans; spectator faces must be identifiable	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Recorded music over PA system by approval only	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Rally towels	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Air horns, sirens, electronic bull horns, horns, vuvuzelas	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners on wall except welcome or corporate sponsor	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hand held signs of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cannons/muskets, whistles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Drones	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Confetti/shredded paper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Banners for teams to run Through	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Laser light/pointer	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Miniature sports balls thrown into crowd	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

NFHS Guidelines on Handling Contests During Lightning Disturbances

The purpose of these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of lightning. The preferred sources from which to request such a policy for your facility would include your state high school association and the nearest office of the National Weather Service.

Proactive Planning

1. Assign staff to monitor local weather conditions before and during events.
2. Develop an evacuation plan, including identification of appropriate nearby shelters.
3. Develop criteria for suspension and resumption of play:
    a. When thunder is heard, or a cloud-to-ground lightning bolt is seen the thunderstorm is close enough to strike your location with lightning. SUSPEND PLAY AND TAKE SHELTER IMMEDIATELY.
    b. THIRTY-MINUTE RULE. Once play has been suspended, wait at least 30 minutes after the last thunder is heard or flash of lightning is witnessed to resuming play.
    c. Any subsequent thunder or lightning after the beginning of the 30-minute count, reset the clock and another 30-minute count should begin.
4. Hold periodic reviews for appropriate personnel.

The UHSAA advocates the following on lightning safety for outdoor activities:

The vast majority of lightning casualties can be easily prevented through simple easy to follow safety guidelines. The keys to lightning safety are education and preparedness. Preparedness must begin long before the athletic event. Following are some safety considerations:

1. **Plan ahead**. Have a lightning safety plan. Know where people will go for safety and how much time it will take for them to get there. Have specific guidelines for suspending the event or activity so that everyone has time to reach safety. Follow the plan without exception.

2. **Monitor the weather and postpone activities if necessary.** Prior to a practice or event, check the latest forecast. Look for darkening skies, flashes of lightning or increasing wind, which may be signs of a developing or approaching thunderstorm. Listen for thunder. If you can hear thunder…you are in danger of begin struck by lightning! If thunderstorms are forecast, consider postponing activities early to avoid being caught in a dangerous situation.

3. **Get everyone to a safe place.** If you hear thunder, suspend your activity immediately and instruct everyone to get to a safe place. Substantial buildings provide the best protection. Stay away from isolated tall trees, towers or utility poles as lightning tends to strike the taller objects. Stay away from metal bleachers, backstops and fences as lightning can travel long distances through metal.

   Spread out to reduce the risk of multiple lightning casualties. Get everyone out of the water if a pool activity is underway.

For a shelter to provide protection from lightning, it must contain a mechanism for conducting the electrical current from the point of contact to the ground.

On the outside, lightning can travel along the outer shell of the building or may follow metal gutters and downspouts to the ground. Inside a structure, lightning can follow conductors such as the electrical wiring, plumbing, and telephone lines to the ground.

Once inside, stay off corded phones and away from any wiring or plumbing. Avoid sheds, small or open shelters, dugouts, bleachers or grandstands. If no sturdy building is nearby, a hard-top vehicle with windows closed will offer some protection as the steel frame of the vehicle provides some protection if you are not touching metal.

4. **Adhere to the NFHS Thirty-Minute Rule**. Activities should NOT be resumed until 30 minutes have passed since the last thunder was heard.

For more detailed information, refer to the "Guidelines for Lightning Safety" contained in the NFHS Sports Medicine Handbook.

www.nfhs.org

NFHS SUGGESTED GUIDELINES FOR MANAGEMENT OF CONCUSSION

A concussion is a traumatic brain injury that interferes with normal brain function. An athlete does not have to lose consciousness (be"knocked out") to have suffered a concussion.

COMMON SYMPTOMS OF CONCUSSION INCLUDE:

- Headache
- Fogginess
- Difficulty concentrating
- Easily confused
- Slowed thought processes
- Difficulty with memory
- Nausea
- Lack of energy, tiredness
- Dizziness, poor balance
- Blurred vision
- Sensitive to light and sounds
- Mood changes-irritable, anxious, or tearful

SUGGESTED CONCUSSION MANAGEMENT:

1. No athlete should return to play (RTP) or practice on the same day of a concussion.
2. Any athlete suspected of having a concussion should be evaluated by an appropriate health-care professional that day.
3. Any athlete with a concussion should be medically cleared by an appropriate health-care professional prior to resuming participation in any practice or competition.
4. After medical clearance, RTP should follow a step-wise protocol with provisions for delayed RTP based upon return of any signs or symptoms.

For further details, refer to "NFHS Guidelines for Management of Concussion" contained in the NFHS Sports Medicine Handbook.

www.nfhs.org

NFHS SMAC* Position Statements:

http://www.nfhs.org/content.aspx?id=3325&terms=Concussion+Position+Statement

*SMAC: Sports Medicine Advisory Committee

Utah High School Activities Association

The Leadership Organization for Education-Based
Interscholastic Athletic and Performing Arts Activities

UHSAA Sports

*Contains the UHSAA Policies and Pairings;
Rules and Regulations for the designated
UHSAA Sports for participating member schools.*

199 East Fort Union Blvd (7200 South), Midvale, Utah 84047
Phone 801.566.0681 / Fax 801.566.0633

BASEBALL Policies & Pairings

Wilson will be the official game ball. A player may pitch a maximum of 14 innings per calendar week (Sunday 12:01 am through Saturday 12:00 midnight) regardless of game length and regardless whether the player participates in varsity or sub-varsity. One pitch constitutes a full inning.

- **A team's warm-up/stretching area must take place near the foul line closest to team dugout in all games.**
- **The home team shall wear their white or lightest colored uniform and the visiting team will wear their darkest colored uniform.**
- The ten run rule will be in effect as will the speed up rules regarding pitchers and catchers.

State Tournament Pairings

	Upper Bracket	Lower Bracket
5A SCHOOLS	*Region 4 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 3 #3
	*Region 1 #1 vs. Region 3 #4	*Region 4 #1 vs. Region 2 #4
	*Region 3 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 4 #4
	*Region 2 #2 vs. Region 4 #3	*Region 3 #2 vs. Region 1 #3
4A SCHOOLS	**Upper Bracket**	**Lower Bracket**
	*Region 6 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 7 #3
	*Region 7 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 6 #4
	*Region 5 #1 vs. Region 7 #4	*Region 6 #1 vs. Region 8 #4
	*Region 8 #2 vs. Region 6 #3	*Region 7 #2 vs. Region 5 #3
3A SCHOOLS	**Upper Bracket**	**Lower Bracket**
	*Region 12 #2 vs. Region 10 #3	*Region 9 #2 vs. Region 11 #3
	*Region 9 #1 vs. Region 11 #4	*Region 12 #1 vs. Region 10 #4
	*Region 11 #1 vs. Region 9 #4	*Region 10 #1 vs. Region 12 #4
	*Region 10 #2 vs. Region 12 #3	*Region 11 #2 vs. Region 9 #3
2A SCHOOLS	**Upper Bracket**	**Lower Bracket**
	*East #2 vs. Central #3	*North #2 vs. South #3
	*South #1 vs. North #4	*Central #1 vs. East #4
	*North #1 vs. South #4	*East #1 vs. Central #4
	*Central #2 vs. East #3	*South #2 vs. North #3

South: Beaver, Diamond Ranch, Enterprise, Kanab, Milford, Parowan
North: Layton Christian, North Summit, Rockwell, Rowland Hall, Summit Acad., Wasatch Acad.
East: Emery, Grand, Gunnison, Monticello, North Sevier, San Juan
Central: American Leadership, Delta, Manti, Millard, South Sevier, South Summit

	Upper Bracket	Lower Bracket
1A SCHOOLS	*Region 18 #1 vs. Region 20 #3	*Region 17/19 #1 vs. Region 18 #2
	*Region 17/19 #2 vs. Region 20 #2	*Region 20 #1 vs. Region 18 #3

Region 17/19: Green River, Manila, Pinnacle, Tabiona
Region 18: Dugway, Int. Christian, Mt. Vernon, St. Joseph, Telos, Tintic, Wendover, West Ridge
Region 20: Bryce Valley, Escalante, Panguitch, Piute, Valley, Wayne

BASKETBALL Policies & Pairings

Wilson is the official game ball of UHSAA basketball.

	Upper Bracket	Lower Bracket
5A Boys & Girls	*Region 3 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 4 #3
	*Region 4 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 3 #4
	*Region 1 #1 vs. Region 4 #4	*Region 3 #1 vs. Region 2 #4
	*Region 2 #2 vs. Region 3 #3	*Region 4 #2 vs. Region 1 #3
4A Boys & Girls	*Region 7 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 6 #3
	*Region 5 #1 vs. Region 6 #4	*Region 7 #1 vs. Region 8 #4
	*Region 6 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 7 #4
	*Region 8 #2 vs. Region 7 #3	*Region 6 #2 vs. Region 5 #3
3A Boys & Girls	*Region 11 #2 vs. Region 12 #3	*Region 10 #2 vs. Region 9 #3
	*Region 9 #1 vs. Region 10 #4	*Region 12 #1 vs. Region 11 #4
	*Region 10 #1 vs. Region 9 #4	*Region 11 #1 vs. Region 12 #4
	*Region 12 #2 vs. Region 11 #3	*Region 9 #2 vs. Region 10 #3
2A Boys & Girls	*Region 15 #2 vs. Region 16 #3	*Region 14 #2 vs. Region 13 #3
	*Region 13 #1 vs. Region 14 #4	*Region 16 #1 vs. Region 15 #4
	*Region 14 #1 vs. Region 13 #4	*Region 15 #1 vs. Region 16 #4
	*Region 16 #2 vs. Region 15 #3	*Region 13 #2 vs. Region 14 #3

	Upper Bracket	Lower Bracket
1A Boys	*Region 20 #2 vs. Region 19 #3 or 18 #7	*Region 17 #2 vs. Reg. 18 #3
	*Region 18 #1 vs. Reg. 17 #4 or 20 #5	*Region 19 #1 vs. Reg. 20 #4 or 18 #6
	*Region 17 #1 vs. Reg. 18 #4 or 20 #6	*Region 20 #1 vs. Reg. 19 #4 or 18 #5
	*Region 19 #2 vs. Region 20 #3	*Region 18 #2 vs. Reg. 17 #3 or 20 #7

Note: The 1A play-in games shall be held at the state tournament site the day prior. The higher seeded team shall be the designated home team; if both teams have the same seed, the team on the top of the bracket shall be the home team.

	Upper Bracket	Lower Bracket
1A Girls	*Region 19 #2 vs. Region 20 #3	*Region 17 #2 vs. Region 18 #3
	*Region 17 #1 vs. Reg. 18 #4 or 20 #5	*Region 19 #1 vs. Reg. 20 #4 or 18 #5
	*Region 18 #1 vs. Reg. 17 #4 or 20 #7	*Region 20 #1 vs. Reg. 19 #4 or 20 #6
	*Region 20 #2 vs. Reg. 19 #3 or 18 #6	*Region 18 #2 vs. Region 17 #3

Note: The 1A play-in games shall be held at the state tournament site the day prior. The higher seeded team shall be the designated home team; if both teams have the same seed, the team on the top of the bracket shall be the home team.

CROSS COUNTRY Policies & State Qualification

5A SCHOOLS

Number of qualifying teams:	Region 1	Region 2	Region 3	Region 4
	4	4	4	4

The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

4A SCHOOLS

Number of qualifying teams:	Region 5	Region 6	Region 7	Region 8
	4	4	4	4

The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

3A SCHOOLS

Number of qualifying teams:	Region 9	Region 10	Region 11	Region 12
	4	4	4	4

The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

2A and 1A SCHOOLS

50% of full teams (5-7 members) competing in the region meet will qualify. A region with an odd number of teams competing shall round up the number of qualifying teams, 2 out of 3, 3 out of 5, 4 out of 7, etc. The following individuals will also qualify:

1. The top 3 individual finishers at the region meet who are not on a qualifying team.
2. Any individual who is not on a qualifying team and who did not qualify through item 1 who finishes in the top 10 overall at the region meet.

Substitutions: Individuals not on qualified teams may NOT be substituted for. Once a team qualifies at Region, individuals on that qualified team may be substituted for the State meet. Names of competitors in the State Meet should be entered on a school's entry to the State Meet.

A team consists of a minimum of five runners and a maximum of seven runners.

No practice is allowed at the site of the state meet within two (2) weeks of the state competition. *This includes walking the course as a team or as an individual. No cross country meets shall be held at Sugarhouse Park other than state meets (with the single exception of Highland High School home meets).*

Drill Team Policies and Pairings

State Tournament Pairings

5A SCHOOLS	Pod 1	Pod 2	Pod 3	Pod 4
	*Region 1 #4	*Region 4 #4	*Region 3 #4	*Region 2 #4
	*Region 2#4	*Region 3 #3	*Region 4 #3	*Region 1 #3
	*Region 3#2	*Region 2 #2	*Region 1 #2	*Region 4 #2
	*Region 4 #1	*Region 1 #1	*Region 2 #1	*Region 3 #1

4A SCHOOLS	Pod 1	Pod 2	Pod 3	Pod 4
	*Region 6 #4	*Region 5 #4	*Region 8 #4	*Region 8 #5
	*Region 8 #3	*Region 7 #3	*Region 6 #3	*Region 5 #3
	*Region 7 #2	*Region 8 #2	*Region 5 #2	*Region 6 #2
	*Region 5 #1	*Region 6 #1	*Region 7 #1	*Region 8 #1

3A SCHOOLS	Pod 1	Pod 2	Pod 3	Pod 4
	*Region 10 #4	*Region 9 #4	*Region 11 #4	*Region 12 #4
	*Region 12 #3	*Region 11 #3	*Region 9 #3	*Region 10 #3
	*Region 11 #2	*Region 12 #2	*Region 10 #2	*Region 9 #2
	*Region 9 #1	*Region 10 #1	*Region 12 #1	*Region 11 #1

2A SCHOOLS	Pod 1	Pod 2	Pod 3	Pod 4
	*South #8	*South #7	*North #8	*North #7
	*North #5	*North #6	*South #5	*South #6
	*South #4	*South #3	*North #4	*North #3
	*North #1	*North #2	*South #1	*South #2

5A, 4A, 3A- Top four (4) schools from each region will qualify for the State preliminary round based on OVERALL final region placement. If a region does not have 4 teams, a decision will be made by the Executive Committee on how to fill the last spot in that region.

2A- Eight (8) schools from each division (North, South) will qualify for the State preliminary round based on OVERALL final region placement.

1A SCHOOLS- 8 Teams qualify for State. Teams will be seeded according to individual routine standings at the region competition.

DRILL TEAM Rules & Regulations

1. **Instill the Highest Ideals of Character**
   The mission of education-based activities is to promote the positive development of our youth. Coaches have a responsibility as educators to use their influence to reinforce valuable life lessons and universal values. Coaches should never place the value of winning above the value of instilling the highest ideals of character. As role models, coaches are expected to be an advocate for good sportsmanship and follow all the rules and regulations with the intent for which they were written. See the "Coaches Code of Ethics" in the back of the NFHS Spirit Rule Book for a list of responsibilities.

2. **Complete UHSAA Coaches' Certification** (See UHSAA Handbook)
   Certification includes five components: Background Check, First Aid Training, CPR Training, Concussion Training and the "Fundamentals of Coaching" course. It is recommended that coaches also take the Sudden Cardiac Arrest course through the NFHS. Coaches with a major, minor or endorsement in physical education, dance and/or minor in coaching are considered trained and will not have to complete the First Aid, CPR or the Coaches' Fundamentals course. Talk to your Principal or School AD about certification.

3. **Complete an Annual UHSAA Drill Team Rules Clinic**
   On an annual basis, head coaches are required to attend the live UHSAA Drill Team Rules Clinic (satellite locations count as the live clinic) or complete the online UHSAA Drill Team Rules Clinic and quiz prior to the designated deadline. Failure to attend the live rules clinic or complete the online rules clinic and quiz by the deadline will result in a $50.00 fine to the school. New coaches are strongly encouraged to attend the live rules clinic. Information regarding the live and online UHSAA Drill Team Rules Clinic will be available on the UHSAA Drill page at www.uhsaa.org.

4. **Adhere to UHSAA and NFHS Rules During Practices and Performances**
   To maintain participant safety, coaches must adhere to UHSAA and NFHS Spirit Rules during all practices, performances and competitions. For UHSAA rules refer to the UHSAA Handbook and Drill Team section. Drill is a female only sport. Drill is NOT considered a co-educational sport. Coaches should bookmark the Drill page at www.uhsaa.org for the latest info.

5. **Adhere to UHSAA Contest Limitations**
   Drill teams may only compete in a TOTAL of four (4) competitions prior to the state competition (this includes the region competition). Teams that participate in a region or division competition may only compete in three invitationals. Teams that do NOT participate in a region or division competition may compete in a total of four invitationals, however participation in a region/division qualifier is a prerequisite to participating in the State competition. Participation in the UHSAA Live Judging Practicum does not count towards the contest limitations. A list of sanctioned invitationals is posted under the "Schools" tab at www.uhsaa.org. Teams are limited to (1) routine per category.

6. **Adhere to UHSAA Budget Restrictions for State Competition Routines**
   To create a level playing field between all participating programs and to limit the financial burden incurred by the participants, coaches shall operate their programs within the stated limitations. Donated supplies and all monies, including budgeted school funds, out-of-pocket expenses, fundraised or donated funds for costumes and supplies which are used for state competition routines performed during the drill team season (competition start date through the state competition) must not exceed $600 times the number of girls on the

team. The budget must include the following: character props, rental transportation, costumes, accessories, music fees (i.e. Mixing, CDs, and Thumb Drives), choreography fees, and any costs incurred for state competition routines. The UHSAA budget restrictions exclude expenses that do NOT pertain to the state routines (i.e. travel, camps, day uniforms, auxiliary routines). Coaches are responsible to monitor the costs associated with their drill team program. Schools are encouraged to maintain a "uniform closet" for flexibility and originality without the expense of new uniforms. Judging sheets shall not reflect if the uniform is new or used. Routines, props and music may be used from year to year.

7. **Submit a UHSAA Budget Declaration Form by the Second Friday in February**
   Coaches are required to submit a "UHSAA Drill Budget Declaration Form" by the second Friday in February. Expenses should be recorded and documentation (i.e. receipts, bills, etc) should be kept on file at the school.

8. **Submit "Dead Time Period" Form to UHSAA by January 15**
   Head coaches shall submit a completed "Drill Team Moratorium Form" to the UHSAA office by the deadline of January 15 to avoid a school fine. Each head coach shall select the sport specific drill moratorium for their team, which shall consist of two, two week blocks (the blocks may be consecutive). During that time, coaches and facilities shall adhere to UHSAA policies regarding moratoriums (See UHSAA Handbook By-Laws Article 2). Each week of the dead time period must include at least seven (7) consecutive days. Forms available on Drill page.

9. **Submit Region Results and DVD of Region Competition**
   Drill Teams qualify for the state competition through their region or division competition. The region drill chair and the competition director are responsible to submit/email the "UHSAA Declaration Entry Form," final tabulation results, and overall score sheets to **monkres@uhsaa.org** no later than **midnight on the Saturday prior to the state drill competition.** The region results will not be official without the final tabulation results. The region drill chair and the competition director are also responsible to send a DVD of the region drill competition to the UHSAA office by **Wednesday prior to the state drill competition**. The DVDs will provide a digital record of all routines performed at region for the UHSAA Tournament Committee to use as reference, if needed, at the state competition. Regions who fail to meet these deadlines may be fined $50 per school.

10. **Adhere to UHSAA Guidelines for Invitationals and Region Competitions**
    The maximum number of teams allowed to participate in an invitational is 30. The time frame for the team competition is a start time no earlier than 8:00AM and a finishing time, with awards completed, by no later than 7:00PM. If an additional space is needed for auxiliary routines, an auxiliary space (small gym/auditorium) should be utilized. A **full** panel of judges is NOT required for auxiliary routines, but a technical safety and floor judge shall be included.
    Materials for the sanctioned drill invitationals shall be distributed at the live UHSAA Drill Rules Clinic in August. Region competitions are automatically sanctioned. Competitions not in compliance with UHSAA policies and guidelines may result in a loss of UHSAA sanctioning and/or other penalties**. Coaches and judges should submit in writing any allegations relating to violations to the UHSAA.** Invitationals and region competitions must use the UHSAA score sheets posted on the Drill page (uhsaa.org) and include the following UHSAA Certified Officials: competition director; tabulator; five (5) routine judges; three (3) technical judges. When teams compete facing both sides at invitationals, there should be three (3) certified technical judges for each side. For solo competitions, judges must also be UHSAA certified; a full panel of judges is NOT required but a technical judge shall be included. Solo competitions shall adhere to UHSAA and NFHS rules.

Regions must hire a UHSAA certified competition director to run their region competition. A region who fails to select a competition director by the second Friday in September will have one assigned by the UHSAA Arbiter. It is the responsibility of the competition director to arrange for a UHSAA certified tabulator who uses the current UHSAA tabulator's computer program for scoring. Invitational competition directors can hire judges ONLY AFTER state judges have been assigned (early October). Judges for region and state competitions will be assigned by the UHSAA Arbiter. Region competitions are the qualifying meets for the state competition and must follow region, UHSAA, and NFHS rules. Administrators should remain neutral and supportive during the region competition. Any routine performed by a drill team or drill team member must follow the NFHS Spirit Safety Rules and UHSAA rules. Sanctioned events must follow UHSAA and NFHS Spirit Safety Rules and assess penalty violations for said rules (2-points per routine judge). Soloists are not exempt from these requirements and shall adhere to these rules and be assessed penalties for violation(s) of said rules in UHSAA sanctioned competitions. Soloists shall be eligible members of UHSAA high school drill team programs.

11. Hiring of Drill Team Judges and Payment of Officials

A. It is the responsibility of the certified competition director to hire only UHSAA certified judges and tabulator for an invitational competition. The State Drill Team Arbiter will assign one (1) new UHSAA Certified Judge per judging panel for invitational competitions.
B. UHSAA Certified judges must attend one (1) Live Judging Practicum each year.
C. Judges for an invitational can only be hired AFTER the judges for State have been assigned.
D. The UHSAA Arbiter assigns all judges for the region and state competitions.
E. For region and state competitions, the arbiter will assign one of the five routine judges to serve as the head judge. Two technical judges will be seated with routine judges and one will be on the floor.
F. Judges selected as routine judges for the state competition, shall NOT judge the same classification at invitationals or region competitions.
G. Judges selected as technical judges for state competitions, are encouraged to judge the same classification at invitational and region competitions.
H. Payment of certified drill officials for region and state competitions includes the following:
    i. Region judges and tabulators will be paid $89. One floor technical judge will be paid an additional $10 for the extra judge time.
    ii. State judges will be paid $139; a floor/technical judge will be paid $164.
    iii. Competition Directors' fee varies based on the time commitment and responsibilities given.
    iv. Drivers will also be paid **.44** cents per mile for all miles over 50 miles round trip. Riders will be paid an additional .09 cents per mile for all miles traveled over 50 miles round trip. Since regions will not pay all judges to drive, drivers will be assigned by the UHSAA arbiter based on years of experience and availability of the driver. Judges will be asked to ride together.
I. The region should make any decision regarding payment of the certified competition director and the person who may call Drill Down.
J. The payment of all region competition officials and personnel, including judges, is the responsibility of each region and not the UHSAA.
K. Payment of certified officials at invitational competitions varies from competition to competition based on a number of criteria (length, number of teams, etc).

12. **Competition Directors:** must register and certify with the UHSAA on an annual basis. Payment of competition directors vary. Go to the Drill page at www.uhsaa.org for info on registration and training.

13. **Tabulators:** must register and certify with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at www.uhsaa.org .

14. **Judges:** must register and certify with the UHSAA on an annual basis. For information on the registration process and the training required for certification, go to the Drill page at www.uhsaa.org . Judges will be required to attend the UHSAA Fall Drill Team Clinic and one (1) UHSAA Live Judging Practicum each year. Judges should also attend UDJA training meetings to receive additional hands-on training and improve their ranking. For post-season consideration, judges should have attended at least one of the last three UDJA clinics. Unusual circumstances may be appealed to the UHSAA . Judges selected to work the state competition should attend the fall UDJA clinic prior to state for additional training.

15. **Drill Clinics:** Go to the UHSAA Drill page at www.uhsaa.org for information on the UHSAA Drill Clinics and clinics sponsored by the UDJA (Judges' Association) and the UDDA (Drill & Dance Coaches' Association).

16. **Qualifying for State Tournament:** Listed below are the number of qualifiers that will advance from each region/division to the state competition. Teams qualify for the state competition through their region (3A, 4A, 5A) or division (2A, 1A) competition. **At a state qualifying region or division competition, drill teams are required to compete in all three state competition categories.**

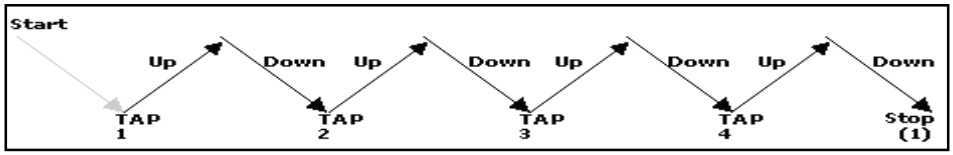
5A Schools	4A and 3A Schools	2A Schools	1A Schools
The top four at Region qualify	The top 4 at Region Region 8 Qualifies 5	Top 8 teams in Each division	8 teams in division

17. **Seeding for State:** Seeding for the order of performance at the State Drill Competition is based on the **overall** finish at the Region Drill Competitions for 3A, 4A and 5A schools; the Division Competitions for the 2A schools, and the designated state qualifying competition for the 1A schools(1A seeding is based on individual routine, not overall placing). Once the region and division results are received by the UHSAA, any placements not filled with a team will bump all other qualifiers either up or down in the seeding. Regions and divisions shall list the teams in the order they finished in each of the three competition categories, and the overall finishing places. Based on the **overall** results of the region, teams will be placed in a pod with four (4) teams. The pod placement is determined using the winter sports policies and pairings for that particular year. Teams will compete in their respective pod during the preliminary round of the State competition. The top two (2) teams from each pod will move on to the final round. A next qualifying team will be determined using the ranking system. This team will be determined at the conclusion of both pods, per classification.

18. **State Drill Routines:** All music, props and costumes that were used to qualify a routine at the region competition must remain the same for the state competition. No alterations are allowed. Choreography changes due to injury, eligibility, judges' recommendations, etc., will be allowed up to 16 total counts. A DVD from each region drill competition shall be received by the UHSAA office the Wednesday prior to the state competition. The DVDs will provide the UHSAA with a digital record of all routines performed at region, if necessary, for reference at the state competition. At the state competition, all coaches will be required to complete a "Declaration Change Form" to verify the total counts of choreography changes made to each qualifying routine since the region competition. Protests or complaints alleging a violation of this rule must be made and submitted in writing, by an appropriate official and/or school leader, to a member of the UHSAA Tournament Committee within the time frame of the current competition category. If it is confirmed by the

UHSAA Tournament Committee that the rule was violated, the routine in question will not receive a qualifying score. To be eligible for an overall team ranking at the state competition, a team must earn a qualifying score in each of the three categories.

Definition of a count: One count is given for every down beat in the music, regardless of the tempo (i.e. 2/4, 3/4, 4/4). This would be considered real time. To change the counting to: one and, two and, three and – it MUST still result in one count per down beat. To count and tap beats on your knee, you would begin with your hand in the air. The beat begins when you tap your knee. The diagram below is an example of four complete counts.



19. **State Competition:** Drill teams are NOT allowed to practice or compete at the state tournament site within two (2) weeks of the state competition. There is no outside food or drink allowed inside the UVU arena with the exception that each team will be allowed to bring in one cooler. Only team members on state qualifying teams are eligible to compete in the Drill Down at the State Competition. State Drill Info at www.uhsaa.org.

20. **State Competition Categories:** Drill teams are required to compete in all three (3) of the competition categories at their state qualifying competition (i.e. region, division). At the 2016 State Drill Competition, drill teams shall compete in the following three categories: **Military, Dance and Character**.

MILITARY: The emphasis of this category is on precision, clean and sharp movements, maneuvering and formations. Any basic military maneuvers or steps such as pinwheels, blocks, ranks and files, etc. may be used. Kicks and ripples may be used. No dance steps, no jazz hands, no head rolls, no body rolls, no hip movements, no jazz runs, no pyramids,(exception: Pyramids at shoulder level or below are allowed) no arch backs, no toe touches (Russian or Straddle), no tumbling (exception; handstand) may be used. School uniforms or military style costumes shall be worn. Props/backdrops/sets are prohibited.

DANCE: The emphasis of this category is technique, style and interpretation. The overall focus of this routine should be on DANCE. Any stylized dance movement is accepted. Kicks, leaps, turns and any dance steps may be used. Tumbling and lifts, which adhere to UHSAA and NFHS rules and safety guidelines, may be included. Some formation changes are recommended for effect. The movement, music and uniform may be stylized but cannot carry a storyline or portray a character. School uniforms or modest dance attire which adheres to NFHS rules shall be worn. Props/backdrops/sets are prohibited.

KICK : The focus of this category is KICK and the emphasis is on technique, style, variety of kicks and presentation. The choreography shall include a variety of kicks that may include, but is not limited to, high kicks, low kicks, diagonal kicks, fan kicks, jump kicks, flat kicks, walk kicks, etc. Precision, timing, control, technique, and uniformity of height are to be emphasized. Routines shall include a variety of formations with clean, creative transitions. The movement, music, and uniform may be thematic (i.e. Latin music, Latin costumes), but cannot carry a storyline. Props/backdrop/sets are prohibited.

CHARACTER : The emphasis and focus of this thematic routine shall be the development and portrayal of a character (real or fictional) through creative choreography and movement. Music and costuming should complement and enhance the portrayal of the character. The routine may include theme development,

musical interpretation and use of hand-held props-provided they serve as an accent to the character and do NOT become the focus. Backdrops/sets, stages, and scenery are prohibited.

Character Prop Guidelines:

- Shall be hand-held and manipulated during the routine. Multiple hand-held props may be used.
- Manipulation is the skillful handling, controlling, and using of prop(s) throughout the routine.
- Props shall not be used or combined to create scenery, backdrops, or larger props.
- Must be carried on and off the floor without any assistance by individual drill team members who are performing in the routine (See number 27 for more specific guidelines).

21. **The UHSAA does not allow all skills included in the NFHS Spirit Rules Book to be performed by UHSAA Drill Teams. <u>UHSAA Drill Teams are PROHIBITED from practicing, performing or including the following skills from the NFHS Spirit Rules Book:</u>**
    A. Headstands (weight on the head and feet off the ground; assisted or unassisted).
    B. Pyramids, Hanging Pyramids, Totem Poles, Roll Down T Lifts, Backward Leap Frog and Leap Frogs (NFHS Rule 2, Section 6, Non-Release Stunts).
       Exception: Pyramids at shoulder level or below will be allowed.
       Rationale: *Shoulder and below level pyramids have minimal risk of injury used in Drill Routines as a safe skill to create shapes and depth*.
    C. Release Stunts/Tosses (NFHS Rule 2, Section 7, Release Stunts/Tosses)
    D. Swinging Stunts (NFHS Rule 2, Section 8, Article 5, Suspended Stunts).
    E. Cradle dismounts (NFHS Rule 1, pg. 7, Definitions).
       Exception: Cradle Sits (commonly known as a fireman's carry)
    F. Front or Back Load-ins.
22. **<u>A Flatback, Double Base Swedish Fall, Triple Base Straddle Sit</u> may be performed (NFHS Rule 2, Section 6, Non-Release Stunts), if the top person begins from the performing floor or from a thigh(s) of another performer. The top person must end on the performing surface.**
23. **New Dance Skills that will be allowed and offer a great alternative for Front and Back Load ins.** The step up is a dance move that has minimal risk of injury but allows for creative dance lifts**.**

    A. **Front Step Up**: Must begin from the performing surface, the top person steps one foot either the side or front into a base who has interlocking hands at or below waist level. A base and back spot is required. Skills allowed, are one leg Ronde Jambe or grande battement. Top person must end on the performing surface once the skill is completed.
    B. **Back Step Up**: Must begin from the performing surface, the top person steps from the back of the base who has interlocking hands with one foot at or below waist. A base and back spot is required. Skills allowed, stepping straight up and a grande' battement. Must end on the performing surface one the skill is completed.
    C. **Double Base Step Up**: Begins from the performing surface, the top person steps up one foot at a time, to each base who has interlocking hands at or below waist level. Two bases and spotter are required. Choreographed arms are allowed, top person must dismount down one foot at a time. No building. Top person must end on the performing surface once the skill is completed.

24. **Definitions:**
    A. **Props:** items that are manipulated during a routine for the purpose of enhancing the routine or the development of the character. (i.e cane, suitcase, hat)
    B. **Backdrops:** stationary objects located behind the performance area used for visual enhancement only.

C. **Sets/Stage Props:** objects located within the performance area used for visual enhancement, as bases or in other ways such as entrances/exits.

D. **Storyline:** conveying a specific message, idea, or event with choreography. The routine progresses through various stages within the story.

25. **Costumes:** Any costume must have been worn on the school's home floor before wearing it at the state competition. Uniforms and dress for a performance is at the discretion of the team or coach as long as they comply with the category and NFHS rules. Appropriate attire must be approved by the school's administration and possibly a parent committee before use in a performance. School and UHSAA administrators are concerned with the continued suggestiveness of some uniforms and advise discretion in choosing uniforms for all competitions.

26. **Shoes:** According to NFHS Spirit Rule 3 Section 1 Article 5: *"Dance, drill and pom teams must wear footwear that is appropriate for the activity involved. At a minimum footwear must cover the ball of the foot." For example, teams including connecting tumbling or hard landing skills in their choreography, such as but not limited to: series of back handsprings, standing back tucks, etc, should wear appropriate shoes for those activities (i.e. jazz shoe, athletic shoes).*

    Drill team participants shall wear footwear that is in compliance with NFHS and UHSAA rules and interpretations. As stated in the NFHS Rule 3.1.5, footwear must cover the ball of the foot. The footwear shall be appropriate for the routine performed and support the spirit, intent and category definition. The footwear worn shall not increase the risk of injury to the dancers nor hinder the ability of the judges to evaluate the technical skills performed. If traditional footwear is not selected, the school/coach shall request a ruling from the UHSAA prior to the performance/competition. If necessary, the UHSAA may seek input from the NFHS prior to communicating the final determination to the school.

    Precaution should be taken so the performing area is not marred. In general, good quality leather, crepe or soft-soled shoes may be worn. Any shoes that will scuff floors must be taped with non-marking tape. The coach is responsible for having shoes checked at the specified time. A floor judge will check shoes prior to performance, and any **shoe not in compliance must be corrected before the performance or the shoes cannot be used**. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. Teams shall not remove protective coverings on their shoes after the initial shoe check.

27. **Props:** used during a competition routine, must be carried on and off of the competition floor, without any assistance, by individual drill team members who are participating in that particular routine (including auxiliary routines). This means that they are an active dancing participant in the routine. Do not put a uniform on an alternate member to have them help bring anything out to the floor and not be an active drill team participant in the routine (penalty is two points per routine judge). When props are allowed, they must be used in such a way as to not mark or damage the floor. This includes during entrance and exit. They must have rubber, carpet, foam or padding that will protect the floor (this includes any section which is touching the floor in the choreography of the routine). Consideration must be given to the weight and use of the prop and surface coverings.

A floor judge will check these items prior to performance. Coaches are responsible for having all items checked at the specified time. Any props not in compliance must be corrected or the items cannot be used. Judges may also check all items and the performing surface after the performance. If a prop damages the floor, a fine will be assessed to the school. Props must be carried on and off the floor from the designated side. Specific prop guidelines for the Character category are included in the category definition. The above prop guidelines apply to auxiliary routines as well. Violations of prop guidelines will result in a two (2) point penalty per routine judge.

28. **Injury of a Drill Athlete on the performance surface, during a routine:** Coaches and competition directors should take every precaution to ensure the safety of participants. Should an injury occur during a routine, the following protocol should take place:
    A. Stop the music and attend to the injured participant
    B. Determine the care the injured participant may need (first aide, athletic trainer, EMT services).
    C. ALL NFHS page 12 Rule 1 Art 13, 14, 15 must be strictly adhered to.
    D. Competition director/administrators at the site will determine when/if the team will be allowed to continue/finish the routine.
    E. An injured participant, that wishes to perform, may not return to the competition unless the competition officials receive clearance from the onsite medical personnel and the head coach of the competing team.
29. **Music:**
    A. No musicians may be used as musical accompaniment, not including musical props used by team members. No drums used on entrance or exit.
    B. All music must be recorded on a good quality CD or an acceptable storage device (i.e., iPod). Performing music should be recorded on the beginning of the CD or storage device with no other music preceding or following the music being used for the performance.
    C. A representative of each team must be present at the announcer's table when their team is performing to cue the music. No responsibility is taken by sound crew if no one is there (penalty is 2 points per routine judge for disrupting flow of competition).
    D. If the DJ and Competition Director agree that any problems associated with the music are NOT the fault of the coach or team and are in fact technical difficulties, the team will be given the opportunity to exit the floor and re-enter to begin the performance from the start without penalty (before the next team in that classification and category performs). Order of performance will not be disrupted.
30. **Special Effects:** No provisions will be made for special effects. The use of fire, fog, dry ice, water, smoke, or compressed air device WILL NOT be allowed.
31. **Sportsmanship:** Unsportsmanlike conduct by drill team members or coaches during the competition will result in a two (2) point penalty per routine judge for each violation. If unsportsmanlike conduct is committed during the competition, a written complaint must be submitted to the competition director within the time frame of the current competition category. At the state competition, any member of the UHSAA Tournament Committee may assess these points. The points would be deducted before the ranking scores are given and would be assessed to routine category being performed nearest the infraction.
32. **Penalties:**
    A. During the three (3) minute routine, teams and all props or sets must stay within the inside edge of the boundary lines of the competition floor. The lines are considered out-of-bounds.

B. All team members must not step out-of-bounds. Meaning team members must have weight bearing contact within the boundaries of the competition floor. The boundary lines are the four inside edges of the basketball court on the floor where the competition is being held, regardless of its size. Each violation will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge.

C. For teams that disrupt the flow of the competition, such as: not being ready to enter the floor; entering the floor out of schedule order; entering and exiting from the wrong side of the floor; marching all the way across the back of the floor and performing an about-face to enter the actual floor from the opposite end; problems associated with music or removing props or sets, etc. a two (2) point penalty per routine judge will be assessed. A penalty of this nature will be assessed by the floor technical judge.

D. If a safety penalty of two (2) or more points per judge is given, the offending school will be notified by the competition director after that category has been completed.

E. A floor judge will check shoes prior to performance, and any **shoe not in compliance must be corrected before the performance or the shoes cannot be used**. Shoes will also be checked as you leave the floor. Any violations will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge. See additional information on shoes in #29.

F. Not following the prop guidelines in the Character category will result in a two (2) point penalty per routine judge to be assessed by the floor technical judge.

33. Timing Penalties:

A. Length of the routine will be 2-3 minutes. There will be a two (2) point penalty per routine judge for every ten seconds over three minutes or under two minutes to be assessed by the technical judge (i.e. 3:01= 2 points/routine judge, 3:11 = 4 points/routine judge).

B. All teams are to be ready one team ahead. Teams must stay out of view. Teams must not get into an entrance position until the announcer specifically says, "Team, take your position." All team members and props will **enter and exit from the north end of the gym at the state competition**. Only drill members who are participating in that particular routine will be allowed onto the floor.

C. Judging and timing will start with the first note of music. The entrance and exit must be concise and direct. Entrances and exits are not to be judged by the routine judges.

D. Judging and timing will stop with the last note of music. An entrance and exit shall not exceed 30 seconds each for any competition routine. Additional time is not allowed for the Character routine.

The technical judge will deduct two (2) points per routine judge for every 10 seconds over the entrance or exit time. Timing of the entrance will start when the team and/or props or break the plane of the floor boundary.

34. Scoring: The "true" ranking scoring system will be used at all invitationals, region, and state competitions for the overall winners. Ranking points are assessed in the tabulating room. It is important that judges keep a running total so they do not give ties. Dropping of the high and low placement ranking (1, 2, 3, 4, etc.) will take place. In the event of a category and/or an overall tie, the tie will be broken using the head to head placement of the two tied teams for each of the five judges. The team with the better placement by a majority of the judges will be declared the winner. In the event of a tie between more than two teams, the same process will be used to eliminate one team at a time until one winner remains. If a three way tie still exists after the tie-breaking steps, the winner will be decided on the total "Execution" points from all three routines from all judges (if the tie still exists, go to the total "Showmanship" points). For an individual routine judge who may have a tie between teams as a result of penalty point(s), the ranking points for that individual judge will be split for the teams tied. All other teams will stay in the ranked order and will receive the appropriate ranking points for that position. Note: Judges must use whole and .5 scores when judging

routines. For example, a routine score of 95 or 95.5 is acceptable.
The scores from the state preliminary competition will NOT be used to determine seeding for the state finals. The military category will be randomly drawn, by the state competition director, and from there a schedule will be made giving each team an opportunity to perform at the beginning, middle and end of a category. Schools that did not qualify for the finals may pick up their score sheets, however a final tabulation sheet will not be included. Final tabulation results will be available at the conclusion of the entire state competition.

35. **Video Review is Not Allowed**: judges are prohibited from using electronic devices to review their decisions.

36. **End of Competition Protocol and Procedures:** At the end of each category, routine judges shall turn in their judging sheets for that category and all scores shall be final. Technical judges shall turn in their penalty sheets when decisions are final, but prior to the start of the next category. Judges shall adhere to the UHSAA drill competition protocols and procedures as outlined on the UHSAA Drill Page (under competition materials).

37. **Tabulation Protest:** A team has 48 hours after the conclusion of the competition to PROTEST TABULATION ERRORS. That protest must be received by the UHSAA office in writing to be valid. Only tabulation errors may be protested after the competition. Tabulators are required to email the final spreadsheet results to the UHSAA and Head Tabulator by 7 a.m. the morning following a competition.

38. **Awards:** Dates for Academic All-State nominations can be found on the UHSAA calendar at uhsaa.org. The UHSAA will present first and second place trophies to the overall winners and first and second place plaques in each category and classification will be awarded at the UHSAA State Drill Competition. The UHSAA will also award medals (first, second and third place) in each classification to the winners in the Drill Down competition. The academic all-state award will be presented on the final day of the State Tournament. The drill down competition will be held on the final day of the State Tournament. Only individuals whose team has participated in the finals are qualified to participate in the drill down.

FOOTBALL Policies & Pairings

State Tournament Pairings

Throughout the tournament, the team with the higher seed will be the designated home team. In the event of a tie in seeding, the team on top of the bracket shall be the home team.

	Upper Bracket	Lower Bracket
5A SCHOOLS	*Region 3 #2 vs. Region 4 #3	*Region 2 #2 vs. Region 1 #3
	*Region 1 #1 vs. Region 2 #4	*Region 4 #1 vs. Region 3 #4
	*Region 2 #1 vs. Region 1 #4	*Region 3 #1 vs. Region 4 #4
	*Region 4 #2 vs. Region 3 #3	*Region 1 #2 vs. Region 2 #3
4A SCHOOLS	*Region 7 #2 vs Region 6 #3	*Region 5 #2 vs Region 8 #3
	*Region 8 #1 vs Region 5 #4	*Region 6 #1 vs Region 7 #4
	*Region 5 #1 vs Region 8 #4	*Region 7 #1 vs Region 6 #4
	*Region 6 #2 vs Region 7 #3	*Region 8 #2 vs Region 5 #3
3AA SCHOOLS	North #1 vs. South #4	South #1 vs. North #4
	South #2 vs. North #3	North #2 vs. South #3
3A SCHOOLS	North #1 vs. South #4	South #1 vs. North #4
	South #2 vs. North #3	North #2 vs. South #3
2A SCHOOLS	North #1 vs South #4	South #1 vs North #4
	South #2 vs North #3	North #2 vs South #3

NORTH: ALA, Gunnison, Millard, North Summit, South Summit, Summit
SOUTH: Beaver, Enterprise, Grand, North Sevier, San Juan, South Sevier

	Upper Bracket	Lower Bracket
1A SCHOOLS:	*North #1 vs. South #4	*South #1 vs. North #4
	*South #2 vs. North #3	*North #2 vs. South #3

NORTH: Altamont, Duchesne, Milford, Rich
SOUTH: Diamond Ranch, Kanab, Monticello, Monument Valley, Whitehorse

35 Point Rule: An alternate timing rule is in effect for all levels (i.e. varsity, junior varsity, sophomore, freshman) of Utah high school football games when after halftime, a team's lead exceeds 34 points. Modified rule: The clock shall be stopped as per Rule 3-4-4. In effect the clock will be stopped as current NFHS rules require. However, the clock will start on the ready for play signal in all situations until the point differential reaches 21 points or less. At that point, all NFHS timing rules listed in Rule 3 will be followed. This rule will be in effect for pre-season, season and tournament games.

Game Film: For state football tournaments, teams shall exchange game film for the previous game and one other game as mutually agreed by the two coaches. Game film is to be available by noon the day following competition.

Overtime Procedure: The NCAA overtime procedure will be in effect for all levels (i.e. varsity, junior varsity, sophomore and freshman) of play. More information regarding the overtime procedure will be listed in the football section of the UHSAA website.

Official Game Ball: The UHSAA has designated the ***Wilson GST*** as the official state championship football. A legal ***Wilson football*** complying with NFHS standards must be used during ALL post-season play starting opening round games (**round of 16**) through the championship game. Officials have been asked to ensure that only ***Wilson footballs*** be used during post-season play.

During all rounds of state tournament play, UHSAA state event prices should be charged.

Default time for State tournament games played at home sites will be Friday at 5 p.m. except when at least one team is involved in a playoff game earlier in the week. In that instance, the default time is Saturday at 1 p.m.

GOLF Policies & Pairings

BOYS' GOLF

Rules/Etiquette Meetings: Region golf rules/etiquette meetings are mandatory and must be concluded by September 15 for 2A through 5A boys regions and by April 15 for 1A boys regions and all girls regions. If assistance is needed to set up these important clinics, please contact Scott Whitaker or Devin Dehlin at the PGA office.

A region qualifying meet may not be held at the site of the state meet within two weeks of state tournament. Qualifying teams may enter up to six individual golfers and four (4) scores will be counted.

The boys' state championship will be a 36-hole event over two days with a cut after day one.

For 2-Day events the top twelve (12) individuals or any player within 10 strokes of the lowest round one score will play on day two. Additionally, any individual who shoots a first round score of 79 or better will be included in the second day's field.

All "ties" must be settled and final rosters submitted on the appropriate due date. No TBA's will be allowed!

Appropriate attire is required for all golfers and coaches. Participants may not wear denims of any kind or color. A participant shall wear long pants or knee length shorts (no denim, basketball, or cargo style shorts are allowed) and collared shirts or mock turtlenecks. Penalty for breach of rule: two strokes and attire must be legal before play may continue.

Players are allowed to use "rules of Golf appropriate" distance measuring devices both on the region and state championship level. Cell phones, MP-3 devices, and other electronic "smart" devices are not allowed except in reporting emergency situations. As part of the conditional use of the range finder, a player must allow any competitor in his group to also use the device upon request.

The UHSAA subscribes to the rules of the United States Golf Association including its amateur rules. The Utah Section PGA monitors these rules at UHSAA championship meets. *The selection of all-state golf teams is not a function of the UHSAA and questions concerning the process should be directed to the Utah Section PGA.*

There will be a $40 individual or $240 team greens fee charged all participants at the boys state meets. The UHSAA will not provide athletic trainers on site at state golf tournaments.

Team qualification standards for the state meets are as follows. **Entries are due by Wednesday, September 30**.

5A BOYS: Any player in the region's top 12 individuals will qualify and play as an individual.

The following number of schools will qualify from each Region:

Region 1	Region 2	Region 3	Region 4
4	4	4	4

4A BOYS: Any player in the region's top 12 individuals will qualify and play as an individual.

The following number of schools will qualify from each Region:

Region 5	Region 6	Region 7	Region 8
4	4	4	4

3A BOYS: Any player in the region's top 12 individuals will qualify and play as an individual.

The following number of schools will qualify from each Region:

Region 9	Region 10	Region 11	Region 12
4	4	4	4

2A BOYS: Any player in the region's top 12 individuals will qualify and play as an individual.

The following number of schools will qualify from each Region:

Region 13	Region 14	Region 15	Region 16
4	4	4	4

1A BOYS: Any player in the region's top 12 individuals will qualify and play as an individual.

Entries are due by Wednesday, May 11.

Each region will sponsor golf and will qualify teams under the following (based on number of schools that ultimately field teams).

a. Three schools participate; two will qualify
b. Four schools participate; three will qualify
c. Five schools participate; three will qualify
d. Six schools participate; four will qualify
e. Seven schools participate; five will qualify

Each region is responsible for developing guidelines regarding how schools qualify and publish prior to the beginning of the golf season.

GIRLS' GOLF

Rules/Etiquette Meetings: Region golf rules/etiquette meetings are mandatory and must be concluded by April 15. If assistance is needed to set up these important clinics, please contact Scott Whitaker at the PGA office.

A region qualifying meet may not be held at the site of the state meet within two weeks of state tournament. Qualifying teams may enter up to six individual golfers and four (4) scores will be counted.

The girls' state championship will be an 18-hole event for 1A/2A. The girls' state championship events for 3A/4A/5A will be a 36-hole event (2 days).

For 2-Day events the top twelve (12) individuals or any player within 10 strokes of the lowest round one score will play on day two. Additionally, any individual who shoots a first round score of 85 or better will be included in the second day's field.

Appropriate attire is required for all golfers and coaches. Participants may not wear denims of any kind or color. A participant must wear long pants, knee length skirts or shorts (no denim, basketball, or cargo style shorts are allowed) and collared shirts or mock turtlenecks. Penalty for breach of rule: two strokes and attire must be legal before play may continue.

Players are allowed to use "rules of Golf appropriate" distance measuring devices both on the region and state championship level. Cell phones, MP-3 devices, and other electronic "smart" devices are not allowed except in reporting emergency situations. As part of the conditional use of the range finder, a player must allow any competitor in his group to also use the device upon request.

The modified Stableford scoring system must be used for all UHSAA Girls golf events (including region events)

A score of quadruple-bogie (four over par) would gain one point
A score of triple-bogie (three over par) would gain two points
A score of double- bogie (two over par) would gain three points
A score of bogie (one over par) would gain four points
A score of par (even par) would gain five points
A score of birdie (one under par) would gain six points

A score of eagle (two under par) would gain seven points
A score of double-eagle (three under par) would gain eight points

All "ties" must be settled and final rosters submitted on the appropriate due date. No TBA's will be allowed!

The UHSAA subscribes to the rules of the United States Golf Association including its amateur rules. The Utah Section PGA monitors these rules at UHSAA championship meets. The selection of all-state golf teams is not a function of the UHSAA and questions concerning the process should be directed to the Utah Section PGA.

There will be a $20 individual or $120 team greens fee charged all participants at the 1A/2A girls state tournament. There will be a $40 individual or $240 team greens fee charged all participants at the 3A/4A/5A girls state tournament. The UHSAA will not provide athletic trainers on site at state golf tournaments.

Team qualification standards for the state meets are as follows. **Entries due by Wednesday, May 11, 2016**.

5A GIRLS: Any player in the region's top 12 individuals will qualify and play as an individual.
The following number of schools will qualify from each Region:

Region 1	Region 2	Region 3	Region 4
4	4	4	4

4A GIRLS: Any player in the region's top 12 individuals will qualify and play as an individual.
The following number of schools will qualify from each Region:

Region 5	Region 6	Region 7	Region 8
4	4	4	4

3A GIRLS: Any player in the region's top 12 individuals will qualify and play as an individual.
The following number of schools will qualify from each Region:

Region 9	Region 10	Region 11	Region 12
4	4	4	4

2A GIRLS: Any player in the Regions top 12 individuals will qualify and play as an individual.

The following number of schools will qualify from each Region:

Region 13	Region 14	Region 15	Region 16
4	4	4	4

1A GIRLS: Any player in the region's top 12 individuals will qualify and play as an individual

1. Each region will sponsor golf and will qualify teams based on the following (based on number of schools that ultimately field teams).
    a. Three schools participate; two will qualify
    b. Four schools participate; three will qualify
    c. Five schools participate; three will qualify
    d. Six schools participate; four will qualify
    e. Seven schools participate; five will qualify

SOCCER Policies & Pairings

**Home teams for state tournament. Officials are to be paid by the home team at the post-season rate for first round and quarter-final state tournament games. In the event of a tie in seeding, the team on top of the bracket shall be the home team.*

	Upper Bracket	Lower Bracket
5A GIRLS	*Region 3 #2 vs. Region 4 #3	*Region 2 #2 vs. Region 1 #3
	*Region 1 #1 vs. Region 2 #4	*Region 4 #1 vs. Region 3 #4
	*Region 2 #1 vs. Region 1 #4	*Region 3 #1 vs. Region 4 #4
	*Region 4 #2 vs. Region 3 #3	*Region 1 #2 vs. Region 2 #3
5A BOYS	*Region 4 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 3 #3
	*Region 1 #1 vs. Region 3 #4	*Region 4 #1 vs. Region 2 #4
	*Region 3 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 4 #4
	*Region 2 #2 vs. Region 4 #3	*Region 3 #2 vs. Region 1 #3
4A GIRLS	*Region 7 #2 vs Region 6 #3	*Region 5 #2 vs Region 8 #3
	*Region 8 #1 vs Region 5 #4	*Region 6 #1 vs Region 7 #4
	*Region 5 #1 vs Region 8 #4	*Region 7 #1 vs Region 6 #4
	*Region 6 #2 vs Region 7 #3	*Region 8 #2 vs Region 5 #3
4A BOYS	*Region 6 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 7 #3
	*Region 7 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 6 #4
	*Region 5 #1 vs. Region 7 #4	*Region 6 #1 vs. Region 8 #4
	*Region 8 #2 vs. Region 6 #3	*Region 7 #2 vs. Region 5 #3
3A BOYS/GIRLS	*Region 11 #2 vs Region 10 #3	*Region 9 #2 vs Region 12 #3
	*Region 12 #1 vs Region 9 #4	*Region 10 #1 vs Region 11 #4
	*Region 9 #1 vs Region 12 #4	*Region 11 #1 vs Region 10 #4
	*Region 10 #2 vs Region 11 #3	*Region 12 #2 vs Region 9 #3
2A GIRLS	*Region 15 #2 vs Region 16 #3	*Region 14 #2 vs Region 13 #3
	*Region 13 #1 vs Region 14 #4	*Region 16 #1 vs Region 15 #4
	*Region 14 #1 vs Region 13 #4	*Region 15 #1 vs Region 16 #4
	*Region 16 #2 vs Region 15 #3	*Region 13 #2 vs Region 14 #3
2A BOYS	*North #1 vs. West # 4	*South #1 vs. Central #4
	*South #2 vs. Central #3	*North #2 vs. West #3
	*Central #2 vs. South #3	*West#2 vs. North #3
	*West #1 vs. North #4	*Central #1 vs. South #4

NORTH: Layton Christian, Maeser, North Summit, Rowland Hall, South Summit, Summit, Waterford
CENTRAL: Emery, Grand, Gunnison, Manti, North Sevier, South Sevier, Wasatch Academy
SOUTH: ALA, Beaver, Delta, Diamond Ranch, Merit, Millard, Parowan
WEST: American Prep, Intermountain Christian, Mount Vernon, Providence, St Joseph's, Telos, USDB, Wendover

Point System for Seeding in the State Tournament

The following scoring system will be used to determine region seeding for state soccer tournaments: three (3) points for a win, one (1) point for a tie, and no points for a loss.

Ejection/Red Card Suspension

For the purposes of applying UHSAA Administrative Policies and Guidelines 4-d, an ejection by an official shall be considered to be any coach, player or bench personnel who has been disqualified (red card) in accordance with the NFHS Soccer Rules Book, Rule 12, Section 8, Art. 2. According to the Soccer Rules when such a card is issued, the individual is disqualified and may not be substituted, the team must play short.

In accordance with UHSAA Administrative Policies and Guidelines 4-d, players disqualified on a red card (pursuant to NFHS Soccer Rules 12-8-2) will be required to sit out the next regularly scheduled game at that level (varsity, J.V. etc.) and any intervening levels of play as well. A disqualified coach, player or bench personnel is considered to have been ejected.

Goal Differential Rule

A match will end and the team which has scored the most goals declared the winner when there is an 8 goal differential after 10 minutes have elapsed in the second half of the match.

Overtime Procedure

For tie games in **pre-season and regular season play**:

A maximum of two 10-minute "sudden victory" overtime periods will be played. If a team scores within an overtime period, that team will be declared the winner. If, at the conclusion of two 10-minute "sudden victory" overtime periods, a tie still exists, the game is declared a tie.

For tie games in **state tournament play**:

A maximum of two 10-minute "sudden victory" overtime periods will be played. If a team scores within an overtime period, that team will be declared the winner. If, at the conclusion of two 10-minute "sudden victory" overtime periods, a tie still exists, items 3, 4 and 5 from the tie game procedure from the National Federation Soccer Rules Book will be used (shoot out).

Suspended Game

If less than one half of a contest has been played, the game is restarted from the point of suspension.

See "Suspended Game Procedure" in the Administrative Policies and Guidelines section of the UHSAA Handbook and Rule 7 Section 1 of the NFHS Soccer Rules Book for further details.

Caps

Players may wear soft and yielding caps during inclement weather.

SOFTBALL Policies & Pairings

5A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 4 #2 vs Region 2 #3	*Region 1 #2 vs Region 3 #3
	*Region 1 #1 vs Region 3 #4	*Region 4 #1 vs Region 2 #4
	*Region 3 #1 vs Region 1 #4	*Region 2 #1 vs Region 4 #4
	*Region 2 #2 vs Region 4 #3	*Region 3 #2 vs Region 1 #3

4A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 6 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 7 #3
	*Region 7 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 6 #4
	*Region 5 #1 vs. Region 7 #4	*Region 6 #1 vs. Region 8 #4
	*Region 8 #2 vs. Region 6 #3	*Region 7 #2 vs. Region 5 #3

3A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 12 #2 vs. Region 10 #3	*Region 9 #2 vs. Region 11 #3
	*Region 9 #1 vs. Region 11 #4	*Region 12 #1 vs. Region 10 #4
	*Region 11 #1 vs. Region 9 #4	*Region 10 #1 vs. Region 12 #4
	*Region 10 #2 vs. Region 12 #3	*Region 11 #2 vs. Region 9 #3

2A SCHOOLS	Upper Bracket	Lower Bracket
	*East #2 vs. Central #3	*North #2 vs. South #3
	*South #1 vs. North #4	*Central #1 vs. East #4
	*North #1 vs. South #4	*East #1 vs. Central #4
	*Central #2 vs. East #3	*South #2 vs. North #3

Participating 2A & 1A Softball Teams & State Qualifiers

NORTH (4)	EAST (4)	SOUTH (4)	CENTRAL (4)
Layton Christian	Emery	Beaver	Millard
North Summit	Grand	Enterprise	Delta
Rockwell	Gunnison	Kanab	Manti
Rowland Hall	North Sevier	Milford	South Summit
Summit Academy	San Juan	Parowan	ALA
Altamont	Piute	Panguitch	South Sevier
Duchesne			

Based on the number of participating teams, the number of qualifiers may be adjusted.

Adhere to UHSAA & NFHS Rules

The National Federation of High Schools (NFHS) provides the rules for high school softball. Coaches, athletes and officials must adhere to the NFHS rules and the rules outlined in the UHSAA Handbook. To review the NFHS softball rule changes for this year, go to the UHSAA Softball page at www.uhsaa.org or the NFHS website at www.nfhs.org (click on the "Athletic and Fine Arts Activities" tab then softball). Both sites provide valuable updates and resources for softball coaches and officials.

Official Optic Yellow Game Ball

Wilson A9011 will be the official ball for the state tournaments. The color "white" was removed from the list of permissible colors for softballs. All softballs used for competition must now be optic yellow (NFHS Softball Rules).

UHSAA Requires Double First Base

For safety reasons, the UHSAA requires a double first base in all scheduled games and tournaments**.**

Time Limits for Sub-Varsity Games Only

A 1 1/2 hour time limit will be in effect for all (2A-5A) sub-varsity games. Time limits will NOT apply to varsity level games (2A-5A). Occasionally, member schools will play softball on city or county park properties that may impose a specific time limit. If a facility restriction is in place, a 1 and 1/2 hour time limit may be used. There will be no time limit for playoffs and championship games in any classification.

Adhere to UHSAA Suspended Game Procedure

Schools should adhere to the suspended game rule as stated in the **UHSAA Handbook** and **UHSAA Official's Guidebook.** The NFHS suspended game rule (NFHS Rule 4-2-3) will NOT be in effect.

Ten Run Rule & Fifteen Run Rule

A ten run rule is in effect after five innings of play. A game will end anytime after 4 1/2 innings or 5 innings when a team is 10 or more runs behind and has completed its term at bat. A fifteen run rule will be used after three innings of play. These rules will be in effect for pre-season, season and post-season games.

International Tie-Breaker

After 7 innings of play or at the beginning of the first full inning after the time limit expires, the international tie-breaker will be implemented. At the start of the 8th inning before the first batter begins her turn at bat; the last batter who hit in that team's half of the last inning will assume a position at 2nd base. This means that the first batter in the top of the 8th will bat with a runner on 2nd base and no one out. The same procedure will continue in each half inning until a winner is determined.

State Softball Tournaments

Go to the UHSAA online calendar link (uhsaa.org) for the dates and locations of the state softball tournaments. Review the state softball pairings listed on the next page. Regions should email in their final region results to monkres@uhsaa.org as soon as they become available.

SWIMMING Policies

Adhere to UHSAA and NFHS Rules

The National Federation of High Schools (NFHS) provides the rules for high school swimming and diving. Coaches, athletes and officials must adhere to all UHSAA and NFHS rules and regulations. Swimmers and divers must compete in legal attire as outlined in the NFHS Swimming Rules. Suits which are deemed inappropriate or offensive will not be allowed. Coaches will inform their athletes that suits must adequately cover the buttocks. Meet directors or UHSAA representatives may ask that another suit be worn.

Qualifying Meets and Times

The results of all dual, invitational, district, and region meets will be sent to the State Top 50 Committee. These times will be kept by them and published on a timely basis during the year. In order for the times of the meets listed above to be used in consideration of qualifying for state competition the following conditions must be met:

- The meet must be run using electronic timing.
- There must be two certified officials at each meet from the list of officials published by the Utah Swim Coaches Association.
- Results must be signed by both officials and the head coaches.
- The date of the meet and the time the meet ended should be placed on the result sheet(s) and sent to the State Top 50 Committee.
- Meets swam in meter pools will be converted by taking the time swam in the meter pool in seconds and dividing it by 1.11 (HY-TEK).
- Meet results and results sheet must be submitted to compiler **within one week** after competition is completed.
- The region championship meet is the last chance to submit state qualifying times.

USCA Fee for Maintaining Top 50

The Utah Swimming Coaches Association (USCA) requires a $25 annual fee from participating schools to maintain the Top 50 times on the USCA website at www.utswimcoach.com. This list will be used for seeding into the State Swim Meets. To have times posted the required $25 fee shall be paid to USCA by November 1. If you have questions regarding the USCA fee contact the USCA President.

2A/1A Divisions

Instead of regions, participating 2A/1A schools will compete in one of two divisions: North Division (Regions 14, 16, 17, 18) or South Division (13, 15, 19, 20). At the end of the regular season, a North and South Divisional Championship Meet will be held. The following 2A/1A schools participate in swimming and have been assigned to a division:

- North Division
  - Region 14: Maeser, Rowland Hall, Waterford
  - Region 16: American Leadership, North Summit, South Summit, Summit
  - 1A Schools from Region 17 and 18 (Oakley and Telos Academy)
- South Division
  - Region 13: Delta, Parowan
  - Region 15: Emery, Grand, Wasatch Academy
  - 1A Schools from Region 19 and 20 (if any participate)

Qualifying for the State Swim Meets

A state swim meet will be held in the 5A, 4A, 3A and 2A classifications, with 1A schools competing in the 2A classification. The state meets for all classifications will be under a **Timed Finals** format. For information on the state swim meets, go to the Swim page at www.uhsaa.org.

The top two swimmers in each individual event at a 3A, 4A and 5A region or 2A divisional championship meet will automatically qualify for the state meet. The remaining qualifiers will be based on the best verifiable times from qualifying or region meets to a total of 24 swimmers per individual event for 3A, 4A and 5A and a **total of 18 for 2A**. **The top relay in each relay event** at a 3A, 4A and 5A region or 2A divisional championship meet will automatically qualify for the state meet. The remaining qualifiers will be based on the best verifiable times from the top 50 list (see criteria above for qualifying meets) or the region championship meet to a total of 16 relays in 3A, 4A and 5A and 12 relays in the 2A meet. Regions/Divisions are responsible for breaking any ties for automatic places before submitting the entries.

Number of Alternates Allowed

Two alternates allowed for individual events. There will not be any alternate relay teams (i.e.17, 18). Non-individually qualified relay alternates for the entire meet will be limited to a total of four (4) per school.

Submitting and Verifying the State Entries

Coaches are required to email their state entries on the HY-TEK program to Dan Miller, State Meet Director, at **milld754@gmail.com** by the **DEADLINE of 3:00 pm on the following dates: 1A/2A-Monday, February 1; 3A-Tuesday, February 2; 4A-Wednesday, February 3; 5A-Friday, February 5.** Coaches are responsible to verify their state entries are accurate and correspond with the times listed on the Top 50 or the school may be fined $25 per incorrect time submitted. Coaches are not allowed to send in additional entries after the deadline given. Championship meet entry rules apply as outlined in the NFHS Swimming & Diving Rules Book (i.e. limit of four swimmers per individual event per school; swimmers limited to two individual and two relays or one individual and three relays). When submitting entries to Dan Miller, coaches must include: the HY-TEK file, the entries for the individual events, the relay events (**do NOT send the individual names for relay entries at this time**) and the names of the three (3) individuals that will receive the coaches' deck passes (max of 3). If you have any questions regarding your entries, call State Meet Director, Dan Miller (801-360-7098) prior to the deadline.

After verifying the times and entries submitted, Dan Miller will email the **state meet psych sheets** to coaches so they can review the rosters and swimmers that qualified in the eight individual events. By 3:00 pm, Wednesday, February 4, for the 2A and 3A meets, and Sunday, February 8, for the 4A and 5A meets, coaches must email Dan Miller the name of any swimmer not listed on the roster who will be a member of a relay team that will swim at state, along with the names of FOUR non-individually qualified relay alternates (TOTAL of four for each school, any combo of girls or boys, regardless of the number of relay events).

- The State Meets will be posted on the UHSAA Swim Page at www.uhsaa.org.
- Relays are declared at the state swimming meets.
- Two alternates allowed on individual events. There will not be any alternate relay teams (i.e., 17, 18).
- ***Emergency* scratches will be accepted at the coaches meeting.**
- ***Volunteer Timers:*** send the names and emails of parents willing to volunteer as a timer at the state meet to stateswimtimers@yahoo.com. An email confirmation and info will be sent prior to the meet. A max of

six timers per team will be accepted until two days prior to the state meet. After that time, timers will be accepted on a first come, first serve basis, regardless of school.

UHSAA Deck Passes and Picture I.D. Required

A UHSAA Deck Pass and a picture I.D. (i.e. activity card, driver's license) are required for admittance to the deck area. Passes may be picked up on Wednesday only preceding the state meet (after 10:00 am) OR at the state site where tickets are sold (by entrance to the balcony) . Each school will receive a TOTAL OF THREE (3) COACHES' DECK PASSES for coaches and the manager in their school's swim packet.

TENNIS Policies & Pairings

5A Girls & Boys Upper Bracket	Lower Bracket
Bracket C – 1st Singles and 1st Doubles	
*Region 3 #2 vs. Region 4 #3	*Region 2 #2 vs. Region 1 #3
*Region 1 #1 vs. Region 2 #4	*Region 4 #1 vs. Region 3 #4
*Region 2 #1 vs. Region 1 #4	*Region 3 #1 vs. Region 4 #4
*Region 4 #2 vs. Region 3 #3	*Region 1 #2 vs. Region 2 #3
Bracket A – 2nd Singles and 2nd Doubles	
*Region 3 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 4 #3
*Region 4 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 3 #4
*Region 1 #1 vs. Region 4 #4	*Region 3 #1 vs. Region 2 #4
*Region 2 #2 vs. Region 3 #3	*Region 4 #2 vs. Region 1 #3
Bracket B – 3rd Singles	
*Region 4 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 3 #3
*Region 1 #1 vs. Region 3 #4	*Region 4 #1 vs. Region 2 #4
*Region 3 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 4 #4
*Region 2 #2 vs. Region 4 #3	*Region 3 #2 vs. Region 1 #3

4A Girls & Boys Upper Bracket	Lower Bracket
Bracket C – 1st Singles and 1st Doubles	
*Region 7 #2 vs. Region 6 #3	*Region 5 #2 vs. Region 8 #3
*Region 8 #1 vs. Region 5 #4	*Region 6 #1 vs. Region 7 #4
*Region 5 #1 vs. Region 8 #4	*Region 7 #1 vs. Region 6 #4
*Region 6 #2 vs. Region 7 #3	*Region 8 #2 vs. Region 5 #3
Bracket A – 2nd Singles and 2nd Doubles	
*Region 7 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 6 #3
*Region 5 #1 vs. Region 6 #4	*Region 7 #1 vs. Region 8 #4
*Region 6 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 7 #4
*Region 8 #2 vs. Region 7 #3	*Region 6 #2 vs. Region 5 #3
Bracket B – 3rd Singles	
*Region 6 #2 vs Region 8 #3	*Region 5 #2 vs Region 7 #3
*Region 7 #1 vs Region 5 #4	*Region 8 #1 vs Region 6 #4
*Region 5 #1 vs Region 7 #4	*Region 6 #1 vs Region 8 #4
*Region 8 #2 vs Region 6 #3	*Region 7 #2 vs Region 5 #3

3A Girls & Boys

Upper Bracket	Lower Bracket
Bracket C – 1st Singles and 1st Doubles	
*Region 11 #2 vs. Region 10 #3	*Region 9 #2 vs. Region 12 #3
*Region 12 #1 vs. Region 9 #4	*Region 10 #1 vs. Region 11 #4
*Region 9 #1 vs. Region 12 #4	*Region 11 #1 vs. Region 10 #4
*Region 10 #2 vs. Region 11 #3	*Region 12 #2 vs. Region 9 #3
Bracket A – 2nd Singles and 2nd Doubles	
*Region 12 #2 vs. Region 10 #3	*Region 9 #2 vs. Region 11 #3
*Region 9 #1 vs. Region 11 #4	*Region 12 #1 vs. Region 10 #4
*Region 11 #1 vs. Region 9 #4	*Region 10 #1 vs. Region 12 #4
*Region 10 #2 vs. Region 12 #3	*Region 11 #2 vs. Region 9 #3
Bracket B – 3rd Singles	
*Region 11 #2 vs. Region 12 #3	*Region 10 #2 vs. Region 9 #3
*Region 9 #1 vs. Region 10 #4	*Region 12 #1 vs. Region 11 #4
*Region 10 #1 vs. Region 9 #4	*Region 11 #1 vs. Region 12#4
*Region 12 #2 vs. Region 11 #3	*Region 9 #2 vs. Region 10 #3

Participating 3A Schools: (Notify the UHSAA if your school is not listed & will participate)
Region 9: Cedar City, Desert Hills, Dixie, Hurricane, Pine View, Snow Canyon
Region 10: Grantsville , Park City, Stansbury, Tooele, Union
Region 11: Bear River, Ben Lomond, Juan Diego, Logan, Morgan
Region 12: Canyon View, Carbon, Juab, North Sanpete, Richfield

2A Girls & Boys Upper Bracket	Lower Bracket
North #1 vs. South #4	South #1 vs. North # 4
South #2 vs. North #3	North #2 vs. South #3

Note: Number of qualifiers from a division may be adjusted based on the number of participating schools.

Participating 2A & 1A Tennis Teams:

NORTH Girls (7): Maesar, Providence Hall, Rowland Hall, St. Joseph, Summit, Wasatch Academy, Waterford
Boys (8): Layton Christian, Maesar, Providence Hall, Rowland Hall, St. Joseph, Summit, Telos, Waterford

SOUTH Girls (7): Delta, Emery, Grand, Gunnison, Manti, San Juan, South Sevier
Boys (8): Delta, Emery, Grand, Gunnison, Manti, Parowan, San Juan, South Sevier, Wasatch Academy

UHSAA and FAC/USTA Rules

Coaches and players shall adhere to the rules and regulations outlined in the UHSAA Handbook and the ***Friend of Court (FAC)/USTA Rules Book***. The UHSAA Handbook is posted online at www.uhsaa.org under the Publications tab; a link to the FAC and the Tennis Section of the UHSAA Handbook is available on the Tennis page on the UHSAA website at www.uhsaa.org. The UHSAA State Tennis Tournaments are not sanctioned USTA tournaments, as such, the UHSAA has some policies that are unique to their tournaments. FAC/USTA Rules shall govern unless modified by the UHSAA.

Five Positions in UHSAA Tennis

Participating UHSAA member schools compete in five categories or positions: 1st singles, 2nd singles, 3rd singles, 1st doubles and 2nd doubles. The intent is for participating schools to fill all five positions. In rare circumstances, if a school does not have enough eligible or available players to fill all five spots, then the spots have to be filled in order of difficulty beginning with the 1st singles and/or the 1st doubles.

UHSAA Contest Limitations for Tennis (See Article 2, UHSAA Handbook)

Players at 5A, 4A and 3A schools may compete in a total of 14 matches; players at 2A and 1A schools may compete in a total of 12 matches. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc. State qualifying tournaments do NOT count towards the contest limitation totals for individuals.

Minimum Match Requirement

To be eligible to compete in the state qualifying tournament, players shall compete in a minimum of five (5) matches during the season. This may include matches played at the varsity or junior varsity level and in the singles or doubles position. Injury or special situations will be considered but must be approved by the Region Tennis Chair and in turn the UHSAA prior to the player participating. Because of the stacking guidelines, regions/divisions should not dictate that a certain percentage of matches be played at a certain position (i.e. 1st singles, 2nd singles).

Guidelines for Determining a Lineup – Stacking is NOT Permissible

In an effort to promote fair play and wholesome team competition, coaches shall submit legitimate lineups based on the skill ability of their participating players. **Skill level determines the category or position a player should be legitimately placed**. The UHSAA offers the following guidelines for determining a legitimate lineup:

- **Coaches shall enter players at the positions which their skill dictates (on the day of the meet)**
  A legitimate lineup places a better skilled singles player above a lesser skilled singles player or a better skilled doubles team above a lesser skilled doubles team. A lineup that places a singles player of lesser skill ahead of a player with greater skill is NOT LEGAL. Similarly, any lineup which places a doubles team of lower skill ahead of a team with greater skill is illegal. Lineups change as players' skill levels change.
- **Legitimate lineups according to skill ability:** Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.
- **Stacking is NOT permissible and could result in UHSAA sanctions**. Juggling, shuffling or forfeiting positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury, absence, ineligibility during any course of the season the next best player would move up to fill the spot vacated by the injured player.

State Qualifying Tournaments and the Process for Submitting Tournament Results

The UHSAA holds state tennis tournaments for 5A, 4A, 3A and 2A qualifying players with 1A participating with 2A. With an individual competition format, team points are accumulated as players advance through their respective bracket (1st Singles, 2nd Singles, 3rd Singles, 1st Doubles, 2nd Doubles). Players from 5A, 4A and 3A schools qualify for the state tournament through their region tournament. Players from 2A and 1A schools qualify through their divisional tournament (North or South). Contact your Region or Division Tennis Chair for more information regarding your state qualifying tournament. Immediately following each state qualifying tournament, it is the responsibility of the Region Tennis Chair or Tournament Director to enter the results of the state qualifying tournament through the link provided on the Tennis page at www.uhsaa.org. In case a substitution is necessary, state qualifying tournaments should play out to at least one position beyond the number that qualify. Results from the state qualifying tournament shall be entered online no later than MIDNIGHT the Saturday prior to state.

Seeding Meetings for State Qualifying Tournaments

Because of the individual competition format of the UHSAA tournaments, seeding meetings play an important role. Head coaches present the names of the specific player(s) they have selected to compete in each of the five positions, as determined by a number of criteria including regular season record at that position. After discussion, coaches seed the selected player(s), one bracket at a time, based on established seeding criteria (i.e. player's position record during the regular season, head-to-head competitions). Coaches address any unique circumstances (i.e. injuries).

Individual and Team Scoring

UHSAA State Tennis Tournaments will be two-out-of-three sets with regular scoring. If the score reaches six games all, a seven-point tiebreak game shall be played (first player to score seven points with a two point margin wins the set). State tournaments are single elimination. **Team scoring for the 3A, 4A and 5A** State Tennis Tournaments will be 1-1-2-2 (One (1) point for a win in the first round and quarter-finals; two (2) points for a win in the semi-finals and finals). **Scoring for the 2A/1A State Tennis Tournament** will be 1-2-2. Tournaments will include five categories or positions: 1st singles, 2nd singles, 3rd singles, 1st doubles and 2nd doubles.

UHSAA Coaching Guidelines

Coaching is only allowed by members of the coaching staff during allowed during rest periods, between sets and during changeovers. At State, only two coaches are allowed to coach at any given time and only one coach is allowed on any given court. Compliance with USTA time limitations regarding rest periods and changeovers are still in effect and USTA penalties for time violations on rest periods and changeovers will be enforced. Coaching is not permitted during the warm-up period, during a tiebreaker or following the first game of a set.

Substitution of Players for State Tournament

Only the next available qualifier (or qualifiers if doubles) from region play may serve as a substitute. All substitutions must be approved in writing by the region chairperson. In the case of extreme illness, academic ineligibility, disqualification, injury or emergency, a doubles player may be substituted for by that same school but said substitute must be of lesser ability and/or record. Coaches may not substitute for players who choose not to participate for personal reasons. Substitutions are not allowed after the tournament begins.

Proper and full team uniform is mandatory for all state tournament participants. Teammates should wear the similar style and color of shorts and shirts although team logo designation is not required. Dress should be modest and follow proper tennis etiquette. Players not in legal uniform will be required to change or be disqualified from the tournament.

TRACK & FIELD Policies and State Qualifications

5A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

Region 1	Region 2	Region 3	Region 4
4	4	4	4

4A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

Region 5	Region 6	Region 7	Region 8
4	4	4	4

3A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

Region 9	Region 10	Region 11	Region 12
4	4	4	4

2A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

	Region 13	Region 14	Region 15	Region 16
Ind. Events:	4	4	4	4
Relays:	4	4	4	4

1A SCHOOLS

The following number of individuals and relays will qualify in each event from each Region:

	Region 17	Region 18	Region 19	Region 20
Ind. Events:	3*	4	3*	5
Relays:	2	2	2	2

*Region 17 and 19 will receive three (3) qualifiers for each event. The best region mark for each event will then determine the fourth (4th) qualifying sport for each event.

Additional Qualifiers

In addition to the above, any individual or relay team meeting the qualifying standard at a sanctioned qualifying or region meet will also qualify for the state meet. Only one relay team from each school may be entered at the state meet. Seeding for the state meets will be based on the **qualifying mark** from the region or other sanctioned qualifying meet. Only qualifying marks or marks achieved in earning a qualifying place at the Region meet are allowed for entry into and seeding at the state meet. Wind aided marks will NOT be accepted as state qualifying marks in the 100 Meter Dash, 200 Meter Dash, or in the 100 or 110 Meter High Hurdles. Average anemometer (wind gauge) readings in excess of +2.0 meters per second (see rule 10-2) are considered to be wind aided. All state qualifying marks submitted in these events from state qualifying meets must be accompanied by a valid anemometer reading during the race in which the mark was achieved. An anemometer (wind gauge) is required at all state qualifying meets.

Qualifying Meet Standards/Limitations

Any qualifying meet must meet the standards and regulations as outlined in the *UHSAA Track & Field Qualifying Meet Standards & Regulations* found on the "Forms" page of the UHSAA Web-site. An individual may participate

in no more than 6 qualifying meets in addition to the region meet in 4A and 5A. An individual may participate in no more than eight state qualifying meets for 1A, 2A & 3A in addition to the region meet.

Results Reporting

Hosts of qualifying meets and region meet chairpersons must assume the responsibility of notifying coaches of accurate times. **Results of all state qualifying meets, including region meets, must be submitted to the UHSAA within 48 hours** of the conclusion of the meet. This is to be done using the RunnerCard system. In all cases, only fully automatic times (FAT) may be submitted. All races of 200 meters or less in length must also include a legitimate anemometer reading to be valid.

State Entries; Region Meet Results

Region meet results (including trials and finals) are to be submitted using the RunnerCard system and are due in UHSAA offices no later than 48 hours following the conclusion of the meet or by 12:00 noon the Monday before the state meet, whichever is earlier. Each individual coach is responsible for entering his/her qualified athletes in the state meet via the RunnerCard system. This will not be done by the region. Deadlines for entries are included in meet information available on the Track page of the UHSAA website.

Region Meets are Non-Declaratory

An athlete is entered in the state meet when an official entry has been submitted by the coach and verified by the UHSAA. This means that region meets are non-declaratory.

Resolution of Ties for State Qualifying

Each region is responsible for breaking ties at the region meet for qualification to the state meet before forwarding entries. Regions are to include in their handbooks the procedure for breaking ties for the final qualifying spot in the region meet.

Spike Requirements at BYU

At the state meet only 1/4" (or shorter) Pyramid spikes may be used on the Mondo Track. No Christmas trees, pins, or needles will be allowed.

Practice at State Meet Site

No practice is allowed at the State Meet site (BYU Track & Field facility) within two weeks of the state meet. This means no athlete may be in the stadium area at all for two weeks prior to the facility opening on the first day of the State Meet. **This includes setting up tents or shade tarps.**

Pole Vault

The pole vault will be a team scoring event for both boys and girls in the 5A classification but non-scoring in 1A, 2A, 3A and 4A. In 2A, competing in the pole vault will not count toward the limit of four events in which an individual may compete at the region and state meets.

State Records

No state record shall be granted unless the time is recorded by fully automatic timing (FAT). No state record in the long jump or any race up to and including 200 meters shall be granted unless an anemometer is used and accurate wind velocity readings duly recorded. An average wind velocity which exceeds two (2) meters per second will invalidate a record. Completed state record application forms must be submitted to the UHSAA before a state record can be considered and become official, even if set at the state meet. For application form go to *www.uhsaa.org/publications/forms.html*.

UHSAA Track & Field State Qualifying Standards
2016

Girls' Standards

Event	5A	4A	3A	2A	1A
100 M. Dash	12.92	12.97	13.02	13.27	13.87
200 M. Dash	26.37	26.25	26.83	27.44	28.79
400 M. Dash	1:00.14	59.96	1:00.62	1:02.19	1:06.19
800 M. Run	2:20.82	2:22.05	2:23.35	2:31.47	2:39.09
1600 M. Run	5:12.53	5:13.42	5:21.03	5:47.91	6:01.82
3200 M. Run	11:24.40	11:23.33	11:44.88	12:53.88	13:30.49
100 M. Hurdles	16.01	16.61	16.45	17.21	17.95
300 M. Hurdles	46.68	47.63	48.73	49.65	52.13
4x100 M. Relay	50.90	50.72	51.93	53.82	56.73
Medley Relay	4:24.86	4:26.27	4:28.95	4:44.14	5:03.95
4x400 Meter Relay	4:07.86	4:08.21	4:13.69	4:29.27	4:59.37
High Jump	5-ft. 0-in.	5-ft. 1-in.	4-ft. 10-in.	4-ft. 10-in.	4-ft. 6-in.
Long Jump	16-ft. 2-in.	16-ft. 4-in.	16-ft. 2-in.	15-ft. 5-in.	14-ft. 2-in.
Pole Vault	7-ft. 10-in.	7-ft. 3-in.	7-ft. 3-in.	7-ft. 3-in.	7-ft. 3-in.
Discus	103-ft. 8-in.	100-ft. 9-in.	102-ft. 2-in.	86-ft. 11-in.	86-ft. 4-in.
Javelin	108-ft. 0-in.	106-ft. 7-in.	104-ft. 9-in.	99-ft. 9-in.	93-ft. 10-in.
Shot Put	34-ft. 1-in.	33-ft. 2-in.	33-ft. 1-in.	29-ft. 10-in.	29-ft. 4-in.

Boys' Standards

Event	5A	4A	3A	2A	1A
100 M. Dash	11.30	11.30	11.50	11.63	11.96
200 M. Dash	22.82	22.78	23.27	23.69	24.26
400 M. Dash	51.01	50.70	51.47	52.55	54.26
800 M. Run	1:58.24	1:58.65	2:00.22	2:05.68	2:10.77
1600 M. Run	4:23.22	4:23.32	4:33.08	4:45.75	4:55.62
3200 M. Run	9:36.06	9:41.27	9:59.46	10:32.93	10:56.13
110 M. Hurdles	15.60	16.02	16.15	16.90	18.42
300 M. Hurdles	40.67	41.17	42.00	43.58	45.51
4x100 M. Relay	44.03	44.54	45.01	46.26	48.34
Medley Relay	3:42.05	3:46.23	3:44.70	3:58.80	4:13.99
4x400 Meter Relay	3:29.87	3:31.71	3:31.79	3:44.96	3:58.52
High Jump	6-ft. 1-in.	6-ft. 0-in.	6-ft. 0-in.	5-ft. 9-in.	5-ft. 7-in.
Long Jump	20-ft. 7-in.	20-ft. 4-in.	20-ft. 1-in.	19-ft. 5-in.	18-ft. 9-in.
Pole Vault	12-ft. 5-in.	9-ft. 11-in.	8-ft. 3-in.	9-ft. 3-in.	8-ft. 0-in.
Discus	138-ft. 2-in.	129-ft. 2-in.	130-ft. 8-in.	117-ft. 8-in.	114-ft. 0-in.
Javelin	155-ft. 7-in.	153-ft. 3-in.	155-ft. 6-in.	142-ft. 0-in.	139-ft. 7-in.
Shot Put	46-ft. 11-in.	45-ft. 9-in.	44-ft. 3-in.	40-ft. 10-in.	39-ft. 7-in.

formula to calculate the standard: (3X+Y) divided by 4 = new standard
X=current standard, Y=previous year 8th place performance

VOLLEYBALL Policies & Pairings

State Tournament Volleyball Pairings

5A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 3 #2 vs. Region 4 #3	*Region 2 #2 vs. Region 1 #3
	*Region 1 #1 vs. Region 2 #4	*Region 4 #1 vs. Region 3 #4
	*Region 2 #1 vs. Region 1 #4	*Region 3 #1 vs. Region 4 #4
	*Region 4 #2 vs. Region 3 #3	*Region 1 #2 vs. Region 2 #3

4A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 7 #2 vs Region 6 #3	*Region 5 #2 vs Region 8 #3
	*Region 8 #1 vs Region 5 #4	*Region 6 #1 vs Region 7 #4
	*Region 5 #1 vs Region 8 #4	*Region 7 #1 vs Region 6 #4
	*Region 6 #2 vs Region 7 #3	*Region 8 #2 vs Region 5 #3

3A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 11 #2 vs. Region 10 #3	*Region 9 #2 vs. Region 12 #3
	*Region 12 #1 vs. Region 9 #4	*Region 10 #1 vs. Region 11 #4
	*Region 9 #1 vs. Region 12 #4	*Region 11 #1 vs. Region 10 #4
	*Region 10 #2 vs. Region 11 #3	*Region 12 #2 vs. Region 9 #3

2A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 15 #2 vs. Region 16 #3	*Region 14 #2 vs. Region 13 #3
	*Region 13 #1 vs. Region 14 #4	*Region 16 #1 vs. Region 15 #4
	*Region 14 #1 vs. Region 13 #4	*Region 15 #1 vs. Region 16 #4
	*Region 16 #2 vs. Region 15 #3	*Region 13 #2 vs. Region 14 #3

1A SCHOOLS	Upper Bracket	Lower Bracket
	*Region 17 #1 vs. Region 20 #4	*Region 19 #1 vs. Reg. 18 #4 or 20 #5
	*Region 18 #2 vs. Region 19 #3	*Region 20 #2 vs. Region 17 #3
	*Region 19 #2 vs. Region 18 #3	*Region 17 #2 vs. Region 20 #3
	*Region 20 #1 vs. Reg. 17 #4 or 18 #5	*Region 18 #1 vs. Reg. 19 #4 or 20 #6

The 1A Volleyball Play-in Matches will be at UVU on Friday, October 30 at 8:00 a.m.

Wilson Official Game Ball for State Volleyball Tournaments

Wilson I COR High Performance H7700, solid white, will be the official game ball at the state tournaments. Schools are not required to use the Wilson I COR High Performance H7700 during the season. Schools have the option of using a color-paneled volleyball which meets the criteria outlined in the NFHS Rulebook. All panels of the volleyball shall be solid white or a maximum combination of three colors (with each panel being a solid color) of which at least one-third of the panels shall be solid white. See the NFHS Volleyball Rules Book for information.

Match Times for Varsity and Sub-Varsity

The maximum starting time between varsity and sub-varsity matches shall be one hour and 15 minutes.
For example, if the varsity match is at 3:30 pm, the next matches (JV and Soph) shall be at 4:45 pm and 6:00 pm.

Standard Warm-up of Ten Minutes

Standardized warm-up for all varsity and sub-varsity levels is 10 minutes. Teams may either use a 5-5 or 4-4-2 format. Home teams in the pre-season and regions are to determine which format will be used. Teams are encouraged to stretch and warm-up in other areas of the school prior to the start of the 10 minute on-court warm-up. The format for state tournament play will be 4-4-2. Teams may be penalized by officials for delay of game with regard to delayed warm-up time or excessive warm-up time. If prior matches finish early there may be more time for general warm-up for both teams, but only in the event that matches are running ahead of scheduled start times.

Rally Scoring Format for Varsity & Sub-Varsity

Rally scoring format for VARSITY matches is as follows: sets 1-4 (4 if necessary) score to 25 with no cap and set 5 (if necessary) scores to 15 with no cap. Sets 1-5 have a possibility of two time-outs per team. (Note: the varsity set 5 has the possibility of two time-outs per team, unlike the sub-varsity set to 15).

Rally scoring format for SUB-VARSITY matches is as follows: sets 1 and 2 score to 25 with a cap of 27; sets 3, 4 and 5 (4 and 5 if necessary) score to 15 with a cap of 17. Sets 1 and 2 have a possibility of two time-outs per team and sets 3, 4 and 5 (4 and 5 if necessary) have a possibility of one time-out per team.

For sophomore and freshman matches, schools/regions have the option of playing the best of three sets with rally scoring: Sets 1 and 2 score to 25 with a cap of 27; set 3, if necessary, to a score of 15 with a cap of 17.

Additional UHSAA Guidelines

- **Flags may be used by line judges.** Beginning with the 2014 season, flags ***shall*** be used by line judges.
- The **3-ball system is mandated for all matches**, including sub-varsity matches. The three balls should be matching balls (i.e. all white balls, or matching color-paneled balls).
- Participants are prohibited from using glitter, body paint, decals or temporary tattoos.
- **End-of-Match Protocol:** following the release of players from end line by R1, teams go to center of court to participate in a team handshake before reporting to the bench.
- The UHSAA includes non-faculty coaches, employed by the school, as school personnel (NFHS Rule 1-7-2).

Note: Beginning July 1, 2016, the NFHS Volleyball Rules Books will have new uniform guidelines in place. Additional info is available in the NFHS Volleyball Rules Book and a PowerPoint is available at www.nfhs.org.

State Tournament Wrestling Pairings

1A Pairings

Upper Bracket	Lower Bracket
Division A #1 vs. Division B #4	Division B #1 vs. Division A#4
Division B #2 vs. Division A #3	Division A#2 vs. Division B#3

A: Altamont, Bryce Valley, Diamond Ranch, Duchesne, Panguitch, Rich, Tintic, Whitehorse

B: Merit, Milford, Monticello, Monument Valley, Parowan, Piute, Telos, Wayne

2A Pairings

Upper Bracket	Lower Bracket
Division A #1 vs. Division B #8	Division B #1 vs. Division A #8
Division B #4 vs. Division A #5	Division A #4 vs. Division B #5
Division B #2 vs. Division A #7	Division A #2 vs. Division B #7
Division A #3 vs. Division B #6	Division B #3 vs. Division A #6

Division A: ALA, Gunnison, Layton Christian, Manti, Millard, North Sevier, South Sevier, South Summit, Summit

Division B: Beaver, Delta, Emery, Enterprise, Grand, Kanab, North Summit, San Juan

3A Pairings

Upper Bracket	Lower Bracket
North #1 vs. South #8	South #1 vs. North #8
South #4 vs. North #5	North #4 vs. South #5
South #2 vs. North #7	North #2 vs. South #7
North #3 vs. South #6	South #3 vs. North #6

North: Region 10 and Region 11 **South:** Region 9 and Region 12

4A Pairings

Upper Bracket	Lower Bracket
Division A #1 vs. Division B #8	Division B #1 vs. Division A #8
Division A #4 vs. Division B #5	Division B #4 vs. Division A #5
Division B #2 vs. Division A #7	Division A #2 vs. Division B #7
Division B #3 vs. Division A #6	Division A #3 vs. Division B #6

Division A: Bonneville, Box Elder, Corner Canyon, Highland, Hillcrest, Murray, Ogden, Olympus, Orem, Salem Hills, Skyline, Uintah, Wasatch

Division B: Alta, Bountiful, Cyprus, East, Kearns, Maple Mountain, Mountain View, Payson, Provo, Spanish Fork, Springville, Timpanogos, Timpview, Woods Cross

5A Pairings

Upper Bracket	Lower Bracket
Division A #1 vs. Division B #8	Division B #1 vs. Division A #8
Division A #4 vs. Division B #5	Division B #4 vs. Division A #5
Division B #2 vs. Division A #7	Division A #2 vs. Division B #7
Division B #3 vs. Division A #6	Division A #3 vs. Division B #6

Division A: American Fork, Cottonwood, Fremont, Granger, Jordan, Layton, Lone Peak, Mountain Crest, Pleasant Grove, Roy, Sky View, Syracuse, Viewmont West Jordan

Division B: Bingham, Brighton, Clearfield, Copper Hills, Davis, Herriman, Hunter, Lehi, Northridge, Riverton, Taylorsville, Weber, West, Westlake

State Dual Tournament Wrestling Pairings

	Upper Bracket	Lower Bracket
4A	*Region 7 #2 vs. Region 8 #3	*Region 5 #2 vs. Region 6 #3
	*Region 5 #1 vs. Region 6 #4	*Region 7 #1 vs. Region 8 #4
	*Region 6 #1 vs. Region 5 #4	*Region 8 #1 vs. Region 7 #4
	*Region 8 #2 vs. Region 7 #3	*Region 6 #2 vs. Region 5 #3
5A	**Upper Bracket**	**Lower Bracket**
	*Region 3 #2 vs. Region 2 #3	*Region 1 #2 vs. Region 4 #3
	*Region 4 #1 vs. Region 1 #4	*Region 2 #1 vs. Region 3 #4
	*Region 1 #1 vs. Region 4 #4	*Region 3 #1 vs. Region 2 #4
	*Region 2 #2 vs. Region 3 #3	*Region 4 #2 vs. Region 1 #3

WRESTLING Policies

Weight Control Program

The weight control program will be as stated in rule 1, Section 5 of the NFHS Wrestling Rule Book. Certified minimum weight using body fat composition is required. More information as to procedures for body fat composition testing is available on the UHSAA website. Wrestlers are ineligible to participate in any matches until they have successfully completed the body fat composition test and their name appears on the team's alpha master list. No tests will be valid if performed prior to the first legal day of practice or after the Friday immediately prior to the first post-season tournament for that classification. (note: a wrestler who fails the hydration portion of the test may not re-test for 48 hours.) Once a minimum weight is established and appeals, if any, exhausted a wrestler may not re-test to establish a lower minimum weight.

Each wrestler is required to have at least one official weigh-in before being entered in the initial post-season tournament. No weigh-ins will be counted as official until after the wrestler has successfully completed the UHSAA Body Fat Composition Test to determine a minimum weight. The weigh-in for a post-season tournament does not fulfill this requirement. In order to count a weigh-in as an official weigh-in, the wrestler's team must be competing in the match or tournament. No wrestler may compete in a weight class that requires them to lose more than 1.5% of their weight per week except in the case of a legal weight allowance which is greater than 1.5% of the wrestler's weight class and when a wrestler weighs in at the same weight class at which he made weight with the allowance. Further rules regarding the UHSAA Weight Control Program are found at www.uhsaa.org on the Wrestling page.

Wrestling coaches are required to enter each wrestler's actual weight from the first weigh-in each week (Monday-Sunday) online in their school's file at the NWCA website within 48 hours of the conclusion of the match or tournament for which the weigh-in occurred. Failure to enter actual weight within the 48 hour time limit will result in a $100 fine to the school. Wrestlers who compete at a weight class for which they are not eligible may be subject to additional penalties (see UHSAA By-Laws Article 7, Sections 6 & 7). Verification of each wrestler's allowed minimum weight for that weigh-in must be provided before the weigh-in for each competition. Coaches should keep a signed record of each weigh-in. Coaches will need valid documentation if questions arise regarding the minimum weight of a wrestler at a post-season tournament or to correct mistakes that may occur in entering the actual weight of a wrestler.

Whenever a legal allowance of weight is given for consecutive days of competition, the minimum weight for a wrestler will increase for that weigh-in by the same amount as the allowance. For example: a wrestler whose minimum weight for a particular day is 107 lbs. and his team is competing in a tournament in which a legal allowance of 1 lb. is given, then his minimum weight for that weigh-in would also increase by 1 lb. to 108. That means that he would not be eligible to weigh-in at the 106 lb. class even with the allowance. On January 1st a two pound growth allowance will be added to each weight class as well as the minimum weight for each wrestler. Allowances cannot be used to drop to a lower weight class than the one in which a wrestler's minimum weight would allow him to compete without the allowance on that day. Schools must follow the NFHS Wrestling Rules for official weigh-ins. Allowances other than for consecutive days of competition and for the growth allowance are a violation of the rules.

State Qualifying Tournaments

Post-season tournaments must be conducted according to NFHS rules including weigh-ins conducted at the tournament site each day of the tournament. Qualifiers for the state tournament are to be entered per UHSAA instructions by the qualifying tournament director by midnight on the final day of the qualifying tournament.

Each school shall be allowed to enter as many as two wrestlers in each weight class. In a qualifying tournament all wrestlers entered must have duly qualified for the qualifying tournament.

Division Qualifying Tournaments

1. 1A, 2A, 4A & 5A Divisions shall be determined using returning state tournament points figured as follow:
   a. Points scored by wrestlers who were seniors in the previous year's state tournament shall be subtracted from the school's total points scored at the previous year's state tournament.
   b. 1 point will be added to each school's total for each 9th, 10th, 11th grade wrestler from that school that qualified for and entered the state tournament the previous year.
   c. Schools shall then be ranked based on the point total. The team with the greatest number of points will be 1; the team with the second highest number of points will be 2, etc.
   d. Division A shall consist of teams ranked 1,4,5,8,9,12,13,16,17,20,21,24,25,28. Division B shall consist of teams ranked 2,3,6,7,10,11,14,15,18,19,22,23,26, 27. When both schools scheduled to host the division tournaments are assigned the same division based on returning points, the lowest ranked of the two shall be placed in the opposite division and the team in that (opposite) division with the point total nearest the reassigned team will take the place of the host team so placed.
2. Sites and dates of the two divisional qualifying tournaments shall be determined by the appropriate Classification Committee. The UHSAA Classification Committee shall approve budgets for tournaments in their classification. Expenses in excess of those approved shall be the responsibility of the host.
3. Revenue and approved expenses of both tournaments shall be shared equally by all regions.
4. Each school shall be allowed to enter as many as two wrestlers in each weight class.

4A/5A Division Scoring & Seeding

1. Eight places shall be scored. All rounds of the tournament shall be scored.
2. Seeding for individual weight classes shall be accomplished as follows:
   a. Wrestlers shall be ranked initially according to varsity win percentage. A state place winner in the previous year will have the following added to their varsity win percentage prior to the initial ranking:
      - 1st Place: add 60% 2nd Place: add 55% 3rd Place: add 50%
      - 4th Place: add 45% 5th Place: add 40% 6th Place: add 35%
   b. Adjustments to the initial ranking may be made as a result of:
      1) Majority vote of head coaches to separate the best wrestlers or
      2) A case in which a lower ranked wrestler has defeated a higher ranked wrestler during the current season and has not lost to any of the wrestlers ranked between the two.
   c. In order to be seeded, a wrestler must have competed in a minimum of 10 varsity matches during the current season and have a minimum 50% win record. Exception: item 1 above – a wrestler with fewer than 10 matches could be seeded as a result of a majority vote of head coaches.
   d. Once the seeded wrestlers are placed in the bracket, byes will be placed either by mutual consent or by draw. Byes will be distributed as equally as possible among all of the teams in the tournament.
   e. Once the seeded wrestlers and the byes have been placed in the bracket, the unseeded wrestlers will be drawn randomly into the remaining positions in the bracket.

3A Division Qualifying Tournaments

1. Sites and dates of the two divisional qualifying tournaments shall be determined by the UHSAA 3A Classification Committee. The UHSAA 3A Classification Committee shall approve budgets for both tournaments. Expenses in excess of those approved shall be the responsibility of the host.
2. Revenue and approved expenses of both tournaments shall be shared equally by the two regions involved.
3. Eight places shall be scored. All rounds of the tournament shall be scored.

3A North Division Tournament

1. The North Division shall consist of schools in Regions 10 and 11
2. Each of the two regions shall be allowed to enter 8 wrestlers in the North Division Tournament.
3. A tournament held by a region to qualify wrestlers to the division tournament would be considered part of the state tournament series and would therefore not count against the contest limit for wrestlers. A wrestler who does not qualify by earning a place in such a region tournament is not eligible to compete in the division tournament.
4. A tournament held by a region merely to rank or seed wrestlers in the division tournament rather than qualify them for the division tournament is not considered part of the state tournament series and does count as part of the regular season contest limit.
5. Bracketing of the North Division Tournament shall be as follows:

Upper Bracket	**Lower Bracket**
Region 10 #1 vs. Region 11 #8	Region 11 #1 vs. Region 10 #8
Region 11 #4 vs. Region 10 #5	Region 10 #4 vs. Region 11 #5
Region 11 #2 vs. Region 10 #7	Region 10 #2 vs. Region 11 #7
Region 10 #3 vs. Region 11 #6	Region 11 #3 vs. Region 10 #6

3A South Division Tournament

1. The South Division shall consist of schools in Regions 9 and 12. Seeding for the South Division Tournament shall be accomplished using the criteria set forth in Item 2, a-e of the 4A/5A Division Tournament information above with the following provision added to Item 2, e: As is possible, unseeded wrestlers shall be drawn into the opposite side of the bracket as a wrestler from their own school.

Verification of State Tournament Entries

All entries for the state tournament are to be verified prior to the beginning of the initial weigh-in for the tournament in that classification (1A, 2A, 3A, 4A or 5A). The beginning of the initial weigh-in for a classification (1A, 2A, 3A, 4A or 5A) constitutes the deadline for verification of entries in the state tournament referred to in rule 10-2-1. The beginning of the weigh-in occurs when the first weight class in the classification officially reports to the scales.

Team Scoring at the State Tournament

4A and 5A: Team points earned by all wrestlers competing in the state tournament shall count toward the school's total points.

1A, 2A, 3A: Even though two wrestlers may represent a school in the same weight class, points earned by only one of the two will count toward the team total. In a weight class where a school has two entries, of the two, the wrestler who has earned the greatest number of team points shall have their team points count as part of the school's total.

Utah High School Activities Association

UHSAA Activities

Contains specific UHSAA Rules and Regulations for the UHSAA Activities of Music, Speech/Debate and Theatre.

199 East Fort Union Blvd (7200 South), Midvale, Utah 84047
Phone 801.566.0681 / Fax 801.566.0633

MUSIC Policies & Guidelines

I. Festival Management

A. Leadership and Responsibilities

1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level.
2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band, Orchestra, Concert Band and Large Group Choral.
3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined.
4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching band.
5. Under the existing partnership, UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president.
6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference.
7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines.
8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators.
9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be

responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities.

10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair , the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music. The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee.

B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals

1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble.
2. To participate in a region or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (*UHSAA Handbook, Article 1 Section 8; Handbook Music Section I-C*). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at www.uhsaa.org to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the Calendar tab at www.uhsaa.org.
3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility.

C. Eligibility Requirements for Music Festival Participation

1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked.
2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals.
3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant. However, all participants in ensembles must be students.

D. Eligibility Requirements for Adjudicating Festivals

1. In order to qualify as an adjudicator one must successfully complete the adjudication seminar available on-line through the Utah Music Educators Association and receive certification in one or more areas of specialization.
2. To remain eligible, all adjudicators must recertify once every four years by completing an adjudication seminar presented by the UMEA.
3. If an adjudicator receives a number of substantial negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completion of a UMEA adjudication seminar.
4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room.

E. Ratings
   1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I).
   2. Guidelines for ratings follow:

      RATING I: SUPERIOR—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. **Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory.**

      RATING II: EXCELLENT—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used.

      RATING III: GOOD—an average performance lacking in several characteristics of a superior rating. Music may be used.

      RATING IV: FAIR—a below average performance requiring many specific improvements.

      RATING V: POOR—a performance lacking sufficient preparation and exhibiting major deficiencies.

II. General Requirements

A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the *Utah High School Activities Association website:* www.uhsaa.org (Click on Sports&Activites>Activities>Music). The forms must be filled out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival.

B. Scores or individual parts of a score if not published, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered.

C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a "no rating."

D. Music is an interactive art form and as such live accompaniment is required.

E. Uninvited communication with the adjudicator may result in the disqualification of the entry.

F. Region and state festival adjudicator fees are $25 an hour (1-2 hrs adjudicating), $90 half day (approximately 3-5 hrs at site), and $140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .44 cents per mile and $.09 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at uhsaa.org) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested.

G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the *Statement of Principles for Music Festivals,* as prepared by UMEA.

H. **Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional.**

III. Region Festivals

A. Region Music Festivals

1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals.
2. **Recommended Region Festivals** (UMEA or UHSAA sponsors the state culminating festival):

(October)	Marching Band Festival	(April)	Orchestra Festival
(March)	Vocal Solo & Ensemble Festival	(April)	Large Group Choral Festival
(March)	Instrumental Solo & Ensemble Festival	(April)	Concert Band Festival
(March)	Jazz Ensemble Festival		

3. **Directors are discouraged from requesting to participate in another region festival;** however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A or 5A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request. **Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility.**

B. Region Large Group Festivals

1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating.
2. Rules and regulations:
    a. Large group festivals should be held on a region basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled.
    b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years.
    c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage.
    d. Ratings: (See ratings under IE, #1-2)
    e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of the Utah High School Activities Association.
    f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools.
    g. It is recommended that there be three adjudicators for each large group festival.

C. Region Jazz Ensemble Festival

1. Each jazz ensemble is required to perform at least one swing and one ballad or combination thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed.
2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator.

3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight-reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time.
4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts.

D. Region Solo & Ensemble Festivals

1. **Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility.**
2. **Entrants shall use high quality, published music of recital nature grade III level or above.**
3. The current *New York State Music Association Manual* and/or the NAfME *Selected Music Lists* are recommended (could also search acceptable state repertoire lists on jwpepper.com).
4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events.
5. To be considered a separate ensemble, at least 50 percent of the group shall be new members.
6. A soloist shall not perform a selection he or she has used at any evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles.
7. Performing Groups:
    a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts.
    b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32.
    c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part.
    d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles.
8. Only instrumental and chamber choirs may be conducted.
9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score.
10. **Soloists and small ensembles** may perform only one selection or portion thereof not to exceed **the** "**performance" times listed below**. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR.

Soloists & Small Ensembles	Playing Time	Group Size	Solos
Piano			6 minutes
String	7 minutes	2-7 members	6 minutes
Woodwind/Brass	7 minutes	2-7 members	6 minutes
Vocal	5 minutes	See #6 above	5 minutes
Percussion	10 minutes		6 minutes

11. **Large ensembles and choirs** may perform more than one selection but must stay within the **following "time limits" which shall include**: setup, tuning, performance time and exiting the performance area. When the time limit has expired, the monitor or adjudicator may signal the group to stop their performance.

Large Ensembles & Choirs	*Total Time Limit	Group Size
String Choirs	12 minutes	8-25 members
Woodwind Choirs	12 minutes	8-25 members
Brass Choirs	12 minutes	8-25 members
Large Percussion Ensembles	12 minutes	
Chamber Choirs	12 minutes	16-32 members

IV. State Solo & Ensemble Festivals

A. Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival.

B. Regions/Schools are assigned to the following festival locations:

NORTH Solo & Ensemble Festival at Northridge High School
Regions 1, 2, 3, 5, 6, 10, 11, 14, 17,
SOUTH Solo & Ensemble Festival at Orem High School
Regions 4, 7, 8, 9, 12, 13, 15, 16, 18, 19, 20

C. Qualifying for the State Solo & Ensemble Festival

1. Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a region festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable.
2. Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating.
3. The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition:
    a. An adjudicator's nomination must be included on the adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating.
    b. Music performed must be high quality, published music of recital nature, grade III or above.
4. Soloists or groups qualifying for state may change their selections between region and state festivals.
5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed.
6. An ensemble qualifying for state may change no more than one half of its personnel.

D. **State Solo & Ensemble Festival Instructions and General Information**

1. Go to the UHSAA Music page at www.uhsa.org for festival info and instructions on submitting entries.
2. **Prior to the Region S & E Festival(s),** the high school music teacher shall complete and email the UHSAA **"Region Solo & Ensemble Entry Form"** to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at uhsaa.org).
3. **Following the Region Festival(s)** the Region Music Chair shall complete the following:
    a. **The Region Chair photocopies** the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival.
    b. **The Region Chair contacts the music directors at each of their region schools** and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers.
    c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival.
    d. State Solo & Ensemble Festival information will be posted on the Music page at www.uhsaa.org.
    e. The Region Music Chair shall electronically submit the region's state qualifying entries to the **Festival Scheduler/Director (listed below)** on the **"UHSAA State Solo & Ensemble Entry Form".** The entry form is available on the UHSAA Music page at www.uhsaa.org click on the link for the "State Solo & Ensemble Form;" save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined $200.00 for the first week late. Entries received more than one week late will not be scheduled.
    f. **Prior to the state festival, the school music directors** shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form.
    e. **Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled.** Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler.
    f. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email in behalf of a request from one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts.
    g. **NO SHOW FEES CHARGED TO SCHOOLS:** Schools are fined $25 for each "no show" entry. The "no show" fee is charge if a scheduled performance posted on UHSAA website is canceled later than the Monday prior to the State Festival.
3. **The preliminary schedule will be posted on the Music Page at www.uhsaa.org about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior.**
4. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist.

5. State Solo & Ensemble Awards:

a. Soloists receiving a superior (I) rating will be awarded medals and certificates.
b. In rare instances, an adjudicator may award a superior rating "With Distinction."
c. Soloists receiving superior minus (I-) ratings will be awarded certificates.
d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate.

SPEECH/DEBATE Policies & Guidelines

CHAPTER I – UHSAA Policies

Article I – Recommendations

Section 1: ***Region Representative***
Each region shall elect one member coach to represent that region to the Utah Debate Coaches Association to help solve problems occurring at major tournaments and to keep an open line of communication with the Activities Association.

Section 2: ***Missed School Time***
It is recommended that no student miss more than five days of school for practice debate and forensic meets during a given school year.

Article II – Financial Rules

Section 1: ***Entry Fees***
No entry fee in excess of $3.50 per student per event per day may be assessed for any meet. A maximum $15 school entry fee per day may be charged at invitational tournaments if deemed necessary by the host school. The Executive Committee must approve any exceptions.

Section 2: ***Judge Reimbursement***
Judges may not be reimbursed at any meet or tournament more than $8 per round, $30 per half-day (four hours) nor more than $50 for a full day.

Section 3: ***No Shows***
A contract is formed when participant entries are submitted to the state tournament director and each “no show” entry will be fined $25. Invitational tournaments may also levy a $25 fine for each “no show” entry at UHSAA sanctioned tournaments.

Article III – Conduct of Tournaments

Section 1: ***Sanction Requirement***
All speech and debate competitions must be sanctioned by the UHSAA (see UHSAA By-Laws Article 4). Forms must be submitted to and approved by the UHSAA no less than 30 days prior to the tournament.

Section 2: ***Preliminary Round Start Time***
No preliminary round of a tournament, which is not a round robin or a Tournament of Champions qualifier, may start after 8:30 p.m.

Section 3: ***Intent to Participate***
Coaches should notify local tournament directors of their intent to participate at least two weeks in advance of a tournament.

Section *4:* ***Novice Policy Guidelines***
Novice teams will only be allowed to run arguments from the approved argument list and corresponding evidence set. Novice policy teams will be limited to a "closed deck" of evidence files (every competitor will have the same set of cards). Novice students may rearrange the organization of evidence but may not add and/or change the content in order to produce new arguments not labeled in the evidence set, nor can they alter the fundamental intent of the argument.

These limits will be enforced from the start of the season until the end of December. Novices will be allowed to run any argument or evidence in January until the end of the season. Any novice team found to be running an affirmative not on the case list will forfeit the round. "Novice teams" will be defined in the tournament

invitation.

The novice evidence set is established each year by the UDCA and NFHS to limit the areas of the high school debate resolution that novices will have to prepare to debate. The goal is to make the debating more manageable for novice students and to enhance the quality of each debate. Judges, coaches and debaters should also understand that by selecting these specific argument limits, the UDCA/NFHS is not necessarily endorsing the topicality any case, nor are they commenting on the strategic value of any one position. Traditional topicality arguments can still be presented by the negative team and should be considered by the judge. Theory and kritik arguments will not be allowed.

An executive committee of coaches will create the evidence set to be published on the Utah Debate Coaches website by the end of August.

Section *5:* ***Congress Guidelines***

1. The UDCA will create a committee with chair of three to five coaches to oversee Congressional debate legislation selection. Coaches should represent schools from across the state.
2. Students write Congress legislation during the 4th quarter of the school year. Coaches select legislation and submit it via Google Documents to the UDCA Congress committee by June 1.
3. The Congressional committee will meet during the summer to select 20 initial pieces of legislation from the submitted student legislation (this meeting may be electronic) to be released by September 1. The legislation will be selected on the basis of educational value and relevance to current and important national issues. The selected legislation will be published on the UDCA website, providing Utah tournaments with a statewide docket from which tournament directors may select legislation to be debated.
4. Additional legislation may be submitted by October 10 and January 31 for consideration to be added to the statewide docket. On the first day of each month beginning in November, the committee will release 10 additional pieces of legislation, drawn from legislation submitted at any of the prior submission deadlines.
5. The statewide docket would be comprised of 70 total pieces of legislation, pending provision of adequate legislation.
6. A standard Orders of the Day would also be set and posted on the UDCA website.
7. Tournament directors have two options for their tournaments. The director may preselect the legislation released in any month prior to the tournament and create a tournament docket from the legislation posted on the UDCA website. Dockets will be published in tournament invitations. Alternatively, the director may allow for a caucus period at a tournament for students to choose legislation and set their own docket, provided that the legislation selected by the students is also from the preapproved UDCA legislation.
8. Sponsorship speeches for legislation will follow priority. Any student may elect to give a sponsorship speech for any legislation.
9. Seating charts for houses will be set prior to each tournament. Seating charts will rotate for each session of debate as directed by NFL best practices.
10. An adult parliamentarian will be present in each house during debate. The parliamentarian will follow the job description for parliamentarians as outlined on the NFL website: Judge Guidelines – Congressional Debate (Parliamentarian).

Section *6:* ***Ballots***

Ballots will not be accepted with “oral critique” only written. Every ballot must have a warranted reason for decision stating, “I vote affirmative or negative because…”

Section 7:

For any rule not specified herein, see the Utah Debate Coaches Association Handbook.

Section 8: ***Contest Limitations***

Contest Limitations are 10 meets per individual for 3A, 4A & 5A; 8 meets per individual for 1A & 2A.

A. Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, at least one of whom is not a member of the school’s own student body or the school sponsored program, counts toward the contest limitation.

B. Tournament: Competition among four or more schools.
C. The contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore, freshman, novice). State and qualifying region, NCFL and NFL national qualifying tournaments do not count in the contest limitation total.
D. An individual who violates the contest limit is ineligible to compete at the Region or State Tournaments.

Article IV – Electronic Devices

Section 1: ***Events in Which Computer Use is Allowed***

No electronic devices will be allowed in any competition with the following exception: The use of computers within the guidelines stated in Section 2 is allowed at region and state tournaments in the following events:

Extemporaneous Speaking
Lincoln-Douglas Debate
Policy Debate
Public Forum Debate
Student Congress

Section 2: ***General Rules***

A. Computers equipped with removable wireless cards must have the cards removed before the beginning of any round of competition. It is the responsibility of the contestant to disengage the equipment.
B. Computers with built-in wireless capability may be used only if the wireless capability is disabled. It is the responsibility of the contestant to disable the equipment.
C. Wired connections (Ethernet or phone) during rounds of competition are not permitted.
D. Computers or other electronic devices may not be used to receive information from any source (coaches or assistants included) inside or outside of the room in which the competition occurs. Internet access, use of e-mail, instant messaging, or other means of receiving information from sources inside or outside of the competition room are prohibited. (This does not prohibit non-electronic communication between debate partners during prep time if applicable.)
E. **Penalty:** Contestants found to have violated provisions A through C above will forfeit the round of competition. Contestants found to have violated provision D (above) will be disqualified from the tournament and will forfeit all rounds.
F. **Availability of Evidence:** Contestants electing to use computers have the responsibility to provide promptly a copy of any evidence read in a speech for inspection by the judge or opponent. Printers may be used. Evidence may be printed in the round or produced electronically, but must be provided in a format readable by the opposing team and the judge.
G. Contestants electing to use computers are responsible for providing their own computers, batteries, extension cords, and all other necessary accessories. Tournament hosts will not be responsible for providing computers, printers, software, paper, or extension cords for contestants.
H. Because public speaking decorum remains an important element of competition, all contestants are expected to stand at the front of the room and face the judge while speaking.
I. Contestants choosing to use a computer and related equipment accept the risk of equipment failure. Judges and/or contest directors will give no special consideration or accommodation, including no additional speech time or prep time, should equipment failure occur.
J. By choosing to use laptop computers in the round, contestants are consenting to give tournament officials the right to search their files. Contestants who do not wish to consent should not use computers in the round.

CHAPTER II – Region Tournaments

Article I – Guidelines

Section 1: ***Region Representative Responsibility***

It is the responsibility of each region representative to:

Conduct the region tournament.

A. Be in charge of seeing that each region has a place to host the region tournament, and that all necessary schedules and judges are secure.
B. Make sure that each coach in his/her region has a complete set of established guidelines, times and location for the meet and thorough understanding for judges' qualification well in advance of the starting time of the meet.
C. Submit results to the UHSAA office and the State Tournament Directors by the deadline listed on the UHSAA Calendar or within five (5) days of completion of the region tournament, whichever is sooner.
D. Request and secure region awards including the team trophy from their region's Board of Managers.
E. Secure Congress judges.

Section 2: ***Appeals***
In matters that involve appeals, the region representative should bring all unsettled matters to the UDCA Executive Committee. The UDCA Executive Committee will determine if the issue merits a UDCA Judicial Meeting or if the Region Board of Managers (principals) should address the issue.

Section 3: ***Selection of State Qualifiers***
The procedure for selecting qualifiers to the state tournament must be defined before the meet begins. Each school shall send to the state tournament the allotment as prescribed in the current edition of the UHSAA Handbook.

Section 4: ***Participant Eligibility***
All participants must meet eligibility requirements as specified in the By-Laws of the UHSAA.

Section 5: ***State Qualifiers Requirements***
Participants nominated by their region to participate in state forensic meets shall not be so nominated unless they have actually participated and qualified through the region meet.

Section 6: ***Requirement to Participate at Region to Qualify for State***
Students must participate in events at region to qualify for state. Students participating with a partner qualify as one entry. Once a partnership qualifies for the state meet, neither may be replaced and maintain the qualification for the state meet. Students must compete with a partner where appropriate (i.e., no "mavericks").

Section 7: ***Publication of Results***
The results of an event should not be made public until the event is completed. It is unethical for coaches or anyone else to divulge the results of a round until the entire event is completed at a region meet.

Section 8: ***Rules to be Followed***
The region tournament is to follow exclusively the rules for each event including the timing and eligibility of all materials to be used in speech areas. Rules regarding events can be found in this handbook.

Section 9: ***Awards***
Awards should be given to schools or participants as determined by the Region Board of Managers.

Section 10: ***Recording Not Allowed***
No video or audio recording of any kind shall be permitted in the region meet.

Section 11: ***Correction of Clerical Errors***
Clerical scoring errors may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest to the UHSAA within that time period. After that time results will stand.

Section 12: ***Region Rules to be Filed with UHSAA***
All regions must have on file, at the UHSAA offices, a printed copy of their region tournament rules. These rules must follow UHSAA and Utah Debate Coaches Association guidelines.

Article II – Region Meets

Section 1: ***1A State Qualification Limits***
In 1A regions, no school may qualify more than 22 participants for the state forensic tournament. The allocation must not exceed 3 in each of the following: Spontaneous Argumentation, Student Congress, Original Oratory, Impromptu, Extemporaneous Speaking, and Lincoln-Douglas Debate. In Public Forum, 1A schools are allowed 2 entries. The only exception is when a school uses the "substitution rule." (Ch. 3, Art. 1. Sect. 17).

Section 2: ***2A State Qualification Limits***
In 2A regions, no school may qualify more than 24 participants for the state forensic tournament. The allocation must not exceed 3 in each of the following: Spontaneous Argumentation, Student Congress, Original Oratory, Impromptu, Extemporaneous Speaking, and Lincoln-Douglas Debate. In Public Forum, 2A schools are allowed 3 entries. The only exception is when a school uses the "substitution rule." (Ch. 3, Art. 1. Sect. 17).

Section 3: ***1A State Qualification***

In 1A regions, all qualifiers must obtain a 2-2, 3-1, or 4-0 record in Lincoln-Douglas Debate, Public Forum, and Spontaneous Argumentation. Debate participants will compete in four rounds. Individual events (Original Oratory, Extemporaneous and Impromptu speaking) participants will compete in three rounds. Individual events will be paneled according to National Forensics League guidelines. In order to qualify for State competition in Individual Events a cumulative score in rankings of between three and eight must be earned. The top half of all Congress competitors qualify after results have been quartiled.

Section 4: ***2A State Qualification***

In 2A regions, all schools in the region shall be rank ordered based upon sweepstakes points at the region tournament. The top 50 percent will qualify a full slate (Full Slate is defined as all 24 participants allowed per the event limits described in Section 2). Regions with an uneven number should round up to determine the top 50 percent. These schools should list alternates in each event. Alternates will be allowed to compete only in the events they entered at region meet. All individuals or debate teams finishing in the top ten (or top 50 percent whichever is greater in their event) at the region tournament will qualify for the state meet, unless the school exceeds the limitations set forth above.

Section 5: ***3A/4A/5A State Qualification Limits***
In 3A, 4A and 5A regions, no school may qualify more than 25 participants for the state forensic tournament. The allocation may not exceed 3 policy teams, 3 Lincoln-Douglas debaters, 3 public forum teams, 2 student congress participants, 2 original oratory participants, 2 impromptu speaking participants, 2 national extemporaneous speaking participants and 2 foreign extemporaneous speaking participants. The only exception is when a school uses the "substitution rule." (Ch. 3, Art. 1. Sect. 17).

Section 6: ***3A/4A/5A State Qualification***
In 3A, 4A and 5A regions, all schools in the region shall be rank ordered based upon sweepstakes points at the region tournament. The top 50 percent will qualify a full slate (Full Slate is defined as all 25 participants allowed per the event limits described in *Section 6)*. Regions with an uneven number should round up to determine the top 50%. These schools should list alternates in each event. Alternates will be allowed to compete only in the events they entered at region meet. All individuals or debate teams finishing in the top ten in their event at the region tournament will qualify for the state meet, unless the school exceeds the limitations set forth above. In debate events, qualifiers must have a 50-50% (win-loss) record. There may not be alternates for these individuals.

Section 7: ***Region Entry Recommendations***
Regions may determine their own tournament methods, although significant region competition is strongly recommended. It is recommended that all 1A and 2A regions permit each school to bring a maximum of six contestants in individual events including spontaneous argumentation and student congress to the region meets. It is recommended that all 3A, 4A and 5A regions permit each school to bring a maximum of four participants in each Debate Event, and three Individual Events participants in each category to the region meets. Regions may choose to bring four from each school in Student Congress.

Section 8: ***Alternates and Substitution***
All alternates and substitutes must be cleared by the State Tournament Director prior to the beginning of the State Meet. An alternate must have been listed on official region results submitted to the UHSAA and must compete in only the event in which she or he is listed as an alternate. In placing the alternate the coach/advisor should contact his/her Region Representative as soon as the need for placing the alternate is known.

CHAPTER III – State Tournaments

Article I – General Instructions

Section 1: ***State Tournament Events***
The UHSAA State Tournament shall consist of the following events:

3A, 4A, 5A: Impromptu, Original Oratory, Foreign Extemporaneous, National Extemporaneous, Congress, Lincoln Douglas Debate, Public Forum Debate, Policy (CX) Debate

1A, 2A: Impromptu, Original Oratory, Extemporaneous, Congress, Spontaneous Argumentation (SPAR), Lincoln Douglas Debate, Public Forum Debate

Proposals for changes to the UHSAA State Tournament event lineup may only be introduced and voted on once every three years beginning with the 2015 Spring Coaches meeting.

Section 2: ***Qualification***
Any student participating in the State Tournament must have qualified through his or her school's regional meet.

Section 3: ***Individual Entry Limits***
3A, 4A, 5A: No student may participate in more than one event at the State Tournament. It is recommended that all regional meets be conducted on the same basis.

2A: Students may enter Lincoln Douglas, Public Forum, or Student Congress and one other individual event (including Spontaneous Argumentation) on both the regional and state levels.

1A: Students may enter Lincoln Douglas, Public Forum, or Spontaneous Argumentation Debate and one other individual event (including Student Congress) on both the regional and state levels.

Section 4: ***Missed Rounds***
Any participant at the State Forensic Tournament who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points.

Section 5: ***Judge Restrictions for Contestants***
Any student who knowingly allows himself or herself to be judged by any of the following individuals, without informing the meet directors, at any of the State Tournaments shall be disqualified and shall lose all sweepstakes points:

A. Any judge judging for his or her school.
B. Any alumnus from his or her school.
C. Any student teacher assigned to his/her school.
D. Any adult who has worked for his/her school in the past two years.
E. Any person who may be construed to have a bias for a participant.

Section 6: ***Judge Requirements***
All judges must be high school graduated and whenever possible, have some knowledge of debate or forensics events. It is also the responsibility of judges to make a good faith effort to comply with all expectations listed in Section 5.

Section 7: ***Judges' Codes***
All judges and participants should be assigned a code, which will identify conflicts of interest. In no way, however, should a participant be identified according to his or her school. All code letters should be kept throughout the State Tournament.

Section 8: ***Alternate Clearance***
All alternates participating in the state tournament must be cleared by the State Tournament Directors before the State Tournament begins.

Section 9: ***Late Drops***
Schools who drop contestants on the day of the state tournament without due cause will be fined $25 for each participant dropped.

Section 10: ***Ballots***
Only UDCA approved ballots may be used at state tournaments.

Section 11: ***Observers***
Observers will be permitted in all rounds of all events, the only exception is that a Lincoln-Douglas contestant and Public Forum teams in the B Panel cannot observe the A panel and the A Panel cannot observe the B panel. Contestants and judges have the right to limit observers. Violators will forfeit that round. Any observer flowing or disrupting a round will be ejected for the round and their affiliated contestants may be disqualified. Observers may not have laptops or any other electronic devices in the round.

Section 12: ***Recording Not Allowed***
No audio or video recording of any rounds is permissible in the State Speech and Debate Tournament.

Section 13: ***Awards***
Awards will be given as listed in the UHSAA Yearbook.

Section 14: ***Ballot Review***
Ballots will be sorted in the tab room and coaches will be allowed to review them at a specified time.

Section 15: ***Event Time Limits***
Time limits for events in the State Forensic Tournaments shall be strictly enforced.

Section 16: ***Time Limit to Appear for Rounds***
Contestants in each event must be in their assigned room and the round must begin within 15 minutes of the posted beginning time. A team or individual who fails to comply will forfeit that round and lose sweepstakes points.

Section 17: ***Schools to provide Judges***
Schools who fail to supply their allotted judges will be fined $100.00 per judge.

A. Schools are required to supply the following qualified judges:
    1. One judge for one to two debate teams
    2. Two judges for three debate teams
    3. One judge for one to four I.E. contestants
    4. Two judges for five to eight I.E. contestants
    5. One judge for one to three L.D. contestants
    6. One judge for one to three Public Forum teams
    7. A full slate is required to bring a *minimum* of six judges.
B. Each judge must be available for assignments one round beyond the elimination of all students from that school. All judges must be available for all rounds held prior to the awards assembly. Each school must have one L.D. judge, one Public Forum and one Policy judge with entries in L.D., Public Forum or Policy available for elimination rounds. Failure to abide these rules will result in a penalty fine of $25.
C. Region Reps are responsible for securing Congress judges.

Section 18: ***Entry Substitution***
If a school qualifies more competitors than the rules allow in a particular event, the coach may choose to bring the extra qualifier to replace a region entry.

A. Extras in one event can only be entered if all entries in that event qualified outright at the region tournament.

B. Under this rule a student may only be entered in an event in which they competed at the region tournament.
C. Non-existing entries may not be dropped to meet the limit overall (substitutions may only be made for slots filled at the region tournament).
D. Entry limits shall not be exceeded:
   1. The total number of entries per school shall not exceed 25 for 3A, 4A and 5A, nor shall it exceed 24 for 2A, nor 22 for 1A.
   2. A policy or public forum team counts as two entries for the purposes of substitution. Two individual entries would need to be dropped to enter an additional policy or public forum team. Dropping a policy or public forum team would allow two slots in events where students compete individually provided the event limit is not exceeded.
   3. No more than one extra entry per event may be made in the state tournament. (No more than four entries in individual or debate events shall be allowed in 1A and 2A. No more than three entries in individual events, nor more than four in debate events shall be allowed in 3A, 4A and 5A.)

Section 19: ***Tab Room***
The state tournament director will appoint two persons per task in the tab room. These people may include State Speech Committee members, classification representatives, region representatives, as well as any others appointed by the tournament director. Any coach will be allowed to view ballots and results as soon as they become available. A ballot review is required before final rounds are posted. The state tournament director will be open to any questions and/or comments.

Section *20:* ***Protest*** **Procedures**
A. Every coach should take the time to copy the UHSAA state rules for the competitors in every event to ensure that their students understand the rules and that they understand the violation of the rules could result in their disqualification.
B. Protests should be reported to the UHSAA representative, region representative or tournament director, who then reports the violation to the coach whose school is involved in the violation. All efforts should be made to determine the validity of the complaint. If the complaint is found to be valid, the individual receiving the protest reports to the state tournament committee (UHSAA or region representative or tournament director) without disclosing the school that was involved in the violation. The issue is discussed and a decision as to what action is by the majority of the committee.

Article II – Sweepstakes Points

Section 1: ***Quartiling***
All contestants (including disqualifications, drops, no shows, etc.) in each category shall be ranked in order of finish. The category shall then be divided into equal fourths. Odd numbers shall be placed in the highest fourth possible (one odd number shall be added to the first quarter; two odd numbers shall add one to each of the two highest quarters, etc.). The first quarter shall be 'Superiors', the second quarter shall be 'Excellents', the third quarter shall be 'Goods', and the final quarter shall be 'Fairs'.

Section 2: ***Sweepstakes Points***
Points are to be scored as follows for the State Forensic Tournaments:

Rating	CX and PF Debate	Other Events
Superior	10	5
Excellent	6	3
Good	2	1
Fair	0	0

Section 3: ***Quartile Breaks***
When quartiles do not break cleanly, adjustment will be made in the direction which least skews the quartile.

For example: If ten superiors are needed and the choice is between nine superiors or seventeen superiors, nine will be used since it more closely approximates the quartile. If the number is the same, regardless of direction, the greater number should be used.

Section 4: ***Individual Event Rankings***
Rankings in all Individual Events shall be based on cumulative ranks in preliminary rounds. Ties shall be broken by considering reciprocal ranks which gives preference to the speaker with the greatest number of 1s, greatest number of 2s and so on. Unavoidable ties shall increase the higher quartile by the number involved and decrease the lower quartile by the same number.

Section 5: ***Debate Event Rankings***
Rankings in Policy, Public Forum, Lincoln-Douglas, and Spontaneous Argumentation Debate shall be based on win-loss records in preliminary rounds. Ties shall not be broken on speaker points. Unavoidable ties shall increase the higher quartile by the number of teams involved and decrease the lower quartile by the same number.

Section 6: ***Sweepstakes Tie Breaking Procedure (for all classifications)***
If two schools tie for either 1st or 2nd place sweepstakes, the following tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Policy, Public Forum and Lincoln-Douglas Debate will be broken with 1 for wins and 3 for loss. Congress will quartile by judge. Only ties for 1st and 2nd place sweepstakes will be broken, all other sweepstakes ties will be listed and announced as ties.

Article III – 3A/4A/5A CX, PF, and LD Debate

Section 1: ***Resolutions***
The Policy Debate Resolution used at the State Tournament shall be the national topic/resolution for the current school year. The Lincoln-Douglas resolution used at the State Tournaments shall be the resolution designated by the National Speech & Debate Association or its successor organization for the month of March. The Public Forum resolution shall be that designated by the National Speech & Debate Association or its successor organization for the month of March.

Section 2: ***Maximum Allowable Entries***
The maximum number of entries for 3A, 4A, and 5A school is three (3) policy debate teams, three (3) contestants in Lincoln-Douglas, and 3 Public Forum teams, unless using the substitution rule (Ch. 3, Art. 1, Sect. 17).

Section 3: ***Contestant Codes***
All Debate teams, Public Forum teams, and Lincoln-Douglas contestants will be identified by numbers in such a way as to conceal the schools they represent.

A. Teams and contestants should in no way reveal their school identities to the judges or other coaches, unless they are a tournament official.
B. Teams and contestants should use both their first and last names for balloting.
C. An official listing of teams and contestants and their school will be provided after the completion of the State Forensic Tournament.

Section 4: ***Win-loss Records***
Win-loss Records of teams or contestants will not be made available to competitors during the state forensics tournament; however these records will be provided upon the completion of the state forensics tournament. Coaches may review the win-loss record of their teams during the Ballot Review process.

Section 5: ***Late Substitution***
Substitution of participants after the State Forensics Tournament has begun is illegal. Violators will be disqualified.

Section 6: ***Maintenance of Pairings***
Policy Debate teams, Public Forum Teams, and Lincoln-Douglas contestants must debate against the teams/individuals they are scheduled to meet and they must debate on the side of which they are scheduled. All

rounds must be fully complete in order to count for sweepstakes.

Section 7: ***Judge Requirements***

Judges in the Policy debate, Public Forum, and Lincoln-Douglas rounds must adhere to the following requirements in order to receive payment from the State Forensic Tournament:

A. Return ballots to the tabulation room within 15 minutes of the end of the round.
B. Never ask the teams which school they represent.
C. Mark the speaker points on the ballot
D. Confine all of their comments to the ballots and make no oral critiques.
E. Judges no contestant twice during the five preliminary rounds.
F. Make a good faith effort to comply with all expectations listed in Article I, Section 4 of this Chapter.

Section 8: ***3A/4A/5A Prelim. Rounds Pairing***

Whenever possible, pairing preliminary debate rounds for the 3A, 4A, and 5A State Forensic Tournament shall be as follows:

A. Each team shall debate one team each from the other Regions
B. No team shall meet two teams from the same Region in the first two rounds.
C. No team will debate the same school twice in the first two rounds, except when a region with more teams must meet a region with fewer teams.
D. No team shall debate a team from its own school.

Section 9: ***3A/4A/5A Rounds III, IV & V Pairing***

Pairing rounds III and IV and V for debate and Lincoln-Douglas for 3-A, 4-A, and 5-A States Forensic Tournaments shall be as follows:

A. In rounds III, IV and V, all measures will be used to guarantee each team or contestant a fair number of affirmative and negative rounds.
B. Round III shall be power matched (based on results of the first two rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
C. Round IV shall be power matched (based on results of the first 3 rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
D. Round V shall be power matched (based on results of the first 4 rounds), high-low, by placing teams or contestants with the highest speaker points against the teams or contestants with the lowest points and the same win-loss record.
E. These brackets will be broken if:
    1. A team or contestant is scheduled to meet another from its own school.
    2. A team or contestant meets a team, which it has met previously in the preliminary rounds.
F. When brackets are broken the next logical bracket shall be pulled up to fit the pairing from the middle of the lower bracket.

Section 10: ***3A/4A/5A Debate & L.D. Final Rounds***

After round 5, quarterfinals will be held unless either: (a) There is a clean break that would allow a partial octo round of 4 or fewer additional debaters to debate into quarterfinals for the 7 and 8 seeds (this should be done only if there are more than 30 original contestants in the event) or (b) quarterfinals will break more than 50% of the participants in that event. If this is the case, semi-finals will be held instead. Final Rounds for Debate and Lincoln-Douglas in the 3-A, 4-A, and 5-A State Forensic Tournaments shall be paired as follow:

A. Teams or contestants from this point shall be ranked 1 through 8. The ranking of the top eight teams (or contestants) advancing will be: first on the basis of win-loss record; and second on the basis of speaker points. These teams will be bracketed according to the following schematic. The bracket is not adjusted to avoid two teams (or contestants) from the same school meeting.

    1 seed vs. 8 seed
    5 seed vs. 4 seed

3 seed vs. 6 seed
2 seed vs. 7 seed

B. Team 1 shall be paired against team 8. Team 2 will be paired against team 7, and so on, setting up a quarterfinal bracket.
C. Winners of the quarterfinal rounds will debate each other in a semi-final round, following the quarterfinal bracketing, regardless of preliminary records. Semi-final winners will debate in a final round.
D. A panel of at least three judges shall be used in these rounds and they will receive additional payment.
E. Teams choosing not to debate elimination rounds are ineligible for state tournament awards unless the elimination participants are from the same school.
F. A first place will be awarded to the winner of the final round. The loser of the final round will be awarded second place. Both semi-final round losers will receive a third place award.
G. If participants from the same school are scheduled to debate themselves in elimination rounds, the coach of that school may either choose to have the round run normally with a panel of judges, or they may decide which team to advance without debating. Their decision to run the round must be announced to the tab-room within 10 minutes of the round being posted. If the coach decides to advance a team without debating, that team must be declared to the tab-room before the end of that elimination round (i.e. they may not wait to see the outcomes of the other debates).
H. If one school closes out the bracket such that no other debates can occur with different schools, those contestants will be considered co-champions.

Article IV – 3A/4A/5A Student Congress

Section 1: ***Number of Houses***
There shall be at least one house. If there are more than 25 contestants, there will be two houses of not less than 13 or larger than 25 members in each for the preliminary rounds. A final session will be held if there are two houses.

Section 2: ***Entry Limit***
No school may bring more than two representatives to state student congress tournament, unless using the substitution rule (Ch. 3, Art. 1, Sect. 17).

Section 3: ***Legislation (3A, 4A, 5A)***
All legislation will be chosen selected from the current UDCA docket by the tournament director and region representatives with suggestions from coaches of students who are participating in the state congress tournament. The tournament docket will be published up to two weeks in advance of the state tournament.

Section 4: ***Operation***
The operation of the State Student Congress shall be as follows:
A. The Tournament Director of each state tournament shall appoint an adult supervisor for each house.
B. The schedule of the State Student Congress shall be arranged to provide each house with two, two and a half-hour sessions of debate.
C. Student Congress shall follow NFL rules.
D. In each house, the legislators shall elect student presiding officers who preside for one hour each.
E. Each speaker shall be limited to 5 speeches for the preliminary session. Priority will be reset if there is a final session. Serving as chair counts as one speech.
F. At the close of the student congress, the scorekeeper shall rank the senators in the session (including the presiding officers) 1 through 15.
G. Congress will be tabulated cumulatively. Students advancing to the final session, if needed, will have all sessions counted in their ranking to determine the finish order.
H. To determine sweepstakes points, the points of all scorekeepers shall be totaled; and then the top ¼ shall be rated superior, the next ¼ excellent, the next ¼ good, and the remainder (in other words the next ¼) fair. Sweepstakes points are based on preliminary session scores only.

Article V – 3A/4A/5A Individual Events

Section 1: ***Entry Limits***
No school may enter more than two participants in any one individual event, unless using the participant substitution rule (Ch. 3, Art. 1, Sect. 17). No student may be double entered.

Section 2: ***Events***
In the 3A, 4A & 5A state forensic tournaments competition will take place in the following events:
A. Original Oratory
B. Impromptu Speaking
C. National Extemporaneous Speaking
D. International Extemporaneous Speaking

Section 3: ***Number of Preliminary Rounds***
There shall be four preliminary rounds for each individual event.

Section 4: ***Pairing***
Pairing should meet the following objectives.
A. There should be at least five students in a section. There may be no more than seven students in a section.
B. The student's speaking order should vary from round to round.
C. No student should be judged by the same person more than once in prelims.

Section 5: ***Set Up***
The following preliminary steps should be followed.
A. All individual events contestants will be identified by numbers in such a way as to conceal the schools they represent.
B. Determine the number of sections consistent with the objective of no more than seven contestants per section and at least five in each section.

Section 6: ***Recording Results***
Results, ranks, ratings and the school of each speaker are to be recorded on a chart listing each contestant's code and school. Contestants shall be ranked 1,2,3,4,5,6,7 in all rounds. Tied rankings are not permitted. Ranks must be truncated to the size of the smallest section in tabulation.

Section 7: ***Final Rounds***
Final rounds at the state tournaments will be determined in the following manner:
A. The best 6 participants or the cleanest break closest to 6 will advance to the final rounds.
B. These students shall be selected from the lowest total ranks of all judges used in the preliminary rounds.
C. Ties for the final round shall be broken in the following manner:
    1. Reciprocal ranks, which gives preference to the speaker with the greatest number of 1s, greatest number of 2s, and so on
    2. Drop highest and lowest rankings
D. Determine speaker position, rank order the six final contestants based upon total accumulated ranks from the preliminary rounds. Speaker position shall be determined based upon the following formula:
    1. 6th speaker with the highest accumulated rank.
    2. 5th speaker with the fifth lowest accumulated rank.
    3. 4th speaker with the fourth lowest accumulated rank
    4. 3rd speaker with the third lowest accumulated rank
    5. 2nd speaker with the second lowest accumulated rank
    6. 1st speaker with the lowest accumulated rank.
E. Three-judge panels shall be used in all final rounds.
F. Final round results will be based upon all preliminary round scores plus each of the three final round ballots, except in original oratory, where only the final round ballots will count.
G. Ties in the final round shall be broken according to the final criteria in rank order.
    1. Lowest cumulative score from the final round judges.

2. Judge's preference in the final round.
3. Use of preliminary scores as noted in section 7c.

Article VI – 1A/2A Debate Events: Public Forum, Lincoln Douglas, Spontaneous Argumentation

Section 1: ***General Rules***
1A and 2A schools will compete in separate tournaments. The general rules for the 3A, 4A, and 5A tournaments shall be followed except as noted in this article.

Section 2: ***Resolutions***
The Lincoln Douglas resolution and the Public Forum resolution used at the 1A and 2A State Forensics Tournament will be the resolution designated by the National Forensic League for the months of March.

Section 3: ***Preliminary Rounds***
The preliminary rounds of Lincoln Douglas, Public Forum, and SPAR at the State 1A and 2A Tournaments shall meet the following requirements:

A. All rounds shall begin promptly fifteen minutes after the official postings.
B. Debaters are required to debate against the opponent they are posted to debate on the side they are posted to debate.
C. Debaters will be identified by number in such a way as not to reveal the identity of the school they represent.
    1. Teams in no way should reveal the school they represent.
    2. An official listing of schools and teams will be provided at the conclusion of the State Tournament.
D. Win-Loss records of schools, squads or teams will be made available upon completion of the State Tournament.
E. There will be four preliminary rounds.
    1. 1A: The first round will be randomly paired outside of region, unless the total number of entries is too small to allow outside of region pairings.
       2A: The first two rounds will be randomly paired outside of region, unless the total number of entries is too small to allow outside of region pairings.
    2. Each debater shall uphold one affirmative and one negative whenever possible.
    3. No debater shall meet another school more than once unless the small number of entries and/or random drawing of byes make this unavoidable.
    4. 1A: In round three, each debater/partnership is an independent unit, and shall be paired and assigned sides based upon its own record.
       2A: Debaters from the same school shall not be paired.
    5. 1A only: Debaters that have met previously should not meet again unless made necessary by the terms of paragraph E (3) above.
    6. 1A only: Debaters from the same school shall not be paired unless they are the only undefeated debaters remaining.
    7. Advanced rounds shall be paired as follows.
        a. Round 3 shall be paired from the records of rounds 1 and 2.
        b. Round 4 shall be paired from the record of all preliminary rounds.
    8. Following round 4, quarterfinals will be held unless either: (a) There is a clean break that would allow a partial octo round of 4 or fewer additional debaters to debate into quarterfinals for the 7 and 8 seeds (this should be done only if there are more than 30 original contestants in the event) or (b) quarterfinals will break more than 50% of the participants in that event. If this is the case, semi-finals will be held instead. In any 1A debate event with 10 or fewer entries the event may break immediately to a final if outcomes permit. Final Rounds for Public Forum, Lincoln Douglas and SPAR in the 1A, and 2A State Forensic Tournaments shall be paired as follow:
        a. Teams or contestants shall be seeded. Seeding will be determined: first on the basis of win-loss record; and second on the basis of speaker points. Bracketing will be as follows. Brackets will not

be adjusted to avoid the same school meeting.

Break to Semi-Final	Break to Quarter-Final
1 seed vs. 4 seed	1 seed vs. 8 seed
2 seed vs. 3 seed	5 seed vs. 4 seed
	3 seed vs. 6 seed
	2 seed vs. 7 seed

b. Winners of the quarterfinal rounds will debate each other in a semi-final round, following the quarterfinal bracketing, regardless of preliminary records. Semi-final winners will debate in a final round.
c. A panel of at least three judges shall be used in these rounds and they will receive additional payment.
d. Teams choosing not to debate elimination rounds are ineligible for state tournament awards unless the elimination participants are from the same school.
e. A first place will be awarded to the winner of the final round. The loser of the final round will be awarded second place. Both semi-final round losers will receive a third place award.
f. If participants from the same school are scheduled to debate themselves in elimination rounds, the coach of that school may either choose to have the round run normally with a panel of judges, or they may decide which team to advance without debating. Their decision to run the round must be announced to the tab-room within 10 minutes of the round being posted. If the coach decides to advance a team without debating, that team must be declared to the tab-room before the end of that elimination round (i.e. they may not wait to see the outcomes of the other debates).
g. If one school closes out the bracket such that no other debates can occur with different schools, those contestants will be considered co-champions.

9. Awards: The winner of the final round will be champion, the other final participant will be second and the non-winning semi-final participants will be tied for third.
10. When byes are necessary, they will be placed in the lowest possible bracket of the power matching.

Article VII – 1A/2A Student Congress

Section 1: ***General Rules***
The general rules for the 3A, 4A, and 5A tournaments shall be followed except as noted in this article.

Section 2: ***Houses***
1A: All congress participants will be separated into houses of no more than forty.
2A: There shall be at least one house. There shall be more than one house if there are more than 22 contestants. In the case of multiple houses, no house shall have fewer than 11 members nor more than 22. If more than one house is used there shall be a final session.

Section 3: ***Seating***
Congress participants shall be pre-seated according to a randomly placed seating chart as the contestants face the chair or front of the chamber. The parliamentarian will seat the participants according to the chart provided. The chart will be reversed for the second session.

Section 4: ***Number and Length of Sessions***
There will be two, two and a half-hour sessions.

Section 5: ***Parliamentarian and Scorekeepers***
There will be an adult parliamentarian and two adult scorekeepers. Scorekeepers will change each session.

A. The parliamentarian is to supervise each chamber, to preside in the event a student officer becomes too deeply involved in parliamentary rules, to correct errors in procedure, and to forbid the suspension of these state rules.
B. The parliamentarian will sit near the front of the room and will time the speeches.
C. The parliamentarian will mark the speaking order or verify that someone who desires to speak or has not spoken before or who has fewer speeches has precedence over someone who has spoken or has spoken

more often.

D. The scorekeeper will mark a chart in the same manner and will mark the ballots with rankings and ratings.

Section 6: ***Legislation (1A, 2A)***

All legislation will be chosen selected from the current UDCA docket by the tournament director and region representatives with suggestions from coaches of students who are participating in the state congress tournament. The tournament docket will be published up to two weeks in advance of the state tournament.

Section 7: ***Final Rankings***

Final rankings will be based upon the combined scoring of ratings and rankings from the two rounds. A subjective numbering percentage shall also be given on each ballot in order to break possible ties if ratings and rankings are equal. Total rankings shall take precedence, with ratings next. Percentage totals will break final ties.

Section 8: ***Final Ratings***

For final rating, the congress will be quartered with the top quartile receiving a "superior," 2nd an "excellent," 3rd quartile a "good," and the bottom quartile a "fair." If there is an odd number in the quartile, the odd competitor shall be moved up one quartile.

Article VIII – 1A/2A Individual Events

Section 1: ***General Rules***

The general rules for the 3A, 4A, and 5A tournaments shall be followed except as noted in this article.

Section 2: ***Preliminary Rounds***

A. Competitors shall compete in three preliminary rounds and a final round for finalists.
B. If the number of qualifiers makes it possible, competitors from the same school shall not be paired in the same rounds with each other in the first two rounds.
C. All preliminary rounds are pre-set. If an event has more than one panel, participants should be in different panels in each round as far as possible.
D. Ratings at the region tournaments are not to be considered for seeding in any of the rounds at the state tournament.
E. Each competitor will receive a different speaking position each round, if possible.

Section 3: ***Final Rounds***

A. The final round is set with top contestants from the preliminary rounds.
B. There shall be three or more judges in final round competition.
C. The best 6 participants or the cleanest break closest to 6 will advance to the final rounds.
D. In the final round, previous speaking total rankings will indicate placement as follows:
    1. 6th speaker, highest accumulated rank.
    2. 5th speaker, fifth lowest accumulated rank.
    3. 4th speaker, forth lowest accumulated rank.
    4. 3rd speaker, third lowest accumulated rank.
    5. 2nd speaker, second lowest accumulated rank.
    6. 1st speaker, lowest accumulated rank.

Section 4: ***Ranking***

Contestants shall be ranked 1,2,3,4,5,5,5 in all rounds.

Section 5: ***Final Rankings***

Final rankings will be based upon all preliminary round scores plus each of the three final round ballots, except in original oratory, where only the final round ballots will count. If a tie still exists, high and low judge evaluations will be dropped and the scores adjusted for finalists.

Section 6: ***Final Ratings***

Final ratings are awarded on performance of the first three rounds by quartiling.

CHAPTER IV – Event Specific Rules

Article I – Extemporaneous Speaking

Section 1: ***Timing Rules***

A. The time limit is 7 minutes maximum with 30 minutes preparation.

B. The beginning of an extemporaneous round will be designated by the start of the draw for the first speaker. Once the draw has started, students will not be allowed to use the internet or cell phones. Any student found in violation will forfeit the round or become disqualified from the tournament (Ch.1, Art. IV, Section E). The round is over for each speaker once they have spoken. Cell phone use and internet are only prohibited during rounds.

Section 2: ***General Rules***

A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
B. Outside coaching in the preparation room is absolutely forbidden.

Article II – Impromptu Speaking

Section 1: ***Timing Rules***

The time limit shall be 7 minutes maximum (the speaker will determine the division of this time between preparation and speaking.

Section 2: ***General Rules***

A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
B. The participant will be asked to speak on a topic that will reflect his or her general knowledge in the following areas: one round of one-word-abstracts, one round of social value questions, and one round famous quotations.

Article III – Oratory

Section 1: ***Timing Rules***

The time limit is to be 7 minutes minimum and 10 minutes maximum. A grace period will be allowed where the oratory will not be penalized for either going 15 seconds over time or 15 seconds under time.

Section 2: ***General Rules***

A. No notes or visual aids may be used during the actual speaking time. Use of notes or visual aids will result in the student being ranked last in the round.
B. The oratory must be the original work of the participant and should reflect subjects which are timely and significant to our society.
C. Not more than ten percent of the material shall be quoted or paraphrased. Original oratories which have been largely paraphrased from previous oratories are ineligible. Also those which have been used in any competition during the previous school year (prior to June 10) are ineligible.
D. All qualifiers to the State Meet must have submitted a copy of their original oratory one week in advance to the state forensic representative. This copy should be typewritten and double spaced. All quoted materials should be so specified with an appropriate bibliography attached.

Article IV – Spontaneous Argumentation (SPAR)

Section 1: ***Timing Rules***

1 min. Prep
2 min. Affirmative Constructive
2 min. Negative Constructive
3 min. Cross Examination
1 min. Affirmative Rebuttal
1 min. Negative Rebuttal

Section 2: ***General Rules***
SPAR at region and state tournaments for 1A, 2A and 3A will be assigned sides, with an equal number of Affirmative and Negative for each competitor. One topic will be given to the competitors by the judges, with the preparation time starting with the announcement of the topic. A judge will decide a winner and will assign speaker points. SPAR will be recorded as a debate event.

Article V – Lincoln-Douglas Debate

Section 1. ***Description****:*
Lincoln Douglas debate is an event in which a student competes against another student to discuss affirmative and negative arguments of value. Topics center around the question of what ought to be instead of what is. For example, many topics invoke concepts like justice, morality, and duty. The Lincoln-Douglas debater learns value analysis, research skills, logical argumentation, political theory and philosophy, techniques for asking and answering questions, effective note taking, and oral presentation skills.

Section 2. ***Resolution:***
Topics used in this area will be the same as topics designated by the National Forensic League. The November/December topic is announced in The Rostrum on October 1, the January/February topic is announced on December 1, and the March/April topic is announced on February 1. Schools not belonging to the NFL may contact the State Forensics Representative for the official topic. The State Tournament will use the March/April topic. The UDCA strongly encourages Region Tournaments to use the State Tournament topic.

Section 3. ***Order of Speeches:***
Each debater must give one constructive speech, one period of questioning, one period of answering, and one rebuttal speech, in the following order:

Affirmative Constructive: 6 Minutes
Negative Cross Examination: 3 Minutes
Negative Constructive: 7 Minutes
Affirmative Cross Examination: 3 Minutes
Affirmative Rebuttal: 4 Minutes
Negative Rebuttal: 6 Minutes
Affirmative Rebuttal: 3 Minutes
Prep Time: 4 Minutes per debater

Section 4. ***Explanation:***
Only two speakers are involved, one fulfilling the affirmative responsibilities and the other negative. Emphasis is placed upon the issues involved rather than upon strategy in developing the case. Because of time limits, a wealth of evidence cannot be used, but research supported by good background reading is necessary. Debaters are encouraged to develop argumentation based upon a values perspective. A value is an ideal held by individuals, societies, governments, etc. The debate should focus on logical reasoning to support a general principle instead of particular plans and counter-plans. Debaters may offer generalized, practical examples or solutions to illustrate how the general principle could guide decisions.

Article VI – Public Forum (PF) Debate

Section 1. ***Description:***
Public Forum Debate is audience friendly debate. Two pairs (teams) debate monthly controversial topics ripped from newspaper headlines. Rounds begin with a coin toss between the competing teams to determine side and order (Pro-Con or Con-Pro). Public Forum tests skills in argumentation, cross-examination, and refutation. PF focuses on advocacy of a position derived from the issues presented in the resolution, not a prescribed set of burdens.

Section 2. ***Resolution:***
Topics used in this area will be the same as topics designated by the National Forensic League. The February topic is announced on January 1, and the March topic is announced on February 1. Schools not belonging to the

NFL may contact the State Forensics Representative for the official topic. The State Tournament will use the March topic. The UDCA strongly encourages Region Tournaments to use the State Tournament topic.

Section 3. ***Order of Speeches:***
Prior to EVERY round and in the presence of the judge(s), a coin is tossed by one team and called by the other team. The team that wins the flip may choose one of two options: EITHER the SIDE of the topic they wish to defend (pro or con) OR the SPEAKING POSITION they wish to have (begin the debate or end the debate). The remaining option (SIDE OR SPEAKING POSITION) is the choice of the team that loses the flip. Once speaking positions and sides have been determined, the debate begins (the con team may lead, depending on the coin flip results).

First Speaker - Team A 4 Minutes
First Speaker -Team B 4 Minutes
Crossfire (first question by speaker Al) 3 Minutes
Second Speaker -Team A 4 Minutes
Second Speaker -Team B 4 Minutes
Crossfire (first question by A2) 3 Minutes
Summary - First Speaker - Team A 2 Minutes
Summary - First Speaker - Team B 2 Minutes
Grand Crossfire 3 Minutes
Final Focus - Second Speaker - Team A 2 Minutes
Final Focus - Second Speaker - Team B 2 Minutes
Prep Time 2 Minutes per team

Article VI I– Policy (CX) Debate

Section 1: ***Description:***
Debaters work in pairs (teams) to address the school year's topic, either from the affirmative side (to propose a plan to solve a problem with the topic), or the negative side (to prove how the affirmative's plan is flawed). Argumentation includes a constructive case, cross examination, and refutation. Skills learned include research, policy analysis, case building, refutation, questioning, organization and communication.

Section 2: ***Resolution:***
The resolution will be one requiring a policy judgment. The National Federation of State High School Associations (NFHS) determines it annually.

2013-2014 Proposed Resolution:

Resolved: The United States federal government should substantially increase its economic engagement toward Cuba, Mexico, or Venezuela.

Section *4:* ***Novice limitations:*** See Ch. 1. Art. III Sec. 4

Section 3: ***Order of Speeches:***
Each debater must give one and only one constructive speech, one period of questioning, one period of answering, and one rebuttal speech, in the following order:

Affirmative Constructive Speech: 8 minutes
Negative Cross Examines Affirmative: 3 minutes
Negative Constructive Speech: 8 minutes
Affirmative Cross Examines Negative: 3 minutes
Affirmative Constructive Speech: 8 minutes
Negative Cross Examines Affirmative: 3 minutes
Negative Constructive Speech: 8 minutes
Affirmative Cross Examines Negative: 3 minutes
Negative Rebuttal: 5 minutes
Affirmative Rebuttal: 5 minutes
Negative Rebuttal: 5 minutes
Affirmative Rebuttal: 5 minutes
Prep Time: 5 minutes per team

Section 4: ***Explanation:***
Debate is a persuasive event where opposing speakers present arguments for and against a predetermined resolution and strive to influence people to adopt or reject the proposed plan of action. Debate is essentially an intellectual pursuit, resulting in the growth of the thought process. The affirmative has the burden of proof in that they must support an assigned resolution through a case and plan which serve as an example. The negative team must clash through any of several approaches, including but not limited to: direct clash, plan meet need or advantage, disadvantages, counterplans, critiques, or any combination of debating paradigms. Complete examination of debate is impossible to summarize in a few paragraphs for this manual. It is recommended that a coach or student seriously wishing to understand this event consult a debate textbook or attend one of any number if summer workshops offered on this subject.

Article VII – Rules of Evidence

Section 1: ***Responsibilities of Contestants Reading Evidence:***
A. The contestant is responsible for the validity of all evidence they read in the debate.
B. In all rounds of LD and Public Forum Debate, debaters should, at a minimum, orally deliver title of the source and the author's name. In Policy Debate, all debaters shall orally deliver the name of the author or title of source (E.G. title of book, not chapter; title of journal, not article), and complete date.
C. In all rounds of debate, complete citations for each piece of evidence introduced in the round must be available in the round. Written citations must include name of the author, qualifications, complete title of source (E.G. title of book, not chapter; title of journal, not article), and complete date.

Section 2: ***Responsibilities of Those Challenging Evidence:***
A. Indictments or protests of the validity of evidence must be made on substantive grounds and in a timely manner.
B. A challenger must have either the original source or a mechanical copy of the source being cited, or
C. A challenger must demonstrate that a reasonable search has not been able to locate the source -- mechanical copies of relevant pages in Books in Print, etc.

Section 3: ***Definitions of Non-existent Evidence or Evidence Which Seriously Distorts the Intention of the Original Source:***
A. Serious distortion exists when the evidence itself contains added or deleted word(s) which do not clarify but in fact change the position of the author with respect to the issues in question.
B. Non-existent evidence means that a reasonable search is unable to produce the original source and/or the debater reading the evidence is unable to provide the original source or a mechanical copy of the relevant pages. The evidence cited is not located in the original source cited.

Section *4:* ***Penalties for Non-existent Evidence or Evidence Which Seriously Distorts the Intention of the Original Source:***
A. If an evidence violation is presented where a debater is found to have committed a “serious distortion” or to have used “non-existent evidence”, at the conclusion of due process, the offending debater(s) may be disqualified from the tournament. Depending on the severity, an offense will result in notification of said offense to their high school administration.

Chapter V – Tournament Director and Region Representatives

Article I. Tournament Committee Responsibilities

Section *1:* ***Committee Members***
Tournament Committee members shall include the tournament director(s) and each of the region representatives and the UHSAA representative.

Section *2*: ***Committee Member Decision-Making Not Covered within the Rules***

The Tournament Director(s), in consultation with the Region Representatives and UHSAA representative, has the authority to rule promptly and in the spirit of good sportsmanship on any situation not specifically covered in the rules.

For additional debate resources please visit www.utahdebatecoaches.org

THEATRE Rules & Regulations

I. GENERAL GUIDELINES:

1. No student may participate in more than one individual event at the state theatre meet. It is recommended that all region events be conducted on the same basis.
2. Any contestant who misses a round or session of an event in the state theatre meet will not be eligible for a final rating or ranking.
3. There may not be an entry fee of more than $3.50 per student per day for any meet. A maximum of $15.00 school entry fee per day may be charged for invitational meets if deemed necessary by the host school. Any exceptions must be approved by the executive committee of the UHSAA.
4. Regarding sanctioning of meets involving more than 4 schools, please refer to article VII of the UHSAA by-laws and section 15 of the Interpretations/ Guidelines portion of the UHSAA Handbook.
5. There will be no entry fee charged at state meets.
6. A contract is formed when participant entries are submitted to the state meet director and each "no-show" entry will be fined $25.00. Invitational meets may also levy a $25.00 fine for each "no-show" entry at UHSAA sanctioned events.
7. Students must participate in an event at region to qualify for the state theatre meet in that event.
8. All participants must meet eligibility requirements as specified in the by-laws of UHSAA. Any entry that uses post-high school participants or children below high school age will be disqualified.
9. Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
10. All regions must have on file at the UHSAA offices a current printed copy of their region meet rules. These rules must follow UHSAA guidelines.
11. Regions must submit results to the UHSAA office and the state meet director by the deadline listed on the UHSAA calendar or within five days of the conclusion of the region meet, whichever is sooner.
12. Entries at state and region meets
    a. Each school may enter no more than four entries in the following individual events:
       dramatic monologues, humorous monologues, pantomimes, contemporary scenes, classical scenes, and musical theatre.
    b. Each school may enter no more than one entry in the one-act play event.
    c. Students participating in the one-act play category may also be entered in an individual event at the state meet.
    d. No student may participate in more than one individual event (see item "a") at the state and region meets. The only exception is that 1A-2A schools may double-enter in the musical theatre event.
13. Replacement for one single actor (male or female) in a state one-act play: When one actor in a state-qualifying one-act play is not able to participate, a replacement for that actor with another eligible actor from the school's region team is permissible. The eligible replacement actor must:
    a. Meet state eligibility requirements;
    b. Have been submitted to the UHSAA on the original eligibility list PRIOR to the region meet;

c. Be reported to the region representative, classification representative, and meet director at least 24 hours prior to the performance of that piece at the state meet. Replacement actors for individual events are not allowed. If any member of an individual event becomes unavailable or ineligible to perform at the State Meet, the piece becomes disqualified.

14. The tab room at state meets must include the following personnel: classification representative, meet director, and the region representative from each region. Other teachers are allowed to be present if they so wish. This equal representation allows for all participating schools to be kept informed of changes, concerns, or problems with the students and/or the meet itself. The state meet director will appoint two persons per task in the tab room. These people may include classification representatives, region representatives, as well as any others appointed by the meet director. Any decision made during the state meet regarding interpretation and/or implementation of the rules set down by the Utah High School Activities Association should be made with a consensus of the members of the tab room as aforementioned. Any decision made that affects a school or student must be relayed to the individual school's coach before a decision may be implemented. Any coach will be allowed to view ballots and results as soon as they become available. The state meet director will be open to any questions and/or comments.
15. Each school participating in the state meet must qualify participants at a region meet following the rules and regulations outlined in the UHSAA Handbook and Yearbook.
16. A participant may not use a cutting from the same dramatic or humorous monologue, pantomime, contemporary or classical scene, musical theatre piece or one-act play which he or she used personally in any previous year. This ineligibility extends beyond the actual words used in the scene, monologue or play. If one portion of an author's work has been used by a participant or participants, that entire single work is ineligible for the rest of that participant's or participants' high school career. This ruling applies to the participant or participants only, and not to the school as a whole.
17. **Administrative Awareness & Play Royalties: Form 22** - All performance material for both individual events and plays must be approved by individual school principals who must sign Form 22. Form 22 must be submitted to the region and classification representatives at the same time as the royalty verification. This form is available on the forms page of the UHSAA website. Schools which fail to submit Form 22 may be subject to penalties imposed by the UHSAA.
18. The meet director will be required to put a disclaimer in the one act play programs for appropriate material content. This disclaimer should also be posted in individual event competition areas.
19. If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. In other words, don't announce who won the one-act competition until you can announce who won sweepstakes, for example.
20. All participating schools must use the same entry form to submit individual events and play information to their region representatives. Region representatives must use the same form to submit region information to the state representative.
21. Requests must be made in writing and presented to the coach's classification representative prior to their January meeting. At this meeting the classification and state drama representatives will decide by consensus which initiatives will appear on a statewide ballot. Results will then be recommended to the UHSAA theatre committee who in turn will make recommendations to the executive committee. No changes will be considered until rule change proposals for the 2015-16 school year.

II. INDIVIDUAL EVENTS:

1. State meets in all classifications will feature performances in the following individual events:
    a. Classical scenes from plays
    b. Contemporary scenes from plays
    c. Humorous monologues
    d. Dramatic monologues
    e. Pantomimes
    f. Musical theatre
2. **Classical Scenes From Plays** – Classical scenes from plays may involve 2 or 3 participants. The time limit for classical scenes from plays is 3 to 6 minutes. Classical scenes are to be taken from plays published prior to 1900. Adaptations published after 1900 will not qualify (for example, Jean Anouilh's *Antigone*). Direct translations from the original text are allowed. Vaudeville, television or student written skits and sketches are not considered plays. Hand properties, costuming, etc. may be used but are not required. Scenic backgrounds and large props should not be used. Scenes must be memorized and full attention given to characterization with special emphasis on the interaction between characters. If any narration is used, it must be included in the time limit. If a piece of material is in question of meeting requirements, it must be brought to the classification representative for a ruling before the region meet. All Classical Scenes must provide a Source Submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.
3. **Contemporary Scenes From Plays**- Contemporary scenes from plays may involve 2 or 3 participants. The time limit for contemporary scenes from plays is 3 to 6 minutes. Scenes must be taken from stage plays published after 1900. Vaudeville, television or student written skits and sketches are not considered plays. Hand properties, costuming, etc. may be used but are not required. Scenic backgrounds and large props should not be used. Scenes must be memorized and full attention given to characterization with special emphasis on the interaction between characters. If any narration is used, it must be included in the time limit. All Contemporary Scenes must provide a Source Submission (play title, author and publishing company) to the meet director (ie. Region or State Representative) before competing. This is to ensure that all scenes are from published plays.
4. **Humorous Monologues and Dramatic Monologues** - The time limits for humorous and dramatic monologues are to be 2 to 6 minutes. Properties, costuming, etc. maybe used but are not required. Scenic backgrounds should not be used. Monologues are one person taking the part or role of one character. The character speaks only one part, but can act or react as though other characters are present. All elements come through one character. A monologue can be from a published or an original work.
5. **Pantomimes** - The time limit for pantomimes is 3 to 6 minutes. A pantomime may have 1 or 2 participants. Each pantomime should develop a complete sequence or story. No properties shall be allowed. Only instrumental music may be used. If music is used, it must be pre-recorded. No live music or accompanists will be allowed. Performers who elect to use music must provide their own means of playing the recorded music. Each entry may have one person to run the music for them. With the exception of the exclamation "Oh" and "Ah", all mouthing of words is prohibited. Although participants may dress for ease of movement, costumes are prohibited. All pantomime performers should be dressed in all black. Mime makeup is not allowed. No furniture other than one chair, stool or block per participant may be used. Only the pantomime title should be spoken, no other verbal introductions will be allowed. Students are allowed to touch each other in pantomime.
6. **Musical Theatre** – The time limit for musical theatre is 2 to 6 minutes. One to four students may participate in a musical theater piece. Entrants must present only one song selection. Material must be drawn from published scripts written for the theater. Works from other forms

such as film, poetry, fiction, or standard popular song lyrics are not permitted. The performers may use pre-recorded, non-vocal music or live music, but must provide their own accompanist. No a cappella is permitted. Scene dialogue leading into a song is welcome but not required. Performers are required to provide their own equipment for playing recorded accompaniment. Each entry may have one person to run equipment for playing recorded accompaniment. Each participant must actively be involved in the scene. Props, theatrical make-up or costumes for the scene are allowed but not required. Proof of permission to perform selections is no longer required. The host school shall provide a piano for this event. If not enough pianos are available, state and/or region meet directors may request that all entries use pre-recorded music. Whenever possible, Musical Theatre must be slated in three rounds, like every other event.

7. All individual event pieces will be performed for three different judges in three different rounds of approximately 6 (but no less than 4) pieces per round. If there are not enough entries to slate pieces in 3 rounds, you may put them all in one round and have 3 judges watch all the entries once. This should only happen if absolutely needed.
8. Each judge will rate each piece with a Superior (S), Excellent (E), Good (G), or Fair (F) based on criteria. He/she will ALSO rank each piece 1-4, 1 being the top piece (if there are 5 or more pieces in the round, multiple pieces will receive a 4 ranking).
9. For 3A, 4A & 5A, at the region level, any piece receiving an overall Superior rating (S from at least 2 of 3 judges) moves on to state regardless of their rankings.
10. For 1A & 2A, at the region level, any piece receiving at least 1 S moves on to state regardless of their rankings.
11. At the state level, any piece receiving straight Superior ratings overall (S from all 3 judges) will receive a medal.
12. The top 5-8 ranked pieces in each individual event will participate in a final medals round. This will be determined in the following manner: a piece's 3 ranking scores will be added together and the pieces with the lowest 5-8 scores are chosen for the final medals round. If a tie occurs, look to the ratings (S, E, G, F) for a tiebreaker score. (S=5, E=3, G=1, F=0) Highest score advances in this case.
13. In the final medals round, 3 judges watch all 5-8 pieces together. When all have performed, each judge, without consulting with the other judges, ranks the pieces 1-5 (any piece lower than 5 just receives a 5). All pieces that advance to the final medals round will receive a Superior medal regardless of their ratings in their first three rounds.
14. 1st, 2nd, and 3rd Place in each individual event will be determined by adding the ranking scores from the final medals round. Lowest score wins. In case of a tie, the highest number of superior boxes checked in the subcategories wins the tiebreaker. If there is still a tie, go back to their ballots from their initial three rounds and count all of the superior boxes in the subcategories.
15. At the region level, all pieces that advance to the final medals round will automatically qualify for state, even if they did not receive an overall Superior from their previous rounds.
16. Individual event performers at state meets will receive certificates of Superior, Excellent, Good, or Fair depending on the average score from their first 3 rounds (final medals round scores should NOT be factored in). A "Superior/Superior/ Good" combination of ballots will receive an overall "Superior" for the final rating.
17. TIME PENALTIES: If a piece goes more than 10 seconds over or under the allotted time limit, 2 points will be taken off of the team's sweepstakes score for each round this occurs in. In addition, if this happens in two or more rounds to the same piece, that piece becomes ineligible to qualify for final medals rounds or receive any sort of medal. At the region level, this would also make the piece ineligible to advance to State. Introductions are NOT included in the time limit.

18. INTRODUCTIONS: Introductions are NOT included in the time limit. Introductions should ONLY state participant number, title of piece, author, and character. Note special instructions for Pantomime introductions in II.5 above.

III. ONE-ACT PLAYS:

1. Each play may have a maximum of 60 minutes on stage. Within this time limit a play must set up, perform, strike, and be critiqued. The 60 minutes will begin as the play moves on to the stage and will officially end as the play leaves the stage back into a holding area. Any technical preparation (i.e. setting lights, testing sound, projections, etc…) counts as part of a school's set-up time and is included in the 60 minutes allotted. If a play does not leave adequate time for a 10 minute critique in its 60 total minutes, it will forfeit the critique session. A play may be from a multiple-act play, a musical play, or a one-act play. Original plays are also acceptable.
2. Each individual school participating in the one-act play event at region and state must provide a letter and/or receipt of payment to show proof that royalty obligations have been met prior to the beginning of the performance. This letter and/or receipt must be collected by the region representative and forwarded to the classification representative for the region meet and collected by the classification representative for the state meet.
3. Any play receiving straight Superior ratings in the state meet may not be used within that classification (1A, 2A, 3A, 4A, 5A) for the following two years. Any school that changes classification cannot use plays that received a straight Superior rating at the state meet for the previous two years in the new classification. Individual schools may not perform a play in the new classification for which they received a straight Superior rating in the last two years.
4. All pieces will be performed once for three judges. The same three judges will watch all entries.
5. Each judge will rate each piece with a S, E, G, or F based on criteria. He/she will ALSO rank each piece 1-5. 1 being the top piece (if there are 6 or more entries, multiple pieces will receive a 5 ranking).
6. 1st, 2nd, and 3rd Place will be determined by adding the ranking scores from each judge. Lowest score wins. If a tie occurs, look to the ratings (S, E, G, F) for a tiebreaker score. If there is still a tie, the highest number of superior boxes checked in the subcategories wins the tiebreaker.
7. At the region level, the top 3 ranked entries will qualify for state regardless of their rating. In addition, if there are any other plays that received a final S rating from ALL 3 judges but did not place in the top 3, they will also advance to state.
8. At the state level, the top 3 ranked plays will receive 1st, 2nd and 3rd Place plaques. All plays will receive certificates based on their overall rating (Superior, Excellent, Good, Fair). A "Superior/ Superior/Good" combination of ballots will receive an overall "Superior" certificate.
9. Judges will select up to 6 individual performers/groups/designers from the one-act plays for Outstanding Performance awards. Possible awards include, but are not limited to: Outstanding Lead Actor/Actress; Outstanding Supporting Actor/Actress; Outstanding Cameo Performance; Outstanding Ensemble; Outstanding Student Design (costumes, sound, props, etc…); Outstanding Student Director; Outstanding Character Actor/Actress; Outstanding Student Playwright; et al. Additional awards may be given by the Utah Advisory Council of Theatre Teachers.
10. TIME PENALTIES: If a one-act play goes more than 30 seconds over or under the prescribed time limit, 10 points will be taken off of the team's sweepstakes score and the play becomes ineligible to place in the top 3. At the region level, this would also disqualify the play from advancing to state.

IV. SWEEPSTAKES:

1. Each individual event entry will receive points based on their ratings (S=5, E=3, G=1, F=0) from each judge. Therefore, because each piece is judged 3 times, each entry can receive a maximum of 15 points towards the team's sweepstakes score.
2. The one-act play scores will hold a larger weight on the sweepstakes score at a 2:1 ratio. In other words, for the one-act plays, S=10, E=6, G=2, F=0 from each judge. Therefore, a one-act play could receive a maximum of 30 points toward the Sweepstakes score.
3. At the state level, only the school's top 3 highest-scoring pieces in any given event (humorous monologues, pantomimes, etc) will count towards their sweepstakes score. Even though in some events, they could possibly have qualified and brought 4 pieces total, only the top 3 pieces will count towards the school's sweepstakes score. Therefore, at the state level, a perfect sweepstakes score would be 300 points.
4. First and second place will be awarded for sweepstakes at the state level. In the case of a tie, any pieces not previously added to the schools' sweepstakes score (ie. individual events that may have occupied the 4th slot in each event) may then be added in order to break the tie. The points will be added in the same manner as the other pieces (S=5, E=3, G=1, F=0; points should be added from each round except final medals round; therefore, a maximum of 15 points could be added for each additional piece). If there is still a tie after that, the school with the lowest average ranking score (all ranking scores from all pieces divided by total number of pieces) wins the tie-breaker.
5. NOTE: Make sure and deduct the appropriate time violation penalties as described in the individual event and one-act play "Time Penalties" sections above.
6. Superior School Rating Certificate: Any school with a minimum of one entry in each individual event is eligible for the Superior Certificate. To receive the certificate a simple majority of entries must receive an average of Superior ratings.

V. JUDGING:

1. All judges must be certified in order to judge any individual event or one-act play at region and state levels. The official certification process and information will be found online. The UHSAA website will guide you to this information. Even last-minute replacement judges MUST go through this process, whether that be through an online or written test.
2. A judges meeting will be held prior to each meet where rules and regulations will be reviewed with ALL participating judges. The format and content of this meeting MUST follow the agenda found on the UHSAA website.
3. A judge CANNOT be any individual who has previously worked with any participant in a theatre coaching capacity. In addition, relatives of any participant, coach or teacher may not judge the competition in any capacity, even if they do not judge the student to whom they are related. If they are related to any of the participants in the competition, they are ineligible to judge the entire competition. All judges must be out of high school for at least three years before judging. Any contestant who knowingly allows them self to be judged by any of the ineligible judges listed above, without informing the meet directors shall be ruled ineligible. Exceptions may be made in extenuating circumstances by consensus of meet directors.
4. Participants should be rated and ranked according to the quality of their performance. Each judge should rate and rank individually without consulting other judges.
5. A judge's final rating (S, E, G, F) must align mathematically with the number of boxes checked in the subcategories on the judging rubric. For example, if a judge gives 7 Ss and 3Es in the subcategories, the final ranking for this piece MUST be an S. Conversely, if the majority of boxes checked were E, the judge cannot then decide that the piece deserves an overall S.
6. In any event, a judge will NOT be allowed to rank any piece higher than another piece that received a higher rating. For example, if a judge gives one piece an overall S rating, and another piece an overall E rating, he/she cannot rank the second piece higher than the first. In other

words, a judge who turns in a final set of scores for a given round of 1S, 2E, 3S, 4G, 5E is incorrect and must re-rank or rate his/her pieces.

7. In each round at the region level, the top ranking piece must automatically be scored as an S. Therefore a 1E score cannot exist in region meets. This only applies to region meets, as it effects what pieces qualify for state.
8. Individual event judges may not be paid at any meet more than $50.00 for a full day. One-act play judges may not be paid more than $150.00 for a full day.
9. In all drama meets, a judge must never be alone with a competitor and must always have another competitor, performer, judge, time keeper, parent or observer present in the room for protection of both the judge and the student.
10. State meets should provide stop watches or other methods of timing for all judges in all individual events. Adherence to the time limits and subsequent consequences for time violations shall be followed.
11. Play judges for state meets will be secured by the classification representative or designee prior to the respective state meet. The classification representative will determine the order of the play performances for the state meet. All requests for special consideration in one-act play performance placement must be submitted by the coach of the school to the classification representative no later than one week prior to the state meet.
12. At the region level, it is suggested that the three One-Act judges be acquired by three different schools. A One-Act judge should not judge in the same region two years in a row.
13. Any school that does not provide the specified number of judges for the State meet will be fined. It is highly recommended that regions follow this guideline as well.