

UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION SPORTS RECORDS BOOK

TRACK & FIELD - GIRLS

RECORDS COMPILED SINCE 1974



| | |
|---|-----|
| CHAMPIONSHIPS, COACHING | 291 |
| 100, 200, 400, 800, 1,600, 3200 METER | 292 |
| HURDLES, RELAYS | 293 |
| RELAYS | 294 |
| FIELD EVENTS | 296 |
| PAST EVENTS NO LONGER CONTESTED | 297 |
| YEAR-BY-YEAR CHAMPIONS | 299 |
| CHAMPIONSHIPS BY COACH | 302 |
| DESERET NEWS - Ms. TRACK HONOREES | 304 |

CLICK ON A RECORD OR PAGE NUMBER TO GO DIRECTLY TO THE LISTED PAGE

- NOT OFFICIAL STATE RECORDS

[RETURN TO INTERACTIVE MENU](#)



CHAMPIONSHIPS AND COACHING

STATE CHAMPIONSHIPS

23 NORTH SUMMIT, 1976, 1979, 1980, 1987, 1990-1992, 2002, 2003, 2009-2014, 2016, 2017, 2018, 2019, 2021, 2022, 2023, 2024
 16 MOUNTAIN VIEW, 1981, 1990-1992, 1994-2004, 2008
 16 PANGUITCH, 1986, 1993-1996, 2005, 2013-2023
 13 NORTH SEVIER, 1981-1983, 1988, 1989, 1992, 1994-1997, 2005, 2007, 2008
 11 DAVIS, 1975-1977, 1979, 2004-2006, 2011-2013, 2017
 8 CEDAR CITY, 1998-2001, 2011, 2016, 2018, 2019
 8 JUDGE MEMORIAL, 1988, 1989, 2002-2004, 2006-2008
 7 LONE PEAK, 1999, 2000, 2018, 2019, 2021, 2022, 2023
 7 WASATCH, 1975, 1982, 1983, 1985-1988
 7 WAYNE, 1991, 1997-2002
 7 WEBER, 1981, 1983-1988
 6 OREM, 1980, 1982, 2006, 2007, 2012, 2016
 5 PINE VIEW, 1992-1995, 1997
 5 RICH, 2006, 2007, 2011, 2012, 2024
 5 ST. JOSEPH, 2003, 2004, 2008-2010
 5 SAN JUAN, 1977, 1978, 1980, 1981, 1989
 5 SPANISH FORK, 1997, 1998, 2005, 2007, 2008
 5 SPRINGVILLE, 1984, 1985, 1990, 1991, 2011

STATE CHAMPIONSHIPS — CONSECUTIVE

11 MOUNTAIN VIEW, 1994-2004
 10 PANGUITCH, 2013-2023
 8 NORTH SUMMIT, 2016-2024
 6 WAYNE, 1997-2002
 6 WEBER, 1983-1988
 5 LONE PEAK, 2018-2023
 5 NORTH SUMMIT, 2009-2013
 4 HERRIMAN, 2013-2016
 4 NORTH SEVIER, 1994-1997
 4 PINE VIEW, 1992-1995
 4 PANGUITCH, 1993-1996
 4 WASATCH, 1985-1988
 4 CEDAR CITY, 1998-2001
 3 DAVIS, 1975-1977, 2004-2006, 2011-2013
 3 DELTA, 2019-2022
 3 JUDGE MEMORIAL, 2006-2008
 3 MOUNTAIN VIEW, 1990-1992
 3 NORTH SEVIER, 1981-1983
 3 NORTH SUMMIT, 1990-1992
 3 ST. JOSEPH, 2008-2010
 3 SKYLINE, 1977-1979

COACHING

STATE CHAMPIONSHIPS

15 TROY NORRIS, PANGUITCH, 1993-1996, 2005, 2013-2023
 13 DAVE HOULE, MOUNTAIN VIEW, 1981, 1990-1992, 1994-2002
 9 LARRY JONES, NORTH SUMMIT, 2010-2014, 2016-2019
 9 JILL PORTER, NORTH SEVIER, 1988-1989, 1992, 1995-1997, 2005, 2007-2008
 7 CORBIN TALLEY, DAVIS, 2004-2006, 2011-2013, 2017
 6 VERLE TOLLEY, WASATCH, 1982, 1983, 1985-1988
 6 SUE WOODBURY, WEBER, 1983-1988
 5 DAVE PECK, NORTH SUMMIT, 2009, 2021-2024
 5 DAN QUINN, JUDGE MEMORIAL, 2002, 2004, 2006-2008
 5 GLENN SMITH, RICH, 2006, 2007, 2011, 2012, 2024
 4 DOUG BILLS, SPRINGVILLE, 1984, 1985, 1990, 1991
 4 BOB CORRY, CEDAR CITY, 1998-2001
 4 ANDY JACOBS, OREM, 2006, 2007, 2012, 2016
 4 BRAD MOLEN, LONE PEAK, 2018-2022
 4 GREG SOUTHWICK, WAYNE, 1999-2002
 3 JOSH BENNETT, CEDAR CITY, 2016, 2018, 2019
 3 DAVE BOYACK, SPANISH FORK, 2005, 2007, 2008
 3 ROBERT COMEFORD, PINE VIEW, 1992-1994
 3 MARY ANN ESPLIN, DAVIS, 1976, 1977, 1979
 3 DOUG JOLLEY, MILLARD, 1999-2001
 3 JOE LOFFREDO, ST. JOSEPH, 2008-2010
 3 CRAIG POOLE, SKYLINE, 1977, 1978, 1979

STATE CHAMPIONSHIPS — CONSECUTIVE

10 TROY NORRIS, PANGUITCH, 2013-2023
 9 DAVE HOULE, MOUNTAIN VIEW, 1994-2002
 6 SUE WOODBURY, WEBER, 1983-1988
 5 LARRY JONES, NORTH SUMMIT, 2010-2014
 4 BOB CORRY, CEDAR CITY, 1998-2001
 4 LARRY JONES, NORTH SUMMIT, 2016-2019
 4 BRAD MOLEN, LONE PEAK, 2018-2022
 4 DAVE PECK, NORTH SUMMIT, 2021-2024
 4 GREG SOUTHWICK, WAYNE, 1999-2002
 4 VERLE TOLLEY, WASATCH, 1985-1988
 3 ROBERT COMEFORD, PINE VIEW, 1992-1994
 3 DAVE HOULE, MOUNTAIN VIEW, 1990-1992
 3 DOUG JOLLEY, MILLARD, 1999-2001
 3 JOE LOFFREDO, ST. JOSEPH, 2008-2010
 3 TROY NORRIS, PANGUITCH, 1994-1996
 3 CRAIG POOLE, SKYLINE, 1977-1979
 3 JILL PORTER, NORTH SEVIER, 1995-1997
 3 DAN QUINN, JUDGE MEMORIAL, 2006-2008
 3 CORBIN TALLEY, DAVIS 2011-2013
 3 CORBIN TALLEY, DAVIS, 2004-2006

NOTE: STATE CHAMPIONSHIP WAS NOT HELD IN THE SPRING OF 2020 DUE TO THE COVID-19 (CORONAVIRUS) OUTBREAK.



100, 200, 400, 800, 1600, 3200

100-METER DASH

11.43 AMARE HARLAN, FREMONT, 5-20-2023, 6A RECORD
 11.51 AMARE HARLAN, FREMONT, 4-29-2023
 11.56 AMARE HARLAN, FREMONT, 5-18-2023
 11.58 AMARE HARLAN, FREMONT, 5-7-2022
 11.65 AMARE HARLAN, FREMONT, 4-11-2023
 11.68 AMARE HARLAN, FREMONT, 3-23-2022
 11.68 KAYSHA LOVE, HERRIMAN, 5-2-2014, 5A RECORD
 11.69 JASLYN GARDNER, ENTERPRISE, 5-19-2018, 2A RECORD
 11.69 AMARE HARLAN, FREMONT, 4-30-2022
 11.77 MARIANNE BARBER, FARMINGTON, 5-7-2022

100-METER DASH - OTHER CLASS RECORDS

11.90 KAYSHA LOVE, HERRIMAN, 5-9-2013, 4A RECORD
 12.12 WHITNEY WILCOX, BEAR RIVER, 5-16-2015, 3A RECORD
 12.50 VIOLETT TAYLOR, RICH 5-19-23, 1A RECORD

200-METER DASH

23.30 AMARE HARLAN, FREMONT, 5-20-2023, 6A RECORD
 23.34 ANDREA AMOAH, BINGHAM, 5-18-2024
 23.56 AMARE HARLAN, FREMONT, 5-18-2023
 23.63 AMARE HARLAN, FREMONT, 5-6-2023
 23.75 JASLYN GARDNER, ENTERPRISE, 5-5-2017, 2A RECORD
 23.83 AMARE HARLAN, FREMONT, 5-21-2022
 23.89 KINZLEE RIDDLE, MOUNTAIN RIDGE, 3-29-2025
 23.95 AMARE HARLAN, FREMONT, 4-30-2022
 24.04 AMARE HARLAN, FREMONT, 4-11-2023
 24.09 SARAH BALLARD, LEHI, 5-18-2023

200-METER DASH - OTHER CLASS RECORDS

24.12 AMELIA NADAULD, SNOW CANYON, 5-5-2024, 4A RECORD
 24.15 SARAH BALLARD, LEHI, 5-21-2022, 5A RECORD
 24.79 SHAYE MAURER, CEDAR CITY, 4-2-2009, 3A RECORD
 25.48 SYDNI SAMUELS, ALTAMONT, 5-17-2008, 1A RECORD

400-METER DASH

52.59 MEGHAN HUNTER, PROVO, 4-28-2018, 5A RECORD
 53.14 MEGHAN HUNTER, PROVO, 5-19-2018
 53.39 NATALIE STEWART, SPANISH FORK, 5-17-2008
 53.43 MEGHAN HUNTER, PROVO, 4-19-2018
 53.99 DESIRAE RIEHLE, AMERICAN FORK, 5-18-2024, 6A RECORD
 54.18 NACHELLE STEWART, SPANISH FORK, 2006
 54.27 NATALIE STEWART, SPANISH FORK, 5-17-2008
 54.35 MEGHAN ANNE HUNTER, PROVO, 4-1-2017, 4A RECORD
 54.45 LAUREN BAXTER, TIMPVIEW, 5-18-2013
 54.49 KINZLEE RIDDLE, MOUNTAIN RIDGE, 3-21-2025

400-METER DASH - OTHER CLASS RECORDS

55.45 KATHLEEN SMYTH, JUDGE MEMORIAL, 2003, 3A RECORD
 56.93 ANNA CAMP, MILLARD, 2015, 2A RECORD
 57.51 EMILY BARNES, MILFORD, 5-9-2017, 1A RECORD

800-METER RUN

2:07.28 LILY ALDER, TIMPVIEW, 5-3-2024, 5A RECORD
 2:07.85 JANE HEDENGREN, TIMPVIEW, 5-18-2024
 2:08.45 SHEA MARTINEZ, DAVIS, 5-4-2013
 2:08.48 NACHELLE STEWART, SPANISH FORK, 2008
 2:08.76 AKKU BAKER, PINE VIEW, 5-18-2019, 4A RECORD
 2:08-94 LILY ALDER, TIMPVIEW, 3-21-2025
 2:09.21 LILY ALDER, TIMPVIEW, 3-22-2024
 2:09.26 LACEY CRAMER, LONE PEAK, 5-17-2008
 2:09.26 MEGHAN HUNTER, PROVO, 5-19-2018
 2:09.39 BRIA ANDERSON, TIMPANOGOS, 5-4-2024

800-METER RUN - OTHER CLASS RECORDS

2:10.42 CADENCE KASPRICK, GRAND COUNTY, 5-3-2024, 2A RECORD
 2:10.65 TAYLOR ROHATINSKY, LONE PEAK, 5-21-2022, 6A RECORD
 2:11.92 AIMEE BRYSON, CEDAR CITY, 5-18-2013, 3A RECORD
 2:17.81 ANDREA CHAVEZ, ST. JOSEPH, 5-15-2010, 1A RECORD

1,600-METER RUN

4:37.72 JANE HEDENGREN, TIMPVIEW, 5-4-2024, 5A RECORD
 4:43.14 JANE HEDENGREN, TIMPVIEW, 5-6-2023
 4:45.13 SARAH FEENY, OGDEN, 5-17-2014, 4A RECORD
 4:46.01 LILY ALDER, TIMPVIEW, 3-21-2025
 4:47.15 LILY ALDER, TIMPVIEW, 3-22-2024
 4:48.07 TAYLOR ROHATINSKY, LONE PEAK, 5-7-2022, 6A RECORD
 4:48.71 TAYLOR ROHATINSKY, LONE PEAK, 3-26-2022
 4:49.16 TAYLOR ROHATINSKY, LONE PEAK, 5-21-2022
 4:49.18 CARLEE HANSEN, WOODS CROSS, 5-19-2021
 4:50.04 SARAH FEENY, OGDEN, 5-17-2013, 3A RECORD

1,600-METER RUN - OTHER CLASS RECORDS

4:50.04 SADIE SARGENT, NORTH SUMMIT, 4-21-2018, 2A RECORD
 5:04.12 CLAIRE FILLOUX, WATERFORD, 2003, 1A RECORD

3,200-METER RUN

9:52.96 JANE HEDENGREN, TIMPVIEW, 5-16-2024, 5A RECORD
 10:13.86 SARAH FEENY, OGDEN, 5-17-2014, 4A RECORD
 10:22.87 NATALIE SHIELDS, EAST, 5-4-2012
 10:22.93 JANE HEDENGREN, TIMPVIEW, 3-11-2023
 10:24.78 ROSIE GARDNER, EAST, 5-14-1994
 10:24.89 JANE HEDENGREN, TIMPVIEW, 3-25-2024
 10:26.15 ADDYSON GUYMON, EMERY, 3-22-2025, 3A RECORD
 10:28.41 CAILA ODEKIRK, HURRICANE, 4-30-2021
 10:31.36 LILY ALDER, TIMPVIEW, 5-16-2024
 10:32.82 SADIE SARGENT, NORTH SUMMIT, 5-19-2018, 2A RECORD

3,200-METER RUN - OTHER CLASS RECORDS

10:35.90 TAYLOR ROHATINSKY, LONE PEAK, 5-7-2022 6A RECORD
 11:00.32 WHITTNI ORTON, PANGUITCH, 5-6-2016, 1A RECORD



HURDLES, RELAYS

100-METER HURDLES

14.03 EDEN DeVRIES, WEBER, 5-20-2023, 6A RECORD
 14.08 SUE DeVRIES, EAST, 5-21-1983, 4A RECORD
 14.11 JEANINE WIMBERLY, OGDEN, 1986, 3A RECORD
 14.15 EDEN DeVRIES, WEBER, 4-29-2023
 14.17 TIFFANY LOTT, PINE VIEW, 5-16-1992
 14.17 KELLY SCHONEY, CEDAR CITY, 5-12-2001
 14.24 EDEN DeVRIES, WEBER, 5-18-2023
 14.30 LINDSEY MIDDLETON, TAMPVIEW, 5-18-2018, 5A RECORD
 14.33 ELSJA MECHAM, SUMMIT ACADEMY, 2015, 2A RECORD
 14.34 MIRIAM GLENN, SPANISH FORK, 1999
 14.34 MCKAYLA THOMAS, WEBER, 4-25-2015

100-METER HURDLES - OTHER CLASS RECORDS

14.73 VIOLETT TAYLOR, RICH, 4-20-2024, 1A RECORD

300-METER HURDLES

41.54 BRENNIA PORTER, SKY VIEW, 2013, 4A RECORD
 42.02 AMELIA NADAULD, SNOW CANYON, 5-5-2024
 42.02 BRENNIA PORTER, SKY VIEW, 5-18-2013
 42.25 BRENNIA PORTER, SKY VIEW, 5-19-2012
 42.42 ALLY DEAN, BONNEVILLE, 5-20-2006
 42.44 AMELIA NADAULD, SNOW CANYON, 3-21-2025
 42.56 DIANE STEWART, SPANISH FORK, 5-4-2005
 42.66 ELSJA MECHAM, SUMMIT ACADEMY, 2015, 2A RECORD
 42.82 LUCY HARRIS, DESERT HILLS, 5-18-2024
 42.83 DIANE STEWART, SPANISH FORK, 5-15-2004

300-METER HURDLES - OTHER CLASS RECORDS

42.91 ANNIE NUTTALL, TAMPVIEW, 5-18-2024, 5A RECORD
 42.93 MADDY EATON, LONE PEAK, 5-18-2019, 6A RECORD
 42.97 KAITLIN WALKER, WASATCH, 5-4-2013, 3A RECORD
 43.05 VIOLETT TAYLOR, RICH, 5-5-2024, 1A RECORD

4x100-METER RELAY

46.82 CORNER CANYON, 5-18-2024, 6A RECORD
 LAYLA VALADEZ
 ALICE PETERSON
 ANNA RICKS
 LIBERTY HENSTROM

46.83 BINGHAM, 5-18-2024

ZIYA DAVIS
 MCKENZIE RITTER
 ANGELINA APPEL
 ANDREA AMOAH

47.33 HERRIMAN, 5-17-2014, 5A RECORD

RACHEL BUTTERFIELD
 KAYLIE KING
 MARLEE PETERSON
 KAYSHA LOVE

47.46 ALTA, 5-12-2001

SMART
 MENLOVE
 SMART
 SCHROEDER

47.59 SPANISH FORK, 2006

47.64 LONE PEAK, 5-18-2019

ELIZABETH NORTON
 BROOKLYN PROFFIT
 MANDY BEUS
 MADDY EATON

47.66 BINGHAM, 5-5-2024

ZIYA DAVIS
 KENZIE RITTER
 ANGELINA APPEL
 ANDREA AMOAH

47.71 SYRACUSE, 5-19-2018

KAMRYN WISE
 SARAH WYNN
 KELSEY STEED
 BRITTANY CARDALL

47.74 CORNER CANYON, 5-5-2024

LAYLA VALADEZ
 ALICE PETERSON
 ANNA RICKS
 LIBERTY HENSTROM

47.78 DAVIS, 2006

47.78 DESERT HILLS, 5-18-2024, 4A RECORD

ADELYN TELFORD
 LUCY HARRIS
 EMERY SIMISTER
 DREW SCHWARTZ

4x100-METER RELAY - OTHER CLASS RECORDS

47.90 CEDAR CITY, 2011, 3A RECORD
 KAYLA SHAKESPEARE, MAKAYLA WARBY, EMILY MORRIS, AUREY BRYSON
 48.33 NORTH SUMMIT, 5-6-2017, 2A RECORD
 RACHAEL RICHINS, SISALEE RICHINS, KATE SCHROEDER, ASHLIN BLONQUIST
 49.61 ST. JOSEPH'S, 5-15-2004, 1A RECORD
 BAUER, BAUER, EFFIONG, NEMETZ



RELAYS

4x200-METER RELAY - 4A, 5A, 6A - NEW 2021

1:37.74 BINGHAM, 5-16-2024, 6A RECORD
 KENZIE RITTER
 KAITLYN DURHAM
 ANGELINA APPEL
 ANDREA AMOAH

1:39.91 TIMPVIEW, 5-16-2024, 5A RECORD
 ANNIE NUTTALL
 MAKAYLA GROSSARTH
 ALTA VUNIWAI TURAGAVOU
 KATIE HUTCHINGS

1:39.99 BINGHAM, 5-3-2024
 KENZIE RITTER
 KAITLYN DURHAM
 ANGELINA APPEL
 ANDREA ANOAH

1:40.14 CORNER CANYON, 5-16-2024
 ALICE PETERSON
 ANNA RICKS
 ADDISON KJAR
 LIBERTY HENSTROM

1:40.84 BINGHAM, 4-12-2024
 KENZIE RITTER
 KAITLYN DURHAM
 ANGELINA APPEL
 ANDREA ANOAH

1:40.95 TIMPVIEW, 5-3-2024
 MAKAYLA GROSSARTH
 KATIE HUTCHINGS
 ANNIE NUTTALL
 ALTA VUNIWAI TURAGAVOU

1:41.15 AMERICAN FORK, 5-16-2024
 ELLA EDWARDS
 HANNAH CLUFF
 BRYNLI RUCHTI
 DESIRAE RIEHLE

1:41.20 BINGHAM, 5-18-2023
 KENZIE RITTER
 KAITLYN DURHAM
 ANGELINA APPEL
 ANDREA AMOAH

1:41.25 DESERT HILLS, 5-8-2024, 4A RECORD
 ADELYN TELFORD
 EMERY SIMISTER
 DREW SCHWARTZ
 LUCY HARRIS

1:41.38 TIMPANOGOS, 5-18-2023
 BROOKLYN STURDIVANT
 BRIA ANDERSON
 EVA STAVAST
 SUMMER CHRISTENSEN

4x200-METER RELAY - OTHER CLASS RECORDS

4x400 METER RELAY

3:46.56 AMERICAN FORK, 5-18-2024, 6A RECORD
 CAMBRIA HASLER
 BRYNLI RUCHTI
 VICTORIA STRATTON
 DESIRAE RIEHLE

3:46.82 TIMPVIEW, 5-18-2024, 5A RECORD
 LILY ALDER
 JANE HEDENGREN
 VANESSA STOREY
 ALTA VUNIWAI TURAGAVOU

3:47.20 TIMPVIEW, 5-5-2024
 ALTA VUNIWAI TURAGAVOU
 VANESSA STOREY
 JANE HEDENGREN
 LILY ALDER

3:50.70 SPANISH FORK, 2005, 4A RECORD
 STEWART
 STEWART
 STEWART
 WEIGHT

3:50.64 AMERICAN FORK, 5-5-2024
 CAMBRIA HASLER
 BRYNLI RUCHTI
 VICTORIA STRATTON
 DESIRAE RIEHLE

3:50.83 LONE PEAK, 5-19-2018
 ASHLYN BELLISTON
 ALI BYBEE
 ALISON RICHTER
 EMILY ELLIS

3:50.92 SPANISH FORK, 2008
 PONIS
 STEWART
 WALTEERS
 YOUD

3:51.22 LONE PEAK, 5-19-2021
 LEXI GOFF
 MEGAN EATON
 MEREDITH BOGGESS
 ALISON RICHTER

3:52.10 SPANISH FORK, 4-19-2005
 3:53.32 MOUNTAIN VIEW, 5-1-2004

4x400-METER RELAY - OTHER CLASS RECORDS
 3:55.83 CANYON VIEW, 5-21-2022, 3A RECORD
 HARMONEY LOPEZ
 ISABELL DAYNES
 GABRIELE DABB
 ADDY PACE

3:58.21 MILLARD, 2015, 2A RECORD
 EMERI LARSEN
 KENLIE LEMON
 DANIELLE WHITAKER
 ANNA CAMP

4:09.98 WAYNE, 2014, 1A RECORD
 MAGGIE ELLETT
 HANNAH ELLETT
 CATRINA JOHNSON
 CLARISSA JOHNSON



RELAYS

4x800-METER RELAY - 4A, 5A, 6A - NEW 2021

8:58.92 TIMPVIEW, 5-5-2024, 5A RECORD

VANESSA STOREY
ELLIE ESPLIN
LILY ALDER
JANE HEDENGREN

9:03.94 LONE PEAK, 5-16-2024, 6A RECORD

BRIELLE NILSSON
ZOEY NILSSON
ANNA BYBEE
ADDELYNN MELDRUM

9:06.65 TIMPVIEW, 4-12-2024

JANE HEDENGREN
LILY ALDER
ELLIE ESPLIN
VANESSA STORY

9:11.39 AMERICAN FORK, 5-16-2024

NATALIA BOLTZ
HALEY WHITFORD
VICTORIA STRATTON
AVALON MECHAM

9:11.91 LONE PEAK, 5-18-2023

ANNA BYBEE
ZOEY NILSSON
BRIELLE NILSSON
ADDIE MELDRUM

9:18.24 MOUNTAIN VIEW, 4-19-2024, 4A RECORD

ABBY STONE
SOPHIA WAITE
JUNE ZIMMERMAN
JULIE MOORE

9:19.04 LONE PEAK, 4-23-2021

ADDIE MELDRUM
LEXI GOFF
ELIZA ARRINGTON
KATIE BYBEE

9:19.33 TIMPANOGOS, 4-19-2024

MOLLY WALTON
KATELYN CARLILE
ALDANA NAVARRETE-LAMAS
BRIA ANDERSON

9:19.54 TIMPVIEW, 5-16-2024

MARY MARVELL
MAKAYLA BOULTON
ELLIE ESPLIN
VANESSA STOREY

9:20.74 AMERICAN FORK, 4-12-2024

SKYE JENSEN
HALEY WHITFORD
TORI STRATTON
AVALON MECHAM

4x800-METER RELAY - OTHER CLASS RECORD

SPRINT MEDLEY RELAY

3:50.92 SPANISH FORK, 2008, 5A RECORD

PONIS
STEWART
YOUD
STEWART

3:58.53 SPANISH FORK, 2007

MORSE
YOUD
STEWART
STEWART

4:00.83 PROVO, 4-1-2017, 4A RECORD

ALLY GOMM
SADIE MCGINN
MEGHAN HUNTER
KATE HUNTER

4:03.22 OGDEN, 5-17-2013, 3A RECORD

LINDSEY BRAY
MADDIE WHITE
AVERY CALTON
SARAH FEENEY

4:03.83 KEARNS, 1999

4:05.82 NORTH SUMMIT, 4-24-2012, 2A RECORD

ERICA BIRK
SAMANTHA NICHOLE
MCKENNA VERNON
MCKELL RICHINS

4:06.61 KEARNS, 1998

4:06.62 EAST, 1994

TERRY
SIMMONS
STOWELL
GARDNER

4:07.05 LONE PEAK, 5-9-2018, 6A RECORD

EMILY ELLIS
JADA RAGIN
ALISON RICHTER
ALI BYBEE

4:07.30 WEBER, 5-15-1993

BROWN
HENDERSON
BROWN
KIPPEN

SPRINT MEDLEY RELAY - OTHER CLASS RECORD

4:19.60 WATERFORD, 2003, 1A RECORD

FILLOUX
LAYTON
MOHEBALI
NEWHALL



FIELD EVENTS

DISCUS

160' 10.00" CANDICE WORKMAN, CLEARFIELD, 2000, 5A RECORD
 159' 08.00" KELLI BURTON, DAVIS, 4-4-2002
 158' 03.75" BURKIE BURTON, LAYTON, 3-29-2025, 6A RECORD
 150' 04.00" CATHY JAMES, OREM, 5-24-1986, 4A RECORD
 149' 08.00" CANDICE WORKMAN, CLEARFIELD, 1999
 147' 10.00" NICOLE FARNSWORTH, VIEWMONT, 3-17-2004
 147' 10.00" BURKIE BURTON, LAYTON, 3-7-2025
 147' 03.00" KELLI BURTON, DAVIS, 5-12-2001
 146' 10.00" ANNA BULLOCK, LEHI, 1996

DISCUS - OTHER CLASS RECORDS

143' 4.50" ANDREA LARSON, EMERY, 1997, 3A RECORD
 133' 8.75" KATHLEEN TOMON, ST. JOSEPH, 5-20-2017, 1A RECORD
 130' 3.00" RACHEL GARRETT, GRAND COUNTY, 2012, 2A RECORD

NEW JAVELIN*

160' 06.00" CHRISSE GLASMANN, PARK CITY, 2014, 3A RECORD
 156' 03.00" MEGAN GLASMANN, PARK CITY, 4-27-2013
 151' 09.00" TIFFANY HELLSTROM, BONNEVILLE, 2009, 4A RECORD
 151' 04.50" CADEE ALDER, MANTI, 4-11-2025
 151' 00.00" MEGAN GLASMANN, PARK CITY, 3-22-2013
 150' 11.00" TIFFANY HELLSTROM, BONNEVILLE, 2009
 149' 9.00" MISSY WOOD, COPPER HILLS, 5-13-2000, 5A RECORD
 149' 00.00" MEGAN GLASMANN, PARK CITY, 2012
 148' 09.00" SARAH BUTLER, ALTA, 2005
 147' 07.00" BREKELLEVE GAMMELL, SALEM HILLS, 4-23-2021
 *JAVELIN CHANGED IN 1999

JAVELIN* - OTHER CLASS RECORDS

139' 01.00" SARAH SNELL, ST. JOSEPH, 5-13-2023, 2A RECORD
 135' 02.00" SARAH SWALBERG, G. RIVER, 5-15-2010, 1A RECORD
 132' 03.00" ADDIE FREELAND, HERRIMAN, 5-3-2024, 6A RECORD
 *JAVELIN CHANGED IN 1999

SHOT PUT

49' 06.00" KELLI BURTON, DAVIS, 2002, 5A RECORD
 48' 01.50" CANDICE WORKMAN, CLEARFIELD, 2000
 47' 04.75" SHARON SIEBOLD, ALTA, 5-24-1986, 4A RECORD
 46' 09.50" KELLI BURTON, DAVIS, 3-20-2001
 46' 02.00" LOSA LATUI, HERRIMAN, 4-28-2018, 6A RECORD
 45' 11.50" CANDICE WORKMAN, CLEARFIELD, 5-13-2000
 45' 10.00" LOSA LATU, HERRIMAN, 4-20-2018
 45' 09.50" BURKIE BURTON, LAYTON, 3-7-2025
 45' 07.75" NICOLE KNIGHTON, BOUNTIFUL, 5-16-2008

SHOT PUT - OTHER CLASS RECORDS

44' 11.25" MELE VAISIMA, JUDGE, 5-18-2007, 3A RECORD
 44' 07.25" AMY CHRISTIANSEN, GRANTSVILLE, 1993, 2A RECORD
 38' 06.00" MARY DINSDALE, ST. JOSEPH, 2001, 1A RECORD

HIGH JUMP

6' 01.25" JULIE WATERS, MOUNTAIN VIEW, 1981, 3A RECORD
 6' 00.25" CORTNIE BARKER, SYRACUSE, 5-16-2024, 6A RECORD
 6' 00.25" MELINDA BOICE, AMERICAN FORK, 1993 #
 6' 00.00" JULIE WATERS, MOUNTAIN VIEW, 1981
 5' 11.25" MELINDA BOICE, AMERICAN FORK, 1993, 4A RECORD
 5' 11.25" ADA ROBINSON, VIEWMONT, 5-17-2008, 5A RECORD
 5' 11.00" CONNIE JOHNSTON, WEBER, 1987
 5' 11.00" LINDSEY STEELE, MOUNTAIN VIEW, 5-6-1998
 5' 10.25" CAMI CVITKOVICH, WEBER, 4-20-2024
 5' 10.00" CORTNIE BARKER, SYRACUSE, 4-13-2024
 5' 10.00" DENISE GAZTAMBIDE, JUDGE MEMORIAL, 1979
 5' 10.00" PRESLEY GRAY, AMERICAN FORK, 5-5-2024
 5' 10.00" PRESLEY GRAY, AMERICAN FORK, 5-16-2024
 5' 10.00" MAE JOHNSON, BOUNTIFUL, 4-6-2025
 5' 10.00" BROOKE MARCHESCHI, OGDEN, 5-18-1996
 5' 10.00" LANETTE NOBLE, GRANITE, 5-13-2000

HIGH JUMP - OTHER CLASS RECORDS

5' 09.00" JODI WILLIAMS, ENTERPRISE, 4-17-2010, 2A RECORD
 5' 06.00" KAPRI ORTON, PANGUITCH, 5-19-2018, 1A RECORD

LONG JUMP

19' 04.75" AMY MENLOVE, ALTA, 5-??-2001, 5A RECORD
 19' 03.50" ABBY TAYLOR, DESERT HILLS, 2015, 3A RECORD
 19' 03.00" AMARE HARLAN, FREMONT, 5-21-2022, 6A RECORD
 19' 02.50" TAYE RAYMOND, OREM, 5-8-2019, 4A RECORD
 19' 02.25" JASLYN GARDNER, ENTERPRISE, 5-17-2018, 2A RECORD
 19' 02.25" AMY MENLOVE, ALTA, 3-31-2001
 19' 00.25" AMY MENLOVE, ALTA, 5-10-2002
 19' 00.00" AMARE HARLAN, FREMONT, 3-24-2022
 19' 00.00" BRENNIA PORTER, SKY VIEW, 5-8-2013, 4A RECORD
 18' 11.50" AMY MENLOVE, ALTA, 5-12-2001

LONG JUMP - OTHER CLASS RECORDS

17' 08.00" VIOLETT TAYLOR, RICH, 4-12-2024, 1A RECORD

POLE VAULT

13' 00.00" BRIELLE DAVIS, COPPER HILLS, 4-30-2022 6A RECORD
 12' 09.00" BRIELLE DAVIS, COPPER HILLS, 3-16-2021
 12' 06.00" BRIELLE DAVIS, COPPER HILLS, 5-21-2022
 12' 06.00" MONET WARD, BINGHAM, 5-18-2024
 12' 05.50" ALYSSA GREGORY, WESTLAKE, 5-7-2021
 12' 04.00" BRIELLE DAVIS, COPPER HILLS, 3-26-2022
 12' 03.00" SABRINA FAIRBANKS, LONE PEAK, 3-18-2023
 12' 03.00" GABRIELLE FENN, RIVERTON, 4-20-2024
 12' 03.00" LAUREN MERRILL, OREM, 4-20-2019, 4A RECORD
 12' 02.00: BRIELLE DAVIS, COPPER HILLS, 3-19-2022

POLE VAULT OTHER CLASS RECORDS

12' 00.00" NATALIE GERMANOV, WEST, 5-16-2024, 5A RECORD



PAST EVENTS NO LONGER CONTESTED

100-YARD DASH (CLASS RECORDS)

11.30 LIZ PRICE, MURRAY, 1978, 3A RECORD
 11.31 JACKIE BEEN, CLEARFIELD, 1977, 4A RECORD
 11.50 DEANNA VERNON, NORTH SUMMIT, 1976, 1A RECORD
 11.60 LYNN WIMMER, GRAND COUNTY, 1976, 2A RECORD

220-YARD DASH (CLASS RECORDS)

25.64 ANNETT MAURER, OLYMPUS, 1977, 4A RECORD
 25.95 CHERYL HALL, UINTAH, 1977, 3A RECORD
 26.59 LYNN WIMMER, GRAND COUNTY, 1978, 2A RECORD
 26.94 DEANNA VERNON, NORTH SUMMIT, 1976, 1A RECORD

440-YARD DASH (CLASS RECORDS)

58.13 LISA WING, OREM, 1978, 4A RECORD
 1:00.19 SHELLY SHARP, CYPRUS, 1979, 3A RECORD
 1:00.26 MELODY WEBER, EMERY, 1979, 2A RECORD
 1:01.34 MICHELLE HOLMAN, PANGUITCH, 1979, 1A RECORD

880-YARD RUN (CLASS RECORDS)

2:20.15 CHERYL HOWLETT, ALTA, 1979, 4A RECORD
 2:21.97 ALYSON COLLETT, JORDAN, 1977, 3A RECORD
 2:24.54 TAMMY WESTON, NORTH RICH, 1979, 1A RECORD
 2:33.11 CHARLENE MCARTHUR, EMERY, 1979, 2A RECORD

MILE RUN (CLASS RECORDS)

5:13.83 ERICA BIRK, NORTH SUMMIT, 4-27-2011, 2A RECORD
 5:17.00 JILL MOLEN, WEST, 1978, 4A RECORD
 5:24.04 ALLISON HORSELY, DAVIS, 1979, 3A RECORD
 5:45.50 LYNNETTE MAXWELL, VALLEY, 1979, 1A RECORD

TWO-MILE RUN (CLASS RECORDS)

11:29.99 JILL MOLEN, WEST, 1978, 4A RECORD
 11:55.12 ALLISON HORSELY, DAVIS, 1979, 3A RECORD
 12:30.84 SHIRLEY FRANK, INTERMOUNTAIN, 1979, 2A RECORD
 13:47.13 CAMILLE LEE, BEAVER, 1979, 1A RECORD

110-YARD HURDLES (CLASS RECORDS)

14.61 KELLIE PARK, WEST, 1978, 4A RECORD
 14.89 CONNIE ABBOTT, BEN LOMOND, 1978, 3A RECORD
 15.93 LORI JENSEN, MORGAN, 1979, 2A RECORD
 16.35 CAROLYN VERNON, NORTH SUMMIT, 1979, 1A RECORD

330-YARD HURDLES (CLASS RECORDS)

44.67 KELLIE PARK, WEST, 1979, 4A RECORD
 46.74 MAXINE PAULSON, SPRINGVILLE, 1979, 3A RECORD
 47.99 CHRIS PETTY, EMERY, 1979, 2A RECORD
 49.69 CAROLYN VERNON, NORTH SUMMIT, 1979, 1A RECORD

40-YARD RELAY (CLASS RECORDS)

49.25 BEN LOMOND, 1987, NEUENSWANDER, ALDER, ALSTON,
 MCGEE, 3A RECORD
 49.80 WEBER, 1986, CHILD, ASHCROFT, AARDEMA,
 WILLIAMS, 4A RECORD
 51.99 EMERY, 1979, GEORGE, PETTY, LAW, WEBBE, 2A RECORD
 52.14 NORTH SUMMIT, 1979, O'BRIAN, CRITTENDEN,
 VERNON, JENKINS, 1A RECORD

MILE MEDLEY RELAY

4:18.70 CARBON, 1981, BUNNELL, HARDMAN,
 OLSON, LARSON, 3A RECORD
 4:24.44 SKYLINE, 1979, SCHMIDT, PECK, TOLBOE, KIRKHAM,
 4A RECORD
 4:36.30 RICHFIELD, 1989, DANIELS, WILLARDSON,
 MARQUARDSON, JORGENSEN; 2A RECORD
 4:46.40 BEAVER, 1983, MARSHALL, DOTSON,
 GALE, BRADSHAW; 1A RECORD

MILE RELAY (CLASS RECORDS)

3:59.49 WEBER, 1986, JENKINS, HAWKES, CHILD, DAVIS;
 4A RECORD
 4:06.39 JUDGE MEMORIAL, 1988, DILLEY, HENSLEIGH,
 YERKOVICH, SKAMNES; 3A RECORD
 4:22.03 WASATCH, 1981, NORTH, KNIGHT, WRIGHT,
 TOLLEY; 2A RECORD
 4:26.30 PAROWAN, 1981, WHITE, DAVENPORT,
 ALLEN, BENTLY; 1A RECORD

HEPTATHLON

5113 SHAUNA ROHBOCK, MOUNTAIN VIEW, 1994
 5031 TIFFANY LOTT, PINE VIEW, 1993
 4945 CONNIE JOHNSTON, WEBER, 1986
 4771 SHAUNNA ROHBOCK, MOUNTAINVIEW, 1995
 4602 LAURA ZAUGG, CLEARFIELD, 1984
 4492 BECKY PERRY, MOUNTAIN VIEW, 1991
 4464 KRISTY SLADE, HUNTER, 1999
 4444 HOLLY GIBBONS, BEAR RIVER, 1996
 4243 JENNI JOHNSTON, BINGHAM, 1990
 4218 DENISE JEWKES, CARBON, 1996



PAST EVENTS NO LONGER CONTESTED

JAVELIN* (THROUGH 1998)

154' 7.00" KRIS ENGLE, OLYMPUS, 1979, 4A RECORD
153' 8.00" TERI OKELBERRY, WEBER, 5-25-1985
150' 9.00" SHAUNA JEPPSEN, BOX ELDER, 5-18-1984
150' 6.00" SANDEE MCARTHUR, DIXIE, 1993, 3A RECORD
149' 6.00" NIKI NYE, ROY, 5-29-1982
149' 5.00" NIKI NYE, ROY, 7-16-1983
147' 2.00" SHAUNA ROHBOCK, MOUNTAIN VIEW, 1995
145' 9.00" AMY CHRISTIANSEN, GRANSTVILLE, 1993, 2A RECORD
142'10.00" SHAUNA ROHBOCK, MOUNTAIN VIEW, 1995, 5A RECORD
*JAVELIN CHANGED IN 1999

JAVELIN* - OTHER CLASS RECORDS (THROUGH 1998)

128' 5.00 NERESA NIELSEN, NORTH SEVIER, 1982, 1A RECORD

*JAVELIN CHANGED IN 1999

HAMMER

155'01" MICHELLE BOWAN, SKY VIEW, 2002 #
150'09" KELLI BURTON, DAVIS, 2002 #
143'03" CANDICE WORKMAN, CLEARFIELD, 2000 #
139'04" NICOLE FARNSWORTH, VIEWMONT, 2004 #
136'07" NICOLE KNIGHTON, BOUNTIFUL, 2008 #
133'07" TATUM WEHR, WEBER, 2001 #
130'07" TIFFANY HELLSTROM, BONNEVILLE, 2007 #
130'07" MONICA MILLER, MURRAY, 2002 #
129'07" AMY MACK, MOUNTAIN VIEW, 2004 #
129'05" ERIN CHRISTIANSEN, TOOELE, 2007 #



YEAR-BY-YEAR CHAMPIONS

| YEAR | CLASS | SCHOOL | COACH | YEAR | CLASS | SCHOOL | COACH |
|------|----------|---------------|------------------|----------|----------------|---------------------------|--------------|
| 1974 | 4A | HILLCREST | JANE MINER | 1986 | 4A | WEBER | SUE WOODBURY |
| 1975 | 4A | HILLCREST | JANE MINER | 3A | OGDEN | KAYE LYNN TERRY | |
| | 3A | DAVIS | NORMA CARR | 2A | WASATCH | VERLE TOLLEY | |
| | 2A | WASATCH | LOIS CARLILE | 1A | PANGUITCH | DELIN ROUNDY | |
| 1976 | 4A | CLEARFIELD | MARGO JONES | 1987 | 4A | WEBER | SUE WOODBURY |
| | 3A | DAVIS | MARY ANN ESPLIN | 3A | BEN LOMOND | EVAN EXCELL | |
| | 2A | RICHFIELD | LARUE LEWIS | 2A | WASATCH | VERLE TOLLEY | |
| | 1A | NORTH SUMMIT | JEANNE WESTHOLME | 1A | NO SUMMIT | VALYNN SPAFFORD | |
| 1977 | 4A | SKYLINE | CRAIG POOLE | 1988 | 4A | WEBER | SUE WOODBURY |
| | 3A | DAVIS | MARY ANN ESPLIN | 3A | JUDGE MEMORIAL | STEVE COTTERELL | |
| | 2A | SAN JUAN | KAYLA WALKER | 2A | WASATCH | VERLE TOLLEY | |
| | 1A | PAROWAN | KIM HEPPLER | 1A | NORTH SEVIER | JILL PORTER | |
| 1978 | 4A | SKYLINE | CRAIG POOLE | 1989 | 4A | BINGHAM | GRANT BEERE |
| | 3A | PROVO | PATRICK SHANE | 3A | JUDGE MEMORIAL | STEVE COTTERELL | |
| | 2A | SAN JUAN | KAYLA WALKER | 2A | SAN JUAN | JANET ELKINGTON | |
| | 1A | GREEN RIVER | BILL BACON | 1A | NORTH SEVIER | JILL PORTER | |
| 1979 | 4A | SKYLINE | CRAIG POOLE | 1990 | 4A | MOUNTAIN VIEW | DAVE HOULE |
| | 3A | DAVIS | MARY ANN ESPLIN | 3A | SPRINGVILLE | DOUG BILLS/MELANIE PARKER | |
| | 2A | EMERY | NANCY REED | 2A | RICHFIELD | NYLE NORRIS | |
| | 1A | NORTH SUMMIT | SHANE ROWLEY | 1A | NO SUMMIT | VIRGINIA RICHINS | |
| 1980 | 4A | OREM | STEVE DOWNEY | 1991 | 4A | MOUNTAIN VIEW | DAVE HOULE |
| | 3A | CARBON | CHARLENE DUPIN | 3A | SPRINGVILLE | DOUG BILLS | |
| | 2A | SAN JUAN | J. L. THORNTON | 2A | RICHFIELD | NYLE NORRIS | |
| | 1A | NORTH SUMMIT | SHANE ROWLEY | 1A (TIE) | NORTH SUMMIT | CAROL BRYAN | |
| 1981 | 4A | WEBER | | WAYNE | KERRY ANDERSON | | |
| | 3A | MOUNTAIN VIEW | DAVE HOULE | 1992 | 4A | MOUNTAIN VIEW | DAVE HOULE |
| | 2A | SAN JUAN | DIANE LAGOON | 3A | PINE VIEW | ROBERT COMEFORD | |
| | 1A | NORTH SEVIER | JENNIFER ORISON | 2A | NORTH SEVIER | JILL PORTER | |
| 1982 | 4A | HILLCREST | DAVE WALKER | 1A | NORTH SUMMIT | VIRGINIA RICHINS | |
| | 3A | OREM | AARO ALAROTU | 1993 | 4A | AMERICAN FORK | ART TAYLOR |
| | 2A | WASATCH | VERLE TOLLEY | 3A | PINE VIEW | ROBERT COMEFORD | |
| | 1A | NORTH SEVIER | JENNIFER ORISON | 2A | HURRICANE | JAMES LARKIN | |
| 1983 | 4A (TIE) | HILLCREST | JAY RONK | 1A | PANGUITCH | TROY NORRIS | |
| | WEBER | SUE WOODBURY | | 1994 | 5A | MOUNTAIN VIEW | DAVE HOULE |
| | 3A | PROVO | MARK LOW | 4A | EAST | DALE STAGG | |
| | 2A | WASATCH | VERLE TOLLEY | 3A | PINE VIEW | ROBERT COMEFORD | |
| | 1A | NORTH SEVIER | MARIE BONE | 2A | NORTH SEVIER | LEXA LARSON | |
| 1984 | 4A | WEBER | SUE WOODBURY | 1A | PANGUITCH | TROY NORRIS | |
| | 3A | SPRINGVILLE | DOUG BILLS | 1995 | 5A | MOUNTAIN VIEW | DAVE HOULE |
| | 2A | HURRICANE | PATRICIA KENT | 4A | LOGAN | RAY WATTS | |
| | 1A | MONTICELLO | JOLYN CHAPPELL | 3A | PINE VIEW | TERESA PETERSON | |
| 1985 | 4A | WEBER | SUE WOODBURY | 2A | NORTH SEVIER | JILL PORTER | |
| | 3A | SPRINGVILLE | DOUG BILLS | 1A | PANGUITCH | TROY NORRIS | |
| | 2A | WASATCH | VERLE TOLLEY | | | | |
| | 1A | MONTICELLO | JOANN JEPSON | | | | |



YEAR-BY-YEAR CHAMPIONS

| YEAR | CLASS | SCHOOL | COACH | YEAR | CLASS | SCHOOL | COACH |
|------|-------|----------------|----------------------------|------|-------|----------------|---------------------------|
| 1996 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2005 | 5A | DAVIS | CORBIN TALLEY |
| | 4A | EAST | DALE STAGG | | 4A | SPANISH FORK | DAVE BOYACK |
| | 3A | DELTA | SHANE ROWLEY | | 3A | PARK CITY | BILL KAHN |
| | 2A | NORTH SEVIER | JILL PORTER | | 2A | NORTH SEVIER | JILL PORTER |
| | 1A | PANGUITCH | TROY NORRIS | | 1A | PANGUITCH | TROY NORRIS |
| 1997 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2006 | 5A | DAVIS | CORBIN TALLEY |
| | 4A | SPANISH FORK | CHRIS CAVINESS | | 4A | OREM | ANDY JACOBS |
| | 3A | PINE VIEW | TERESA PETERSON | | 3A | JUDGE MEMORIAL | DAN QUINN |
| | 2A | NORTH SEVIER | JILL PORTER | | 2A | GRAND COUNTY | STACEY GARRETT |
| | 1A | WAYNE | HEIDI MILLER | | 1A | RICH | GLEN SMITH |
| 1998 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2007 | 5A | SPANISH FORK | DAVE BOYACK |
| | 4A | SPANISH FORK | CHRIS CAVINESS | | 4A | OREM | ANDY JACOBS |
| | 3A | CEDAR CITY | BOB CORRY | | 3A | JUDGE MEMORIAL | DAN QUINN |
| | 2A | JUAB | GARY NIELSEN | | 2A | NORTH SEVIER | JILL PORTER |
| | 1A | WAYNE | HEIDI WOOLSEY | | 1A | RICH | GLENN SMITH |
| 1999 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2008 | 5A | SPANISH FORK | DAVE BOYACK/BART THOMPSON |
| | 4A | LONE PEAK | ROD JORGENSEN | | 4A | MOUNTAIN VIEW | MIKE HUNTER |
| | 3A | CEDAR CITY | BOB CORRY | | 3A | JUDGE MEMORIAL | DAN QUINN |
| | 2A | MILLARD | DOUG JOLLEY | | 2A | NORTH SEVIER | JILL PORTER |
| | 1A | WAYNE | GREG SOUTHWICK | | 1A | SAINT JOSEPH | JOE LOFFREDO |
| 2000 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2009 | 5A | RIVERTON | DARIN BIERLE |
| | 4A | LONE PEAK | ROD JORGENSEN | | 4A | SKY VIEW | MELISSA STUART |
| | 3A | CEDAR CITY | BOB CORRY | | 3A | OGDEN | DON HALL |
| | 2A | MILLARD | DOUG JOLLEY | | 2A | NORTH SUMMIT | DAVE PECK |
| | 1A | WAYNE | GREG SOUTHWICK | | 1A | SAINT JOSEPH | JOE LOFFREDO |
| 2001 | 5A | MOUNTAIN VIEW | DAVE HOULE | 2010 | 5A | RIVERTON | JAKE GARLICK |
| | 4A | FREMONT | STEVE MOORE | | 4A | SKY VIEW | MELISSA STEWART |
| | 3A | CEDAR CITY | BOB CORRY | | 3A | PARK CITY | MIKE HAHN |
| | 2A | MILLARD | DOUG JOLLEY | | 2A | NORTH SUMMIT | LARRY JONES |
| | 1A | WAYNE | GREG SOUTHWICK | | 1A | ST. JOSEPH | JOE LOFFREDO |
| 2002 | 5A | BINGHAM | JEFF ARBOGAST | 2011 | 5A | DAVIS | CORBIN TALLEY |
| | 4A | MOUNTAIN VIEW | DAVE HOULE | | 4A | SPRINGVILLE | COREY WALES |
| | 3A | JUDGE MEMORIAL | DAN QUINN | | 3A | CEDAR CITY | HEATHER LOZON |
| | 2A | NORTH SUMMIT | KEN MCQUEEN | | 2A | NORTH SUMMIT | LARRY JONES |
| | 1A | WAYNE | GREG SOUTHWICK | | 1A | RICH | GLENN SMITH |
| 2003 | 5A | ALTA | MORGAN BROWN | 2012 | 5A | DAVIS | CORBIN TALLEY |
| | 4A | MOUNTAIN VIEW | DAVE HOULE | | 4A | OREM | ANDY JACOBS |
| | 3A | JUDGE MEMORIAL | MARQUIS DUPRE | | 3A | OGDEN | DON HALL |
| | 2A | NORTH SUMMIT | KENNY MCQUEEN | | 2A | NORTH SUMMIT | LARRY JONES |
| | 1A | SAINT JOSEPH | RAY FRANKLIN/JAVIER CHAVEZ | | 1A | RICH | GLENN SMITH |
| 2004 | 5A | DAVIS | CORBIN TALLEY | 2013 | 5A | DAVIS | CORBIN TALLEY |
| | 4A | MOUNTAIN VIEW | DAVE HOULE | | 4A | HERRIMAN | JAKE GARLICK |
| | 3A | JUDGE MEMORIAL | DAN QUINN | | 3A | PARK CITY | STEVE CUTTITTA |
| | 2A | JUAN DIEGO | BISH DOLEGIEWICZ | | 2A | NORTH SUMMIT | LARRY JONES |
| | 1A | SAINT JOSEPH | RAY FRANKLIN/JAVIER CHAVEZ | | 1A | PANGUITCH | TROY NORRIS |



YEAR-BY-YEAR CHAMPIONS

| YEAR | CLASS | SCHOOL | COACH | YEAR | CLASS | SCHOOL | COACH |
|------|---|---------------|-----------------|------|--------------|---------------|------------------|
| 2014 | 5A | HERRIMAN | JONATHAN HAAG | 2023 | 6A | LONE PEAK | COURTNEY MELDRUM |
| | 4A | BOX ELDER | JEFF RAWLINS | | 5A | TIMPVUE | JAIMIE RIBERA |
| | 3A | PARK CITY | STEVE CUTTITTA | | 4A | DESERT HILLS | EMILY GEORGE |
| | 2A | NORTH SUMMIT | LARRY JONES | | 3A | MORGAN | BRYAN WEIR |
| | 1A | PANGUITCH | TROY NORRIS | | 2A | NORTH SUMMIT | DAVE PECK |
| 2015 | 5A | HERRIMAN | JONATHAN HAAG | 2024 | 1A | PANGUITCH | TROY NORRIS |
| | 4A | MAPLE MTN | DARRELL WYATT | | 6A | AMERICAN FORK | BRETT MYRUP |
| | 3A | DESERT HILLS | DACE GOULDING | | 5A | TIMPVUE | JAIMIE RIBERA |
| | 2A | MILLARD | CODY MOAT | | 4A | TIMPANOGOS | JODY BENSON |
| | 1A | PANGUITCH | TROY NORRIS | | 3A | UNION | LEVI WISE |
| 2016 | 5A | HERRIMAN | JAMES BARNES | 2A | NORTH SUMMIT | DAVE PECK | |
| | 4A | OREM | ANDY JACOBS | 1A | RICH | GLENN SMITH | |
| | 3A | CEDAR CITY | JOSH BENNETT | | | | |
| | 2A | NORTH SUMMIT | LARRY JONES | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |
| 2017 | 5A | DAVIS | CORBIN TALLEY | | | | |
| | 4A | BOX ELDER | JEFF RAWLINS | | | | |
| | 3A | DESERT HILLS | LOGAN FIELDING | | | | |
| | 2A | NORTH SUMMIT | LARRY JONES | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |
| 2018 | 6A | LONE PEAK | BRAD MOLEN | | | | |
| | 5A | CORNER CANYON | DEVIN MOODY | | | | |
| | 4A | CEDAR CITY | JAMES DAVIDSON | | | | |
| | 3A | JUAB | RON MARRELLI | | | | |
| | 2A | NORTH SUMMIT | LARRY JONES | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |
| 2019 | 6A | LONE PEAK | BRAD MOLEN | | | | |
| | 5A | PROVO | MITCHELL BRIGGS | | | | |
| | 4A | CEDAR CITY | JAMES DAVIDSON | | | | |
| | 3A | DELTA | CLINT PETERSON | | | | |
| | 2A | NORTH SUMMIT | LARRY JONES | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |
| 2020 | <i>No CHAMPIONSHIPS HELD IN SPRING 2020</i> | | | | | | |
| 2021 | 6A | LONE PEAK | BRAD MOLEN | | | | |
| | 5A | TIMPANOGOS | JODY BENSON | | | | |
| | 4A | SNOW CANYON | JUSTIN REDFEARN | | | | |
| | 3A | DELTA | CLINT PETERSON | | | | |
| | 2A | NORTH SUMMIT | DAVE PECK | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |
| 2022 | 6A | LONE PEAK | BRAD MOLEN | | | | |
| | 5A | BOX ELDER | TOM DAVIDSON | | | | |
| | 4A | DESERT HILLS | EMILY GEORGE | | | | |
| | 3A | DELTA | MAYRA JEFFERY | | | | |
| | 2A | NORTH SUMMIT | DAVE PECK | | | | |
| | 1A | PANGUITCH | TROY NORRIS | | | | |



CHAMPIONSHIPS BY COACH

| | | | | | | | |
|------------------|----------------|---|------------------|------------------|---------------|----|---|
| AARO ALAROTU | OREM | 1 | 1982 | JONATHAN HAAG | HERRIMAN | 2 | 2014, 2015 |
| KERRY ANDERSON | WAYNE | 1 | 1991 | MIKE HAHN | PARK CITY | 1 | 2010 |
| JEFF ARBOGAST | BINGHAM | 1 | 2002 | DON HALL | OGDEN | 2 | 2009, 2012 |
| BILL BACON | GREEN RIVER | 1 | 1978 | KIM HEPPLER | PAROWAN | 1 | 1977 |
| JAMES BARNES | HERRIMAN | 1 | 2016 | DAVE HOULE | MOUNTAIN VIEW | 15 | 1981, |
| GRANT BEERE | BINGHAM | 1 | 1989 | | | | 1990, 1991, 1992, 1994, 1995, 1996, 1997, 1998, 1999, 2000, |
| JOSH BENNETT | CEDAR CITY | 1 | 2016 | | | | 2001, 2002, 2003, 2004 |
| JODY BENSON | TIMPANOGOS | 2 | 2021, 2024 | MIKE HUNTER | MOUNTAIN VIEW | 1 | 2008 |
| DARIN BIERLE | RIVERTON | 1 | 2009 | ANDY JACOBS | OREM | 4 | 2006, |
| DOUG BILLS | SPRINGVILLE | 4 | 1984, | | | | 2007, 2012, 2016 |
| | | | 1985, 1990, 1991 | MAYRA JEFFERY | DELTA | 1 | 2022 |
| MARIE BONE | NORTH SEVIER | 1 | 1983 | JOANN JEPSON | MONTICELLO | 1 | 1985 |
| DAVE BOYACK | SPANISH FORK | 3 | 2005, | DOUG JOLLEY | MILLARD | 3 | 1999, |
| | | | 2007, 2008 | | | | 2000, 2001 |
| MITCHELL BRIGGS | PROVO | 1 | 2019 | LARRY JONES | NORTH SUMMIT | 9 | 2010, |
| MORGAN BROWN | ALTA | 1 | 2003 | | | | 2011, 2012, 2013, 2014, 2016, 2017, 2018, 2019 |
| CAROL BRYAN | NORTH SUMMIT | 1 | 1991 | MARGO JONES | CLEARFIELD | 1 | 1976 |
| LOIS CARLILE | WASATCH | 1 | 1975 | ROD JORGENSEN | LONE PEAK | 2 | 1999, 2000 |
| NORMA CARR | DAVIS | 1 | 1975 | BILL KAHN | PARK CITY | 1 | 2005 |
| CHRIS CAVINESS | SPANISH FORK | 2 | 1997, 1998 | PATRICIA KENT | HURRICANE | 1 | 1984 |
| JOLYN CHAPPELL | MONTICELLO | 1 | 1984 | DIANE LAGOON | SAN JUAN | 1 | 1981 |
| JAVIER CHAVEZ | SAINT JOSEPH | 2 | 2003, 2004 | JAMES LARKIN | HURRICANE | 1 | 1993 |
| ROBERT COMEFORD | PINE VIEW | 3 | 1992, | LEXA LARSON | NORTH SEVIER | 1 | 1994 |
| | | | 1993, 1994 | LARUE LEWIS | RICHFIELD | 1 | 1976 |
| BOB CORRY | CEDAR CITY | 4 | 1998, | JOE LOFFREDO | SAINT JOSEPH | 3 | 2008 |
| | | | 1999, 2000, 2001 | | | | 2009, 2010 |
| STEVE COTTERELL | JUDGE MEMORIAL | 2 | 1988, 1989 | MARK LOW | PROVO | 1 | 1983 |
| STEVE CUTITTA | PARK CITY | 2 | 2013, 2014 | HEATHER LOZON | CEDAR CITY | 1 | 2011 |
| JAMES DAVIDSON | CEDAR CITY | 2 | 2018, 2019 | RON MARRELLI | JUAB | 1 | 2018 |
| TOM DAVIDSON | BOX ELDER | 1 | 2022 | KEN MCQUEEN | NORTH SUMMIT | 2 | 2002, 2003 |
| BISH DOLEGIEWICZ | JUAN DIEGO | 1 | 2004 | COURTNEY MELDRUM | LONE PEAK | 1 | 2023 |
| STEVE DOWNEY | OREM | 1 | 1980 | HEIDI MILLER | WAYNE | 1 | 1997 |
| CHARLENE DUPIN | CARBON | 1 | 1980 | JANE MINER | HILLCREST | 2 | 1974, 1975 |
| MARQUIS DUPRE | JUDGE MEMORIAL | 1 | 2003 | CODY MOAT | MILLARD | 1 | 2015 |
| JANET ELKINGTON | SAN JUAN | 1 | 1989 | BRAD MOLEN | LONE PEAK | 4 | 2018, |
| MARY ANN ESPLIN | DAVIS | 3 | 1976, | | | | 2019, 2021, 2022 |
| | | | 1977, 1979 | DEVIN MOODY | CORNER CANYON | 1 | 2018 |
| EVAN EXCELL | BEN LOMOND | 1 | 1987 | STEVE MOORE | FREMONT | 1 | 2001 |
| LOGAN FIELDING | DESERT HILLS | 1 | 2017 | BRETT MYRUP | AMERICAN FORK | 1 | 2024 |
| RAY FRANKLIN | SAINT JOSEPH | 2 | 2003, 2004 | GARY NIELSEN | JUAB | 1 | 1998 |
| JAKE GARLICK | RIVERTON(1) | 2 | | NYLE NORRIS | RICHFIELD | 2 | 1990, 1991 |
| | HERRIMAN(1) | | | TROY NORRIS | PANGUITCH | 15 | 1993, |
| | | | 2010 AT RIVERTON | | | | 1994, 1995, 1996, 2005, 2013, 2014, 2015, 2016, 2017, 2018, |
| | | | 2013 AT HERRIMAN | | | | 2019, 2021, 2022, 2023 |
| STACEY GARRETT | GRAND COUNTY | 1 | 2006 | JENNIFER ORISON | NORTH SEVIER | 2 | 1981, 1982 |
| EMILY GEORGE | DESERT HILLS | 2 | 2022, 2023 | MELANIE PARKER | SPRINGVILLE | 1 | 1990 |
| | | | | DAVID PECK | NORTH SUMMIT | 5 | 2009, |
| DACE GOULDING | DESERT HILLS | 1 | 2015 | | | | 2021, 2022, 2023, 2024 |



CHAMPIONSHIPS BY COACH

| | | | |
|------------------|-----------------|---|---|
| CLINT PETERSON | DELTA | 2 | 2019, 2021 |
| TERESA PETERSON | PINE VIEW | 2 | 1995, 1997 |
| CRAIG POOLE | SKYLINE | 3 | 1977, 1978, 1979 |
| JILL PORTER | NORTH SEVIER | 9 | 1988, 1989, 1992, 1995, 1996, 1997, 2005, 2007, 2008 |
| DAN QUINN | JUDGE MEMORIAL | 5 | 2002, 2004, 2006, 2007, 2008 |
| JEFF RAWLINS | BOX ELDER | 2 | 2014, 2017 |
| JUSTIN REDFEARN | SNOW CANYON | 1 | 2021 |
| NANCY REED | EMERY | 1 | 1979 |
| JAIMIE RIBERA | TIMPVUE | 2 | 2023, 2024 |
| VIRGINIA RICHINS | NORTH SUMMIT | 2 | 1990, 1992 |
| JAY RONK | HILLCREST | 1 | 1983 |
| DELIN ROUNDY | PANGUITCH | 1 | 1986 |
| SHANE ROWLEY | NORTH SUMMIT(2) | 3 | |
| | DELTA(1) | | |
| | | | 1979, 1980 AT NORTH SUMMIT 1996 AT DELTA |
| PATRICK SHANE | PROVO | 1 | 1978 |
| GLENN SMITH | RICH | 5 | 2006, 2007, 2011, 2012, 2024 |
| GREG SOUTHWICK | WAYNE | 4 | 1999, 2000, 2001, 2002 |
| VALYNN SPAFFORD | NORTH SUMMIT | 1 | 1987 |
| DALE STAGG | EAST | 2 | 1994, 1996 |
| MELISSA STUART | SKY VIEW | 2 | 2009, 2010 |
| CORBIN TALLEY | DAVIS | 7 | 2004, 2005, 2006, 2011, 2012, 2013, 2017 |
| ART TAYLOR | AMERICAN FORK | 1 | 1993 |
| KAYE LYNN TERRY | OGDEN | 1 | 1986 |
| BART THOMPSON | SPANISH FORK | 1 | 2008 |
| J. L. THORNTON | SAN JUAN | 1 | 1980 |
| VERLE TOLLEY | WASATCH | 6 | 1982, 1983, 1985, 1986, 1987, 1988 |
| COREY WALES | SPRINGVILLE | 1 | 2011 |
| DAVE WALKER | HILLCREST | 1 | 1982 |
| KAYLA WALKER | SAN JUAN | 2 | 1977, 1978 |
| RAY WATTS | LOGAN | 1 | 1995 |
| BRYAN WEIR | MORGAN | 1 | 2023 |
| JEANNE WESTHOLME | NORTH SUMMIT | 1 | 1976 |
| LEVI WISE | UNION | 1 | 2024 |
| SUE WOODBURY | WEBER | 6 | 1983, 1984, 1985, 1986, 1987, 1988 |
| HEIDI WOOLSEY | WAYNE | 1 | 1998 |
| DARRELL WYATT | MAPLE MOUNTAIN | 1 | 2015 |

No COACH LISTED WEBER 1981
 IF YOU HAVE INFORMATION ON MISSING COACHES NAMES
 EMAIL: CURT@UHSAA.ORG



Ms. TRACK

| <u>YEAR</u> | <u>ATHLETE</u> | <u>SCHOOL</u> |
|-------------|----------------|---------------|
| 2024 | JANE HEDENGREN | TIMPVUE |
| 2023 | AMARE HARLAN | FREMONT |