

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION SPORTS RECORDS BOOK

# CROSS COUNTRY - GIRLS

RECORDS COMPILED SINCE 1979



CHAMPIONSHIPS AND COACHING .....	85
YEAR-BY-YEAR CHAMPIONS .....	88
CHAMPIONSHIPS BY COACH.....	91
DESERET NEWS - Ms. CROSS COUNTRY HONOREES .....	93

CLICK ON A RECORD OR PAGE NUMBER TO GO DIRECTLY TO THE LISTED PAGE

[RETURN TO INTERACTIVE MENU](#)



## CHAMPIONSHIPS AND COACHING

### STATE CHAMPIONSHIPS

21 MOUNTAIN VIEW, 1984-1991, 1993-1997, 2001, 2003, 2004, 2007, 2009, 2011, 2023, 2024  
 14 PARK CITY, 1992, 2002-2006, 2008-2014, 2025  
 12 MONTICELLO, 1982-1987, 1992-1995, 1999, 2000  
 11 PANGUITCH, 2011, 2012-2014, 2018, 2020, 2021, 2022, 2023, 2024, 2025  
 10 CEDAR, 1993-2000, 2007, 2022  
 10 NORTH SUMMIT, 2013, 2014, 2015, 2016, 2017, 2021, 2022, 2023, 2024, 2025  
 9 MOUNTAIN CREST, 1990, 1992, 1998, 1999, 2005, 2006, 2008, 2012, 2014  
 7 SPRINGVILLE, 1993, 2018, 2019, 2020, 2021, 2022, 2025  
 7 TAMPVIEW, 1980, 1981, 1986, 1988, 1996, 2023, 2024  
 6 AMERICAN FORK, 2009, 2014, 2015, 2016, 2018, 2021  
 6 DAVIS, 2007, 2008, 2010-2013  
 6 FREMONT, 2000-2005  
 6 LONE PEAK, 2019, 2020, 2022, 2023, 2024, 2025  
 6 PIVE VIEW, 2001, 2016, 2017, 2019, 2020, 2021  
 6 ST. JOSEPH, 2002, 2003, 2007-2010  
 6 WAYNE, 1997-2001, 2005  
 4 ALTA, 1979, 1980, 1983, 1984  
 4 OGDEN, 2010, 2013, 2021, 2023  
 4 WHITEHORSE, 1988-1991

### STATE CHAMPIONSHIPS — CONSECUTIVE

8 CEDAR, 1993-2000  
 8 MOUNTAIN VIEW, 1984-1991  
 7 PARK CITY, 2008-2014  
 6 FREMONT, 2000-2005  
 6 MONTICELLO, 1982-1987  
 6 PANGUITCH, 2020-2025  
 5 MOUNTAIN VIEW, 1993-1997  
 5 NORTH SUMMIT, 2013-2017  
 5 NORTH SUMMIT, 2021-2025  
 5 PARK CITY, 2002-2006  
 5 SPRINGVILLE, 2018-2022  
 5 WAYNE, 1997-2001  
 4 DAVIS, 2010-2013  
 4 LONE PEAK, 2022-2025  
 4 MONTICELLO, 1992-1995  
 4 PANGUITCH, 2011-2014  
 4 ST. JOSEPH, 2007-2010  
 4 WHITEHORSE, 1988-1991  
 3 AMERICAN FORK, 2014-2016  
 3 BINGHAM, 1998-2000  
 3 GRANTSVILLE, 1996-1998  
 3 MORGAN, 2018-2020  
 3 PINE VIEW, 2019-2021  
 3 RICHFIELD, 2001-2003

### COACHING

#### STATE CHAMPIONSHIPS

14 DAVE HOULE, MOUNTAIN VIEW, 1984-1991, 1993-1997, 2001  
 10 DAVE PECK, NORTH SUMMIT, 2013-2017, 2021-2025  
 9 BOB CORRY, CEDAR 1993-2000, 2007  
 6 JOE WOLFE DAVIS, MONTICELLO, 1982-1987  
 6 BRUNO HUNZIKER, AMERICAN FORK, 2009, 2014-2016, 2018, 2021  
 6 COURTNEY MELDRUM, LONE PEAK, 2019, 2020, 2022, 2023, 2024, 2025  
 6 LISA REED, ST. JOSEPH, 2002, 2003, 2007-2010  
 6 CORBIN TALLEY, DAVIS, 2007, 2008, 2010-2013  
 5 DAVID HOLT, PINE VIEW, 2016, 2017, 2019, 2020, 2021  
 5 BILL KAHN, PARK CITY, 2002-2006  
 5 RON NELSON, MONTICELLO, 1992-1995, 1999  
 5 SAMANTHA SMITH, SPRINGVILLE, 2018-2022  
 5 GREG SOUTHWICK, WAYNE, 1997-2001  
 5 JEFF WYANT, PARK CITY, 2008-2012  
 5 DANNY YARDLEY, PANGUITCH, 2018, 2020, 2021, 2022, 2023  
 4 ART HANSEN, FREMONT, 2000-2003  
 4 RAY JENSON, ALTA, 1979, 1980, 1983, 1984  
 4 MARY KIRBY, MOUNTAIN CREST, 2005, 2006, 2008, 2011  
 3 JEFF ARBOGAST, BINGHAM, 1998-2000  
 3 RONALD K. BARLOW, WHITEHORSE, 1989-1991  
 3 ROGER COWAN, GRANTSVILLE, 1996, 1997, 1998  
 3 DONALD LIVINGSTON, MILFORD, 2006, 2017, 2019  
 3 DALE STAGG, EAST, 1994, 1995, 1997

#### STATE CHAMPIONSHIPS — CONSECUTIVE

8 BOB CORRY, CEDAR, 1993-2000  
 8 DAVE HOULE, MOUNTAIN VIEW, 1984-1991  
 6 JOE WOLFE DAVIS, MONTICELLO, 1982-1987  
 5 BILL KAHN, PARK CITY, 2002-2006  
 5 SAMANTHA SMITH, SPRINGVILLE, 2018-2022  
 5 DAVE PECK, NORTH SUMMIT, 2013-2017  
 5 DAVE PECK, NORTH SUMMIT, 2021-2025  
 5 GREG SOUTHWICK, WAYNE, 1997-2001  
 5 JEFF WYANT, PARK CITY, 2008-2012  
 4 ART HANSEN, FREMONT, 2000-2003  
 4 COURTNEY MELDRUM, LONE PEAK, 2022-2025  
 4 RON NIELSON, MONTICELLO, 1992-1995  
 4 LISA REED, ST. JOSEPH, 2007-2010  
 4 CORBIN TALLEY, DAVIS, 2010-2013  
 4 DANNY YARDLEY, PANGUITCH, 2020-2023  
 3 JEFF ARBOGAST, BINGHAM, 1998-2000  
 3 RONALD K. BARLOW, WHITEHORSE, 1989-1991  
 3 CURTIS BENJAMIN, RICHFIELD, 2001-2003  
 3 ROGER COWAN, GRANTSVILLE, 1996-1998  
 3 BRENNEN FULLER, MORGAN, 2018-2020  
 3 DAVID HOLT, PINE VIEW, 2019-2021  
 3 BRUNO HUNZIKER, AMERICAN FORK, 2014-2016



## INDIVIDUAL CHAMPIONSHIPS

### INDIVIDUAL

#### **STATE CHAMPIONS — 4-TIME WINNERS**

SAMANTHA GAFFNEY, JUDGE MEMORIAL, 2002-2005  
SARAH ELLETT, WAYNE, 1995-1998  
WHITNI ORTON, PANGUITCH, 2012-2015

#### **STATE CHAMPIONS — 3-TIME WINNERS**

DIANNA BARLOW, MONTICELLO, 1992-1994  
ERICA BIRK, NORTH SUMMIT, 2009-2011  
ANNA CAMP, MILLARD, 2013-2015  
ADELAIDE ENGLESTEAD, PANGUITCH, 2020-2022  
CARLEE HANSEN, WOODS CROSS, 2018-2020  
AMBER HARPER, OREM, 2000-2002  
TAYLIA NORRIS, PANGUITCH, 2017-2019  
WENDY SPERRY, NORTH SEVIER, 1992-1994

#### **STATE CHAMPIONS — 2-TIME WINNERS**

ANDIE AAGARD, LONE PEAK, 2022-2023  
CHERYL BENSON, PROVO, 1985-1986  
ERICA BIRK, NORTH SUMMIT, 2009-2010  
KRISTIE BROWN, PROVO, 1987-1988  
EMILY CHOURNOS, MORGAN, 1991-1992  
KRISTEN FROHLICH, RICHFIELD, 2001-2002  
KRYSTAL HARPER, OREM, 2006-2007  
LISA LARSON, CARBON, 1980-1981  
TARA LAWS, SAN JUAN, 1987-1988  
NATASHA McCULLOUGH, MANILA, 2005-2006  
MACEE NIELSON, MONTICELLO, 2007, 2010  
MACINZE O'VEY, MOUNTAIN CREST, 2005, 2008  
AMANDA PACE, WAYNE, 2000-2001  
LYNNETTE PETERSEN, BINGHAM, 1988-1989  
CASSIE RICKS, FREMONT, 2004-2005  
KASEY SHIEW, MONTICELLO, 1985-1986  
CAROLYN TORONTO, HIGHLAND, 1982-1983  
DAYNA VANARSDOL, GRAND, 2007-2008  
ANNA WATKINS, MOUNTAIN CREST, 1991-1992  
CARA WEISER, PARK CITY, 1993-1994  
RENA WILLIAMS, BEAVER, 1999-2000



SUGARHOUSE PARK - STATE CHAMPIONSHIP RECORDS

1998-2019, 2024-2025 (SUGARHOUSE COURSE ALTERED IN 2015)

**GIRLS 6A:**

FR. -18:07.0	MAE GLASSFORD, AMERICAN FORK (4TH)	2025
SO. -17:35.6	SKYE JENSEN, AMERICAN FORK (1ST)	2024
JR. -17:39.0	SKYE JENSEN, AMERICAN FORK (1ST)	2025
SR - 17:49.0	MCKENNA LEE, WEBER (1ST)	2017

**GIRLS 5A:**

FR. -17:42.5	DANIELLE MENLOVE, JORDAN(1ST)	2008
SO. -17:41.0	LAURA ZEIGLE, BINGHAM(1ST)	1999
JR. -17:21.9	LILY ALDER, TIMPVIEW (2ND)	2024
SR - 16:21.5	JANE HEDENGREN (1ST)	2024

**GIRLS 4A:**

FR. -18:14.2	TATUM FLACH, PARK CITY (3RD)	2024
SO.- 17:49.6	LUCY BILES, HERRIMAN (1ST)	2012
JR. - 17:15.0	ANNA MARTIN, LEHI (1ST)	2018
SR. -17:25.0	SARAH FEENY, OGDEN (1ST)	2013

**GIRLS 3A:**

FR. -18:37.8	ALISON PRAY, PAYSON (6TH)	2013
SO. -18:22.6	BAILEY BRINKERHOFF, DESERT HILLS (1ST)	2016
JR. -17:57.4	AVERY BARTON, OGDEN (2ND)	2025
SR. -17:12.7	ROZLYN STOWE, CARBON (1ST)	2025

**GIRLS 2A:**

FR. -18:11.5	BROOKE GREENBERG, ROWLAND HALL (1ST)	2024
SO. -18:48.2	SADIE SARGENT, NORTH SUMMIT (2ND)	2015
JR. -17:58.0	SADIE SARGENT, NORTH SUMMIT (1ST)	2016
SR. -17:31.1	SADIE SARGENT, NORTH SUMMIT (1ST)	2017

**GIRLS 1A:**

FR. -19:03.7	MACEE NIELSON, MONTICELLO(1ST)	2007
SO. -18:48.9	ANDREA CHAVEZ, ST. JOSEPH (1ST)	2008
JR. -18:53.6	WHITTNI ORTON, PANGUITCH (1ST)	2014
SR -18:29.1	WHITTNI ORTON, PANGUITCH (1ST)	2015

**ALL-TIME STATE COURSE TIMES (COURSE ALTERED IN 2015):**

16:21.5	JANE HEDENGREN, TIMPVIEW (1ST)	5A	2024
17:12.7	ROZLYN STOWE, CARBON (1ST)	3A	2025
17:15.0	ANNA MARTIN, LEHI (1ST)	4A	2018
17:21.9	LILY ALDER, TIMPVIEW (2ND)	5A	2024
17:24.7	COURTNEY WAYMENT, DAVIS (1ST)	5A	2015
17:25.0	SARAH FEENY, OGDEN (1ST)	4A	2013
17:27.8	LILY ALDER, TIMPVIEW (1ST)	5A	2025
17:28.2	MADelyn REEDER, HIGHLAND (1ST)	4A	2025
17:31.1	SADIE SARGENT, NORTH SUMMIT	2A	2017
17:36.4	KELSEY BRAITHWAITE, BOX ELDER(1ST)	4A	2011
17:38.9	SKYE JENSEN, AMERICAN FORK (1ST)	6A	2025

**GIRLS 1A TEAM TIMES (TOP 5 CUMULATIVE):**

100:37.0	ST. JOSEPH (1ST)	2008
103:07.8	WAYNE (1ST)	2000
103:17.5	ST. JOSEPH (1ST)	2010
103:24.1	WAYNE (1ST)	1998
103:48.5	ST. JOSEPH (1ST)	2009

**GIRLS 2A TEAM TIMES:**

99:45.2	NORTH SUMMIT (1ST)	2017
99:50.4	NORTH SUMMIT (1ST)	2025
100:20.3	NORTH SUMMIT (1ST)	2016
100:25.9	NORTH SUMMIT (1ST)	2024
102:16.3	MILLARD (1ST)	2019

**GIRLS 3A TEAM TIMES:**

93:36.2	PARK CITY (1ST)	2013
93:52.1	PARK CITY (1ST)	2012
95:11.8	OGDEN (2ND)	2012
95:16.1	PINE VIEW (1ST)	2016
95:35.5	PARK CITY (1ST)	2008

**GIRLS 4A TEAM TIMES:**

94:11.5	MOUNTAIN CREST (1ST)	2012
94:33.5	MOUNTAIN VIEW (2ND)	2017
94:48.5	DESERT HILLS (1ST)	2018
94:52.5	MOUNTAIN VIEW (1ST)	2024
95:00.8	MOUNTAIN CREST (1ST)	2008

**GIRLS 5A TEAM TIMES:**

91:45.3	AMERICAN FORK (1ST)	2015
92:19.7	DAVIS (2ND)	2015
92:27.8	DAVIS (1ST)	2013
92:42.5	AMERICAN FORK (1ST)	2014
93:19.1	DAVIS (2ND)	2014

**GIRLS 6A TEAM TIMES:**

91:03.9	LONE PEAK (1ST)	2025
91:31.4	LONE PEAK (1ST)	2024
91:47.0	AMERICAN FORK (2ND)	2025
91:59.4	LONE PEAK (1ST)	2019
93:31.6	RIVERTON (2ND)	2024

**GIRLS ALL-TIME TEAM TIMES:**

91:03.9	LONE PEAK 6A-1	2025
91:31.4	LONE PEAK 6A-1	2024
91:41.9	TIMPVIEW 5A-1	2024
91:45.3	AMERICAN FORK 5A-1	2015
91:47.0	AMERICAN FORK 6A-2	2025
91:59.4	LONE PEAK 6A-1	2019
92:19.7	DAVIS 5A-2	2015
92:27.8	DAVIS 5A-1	2013
92:45.5	AMERICAN FORK 5A-1	2014
93:19.1	DAVIS 5A-2	2014
93:36.1	AMERICAN FORK 5A-1	2016



## YEAR-BY-YEAR CHAMPIONS

YEAR	CLASS	SCHOOL	COACH	YEAR	CLASS	SCHOOL	COACH
1979	4A	ALTA	RAY JENSON	1993	5A	MOUNTAIN VIEW	DAVE HOULE
	3A	PROVO	PATRICK SHANE		4A	SPRINGVILLE	MELANIE BARKER
	2A	INTERMOUNTAIN	GORDON NELSON		3A	CEDAR CITY	BOB SCHEXNAYDER
1980	4A	ALTA	RAY JENSON		2A	MONTICELLO	RON NIELSON
	3A	TIMPVUE	BRIAN KUHLMANN		1A	ROWLAND HALL	GAYLYN MOONEY
1981	4A	WEBER		1994	5A	MOUNTAIN VIEW	DAVE HOULE
	3A	TIMPVUE	BRIAN KUHLMANN		4A	EAST	DALE STAGG
	2A	WASATCH			3A	CEDAR CITY	BOB CORRY
1982	4A	HILLCREST	JAY RONK		2A	MONTICELLO	RON NIELSON
	3A	PROVO	MARK LOW		1A	MON. VALLEY	BOYD SILVERSMITH
	2A	MONTICELLO	JOE WOLFE DAVIS	1995	5A	MOUNTAIN VIEW	DAVE HOULE
1983	4A	ALTA	RAY JENSON		4A	EAST	DALE STAGG
	3A	OREM	SCOTT WALKINSHAW		3A	CEDAR CITY	BOB CORRY
	2A	MONTICELLO	JOE WOLFE DAVIS		2A	MONTICELLO	RON NIELSON
1984	4A	ALTA	RAY JENSON		1A	DUGWAY	GEORGE BRUCE
	3A	MOUNTAIN VIEW	DAVE HOULE	1996	5A	MOUNTAIN VIEW	DAVE HOULE,
	2A	MONTICELLO	JOE WOLFE DAVIS		4A	TIMPVUE	WAYNE SORENSEN
1985	4A	MOUNTAIN VIEW	DAVE HOULE		3A	CEDAR CITY	BOB CORRY
	3A	PROVO	MARK LOW		2A	GRANTSVILLE	ROGER COWAN
	2A	MONTICELLO	JOE WOLFE DAVIS		1A	DUGWAY	GEORGE BRUCE
1986	4A	MOUNTAIN VIEW	DAVE HOULE	1997	5A	MOUNTAIN VIEW	DAVE HOULE
	3A	TIMPVUE	WAYNE SORENSEN		4A	EAST	DALE STAGG
	2A	MONTICELLO	JOE WOLFE DAVIS		3A	CEDAR CITY	BOB CORRY
1987	4A	MOUNTAIN VIEW	DAVE HOULE		2A	GRANTSVILLE	ROGER COWAN
	3A	JUDGE MEMORIAL	ERIC HOULE		1A	WAYNE	GREG SOUTHWICK
	2A	MONTICELLO	JOE WOLFE DAVIS	1998	5A	BINGHAM	JEFF ARBOGAST
1988	4A	MOUNTAIN VIEW	DAVE HOULE		4A	MOUNTAIN CREST	BRAD DANCE
	3A	TIMPVUE	WAYNE SORENSEN		3A	CEDAR CITY	BOB CORRY
	2A	WHITEHORSE	RONALD K. BARLOW		2A	GRANTSVILLE	ROGER COWAN
1989	4A	MOUNTAIN VIEW	DAVE HOULE		1A	WAYNE	GREG SOUTHWICK
	3A	BOX ELDER	JAMES FULLER	1999	5A	BINGHAM	JEFF ARBOGAST
	2A	WHITEHORSE	RONALD K. BARLOWE		4A	MOUNTAIN CREST	MARY KIRBY
1990	4A	MOUNTAIN VIEW	DAVE HOULE		3A	CEDAR CITY	BOB CORRY
	3A	MOUNTAIN CREST	MARK APPLGARTH		2A	MONTICELLO	RON NIELSON
	2A	SOUTH SEVIER	JOHN SCOTT		1A	WAYNE	GREG SOUTHWICK
	1A	WHITEHORSE	RONALD BARLOW	2000	5A	BINGHAM	JEFF ARBOGAST
1991	4A	MOUNTAIN VIEW	DAVE HOULE		4A	FREMONT	ART HANSEN
	3A	LOGAN	RON MCBRIDE		3A	CEDAR CITY	BOB CORRY
	2A	WHITEHORSE	RON BARLOW		2A	MONTICELLO	SANFORD RANDALL
1992	4A	OREM	TERRY BELT		1A	WAYNE	GREG SOUTHWICK
	3A	MOUNTAIN CREST	KELLY BENNETT	2001	5A	FREMONT	ART HANSEN
	2A	PARK CITY	MICHELLE TAYLOR		4A	MOUNTAIN VIEW	DAVE HOULE
	1A	MONTICELLO	RON NIELSON		3A	PINE VIEW	BOB COMEFORD
					2A	RICHFIELD	BRYAN GRIFFIN
					1A	WAYNE	GREG SOUTHWICK



## YEAR-BY-YEAR CHAMPIONS

YEAR	CLASS	SCHOOL	COACH	YEAR	CLASS	SCHOOL	COACH
2002	5A	FREMONT	ART HANSEN	2011	5A	DAVIS	CORBIN TALLEY
	4A	OREM	SCOTT HOULE		4A	MOUNTAIN VIEW	MIKE HUNTER
	3A	PARK CITY	BILL KAHN		3A	PARK CITY	JEFF WYANT
	2A	RICHFIELD	CURTIS BENJAMIN		2A	ROWLAND HALL	MARK OFTEDAL
	1A	ST. JOSEPH	LISA REED		1A	PANGUITCH	GENNY HOUSTON
2003	5A	FREMONT	ART HANSEN	2012	5A	DAVIS	CORBIN TALLEY
	4A	MOUNTAIN VIEW	DAVE HOULE		4A	MOUNTAIN CREST	MARY KIRBY
	3A	PARK CITY	BILL KAHN		3A	PARK CITY	JEFF WYANT
	2A	RICHFIELD	CURTIS BENJAMIN		2A	ROWLAND HALL	MARK OFTEDAL
	1A	ST. JOSEPH	LISA REED		1A	PANGUITCH	GENNY HOUSTON
2004	5A	FREMONT	AMBER TINGEY	2013	5A	DAVIS	CORBIN TALLEY
	4A	MOUNTAIN VIEW	DAVE HOULE		4A	OGDEN	DON HALL
	3A	PARK CITY	BILL KAHN		3A	PARK CITY	JEFF WYANT
	2A	JUAN DIEGO	DAVE SMITH		2A	NORTH SUMMIT	DAVE PECK
	1A	WATERFORD	TROY JONES		1A	PANGUITCH	GENNY HOUSTON
2005	5A	FREMONT	AMBER TINGEY	2014	5A	AMERICAN FORK	BRUNO HUNZIKER
	4A	MOUNTAIN CREST	MARY KIRBY		4A	MOUNTAIN CREST	MARY KIRBY
	3A	PARK CITY	BILL KAHN		3A	PARK CITY	STEVE CUTTITTA
	2A	NORTH SEVIER	GEORGE CHAPPELL		2A	NORTH SUMMIT	DAVE PECK
	1A	WAYNE	GREG SOUTHWICK		1A	PANGUITCH	GENNY HOUSTON
2006	5A	JORDAN	GREG CRAMER	2015	5A	AMERICAN FORK	BRUNO HUNZIKER
	4A	MOUNTAIN CREST	MARY KIRBY		4A	TIMPANOGOS	JODY BENSON
	3A	PARK CITY	BILL KAHN		3A	STANSBURY	STEVE ALLEN
	2A	NORTH SEVIER	GEORGE CHAPPELL		2A	NORTH SUMMIT	DAVE PECK
	1A	MILFORD	DON LIVINGSTON		1A	PAROWAN	MIKE ROBINSON
2007	5A	DAVIS	CORBIN TALLEY	2016	5A	AMERICAN FORD	BRUNO HUNZIKER
	4A	MOUNTAIN VIEW	MIKE HUNTER		4A	TIMPANOGOS	JODY BENSON
	3A	CEDAR CITY	BOB CORRY		3A	PINE VIEW	DAVID HOLT
	2A	MILLARD	PETE ANDERSON		2A	NORTH SUMMIT	DAVE PECK
	1A	ST. JOSEPH	LISA REED		1A	PAROWAN	MIKE ROBINSON
2008	5A	DAVIS	CORBIN TALLEY	2017	6A	PLEASANT GROVE	MARK MORRISON
	4A	MOUNTAIN CREST	MARY KIRBY		5A	SKYLINE	THOMAS PORTER
	3A	PARK CITY	JEFF WYANT		4A	PINE VIEW	DAVE HOLT
	2A	SAN JUAN	KIMBERLY HIATT		3A	SAN JUAN	HOLLY WALKER
	1A	ST. JOSEPH	LISA REED		2A	NORTH SUMMIT	DAVE PECK
2009	5A	AMERICAN FORK	BRUNO HUNZIKER	2018	1A	MILFORD	DONALD LIVINGSTON
	4A	MOUNTAIN VIEW	MIKE HUNTER		6A	AMERICAN FORK	BRUNO HUNZIKER
	3A	PARK CITY	JEFF WYANT		5A	SPRINGVILLE	SAMANTHA SMITH
	2A	SAN JUAN	KIMBERLY HIATT		4A	DESERT HILLS	LOGAN FIELDING
	1A	ST. JOSEPH	LISA REED		3A	MORGAN	BRENNEN FULLER
2010	5A	DAVIS	CORBIN TALLEY	2A	MILLARD	CODY MOAT	
	4A	OGDEN	DON HALL	1A	PANGUITCH	DANNY YARDLEY	
	3A	PARK CITY	JEFF WYANT				
	2A	PAROWAN	MIKE ROBINSON				
	1A	ST. JOSEPH	LISA REED				



## YEAR-BY-YEAR CHAMPIONS

YEAR	CLASS	SCHOOL	COACH
2019	6A	LONE PEAK	COURTNEY MELDRUM
	5A	SPRINGVILLE	SAMANTHA SMITH
	4A	PINE VIEW	DAVID HOLT
	3A	MORGAN	BRENNEN FULLER
	2A	MILLARD	CODY MOAT
	1A	MILFORD	DONALD LIVINGSTON
2020	6A	LONE PEAK	COURTNEY MELDRUM
	5A	SPRINGVILLE	SAMANTHA SMITH
	4A	PINE VIEW	DAVID HOLT
	3A	MORGAN	BRENNEN FULLER
	2A	MILLARD	CODY MOAT
	1A	PANGUITCH	DANNY YARDLEY
2021	6A	AMERICAN FORK	BRUNO HUNZIKER
	5A	SPRINGVILLE	SAMANTHA SMITH
	4A	PINE VIEW	DAVID HOLT
	3A	OGDEN	MERRILEE BLACKHAM
	2A	NORTH SUMMIT	DAVE PECK
	1A	PANGUITCH	DANNY YARDLEY
2022	6A	LONE PEAK	COURTNEY MELDRUM
	5A	SPRINGVILLE	SAMANTHA SMITH
	4A	CEDAR	GREG HARRIS
	3A	CARBON	TELISSA ALLEN
	2A	NORTH SUMMIT	DAVE PECK
	1A	PANGUITCH	DANNY YARDLEY
2023	6A	LONE PEAK	COURTNEY MELDRUM
	5A	TIMPVUE	JAIMIE RIBERA
	4A	MOUNTAIN VIEW	MIKE STRAUSS
	3A	OGDEN	MERRILEE BLACKHAM
	2A	NORTH SUMMIT	DAVE PECK
	1A	PANGUITCH	DANNY YARDLEY
2024	6A	LONE PEAK	COURTNEY MELDRUM
	5A	TIMPVUE	JAIMIE RIBERA
	4A	MOUNTAIN VIEW	MIKE STRAUSS
	3A	CARBON	TELISSA MARTAK
	2A	NORTH SUMMIT	DAVE PECK
	1A	PANGUITCH	MEGAN ALBRECHT
2025	6A	LONE PEAK	COURTNEY MELDRUM
	5A	SPRINGVILLE	VALERIE BODLILY
	4A	PARK CITY	LIIS RAMETTA
	3A	EMERY	KRISTY GUYMON
	2A	NORTH SUMMIT	DAVE PECK
	1A	PANGUITCH	MEGAN ALBRECHT

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION SPORTS RECORDS BOOK



## CHAMPIONSHIPS BY COACH

COACH	SCHOOL	TITLES	YEAR(S)	COACH	SCHOOL	TITLES	YEAR(S)
MEGAN ALBRECHT	PANGUITCH	2	2024, 2025	GENNY HOUSTON	PANGUITCH	4	2011, 2012, 2013, 2014
STEVE ALLEN	STANSBURY	1	2015	MIKE HUNTER	MOUNTAIN VIEW	3	2007, 2009, 2011
TELISSA ALLEN	CARBON	1	2022	BRUNO HUNZIKER	AMERICAN FORK	6	2009, 2014, 2015, 2016, 2018, 2021
PETE ANDERSON	MILLARD	1	2007	RAY JENSON	ALTA	4	1979, 1980, 1983, 1984
MARK APLEGARTH	MOUNTAIN CREST	1	1990	TROY JONES	WATERFORD	1	2004
JEFF ARBOGAST	BINGHAM	3	1998, 1999, 2000	BILL KAHN	PARK CITY	5	2002, 2003, 2004, 2005, 2006
MELANIE BARKER	SPRINGVILLE	1	1993	MARY KIRBY	MOUNTAIN CREST	6	1999, 2005, 2006, 2008, 2012, 2014
RONALD K. BARLOW	WHITEHORSE	4	1988, 1989, 1990, 1991	BRIAN KUHLMANN	TIMPVUE	2	1980, 1981
TERRY BELT	OREM	1	1992	DONALD LIVINGSTON	MILFORD	3	2006, 2017, 2019
CURTIS BENJAMIN	RICHFIELD	2	2002, 2003	MARK LOW	PROVO	2	1982, 1985
KELLY BENNETT	MOUNTAIN CREST	1	1992	TELISSA MARTAK	CARBON	1	2024
JODY BENSON	TIMPANOGOS	2	2015, 2016,	CODY MOAT	MILLARD	3	2018, 2019, 2020
MERRILEE BLACKHAM	OGDEN	2	2021, 2023	RON MCBRIDE	LOGAN	1	1991
VALERIE BODILY	SPRINGVILLE	1	2025	COURTNEY MELDRUM	LONE PEAK	6	2019, 2020, 2022, 2023, 2024, 2025
GEORGE BRUCE	DUGWAY	2	1995, 1996	GAYLYN MOONEY	ROWLAND HALL	1	1993
GEORGE CHAPPELL	NORTH SEVIER	2	2005, 2006	MARK MORRISON	PLEASANT GROVE	1	2017
BOB COMEFORD	PINE VIEW	1	2001	GORDON NELSON	INTERMOUNTAIN	1	1979
BOB CORRY	CEDAR CITY	8	1994, 1995, 1996, 1997, 1998, 1999, 2000, 2007	RON NIELSON	MONTICELLO	5	1992, 1993, 1994, 1995, 1999
ROGER COWAN	GRANTSVILLE	3	1996, 1997, 1998	MARK OFTEDAL	ROWLAND HALL	2	2011, 2012
GREG CRAMER	JORDAN	1	2006	DAVE PECK	NORTH SUMMIT	10	2013, 2014, 2015, 2016, 2017, 2021, 2022, 2023, 2024, 2025
STEVE CUTTITTA	PARK CITY	1	2014	THOMAS PORTER	SKYLINE	1	2017
BRAD DANCE	MOUNTAIN CREST	1	1998	SANFORD RANDALL	MONTICELLO	1	2000
JOE WOLFE DAVIS	MONTICELLO	6	1982, 1983, 1984, 1985, 1986, 1987	LISA REED	ST. JOSEPH	6	2002, 2003, 2007, 2008, 2009, 2010
LOGAN FIELDING	DESERT HILLS	1	2018	JAIMIE RIBERA	TIMPVUE	2	2023, 2024
BRENNEN FULLER	MORGAN	3	2018, 2019, 2020	MIKE ROBINSON	PAROWAN	3	2010, 2015, 2016
JAMES FULLER	BOX ELDER	1	1989	JAY RONK	HILLCREST	1	1982
BRYAN GRIFFIN	RICHFIELD	1	2001	LIIS TAMETTA	PARK CITY	1	2025
KRISTY GUYMON	EMERY	1	2025	BOB SCHEXNAYDER	CEDAR CITY	1	1993
DON HALL	OGDEN	22	010, 2013	JOHN SCOTT	SOUTH SEVIER	1	1990
ART HANSEN	FREMONT	4	2000, 2001, 2002, 2003	PATRICK SHANE	PROVO	1	1979
GREG HARRIS	CEDAR	1	2022	BOYD SILVERSMITH	MONUMENT VALLEY	1	1994
KIMBERLY HIATT	SAN JUAN	2	2008, 2009	DAVE SMITH	JUAN DIEGO	1	2004
DAVID HOLT	PINE VIEW	5	2016, 2017, 2019, 2020, 2021	SAMANTHA SMITH	SPRINGVILLE	5	2018, 2019, 2020, 2021, 2022
DAVE HOULE	MOUNTAIN VIEW	16	1984, 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1993, 1994, 1995, 1996, 1997, 2001, 2003, 2004				
ERIC HOULE	JUDGE MEMORIAL	1	1987				
SCOTT HOULE	OREM	1	2002				

Cross Country - Girls



## CHAMPIONSHIPS BY COACH

COACH	SCHOOL	TITLES	YEAR(S)
WAYNE SORENSEN	TIMPVUE	3	1986, 1988, 1996
GREG SOUTHWICK	WAYNE	6	1997, 1998, 1999, 2000, 2001, 2005
DALE STAGG	EAST	3	1994, 1995, 1997
MIKE STRAUSS	MOUNTAIN VIEW	2	2023, 2024
CORBIN TALLEY	DAVIS	6	2007, 2008, 2010, 2011, 2012, 2013
MICHELLE TAYLOR	PARK CITY	1	1992
AMBER TINGEY	FREMONT	2	2004, 2005
HOLLY WALKER	SAN JUAN	1	2017
SCOTT WALKINSHAW	OREM	1	1983
JEFF WYANT	PARK CITY	6	2008, 2009, 2010, 2011, 2012, 2013
DANNY YARDLEY	PANGUITCH	5	2018, 2020, 2021, 2022, 2023

NO COACH INFORMATION WEBER 1981

NO COACH INFORMATION WASATCH 1981

IF YOU HAVE INFORMATION ON MISSING COACHES NAMES

EMAIL: CURT@UHSAA.ORG



## Ms. CROSS COUNTRY

<u>YEAR</u>	<u>ATHLETE</u>	<u>SCHOOL</u>
2024	JANE HEDENGREN	TIMPVIEW
2023	JANE HEDENGREN	TIMPVIEW
2022	JANE HEDENGREN	TIMPVIEW