

## SECTION 12: Limited Team Membership

A student, while participating as a member of a high school team, may not compete on a team not sponsored by his or her school in the same activity during the same season. A student may compete in a non-school sponsored contest as an individual, not a team member, while a member of a high school team during an activity season.

### **Interps & Guidelines 1.12.1: LIMITED TEAM MEMBERSHIP**

- A. No member of a high school team may compete in any organized competition on any outside team for a particular sport after the competition start date in a given season, other than the exceptions listed below. One-day auditions or try outs are allowed during the season so long as no high school practices or games are missed.
- B. A student may practice and train on a team not sponsored by his or her school in the same activity during the same season.
- C. Tennis doubles and relays in track are not considered to be teams. Student athletes may play in a non-school sponsored contest, in individual sports, where no team scores are kept. Golfers may compete provided that no other team member plays in the same group (four-some, three-some, two-some).
- D. Olympic Development Program (ODP) for swimming: student athletes may be granted an exception to the Limited Team Membership Rule in order to participate on an ODP team if the following conditions are met:
  1. The outside team is a legitimate ODP team as verified by the national governing body for swimming.
  2. Student obtains written permission contract signed by player, parent/guardian, high school coach, principal and ODP coordinator.
  3. Team shall be selected, and UHSAA advised at least thirty days prior to ODP competition.
  4. Any missed academic lessons are completed.
- E. A high school soccer player may compete in up to two soccer tournaments, showcases, and/or events, including ODP for soccer, not sponsored by his or her school, where next-level opportunities exist, if the following conditions are met:
  1. The outside team is attending an approved opportunity as verified by the UHSAA/UUSA partnership committee.
  2. At least thirty days prior to the tournament, showcase or event, the student must provide written notification, signed by the player and their parent/guardian, to his or her high school coach and UHSAA.
  3. Any missed academic lessons must be completed.
  4. In the event an exceptional showcase opportunity, including but not limited to a trial, performance, or training opportunity with a professional soccer academy, team or college event, becomes available to a student athlete after he or she has already attended, or is scheduled to attend, two outside tournaments, showcases or events, the student athlete may submit a written request to the high school coach and UHSAA for approval of attendance beyond the two-event limit.
- F. The Limited Team Membership Rule applies only to competition. It does not apply to music, forensics and drama performances. These groups are free to perform for parades, concerts, church/community functions, etc. However, Association catastrophic insurance will not be in effect for unsanctioned activities.