Limited Team Membership Rule

The UHSAA has received numerous inquiries in regards to club team participation during the 2019 UHSAA girls’ soccer season.

Article 1, Section 12 of the UHSAA Handbook states:

“A student, while participating as a member of a high school team, may not participate on a team not sponsored by his or her school in the same activity during the same season.”

“No member of a high school team may compete in any organized competition on any outside team for a particular sport after the competition start date in a given season...”

There are only two exceptions:

1. Olympic Development Program (ODP) rule: student athletes may be granted an exception to the Limited Team Membership Rule in order to participate on an ODP (or similar team in non-Olympic sports) team if the following conditions are met:
   
a. The outside team is a legitimate ODP team as verified by the national governing body for that sport.

b. Student obtains written permission contract signed by player, parent/guardian, high school coach, principal and ODP coordinator.

c. Team shall be selected, and UHSAA advised at least thirty days prior to ODP competition.

d. Any missed academic lessons are completed.

2. The National League Player Showcase in March, for boys’ soccer, has been approved by the Executive Committee as an exception to the Limited Team Membership Rule.


A student who will participate on an outside team on or past the competition start date for girls’ soccer may not try out, practice or play for their high school team until their outside team membership ends. At that time, the high school may elect to hold a late tryout. It is the school’s discretion to allow late tryouts.