

2024 UHSAA DIVISIONAL CHEER COMPETITIONS!

Southern, Delta High School, January 6th
Central and Northern, Salt Lake Community College ([4600 South Redwood Road](#)), January 12th and 13th

ATTENTION: Cheer Coaches

*Thank you for entering your team in the UHSAA Divisional Cheer Competitions. We are so excited about this year's competitions and want to make them a great experience for you and your students. Please read the following information, and if you have questions or concerns, please feel free to contact us at lori@rccompets.com or 801-910-4557. *I have attached the order of performance for the Southern Competition with the approximate times. Please realize these are **approximate**, and we may move faster or slower depending on how the day goes. We will post the lineup, and if there are any changes, they will be posted on the rccompets.com website. The Central and Northern orders will be coming later this week. Please look them over and let us know if there are any mistakes.*

Participant Waivers: Please fill out the student/coaches Roster and Waivers on the RC Competition website. If you filled out waivers for the practicum or Winter Classic, you do not have to do another one unless you make changes to your roster.

Judges: There will be penalty judges who will be looking strictly for safety violations and boundary violations, as well as timing violations. **THERE WILL BE NO WARNINGS!!** One of these judges will also be responsible for giving deductions. (Refer to the new deductions scoresheet.). On your final tally sheet, where you see penalty points, these are your deductions and your rule violations added together. You will need to look at your score sheet to determine which is which. It is important that you know you are expected to “strictly” follow the NFHS Spirit Rules as well as all Utah restrictions. Teams who do not comply will be given a safety penalty; we will not be giving warnings! **But if it is clear that you do not have a clear understanding of the safety rules and you have many intended infractions, you will be given a NS (no score).** Make sure you review the scoring system. So here are a few things you should double-check to make sure you are complying:

1. Follow all safety rules
2. Make sure you check the timing of your set-up, entrance/exit, and routine. If your routine is 2:29 or 2:30, there is always an element of human error, so that is cutting it pretty close.
3. Make sure that you follow the boundary rules

4. Make sure you follow all category rules; please review and make changes if you received deductions for anything at practicums or the Winter Classic. Make sure you have the proper number of bases and spotters required in the rule book. Bracers need to make sure they do not drop their head below their waist. The top person in a basket needs to make sure that if they drop their head back in an arch during a toss, it is back up before the descent.

5. Judges see your routine for the first time on the floor, so if you have something in it that is questionable or “close” to being illegal, I suggest you change it because judges will have a short amount of time to determine if the routine is in compliance.

6. You know that judges are human beings, and they may miss some of your difficulties. I hope that doesn't happen, but I will apologize for it in advance.

7. WE WANT YOU TO SHOW GOOD SPORTSMANSHIP AND RESPECT EVERYONE THAT HAS WORKED MANY HOURS TO PROVIDE AN EDUCATIONAL AND SAFE ATMOSPHERE FOR YOUR ATHLETES. WE WILL BE GLAD TO ANSWER QUESTIONS BUT REMEMBER, THE COMPETITION DIRECTORS ARE NOT JUDGING. THEY DO NOT THE HAVE THE STRENGTH TO REVERSE A SCORE.

NEW CHALLENGE: HEAD COACHES ONLY (challenges submitted by anyone else will not be reviewed): Once your score sheets have arrived in your Google file, you will have 15 minutes to submit a challenge. I have attached a coach's explanation sheet; please read it carefully so that you will know how to submit a challenge.

A competition-specific email will be sent out in the next few days, so please make sure that you watch for that, even if it comes during the break. We are looking forward to a great competitive cheer season.