

Utah High School Activities Association



2025 STATE COMPETITIVE CHEER COMPETITIONS

State Finals

Wednesday, January 22 @ 9:00 a.m.

3A 9:00 a.m. 1A, 2A, 2:30 p.m. 6A 7:30 p.m.

Friday, January 24

4A, 5A @ 10:00 a.m.

Utah Valley University, UCCU Center

TICKET PRICES & SPECTATOR ADMISSION

All tickets must be purchased through GoFan, with links on the UHSAA website. The UCCU ticket office will open 60 minutes prior to the competition start time for **pass holders only**. Ticket Prices for State Competitive Cheer Competitions: Adults \$10.00, Students (grades K-12) \$5.00, Senior Citizens (65+) \$5.00. A service fee is added to all digital ticketing.

Spectators will not be allowed to enter the arena for seating until 1 hour prior to each event. **Saving seats is not allowed.** Blankets or other items shall not be used to save seats. **No overnight camping will be allowed at UVU.**

IF SPECTATORS PLAN TO SHOW UP EARLY TO STAND IN LINE, BE PREPARED TO STAND OUTSIDE!!!! THERE WILL BE NO FORMING OF LINES INSIDE OF THE UCCU CENTER.

TEAM DROP-OFF, CHECK-IN & ARENA SEATING

Coaches shall provide their driver with the map of the drop-off route posted on the competitive cheer page at www.uhsaa.org.

Buses must follow the designated route through the UVU parking lot to the team drop-off area by the entrance to the North Back Service Lot (see map). TEAMS SHALL WALK DOWN THE RAMP ON THE NORTH SIDE OF THE UCCU CENTER AND CHECK-IN AT THE NORTH ENTRANCE (the large garage door on the north side). Bus parking will be available at UVU West Campus in Lot 1. Drivers can take UTA's UVX Bus Service from Orem Central Station to UVU free of charge. Bus drivers will need to purchase a ticket for admittance through GoFan.

Parking and transportation guidelines are located on the Competitive Cheer page from the UHSAA website.

Please come prepared with the number of team members you have, as this information is needed for the check-in process. You will receive a team packet that will have your QR code for your challenge in it. After dropping off the team, buses proceed north out of the parking area and follow the designated route as outlined on the map. Coaches shall have their team check-in as a group to have their hands stamped for the day. If the weather is bad (wet or snowy ground) please enter the arena with shoes that are NOT your performance shoes. We want to make sure that the performance floor stays free of water or any debris.

Teams may check in one hour prior to their assigned practice/warm up time.
MAKE SURE YOU TAKE A COPIE OF THE QR CODE FOR TEAM CHALLENGES!

TEAM DRESSING AREAS & PROP STORAGE

Each team will be provided with a very small area in the **arena** for any uniform changes and to store small flags, signs, poms, and all props. These are not secure areas, so do not leave possessions unattended. Mirrors and plugs will be limited so please come prepared. **HOLDING ROOM ASSIGNMENTS (VERY SMALL AREAS) LOCKHART GYM HALLWAY OR THE SEATING AREA WILL BE THE MOST COMFORTABLE PLACE TO GO IN BETWEEN CATEGORIES.** The Friday session will have more schools so please make sure you do not arrive more than one hour before your warmup time in Lockhart.

Do not leave curling irons unattended at any time. Remember that this is just a curtain area as well as a walkway, so please come mostly ready or utilize the dressing rooms and do not leave any valuables unattended. UVU has asked that we do not plug curling irons into the hallway outlets near their offices. There are two restrooms in the west tunnel and one locker room for males (**locker room 5**) and one for female cheerleaders (**locker room 6**). This is NOT a team area. This locker room is for restroom purposes only and will be strictly monitored. Any team taking advantage of the use of this locker room may receive a **sportsmanship penalty**. The storage area will consist of chairs inside of the wall area. Locker rooms will **not** be available for teams to camp out in. The following are the assigned team areas during their competition pod, please make sure you clear out of it quickly after the competition is over so that the next pod of teams can move in. **STATE IS NOT ANY DIFFERENT THAN DIVISIONALS, WE NEED TO RESPECT THE SCHOOL AND REALIZE THERE IS NOT A LOCKER ROOM FOR EVERYONE. SHOW GOOD SPORTSMANSHIP!!**

DOWNSTAIRS WED. 2 ND		DOWNSTAIRS WED 1 ST		DOWNSTAIRS FRIDAY	
SOUTH SUMMIT	JUAB	BEAR RIVER			
NORTH SEVIER	GRANTSVILLE	CEDAR			
BEAVER	MANTI	GREEN CANYON			
UPSTAIRS ROOM	BINGHAM	MOUNTAIN CREST			
MANILA	UPSTAIRS ROOM	UPSTAIRS ROOM			
RICH	CANYON VIEW	SNOW CANYON			
TINTIC	MORGAN	LOGAN			
TABIONA	EMERY	MOUNTAIN CREST			
MONTICELLO	UNION	MOUNTAIN VIEW			
PANGUITCH	BEN LOMOND	PAYSON			
ENTERPRISE	RICHFIELD	PROVO			
	NORTH SANPETE	RIDGELINE			
	NORTH SUMMIT	SKY VIEW			
HALLWAY (Chairs Only)	FREMONT	WEST FIELD			
GUNNISON VALLEY	MOUNTAIN RIDGE	TOOELE			
SOUTH SEVIER	HALLWAY (Chairs Only)	HALLWAY (Chairs Only)	HALLWAY (Chairs only)		
PAROWAN	LEHI	STANSBURY	GRANGER		
DUCHESNE	DAVIS	TIMPANOGOS	HIGHLAND		
SAN JUAN	CORNER CANYON	BONNEVILLE	HUNTER		
PIUTE	WESTLAKE	BOUNTIFUL	MAPLE MOUNTAIN		
WAYNE	WEBER	BRIGHTON	NORTHRIDGE		
	RIVERTON	CEDAR VALLEY	OLYMPUS		
	HERRIIMAN	CYPRUS	SALEM HILLS		
		WOODS CROSS	SKYLINE		
		VIEWMONT	SPANISH FORK		

STATE COMPETITION DAY SCHEDULE

ATHLETE SEATING

With limited seating for spectators, teams will be seated in sections 3-9 on the lower east side of the arena. When you are finished competing DO NOT GO AND SIT WITH FAMILY MEMBERS, this will reduce the number of seats for spectators. Athletes are asked to have only a small bag with them while in this area. No blankets or large bags allowed. To prevent saving of seats, team members will NOT be allowed to sit or leave items in the spectator seating area prior to the competition starting or during the competition. No saving seats.

UCCU DOES NOT ALLOW OUTSIDE FOOD

UCCU does not allow outside food in their arena. However, teams will be allowed to bring no more than ONE cooler to provide nourishment for the athletes. Teams can eat at the concessions level or in an area outside the arena. LUNCHES CAN BE ORDERED FROM UVU.

CERTIFIED COACHES

Only coaches who are certified through Register My Coach will be allowed on the floor at UVU. Coaches must bring their issued credential and wear it at all times.

PRACTICE/WARMUP

SAME AS LAST YEAR The practice/warmup room will be in the Lockhart gym; you will be guided there by a college cheer team member. Remember that in the practice/warmup room it takes a lot of work to keep things running in sync with the performing floor. Make sure you know your warmup times. Courtney has been doing this for a long time so please make sure that you don't DEMAND any changes and just be respectful to her and to her staff.

UVU TRAINER ON STAFF

A certified trainer will be on staff 30 minutes prior to the start of the warmup times for the competition. Teams must bring their own tape. The trainer is available for on-site injuries and not to treat recurring injuries. Ice is available if needed for treatment of injuries. There will be always a trainer in the warmup area and on the performing floor.

ENTRANCE, EXIT and PERFORMANCE INSTRUCTIONS

ALL TEAMS MUST ENTER & EXIT FROM THE SOUTH END OF THE FLOOR (NO EXCEPTIONS). Coaches are responsible for compliance to all safety rules including jewelry, fingernails, etc.

All teams will perform to EITHER THE A SIDE OR B SIDE which is stated on the performance schedule.

ROTATION FOR TEAMS TO FOLLOW

The rotation of the day will be as follows: Teams will go from the holding area or seating sections to the practice area (Lockhart gym on the second level), down the south stairs to the performance floor. Following the performance, exit NORTHWEST.

Teams are responsible for going to the practice area on their own. Teams must be ready to perform at their designated time or risk receiving a penalty according to UHSAA rules. It is the responsibility of the coach to have their team in the proper place, at the proper time, so they do not miss their rotation onto the performing floor. There will be a deduction judge that will tell you when to enter the floor and listen to the MC say "please welcome....." When teams have finished competing for the day, we suggest that teams remove all their belongings from the dressing area because this will not be a secure area.

MUSIC

During the competition, a representative must be at the sound table ready to cue the music as the team performs. Failure to do so will result in a team being penalized. **Teams must have a representative certified coach at the table to start the music and to notify the sound technician immediately if there are any technical difficulties. If you are using your phone, make sure that it is on airplane mode.**

There will be four chairs set up on both sides of the floor for coaches ONLY while their team is competing, so they can sit and watch their team. **These seats are for coaches only. Cheerleaders not performing will be allowed on the floor next to the coaches behind the green during the performances. Please do not abuse this and only team members in team uniform or team warmups will be allowed.**

SPORTSMANSHIP RULE

Unsportsmanlike conduct by cheer team members or coaches during the competition or practice area will result in a 2-point penalty per routine judge for each violation, which will equal 6pts. If unsportsmanlike conduct is committed during the competition, a written complaint must be submitted to the competition director within the time frame of the current competition category. Any member of the UHSAA Tournament Committee may assess these points. The points would be deducted before the final scores are tallied and found in the deduction column. The sportsmanship deduction would be assessed to routine category being performed nearest the infraction. A sportsmanship penalty may be assessed to any team who changes costumes inside of the performance arena. Parents or anyone not part of the team, are not allowed on the arena floor level or the dressing area or warmup room. **LIPSTICK ON SIGNS OR WALLS WILL BE STRICTLY PROHIBITED.** A sportsmanship penalty may be given to teams who do not comply with this rule.

VIDEOTAPING FOR COMMERCIAL USE IS PROHIBITED

Parents and spectators are only allowed to videotape for personal use. Videotaping any portion of the state cheer competition for the purpose of selling or distributing any unedited or edited footage to other parties is strictly prohibited. Do not disturb or prevent other patrons from enjoying the competition when videotaping (i.e., standing, tripod, camera).



UHSAA STATE CHEER 2024

