

2023-2024 Solo

The emphasis of this routine is technique, style and interpretation. The overall focus of this routine should be on DANCE. Any stylized dance movement is accepted. Kicks, leaps, turns and any dance steps may be used. Tumbling and lifts, which adhere to UHSAA and NFHS rules and safety guidelines, may be included. Some formation changes are recommended for effect. The movement, music and uniform may be stylize. School uniforms or modest dance attire which adheres to NFHS rules shall be worn. Props/backdrops/sets are prohibited.

Name: _____ Classification: 6A 5A 4A 3A 2A 1A
 Competition: _____ Date: _____ Location: _____

(√) Denotes Superior Performance (O) Denotes Improvement Needed

SCORING CATEGORIES	RATING	SCORE
CHOREOGRAPHY <input type="checkbox"/> Tech. Dance Elements <input type="checkbox"/> Continuity <input type="checkbox"/> Use of Space <input type="checkbox"/> Dance Focus <input type="checkbox"/> Creativity <input type="checkbox"/> Level Changes <input type="checkbox"/> Musical Interpretation <input type="checkbox"/> Variety <input type="checkbox"/> Dynamics <input type="checkbox"/> Transitions <input type="checkbox"/> Visual Effects <input type="checkbox"/> Movements: head hands arms torso hips legs footwork	<i>Superior</i> 19-20 <i>Excellent</i> 17-18 <i>Good</i> 14-16 <i>Fair</i> 11-13 <i>Poor</i> 10-below	(20)
DIFFICULTY <input type="checkbox"/> Athletic Moves <input type="checkbox"/> Variety in Armwork/Footwork <input type="checkbox"/> Flow of Transitions <input type="checkbox"/> Technical Dance Skills <input type="checkbox"/> Variety in Turns/Leaps <input type="checkbox"/> Directional Changes <input type="checkbox"/> Flexibility <input type="checkbox"/> Rhythmic Timing Movements <input type="checkbox"/> Endurance <input type="checkbox"/> Ambidexterity <input type="checkbox"/> Intricacy of Movements	<i>Superior</i> 19-20 <i>Excellent</i> 17-18 <i>Good</i> 14-16 <i>Fair</i> 11-13 <i>Poor</i> 10-below	(20)
EXECUTION <input type="checkbox"/> Precision <input type="checkbox"/> Technique <input type="checkbox"/> Extension of Arms/Legs/Feet <input type="checkbox"/> Timing/Unison <input type="checkbox"/> Completion of Moves <input type="checkbox"/> Leaps/Jumps <input type="checkbox"/> Spacing/Alignment <input type="checkbox"/> Body Control <input type="checkbox"/> Turns <input type="checkbox"/> Transitions <input type="checkbox"/> Movements: head hands arms torso hips legs footwork	<i>Superior</i> 28-30 <i>Excellent</i> 25-27 <i>Good</i> 22-24 <i>Fair</i> 19-21 <i>Poor</i> 18-below	(30)
APPEARANCE/SHOWMANSHIP <input type="checkbox"/> Appropriate Costume <input type="checkbox"/> Energy <input type="checkbox"/> Strong/Powerful <input type="checkbox"/> Appropriate Footwear <input type="checkbox"/> Posture/Projection <input type="checkbox"/> Confidence <input type="checkbox"/> Accessories <input type="checkbox"/> Facial Expressions <input type="checkbox"/> Makeup <input type="checkbox"/> Makeup <input type="checkbox"/> Eye Contact <input type="checkbox"/> Style <input type="checkbox"/> Hair <input type="checkbox"/> Emotions <input type="checkbox"/> Audience Appeal <input type="checkbox"/> Neatness	<i>Superior</i> 28-30 <i>Excellent</i> 25-27 <i>Good</i> 22-24 <i>Fair</i> 19-21 <i>Poor</i> 18-below	(30)
Judge's Signature _____ Tabulator's Signature _____	Sub-Total Score	
	Less Penalties	
	TOTAL SCORE	(100)