## **Utah High School Activities Association**

## 2024-2025 DANCE - DIFFICULTY



When the majority (50% or more) of the team executes a described skill, the skill box is marked complete. In the Advanced level, when 100% of the team completes a described skill, the team may receive one extra skill point. However, the team is limited to ONE extra skill point from a double box per section. At the end, the completed skills are converted to difficulty points using the tables at the bottom of the sheet.

## Competition

CLASSIFICATION TEAM

Total Team Members

✓ Denotes Skill Completed

MAJORITY 50% or more of the team

BEGINNING 4-10	INTERMEDIATE 6-14	ADVANCED 15-20				
JUMPS / LEAPS	JUMPS / LEAPS	JUMPS / LEAPS (Teams are limited to ONE extra skill point from a double box per section)				
≥ 50%	≥ 50%	100% ≥50%				
☐ Demi jeté	☐ Fouetté to arabesque	Any leap with switch				
☐ Pas de chat	☐ Grande jeté / side leap	Calypso / back attitude / fan hitch / firebird / turning C / turning toe touch /				
Stag or double stag	Jump tilt / toe touch /	renversé (sustain the split)				
	Russian / C jump	TWO or more jumps/leaps consecutive (Limit of one step in between)				
	☐ Sissonne / front hurdler					
Skills Completed	Skills Completed	Skills Completed				
TURNS	TURNS	TURNS (Teams are limited to ONE extra skill point from a double box per section)				
☐ Any single rotation	☐ Any double rotation	Any triple or greater rotation (pencil / coupé / pirouette)				
(pencil / coupé / pirouette)	(pencil / coupé / pirouette)	Any triple or greater rotation (fouetté / a la secondé)				
☐ Any single rotation	☐ Changing spots for turns in a series	Any triple or greater rotation (attitude front or back)				
(piqué / chainé)	(chainé / piqué) - TWO or more	☐ Changing spot THREE or more times in the turn (fouetté / a la secondé)				
	☐ Single or double fouetté / a la	Connected combination of THREE or more different turn styles (double pirouette /				
	secondé / attitude front or back	double piqué / fouetté / a la secondé / attitude / double float / leg extension turn)				
	☐ Tour en L'air variation					
	Traveling turns in series					
	(chainé / piqué) - TWO or more					
Skills Completed	Skills Completed	Skills Completed				
		ATHLETICISM (Teams are limited to ONE extra skill point from a double box per section)				
		Combo of THREE or more turns and jumps/leaps Example: TWO different turns one leap,				
		or TWO different leaps one turn in the choreographed sequence				
		(Chainé can be used as a prep into a leap/jump but not as credit for a turn)				
		Demonstrate ambidexterity in any of the above described Advanced jumps/leaps/turns				
		(Does not have to be the same jump/leap/turn executed on both sides)				
		TWO or more demonstrations of flexibility (splits / extensions / any leap showing				
		flexibilty / partnering / back (no tumbling, aerials, or walkovers)				
Skills Completed						
TRANSITIONS	TRANSITIONS	TRANSITIONS (Teams are limited to ONE extra skill point from a double box per section)				
☐ Basic walk	☐ Change of pace with rythmic	☐ TWO or more complex formation changes				
☐ Chassé	variation	TWO or more stylistic traveling steps using complex whole body choreography				
☐ Pas dé bourree	☐ Stylistic traveling steps with arm	Change of pace with rythmic variation incorporating levels & complex direction changes				
	choreography	(eg. pass through / focus change) in a separate sequence from the previous skill				
Skills Completed	Skills Completed	Skills Completed				

**Definitions:** Variety, Multiple, and Series = TWO or more; Complex = Advanced; Sequence = Content follows a logical progression

## **COMMENTS**

SKILLS ⇒ DIFFICULTY POINTS		SKILLS ⇒ DIFFICULTY POINTS			
Total Skills Completed		Total Skills Completed			
7+ = 10 6 = 9 5 = 8	4 = 7 3 = 6	2 = 5 1 = 4	9+ = 14 8 = 13 7 = 12	6 = 11 5 = 10 4 = 9	3 = 8 2 = 7 1 = 6
Skills ⇒ Difficulty Points		Skills ⇒ Difficulty Points			

	TOTAL DIFFICULTY POINTS EARNED
Judge's Signature	
Tabulator(s)	