Utah High School Activities Association

2024-2025 SHOW - DIFFICULTY



When the majority (50% or more) of the team executes a described skill, the skill box is marked complete. In the Advanced level, when 100% of the team completes a described skill, the team may receive one extra skill point. However, the team is limited to ONE extra skill point from a double box per section. At the end, the completed skills are converted to difficulty points using the tables at the bottom of the sheet.

Competition

CLASSIFICATION TEAM

Total Team Members

✓ Denotes Skill Completed						MAJORITY 50% or more of the team				
BEGINNING 6-9		INTERMEDIATE 10-14		ADVANCED 15-20						
TRANSITIONS & MANEUVERING		TRANSITIONS & MANEUVERING		TRANSITIONS & MANEUVERING						
				≥ 50%						
≥ 50%		≥ 50%				Change of pace with rythmic variation incorporating levels & complex direction changes				
	Basic ranks, files, and scatters		Directional changes in formation			(eg. pass through, focus change)				
	Transitional movement with		Variety of transitional footwork			THREE or more complex formation changes				
	footwork only		Stylistic traveling steps with			Stylistic traveling steps using complex whole body choreography				
			arm choreography			Uses THREE or more different areas of the floor (sides, corners, front, back)				
Skills Completed Skills Comp		Skills Completed		Skills Completed						
CHARACTER & HIP HOP		CHARACTER & HIP HOP		CHARACTER & HIP HOP MOVEMENTS						
MOVEMENTS		MOVEMENTS		(Teams are limited to ONE extra skill point from a double box per section)						
				100% ≥50%						
	Basic stylized / character		Character movement sequences			TWO or more separate and distinct sections of complex character movements				
	movements		Stationary arm movements with			A complex arm movement sequence using varied rhythms and quick tempos				
	Down beat arm movements		basic footwork			TWO or more separate and distinct sections of Hip Hop varied rhythm				
	Variety of hinged joint angles		Varied rhythms and tempos with			sequences with syncopation				
	and movements		syncopation			Distinct and complex section of intricate footwork (NOT transition/traveling footwork)				
	(wrists, elbows, shoulders, etc.)		, ,			Advanced jump / leap / turn from the advanced dance rubric				
	Skills Completed		Skills Completed	Skills		Completed				
ATHLETICISM		ATHLETICISM		ATH	ATHLETICISM (Teams are limited to ONE extra skill point from a double box per section)					
	Flexibility demonstration		Flexibility demonstration			TWO or more demonstrations of flexibility				
	Jumps		Level change to the floor			TWO or more complex elements of floor work in a sequence				
	Ripple (passing from athlete		Individual weight shift / balance			Complex level change to the floor				
	to athlete)					Complex unassisted individual weight shift or balance				
						Complex partner weight shift or balance				
				_						
Skills Completed Skills Completed					Skills Completed					
	Definitions Variety Multiple and Corice TIMO or many Conseque Advanced Convenes — Content follows a logical reconstruction									

Definitions: Variety, Multiple, and Series = TWO or more; Complex = Advanced; Sequence = Content follows a logical progression

COMMENTS

SKILLS ⇒ DIFFICULTY POINTS	SKILLS ⇒ DIFFICULTY POINTS	SKILLS ⇒ DIFFICULTY POINTS Total Skills Completed		
Total Skills Completed	Total Skills Completed			
8+ = 9 5 = 6 7 = 8 6 = 7	9+ = 14 6 = 11 8 = 13 5 = 10 7 = 12	12+ = 20 8-9 = 17 4-5 = 15 11 = 19 6-7 = 16 10 = 18		
$\textbf{Skills} \Rightarrow \textbf{Difficulty Points}$	Skills ⇒ Difficulty Points	Skills ⇒ Difficulty Points		

	TOTAL DIFFICULTY POINTS EARNED
Judge's Signature	
Tabulator(s)	