

# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

## 2023-24 MILITARY DIFFICULTY

*Fifty percent (50%) of the team must execute skills to receive the difficulty points in that skill level caption. Any of the skills completed in each box is worth one (1) point. A team may receive double points if 100% of the team completes a particular skill (teams are limited to one (1) double box per caption where noted).*

School: \_\_\_\_\_

Classification: 6A 5A 4A 3A 2A

Number of Dancers:

R: 6/8/23

(✓) Denotes Skill Completed

BEGINNING 4-10	INTERMEDIATE 6-14	ADVANCED 15-20
<p><b>INTRICACY &amp; MANUEVERING OF FORMATIONS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Basic ranks and files</li> <li><input type="checkbox"/> Two (2) marching styles (i.e. point glide/elevated knee)</li> <li><input type="checkbox"/> Transitional movement with footwork only</li> </ul> <p><b>ARM MOVEMENTS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Down beat arm movements</li> <li><input type="checkbox"/> Straight arm angles</li> <li><input type="checkbox"/> Variety of hinged joint angles (wrists, elbows, shoulders etc.)</li> <li><input type="checkbox"/> Group contagions</li> <li><input type="checkbox"/> Level change</li> </ul> <p><b>ATHLETICISM</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Flexibility demonstration (i.e. kicks/splits/leg extensions/ tilts)</li> <li><input type="checkbox"/> Ripple (passing from individual to individual)</li> </ul>	<p><b>INTRICACY &amp; MANUEVERING OF FORMATIONS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Multiple (<b>2 or more</b>) ranks and files changing directions.</li> <li><input type="checkbox"/> Two or more marching styles</li> <li><input type="checkbox"/> Transitional movement with arm and foot choreography</li> </ul> <p><b>ARM MOVEMENTS</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Syncopated arm movements/rhythmic movements</li> <li><input type="checkbox"/> Stationary arm movement with basic footwork</li> </ul> <p><b>ATHLETICISM</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Two (2) Flexibility demonstration ( i.e. kicks or splits or leg extensions/tilts)</li> <li><input type="checkbox"/> NFHS Legal drops (from feet or knees)</li> <li><input type="checkbox"/> Two (2) level changes</li> <li><input type="checkbox"/> Two (2) or more connected ripples passing from individual to individual</li> <li><input type="checkbox"/> Intermediate partner/group work</li> </ul>	<p><b>TRANSITIONS &amp; MANUEVERING OF FORMATIONS:</b></p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Change of pace with rhythmic variation incorporating levels and complex direction changes (<b>complex direction change i.e. pass through, focus change</b>)</li> <li><input type="checkbox"/> Three (3) or more different marching styles</li> <li><input type="checkbox"/> Three (3) or more complex formation changes.</li> <li><input type="checkbox"/> Stylistic traveling steps using complex whole body choreography</li> <li><input type="checkbox"/> Intricately use at least three (3) different areas of the floor (sides, corners, front, back) in addition to spread out open window formations</li> </ul> <p><b>ARM AND LEG MOVEMENTS (Limit to ONE double box in this section)</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Three (3) or more Complex arm movement sequences (separated in distinct segments) using varied rhythms and quick tempos</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Two (2) or more sequences of stationary complex arm angles incorporating intricate footwork</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Three (3) or more kick styles in a sequence (i.e. fan, hitch, straight, back etc.)</li> </ul> <p><b>ATHLETICISM (Limit to ONE double box in this section)</b></p> <ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Three (3) or more demonstrations of flexibility of different skills (Kicks, splits, leg extensions etc.)</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Two (2) or more demonstrations of ambidexterity (i.e. splits/leg extensions/kicks (does not have to be same skill on both sides)</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Complex unassisted individual weight shift or balance</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Demonstrate complex partner/group weight shifts/counter balance from all participants</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Complex level changes to the floor (dead man's fall, shoot out, etc.) within a connected phrase</li> <li><input checked="" type="checkbox"/> <input type="checkbox"/> Multiple, complex elements of floor work in a sequence</li> </ul>
SKILLS = POINTS	SKILLS = POINTS	SKILLS = POINTS
7+ = 10 6 = 9 5 = 8 4 = 7 3 = 6 2 = 5 1 = 4	9+ = 14 8 = 13 7 = 12 6 = 11 5 = 10 4 = 9 3 = 8 2 = 7 1 = 6	14+ = 20 13 = 19 12 = 18 11 = 17 9 to 10 = 16 7 to 8 = 15 <div style="border: 1px solid black; padding: 5px; margin-top: 10px; width: fit-content;">             Variety = Two (2) or more              Multiple = Two (2) or more              Series = Two (2) or more              Complex = Advanced              Sequence = Content follows a logical progression           </div>
TOTAL:	TOTAL:	TOTAL:
Judges Signature: _____		