

## 2022 Football Summer Calendar

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June 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>June 1, 2022</b> Starting the day after Memorial Day, summer regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 2, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 3, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 4, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>June 5, 2022</b>	<b>June 6, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 7, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 8, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 9, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 10, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 11, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>June 12, 2022</b>	<b>June 13, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 14, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 15, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 16, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 17, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 18, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>June 19, 2022</b>	<b>June 20, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 21, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 22, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 23, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 24, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 25, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>June 26, 2022</b>	<b>June 27, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 28, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>June 29, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	<b>June 30, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.		

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July 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>July 1, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	<b>July 2, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.
<b>July 3, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	<b>July 4, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	<b>July 5, 2022</b> Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	<b>July 6, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 7, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 8, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 9, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>July 10, 2022</b>	<b>July 11, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 12, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 13, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 14, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 15, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	<b>July 16, 2022</b> Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
<b>July 17, 2022</b>	<b>July 18, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.	<b>July 19, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.	<b>July 20, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.	<b>July 21, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.	<b>July 22, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.	<b>July 23, 2022</b> Summer Regulations, no pads. Padded camps NOT allowed.
<b>July 24, 2022</b>	<b>July 25, 2022</b> First day of mandatory practice/team selection. Helmets only. Handheld pads & dummies allowed.	<b>July 26, 2022</b> Helmets only. Handheld pads & dummies allowed.	<b>July 27, 2022</b> Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	<b>July 28, 2022</b> Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	<b>July 29, 2022</b> Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	<b>July 30, 2022</b> Helmets & shoulder pads, contact with dummies and blocking sleds allowed.
<b>July 31, 2022</b>						

## 2022 Football Summer Calendar

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August 2022						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>August 1, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	<b>August 2, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	<b>August 3, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	<b>August 4, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	<b>August 5, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	<b>August 6, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.
<b>August 7, 2022</b>	<b>August 8, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	<b>August 9, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	<b>August 10, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	<b>August 11, 2022</b> Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	<b>August 12, 2022</b> Endowment Games	<b>August 13, 2022</b>
<b>August 14, 2022</b>	<b>August 15, 2022</b>	<b>August 16, 2022</b>	<b>August 17, 2022</b> First Sub-Varsity games may be played	<b>August 18, 2022</b> First Varsity games that are not endowment games may be played	<b>August 19, 2022</b>	<b>August 20, 2022</b>
<b>August 21, 2022</b>	<b>August 22, 2022</b>	<b>August 23, 2022</b>	<b>August 24, 2022</b>	<b>August 25, 2022</b>	<b>August 26, 2022</b>	<b>August 27, 2022</b>
<b>August 28, 2022</b>	<b>August 29, 2022</b>	<b>August 30, 2022</b>	<b>August 31, 2022</b>			