

2023 Football Summer Calendar

1 2 3 4 5 6 7

June 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				June 1, 2023 Starting the day after Memorial Day, summer regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 2, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 3, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
June 4, 2023	June 5, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 6, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 7, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 8, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 9, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 10, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
June 11, 2023	June 12, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 13, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 14, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 15, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 16, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 17, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
June 18, 2023	June 19, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 20, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 21, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 22, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 23, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 24, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
June 25, 2023	June 26, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 27, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	June 28, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	June 29, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	June 30, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	

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July 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						July 1, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.
July 2, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	July 3, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	July 4, 2023 Statewide moratorium. NO practices, meetings, competitions, travel or contact with student athletes. Facilities are to be closed.	July 5, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 6, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 7, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 8, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
July 9, 2023	July 10, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 11, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 12, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 13, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 14, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.	July 15, 2023 Summer Regulations, no pads except during padded camp. Padded camps may occur. Must follow heat acclimatization rules.
July 16, 2023	July 17, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 18, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 19, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 20, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 21, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 22, 2023 Summer Regulations, no pads. Padded camps NOT allowed.
July 23, 2023	July 24, 2023 Summer Regulations, no pads. Padded camps NOT allowed.	July 25, 2023 First day of mandatory practice/team selection. Helmets only. Handheld pads & dummies allowed. Start of 14-day heat acclimatization period.	July 26, 2023 Helmets only. Handheld pads & dummies allowed.	July 27, 2023 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	July 28, 2023 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.	July 29, 2023 Helmets & shoulder pads, contact with dummies and blocking sleds allowed.
July 30, 2023	July 31, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.					

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August 2023						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		August 1, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	August 2, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	August 3, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	August 4, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.	August 5, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative Policies and Guidelines.
August 6, 2023	August 7, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	August 8, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	August 9, 2023 Full gear, full contact. Two-a-day restrictions in place for 9 practice days. See Heat Acclimatization in UHSAA Administrative	August 10, 2023 Full gear, full contact.	August 11, 2023 Endowment Games	August 12, 2023
August 13, 2023	August 14, 2023	August 15, 2023	August 16, 2023 First Sub-Varsity Games may be played	August 17, 2023 First Varsity games that are not endowment games may be played	August 18, 2023	August 19, 2023
August 20, 2023	August 21, 2023	August 22, 2023	August 23, 2023	August 24, 2023	August 25, 2023	August 26, 2023
August 27, 2023	August 28, 2023	August 29, 2023	August 30, 2023	August 31, 2023		