2025 Football Summer Calendar

			JUNE 2025			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				May 29, 2025	May 30, 2025	May 31, 2025
				Starting the day after Memorial	Summer Regulations, no	Summer Regulations, no
				Day, summer regulations, no	pads except during	pads except during
				pads except during padded camp. Padded camps may	padded camp. Padded	padded camp. Padded
				occur. Must follow heat	camps may occur. Must	camps may occur. Must
				acclimatization rules.	follow heat	follow heat
					acclimatization rules.	acclimatization rules.
June 1, 2025	June 2, 2025	June 3, 2025	June 4, 2025	June 5, 2025	June 6, 2025	June 7, 2025
	_		_	Summer Regulations, no		Summer Regulations, no
	pads except during	pads except during	pads except during	pads except during	pads except during	pads except during
	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded
	camps may occur. Must	camps may occur. Must	camps may occur. Must			
	follow heat	follow heat	follow heat	follow heat	follow heat	follow heat
I 0 2025	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.
June 8, 2025	June 9, 2025	June 10, 2025	June 11, 2025	June 12, 2025	June 13, 2025	June 14, 2025
	Summer Regulations, no	Summer Regulations, no	_	Summer Regulations, no	Summer Regulations, no	Summer Regulations, no
	pads except during	pads except during	pads except during	pads except during	pads except during	pads except during
	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded
	camps may occur. Must follow heat	camps may occur. Must follow heat	camps may occur. Must follow heat			
	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.
June 15, 2025	June 16, 2025	June 17, 2025	June 18, 2025	June 19, 2025	June 20, 2025	June 21, 2025
june 13, 2023	Summer Regulations, no	Summer Regulations, no		Summer Regulations, no	Summer Regulations, no	Summer Regulations, no
	pads except during	pads except during	pads except during	pads except during	pads except during	pads except during
	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded
	camps may occur. Must	camps may occur. Must	camps may occur. Must			
	follow heat	follow heat	follow heat	follow heat	follow heat	follow heat
	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.
June 22, 2025	June 23, 2025	June 24, 2025	June 25, 2025	June 26, 2025	June 27, 2025	June 28, 2025
,	Summer Regulations, no	Summer Regulations, no		Summer Regulations, no	Summer Regulations, no	Summer Regulations, no
	pads except during	pads except during	pads except during	pads except during	pads except during	pads except during
	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded
	camps may occur. Must	camps may occur. Must	camps may occur. Must			
	follow heat	follow heat	follow heat	follow heat	follow heat	follow heat
	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.

2025 Football Summer Calendar

July 2025							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
June 29, 2025	June 30, 2025	July 1, 2025	July 2, 2025	July 3, 2025	July 4, 2025	July 5, 2025	
	Statewide moratorium.	Statewide moratorium.	Statewide moratorium.	Statewide moratorium.	Statewide moratorium.	Statewide moratorium.	
	NO practices, meetings,	NO practices, meetings,	NO practices, meetings,	NO practices, meetings,	NO practices, meetings,	NO practices, meetings,	
	competitions, travel or	competitions, travel or	competitions, travel or	competitions, travel or	competitions, travel or	competitions, travel or	
	contact with student	contact with student	contact with student	contact with student	contact with student	contact with student	
	athletes. Facillities are	athletes. Facillities are	athletes. Facillities are	athletes. Facillities are	athletes. Facillities are	athletes. Facillities are	
	to be closed.	to be closed.	to be closed.	to be closed.	to be closed.	to be closed.	
July 6, 2025	July 7, 2025	July 8, 2025	July 9, 2025	July 10, 2025	July 11, 2025	July 12, 2025	
Statewide moratorium.	_	Summer Regulations, no		Summer Regulations, no		Summer Regulations, no	
NO practices, meetings,	pads except during	pads except during	pads except during	pads except during	pads except during	pads except during	
competitions, travel or	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	
contact with student		camps may occur. Must	camps may occur. Must	camps may occur. Must	camps may occur. Must	camps may occur. Must	
athletes. Facillities are	follow heat	follow heat	follow heat	follow heat	follow heat	follow heat	
to be closed.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	
July 13, 2025	July 14, 2025	July 15, 2025	July 16, 2025 Summer Regulations, no	July 17, 2025	July 18, 2025	July 19, 2025	
	Summer Regulations, no pads except during	Summer Regulations, no pads except during	pads except during	Summer Regulations, no pads except during	Summer Regulations, no pads except during	Summer Regulations, no pads except during	
	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	padded camp. Padded	pads except during padded camp. Padded	
	-	-	camps may occur. Must	-	-	camps may occur. Must	
	follow heat	follow heat	follow heat	follow heat	follow heat	follow heat	
	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	acclimatization rules.	
July 20, 2025	July 21, 2025	July 22, 2025	July 23, 2025	July 24, 2025	July 25, 2025	July 26, 2025	
	Summer	Summer	Summer	Summer	Summer	Summer	
	Regulations, no	Regulations, no	Regulations, no	Regulations, no	Regulations, no	Regulations, no	
	_	pads. Padded camps	pads. Padded camps	pads. Padded camps	pads. Padded camps	pads. Padded camps	
	NOT allowed	NOT allowed	NOT allowed	NOT allowed	NOT allowed	NOT allowed	
July 27, 2025	July 28, 2025	July 29, 2025	July 30, 2025	July 31, 2025			
	First day of mandatory	Helmets only.	Helmets & shoulder	Helmets & shoulder			
	practice/team selection.	Handheld pads &	pads, contact with	pads, contact with			
	Helmets only. Handlheld	dummies allowed.	dummies and	dummies and			
	pads & dummies	dummies anowed.					
	allowed. Start of 14-day		blocking sleds	blocking sleds			
	heat acclimatization		alowed.	alowed.			

2025 Football Summer Calendar

August 2025								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
					August 1, 2025	August 2, 2025		
					Helmets & shoulder	Helmets & shoulder		
					pads, contact with	pads, contact with		
					dummies and	dummies and		
					blocking sleds	blocking sleds		
					alowed.	alowed.		
August 3, 2025	August 4, 2025	August 5, 2025	August 6, 2025	August 7, 2025	August 8, 2025	August 9, 2025		
_	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.		
	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions		
	in place for 9 practice	in place for 9 practice	in place for 9 practice	in place for 9 practice	in place for 9 practice	in place for 9 practice		
	days. See Heat	days. See Heat	days. See Heat	days. See Heat	days. See Heat	days. See Heat		
	Acclimatization in	Acclimatization in	Acclimatization in	Acclimatization in	Acclimatization in	Acclimatization in		
	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative		
August 10, 2025	August 11, 2025	August 12, 2025	August 13, 2025	August 14, 2025	August 15, 2025	August 16, 2025		
	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.	Full gear, full contact.	Endowment Games			
	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions	Two-a-day restrictions				
	in place for 9 practice	in place for 9 practice	in place for 9 practice days. See Heat	in place for 9 practice				
	days. See Heat Acclimatization in	days. See Heat Acclimatization in	Acclimatization in	days. See Heat Acclimatization in				
	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative	UHSAA Administrative				
August 17, 2025	August 18, 2025	August 19, 2025	August 20, 2025	August 21, 2025	August 22, 2025	August 23, 2025		
o ,		,	First Sub-Varsity	First Varsity games	,	,		
			games may be	that are not				
			played	endowment games				
			prayea	may be played				
				may be played				
August 24, 2025	August 25, 2025	August 26, 2025	August 27, 2025	August 28, 2025	August 29, 2025	August 30, 2025		
				, g = 1, = 0				