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UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION  
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[www.uhsaa.org](http://www.uhsaa.org)



## HIGH SCHOOL TRACK & FIELD QUALIFYING MEET STANDARDS AND REGULATIONS

*The following are standards which must be met in order for an institution to host a track meet where qualifying standards for the state meet may be met and/or where state records may be set:*

1. All qualifying meets must be approved and sanctioned in writing by the UHSAA. Requests are taken at the UHSAA office and must be made at least 30 days prior to the meet.
2. The meet must involve 5 or more schools and at least 2 different regions.
3. The meet is required to submit results to the UHSAA. Full results of all qualifying meets **including Region Meets** must be posted in a manner prescribed by the UHSAA by midnight the final day of competition. Using the RunnerCard meet management system allows this to be done quickly and easily at the conclusion of the meet. Bona-fide errors in recording marks may be corrected when discovered.
4. The meet must be limited to high school contestants only.
5. The National Federation Track & Field Rules Book must be followed, uniform rules, full inspection/weighing of field event implements and use of an anemometer included.
6. All officials, including starters and field judges, must have knowledge of their respective assignments and experience prior to this meet.
7. All running events must be timed by a fully automatic timing system.
8. State qualifying times or marks must be verified by the meet director.
9. A school or individual may not enter a state qualifying meet held after their Region Meet.
10. A state record may be set in any state qualifying meet, providing stipulations in numbers 11 and 12 below are accomplished.
11. All rules for establishing state records must be followed, including such items as necessary wind gauges (anemometer), implement inspection/weighing and measuring procedures and pole vault regulations. **No state qualifying times in the 100 or 200 meter dashes or in the 100 or 110 meter hurdles will be accepted without a valid and legal anemometer reading accompanying the time.**
12. Any state record breaking performance will not be considered until an official record application form is completed and filed with the UHSAA office by the meet director and/or the coach of the athlete. Record application forms can be obtained from the UHSAA website and from this link: <http://www.uhsaa.org/new/images/forms/tfrecapp.pdf>