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GENERAL GUIDELINES

Region policy supersedes individual sport/activity guidelines. UHSAA policy supersedes Region Policy. (find updated UHSAA Handbook at htt;//uhsaa.org/Publications/Handbook/Handbook.pdf)

It is the responsibility of all principals, coaches, moderators, and participants to become thoroughly familiar with these regulations.

1. Admission Fees and Tickets

Tickets will be sold at Varsity Football and all levels of Basketball, Volleyball and Region Drill.

- A. \$7 visiting high school students with activity cards and other school-age children.
- B. \$7 adults and high school students without an activity card.
- C. Individual schools may sell season tickets and/or family passes at their own discretion. For only their home games.
- D. Schools have the option of issuing season passes to home games only at a discounted price.
- E. Region II home games are free to home students with activity cards (pre-season games are up to each school).
- F. Free to holders of Region II and UHSAA passes only.
- G. Free to senior citizens (62 or over).
- H. Free to cheerleaders
- I. Student body and class officers in sweaters with SBO pass
- J. Free to children under five years of age, accompanied by a parent.
- K. Tickets will be sold at varsity football games at 6:00 p.m. and boys & girls varsity basketball no earlier than 3:00 pm. Hand stamps should be used for those requiring reentry.
- L. Tickets will be sold throughout the 3rd quarter. No one will be admitted without a ticket or a pass.

2. Supervision of Region Activities, Tournaments and Meets

- A. Any school hosting a Region II tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.
- B. The host school must have two school administrators at home varsity football and boys' varsity basketball games. Visiting team must have one administrator at away varsity football, boys' and girls' varsity basketball games and one administrator at boys' and girls' varsity soccer games. Schools will provide a school resource officer at home and away football games, home boys' and girls' basketball, away boys' basketball. It is recommended that an administrator be present at all activities, where possible. Supervising administrators are to meet prior to the game and work out supervisory details. They are also to stay following the end of the event until the crowds have dispersed and the visiting team is on the bus.
- C. It is the responsibility of the chairman of each individual activity to see that Region II tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host administrator regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.
- D. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.

- E. No sitting on the front row or standing on the floor in basketball.
- F. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate pep clubs as well as the general student body.
- G. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the Region II Board of Managers will take restrictive action against the offending school.

3. Accommodations for Visiting Teams

Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and chalkboards. Towels will not be furnished to visiting teams by the host school. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach will check facilities prior to departure. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designated rep. LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.

Visiting teams can communicate via home AD concerning availability of power sources, hook-ups and equipment options for visiting filming and media. No electronic speakers/sound/music broadcast to stands from the visiting team.

Visiting teams are encouraged to bring pre packaged meals. Accommodations for buffet style meals will not be available to the visiting team.

4. Rules for Region II Tournaments

All Region II tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the Region II Board of Managers for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the Region II Board of Managers, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region II Activities

A. Bands & Drums:

- a. A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters, and half-times only. An advisor must always be present if a band is to perform
- b. Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after a basket.

B. Students Body Officers:

a. Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Student Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

a. Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.

- b. Cheerleaders will attend both home and away football games and all home boys and girls basketball games. Individual school discretion for all other events.
- c. All stunts and pyramids must be in accordance with risk management policies.
- d. Only high school students in uniform are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal.
- e. Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.
- Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- g. Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities."
- h. No electronic cheering methods will be allowed. No electronic speakers/sound/music from the visiting team.
- i. A supervisor must be present when cheerleaders perform.
- j. The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.
- k. Only the home school will be allowed to stunt during high school activities.

D. Pre-game, Half-time, and Post-Game Activities:

- a. The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.
- b. All activities should come to a halt immediately when the flag ceremony begins. Head-gear should be removed. Activity should remain suspended until the flag ceremony is over. Starting lineups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.
- c. The announcer should call everyone to attention as the flag enters.
- d. The announcer should be objective and impartial announcing a game.
- e. Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.
- f. Basketball half-time: Maximum of seven minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.
- g. The host school pep club or drill team may use pom-poms if the floor is swept after each use, or at the earliest convenient time.
- h. A supervisor must be present when student groups perform.
- Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands.
 - i. Visiting teams will leave the field or floor immediately after the game ends.
 - ii. Visiting teams (basketball) will leave the team locker room within 20 minutes after the game ends.
 - iii. Visiting teams (football) will leave the team locker room at halftime with gear in preparation to leave the stadium immediately following the game. Administrators must escort the team to the bus.
- j. No gum, sunflower seeds, portable heaters, or sugar drinks will be allowed on turf fields.
- k. Any senior recognition cannot delay the start of the game.
- I. There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

- a. Sportsmanship Announcer Statement (To be read prior to every Region event)
 - i. "Ladies and gentlemen, welcome to (home high school) for tonight's/today's athletic contest. We welcome our guests from (visiting high school) and wish all players good luck in tonight's/today's game. Both schools are members of the Utah High School Activities Association and

support the statewide sportsmanship program Raise-the-Bar.

Sportsmanship does matter and we ask for your support in demonstrating respect for the game and all participants by refraining from negative cheers, chants, or behavior. Do Rowdy Right."

- ii. Encourage student groups to initiate sportsmanlike activities during the season.
- iii. Other than authorized spirit groups (cheerleaders, pep club, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. The exception exists for organized activities to increase student participation. (After the visiting team exits the floor/field).
- iv. The throwing of any objects, including confetti cannons, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- v. Visiting schools are not to conduct any type of post-game activities.
- vi. The use of negative or insulting chants is not to be used.
- vii. For reasons of student safety and I.D. purposes, students will not be allowed to have any body paint on any area of the body except on the face. All other body painting is prohibited. The school administration is responsible to enforce this rule.
- viii. All laser pens are prohibited.
- ix. No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- x. A sign of a positive nature on the football field at halftime for the home teams to run though will be allowed.
- xi. All banners will be used by the Cheerleaders only.
- xii. No spectator banners, signs, or spirit sticks will be allowed by visiting teams, with the only exception being banners used to honor seniors on senior night to be put away when the game begins. Visiting teams shall not hang banners at off-site venues nor bring spirit sticks to visiting venues.
- xiii. Each school may have one School Banner at the Region II Championship Meet. The maximum size for this banner being 5'X 8'. No other signs or banners will be allowed at Region site.
- xiv. "Region II Spectator Support Items" Refer to the UHSAA Handbook pg 55 (under Information Spectator Support Items).

In the chart below, ONLY those items marked "Y" will be allowed as support items at UHSAA state tournaments and meets. Region II schools follow these regulations during preseason, regular season, and in Region Tournaments. Sportsmanlike vocal cheering and support from all participants are always encouraged.

LEGEND:

	-Baseball -Basketball						-Swimming -Tennis	,
СС	-Cross Country	GO	-Golf	SB	-Softball	TR	-Track & Field	

	BB	BSK	СС	DR	FB	GO	LAX	SC	SB	SW	TE	TR	VB	WR
Practice or competition at state site 2 weeks prior	NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	YES	NO	NO	YES
Balloons	YES	NO	YES	NO	YES	YES	YES	YES	YES	NO	YES	YES	NO	NO
Poms	YES	NO	YES	YES	NO	NO								
Megaphones (non-electronic)	YES	NO	YES	NO	YES	NO	YES	YES	YES	NO	NO	YES	NO	NO
School bands (including drums)	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO

| Shirts on fans; spectator faces must be identifiable | YES |
|--|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Recorded music over PA system by approval only | YES |
| Rally towels | YES |
| Artificial noisemakers (shakers, (clickers, bells, cowbells, buzzers, thunder sticks, drums) | NO |
| Air horns, sirens, electronic bull horns, horns, vuvuzelas | NO |
| Banners on the wall except for welcome or corporate sponsor | NO |
| Handheld signs of any kind | NO |
| Cannons/muskets, whistles | NO |
| Drones | NO |
| Confetti/shredded paper | NO |
| Banners for teams to run
Through | NO |
| Laser light/pointer | NO |
| Miniature sports balls thrown into crowd | NO |

7. Events Schedules

- A. All-Region II regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent and Board of Managers approval at all levels, including varsity, junior varsity, and sophomore, may result in a fine, \$500, and forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools (recommend pre-season game agreement including the absence of teams.)
- B. Both principals are to agree to the change before a change will be sent to the Board of Managers for approval. If the Board of Managers agrees on a change of time and date of an activity, the host school must notify the arbiter of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.
- C. All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

8. Miscellaneous

- A. Awards are to be given according to the published Region II format. No additional awards will be allowed unless pre-approved by the Board of Managers.
- B. All personnel on the sidelines will be required to wear a Region II sideline pass at all games which will be monitored, distributed, and controlled by the host school administration or police officers. No one under the age of 14 will be allowed on the sideline of football games, as per state risk policy.

9. Game starting times and participant regulations

No sports activity may begin before 3:30 p.m. unless approved by the Board of Managers. However, varsity football may not start before 4:00 p.m. until Daylight Savings ends. Thereafter, games may start at 3:30 p.m.

10. PROCEDURE for BREAKING TIES for STANDING

- A. State Tournament placing is set by RPI Standings.
- B. Region Champions are based on region win/loss records. Teams winning the region with identical records will be co-champions.

11. Moratorium

.All Schools will follow the moratorium dates as outlined by UHSAA calendar.

12. Fine for Violations

A fine may be assessed for a violation of region rules as determined by the Region II Board of Managers.

13. Seeding meetings or other meetings

Any expenses that are expected to be paid by Region II should be pre-approved by the Board of Managers.

14. Eligibility

Eligibility rules for Region II will be determined by the Utah High School Activities Association By-Laws:

To participate in any UHSAA Region III or state interscholastic competition, an individual must be a full-time student in the school he/she has established eligibility for. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region II activities in the succeeding grading period. Incompletes and/or no grades are computed as F's for eligibility. Student eligibility will be determined 5 school days after the end of the term.

No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with varsity, junior varsity, sophomore, or freshman teams.

The word represent shall be defined below. Any violator of the Scholastic Eligibility By-laws shall not:

- a. be in uniform on competition night;
- b. warm-up with the team;
- c. be introduced as a member of the team.

The above student/participant may, however, continue to practice with his/her team upon approval of the school administration.

- a. Student eligibility will be determined 5 school days after the end of the term.
- b. An incomplete and/or no grade is considered a failure until it is made up.
- c. A student enters upon high school work when he/she enters the 9th grade regardless of whether the 9th grade is in the high school or a separate junior high school. This means that all 9th or 10th grade students must not have failed more than one class the previous grading period and have a GPA 2.0 or higher.
- d. For the purpose of fall sports eligibility, classes taken during the summer do not constitute the previous term.

15. Coaches

Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the principal to direct the coaching staff to be examples of good sportsmanship at all times.

Coaches are not to exert undue influence on officials before, during or after any contest. Any complaints or protests are to be made through the principal of the school.

Fall Coaching Credentials are due NO LATER than August 1, 2024

Winter Coaching Credentials are due NO LATER than

Spring Coaching Credentials are due NO LATER than

16. Number of Games

Teams which exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from the record and one loss may be added. Other sanctions may be taken by the Region II Board of Managers.

17. Duties of Region Chairpersons

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all Region II competitions and tournaments of respective activity.
- C. Select and honor respective All-Region II teams where applicable and input names into google sheet for Board of Managers to access.
- D. Be direct liaison to Region II Board of Managers.
- E. Be responsible for all awards, trophies, medals, etc., pertinent to respective activity.
- F. The all Region II teams should be selected by the coaches within two weeks of the conclusion of the activity where applicable.
- G. Activity chairpersons organize a time and location that coaches meet to select their all Region II teams.

18. Undue influence rule, violation

- A. If there is clear evidence that a coach has violated Article 1, Section 9 of the UHSAA bylaws or interpretations he/she will appear before the Region II Board of Managers and may be under the direction of the UHSAA to receive any or all of the following for the first violation:
 - a. A letter of reprimand.
 - b. Suspension
 - c. Fine
- B. If it is determined a coach has violated the undue influence rule a second time, the coach may be suspended a minimum of three contests or one-half of the remaining Region II schedule (whichever is greater).
- C. A third violation may mean suspension for the remainder of the current season.

19. Penalties

Upon having knowledge of an infraction of a rule or policy Region II may initiate action in accordance with UHSAA policies.

20. Region Finances

Expenses for Region activities and competitions can be reimbursed from Region funds by submitting a reimbursement request to Janice Johnson, financial secretary at Bingham High School. Receipts for expenditures should be included with the form. Forms should be signed by the School Principal as well as the Region II Chairman and submitted no later than 30 days from the end of the event to:

Janice Johnson Region II Bingham High School 2160 W 10400 S South Jordan, Utah 84095

UHSAA TENTATIVE STATE EVENTS CALENDAR UHSAA HANDBOOK

Trophies and Awards

Academic All-Region	Any SENIOR/VARSITY participant with a cumulative GPA 3.75 or higher. Lower levels
Academic All-Ivegion	will be recognized at local school discretion.
Baseball	One region trophy
Basketball, Boys & Girls	One region trophy each
Cross Country	One region-meet trophy each, medals for places 1-10 Varsity
Drama	Six (6) 4x6 Plaques-Outstanding Performance in Region One-Act plays- decided by the three (3) Festival Play Judges One hundred and twenty (120) Superior Individual Medals (awarded to Straight Superiors and medals round participants only). (110) 1st, 2nd, 3rd Place IE's divided in the following way: 1 of each) 1st, 2nd, 3rd Place Classical Scenes 3 total) (1 of each) 1st, 2nd, 3rd Place Contemporary Scenes (3 total) (1 of each) 1st, 2nd, 3rd Place Humorous Monologue (3 total) (1 of each) 1st, 2nd, 3rd Place Dramatic Monologue (3 total) (1 of each) 1st, 2nd, 3rd Place Pantomime (3 total) 1 of each) 1st, 2nd, 3rd Place Musical Theatre (3 total) 3 Plaques for Plays- 1st, 2nd, 3rd Place Region 2 Plays 3 Trophies for Sweepstakes Awards (1st Place Region 2 Drama, 2nd Place Region 2 Drama, 3rd Place Region 2 Drama)
Drill Team	One region trophy, plaques-1 st and 2 nd place in each category: dance, military, and show, Three drill down medals for top three finishers
Football	One region trophy
Forensics/Debate	Medals: 1st thru 3rd place medallions will be awarded to participants, and the Utah High School Association will pay for those.
Golf, Boys & Girls	One region trophy each, 10 Medals for 10 low medalists (15)
Lacrosse, Boys & Girls	One region trophy each
Music	Certificates for Superior (I) Ratings in Orchestral, Large Choir, Madrigals, Solo & Ensemble, and Jazz Band Festivals. Certificates for all participating bands according to a rating in Region Marching Band competition.
Soccer, Boys & Girls	One region trophy each
Softball	One region trophy, one JV trophy
Swimming, Boys & Girls	One region Trophy each, Medals for places 1 st - 6 th individual (8 events) and top 3 relays teams (3 events)
Tennis, Boys & Girls	One region trophy each, 24 medals: 1st-4th places in 5 categories: 1st, 2nd, and 3rd singles and 1st and 2nd doubles
Track, Boys & Girls	One region trophy each, medals for places 1 st -6 th individual (13½ events) and top 3 relay teams (3 events)
Volleyball, Boys and Girls	One region trophy each
Wrestling, Boys & Girls	One region trophy each

Region II Chairs

Region II Chairman	Name	Email	Phone Number
Region Chair	Rodney Shaw B	rodney.shaw@jordandistrict.org	801-557-7961
ADEC	Sam Rogers MR		
Baseball	Brady Bartholomew R	brady.bartholomew2@jordandistrict.org	801-256-5819
Boys' Basketball	Andrew Blanchard H	andrew.blanchard@jordandistrict.org	801-815-0102
Girls' Basketball	Vae Toilolo B	vaega.toilolo@jordandistrict.org	808-256-5845
Cross Country	Rufine Einzinger B	rufine.einzinger@jordandistrict.org	801-256-5116
Drill Team	Sterling Hunt CH	sterling.hunt@jordandistrict.org	801-888-5445
Drama	Julianna Wing CH	Julianna.wing@jordandistrict.org	801-722-4926
Football	Art Erickson B	arthur.erickson@jordandistrict.org	801-815-6435
Forensics	Jordan Denos CC	jordan.denos@canyonsdistrict.org	801-801-6400
Golf-Boys	Jordan Denos CC	jordan.denos@canyonsdistrict.org	801-826-6400
Golf-Girls	Marni Davis R	marni.davis@jordandistrict.org	801-256-5815
Music, Instrumental	Janilee Mullen CH	janilee.mullen@jordandistrict.org	801-201-8914
Music, Vocal	Janilee Mullen CH	janilee.mullen@jordandistrict.org	801-201-8914
Boys Soccer	Jentry Johnson HH	jentry.johnson@jordandistrict.org	801-
Girls Soccer	Kevin Barton MR	kevin.barton@jordandistrict.org	801-412-1700
Softball	Mike Farnsworth CH	michael.farnsworth@jordandistrict.org	801-256-5389
Swimming	Rebecca Bass CC	rebecca.bass@canyonsdistrict.org	801-826-6400
Boys Tennis	Matt Tranter HH	matthew.tranter@jordandistrict.org	
Girls Tennis	Taylor Anderson CC	taylor.anderson@canyonsdistrict.org	801-826-6400
Track	Glen Varga R	glen.varga@jordandistrict.org	801-870-8474
Girls Volleyball	Misty Jolley CC	misty.jolley@canyonsdistrict.org	801-826-6400
Boys Wrestling	Curtis Hagen MR	curtis.hagen@jordandistrict.org	801-412-1700
Girls Wrestling	Tom Gatten MR	thomas.gatten@jordandistrict.org	801-412-1700
Boys Lacrosse	Chris Titus HH	christopher.titus@jordandistrict.org	801-567-8534
Girls Lacrosse	Jane Harward MR	jane.harward@jordandistrict.org	801-412-1700
E-Sports	Mark Halliday CH	mark.halliday@jordandistrict.org	801-256-5328
Cheer	Michelle Putnam MR	michelle.putnam@jordandistrict.org	801-412-1700
Boys Volleyball	Sally Wilde B	sally.wilde@jordandistrict.org	801-756-8755

BINGHAM	Name	Email	Office Phone	Cell Phone
Principal	Rodney Shaw	rodney.shaw@jordandistrict.org	801-256-5101	801-557-7961
Asst. Principal	Art Erickson	arthur.erickson@jordandistrict.org	801-256-5100	801-815-6435
Asst Principal	Sally Wilde	sally.wilde@jordandistrict.org	801-256-5117	801-7551032
Asst. Principal	Rufine Einzinger	rufine.einzinger@jordandistrict.org	801-256-5116	801-230-5960
Asst. Principal	Vaega Toilolo	vaega.toilolo@jordandistrict.org	801-256-5163	808-256-5845
Secretary	Loma Ling	loma.ling@jordandistrict.org	801-256-5104	
Athletic Director	Aaron Rodney	aaron.rodney@jordandistrict.org	801-256-4198	605-480-1387
Baseball				
Boys' Basketball	Kyle Straatman	kyle.straatman@jordandistrict.org	801-256-4167	801-995-8454
Girls' Basketball	Hector Marquez	hector.marquez@jordandistrict.org	801-256-4149	208-412-4079
Cheerleading	Amber Thomas	amber.thomas@jordandistrict.org	801-256-4176	801-597-2138
Cross Country	Vance Brown	vance.brown@jordandistrict.org	801-256-4158	801-870-8830
Drill Team	Erika Cox	ecox_dancer@comcast.net	NA	801-971-7646
Drama	Dave Martin	david.martin@jordandistrict.org	801-256-5100	
Football	Josh Johnson	josh.johnson@jordandistrict.org	801-256-4138	801-834-3959
Forensics	Kristen Parker	kristen.parker@jordandistrict.org	NA	
Golf-Boys	Sterling Jack	sterling@sterlingjack.com	NA	801-573-8777
Golf-Girls	Brett Boberg	brett.boberg@jordandistrict.org	801-256-5100	801-696-5889
Music, Instrumental	Darin Graber	darin.graber@jordandistrict.org	801-256-5176	
Music, Vocal	Logan Bingham	logan.bingham@jordandistrict.org	801-256-5100	
Boys Soccer			NA	801-637-0081
Girls Soccer	Tennille Vance	tennillevance@gmail.com	NA	801-694-3981
Softball	Mikki Jackson	mikki.jackson@jordandistrict.org	801-256-4175	801-205-6362
Swimming	Clint Sorensen	clsorens@cisco.com	NA	801-641-8793
Boys Tennis	Lorin Brown	lorinbrown21@gmail.com	NA	801-554-2221
Girls Tennis	Richie Harris	harryisda@gmail.com	NA	801-349-6961
Track	Vance Brown	vance.brown@jordandistrict.org	801-256-5100	801-928-6586
Volleyball	Reed Carlson	reed@clubvsports.com	NA	801-635-5459
Boys Wrestling	Matt Walker	matthew.walker@jordandistrict.org	801-256-4181	801-884-8973
Girls Wrestling	Vidal Salas	salasvidal111@gmail.com	NA	435-813-8055
Boys Lacrosse	Brett Everill	brett.everill@jordandistrict.org	NA	801-440-2906
Girls Lacrosse			NA	208-407-2456
Boys Volleyball	JT Thomas	itsjt2@hotmail.com	NA	801-440-0724

Copper Hills	Name	Email	Phone Number	Cell Phone
Principal	Rae Garrison	rae.garrison@jordandistrict.org	801-256-5301	801-718-0513
Asst. Principal	Mike Farnsworth	michael.farnsworth@jordandistrict.org	801-256-5389	801-831-4808
Asst. Principal	Sterling Hunt	sterling.hunt@jordandistrict.org	801-256-5316	801-888-5445
Asst Principal	Janilee Mullen	janilee.mullen@jordandistrict.org		801-201-8914
Asst. Principal	Mark Halliday	mark.halliday@jordandistrict.org	801-256-5328	801-209-8590
Asst. Principal	Julianna Wing	julianna.wing@jordandistrict.org	801-256-5313	801-722-4926
Asst. Principal	Daniel Call	daniel.call@jordandistrict.org		385-249-6035
Secretary	Nancy Bolduc	nancy.bolduc@jordandistrict.org	801-256-5304	801-201-0414
Athletic Director	Ben Morley	benjamin.morley@jordandistrict.org	801-256-5332	801-300-6206
Athletic Secretary	Kassie Brock	kassie.brock@jordandistrict.org	801-256-5335	385-401-8915
Baseball	Brady Mantle	brady.mantle@jordandistrict.org	801-256-5300	801-231-1313
Boys' Basketball	Brian Allfrey	brian.allfrey@jordandistrict.org		
Girls' Basketball	Jake Timpson	jacob.timpson@jordandistrict.org	801-256-5300	801-718-5415
Cheerleading	June Pham	nhijune.pham@jordandistrict.org	N/A	801-808-1202
Cross Country	Garth Rushforth	garth.rushforth@jordandistrict.org	801-253-5300	801-803-3602
Drill Team	Megan Southwick	megan.southwick@jordandistrict.org		801-834-8383
Drama	Jordan Morrell	jordan.morrell@jordandistrict.org	801-256-5300	801-597-5971
e-Sports	Preston Childers	preston.childers@jordandistrict.org	801-256-5300	
Football	Corey Dodds	corey.dodds@jordandistrict.org	801-256-5300	801-882-4061
Forensics			801-256-5300	385-231-6399
Golf-Boys	Jack Lambert	jack.lambert@jordandistrict.org		
Golf-Girls	Jack Lambert	jack.lambert@jordandistrict.org	801-256-5300	
Music, Instrumental			801-256-5300	915-474-2011
Music, Vocal	Marc Taylor	marc.taylor@jordandistrict.org	801-256-5300	801-651-3639
Boys Soccer	Sean Terry	sean.terry@jordandistrict.org	N/A	801-502-5152
Girls Soccer	Justin Hendrix	justin.hendrix@jordandistrict.org	801-256-5300	801-472-4143
Softball	Will Yazzie	william.yazzie@jordandistrict.org	N/A	801-815-4406
Swimming	Winston Hilton	winston.hilton@jordandistrict.org	801-256-5300	801-231-6503
Boys Tennis	Eddie Moura	eddie.moura@jordandistrict.org	N/A	954-857-6623
Girls Tennis	Lindsay Swenson	lindsay.swenson@jordandistrict.org	N/A	262-347-6644
Track	Garth Rushforth	garth.rushforth@jordandistrict.org	801-256-5300	801-803-3602
Girls Volleyball	Kylie Bussell	kylie.bussell@jordandistrict.org	N/A	801-244-8983
Boys Volleyball	Mariah Brown	mariah.brown@jordandistrict.org		
Boys Wrestling	Jeff Humpherys	humpherys1987@outlook.com	N/A	801-870-3418
Girls Wrestling	Scott Pace	scott.pace@jordandistrict.org		
Boys Lacrosse	Shawn Lovell	shawn.lovell@jordandistrict.org	N/A	801-514-7369
Girls Lacrosse	Maycie Gerber	maycie.gerber@jordandistrict.org		
	<u> </u>			

Corner Canyon	Name	Email	Phone
Principal	Dina Kohler	dina.kohler@canyonsdistrict.org	801-809-4555
Secretary	Kathy Hilton	kathleen.hilton@canyonsdistrict.org	801-631-5192
Asst. Principal	Rebecca Bass	rebecca.bass@canyonsdistrict.org	801-556-2141
Asst. Principal	Taylor Anderson	taylor.anderson@canyonsdistrict.org	801-725-9969
Asst. Principal	Jordan Denos	jordan.denos@canyonsdistrict.org	307-260-3028
Asst. Principal	Misty Jolley	misty.jolley@canyonsdistrict.org	801-884-3998
Athletic Director	Pat Thurman	patrick.thurman@canyonsdistrict.org	801-558-2687
Athletic Trainer	McKenna Booth	mckennaboothe@gmail.com	801-419-6949
Baseball	Jeff Eure	jeffery.eure@canyonsdistrict.org	801-425-8419
Basketball, boys	Dan Lunt	dan.lunt@canyonsdistrict.org	801-592-4459
Basketball, girls	Craig Morris	craig.morris@canyonsdistrict.org	801-419-5401
Cheer	Whitney Lunt	whitney.lunt@canyonsdistrict.org	385-208-9235
Cross Country	Stephanie Henstrom	ohiohenstroms@hotmail.com	503-939-3138
Drill	Brittany Nordhoff Darby Jones	cornercanyondrillteam@gmail.com	801-580-2143 801-787-4123
Football	Eric Kjar	eric.kjar@canyonsdistrict.org	801-824-4506
Forensics	Jonathan Spencer	jbsholy1@gmail.com	
Golf, boys	Derek Fox	derek@impactgolfcenter.com	801-232-7672
Golf, girls	Cody Nesbit	cody.nesbit@canyonsdistrict.org	801-787-9877
Lacrosse, boys	Jeff King	jeffrey.king@canyonsdistirct.org	814-571-3894
Lacrosse, girls	Matthew Kenning	makenning@gmail.com	801-557-8896
Music, instrumental	Randal Clark	randal.clark@canyonsdistrict.org	801-826-6400
Music, vocal	Melissa Thorne	melissa.thorne@canyonsdistrict.org	801-319-2614
Soccer, boys	Fodé Doumbia	fode.doumbia@canyonsdistrict.org	801-520-9167
Soccer, girls	Fodé Doumbia	fode.doumbia@canyonsdistrict.org	801-520-9167
Softball	Kathy Meyers	kathy.meyers@canyonsdistrict.org	801-824-7777
Swimming	Sheridyn Cook	sher.cam84@gmail.com	385-414-3970
Tennis, boys	Allison Rideout	alliride96@gmail.com	801-664-6537
Tennis, girls	Allison Rideout	alliride96@gmail.com	801-664-6537
Theatre	Phaidra Atkinson	phaidra.atkinson@canyonsdistrict.org	801-826-6400
Track	Alyssa Dalton Eric Kjar	Alyssa.Dalton@canyonsdistrict.org Eric.kjar@canyonsdistrict.org	559-696-0428 801-824-4506
Volleyball, boys	Michael Burke	mikerburke@gmail.com	801-592-2904
Wrestling, boys	Jeff Eure	jeffery.eure@canyonsdistrict.org	801-425-8419
Wrestling, girls	John Fager	john.fager@canyonsdistrict.org	801-651-4874



Mountain Ridge High School	Head Coach	Email	Phone Number
Principal	Mike Kochevar	michael.kochevar@jordandistrict.org	801-554-8053
Athletic Admin	Curtis Hagan	curtis.hagen@jordandistrict.org	801-673-3388
Athletic Director	Sam Rogers	samuel.rogers@jordandistrict.org	801-809-4047
Baseball	Brock Whitney	brock.whitney@jordandistrict.org	801-230-6510
Basketball (B)	Scott Briggs	scottt.briggs@jordandistrict.org	801-381-3009
Basketball (G)	Kenzie Newton	mckenzie.newton@jordandistrict.org	801-631-7708
Cross Country	James Barnes	james.barnes@jordandistrict.org	801-550-4008
Drill Team	Blaikley Lever	Blaikley.lever@jordandistrict.org	801-707-8878
Football	Mike Meifu	mikel.meifu@jordandistrict.org	801-718-9246
Golf (G)	Liz Conry	elizabeth.conry@jordandistrict.org	314-304-0862
Golf (B)	Ryan Avila	ryan.avila@jordandistrict.org	818-632-1965
Lacrosse (G)	Angie Brescia	angie.maughan@jordandistrict.org	385-377-2786
Lacrosse (B)	Justin Rigby	justin.h.rigby@gmail.com	512-587-2374
Soccer (G)	Mark Osborne	mark.osborne@jordandistrict.org	801-688-3436
Soccer (B)	Eric Arthur	eric.arthur@jordandistrict.org	801-879-3357
Softball	Andre Ashton	andre.ashton@jordandistrict.org	801-792-7203
Swimming & Diving	Kathrine Crenshaw	kmgcrenshaw@gmail.com	801-494-4540
Tennis (G)	Preston Gardner	preston.gardner@jordandistrict.org	801-651-0338
Tennis (B)	Parker Hansen	parker.hansen@jordandistrict.org	801-735-2153
Track & Field	James Barnes	james.barnes@jordandistrict.org	801-550-4008
Girls Volleyball	Bryan Nicholson	bryan.nicholson@jordandistrict.org	801-884-6149
Boys Volleyball	David Johnston	david.johnston@jordandistrict.org	435-668-7426
Wrestling (B)	Mitch Stevens	mitchell.stevens@jordandistrict.org	435-219-9964
Wrestling (G)	Brandon Birch	brandon.birch@jordandistrict.org	801-910-6661
Drama	Sydney Southwick	sydneysouthwick@jordandistrict.org	
Music Instrumental	Cris Styles	christopher.styles@jordandistrict.org	714-3626805
Music Vocal	Kelly Dehaan	kelly.dehaan@jordandistrict.org	801-214-0607
Cheer	Rylee Storrs	rylee.storrs@jordandistrict.org	801-865-0885



Herriman High School	Name	Email	Phone Number
Principal	Todd Quarnberg	todd.quarnberg@jordandistrict.org	801-567-8570
Asst. Principal	Jentry Johnson	jentry.johnson@jordandistrict.org	501-567-8574
Asst Principal	Andrew Blanchard	andrew.blanchard@jordandistrict.org	801-567-8533
Asst. Principal	Chris Titus	Christopher.titus@jordandistrict.org	801-567-8534
Asst. Principal	Matt Tranter	matthew.tranter@jordandistrict.org	801-567-8532
Asst. Principal	Markie Harper	markie.harper@jordandistrict.org	801-
Secretary	LouAnn Burnett	louann.burnett@jordandistrict.org	801-567-8571
Athletic Director	John Watkins	john.watkins@jordandistrict.org	801-
Athletic Secretary	Laurel Bigler	laurel.bigler@jordandistrict.org	801-979-4349
Baseball	Dave Carter	david.carter@jordandistrict.org	801-368-6790
Boys' Basketball	Doug Meachum	doug.meacham@jordandistrict.org	801-602-9927
Girls' Basketball			801-567-7241
Cheerleading	Stephanie Ross	stephanie.ross@jordandistrict.org	801-
Cross Country	Doug Soles	doug.sole@jordandistrict.org	(951) 326-6992
Drill Team	Kelli Payne	kelli.payne@jordandistrict.org	801-
Drama	KayCee DeYoung	kaycee.deyoung@jordandistrict.org	801-567-7257
Football	Matt Rickards		
Forensics	Tanner Latham	tanner.lathum@jordandistrict.org	801-567-8530
Golf-Boys	Jeff Price	jeffrey.price@jordandistrict.org	801-567-7296
Golf-Girls	Nick Redd		801-
Music, Instrumental			801-567-7201
Music, Vocal	Andrew Howden	andrew.howden@jordandistrict.org	801-567-7200
Boys Soccer	Marcello Gasperini	mpgasperini@gmail.com	(801) 580-0050
Girls Soccer	Ryan Rumfallo	coachrumfallo@yahoo.com	801-755-6725
Softball	Heidi McKissick	heidi.mckissick@jordandistrict.org	801-750-4019
Swimming	Steve Leeper	stevieleep@gmail.com	(801) 673-7170
Boys Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-791-2247
Girls Tennis	Linda Richmond	linda.richmond@jordandistrict.org	801-791-2247
Track	Doug Soles	doug.soles@jordandistrict.org	801-567-
Girls Volleyball	Austin Linford	austin@linford.net	801-205-6548
Boys Volleyball	Austin Linford	austin@linford.net	801-205-6548
Boys Wrestling	Rad Martinez	martinez-133@hotmail.com	801-598-8491
Girls Wrestling	Joshua Tibbs	joshua.tibbs@jordandistrict.org	801-567-
Lacrosse-girls	Audree Erikson	aud.erikson@gmail.com	801-597-2464
Lacrosse-boys	Braeden Lance	braedenlance5@gmail.com	801-803-2717



Riverton High School	Name	Email	Phone Number
Principal	Rochelle Waite	rochelle.waite@jordandistrict.org	801-256-5801
Asst. Principal	Brady Bartholomew	brady.bartholomew2@jordandistrict.org	801-256-5819
Asst Principal	Marni Davis	marni.davis@jordandistrict.org	801-256-5815
Asst Principal	Kyrstin Wingert	kyrstin.wingert@jordandistrict.org	
Asst. Principal	Travis Foster	travis.foster@jordandistrict.org	801-256-5817
Asst. Principal	Glen Varga	glen.varga@jordandistrict.org	801-256-5816
Secretary	Charlotte Hansen	charlotte.hansen@jordandistrict.org	801-256-5802
Athletic Director	Dave Nuffer	david.nuffer@jordandistrict.org	801-256-5839
Baseball	Nuho Kraja	nuho.kraja@jordandistrict.org	801-256-5865
Boys' Basketball	Lance Gummersall	lance.gummersall@jordandistrict.org	801-674-9390
Girls' Basketball	Jonathan Haag	jonathan.haag@jordandistrict.org	801-656-9079
Cheerleading	Sierra Larson Kuhn	sierra.larson@jordandistrict.org	435-669-6858
Cross Country	Marcus Dickson	marcus.dickson@jordandistrict.org	801-256-4895
Drill Team	Cori Gray	cori.gray@jordandistrict.org	801-712-5278
Drama	Clin Eaton	clin.eaton@jordandistrict.org	
Football	Jim Freeland	james.freeland@jordandistrict.org	801-935-1677
Forensics			
Golf-Boys	Kelly Pehrson	kelly.pehrson@jordandistrict.org	435-459-0587
Golf-Girls	Pete Fong	peter.fong@jordandistrict.org	206-920-8212
Music, Instrumental	Jason Weimer	jason.weimer@jordandistrict.org	801-815-3510
Music, Vocal	Daniel Clegg	daniel.clegg@jordandistrict.org	435-503-6620
Boys Soccer	Paul Moizer	paul.moizer@jordandistrict.org	801-598-4449
Girls Soccer	Paul Moizer	paul.moizer@jordandistrict.org	801-598-4449
Softball	Whitley Haimin	whitley.haimin@jordandistrict.org	801-656-8858
Swimming	Andrew Powers	andrew.powers@jordandistrict.org	801-688-2461
Boys Tennis	Ron Ence	ron.ence@jordandistrict.org	801-833-2270
Girls Tennis	Ron Ence	ron.ence@jordandistrict.org	801-833-2270
Track	Marcus Dickson	marcus.dickson@jordandistrict.org	801-256-4895
Girls Volleyball	Elaine Gibson	elaine.gibson@jordandistrict.org	801-455-0715
Boys Volleyball	Elaine Gibson	elaine.gibson@jordandistrict.org	801-455-0715
Boys Wrestling	Joseph Gorman	joseph.gorman@jordandistrict.org	801-256-5850
Girls Wrestling	Rebecca Hamilton Cy Miyake	rebecca.hamilton@jordandistrict.org cy.miyake@jordandistrict.org	801-910-1962 801-256-4805
Lacrosse-girls			
Lacrosse-boys			



SALT LAKE ACADEMY GRIFFINS

Salt Lake Academy	Name	Email	Phone Number
Director	Sam Gibbs	sgibbs@rslacademy.org	(435) 879-9256
Principal	Becky Hogan	bhogan@rslacademy.org	(801) 259-7190
Principal	Tim Dawson	tdawson@rslacademy.org	(385) 207-6658
Athletic Director	Simon McFall	smcfall@rslacademy.org	(603) 733-7268
Admin Assistant	Cheryl Deheck	cdeheck@rslacademy.org	(307) 389-8609
Boys Soccer Director	Oli Brittain	obrittain@rslacademy.org	(801) 500-4409
Girls Soccer Director	Simon McFall	smcfall@rslacademy.org	(603) 733-7268

Directions to Bingham High School

Bingham High -2160 West 10400 South, South Jordan, Ut. 84095

Directions: Take the I-15 Exit 293 (10600 South) and head West for approximately 2.5 miles until you reach 2100 West. The school is on the North side of the street.

Baseball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.

Stadium: Take the first entrance to the school closest to the seminary building and the football field will be directly in front of you

Gymnasium: Take the first entrance to the school closest to the seminary building and the gymnasium will be directly in front of you. Please enter from the first portal. The field is on the east side of the school campus.

Pool: Kearns Oquirrh Park Fitness Center is located at 5624 Cougar Lane, Kearns UT 84118. We are not allowed into the facility until 2:45 so please plan accordingly.

Soccer Field Girls: Travel west until 2700 West and turn right, go approximately ¼ mile and South Jordan Middle School will be on the right. The soccer field is right behind the school on the east side. (Boys Soccer plays in the football stadium)

Softball Field: Turn right at 2200 West and travel to the first stoplight which will drop you into the student parking lot. Head directly East and you will run into the baseball stadium.



Directions to Copper Hills High School

Copper Hills- 5445 New Bingham Highway West Jordan, UT 84081

Directions: Take the I-15 Exit (9000 South) and head west for approximately 5 miles until you reach Grizzly Way and turn north. The school is on Grizzly Way and New Bingham HWY.

Baseball Field: Turn west (left) when on Grizzly Way going North just before the stadium. The back road will take you up to the baseball field which is in the southwest corner of the school property. Buses please park on the side of the road to allow for more parking in the parking lot.

Stadium: Turn west (left) when driving on Grizzly Way going North just before the stadium. Buses should park on the south side of the stadium for easy access to come and go.

Gymnasium: Turn west (left) when driving on Grizzly Way going North just before the stadium.

Pool: Kearns Oquirrh Park Fitness Center is located at 5624 S. Cougar Ln. Kearns, Utah. We are not allowed into the facility until 2:45 pm, so please plan accordingly. 801-966-5555

Soccer Field Girls: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Soccer Field Boys: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.

Softball Field: Turn west (left) when driving on Grizzly Way going North just before the stadium. Follow the road up to the soccer field that will be on the south side of the road. Buses please park on the side of the road to allow for more parking in the parking lot.



Directions to Corner Canyon High School

Corner Canyon High – 12943 S 700 E, Draper, UT 84020

Directions: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road past the stop signs until you see Corner Canyon. The front of the school faces west.

Baseball Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, southeast corner of school campus)

Stadium: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you get to Willow Springs Lane. Turn left and you will see a football field ahead of you, along with the parking lot. (Both boys and girls lacrosse will be played in the stadium, northeast corner of campus)

Gymnasium: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road past the stop signs until you see Corner Canyon. The front of the school faces west. The gym is on the south end of the school and also faces west.

Pool: Draper Pool – Take I-15 to 14600 South. Head east on Highland Rd. Turn right at Vestry Rd. At the roundabout, take the third road, which will continue as Vestry Rd and the pool will be on your left.

Soccer Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, east side of school campus)

Softball Field: Take I-15 to 12300 South and head east until you reach 700 East. Turn right (south) and follow that road until you come to Golden Pheasant Drive. Turn left at Golden Pheasant and follow that road until your first left turn. Turn left and follow that road until you see the parking lot. (You will see the field on your right, southeast corner of campus)



Directions to Mountain Ridge High School

To better help your school, we have included a map of the grounds with instructions for drop off and pick up of the student athletes.

For your game at Mountain Ridge, you will be on the east side of the field. Visitor fans can get digital tickets at https://mrhssentinels.org/event-tickets.

GETTING TO THE CAMPUS

Take Bangerter Highway to 13400 S.

Call or text AD Sam Rogers when you are making the turn off of Bangerter. 801-809-4047

Turn west and follow 13400 S. to 4500 W.

Turn south on 4500 W. (it curves into Sentinel Ridge Blvd)

Turn right into the first driveway (just past the Seminary building)

Drop off for the locker room is on the NE corner of the school. Team locker room is down the stairs to room #1012.

Walk along the tennis court sidewalk to the gate toward the north end of the field for team entry

You will warm up on the north end of the field, and take the east sideline.

Bus parking is on the lane on the NE corner of the football stadium. We request backing down the lane. (Please make your drivers aware of this instruction)

VISITING ATHLETE'S LOCKER ROOM

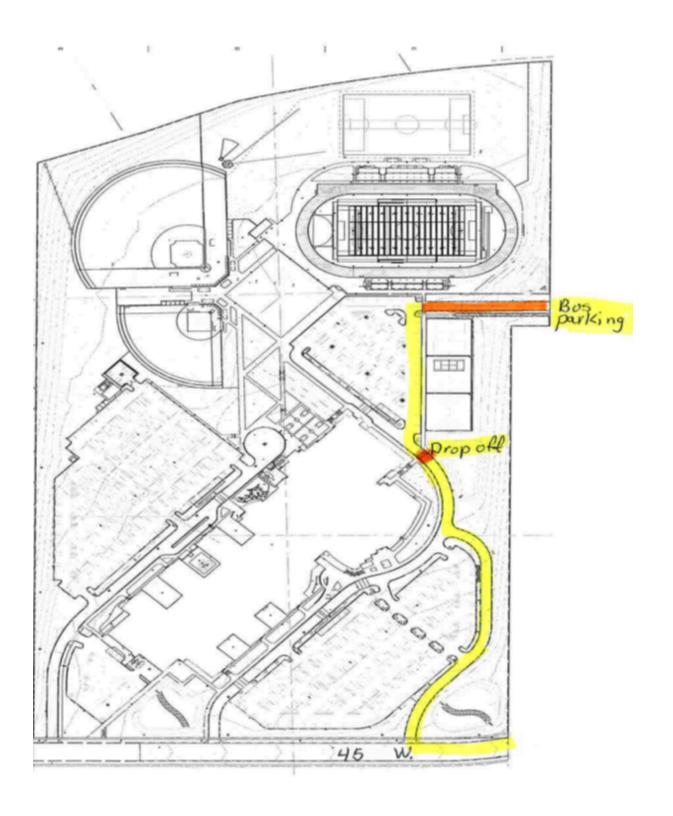
Room # 1012. Locker room will be opened for you before the game and at halftime. Please take everything with you after halftime, as the custodial staff will sanitize the room at that time.

Coaches are welcome to use the south booth in the Press Box.

Contact #'s:

Sam Rogers – Athletic Director, 801-809-4047

See other side for the map.



Directions to Herriman High School

Herriman High- 11917 S. Mustang Trail Way Herriman, UT 84096

Directions: Exit off I-15 at 12300 S. Travel west approximately 8 miles to Herriman Blvd. Follow Herriman Blvd to 6000W/Mustang Trail Way. Turn right on 6000 W and travel North approximately ¾ miles to HHS.

Baseball Field: 11917 S. Mustang Trail Way Herriman, UT 84096-- SE side of School

Football Stadium: 11917 S. Mustang Trail Way Herriman, UT 84096 -- E side of school

Gymnasium:11917 S. Mustang Trail Way Herriman, UT 84096-- N side of school

Pool: JL Sorenson Rec Center, Located at 5350 W, Main St. Herriman, UT 84096

Soccer Field Girls: 11917 S. Mustang Trail Way Herriman, UT 84096 -- SE side of school

Soccer Field Boys: 11917 S. Mustang Trail Way Herriman, UT 84096 -- E side of school

Softball Field: 11917 S. Mustang Trail Way Herriman, UT 84096 -- SE side of school

Track and Field: 11917 S. Mustang Trail Way Herriman, UT 84096 -- E side of school

Boys Lacrosse: 11917 S. Mustang Trail Way Herriman, UT 84096 -- E side of school

Girls Lacrosse: 11917 S. Mustang Trail Way Herriman, UT 84096 -- E side of school



Directions to Riverton High School

Riverton High- 12476 S. Silverwolf Way Riverton, UT 84065

Directions:

From the North:

RHS can be easily found by exiting I-15 at Draper / Riverton and head west on 12600 So. to 2700

From the South:

Turn onto Bangerter Hwy. from I-15 and head west to 2700 West. Make a right turn and head north to 12600 So. School is on the left.

Baseball Field: Southwest of school

Stadium: West of school

Gymnasium: North end of school

Pool: Draper Rec. Center

Soccer Field Girls: West of Football Stadium **Soccer Field Boys:** West of Football Stadium

Softball Field: Southwest of School



Directions to Salt Lake Academy

14787 S Academy Pkwy, Building B, Herriman, UT 84096

GETTING TO THE CAMPUS

Take Bangerter Highway to 13400 S.

Turn west and follow 13400 S. to 4500 W.

Turn south on 4500 W. (it curves into Sentinel Ridge Blvd)

Continue straight onto Academy Pkwy (about .5 mile past Mountain Ridge)

Turn left into the second entrance and then your first right at the roundabout.

There are 3 possible areas you will be playing.

- 1: Zions Bank Stadium
- 2: Training Center West/East Field or the "Big Box" indoor fields
- 3: Field 5 which is on the northeast corner of campus

We will specify which field the week of the game.

Bus parking is in the parking lot on the northwest end.

Nicholas Bartlett – Athletic Director, 435-592-3224

See below for the map.

BECKHAM Dr. FIELD 5 Field 5 Parking TRAINING CENTER PARKING (LOT D) EAST FIELD ACADEMY PARKWAY **Training Center LAKE ACADEMY CAMPUS** WEST FIELD SCHOOL B) ACADEMY PARKWAY ZIONS BANK FIELD KWAY

BASEBALL GUIDELINES 2024-25

Activity Chairperson: Brady Bartholomew, Riverton High VP brady.bartholomew@jordandistrict.org Coaches Representative: Brock Whitney

1. Rules Clinic:

2 .Moratoriums:

- Nov 13-Dec. 10, 2024Dec 22-Dec. 26, 2024
- Jan 1, 2025
- Jun 30- Jul 6, 2025
- 3. Starting Date: February 24, 2025
- 4. First Contest: March 3, 2025
- 5. Eligibility List Due: March 14, 2025
- 6. Academic All-State Deadline: March 18-April 17, 2025
- 7. SEASON END DATE: May 8, 2025
- 8. RPI BRACKET REVEAL: May 9, 2025 (10:00 AM)
- 9 . Super Regionals: May 15 & 16 (Best of 3) @ Home Sites
- 10. 6A State Tournament Bracket Play May 19- May 22, 2025 @ TBD.
- 11. State Finals (Best of 3) May 23-24, 2025 @ UVU

12. Game Specifications-

- Game Limit Varsity, JV, Sophomore > 25 Games each game counts as 1
- Game Times
 - a. Varsity Game Time > 3:30 pm
 - b. JV/So DH Game Time > 3:00 pm
 - c. Soph DH Game Time> 3:00 pm
 - d. Saturday JV DH Game Time > 11:00 am
- Game times and playing dates may be changed only after agreement between two coaches and approved through the Region Baseball Chairperson.
- Each team will be allowed to warm up and 10 minutes of pre game infield practice. All teams should stretch in the area closest to their respective foul line. NO circling up in center field.
- All Region games will be played on the date and time scheduled unless weather or field conditions cause a postponement. Each postponed game must be made up in the order of the postponement on the first available playing date(including Saturdays). Flip flopping the schedule and playing at the visiting team's field, if it is playable, will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given, when making a decision to stick to the home fields as to the visiting teams predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than 1:00 pm the day of the game.
- When a game is "called" because of darkness or weather etc., the game will be resumed on the
 next available playing date and/or as the preliminary scheduled game of the two teams in the
 second or third game(including Saturday). JV or Sophomore games that have to be bumped will
 be resumed on the next available date. The home field coach will be responsible for notifying all
 those involved: principals, umpires, coaches.
- All sub varsity games will be 7 innings or 2 hours.
- The Pitch Count rule mandated by the UHSAA will be followed
- The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible to report the results of the game to the newspapers.
- A region trophy will be awarded to the 1st place team in region play.

- In the case of a tie to determine a Region Champion, all ties will be based on region head to head record. (Winner of the 3 game series)
- A coaches meeting will be held on the Saturday following the last regularly scheduled region games in order to select the all-region team. Individual schools are responsible to print certificates for those student/athletes selected to all region teams.
- (All Region Team > 1st Place = MVP + 5 players
- 2nd Place = 4 players
- 3rd Place = 3 players
- 4th 6th Place = up to 2 players
- Second Team > Reduce by 1
- Honorable Mention > 2 players per team
- Academic All Region > Any senior with a cumulative GPA of 3.75

2024 Region II Baseball Varsity Schedule (3:30)

Tuesday Wednesday Friday April 8th April 9th April 11th Corner Canyon @ Copper Hills Copper Hills @ Corner Canyon Corner Canyon @ Copper Hills Bingham @ Riverton Riverton @ Bingham Bingham @ Riverton Mtn Ridge @ Herriman Herriman @ Mtn Ridge Mtn Ridge @ Herriman April 15th April 16th April 18th Copper Hills @ Bingham Bingham @ Copper Hills Copper Hills @ Bingham Herriman @ Corner Canyon Corner Canyon @ Herriman Herriman @ Corner Canyon Riverton @ Mtn Ridge Mtn Ridge @ Riverton Riverton @ Mtn Ridge April 22nd April 23rd April 25th Riverton @ Herriman Riverton @ Herriman Herriman @ Riverton Copper Hills @ Mtn Ridge Mtn Ridge @ Copper Hills Copper Hills @ Mtn Ridge Corner Canyon @ Bingham Corner Canyon @ Bingham Bingham @ Corner Canyon April 29th April 30th May 2nd Herriman @ Copper Hills Copper Hills @ Herriman Herriman @ Copper Hills Bingham @ Mtn Ridge Mtn Ridge @ Bingham Bingham @ Mtn Ridge Corner Canyon @ Riverton Riverton @ Corner Canyon Corner Canyon @ Riverton May 5th May 6th May 7th Mtn Ridge @ Corner Canyon Corner Canyon @ Mtn Ridge Mtn Ridge @ Corner Canyon Copper Hills @ Riverton Riverton @ Copper Hills Copper Hills @ Riverton Herriman @ Bingham Bingham @ Herriman Herriman @ Bingham

Underclass Schedule (Thurs 3:00/5:00 Sat 11:00)

Thursday (Soph DH)	Saturday (JV DH)
March 27th	March 29th
Mtn Ridge @ Corner	Corner Canyon @ Mtn
Canyon	Ridge
Copper Hills @ Riverton	Riverton @ Copper Hills
Herriman @ Bingham	Bingham @ Herriman
April 10th	April 12th
Corner Canyon @ Copper	Copper Hills @ Corner
Hills	Canyon
Bingham @ Riverton	Riverton @ Bingham
Mtn Ridge @ Herriman	Herriman @ Mtn Ridge
April 17th	April 19th
Copper Hills @ Bingham	Bingham @ Copper Hills
Herriman @ Corner Canyon	Corner Canyon @ Herriman
Riverton @ Mtn Ridge	Mtn Ridge @ Riverton
April 24th	April 26th
Riverton @ Herriman	Herriman @ Riverton
Copper Hills @ Mtn Ridge	Mtn Ridge @ Copper Hills
Corner Canyon @ Bingham	Bingham @ Corner Canyon
May 1st	May 3rd
Herriman @ Copper Hills	Copper Hills @ Herriman
Bingham @ Mtn Ridge	Mtn Ridge @ Bingham
Corner Canyon @ Riverton	Riverton @ Corner Canyon

BOYS BASKETBALL GUIDELINES 2024-25

Boys Basketball Guidelines & Schedules

Region Activity Chairperson: Boys – Andrew Blanchard, Herriman High 801-567-8533

Coaches' Representative: TBD

1. Beginning practice date for boys and girls basketball is November 11, 2024. The first game may be played no sooner than November 19, 2024. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).

- 2. Clinics Basketball Live Rules Clinic: TBD
- 3. Moratoriums: (No practices, competitions, meetings or travel)
 - June 28-July 4, 2024 (Summer Break)
 - August 5 August 18, 2024 (Summer Break)
 - Oct 28 Nov. 10, 2024 (two weeks prior)
 - Nov. 28 Dec. 1, 2024 (Thanksgiving)
 - December 21 25, 2024 (Winter Break)
 - Jan 1, 2025 (New Year)
 - Mar 3 16, 2025 (Spring Break)
- 4. Eligibility List with numbers due on Register My Athlete by December 1, 2024.
- 5. Standard gameday schedule when boys and girls play is as follows:
 - · Boys Tuesday and Friday
 - · Girls Tuesday and Thursday
- 6. All games:
 - Sophomores 3:30 pm
 - Freshmen 5:15 pm (Aux Gym)
 - Junior Varsity 5:15 pm
 - Varsity 7:00 pm
- 7. Games will start as scheduled or 20 minutes following the conclusion of the previous game.
- 8. Preseason game times and dates are site-based decisions.
- Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region II Board of Managers. (The home team will notify the arbiter of any changes.)
- 10. The coaches have the option to agree on which ball to use for the State Tournament. If an agreement can't be reached, the UHSAA contracted ball will be used.
- 11. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.
- 12. Tournament entries are determined by RPI.
- 13. General courtesies recommended for games:
 - a. Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and table for taping. A room for private discussion during halftime should be provided.
 - b. If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - c. Conduct halftime activities within scheduled time not to exceed 7 minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - d. Copies of schedules and team rosters must be on Register My Athlete.
- 14. Guidelines for All-Region Voting:
 - a. The Region MVP is chosen by the Region Champion coach.
 - In the case where there are multiple Region Champions, each Region Champion coach will choose a MVP.

- c. Each coach submits their top 12 nominations for the All-Region Team (ranked in order from 1st to 12th).
- d. Coaches may not nominate someone from their own team.
- e. Points for the nominations are awarded as follows: 1st place = 12 points, 2nd place = 11 points, etc.
- f. The top 12 players are part of the All-Region 1st Team.
- g. If a tie occurs in the voting, the players involved in the tie will be included in their respective team. The tie will count as one space.
- 15. The home team will call in scores the night of the game for both teams.
- 16. Academic All State: Jan Feb , 2025
- 17. Season end date: Feb 14, 2025
- 18. State Tournament Bracket Reveal: Feb 15, 2025
- 19. State Tournament First Round @ Home Sites, February, TBD
- 20. State Tournament Second Round @ Home Sites February, TBD
- 21. State Tournament Quarterfinals @ Weber State Univ. February, TBD
- 22. State Tournament, Semi Finals @ Weber State Univ. February, TBD
- 23. State Tournament Finals @ Weber State Univ. March, TBD

Region II Boys Basketball Schedule 2024-2025

1. Friday, January 10, 2025

Herriman @ Mountain Ridge Corner Canyon @ Copper Hills Bingham @ Riverton

2. Tuesday, January 14, 2025

Mountain Ridge @ Corner Canyon Copper Hills @ Riverton Bingham @ Herriman

3. Friday, January 17, 2025

Riverton @ Mountain Ridge Corner Canyon @ Herriman Copper Hills @ Bingham

4. Tuesday, January 21, 2025

Herriman @ Copper Hills Riverton @ Corner Canyon Mountain Ridge @ Bingham

5. Friday, January 24, 2025

Mountain Ridge @ Copper Hills Herriman @ Riverton Bingham @ Corner Canyon

Tuesday, January 28, 2025

All Region Bye

6. Friday, January 31, 2025

Mountain Ridge @ Herriman Copper Hills @ Corner Canyon Riverton @ Bingham

7. Tuesday, February 4, 2025

Corner Canyon @ Mountain Ridge Riverton @ Copper Hills Herriman @ Bingham

8. Friday, February 7, 2025

Mountain Ridge @ Riverton Herriman @ Corner Canyon Bingham @ Copper Hills

9. Tuesday, February 11, 2025

Copper Hills @ Herriman Corner Canyon @ Riverton Bingham @ Mountain Ridge

10. Friday, February 14, 2025

Copper Hills @ Mountain Ridge Riverton @ Herriman Corner Canyon @ Bingham

	Fri 1/10	Tue 1/14	Fri 1/17	Tue 1/21	Fri 1/24	Tue 1/28	Fri 1/31	Tue 2/4	Fri 2/7	Tue 2/11	Fri 2/14
Copper Hills Team (A)	vs CC	@ R	@ B	vs H	vs MR	bye	@ CC	vs R	vs B	П (()	@ MR
Mountain Ridge Team (B)	vs H	@ cc	vs R	@ B	@ CH	bye	@ H	vs CC	@ R	vs B	vs CH
Corner Canyon Team (C)	@ CH	vs MR	@ H	vs R	vs B	bye	vs CH	@ MR	vs H	@ R	@ B

Riverton Team (D)	vs B	vs CH	@ MR	@ CC	vs H	bye	@ B	@ CH	vs MR	vs CC	@ H
Bingham Team (E)	@ R	@ H	vs CH	vs MR	© CC	bye	vs R	vs H	@ CH	@ MR	vs CC
Herriman Team (F)	@ MR	vs B	vs CC	@ CH	@ R	bye	vs MR	@ B	@ CC	vs CH	vs R

Bingham, Copper Hills, Corner Canyon, Herriman, Mountain Ridge, Riverton

GIRLS BASKETBALL GUIDELINES 2024 - 2025

Activity Chair: Vaega Toilolo, Bingham AP vaega.toilolo@jordandistrict.org Coaches Representative: Kent Smith, Herriman, kent.smith@jordandistrict.org

- 1. Beginning practice date for boys and girls basketball is November 11, 2024. The first game may be played no sooner than November 19, 2024. "No basketball player will play basketball during the athletic period except after the official beginning practice date" (per UHSAA policy).
- 2. Clinics Basketball Live Rules Clinic: TBD
- 3. Moratoriums: (No practices, competitions, meetings or travel)
 - June 28-July 4, 2024
 - August 5 August 18
 - Oct 28 Nov 10 (two weeks prior)
 - Nov. 11 Tryouts, begin practice
 - Nov. 28 Dec. 1 Thanksgiving
 - December 21 25 2024
 - Jan 1 2025
 - Mar 3 16, 2025
 - Oct 23- Nov 5, 2023 (two weeks prior)
 - Nov 23-26, 2023
 - Dec 21-25, 2023
 - Jan1, 2024
 - Mar 3-Mar 17, 2024
- 4. Eligibility List with numbers due on Register My Athlete by December 1,2024.
- 5. Standard gameday schedule when boys and girls play is as follows:
 - · Boys Tuesday and Friday
 - · Girls Tuesday and Thursday

6.No basketball player will play basketball during the athletic class period except after the official beginning practice date (per UHSAA policy).

- 7. Standard game day schedule is as follows:
 - 3:30 pm Sophomores
 - 5:15 pm Freshman (Aux Gym)
 - 5:15 pm Junior Varsity
 - 7:00 pm Varsity.
 - o Games will start as scheduled or 20 minutes following the conclusion of the previous game.
 - Only by mutual consent of both schools involved can the starting times be changed. Any change of date must be approved by the Region II Board of Managers (the home team will notify the arbiter in case of any change).
- 8. Preseason game times and dates are site-based decisions.

- 9. The visiting school may film a game from their own student sections or an area designated by the home school. Filming areas must have signage designating the area for authorized personnel only. Filming is prohibited by any school not involved in the game.
- 10 General courtesies recommended for games:
 - Each school should provide the visiting team with a clean, secure locker room, a good blackboard or whiteboard, and a table for taping. A room for private discussion for halftime should be provided.
 - Visiting teams will not bring meals or food that require the home team to provide tables or electric power. **Pre Packaged Meals Only**
 - o If pre-game activities are to be longer or different than usual (general announcements, directions, team introductions, and the national anthem), a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Halftime activities should be conducted within a schedule not to exceed seven (7) minutes. Minor variations can be made with mutual consent of the schools involved.
 - Senior Night activities taking place prior to a game or at halftime must take no longer than ten (10) minutes.
 - Visiting teams will work to exit the building and board their bus in an efficient and timely manner.
- 11. It is recommended that each coach upload schedules and team rosters to MaxPreps no later than 3:00pm on Friday, December 4, 2024.
- 12. All-Region selections will be as follows:
 - MVP (Selected by the Head Coach of the Region Champion Team(s))
 - Most Outstanding Player (Selection detailed in below)
 - All-Region 1st Team consisting of 6 players
 - All-Region 2nd Team consisting of 6 players
 - o All-Region Honorable Mention consisting of all other players that were nominated
 - Academic All-Region will include senior players with a minimum cumulative 3.75 GPA
- 13. All-Region nominations will be as follows:
 - The chairperson will send a survey following the conclusion of the UHSAA State Playoffs for coaches to submit their All-Region nominations. Each coach will nominate one Most Outstanding Player and 12 players, none of which can be their own, and rank them.
 - A subsequent coaches meeting will be held on Wednesday, March 9, 2025 2021 at 5:00pm at the Texas Roadhouse in South Jordan (11593 S. 4000 West, South Jordan, UT 84009) to verify All-Region Teams, review the season, and prepare for the Region III Planning Meeting.

Region II Girls Basketball Schedule 2024-2025

1. Thursday, January 9, 2025

Mountain Ridge @ Herriman Copper Hills @ Corner Canyon Riverton @ Bingham

2. Tuesday, January 14, 2025

Corner Canyon @ Mountain Ridge Riverton @ Copper Hills Herriman @ Bingham

3. Thursday, January 16, 2025

Mountain Ridge @ Riverton Herriman @ Corner Canyon Bingham @ Copper Hills

4. Tuesday, January 21, 2025

Copper Hills @ Herriman Corner Canyon @ Riverton Bingham @ Mountain Ridge

5. Thursday, January 23, 2025

Copper Hills @ Mountain Ridge Riverton @ Herriman Corner Canyon @ Bingham

Tuesday, January 28, 2025

All Region Bye

6. Thursday, January 30, 2025

Herriman @ Mountain Ridge Corner Canyon @ Copper Hills Bingham @ Riverton

7. Tuesday, February 4, 2025

Mountain Ridge @ Corner Canyon Copper Hills @ Riverton Bingham @ Herriman

8. Thursday, February 6, 2025

Riverton @ Mountain Ridge Corner Canyon @ Herriman Copper Hills @ Bingham

9. Tuesday, February 11, 2025

Herriman @ Copper Hills Riverton @ Corner Canyon Mountain Ridge @ Bingham

10. Thursday, February 13, 2025

Mountain Ridge @ Copper Hills Herriman @ Riverton Bingham @ Corner Canyon

	Thu 1/9	Tue 1/14	Thu 1/16	Tue 1/21	Thu 1/23	Tue 1/28	Thu 1/30	Tue 2/4	Thu 2/6	Tue 2/11	Thu 2/13
Copper Hills Team (A)	@ CC	vs R	vs B	@ H	@ MR	bye	vs CC	@ R	@ B	vs H	vs MR
Mountain Ridge Team (B)	@ H	vs CC	@ R	vs B	vs CH	bye	vs H	@ CC	vs R	@ B	@ CH
Corner Canyon Team (C)	vs CH	@ MR	vs H	@ R	@ B	bye	@ CH	vs MR	@ h	vs R	vs B
Riverton Team (D)	@ B	@ CH	vs MR	vs CC	@ H	bye	vs B	vs CH	@ MR	@ CC	vs H
Bingham Team (E)	vs R	vs H	@ CH	@ MR	vs CC	bye	@ R	@ H	vs CH	vs MR	@ CC
Herriman Team (F)	vs MR	@ B	@ CC	vs CH	vs R	bye	@ MR	vs B	vs CC	@ CH	@ R

Bingham, Copper Hills, Corner Canyon, Herriman, Mountain Ridge, Riverton (updated 3/4/2024)

CHEERLEADING GUIDELINES 2024-25

Activity Chairman: Todd Quarnberg, Herriman Principal

todd.quarnberg@jordandistrict.org

Coaches Representative: Amber Thomas - Bingham High School

Rules Clinic Date: Coaches' annual rules clinic will be held in June.

The Arbiter system will be used to assign and pay for all qualifying and state competitions.

Moratorium: June 28-July 4, 2024, November 28-December 1, 2024, January 1, 2025

Safety Clinic: Utah State Risk Management will continue to safety certify coaches and cheer athletes.

Judges Clinic: A judges' annual clinic will be held in September.

Sponsored Teams: Schools must declare if they will sponsor a cheer competition team by April 15, 2024. This declaration form will help determine how many classifications of competitive cheer UHSAA will sponsor.

All competitive cheer athletes must register in RegisterMyAthlete.

Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.

There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, coaches must certify through RegisterMyCoach, and comply with UHSAA tournament guidelines for post season events.

Starting Date: Tryouts may be held beginning March 17, 2024.

Practice: There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.

Competitive Cheer Season: November 1, 2024 through the state championships in January. Competitive Cheer will be a winter sport.

Contest Limitations- A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.

Budget Declarations will be required by February 8, 2025 (\$800 per individual athlete)

How to qualify for the UHSAA Competitive Cheer Championships: Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South). 70% of teams will move on to the state finals, which will be held by classification.

2024-2025 Competition Cheer Categories:

- All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
- Game Day: (30% of score).

Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.

School competition teams must receive independent status if not participating in UHSAA qualifying and championship events

There will not be a "two weeks prior" requirement for competitive cheer.

There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.

A high school competitive cheerleader may compete in up to two national qualifying competitions, not sponsored by his or her school, with a private cheer organization. The cheer athlete must gain approval after completing an online form on the UHSAA website to participate in these events.

Competitive Cheer will follow all UHSAA Policies and By-laws.

Guidelines Agreed Upon:

- All stunts and pyramids must be in accordance with risk management policies.
 Visiting team cheerleaders will not conduct any stunting or tumbling at basketball
 games. All tumbling will stop at half court.
- Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. Refer to the UHSAA handbook for permitted noisemakers.
- 3. The throwing of unapproved objects, including confetti, torn paper scraps, crepe paper, toilet tissue, candy, etc. is not allowed.
- 4. The coaches and cheerleading team must attend the Utah School Board Risk Management clinic in the spring.
- 5. A supervisor must be present when cheerleaders perform.
- 6. Each individual may compete in a maximum of 4

CROSS COUNTRY GUIDELINES 2024-2025

Activity Chairperson: Rufine Einzinger, Copper Hills AP rufine.einzinger@jordandistrict.org
Rules Clinic Date: The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to Region Competition.

- 1. First Contest Allowed Aug 12, 2024
- 2. Rosters in Aktivate Aug 30, 2024
- 2. Moratoriums
 - June 28 July 4, 2024
 - Nov 28 Dec 1, 2024
 - Dec 21-25, 2024
 - Jan1, 2025
 - May 2-Mar 29, 2025

3. Deadlines

- Applications Accepted Sept 10-Oct 8, 2024
- State Entry Deadline Oct 26, 2024
- State Meet Oct 29, 202 @ Region Athletic Complex
- 4. Cross Country Region Meet will begin at 2:00 pm.
- 5. The host school will designate a well-marked course. Distances for Region meets and the Region Championships will be approximately 3 miles or 5k.
- 6. Qualification for State will be as per UHSAA rules in the current handbook.
- 7. The winner of the Region trophy will be determined by scores at the Region Championship Meet.
- 8. Medals are awarded to the top 10 finishers at the Region Championship meet in the boys' and girls' varsity divisions. Certificates are awarded to the top 10 in Region Championships Junior Varsity Races.
- 9. 10 meets plus Region, Divisionals, and State.
- 11. Each school will enter competing athletes on runnercard.com or athletic.net as determined by the host school.
- 12. Region Meet host will be Copper Hills High school at Cottonwood Complex and they will provide the timing system and will be responsible for setting up the course.
- 13. Tie-breaker is determined by the highest 6th-place varsity finisher.
- 14. Region coaches will choose an All-Region Academic Team composed of seniors with a 3.75 or higher GPA for the cumulative 9-12 grades. Each school is responsible for awarding these awards. Region Chair will make certificates available to each coach.
- 15. Coaches may run no more than 9 runners in the 'Varsity' Region Championship race if desired but the scoring 7 must be clearly designated in the computer and on the tag prior to the beginning of the race. Failure to do so disqualifies athletes from the top finisher of that school. These non-scoring individuals are NOT eligible for individual awards (top-10 medals). It is understood the reason for the option to race an extra individual (or more) is to determine positions for the State Meet only.
- 16. Two races will be run in Pre-Region, with girls and boys running separately.

- 17. The Region Cross Country Meet will be held at the County Complex, 1300 E and 4350 S. Copper Hills will host. Region Meet course length will be 3 mile.
- 18. NFHS Rules govern competition.

Cross Country Schedule 2024-2025

August 13 Pre-Region @ Bingham Creek Park @ 4:30pm

October 2 Region Meet @ Cottonwood Complex @ 2:00pm

October 15 Divisionals @

October 29 State @ SUGARHOUSE PARK

June 28- July 4... MORATORIUM -- no practices, competitions, meetings or travel

12-Aug... First Contest Allowed

30-Aug... Roster on RegisterMyAthlete.com

Sep 10 - Oct 8... Academic All-State Applications Accepted

26-Oct... State Entry Deadline

29-Oct... State Meet @ Regional Athletic Complex

Nov 28 - Dec 1... MORATORIUM -- no practices, competitions, meetings or travel

Dec 21 - Dec 25... MORATORIUM -- no practices, competitions, meetings or travel

1-Jan... MORATORIUM -- no practices, competitions, meetings or travel

Mar 2 - Mar 29... MORATORIUM -- no practices, competitions, meetings or travel

Jun 28 - Jul 4... MORATORIUM -- no practices, competitions, meetings or travel

Cross Country Coaches Contact Information

Bingham High School:

Vance Brown <u>vance.brown@jordandistrict.org</u> 801-928-6586

Copper Hills High School:

Garth Rushforth (boys) garth.rushforth@jordandistrict.org 801-803-3602

Corner Canyon High School:

Stephanie Henstrom <u>ohiohenstroms@hotmail.com</u> 503-939-3138

Herriman High School:

Doug Soles Doug.Soles@jordandistrict.org 951-326-6992

Mountain Ridge High School:

James Barnes james.barnes@jordandistrict.org 801-550-4008

Riverton High School:

Marcus Dickson marcus.dickson@jordandistrict.org 253-632-5280

DRILL GUIDELINES 2024-2025

Region Drill Activity Chair: Sterling Hunt, Assistant Principal - Copper Hills High School. Sterling.hunt@jordandistrict.org

Drill Team Coaches Contact Information:

School	Coaches Name	Coaches Email	Coaches Phone Number
Bingham	Erika Cox	erkia.cox@jordandistrict.org	801-971-7646
Copper Hills	Megan Southwick	megan.southwick@jordandistrict.org	801-834-8383
Corner Canyon	Brittany Nordhoff	cornercanyondrillteam@gmail.com	801-850-2143
Herriman	New Coach		
Mountain Ridge	Blaikly Lever	blaikly.lever@jordandistrict.org	801-707-8878
Riverton	Cori Gray	cori.gray@jordandistrict.org	801-712-5278

Region Drill Coach Representatives:

- 1. Region drill teams will follow the guidelines listed in the General Guidelines of the Region Handbook.
- 2. The Region Drill Team Competition will be conducted under the rules and guidelines of the UHSAA competition regulations.
 - a. Region II Drill Competition will be hosted by a school in Region II on a rotating basis.
 - b. Region II Drill Competition will always be held in the 3rd week of January
 - i. The Region Drill competition for the <u>2024-2025 school year will be held on Wednesday, January 15th at 6:00 p.m. Location TBD</u>
- 3. A UHSAA certificated judge will be contracted as the competition director for the Region Drill Team Competition. Must be selected by April of the year prior to the competition.
 - a. 2024-2025 Competition Director: Lauralyn Kofford (801-372-6110)
- 4. All Drill Teams must follow the most current National Safety Guidelines in order to compete and to qualify for catastrophic insurance coverage.
- 5. The performance categories for the <u>2024-2025 Region Competition are: MILITARY</u>, DANCE, and Show. A team may enter three categories at the region level.
- 6. The head coach must attend a UHSAA Rules Clinic for coaches and judges prior to the Region Competition or complete the UHSAA Drill Team test prior to the Region Competition.
- 7. A mandatory Region Drill Competition Coaches Meeting will be held in October to determine the dance order and to review Dance competition logistics.

- a. The competition performance order will be determined by drawing number (1-6) and a predetermined rotation for all three performance categories.
- b. The competition performance order will be: 1) Military, 2) Dance, and 3) Show.
- 8. A 2nd mandatory Region Drill Competition Coaches Meeting will be held prior to the Region Drill Team Competition at the host school.
 - a. A facility orientation will be conducted during the mandatory coaches meeting.
- 9. Region Competition:
 - a. Each team will be given a 45 minute floor time the day of the Region Competition.
 - Spectator seating assignments will be determined by randomly dividing the venue into six sections (number of participating schools within the region). Each section will align with the number selected at the first mandatory Coaches Meeting (1-6).
- 10. Region Program Information that needs to be gathered and emailed to the Competition Director:
 - a. Official drill team name
 - b. A team picture (high quality with sharp contrast)
 - c. Names of all drill team members, officers, managers, and coaches.
 - d. Names of school administration and athletic director(s) (please check spelling)
 - e. All-Region Team Nominations (three per school with preference to seniors and/or multiple year members)
 - f. Academic All-Region Nominations (SENIORS with a 3.75 and above cumulative GPA)(please check spelling) GPA through 1st quarter their senior year.
 - g. Pre-arranged guest performing group for the break between the Dance and Show categories.
 - i. Contact Name, Number and Email Address
- 11. Each drill team coach and participant will model sportsmanship to team members, opposing teams, parents, and competition staff. The state sportsmanship rules will apply and be enforced during the Region Drill Team Competition.
- 12. Parents/Spectators who use profane language, are disrespectful towards others, or who otherwise fail to model decency and sportsmanship, as determined by the supervising administrators, will be asked to leave and will not be allowed to return to the competition at any time during the remainder of the competition.
- 13. The following awards will be presented at the Region Drill Team Competition:
 - a. A Region Championship trophy will be awarded to the Region Championship Team. (Jostens)
 - b. Certificates will be awarded to the 2nd, 3rd, and 4th, 5th, and 6th place teams overall. (Region Chair will Print)
 - c. Plaques will be awarded to the 1st, 2nd, and 3rd place winner in each of the three categories. (Jostens)
 - d. Medals will be awarded to the 1st, 2nd, 3rd place winners in the Drill Down Competition. (Jostens)
 - e. Certificates will be awarded to participants eligible for Academic All-Region (SENIORS with a Cumulative GPA of 3.75 or above) These will be printed by each individual school and given at the year end banquet. These names will be placed in the Region Competition Program
 - f. Certificates will be awarded for participants selected for All-Region (three from each school). (Region Chair will Print)
- 14. Dressing rooms are closed to parents, spectators, and supporters. Only coaches and participants will be allowed in the dressing area. The decoration of team dressing rooms

- by parents should be conservative and WITHOUT GLITTER, and must be approved by the head drill team coach in advance.
- 15. Moratorium/Dead time: UHSAA guidelines must be followed. Teams not abiding by the moratorium will face a fine on the first offense and a sportsmanship penalty on the second offense.

2024-25 UHSAA Drill Calendar

June 28- July 4...6A MORATORIUM -- no practices, competitions, meetings or travel

Aug 31... 6A Drill Judges' Clinic (UHSAA)

Sep 14... Drill Coaches' Rules Clinic

Nov 4... 6A First Contest Allowed

Nov 22...6A Rosters in Aktivate

Nov 28 - Dec 1...6A MORATORIUM -- no practices, competitions, meetings or travel

Dec 21 - Dec 25... 6A MORATORIUM -- no practices, competitions, meetings or travel

Jan 1...6A MORATORIUM -- no practices, competitions, meetings or travel

Jan 6 - Feb 4...6A Academic All-State Applications Accepted

Jan 18...6A Season End Date

Jan 21...6A State Tourney Bracket Reveal 10:00 AM

Jan 25...6A State Tournament Quarterfinals @ UCCU Center - Utah Valley University

Jan 29 & Feb 1...6A State Championships @ Utah Valley University

Feb 15...6A Drill Team Budget Declaration Due

Mar 17... Team Selection Start Date

Jun 28 - Jul 4...6A MORATORIUM -- no practices, competitions, meetings or travel

DRAMA POLICIES 2024-2025

Region Activity Administrator: Julianna Wing (Copper Hills High)

Coaches Representative: Case Hamilton (Corner Canyon High)

- Teachers Meeting: All region drama teachers will meet at least one month prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments begin. This meeting will be held at (Jan. 7th 2025 at 4:30 pm at Riverton High).
 - 2. Judges: Coaches, recent alumni (3 years), student teachers from any of the Region II schools as well as family members of any competing student will not be used as judges for any portion of the play festival or individual event festival. All schools will help the Region Rep get One-Act Play judges.
 - 3. Cost and Fees for Judges:
 - One (1) to six (6) schools participating- 24 individual Event Judges at \$100.00 per ½ day. 21 judges needed to stay for finals and technical theatre.
 - Presentations (plays)- three (3) Judges at \$200.00 per day.
 - 4. Qualifying for State: Each school may send up to four (4) entries per individual event as constituted for that classification. All four entries could qualify for the state festival by achieving the following guidelines:
 - 1. Competitors receiving 60 points or higher, qualify to move on to state competition regardless of their rankings.
 - 2. All performances receiving 65 points or higher will earn a region medal.
 - 3. The top 5-7 pieces in each individual event will participate in a final round. Each students 3 ranking scores (1, 2, 3, etc.) will be added together. The lowest scores will be in the finals round. All finals round performers will receive a medal and will automatically advance to state- even if they did not receive 60 or more points.
 - 4. In each finals round, 3 judges will watch all pieces and rank. Ranking scores will be added and 1st, 2nd, 3rd place will be awarded based on lowest scores.
 - 5. Scores for IE's will be announced at the end of that days competition. Plays will also be ranked and rated for a 1st, 2nd, 3rd place. All 1st, 2nd, 3rd place will go to state. A 4th play could qualify for state if their play score is within 5 points of the 3rd place play.
 - 6. Technical theatre participants will not count towards sweepstakes points.
 - 7. Region 2 will participate in Region Sweepstakes following guidelines of Section IV for the UHSAA handbook.
 - 8. The technical theatre portion for the Individual Events Competition will consist of costume and set design. 4 students can enter in each category from each school.

- 5. Double Entering: Each student may only qualify for State in one (1) Individual Event and in the Play Event. (Technical theatre can also qualify)
- 6. Trophies and Awards:

Outstanding Performance in Region One-Act Plays

- o Six (6) 4x6 Plagues to include:
 - Award Title, Region II Class 6A, School Year
- decided by the three (3) Festival Play Judges and awarded to the school

Individual Medals

- o One hundred and twenty (140) ribbon medals to include:
 - Award Title, Region II Class 6A, (not the school year)
- awarded to participants who scored 65 or more points and medals round participants only.

Individual Events (IE's)

- o Fifty (51) ribbon medals to include:
 - Award Title, Region II Class 6A, (not the school year)
- o Award Titles include:
 - (3 of each; 9 total) 1st, 2nd, 3rd Place Classical Scenes
 - (3 of each; 9 total) 1st, 2nd, 3rd Place Contemporary Scenes
 - (1 of each; 3 total) 1st, 2nd, 3rd Place Humorous Monologue
 - (1 of each; 3 total) 1st, 2nd, 3rd Place Dramatic Monologue
 - (2 of each; 6 total) 1st, 2nd, 3rd Place Pantomime
 - (4 of each; 12 total) 1st, 2nd, 3rd Place Musical Theatre
 - (1 of each; 3 total) 1st, 2nd, 3rd in Costume Design
 - (1 of each, 3 total) 1st, 2nd, 3rd in Set Design

Region II Plays

- o 3 Plaques for 1st, 2nd, 3rd Place to include:
 - Award Title, Region II Class 6A, School Year
- decided by the three (3) Festival Play Judges and awarded to the school

Sweepstakes Awards

- o 2 Trophies for 1st Place and 2nd Place to include:
 - 1st Place Region II Drama, Region II Class 6A, School Year
 - 2nd Place Region II Drama, Region II Class 6A, School Year
- decided by the three (3) Festival Play Judges and awarded to the school

Drama Schedule

Region Drama Planning Meeting
Tuesday, Jan. 7th
4:30 pm
Riverton High School

Region Plays
Corner Canyon High
9:00 a.m. – 4:00 p.m.
Thursday, March 13, 2025

Region IE's Mountain Ridge High Thursday, March 20, 2025

3:00 pm Round One
4:00 pm Round Two
5:00 pm Round Three
6:30 pm Medals Round
7:30pm Awards Ceremony
*Play Results (Acting Awards, State, 1st, 2nd, 3rd Places)
*IE State Qualifiers, Medals
*IE 1st, 2nd, 3rd (each category)
*Sweepstakes 1st, 2nd, 3rd

Thursday-Saturday, April 17, 18, and 19th 2025 6A State Drama Riverton High- Plays (April 17 and 18) Copper Hills- IEs (April 19)

FOOTBALL GUIDELINES 2024

School	Head Coach	Cell	E-Mail
Bingham	Josh Johnson	801-631-3010	joshua.johnson@jordandistrict.org
Copper Hills	Corey Dodds	801-882-4061	corey.dodds@jordandistrict.org
Corner Canyon	Eric Kjar	801-824-4506	eric.kjar@canyonsdistrict.org
Herriman	Matt Rickards	801-673-7751	matt.rickards@jordandistrict.org
Mountain Ridge	Mike Meifu	801-718-9246	mikel.meifu@jordandistrict.org
Riverton	Jim Freeland	801-935-1677	james.freeland@jordandistrict.org

Activity Chairman: Art Erickson, Bingham AP <u>arthur.erickson@jordandistrict.org</u> Coaches Representative: Jim Freeland Riverton <u>james.freeland@jordandistrict.org</u>

Rules Clinic Date: August 5th -September 15th, 2024 (Online: uhsaa.org/training)

Moratoriums:

Jan 1... MORATORIUM -- no practices, competitions, meetings or travel Feb 19 - Mar 4... MORATORIUM -- no practices, competitions, meetings or travel Jun 28 - Jul 4... MORATORIUM -- no practices, competitions, meetings or travel

2024 Region II Football Schedule

Date	Bingham	Cppr Hills	Crnr Canyon	Herriman	Mtn Ridge	Riverton
Friday September 20th	Copper Hills	@ Bingham	@ Mtn Ridge	@ Riverton	Cnr Canyon	Herriman
Friday September 27th	Herriman	Mtn Ridge	Riverton	@ Bingham	@ Copper Hills	@ Cnr Canyon
Friday October 4th	@ Riverton	@ Cnr Canyon	Copper Hills	@ Mtn Ridge	Herriman	Bingham
Friday October 11th	Cnr Canyon	@ Herriman	@ Bingham	Copper Hills	@ Riverton	Mtn Ridge
Friday October 18th	@ Mtn Ridge	Riverton	@ Herriman	Cnr Canyon	Bingham	@ Copper Hills

FOOTBALL RULES 2024-25

- 1. Football practice begins/Team Selection July 29th
- 2. First contest allowed (Sub-Varsity) August 21st (Varsity) August 22nd
- 3. All varsity games will start at 7:00 pm.
- 4. Each region school will play a full schedule of Sophomore and JV games.
- 5. The 2024 season sophomore and JV games will be held "Same Night, Same Site" on Thursdays opposite of the site held for the varsity game.
- 6. Home team wears dark jerseys. Visiting team wears light or white jerseys.
- 7. All schools are required to use adults on chain and down markers (Varsity only).
- 8. In case of overtime, the state tie-breaker rule applies.
- 9. Sidelines: No one will be allowed on the field or sidelines (outside of teams and team personnel) during the game without a sideline pass. Each school will develop and distribute their own sideline passes. The Athletic Director who meets the bus will determine from the opposing coach how many sideline passes are needed. It is the responsibility of each school's administration to keep their sidelines and track areas clear of all spectators. No spectators will be allowed on the field during the game.
- 10. The home team is responsible for emergency medical care.
- 11. A member of the coaching staff will email the two (2) most recent games via Hudl by 8:00 am each Saturday. A copy of the team roster will accompany all film exchanges. Region II games, whether practice, league, or post-league, may be filmed only by the two participating schools. The host school should extend the same courtesy to the visiting photographer as to its own photographer. Films that are exchanged in Region II will be filmed by a responsible adult. They should include a pre-snap set wide angle, scoreboard by quarter, and each scoring play. Film all plays.
- 12. Varsity host school will provide dressing facilities upon the request of the visiting school. A chalkboard/whiteboard will be available. Each school will provide their own towels. Host school will clear the visiting locker room 1 1/2 hours before games and provide a guide for the visiting team to meet the bus, show locker room, etc. (JV and Sophomores dress at their own schools.) In the case of inclement weather, JV & Sophomore teams will be provided shelter at half-time. The visiting team is responsible for cleaning the locker room immediately following half-time.
- 13. Post-Game Activities: At the conclusion of the Varsity, J.V., or Sophomore football games and after the post game acknowledgement between teams, visiting teams will not participate in any post game activities. Visiting teams have 10 minutes to gather sideline equipment, gear etc, exit the field and load their bus to leave. Visiting patrons likewise are to leave the visiting field

and not gather on the field or sideline. Visiting football coaching staff to assist in dispersing their team and supporting patrons from the field/stadium after the game.

- 14. Visiting teams will be allowed a minimum of 2 spotters and a maximum of 4 (depending on facility).
- 15. Region II will allow communication equipment including computers, film, television, and video tapes during the game and between periods as permitted by state guidelines.
- 16. Coaches will communicate with one another on at least two occasions: 1- Schedule and team rosters are to be e-mailed to Region Chair by Monday, August 20th, 2024. The rosters shall contain at least the name, grade level, number, height, and weight of each athlete and be in numerical order. (Register My Athlete) 2- The All Region selection date TBD.
- 17. State RPI will determine seeding for the State tournament.

(In cases where applicable, ties between football teams for first place in region, as determined by region play, will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved.)

- 18. Any current employee of a school may not officiate in any varsity game in which that school is participating.
- 19. The National Anthem will be played 5 minutes before the scheduled starting time. The visiting team should be informed if this is changed.
- 20. Region scheduling will flip home and away year to year. The order will remain the same for two years.
- 21. Change of Date, Time, or Place of a regularly scheduled region game must be approved by the Region II Board of Managers. Changes should be approved at least one week in advance. Host schools must notify the Football Chair and the other head coaches in the region of the change. Host schools must notify the arbiter of the change.
- 22. Any media personnel from schools must remain on their school's sideline. Media personnel including photographers are not allowed in Visitor's team box.
- 23. Home team is responsible for filming Sub-Varsity games and uploading it to Hudl.

FORENSICS GUIDELINES 2024-25

Activity Chairman: Michelle Putnam, Mt Ridge AP <u>michelle.putnam@jordandistrict.org</u>

Coaches Representative: Tanner Latham tanner.latham@jordandistrict.org

Rules Clinic Date:

Moratoriums: same as other UHSAA activities

Starting Date: Sept 26, 2024 First Contest: Sept 26, 2024

Eligibility List Due: October 20, 2024

Academic All-State Deadline: March 3, 2025

State Tournament Dates/Location: March 7-8, 2025

Guidelines Agreed Upon:

FORENSICS GUIDELINES 2024-2025 RESPONSIBLE SCHOOL - Corner Canyon High

No forensics meet(s) may be held prior to the UHSAA Forensics season beginning date. Region 2 Speech and Debate regions:

Saturday, February 22, 2025

Entry Deadline: Wednesday, February 21, 2025

State entries must be given to the Region Representative by Monday, March 6, 2025 Region Representative will submit all final entries to the UHSAA and State Forensics Representative.

2024-2025 Region Representative: Tanner Latham

(Region Representative will be determined by election every 2-3 years, barring unforeseen vacancies.)

Food will be arranged by the host school, Region representative and Tournament director.

Medals: 1st thru 5th place engraved medallions will be awarded to participants, and the Utah High School Association will pay for those.

Region 2 Format

Participants: Events will match the state guidelines. Four entries will be allowed for each event, per school, with a max total of 48 participants, adhering to the state double-entry guidelines.

Lincoln Douglas Debate - Four (4) participants

Policy Debate - Four (4) teams (total 8 participants)

Public Forum - Four (4) teams (total 8 participants)

Impromptu - Four (5) participants

Oratory - Four (5) participants

National Extemp - Four(5) participants

Foreign Extemp - Four (5) participants

Informative - Four (5) participants

Combined Interps - Four (5) participants

Student Congress - Four (5) participants

Judging Requirements:

One judge for every two Lincoln Douglas participants

One judge for every two Policy and Public Forum teams

One judge for every four Individual Event participants

One judge for Student Congress (if bringing participants in this event)

Full teams must have 12 judges, including 1 Congress judge

Reimbursement:

The Utah High School Association will pay for Judges (\$10 per round or \$40 for the day) at the Region Tournament.

Rounds:

The Region Tournament will be at least 3 rounds depending on entry numbers Event Pairings: Participants will be randomly placed in panels for Rounds 1 and 2 of their events, and matched Hi-Low for Round 3.

Congress Pairings: All registered competitors will make up a single Congressional house. If there are more than 25 contestants, there will be two houses of not less than 13 or larger than 25 members in each for the preliminary

rounds.

Quartiling:

Policy and Public Forum:

The 1st quartile of competitors will be awarded superior ratings (10 points).

The 2nd quartile will be awarded excellence ratings (6 points).

The 3rd quartile will be awarded good ratings (2 points).

The 4th quartile will be awarded fair ratings (0 point).

All other Events:

The 1st quartile of competitors will be awarded superior ratings (5 points).

The 2nd quartile will be awarded excellence ratings (3 points).

The 3rd quartile will be awarded good ratings (1 points).

The 4th quartile will be awarded fair ratings (0 point).

Topics:

All Debate (Lincoln Douglas, Policy and Public Forum) topics for Region will be the same as the State topics.

The Congress topics docket will be determined by Region coaches.

The docket will be made up of 2 pieces of legislation chosen by each school, or by the assigned coach. No school may have more than two authored bills per session.

Oratories:

Quoted material must be highlighted and numbered (Only 150 words may be quoted). These may be electronic copies and should be sent to the region rep. Printed copies must be provided to the Ombudsman upon request, should the speech be challenged.

Sweepstakes:

All sweepstakes will be done using the State Quartiling method.

Any participant who is disqualified, misses a round or session of an event will not be eligible for a final rating or team sweepstakes points, but will not be eliminated from quartiling. (Chapter 3 Article 2 UHSAA Speech and Debate handbook) Tiebreakers are not calculated in the tournament; Ranks/Win-Loss records only. Team events follow UHSAA State tournament guidelines for sweepstakes points. Individuals that place in the top 10 or 50% of entries in an event (whichever is greater) of an event will qualify for the state tournament

Additional information:

In the event that a dispute arises which is not covered by Region guidelines, State rules will be deferred to. In the event that disputes are not covered by Region or State guidelines, Coaches will determine, by a unanimous vote, on how to resolve the dispute.

Coaches:

School	Name	Email
Region Chair	Michelle Putnam	michelle.putnam@jordandistrict.org
Bingham	Kristen Parker	kristen.parker@jordandistrict.org
Copper Hills	No Team	
Herriman	Tanner Latham	tanner.latham@jordandistrict.org
Mnt. Ridge	No Team	
Riverton	No Team	
Corner Canyon	Jonathan Spencer	jbsholy1@gmail.com

Region Schedule: see Utahdebatecoaches.org

BOYS GOLF GUIDELINES 2024

Activity Chair: Jordan Denos, Corner Canyon Coaches Representative: Jeff Price, Herriman

- Rules/Etiquette Completion Deadline Sept 20th
- Moratoriums: June 28th-July 4th, Nov. 28th-Dec. 1st, Dec. 2nd-Dec. 31st, Dec. 22nd-26th, Jan. 1st
- Two week Prior Restrictions: July 22nd August 4th
- Starting Date: August 5th (Team selection/Begin practice)
- First Contest Allowed: August 12th
- Eligibility List Due: August 30th Rosters in Aktivate
- Academic All-State Applications Accepted: Sept. 10th Oct. 8th
- Golf State Entry Deadline Oct. 8th
- Golf State Tournament Oct. 14th-15th @ Riverbend Golf Course

Guidelines Agreed Upon:

- 1. There will be a maximum of 10 Varsity and 10 JV region tournaments, consisting of 18 holes each. Eight players representing each region school will participate with the low 4 scores added together for the school's tournament score. Region champion will be determined by the team with the lowest total stroke count.
- All schools will be responsible for their own green fees.
- Region Tournaments will start as late as possible (shotgun starts will be requested).
- 4. The Region II Tie Breaker Rule will be followed to decide final region standings, if needed. If there is a tie for the final state tournament spot, the coaches of the included schools will choose 4 golfers who will then playoff until the final spot is decided.
- 5. If a region tournament is canceled due to inclement weather, every attempt will be made to reschedule if possible, and as soon as possible. If all golfers finish at least 9 holes before inclement weather stops play, it will be considered a region tournament and the 9 hole scores will be considered a complete tournament.

In the event that the final 18-hole Region Championship Tournament is affected by weather, a make-up tournament may not be possible due to time constraints. If the match cannot be rescheduled, current standings at the time of cancellation will be used to determine region champs and state qualifiers.

- 6. USGA rules apply to all events, local rules will supersede in case of conflicts.
- 7. No caddies may be used by the participants in region tournaments. No riding golf carts unless approved by a majority vote of region coaches prior to play.
- 8. Spectators/Parents may attend but are not allowed to give advice to participants. Coaching is only allowed by the designated school coaches (per UHSAA guidelines coaches must have completed required coaches' training and be an official member of the school coaching staff.) Advice or coaching from spectators will result in a 2-stroke penalty. They will receive the penalty after one warning from a coach or Marshall. Spectators must remain 50 feet away during the competition.
- 9. All players are to be dressed in appropriate golf attire. The following guidelines come from the UHSAA Handbook: Appropriate attire is required for all golfers and coaches. Participants may not wear denims of any kind of color. A participant must wear long pants, knee length skirts or shorts (no denim, basketball, or cargo style shorts are allowed) and collared shirts or mock turtlenecks. Penalty for breach of rule: two strokes and attire must be legal before the player can continue.
- 10. All golfers will play from the designated tee markers. Only rangefinders without slope capabilities will be allowed. The following electronic devices are not allowed: (including, but is not limited to) cell phones, music devices, smart phones, etc. Region II tournaments will follow UHSAA rules and regulations.
- 11. Players must attend school all periods of the day of a region event up until they are excused for the event by the coach. District policy supersedes any discrepancy.
- 12. Prior to the first match, each school will hold a region rules meeting. All golfers must attend or will not be eligible for region play. Exceptions rarely may occur but must be approved by the region board (principals, not coaches).
- 13. First team all-region players will be awarded medals for players 1- 12 with the lowest scores after Region Tournaments.

Boys Golf Coaches Information

School	Name Email	
Region Chair –	Jordan Denos	jordan.denos@canyonsdistrict.org
Bingham	Sterling Jack	sterling@sterlingjack.com

Copper Hills		
Herriman	Jeff Price	jeffrey.price@jordandistrict.org
Mnt. Ridge	Ryan Avila	ryan.avila@jordandistrict.org
Riverton	Kelly Pehrson	kelly.pehrson@jordandistrict.org
Corner Canyon	Derek Fox	derek@impactgolfcenter.com

Region Schedule: Subject to change, based upon course availability

2024 Region schedule	Tournament	Varsity/JV	Course	Start Time
August 12	Region 2 Match 1	Varsity Only	Glenmore	7:00 am tee times
August 19	Region 2 Match 2	Varsity and JV	Oquirrh Hills	8 am Shotgun
August 27	Region 2 match 3	Varsity and JV	Glen Eagle	7 am shotgun
Sept 2	Region 2 Match 4	Varsity and JV	Talons Cove	8 am shotgun
Sept 9	Region 2 Match 5	Varsity and JV	Meadowbrook	8 am shotgun
Sept 16	Region 2 Match 6	Varsity and JV	Soldier Hollow Gold	9 am shotgun
Sept 23	Region 2 Match 7	Varsity only	Old mill	8 am shotgun
Sept 30	Region 2 Championship match 8	Varsity Only	Sleepy Ridge	8 am shotgun
Oct 7	Region 2 Match play day 1	Varsity only	Sleepy Ridge	1:30 PM Tee times
Oct. 8	Region 2 Match play final	Varsity only	Riverbend	10:30 Am tee times
Oct 14	6A State Championships	Varsity only	Riverbend	tee times
Oct 15	6A State Championships	Varsity only	Riverbend	tee times

GIRLS GOLF GUIDELINES 2024-25

Activity Chairman: Marni Davis marni.davis@jordandistrict.org

Coaches Representative: Liz Conroy

Moratoriums: Jun 28-July 4, Nov. 28-Jan. 1
Coaches Clinic Date: Feb. 17, 2025 (via Zoom)

Starting Date: Feb 24, 2025First Contest: March 3, 2025

• Rosters in Aktivate: March 14, 2025

• Rules/ Etiquette Competition Deadline: April 14, 2025

• Academic All-State Deadline: April 17, 2025 (Opens Mar. 18, 2025)

• State Entry Deadline: April 29, 2025

State Tournament Dates/Location: May 20-21, 2025 @TBA

Guidelines Agreed Upon:

REGION II GIRLS GOLF GUIDELINES 2024-2025

- There will be 12 players maximum per team consisting
- of 6 Varsity and 6 JV. Four of the Varsity scores will be counted for tournament scoring and scoring is based on stroke play. A point system will be used to determine team standings within the region. Points will be doubled for the Region tournament.
 - 1st place =
 - o **5** points for 9 holes/**10** points for 18 holes
 - o 2nd place =
 - o 4 points for 9 holes/8 points for 18 holes
 - o 3rd place =
 - o 3 points for 9 holes/6 points for 18 holes
 - o 4th place =
 - o 2 points for 9 holes/4 points for 18 holes
 - o 5th place =
 - o **1** point for 9 holes/**2** points for 18 holes
- Coaches will determine which tournaments count toward
- All Region at the beginning of the season with the agreement that one score will be dropped. The top 12 girls in the region will medal.
- Eight to ten tournaments will be scheduled, preferably
- Shot-gun starts. Starting time will usually be in the afternoon, but there may be a few morning tournaments. Some tournaments will be Varsity only.

Region Schedule: TBD

REGION 2 Girls High School Golf Schedule 2024-25

Region Schedule will be shared when it is completed.

Teams should show up 45-60 minutes before the scheduled time in order to warm up and prepare to start on time.

Girls Golf Coaches information

School	Name	Email	Cell Number
Region Chair	Marni Davis	marni.davis@jordandistri ct.org	435-830-8282
Bingham	Brett Boberg	brett.boberg@jordandistri ct.org	801-696-5889
Copper Hills	Jack Lambert	jack.lambert@jordandistri ct.org	307-799-8902
Herriman	Nicolas Redd	nicholas.redd@jordandist rict.org	801-509-8996
Corner Canyon	Cody Nesbit	cody.nesbit@canyonsdist rict.org	801-787-9877
Riverton	Peter Fong	peter.fong@jordandistrict. org	206-920-8212
Mt Ridge	Liz Conry*	elizabeth.conry@jordandi strict.org	314-304-0862

MUSIC, INSTRUMENTAL GUIDELINES 2024-25

Activity Chairman: Janilee Mullen, Riverton AP janilee.mullen@jordandistrict.org Coaches Representative: Jason Weimer, Riverton High

State Tournament Dates/Location:

State Jazz-TBD State Band- May 1-3, 2025 State Orchestra- May 15-17, 2025

Competition Dates:

Region Solo and Ensemble- February 26, 2025- MRHS and 27- BHS Region Jazz- March 5, 2025- Mountain Ridge High Region Band- March 26, 2025- Copper Hills High Region Orchestra- April 1, 2025- Corner Canyon High

Guidelines Agreed Upon:

I. Festival Management A. Leadership and Responsibilities 1. The Utah High School Activities Association (UHSAA) works in partnership with the Utah Music Educators Association (UMEA) to organize and direct designated music activities at the state level. 2. UHSAA sponsors and directs the State Solo & Ensemble Festival. UMEA sponsors and directs the following state festivals: Jazz, Marching Band (Drumline included), Orchestra, Concert Band and Large Group Choral. 3. Region activities are governed by the Region Board of Managers which includes the principals from each of the schools. Regions shall organize and conduct the region festivals that support the state festivals sponsored by the UHSAA and UMEA as currently outlined. Scheduling requests and any protests or grievances regarding any results MUST come from the school's music director. Scheduling requests and grievances from students or parents will NOT be considered. 4. With the exception of region festivals and the State Solo & Ensemble Festival directed by the UHSAA, UMEA shall determine the rules and regulations for the activities and state festivals their Association sponsors. However, any UMEA policies that are not in compliance with UHSAA policies must be approved by the UHSAA Executive Committee. For example, because of the exorbitant costs involved with marching band, UMEA will allow schools to compete as a combined program. Students attending a school without a competitive field show marching band program can continue to attend their school while participating in a marching band program at another member school with the approval of both principals. The UHSAA approved the UMEA policy of combined programs only for marching bands. 5. Under the existing

partnership. UMEA may request a sanction from the UHSAA for the activities they sponsor. UMEA leadership must submit a completed sanction application to the UHSAA at least thirty days prior to the event and be signed by the UMEA president. 6. The Region Board of Managers shall select a music educator to serve as the UHSAA Region Music Chair, alongside the region administrator assigned to oversee region music activities. The region festival chair is the liaison between local music educators in a specific region and the UHSAA. The selected Region Music Chairs are strongly encouraged to attend the annual UHSAA training held at the UMEA Mid-Winter Conference. 7. It is the responsibility of the UHSAA Region Music Chair to call periodic meetings of the music educators in the local region to plan music festivals other inter-school music activities, to serve as chair for all festivals in the local region in order to assure that each is administered in compliance with UHSAA rules and regulations, and to meet with the Region Board of Managers when the need arises. The region music chair is expected to distribute and collect adjudication forms, approve festival scheduling, assimilate and disseminate festival results to directors, and work cooperatively with state festival chairs in submitting required materials for state festivals according to published schedules and guidelines. 8. The music director of the school hosting a festival shall serve as the site coordinator and will be responsible for the physical arrangements necessary for effective management of the music festival, such as securing and paying adjudicators, scheduling space and events, and providing chairs, stands, risers, pianos (adequately tuned), large percussion equipment, public address system, tables for adjudicators, seating charts, student aids, ushers and recording equipment for adjudicators. 9. The UHSAA Music Committee consisting of representatives of the Utah High School Activities Association, the Utah State Office of Education, and the Utah Music Educators Association, shall be responsible for the formulation and administration of rules and supervision of the organizational structure necessary to administer uniform, consistent, quality region and state music festivals and other inter-school music activities. 10. The UHSAA Music Committee will recommend state festival directors to be approved by the UHSAA Executive Committee. The UHSAA Music Committee Chair, a UMEA rep, the UHSAA/UMEA Adjudication Chair, the State Festival Directors and Site Coordinators constitute the UHSAA Music Festival Advisory Committee, chaired by the UHSAA Assistant Director over music. The committee meets biannually for orientation, periodic review of rules and regulations, management of music festivals, and other purposes as determined by the UHSAA Music Committee. B. UHSAA Requires Eligibility Form for Participation in Region and State Solo & Ensemble Festivals 1. Students must be scholastically eligible by UHSAA standards to participate in any music activity in which the UHSAA sponsors the culminating state activity, which is the State Solo & Ensemble. 2. To participate in a regional or State Solo & Ensemble Festival, students must be eligible according to UHSAA standards (UHSAA Handbook, Article 1 Section 8: Handbook Music Section I-C). Students must be currently enrolled in a high school music class taught at their participating high school. Students who are in a 7-12 grade school must be in 9th-12th grade to participate in the solo portion of the Solo & Ensemble Festival, but may perform with a choir (vocal or instrumental). After verifying the eligibility of the students, the school principal and music director(s) shall sign and submit the UHSAA Eligibility Form available on the Music Page at www.uhsaa.org to the UHSAA prior to participation in a Region Solo & Ensemble Festival but no later than the designated deadline posted on the UHSAA Master Calendar or UHSAA Music Calendar available under the

Calendar tab at www.uhsaa.org. 3. State festivals sponsored by the UMEA, including State Jazz, State Marching Band, State Orchestra, State Concert Band and State Large Group Choral do not require verification of eligibility. C. Eligibility Requirements for Music Festival Participation 1. A participant must be enrolled and in good standing in the high school music program which is being taught by a teacher certified by the Utah State Board of Education. If a school has no music program, #C3 is invoked. 2. Because music activities are curriculum related and designed to serve those students who have chosen to study music through the school program, a participant must be enrolled in a school music class or be a member of a school band, orchestra or choir during the current school year to be eligible to participate in the instrumental and/or vocal events at the region and state music festivals. 3. All participants must be approved for participation in the music festival by the administrator of the member school in the region where the student is in attendance. An accompanist may or may not be a student participant. However, all participants in ensembles must be students. D. Eligibility Requirements for Adjudicating Festivals 1. In order to qualify as an adjudicator one must successfully complete the online application and training found at http://umea.us/adjudication.php through the Utah Music Educators Association and receive certification in one or more areas of specialization. 2. To remain eligible, all adjudicators must recertify once every four years by completing the online application and training found at http://umea.us/adjudication.php. 3. If an adjudicator receives three negative evaluations he or she may be removed from the UMEA list of certified adjudicators by action of the UHSAA Music Committee. Reinstatement may be granted one time only through completing the UMEA on-line training. 4. An adjudicator must never be alone with a participant and must always have another performer, adjudicator, parent or observer present in the room. E. Ratings 1. Ratings may include pluses or minuses for each entry with the maximum (highest) rating being a (I). 2. Guidelines for ratings follow: RATING I: SUPERIOR—A first-rate performance for the event and the class of participants being judged. To receive a superior rating a performance must meet the highest expectations in every category of adjudication. Memorization of instrumental solos is optional. Piano soloists and vocal soloists must perform from memory. RATING II: EXCELLENT—a commendable performance showing a high standard of musical accomplishment but lacking in one or more of the characteristics of a superior rating. Music may be used. RATING III: GOOD—an average performance lacking in several characteristics of a superior rating. Music may be used. RATING IV: FAIR—a below average performance requiring many specific improvements. RATING V: POOR—a performance lacking sufficient preparation and exhibiting major deficiencies. II. General Requirements A. Official adjudication and entry forms must be used by each school music teacher for all UHSAA sanctioned music festivals. The forms can be obtained from the Music page on the Utah High School Activities Association website: www.uhsaa.org (Click on Sports&Activites>Activities>Music). The forms must be filled out using the internet browser. Handwritten forms will not be accepted. All adjudication forms must be filled out completely and accurately, and submitted on time by each music teacher entering students for a UHSAA sanctioned festival. B. Scores or individual parts of a score, copies of solos, and/or lead sheets must be provided for the adjudicator with measures numbered. Adjudicators may grade one level lower if the above is not provided with the measures numbered. C. The use of photocopied or otherwise reproduced copies of published music must comply with the United States Copyright Law. Festival participants shall either provide the original score or written

permission from copyright owners to duplicate the music. If an unauthorized reproduction of published music is used an adjudicator may give a "no rating." D. Music is an interactive art form and as such live accompaniment is required. E. Uninvited communication with the adjudicator may result in the disqualification of the entry. F Region and state festival adjudicator fees are \$25 an hour (1-2 hrs adjudicating), \$90 half day (approximately 3-5 hrs at site), and \$140 for a full day of adjudicating (5+ hours at site). Drivers will be reimbursed .46 cents per mile and \$.11 for riders, for all miles traveled over 50 miles roundtrip. The UHSAA Music Festival Adjudication Contract (posted on the Music Page at uhsaa.org) should be kept by the school issuing a check for the adjudication fee and mileage. A second copy should be sent to the Region Board of Managers if reimbursement for this expense is requested.G. Students and directors are encouraged to view festivals as a valuable listening and evaluating experience in addition to their involvement in performance. Participants should spend as much time as possible filling the role of critical yet appreciative members of the audience. Region large group festivals will comply with the Statement of Principles for Music Festivals, as prepared by UMEA. H. Piano and vocal solos must be performed from memory. Memorization of instrumental solos is optional. III. Region Festivals A. Region Music Festivals 1. It is recommended that regions recognize only those categories which will be held at state competitions as they submit entries for region festivals. 2. Recommended Region Festivals (UMEA or UHSAA sponsors the state culminating festival): (March) Vocal Solo & Ensemble Festival (April) Orchestra Festival (March) Instrumental Solo & Ensemble Festival (April) Large Group Choral Festival (March) Jazz Ensemble Festival (April) Concert Band Festival 3. Directors are discouraged from requesting to participate in another region festival; however, under extremely unusual circumstances, a school may appeal to a Region Board of Managers in a classification of equal or greater size (i.e., a 3A school may only participate in a 3A, 4A, 5A or 6A region festival). The request must be submitted in adequate time for the Region Board of Managers to consider the request. Note: Solo & Ensemble participants may only attend the region festival for his or her school of eligibility. B. Region Large Group Festivals 1. Teachers who are in their first or second year in their current position and who participate in the festival may have the option to receive critique only and no rating. 2. Rules and regulations: a. Large group festivals should be held on a regional basis. It is recommended that the following groups be included: band, orchestra, string orchestra, chorus for low voice range, chorus for high voice range, and mixed chorus. To make the festival experience worthwhile, as large a number of events as possible should be scheduled. b. Groups shall not perform a selection they have used at any adjudicated festival within the last five years. c. The amount of time allotted each performing group should be regulated by the festival chair according to the number of groups participating. Suggested time for vocal groups is 20 minutes, and for instrumental groups 30 minutes. This time allotment includes setting up, performing, and leaving the stage. d. Ratings: (See ratings under IE, #1-2) e. All awards and/or other forms of recognition for large group festivals must conform to the regulations of the Utah High School Activities Association. f. Regions are encouraged to include sight reading as part of their large group festival activities. Reading materials should be at least one class below that of the numbers performed by the group. Procedures can be decided by directors of participating schools. g. It is recommended that there be three adjudicators for each large group festival. C. Region Jazz Ensemble Festival 1. Each jazz ensemble is required to perform at least one swing and one ballad or combination

thereof. The emphasis shall be on jazz, not rock, and the judges will be so informed. 2. At the Region Jazz Festivals, schools will participate in a sight-reading experience. Participation in region sight-reading is required; however, a minimum sight-reading score is NOT needed to qualify for State. The recommended format is as follows: after performing on stage, bands will be brought to a sight-reading room, given five (5) minutes to look over a tune (students may play), then they will play the tune for an adjudicator. 3. Each ensemble will be allowed a total of 20 minutes which includes setting up, performing, sight- reading and leaving the stage. To facilitate the 20 minute time limit, ensembles are encouraged to use the standard block setup. A warm-up room will be available one-half hour prior to a band's scheduled performance time. 4. Points will be deducted for doubling. Example: two alto saxophones playing the first part at the same time or at different octaves. However, the lead trumpet part and only the lead trumpet part may be doubled down an octave because it is standard jazz practice. Using two like instruments at different times is permissible. However, it is the ensemble's responsibility to make it obvious there is no doubling of parts. D. Region Solo & Ensemble Festivals 1. Solo and ensemble participants may only attend the region solo and ensemble festival for his or her school of eligibility. 2. Entrants shall use high quality, published music of recital nature grade III level or above. 3. The current New York State Music Association Manual and/or the NAfME Selected Music Lists are recommended (could also search acceptable state repertoire lists on jwpepper.com). 4. To accommodate the large number of participants, students should be limited to performing in a maximum of three solo and/or three ensemble events. 5. To be considered a separate ensemble, at least 50 percent of the group shall be new members. 6. A soloist shall not perform a selection he or she has used at any evaluative festival in any previous year. Each soloist must select music at least one grade more difficult if he or she received a superior rating the previous year. If more than one half of an ensemble is replaced by new members, it shall be considered a new ensemble in regard to repetition. The ruling on repetition applies to both soloists and ensembles. 7. Performing Groups: a. All instrumental choirs (string, woodwind and brass) shall have a minimum of 8 members and shall not exceed 25. In all other types of instrumental ensembles there shall be no duplication of parts. b. Chamber choirs shall have a minimum of 16 members and shall not exceed 32. c. With the exception of chamber choirs, vocal ensembles shall be limited to four singers on a part. d. Chamber choirs are defined as mixed voices. All others may enter as vocal ensembles. 8. Only instrumental and chamber choirs may be conducted. 9. All string, woodwind, and brass ensembles must adhere to prescribed instrumentation listed on the conductor's score. 10. Soloists and small ensembles may perform only one selection or portion thereof not to exceed the "performance" times listed below. The time limits listed below include entrance, exit, set-up, tuning and performing. At the end of the allotted performance time, the adjudicator may ask the ensemble or soloist to stop. No piano duets or concertos are to be accepted for adjudication at Regional or State Festivals. A performer will receive a NR for performing a concerto or duet. Music requiring accompaniment must have accompaniment or the performer(s) shall receive a NR. Soloists & Small Ensembles Playing Time Group Size Solos Piano 6 minutes String 7 minutes 2-7 members 6 minutes Woodwind/Brass 7 minutes 2-7 members 6 minutes Vocal 5 minutes See #6 above 5 minutes Percussion 10 minutes 6 minutes 11. Large ensembles and choirs may perform more than one selection but must stay within the following "time limits" which shall include: setup, tuning, performance time and exiting the performance area. When

the time limit has expired, the monitor or adjudicator may signal the group to stop their performance. Large Ensembles & Choirs *Total Time Limit Group Size String Choirs 12 minutes 8-25 members Woodwind Choirs 12 minutes 8-25 members Brass Choirs 12 minutes 8-25 members Large Percussion Ensembles 12 minutes Chamber Choirs 15 minutes 16-32 members IV. State Solo & Ensemble Festivals A. Items in III-D (Region Solo & Ensemble Festivals) also apply to the State Solo and Ensemble Festival. B. Regions/Schools are assigned to the following festival locations: NORTH Solo & Ensemble Festival at Northridge High School Regions 1, 2, 3, 5, 6, 10, 11, 13, 15, 17, & 22 SOUTH Solo & Ensemble Festival at Provo High School Regions 4, 7, 8, 9, 12, 14, 16, 18, 19, 20, & 21 C. Qualifying for the State Solo & Ensemble Festival 1. Only soloists and ensembles receiving superior ratings (I) at a region festival, qualified according to #4 below, and correctly nominated by a regional festival adjudicator may participate in the State Solo and Ensemble Festival. A (I-) is not acceptable. 2. Any entry receiving a Superior (I) Rating is eligible to participate in the State Festival except for piano entries. Piano entries are limited to one (1) entry multiplied by the number of schools in the region. Piano entries must also qualify by receiving a Superior (I) Rating. 3. The Region Festival Adjudicators will determine the entrants for the State Festival according to the above formula. In addition: a. An adjudicator's nomination must be included on the piano adjudication sheet. The adjudicator should place his/her initials in the space for state nomination located on the form near the rating, b. Music performed must be high quality, published music of recital nature, grade III or above. 4. Soloists or groups qualifying for state may change their selections between region and state festivals. 5. If less than 50 percent of an ensemble are new members, then it is considered the same ensemble and only one selection may be performed. 2019-20 UHSAA HANDBOOK. 6. An ensemble qualifying for state may change no more than one half of its personnel. D. State Solo & Ensemble Festival Instructions and General Information 1. Go to the UHSAA Music page at www.uhsa.org for festival info and instructions on submitting entries. 2. Prior to the Region S & E Festival(s), the high school music teacher shall complete and email the UHSAA "Region Solo & Ensemble Entry Form" to the Region Festival Host and the Region Music Chair by the date requested (form on Music page at uhsaa.org). 3. Following the Region Festival(s) the Region Music Chair shall complete the following: a. The Region Chair photocopies the region festival adjudication forms to keep as evidence of which students qualified for the State Solo & Ensemble Festival. b. The Region Chair contacts the music directors at each of their region schools and confirms the names of the qualifying state entries they should submit to the State Scheduler/Festival Director AND if there are any potential conflicts (i.e. accompanists). The Region Chair shall have a photocopy of the region festival adjudication form that validates each entrant. The State Scheduler/Festival Director will only work directly with the Region Chairs and not individual school directors or individual performers. c. Entries are requested four weeks prior to the state festival, but to avoid school fines they must be received by the State Festival Director no later than three weeks prior to the state festival. d. State Solo & Ensemble Festival information will be posted on the Music page at www.uhsaa.org. e. The Region Music Chair shall electronically submit the region's state qualifying entries to the Festival Scheduler/Director (listed below) on the "UHSAA State Solo & Ensemble Entry Form". The entry form is available on the UHSAA Music page at www.uhsaa.org click on the link for the "State Solo & Ensemble Form;" save the blank entry form to your files; open the saved entry form; complete the entry form (fill all fields); save the completed entry

form; attach the completed entry form to an email and send to your assigned State Solo & Ensemble Scheduler. The Region Music Chair shall submit any potential conflicts when they email their entries to the State Scheduler. Entries received after this deadline will be fined \$200.00 for the first week late. Entries received more than one week late will not be scheduled. f. Prior to the state festival, the school music directors shall complete a new adjudication form for each of their qualifying entries. Prior to the performance at state, the assigned performer(s) shall provide the state adjudicator their completed adjudication form. g. Because of the large number of participants, performances will be scheduled at the discretion of the state festival chairman and entrants shall perform as scheduled. Potential conflicts must be submitted by the Region Music Chair when they email their entries to their assigned State Festival Director/Scheduler. h. In the case of an emergency, the Region Chair can petition the Scheduler/Festival Director through email on behalf of a request from one of their region music directors. The State Schedulers/Festival Directors will only work directly with the Region Chairs and not individual performers in regards to scheduling issues or conflicts. i. NO SHOW FEES CHARGED TO SCHOOLS: Schools are fined \$25 for each "no show" entry. The "no show" fee is charged if a scheduled performance posted on the UHSAA website is canceled later than the Monday prior to the State Festival. 3. The preliminary schedule will be posted on the Music Page at www.uhsaa.org about 10 days prior to the festival and the FINAL SCHEDULE will be posted the Tuesday prior. 4. The overwhelming challenges that come with scheduling a festival the size of the State Solo & Ensemble prevent the schedulers from accommodating excessive requests from individual accompanists. It will be difficult to accommodate more than ten (10) entries per accompanist. 5. State Solo & Ensemble Awards: a. Soloists receiving a superior (I) rating will be awarded medals and certificates. b. In rare instances, an adjudicator may award a superior rating "With Distinction." c. Soloists receiving superior minus (I-) ratings will be awarded certificates. d. Ensembles receiving superior (I) ratings from all judges will be awarded a certificate.

MUSIC, VOCAL GUIDELINES

Activity Chairman: Janilee Mullen, Riverton AP <u>janilee.mullen@jordandistrict.org</u> Coaches Representative: Jason Weimer, Riverton High

Guidelines Agreed Upon: See Instrumental/Vocal Guidelines listed above

Music Dates:

Solo and Ensemble- March 4, 2025- Mountain Ridge High Region Training- March 11, 2025- Bingham High Region Chamber Choir- March 18, 2025- Copper Hills High Region Large Choir- April 16, 2025- Herriman High

BOYS SOCCER GUIDELINES 2025

Region II 2025 Soccer Schedule

Activity Chairperson: Jentry Johnson (Herriman High) Jentry.johnson@jordandistrict.org Coaches Representative:

- 1.. Rules Clinic: Jan 13- Feb 24th
- 2 .Moratoriums:
 - Jun 28-July 4, 2024
 - Nov 28 Jan 1st 2024
 - Feb 9 Feb 23, 2025 (Two-Weeks Prior)
- 3. Eligibility List Due:
- 4. Academic All-State Deadline: Mar 18 Apr 17, 2025
- 5. SEASON END DATE: May 6, 2025
- 6. RPI BRACKET REVEAL: May 7, 2025
- 7. State Tournament first round May 9 (Home site)
- 8. State Tournament second round May 13 (Home site)
- 9. State Tournament quarterfinals May 15 (Home site)
- 10. State Tournament Semifinals May 20 (Zions Bank Stadium)
- 11. State Tournament Finals May 22 (Rio Tinto Stadium)

Guidelines Agreed Upon:

- 1. Region games will start at 3:30 PM for Varsity; 5:15 for JV; on Wednesday and Friday. One game designated as senior night and for that contest, Varsity will start at 7:00 p.m. and JV 5:00 p.m.
- 2. Region trophy will go to first place in regular region play
- 3. Please refer to "General Policies" in the Region II Handbook for all other Region II rules, and the UHSAA Handbook for all UHSAA rules
- 4. Game field locations for each school are located on campus.
- 5. All-Region team players are decided by the coaches according to how the teams finish in region play. For the region's first team: 1st– 6, 2nd 5, 3rd– 3, 4th– 3, 5th– 2, 6th– 2
- 6. The All-Region second team players will be determined with 4 selections from the region teams that place 1st-4th. Teams who place 5th or 6th will select 2 players each.
- 7. All Teams will receive 2 selections for Honorable Mention.
- 8. Region Honors: MVP for the following area: (Every coach will nominate one player for each category. Votes will be submitted to Administrator, Sterling Hunt, by May 6th, 2025. Coaches will receive submissions via google form).
 - a. All-Around
 - b. Forward
 - c. Mid-field
 - d. Defender
 - e. Goal-Keeper

Coaches Contact Information:

Copper Hills HS - Sean Terry - 801-502-5152 sean.terry@jordandistrict.org
Bingham HS - Leo Gonzalez - 801-637-0081 / Leo.gonzalez00@gmail.com
Herriman HS - Marcello Gasperini - 801-580-0050 / mpgasperini@gmail.com
Corner Canyon - Andrew Van Wagenen - 503-530-9621 / andrew.vanwagenen@canyonsdistrict.org
Riverton HS - Paul Moizer - 801-598-4449 / paul.moizer@jordandistrict.org

Region Schedule (Coming Soon) 2024-25 Region II Boys Soccer

Date	Home		Away
Friday		VS	
Friday 3/14/2025		VS	
3/14/2023		VS	
Bye			
Wednesday		VS	
3/19/2025		VS	
3/13/2023		VS	
Bye			
Friday		VS	
3/21/2025		VS	
3/21/2023		VS	
Bye			
Monday		VS	
Monday 3/31/2025		VS	
3/31/2023		VS	
Bye			
Wednesday		VS	
4/9/2025		VS	
4/3/2023		VS	
Bye			
Friday		VS	
4/11/2025		VS	
., 11, 2023		VS	
Bye			
Wednesday		VS	
4/16/2025		VS	
., 10, 2023		VS	
Bye			

CH- Copper Hills
R - Riverton
H- Herriman
MR - Mountain Ridge
SLA - Salt Lake Academy
B - Bingham
CC - Corner Canyon

Date	Home		Away
Friday		VS	
4/18/2025		VS	
4/10/2023		VS	
Bye			
Wednesday		VS	
4/23/2025		VS	
+/23/2023		VS	
Bye			
Friday		VS	
4/25/2025		VS	
4/23/2023		VS	
Bye			
Wednesday		VS	
4/30/2025		VS	
7/30/2023		VS	
Bye			
Friday 5/2/2025		VS	
		VS	
		VS	
Bye			
Monday		VS	
5/5/2025		VS	
3,3,2023		VS	

Bye		
	VS	
	VS	
	VS	
-		

Вуе			
	Bye		

GIRLS SOCCER GUIDELINES 2024

General Information:

Activity Chairman: Kevin Barton

Coaches Representative: Ryan Rumfallo

1. Moratoriums

- June 28 July 4, 2024 (All sports)
- July 15-29, 2024 (two weeks prior for girls Soccer)
- November 28, December 1, 2024 (All sports)
- December 2 31, 2024 (Girls soccer)
- Dec 21-25, 2024 (All sports)
- Jan 1, 2025 (All sports)

2 Other information:

- Rules Clinic Date (Online: uhsaa.org/training) August 1 September 15, 2024
- Academic All-State Applications Accepted: September 10 October 8, 2024
- Roster with Numbers in Aktivate and MaxPreps: August 30, 2024
- Team Photo to MaxPreps.com: August 30, 2024
- Season End Date: October 4, 2024
- State Bracket Reveal: October 5, 2024

Coaches:

Herriman - Ryan Rumfallo <u>Rumfallo-coachrumfallo@yahoo.com</u>

Riverton - Paul Moizer <u>paul.moizer@jordandistrict.org</u>

Bingham - Tennille Vance - tennillevance@gmail.com

Copper Hills - Justin Hendrix - justin.hendrix@jordandistrict.org

Mountain Ridge - Mark Osborne - mosborne75@hotmail.com

Corner Canyon - Fode Doumbia - fode.doumbia@canyonsdistrict.org

Salt Lake Academy - Sly Yeates | syeates@rslacademy.org

Policies

- 1. All general policies in the Region II Activities Manual should be read and will apply to the sport of Soccer.
- 2. Each school has the option to play a maximum of 16 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games.
- 3. Pre-season non-league games are to be scheduled as the schedule permits per UHSAA ruling if game limitation is changed.
- 4. Varsity and Junior Varsity games will be played on the same day, at the same site.
 - a. Varsity game time is 3:30 p.m. (Corner Canyon at 7:30 pm on Tuesdays)
 - b. Junior Varsity game time is 5:15 p.m. (15 minutes after Varsity game) (Corner Canyon at 5:30 pm on Tuesdays)
 - c. Senior night varsity start time 7pm and JV 5:30 p.m.

- 5. Changes in game time and/or site must be approved by the principals and coaches of both schools involved as well as the Region Chair which will notify all coaches.
- 6. Host schools are responsible for notifying officials in advance of any change in the schedule.
- 7. The uniform sportsmanship policy:
 - a. Soccer will be administered according to the policy listed in the general policies.
 - b. Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play.
 - c. Any participant involved in a second incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - d. A third ejection will result in suspension for the remainder of that season.
 - e. The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member or any team personnel who leaves the bench area during a fight or who participates in a fight during the season, will be ejected from that game.
 - f. Fans must be seated 10 feet from the sideline a painted white line must designate the fan seating area.
- 8. Home team must wear dark jerseys and dark socks. Visiting team wears white jerseys and white socks.
- 9. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field. When teams are seated on opposite sides of the field, fans must sit with their team on the appropriate sides.
- 10. Tiebreaker: See Region Policy for all activities.
- 11. Each postponed game must be made up in the order of the postponement. During the first round of region play, a postponed game will be made up by "flip/flopping" the schedule and playing at the "visiting" team's field, if it is playable. If both fields are unplayable, the postponed game will be made up on the first available date as stated in how a game is made up in the second round. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the "home" field, or at either field as agreed mutually by the coaches. When deciding to stick to the "home fields" consideration needs to be given to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. if possible.
- 12. If there is a tie and a berth is at stake, then the tied school's playoff. The teams play a full game. If there are three teams tied for a playoff spot, then two teams play determined by flip. The winner plays the bye team. Winner goes. If three teams tie for two places, then the same format is used. However, the winner of the first game is in and the loser plays the bye team. All games are played on a neutral site.
- 13. Region Team Selection: On September 19, 2024. Each coach will email the region chairman (administrator) two player names from their squad, which they feel are the top

region players on their teams. The chairman will compile the list and send it out to the coaches for a vote through a Google Form. These votes will be tallied and a final list will be sent to coaches for approval. October 17, 2024 is the final due date for the Google Form.

GIRLS SOCCER SCHEDULE: 2024

August 20, 2024	September 12, 2024
Corner Canyon @ Bingham RSL @ Copper Hills Riverton @ Mountain Ridge Bye: Herriman	Bingham @ Corner Canyon (Sept 13) Copper Hills @ RSL Mountain Ridge @ Riverton Bye: Herriman
August 22, 2024	September 17, 2024
Mountain Ridge @ Corner Canyon Bingham @ Copper Hills Riverton @ Herriman Bye: RSL	Corner Canyon @ Mountain Ridge Copper Hills @ Bingham Herriman @ Riverton Bye: RSL
August 27, 2024	September 19, 2024
Mountain Ridge @ Herriman RSL @ Bingham Riverton @ Corner Canyon (7:30) Bye: Copper Hills	Herriman @ Mountain Ridge Bingham @ RSL Corner Canyon @ Riverton Bye: Copper Hills
August 29, 2024	September 24, 2024
Herriman @ RSL Bingham @ Mountain Ridge Corner Canyon @ Copper Hills Bye: Riverton	RSL @ Herriman Mountain Ridge @ Bingham Copper Hills @ Corner Canyon (7:30) Bye: Riverton
September 3, 2024	September 26, 2024
RSL @ Riverton Copper Hills @ Mountain Ridge Corner Canyon @ Herriman Bye: Bingham	Riverton @ RSL Mountain Ridge @ Copper Hills Herriman @ Corner Canyon Bye: Bingham
September 5, 2024	October 1, 2024

RSL @ Corner Canyon Copper Hills @ Herriman Bingham @ Riverton Bye: Mountain Ridge	Corner Canyon @ RSL Herriman @ Copper Hills Riverton @ Bingham Bye: Mountain Ridge
September 10, 2023	October 3, 2024
Riverton @ Copper Hills Mountain Ridge @ RSL Herriman @ Bingham Bye: Corner Canyon	Copper Hills @ Riverton RSL @ Mountain Ridge Bingham @ Herriman Bye: Corner Canyon

6A State Tournament:	Coach Contact List:
October 10, 2024 First Round @ Home Sites	Herriman - Ryan Rumfallo
October 15, 2024 Second Round @ Home Sites	Rumfallo-coachrumfallo@yahoo.com Riverton - Paul Moizer paul.moizer@jordandistrict.org
October 17, 2024 Quarterfinals @ Home Sites	Bingham - Tennille Vance - tennillevance@gmail.com
October 22, 2024 Semifinals @ Zions Bank Stadium	Copper Hills - Justin Hendrix - justin.hendrix@jordandistrict.org Mountain Ridge - Mark Osborne -
October 25, 2024 Finals @ Rio Tinto Stadium	mosborne75@hotmail.com Corner Canyon - Fode Doumbia - fode.doumbia@canyonsdistrict.org Salt Lake Academy - Sly Yeates
	syeates@rslacademy.org

SOFTBALL GUIDELINES 2025

Activity Chairperson: Michael Farnsworth (Copper Hills High) Coaches Representative:

- 1. Rules Clinic:
- 2 .Moratoriums:
 - Jun 28 Jul 4, 2024
 - Nov 28- Dec 31, 2024
 - Jan 1, 2025
 - Feb 11 Feb 25, 2025 (Two-Weeks Prior)
 - June 28-Jul 4
- 3. Starting Date: February 24, 2025
- 4. First Contest: March 3, 2025
- 5. Eligibility List Due: March 14, 2025 on Max preps
- 6. Academic All-State Deadline: Mar 18 Apr 17, 2025
- 7. SEASON END DATE: May 13, 2025
- 8. RPI BRACKET REVEAL: May 14, 2025
- 11. State Tournament May 15-16 Super Regionals (Best of 3) (Home site)
- 12. State Tournament May 20-21 (Bracket play)@TBA
- 13. State Tournament Finals May 22-23 (Best of 3) @TBA

Guidelines:

- 1. No team may play more than twenty-two (22) games during the entire season.
 - a. A single day tournament will count as one game with a maximum of four (4) games.
 - b. A multiple day tournament (2-3 days) will count as two (2) games towards contest limitations.
 - c. A maximum of eight (8) games may be played in a multiple day tournament.
- 2. All region varsity games shall begin at 3:30 p.m.
 - a. Games will be a full seven (7) innings.
 - b. If the score is tied at the end of seven (7) innings, the international tie-breaker

rule will be in effect.

- c. The 10-run rule will be in effect after the fifth inning.
- d. The 15-run rule will be in effect after the third inning.
- All JV games will immediately follow varsity games (same day, same site).
 - a. A team may only score six (6) runs an inning in a JV game.
 - b. Rules for JV play will be agreed upon by the region in order to provide a $\,$

developmental atmosphere and to accommodate facility conflicts.

- c. A JV region trophy will be awarded to the winning JV team based on their region record.
- 4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15 pm.
- 5. The home team will be responsible for:

- · Providing an official scorekeeper (a responsible adult)
- · Providing two (2) new game balls (same ball throughout the game)
- · Paying the officials
- · Field management
- · Calling the media with games results
- . Providing water for the visiting team
- 6. Postponed games will follow the UHSAA suspended game procedures.
 - a. The home team will call their opponent and the officials by 1:00 pm

b.Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.

- c. Priority should be given to region games.
- d. In the first round of region play, the postponed game may be "flip-flopped" to the visiting field if it is deemed playable. The second-round field will be reversed.
- 7. Teams agree to accept all National Federation Rules.
- 8. Videotaping of games is by **playing** teams only.
- 9. One region trophy will be awarded to the first-place team.
- 10. All seniors with a 3.75 CUM will receive Academic All-Region.
- 11. Coaches meeting to select All-Region teams will be held May 15, 2024
- 12. Pitching distance will be 43 feet.
- 13. Senior recognition day will be kept to a ten (10) minute maximum according to general policy
- 14. All-Region schools will be required to have a safety base. (orange)
- 15. Region Administration representative will be responsible for producing and awarding All-Region awards.
- 16. In the case of a tie, Co Champions will be recognized with each champion receiving a trophy.
- 17. All Region team will be determined at the Region Coaches Meeting May 15th.

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1<sup>st</sup> place gets 5 and the League MVP
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2nd place gets 4

3rd place gets 3

4th place gets 2

5th place gets 1

^{**} Conversations will be had between the coaches at a post-season meeting. The above numbers may be altered if all coaches are in agreement**

Region II Softball Schedule 2024-2025

Tuesday, March 18th

Bingham @ Copper Hills Corner Canyon @ Herriman Mtn. Ridge @ Riverton

Thursday, March 20th

Mtn. Ridge @ Herriman
Bingham @ Riverton
Copper Hills @ Corner Canyon

Tuesday, March 25th

Corner Canyon @ Bingham Copper Hills @ Mtn. Ridge Riverton @ Herriman

Thursday, March 27th

Copper Hills @ Riverton Herriman @ Bingham Corner Canyon @ Mtn. Ridge

Thursday, April 17th

Bingham @ Mtn. Ridge Riverton @ Corner Canyon Herriman @ Copper HIlls

Tuesday, April 22nd

Copper Hills @ Bingham Herriman @ Corner Canyon Riverton @ Mtn. Ridge

Thursday, April 24th

Herriman @ Mtn. Ridge Riverton @ Bingham Corner Canyon @ Copper Hills

Tuesday, April 29th

Bingham @ Corner Canyon Mtn. Ridge @ Copper Hills Herriman @ Riverton

Thursday, May 1st

Riverton @ Copper Hills Bingham @ Herriman Mtn. Ridge @ Corner Canyon

Tuesday, May 6th

Mtn. Ridge @ Bingham Corner Canyon @ Riverton Copper Hills @ Herriman

SWIMMING GUIDELINES 2024-2025

Activity Chairman: Rebecca Bass, CCHS

Coaches Representative:

1. Rules Clinic: October 29, 2024

2. Moratoriums:

• June 28 - July 4, 2024

• August 10 - 23, 2024

• November 28 - December 1, 2024

• December 21 - December 25, 2024

• January 1, 2025

• June 28 - July 4, 2025

- 3. Starting Date: September 30, 2024
- 4. Rule Clinics October 1 October 29, 2024 (online-uhsaa.org)
- 5. First Contest: November 1, 2024
- 6. Roster on Aktivate November 18, 2024
- 7. Academic All-State Deadline: January 6 Feb 4, 2025
- 8. State Entry Deadline February 5, 2025
- 9. State Tournament February 14 &15, 2025 @ BYU

Guidelines Agreed Upon:

- 1. Monday September 30,2024 is the first day of practice/team selection. November 1, 2024 is the first date a swim meet may be held.
- 2. A maximum of 14 meets will be held not including region and state meets. All region meets will have warm-ups at 3:00pm and meet start time of 3:30pm.
- 3. The Region Championship meet will be held at TBD on Friday, January 24, 2025 (TBD). Start times dictated by pool availability. Preferably on Friday at 9 AM.
- 4. The State Championship meet will be held at Brigham Young University on February 14 & 15. 2025.
- 5. Each school's entries for the region championship meet will be unlimited. Relays will be limited to 3 entries per school with only the designated "A" relay team scoring points.
- 6. NT's will be accepted for Region Meet
 - a. All swimmers must meet eligibility requirements as per National Federation Rules
 - b. No more than four swimmers from each school may receive a medal and score points towards the region championship.
 - c. Each school must submit their region entries as well as their Academic All-Region names (3.75 or high senior athletes) at the region seeding meeting to be held on Monday, January 20, 2025 location TBD.
 - d. The scoring format will be 16 places; 1 region trophy, 6 individual event medals, and 3 relay team medals.
- 7. All hosting schools of dual meets will have the following:

	Dual Meets	Region Championship
Starter	\$45.00	\$60.00
Referee	\$60.00	\$60.00

Stroke and Turn	\$40.00 (up to 2)	\$40.00 (5)
Head Timer/Runner	\$45.00	\$45.00
Hospitality Coordinator	N/A	\$30.00
Meet Director	N/A	\$150.00

Region Meet Assignments: To be rotated annually **Meet Director:** Katherine Crenshaw, Mountain Ridge HS

Runners: Mountain Ridge HS **Volunteers:** Mountain Ridge HS

Timers: Copper Hills HS **Officials:** Herriman HS

Meet Marshalls: Bingham HS

Admissions/Programs: Riverton HS Hospitality: Corner Canyon HS

Swimming Region Schedule:

Tuesday, November 5	Mountain Ridge @ Corner Canyon
Saturday, November 9	Mountain Ridge @ Herriman
Fri/Sat, November 15/16	Districts
Tuesday, November 19th	Mountain Ridge @ Riverton
Tuesday, November 26th	Copper Hills @ Riverton
Tuesday, December 3	Copper Hills @ Mountain Ridge Riverton @ Corner Canyon Herriman @ Bingham
Tuesday, December 10	Riverton @ Herriman
Wednesday, December 11	Bingham @ Corner Canyon
Thursday, December 12	Corner Canyon @ Copper Hills
Thursday, December 19	Herriman @ Copper Hills Bingham @ Mountain Ridge
Tuesday, January 7	Copper Hills @ Bingham
Saturday, January 11	Corner Canyon @ Herriman
Thursday, January 16	Riverton @ Bingham

January 25, 2025 February 14 & 15, 2025 Region Championship @ South Davis State Championship @ BYU

Boys Tennis Guidelines

Region Chairman: Taylor Anderson, Corner Canyon High School Region Coaches Representative: Linda Richmond, Herriman High School

Two Week Prior Restrictions: February 9-23

Starting Date: February 24
Roster due: March 2
First Matches: March 3
Season End Date: May 7

State Roster Entry Deadline: May 7 @ 5 pm State Tourney Bracket Reveal: May 8 @ 10 am

State Tournament First Round: May 10

State Tournament All Other Rounds: May 15 and 17, Liberty Park, Salt Lake City, 8:30 am Academic All-State Applications Accepted: Mar 18 - Apr 17

Rules

 Region II will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code. Match play issues will follow the Code of Ethics provided by the USTA.

Number of matches required and allowed

- Each individual is allowed to play sixteen (16) matches plus the Region and State Tournaments. A one-day tournament will count as one meet and two-day tournament counts as two meets.
- Tennis players must compete in a minimum of **five** region matches during the high school season in order to compete at the State Tournament. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student competing. Once the first round of state has taken place, substitutions aren't allowed.

Match play – day of competition

- Starting times for tennis matches will be 3:00 p.m. unless otherwise agreed upon by coaches and principals.
- Matches are to be played on the date scheduled. The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00 p.m.
- Each team is expected to field a JV team. The matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No-add scoring.
- Coaches will provide a written lineup of players by position as they arrive for all dual matches.

- Home team furnishes balls for matches
- Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles players and so on. The same policy must be used for doubles; ie., the best team must play first doubles.
- Stacking is NOT permissible and could result in UHSAA sanctions. Juggling, shuffling, or forfeiting positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury, absence, ineligibility during any course of the season the next best player would move up to fill the spot vacated by the injured player.
- Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals and State Tournament, the rule states that proper and full team uniform is mandatory.
- Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, use no add scoring, and will use a tie break at 8-8.
- Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
- Standard arrival time will be 2:00 PM at the schools tennis facility. Teams must depart the tennis courts within 30 minutes of the last match.

Coaching

- According to USTA rules, a player is allowed 20 seconds between points.
- A coach may coach his/her players during the 90 second changeover at the end of odd games, two minutes at the end of each set and during the 10-minute rest period in a three set match.
- Only the school tennis coach employed by that school may coach and only in a manner which does not interfere with the play on adjoining courts.
- In the case of an emergency bathroom break, the player may leave the court to go to the restroom between games. Coaches should be notified if a player needs to leave the court. Otherwise players should not leave the court for any other reason. No coaching is allowed when players take a bathroom break.
- A coach may move players from singles to doubles or from doubles to singles. However, the players must be ranked according to ability in either position.
- All credentialed coaches may participate in any region or state event as official coaches and must
 be certified as coaches through the appropriate UHSAA channels. Coaches will be identified by
 all competing teams prior to the beginning of the match or tournament. For dual matches, all
 credentialed certified team coaches will be allowed to coach at one time and should be wearing
 the appropriate UHSAA credentials badge.

Line Judges

• In the event of discrepancies in scoring and line calls, a player or coach may request a line judge.

This can only be done by a certified coach. Only certified coaches can be line judges.

Region Tournament

• To qualify for the Region and State Tournaments, players will follow the state tennis rules. The rule states that players must play 5 matches in either a varsity or JV position to qualify. Players do not need to play all 5 matches in a specific spot.

- All varsity players will play in the region tournament and will be seeded according to the school's
 position record (not by player). It will be played on 5/5 and 5/6 from with the location to be
 determined.
- All JV players will play in the JV region tournament and will be seeded according to their position record on 4/29 at Bingham High School.
- An alternate tournament will be played on 4/29 at Herriman High School.

State Tournament Qualification

- To qualify for the State Tournament, players must play 5 matches in either a varsity or JV position to qualify. Players do not need to play all 5 matches in a specific spot. The top 14 ranked players will get a bye the first round of state and automatically qualify for the second round. They will receive a point towards their team for the first round. Players ranked 15-18 will play in the first round of state in order to advance. Substitutions must be made prior to the first-round play in competition.
- UTR rankings will be used to rank state tournament participants.

Region Championship Scoring

- The Varsity Region Team Championship will be determined as follows
 - 1 point for each Region Dual Meet match, with a total of 5 points possible per match.
 - O Placement in region tournament
 - 1st place = 4 points
 - \blacksquare 2nd place = 3 points
 - \blacksquare 3rd place = 2 points
 - \blacksquare 4th place = 1 point

Tiebreakers

• In case of a tie, (i.e. Region champions, position champions), the tiebreaker will be as follows, 1) head to head 2) number of sets lost 3) number of games lost 4) co- champs

Location of state play in matches

2024 Farmington High 2025: Riverton High 2026: Corner Canyon High

2025 Schedule

Date	Schedule
3/11	Copper Hills @ Corner Canyon Bingham @ Herriman Mountain Ridge @ Riverton
3/13	Riverton @ Bingham

	Corner Canyon @ Mountain Ridge Herriman @ Copper Hills	
3/18	Herriman @ Mountain Ridge Bingham @ Copper Hills Riverton @ Corner Canyon	
3/20	Mountain Ridge @ Copper Hills Riverton @ Herriman Bingham @ Corner Canyon	
3/25	Corner Canyon @ Herriman Copper Hills @ Riverton Mountain Ridge @ Bingham	
3/27	Corner Canyon @ Copper Hills Herriman @ Bingham Riverton @ Mountain Ridge	
4/15	Bingham @ Riverton Mountain Ridge @ Corner Canyon Copper Hills @ Herriman	
4/17	Mountain Ridge @ Herriman Copper Hills @ Bingham Corner Canyon @ Riverton	
4/22	Copper Hills @ Mountain Ridge Herriman @ Riverton Corner Canyon @ Bingham	
4/24	Herriman @ Corner Canyon Riverton @ Copper Hills Bingham @ Mountain Ridge	
4/29	JV/ Alt Tournament	
5/5-5/6	Region Tournament	
5/10	First round of state tournament	
5/15 & 5/17	State Tournament	

Girls Tennis Guidelines

Region Chairman: Taylor Anderson, Corner Canyon High School Region Coaches Representative: Linda Richmond, Herriman High School

Two Week Prior Restrictions: July 22 - August 4

Starting Date: August 5
Roster due: August 11
First Matches: August 12
Season End Date: October 2

State Roster Entry Deadline: October 2 @ 5 pm State Tourney Bracket Reveal: October 3 @ 10 am State Tournament First Round: October 5

State Tournament All Other Rounds: October 10 and 12, Liberty Park, Salt Lake City, 8:30 am Academic All-State Applications Accepted: Sep 10 - Oct 8

Rules

 Region II will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code. Match play issues will follow the Code of Ethics provided by the USTA.

Number of matches required and allowed

- Each individual is allowed to play sixteen (16) matches plus the Region and State Tournaments. A one-day tournament will count as one meet and two-day tournament counts as two meets.
- Tennis players must compete in a minimum of five region matches during the high school season in order to compete at the State Tournament. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student competing. Once the first round of state has taken place, substitutions aren't allowed.

Match play – day of competition

- Starting times for tennis matches will be 3:00 p.m. unless otherwise agreed upon by coaches and principals.
- Matches are to be played on the date scheduled. The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00 p.m.
- Each team is expected to field a JV team. The matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set. No-add scoring.
- Coaches will provide a written lineup of players by position as they arrive for all dual matches.

- Home team furnishes balls for matches
- Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles players and so on. The same policy must be used for doubles; ie., the best team must play first doubles.
- Stacking is NOT permissible and could result in UHSAA sanctions. Juggling, shuffling, or forfeiting positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury, absence, ineligibility during any course of the season the next best player would move up to fill the spot vacated by the injured player.
- Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals and State Tournament, the rule states that proper and full team uniform is mandatory.
- Varsity matches will consist of two (2) out of three (3) sets with a twelve (12) point tie break at 6-6. Junior varsity players will play a pro-set, use no add scoring, and will use a tie break at 8-8.
- Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
- Standard arrival time will be 2:00 PM at the schools tennis facility. Teams must depart the tennis courts within 30 minutes of the last match.

Coaching

- According to USTA rules, a player is allowed 20 seconds between points.
- A coach may coach his/her players during the 90 second changeover at the end of odd games, two minutes at the end of each set and during the 10-minute rest period in a three set match.
- Only the school tennis coach employed by that school may coach and only in a manner which does not interfere with the play on adjoining courts.
- In the case of an emergency bathroom break, the player may leave the court to go to the restroom between games. Coaches should be notified if a player needs to leave the court. Otherwise players should not leave the court for any other reason. No coaching is allowed when players take a bathroom break.
- A coach may move players from singles to doubles or from doubles to singles. However, the players must be ranked according to ability in either position.
- All credentialed coaches may participate in any region or state event as official coaches and must
 be certified as coaches through the appropriate UHSAA channels. Coaches will be identified by
 all competing teams prior to the beginning of the match or tournament. For dual matches, all
 credentialed certified team coaches will be allowed to coach at one time and should be wearing
 the appropriate UHSAA credentials badge.

Line Judges

• In the event of discrepancies in scoring and line calls, a player or coach may request a line judge.

This can only be done by a certified coach. Only certified coaches can be line judges.

Region Tournament

• To qualify for the Region and State Tournaments, players will follow the state tennis rules. The rule states that players must play 5 matches in either a varsity or JV position to qualify. Players do not need to play all 5 matches in a specific spot.

- All varsity players will play in the region tournament and will be seeded according to the school's position record (not by player). It will be played on 9/26 and 9/27 at Riverton High School.
- All JV players will play in the JV region tournament and will be seeded according to their position record on 9/20 at Corner Canyon High School.
- An alternate tournament will be played on 9/20 at Corner Canyon High School.

State Tournament Qualification

- To qualify for the State Tournament, players must play 5 matches in either a varsity or JV position to qualify. Players do not need to play all 5 matches in a specific spot. The top 14 ranked players will get a bye the first round of state and automatically qualify for the second round. They will receive a point towards their team for the first round. Players ranked 15-18 will play in the first round of state in order to advance. Substitutions must be made prior to the first-round play in competition.
- UTR rankings will be used to rank state tournament participants.

Region Championship Scoring

- The Varsity Region Team Championship will be determined as follows
 - 1 point for each Region Dual Meet match, with a total of 5 points possible per match.
 - O Placement in region tournament
 - 1st place = 4 points
 - \blacksquare 2nd place = 3 points
 - \blacksquare 3rd place = 2 points
 - \blacksquare 4th place = 1 point

Tiebreakers

• In case of a tie, (i.e. Region champions, position champions), the tiebreaker will be as follows, 1) head to head 2) number of sets lost 3) number of games lost 4) co- champs

Location of state play in matches: 2024 Lehi High 2025: Corner Canyon High

2024 Schedule

Date	Schedule
8/22	Copper Hills @ Corner Canyon Bingham @ Herriman Mountain Ridge @ Riverton
8/27	Riverton @ Bingham Corner Canyon @ Mountain Ridge Herriman @ Copper Hills

8/29	Herriman @ Mountain Ridge Bingham @ Copper Hills Riverton @ Corner Canyon	
9/3	Mountain Ridge @ Copper Hills Riverton @ Herriman Bingham @ Corner Canyon	
9/5	Corner Canyon @ Herriman Copper Hills @ Riverton Mountain Ridge @ Bingham	
9/10	Corner Canyon @ Copper Hills Herriman @ Bingham Riverton @ Mountain Ridge	
9/12	Bingham @ Riverton Mountain Ridge @ Corner Canyon Copper Hills @ Herriman	
9/17	Mountain Ridge @ Herriman Copper Hills @ Bingham Corner Canyon @ Riverton	
9/19	Copper Hills @ Mountain Ridge Herriman @ Riverton Corner Canyon @ Bingham	
9/24	Herriman @ Corner Canyon Riverton @ Copper Hills Bingham @ Mountain Ridge	
9/20	JV/ Alt Tournament	
9/26-9/27	Region Tournament	
10/5	First round of state tournament	
10/10 & 10/12	State Tournament	

TRACK & FIELD GUIDELINES 2025

Region Activity Chair: Glen Varga, Riverton High School

glen.varga@jordandistrict.org

Coaches Representative: Garth Rushforth

1. Rules Clinic Date: Feb 17 - Mar 21, 2024

2. Moratoriums:

• June 28 - July 4, 2024

• Sept 1 - Sept 28, 2024

• Nov 28 - Dec 1, 2024

• Dec 21 - 25, 2024

• Jan 1, 2025

3. First Contest: Mar 3, 2025

4. Eligibility List Due: Mar 14, 2025

5. Academic All-State Deadline: Mar 18 - Apr 17

6. State Entry Deadline: May 12, 2025

7. State Tournament Dates/Location: May 15 - May 17 @ BYU

Guidelines Agreed Upon:

- Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. Eight of those meets may be State Qualifiers. There is NO starting date for practice.
- 2. Track meets for boys and girls are to be conducted concurrently.
- 3. The first meet may be held no earlier than March 3, 2025.
- 4. Track meets will start at 3:00 pm, with the exception of the Region Meet, which may begin at 1:30 pm for field events and 2:00 pm for running events (with the consent of the hosting school administration). The Region JV Meet may start at 2:00 pm (with the consent of the hosting school administration). The Region Requirements and Awards:
 - 1. Region JV Meet ribbons for the first six places in individual events and first place in relays.
 - 2. Region Championship Meets: Trophy for first place boys' team and first place girls' team; Medals for first six places in individual events and first three places in relays.
 - 3. The top 8 places will be scored in the Region Meet for individuals and top 6 for relay events. Individual scoring is 10, 8, 6, 5, 4, 3, 2, 1. Scoring for relays is 10, 8, 6, 5, 4, 3.
 - 4. Each school is allowed 6 competitors per event in the Region Championship Meet and one relay team. Only entry times or distances from the current outdoor track season can be used. If no time or distance is available then they must be entered as a no time (NT) or no distance (ND).
- 5. Responsibility of deciding whether a meet should be canceled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school's principal. Schools who must cancel meets because of weather will not be required to reschedule them, however, they should make an effort to do so if possible.
- 6. The Region JV meet is only for those athletes not participating in the Region Meet.
- 7. It is the responsibility of each coach to submit the names of seniors with a 3.75 or above cumulative GPA at the seeding meeting for Academic All-Region certificates provided by each school to be read during awards at the Region Meet.

- 8. The host school will determine how they would like to run the region meets they host and are responsible to contact the teams coming to the home team as to what needs to be done for that region meet.
- 9. Visiting schools should provide one responsible helper at the finish line for away meets, and help with at least one field event.
- 10. In the Region Meet all athletes must be in uniform according to NFHS rules. Any exceptions to this rule due to extraordinary circumstances must be approved in advance by the Region Chair.
- 11. A maximum budget of \$300 will be paid by the Region for the funding of the Region JV Meet. This is to pay for awards and a starter and head finish judge. Each school will be required to bring 2 adults and 2 student-athletes to help run the meet. School assignments will be the same as the Region Meet. The 2025 JV Meet will be held on April 29th, 2025. Schools should arrive with the pertinent section of the rulebook in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers.
- 12. Contest Limitations: Track: 12 meets per individual for 3A, 4A, 5A & 6A. An individual may participate in no more than eight qualifying meets in addition to the region meet so as to not exceed 12 meets.
- 13. Academic All-State is due (to UHSAA) between March 18 to April 17.
- 14. Any ties for a state qualifying place will be broken in accordance with NFHS rules.

Track and Field Schedule 2025

March 5, 2025

March 12, 2025

Corner Canyon @ Bingham Copper Hills @ Mountain Ridge Herriman @ Riverton

March 19, 2025

Bingham @ Copper Hills Riverton @ Corner Canyon Mountain Ridge @ Herriman

March 26, 2025

Herriman @ Bingham Corner Canyon @ Copper Hills Mountain Ridge @ Riverton

April 2, 2025 (Jordan School District Spring Break)

April 9, 2025 (Canyons Spring Break)

April 16, 2025

Bingham @ Mountain Ridge Corner Canyon @ Herriman Riverton @ Copper Hills

April 23, 2025

Riverton @ Bingham Copper Hills @ Herriman Corner Canyon @ Mountain Ridge

April 29, 2025

JV REGION MEET @ Riverton

May 6-7, 2025 (Tuesday-Wednesday)

REGION MEET @ Corner Canyon

NOTES

Every team will host 3 region meets and will see each team once.

- Bingham March 12, March 26, April 23
- Corner Canyon March 19, May 6-7 (Region)
- Copper Hills March 19, March 26, April 16
- Herriman March 19, April 16, April 23
- Mountain Ridge March 12, April 16, April 23
- Riverton March 12, March 26, April 29 (JV Region)

Region Field Event Assignments:

Pole Vault Coaches – Pole Vault Copper Hills –

Corner Canyon – Host Bingham – Shot Put Herriman – High Jump Riverton – Mountain Ridge -All Schools – Exchanges and Hurdles

BOYS VOLLEYBALL GUIDELINES 2024-2025

Activity Chairman: Sally Wilde

Region Coaches Chair: Austin Lindford

Moratoriums:

June 28 - July 4, 2024
Nov 28 - Dec 1, 2024
Dec 21-25, 2024

• Jan 1, 2025

• **Two weeks prior:** Feb 9 - Feb 23, 2025

Rules Clinic:

Online Rules Clinic:

Starting Date: February 24, 2025 **First Contest:** March 3, 2025

Rosters w/# Aktivate and MaxPreps: March 14, 2025

Academic All State: March 18 - April 17, 2025

End of Season: May 7(?), 2025 State Bracket Reveal: May 8, 2025

State Tournament: First Round May 13, 2025 @ Home Sites

Finals May 15-17, 2025 @ UVU

- 1. Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
- The Region Championship trophy will be awarded to the winning team.Official scorekeeper needs to be an adult for varsity competition whenever possible.
- 3. Court needs to be set up one hour prior to the start time of the first game.

 Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.
- 4. Winning teams will call/text scores into newspapers.
- 5. All teams need to report scores and statistics at MaxPreps within 48 hours of the match.
- 6. Sophomore and JV matches will be 3 out of 5 sets with modified scoring. Sets 1 and 2 will be to 25 with a cap at 27. Sets 3, 4 and 5 to 15 with a cap at 17. Sets 3, 4 and 5 will have 1 timeout.
- 7. Varsity will use a 5 game setup (25,25,25,25,15)
- 8. The visiting team brings their own water and may bring food, but it cannot be on the court. Visiting teams are encouraged to bring pre packaged meals. **Accommodations for buffet style meals will not be available to the visiting team.**
- 9. All-Region teams will be selected by the MaxPrep Stats program and coaches will vote at an end of season region meeting. The MVP selection for the all region team can come from any team, regardless of who wins region, and will be voted on at the region meeting.
- 10. Home team will provide 15 balls for the visiting team's warm up. Game ball will be the Wilson K1 Gold provided by the home team.

- 11. If teams arrive early, they will meet in the main gym of each school. Teams are not to wander in the halls prior to or during games.
- 12. Visiting team is allowed 30 minutes in the locker room/gym after the conclusion of the last game.

Game Start Times:

Sophomore 3:30 PM JV 5:00 PM Varsity 6:30 PM

Volleyball Schedule 2025

Region II

THC	egion ii
March 20, 2025 Herriman @ Copper Hills Bingham @ Mountain Ridge Corner Canyon @ Riverton	April 22, 2025 Copper Hills @ Herriman Mountain Ridge @ Bingham Riverton @ Corner Canyon
March 25, 2025 Mountain Ridge @ Copper Hills Corner Canyon @ Herriman Riverton @ Bingham	April 24, 2025 Copper Hills @ Mountain Ridge Herriman @ Corner Canyon Bingham @ Riverton
March 27, 2025 Copper Hills @ Corner Canyon Mountain Ridge @ Riverton Bingham @ Herriman	April 29, 2025 Corner Canyon @ Copper Hills Riverton @ Mountain Ridge Herriman @ Bingham
April 15, 2025 Riverton @ Copper Hills Bingham @ Corner Canyon Herriman @ Mountain Ridge	May 1, 2025 Copper Hills @ Riverton Corner Canyon @ Bingham Mountain Ridge @ Herriman
April 17, 2025 Copper Hills @ Bingham Herriman @ Riverton Corner Canyon @ Mountain Ridge	May 6, 2025 Bingham @ Copper Hills Riverton @ Herriman Mountain Ridge @ Corner Canyon

School	Head Coach	Email	Cell
Bingham	John Thomas (JT)	itsjt2@hotmail.com	801-440-0724
Copper Hills	Mariah Brown	mariah.brown@jordandistrict.org	208-970-6869
Corner Canyon	Michael Burke	Michael.burke@canyonsdistrict.org	801-592-2904
Herriman	Austin Linford	alinford@gmail.com	801-205-6548
Mountain Ridge	David Johnston	david.johnston@jordandistrict.org	435-668-7426
Riverton	Elaine Gibson	elaine.gibson@jordandistrict.org	801-455-0715
		5 *** 5,* ** * ** ***	
Admin Rep	Sally Wilde	sally.wilde@jordandistrict.org	801-756-8755

GIRLS VOLLEYBALL GUIDELINES 2024-25

Activity Chair: Misty Jolley

Region Coaches Chair: Kylie Bussell

Moratoriums:

• June 28 - July 4, 2024

• Two weeks prior: July 22 - August 4, 2024

Nov 28 - Dec 1, 2024Dec 21 - Dec 25, 2024

• Jan 1, 2025

Rules Clinic: August 13, 2024 Live Rules Clinic 5:00 pm

Online Rules Clinic: August 14 - September 15, 2024 (uhsaa.org/training)

Starting Date: August 5, 2024 (Begin practice and team selection)

First Contest: August 15, 2024

Rosters w/# Aktivate and MaxPreps: August 30, 2024 Academic All State: September 10 - October 8, 2024

End of Season: October 30, 2024 State Bracket Reveal: October 31, 2024

State Tournament: First Round November 5, 2024 @ Home Sites

Finals Nov 7 & 9 @ UVU

- 13. Each school will submit an online copy of your complete schedule of games with dates, where they will be played and time of games.
- 14. The Region Championship trophy will be awarded to the winning team.

 Official scorekeeper needs to be an adult for varsity competition whenever possible.
- 15. Court needs to be set up one hour prior to the start time of the first game.

 Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.
- 16. Home teams will call/text scores into newspapers.
- 17. Home teams need to report scores and statistics at MaxPreps within 48 hours of the match.
- 18. Sophomore and JV matches will be 3 out of 5 sets with modified scoring. Sets 1 and 2 will be to 25 with a cap at 27. Sets 3, 4 and 5 to 15 with a cap at 17. Sets 3, 4 and 5 will have 1 timeout.
- 19. Varsity will use a 5 game setup (25,25,25,25,15)
- 20. The visiting team brings their own water and may bring food, but it cannot be on the court. Visiting teams are encouraged to bring pre packaged meals. **Accommodations for buffet style meals will not be available to the visiting team.**
- 21. All-Region teams will be selected by the MaxPrep Stats program and coaches will vote at an end of season region meeting. The MVP selection for the all region team can come from any team, regardless of who wins region, and will be voted on at the region meeting.
- 22. Home team will provide 15 balls for the visiting team's warm up. Game ball will be the Wilson K1 Gold and will be provided by the home team.

- 23. If teams arrive early, they will meet in the main gym of each school. Teams are not to wander in the halls prior to or during games.
- 24. Visiting team is allowed 30 minutes in the locker room/gym after the conclusion of the last game.

Game Start Times:

Sophomore 3:30 PM JV 5:00 PM Varsity 6:30 PM

Volleyball Schedule 2024

Region II

	Bionin
September 17, 2024	October 8, 2024
Bingham @ Copper Hills	Copper Hills @ Bingham
Riverton @ Herriman	Herriman @ Riverton
Mountain Ridge @ Corner Canyon	Corner Canyon @ Mountain Ridge
<u>September 24, 2024</u>	October 10, 2024
Copper Hills @ Herriman	Herriman @ Copper Hills
Mountain Ridge @ Bingham	Bingham @ Mountain Ridge
Corner Canyon @ Riverton	Riverton @ Corner Canyon
<u>September 26, 2024</u>	October 15, 2024
Copper Hills @ Mountain Ridge	Mountain Ridge @ Copper Hills
Herriman @ Corner Canyon	Corner Canyon @ Herriman
Bingham @ Riverton	Riverton @ Bingham

October 1, 2024	October 22, 2024
Corner Canyon @ Copper Hills	Copper Hills @ Corner Canyon
Riverton @ Mountain Ridge	Mountain Ridge @ Riverton
Herriman @ Bingham	Bingham @ Herriman
October 3, 2024	October 29, 2024
Copper Hills @ Riverton	Riverton @ Copper Hills
Corner Canyon @ Bingham	Bingham @ Corner Canyon
Mountain Ridge @ Herriman	Herriman @ Mountain Ridge

School	Head Coach	Email
Bingham	Reed Carlson	reed@clubvsports.com
Copper Hills	Kylie Bussell	kylie.bussell@jordandistrict.org
Corner Canyon	Mindy Ricks	cornercanyonvolleyball@gmail.com
Herriman	Austin Linford	alinford@gmail.com
Mountain Ridge	Bryan Nicholson	bryan.nicholson@jordandistrict.org
Riverton	Elaine Gibson	elaine.gibson@jordandistrict.org
Admin Rep	Misty Jolley	misty.jolley@canyonsdistrict.org

BOYS WRESTLING GUIDELINES 2024-2025

Activity Chairman Curtis Hagen curtis.hagen@jordandistrict.org Coaches Representative:

- 1. Rules Clinic:Nov. 5, 2024
- 2 .Moratoriums:
 - June 28 -July 4, 2024
 - Aug 1 25, 2024
 - Oct 21-Nov 3, 2024 (Two-Weeks Prior)
 - Nov 28 Dec 1, 2024
 - Dec 22- Dec 26,2024
 - Jan 1, 2025
 - Jun 28 Jul 4, 2025
- 3. Hydration: Nov 22 23, 2024
- 4. Starting Date: Nov 4, 2024
- 5. First Contest: Nov 26, 2024
- 6. Rosters in Aktivate: Nov 29, 2024
- 7. Academic All-State Deadline: Jan 6 Feb 4, 2025
- 8. Divisionals: Jan 31 & Feb 1, 2025
- 9. State Tournament: Feb 14-15, 2025 @ UVU

Guidelines Agreed Upon:

- 1. Weigh in at 3:30pm, JV starts at 5:00pm with 2 mats, and Varsity Girls starts 6:00pm with 1 mat and Varsity Boys starts at 7:00pm with 1 mat.
- 2. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
- 3. The State arbiter for Varsity/JV will assign the officials for all Region and non-region matches.
- 4. UHSAA policies and procedures regarding encounters must be followed.
- 5. Academic All-Region will be recognized as any senior wrestler who wrestles.
- 6. +-Varsity of JV and achieves at least a 3.75 cumulative GPA. Certificates will be prepared and presented by the home school at each last home meet.
- 7. One Region Trophy will be awarded to the school with the best overall region matchup record.

Tie Break Rule: Where seeding for state is done through the divisional process and not region W-L records, the following Tie Break Rule only applies in determining who receives the Region Championship trophy:

- Head to Head Region records (between tied teams) In the event of a W-L tie between teams, the championship will be determined by the win-loss records in region matches between the teams involved in the tie (e.g., Team 1 and Team 2 have the same W-L record, but Team 1 defeats Team 2 during the season, Team 1 wins the championship).
- **3+ Way Tie:** Where multiple teams are tied (Team 1 defeats Team 2 defeats Team 3 defeats Team 1 and all have the same W-L record in region competition) we will follow the NFHS tie break rule to determine 1 team as region champion.

2024-2025 Region 2 Boys and Girls Wrestling Schedule:

Thursday, Jan 9 th Bingham @ Mountain Ridge Corner Canyon @ Copper H. Herriman @ Riverton	Wednesday, Jan 15th Riverton @ Corner Canyon Copper Hills @ Mtn. Ridge Herriman @ Bingham	Thursday, Jan 16th Riverton @ Mtn. Ridge Corner Canyon @ Herriman Copper Hills @ Bingham
Wednesday, Jan 22 nd Copper Hills @ Riverton Bingham @ Corner Canyon Mtn Ridge @ Herriman	Thursday, Jan 23 rd Bingham @ Riverton Herriman @ Copper Hills Mtn. Ridge @ Corner Canyon	
	Wed-Thu Jan 29 - 30 Girls Divisionals Fri-Sat Jan 31st - Feb 1st Boys Divisionals	Wed-Thurs. Feb 12 th - 13 th Girls State Tournament @ UVU Fri-Sat Feb 14 - 15 Boys State Tournament @ UVU

GIRLS WRESTLING GUIDELINES 2024-25

Activity Chairman Tom Gatten thomas.gatten@jordandistrict.org Coaches Representative:

- 1. Rules Clinic: Nov. 5, 2024 @ UHSAA Office
- 2 .Moratoriums:
 - June 28 -July 4, 2024
 - Aug 1 Aug 25, 2024
 - Oct 21 Nov 3, 2024 (Two-Weeks Prior)
 - Nov 28 Dec 1, 2024
 - Dec 22- Dec 26, 2024
 - Jan 1, 2025
 - Jun 28 Jul 4, 2025
- 3. Hydration: Nov 22 & 23, 2024
- 4. Starting Date: Nov 4, 2024
- 5. First Contest: Nov 26, 2024
- 6. Rosters to Aktivate: Nov 29, 2024
- 7. Academic All-State Deadline: Jan 6 Feb 4, 2025
- 8. Divisionals: Jan 29 & Jan 30, 2025
- 9. State Tournament: Feb 12-13, 2025 @ UVU

Guidelines Agreed Upon:

- 1. Weigh in at 3:30pm, JV starts at 5:00pm with 2 mats, and Varsity Girls starts 6:00pm with 1 mat and Varsity Boys starts at 7:00pm with 1 mat.
- The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring, and every other situation unless otherwise directed by the UHSAA.
- 3. The State arbiter for Varsity/JV will assign the officials for all Region and non-region matches.
- 4. UHSAA policies and procedures regarding encounters must be followed.
- 5. Academic All-Region will be recognized as any senior wrestler who wrestles.
- 6. +-Varsity of JV and achieves at least a 3.75 cumulative GPA. Certificates will be prepared and presented by the home school at each last home meet.
- One Region Trophy will be awarded to the school with the best overall region matchup record.

Tie Break Rule: Where seeding for state is done through the divisional process and not region W-L records, the following Tie Break Rule only applies in determining who receives the Region Championship trophy:

- Head to Head Region records (between tied teams) In the event of a W-L tie between teams, the championship will be determined by the win-loss records in region matches between the teams involved in the tie (e.g., Team 1 and Team 2 have the same W-L record, but Team 1 defeats Team 2 during the season, Team 1 wins the championship).
- **3+ Way Tie:** Where multiple teams are tied (Team 1 defeats Team 2 defeats Team 3 defeats Team 1 and all have the same W-L record in region competition) we will follow the NFHS tie break rule to determine 1 team as region champion.

2024-2025 Region 2 Boys and Girls Wrestling Schedule:

Thursday, Jan 9 th Bingham @ Mountain Ridge Corner Canyon @ Copper H. Herriman @ Riverton	Wednesday, Jan 15th Riverton @ Corner Canyon Copper Hills @ Mtn. Ridge Herriman @ Bingham	Thursday, Jan 16th Riverton @ Mtn. Ridge Corner Canyon @ Herriman Copper Hills @ Bingham
Wednesday, Jan 22 nd Copper Hills @ Riverton Bingham @ Corner Canyon Mtn Ridge @ Herriman	Thursday, Jan 23 rd Bingham @ Riverton Herriman @ Copper Hills Mtn. Ridge @ Corner Canyon	
	Wed-Thu Jan 29 - 30 Girls Divisionals Fri-Sat Jan 31st - Feb 1st Boys Divisionals	Wed-Thurs. Feb 12 th - 13 th Girls State Tournament @ UVU Fri-Sat Feb 14 - 15 Boys State Tournament @ UVU

BOYS LACROSSE GUIDELINES 2024-25

Activity Chairperson: Chris Titus christopher.titus@jordandistrict.org Coaches Representative:

- 1. Rules Clinic:
- 2. Moratoriums:
 - August 5 September 1, 2024
 - November 28 December 1, 2024
 - December 21- December 25,2024
 - January 1, 2025
 - February 9 February 23, 2025 (Two-Weeks Prior)
 - June 28 July 4, 2025
- 3. Starting Date: February 24, 2025
- 4. First Contest: March 3, 2025
- 5. Eligibility List Due: March 14, 2025 on Max preps
- 6. Academic All-State Deadline: March 18 April 17, 2025
- 7. SEASON END DATE: May 10, 2025
- 8. RPI BRACKET REVEAL: May 10, 2025
- 9. State Tournament first round May 13 (Home site)
- 10. State Tournament second round May 15 (Home site)
- 11. State Tournament quarterfinals May 17 (Home site)
- 12. State Tournament Semifinals May 21 (Westminster College)
- 13. State Tournament Finals May 23 (Zions Bank Stadium)
- 14. June 28 July 4, 2025 Moratorium

Tie Break Rule: Where seeding for state is done through the RPI process and not region W-L records, the following Tie Break Rule only applies in determining who receives the Region Championship trophy:

• Head to Head Region records (between tied teams) - In the event of a W-L tie between teams, the championship will be determined by the games against each other and the point differential. (e.gTeam 1 and Team 2 have the same W-L record, we will look at the goals scored vs allowed goals and the winner will be the team with the highest differential. Team 1 defeats Team 2 during the season 7-3 and then team 2 defeats team 1 6-4 the second time they play, Team 1 wins the championship because of the higher differential).

Coach Info:

School	Name	Email/Phone
Bingham	Brett Everill	brett.everill@jordandistrict.org / 801-440-2906
Copper Hills	Shawn Lovell	shawn.lovell@jordandistrict.org / 801-514-7369
Corner Canyon	Aaron Ika	aaron.ika@canyondistrict.org / 801-808-3691
Herriman	Braeden Lance	braedenlance5@gmail.com / 801-803-2717
Mountain Ridge	Trent Bangert	trent.bangert@jordandistrict.org / 801-910-4751
Riverton		/ 801-448-5618

2024-2025 6A Region II Boys Lacrosse Schedules
Varsity 5:30pm, JV 7:30pm JV Games will have a running clock—-Senior Night JV 5:30pm Varsity 7pm

Tuesday March 18, 2025	Thursday April 17, 2025
Mountain Ridge @ Herriman Corner Canyon @ Riverton Copper Hills @ Bingham	Herriman @ Mountain Ridge Riverton @Corner Canyon Bingham @ Copper Hills
Thursday March 20, 2025	Tuesday April 22, 2025
Bingham @ Mountain Ridge Herriman @ Corner Canyon Copper Hills @ Riverton	Mountain Ridge @ Bingham Corner Canyon @ Herriman Riverton @ Copper Hills
Tuesday March 25, 2025	Thursday April 24, 2025
Riverton @ Bingham Mountain Ridge @ Corner Canyon Herriman @ Copper Hills	Bingham @ Riverton Corner Canyon @ Mountain Ridge Copper Hills @ Herriman
Thursday March 27, 2025	Tuesday April 29, 2025
Riverton @ Herriman Copper Hills @ Mountain Ridge Bingham @ Corner Canyon	Herriman @ Riverton Mountain Ridge @ Copper Hills Corner Canyon @ Bingham
Tuesday April 15, 2025	Thursday May 1, 2025
Mountain Ridge @ Riverton Herriman @ Bingham Corner Canyon @ Copper Hills	Riverton @ Mountain Ridge Bingham @ Herriman Copper Hills @ Corner Canyon

Varsity Plays at 5:30pm JV Plays at 7:30pm

GIRLS LACROSSE GUIDELINES 2024

Activity Chair: Jane Harward (jane.harward@jordandistrict.org) 801-824-0086

Coach Representative: Angie Brescia - 385-377-2786

- 1. Rules Clinic: TBD 2. Moratoriums:
 - August 5 September 1, 2024
 - November 28 December 1, 2024
 - December 21- December 25,2024
 - January 1, 2025
 - February 9 February 23, 2025 (Two-Weeks Prior Restrictions)
 - June 24 July 4, 2025
- 3. Starting Date: February 24, 2025
- 4. First Contest: March 3, 2025
- 5. Eligibility List Due: March 14, 2025 Varsity Rosters with numbers in Aktivate and MaxPreps
- 6. Academic All-State Deadline: Mar 18 Apr 17, 2025 Academic All-State Applications
- 7. SEASON END DATE: May 19, 2025
- 8. State Tournament BRACKET REVEAL: May 10, 2025
- 9 . State Tournament first round May 13 (Home sites)
- 10. State Tournament second round May 16 (Home sites)
- 11. State Tournament guarterfinals May 17 (Home sites)
- 12. State Tournament Semifinals May 20 (Westminster College)
- 13. State Tournament Finals May 22 (Zions Bank Stadium)

Coach Info:

School	Name	Email	Phone
Bingham	TBD		
Copper Hills	TBD		
Herriman	Audree Erekson	aud.erekson@gmail.com	801-597-2464
Mountain Ridge	Angie Brescia	angela.maughan@jordandistrict.org	385-377-2786
Riverton			801-615-1080
Corner Canyon	Matt Kenning	makenning@gmail.com	801-557-8896

Girls Lacrosse 2024-2025 Region Schedule: Varsity games will start at 5:30 PM followed by the JV game. One game designated as senior night and for that contest, Varsity can start at 7:00 p.m. and JV 5:00 p.m.

Girls Lacrosse Schedule 2024

2024-53 6A Region II Girls Lacrosse Schedules

Thursday, April 17

Herriman @ Mountain Ridge Riveron @ Corner Canyon Bingham @ Copper Hills

Tuesday, April 22

Mountain Ridge @ Corner Canyon Copper Hills @ Herriman Riverton @ Bingham

Tuesday April 24

Bingham @ Mountain Ridge Corner Canyon @ Herriman Copper Hills @ Riverton

Thursday April 11, 2024

Riverton @ Herriman Copper Hills @ Mountain Ridge Bingham @ Corner Canyon

Tuesday April 29

Herriman @ Bingham Mountain Ridge @ Riverton Corner Canyon @ Copper Hills

Thursday May 1

Riverton @ Herriman Bingham @ Corner Canyon Copper Hills @ Mountain Ridge

Varsity Plays at 5:30 pm JV Plays at 7:30 pm Senior Nights JV plays at 5:00 pm and Varsity plays at 7:00 pm