



REGION



ONE



Athletics – Academics 2026-27 Handbook



REGION ONE MEMBER SCHOOLS

Davis High School		
Principal	Address	Contact
Lori Hawthorne	325 Main Street	801-402-8800
Lhawthorne@dsdmail.net	Kaysville, UT 84037	801-402-8801 FAX
Farmington High School		
Principal	Address	Contact
Justin Whittaker**	548 West Glovers Lane	801-402-9050
JuWhittaker@dsdmail.net	Farmington, UT 84025-0588	801-402-9051 FAX
Layton High School		
Principal	Address	Contact
Corby Eason	440 Wasatch Dr	801-402-4800
CoEason@dsdmail.net	Layton, UT 84041	801-402-4801 FAX
Syracuse High School		
Principal	Address	Contact
Brad Chapple	665 S 2000 W	801-402-7900
BChapple@dsdmail.net	Syracuse, UT 84075	801-402-7901 FAX
Weber High School		
Principal	Address	Contact
Ryan Kachold	430 West Weber High Drive	801-476-3700
RyKachold@wsd.net	Pleasant View, UT 84414	801-476-3799 FAX

**** Region Chair**

PRINCIPALS' ASSIGNMENTS

REGION CHAIR:

Justin Whittaker, Farmington

FALL SPORTS	School in Charge	Principal
Boys Golf	Farmington	Justin Whittaker
Cross Country – Boys & Girls	Farmington	Justin Whittaker
Football	Davis	Lori Hawthorne
Girls Soccer	Layton	Corby Eason
Girls Tennis	Layton	Corby Eason
Girls Volleyball	Syracuse	Brad Chapple
WINTER SPORTS	School in Charge	Principal
Basketball – Boys & Girls	Farmington	Justin Whittaker
Cheerleading	Weber	Ryan Kachold
Drill	Weber	Ryan Kachold
Swimming	Davis	Lori Hawthorne
Wrestling	Syracuse	Brad Chapple
SPRING SPORTS	School in Charge	Principal
Baseball	Layton	Brock Jackman
Boys Soccer	Layton	Brock Jackman
Boys Tennis	Syracuse	Corby Eason
Boys Volleyball	Syracuse	Brad Chapple
Girls Golf	Farmington	Justin Whittaker
Lacrosse – Boys & Girls	Weber	Ryan Kachold
Softball	Davis	Lori Hawthorne
Track & Field – Boys & Girls	Davis	Lori Hawthorne
OTHER ACTIVITIES	School in Charge	Principal
Theater	Syracuse	Brad Chapple
Forensics/Debate	Layton	Brock Jackman
Music	Davis	Lori Hawthorne

POLICIES REGULATING REGION I ACTIVITIES

AWARDS:

1. A region trophy will be awarded for each activity.
2. Medals will be awarded as listed for the specific event.
3. Region certificate nominated by principal.

BANDS AND DRUMS:

1. The host school may have its band or pep band play for home games.
2. State policy will be followed in terms of noise makers. (see page 17). Air horns and sirens are not permitted at any event.
3. Drums are to be used to play with the band, to play as part of an organized cheer, and to play for the pep club's marching activities. **DRUMS ARE NOT TO BE USED INDISCRIMINATELY AS NOISE!!** Drums will not be used while play is in progress.

BANNERS, SIGNS AND FLAGS:

1. The host school may have an appropriate welcome sign posted in the gym or stadium. No banner or signs will be permitted other than the welcome sign.
2. Signs indicating cheers may be used by the cheerleaders.
3. School flags and emblems are allowed only at home games and only on the home side. Visiting players and students ARE NOT permitted to bring flags. Students are not allowed to parade emblems or flags on the playing field or on the opposite side of the field.
4. Home team may have a run-through banner

BLUETOOTH SPEAKERS:

1. Visiting teams ARE NOT allowed to bring and use Bluetooth speakers to region games and events.

CHEERLEADERS:

1. Cheerleaders of the host school should initiate a meeting with the guest cheerleaders. The two (2) groups should work cooperatively together during the game.
2. Cheers and songs which are derogatory or insulting should not be used by either school.
3. Cheering contests, screaming indiscriminately for more than thirty (30) seconds should be discouraged. Organized cheers are more effective.
4. Cheerleaders should do everything they can to stop the booing or shouting of small groups.
5. NO STOMP CHEERS!!
6. Cheerleaders should encourage good sportsmanship at all times. No artificial noises especially when a free throw is in process.
7. Cheerleaders are to remain away from the extended foul lane under the basket during free throws. When the official hands ball to the shooter, the cheerleaders remain still to model respect to all players.
8. Cheerleaders WILL NOT attend away Basketball games and will only cheer at Home Basketball games.
9. No megaphones, miniature balls, Frisbees', or candy are allowed to be thrown out to spectators at Basketball games.
10. Soccer horns may not be blown at games.

DRILL TEAM

1. The half-time performance should not exceed seven (7) minutes in basketball and ten (10) minutes in football.

Exception: Home team may ask for additional time at half for a special occasion. Home team will notify visiting team coach of the extended half-time prior to the game.

ELIGIBILITY LISTS:

A copy of eligibility list must be submitted to the Utah High School Activities Association through Register My Athlete prior to students participating in any sponsored activity. All additional lists must be filed prior to the seeding program

FEE SCHEDULE:

Football and Special Region Activities

\$8.00 – Students

\$12.00 – Adults

FREE - Cheerleaders in uniform and accompanied by their advisor

FREE - Admit properly identified student body officers only

Basketball

\$8.00 – Students

\$8.00 – Adults

FREE - Cheerleaders in uniform and accompanied by their advisor

FREE - Admit properly identified student body officers only

**** Sales will begin at 4:30 p.m. for Basketball games**

**** All Ticket Sales will be exclusively ONLINE, except for Senior Citizens which each school will determine how these tickets are purchased and obtained**

Region Tournament Pricing will follow UHSAA State Tourney Prices

FOOD:

1. NO warmers or crock pots, griddles, etc. are permitted within the gymnasium (home or away)
2. The home team is permitted to have food items in a separate location from the gymnasium (hallway, team room, etc.)
3. Visiting teams are only allowed to bring grab n go items. They WILL NOT have access to tables, electrical outlets, or physical space to accommodate meals.
4. If people are found violating this it will be at \$100 fine which will come out of the budget of the team.

FRONT ROW SEATING:

1. The front row of basketball bleachers should be left vacant if possible. Students may stand on the front row but may not sit there.

FINES FOR VIOLATIONS:

1. The Region I Board of Managers for flagrant violations of the rules regulating student behavior may do one or more of the following:
 - a. Up to a \$1000 fine
 - b. Time changes for future games
 - c. Not allowing certain fans or groups of fans to attend Region I events
 - d. Other necessary action that the Region I Board of Managers is appropriate.

MASCOTS:

1. Mascots will be allowed at all Region games. Mascots must stay on their sideline.

PASSES HONORED:

- Utah High School Activities Association
- Region I Passes & Press Passes

SENIORS & JV SPORTS:

Senior transfers who have 50% eligibility CANNOT compete in JV. For other seniors, coaches need to disclose their seniors they intend of playing JV to all other coaches before the season starts, and also let the opposing coach know of their intention to play a senior the day before each contest as a reminder.

STADIUM/GYM EVENTS:

For any events in a stadium (Football, Lacrosse, Soccer, etc.) fans must sit on opposite sides of the field. For events in a gym, fans need to sit in the correctly labeled areas for their school.

STUDENT BEHAVIOR AT GAMES:

1. Students are encouraged to participate in organized cheers and show good sportsmanship at all events.
2. Students will not participate in organized, obscene or derogatory cheers, organized cheers directed at an individual player, organized back turning or other unsportsmanlike conduct.
3. Fans are required to wear shirts.
4. Only coaches, administrators, officials, and press are allowed on sidelines.
5. Per decision of Region Board of Managers on January 22, 2014, should a student body enter the playing surface (field, court, etc.) prior to competing teams shaking hands and leaving the playing area, a \$200 fine will be imposed to the school(s) in violation. This action is to prevent possible confrontation between schools at the conclusion of the contest.

OFFICIATING

1. A current employee of a Region 1 school may not officiate in any varsity region game involving their school or a school in which their children attend.
2. Region 1 school employees will be allowed to officiate varsity pre-season games.

PRE-GAME

1. All pre-game activities will conclude in sufficient time to commence the official play at the official starting time.

PUBLIC ADDRESS SYSTEM:

1. Public address systems should not be used as a cheerleading instrument.
2. Game announcers should be as objective as possible.

WATER:

1. Home team will provide water for visiting team in all sports and have it available on the sideline/venue

Principals Are Instructed To Make The Rules And Policies Known To Student Leaders, Cheerleaders, Drill Teams And Other Parties At The Beginning Of Each School Year.

REGION 1 STUDENT AND SPECTATOR SPORT ITEMS & SPORTSMANSHIP

In the chart below, **ONLY** those items marked “Yes” will be allowed as support items at UHSAA state tournaments and meets. It is recommended that schools follow these same regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. One school flag designated and controlled by school administration, will be allowed at State. At indoor venues, the school flag must remain stationary; at outdoor venues, it may be mobile if it does not disrupt spectators & remains on the sidelines nearest the school’s section.

LEGEND:

BB -Baseball

DR -Drill Team

SC -Soccer

TE -Tennis

WR -Wrestling

BSK -Basketball

FB -Football

SB -Softball

TR -Track & Field

LAX - Lacrosse

CC -Cross Country

GO-Golf

SW -Swimming

VB -Volleyball

[illegible]

AKTIVATE REGISTRATION



Formerly  REGISTER MY ATHLETE.COM

Go to activate.com and click Log In in the top right corner

IF YOU ALREADY HAVE AN RMA PARENT ACCOUNT DO NOT CREATE A NEW ACCOUNT. LOGIN AND FOLLOW STEPS b-i BELOW TO REGISTER YOUR ATHLETE(S) FOR A SPORT. IF YOU HAVE PREVIOUSLY ADDED AN ATHLETE THAT ATHLETE WILL APPEAR AS YOU REGISTER FOR A SPORT. IF YOU NEED ASSISTANCE CONTACT SUPPORT AT 435-213-1601 OR SUPPORT@REGISTERMYATHLETE.COM

If you have never created an account:

1. **Create an account:** Go to <https://www.registermyathlete.com> and then select "Create Account." The "Account Creation" will appear where you will enter in the information asked for. At the bottom of this page, be sure to select "parent" from the options of the type of user you will be. Select the "Create Account" button when you have completed the form.
 - a. Your account has now been created. You will be able to see a page called "Parent Register My Athlete Portal." Click on the large button called "Parent" and you will be directed to a "Terms of Use" page. Complete the page and select "Submit."
 - i. Register My Athlete Page Tutorial: A grey box will appear that says "Welcome to your Register My Athlete landing page. We would love to show you around!" Please select the button "Ok Let's Go!" to receive a tutorial on how to navigate the page to complete your athlete's registration.
 - b. Click on "Register for a Sport" and then "Select a School."
 - c. Click on "Select an Athlete" and choose "Add an Athlete" from the pop-up box. Fill in the required information and press Submit. (If you already added athletes, you can select their names here)
 - d. Click on "Select Year/Sport," and select the correct year and sport the athlete is registering for. A pop-up box will appear with the information you have selected, then press "I have selected the correct information."
 - e. Click on "Guardian Info," fill in required information and press Save.
 - f. Click on "Insurance Info," fill in required information and press Save.
 - g. Click on "Medical Infor," fill in required information and press Save.
 - h. Click on "Additional Opportunities," answer question(s) and press Continue.
 - i. Click on "School Requirements," this will take you to your student's Registration Checklist. Complete the checklist to finish registering your athlete for their sport.
2. **Follow Steps above to add any additional athletes.**

Register My Athlete Tech Support
support@registermyathlete.com
435-213-1601
Monday-Friday 8:00am-5:00pm

REGISTER MY COACH



Formerly REGISTER MY ATHLETE.COM

Coaches Instruction Sheet - Coach Management

IF YOU **ALREADY HAVE AN RMA ACCOUNT OR COACH MANAGEMENT ACCOUNT DO NOT CREATE A NEW ACCOUNT.** LOGIN WITH YOUR RMA **OR** COACH MANAGEMENT ACCOUNT AND CLICK **MERGE ANOTHER ACCOUNT.** OUR NEW LOGIN SYSTEM IS DESIGNED TO MERGE ALL ACCOUNTS SO YOU ONLY HAVE TO KEEP TRACK OF ONE LOGIN. IF YOU NEED ASSISTANCE CONTACT SUPPORT AT 435-213-1601 OR SUPPORT@REGISTERMYATHLETE.COM

Create an account

- Go to www.registermyathlete.com and click Login found in the right side of the page.
- Click Create an Account and fill out the form.
- The email address you supply will be your user name. Please remember this email and password, as this is what you will use to log-in each time.
- Please be careful at the bottom and be sure to choose that you are a **coach** who needs to be **certified**. Type your school, click on it, and then then click Create an Account. See visual.

- Click Go to Portal.
- Choose your Role and Click Finished.
- Click Start a Coach Registration
- Choose the sport and to the right a drop down box will appear. Choose Head/Asst. Coach, etc.
- Click on the sport to finish requirements
- Complete the Registration Checklist.
 - Scroll down the page to see all you need to complete to finish your registration.
 - Complete each requirement by uploading your completion certificates. The files must be PDF or JPEG. Requirements uploaded will require verification by the school Athletic Director to be marked complete.





Davis High School

Address: 325 Main Street
Kaysville, UT 84037
Phone: 801-402-8800
Mascot: Darts
Colors: Brown & Gold

Administration	Name	Contact Phone
Principal	Lori Hawthorne	801-510-2768
Assistant Principal	Todd Hammond	801-725-1847
Assistant Principal	Stacey Jackson	801-232-6464
Assistant Principal	Kenzi Loo	801-726-4484
Athletic Director	Bo Roundy	435-881-7616
Assistant Athletic Director	Megan Tabet	801-866-3069
Fall Sports		
Golf, Boys	Josh Roberts	801-721-2217
Cross Country – Boys	Jami Caldwell	801-787-5479
Cross Country – Girls	Jami Caldwell	801-787-5479
Football	Scott Peery	801-850-7379
Girls Soccer	Dillon Richens	801-678-7546
Girls Tennis	Ryne Hazen	801-644-5484
Girls Volleyball	McKay Barker	801-721-3379
Winter Sports		
Boys Basketball	Chad Sims	801-668-8859
Cheerleading	Prezley Potter	801-529-8862
Drill	Kira Mortenson	801-529-3403
Girls Basketball	Nicole Waddoups	801-671-4596
Swimming	Kit Barker	801-543-9635
Wrestling – Boys	Skyler Stephens	801-436-4936
Wrestling – Girls	Matt Hoskins	801-631-4694
Spring Sports		
Baseball	Tyler Gladwell	801-513-0793
Boys Soccer	Dillon Richens	801-678-7546
Boys Tennis	Ron Hubrich	801-549-8250
Boys Volleyball	Dalton Kohl	801-903-8352
Girls Golf	Mikey Jerman	775-340-8113
Lacrosse – Boys	Trevor Yocom	603-769-0540
Lacrosse - Girls	Devin Williams	801-989-2303
Softball	Rainy Dold	503-393-8040
Track & Field – Boys	Duren Montgomery	801-678-2551
Track & Field – Girls	Jeff Agnello	801-529-8694
Activities		
Drama	Michael Wright	760-333-6582
Forensics/Debate	Natalie Leavitt	801-628-7543
Music, Instrumental	Mike Crookston	801-513-8920
Music, Vocal	Marci May	801-510-0913
E-Sports	Jason Scanlon	801-719-9324



Farmington High School

Address 548 West Glovers Land
Farmington, UT 84025-0588
Phone 801-402-9050
Mascot Phoenix
Colors Teal/Silver/White/Black

Administration	Name	Contact Phone
Principal	Justin Whittaker	801-698-5885
Assistant Principal	Kim Augustin	801-903-9752
Assistant Principal	Ross Harris	801-381-7429
Assistant Principal	Mylei Zachman	801-699-1827
Athletic Director	Kasey Walkenhurst	801-671-9006
Fall Sports		
Golf, Boys	Eric Bumstead	801-725-0564
Boys Cross Country	Rachel Farrell	801-703-3181
Football	David Fiefla	801-979-4632
Girls Cross Country	Rachel Farrell	801-703-3181
Girls Soccer	Sarah Beecher	801-721-7473
Girls Tennis	Brady Lee	801-837-2165
Girls Volleyball	Erin Glover	801-425-0484
Winter Sports		
Boys Basketball	Kasey Walkenhurst	801-671-9006
Cheerleading	Kelli Ellis	801-907-5184
Drill	Marci Hartvigsen	801-897-0086
Girls Basketball	Tara Ferrin	801-927-7600
Swimming	Lynette Bodell	801-414-7263
Wrestling - Boys	Luis Cruz	413-417-4955
Wrestling – Girls	Matt Kartchner	801-300-3573
Spring Sports		
Baseball	Jake Parlett	801-643-0561
Boys Soccer	Britain Thomas	801-808-3827
Boys Tennis	Brady Lee	801-837-2165
Boys Volleyball	Shantel Fulton	801-414-4429
Girls Golf	Stephanie Belnap	801-726-7366
Lacrosse – Boys	Iain Bricky	208-230-2646
Lacrosse - Girls	Cory Beynon	801-860-4808
Softball	Adam Grimaldo	818-428-9205
Track & Field – Boys & Girls	Rachel Farrell	801-703-3181
Activities		
Drama	Ethan Blair	801-510-0610
Forensics/Debate	Brooklyn Davis	916-547-9379
Music, Instrumental	Brek Mangelson	801-787-8368
Music, Vocal	Becca Rhodes	801-557-0479



Layton High School

Address 440 Wasatch Dr
Layton, UT 84041

Phone 801-402-4800

Mascot Lancers

Colors Navy Blue/Columbia Blue

Administration	Name	Contact Phone
Principal	Corby Eason	801-425-7923
Assistant Principal	Adam King	801-513-6205
Assistant Principal	Liz Cannon	435-817-2472
Assistant Principal	Justin Spencer	801-824-7252
Assistant Principal	Nichole Higgins	801-712-4074
Athletic Director	Brian Berrong	801-726-3208
Fall Sports		
Golf, Boys	GT Luna	385-212-7335
Boys Cross Country	Carrie Fredin	801-540-2726
Football	Trevor Thomas	801-726-7717
Girls Cross Country	Carrie Fredin	801-540-2726
Girls Soccer	Tara Ferrin	801-927-7600
Girls Tennis	Craig Hendrix	801-620-0214
Girls Volleyball	Kelly Olsen	801-520-9910
Winter Sports		
Boys Basketball	Kelby Miller	801-979-6947
Cheerleading	Cheryl Silva	801-604-8784
Drill	Michelle Reed	801-336-6117
Girls Basketball	Kane Stokes	801-682-9809
Swimming	Rachelle Woodbury	801-836-4594
Wrestling - Boys	Adam Fager	801-808-8818
Wrestling – Girls	Marc Fenwick	801-200-5079
Spring Sports		
Baseball	Robert Ferneau	801-698-1924
Boys Soccer	Rick Talamentez	801-628-9053
Boys Tennis	Craig Hendrix	801-620-0214
Boys Volleyball	Bonnie Riley	801-698-3577
Girls Golf	Drew Cannon	801-864-5858
Lacrosse – Boys	Drew Ovard	801-428-7427
Lacrosse - Girls	Rylee Webster	801-540-3988
Softball	Kiley Crocket	801-644-4022
Track & Field – Boys	Kevin Woodbury	480-599-4353
Track & Field – Girls	Carrie Fredin	801-540-2726
Activities		
Drama	Jason Campbell	801-388-6474
E-Sports	Sam Adams	801-368-5826
Forensics/Debate	Nathan Gillman	352-322-5462
Music, Instrumental	Jim Follett	801-657-7261
Music, Vocal	Angie Petty	801-564-5003



Syracuse High School

Address 665 S 2000 W
Syracuse, UT 84075

Phone Number 801-402-7900

Mascot Titans

Colors Navy Blue/Green

Administration	Name	Contact Phone
Principal	Brad Chapple	801-458-6974
Assistant Principal	Sydney Morse	801-645-2183
Assistant Principal	Jeff Christensen	801-556-5993
Assistant Principal	Steve Loveland	801-643-2833
Assistant Principal Intern	Michelle Smith	801-390-2162
Athletic Director	Troy Brown	801-645-8578
Fall Sports		
Golf, Boys	Mike Smith	801-309-6780
Boys Cross Country	Porter Reddish	951-970-9547
Football	Mitch Tulane	801-390-6384
Girls Cross Country	Porter Reddish	951-970-9547
Girls Soccer	Jason Steiner	801-391-6610
Girls Tennis	Heidi Brophy	801-645-6716
Girls Volleyball	Megan Allred	801-989-7673
Winter Sports		
Boys Basketball	Greg Godderidge	801-209-4676
Cheerleading	Sienna Gibson	801-643-8262
Drill	Rylee Moon	801-200-5883
Girls Basketball	Braden Hamblin	801-660-5381
Swimming	Kari Cunningham	801-510-7985
Wrestling - Boys	Troy Brown	801-645-8578
Wrestling - Girls	Brinlee Giles	801-645-8578 (AD's Number until she is home)
Spring Sports		
Baseball	Frans Meyer	385-424-4645
Boys Soccer	Josh Kealamakia	801-425-6427
Boys Tennis	John Moore	801-710-0466
Boys Volleyball	Corrie Vigil	801-513-0447
Girls Golf	Tony Wilson	801-425-4226
Lacrosse – Boys	Adam Hickman	435-705-3895
Lacrosse - Girls	Ashtyn Stoor	801-927-8437
Softball	Kristy Knight	801-372-5616
Track & Field - Boys	Randy Wheeler	801-390-1037
Track & Field – Girls	Logan Donaldson	801-597-7562
Activities		
Drama	Christine Detweiler	703-868-1403
Forensics/Debate	Keaton Spangler	
Music, Instrumental	Wyatt Gilles	801-360-2183
Music, Vocal	Nathan Egan	541-231-1058



Weber High School

Address 430 W Weber High Drive
Ogden, UT 84414
Phone 801-476-3700
Mascot Warriors
Colors Red & Black

Administration	Name	Contact Phone
Principal	Ryan Kachold	661-878-3219
Assistant Principal	Jake Shulz	801-668-9188
Assistant Principal	Brook Young	385-333-5840
Assistant Principal Intern	Stacie Palmer	801-644-9940
Athletic Director	Trevor Howell	801-644-1232
Fall Sports		
Boys Golf	Chris Torgerson	385-466-8802
Boys Cross Country	Zach Winter	801-678-0993
Football	Mo Cannon	801-589-1595
Girls Cross Country	Zach Winter	801-678-0993
Girls Soccer	Heather Carter	801-864-5503
Girls Tennis	Kaitlan Toole	435-764-4804
Girls Volleyball	Renae Davis	801-564-5125
Winter Sports		
Boys Basketball	Payton Dastrup	801-865-8558
Cheerleading	Emma Heiner	801-786-9418
Drill	Shelbee Lawson	801-458-6091
Girls Basketball	Jarrod Hoagland	801-678-8923
Swimming	Henderson Bird	385-439-8079
Wrestling - Boys	Zan Elder	801-707-7294
Wrestling – Girls	Izzy Messerly	801-669-2792
Spring Sports		
Baseball	Eric Nelson	832-799-0866
Boys Soccer	Dave Beus	801-710-6703
Boys Tennis		
Boys Volleyball		
Girls Golf	Bayleigh Boswell	801-644-8083
Lacrosse – Boys	Randy Allred	801-643-1339
Lacrosse – Girls	Krista Call	801-690-6940
Softball		
Track & Field - Boys		
Track & Field – Girls		
Activities		
Drama	Mark Daniels	801-644-7695
Forensics/Debate	Adam Webster	801-897-8338
Music, Instrumental	Taylor Van Bibber	801-791-1809
Music, Vocal	Caleb Saunders	385-250-7906

BOYS GOLF RULES 2026-27
RESPONSIBLE SCHOOL – FARMINGTON HIGH SCHOOL

Start Date:	July 27, 2026
First Game:	August 3, 2026
State Entry Deadline:	September 29, 2026
State Tournament:	October 5 & 6 @ Talons Cove GC – Saratoga Springs
Game/Match Limit:	10 Matches
Moratorium Dates:	June 29 – July 5 November 26 - 29 November 30 – January 2, 2027 June 28 – July 4, 2027

1. Home school/coach will act as tournament director.
2. Each school(coach) will be required to conduct a rules clinic. All players need to have a general knowledge of the rules of golf.
3. Region meets will be scored as follows for teams:
 - a. 1st = 7 points 2nd = 5 3rd = 4 4th = 3 5th = 2 6th = 1
 - b. Shared points will be awarded for ties.
4. Region meets - Top 10 and ties will be announced and recognized.
5. The end of the season region tournament will be scored as follows:
 - a. 14-10-8-6-4-2
 - b. There will be shared points awarded for ties.
 - c. If there is a tie for the Region Championship or State Qualification, there will be a team sudden death play-off. Coaches involved will pick their 4-man play-off team.
6. The Region Tournament will be a 2-day tournament.
7. Each player will be required to have a score card. Players will exchange score cards on the first tee. The exchange will be in a circle not one to one.
8. Each team will consist of 8 players, of which the best 4 scores will be counted.
9. No caddies will be allowed any meets.
10. Appropriate attire is encouraged at all region meets. Shorts (subject to local course rules) are allowed. NO DENIM (jeans or shorts).
11. Play will be from the tees stipulated by the tournament director.
12. Meets will be shotgun starts unless otherwise designated.
13. In case of bad weather or darkness, the coaches will make judgment to continue or postpone. Player safety needs to be central to the decision. Error on the side of safety.

14. Rained out, canceled, or postponed matches will be re-scheduled at the convenience of the golf course. If weather occurs during a region match and play cannot finish, if there are 9 holes that the entire field has completed, then the tournament will revert to a 9-hole tournament (must be 9 holes that each golfer has in common. Example: the front 9 has been completed by all golfers in the field)
15. The tournament committee in making all weather and rule decisions will consist of the Tournament Director, Region 1 Coaches, and Golf Course Personnel (the Head Pro if available).
16. All region teams are based on stroke average, but lowest 2 scores or tournaments where the athlete didn't play are removed. All scores at the 2-day region tournament must be counted towards their stroke average. Those who don't play at the region tournament cannot be on an all-region team. Coaches discretion on any special circumstances.
17. A region trophy will be awarded to the Region Champion. Twelve **(12)** medals will be awarded to the region low medalist and all-region team.
18. Starting tee times will be by the “rule of golf” and State meet rules—2 strokes for being 5 minutes late. Later than 5 minutes – is disqualified.
19. Play to be governed by the USGA rules, stroke play and local course rules. Proper golf conduct and etiquette is not only expected, but required.
20. Checking of score cards after rounds will be done by region coaches only and appropriate golf course personnel.
21. Total match limit is 10, excluding the state meet.
22. Coaches will be limited to 2 coaches per school. Only 2 coaches can coach and assist kids. However, each school is limited to 1 complimentary cart. A 2nd cart must be rented through the golf course. Expectation is for coaches to assist and coach players on their teams, as well as assist groups in rules and conduct issues.
23. Spectators are expected to adhere to the 50-foot rule. Warnings and penalties will be assessed by coaches and tournament committee members.

Boys Golf Schedule 2026-27

Date	Place	Time **
Wednesday, August 5 th	Remuda**	7:30 am
Tuesday, August 11 th	Davis**	7:30 am
Thursday, August 13 th	Lakeside**	8:00 am
Monday, August 17 th	Valley View**	8:00 am
Monday, August 31 st	The Barn**	8:00 am
Tuesday, September 8 th	Eaglewood**	8 a.m.
Monday, September 14 th	Glen Eagle**	8 a.m.
Thursday, September 17 th	Riverside**	8:30 a.m.
REGION CHAMPIONSHIP		
Monday, September 28 th	Eagle Mountain	2 pm
Tuesday, September 29 th	Schneiters Bluff	9 am
STATE CHAMPIONSHIP		
Monday, October 5 th & Tuesday, October 6 th	Talons Cove	TBA

*All start times are Shotgun starts with the exception of the State Tournament

** JV 18 Holes

CROSS COUNTRY (BOYS & GIRLS) RULES 2026-27

RESPONSIBLE SCHOOL: FARMINGTON HIGH SCHOOL

Start Date: July 27, 2026
First Game: August 3, 2026
End Date: October 17, 2026

State Entry Deadline: October 19, 2026
State Meet: October 28th

Meet Limits: 10 Meets

Moratorium Dates: June 29 – July 5
November 26 – November 29
December 21 – 25; January 1, 2027
March 7-April 4, 2027
June 28 – July 4, 2027

1. All schools are invited to the Open Region meets. It is not mandatory that a school attend all meets. However, it is required that all schools notify the host school of their intentions at least one week prior to the scheduled meet.
2. All Open Region meets will begin at 3:30 p.m. unless there are extenuating circumstances and a mutual agreement between coaches (for that meet).
3. Directions to the meet site and a map of the course must be sent to the visiting coaches prior to the meet date. Courses should be well marked and should range from 2.5-3.1 miles.
4. Suggested order of races is girls, then boys. In meets with less than five schools, the races do not need to be divided into varsity and JV divisions.
5. It is recommended that host schools provide a copy of all results by the same day as the meet.
6. The winner of the region trophy will be determined by the team scores at the region meet.
7. Medals will be awarded to the top 10 finishers in the Region meet in both the boys and girls varsity races.
8. Three paid officials will be arranged to start, score and referee the Region meet. Each school will provide two (2) volunteers for the Region meet.
9. Schools may enter ten (10) runners in the Region Championship Varsity races but must designate the seven (7) scoring runners. Non-scoring runners must have a non-scoring tag and may not wear their normal team uniform.
10. In order to participate in the Region Championship, a runner must participate in at least two (2) previous meets. Exceptions will be made for illness and injuries. Each coach will be expected to police his/her own team.
11. In addition to the members of the qualifying teams, the top three individual runners who are not members of one of the qualifying teams will advance to the State Championships.

12. Any individual who is not on a qualifying team and who did not qualify through item 11 who finishes in the top 10 overall at the region meet will advance to the State Championships.
13. Each team may compete in a maximum of ten (10) meets excluding the Region and State Championships.

CROSS COUNTRY SCHEDULE 2026-27

Wednesday, August 26th?

Pre-Region @ Layton Commons Park

Wednesday, September 30th?

Ogden City/Weber County @ Weber County Fairgrounds
Davis District Championships @ Layton Park

Wednesday, October 7th

Region Championships @ Layton Commons Park

Wednesday, October 28th

State Championships @ Regional Athletic Complex

REGION 1 COACHES CONTACT LIST

<u>School</u>	<u>Coach</u>	<u>E-mail</u>
Davis	Jami Caldwell	Jami.Caldwell@gmail.com
Farmington	Ben Jacobsen	bjacobson@dsdmail.net
Layton	Aaron Bell	abell@dsdmail.net
	Carrie Fredin	carriefredin@gmail.com
Syracuse	Stephanie Chambers	Chambers.steph@gmail.com
Weber	Zach Winters	Zawinter1@wsd.net

FOOTBALL RULES 2026-27
RESPONSIBLE SCHOOL: DAVIS HIGH SCHOOL

Start Date: July 27, 2026
Endowment Games: August 14th & 15th
First Game: August 19th (Sub Varsity) & 20th (Varsity)
End Date: October 16, 2026

Bracket Reveal: October 17, 2026 @ 10 a.m.

Game/Match Limit: 9 + Endowment Game

Moratorium Dates: June 29 – July 5
November 22 – January 1, 2027
February 21 – March 7, 2027
June 28 – July 4, 2027

1. All varsity games will start at 7:00 p.m.
2. Each region school will play a full schedule of Sophomore and JV games. Coaches need to let other coaches in the region know by July 15th if there is no Sophomore or JV Teams so coaches can schedule appropriately. Any cancelled games after July 15th will result in a \$250 fine per game. All games will start at 3:30pm. NO EVENING games unless approved by the principals.
3. JV & Sophomore games will be played at the opposite location as the Varsity. JV play will begin at 4 p.m. and Sophomore games at 6:00 p.m. (Sophomore game begins 30 minutes after the conclusion of the JV game)
4. Home team wears dark jerseys. Visiting team wears light or white jerseys.
5. All schools are required to use adults on the chain and down marker. (Varsity Only)
6. In case of a tie game, the tiebreaker rule applies.
7. Scouting is to be done from the spectator stands and no video filming of future opponents will be allowed at Varsity, JV, or Sophomore games.
8. It is the responsibility of the home team school to keep the field sidelines clear.
9. Home team is responsible for emergency medical care.
10. Head coaches (or assistant coaches) will have until Saturday 9:00 a.m. (or unless otherwise arranged by both coaches) to exchange the two most recent films. Region 1 Games; practice, league, and post-season games, may be filmed only by the two participating schools. The host school should extend the same courtesy to the visiting photographer as to its own photographer. **Films to be exchanged in Region 1 will be through HUDL and filmed by a responsible adult.** The two coaches will coordinate first film exchange. Films

should include: **Pre-snap set wide angle, scoreboard by quarter, and each scoring play. Film all plays.** Exchange film can be a copy of the original game film.

11. Home teams will film the Sophomore and JV games and exchange film through HUDL with the visiting teams the night of those sub-varsity games.
12. For Varsity games, the home school will provide dressing facilities upon request of visiting school. Chalkboard/whiteboard will be available. Each school will provide their own towels. Home school will clear visiting locker room 1 ½ hours before games and provide a guide for the visiting team, i.e., meet the bus, show locker room, etc. (JV and Sophomores will dress at their own school)
13. Visiting team spotters/coaches (2 coaches maximum) will be allowed on the press box on the home team side of the stadium. *Visiting team coaches at Davis County schools will be assigned to the perch on the visitor's side bleachers if there is not sufficient room in the press box.*
14. The visiting team filmer (1) and staticians will be allowed on the press box on the home side of the stadium.
15. All Region 1 teams are eligible for the state tournament and the Max Preps Rating Percentage Index (RPI) will decide the seeding process.
16. Coaches will communicate with one another on at least two occasions:
 - a. Schedule and team rosters are to be mailed by the A.D. and postmarked to each A.D. by Monday following the season's **first pre-season game, Friday August 11, 2023**. The roster shall contain at least the name, grade, and number of each athlete.
 - b. The coaches **will meet after the last region game** for the purpose of selecting the **All-Region 1 Team**.
17. Any current employee of a school may not officiate in any varsity game in which that school is participating.
18. At the conclusion of the Varsity, JV, or Sophomore games and after the traditional "handshake" visiting teams will not participate in any post game activities. They are to gather up their gear and load the bus.
19. In cases where applicable, ties between football teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved.

Football Coaches Cell Numbers & Email

School	Head Coach	Cell	E-Mail
Davis High	Scott Peery	801-850-7379	speery@dsdmail.net
Farmington High	David Fiefia	801-979-4632	dfiefia@gmail.com
Layton High	Trevor Thomas	801-726-7717	tthomas@dsdmail.net
Syracuse High	Mitch Tulane	801-390-6384	mitulane@dsdmail.net
Weber High	Mo Cannon	801-589-1595	mocannon@wsd.net

Football Schedule – 2026-27

PRESEASON

Friday, August 14th

Corner Canyon @ Davis
 Bingham @ Farmington
 Timpview @ Layton
 Weber @ Fremont
 Syracuse @ Woods Cross

Friday, August 21st

Davis @ Fremont
 Farmington @ Bountiful
 Northridge @ Layton
 Brighton @ Weber
 Granger @ Syracuse

Friday, August 28th

Davis @ Mountain Ridge
 Farmington @ Rigby, ID
 Clearfield @ Layton
 Weber @ Roy
 Bountiful @ Syracuse

Friday, September 4th

Davis @ Alta
 Farmington @ American Fork
 Layton @ Copper Hills
 Weber @ Viewmont
 Syracuse @ Rigby, ID

Friday, September 11th

Olympus @ Davis
 Woods Cross @ Farmington
 Layton @ American Fork
 Lehi @ Weber
 Alta @ Syracuse

REGION STARTS

Friday, September 18th

Farmington @ Weber
 Syracuse @ Layton
 American Fork @ Davis

Friday, September 25th

Davis @ Syracuse
 Weber @ Layton
 Fremont @ Farmington

Friday, October 2nd

Farmington @ Davis
 Weber @ Syracuse
 Layton @ West Field

Thursday, October 8th

Layton @ Davis
 Syracuse @ Farmington
 Riverton @ Weber

Wednesday, October 14th

Davis @ Weber
 Layton @ Farmington
 Syracuse - BYE

GIRLS SOCCER RULES 2026-27

RESPONSIBLE SCHOOL – LAYTON HIGH

Start Date:	July 27, 2026
First Game:	August 3, 2026
End Date:	October 6, 2027
Bracket Reveal:	October 7, 2026 @ 10 a.m.
State Tournament Starts:	October 8, 2027
Game/Match Limit:	18 Endowment Game
Moratorium Dates:	June 29 – July 5 November 26 – 29 November 30 – January 2, 2027 June 28 – July 4, 2027

1. Play will begin on a region basis on September 4, 2025.
 - a. All varsity games will be played at 3:30 p.m. Junior Varsity (reserve) games will be played the same day following the varsity game at same site.
2. If a game ends in a tie the teams will play up to two (2) ten-minute overtime periods in a sudden death format (first team to score wins). If there is no scoring in the overtimes, the game will go to a shootout.
3. In cases where applicable, ties between soccer teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved. Seeding for state tournament play will be determined by the RPI system.
 - a. In the event the RPI system is no longer in use, seeding will be determined by reverting to the region tiebreaker rule.
4. Seniors will not be allowed to play Junior Varsity unless prior discussion by the head coaches.
5. In the event of a postponement, it will be the responsibility of the home team athletic director to notify the visiting school and the officials. Visiting school and officials should be notified as soon as possible.
6. If played on Grass field, teams will sit on one side of the field. Spectators will sit on the opposite side of the field. If games are played on turf, teams will sit on opposite sides of the field and spectators will on the same side of their team.
7. Any necessary changes to these arrangements will be determined between the two principals involved.
8. A \$100.00 fine will be assessed if a coach plays an athlete who has been red carded and turned into the State. Athletes will not be allowed to participate in the succeeding varsity game. Fines payable to Region 1.
9. Junior Varsity games will consist of two 40-minute halves, weather and light permitting.
10. Teams will play their region games as agreed upon (region planning meeting) as the schedule dictates.

11. According to Federation Rules, the Home Team will wear their **DARK** jerseys while the visiting team will wear their **WHITE**.
12. An all-region team will be selected in the following format:
 - a. 1st place will select 4 players
 - b. 2nd place will select 3 players
 - c. 3rd place will select 3 players
 - d. The remaining teams will select 1 or 2 players

Girls Soccer Schedule 2026-27

Tuesday, September 1st

Farmington @ Syracuse
Weber @ Layton
Davis – Bye

Tuesday, September 22nd

Syracuse @ Farmington
Layton @ Weber
Davis - BYE

Thursday, September 3rd

Layton @ Farmington
Syracuse @ Davis
Weber - Bye

Thursday, September 24th

Farmington @ Layton
Davis @ Syracuse
Weber – BYE

Thursday, September 10th

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Tuesday, September 29th

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Tuesday, September 15th

Weber @ Davis
Layton @ Syracuse
Farmington - BYE

Thursday, October 1st

Davis @ Weber
Syracuse @ Layton
Farmington – BYE

Thursday, September 17th

Syracuse @ Weber
Davis @ Farmington
Layton - Bye

Tuesday, October 6th

Weber @ Syracuse
Farmington @ Davis
Layton - BYE

GIRLS TENNIS RULES 2026-27

RESPONSIBLE SCHOOL: LAYTON HIGH

Start Date:	July 27, 2026
First Game:	August 3, 2026
End Date:	September 29, 2026
State Roster Entry Deadline:	September 30, 2026
Bracket Reveal:	October 1, 2026 @ 10 a.m.
State Tournament Starts:	October 3, 2026
Game/Match Limit:	18 Matches
Moratorium Dates:	June 29 – July 5 November 26 – 29 November 30 – January 2, 2027 June 28 – July 4, 2027

Play will begin on a region basis beginning on Tuesday, August 14th

1. Schools may have Varsity and JV level teams. Teams will consist of 7 players--3 singles players and doubles teams.
2. A maximum of 18 matches may be played which will include the Region Tournament.
3. Region matches are scheduled to begin by 3:00 pm. If teams arrive late due to bussing issues matches may begin at 3:30 pm.
4. Matches to be played according to the schedule (subject to weather and court conditions). Host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 1:00 p.m.
5. Matches and court conduct are to be governed by USTA rules, i.e. (Racket, verbal abuse, and foot faults).
6. Matches will consist of two out of three sets--12-point tie break (first to 7 points, win by 2) at 6-6. Due to darkness or weather conditions, coaches may agree to a 3rd set super tie break (10 pt.)
7. Home team furnishes the balls (high altitude).
8. Players will be required to wear school color shirts with school logo and school color shorts. Warm-ups may be worn during inclement weather.
9. Players are limited to a 10-minute warm-up period with practice serves being taken during this time. Coaches should control the warm-up time.

10. Coaches will play their best players in rank order in singles and the doubles should be in ranked as a team.
11. A coach may move players from singles to doubles and vice versa. However, the players must be ranked according to ability in either position.
12. A player/doubles team must play 50% of the region matches to qualify for state tournaments. The region match can include varsity and junior varsity
13. The region team championship will be determined as follows:
 - a. 1 point for each region dual meet won.
 - b. Finish of each player/team in region tournament.
 - c. 6 points for 1st--5 points for 2nd, etc.
 - d. If 5th & 6th are not played then scoring will be 4, 3, 2, 1
 - e. If the region championship ends in a tie, it will be a co-champion
14. Coaching
 - a. Coaching will be allowed after third game, odd game changeovers and on mandatory 3-minute break between sets. No rest period or coaching between the 1st and 2nd game. Rest periods begin on the 3rd game changeover.
 - b. If there are minimal entrances to the courts, coaches may remain on the court during match play to coach on change overs on another court.
 - c. Two certified coaches will be allowed during Varsity matches.
 - d. Coaching will be allowed by a certified assistants(s) coach during JV matches
15. Bathroom breaks are permissible if taken within the allotted 3 minutes or a reasonable amount of time.
16. **All coaches must wear UHSAA Coaches Credential ID at Divisional and State Tennis Tournament.**

Girls Tennis Schedule 2026-27

Thursday, August 20th

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Tuesday, August 25th

Davis @ Weber
Syracuse @ Layton
Farmington – BYE

Thursday, August 27th

Weber @ Syracuse
Farmington @ Davis
Layton - BYE

Tuesday, September 1st

Farmington @ Syracuse
Weber @ Layton
Davis – Bye

Thursday, September 3rd

Layton @ Farmington
Syracuse @ Davis
Weber - Bye

Thursday, September 10th

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Tuesday, September 15th

Weber @ Davis
Layton @ Syracuse
Farmington - BYE

Thursday, September 17th

Syracuse @ Weber
Davis @ Farmington
Layton - Bye

Tuesday, September 22nd

Syracuse @ Farmington
Layton @ Weber
Davis - BYE

Thursday, September 24th

Farmington @ Layton
Davis @ Syracuse
Weber - BYE

Monday, September 28th &

Tuesday, September 29th
Region Tournament

GIRLS VOLLEYBALL RULES 2026-27

RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date: July 27, 2026
First Game: August 3, 2026
End Date: October 20, 2026

Bracket Reveal: October 21, 2026 @ 10 a.m.
State Tournament Starts: October 23, 2026

Game/Match Limit: 28 Games

Moratorium Dates: June 29 – July 5
November 26 - 29
December 21 – December 25; January 1
June 28 – July 4, 2027

1. All varsity matches will be best three out of five sets. Sets 1-4 played to 25 points with no cap with a fifth and deciding set, if necessary, which will be played to 15 points with no cap. Varsity matches have two timeouts in each set.
2. Schedule will be as follows:
 - a. 3:30 p.m. Sophomore – Best of 3 Format
 - b. 5:00 p.m. Varsity – Best 3 of 5 with Sets 1-4 to 25 and Set 5 to 15
 - c. 6:30 p.m. or after Varsity Best of 5 with games 3-5 to 15
3. Warm up time will be 4-4-2. Four minutes for visitors, four minutes for home team, and two minutes shared serving.
4. Region Play will begin on August 30, 2022
5. Seeding for the State Tournament will be determined by the UHSAA RPI System.
6. Contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days. Teams may play 15 matches and one tournament, or 16 matches with no tournaments.
7. Home team will:
 - a. Provide two-line judges, a score keeper, a libero tracker, and a score board operator for all three matches – please make sure they are trained.
 - b. Have the net setup up by 3:00 pm.
 - c. Provide people to run a 3-ball rotation during all matches and provide 3 game balls.
 - d. Call in the score and highlights after the match.
8. Before leaving the gym, the visiting team will:
 - a. Give the home coach stats/highlights they want reported to news media and MaxPreps.
 - b. Clean up the bench area they last occupied.
 - c. No outside food in the gym!
9. Seniors will NOT be allowed to play Junior Varsity unless agreed upon by both Head Coaches.
10. The coaches will have a meeting at a date to be announced to select the All-Region teams.

11. Senior night recognition kept to a 10-15 minute maximum
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food set up!

Volleyball Schedule 2026-27

Thursday, September 10th

Davis @ Layton
Farmington @ Weber
Syracuse - BYE

Tuesday, September 15th

Weber @ Davis
Layton @ Syracuse
Farmington - BYE

Thursday, September 17th

Syracuse @ Weber
Davis @ Farmington
Layton - Bye

Tuesday, September 22nd

Syracuse @ Farmington
Layton @ Weber
Davis - BYE

Thursday, September 24th

Farmington @ Layton
Davis @ Syracuse
Weber – BYE

Tuesday, September 29th

Layton @ Davis
Weber @ Farmington
Syracuse - BYE

Thursday, October 1st

Davis @ Weber
Syracuse @ Layton
Farmington – BYE

Tuesday, October 6th

Weber @ Syracuse
Farmington @ Davis
Layton – BYE

Tuesday, October 13th

Farmington @ Syracuse
Weber @ Layton
Davis – Bye

Tuesday, October 20th

Layton @ Farmington
Syracuse @ Davis
Weber - Bye

BASKETBALL (BOYS & GIRLS) RULES 2026-27

RESPONSIBLE SCHOOL – FARMINGTON HIGH SCHOOL

Start Date: November 9, 2026

First Game: November 17, 2026

End Date: February 19, 2027

Bracket Reveal: February 20, 2027 @ 10 a.m.

State Tournament Starts: Girls – February 23, 2027

Boys - February 24, 2027

Game/Match Limit: 23 Games

Moratorium Dates: June 29 – July 5
August 2-30
November 26-29
March 14-28
June 28 - July 4, 2027

1. Schedules and team rosters are to be e-mailed by athletic directors to region athletic directors. Region athletic directors are responsible for making sure copies are redistributed to their individual coaches.
2. Both Girls and Boys Basketball will play same night/same site.
 - a. Schedule will be as follows: Soph Girls & Soph Boys @ 3:30; Varsity Girls & JV Boys at 5:15; Varsity Boys and JV Girls at 7 p.m.
 - i. The **Tuesday Region game** at 3:30 p.m. in the Larger Gym will be the BOYS and on **Friday** at 3:30 it will be the GIRLS
3. 20-minute warm up guaranteed for both Girls and Boys Basketball Varsity games.
4. Home team wears white jersey. Visiting team wears dark jersey.
5. All schools are required to use adults on the clock, shot clock, and score book (varsity only).
6. The shot clock WILL BE used at all levels.
7. Scouting is to be done from the spectator stands and no video filming of future opponents will be allowed at varsity, J.V., or sophomore levels.
8. It is the responsibility of the home team to keep the court sidelines clear. Home team is responsible for emergency medical care.
9. Varsity home school will provide dressing facilities for visiting school. Whiteboard and marker will be available. Each school will provide their own towels. Locker rooms will be available as close to 2:45 as possible.
10. In cases where applicable, ties between teams for first place in region play will result in co-champions or tri-champions with trophies being awarded to all teams involved.

11. A boy's all-region team will be selected by the region coaches via email. A girl's all-region team will be selected by the region coaches via email. DO NOT VOTE for you own player with 1 MVP, 5 First Team and 5 Second Team Selections
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food to set up!

Boys & Girls Basketball Schedule 2026-27

Tuesday, January 12th

Region 3 Crossover Games

Skyridge @ Layton
Corner Canyon @ Syracuse
Lone Peak @ Farmington
American Fork @ Davis
Lehi @ Weber

Friday, January 15th

Davis @ Weber
Layton @ Syracuse
Farmington – BYE

Tuesday, January 19th

Weber @ Layton
Farmington @ Davis
Syracuse – BYE

Friday, January 22nd

Layton @ Farmington
Syracuse @ Weber
Davis – BYE

Tuesday, January 26th

Farmington @ Syracuse
Davis @ Layton
Weber - BYE

Friday, January 29th

Syracuse @ Davis
Weber @ Farmington
Layton - BYE

Tuesday, January 27

Region 3 Crossover Games

Layton @ American Fork
Weber @ Skyridge
Syracuse @ Lone Peak
Farmington @ Lehi
Davis @ Corner Canyon

Friday, February 5th

Weber @ Davis
Syracuse @ Layton
Farmington - BYE

Tuesday, February 9th

Layton @ Weber
Davis @ Farmington
Syracuse – BYE

Friday, February 12th

Farmington @ Layton
Weber @ Syracuse
Davis – BYE

Tuesday, February 16th

Syracuse @ Farmington
Layton @ Davis
Weber - BYE

Friday, February 19th

Davis @ Syracuse
Farmington @ Weber
Layton – BYE

CHEERLEADING 2026-27
RESPONSIBLE SCHOOL – WEBER HIGH

Game/Match Limit: 4 Qualifying Competitions

Moratorium Dates: June 29th – July 5th
November 26th – 29th
December 21st – 25th; Jan 1st, 2027
June 28th – July 4th, 2027

1. Competitive Cheer will be a winter sport.
2. Contest Limitations:
 - a. A maximum of 4 contests, in addition to a qualifying and state finals competition will be allowed during the competition season. Competitive cheer teams may only participate in UHSAA sanctioned competitions.
3. The Arbiter system will be used to assign and pay for all qualifying and state competitions.
4. Utah State Risk Management will continue to safety certify coaches and cheer athletes.
5. A coaches' annual rules clinic will be held in JUNE 17th. A judges' annual clinic will be held in September 2024
6. Schools must declare if they will sponsor a cheer competition team by April 15, 2022. This declaration form will help determine how many classifications of competitive cheer UHSAA will sponsor.
7. How to qualify for the UHSAA Competitive Cheer Championships:
 - a. Teams will compete in one of three geographically assigned qualifying competitions (North, Central, South).
 - b. 70% of teams will move on to the state finals, which will be held by classification.
8. All competitive cheer athletes must register in RegisterMyAthlete.
9. Sideline and Competitive Cheer Coaches must be certified through RegisterMyCoach.
10. Tryouts may be held beginning March of 2025 for the following year.
11. There will be no UHSAA governance for sideline/spirit cheer teams, except teams and coaches must safety certify through Utah State Risk Management, follow their cheer guidelines, coaches must certify through RegisterMyCoach, and comply with UHSAA tournament guidelines for post season events.

12. UHSAA transfers for competition team members will begin in March of 2022.
13. There will be a 12-hour practice rule per week for competition routines beginning August 1 through the state championships.
14. Budget Declarations will be required by the 2nd Monday in February (\$800 per individual athlete) beginning in 2023.
15. A Sport Specific Moratorium (2-2 weeks selected by school) will begin in 2023.
16. 2022-2023 Competition Cheer Categories:
 - a. All-girl Show/Co-ed Show (70% of overall score) Teams may enter one (1) show category. Co-ed designation will be for teams with 1 or more male participants on their competition team.
 - b. Game Day: (30% of score).
17. Schools will compete in either an all-girl or co-ed division. Each school may only compete in one division. One state championship trophy will be awarded to each division per classification.
18. School competition teams must receive independent status if not participating in UHSAA qualifying and championship events.
19. There will not be a “two weeks prior” requirement for competitive cheer.
20. There is no restriction to dual participation for junior high sideline cheer and high school competitive cheer.
21. A high school competitive cheerleader may compete in up to two national qualifying competitions, not sponsored by his or her school, with a private cheer organization. The cheer athlete must gain approval after completing an online form on the UHSAA website to participate in these events.
22. Competitive Cheer will follow all UHSAA Policies and By-laws which can be found at <https://www.uhsaa.org/Publications/Handbook/SportSections/CompCheer.pdf>

DRILL TEAM 2026-27
RESPONSIBLE SCHOOL – WEBER HIGH SCHOOL

First Contest:	November 2, 2026
End Date:	January 20, 2027
Bracket Reveal:	January 21, 2027 @ 10 a.m.
State Tournament Starts:	January 25, 2027
Game/Match Limit:	4 Qualifying Competitions
Moratorium Dates:	June 29 – July 5 November 26 – 29th December 21 st – 25 th ; January 1, 2027 June 28 th – July 4 th , 2027

Meet Limit:

Three (4) competitions/invitationals will be assigned by the state so you will see all of the drill teams in 6A before your Region meet and before State.

Region Practice:

TBA

Region:

Wednesday, January 20, 2027 @ Weber High School

SWIMMING RULES – 2026-27

RESPONSIBLE SCHOOL – DAVIS HIGH

Start Date: October 19, 2026
First Game: October 30, 2026
End Date: February 6, 2027

State Entry Deadline: February 10, 2027
State Tournament: February 19th & 20th
@ BYU 5 pm

Game/Match Limit: 14

Moratorium Dates: June 29th – July 5th
November 26th – 29th
December 21st – 25th; January 1, 2027
June 28th – July 4, 2027

1. All meets will commence at 3:00-3:45 (depending upon pool requirements) or 20 minutes after bus arrival.
2. The maximum number of swim meets is 14, which includes the Region meet but does not include the State Meet.
3. Lanes will be assigned according by time by computer.
4. Region 1 Championships:
 - a. Entries: Individuals – Unlimited; Relays – 2 teams per event
 - b. Scoring: 1-16 individuals (4 per team), 1-7 relays (1 relay team per school scores – **only the A Relay can score points**)
 - c. Awards: Region Championship Trophy (1 boys & 1 girls), 48 individual medals (1-6 place, 8 events each for boys and girls, 24 relay medals (3 relays, 4-person teams each for boys and girls).
5. Trophies – See awards above
6. Region Meet entries are due on January 23, 2025 by 7 p.m. to the Syracuse Head Coach

Coaches Emails and Pool Information

Davis	Kit Barker barkerfam@gmail.com Layton Surf N Swim: 465 N Wasatch Dr, Layton, 84041
Farmington	Lynette Bodell lettybodell@gmail.com South Davis Rec Center: 550 N 200 W, Bountiful, 84010
Layton	Rachelle Woodbury rwoodbury@dsdmail.net Layton Surf-n-Swim: 465 N Wasatch Dr, Layton, 84041
Syracuse	Kyle and Kari Cunningham syracuseswimming@gmail.com , karilc1970@yahoo.com Clearfield Aquatic Center: 825 State St, Clearfield, 84015
Weber	Henderson Bird hebird@wsd.net Ben Lomond High Pool: 1075 E 700 S, Ogden, 84010

Swimming Schedule 2026-27

**Swim meet start times at 3:30pm unless otherwise noted.

Tuesday, November 10th

Region 1 Spring Trials @ Weber
Ogden High

Tuesday, December 1st

Layton @ Davis

Friday, December 4th

Weber @ Farmington

Tuesday, December 8th

Davis @ Weber

Friday, December 11th

Syracuse @ Farmington

Saturday, December 12th

Ogden City/Count Meet

Saturday, December 19th

Davis District Championships

Thursday, January 7th

Layton @ Weber
Davis @ Syracuse

Tuesday, January 12th

Farmington @ Layton

Thursday, January 14th

Weber @ Syracuse

Tuesday, January 19th

Syracuse @ Layton

Thursday, January 21st

Farmington @ Davis

Friday, February 5th

Region 1 Championships
@ South Davis Rec Center

WRESTLING RULES – 2026-27
RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date:	November 9, 2026
First Game:	November 24, 2026
Hydration Testing:	November 18-21, 2026
End Date:	January 30, 2027
Divisionals:	Girls – Feb 3 rd & 4 th ; Boys – Feb 5 th & 6 th
State Tournament Starts:	February 17 th & 18 th
Game/Match Limit:	18 Matches
Moratorium Dates:	June 29 th – July 5 th July 30 th – September 13 th November 26 th – 29 th December 21 st – 25 th ; January 1, 2027 June 28 th – July 4 th , 2027

1. All scales used in an official weigh-in will be certified annually. Each school is responsible to notify the Utah State Dept. of Weights and Measures to have this done prior to the beginning of competition. The home management is responsible to provide a certified scale for weigh – in and a trainer for skin checks at all Region 1 Wrestling Meets.
2. All weigh-ins for Region 1 Duals will start at 4:30 p.m.
 - a. Davis District schools can't leave until 4 p.m. (Communicate with coaches)
3. **Home team is responsible to put dual meet results on Trackwrestling within the next day!!**
 - a. All teams REQUIRED to do live entry stats!
4. Skin Checks will be conducted for all wrestlers during the varsity weigh in.
5. Weigh-ins for boys and girls will be done at the same time with all wrestlers weighing in with a singlet or fight short and rash guard.
6. All weigh-ins for Varsity, JV, and extras will be done at the same time.
7. Wrestling will start at 6:00 pm for both Varsity Girls & JV Girls and Boys will wrestle on the 2nd mat. Varsity boys will START at 7 pm!
8. Host Team may request to change the schedule of the Dual IF considered a rivalry match and change is agreed upon between both coaches and also approved by the Region 1 BOM. Coaches will be responsible to exchange line ups via email the day before the dual to allow for adequate time for the program.
9. Region Team Trophy will be awarded based upon region dual record & Co-Champions will each receive a region trophy

Boys Head Coaches Contact Information

Davis	Skyler Stephens	801-436-4936	skylerstephens@hotmail.com
Layton	Adam Fager	801-808-8818	afager@dsdmail.net
Farmington	Luis Cruz	413-417-4955	lfred@dsdmail.net
Syracuse	Troy Brown	801-645-8578	Twbrown@dsdmail.net
Weber	Zane Elder	801-707-7294	zaelder@wsd.net

Girls Head Coaches Contact Information

Davis	Matt Hoskins	801-631-4694	
Layton	Marc Fenwick	801-200-5079	mfenwick@dsdmail.net
Farmington	Matt Kartchner	801-300-3573	MattKartc@gmail.com
Syracuse			
Weber	Izzy Messerly	801-669-2792	izmesserly@wsd.net

Region Wrestling Duel Meets Schedule – 2026-27

Wednesday, January 6th

Weber @ Layton
Farmington @ Davis
Syracuse - BYE

Wednesday, January 13th

Layton @ Farmington
Syracuse @ Weber
Davis - BYE

Wednesday, January 20th

Farmington @ Syracuse
Davis @ Layton
Weber - BYE

Wednesday, January 27th

Syracuse @ Davis
Weber @ Farmington
Layton - BYE

Thursday, January 28th

Davis @ Weber
Layton @ Syracuse
Farmington - BYE

BASEBALL RULES 2026-27
RESPONSIBLE SCHOOL: LAYTON HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 12, 2027
Game Limit:	25 Games
Bracket Reveal:	May 13, 2027
State Regionals:	May 14 th & 15 th , 2027
State Super Regional:	May 19 th & 20 th , 2027
State Bracket Play:	May 24 th – 27 th , 2027
State Final Series:	May 28 th & 29 th , 2027
Moratorium:	June 29 – July 5 November 11 – December 8 December 21 – December 25 June 28 – July 4, 2027

1. Region Play will begin on Tuesday, April 13
 - a. Region season will consist of 12 games (3 games series against each region team)
 - b. Games will alternate between Tuesday, Wednesday, & Friday for 4 weeks.
 - c. No Region games over Spring Break
 - d. If (due to game cancellations caused by inclement weather) the 12-game schedule cannot be completed, won/loss records of the previous 8 game schedule will be used to determine standing for Region Champion.
2. Region games will begin at 3:30 p.m. unless previous arrangements have been made with the 2 principals of the schools involved.
3. Postponement or suspension of league games due to inclement weather or field conditions **will be made up in the order of postponement**. Games need to be made up the first available day that fields can be prepared. Saturdays are optional. Home team will determine the day the game is played. Region games take precedence over pre-season, practice, junior varsity or sophomore games. For traveling purposes, coaches may agree to play games at an earlier date. Coaches will be responsible for making sure athletic directors are notified in the event of a cancellation or make-up.
4. Principals will make final decisions to play make-up/suspended games if a time cannot be agreed upon by coaches.
5. The home team will be responsible for having an official **ADULT scorekeeper & SCOREBOOK!** It must be a hardcopy book. Gamechanger DOES NOT count as a scorebook.
6. Line Up Cards need to have First and Last names, numbers, and positions.
7. In the event of a cancelled game, notification of officials and the visiting school will be the responsibility of the home team coach and/or athletic director. Visiting schools and officials will be notified as soon as possible.

8. The junior varsity game limit is **twenty- five (25)** games. The sophomore game limit is **twenty-five (25)** games.
9. The winning team is responsible for notifying the local news media to report game scores and statistics.
10. Teams will play region games (as agreed up at the region-planning meeting) and as the schedule dictates. For weather changes, refer to rule #3.
11. Games may be played at alternate sites if agreed upon by the principals of the participating schools.
12. Suspended games may be made up at the alternative sites if agreed upon by the principals of the participating schools (i.e. site of next scheduled game between those teams involved in the suspended game).
13. Games may be played at alternate sites if agreed upon by the principals of the participating schools.
14. Pitch Count/System Entry – Violation of the pitch count is a 2-game suspension for the head coach. A second violation results in a forfeit of the game. \$250 to the region for the coach not entering in the information within 24 hours. Schools need to self-report to the region.

Baseball Schedule 2026-27

Tuesday, April 13th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Friday, April 23rd

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Wednesday, May 5th

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Wednesday, April 14th

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, April 27th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Friday, May 7th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Friday, April 16th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Wednesday, April 28th

Davis @ Farmington
Syracuse @ Layton
Weber – BYE

Monday, May 10th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Tuesday, April 20th

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Friday, April 30th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Tuesday, May 11th

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Wednesday, April 21st

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Tuesday, May 4th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Wednesday, May 12th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

BOYS SOCCER RULES 2026-27
RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 11, 2027
Bracket Reveal:	May 12, 2027
State Tournament Starts:	May 14, 2027
Game/Match Limit:	17 Games
Moratorium Dates:	June 29 – July 5 November 26 – 29 November 30 – January 2, 2027 June 28 – July 4, 2027

1. Play will begin on a region basis on March 25, 2026. All varsity games will be played at 3:30 p.m. Junior Varsity (reserve) games will be played the same day following the varsity game at same site.
2. If a game ends in a tie the teams will play up to two (2) ten-minute overtime periods in a sudden death format (first team to score wins). If there is no scoring in the overtimes, the game will end in a shootout.
3. In cases where applicable, ties between soccer teams for first place in region play will result in co-champions or tri-champions being declared and trophies will be awarded to all teams involved. Seeding for state tournament play will be determined by the RPI system.
 - a. In the event the RPI system is no longer in use, seeding will be determined by reverting to the region tiebreaker rule.
4. Seniors will not be allowed to play Junior Varsity unless prior discussion by the head coaches.
5. In the event of a postponement, it will be the responsibility of the home team athletic director to notify the visiting school and the officials. Visiting school and officials should be notified as soon as possible.
6. If played on Grass field, teams will sit on one side of the field. Spectators will sit on the opposite side of the field. If games are played on turf, teams will sit on opposite sides of the field and spectators will on the same side of their team.
7. Any necessary changes to these arrangements will be determined between the two principals involved.
8. A \$100.00 fine will be assessed if a coach plays an athlete who has been red carded and turned into the State. Athletes must not be allowed to participate in the succeeding varsity game. Fines payable to Region 1.
9. Junior Varsity games will consist of two 40-minute halves, weather and light permitting.
10. Teams will play their region games as agreed upon (region planning meeting) as the schedule dictates.
11. According to Federation Rules, the Home Team will wear their **DARK** jerseys while the visiting team will wear their **WHITE**.

12. An all-region team will be selected in the following format:

- a. 1st place will select 4 players
- b. 2nd place will select 3 players
- c. 3rd place will select 3 players
- d. The remaining teams will select 1 or 2 players

Boys Soccer Schedule 2026-27

Wednesday, April 14th

Davis @ Syracuse
Weber @ Layton
Farmington – BYE

Friday, April 30th

Syracuse @ Davis
Layton @ Weber
Farmington – BYE

Friday, April 16th

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Wednesday, May 5th

Davis @ Layton
Weber @ Farmington
Syracuse – BYE

Wednesday, April 21st

Davis @ Farmington
Syracuse @ Layton
Weber – BYE

Friday, May 7th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Friday, April 23rd

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Wednesday, May 12th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Wednesday, April 28th

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Friday, May 14th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

BOYS TENNIS RULES 2026-27
RESPONSIBLE SCHOOL: SYRACUSE HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 4, 2027
State Roster Entry Deadline:	May 5, 2027
Bracket Reveal:	May 6, 2027 @ 10 a.m.
State Tournament Starts:	May 8, 2027
Game/Match Limit:	18 Matches
Moratorium Dates:	June 29 – July 5 November 26 – 29 November 30 – January 2, 2027 June 28 – July 4, 2027

1. Play will begin on a region basis beginning on Tuesday, March 12, 2026
2. Schools may have Varsity and JV level teams. Teams will consist of 7 players--3 singles players and doubles teams.
3. A maximum of 18 matches may be played which will include the Region Tournament.
4. Region matches are scheduled to begin by 3:00 pm. If teams arrive late due to bussing issues matches may begin at 3:30 pm.
5. Matches to be played according to the schedule (subject to weather and court conditions). Host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 1:00 p.m.
6. Matches and court conduct are to be governed by USTA rules, i.e. (Racket, verbal abuse, and foot faults).
7. Matches will consist of two out of three sets--12-point tie break (first to 7 points, win by 2) at 6-6. Due to darkness or weather conditions, coaches may agree to a 3rd set super tie break (10 pt.)
8. Home team furnishes the balls (high altitude).

9. Players will be required to wear school color shirts with school logo and school color shorts. Warm-ups may be worn during inclement weather.
10. Players are limited to a 10-minute warm-up period with practice serves being taken during this time. Coaches should control the warm-up time.
11. Coaches will play their best players in rank order in singles and the doubles should be in ranked as a team.
12. A coach may move players from singles to doubles and vice versa. However, the players must be ranked according to ability in either position.
13. A player/doubles team must play 50% of the region matches to qualify for state tournaments. The region match can include varsity and junior varsity
14. The region team championship will be determined as follows:
 - a. 1 point for each region dual meet won.
 - b. Finish of each player/team in region tournament.
 - c. 6 points for 1st--5 points for 2nd, etc.
 - d. If 5th & 6th are not played then scoring will be 4, 3, 2, 1
 - e. If the region championship ends in a tie, it will be a co-champion
15. Coaching
 - a. Coaching will be allowed after third game, odd game changeovers and on mandatory 3-minute break between sets. No rest period or coaching between the 1st and 2nd game. Rest periods begin on the 3rd game changeover.
 - b. If there are minimal entrances to the courts, coaches may remain on the court during match play to coach on change overs on another court.
 - c. Two certified coaches will be allowed during Varsity matches.
 - d. Coaching will be allowed by a certified assistants(s) coach during JV matches
16. Bathroom breaks are permissible if taken within the allotted 3 minutes or a reasonable amount of time.
17. **All coaches must wear UHSAA Coaches Credential ID at Divisional and State Tennis Tournament.**

Boys Tennis Schedule 2026-27

Thursday, March 18th

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, March 23

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Thursday, March 25

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Tuesday, April 13

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Thursday, April 15

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

Tuesday, April 20

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Thursday, April 22

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 27

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Thursday, April 29

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Tuesday, May 4

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Thursday, May 6 &

Friday, May 7

Region Tournament
@ West Field High School

BOYS VOLLEYBALL RULES 2026-27

RESPONSIBLE SCHOOL – SYRACUSE HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 4, 2027
Bracket Reveal:	May 5, 2027 @ 10 a.m.
State Tournament Starts:	May 8, 2027
Game/Match Limit:	28 Games
Moratorium Dates:	June 29 – July 5 November 26 – November 29 December 21 – 25; January 1, 2027 June 28 – July 4, 2027

1. Region Play will begin on March 26, 2026
2. All varsity matches will be best three out of five sets. Sets 1-4 played to 25 points with no cap with a fifth and deciding set, if necessary, which will be played to 15 points with no cap. Varsity matches have two timeouts in each set.
3. Schedule will be as follows:
 - a. 3:30 p.m. Sophomore – Best of 3 Format
 - b. 5:00 p.m. Varsity – Best 3 of 5 with Sets 1-4 to 25 and Set 5 to 15
 - c. 6:30 p.m. or after Varsity Best of 5 with games 3-5 to 15
4. Warm up time will be 4-4-2. Four minutes for visitors, four minutes for home team, and two minutes shared serving.
5. Seeding for the State Tournament will be determined by the UHSAA RPI System.
6. Contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days. Teams may play 15 matches and one tournament, or 16 matches with no tournaments.
7. Home team will:
 - a. Provide two-line judges, a score keeper, a libero tracker, and a score board operator for all three matches – please make sure they are trained.
 - b. Have the net setup up by 3:00 pm.
 - c. Provide people to run a 3-ball rotation during all matches and provide 3 game balls.
 - d. Call in the score and highlights after the match.
8. Before leaving the gym, the visiting team will:
 - a. Give the home coach stats/highlights they want reported to news media and MaxPreps.
 - b. Clean up the bench area they last occupied.
 - c. No outside food in the gym!

9. Seniors will NOT be allowed to play Junior Varsity unless agreed upon by both Head Coaches.
10. The coaches will have a meeting at a date to be announced to select the All-Region teams.
11. Senior night recognition kept to a 10-15 minute maximum
12. Visiting team sack lunch ONLY! Home team will not ALLOW any warm food set up!

Boys Volleyball Schedule 2026-27

Tuesday, March 23rd

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Thursday, March 25th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Tuesday, April 13th

Syracuse @ Farmington
Davis @ Weber
Layton - BYE

Thursday, April 15th

Weber @ Syracuse
Farmington @ Layton
Davis - BYE

Tuesday, April 20th

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Thursday, April 22nd

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Tuesday, April 27th

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Thursday, April 29th

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Tuesday, May 4th

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Thursday, May 6th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

TENATIVE GOLF (GIRLS) RULES 2026-27 – More likely will change

RESPONSIBLE SCHOOL: FARMINGTON HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
State Entry Deadline:	May 4, 2027
State Tournament:	May 24 th & 25 th
Game/Match Limit:	10 Matches
Moratorium Dates:	June 29-July 5 November 26-29 November 30-January 2 June 28 – July 4, 2027

1. **Tournaments** – All tournaments will be 18 holes. Each school in the region will host one 18-hole tournament. We will plan on 12:00pm shotgun starts for all region events
2. **Scoring System** – Maximum Stroke Play (Scoring Format)
 - a. All UHSAA Golf Championships (boys & girls) Stroke Play Scoring System, Contestants will PICK UP after reaching a maximum score of nine (9) strokes on any hole of a competition.
 - b. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the scorecard for easy identification of that score.
 - c. All designated region events should also use this scoring system. This will provide consistent and fair qualification for the State competitions and All-State considerations.
 - d. Advantages of using this system are increased speed of play and less pressure to finish a very bad hole. This system will also use the modification for Penalties and Disqualification Penalties that are listed under USGA Rules of Golf; Rule 21.2
3. **Varsity Team Scoring** – Each school will play 8 varsity girls each event. The top four scores will count toward the team score.
 - a. The highest number of points totaled of the top four scores on a team would win the team medal(1st)
 - i. **Scoring Team Points is as follows:**
 1. 1st place team will receive 7 points
 2. 2nd place team will receive 6 points
 3. 3rd place team will receive 5 points
 4. 4th place team will receive 4 points
 5. 5th place team will receive 3 points
 6. 6th place team will receive 2 points
 7. 7th place team will receive 1 point
 - ii. In the case of a tie, the teams involved with the tie will take the point totals between the places, combine them, then divide them by the number of ties involved in order to get their point totals.
4. **Individual Scoring** – The highest number of points totaled after using the Modified Stableford point system would win the individual medalist and receive 12 points.
 - a. The top 12 individual performers at an event will receive the points as follows:
 - i. 1st place individual will receive 12 points
 - ii. 2nd place individual will receive 11 points
 - iii. 3rd place individual will receive 10 points
 - iv. 4th place individual will receive 9 points
 - v. 5th place individual will receive 8 points
 - vi. 6th place individual will receive 7 points

- vii. 7th place individual will receive 6 points
- viii. 8th place individual will receive 5 points
- ix. 9th place individual will receive 4 points
- x. 10th place individual will receive 3 points
- xi. 11th place individual will receive 2 points
- xii. 12th place individual will receive 1 point
- b. In the case of a tie, individuals involved with the tie will take the point totals between the places, combine them, then divide them by the number of ties involved in order to get their point totals.

5. Region Tournament

- a. The region school in charge of girl's golf (Farmington) will be in charge of organizing a final Region event (2 days) at a neutral course at the end of the regular season just before state.

6. Qualifying for State

- a. At the end of the Region Tournament all points from the regular season as well as the Region Tournament will be combined and then the team and individual places will be determined.
- b. All team qualify for state
- c. Top 12 individual performers qualify for state

7. JV Tournaments

- a. Each team can bring 4 JV players to each regular season event for a JV tournament that is scored the same way as the Varsity tournament except they are only 9 holes and have no influence on state qualifications.

8. Paying for Region events

- a. Each school is responsible for their own green fees for both varsity and junior varsity events
- b. During the Region Tournament the Region will pay for all schools Varsity green fees (pending approval)
- c. Each school is responsible for their own JV green fees during all tournaments

9. Green Fees will be \$75 for State Tournament Play

Girls Golf Schedule 2026-27

Golf Practice/Tryout begins February 24th
First Contest Allowed March 3rd
Roster on Register My Athlete March 14th

Date	Place	Host	Time	Players
Thursday, March 18 th	Remuda	Bonus		8 V; 4 JV
Wednesday, March, 24 th	Glen Eagle	Syracuse		8 V; 4 JV
Thursday, March 25 th	Sun Hills	Davis		8 V; 4 JV
Monday, March 29 th	The Barn	Weber		8 V; 4 JV
Thursday, April 15 th	Davis Park	Farmington		8 V; 4 JV
Thursday, April 20 th	Lakeside	Bonus		8 V; 4 JV
Thursday, April 28 th	Valley View	Layton		8 V; 4 JV
Tuesday, May 4 th	Make Up Day?			
Thursday, May 6 th	Schneiders, Riverside, or Bluff	Bonus		8 V; 4 JV
May 10-13 th		REGION DAY 1		VARSITY ONLY
Thursday, May 7 th		REGION DAY 2		
Monday & Tuesday May 24 th & 25 th		STATE	TBD	VARSITY ONLY (6 players)

BOYS & GIRLS LACROSSE RULES 2026-27

RESPONSIBLE SCHOOL: WEBER HIGH SCHOOL

IMPORTANT DATES

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 14, 2027
Bracket Reveal:	May 15, 2027 @ 10 a.m.
State Tournament Starts:	May 18, 2027
Game/Match Limit:	18 Games
Moratorium Dates:	June 29 – July 5 August 2 – 30 th December 21 st – 25 th ; January 1, 2027 June 28 – July 4, 2027

1. Games
 - a. Boys and Girls Varsity will on the **same day at opposite sites**. Varsity games will start at 5:30 p.m. with JV to be played at the conclusion of the varsity game.
 - i. IF playing @ Syracuse the JV Games will be played at 3:30 BEFORE VARSITY
 - ii. For the JV game the clock will run normal during 1st Half and be running clock for 2nd
2. The UHSAA allows school discretion to use any NFHS-approved lines, per the NFHS rule book. However, the Association supports the usage of the NFHS-approved modified lines as schools add facilities that don't have preexisting lines.
3. The UHSAA does not have an official game ball in lacrosse in the regular season. However, the ball must meet the NCAA/NOCSAE standard, designated by a stamp of approval on the ball.
4. All uniforms and equipment will have to meet the NFHS standards for high school play. Officials will verify equipment compliance as per NFHS rules. NOCSAE standards should be used where prescribed in the NFHS rules.
5. State tournament placements will be based upon final RPI rankings.
6. The ejection policy for lacrosse will follow existing UHSAA ejection policies. Officials will be encouraged to fill out ejection reports for lacrosse, but it will be the responsibility of a program's coaches and administrators to ensure that the UHSAA ejection protocol is followed according to the rule. Fouling out will not qualify as an ejection.
7. The UHSAA will follow all NFHS clock protocol rules, including the mercy rule. The UHSAA will follow NFHS procedures for overtimes. The Association will use a golden goal in overtimes to determine a winner.

Girls Lacrosse Schedule 2026-27

Tuesday, April 13

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Thursday, April 15

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

Tuesday, April 20

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Thursday, April 22

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 27

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Thursday, April 29

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Tuesday, May 4

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Thursday, May 6

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Tuesday, May 11

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Thursday, May 13

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Boys Lacrosse Schedule 2026-27

Tuesday, April 13th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Thursday, April 15th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Tuesday, April 20th

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Thursday, April 22nd

Layton @ Davis
Farmington @ Weber
Syracuse - BYE

Tuesday, April 27th

Davis @ Farmington
Syracuse @ Layton
Weber - BYE

Thursday, April 29nd

Farmington @ Syracuse
Weber @ Davis
Layton - BYE

Tuesday, May 4th

Syracuse @ Weber
Layton @ Farmington
Davis - BYE

Thursday, May 6th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Tuesday, May 11th

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Thursday, May 13th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

SOFTBALL RULES 2026-27
RESPONSIBLE SCHOOL – DAVIS HIGH SCHOOL

Start Date:	March 1, 2027
First Game:	March 8, 2027
End Date:	May 18, 2027
Game Limit:	28 Games
Bracket Reveal:	May 19, 2027
State Super Regional:	May 20 th & 21 st , 2027
State Bracket Play:	May 25 th & 26 th , 2027
State Final Series:	May 27 th & 28 th , 2027
Moratorium:	June 29 – July 5 November 26-29 November 30 – January 1, 2027 June 28 – July 4, 2027

1. No team may play more than twenty-eight (28) games during the entire season. Games will be a 3 game series playing the same team 3x in the same week.
 - a. Each Game counts as One Game
2. All region varsity games shall begin at 3:30 p.m. Games will be a full seven (7) innings. If the score is tied at the end of 7 innings, the international tie-breaker rule will be in effect.
 - a. The 10-run rule will be in effect after the fifth inning.
 - b. The 15-run rule will be in effect after the third inning.
3. All JV games will immediately follow varsity games (same day, same site).
 - a. A team may only score six (6) runs an inning in a JV game.
 - b. Rules for JV play will be agreed upon by the region in order to provide developmental atmosphere and to accommodate facility conflicts.
4. The visiting team will take the field at 3:00 pm; the home team will take the field at 3:15 pm.
5. The home team will be responsible for:
 - a. Providing an official scorekeeper (a responsible adult) and SCOREBOOK! It must be a hardcopy book. Gamechangers DOES NOT count as a scorebook!
 - b. Providing two (2) new game balls (same ball as used in State)
 - c. Paying the officials
 - d. Field management
 - e. Calling the media with games results
6. Line Up Cards need to have First and Last names, numbers, and positions.
7. Postponed games will follow the UHSAA suspended game procedures.
 - a. The home team will call their opponent and the officials by 12:00 noon.
 - b. Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principals.
 - c. Priority should be given to region games.

- d. In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second-round field will be reversed.

- 8. Teams agree to accept all National Federation Rules.
- 9. Music will be provided by the home, as per the coaches agreeing to this at the Region Meeting in March.
- 10. Videotaping of games is by playing teams only.
- 11. One region trophy will be awarded to the first-place team.
- 12. All seniors nominated for Academic All-State will receive Academic All-Region.
- 13. Coaches meeting to select All-Region teams will be held (TBA)
- 14. Pitching distance will be 43 feet.
- 15. Senior recognition day will be kept to a ten (10) minute maximum according to general policy.
- 16. Region Administration representative will be responsible for producing and awarding All-Region awards.

Softball Schedule 2026-27

Tuesday, April 13th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Wednesday, April 14th

Weber @ Layton
Davis @ Syracuse
Farmington - BYE

Friday, April 16th

Layton @ Weber
Syracuse @ Davis
Farmington - BYE

Tuesday, April 20th

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Wednesday, April 21st

Layton @ Davis
Farmington @ Weber
Syracuse – BYE

Friday, April 23rd

Davis @ Layton
Weber @ Farmington
Syracuse - BYE

Tuesday, April 27th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Wednesday, April 28th

Davis @ Farmington
Syracuse @ Layton
Weber – BYE

Friday, April 30th

Farmington @ Davis
Layton @ Syracuse
Weber – BYE

Tuesday, May 4th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Wednesday, May 5th

Farmington @ Syracuse
Weber @ Davis
Layton – BYE

Friday, May 7th

Syracuse @ Farmington
Davis @ Weber
Layton – BYE

Tuesday, May 11th

Syracuse @ Weber
Layton @ Farmington
Davis – BYE

Wednesday, May 12th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

Friday, May 14th

Weber @ Syracuse
Farmington @ Layton
Davis – BYE

BOYS & GIRLS TRACK AND FIELD RULES 2026-27

RESPONSIBLE SCHOOL: DAVIS HIGH SCHOOL

IMPORTANT DATES

Start Date:	March 1, 2027
First Game:	March 8, 2027
Game Limit:	12 Meets per individual 8 qualifying meets MAX in addition to Region
State Entry Deadline:	May 17, 2027
State Meet:	May 20 th & 22 nd
Moratorium:	June 29 – July 5 August 30 – September 26 November 26 - 29 December 21 – 25; January 1, 2027 June 28 – July 4, 2027

1. All Region track meets will be held on Wednesdays with the exception of shortened weeks for school breaks.
2. It is recommended that each host school provide a minimum of five paid qualified adults (suggested pay is \$25 each) to help officiate the meet.
3. Dual/Tri meets will start at 3:00 p.m. The field events will begin at 3:00pm and the track events will start at 3:15 with the 4x800m relay. If agreed upon by all coaches involved in the meet, the girls 3200-meter run may be run with the boys 3200 meter run as well as the 4x800 relay. It is suggested that all schools follow procedure to provide consistency with the administration of dual/tri meets.
4. In dual/tri meets, athletes are limited to four (4) events. Field event participants will have four (4) throws or four (4) jumps only. Top 3 places will score in dual meets (5-3-1; relays 5-0) and the top 4 places will score in tri-meets (5-3-2-1; relays 5-3).
5. If a track meet is not held because of inclement weather or field conditions, rescheduling will be decided by the coaches, principals, and athletic directors of the schools involved. Cancellation must be approved by the principals and athletic directors of the schools involved. The host school should notify other participating schools of a cancellation by 12:00pm.
6. Each school is allowed 6 entries per event and the winner of the lane races automatically advances to finals then the remaining top times for the remaining spots.
7. The top eight (8) times for lane events (regardless of heat placing) and the top nine (9) marks for field events will advance to the finals at the region championships. Top 8 places will score in each event.
8. Medals will be awarded to the top five (5) finishers in each individual event and the first-place relay teams for the Region Championships, with a trophy awarded to the first-place team.
9. Each school will be responsible for staffing/running one (1) field event for the Region Championships and the Sophomore Region Meet.

Track & Field Schedule 2026-27

Wednesday, March 17th

Weber, Layton @ Syracuse

Davis @ Farmington

Wednesday, March 24th

Farmington Super Meet

Wednesday, March 31st & Thursday, April 1st

Ogden/Weber City County & Davis Championships

Wednesday, March 7th & Thursday, April 8th

Ogden/Weber City County & Davis Championships

Wednesday, April 14th

Syracuse, Farmington @ Layton

Davis @ Weber

Wednesday, April 21st

Weber, Layton @ Farmington

Layton @ Davis

Wednesday, April 28th

Farmington, Syracuse @ Weber

Layton @ Davis

Wednesday, May 5th

JV Region Meet @ Layton

Wednesday, May 12th & Thursday, May 13th

Region Championship @ Davis High School

Region Track & Field Suggested Time Schedule

3:00	Girls Discus	Boys to follow
	Girls High Jump	Boys to follow
	Girls Pole Vault	Boys to follow
	Boys Javelin	Girls to follow
	Boys Shot Put	Girls to follow
	Boys Long Jump	Girls to follow
3:15	*Girls and Boys 4x800 Relay (Combined)	
3:25	Girls 100 M Hurdles	
3:30	Boys 110 M Hurdles	
3:35	Girls 100 M Dash	
3:45	Boys 100 M Dash	
3:55	Girls 4x200 Relay	
4:00	Boys 4x200 Relay	
4:05	Girls 1600 M Run	
4:15	Boys 1600 M Run	
4:25	Girls 4 x 100 M Relay	
4:30	Boys 4 x 100 M Relay	
4:35	Girls 400 M Dash	
4:40	Boys 400 M Dash	
4:45	Girls 300 M Hurdles	
4:50	Boys 300 M Hurdles	
4:55	Girls 800 M Run	
5:10	Boys 800 M Run	
5:25	Girls 200 M Dash	
5:35	Boys 200 M Dash	
5:45	*Girls & Boys 3200 M Run (Combined)	
6:00	Girls 4 x 400 M Relay	
6:10	Boys 4 x 400 M Relay	

Events will be moved ahead of time schedule if possible. Athletes should report to the starting line or their respective field events areas by second call or they will be scratched from the event.

*Girls and boys 3200m run and 4x800 relay can be separated if there are enough participants.

SPEECH AND DEBATE GUIDELINES 2026-27

RESPONSIBLE SCHOOL – Layton High School

IMPORTANT DATES

Moratorium

June 30 – July 6
November 27 – 30
December 21 – 25; January 1
June 29 – July 5, 2027

Region 1 Speech and Debate Meet during the coming season:

- February 21, 2025 @ TBD

School Entry Deadline: 4 weeks prior to the tournament

- Student participant entry deadline: 2 weeks prior to the tournament

State Championships

- March 13th & 14th @ Corner Canyon High School

The deadline for State participant entries being returned to the Region Representative will be TBD, after which the Region Representative will submit them to the UHSAA and State Forensics Representative.

2026-27 Region Representative: Nathan Gilman, Layton High School

No Speech/Debate meet(s) may be held prior to the UHSAA Speech/Debate season beginning date.

Fees:

Schools will not be charged any fees. Neither for individual entries, team entries, or missing judges. The running of the Region Tournament is paid for by UHSAA.

Participants:

Students may double enter in one (1) speech event and one (1) debate event but may not double enter in two (2) speech events or two (2) debate events.

The events offered at region will model the state tournament, which as of 2024 are:

1. Lincoln Douglas Debate
2. Policy Debate
3. Public Forum
4. Impromptu
5. Oratory
6. Informative Speaking
7. Interpretive Speaking (Combined)
 - a. Humorous Interp, Dramatic Interp, POI (Duo not offered)
8. United States Extemporaneous Speaking (aka National Extemp)
9. International Extemporaneous Speaking (aka Foreign Extemp)
10. Student Congress

There will be a cap of four (4) participants/teams per event from each school.

There is no team cap of participants other than the limits of each event.

Judging Obligations & Requirements:

The burden of judges will be as follows:

- One judge for every two (2) Debate teams/participants
- One judge for every six (6) Speech participants/teams
- One judge for Student Congress (if bringing participants in this event)

Judges should not know any competitor in a round. Whenever possible parents should not judge a round with students from their school. When that is unavoidable, the judge must not personally know any of the students from their school.

Rounds:

The Region Tournament will consist of four (4) rounds for all events.

- The four speech rounds will be held in the morning, beginning at 8:00 a.m. and will have no break or final rounds.
- The four debate rounds will be held after that and will consist of two (2) randomly paired rounds, followed by the remaining two rounds that will be power-matched, following the method of matching used at the state tournament.
 - Congress will have two, 2 ½ hour sessions.
 - Policy will have 3 rounds, the first being randomly paired, then the second and third rounds being power-matched.

Parings:

Participants will be randomly placed in panels for their events, if not specified differently above.

Congress Pairings

Competitors will make up 1-2 Congressional houses with a maximum of 25 competitors and a minimum of 13.

Reimbursement:

The Utah High School Association will pay for Judges (\$10 per round) at the Region Tournament. Food will be arranged by the host school, Region representative and Tournament director.

Medals:

1st through 5th place medallions will be awarded to participants, and the Utah High School Association will pay for those.

Fines:

Fines will be assessed to schools responsible for building damage

Topics:

All Debate (Lincoln Douglas, Policy, and Public Forum) topics for the region tournament will be the same as the state tournament topics.

The Congress topics docket will be the same as the State docket if it has been released by the State tournament director two weeks prior to the Region tournament. If these topics have not been released, the docket will be made up of 2 pieces of legislation chosen by each school from the current year's collection of legislation provided through the Utah Debate Coaches Association. The order of the docket will be determined by the host school and will be published at least two (2) weeks prior to the tournament.

Impromptu and Extemp topics will be provided by the host school.

Oratories/Interps:

All coaches are responsible to check off their competitors' oratories and interps. In Oratories, quoted and paraphrased material must be highlighted and numbered (Only 10% may be quoted or paraphrased). Participants should have a hard copy of their script on hand at the tournament in case of any questions.

Use of Artificial Intelligence:

The region tournament will follow the current policy for internet-enabled devices provided by the [NSDA](#), as well as any guidelines or rules set forward by the Utah Debate Coaches Association.

Inappropriate use of AI during the region tournament will result in a forfeiture of the round. Whether or not an action is inappropriate will be decided between the coach of the alleged offender(s) and the host of the tournament, along with other coaches present—as deemed necessary by either party. One coach from each school present will then be notified of the offense and will vote whether to disqualify the competitor(s) from the whole tournament, with a simple majority of all schools present deciding. The coach of the offending party will not participate in this vote. In the event of a tied vote, the tournament host will make a final decision.

Sweepstakes/ Quartiling:

All contestants (including disqualifications, drops the day of the tournament, no shows, etc.) in each category shall be ranked in order of finish. The category shall then be divided into equal fourths. Odd numbers shall be placed in the highest fourth possible (one odd number shall be added to the first quarter; two odd numbers shall add one to each of the two highest quarters, etc.).

Once all results are in for an event, the coaches from each school present will work together to quartile the final placements. They must agree unanimously on where to separate the different quartiles within each event. All efforts should be made to have the top half of the quartiles be equal to the bottom half, as well as all efforts should be made to have each quartile as equal as possible. If there is not a clean way to quartile, the coaches must decide together the best option and unanimously decide the quartiling.

After each event is quartiled, the total number of points will be calculated by a coach, then double checked by a different coach, from a different school.

The points when quartiling will use the following scale:

- The 1st quartile of competitors will be awarded superior ratings (5 points).
- The 2nd quartile will be awarded excellence ratings (3 points).
- The 3rd quartile will be awarded good ratings (1 points).
- The 4th quartile will be awarded fair ratings (0 point).

ALL events (including Policy and Public Forum) will be scored the same.

When quartiling sweepstakes points for Student Congress, high and low ballots will be dropped.

Speaker points will not be used to determine tie breakers in quartiling but may be used to determine tie breakers for the purposes of giving individual awards at the tournament.

Any participant who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points.

If two schools tie for either 1st or 2nd place sweepstakes, the following tie-breaking procedure will be followed:

- The lowest total ranking score in all events wins the tie.
- Policy, Public Forum, and Lincoln-Douglas Debate will be broken with 1 for wins and 3 for loss.
- Congress will quartile by judge.
- Only ties for 1st and 2nd place sweepstakes will be broken, all other sweepstakes ties will be listed and announced as ties.

State Tournament Eligibility

The top 50% of teams that participated are eligible for a full slate at the State tournament.

The top 10 in each event at region qualify to state, or 50% of the field in that event, whichever is greater.

Disputes

In the event that a dispute arises which is not covered by Region guidelines, State rules will be deferred to. In the event that disputes are not covered by Region or State guidelines, Coaches will determine, by a majority vote, how to resolve the dispute.

MUSIC GUIDELINES 2026-27

RESPONSIBLE SCHOOL: DAVIS HIGH

Region 1 Music Chair: Marci May (Davis High) – mmay@dsdmail.net

Region 1 Music Events

2026-27

- All-State Choir October 8-10 @ Taylorsville/SLC Tabernacle
- Red Rocks/State Marching Band November 6-7 @ UTU
- All-State Band/Orchestra January 15-16 @ Abravanel Hall
- Men's & Women's State Honor Choir Festival January 22-23 @ Abravanel Hall
- UMEA All-State Jazz Band February 4-6
- UMEA Mid-Winter Professional Development Conference February 5-6 in St. George
- February 24 – Instrumental Region Solo and Ensemble entries submitted to Festival Host.
- March 2 – Vocal Region Solo and Ensemble entries submitted to Festival Host.
- Region Jazz Wednesday, February 24 (A Day) @ **FARMINGTON** 4:00
- Training Choir Festival Tuesday, March 2 (A Day) @ **WEBER** 2:00
 - Each school may bring their training/non-auditioned choirs. Not a state qualifying event.
- Instrumental Solo and Ensemble Wednesday, March 10 (A Day) @ **DAVIS** 3:30
 - Davis will be the permanent site for this event. All band/orchestra directors have agreed to rotate the duties of finding judges and scheduling this.
 - **SYRACUSE** will coordinate.
 - Directors should screen entries for quality control.
- Vocal/Piano Solo and Ensemble Tuesday, March 16 (B Day) @ **LAYTON**
 - Chamber Choirs @ 2:00, Solo & Ensemble @ 4:30
 - Entry guidelines below.
- State Jazz Band March 19-20 @ Alta (location is tentative)
- Band Large Group Wednesday, March 24 (A Day) @ **LAYTON** 4:00
- Orchestra Large Group Thursday, March 25 (B Day) @ **SYRACUSE** 2:00

- April 2nd (tentative) - State Solo & Ensemble (Band, Choir and Orchestra) entries submitted to state.
- Choir Large Group Wednesday, April 14 (A Day) @ **DAVIS**
 - a. SSAA/TTBB Groups @ 2:00, SATB Groups @ 5:00 – depending on festival schedule
- State Solo & Ensemble May 1st @ Woods Cross HS
- State Orchestra Large Group May 3-5 @ TBA
- State Band Large Group May 6-8 @ TBA
- State Choir Large Group May 13-15 @ Libby Gardner Hall, U of U

Vocal/Piano Solo and Ensemble Entry Guidelines:

Each school may bring:

- 1 Chamber Choir - SATB (32 students max. on stage - not included in maximum number)
- 4 Piano (not included in maximum number)
- 4 from each of the following categories: soprano solo, alto solo, tenor solo, bass solo, SSA ensembles, TTB ensembles, SATB ensembles – 28 maximum
- 6 wildcard entries: no more than 2 per category and must fit within the 28 Max.
- Harp solos (not counted as piano, but must fit within the 28 Max.) Do not send harp to instrumental festival.

General Instructions:

- Please refer to the [UHSAA Handbook](#) for rules and regulations.
- All students participating in Region/State Solo and Ensemble Festival must meet UHSAA eligibility standards. Each school must submit the [UHSAA Eligibility Form](#) – email to submit@uhsaa.org **Due March 4th (Tentative)**
- All large ensemble members are required to be audience participants.
- All schools participating in vocal music festivals must be members of the school's vocal music program. Piano students may be in ANY school music ensemble (band, choir or orchestra).
- All students participating in instrumental music festivals must be members of the school's instrumental music program.
- Festival hosts are to ensure that adjudicators are paid within two weeks of the festival date.
- Instrumental Solo and Ensemble coordinators will oversee finding quality, certified adjudicators for the event. The host will communicate what judges are needed. Coordinators will make sure [judging contracts](#) and [disclosures](#) have been provided and signed, adjudicators are scheduled and paperwork is turned in to the region music chair for adjudicator payment. Coordinators will

also arrange for hospitality (food) for adjudicators and directors (turn in receipts to the region music chair for reimbursement). The host will create the schedule for the event and turn copied adjudication forms into the region chair.

- Directors are responsible for providing their own festival adjudication forms and an original piece of music (one for each adjudicator). Fillable forms are on the [USHAA Music](#) page.

Region 1 Music Directors			
School	Class	Name	Email
Davis	Band	Mike Crookston	microokston@dsdmail.net
Farmington	Band	Brek Mangelson	bmangelson@dsdmail.net
Layton	Band	Jim Follett	jifollett@dsdmail.net
Syracuse	Band	Wyatt Gilles	wgilles@dsdmail.net
Weber	Band	Taylor Van Bibber	tavan@wsd.net
Davis	Choir	Marci May	mmay@dsdmail.net
Farmington	Choir	Becca Rhodes	brhodes@dsdmail.net
Layton	Choir	Angie Petty	apetty@dsdmail.net
Syracuse	Choir	Nathan Egan	naegan@dsdmail.net
Weber	Choir	Caleb Saunders	casaunders@wsd.net
Davis	Orchestra	Erik Kochenderfer	erkochenderfer@dsdmail.net
Farmington	Orchestra	Sarah Silva	ssilva@dsdmail.net
Layton	Orchestra	Brooklynn Bowen	brbowen@dsdmail.net
Syracuse	Orchestra	Cheryl Ellery	cellery@dsdmail.net
Weber	Orchestra	Melanie Lucas	melucas@wsd.net
Region Purse - Farmington	Secretary	Susan Spencer	sspencer@dsdmail.net

Region 1 Music Directors			
School	Class	Name	Email
Davis	Band	Mike Crookston	microokston@dsdmail.net
Farmington	Band	Brek Mangelson	bmangelson@dsdmail.net
Layton	Band	Jim Follett	jfollett@dsdmail.net
Syracuse	Band	Wyatt Gilles	wgilles@dsdmail.net
Weber	Band	Taylor Van Bibber	tavan@wsd.net
Davis	Choir	Marci May	mmay@dsdmail.net
Farmington	Choir	Becca Rhodes	brhodes@dsdmail.net
Layton	Choir	Angie Petty	apetty@dsdmail.net
Syracuse	Choir	Nathan Egan	naegan@dsdmail.net
Weber	Choir	Caleb Saunders	casaunders@wsd.net
Davis	Orchestra	Erik Kochenderfer	ekochenderfer@dsdmail.net
Farmington	Orchestra	Sarah Silva	ssilva@dsdmail.net
Layton	Orchestra	Edwin Brown	edwbrown@dsdmail.net
Syracuse	Orchestra	Cheryl Ellery	cellery@dsdmail.net
Weber	Orchestra	Melanie Lucas	melucas@wsd.net

Region Purse – Farmington: Susan Spencer, Secretary SSpencer@dsdmail.net

THEATRE GUIDELINES 2026-27
RESPONSIBLE SCHOOL: SYRACUSE HIGH SCHOOL

2026-27 Co-Region Reps –
Christine Detweiler cdetweiler@dmail.net and Mark Daniels (MDaniels@wsd.net)

REGION	Friday, March 12 th – Region One-Act Play Competition at Syracuse High School
	Saturday, March 13 th – Region Individual Event Theatre Competition at Farmington High School
STATE	April 22 nd -23 rd – One Act's at Riverton High School April 24 th – I.E's at Copper Hills High School

1. Dates and location for the Region Competition plays and individual events will be determined at the annual spring planning meeting held the preceding year. Tradition dictates that the competition plays, and the individual events are held during the first week of April or the end of March. State drama competition is always held at a predetermined high school on the third weekend of April.
2. Individual event judges will be compensated at each meet as follows as per UHSAA:
 - a. \$100 for a half-day
 - b. \$200 for a full day
 - c. Payment will be based on the duration of the judge's time at the event.
3. The competition play and individual event competition will follow the state rules that are printed in the current edition of the UHSAA handbook.
4. Alumni less than 3 years, or student teachers from any of the seven Region I schools will not be used as judges for any portion of the competition or individual event competition.
5. All Region drama advisors will meet one month prior to the region competitions to discuss judges, starting times, qualifying and any other business deemed necessary before the region tournaments.
6. Participating schools will make a concerted effort to send a team that includes students in each event category, while recognizing that fielding a full slate may not always be feasible. However, the inability to do so does not constitute a breach of contract.
7. Theater coaches have responsibility for supervision of their students at the Region and State competition and cannot send them with parents or individually.

HOW DOES A PLAY OR INDIVIDUAL PERFORMANCE QUALIFY FOR STATE?

- For 3A, 4A, 5A & 6A, at the region level, competitors receiving 60 points or higher, qualify to move on to state competition regardless of their rankings.
- At the region level, all performances that advance to the final medals round will automatically qualify for state, even if they did not receive 60 or more points from their previous rounds.

- At the region level, the top 3 ranked play entries will qualify for state regardless of their cumulative points. In addition, for 3A, 4A, 5A, 6A, if there are any other plays that received a total of 120 points, they will also advance to state. For 1A and 2A, if there are any other plays that received a total of 110 points, they will also advance to state.

JUDGING INDIVIDUAL EVENTS AT UHSAA REGION AND STATE DRAMA

- A judge CANNOT be any individual who has previously worked with any participant in a theatre coaching capacity. In addition, relatives of any participant, coach, student teacher or teacher may not judge the competition in any capacity, even if they do not judge the student they are related to. If they are related to any one of the participants in the competition, they are ineligible to judge the entire competition.
- All judges must be out of high school for at least 3 years before judging.
- Any contestant who knowingly allows themselves to be judged by any of the ineligible judges listed above, without informing the meet directors shall be ruled ineligible.
- A judges meeting will be held prior to each meet where rules and regulations will be reviewed with ALL participating judges by the meet director ONLY. The format and content of this meeting MUST follow the agenda found on the UHSAA website.
- All individual event pieces will be performed for three different judges in three different rounds of approximately 6 (but no less than 4) pieces per round. Judges will rank pieces 1-4 (any piece lower than 4 also receives a 4). If there are not enough entries to slate pieces in 3 rounds, you may put them all in one.
- At the region level, it is suggested that the 3 One-Act judges be acquired by 3 different schools. A One-Act judge is not allowed to judge in the same region 2 years in a row.
- A judge's final score must be whole numbers up to 25 points per round for individual events and up to 50 points per judge for the One Act plays.
- The top 5-8 ranked pieces in each individual event will participate in a final medal round. This will be determined in the following manner: a performance's 3 rankings will be totaled and the 5-8 pieces with the smallest total ranking are chosen for the final medals round. If a clear break cannot be determined to separate 5-8 pieces that will advance based solely on rank, the highest numerical scores can then be used as a tiebreaker. Meet director will determine that number in advance.
- In the final medals round, 3 judges watch all 5-8 performances together. When all have performed, each judge, without consulting with the other judges, ranks the pieces 1-6 (any piece lower than 6 also receives a 6)
- In the medals round, 1st, 2nd, and 3rd Place in each individual event will be determined by adding up the rankings given from all three judges in the medals round. The lowest cumulative ranking wins 1st Place, second lowest, 2nd Place, third lowest, 3rd Place. "In the event of a tie, the meet director will return to the highest cumulative scores given on the medals round ballots and add those numerical scores as an additional level of evidence for placing. Highest scores will break the tie. Ties will be rare, but can happen.

- Any school that does not provide the specified number of judges for the State meet will be fined. It is highly recommended that regions follow this guideline as well.
- If one-acts and individual events are held on separate dates, you must not reveal any results until after all results are in. For example, don't announce who won the one-act competition until you can announce who won sweepstakes.
- In all drama meets, a judge must never be alone with a competitor and must always have another competitor, performer, judge, time keeper, parent or observer present in the room for protection of both the judge and the student.
- Adherence to the time limits and subsequent consequences for time violations shall be followed. Time limits and procedures are posted on individual ballots and will be dealt with in the tabulation room by the meet director.
- Clerical errors in results may be corrected up to 72 hours after the conclusion of the meet. A team must file a written protest on behalf of an entry to the UHSAA within that time period. 72 hours after the conclusion of the meet, results will stand.
- All judging exceptions may be made in extenuating circumstances by consensus of meet directors.