

# **REGION HANDBOOK**

## **2025-2026**

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## Disclosure Statement

A local school board shall require the development of activity disclosure statements for each school-sponsored group, club or program which involves students and faculty in grades 9 through 12 in contests, performances, events or other activities that require them to miss normal class time or take place outside regular school time.

The activity disclosure statements shall be disseminated to the students desiring involvement in region the specific activity or to the students' parents or legal guardians or to both students and their parents.

An activity disclosure statement shall contain the following information:

- The specific name of the club, team, group or activity
- The maximum number of students involved
- Whether or not tryouts are used to select students, specifying date and time requirements for tryouts, if applicable
- Beginning and ending dates of the activity
- A tentative schedule of the events, performances, games or the other activities with dates, times and places specified if available
- If applicable, designation of any non-season events or activities, including an indication of the statue, required; expected, suggested or optional, with the dates, times and places specified if available      Personal costs associated with the activity
- The name of the school employee responsible for the activity
- Any additional information considered important for the students and parents to know

## Policies and Procedures for Athletic Contests

### Administration

- Schools and individuals are subject to sanction by the Region 11 Board of Managers for any misconduct. The Region 11 Board of Managers reserves the right to discipline member schools and/or individuals according to the provisions of the current UHSAA handbook. (See Penalties)
- The principal or designee is responsible for the conduct and control of his/her school. The principal or designee should identify himself/herself to the host school prior to the start of the competition. Schools are advised to have adequate security for certain activities based on the needs of the school.

- Updated contact list of all coaches, administration, AD, etc. will be kept by schools on a spreadsheet in a shared region drive. .
- Failure to abide by Region rules and/or guidelines may result in the offending school, coach or advisor being disciplined. The Region 11 Board of Managers will determine the nature of the discipline. (See Penalties)
- All region schools declare which sports they are going to participate in at the beginning of the school year. No entry will be accepted after the starting of the sport. Unless there are more than 50% of Region 11 schools participating in UHSAA sanctioned activities, the Region will not sponsor that event. Any cancellation of Varsity or sub varsity games after the start of the season could result in a possible fine.
- Moratorium: No practices or games may be scheduled during the officially established moratorium dates. A fine may be assessed to the offending school or directly to the coach after the Region Board of Managers has discussed the details of the issue presented. It may also be reported to the UHSAA and submitted by the Region Chair. This fine could be up to \$300.00 on the first offense and is assessed to the school/school/coach of the sport in violation. (Reference the UHSAA Calendar for Moratorium Dates)
- The region will not financially support coaches meetings, unless previously approved.
- Individual coaches must contact their AD/Admin then that individual will reach out to the Region Sport Chairperson over that sport with specific questions. They should not communicate with the region chair directly.

### **Region Chair Duties:**

1. Conduct all meetings pertinent to respective activity.
2. Coordinate and manage all region competitions and tournaments of respective activity.
3. Select (through individual sports policy) and honor respective All-Region teams where applicable.
4. Be a direct liaison to the Region Board of Managers.
5. Be responsible for all awards, trophies, medals, etc. pertinent to respective activity.

## **Sport Chair Person Assignments:**

| <b>Activity</b>    | <b>School</b> | <b>Email</b>                |  | <b>Chairperson</b> |
|--------------------|---------------|-----------------------------|--|--------------------|
| Baseball           | Bear River    | clay.chournos@besd.net      |  | Clay Chournos      |
| Boys Basketball    | Mtn. Crest    | kevin.andersen@ccsdut.org   |  | Kevin Andersen     |
| Boys Golf          | Tooele        | cvaldez@tooeleschools.org   |  | Cody Valdez        |
| Boys Lacrosse      | Green Canyon  | missy.stuart@ccsdut.org     |  | Missy Stuart       |
| Boys Soccer        | Sky View      | ryan.grunig@ccsdut.org      |  | Ryan Grunig        |
| Boys Tennis        | Green Canyon  | missy.stuart@ccsdut.org     |  | Missy Stuart       |
| Boys Volleyball    | Ridgeline     | weston.zabriskie@ccsdut.org |  | Weston Zabriskie   |
| Cheer              | Ridgeline     | weston.zabriskie@ccsdut.org |  | Weston Zabriskie   |
| Cross Country      | Mtn. Crest    | kevin.andersen@ccsdut.org   |  | Kevin Andersen     |
| Debate             | Tooele        | cvaldez@tooeleschools.org   |  | Cody Valdez        |
| Drama              | Sky View      | ryan.grunig@ccsdut.org      |  | Ryan Grunig        |
| Drill              | Deseret Peak  | mparker@tooeleschools.org   |  | Matt Parker        |
| Football           | Stansbury     | twilson@tooeleschools.org   |  | Trever Wilson      |
| Girls Basketball   | Mtn. Crest    | kevin.andersen@ccsdut.org   |  | Kevin Andersen     |
| Girls Golf         | Tooele        | cvaldez@tooeleschools.org   |  | Cody Valdez        |
| Girls Lacrosse     | Bear River    | clay.chournos@besd.net      |  | Clay Chournos      |
| Girls Soccer       | Sky View      | ryan.grunig@ccsdut.org      |  | Ryan Grunig        |
| Girls Tennis       | Green Canyon  | missy.stuart@ccsdut.org     |  | Missy Stuart       |
| Instrumental Music | Green Canyon  | missy.stuart@ccsdut.org     |  | Missy Stuart       |
| Softball           | Bear River    | clay.chournos@besd.net      |  | Clay Chournos      |
| Swimming           | Deseret Peak  | abouwhuis@tooeleschools.org |  | Andee Bouwhuis     |
| Track and Field    | Ridgeline     | weston.zabriskie@ccsdut.org |  | Weston Zabriskie   |
| Vocal Music        | Green Canyon  | missy.stuart@ccsdut.org     |  | Missy Stuart       |
| Girls Volleyball   | Stansbury     | ewilford@tooeleschools.org  |  | Ethan Wilford      |
| Wrestling          | Stansbury     | twilson@tooeleschools.org   |  | Trever Wilson      |
| E Sports           | Bear River    | clay.chournos@besd.net      |  | Clay Chournos      |

## **Supervision at Region Events**

- It is the responsibility of the host school to provide adequate general supervision for the activity.
- Visiting schools will provide supervision for football, basketball, lacrosse, wrestling, and soccer.
- Any school hosting a region tournament or dual competition, for varsity, is responsible for providing adequate administrative supervision of the activity. There must be administrative supervision from the opposing school if there is a sponsored group of students from their school attending the activity.
- School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.
- It is the responsibility of the chair of each individual activity to see that region tournaments and meets are planned and well organized with region admission charged where appropriate(See Region Chair Duties)
- Forfeitures are to be approved by the Region 11 Board of Managers. However, during a game the officials have that authority.

## **Failure to Participate:**

The failure of a team to participate in a scheduled contest without prior mutual consent and board approval at all levels, including Varsity, J.V., Sophomore, Etc., will result in a fine of \$100.00 payable to the Region Board plus reimbursement for the cost of any officials.

## **Number of Games:**

Teams which exceed the number of games allowed in any season will forfeit from their region schedule the number of games exceeding the limit, beginning with game number one and proceeding on until the excess number is equaled. The Region Board of Managers may impose a fine or written reprimand for first infractions of this policy. The Region Board of Managers may also impose suspensions if warranted. These instances will be handled by the Region Board of Managers case by case. It is the duty of the member school to notify the Region Board of Managers when this infraction has occurred. (See Penalties)

## **Penalties:**

Region 11 upon having knowledge of an infraction of a rule or policy in assessing penalties may initiate action. Region 11 Board of Managers may consider any of the following:

1. Forfeiture of contests of rules violations, etc.

2. Reprimand by official letter to individual(s) and/or school in regard to the offense committed with a warning to correct the situation(s).
3. Probation of individual(s) and/or school by official letter advising parties of the probationary status and the conditions of probation.
4. Restrictions which would restrict individual(s) and/or school in region, group of state activities.
5. Suspension would result in dropping the school from membership in region activities for a specified time period.
6. Fines to the coach, principal and/or school may be assessed.

**All Penalties imposed by the Region 11 Board of Managers are final.**

## **Trophies and Awards**

|                         |                                                                                                                                       |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------|
| <b>Baseball</b>         | <b>1 Region Trophy</b>                                                                                                                |
| <b>Basketball</b>       | <b>1 Region Trophy EACH</b>                                                                                                           |
| <b>Cross Country</b>    | <b>1 Region Trophy EACH<br/>15 Medals EACH for places V- 1st-15th<br/>JV- 1st-15th (not Jostens medals)</b>                           |
| <b>Drama</b>            | <b>1st and 2nd place trophies for "Sweepstakes"<br/>3rd place plaque for "Sweepstakes"<br/>1st place trophy for "One Act Play"</b>    |
| <b>Drill</b>            | <b>1 Region Trophy<br/>9 Plaques- 1st-3rd place in each category<br/>3 Medals- 1st-3rd Drill Down</b>                                 |
| <b>Football</b>         | <b>1 Region Trophy</b>                                                                                                                |
| <b>Forensics/Debate</b> | <b>1 Region Trophy<br/>See Debate page for all other awards</b>                                                                       |
| <b>Golf</b>             | <b>1 Region Trophy EACH<br/>12 Medals EACH for 1st-12th Low Medalists</b>                                                             |
| <b>Lacrosse</b>         | <b>1 Region Trophy EACH</b>                                                                                                           |
| <b>Music</b>            | <b>Certificates printed by each individual school, if they choose to do so.</b>                                                       |
| <b>Soccer</b>           | <b>1 Region Trophy EACH</b>                                                                                                           |
| <b>Softball</b>         | <b>1 Region Trophy</b>                                                                                                                |
| <b>Swimming</b>         | <b>1 Region Trophy EACH<br/>1st- 6th place Medals for each individual event<br/>1st-2nd place Medals for each relay (4 per place)</b> |
| <b>Tennis</b>           | <b>1 Region Trophy EACH<br/>1st-3rd place medals in all 5 categories</b>                                                              |
| <b>Track</b>            | <b>1 Region Trophy EACH<br/>1st- 6th place Medals for each individual event<br/>1st-2nd place Medals for each relay (4 per place)</b> |
| <b>Volleyball</b>       | <b>1 Region Trophy EACH</b>                                                                                                           |
| <b>Wrestling</b>        | <b>1 Region Trophy For Dual Meet EACH</b>                                                                                             |

## **Contest Limitations:**

### A. Definitions: [UHSAA Link](#)

1. Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity.
2. Tournament: Competition among four or more schools. B. The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., varsity, j.v., sophomore and freshman). State qualifying tournaments do NOT count in the contest limitation totals for cross country, golf, swimming, tennis, track, wrestling, and speech/debate (see Charity and drill team exceptions below).
3. Baseball: 25 games. Each game played counts as one game.
4. Basketball: 23 games if no region post-season tournament is held. 21 games, at all levels, if a post-season tournament is held. Each game played counts as one game.
5. Cross Country: 10 meets per individual. The UIAAA Cross Country Meet does not count toward the contest limitations.
6. Drill Team: 3 competitions and a regional competition (total of four). The live practicum does not count toward the contest limitations.
7. Football: 9 games. One additional varsity contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. Each game played counts as one game.
8. Golf: 10 meets. One (1) multi-day event may count as one (1) meet.
9. Lacrosse: 18 games. Each game played counts as one game.
10. Soccer: 17 games boys, 18 games girls. Each game played counts as one game.
11. Softball: 28 games. Each game played counts as one game.
12. Swimming: 14 meets per individual. Region Championship meet does not count.
13. Tennis: 18 matches per individual. Region Tournament tennis matches DO COUNT against contest limitations
14. Track: 12 meets per individual. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.
15. Volleyball: 28 matches. Each match played counts as one match. The following guidelines pertain to Varsity tournaments. No more than 8 total matches in a tournament and no more than 4 matches in a single day. Guidelines for Sub-Varsity tournaments:(2 out of 3): No more than 9

total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed 3 days.

16. Wrestling: Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 6 tournaments before the postseason qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.

17. Music: 3 contests per category.

18. Speech: 10 meets per individual.

## **Athlete Eligibility**

- See the UHSAA Handbook for eligibility requirements.
  - [UHSAA Link Here](#)
- Eligibility of participating students must follow guidelines of the current UHSAA handbook. Individual districts may add to the guidelines but may not subtract from them.
- Only full time students may be considered eligible to compete in interscholastic competition as deemed by the school district. Exceptions include alternative school eligibility and home/private school student participation.
- Students must earn a minimum of 2.0 GPA in the grading period previous to participation. Students also cannot fail more than one subject in the proceeding grading period.
- To establish academic eligibility for 1<sup>st</sup> term of a new school year, 4<sup>th</sup> term grade deficiencies must be made up in the same subject area by attending summer school, night school or by any other method acceptable to and by the deadline prior to the 1<sup>st</sup> term of the preceding year and shown on the student's transcript.
- During the school year (2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> terms), make up can only be done during the next quarter. For example, a student who fails multiple classes 1st term cannot go to an alternative school to make up the class and become eligible prior to the end of 2nd term.
- Eligibility will be determined on the day grades are posted.
- An Incomplete (I), no grade (NG), and no credits (NC) are considered failures (F) until made up.

## **Activity Guidelines**

- For all varsity events, the host school will provide someone to meet the bus and direct the visiting team to the locker room. Schools should also inform bus drivers where visiting team buses are to park. Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, taping tables and whiteboard. A key or a representative with a key will be provided for the visiting team for access to the

dressing room. If a key is issued, the visiting team must return it to the head coach or athletic director of the host school before departure.

- All students are expected to respect the facilities of the host school. Facilities will be opened to visiting schools one hour prior to the event start time. Flexibility is requested due to the distances we travel within the region. Visiting teams should quickly leave the court and field after each contest.
- Visiting Teams should respect the host school and stay in assigned areas. Please do not wander the halls and other areas.
- All schools must provide their own towels. Mat towels and first aid materials must be provided by the host school.
- All schools are responsible to bring their own locks and/or means of securing valuables. It is not the host school's responsibility to secure valuables. **Students are urged not to take excessive amounts of valuables with them in order to avoid potential problems.**
- All schools are expected to provide competent or adult scores, timers, chain crew for all varsity events. These personnel and all others who assist are officials and not spectators in their behaviors.
- Coaches should supervise locker rooms to ensure the safety, security and proper decorum. All dressing room facilities must be left in a clean and orderly manner. The visiting head coach will check facilities prior to departure of the visiting team and report violations to the host administrators.
- The host schools will provide an area from which to film and/or coach.
- All media needs to get prior approval from the principal or designee before broadcasting an event.
- The home team is responsible for score reporting, specifically MaxPreps.

- We support the guidelines issued by UHSAA concerning support items, in the state handbook. Drums are to be used only as part of the pep band, before the game, at the end of each quarter, at half-time, and official time-outs.
- No physical contact is allowed between opposing schools' mascots.
- Fans in the student section are not allowed to sit on the front row or stand on the floor in the gymnasium.
- Shirts must be worn at all times.
- The use of laser pointers is forbidden at all region events. The laser pointer will be confiscated and the spectator will be ejected from the event.
- Spectators are not allowed on playing fields or courts at any time, including halftimes and before and between games. After the game, no one will be allowed on the floor or field until visiting teams and officials have safely exited.

- Children under high school age are discouraged from being on the sideline, court or playing field.
- No masks or mask-like paintings are allowed. We need to be able to identify individual students.
- No Cow-Bells, Speaker Phones, Megaphones or noise making machines are allowed at any contest.

## **Sportsmanship**

- Each student body is to exhibit good sportsmanship. The administrators and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls or unsportsmanlike behavior.
- Coaches are responsible for the conduct of their athletes. No team or individual activity will be conducted to belittle or humiliate opponents, including violating the warm up area of the opposing team, organized post-game demonstrations on an opponent's floor or field. Infractions will be referred to the Region 11 Board of Managers for appropriate action.
- Racism will not be tolerated by our Region. We will follow the UHSAA policy in regards to discipline for member schools whose students, fans/patrons or players engage in such behavior. The Region 11 Board of Managers expects that if racist or derogatory comments are being made that the host schools administration will stop the contest and make an announcement to the entire student section or crowd that this behavior won't be tolerated. Removal of fans, parents/patrons or players is at the discretion of the host administration/athletic director and should be considered if the situation warrants it.
- A well-planned flag ceremony should be encouraged prior to the start of the event.
- Schools are encouraged to read a sportsmanship statement at all varsity athletic activities (example below):

“Ladies and gentlemen, welcome to \_\_\_\_\_ High School for (today’s event). We welcome our guests from \_\_\_\_\_ and wish all players good luck in tonight’s game. Both schools are members of the Utah High School Activities Association and support the statewide sportsmanship program **Raise-the-Bar**. Tonight’s game features the \_\_\_\_\_ versus \_\_\_\_\_! The Utah High School Activities Association encourages respect for all fans and participants tonight. Take the time to respect all who are attending and participating in this education-based activity setting. Respect others and expect to receive respect from others. Be inclusive in your behavior and **Do Rowdy Right**. Thank you for your cooperation and enjoy the game.”

***It is recommended that a flag ceremony/National Anthem be conducted at each event where possible.***

\* Activity should remain suspended until the flag ceremony is over including ticket and concession sales and entry to the event.

- *Post-game celebrations on the court or field are discouraged in order to avoid conflict and to show respect and positive sportsmanlike conduct.*
- After contests, the visiting team should exit the floor or field immediately.
- Team post-game talks should be held in the locker room (but must be brief), or on the bus. For Football, teams may choose to come out of the locker room at half with all their gear. That way when the contest is over, team meetings can happen on the field, on the visitors side. This decision will be left up to individual schools/teams.
- Defacement or improper behavior may result in sanctions by the Region 11 Board of Managers in accordance with the UHSAA policies and procedures outlined in the current UHSAA handbook.

## **Scheduling**

- A change of time or date of an activity may be affected only through inclement weather or unplayable fields or mutual agreement of **both schools' principals/athletic directors**. The host school must notify the arbiter of the change in time to notify officials.
- In case of calendar scheduling conflicts, region and varsity events take precedence over non-region events, non-varsity and practice in other activities.
- Spring Break Schedule Changes: Must be a mutual agreement of the schools' principals/athletic directors. Changes for spring break must be done before the sports – start date.
- All dates in this handbook are subject to change. Any date changes only require approval by the affected schools and do not need to be approved by the Board of Managers.
- Region schedules will be created with League Scheduler, at random, and given to member schools. There are some sports where League scheduler will not be used due to scheduling issues and region formats.

## **Officials**

- UHSAA arbiter or an approved association will assign officials for league events. Encouragement is given to local qualified people to participate in officiating through their local approved association.
- UHSAA arbiter will be used to assign all VARSITY contests in football, girls' and boys' basketball, girls' and boys' soccer, baseball, softball and wrestling.
- Host schools will arrange for all officials.
- All officials will be paid according to rates established by the UHSAA office.

- Host schools will provide for someone to meet officials and show them to their dressing rooms both before and after any event. Any misconduct of officials, including failure to show up or tardiness, is to be reported to the region chairperson in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the UHSAA office and to the arbiter involved.

## **DETERMINATION OF REGION CHAMPIONS AND PLACEMENT FOR STATE TOURNAMENT**

**Tie-Breaker Rule – The UHSAA RPI ratings will solve the majority of the tie-breaker situations as it relates to state tournament seeding. For those sports not using RPI, an established tie-breaker scenario is found in the sport specific guidelines.**

- Ties in win-loss records between teams for first place will result in Region Co-Champions being declared and duplicate trophies will be awarded.
- Sports conducting a region tournament or meet will determine a region champion using established criteria found in the sport specific guidelines.

## **All Region and Academic All Region Awards**

- All Region Awards will follow the guidelines set in the sport specific guidelines
  - MVP's are voted on by the coaches
- Academic All-Region selection will be varsity senior participants with a 3.75 or higher cumulative GPA. Schools will present their own awards. Region 11 Certificates are available for use by the schools.

## **Appeals Process**

- The **Appeals Process** for perceived violations of Region rules, ethics or fairness is as follows:
  - a. Attempts to mutually resolve the issue between the involved schools' representatives.
  - b. Referral to the Region representative over the activity for mediation.

- c. Referral to the Region Chair to facilitate a Region Board of Managers' resolution or decision.
- d. If the above steps do not provide satisfactory results as deemed by the Region Board of Managers, UHSAA mediation and support will be sought to give judgment or direction regarding the matter.

## **Region Events**

Schools hosting region events are responsible for all costs associated with the event including the payment of officials and judges. Schools will then submit reimbursement from the region with an itemized invoice detailing the expenses incurred. This will make sure that we are paying vendors and officials promptly.

## **Region Revenues**

- Region Dues: \$4,000
- Region Activity Admission Fee Schedule:

\$ 8.00 = per ticket including transaction fees

Free = Senior Citizens 62 and over and children 8 and under when accompanied by an adult

- Tickets will be sold at Varsity Football; Volleyball, Basketball; Wrestling & Region Tournaments prices. Ticket sales will begin 30 minutes before the first contest in the main gym.
- Money for state playoff games will follow state guidelines.
- During region tournaments, all admissions will be by ticket only. Team members, managers, bus drivers, cheerleaders, and coaches will be admitted free into region tournaments. Drill team members and band members will be admitted with a uniform only.
- There will be a limit of 50 plus 10 SBO (one person admission) Region Activity passes issued to each school. The region chair should give region passes to the district administration, transportation department, junior high principals, maintenance department and others deemed necessary.



G. Soccer- Monday and Wednesday 4 pm JV, 6 pm Varsity

B. Soccer- Tuesday and Friday 4 pm JV, 6 pm Varsity

Football- Day Prior JV 4 pm, Soph 6 pm; Varsity 7 pm

Lacrosse- Monday and Wednesday Girls: 4 V, 6 JV, Boys: 4 V, 6 JV

Track- Thursday 3 pm

Tennis- Tuesday and Thursday 3:30 pm

Swim- 3:30 pm

Baseball- 3:00

Softball- 3:30

Golf each team hosts an event

Basketball- S 3:30, JV FR 5:15, V 7:00

Wrestling- JV FR 4:30, Varsity 6:30

Volleyball- Soph 3:30 JV 5:00 V 6:30

Cross Country- Default 3:30

# Bear River High School

Principal: Dave Lee [david.lee@besd.net](mailto:david.lee@besd.net) (435)-720-3842

Athletic Director: Clay Chournos [clay.chournos@besd.net](mailto:clay.chournos@besd.net) (435)-279-3019

Directions: Address is 1450 S Main Garland, Ut 84312

Stadium: West of the main building. There are a couple of ways to access the stadium. The first is the parking lot that is North of the school. To access this go to the light on 1200 North and go West and then turn into the parking lot on the South Side of the road. This is best for all Stadium sports except football. The other way is to take the alley on the South side of the school and go around back. For football please park in the South bus lane on either side of the lane.

Gym: Inside the front part of the school. Enter through the front doors or the breezeway on the south side of the bus lane.

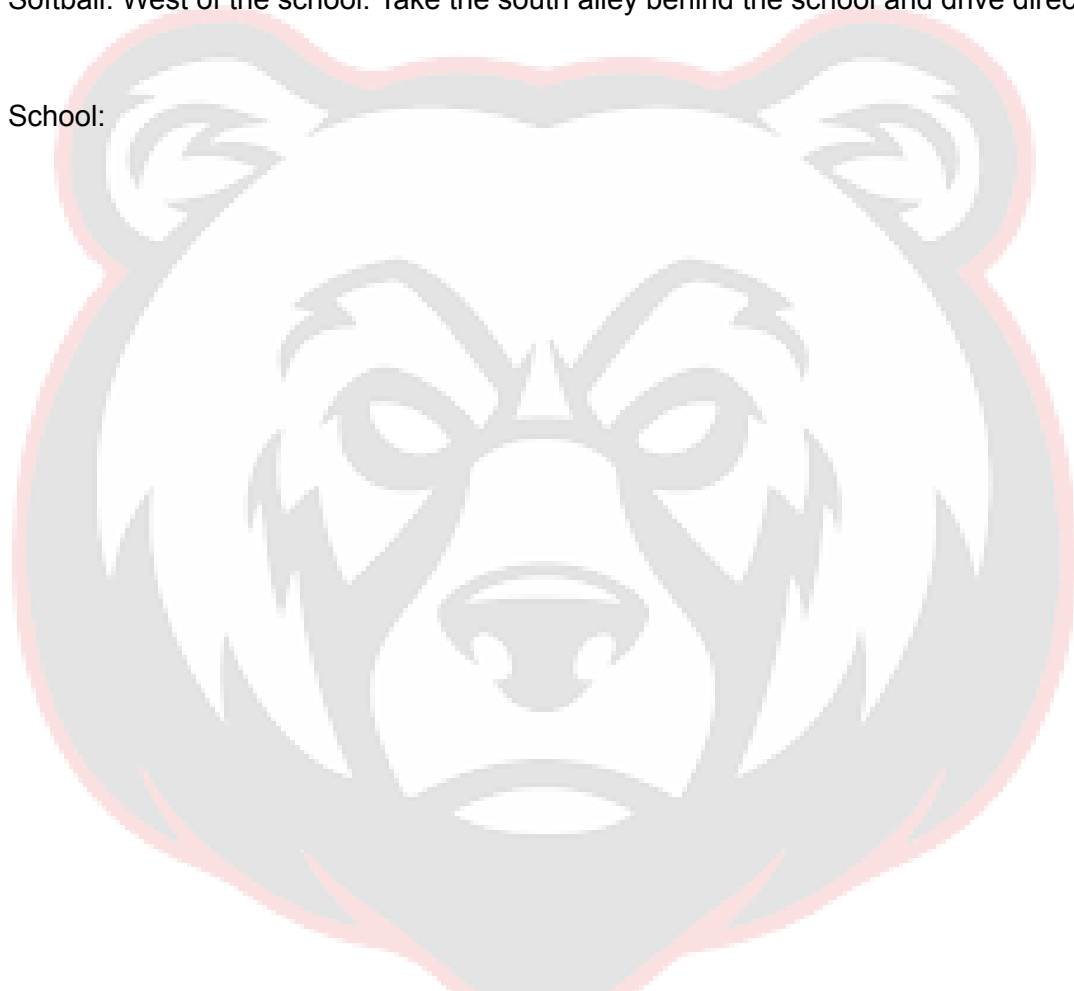
Pool: Across the street from the front of the school. Best for busses to park the lot North of the building or the lot south and across the street.

Tennis Courts: Behind the school. Take the south alley behind the school and drive directly West.

Baseball: West of the school. Take the south alley behind the school and drive directly West turn right at the tennis courts.

Softball: West of the school. Take the south alley behind the school and drive directly West.

School:



# Deseret Peak High School

**Principal:** Matt Parker [mparker@tooeleschools.org](mailto:mparker@tooeleschools.org) 435-884-7750 ( O ) 801-644-9529 ( C )

**Athletic Director:** Andee Bouwhuis [abouwhuis@tooeleschools.org](mailto:abouwhuis@tooeleschools.org) 435-843-3820 ( O )  
801-414-6465 ( C )

## Directions:

**Stadium:** Turn west off of SR 36 on 2000 N. Just past the hospital you will turn right at the nursing home and follow that road directly into the parking lot. The stadium is located on the northeast corner of the parking lot. Please drop all athletes here and move the bus to the back of the parking lot or in the lane directly outside the main building doors.

**Gym:** Turn west off of SR 36 on 2000 N. Turn right at Berra Blvd and follow that road just past the school. You will then turn right into the north parking lot and travel up to the entrance to the gym. Drop all athletes here and then park the bus in the parking lot to the west of baseball and softball.

**Pool:** Pratt Aquatic Center

**Tennis Courts:** Turn west off of SR 36 on 2000 N. Just past the hospital you will turn right at the nursing home and follow that road directly into the parking lot. The tennis courts are located just inside the parking lot to your left. Please drop all athletes here and move the bus to the back of the parking lot or in the lane directly outside the main building doors.

**Baseball:** Turn west off of SR 36 on 2000 N. Turn right at Berra Blvd and follow that road just past the school. You will then turn right into the north parking lot. You will see the baseball field off to your northeast. Drop all athletes here and then park the bus in the parking lot to the east of the complex in visitor parking.

**Softball:** Turn west off of SR 36 on 2000 N. Turn right at Berra Blvd and follow that road just past the school. You will then turn right into the north parking lot. You will see the softball field off to your northeast. Drop all athletes here and then park the bus in the parking lot to the east of the complex in visitor parking.

**School:** Turn west off of SR 36 on 2000 N. Just past the hospital you will turn right at the nursing home and follow that road directly into the parking lot.

# Green Canyon High School

Principal: Jim Crosbie [jim.crosbie@ccsdut.org](mailto:jim.crosbie@ccsdut.org)

Athletic Director: Missy Stuart [missy.stuart@ccsdut.org](mailto:missy.stuart@ccsdut.org)

## Directions:

**From:** Exit of Sardine Canyon traveling north into Cache Valley: Head north on Hwy 89 approx. 7 miles. Use left 2 lanes to turn left onto UT-252 to 1000 W. Continue north 5.5 miles. Turn east (right) onto 2500 N. Travel 1.4 miles and turn north (left) onto Wolf Pack Way. Continue ½ mile.

**Stadium:** From Wolf Pack Way, west of Green Canyon High School, turn east (right) onto 600 S. Enter parking lot north of Green Canyon High School on south side of 600 S. Stadium is on east side of parking lot.

**Gym:** From Wolf Pack Way, west of Green Canyon High School, turn east (right) onto 600 S. Enter parking lot north of Green Canyon High School on south side of 600 S. Enter north doors of school. Gym is located east of the commons area.

**Tennis Courts:** From Wolf Pack Way, turn east (right) on 2850 N. Turn north (left) onto 300 E and then proceed to furthest parking lot. Tennis courts are directly north of the parking area.

**Baseball and Softball:** From Wolf Pack Way, turn east (right) on 2850 N. Turn north (left) onto 300 E and then into parking lot to the left. Baseball and softball fields are directly east of the parking area.

**School:** 2960 North Wolfpack Way, North Logan, UT 84341



# Mountain Crest High School

Principal: Denise Mouritsen: [denise.mouritsen@ccsdut.org](mailto:denise.mouritsen@ccsdut.org)

Athletic Director: Kevin Andersen: [kevin.andersen@ccsdut.org](mailto:kevin.andersen@ccsdut.org)

Directions: **From:** Exit of Sardine Canyon traveling north into Cache Valley: Turn right at the light by Maverick onto UT-101. Go 2.5 miles and then turn right onto 400 west. Travel .4 miles and turn left onto Main Street. Travel for 1.7 miles and turn right onto 800 east. Travel .6 miles and turn left on 300 south. This will put you on the south side of Mountain Crest.

**Stadium:** From 300 south, turn left at the fourth entrance into the parking lot. For soccer, lacrosse, and track the teams may be dropped off in the east parking lot east of the stadium. Buses may park in the same parking lot.

**Gym/Pool:** From 300 south, turn left at the third entrance into the parking lot. For basketball, wrestling, swimming, and volleyball teams may be dropped off by the pool. Buses may park in the south parking lot.

**Tennis Courts:** From 800 east, turn left into the bus drop off and loading zone. The team can be dropped off by the tennis courts and the bus may remain there.

**Baseball/Softball:** From 300 south, turn left at the fourth entrance into the parking lot. Proceed to the north end of the east parking lot to drop the team off. The bus may park in that parking lot. The softball team will need to walk along the north end of the football field, past the restrooms and out to the softball field.

**School Address:** 255 South 800 East Hyrum, UT 84319



# Ridgeline High School

Principal: Bardett Bagley [bardett.bagley@ccsdut.org](mailto:bardett.bagley@ccsdut.org)

Athletic Director: Weston Zabriskie [weston.zabriskie@ccsdut.org](mailto:weston.zabriskie@ccsdut.org)

Directions:**From:** Exit of Sardine Canyon traveling north into Cache Valley: Head north on Hwy 89 approx. turn right onto 2600 South go east through the light , taking the second exit to 300 W.

**Football:** Directly east of the parking lot.

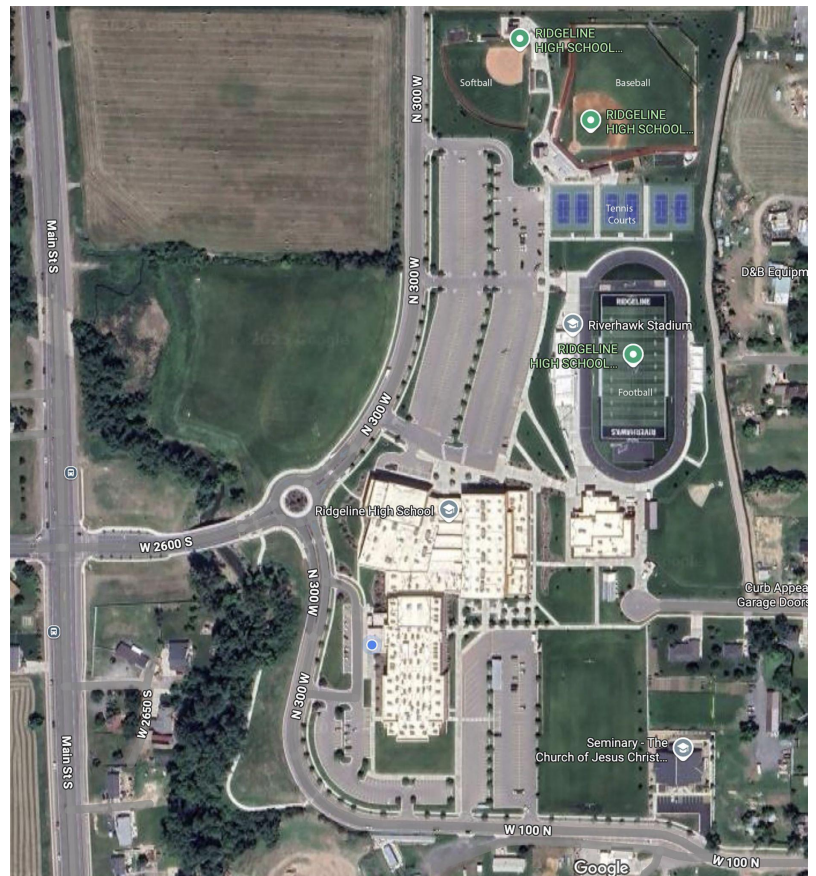
**Gym:** Entrance is south of the parking lot.

**Pool:** Use directions to Mountain Crest's pool.

**Tennis Courts:** North east of the parking lot

**Baseball:** North of the tennis courts.

**Softball:** Directly north of the parking lot.



**School:**180 North 300 West, Millville, Utah 84326



# Sky View High School

Principal: Melvin Shane Jones

[shane.jones@ccsdut.org](mailto:shane.jones@ccsdut.org)

Athletic Director: Ryan Grunig

[ryan.grunig@ccsdut.org](mailto:ryan.grunig@ccsdut.org)

Matt Sadler

[matt.sadler@ccsdut.org](mailto:matt.sadler@ccsdut.org)

Directions: **From: Exit of Sardine Canyon traveling north into Cache Valley:** Head north on Hwy 89 approx. 7 miles. Use left 2 lanes to turn left onto UT-252 to 1000 W. Continue north 5.5 miles. Turn east (right) onto 2500 N. Travel 1.0 miles east then turn on Highway 91. Travel 4 miles then turn right onto 600 south in Smithfield. Go .5 miles and you will see Sky View High School on the left. Turn on 250 East going North through the roundabout. Go to 500 North, then turn right. Go into the North parking lot. The baseball diamond is above the parking lot.

**Stadium:** To get to Sky View High School Football Stadium from Smithfield, UT, head south on 250 E, then turn left onto 520 S, and you'll find the stadium on your left, above the high school.

**Gym:** Park in the South Parking lot, by the double doors, on the South/West side of the parking lot. Just below WE on WE THE NORTH sign on the building

**Pool:** Park in the South Parking lot, by the double doors, on the South/East side of the parking lot. Just below the North of WE THE NORTH sign on the building.

**Tennis Courts:** Turn on 250 East going North through the roundabout. Go to 500 North, then turn right. Go into the North parking lot. The tennis courts are above the parking lot.

**Baseball:** Turn on 250 East going North through the roundabout. Go to 500 North, then turn right. Go into the North parking lot. The baseball and softball diamonds are above the parking lot.

**School:** 520 South 250 East Smithfield, Utah 84335



# Stansbury High School

Principal: Ethan Wilford [ewilford@tooeleschools.org](mailto:ewilford@tooeleschools.org) 435-882-2479 (O) 801-455-9530 (C)

Athletic Director: Trever Wilson [twilson@tooeleschools.org](mailto:twilson@tooeleschools.org) 435-882-2479 (O) 435-850-9074 (C)

## Directions:

**Stadium:** Turn west (right) off SR 36 onto Bates Canyon Rd. Turn north (right) onto Stallion Way. Turn east (right) into the bus lane at the north of the school. Continue until you reach the turnabout with the large "S" painted on the pavement. Park in the roundabout.

**Gym:** Turn west (right) off SR 36 onto Bates Canyon Rd. Turn north (right) onto Stallion Way. Turn east (right) into the bus lane at the north of the school. Park in the north bus lane in front of the athletic commons.

**Pool:** Pratt Aquatic Center - 55 N 200 W: Turn west (right) off of SR 36 onto Utah Avenue. Turn north (right) onto 200 West. The swimming pool will be on your left. Drop the team near off at the entrance to the pool on 200 W.

**Tennis Courts:** Turn west (right) off SR 36 onto Bates Canyon Rd. Turn right into the first parking lot just past the tennis courts.

**Baseball:** Turn west (right) off SR 36 onto Bates Canyon Rd. Turn right into the first parking lot just past the tennis courts.

**Softball:** Turn west (right) off SR 36 onto Bates Canyon Rd. Turn at the first right (north) onto Cambridge Way. Park in the church parking lot just past the practice soccer field.

**School:** 5300 N Stallion Way Stansbury Park, UT 84074



# Tooele High School

Principal: Jeff Wyatt [jwyatt@tooeleschools.org](mailto:jwyatt@tooeleschools.org)

Athletic Director: Cody Valdez [cvaldez@tooeleschools.org](mailto:cvaldez@tooeleschools.org)

## Directions:

**Stadium:** Turn west from Main Street (SR-36) onto 100 South. Proceed west until you come to the high school. For varsity football games, please have your buses drop off your team on the SOUTH side of the high school. For JV games, please drop your team off directly at the football field. A parking lot is located between the football field and the high school. A school representative will meet you near the gym entrance to show the coaches and team to their locker room. After dropping off the team, the buses can park in the bus lane located directly to the WEST of the high school.

**Gym:** Turn west from Main Street (SR-36) onto 100 South. Proceed west until you come to the high school. A parking lot is located between the football field and the high school.

**Pool:** We use Pratt Aquatic Center (55 N 200 W) for our swim meets. Turn west from Main Street (SR-36) onto Utah Avenue. Proceed west until you come to 200 West. Turn south until you see the swimming pool. You can drop off the team near the entrance to the pool on 200 W.

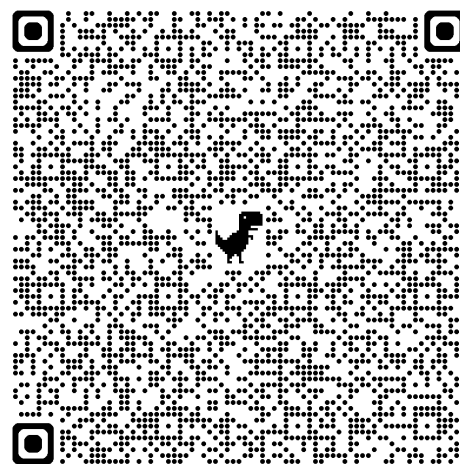
**Tennis Courts:** Turn west from Main Street (SR-36) onto Vine Street. Proceed west until you come to 200 West. Turn south onto 200 West and you will see the tennis courts on your right.

**Baseball:** Games will be played at Dow James Memorial Park (438 W 400 N). Turn west from Main Street (SR-36) onto 400 North. Travel west until you see the field on your right.

**Softball:** Our softball field is located just north of the Pratt Aquatic Center (55 N 200 W). Turn west from Main Street (SR-36) onto Utah Avenue. Proceed west until you come to 200 West. Turn south until you see the fields and swimming pool. You can drop off the team near the softball fields.

**School:** The address is 301 W Vine Street. Turn west from Main Street (SR-36) onto Vine Street. Proceed west until you come to the front entrance of the school.

**Bus Parking:** Buses can park in the bus lane **AFTER 3:00pm**. Please do not park in the bus lane before 3:00pm/



# Baseball

**Games will be played on Tuesdays, Wednesdays, and Fridays**

**Varsity/JV**

**Varsity starts at 3:00 PM**

**Freshman Schedules are Mondays and Thursdays with a double header for both.**

## **Gameday Expectations:**

Home Team will take infield 1st, approx 30 mins prior to game time

Visiting Team will take infield 2nd approximately 20 mins prior to game time.

Varsity game baseballs must have the Region 11 stamp

Pregame cage use will be determined by each Head Coach and communicated to the opposing Coach prior to the day of the game.

Please follow Region music rules

Teams will follow all NFHS and UHSAA rules

## **All Region Team will be based on the following:**

- 1. All Region 1<sup>st</sup> Team – 1<sup>st</sup> place team would get 5 picks (including the MVP); 2<sup>nd</sup> place team – 4 picks; 3<sup>rd</sup> place – 4 picks; 4<sup>th</sup>-8<sup>th</sup> place teams would get 2 picks each**
- 2. Honorable Mention – each school picks who they think deserves the award within reason.**

**Academic All-Region: Any SENIOR player with a cumulative GPA of 3.75 or higher will be named academic All-Region.**

# Baseball Schedule 2026

| Week | Sophomores on Monday           | Tuesday                        | Wed                            | Sophomores on Thursday         | Friday                       |
|------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|------------------------------|
| 1    | March 23                       | March 24                       | March 25                       | March 26                       | March 27                     |
|      |                                | Stansbury at Ridgeline         | Ridgeline at Stansbury         | Ridgeline at Stansbury         | Bear River at Ridgeline      |
|      |                                | Bear River at Sky View         | Sky View at Bear River         | Sky View at Bear River         | Stansbury at Sky View        |
|      |                                | Tooele at Green Canyon         | Green Canyon at Tooele         | Green Canyon at Tooele         | Tooele at Mountain Crest     |
|      |                                | Mountain Crest at Deseret Peak | Deseret Peak at Mountain Crest | Deseret Peak at Mountain Crest | Green Canyon at Deseret Peak |
|      |                                |                                |                                |                                |                              |
| 2    | March 30                       | March 31                       | April 1                        | April 2                        | April 3                      |
|      | Ridgeline at Bear River        | Ridgeline at Bear River        | Ridgeline at Sky View          |                                |                              |
|      | Sky View at Stansbury          | Sky View at Stansbury          | Stansbury at Bear River        |                                |                              |
|      | Mountain Crest at Tooele       | Mountain Crest at Tooele       | Tooele at Deseret Peak         |                                |                              |
|      | Deseret Peak at Green Canyon   | Deseret Peak at Green Canyon   | Green Canyon at Mountain Crest |                                |                              |
|      |                                |                                |                                |                                |                              |
| 3    | April 6                        | April 7                        | April 8                        | April 9                        | April 10                     |
|      | Ridgeline at Sky View          | Sky View at Ridgeline          | Ridgeline at Tooele            | Tooele at Ridgeline            | Tooele at Ridgeline          |
|      | Stansbury at Bear River        | Bear River at Stansbury        | Green Canyon at Stansbury      | Stansbury at Green Canyon      | Stansbury at Green Canyon    |
|      | Tooele at Deseret Peak         | Deseret Peak at Tooele         | Mountain Crest at Bear River   | Bear River at Mountain Crest   | Bear River at Mountain Crest |
|      | Green Canyon at Mountain Crest | Mountain Crest at Green Canyon | Sky View at Deseret Peak       | Deseret Peak at Sky View       | Deseret Peak at Sky View     |
|      |                                |                                |                                |                                |                              |
| 4    | April 13                       | April 14                       | April 15                       | April 16                       | April 17                     |
|      |                                | Ridgeline at Green Canyon      | Green Canyon at Ridgeline      | Green Canyon at Ridgeline      | Mountain Crest at Ridgeline  |
|      |                                | Tooele at Stansbury            | Stansbury at Tooele            | Stansbury at Tooele            | Deseret Peak at Stansbury    |

|   |                             |                             |                             |                             |                             |
|---|-----------------------------|-----------------------------|-----------------------------|-----------------------------|-----------------------------|
|   |                             | Deseret Peak at Bear River  | Bear River at Deseret Peak  | Bear River at Deseret Peak  | Bear River at Tooele        |
|   |                             | Sky View at Mountain Crest  | Mountain Crest at Sky View  | Mountain Crest at Sky View  | Sky View at Green Canyon    |
|   |                             |                             |                             |                             |                             |
| 5 | April 20                    | April 21                    | April 22                    | April 23                    | April 24                    |
|   | Ridgeline at Mountain Crest | Ridgeline at Mountain Crest | Ridgeline at Deseret Peak   | Deseret Peak at Ridgeline   | Deseret Peak at Ridgeline   |
|   | Stansbury at Deseret Peak   | Stansbury at Deseret Peak   | Stansbury at Mountain Crest | Mountain Crest at Stansbury | Mountain Crest at Stansbury |
|   | Tooele at Bear River        | Tooele at Bear River        | Bear River at Green Canyon  | Green Canyon at Bear River  | Green Canyon at Bear River  |
|   | Green Canyon at Sky View    | Green Canyon at Sky View    | Sky View at Tooele          | Tooele at Sky View          | Tooele at Sky View          |
|   |                             |                             |                             |                             |                             |
|   |                             |                             |                             |                             |                             |

# Boys Basketball:

## Gameday expectations:

- Game times:
  - 3:30: Sophomores
  - 5:15: JV and Freshman
  - 7:00: Varsity
- 20 min warm-up for varsity
- Warm-up time for sub-varsity may be adjusted
- Home team will provide water

## All Region Voting Process:

1. Coaches will vote 1-10 with your #1 receiving 10 points down to 10 receiving 1 point.
2. Coaches can NOT vote for their own players.
3. The top receiver of points will be named MVP.
4. The next five will be 1st team and the next five will be 2nd team.
5. Everyone receiving votes will be honorable mention.
6. Each coach will vote for one Defensive Player of the Year.
7. Each coach will vote for one Newcomer of the Year.
8. Each coach will vote for one Coach of the Year.
9. The voting process will be overseen by the region chair.

| Region 11 Boys Basketball: 2025-26 |          |           |           |          |           |          |
|------------------------------------|----------|-----------|-----------|----------|-----------|----------|
| WED                                | FRI      | WED       | FRI       | WED      | FRI       | WED      |
| Dec 10                             | Dec 12   | Dec 17    | Dec 19    | Jan 7    | Jan 9     | Jan 14   |
| RHS @ DP                           | RHS @ GC | THS @ RHS | SHS @ RHS | RHS @ BR | MC @ RHS  | SV @ RHS |
| GC @ THS                           | DP @ MC  | SHS @ DP  | BR @ DP   | DP @ THS | DP @ SV   | DP @ GC  |
| MC @ SHS                           | THS @ BR | SV @ GC   | SV @ THS  | GC @ SHS | SHS @ THS | THS @ MC |
| BR @ SV                            | SV @ SHS | BR @ MC   | GC @ MC   | MC @ SV  | BR @ GC   | SHS @ BR |
|                                    |          |           |           |          |           |          |
|                                    |          |           |           |          |           |          |
|                                    |          |           |           |          |           |          |
| FRI                                | WED      | FRI       | WED       | FRI      | WED       | FRI      |
| Jan 16                             | Jan 21   | Jan 23    | Jan 28    | Jan 30   | Feb 4     | Feb 6    |

|          |          |           |           |          |           |          |
|----------|----------|-----------|-----------|----------|-----------|----------|
|          |          |           |           |          |           |          |
| DP @ RHS | GC @ RHS | RHS @ THS | RHS @ SHS | BR @ RHS | RHS @ MC  | RHS @ SV |
| THS @ GC | MC @ DP  | DP @ SHS  | DP @ BR   | THS @ DP | SV @ DP   | GC @ DP  |
| SHS @ MC | BR @ THS | GC @ SV   | THS @ SV  | SHS @ GC | THS @ SHS | MC @ THS |
| SV @ BR  | SHS @ SV | MC @ BR   | MC @ GC   | SV @ MC  | GC @ BR   | BR @ SHS |

## Girls Basketball:

### Gameday Expectations:

- Game times:
  - 3:30: Sophomores
  - 5:15: JV and Freshman
  - 7:00: Varsity
- 20 min warm-up for varsity
- Warm-up time for sub-varsity may be adjusted
- Home team will provide water

### All Region Voting Process:

1. Each head coach will nominate players from their team for All Region.
2. Coaches will vote 1-10 with your #1 receiving 10 points down to 10 receiving 1 point.
3. Coaches can NOT vote for their own players.
4. The top receiver of points will be named MVP.
5. The next five will be 1st team and the next five will be 2nd team.
6. Everyone receiving votes will be honorable mention.
7. Each coach will nominate one Defensive Player of the Year from their team.
  - a. Coaches will vote for their top three but may not vote for their own player.
  - b. Scoring will be like the scoring for MVP.
8. Each coach will vote for one Newcomer of the Year.
9. Each coach will vote for one Newcomer of the Year.
10. Each coach will vote for one Coach of the Year.
11. The voting process will be overseen by the region chair.

|  |  |  |  |                                    |  |  |  |  |
|--|--|--|--|------------------------------------|--|--|--|--|
|  |  |  |  | <b>Region 11 Girls Basketball:</b> |  |  |  |  |
|  |  |  |  | <b>2025-26</b>                     |  |  |  |  |

|               |               |               |               |               |               |               |               |              |               |              |
|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|--------------|---------------|--------------|
|               |               |               |               |               |               |               |               |              |               |              |
| <b>TUES</b>   | <b>THURS</b>  | <b>FRI</b>    | <b>TUES</b>   | <b>THURS</b>  | <b>FRI</b>    | <b>TUES</b>   | <b>THURS</b>  | <b>FRI</b>   | <b>TUES</b>   |              |
| <b>Dec 9</b>  | <b>Dec 11</b> | <b>Dec 12</b> | <b>Dec 16</b> | <b>Dec 18</b> | <b>Dec 19</b> | <b>Jan 6</b>  | <b>Jan 8</b>  | <b>Jan 9</b> | <b>Jan 13</b> |              |
|               |               |               |               |               |               |               |               |              |               |              |
| DP @<br>RHS   | GC @<br>RHS   |               | RHS @<br>THS  |               | RHS @<br>SHS  | BR @<br>RHS   | RHS @<br>MC   |              | RHS @<br>SV   |              |
| THS @<br>GC   |               | MC @<br>DP    | DP @<br>SHS   |               | DP @ BR       | THS @<br>DP   |               | SV @<br>DP   | GC @<br>DP    |              |
| SHS @<br>MC   |               | BR @<br>THS   | GC @<br>SV    |               | THS @<br>SV   | SHS @<br>GC   |               | THS @<br>SHS | MC @<br>THS   |              |
| SV @<br>BR    |               | SHS @<br>SV   | MC @<br>BR    | MC @<br>GC    |               | SV @<br>MC    | GC @<br>BR    |              | BR @<br>SHS   |              |
|               |               |               |               |               |               |               |               |              |               |              |
|               |               |               |               |               |               |               |               |              |               |              |
|               |               |               |               |               |               |               |               |              |               |              |
|               |               |               |               |               |               |               |               |              |               |              |
| <b>THURS</b>  | <b>FRI</b>    | <b>TUES</b>   | <b>THURS</b>  | <b>FRI</b>    | <b>TUES</b>   | <b>THURS</b>  | <b>FRI</b>    | <b>TUES</b>  | <b>THURS</b>  | <b>FRI</b>   |
| <b>Jan 15</b> | <b>Jan 16</b> | <b>Jan 20</b> | <b>Jan 22</b> | <b>Jan 23</b> | <b>Jan 27</b> | <b>Jan 29</b> | <b>Jan 30</b> | <b>Feb 3</b> | <b>Feb 5</b>  | <b>Feb 6</b> |
|               |               |               |               |               |               |               |               |              |               |              |
|               | RHS @<br>DP   | RHS @<br>GC   |               | THS @<br>RHS  | SHS @<br>RHS  | RHS @<br>BR   |               | MC @<br>RHS  | SV @<br>RHS   |              |
|               | GC @<br>THS   | DP @<br>MC    |               | SHS @<br>DP   | BR @ DP       |               | DP @<br>THS   | DP @<br>SV   |               | DP @<br>GC   |
|               | MC @<br>SHS   | THS @<br>BR   | SV @<br>GC    |               | SV @<br>THS   |               | GC @<br>SHS   | SHS @<br>THS |               | THS @<br>MC  |
| BR @<br>SV    |               | SV @<br>SHS   | BR @<br>MC    |               | GC @<br>MC    | MC @<br>SV    |               | BR @<br>GC   |               | SHS @<br>BR  |

## **Cheer/Drill/Band**

### **(Move to Game Guidelines and also include Senior Night Protocols)**

- Drill team members and cheerleaders in uniform with advisors will be admitted to the game without charge. Each group must have an advisor present during performances.
- Placement of Pep Squad, Cheerleaders and Drill Team and visiting fans is at the discretion of the host school. Schools should locate the cheerleaders in the safest, most practical areas of the court side. Shared time on the court needs to be coordinated between Captains prior to

games. Cheerleaders may not be in the foul lanes extended under the basket and we should stand outside the extended lines.

- Maximum number of cheerleaders(on the floor) for certain sports:
  - Basketball = 12
  - Volleyball = 8
  - Wrestling = 8
- There are to be **NO** derogatory/obscene signs or cheers. Region XI supports cheering for your own team and not against the opposing team. No singling out individuals or heckling, etc., (including parents, referees, players, etc). Only constructive, positive signs and posters may be used.
- Megaphones are to be used only by official cheerleaders for communication with cheering sections **only** in football. There will not be megaphones allowed in the gymnasium during competition.
- Cheerleaders are to cheer only positive cheers during free throw shooting.
- Drill teams will not expect to march at visiting schools unless invited or by mutual agreement with the host school.
- Only cheerleaders are allowed on the court or field for cheers, activities or demonstrations unless specifically sponsored by the host school administration.
- Cheerleaders will observe all state or district guidelines for pyramids and stunting.
- Football half-time: Performing groups have ten (10) minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.
- Basketball half-time: Maximum of seven (7) minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.
- Pep band will be provided by the host school only. Exceptions by mutual agreement. During basketball games, pep bands are to play during regulation time-outs, quarters and half-time only. An advisor must always be present if a band is to perform. Drums are to play only as part of the pep band or as accompaniment to a cheer by the cheerleaders.
- Host school will provide all music which includes, but is not limited to: pre-game, time outs, inning breaks, walk up music, etc. Visiting team will not bring music without prior approval.

# Cross Country

1. It is mandatory that a school attend their scheduled region meets
  - Premier Meet August 9 @ Cottonwood Complex 8:00 a.m.
  - Pre-Region August 27 @ American West Heritage Center 3:00 p.m.
  - Region Championship October 7 @ America West Heritage Center 11:00 a.m.
2. Dual or tri-meets are optional and up to the coaches and admin to arrange. These will start at 3:30 unless there are extenuating circumstances and a mutual agreement between principals
3. Directions to the meet site and a map of the course must be sent to the visiting coaches prior to the meet date. BE SURE TO INCLUDE ALL RACE TIMES. An address of the site will be sent to the school's athletic director that is responsible for cross country.
4. The suggested order of races are girls then boys.
5. The costs for the Region Championship Meet will be paid for by the region, including professional timing and the cost of the course.
6. A region championship trophy will be awarded to both varsity boys and varsity girls teams. Individual medals will be awarded to the top 10 finishers for both boys and girls. Individual medals will be awarded to the top 15 JV finishers for both boys and girls. The cost of the medals will be paid for by the region. The JV medals will be a less expensive medal in comparison to the varsity medals. Teams may only enter seven athletes for the varsity race at the Region Championships.
7. In order for 2 sport athletes to race varsity at the Region Championships they must complete with an honest racing effort and finish two officially timed races where results are found on Athletic.net.

If there are extenuating circumstances that prevent a 2 sport athlete to compete in the two required races, including but not limited to illness or injury, the coach must tell coaches of the situation at least one week before the region championships and a vote among coaches will be taken to determine eligibility in the varsity race of Region (at least 5 of 8 coaches must agree).

# Debate

## Forensics

Region Administrator: Cody Valdez - Tooele High  
cvaldez@tooeleschools.org

## Tournament Chair

Jon Lundgreen, Tooele High  
jlundgreen@tooeleschools.org

## Region Tournament

Location: Tooele High School

Date: February 28, 2026

Registration Deadline: February 25 @ 3:00pm

## 1. Region Format

- a. Number of Contestants
  - i. Policy - Four Teams
  - ii. Lincoln-Douglas - Four Teams
  - iii. Public Forum - Four Teams
  - iv. Student Congress - Four Contestants
  - v. National Extemp - Four Contestants
  - vi. International Extemp - Four Contestants
  - vii. Original Oratory - Four Contestants
  - viii. Impromptu - Four Contestants
  - ix. Informative - Four Contestants
  - x. Interps (HI, DI, or POI) - Four Contestants
- b. All region events will align with state events.
- c. Events
  - i. Speech Events (IEs): Oratory , Informative Impromptu, National Extemp, Foreign Extemp, Interps (HI, DI, or POI)
  - ii. Debate Events: Policy , Lincoln Douglas, Public Forum, Congress
  - iii. Double entry will align with state guidelines. Double entry in one speech and one debate event is allowed. Double entry at your own risk as rounds will NOT be held up for double entries.

## 2. Judge Requirements

- a. Schools must bring the following judges:
  - i. One qualified judge per two debate entries
  - ii. One qualified judge per four IE entries
  - iii. One Congress judge for any Congress entries

- iv. Schools that do not fulfill their judging requirements will have their entries dropped from competition in the areas where they did not bring judges.
- b. The qualified judges for Congress rounds will be confirmed by their coaches. If possible, Parliamentarian will be unaffiliated.
- c. Coaches (paid or volunteer) cannot act as judges in any event.

### 3. Region tournament pairings

- a. Each school shall rank its debate competitors 1 to 4, with 1 being the best team, according to their coach.
- b. Debate rankings will be power matched in Tabroom in Rounds 1 and 2 with teams 1 meeting 4s. The intent is to have each school meet every school in the Region. Debaters should not meet their own team members except in the final round. If this is not possible or practical, the pairings will be made within reason.
- c. Appropriate numbers of rounds will be necessary to determine the full quartiles.
- d. IE pairings will be done randomly, four rounds of competition will take place if necessary.
- e. Congress contestants will be placed in one house. A panel of at least three judges shall be used per session with a parliamentarian consistent in both sessions. One bill shall be selected from the State docket by each Congressperson. Additional bills needed to fill the docket will be selected from the State docket by the coaches. Legislation will be released at least two weeks before region. Two sessions of 2.5 hours will be held. If the judges are the same in both sessions, priority will not be reset between sessions. Docket will be pre-set. Congress may be shortened to one round due to double entry in speech and debate.
- f. Schools will not face another team member from their school in any event except congress unless they are the only competitors in that event.
- g. All coaches competing at region must respond in a timely manner to electronic communications and votes on region issues. Last minute decisions will be discussed and voted upon at region meet.

### 4. Scoring

- a. The top 1/4 of contestants are given superior ratings. (CX and PF - 10 pts; other events - 5 pts)
- b. The next 1/4 of contestants are given excellent ratings (CX and PF - 6 pts; other events - 3 pts)
- c. The next 1/4 of contestants are given good ratings. (CX and PF - 2 pts; other events - 1 pt)
- d. The bottom 1/4 of contestants will score no sweepstakes points.
- e. Only contestants pre-registered for the Region Tournament will be included in the quartetling for Sweepstakes points. No-shows and drops on the day of the tournament will automatically be placed in the lowest quartile.

- f. Ties will not be broken; each quartile will be chosen by marking the number which least skews the brackets.

## 5. Awards

- a. Medals will say the event name and "Superior" and will be given to the top quartile finishers in each event.
- b. The following number of medals will be needed:
  - i. Public Forum - 6 medals (Top 3 teams)
  - ii. LD - 3 medals (Lincoln-Douglas)
  - iii. J Policy - 6 medals (Top 3 teams)
  - iv. National Extemp - 3 medals
  - v. Foreign Extemp - 3 medals
  - vi. Oratory - 3 medals
  - vii. Impromptu - 3 medals
  - viii. Congress - 3 medals
  - ix. Interps - 3 medals
  - x. Informative Speech - 3 medals
  - xi. 20 blank Superior medals in case of ties.
- c. Overall 1st place trophy will be awarded.
- d. Top 2 finishers in each event will be designated as all-region.

## 6. General Guidelines

- a. Tournament limitations are ten meets per individual per year, excluding region, state and national competitions.
- b. Region will pay for judges at Region Meet; \$100 for each judge who judges on Saturday (as per UHSAA guidelines).
- c. March/April LD topic and March PF topics will be used for the Region Meet.
- d. Please refer to "General Policies" in the Region Handbook for all other Region Rules, and the UHSAA Handbook for UHSAA rules.
- e. All teams sending students to compete in region must be accompanied by a coach or designated replacement.

# **Drama (Theater)**

**Region One-Acts - Stansbury - All Day**

**Region IEs - Sky View - After school**

## **Region Awards:**

**Festival Play: Seven plaques for “Outstanding Performance” will be awarded to performers.**

**Sweepstakes: 1st place and 2nd place region trophies will be provided. And a 3rd place plaque will be provided.**

**One-Act Plays: Three Plaques will be awarded. 1st place, 2nd place, 3rd place.**

**Individual Events: Medals will be given to the top three places in each individual event.**

**Contemporary Scenes: 9 medals**

**Classical Scenes: 9 medals**

**Pantomime: 6 medals**

**Musical Theatre: 12 medals**

**Dramatic Monologues: 3 medals**

**Humorous Monologues: 3 medals**

**Pantomime, and Musical Theatre may have more than one person in their event win.**

**Three certificates for 1st place, 2nd place, and 3rd place will be ordered in case more than one student wins.**

**Musical Theatre has the possibility of four winners per category. Each certificate will say the following information:**

**Contemporary Scenes – 1st, 2nd, and 3rd place**

**Classical Scenes – 1st, 2nd, and 3rd place**

**Pantomime – 1st, 2nd, and 3rd place**

**Musical Theatre – 1st, 2nd, and 3rd place**

**Dramatic Monologues – 1st, 2nd, and 3rd place**

**Humorous Monologues – 1st, 2nd, and 3rd place**

# Drill

## Categories: Military-Dance-

- All Team Sports Moratorium June 30-July 6
- August ???- Drill Team Competition Director Training 7:30-8:30am
- Augustt ??? Drill Team Drill Judges Clinic (UHSAA)
- *September ???Drill Team Drill Coaches' Rules Clinic*
- November ??? First Contest Allowed
- November ??? Drill Team Roster on Registermyathlete.com
- January??? - Region Practice at ??? High School for Region Competition (morning)
- January 15, at USU Spectrum Region 11 Competition.
- Feb. ??? Drill State @ UVU

### All-Region Team selection process:

- Each Team may select 3 team members per school

### All-Region Academic:

- Senior Athletes with a GPA Average of 3.75 or higher.

### Region Awards:

- Plaques for first,second and third team winners for each Category.
- 1st - 3rd medals for drill down winners
- 1st Place Trophy for Region Champions

# Football

**Varsity: 7:00 PM**

**JV: 4:00 and Freshmen (Sophomore): 6:00 – Day before the Varsity, opposite site.**

- 1. Home team wears dark jerseys, the visiting team wears light jerseys (all levels).**
- 2. All schools are required to use adults on chain and down markers (Varsity only).**
- 3. The host school should extend the same courtesy to the visiting film crew as to its own film crew.**
- 4. Use only one-person filming, and no video filming of future opponents will be allowed at Varsity, Junior Varsity, or sophomore games.**
- 5. It is the responsibility of the home team school to keep the sidelines clear.**
- 6. Home team is responsible for emergency medical care.**
- 7. Head coaches will arrange to exchange the two most recent films on Hudl. The home school will be responsible to initiate the exchange, and the exchange should be made no later than 7:00 am the following day. Films to be exchanged in Region 11 will be filmed by a responsible person to ensure quality. The tape must include: Pre-snap set wide angle, zoom to no tighter than defensive front (including all linebackers) and offensive front (including QB and tight ends, tight wings or slots). Before each down, the film should show down box and chain. Scoreboard by quarter and after each scoring play. Film all plays.**
- 8. Varsity home school is to provide dressing secure facilities for the visiting school. Chalkboard/Whiteboard will be available. Home school will clear the visiting locker room**

one and one-half hour before games and provide a guide for the visiting team, i.e., meet bus, show locker room, etc. (Junior Varsity and Freshmen will dress at their own school, but when conditions get bad, may need a locker room at half-time). Teams will exit the facility quickly at the conclusion of the games.

9. Home team provides coolers and ice for visiting team sidelines.

10. Visiting team spotters/coaches must remain in the designated visitors box, unless an alternative location is provided by the home team.

11. Region Trophy to first place in regular region play.

12. Visiting team will shake hands with the home team and immediately exit the field or go to the end zone (ten minute limit on field). AD's will send an itinerary, giving coaches this information.

**All-Region voting – Stats used from Region Games only.**

**Coaches will vote on the following all region players**

1. Region MVP
2. Offensive POY
3. Defensive POY
4. Offensive Lineman POY
5. Defensive Lineman POY
6. Special Teams POY

**All Region Selections will be voted by the Region Coaches:**

**Offensive 1st Team**

1. QB - 1
2. RB - 2
3. WR - 2
4. OL - 5
5. TE - 1
6. K - 1
7. P - 1

**Defensive 1st Team**

1. CB - 2
2. S - 2
3. LB - 3
4. DL - 4
5. DE - 2
6. Returner - 1

**Each team will also choose 4 second team athletes and 4 honorable mention athletes.**

# Football Schedule 2025

| Week | Bear River                                                                                                                                                                | Desert Peak       | Green Canyon      | Mountain Crest  | Ridgeline         | Sky View          | Stansbury         | Tooele            |
|------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------|-----------------|-------------------|-------------------|-------------------|-------------------|
| 4    | vs Sky View                                                                                                                                                               | vs Tooele         | vs Stansbury      | AT Ridgeline    | vs Mountain Crest | AT BearRiver      | AT Green Canyon   | AT Desert Peak    |
| 5    | At Stansbury                                                                                                                                                              | AT Green Canyon   | vs Desert Peak    | vs Sky View     | AT Tooele         | AT Mountain Crest | vs Bear River     | vs Ridgeline      |
| 6    | vs Tooele                                                                                                                                                                 | AT Ridgeline      | AT Sky View       | vs Stansbury    | vs Desert Peak    | vs Green Canyon   | AT Mountain Crest | AT Bear River     |
| 7    | At Green Canyon                                                                                                                                                           | vs Mountain Crest | vs Bear River     | AT Desert Peak  | AT Sky View       | vs Ridgeline      | AT Tooele         | vs Stansbury      |
| 8    | vs Mountain Crest                                                                                                                                                         | vs Sky View       | AT Tooele         | AT Bear River   | AT Stansbury      | AT Desert Peak    | vs Ridgeline      | vs Green Canyon   |
| 9    | vs Desert Peak                                                                                                                                                            | AT Bear River     | AT Ridgeline      | vs Tooele       | vs Green Canyon   | vs Stansbury      | AT Sky View       | AT Mountain Crest |
| 10   | AT Ridgeline                                                                                                                                                              | AT Stansbury      | vs Mountain Crest | AT Green Canyon | vs Bear River     | AT Tooele         | vs Desert Peak    | vs Sky View       |
|      |                                                                                                                                                                           |                   |                   |                 |                   |                   |                   |                   |
|      | Varsity 7 PM Friday<br>JV Thursday 4:00 PM<br>Freshman Thursday 6:00 PM<br>Option to adjust days with Soph Schedule<br>Work with schools for day on Fall Break both weeks |                   |                   |                 |                   |                   |                   |                   |
|      |                                                                                                                                                                           |                   |                   |                 |                   |                   |                   |                   |
|      |                                                                                                                                                                           |                   |                   |                 |                   |                   |                   |                   |
|      |                                                                                                                                                                           |                   |                   |                 |                   |                   |                   |                   |
|      |                                                                                                                                                                           |                   |                   |                 |                   |                   |                   |                   |

Games

|                       |                                                                |                                                                  |                                                                  |                                                               |
|-----------------------|----------------------------------------------------------------|------------------------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------------|
| <b>Fri 9/5/2025</b>   | <b>Sky View High School<br/>@ Bear River High School</b>       | <b>Tooele High School<br/>@ Deseret Peak High School</b>         | <b>Stansbury High School<br/>@ Green Canyon High School</b>      | <b>Mountain Crest High School<br/>@ Ridgeline High School</b> |
| <b>Fri 9/12/2025</b>  | <b>Bear River High School<br/>@ Stansbury High School</b>      | <b>Deseret Peak High School<br/>@ Green Canyon High School</b>   | <b>Sky View High School<br/>@ Mountain Crest High School</b>     | <b>Ridgeline High School<br/>@ Tooele High School</b>         |
| <b>Fri 9/19/2025</b>  | <b>Tooele High School<br/>@ Bear River High School</b>         | <b>Deseret Peak High School<br/>@ Ridgeline High School</b>      | <b>Green Canyon High School<br/>@ Sky View High School</b>       | <b>Stansbury High School<br/>@ Mountain Crest High School</b> |
| <b>Fri 9/26/2025</b>  | <b>Bear River High School<br/>@ Green Canyon High School</b>   | <b>Mountain Crest High School<br/>@ Deseret Peak High School</b> | <b>Ridgeline High School<br/>@ Sky View High School</b>          | <b>Stansbury High School<br/>@ Tooele High School</b>         |
| <b>Fri 10/3/2025</b>  | <b>Mountain Crest High School<br/>@ Bear River High School</b> | <b>Sky View High School<br/>@ Deseret Peak High School</b>       | <b>Green Canyon High School<br/>@ Tooele High School</b>         | <b>Ridgeline High School<br/>@ Stansbury High School</b>      |
| <b>Fri 10/10/2025</b> | <b>Deseret Peak High School<br/>@ Bear River High School</b>   | <b>Green Canyon High School<br/>@ Ridgeline High School</b>      | <b>Tooele High School<br/>@ Mountain Crest High School</b>       | <b>Stansbury High School<br/>@ Sky View High School</b>       |
| <b>Fri 10/17/2025</b> | <b>Bear River High School<br/>@ Ridgeline High School</b>      | <b>Deseret Peak High School<br/>@ Stansbury High School</b>      | <b>Mountain Crest High School<br/>@ Green Canyon High School</b> | <b>Sky View High School<br/>@ Tooele High School</b>          |

# Golf (Boys and Girls)

## Region 11 Boys Golf Schedule

Fall 2025

| Date                          | Location             | Host School            | Shotgun  | Cost                    |                   |                                             |
|-------------------------------|----------------------|------------------------|----------|-------------------------|-------------------|---------------------------------------------|
| Monday, August 11, 2025       | Birch Creek GC       | Green Canyon           | 9:00 AM  | \$400 per team          | 8 Varsity/4 JV    | Range and one cart included                 |
| Thursday, August 14, 2025     | Stansbury Park GC*   | Stansbury              | 8:00 AM  | \$120 per team          | 8 Varsity/4 JV    |                                             |
| Monday, August 18, 2025       | Skyway GC            | Bear River             | 8:00 AM  | \$225/Varsity ONLY      | NO JV             | 9 hole course - Range and one cart included |
| Tuesday, August 26, 2025      | Oquirrh Hills GC*    | Tooele                 | 8:00 AM  | \$275 per team          | 8 Varsity/4 JV    | Range and two carts included                |
| Thursday, September 04, 2025  | Logan River GC*      | Mountain Crest         | 2:00 PM  | \$320 per team          | 8 Varsity/4 JV    | One cart included                           |
| Wednesday, September 10, 2025 | Overlake GC*         | Deseret Peak           | 9:00 AM  | \$20/Varsity - 18 Holes | \$10/JV - 9 Holes |                                             |
| Monday, September 15, 2025    | Birch Creek GC*      | Sky View               | 11:00 AM | \$400 per team          | 8 Varsity/4 JV    | Range and one cart included                 |
| Monday, September 22, 2025    | Logan Country Club   | Ridgeline              | 10:00 AM | \$320/Varsity ONLY      | NO JV             | Range and one cart included                 |
| Thursday, September 25, 2025  | Lakeside GC*         | Region XI Championship | 9:00 AM  | \$24/Varsity - 18 holes | \$12/JV - 9 Holes |                                             |
| Friday, September 26, 2025    | Remuda GC            | Region XI Championship | 9:00 AM  | \$20/Varsity - 18 Holes | \$10/JV - 9 Holes |                                             |
| Tuesday, September 30, 2025   | State Entry Deadline |                        |          |                         |                   |                                             |
| October 8-9, 2025             | Lakeside GC          | State Tournament       |          |                         |                   |                                             |

\* Indicates State Qualifier Match (Remuda GC would be the first alternate and Logan CC would be the second alternate.)

Updated 7/31/2025

## Region 11 Girls Golf Schedule

Spring 2026

| Date                      | Location              | Host School            | Shotgun  | Cost                   |                |                                               |
|---------------------------|-----------------------|------------------------|----------|------------------------|----------------|-----------------------------------------------|
| Tuesday, March 17, 2026   | Birch Creek GC        | Green Canyon           | 11:00 AM |                        | 8 Varsity/4 JV |                                               |
| Thursday, March 19, 2026  | Stansbury Park GC*    | Stansbury              | 9:00 AM  | \$240 per team         | 8 Varsity/4 JV | Range and one cart included (\$15/extra cart) |
| Monday, March 23, 2026    | Skyway GC             | Bear River             | 1:00 PM  |                        | 8 Varsity ONLY |                                               |
| Tuesday, March 24, 2026   | Oquirrh Hills GC*     | Tooele                 | 9:00 AM  | \$275 per team         | 8 Varsity/4 JV | Range and two carts included                  |
| Monday, April 06, 2026    | Logan River GC*       | Mountain Crest         | 2:00 PM  | \$300 per team         | 8 Varsity/4 JV |                                               |
| Thursday, April 09, 2026  | Overlake GC*          | Deseret Peak           | 9:00 AM  | \$20/Varsity & \$10/JV | 8 Varsity/4 JV | Each team gets two free carts for coaches     |
| Monday, April 13, 2026    | Birch Creek GC*       | Sky View               | 11:00 AM |                        | 8 Varsity/4 JV |                                               |
| Thursday, April 16, 2026  | Logan Country Club    | Ridgeline              | TBD      | \$320/Varsity ONLY     | 8 Varsity ONLY | Range and one cart included                   |
| Tuesday, April 21, 2026   | Crane Field*          | Region XI Championship | TBD      |                        | 8 Varsity ONLY |                                               |
| Wednesday, April 22, 2026 | Schneider's Riverside | Region XI Championship | TBD      |                        | 8 Varsity ONLY |                                               |
| Tuesday, April 28, 2026   | State Entry Deadline  |                        |          |                        |                |                                               |
| May 6-7, 2026             | Glendale GC           | State Tournament       |          |                        |                |                                               |

\* Indicates State Qualifier Match (Schneider's Riverside would be the first alternate and Logan CC would be the second alternate.)

Updated 2/11/2026

1. Region XI will follow the UHSAA Policy and Procedures for golf.
2. Each team will play eight varsity golfers. The total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest team average adjusted score (Official UHSAA Golf scoring system) will be declared the region champion. In the case of a tie there will be co-region champions.
3. Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.
4. Individual medals will be given to the 12 players with the lowest total score for 18-hole region tournaments played. A player must play in all region varsity events (can drop one low score or miss

one) and the Region Championship to be eligible for top 12. All scores in the Region Championship will count (cannot be dropped).

- a. For the 2025-2026 school year, we will award medals based on the lowest five scores for each individual. These individuals must play all rounds of the Region Championship to qualify.
5. During a Region tournament, if JV players are allowed to compete, the pairings will strictly be JV or Varsity, no JV player will not be grouped or mark/score a Varsity group. JV players will only play nine (9) holes.
6. Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case by case basis following the UHSAA Handbook. These requests must be received before the first region match of the season.
7. Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
8. Play will be governed by USGA and any applicable local rules, UHSAA, and Region XI sportsmanship code.
9. Team shirts are highly recommended.
10. Events canceled due to unplayable weather will be rescheduled based on course availability.
11. Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (30 feet) from players and have no private conversations with players during their round.
12. During region matches, coaches are not allowed on the putting surface during official play.
13. Electronic devices, other than a rangefinder, are not permitted in region play. All rangefinders must adhere to the USGA Rule 4.3.
  - a. Rule 4.3a allows the use of distance-measuring devices so long as the player does not access any information that is prohibited under this Rule. The first breach of this Rule means the player gets a two-stroke penalty in stroke play. A second breach of Rule 4.3 during the same round results in disqualification.
14. All golf matches (boys and girls) will use a Maximum Stroke Play Scoring System.
  - a. Contestants will PICK UP after reaching a maximum score of 9 strokes on any hole of a competition.
  - b. Markers will record a 9 on any hole where the maximum score is scored and then it will be circled on the card for easy identification of that score.
15. Region Awards
  - a. One (1) region champion team trophy
  - b. Twelve (12) medals for twelve (12) low medalists

# MUSIC: INSTRUMENTAL

## REGION 11 Music/Instrumental instructors:

### Bear River:

Band - Wade Walton [wade.walton@besd.net](mailto:wade.walton@besd.net)

Orchestra - Jayme McKenna  
[jayme.mckenna@besd.net](mailto:jayme.mckenna@besd.net)

### Deseret Peak:

Band - Andrew Swan

[aswan@tooeleschools.org](mailto:aswan@tooeleschools.org)

Orchestra - Katrina Dvorachek  
[dvorachek@tooeleschools.org](mailto:dvorachek@tooeleschools.org)

### Green Canyon:

Band - Jake Andersen

[jake.andersen@ccsdut.org](mailto:jake.andersen@ccsdut.org)

Orchestra - Patrick Clark  
[patrick.clark@ccsdut.org](mailto:patrick.clark@ccsdut.org)

### Mountain Crest:

Band & Orchestra - Joel Yoder

[joel.yoder@ccsdut.org](mailto:joel.yoder@ccsdut.org)

### Ridgeline:

Band - Jeremy Wells [jeremy.wells@ccsdut.org](mailto:jeremy.wells@ccsdut.org)

Orchestra - Jeremy Baer  
[jeremy.baer@ccsdut.org](mailto:jeremy.baer@ccsdut.org)

### Sky View:

Band - Bryan Carpenter

[bryan.carpenter@ccsdut.org](mailto:bryan.carpenter@ccsdut.org)

Orchestra - Thomas Pratt  
[thomas.pratt@ccsdut.org](mailto:thomas.pratt@ccsdut.org)

### Stansbury:

Band & Orchestra - Brian Kim

[bkim@tooeleschools.org](mailto:bkim@tooeleschools.org)

### Tooele:

Band - James Cavan

[jcavan@tooeleschools.org](mailto:jcavan@tooeleschools.org)

Orchestra - Amanda Poland  
[apoland@tooeleschools.org](mailto:apoland@tooeleschools.org)

## **GUIDELINES:**

1. Adjudicators will be contracted for festivals as follows:

a. Solo & Ensemble – 10 full-day adjudicators

- b. Concert Band – 3 full-day adjudicators
- c. Jazz Band – 3 full-day adjudicators
- d. Orchestra – 3 full-day adjudicators

2. Each school may submit unlimited qualified entries to the Solo & Ensemble Festival; however, entries should be properly screened through a school-level festival or other vetting process to ensure that they can have a positive experience at the Region Level.

3. All students participating in instrumental music festivals must be members of the school's music program.

4. Regarding Region Jazz Festival – please refer to the UMEA Jazz Policy – <http://umea.us/pdfs/jazzpolicy.pdf>. Region VII will follow the same format/guidelines as the State Jazz Festival.

5. Regarding Region Concert Band Festival – please refer to the UMEA State Band Festival Requirements – <http://umea.us/stband.php> Region VII will follow the same format/guidelines as the State Concert Band Festival.

#### **Instrumental Festival Schedule:**

- Region Jazz - Wednesday March 4th @ Deseret Peak
- Instrumental Solo and Ensemble - Tuesday March 10th @ Green Canyon
- Region Band - Wednesday March 25th @ Mountain Crest
- Region Orchestra - Thursday March 26th @ Sky View
- State Solo & Ensemble - Saturday April 25th @ TBD
- State Orchestra - Mon, Tues & Wed, April 27th, 28th & 29th @ TBD
- State Band - Thurs, Fri & Sat; April 30th, May 1st & 2nd.

# MUSIC: VOCAL

## REGION 11 Music/Vocal instructors:

### Bear River:

Wade Walton [wade.walton@besd.net](mailto:wade.walton@besd.net)

### Deseret Peak:

Alhana Thompson  
[althompson@tooeleschools.org](mailto:althompson@tooeleschools.org)

### Green Canyon:

Karen Teuscher [karen.teuscher@ccsdut.org](mailto:karen.teuscher@ccsdut.org)

### Mountain Crest:

Randall Beach [randall.beach@ccsdut.org](mailto:randall.beach@ccsdut.org)

### Ridgeline:

Tim Stewart [tim.stewart@ccsdut.org](mailto:tim.stewart@ccsdut.org)

### Sky View:

Logan Kelley [logan.kelley@ccsdut.org](mailto:logan.kelley@ccsdut.org)

### Stansbury:

Hannah Boyack [hboyack@tooeleschools.org](mailto:hboyack@tooeleschools.org)

### Tooele:

Tara McAllister [tmcallister@tooeleschools.org](mailto:tmcallister@tooeleschools.org)

## **GUIDELINES:**

1. Adjudicators will be contracted for festivals as follows:
  - a. Solo & Ensemble – 10 half-day adjudicators or 6-7 full-day
  - b. Chamber Choir – 3 half-day adjudicators
  - c. Large Choir – 3 full-day adjudicators
  - d. Men's and Women's Choir - 3 half-day adjudicators
  - e. Training Choir – 2 half-day adjudicators
2. Each school may submit unlimited qualified entries to the Solo & Ensemble Festival; however, entries should be properly screened through a school-level festival or other vetting process to ensure that they can have a positive experience at the Region Level.

3. All students participating in vocal music festivals must be members of the school's music program.

4. Regarding Choir Festivals – please refer to the UHSAA handbook regarding performance length, group sizes, and other festival guidelines and rules.

**Vocal Music Festival Schedule:**

- Region Vocal/piano Solo and Ensemble - Tuesday March 17th @ Sky View
- Region Large Choir - Tuesday April 14th @ Mountain Crest
- State Choir - Thurs, Fri & Sat.; May 7th, 8th & 9th

# Soccer (Boys and Girls)

## Game Start Time (include all levels):

Varsity and JV (4:00/6:00)

In Valley Games (5:00/7:00)

## Game day of the week (include all levels):

Girls: Monday and Wednesday

Boys: Tuesday and Friday

## Sport Specific Guidelines:

- Field set up will dictate where teams are set up, same side or opposite sides

## Region Qualification Procedures RPI

### All-Region Team selection process

Coaches Meeting : Two Weeks After Region

16 Players - First Team

16 Players- Second Team

**Any player nominated will get honorable mention**

1. **Game Day Expectations:**
  - a. Home team will provide ball “shaggers” during varsity matches
  - b. Teams choosing to play seniors at the JV level must disclose this prior to the games being played. Must be agreed upon.
  - c. Host team will provide a location to fill up water bottles/jugs
2. **Sport Specific Guidelines**
  - a. Field set up will dictate where teams/fans sit
    - i. Football Stadium- Teams on opposite sides of field, fans behind teams
  - b. Field Location and type (Can be moved for Senior Night)
    - i. Green Canyon. At School
      1. Boys-Turf
      2. Girls- Turf
    - ii. Sky View
      1. Boys at School- Turf
      2. Girls at School- Turf
    - iii. Ridgeline- At School
      1. Girls- Turf
      2. Boys Turf
    - iv. Stansbury- At School
      1. Boys- Grass
      2. Girls- Grass
    - v. Tooele- At School
      1. Boys- Grass

- 2. Girls- Grass
- vi. Deseret Peak- At School
  - 1. Boys- Turf
  - 2. Girls- Turf
- vii. Mountain Crest- At School
  - 1. Boys- Turf
  - 2. Girls- Turf
- Vii. Bear River- At School
  - 1. Boys Turf
  - 2. Girls Turf

# Girls Soccer Schedule 2025

|         |                               |                            |                               |                             |
|---------|-------------------------------|----------------------------|-------------------------------|-----------------------------|
| 8/18/25 | Deseret Peak @ Sky View       | Bear River @ Green Canyon  | Mountain Crest @ Stansbury    | Tooele @ Ridgeline          |
| 8/20/25 | Green Canyon @ Deseret Peak   | Stansbury @ Sky View       | Ridgeline @ Bear River        | Tooele @ Mountain Crest     |
| 8/25/25 | Deseret Peak @ Stansbury      | Green Canyon @ Ridgeline   | Sky View @ Tooele             | Bear River @ Mountain Crest |
| 8/27/25 | Ridgeline @ Deseret Peak      | Tooele @ Stansbury         | Mountain Crest @ Green Canyon | Bear River @ Sky View       |
| 9/3/25  | Deseret Peak @ Tooele         | Ridgeline @ Mountain Crest | Stansbury @ Bear River        | Sky View @ Green Canyon     |
| 9/8/25  | Mountain Crest @ Deseret Peak | Bear River @ Tooele        | Sky View @ Ridgeline          | Green Canyon @ Stansbury    |
| 9/10/25 | Deseret Peak @ Bear River     | Mountain Crest @ Sky View  | Tooele @ Green Canyon         | Stansbury @ Ridgeline       |
| 9/15/25 | Sky View @ Deseret Peak       | Green Canyon @ Bear River  | Stansbury @ Mountain Crest    | Ridgeline @ Tooele          |
| 9/17/25 | Deseret Peak @ Green Canyon   | Sky View @ Stansbury       | Bear River @ Ridgeline        | Mountain Crest @ Tooele     |
| 9/22/25 | Stansbury @ Deseret Peak      | Ridgeline @ Green Canyon   | Tooele @ Sky View             | Mountain Crest @ Bear River |
| 9/24/25 | Deseret Peak @ Ridgeline      | Stansbury @ Tooele         | Green Canyon @ MC             | Sky View @ Bear River       |

|                |                                              |                                           |                                   |                                     |
|----------------|----------------------------------------------|-------------------------------------------|-----------------------------------|-------------------------------------|
| <b>9/29/25</b> | <b>Tooele @<br/>Deseret Peak</b>             | <b>Mountain<br/>Crest @<br/>Ridgeline</b> | <b>Bear River @<br/>Stansbury</b> | <b>Green Canyon<br/>@ Sky View</b>  |
| <b>10/1/25</b> | <b>Deseret Peak<br/>@ Mountain<br/>Crest</b> | <b>Tooele @<br/>Bear River</b>            | <b>Ridgeline @<br/>Sky View</b>   | <b>Stansbury @<br/>Green Canyon</b> |
| <b>10/6/25</b> | <b>Bear River @<br/>Deseret Peak</b>         | <b>Sky View @<br/>Mountain<br/>Crest</b>  | <b>Green Canyon<br/>@ Tooele</b>  | <b>Ridgeline @<br/>Stansbury</b>    |

# Boys Soccer Schedule 2025

|         |                               |                            |                               |                             |
|---------|-------------------------------|----------------------------|-------------------------------|-----------------------------|
| 3/13/26 | Deseret Peak @ Sky View       | Bear River @ Green Canyon  | Mountain Crest @ Stansbury    | Tooele @ Ridgeline          |
| 3/17/26 | Green Canyon @ Deseret Peak   | Stansbury @ Sky View       | Ridgeline @ Bear River        | Tooele @ Mountain Crest     |
| 3/20/26 | Deseret Peak @ Stansbury      | Green Canyon @ Ridgeline   | Sky View @ Tooele             | Bear River @ Mountain Crest |
| 3/24/26 | Ridgeline @ Deseret Peak      | Tooele @ Stansbury         | Mountain Crest @ Green Canyon | Bear River @ Sky View       |
| 3/27/26 | Deseret Peak @ Tooele         | Ridgeline @ Mountain Crest | Stansbury @ Bear River        | Sky View @ Green Canyon     |
| 4/7/26  | Mountain Crest @ Deseret Peak | Bear River @ Tooele        | Sky View @ Ridgeline          | Green Canyon @ Stansbury    |
| 4/10/26 | Deseret Peak @ Bear River     | Mountain Crest @ Sky View  | Tooele @ Green Canyon         | Stansbury @ Ridgeline       |
| 4/14/26 | Sky View @ Deseret Peak       | Green Canyon @ Bear River  | Stansbury @ Mountain Crest    | Ridgeline @ Tooele          |
| 4/17/26 | Deseret Peak @ Green Canyon   | Sky View @ Stansbury       | Bear River @ Ridgeline        | Mountain Crest @ Tooele     |
| 4/21/26 | Stansbury @ Deseret Peak      | Ridgeline @ Green Canyon   | Tooele @ Sky View             | Mountain Crest @ Bear River |
| 4/24/26 | Deseret Peak @ Ridgeline      | Stansbury @ Tooele         | Green Canyon @ Mountain Crest | Sky View @ Bear River       |
| 4/28/26 | Tooele @ Deseret Peak         | Mountain Crest @ Ridgeline | Bear River @ Stansbury        | Green Canyon @ Sky View     |
| 5/1/26  | Deseret Peak @ Mountain Crest | Tooele @ Bear River        | Ridgeline @ Sky View          | Stansbury @ Green Canyon    |
| 5/5/26  | Bear River @ Deseret Peak     | Sky View @ Mountain Crest  | Green Canyon @ Tooele         | Ridgeline @ Stansbury       |

# Softball:

## Game Start Time (include all levels):

- Varsity: 3:30pm
- JV to follow immediately after
  - 1 ½ hour time limit

## Game day of the week (include all levels):

- Tuesday and Friday

## Gameday expectations :

- Visiting team will take the field at 3:00pm for infield
- Home team will take the field at 3:15pm for infield
- Please follow Region music guidelines

| Week | Tuesday                        | Wed                            | Friday                       |
|------|--------------------------------|--------------------------------|------------------------------|
| 1    | March 24                       | March 25                       | March 27                     |
|      | Bear River at Sky View         | Ridgeline at Green Canyon      | Sky View at Green Canyon     |
|      | Ridgeline at Deseret Peak      | Mountain Crest at Deseret Peak | Bear River at Mountain Crest |
|      | Green Canyon at Tooele         | Tooele at Bear River           | Tooele at Ridgeline          |
|      | Stansbury at Mountain Crest    | Sky View at Stansbury          | Deseret Peak at Stansbury    |
|      |                                |                                |                              |
| 2    | March 31                       | April 1                        | April 3                      |
|      | Stansbury at Ridgeline         | Ridgeline at Bear River        |                              |
|      | Bear River at Deseret Peak     | Mountain Crest at Sky View     |                              |
|      | Sky View at Tooele             | Deseret Peak at Tooele         |                              |
|      | Green Canyon at Mountain Crest | Green Canyon at Stansbury      |                              |
|      |                                |                                |                              |
| 3    | April 7                        | April 8                        | April 10                     |
|      | Deseret Peak at Sky View       | Sky View at Ridgeline          | Sky View at Bear River       |
|      | Mountain Crest at Ridgeline    | Green Canyon at Deseret Peak   | Deseret Peak at Ridgeline    |
|      | Stansbury at Tooele            | Tooele at Mountain Crest       | Tooele at Green Canyon       |
|      | Bear River at Green Canyon     | Stansbury at Bear River        | Mountain Crest at            |

|   |                                |                              |                                |
|---|--------------------------------|------------------------------|--------------------------------|
|   |                                |                              | Stansbury                      |
|   |                                |                              |                                |
| 4 | April 14                       | April 15                     | April 17                       |
|   | Green Canyon at Ridgeline      | Green Canyon at Sky View     | Ridgeline at Stansbury         |
|   | Deseret Peak at Mountain Crest | Mountain Crest at Bear River | Deseret Peak at Bear River     |
|   | Bear River at Tooele           | Ridgeline at Tooele          | Tooele at Sky View             |
|   | Stansbury at Sky View          | Stansbury at Deseret Peak    | Mountain Crest at Green Canyon |
|   |                                |                              |                                |
| 5 | April 21                       | April 22                     | April 24                       |
|   | Bear River at Ridgeline        | Ridgeline at Mountain Crest  | Ridgeline at Sky View          |
|   | Sky View at Mountain Crest     | Sky view at Deseret Peak     | Deseret Peak at Green Canyon   |
|   | Tooele at Deseret Peak         | Tooele at Stansbury          | Mountain Crest at Tooele       |
|   | Stansbury at Green Canyon      | Green Canyon at Bear River   | Bear River at Stansbury        |
|   |                                |                              |                                |
|   |                                |                              |                                |

#### **Sport Specific Guidelines :**

- **Varsity games are seven (7) innings**
  - **Run rule: 15 runs after 3 inning or 10 runs after 5 innings**
- **If score is tied after 7 innings, international tiebreaker will go into effect**
- **JV games to follow immediately after varsity games**
  - **1 ½ hour time limit. No new inning after 1 ½ hour**
  - **A team may only score 6 runs per half inning in a JV game**
  - **Rules for JV play will be agreed upon by the region in order to provide a developmental atmosphere and to accommodate facility conflicts**
- **Home team is responsible for:**
  - **A scorekeeper**
  - **Two new game balls**
  - **Paying for officials**
  - **Field markings, maintenance, and management**
  - **Reporting final scores to required media outlets**
- **Postponed games will follow UHSAA suspended game procedures**

- Home team will call their opponent and officials by noon (12:00pm) when possible
- Game will be rescheduled on the first available weekday as agreed upon by the involved coaches and approved by the involved principles
- Priority should be given to region games
- In the first round of region play, the postponed game may be “flip-flopped” to the visiting field if it is deemed playable. The second round will be reversed.
- Teams agree to accept all National Federation Rules
- All seniors nominated for Academic All-State will receive Academic All-region (3.75 or higher)
- Senior recognition day will be communicated between the two teams prior to the game.

#### **Region Schedule:**

- Coaches need to work together when making changes for spring breaks. All changes need to be approved by involved principals.

#### **All-Region Team selection process:**

- MVP needs to be voted on
  - Each school nominate one player with stats
  - Each school gets one vote but cannot vote their own player
  - Send nominations to Scott Carrell at [scott.carrell@canyonsdistrict.org](mailto:scott.carrell@canyonsdistrict.org) by May 11th
- All-Region (1st team and 2nd team)
  - 1st place = 5 players
  - 2nd place = 4 players
  - 3rd place = 3 players
  - 4th place = 2 players
  - 5th-7th place= 1 player

#### **Region Champion Criteria including tiebreaker scenarios -**

- One region trophy will be awarded to the first place team. In the event of a tie, we will award trophies to the co-champions.
-

# Swimming

1. A maximum of 14 meets/contests will be held.
2. All region meets will have a Start Time: 3:30 (Warm up starts at 2:30) Meets at Tooele, Deseret Peak, or Stansbury will have a 3:00 pm start time with 2:00 pm warm-up.
3. Game day of the week (include all levels): Thursday
4. Home team will be in the odd lanes, the visiting team will be in the even lanes.
5. The Region Championships will be held on **January 28th 9:00** a.m. at the Wasatch Recreation Center - gate will be charged at the Region Meet and will follow region pricing
6. The State Championships will be held, **February 12th-13th, 2027** at BYU
7. Each School's entries for the Region Championship will be limited to all official entries in each event and each relay. All times must be the best time from meets during the current season.
  - a. All swimmers must meet eligibility requirements as per National Federation Rules.
  - b. The top four swimmers from each school may score towards the Region Championship.
  - c. Scoring format will be sixteen places.
  - d. Region Championship information will be sent out on **January 7th, 2027**. This will include entry due dates and times. Entries will be sent to Andee Bouwhuis at [abouwhuis@tooeleschools.org](mailto:abouwhuis@tooeleschools.org)
  - e. Trophies and medals will be awarded as follows:
    - i. 1 Region Championship Trophy Each (Girls and Boys)
    - ii. Medals for Top 6 Individual and Top 3 relays. (Girls and Boys)
    - iii. Academic All Region recognition and certificate for all seniors with a cumulative 3.75 GPA and higher. Names MUST be submitted no later than to Andee Bouwhuis at [abouwhuis@tooeleschools.org](mailto:abouwhuis@tooeleschools.org) in order to be included in the program.
9. All Hosting of dual meets will have the following:

|                    | Dual Meets | Region Championships |
|--------------------|------------|----------------------|
| Starter            | \$40.00    | \$60.00              |
| Referee            | \$40.00    | \$60.00              |
| Stroke Judge       | \$40.00    | \$30.00 (10)         |
| Head Timer         | \$40.00    | \$40.00 (2)          |
| Announcer          |            | \$30.00              |
| Hospitality        |            | \$30.00              |
| Hospitality Budget |            | \$????????           |
| Meet Director      |            | \$150.00             |

|  |  |  |
|--|--|--|
|  |  |  |
|--|--|--|

## REGION 11 SWIM SCHEDULE 2025-2026

Meet 1- Northern Region 11 Invitational- Nov. @ Mtn. Crest High School

Meet 2- TCSD Region 11 Invitational- Dec. @ Praat Aquatic Center

Region 11 Championship- January 28th 9 am @ Wasatch Aquatic Center

4A State Championships- February 12 & 13 @ BYU

# Tennis (Boys and Girls)

Updated 2/27/2026

## Region 11 TENNIS RULES 2026-2027 Boys and Girls

1. Play will begin on a Region basis beginning on
2. Schools may have Varsity and JV teams. Varsity teams will consist of 7 players—3 singles and 2 doubles, JV teams will vary.
3. A maximum of 18 matches may be played. The Region Tournament is included in those 18 matches.
4. Region matches are scheduled to begin by 3:30. The only exception would be Region matches that are played before school starts. If this is the case then both coaches will decide on a starting time. Please do not start matches before the starting time of 3:30 for the sake of the parents and other spectators. The host school should provide half of their courts for the visiting team to warm up.
5. The home team determines both the order matches are played in and the courts played on. The home team will let the visiting team know how many singles and doubles in their JV ahead of time. It is requested that the coaches send line-ups the day before to the host school.
6. Matches to be played according to the schedule (subject to weather and court conditions). Host coach will be responsible to contact the visiting coach regarding the number of players for that day, court location, and/or cancellation and rescheduling plans by 1:00 p.m.
7. Matches and court conduct are to be governed by USTA rules, i.e. (racket, verbal abuse, and foot faults). If a player is breaking these rules, it will be up to the coach of that player to caution their own player. If a player requests a line judge then a parent from the opposing team may be requested to stand out on the court as an impartial line judge and will only overrule calls as necessary.
8. Matches will consist of two out of three sets—7 point tie break at 6-6. JV matches will be pro-sets—7 point tie break at 8-8.
9. Home team furnishes the balls. No new balls for the 3<sup>rd</sup> set except at the Region Tournament.
10. Players will be required to wear school color shirts and school color shorts/skirts. Warm-ups may be worn during inclement weather.
11. Players are limited to a 10 minute warm-up period with practice serves being taken during this time. Coaches should control the warm-up time.
12. Coaches should determine their team line up according to the honor system; The number one singles player should be a stronger player than the number two singles player and so on down to 3<sup>rd</sup> singles; just as the number one doubles team should be a stronger team than the number two doubles team. If at least 4 of the 6 other coaches believe a team is stacked in any way, the region director should be asked to collect all the scores of the players in question. This includes challenge match scores collected in the try-outs between their own players as well as scores collected in the dual matches. These scores would be used to determine if the team was stacked and a certain player or team was put in the wrong position. As a group, the coaches will decide either the validity of the line up or create a

new line up for the region tournament. All protests concerning region dual matches must be filed within twenty-four hours from the time the match was played, both with the Region Board of Managers and the principals of the two schools involved. All scores of challenge matches should be available and recorded. Challenge matches carry more weight if they are full 2 out of 3 sets matches, to mirror what is expected in Region play.

13. A coach may move players from singles to doubles and vice versa. However, the players must still be ranked in order of their ability with data to back it up.
14. A player/doubles team must play at least 6 of the region matches to qualify for the region and state tournaments. This includes tournaments and pre-season matches.
15. Coaches need to make sure all matches are entered correctly on Max Preps. Seeding for the tournament will be off scores posted on Max Preps.
16. Coaching will be allowed after the third game and on odd games changeovers and on mandatory 10-minute break between sets. No rest period or coaching between the 1<sup>st</sup> and 2<sup>nd</sup> game. Rest periods begin on the 3<sup>rd</sup> game change over 1.
17. Bathroom breaks are permissible if taken within the allotted 3 minutes or a reasonable amount of time.

## REGION CHAMPIONSHIP

1 Seeding for the region tournament will be determined by the record of the team wins over the team losses in that position during the 5 dual matches. If two schools have the same win-loss record in a certain position, the higher seed will be given to the winner of the head to head match. In the case of a three way tie, the three matches concerning these three teams/players would be the only data used in determining who would get the higher seed. The team/player who had the fewest number of sets lost would get the highest seed, and if there is still a tie, the team or player with the fewest number of games lost will get the highest seed. The results of the seeding will be sent to everyone the Monday before the Region Tournament. If by following these rules for seeding and if 4 out of the 6 coaches are not happy with the outcome (due possibly injuries or last minute changes to a team's line-up), the seeding will be discussed at the meeting one hour before the first match at the Region Tournament. If any changes are made there must be 4 coaches in favor of the change in order for the change to pass.

2 An 8 team single elimination bracket will be used

3 The first round will be played at 1:00 p.m. the first day. The losers bracket will be played out on the first day.

4 Matches will begin at 9 a.m. the second day. The Championship matches will go on at approximately 1:30.

5 A USTA official will be provided for the region tournament according to the HUSAA guidelines. Only coaches may coach the players, and only coaches or players may ask for an official to come to their court.

6 Scoring for Region Play: 1 point for every win at the 5 dual matches for a total of 35 points possible

7 Scoring at Region Tournament: 14 pts for 1<sup>st</sup> place, 12 pts for 2<sup>nd</sup> place, 10 pts for 3<sup>rd</sup> place, 8 pts for 4<sup>th</sup> place, 6 pts for 5<sup>th</sup> place, 4 pts for 6th place, 2 pts for 7th place for a total of 70 pts. possible. The winner of the Region title will have the most points by adding their dual match points to their Region Tournament points.

8 Any coach that has completed RMC will be allowed to coach at the tournament. One coach is allowed on the court at a time just like at the State Tournament. They must have completed all of their documentation on RMC and have been attending practices throughout the entire season to be considered one of the coaches.

9 Medals will be awarded for the top 3 places in each position.

10 Region Team Trophy will be awarded to the 1<sup>st</sup> place team

11 JV Region Tournament will be held the Friday before the Varsity at Green Canyon High School, consisting of 3 singles and 2 doubles. Each round will be a pro-set with regular scoring, just as they do in Region play. Each position will get the same seed according to the rank of the varsity team.. example: A school has the 3<sup>rd</sup> most points before the Region Tournament, so each position is seeded 3<sup>rd</sup>. for that school.

## Region 11 Girls Tennis Schedule 2026

|          |         |         |         |         |
|----------|---------|---------|---------|---------|
| Aug 25:  | DP @ BR | SV @ GC | MC @ S  | T @ R   |
| Aug 27:  | GC @ DP | S @ BR  | R @ SV  | T @ MC  |
| Sept 3:  | DP @ S  | GC @ R  | BR @ T  | SV @ MC |
| Sept 8:  | R @ DP  | T @ S   | MC @ GC | SV @ BR |
| Sept 10: | DP @ T  | R @ MC  | S @ SV  | BR @ GC |
| Sept 15: | MC @ DP | SV @ T  | BR @ R  | GC @ S  |
| Sept 17: | DP @ SV | MC @ BR | T @ GC  | S @ R   |

|                   |                          |
|-------------------|--------------------------|
| Sept 18th         | JV Region @ Green Canyon |
| Sept 21st -22nd   | Region @ Green Canyon    |
| Oct 1st, 2nd, 3rd | State @ Liberty Park     |

|                                |                |
|--------------------------------|----------------|
| 2 weeks prior:                 | July 13th-27th |
| Begin Practice/Team Selection: | July 27th      |
| First Contest:                 | Aug 3rd        |
| End Date:                      | Sept 22nd      |

2/17/2026 Proposed

## Region 11 Boys Tennis Schedule 2027

|         |         |         |         |         |
|---------|---------|---------|---------|---------|
| Apr 8:  | DP @ BR | SV @ GC | MC @ S  | T @ R   |
| Apr 13: | GC @ DP | S @ BR  | R @ SV  | T @ MC  |
| Apr 15: | DP @ S  | GC @ R  | BR @ T  | SV @ MC |
| Apr 20: | R @ DP  | T @ S   | MC @ GC | SV @ BR |
| Apr 22: | DP @ T  | R @ MC  | S @ SV  | BR @ GC |
| Apr 27: | MC @ DP | SV @ T  | BR @ R  | GC @ S  |
| Apr 29: | DP @ SV | MC @ BR | T @ GC  | S @ R   |

May 3-4: Region @ Green Canyon  
Apr 30 : JV Region @ Green Canyon  
May 13,14,15: State @ Liberty Park and Brighton

|                                |           |
|--------------------------------|-----------|
| 2 weeks prior:                 | Feb 15-28 |
| Begin Practice/Team Selection: | Mar 1     |
| First Contest:                 | Mar 8     |
| End Date:                      | May4      |

# TRACK & FIELD GUIDELINES

## Region 11 TRACK AND FIELD (BOYS/GIRLS) BYLAWS 2025-2026

**RESPONSIBLE SCHOOL: Ridgeline**

**Starting date** for the first track meet is based on UHSAA Calendar

1. All Region track meets will be held on Thursdays. We will use SportTrax or Athletic.net for entries with results data being provided to you by the hosting school, at the conclusion of each meet. Please inform the guest team at least 1 week in advance of the need to complete entries in the chosen system.
2. It is recommended but not required that each host school provide instruction and training to qualified adults to help officiate the meet. Students may assist the adults in officiating. We encourage other coaches from the visiting teams to assist in the running of field and other events where possible.
3. **Dual/Tri meets will start at 3:30 p.m.** The meet will follow in girl/boy order. It is suggested that all schools follow procedure to provide consistency with the administration of dual/tri meets. Permission to change start time will be required from both schools' Athletic Director and Principal.
4. In dual/tri meets, field event participants will have four (4) throws or four (4) jumps only. No Finals.
5. **If a Varsity track meet is not held because of inclement weather or field conditions, rescheduling will be decided by the coaches, principals, and athletic directors of the schools involved. Cancellation must be approved by the principals and athletic directors of the schools involved. If it does need to be cancelled, it needs to be done by 11:00 the day of the meet.**
6. Running events:
  - Dual meets – the fastest 3 times or the top 3 marks will be scored regardless of the heat.
  - Tri meets- the fastest 4 times or the top 4 marks will be scored regardless of the heat.
  - All hand-held times will be moved up to the nearest tenth.
7. **It is suggested that no other schools be invited to a region dual/tri meet. Permission would be required from all participating schools' principals and athletic directors prior to other schools being invited/accepted.**
8. JV meets, if scheduled, should be for any who want to come and participate but should be used for only non-Varsity/underclassmen athletes. **JV Region** will be

for those who have not qualified for Region 11 Championships only, and will follow the meet management for regular duals/tri meets. Hosting of JV Region will rotate with school hosting JV Region will host Varsity Region the following year. Current JV Region hosting rotation schedule is as follows: Stansbury, Bear River, Deseret Peak, Tooele, MC, RHS. JV Region will follow the Dual/Tri meet schedule of events and minimum marks rules. JV Region Medals will be 1<sup>st</sup> -3<sup>rd</sup> place and will be paid for by the Region. Participation will be limited to 4 per team per event and one relay per school. 2026 Date is April \_\_\_\_\_

9. Track coaches are recommended, at each dual/tri meet (multi-event athletes' rule), to limit the number of participations for each athlete, no more than 2 events per athlete. Be courteous to the hosting school.
10. It is recommended to use the following minimum marks to assist in efficient flow of **dual/tri meets**. If meet host feels the number of athletes is too great to allow all athletes in the field events to have 4 throws or 4 jumps, use the following minimum marks, with consent from all teams involved in the meet:

Athletes, first successful attempt will be marked and measured. After that the following guidelines will be followed for an athlete to receive a mark at a dual/tri meet.

|            |                                        |
|------------|----------------------------------------|
| Long Jump: | Girls 12' Boys 16'                     |
| Javelin:   | Girls 60' Boys 90'                     |
| Discus:    | Girls 50' Boys 90'                     |
| High Jump  | Girls 4'2" Boys 5'0" (Starting Height) |
| Shot Put:  | Girls 20' Boys 30'                     |

### **Region Championships**

11. To be eligible to compete in the region championship track meet, a student athlete must have participated, representing their school, in a minimum of two track meets OR met a state qualifying mark in a previous qualifying meet.
12. Region 11 Championships entries are due in SportTrax by **Tuesday, before Region Meet @ 10:00 p.m.** All coaches are required to verify and ensure accuracy of entries including number of participations. Region Rep Coach or Athletic Director over Track and Field, will complete sanction requirements with UHSAA, schedule and arrange for and pay at least one USATF Certified Meet Official to officiate the meet. They will be the final determining factor related to rules and regulations of the meet. Any Appeals will be handled per the NFHS rule book. The expectation is that Coaches, Athletes, Administrators and fans will follow these procedures. Potential Disciplinary action from the Region Administration and Athletic Directors will be the result of any and all inappropriate appeals or questioning of the officials.

13. Each school will have an event to officiate and must provide personnel and supplies (tape measures, iPad, clip board, etc.) to manage the event. Each school will provide a member to represent the school on the games committee.
14. The **Region 11 Championships will be held at Sky View High School on Wednesday, May 6 and Thursday, May 7, 2026; 1 week prior to the State meet.** Should we have Pole Vault it may be hosted at another location with date, to be determined, prior to the Region 11 Championship and **will not be counted in final scoring of the meet.** **Current Region Championship Meet hosting rotation is as follows: Sky View, Stansbury, Bear River, Deseret Peak, Tooele, MC, RHS**
15. Medals will be awarded to the top six (6) finishers in each individual event and the first-place relay teams for the Region Championships, with a trophy awarded to the first-place team. Team Scoring will follow NFHS rules. (10,8,6,5,4,3,2,1 for individual and 10,8,6,5,4,3 for relays).
16. Each participating school will be allowed up to 56 individual entries plus relays and pole vault, per gender.
17. Schools are limited to twelve (12) total meets excluding the Region and State Championships. An individual athlete is limited to participation in eight (8) State Qualifying Meets in addition to Region Championships.
18. Region 11 Championship Games Committee will consist of a coach or designee from each school. This should be decided prior to the championship dates and submitted to the Meet Director of the Host School.

**2025-2026 UHSAA Handbook, will be the standard to determine Events and State Qualifications from Region 11. NFHS Rules (current enforcement year) for Track and Field will govern the meet.**

### **All-Region Awards**

All-Region status will be awarded by each individual school based on the following criteria:

- First Team All Region: Top 4 finishers in individual events and 1st place finisher in relays, at Region 11 Championships
- Second Team All Region: 5th and 6th place finishers in individual events and 2nd place finisher in relays, at Region 11 Championships
- Honorable Mention All Region: 7th and 8th place finishers in individual events and 3rd place finisher in relays, at the Region 11 Championships

All- Region Academic Status will be awarded to senior varsity athletes who have a cumulative GPA of 3.7 or higher

### **Dual/Tri Event Schedule**

#### **Running Event Start Time 3:30 pm**

Girls 4X800 Relay  
Boys 4X800 Relay  
Girls 100 M Hurdles  
Boys 110 M Hurdles  
Girls 100 M  
Boys 100 M  
Girls 4X200 Relay  
Boys 4X200 Relay  
Girls 1600 M  
Boys 1600 M  
Girls 4 X 100 M Relay  
Boys 4 X 100 M Relay  
Girls 400 M  
Boys 400 M  
Girls 300 M Hurdles  
Boys 300 M Hurdles  
Girls 800 M  
Boys 800 M  
Girls 200 M  
Boys 200 M  
Girls 3200 M  
Boys 3200 M  
Girls 1600 M Relay

#### **Field Events Start Time 3:30 pm**

Girls Discus  
Boys Discus (after girls)  
Girls Long Jump  
Boys Long Jump (after girls)  
Boys High Jump  
Girls High Jump (after boys)  
Boys Shot Put  
Girls Shot Put (after boys)  
Boys Javelin  
Girls Javelin (after boys)  
Boys Pole Vault (if available at host facility)  
Girls Pole Vault (after boys)

## Boys 1600 M Relay

Events will be moved ahead of time schedule if possible. Athletes should report to the starting line or their respective field events areas by second call or they will be scratched from the event.

### Region 11 Track & Field Championships Schedule of Events Schedule

| Day 1 Schedule of Events         |                                     | Day 2 Schedule of Events        |                                                     |
|----------------------------------|-------------------------------------|---------------------------------|-----------------------------------------------------|
| <b>Track Start Time: 3:30 pm</b> |                                     | <b>Track Start Time 3:30 pm</b> |                                                     |
| 2:30                             | Coaches Meeting                     | 2:30                            | Coaches Meeting                                     |
| 3:00                             | Girls 4 X 200 Relay Final           | 3:00                            | Girls 3200 Final                                    |
| 3:06                             | Boys 4 X 200 Relay Final            | 3:20                            | Boys 3200 Final                                     |
| 3:12                             | Girls 1600 M Final                  | 3:25                            | Girls 100M Hurdles Final                            |
| 3:21                             | Boys 1600 M Final                   | 3:30                            | Boys 110 M Hurdles Final                            |
| 3:25                             | Girls 100 M Hurdles-Trials          | 3:40                            | Girls 100 M Final                                   |
| 3:35                             | Boys 110 M Hurdles-Trials           | 3:45                            | Boys 100 M Final                                    |
|                                  |                                     | 3:50                            | <b>Unified 50 Meter</b>                             |
| 3:48                             | Girls 100 M-Trials                  | 4:05                            | Girls 4 X 100 M-Relay Final                         |
| 3:58                             | Boys 100 M- Trials                  | 4:10                            | Boys 4 X 100 M-Relay Final                          |
|                                  |                                     | 4:15                            | <b>Unified 4 X 100 Relay</b>                        |
| 4:05                             | Girls 400 M- Trials                 | 4:30                            | Girls 400 M-Final                                   |
| 4:20                             | Boys 400 M- Trials                  | 4:35                            | Boys 400 M Relay-Final                              |
|                                  |                                     | 5:00                            | <b>Senior Recognition/All State Academic Awards</b> |
| 4:30                             | Girls 300 M- Hurdles-Trials         | 5:20                            | Girls 300 M Hurdles-Final                           |
| 4:45                             | Boys 300 M- Hurdles- Trials         | 5:25                            | Boys 300 M-Hurdles Final                            |
| 4:55                             | Girls 200 M-Trials                  | 5:35                            | Girls 800 M-Final                                   |
| 5:15                             | Boys 200 M-Trials                   | 5:40                            | Boys 800 M-Final                                    |
| 5:20                             | Girls 4 X 800 Relay-Finals          | 5:45                            | Girls 200 M-Final                                   |
| 5:35                             | Boys 4 X 800 Relay-Finals           | 5:50                            | Boys 200 M-Final                                    |
|                                  |                                     | 5:55                            | Girls 4 X 400 M-Relay Final                         |
|                                  |                                     | 6:00                            | Boys 4X400 M-Relay Final                            |
| <b>Field Start Time 3:30 pm</b>  | Boys Discus                         |                                 |                                                     |
|                                  | Boys High Jump                      |                                 |                                                     |
|                                  | Girls Javelin                       |                                 |                                                     |
|                                  | Girls Long Jump                     | <b>Field Start Time 3:30 pm</b> | Boys Javelin                                        |
| Pole Vault TBD                   | Girls Shot Put (after boy's discus) |                                 | Boys Long Jump                                      |
|                                  |                                     |                                 | <b>Unified Shot Put (3 PM)</b>                      |
|                                  |                                     |                                 | Boys Shot Put (after girl's discus)                 |
|                                  |                                     |                                 | Girls High Jump                                     |
|                                  |                                     |                                 | Girls Discus (after unified shot)                   |

\*All times are approximate. A rolling schedule of events will be used where possible to move forward in the meet. \*\*If needed to provide appropriate intervals of rest between events we will take official breaks (on day one between 400 M trials and 300 hurdle trials; on day two between 100M finals and 4X100 relay finals, between 400 M finals and 300 H finals, and then between 200 Finals and 4X400 relay finals)  
 \*\*\*Each team is allowed 56 participations per gender

| 2026 Region XI Track and Field Dual/Tri-Meet Schedule |                            |                               |
|-------------------------------------------------------|----------------------------|-------------------------------|
| Date                                                  | Host Team                  | Visiting Team(s)              |
| March 12                                              | Green Canyon               | Mountain Crest & Bear River   |
|                                                       | Sky View                   | Ridgeline                     |
|                                                       | Tooele                     | Ogden                         |
|                                                       | Deseret Peak and Stansbury | Not Competing                 |
|                                                       |                            |                               |
| March 19                                              | Ridgeline                  | Sky View & Tooele             |
|                                                       | Stansbury                  | Deseret Peak & Mountain Crest |
|                                                       | Bear River                 | Green Canyon                  |
|                                                       |                            |                               |
| March 26                                              | Ridgeline                  | Mountain Crest                |
|                                                       | Stansbury                  | Tooele & Green Canyon         |
|                                                       | Deseret Peak               | Bear River & Sky View         |
|                                                       |                            |                               |
| April 9                                               | Mountain Crest             | Sky View & Bear River         |
|                                                       | Green Canyon               | Ridgeline                     |
|                                                       | Tooele Invite              | Stansbury & Deseret Peak      |
|                                                       |                            |                               |
| April 16                                              | Sky View                   | Green Canyon & Deseret Peak   |
|                                                       | Tooele                     | Ridgeline & Stansbury         |
|                                                       | Bear River                 | Mountain Crest                |
|                                                       |                            |                               |
| April 22                                              | Mountain Crest             | Cache Box "Cache County"      |
|                                                       |                            |                               |
| April 28                                              | Deseret Peak               | JV Region                     |
|                                                       |                            |                               |
| 5/6-7                                                 | Sky View                   | Varsity Region                |

## Girls Volleyball

Game Start Time:

3:30 Sophomore

5:00 JV / 5:00 Freshman

**6:30 Varsity**

**Game day of the week:**

**Tuesday / Thursday**

**Gameday expectations:**

Home team will provide warm-up balls, a ball cart, locker room, water jug (or convenient water bottle filling station) for the visiting team.

Senior night activities will be kept to no longer than 15 minutes.

Teams will stay on same side

**Sport Specific Guidelines (i.e. pitch count in baseball)**

Varsity matches will follow the UHSAA format.

All sub-varsity matches will follow the best of 5 games format:

Games 1 and 2 will go to 25, win by 2, cap at 27

Games 3, 4, 5, will go to 15 win by 2, cap at 17

Freshman games: No new set will begin after 6:00pm.

**All-Region Team selection process**

**All-Region First Team (12 players)**

- First, second, and third place teams: 2 players each
- Fourth, Fifth, Sixth, and Seventh place teams: 1 player each
- Two wildcard spots are available. Coaches may nominate a player for a wildcard spot. Coaches will vote and top two players will be added to the All-Region First Team.
- 1 MVP will be chosen from the 12 players nominated to the All-Region First Team. Coaches will vote for MVP (coaches may not vote for their own player in this vote).

**All-Region Second Team (12 players)**

- Follow the same format as All-Region First Team.

**All-Region Honorable Mention (14 players)**

- Each team will choose 2 players.

**Academic All-Region - Certificate Awarded to senior members of the volleyball team with a cumulative 3.75 GPA or higher.**

**Region Champion Criteria including tiebreaker scenarios**Head to Head W/L Match Record

- Teams with identical records are co-champions and receive a trophy

## **Girls Volleyball Schedule 2025**

Volleyball, Girls Varsity

Games

|                       |                                                       |                                                          |                                                        |                                                          |
|-----------------------|-------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------|----------------------------------------------------------|
| <b>Thu 8/28/2025</b>  | Stansbury High School<br>@ Sky View High School       | Tooele High School<br>@ Ridgeline High School            | Bear River High School<br>@ Mountain Crest High School | Deseret Peak High School<br>@ Green Canyon High School   |
| <b>Tue 9/2/2025</b>   | Ridgeline High School<br>@ Stansbury High School      | Mountain Crest High School<br>@ Sky View High School     | Green Canyon High School<br>@ Tooele High School       | Deseret Peak High School<br>@ Bear River High School     |
| <b>Thu 9/4/2025</b>   | Stansbury High School<br>@ Mountain Crest High School | Ridgeline High School<br>@ Green Canyon High School      | Sky View High School<br>@ Deseret Peak High School     | Tooele High School<br>@ Bear River High School           |
| <b>Tue 9/9/2025</b>   | Green Canyon High School<br>@ Stansbury High School   | Deseret Peak High School<br>@ Mountain Crest High School | Bear River High School<br>@ Ridgeline High School      | Tooele High School<br>@ Sky View High School             |
| <b>Thu 9/11/2025</b>  | Stansbury High School<br>@ Deseret Peak High School   | Green Canyon High School<br>@ Bear River High School     | Mountain Crest High School<br>@ Tooele High School     | Sky View High School<br>@ Ridgeline High School          |
| <b>Tue 9/16/2025</b>  | Bear River High School<br>@ Stansbury High School     | Tooele High School<br>@ Deseret Peak High School         | Sky View High School<br>@ Green Canyon High School     | Ridgeline High School<br>@ Mountain Crest High School    |
| <b>Thu 9/18/2025</b>  | Stansbury High School<br>@ Tooele High School         | Bear River High School<br>@ Sky View High School         | Deseret Peak High School<br>@ Ridgeline High School    | Mountain Crest High School<br>@ Green Canyon High School |
| <b>Tue 9/23/2025</b>  | Sky View High School<br>@ Stansbury High School       | Ridgeline High School<br>@ Tooele High School            | Mountain Crest High School<br>@ Bear River High School | Green Canyon High School<br>@ Deseret Peak High School   |
| <b>Tue 9/30/2025</b>  | Stansbury High School<br>@ Ridgeline High School      | Sky View High School<br>@ Mountain Crest High School     | Tooele High School<br>@ Green Canyon High School       | Bear River High School<br>@ Deseret Peak High School     |
| <b>Thu 10/2/2025</b>  | Mountain Crest High School<br>@ Stansbury High School | Green Canyon High School<br>@ Ridgeline High School      | Deseret Peak High School<br>@ Sky View High School     | Bear River High School<br>@ Tooele High School           |
| <b>Tue 10/7/2025</b>  | Stansbury High School<br>@ Green Canyon High School   | Mountain Crest High School<br>@ Deseret Peak High School | Ridgeline High School<br>@ Bear River High School      | Sky View High School<br>@ Tooele High School             |
| <b>Thu 10/9/2025</b>  | Deseret Peak High School<br>@ Stansbury High School   | Bear River High School<br>@ Green Canyon High School     | Tooele High School<br>@ Mountain Crest High School     | Ridgeline High School<br>@ Sky View High School          |
| <b>Tue 10/14/2025</b> | Stansbury High School<br>@ Bear River High School     | Deseret Peak High School<br>@ Tooele High School         | Green Canyon High School<br>@ Sky View High School     | Mountain Crest High School<br>@ Ridgeline High School    |
| <b>Thu 10/16/2025</b> | Tooele High School<br>@ Stansbury High School         | Sky View High School<br>@ Bear River High School         | Ridgeline High School<br>@ Deseret Peak High School    | Green Canyon High School<br>@ Mountain Crest High School |

## Boys Volleyball Schedule 2026

|         |       |       |       |       |
|---------|-------|-------|-------|-------|
| 3/5/26  | BR@T  | DP@S  | GC@SV | MC@R  |
| 3/10/26 | S@BR  | SV@T  | R@DP  | MC@GC |
| 3/12/26 | BR@SV | S@R   | T@MC  | DP@GC |
| 3/17/26 | R@BR  | MC@SV | GC@S  | DP@T  |
| 3/19/26 | BR@MC | R@GC  | SV@DP | T@S   |
| 3/24/26 | GC@BR | DP@MC | T@R   | S@SV  |
| 3/26/26 | BR@DP | GC@T  | MC@S  | SV@R  |
| 4/7/26  | T@BR  | S@DP  | SV@GC | R@MC  |
| 4/9/26  | BR@S  | T@SV  | DP@R  | GC@MC |
| 4/14/26 | SV@BR | R@S   | MC@T  | GC@DP |
| 4/16/26 | BR@R  | SV@MC | S@GC  | T@DP  |
| 4/21/26 | MC@BR | GC@R  | DP@SV | S@T   |
| 4/23/26 | BR@GC | MC@DP | R@T   | SV@S  |
| 4/28/26 | DP@BR | T@GC  | S@MC  | R@SV  |

## Wrestling

Dual Weigh in 3:30

JV boys/Girls 4:30

Varsity boys/ girls 6:30

Tri dual weigh in at 3:00

Run on 2 mats JV on one and Varsity on the other.

First dual 4:00

Second dual 5:45

Third dual 7:15

- Lineups need to be entered into trackwrestling by 12:00 PM the day of the match.

## Wrestling Schedule 2025-2026

| Boys and Girls Wrestling Schedule 2025-26 |                           |                           |                             |
|-------------------------------------------|---------------------------|---------------------------|-----------------------------|
| Date                                      | Boys                      | Girls                     | Combined Boys and Girls     |
|                                           |                           |                           |                             |
| 12/3/25                                   | Green Canyon @ Bear River | Bear River @ Green Canyon | Deseret Peak @ Mt Crest     |
|                                           |                           |                           | Sky View @ Stansbury        |
|                                           |                           |                           | Ridgeline @ Tooele          |
|                                           |                           |                           |                             |
| 12/4/25                                   | Mt Crest @ Green Canyon   | Green Canyon @ Mt Crest   | Bear River @ Deseret Peak   |
|                                           | Stansbury @ Ridgeline     | Ridgeline @ Stansbury     |                             |
|                                           | Tooele @ Sky View         | Sky View @ Tooele         |                             |
|                                           |                           |                           |                             |
| 12/10/25                                  |                           | Tooele @ Bear River       | Stansbury @ Deseret Peak    |
|                                           |                           | Sky View @ Green Canyon   |                             |
|                                           |                           | Mt Crest @ Ridgeline      |                             |
|                                           |                           |                           |                             |
| 12/11/25                                  | Bear River @ Tooele       |                           |                             |
|                                           | Sky View @ Green Canyon   |                           |                             |
|                                           | Ridgeline @ Mt. Crest     |                           |                             |
|                                           |                           |                           |                             |
| 12/17/25                                  | Ridgeline @ Sky View      | Mt Crest @ Bear River     | Tooele @ Stansbury          |
|                                           |                           |                           |                             |
| 12/18/25                                  | Bear River @ Mt Crest     | Ridgeline @ Sky View      | Green Canyon @ Deseret Peak |
|                                           |                           |                           |                             |

|         |                          |                          |                          |
|---------|--------------------------|--------------------------|--------------------------|
| 1/7/26  |                          | Bear River @ Ridgeline   | Deseret Peak @ Sky View  |
|         |                          |                          |                          |
| 1/8/25  | Tooele @ Green Canyon    | Green Canyon @ Tooele    | Mt Crest @ Stansbury     |
|         | Bear River @ Ridgeline   |                          |                          |
|         |                          |                          |                          |
| 1/14/26 | Green Canyon @ Ridgeline | Mt Crest @ Sky View      |                          |
|         |                          | Stansbury @ Bear River   |                          |
|         |                          |                          |                          |
| 1/15/26 | Sky View @ Mt Crest      | Ridgeline @ Green Canyon | Deseret Peak @ Tooele    |
|         | Stansbury @ Bear River   |                          |                          |
|         |                          |                          |                          |
| 1/21/26 | Sky View @ Bear River    | Tooele @ Mt Crest        |                          |
|         |                          |                          |                          |
| 1/22/26 | Mt Crest @ Tooele        | Bear River @ Sky View    | Green Canyon @ Stansbury |
|         |                          |                          | Ridgeline @ Deseret Peak |
|         |                          |                          |                          |

## Lacrosse (Boys)

### Boys Lacrosse Rules

Start Times:

Boys JV 5:00 pm V 7:00 pm

\*\*Standard clock for the 1st half of JV, running clock for the 2nd half of JV

1. Seniors will be allowed to play Junior Varsity upon prior discussion by the head coaches. No "Stars".
2. In the event of postponement, it will be the responsibility of the home team athletic director or head coach to notify the visiting school and the officials. This should be done by one o'clock on the day of the game.
3. Teams will sit on the same side as the home team.
4. Fans will sit on opposite sides of the field.

5. Any necessary changes to these arrangements will be determined between the two principals and/or Athletic Directors involved.
6. ALL Coaches must complete the documentation on RMC before the first Region game, or they will not be allowed to coach.
7. Both head coaches are responsible for getting their scores posted on MaxPreps after each game.
8. Teams need to make sure they have accurate stats.
9. If fans, parents, etc., make unsportsmanlike comments, they will be asked to leave the stadium.
10. The mercy rule will apply when a team is up by 12. A running clock will then occur for the remainder of the game.
11. Locker rooms will not be provided for visiting teams unless, due to weather, it is decided to provide one. Prior notice will be given to let custodians know when this occurs.

Coaches would like to consider providing a Region freshman schedule similar to soccer's, potentially on Monday nights as well.

Coaches would like only to play all Region schools once and are looking at doing a Region tournament before Region play begins.

## Boys Lacrosse Region Schedule 2026

|               |          |                                |                |
|---------------|----------|--------------------------------|----------------|
| Start Date    | Feb 23rd | Start Time                     | JV 5:00 V 7:00 |
| First Contest | Mar 2nd  | Games on Monday and Wednesdays |                |
| End Date      | May 8th  |                                |                |

|             |         |         |         |
|-------------|---------|---------|---------|
| March 25th: | R @ BR  | L @ GC  | MC @ SV |
| April 8:    | BR @ GC | SV @ R  | L @ MC  |
| April 13:   | SV @ BR | GC @ MC | R @ L   |
| April 15:   | MC @ BR | L @ SV  | GC @ R  |
| April 20:   | L @ BR  | R @ MC  | SV @ GC |
| April 22:   | BR @ R  | GC @ L  | SV @ MC |
| April 27:   | GC @ BR | R @ SV  | MC @ L  |
| April 29:   | BR @ SV | MC @ GC | L @ R   |
| May 4th:    | BR @ MC | SV @ L  | R @ GC  |
| May 6th:    | BR @ L  | MC @ R  | GC @ SV |

|          |                               |
|----------|-------------------------------|
| May 12th | State First Round Home Sites  |
| May 14th | State Second Round Home Sites |
| May 16th | State Q Final Home Sites      |
| May 20th | State Semi Final @ TBA        |
| May 22nd | State Final @ TBA             |

## **Lacrosse (Girls) Schedule**

**Varsity start time is 5:30**

## JV start time is right after (7:00)

| Region 11 Girls Lacrosse |           |          |          |          |          |
|--------------------------|-----------|----------|----------|----------|----------|
|                          | Day       | Date     |          |          |          |
|                          | Wednesday | March 25 | BR @ RL  | GC @ Log | SV @ MC  |
|                          | Wednesday | April 8  | GC @ BR  | RL @ SV  | MC @ Log |
|                          | Monday    | April 13 | BR @ SV  | MC @ GC  | Log @ RL |
|                          | Wednesday | April 15 | BR @ MC  | SV @ Log | RL @ GC  |
|                          | Monday    | April 20 | BR @ Log | MC @ RL  | GC @ SV  |
|                          | Wednesday | April 22 | RL @ BR  | Log @ GC | MC @ SV  |
|                          | Monday    | April 27 | BR @ GC  | SV @ RL  | Log @ MC |
|                          | Wednesday | April 29 | SV @ BR  | GC @ MC  | RL @ Log |
|                          | Monday    | May 4    | MC @ BR  | Log @ SV | GC @ RL  |
|                          | Wednesday | May 6    | Log @ BR | RL @ MC  | SV @ GC  |

