

2026-2027

**REGION III
HANDBOOK**

6A Region 3

AMERICAN FORK HIGH SCHOOL

510 North 600 East, American Fork, UT 84003



CORNER CANYON HIGH SCHOOL

12943 S. 700 E., Draper, UT 84020



LEHI HIGH SCHOOL

180 N. 500 E., Lehi, UT 84043



LONE PEAK HIGH SCHOOL

10189 North 4800 West, Highland, UT 84003



SKYRIDGE HIGH SCHOOL

3000 N Center Street, Lehi, UT 84043



BOARD OF MANAGERSRegion III Chair, **Todd Dawson**, Lone Peak High School

SCHOOL	PRINCIPAL	SCHOOL NUMBER	EMAIL ADDRESS
American Fork	Wade Lott	801-610-8800	wlott@alpinedistrict.org
Corner Canyon	Dina Kohler	801-826-6400	dina.kohler@canyonsdistrict.org
Lehi	Aaron Barth	801-610-8805	abarth@alpinedistrict.org
Lone Peak	Tim Thompson	801-610-8810	tthompson@alpinedistrict.org
Skyridge	John Wallwork	801-610-8820	johnwallwork@alpinedistrict.org

ACTIVITY CHAIRS

ACTIVITY	CONTACT	SCHOOL	EMAIL
Baseball	Braden Walker	Lone Peak	bwalker@alpinedistrict.org
Basketball, Boys	Quincy Lewis	Lehi	qlewis@alpinedistrict.org
Basketball, Girls	Quincy Lewis	Lehi	qlewis@alpinedistrict.org
Cheer	Phil Clark	Lehi	philipclark@alpinedistrict.org
Cross Country	Jana Houle	Skyridge	jhoule@alpinedistrict.org
Drill	Lisa Gallagher	Lehi	lgallagher@alpinedistrict.org
ESports	Justin Reeves	Lone Peak	jreeves@alpinedistrict.org
Football	Joe Atwood	Skyridge	jatwood@alpinedistrict.org
Forensics (Debate)	Sally Williams	Corner Canyon	sally.williams@canyonsdistrict.org
Golf, boys	Jordan Denos	Corner Canyon	jordan.denos@canyonsdistrict.org
Golf, girls	Jordan Denos	Corner Canyon	jordan.denos@canyonsdistrict.org
Lacrosse, boys	Chad Wiet	Skyridge	cwiet@alpinedistrict.org
Lacrosse, girls	Daren Ward	Skyridge	dward@alpinedistrict.org
Music, instrumental	Sterling Keyes	Lone Peak	skeyes@alpinedistrict.org
Music, vocal	Sterling Keyes	Lone Peak	skeyes@alpinedistrict.org
Soccer, boys	Brett Robertson	American Fork	brobertson@alpinedistrict.org
Soccer, girls	Dane Henderson	Lone Peak	dhenderson@alpinedistrict.org
Softball	Jaxon Warr	Lehi	jkwarr@alpinedistrict.org
Sportsmanship	Justin Reeves	Lone Peak	jreeves@alpinedistrict.org
Swimming	Patrick Thurman	Corner Canyon	patrick.thurman@canyoonsdistrict.org
Tennis, boys	Eric Marianno / Melody Apezteguia	American Fork	emarianno@alpinedistrict.org mapezteguia@alpinedistrict.org
Tennis, girls	Katie Campbell	Corner Canyon	katie.campbell@canyonsdistrict.org

Theatre	Cameron Dickson	Lone Peak	cdickson@alpinedistrict.org
Track	Jed Francis	Skyridge	jfrancis@alpinedistrict.org
Unified Sports	Amber Baines	Lone Peak	@alpinedistrict.org
Volleyball, boys	Misty Jolley	Corner Canyon	misty.jolley@canyonsdistrict.org
Volleyball, girls	Cole Perry	American Fork	cperry@alpinedistrict.org
Wrestling, Boys	Belinda Talonia	American Fork	btalonia@alpinedistrict.org
Wrestling, Girls	Jen Bitton's replacement	Lehi	@alpinedistrict.org

AMERICAN FORK HIGH SCHOOL

510 North 600 East, American Fork, UT 84003

Principal: Peter Glahn
Athletic Director: Jeremy Lewis
Administrative Secretary: Mary Scharman
Mascot: Caveman - Colors: Red, White

School Phone: 801-610-8800 Fax Number: 801-756-8575

CONTACT INFORMATION:

Principal	Wade Lott	wlott@alpinedistrict.org
Administrative Secretary	Mary Scharman	mscharman@alpinedistrict.org
Assistant Principal	Melody Apezteguia	mapezteguia@alpinedistrict.org
Assistant Principal	Eric Marianno	emarianno@alpinedistrict.org
Assistant Principal	Brett Robertson	brobertson@alpinedistrict.org
Assistant Principal	Cole Perry	cperry@alpinedistrict.org
Assistant Principal	Belinda Talonia	btalonia@alpinedistrict.org
Athletic Director	Jeremy Lewis	jeremylewis@alpinedistrict.org
Athletic Director	Rachel Phillippi	rphillippi@alpinedistrict.org
Athletic Trainer	Garet Jeffery	garet.jeffery@advancedutah.com
Baseball	Jarod Ingersoll	jingersoll@alpinedistrict.org
Basketball, boys	Ryan Cuff	rcuff@alpinedistrict.org
Basketball, girls	Rob Harmon	rharmon@alpinedistrict.org
Cheer	Bri Croft	brianna.warb@gmail.com
Cross Country, boys	Timo Mostert	tmostert@alpinedistrict.org
Cross Country, girls	Bruno Hunziker	bhunziker@alpinedistrict.org
Drill	Jeana Harmon	jeana@byu.net
Football	Aaron Behm	abehm@alpinedistrict.org
Forensics (Debate)	—	—
Golf, boys	Lynn Anderson	landerson@alpinedistrict.org
Golf, girls	Lynn Anderson	landerson@alpinedistrict.org
Lacrosse, boys	Joey Hall	josephhall@alpinedistrict.org
Lacrosse, girls	Portia Rowbury	portiarowbury@alpinedistrict.org
Music, instrumental	Orien Landis	olandis@alpinedistrict.org
Music, vocal	Taylor Rane	
Soccer, boys	Casey Waldron	caseybwaldron@gmail.com

Soccer, girls	Tara Warner	tarawarner@alpinedistrict.org
Softball	Sara Park	parksara23@gmail.com
Swimming	Michael King	michaelking@alpinedistrict.org
Tennis, boys	Jason Herrud	jherrud@alpinedistrict.org
Tennis, girls	Jason Herrud	jherrud@alpinedistrict.org
Theatre	Neal Johnson	nealjohnson@alpinedistrict.org
Track	Brett Myrup	bmyrup@alpinedistrict.org
Volleyball, boys	Ryan Cuff	rcuff@alpinedistrict.org
Volleyball, girls	Melissa Guymon	melissaguymon@alpinedistrict.org
Wrestling, boys	Cody Mortensen	codymortensen@alpinedistrict.org
Wrestling, girls	No program	—

Directions to American Fork High School

American Fork High - 600 E. 510 N. American Fork, UT 84003

Directions: Take the I-15 Exit 276 (500 E.) and travel north until 300 north, about 1.5 miles. Go east (Right) on 300 for one block, and turn north again on 600 E. The school is one block north.

Baseball Field: Go through the north parking lot off of 600 E. between the school and the seminary building. The field is on the east side of the school campus.

Football Field: Go through the main parking lot off of 600 E. on the south side of the school. The field is on the east side of the school campus.

Gymnasium: Go through the north parking lot off of 600 E. between the school and the seminary building. The gym is on the east side of the school campus.

Lacrosse Field: Go through the main parking lot off of 600 E. on the south side of the school. The field is on the east side of the school campus. (all games will be played in stadium)

Pool: American Fork's Recreation Center: 454 N Center Street, American Fork. (located just south the ASD offices)

Soccer Field: Go through the north parking lot off of 600 E. between the school and the seminary building. The field is on the east side of the school campus.

Softball Field: Go through the main parking lot off of 600 E. on the south side of the school. The field is on the east side of the school campus.



CORNER CANYON HIGH SCHOOL

12943 South 700 East, Draper, UT 84020

Principal: Dina Kohler
Athletic Director: Patrick Thurman
Administrative Secretary: Kathy Hilton
Mascot: Chargers - Colors: Navy, Silver, White

School Phone: 801-826-6400 Fax Number: 801-826-6409

CONTACT INFORMATION:

Principal	Dina Kohler	dina.kohler@canyonsdistrict.org
Administrative Secretary	Kathy Hilton	kathleen.hilton@canyonsdistrict.org
Assistant Principal (Over Athletics)	Misty Jolley	misty.jolley@canyonsdistrict.org
Assistant Principal	Sally Williams	sally.williams@canyonsdistrict.org
Assistant Principal	Jordan Denos	jordan.denos@canyonsdistrict.org
Assistant Principal	Katie Campbell	katie.campbell@canyonsdistrict.org
Athletic Director	Patrick Thurman	patrick.thurman@canyonsdistrict.org
Athletic Trainers	Atlanta Black & Joe Merrill	
Baseball	Jeff Eure	jeffrey.eure@canyonsdistrict.org
Basketball, boys	Dan Lunt	dan.lunt@canyonsdistrict.org
Basketball, girls	Nick Taylor	nicholas.taylor@canyonsdistrict.org
Cheer	Whitney Lunt	whitney.lunt@canyonsdistrict.org
Cross Country, boys	Stephanie Henstrom	stephanie.henstrom@canyonsdistrict.org
Cross Country, girls	Stephanie Henstrom	stephanie.henstrom@canyonsdistrict.org
Drill	Brittany Nordhoff	brittsue16@gmail.com
Football	Casey Sutera	casey.sutera@canyonsdistrict.org
Forensics (Debate)	Jonathan Spencer	jbsholy1@comcast.net
Golf, boys	Derek Fox	derek@impactgolfcenter.com
Golf, girls	Cody Nesbit	cody.nesbit@canyonsdistrict.org
Lacrosse, boys	Jeff King	jeffrey.king@canyonsdistrict.org
Lacrosse, girls	Matthew Kenning	makenning@gmail.com
Music, instrumental	Randal Clark	randal.clark@canyonsdistrict.org
Music, vocal	Melissa Thorne	melissa.thorne@canyonsdistrict.org
Soccer, boys	Ethan Liefing	ethan.liefing@canyonsdistrict.org
Soccer, girls	Kelsey Haag	kelsey.haag@canyonsdistrict.org
Softball	Lexi Parker	alexisparker0821@gmail.com

Swimming	Sheridyn Cook	sher.cam84@gmail.com
Tennis, boys	Allison Rideout	alliride96@gmail.com
Tennis, girls	Allison Rideout	alliride96@gmail.com
Theatre	Phaidra Atkinson	phaidra.atkinson@canyonsdistrict.org
Track	Brandon Watts (boys) Alyssa Dalton (girls)	brandon.watts@canyonsdistrict.org alyssa.dalton@canyonsdistrict.org
Volleyball, boys		
Volleyball, girls	Mindy Ricks	melinda.ricks@canyonsdistrict.org
Wrestling, boys	Jeff Eure	jeffrey.eure@canyonsdistrict.org
Wrestling, girls	John Fager	john.fager@canyonsdistrict.org

Directions to Corner Canyon High School

12943 South 700 East, Draper, UT 84020

Directions: From I-15, take exit 291 (12300 South), head east to 700 East. Take a right and head south until you reach the school.

Baseball Field: South East

Football Field: North East

Gymnasium: South West

Pool: Draper Rec Center (657 East Vestry Road, Draper)

Soccer Field: East

Softball Field: South East



Lehi High School

180 N. 500 E., Lehi, UT 84043

Principal: Aaron Barth
Athletic Director: Quincy Lewis
Administrative Secretary: Jana Johnson
Mascot: Pioneers - Colors: Purple
School Phone: 801-861-8805 Fax Number: 801-768-7040

CONTACT INFORMATION:

Principal	Aaron Barth	abarth@alpinedistrict.org
Administrative Secretary	Jana Johnson	janajohnson@alpinedistrict.org
Assistant Principal	Jaxon Warr	jkwarr@alpinedistrict.org
Assistant Principal	Lisa Gallagher	lgallagher@alpinedistrict.org
Assistant Principal	Phil Clark	philipclark@alpinedistrict.org
Assistant Principal	Jennifer Bitton	jbitton@alpinedistrict.org
Athletic Director	Quincy Lewis	qlewis@alpinedistrict.org
Athletic Director	Ryan Goldsberry	rgoldsberry@alpinedistrict.org
Athletic Trainer	Mitch Brower	mittchell.brower@imail.org
Baseball	David Madsen	davidmadsen@gmail.com
Basketball, boys	Reed Bromley	rbromley1@alpinedistrict.org
Basketball, girls	Sean Seastrand	sseastrand@alpinedistrict.org
Cheer	Jena Anderson	Jenniferanderson@alpinedistrict.org
Cross Country	Chris Dorton	cdorton@alpinedistrict.org
Drill	Malory Gray	graymalory40@gmail.com
Football	Andy Hadfield	hadfield.andy@gmail.com
Forensics (Debate)	Matt Ricks	mricks1@alpinedistrict.org
Golf, boys	Johnny Revill	jrevill1023@gmail.com
Golf, girls	Tele Wightman	Telewightman@alpinedistrict.org
Lacrosse, boys	Richy Damraur	richyjd@gmail.com
Lacrosse, girls	Taylor Siri	tsiri@alpinedistrict.org
Music, instrumental	Brian Parker	brianparker@alpinedistrict.org
Music, vocal	Emily Duncan	eduncan@alpinedistrict.org
Soccer, boys	Tyson Lawrence	tlawrence1@alpinedistrict.org
Soccer, girls	Jonas Hartmann	jhartmann@utahavalanche.com
Softball	Tim Kennedy	timkenedy@alpinedistrict.org
Swimming	Bailey Flinders	baileyflinders@gmail.com

Tennis, boys	Rex Burningham	rburningham@alpinedistrict.org
Tennis, girls	Glen Zobell	gzobell@alpinedistrict.org
Theatre	Mindy Nelsen	mnelsen@alpinedistrict.org
Track	Emily King (girls) Kari Trejo (boys)	emilyking@alpinedistrict.org ktrejo@alpinedistrict.org
Volleyball, boys	Kolby Shewell	kolbyshewell@alpinedistrict.org
Volleyball, girls	Alise Bowles	abowles@alpinedistrict.org
Wrestling, boys	Dan Rice	drice@alpinedistrict.org
Wrestling, girls	McKay Coombs	coombs11m@gmail.com

Directions to Lehi High School

Lehi High School – 180 N. 500 E., Lehi, UT 84043

Directions:

Baseball Field:

Stadium:

Gymnasium:

Soccer Field:

Softball Field:



LONE PEAK HIGH SCHOOL

10189 North 4800 West, Highland, UT 84003

Principal: Todd Dawson
Athletic Director: Braden Walker
Administrative Secretary: Lynn Combs
Mascot: Knights - Colors: Black, Gold, Maroon

School Phone: 801-610-8810 Fax Number: 801-763-7064

CONTACT INFORMATION:

Principal	Tim Thompson	tthompson@alpinedistrict.org
Administrative Secretary	Lynn Combs	lcombs@alpinedistrict.org
Assistant Principal	Cameron Dickson	cdickson@alpinedistrict.org
Assistant Principal	Amber Baines	abaines@alpinedistrict.org
Assistant Principal	Dane Henderson	dhenderson@alpinedistrict.org
Assistant Principal	Sterling Keyes	skeyes@alpinedistrict.org
Assistant Principal	Kenyon Christen	kchristen@alpinedistrict.org
Athletic Director	Braden Walker	bwalker@alpinedistrict.org
Athletic Trainer	Luke Bryan	lbryan@alpinedistrict.org
Baseball	Matt Bezzant	mbezzant@alpinedistrict.org
Basketball, boys	Izzy Ingle	iingle@alpinedistrict.org
Basketball, girls	Nancy Warner	nwarner@alpinedistrict.org
Cheer	Lori Eisinger	lorieisinger36@gmail.com
Cross Country, boys	Ryan Bybee	ryan@bybeemail.com
Cross Country, girls	Courtney Meldrum	cpuggy@gmail.com
Drill	Sarah Murphy	sarahmurphy@alpinedistrict.org
Football	Bart Brockbank	bart.tace@gmail.com
Forensics (Debate)	Michelle Walker	mwalker1@alpinedistrict.org
Golf, boys	Derek Farr	dfarr@alpinedistrict.org
Golf, girls	Derek Farr	dfarr@alpinedistrict.org
Lacrosse, boys	Rich Farr	richfarr@alpinedistrict.org
Lacrosse, girls	Weslie Lundell	wesliehatch@hotmail.com
Music, instrumental	Jamie Kim	jkim@alpinedistrict.org
Music, vocal	Alec Powell	alecpowell@alpinedistrict.org
Soccer, boys	Kyle Hartman	kylehartman@alpinedistrict.org
Soccer, girls	Shantel Jolley	shanteljolley@alpinedistrict.org

Softball	Derek Briggs	deekfreedom26@gmail.com
Swimming	Calvin Smith	calvinsmith@alpinedistrict.org
Tennis	Roger Baumgartner	rcbaumgartner@gmail.com
Theatre	Chloe Cox	chloecox@alpinedistrict.org
Track	Courtney Meldrum	cpuggy@gmail.com
Volleyball, boys	Cecil Read	cecildread@gmail.com
Volleyball, girls	Kalee Kirby Faumui	kaleefaumui@alpinedistrict.org
Wrestling	Bevan Wilde	bevanwilde@alpinedistrict.org

Directions to Lone Peak High School

Lone Peak High – 10189 N 4800 W, Highland, UT 84003

From the north: Take Exit #284 Alpine/Highland Exit (Cabela's Exit).
Turn left (east) on Alpine Highway (11000 North/HWY 92).
Travel 6.2 miles east and turn right (south) on 4800 West.
Travel 1 mile and arrive at Lone Peak High School on the right (west) side of the road.

From the South: Take Exit #275 Pleasant Grove/Lindon.
Turn Right (east) and travel .5 miles to traffic control light (2000 West).
Turn Left (north) and travel 4.6 miles.
Arrive at Lone Peak High School on the left (west) side of Road.

Baseball Field: Go to the light just south of the high school (West Cedar Hills Drive) and turn right (west). Drive past the tennis courts and track and continue on that road. The baseball field will appear on your right.

Football Field: Go to the light just south of the high school (West Cedar Hills Drive) and turn right (west). Drive past the tennis courts and the football field will be on your right hand side.

Gymnasium: Enter the “loop” at the south end of the school and drive to the side of the school.

Soccer Field: Enter the “loop” at the north end of the school and drive to the back of the school.

Softball Field: Enter the “loop” at the north end of the school and drive to the back of the school.



SKYRIDGE HIGH SCHOOL

3000 N Center Street, Lehi, UT 84043

Principal: John Wallwork
Athletic Director: Jon Lehman
Administrative Secretary: Jenny Brems
Mascot: Falcons - Colors: Orange, Grey

School Phone: 801-610-8820 Fax Number: 801-766-3850

CONTACT INFORMATION:

Principal	John Wallwork	johnwallwork@alpinedistrict.org
Administrative Secretary	Jenny Brems	jennybrems@alpinedistrict.org
Assistant Principal	Joe Atwood	jatwood@alpinedistrict.org
Assistant Principal	Jed Francis	jfrancis@alpinedistrict.org
Assistant Principal	Jana Houle	jhoule@alpinedistrict.org
Assistant Principal	Daren Ward	dward@alpinedistrict.org
Assistant Principal	Chad Wiet	cwiet@alpinedistrict.org
Athletic Director	Jon Lehman	jlehman@alpinedistrict.org
Public Relations Secretary	Katie Ollmann	kollmann@alpinedistrict.org
Athletic Trainer	Natalie Perry	natalieperry@alpinedistrict.org
Baseball	Ryan Roberts	ryanroberts@alpinedistrict.org
Basketball, boys	Jeff Gardner	jgardner@alpinedistrict.org
Basketball, girls	Shaylee Nielsen	shayleenilsen@alpinedistrict.org
Cheer	Gina Romney	ginaromney@alpinedistrict.org
Cross Country		
Drill	Erin Richardson	erinrichardson@alpinedistrict.org
Football	Justin Hemm	justinhemm@alpinedistrict.org
Forensics (Debate)	Rachel Billings	rbillings@alpinedistrict.org
Golf, boys	Tenille Slack	tenilleslack@alpinedistrict.org
Golf, girls	Tenille Slack	tenilleslack@alpinedistrict.org
Lacrosse, boys	Bart Butterfield	bartbutterfield@alpinedistrict.org
Lacrosse, girls	Michelle Buechner	michellebuechner@alpinedistrict.org
Music, instrumental	Howard Summers	hsummers@alpinedistrict.org
Music, vocal	Kirsten Richards	kirstenrichards@alpinedistrict.org
Soccer, boys	Jerry Preisendorf	jpreisendorf@alpinedistrict.org
Soccer, girls	Jhoan Alvizo	jhoancarloatvizo@alpinedistrict.org
Softball	Tyler Plewe	tylerplewe@alpinedistrict.org

Swimming	Grant Gibbs	grantgibbs@alpinedistrict.org
Tennis, boys	Mike Sperry	msperry@alpinedistrict.org
Tennis, girls	Mike Sperry	msperry@alpinedistrict.org
Theatre	John Brown	johnbrown@alpinedistrict.org
Track	Ronda Hansen	rondahansen@alpinedistrict.org
Volleyball, boys	Michael Muaina	michaelmuaina@alpinedistrict.org
Volleyball, girls	Tayler Hifo	sialehifo@alpinedistrict.org
Wrestling	Lyle Mangum (boys) Brian Bond (Girls)	lmangum@alpinedistrict.org brianbond@alpinedistrict.org

Directions to Skyridge High School

Skyridge High – 3000 N Center Street, Lehi, UT 84043

Directions: From I-15 take Exit 284, UT-92 E/Timpanogos Highway. Merge onto Timpanogos Hwy/UT-92 toward Alpine/Cedar Hills/Highland. Turn right onto N Center St. Pass through the roundabout. School is on the left.

Football/Baseball/Lacrosse/Softball/Soccer: Please park buses in the southeast parking lot of the school.

Soccer field: The new soccer field is on the south end of the property, south of the baseball field and east of the driving range.

Lacrosse field:

Volleyball/Basketball: Please park buses in the southwest parking lot. Teams may be dropped off in front of the athletic wing on the south west end of the building.

Pool: Lehi Legacy Center, 123 N. Center Street, Lehi UT. Take the Lehi Main Street exit. Travel west on Lehi Main. Turn right on Center Street. The Legacy Center will be on the left side.

Golf Course: Cedar Hills Golf Course, 10640 Clubhouse Dr, Cedar Hills, UT. Take the Timpanogos Hwy/UT 92 to the mouth of American Fork Canyon. Turn right on North Canyon road and head south. Turn right on Bayhill road and take first right out the roundabout. Turn on the next left, which is Clubhouse Drive.



REGION III GENERAL POLICIES 2025 - 2026

Region Policy supersedes individual sport/activity guidelines. UHSAA policy supersedes Region Policy (find updated UHSAA Handbook at <http://uhsaa.org/Publications/Handbook/Handbook.pdf>)

I. ADMISSION FEES and TICKETS

Tickets will be sold at varsity football games only, and all levels of basketball. Tickets will also be sold at Region Tournaments for swimming and drill.

- Region Ticket Prices are:
 - \$7.00 - Visiting high school students with an activity card and other school aged children.
 - \$8.00 - Adults and high school students without activity card
 - Family Pass - (School based decision)
**This could change for the Region Drill competition.*
- Free Admission:
 - Home team students with activity cards, as determined by home school ticketing.
 - Staff members of Region III schools with school ID (plus one) or with UHSAA passes.
 - Senior citizens (62 or over)
 - Cheerleaders and Drill team members in uniform.
 - Student officers in school sweaters and with SBO passes
 - Children under school age (5 and under).
 - Coaches Region Pass - immediate family only on pass
- Tickets will be sold halfway through the 3rd quarter of the varsity activity. Ticket sales will begin:
 - At least one hour before varsity football starting time
 - Fifteen minutes prior to the start of the first basketball game.
 - State admission pricing and policies will be charged at all State Playoff games at home sites. This specifically relates to football and boys and girls basketball.

II. SUPERVISION of REGION ACTIVITIES, TOURNAMENTS and MEETS

Any school hosting a region tournament, dual competition or activity is responsible for providing adequate administrative supervision of the activity. Although it is the responsibility of the chairperson of each individual activity to see that region tournaments and meets are planned and well organized, it is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairperson, there should be a clear understanding between the activity chairperson and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Region Chairs will not be compensated for time associated with administrative supervision for their region activity assignment. Visiting Administrators are to check in with the host school administration.

III. ACCOMMODATIONS for VISITING TEAMS

All dressing room facilities must be left in a clean and orderly manner. Visiting teams must bring their own towels. The visiting head coach will check facilities prior to departure of the visiting team. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school or Athletic Director. Security of personal items is the responsibility of the visiting team. Facilities will not be available for visiting teams other than locker rooms and playing facilities. Visiting teams should leave the facility immediately after competition. Hosting schools will accommodate early arriving visiting teams as much as possible. Space will not always be guaranteed. Coaches are responsible for all their players. Do not allow them to enter and roam the school. All accommodation requests will be from AD to AD. A whiteboard must be available in Visiting Team Locker Rooms. One table will be available for indoor visiting teams to bring food. Sack lunches only, no banquet style food. Each school will designate where food will be distributed.

IV. OFFICIALS

Any misconduct of officials, including failure to show or tardiness, is to be reported to the home school's AD/Administration. A detailed report including names and improper conduct shall be submitted in writing to the Region IV Board of Managers, the UHSAA office, and the arbiter involved. The host school should show the referees where the dressing rooms are located. The UHSAA Official Pay Agreements can be found at <http://www.uhsaa.org/officials/payscale.pdf>

V. ELIGIBILITY of PLAYERS (see UHSAA Handbook By-Laws Section 1)

VI. SPORTSMANSHIP POLICIES (see UHSAA Handbook Administrative Policies and Guidelines #4)

- **Sportsmanship Announcer Statement: To be read prior to every Region event**
 - “Ladies and gentlemen, welcome to (home high school) for today/tonight’s athletic contest. We welcome our guests from (visiting high school) and wish all participants good luck in today’s/tonight’s game. Both schools are members of the Utah High School Activities Association and support the statewide sportsmanship program ‘Raise-the-Bar’. Sportsmanship does matter, and we ask for your support in demonstrating respect for the game and all the participants by refraining from negative cheers, chants, or behavior. Do Rowdy Right!”
- **Cheer and Spirit Groups**
 - Cheerleaders must follow the National Safety Guidelines in order to qualify for catastrophic insurance coverage.
 - All spirit safety rules are to be followed during practices, games and performances.
 - Cheerleaders in uniform and accompanied by an advisor will be admitted to the game without charge
 - Cheerleaders may use hand held performance signs and pompoms at Region events. At football games, megaphones and a sign of a positive nature for the home teams to run through will be allowed. See chart of approved items and regulations on page 8.
 - Placement of the cheerleaders, drill team, and general student body is at the discretion of the host school. Cheerleaders should encourage good sportsmanship at all times. Cheerleaders should refrain from conducting cheers during foul shots and must break behind the basket during the entire game. Cheerleaders will refrain from participating in any “in your face gestures” directed at the opposing spectators and opposing cheer squads should not participate in competitive tumbling demonstrations.
 - Traveling cheerleaders/drill teams will be supervised by designated adult chaperones.
 - Only cheerleaders are allowed on the sideline, court or field for cheers, activities or demonstrations (no spectators) unless specifically sponsored by the host school administration.
 - Cheer squads and their advisor(s) must attend the UHSAA Safety Clinic in the spring prior to the new school year. Coaches are also encouraged to document stunt progression of each cheerleader.
 - Mascots will not display inappropriate movement nor will there be any physical confrontations or mock wrestling between opposing schools/mascots. Mascots will stay in the area of their own cheer squads.
 - For safety reasons, the host and visiting administrations will keep other students out of the space provided for cheerleaders. It is strongly recommended that cheerleaders store their gear in a secure and consolidated space behind their team’s benches.
 - Because academics are a priority, it is recommended that a cheerleader not be required to attend activities more than three times a week.
- **PepBand and Spectator Conduct:**
 - Unless as an approved participant in a host school’s performance or promotion, no spectators will be allowed on the sidelines, field or floor during game time, quarters, or half-time, or pre-game.
 - Pep bands will be provided only by the host school (exceptions by mutual agreement). During basketball games, pep bands are to play during regulation time-outs, quarters and half time only. Advisors must be present at all times.
 - Drums are to be used only to play with the band, as part of an organized cheer. Drums are not to be used indiscriminately as noisemakers.
 - Students will not have their feet on the court during the game.
 - Jumping on bleachers is discouraged.
 - The throwing of any object, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
 - In the chart below, ONLY those items marked “Y” will be allowed as support items at UHSAA state tournaments and meets. Region III schools follow these regulations during preseason, regular season, and in Region Tournaments. Sportsmanlike vocal cheering and support from all participants are always encouraged.
- **Tie Breakers- (Default)**
 - Record- Head to head- if no clear winner, then two trophies will be awarded.

In the chart below, **ONLY** those items marked “YES” will be allowed as support items at UHSAA state tournaments and meets. Schools follow these same regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from the team bench area are encouraged. One school flag, designated and controlled by school administration, will be allowed at State. At indoor venues the school flag must remain stationary; at outdoor venues it may be mobile if it does not disrupt spectators and remains on the sidelines nearest the school’s section.

LEGEND:

BB - Baseball	DR - Drill	LAX - Lacrosse	SW - Swimming	VB - Volleyball
BSK - Basketball	FB - Football	SC - Soccer	TE - Tennis	WR - Wrestling
CC - Cross Country	GO - Golf	SB - Softball	TR - Track & Field	

[illegible]

- **Pregame, Halftime and Post game activities**

- The game announcer is an official of the game and is to announce the game in a neutral manner. His/Her purpose is not to influence or incite the crowd.
- The starting line-up may be introduced prior to the activity. A well-planned flag ceremony should be presented.
 - All activity should come to a halt immediately when the flag ceremony begins. Headgear should be removed. Activity should remain suspended until the flag ceremony is over.
 - The announcer should call everyone to attention as the flag enters the arena.
 - All tickets and concession sales should cease. No one should be admitted during the flag ceremony. The doors should be closed where possible.
- Football half-time: Half-time will follow UHSAA guidelines. Host performing group has 10 minutes which includes time to get on and off the field.
 - Exceptions can be made by mutual agreement for special occasions.
 - Any exception to the time limit (Homecoming) must be approved by the visiting team administration one (1) week in advance, and officials need to be notified on the night of the game.
- Basketball half-time: Maximum of seven (7) minutes for halftime entertainment which includes time to get on and off the floor. Exceptions are the same as Football.
 - A supervisor must be present when student groups perform. Coaches are responsible for the conduct of their athletes. No team or individual activity will be conducted that could belittle or humiliate opponents, including organized post-game demonstrations on any floor or field. Infractions will be referred to the Region III Board of Managers for disciplinary action.
- Any senior recognition at the end of the season cannot delay the game. Home school must notify the visiting school of when the recognition will occur. Violations will be referred to the Region IV Board of Managers for possible sanctions.

- **Banners and Signs**

- No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- Each school may hang one (1) school banner at the Region Championship Meet; the maximum size for this banner being 5' x 8'. No other signs or banners will be allowed at the Region site.
- No banners or signs are allowed at any State competition site.

VII. EVENT SCHEDULING and PARTICIPATION

- **Change of Date and/or Time**

- A change of time of an activity may be affected through mutual agreement of both schools (Coach, Principal, and Athletic Director)
- After a mutual agreement is reached between schools concerned, the change of date must be unanimously approved by Athletic Directors through the Region Chairperson over the activity/sport.
- The host school must notify the arbiter of the change. All costs associated with changing the time and date of a contest will be incurred by the school requesting the change.
- The host Region III school changing a game outside of Region III must also notify other Region III schools. All officials (Varsity, JV, Sophomore) will need to be requested to the UHSAA arbiter.

- **Game Starting Times and Participant Regulations**

- No sports activity may begin before 3:00 p.m. on a school day. Exceptions to this rule should be approved by the Region Board of Managers.
- Exceptions to this rule are golf (availability of courses) and tennis, track, and region and state tournaments.

- **Failure to Participate** - (see UHSAA Handbook by-laws Article 7, Section 8: Breach of Contract)

VIII. ACTIVITY LIMITATIONS and ANNUAL MORATORIUMS - (see UHSAA Handbook By-Laws Article 2)

IX. STATE PLAYOFF PROCEDURES

The Utah High School Activities Association (UHSAA) will determine seeds into state tournaments using RPI for the traditional team sports of baseball, basketball, football, lacrosse, soccer, softball and volleyball.

The RPI score will be operated by MaxPreps and will be based on three distinct categories - 40% of the score will be based off of a team's winning percentage, 40% will be based off of an opponents winning percentage, and 20% will be based off of an opponents' opponents' winning percentage. The algorithm will then create an index score that can be ranked to determine a state tournament field. More information can be found by visiting the UHSAA official website.

X. REGION CHAMPIONSHIP

In the event that a region champion cannot be determined through regular season play because of "no contests" in region play, the region champion will be determined by the Board of Managers based on overall RPI, and region win / loss records at the end of the regular season.

XI. REGION BOARD of MANAGER GOVERNANCE (see UHSAA Handbook Constitution Article 2: Section 4, By-laws Article 7, Section 7)

• Duties of Region Activity Chairpersons

- Region Chairpersons will not be compensated for time to administer their region activity assignment. With prior agreement and as determined appropriate by the Region Board of Managers, a meet or tournament director may be compensated for planning/hosting the event.
- Conduct all coaches/advisor meetings pertinent to the respective activity. Reimbursement expenses for food at Region coach/advisor meetings may not exceed \$15.00 per person, one representative per school, and only one meeting per year. Expenditures above this limit must have prior approval by the Region Board of Managers.
- Be the direct liaison to the Region Board of Managers and coordinate and manage all Region competitions and tournaments of respective activity
- Select and honor respective All-Region teams where applicable (each school will be responsible for printing certificates for Academic All Region athletes)
- Oversee the communication of all results to the Region Board and UHSAA.
- Be responsible for awards, trophies, medals, etc. pertinent to respective activity.

XII. ACADEMIC ALL REGION QUALIFICATIONS: Seniors, 3.75 Cum GPA, varsity participant

TROPHIES & AWARDS

General Awards

Academic All Region

Any SENIOR participant with a cumulative 3.75 GPA or higher. Schools will be sent a template to print their own certificates.

Year round Sports

Cheer

One region Trophy
Plaques will be awarded to 1st, 2nd & 3rd place in SHOW, CHEER & DANCE
Plaques will be awarded to 1st place in SHOW, CHEER & DANCE for co-ed team

Drill

One region trophy. Certificates will be given for 2nd & 3rd place teams
Plaques will be awarded to the 1st & 2nd place teams in MILITARY, DANCE & SHOW
Certificates will be awarded to 3rd place team in MILITARY, DANCE & SHOW
Medals will be awarded to the Drill Down individuals in 1st - 5th places

Forensics / Debate

One region trophy.
Policy & Debate Medals for top 5 places x 2; Lincoln-Douglas Debate medals for top 5 places;
Public Forum Debate for top 5 places x 2; Original Oratory for top 5 places; Impromptu Speaking for top 5 places; Foreign Extemporaneous Speaking for top 5 places; National Extemporaneous Speaking for top 5 places; Student Congress for top 5 places; Informative Speaking for top 5 places; Interpretive speaking for top 5 places.

Music

Certificates for Superior (1) ratings in orchestra, large choir, madrigals, solo & ensemble, and Jazz band festivals. Certificates for all participating bands according to rating in Region Marching Band competition.

Theatre

3 Trophies for Sweepstakes Awards (1st place Region III Drama, 2nd Place Region III Drama, 3rd Place Region III Drama)
3 Larger Plaques for Plays - 1st, 2nd, 3rd Place Region III Plays
(6) 4"x 6" plaques - Outstanding Performance in Region One-Act plays
48 medals for 1st, 2nd, 3rd Place divided in the following way.
(3 of each) 1st, 2nd, 3rd place - Classical Scenes (9 total)
(3 of each) 1st, 2nd, 3rd place - Contemporary Scenes (9 total)
(1 of each) 1st, 2nd, 3rd place - Humorous Monologue (3 total)
(1 of each) 1st, 2nd, 3rd place - Dramatic Monologue (3 total)
(3 of each) 1st, 2nd, 3rd place - Pantomime (9 total)
(4 of each) 1st, 2nd, 3rd place - Musical Theatre (12 total)
(1 of each) 1st, 2nd, 3rd place - Scenic Design - Tech Award
(1 of each) 1st, 2nd, 3rd place - Costume Design - (3 total)

Fall Sports

Cross Country, Boys

VARSITY: One Region Trophy, Medals for places 1-14 (small medal cases)
JV: Medals for 1-10th place (small medal cases)

Cross Country, Girls

VARSITY: One Region Trophy, Medals for places 1-14 (small medal cases)
JV: Medals for 1-10th place (small medal cases)

Football

One Region Trophy

Golf, Boys	One Region Trophy for Stroke play (Region champions) One Region Trophy for Match play First team all-region players will be awarded medals for places 1-12
Soccer, Girls	One Region Trophy
Tennis, Girls	One Region Trophy
Volleyball, Girls	One Region Trophy
Winter Sports	
Basketball, Boys	One Region Trophy
Basketball, Girls	One Region Trophy
Swimming, Boys	One Region Trophy 64 medals for places 1 - 8 36 medals for places 1-3 in relay events.
Swimming, Girls	One Region Trophy 64 medals for places 1 - 8 36 medals for places 1-3 in relay events.
Wrestling, Boys	One Region Trophy
Wrestling, Girls	One Region Trophy
Spring Sports	
Baseball	One Region Trophy
Golf, Girls	One Region Trophy First team all-region players will be awarded medals for places 1-12
Lacrosse, Boys	One Region Trophy
Lacrosse, Girls	One Region Trophy
Soccer, Boys	One Region Trophy
Softball	One Region Trophy
Tennis, Boys	One Region Trophy
Track, Boys	One Region Trophy Medals for 1st - 8th place in the following categories: Pole Vault, Shot Put, Discus, Javelin, Long Jump, High Jump, 100m, 800m, 1600m, 3200m, 110m hurdles, & 300m hurdles Medals for 1st - 4th place (4 sets of each. Ex. Four 1st place, Four 2nd place, Four 3rd place & Four 4th place) in 4 x 100 relay, 4 x 200 relay, 4 x 400 relay & 4 x 800 relay)
Track, Girls	One Region Trophy Medals for 1st - 8th place in the following categories: Pole Vault, Shot Put, Discus, Javelin, Long Jump, High Jump, 100m, 800m, 1600m, 3200m, 100m hurdles, & 300m hurdles

	Medals for 1st - 4th place (4 sets of each. Ex. Four 1st place, Four 2nd place, Four 3rd place & Four 4th place) in 4 x 100 relay, 4 x 200 relay, 4 x 400 relay & 4 x 800 relay)
Volleyball, Boys	One Region Trophy

USHAA CONTEST LIMITATIONS

Definitions	Contest: Any meet, game or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity. Tournament: Competition among four or more schools.
Baseball	25 games. Each game played counts as one game.
Basketball, boys & girls	Varsity - 23 games total (contest for contest) All non-varsity may play a maximum of 23 total games. Each game played counts as one game.
Cross Country	10 meets per individual. The UIAAA Cross Country Meet does not count toward the contest limitations.
Drill Team	3 competitions and a region competition (total of 4). The live practicum does not count toward the contest limitations.
Football	9 games. One additional VARSITY contest is allowed for an approved endowment game but schools may not play alumni teams in a UHSAA endowment game. Each game played counts as one game.
Forensics (Speech)	10 meets per individual
Golf, boys & girls	14 meets
Lacrosse, boys & girls	16 games. Each game played counts as one game. Each team can attend one tournament where they may choose one of two options: 1) Teams may play tournaments where two regulation-length games count as one (1) game, (2 for 1), with each game afterwards counting as one game; or 2) Teams may play tournaments where up to six (6) shortened-length games count as two (2) games, (6 for 2), with each game afterwards counting as one (1) game. Teams may only use one (1) of these tournament exemptions in each season.
Music	3 contest per category
Soccer, boys & girls	Boys Soccer- 17 games (Until further notice). Each game played counts as one game. Girls Soccer- 18 games. Each team is allowed to attend one tournament where they may play up to three games and count it as two contests toward the contest limit. A tournament must be sanctioned as per UHSAA guidelines and occur on consecutive days (excluding Sunday). If the tournament exceeds three games, any additional games would count “one for one” against contest limitations.
Softball	22 games. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count “one for one” against contest

	limitations.
Swimming, boys & girls	14 meets per individual.
Tennis, boys & girls	16 matches per individual. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as two matches, etc.
Track, boys & girls	12 meets per individual. An individual may participate in no more than eight (8) qualifying meets in addition to the region meet.
Volleyball, boys & girls	28 Total Matches
Wrestling	Each high school team will be able to utilize 16 contact points. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 6 tournaments before the postseason qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.
Region Champions Defined	Overall region record Tie Breaker Policy- Determined by Head to Head If a tie still exists, then Co-Region Champs will be awarded Sport specific tie breaker may apply

BASEBALL

Region Chairman: Braden Walker
Email: bwalker@alpinedistrict.org
Contact Number: 801-610-8810
Team Selection Date: February 23, 2026
First Contest Date: March 2, 2026
Roster on RMA / Team Photo Due: March 13, 2026
Academic All-State Accepted: Mar 17 - April 14, 2026
State Tournament Dates: May 14 - 23, 2026
Arbiter: Brandon Riley dmbinslc@yahoo.com

Guidelines

1. Beginning team selection and practice date is Monday, March 1, 2027. The first games may be played no earlier than Monday, March 8, 2027. UHSAA season end date is May 12, 2027.
2. Game time for all Varsity games will be 3:30 P.M. Varsity games will be played on Tuesdays, Wednesdays, and Fridays. JV games will be played on Thursdays at 3:30 and Saturdays DH beginning at 10:00 AM. Sophomore games will be played on Tuesdays DH (Opposite Varsity) and Thursdays @ 5:30 immediately after the JV game. All Sub-varsity games will have a 2-hour limit.
3. Game time may be changed only after the agreement of the two principals involved. A date change must be approved by the Region Baseball Chairperson, who will inform all Region III principals to vote on the proposed change. Date changes will only be approved for extraordinary circumstances rather than issues of convenience.
4. Each team will be allowed 15 minutes for warm-up and infield practice.
5. Each postponed game must be made up in the order of the postponement on the first available playing date (including Saturdays). Flip/flopping" the schedule and playing at the visiting team's field, if it is playable will be done where it is possible to maintain the same number of home and away games between the two schools. Consideration needs to be given when making a decision to stick to the home fields to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials by no later than noon the day of the game. (JV/Sophomore games will be bumped from the calendar to allow for the varsity game.)
6. When a game is called because of darkness or weather, the game will be resumed on the next available playing date (including Saturdays) and/or as the preliminary scheduled game of the two teams in the second or third game. The five-inning completion rule is in effect. In the third game, the game that is called will be resumed on the next available date, excluding J.V. league games. The home field coach will be responsible for notifying all those involved: umpires, scorers, principals, and coaches.
7. The home team will be responsible to have an official scorekeeper, preferably an adult. The winning team is responsible for reporting the results of the game to the newspapers.
8. Baseball: 25 games (Varsity, JV, Sophomore) contest limitation. Each game played counts as one game. Only 25 games may be played. Every game played counts toward the 25 with the exception of post-season play-offs in the State Tournament.
9. The policy of the UHSAA on pitch count will be followed.
10. A coach's meeting will be held within a week of the following last regularly scheduled Region Games in order to select the All-Region team. Individual schools (Coaches) are responsible to print certificates for those student/athletes selected for the All-Region team.
11. Academic All-Region is determined for Seniors who have a 3.7 Cumulative GPA. Individual schools (Coaches) are responsible to print certificates for those student/athletes selected to the All-Region team.
12. The 10-run rule after 5 innings will be used for all games.

Region III Baseball

Schedule 2026 - 2027

VARSITY SCHEDULE

Tuesday, March 30, 2027	Wednesday, March 31, 2027	Friday, April 2, 2027
Lehi @ Corner Canyon Jordan @ Lone Peak Skyridge @ American Fork	Corner Canyon @ Lehi Lone Peak @ Jordan American Fork @ Skyridge	Lehi @ Corner Canyon Jordan @ Lone Peak Skyridge @ American Fork
Spring Break (April 5 - April 9, 2027)		
Tuesday, April 13, 2027	Wednesday, April 14, 2027	Friday, April 16, 2027
Lone Peak @ Corner Canyon American Fork @ Jordan Lehi @ Skyridge	Corner Canyon @ Lone Peak Jordan @ American Fork Skyridge @ Lehi	Lone Peak @ Corner Canyon American Fork @ Jordan Lehi @ Skyridge
Tuesday, April 20, 2027	Wednesday, April 21, 2027	Friday, April 23, 2027
Jordan @ Lehi American Fork @ Lone Peak Skyridge @ Corner Canyon	Lehi @ Jordan Lone Peak @ American Fork Corner Canyon @ Skyridge	Jordan @ Lehi American Fork @ Lone Peak Skyridge @ Corner Canyon
Tuesday, April 27, 2027	Wednesday, April 28, 2027	Friday, April 30, 2027
Corner Canyon @ Jordan American Fork @ Lehi Lone Peak @ Skyridge	Jordan @ Corner Canyon Lehi @ American Fork Skyridge @ Lone Peak	Corner Canyon @ Jordan American Fork @ Lehi Lone Peak @ Skyridge
Monday, May 3, 2027	Tuesday, May 4, 2027	Wednesday, May 5, 2027
Corner Canyon @ American Fork Jordan @ Skyridge Lone Peak @ Lehi	American Fork @ Corner Canyon Skyridge @ Jordan Lehi @ Lone Peak	Corner Canyon @ American Fork Jordan @ Skyridge Lone Peak @ Lehi

STATE TOURNAMENT

State Tournament Bracket Reveal: May 13, 2027 @ 10:00 a.m.

State Tournament Super Regionals: May 19 & 20, 2027

State Tournament Bracket Play: May 24 - 27, 2027

State Championship Finals: May 28 & 29, 2027

MORATORIUM DATES -

June 29 - July 5, 2026: All Sports MORATORIUM - no practices, competitions, meetings or travel

November 11 - December 8, 2026: All Sports MORATORIUM - no practices, competitions, meetings or travel

December 21, 2026 - January 1, 2027: All Sports MORATORIUM - no practices, competitions, meetings or travel

JV SCHEDULE 2026 - 2027

Thursday, April 1, 2027 (3:30)	Saturday, April 3, 2027 (DH 10 AM / 12)
Lehi @ Corner Canyon Jordan @ Lone Peak Skyridge @ American Fork	Corner Canyon @ Lehi Lone Peak @ Jordan American Fork @ Skyridge
Thursday, April 15, 2027 (3:30)	Saturday, April 17, 2027 (DH 10 am / 12)
Lone Peak @ Corner Canyon American Fork @ Jordan Lehi @ Skyridge	Corner Canyon @ Lone Peak Jordan @ American Fork Skyridge @ Lehi
Thursday, April 22, 2027 (3:30)	Saturday, April 24, 2027 (DH 10 am / 12)
Jordan @ Lehi American Fork @ Lone Peak Skyridge @ Corner Canyon	Lehi @ Jordan Lone Peak @ American Fork Corner Canyon @ Skyridge
Thursday, April 29, 2027 (3:30)	Saturday, May 1, 2027 (DH 10 am / 12)
Corner Canyon @ Jordan American Fork @ Lehi Lone Peak @ Skyridge	Jordan @ Corner Canyon Lehi @ American Fork Skyridge @ Lone Peak
Thursday, May 6, 2027 (3:30)	Friday, May 7, 2027 (DH 3:30/5:30)
Corner Canyon @ American Fork Jordan @ Skyridge Lone Peak @ Lehi	American Fork @ Corner Canyon Skyridge @ Jordan Lehi @ Lone Peak

SOPHOMORE SCHEDULE 2026 - 2027

Tuesday, March 30, 2027 (DH 3:30 / 5:30)	Thursday, April 1, 2027 (5:30)
Coroner Canyon @ Lehi Lone PEak @ Jordan American Fork @ Skyridge	Lehi @ Corner Canyon Jordan @ Lone Peak Skyridge @ American Fork
Tuesday, April 13, 2027 (DH 3:30 / 5:30)	Thursday, April 15, 2027 (5:30)
Corner Canyon @ Lone Peak Jordan @ American Fork Skyridge @ Lehi (April 12)	Lone Peak @ Corner Canyon American Fork @ Jordan Lehi @ Skyridge
Tuesday, April 20, 2027 (DH 3:30 / 5:30)	Thursday, April 22, 2027 (5:30)
Lehi @ Jordan Lone Peak @ American Fork Corner Canyon @ Skyridge	Jordan @ Lehi American Fork @ Lone Peak Skyridge @ Corner Canyon
Tuesday, April 27, 2027 (DH 3:30 / 5:30)	Thursday, April 29, 2027 (5:30)
Jordan @ Corner Canyon Lehi @ American Fork Skyridge @ Lone Peak	Corner Canyon @ Jordan American Fork @ Lehi Lone Peak @ Skyridge
Monday, May 3, 2027 (DH 3:30 / 5:30)	Thursday, May 6, 2027 (5:30)
Corner Canyon @ American Fork Jordan @ Skyridge Lone Peak @ Lehi	American Fork @ Corner Canyon Skyridge @ Jordan Lehi @ Lone Peak

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Jarod Ingersoll	801-610-8800	jingersoll@alpinedistrict.org
Corner Canyon	Jeff Eure	801-826-6400	jeffrey.eure@canyonsdistrict.org
Lehi	David “Eric” Madsen	801-610-8805	davidmadsen@gmail.com
Lone Peak	Matt Bezzant	801-610-8810	matthewbezzant@alpinedistrict.org
Skyridge	Ryan Roberts	801-610-8820	ryanrroberts@alpinedistrict.org
Jordan	Chad Fife	801-826-6200	chad.fife@canyonsdistrict.org

BASKETBALL

(Boys)

Region Chairman: Quincy Lewis
Contact Number: 801-368-4622
Two-weeks prior: Oct. 26 - Nov. 8, 2026
First Contest Date: November 17, 2026
Eligibility/list/team photo due: December 4, 2026
State Tournament Dates: Feb. 24 - March 6, 2027
Academic All-State Accepted: Jan. 12 - Feb. 9, 2027
Arbiter: Jeff Cluff, cluffjeff@uhsaa.org

GUIDELINES:

1. Beginning practice date for boys basketball is November 10, 2025. The first game may be played no sooner than November 18, 2025. "No basketball player will play basketball during the athletic period except after the official beginning practice date: (per UHSAA policy).
2. Standard gameday schedule for boys and girls will be Tuesdays and Fridays.
3. **Game Times option 1 is 3:00 Girls JV/Soph Boys. 4:30 Boys JV/Girls Soph. 6:00 Girls Varsity. 7:30 Boys Varsity. Option 2 is 3:30, 5:15 and 7:00 Designated home site will follow either schedule option 1 or 2.**
4. Varsity Games will start as scheduled or a minimum 15 minute warm up following the conclusion of the Girls Varsity game.
5. Sub Varsity games will start as scheduled or minimum 8 minute warm up following the previous game.
6. Preseason game times and dates are site-based decisions.
7. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region III Board of Managers. (The home team will notify the Arbiter of any changes.)
8. General courtesies recommended for boys' and girls' games:
 - Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and table for taping. A room for private discussion during halftime should be provided.
 - Locker rooms will be available no sooner than 2:30 for visiting teams. Junior Varsity teams are encouraged to arrive dressed and ready to play.
 - If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Conduct halftime activities within scheduled time - not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - Team rosters with numbers must be listed on Register My Athlete by December 5, 2025
9. Moratorium Dates are:
 - June 29 - July 5, 2026
 - August 3 - August 16, 2026
 - October 26 - November 8, 2026
 - November 26 - November 29, 2026
 - December 21 - 25, 2026
 - January 1, 2027
 - March 14 - March 28, 2027
 - June 28 - July 4, 2027
10. Guidelines for All-Region Voting:
 - The Region Most Outstanding Player is chosen by the Region Champion Coach
 - If the Most Outstanding Player is chosen as the MVP, then it will be the second place vote.
 - In the case where there are multiple Region Champions, each Region Champion coach will choose a Most Outstanding Player.
 - Each coach submits their top 16 nominations for the All-Region Team (ranked in order from 1st choice to 16th).
 - Coaches may not nominate someone from their own team.
 - Points for the nominations are awarded as follows: 1st place = 16 points, 2nd place = 15 points, etc.
 - The top All Region vote will be chosen as the MVP.
 - The top 8 players are part of the All-Region 1st Team.
 - The next 8 players are part of the All-Region 2nd Team.
 - The remaining players who received votes will receive Honorable Mention.
 - If a tie occurs in the voting, then all players involved in the tie will be included in their respective team. The tie will count as one space.
11. Academic All-Region Requirements
12. The home team report scores the night of the game. All teams must report their scores to MaxPreps the night of the game.

Region III Boys Basketball Schedule 2026 - 2027

Tuesday, January 12, 2027	Friday, January 15, 2027
Skyridge @ Layton Corner Canyon @ Syracuse Lone Peak @ Farmington American Fork @ Davis Lehi @ Weber	Lehi @ American Fork Lone Peak @ Corner Canyon BYE: Skyridge
Tuesday, January 19, 2027	Friday, January 22, 2027
American Fork @ Lone Peak Skyridge @ Lehi BYE: Corner Canyon	Lone Peak @ Skyridge Corner Canyon @ American Fork BYE: Lone Peak
Tuesday, January 26, 2027	Friday, January 29, 2027
Skyridge @ Corner Canyon Lehi @ Lone Peak BYE: American Fork	Corner Canyon @ Lehi American Fork @ Skyridge BYE: Lone Peak
Tuesday, February 2, 2027	Friday, February 5, 2027
Layton @ American Fork Weber @ Skyridge Syracuse @ Lone Peak Farmington @ Lehi Davis @ Corner Canyon	American Fork @ Lehi Corner Canyon @ Lone Peak BYE: Skyridge
Tuesday, February 9, 2027	Friday, February 12, 2027
Lone Peak @ American Fork Lehi @ Skyridge BYE: Corner Canyon	Skyridge @ Lone Peak American Fork @ Corner Canyon BYE: Lehi
Tuesday, February 16, 2027	Friday, February 19, 2027
Corner Canyon @ Skyridge Lone Peak @ Lehi BYE: American Fork	Lehi @ Corner Canyon Skyridge @ American Fork BYE: Lone Peak

- Each school has a minimum of 2 home Friday games
- For crossover games - the home team determines game times
- Crossover game will have boys & girls playing at the same venue

STATE TOURNAMENT

State Tournament First Round, February 24 @ home sites

State Tournament Second Round, February 26 @ home sites

State Tournament Quarterfinals, March 2 @ TBA

State Tournament Semifinals, March 4 @ TBA

State Tournament Final March 6 @ TBA

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Ryan Cuff	801-610-8800	rcuff@alpinedistrict.org
Corner Canyon	Dan Lunt	801-826-6400	dan.lunt@canyonsdistrict.org
Lehi	Reed Bromley	801-610-8805	rbromley1@alpinedistrict.org
Lone Peak	Izzy Ingle	801-610-8810	izzingle@gmail.com
Skyridge	Jeff Gardner	801-610-8820	jgardner@alpinedistrict.org

BASKETBALL (Girls)

Region Chairman: Quincy Lewis
Contact Number: 801-368-4622
Two-weeks prior: Oct. 26 - Nov. 8, 2026
First Contest Date: November 17, 2026
Eligibility/list/team photo due: December 4, 2026
State Tournament Dates: Feb. 24 March 6, 2027
Academic All-State Accepted: Jan. 12 - Feb. 9, 2027
Arbiter: Jeff Cluff, cluffjeff@uhsaa.org

GUIDELINES:

1. Beginning practice date for girls basketball is November 10, 2025. The first game may be played no sooner than November 18, 2025. "No basketball player will play basketball during the athletic period except after the official beginning practice date: (per UHSAA policy).
2. Standard gameday schedule for boys and girls will be Tuesdays and Fridays.
3. Game Times: 3:00 Girls JV/Soph Boys. 4:30 Boys JV/Girls Soph. 6:00 Girls Varsity. 7:30 Boys Varsity
4. Varsity Games will start as scheduled or a minimum 15 minute warm up following the conclusion of the Girls Varsity game.
5. Sub Varsity games will start as scheduled or minimum 8 minute warm up following the previous game.
6. Preseason game times and dates are site-based decisions.
7. Only by mutual consent of both schools involved can the starting times be changed. Change of dates must be approved by the Region III Board of Managers. (The home team will notify the Arbiter of any changes.)
8. General courtesies recommended for boys' and girls' games:
 - Each school should provide the visiting team with a secure, clean locker room, a good blackboard or whiteboard and table for taping. A room for private discussion during halftime should be provided.
 - Locker rooms will be available no sooner than 2:30 for visiting teams. Junior Varsity teams are encouraged to arrive dressed and ready to play.
 - If pre-game activities are to be longer or if different from usual (general directions, announcements, team introductions and national anthem) a schedule should be given to coaches and referees. A flag ceremony should be included.
 - Conduct halftime activities within scheduled time - not to exceed seven (7) minutes for all activities. Minor variations can be made with mutual consent of schools involved.
 - Team rosters with numbers must be listed on Register My Athlete by December 5, 2025
9. Moratorium Dates are:
 - June 29 - July 5, 2026
 - August 3 - August 16, 2026
 - October 26 - November 8, 2026
 - November 26 - November 29, 2026
 - December 21 - 25, 2026
 - January 1, 2027
 - March 14 - March 28, 2027
 - June 28 - July 4, 2027
10. Guidelines for All-Region Voting:
 - The Region Most Outstanding Player is chosen by the Region Champion Coach
 - If the Most Outstanding Player is chosen as the MVP, then it will be the second place vote.
 - In the case where there are multiple Region Champions, each Region Champion coach will choose a Most Outstanding Player.
 - Each coach submits their top 16 nominations for the All-Region Team (ranked in order from 1st choice to 16th).
 - Coaches may not nominate someone from their own team.
 - Points for the nominations are awarded as follows: 1st place = 16 points, 2nd place = 15 points, etc.
 - The top All Region vote will be chosen as the MVP.
 - The top 8 players are part of the All-Region 1st Team.
 - The next 8 players are part of the All-Region 2nd Team.
 - The remaining players who received votes will receive Honorable Mention.
 - If a tie occurs in the voting, then all players involved in the tie will be included in their respective team. The tie will count as one space.
11. Academic All-Region Requirements
12. The home team report scores the night of the game. All teams must report their scores to MaxPreps the night of the game.

Region III Girls Basketball Schedule 2026 - 2027

Tuesday, January 12, 2027	Friday, January 15, 2027
Skyridge @ Layton Corner Canyon @ Syracuse Lone Peak @ Farmington American Fork @ Davis Lehi @ Weber	Lehi @ American Fork Lone Peak @ Corner Canyon BYE: Skyridge
Tuesday, January 19, 2027	Friday, January 22, 2027
American Fork @ Lone Peak Skyridge @ Lehi BYE: Corner Canyon	Lone Peak @ Skyridge Corner Canyon @ American Fork BYE: Lone Peak
Tuesday, January 26, 2027	Friday, January 29, 2027
Skyridge @ Corner Canyon Lehi @ Lone Peak BYE: American Fork	Corner Canyon @ Lehi American Fork @ Skyridge BYE: Lone Peak
Tuesday, February 2, 2027	Friday, February 5, 2027
Layton @ American Fork Weber @ Skyridge Syracuse @ Lone Peak Farmington @ Lehi Davis @ Corner Canyon	American Fork @ Lehi Corner Canyon @ Lone Peak BYE: Skyridge
Tuesday, February 9, 2027	Friday, February 12, 2027
Lone Peak @ American Fork Lehi @ Skyridge BYE: Corner Canyon	Skyridge @ Lone Peak American Fork @ Corner Canyon BYE: Lehi
Tuesday, February 16, 2027	Friday, February 19, 2027
Corner Canyon @ Skyridge Lone Peak @ Lehi BYE: American Fork	Lehi @ Corner Canyon Skyridge @ American Fork BYE: Lone Peak

- Each school has a minimum of 2 home Friday games
- For crossover games - the home team determines game times
- Crossover game will have boys & girls playing at the same venue

STATE TOURNAMENT

State Tournament First Round: February 24 @ home sites

State Tournament Second Round: February 26 @ home sites

State Tournament Quarterfinals: March 2 @ TBA

State Tournament Semifinals: March 4 @ TBA

State Tournament Final: March 6 @ TBA

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Aimee Dorais	801-610-8800	adorais@alpinedistrict.org
Corner Canyon	Nicholas Taylor	801-826-6400	nicholas.taylor@canyonsdistrict.org
Lehi	Sean Seastrand	801-610-8805	sseastrand@alpinedistrict.org
Lone Peak	Nancy Warner	801-610-8810	nancywarner@alpinedistrict.org
Skyridge	Shaylee Nielsen	801-610-8820	shayleeneilsen@alpinedistrict.org

COMPETITIVE CHEERLEADING

Region Chairman: Phil Clark

Contact Number: 801-610-8805

Coaches Clinic: June 15, 2026 @ 10:00 a.m.

Academic All State Applications Accepted: Jan 12 - Feb 9, 2027

State Championships: January 20 & 22, 2027 @ UVU

USA Cheer, the governing body for sport cheering, says the following about High School Cheer:
“School cheerleaders’ primary role is supporting the other athletic programs through leading the crowd at games and pep rallies as well as promoting school spirit overall. School cheer teams may participate in competitions, performing a 2.5 minute routine composed of tumbling, stunting, pyramids, dance and cheer segments.” usacheer.org/high-school-cheer

The Cheerleading Coaches of Region III agree that it is essential that there be a healthy balance between supporting the athletic programs in the school and competing in cheer.

1. **COMPETITIVE CHEER** is conducted according to the rules and guidelines of the UHSAA and NFHS Rules, provided by USA Cheer.
 - a. **Sportsmanship** rules apply and are enforced during the Regional Cheer Team Competition.
 - i. Each cheer team member and coach will model sportsmanship to team members, opposing teams, parents, school staff & competition personnel.
 - ii. As determined by the supervising administrators, parents or spectators who fail to model decency and sportsmanship will be asked to leave and will not be allowed to return to the competition anytime during the remainder of the event.
 - iii. Profane language, disrespecting others, or inappropriate behaviors will not be tolerated.
 - b. **Eligibility**
 - i. UHSAA Transfer Rule is in effect as of March 1, each year.
 - ii. UHSAA Determining Eligibility of Student - Athletes.
 - iii. School standards may be higher but not lower than that of the UHSAA.
 - c. **Budget Declarations** are due two weeks following the UHSAA State competition Cheerleading Championship which is February 13, 2027.
 - i. \$800.00 per athlete for competition-related items and activities. Some items are multi-use
 1. Choreography, uniforms / bows, poms, signs, music, props, etc.
 - d. **Time Management** - All forms on uhsaa.org/cheer
 - i. Practice time or Competitive Cheer is limited to 12 hours / per week, maximum
 - ii. Season start - end dates: November 1 - January 31
 - iii. Tryouts begin date: March 16, 2026
 - iv. **Moratorium & Dead Time**
 1. Two 2-week periods, a total of 4 weeks, must be submitted by January 15, 2026
 2. The school selected “all school” moratorium applies to cheerleading.
 - v. Teams not abiding by the moratorium/dead time guidelines will face a fine on the first offense and a sportsmanship penalty on the second offense.
 - e. **Events:**
 - i. UHSAA Regional and State Competitive Cheer Competition - SEE uhsaa.org/cheer site for accurate details
 1. UHSAA Directors: Jan Whitaker and Missy Mackay-Whiteurs
 - a. Contracted competition provider: RC Competes, Lori Rupp and Kell
 - ii. Teams may participate in up to 4 contests in addition to the UHSAA state event.
 - iii. After UHSAA State, all competitions are governed by LEA, not UHSAA.
 - f. **UHSAA Competitive Cheer Qualifications:**
 - i. All athletes must be registered in RegisterMyAthlete
 - ii. All coaches must be registered in RegisterMyCoach
 - iii. Deadline to declare participation in Competitive Cheer, [August 18, 2025???](#)
 - iv. Regions determined based on participation and consideration of distance.
 - v. The top 70% of regional competition results advance to the Championship.
 - g. **Head Coach Qualifications:**

- i. Earn USBE State Risk Rules & Safety certification
- ii. Attend the June clinic for coaches
- iii. Adhere to the National Safety Guidelines and qualify for the Utah School Boards Association's catastrophic insurance coverage.

2. Spirit Role - Crowd Leading, Game Days and Beyond

- a. Sportsmanship, school and community leadership
 - i. Region III supports the UHSAA sportsmanship program goals and initiatives of NFHS
 - ii. Teams lead the spirit coalition on campus, promoting unity and belonging among all students.
- b. Safety
 - i. Coaches prepare athletes for crowd leading and competition using the utmost ethical training practices such as strength and conditioning, progressions, spotting, and safety equipment.
 - ii. USA Cheer: recognized sports organization Safety Education
 1. NFHS / USA Cheer Rules Course (and rules change summary, course) Comprehensive Course for Coaches - Rules interpretations
 - iii. USA Cheer Safety Data & Research "the number of catastrophic injuries from cheerleading over the past 5 years are similar to other girls' high school sports and are lower than those for football, baseball, wrestling, girls' soccer, and girls' track & field."

MEMBERSHIP DIRECTORY

SCHOOL	COACH	PHONE	EMAIL
American Fork	Bri Croft	801-610-8800	brianna.warb@gmail.com
Corner Canyon	Whitney Lunt	385-208-9235	whitney.lunt@canyonsdistrict.org
Lehi	Jena Anderson	801-367-8750	jenniferanderson@alpinedistrict.org
Lone Peak	Lori Eisinger	801-385-6250	lorieisinger36@gmail.com
Skyridge	Gina Romney	801-472-7689	ginaromney@alpinedistrict.org

Activity Chair / LP	Phil Clark	801-610-8805	philipclark@alpinedistrict.org
Region Principal / LPHS	Todd Dawson	801-610-8810	tdawson@alpinedistrict.org
EC Principal			

UCTCA LEADERSHIP 2025 - 2026

DIVISION	DIVISION REP	SCHOOL	PHONE	EMAIL
1A	Keri Murdoch	Monticello		
2A	Katie Mogul	North Sevier		
3A	Sue Ann Kelsey	Morgan		
4A	Sandi Lyman	Desert Hills		
5A	Brittney Peay	Salem Hills		
6A	Amber Thomas	Bingham		

UHSAA nor RC Competes should be involved in the Coaches Association (J. Whittaker, 2023)

Cross Country (boys & girls)

Region Chairman: Jana Houle
Contact Number: 801-610-8820

UIAAA Endowment Race - TBD
First Contest Date: August 3, 2026
Roster on Register My Athlete: August 28, 2026
State Entry Deadline: October 19, 2026
State Competition: October 27 & 28, 2026
Academic All-State Accepted: Sept 8 - Oct 6, 2026

GUIDELINES:

1. No meets are to be scheduled before August 3, 2026
2. Each Region school will have a well-marked designated course. Distances for dual/tri/quad meets and region championships will be approximately 5K. A finish chute will be used at the finish line for all meets, as well as the Region Championship.
3. Qualification for state will be as per UHSAA rules in the current handbook.
4. Scores at the Region Championship Meet will determine the winner of the region trophy.
5. Boys and Girls Varsity runners 1-7 will be awarded 1st Team All-Region in Varsity, and runners 8-14 will be awarded 2nd Team All-Region in Varsity.
6. Boys and Girls Varsity runners 1-7 will receive medals labeled with the appropriate region information and place. Varsity runners 8-14 will receive ribbons labeled with the appropriate place. Boys and Girls JV runners 1-10 will receive ribbons labeled with the appropriate place.
7. Each school will receive assignments for the Region Championship from the host school.
8. Each school will furnish their own "stickers" or tags for each dual/tri/quad meet and the Region Championship Meet. Print the runner's name, grade, and school on the region championship tags.
9. The highest 6th place finisher determines a tiebreaker.
10. Coaches may run eight (8) runners in the varsity region championship race but the scoring seven (7) must be clearly designated on the tag prior to the beginning of the race.
11. The number of teams and individuals that qualify for the state meet will be as per the number set by the UHSAA.
12. Dual/Tri/Quad region meets will be scheduled as per need basis between the schools involved.
13. The uniform rule will be in effect for all meets, with the exception of the pre-season meet. This meet will be a non-team scoring meet.
14. Academic All-Region is for Senior athletes with a cumulative GPA of 3.75 or higher.
15. Each individual may compete in a maximum of ten (10) meets plus Region and State.
16. Please refer to "General Policies" in the Region III Handbook for all other Region III rules, and the UHSAA Handbook for all UHSAA rules.

MORATORIUM DATES:

- June 29 - July 5, 2026
- November 26 - November 29, 2026
- December 21 - December 25, 2026
- January 1, 2027
- March 7 - April 4, 2027
- June 28 - July 4, 2027

Region III Cross Country Schedule 2026 - 2027

Region XC Skyridge High School (Host) Location: Art Dye Park (tentatively)	October 13th, 2026 • Junior Varsity Girls 3:30 pm • Junior Varsity Boys 4:00 pm • Varsity Girls 4:30 pm • Varsity Boys 5:00 pm
State XC Rose Park in Salt Lake City	October 27th & 28th, 2025 (this could change) Times to be determined by the state

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Timo Mostert (boys) Bruno Hunziker (girls)	385-455-3286 801-592-5524	tmostert@alpinedistrict.org bhunziker@alpinedistrict.org
Corner Canyon	Stephanie Henstrom	503-939-3138	stephanie.henstrom@canyonsdistrict.org
Lehi	Chris Dorton	801-602-7621	dortonxc@gmail.com
Lone Peak	Ryan Bybee (boys) Courtney Meldrum (girls)	801-610-8810	ryan@bybeemail.com cpuggy@gmail.com
Skyridge		801-610-8820	@alpinedistrict.org

DRILL

Region Chairman: Lisa Gallagher
Contact Number: 801-610-8805

Drill Coaches / Judges Clinic: August 22, 2026
First Contest Date: November 2, 2026
Eligibility/list/team photo due: November 20, 2026
State Tournament Dates: Jan. 25 - 30, 2027
Academic All-State Accepted: Jan 12 - Feb 9, 2027

GUIDELINES:

1. The Region III Drill Team Competition is conducted according to the rules and guidelines of the UHSAA competition regulations.
 - a. Moratorium / Dead Time: Teams not abiding by the moratorium / dead time guidelines will face a fine on the first offense and a sportsmanship penalty on the second offense.
 - b. Sportsmanship rules apply and are enforced during the Region Drill Team Competition
 - i. Each drill team member and coach will model sportsmanship to team members, opposing teams, parents, school staff & competition personnel.
 - ii. As determined by the supervising administrators, parents or spectators who fail to model decency and sportsmanship will be asked to leave and will not be allowed to return to the competition at any time during the remainder of the competition.
 - iii. Profane language, disrespecting others, or other inappropriate behaviors will not be tolerated.
 - c. Head Coach Qualifications
 - i. Attend a UHSAA Rules Clinic for coaches and judges before the Region III Competition or complete the UHSAA Drill Team Test before the Region Competition.
 - ii. Adhere to the National Safety Guidelines, and qualify for catastrophic insurance coverage.
 - d. Region III drill teams follow the General Guidelines of the Region III Handbook.
2. Corner Canyon will host the Region Drill Competition for the 2026 - 2027 school year on Wednesday, January 13, 2027 at 6:00 p.m.
 - a. On-Site Practice- Wednesday, January 13, 2027
 - b. A UHSAA certified judge will be contracted as the competition director for the Region Drill Competition - Lauralyn Kofford.
 - c. The performance categories for the 2025-2026 Region Competition are MILITARY, DANCE, and SHOW.
 - i. The category performance order will be A) Military, B) Dance, and C) Show with Hip Hop - no props.
 - ii. Teams may enter one, two, or three categories at the region level.
 - d. A mandatory Region III Drill Competition Coaches Meeting will be held at the host school Tuesday, December 1, 2026 at 7:00 p.m.
 - i. The competition performance order is determined by random drawing numbers (1 - 6) and a predetermined rotation for all three performance categories.
 - ii. Team(s) without representation at the meeting will be assigned to perform first in the first performance category and will be assigned the corresponding number drawn (or assigned)
 - iii. The host school will provide a facility orientation
 - iv. Practice times to be assigned
 1. Each drill team will be allowed an assigned on-site one-hour on Wednesday, January 13, 2027
 2. In addition, each drill team will be allowed an assigned thirty-minute floor time session (10 minutes to clear) on the day of the competition. The standard order is by distance from the competition site, closest to furthest.
 3. Additional times will not be granted.
 - e. Coaches must submit the following information for the Region III drill Team Competition Program on Wednesday, January 6, 2027 (google form)
 - i. PROGRAM INFORMATION
 1. Official drill team name
 2. Team picture pdf: high quality with sharp contrast
 3. Team Roster: officers, managers, and coaches (please spell check)
 4. School Administration & Athletic Director(s) names (please spell check)
 5. PROGRAM PERFORMANCE (1 per school, such as cheer, percussion, ballroom, etc.). Please provide the group's name, adviser/coach contact name, number and email.
 6. AWARDS NOMINATIONS:
 - a. All-Region III Team: Nominate up to three per school with a **preference for seniors** and multiple year members (please spell check).
 - b. Academic All-Region Nominations with a 3.75 and above cumulative GPA will be recognized at the region competition. (please check spelling)

3. Region III Drill Team Competition Awards (Region III Manual) - NOTE - Region certificates are to be printed by the host school.
 - a. The Region III Championship trophy will be awarded to the overall top team.
 - i. In the event of a tie, tie-breaking procedures will be followed as outlined in the UHSAA Handbook.
 - b. Certificates will be awarded to the overall 2nd and 3rd place teams.
 - c. Category Awards: In each of the three categories:
 - i. Plaques will be awarded to the 1st and 2nd place teams in each category.
 - ii. Certificates will be awarded to the 3rd place team in each category.
 - iii. Medals will be awarded to the Drill Down individuals in 1st, 2nd, 3rd, 4th and 5th places.
 - d. Certificates will be awarded to participants eligible for Academic All-Region (Seniors with Cum GPA of 3.75 or above).
 - e. Certificates will be awarded to three All-Region III Team nominees per school (Coach nominated).
4. Miscellaneous
 - a. Dressing rooms are closed to parents, spectators, and supporters. Only coaches and participants will be allowed in the dressing area.
 - i. The decoration of team dressing rooms should be conservative, approved by the head drill team coach in advance, and entirely cleaned up at the conclusion.
 - b. It is advised that gifts and well wishes be held until after the thirty-minute practice on the day of the competition.

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Jeana Harmon	801-310-3368	jeanaharmon@alpinedistrict.org
Corner Canyon	Brittany Nordhoff	801-580-2143	cornercanyondrillteam@gmail.com
Lehi	Malory Gray	801-879-7590	graymalory90@gmail.com
Lone Peak	Sarah Murphy	801-310-9334	sarahmurphy@alpinedistrict.org
Skyridge	Erin Richardson	801-598-5975	erinrichardson@alpinedistrict.org

MORATORIUM DATES:

- June 28 - July 4, 2026
- November 26 - November 29, 2026
- December 21 - December 25, 2026
- January 1, 2027
- June 29 - July 5, 2027

E - SPORTS

Region Chairman: Justin Reeves
Contact Number: 801-610-8810

Starting Date: July 28, 2025
Late Enrollment Deadline: January 30, 2026
Season Starts: January 4, 2026
Season Ends: April 12, 2026
Roster Locks: March 9, 2026

PRE - SEASON

Thursday, January 8, 2026

Thursday, January 15, 2026

@ 4:00 p.m.

@ 4:00 p.m.

REGULAR SEASON

Thursday, January 22, 2026

Thursday, January 29, 2026

@ 4:00 p.m.

@ 4:00 p.m.

Thursday, February 5, 2026

Thursday, February 12, 2026

@ 4:00 p.m.

@ 4:00 p.m.

Thursday, February 19, 2026

Thursday, February 26, 2026

@ 4:00 p.m.

@ 4:00 p.m.

Thursday, March 5, 2026

Thursday, March 12, 2026

@ 4:00 p.m.

@ 4:00 p.m.

Mario Kart 8 Deluxe

Rocket League

Smash Ultimate

State Championships - April 11, 2026 @ Weber State University

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork		801-610-8800	
Corner Canyon	Jess Schuck	801-826-6400	Jess.schuck@canyonsdistrict.org
Lehi		801-610-8805	
Lone Peak	Josh Nair	801-610-8810	jnair@alpinedistrict.org
Skyridge	Brice Reeves Toni Davis	801-610-8820	bricereeves@alpinedistrict.org tonidavis@alpinedistrict.org

FOOTBALL

Region Chairman: Joe Atwood
Contact Number: 801-610-8820
Starting Date: July 27, 2026
First Contest Date: August 19, 2026 (Sub-Varsity)
First Contest Date: August 20, 2026 (Varsity)
Eligibility/list/team photo due: August 28, 2026
Academic All-State Accepted: Sept 8 - Oct 6, 2026
Arbiter: Jeff Cluff, cluffjeff@uhsaa.org

GUIDELINES:

1. Beginning practice date will be July 27, 2026.
2. All varsity games will start at 7:00 pm.
3. JV games will be played on the day before the varsity game at the opposite site starting at 3:30. Sophomore games will be at the same site on the same day immediately following the JV game.
4. Home team wears dark jerseys. Visiting team wears light or white jerseys.
5. All schools are required to use adults only for varsity chain crew and down markers.
6. State tie-breaker rule applies for overtime
7. Sidelines: It is the responsibility of each school's administration to supervise their own sideline and ensure that spectators do not enter the field area during the game.
8. The home team is responsible for emergency care at all levels of play..
9. Head coaches will share the Hudl link for film for all games as soon as possible. Region games may only be filmed by participant schools and equal access to facilities will be given for the videographers.
10. Varsity host school will provide dressing areas with whiteboard and bathrooms for pre-game, halftimes, or lightning shelter.
11. At the end of each game, each team may meet for no more than 15 minutes on the field. Visiting teams will go straight to the bus at the end of the game, and should therefore clean out their equipment at the end of halftime (unless agreed upon with the host school for weather purposes).
12. Visiting teams may have 3-4 (no more) coaches in or on the press box area depending on size. Coaching staff must be given priority over TV or other broadcasting crews.
13. Coaches will update roster in maxpreps.com a minimum of one week before the first season game.
14. All-region team selection will be on October 20, 2026. Coaches will vote for the best player at each position for 1st team All-region, and then 2nd and 3rd team all-region will be allotted based on region finish: 1st place - 6 players, 2nd place - 5 players, 3rd place - 4 players, 4th place - 3 players, 5th place - 2 players.
15. A current employee of a school may not officiate in a game for their team.
16. National anthems should be played / performed at 5 minutes before the start of the game.
17. The Region Schedule will flip home / away for subsequent years.
18. Any changes to the region schedule after the beginning of the season must be approved by the region board of managers, and should take place at least one week before the start of the game.
19. Any media personnel must remain on their own school's sideline.
20. Tie- breaker for in-games is the state playoff rules, tie-breaker for region placement is head to head competition. In the event of a tie in region standings after a head to head record is considered, winning record against the highest ranked region team outside of those tied for first place, and continuing through the region rankings until a tie-breaker is achieved. In the event that the tie is still unresolved, then the points scored against the highest ranked competition outside of the tied teams determines the tie breaker.

MORATORIUM DATES:

- June 29 - July 5, 2026
- November 21 - December 6, 2026
- November 26 - 29, 2026
- December 21 - December 25, 2026
- January 1, 2027
- February 22 - March 8, 2027
- June 28 - July 4, 2027

Region III Football

Schedule 2026 - 2027

September 18	Skyridge @ Lehi (9/17-KJZZ) Lone Peak @ Corner Canyon BYE: American Fork
September 25	American Fork @ Lone Peak Corner Canyon @ Skyridge BYE: Lehi
October 2	Lehi @ American Fork Skyridge @ Lone Peak BYE: Corner Canyon
October 8	Corner Canyon @ American Fork Lone Peak @ Lehi BYE: Skyridge
October 14	American Fork @ Skyridge Lehi @ Corner Canyon BYE: Lone Peak

STATE TOURNAMENT:

Bracket Reveal - October 17, 2026 @ 10:00 a.m.

First Round of playoffs @ Home sites - October 23, 2026

Second Round of playoffs @ Home sites - October 30, 2026

Quarterfinals @ Home site - November 6 & 7, 2025

Semifinals @ U of U - November 13, 2026

Finals @ U of U : November 19, 2026

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Aaron Behm	801-610-8800	abehm@alpinedistrict.org
Corner Canyon	Casey Sutera	801-826-6400	casey.sutera@canyonsdistrict.org
Lehi	Andy Hadfield	801-610-8805	hhadfield@alpinedistrict.org
Lone Peak	Bart Brockbank	801-610-8810	bart.tace@gmail.com
Skyridge	Justin Hemm	801-610-8820	justinhemm@alpinedistrict.org

FORENSICS/ DEBATE

Region Chairman: Sally Williams, Corner Canyon
Contact Number: 801-826-6400
First Contest Date: September 29, 2026
Eligibility list due: October 23, 2026
State Entry Deadline: March 8, 2027
State Competition: March 12 & 13, 2027
Academic All State Accepted: Feb 16 - Mar 16, 2027

GUIDELINES:

1. Starting Date: No forensics meets may be held prior to September 29, 2026. State Competition: March 12 & 13, 2027.
2. Policy Debate, Lincoln-Douglas, and Public Forum Paring: Up to six (6) rounds will be held in each event, Pairings will be matched to best allow each school to hit all other schools in the region in each event, Byes will be drawn from eligible teams/schools. No team, individual or school may have more than one bye unless it cannot be avoided. Speaker points are averaged for byes. The Region Tournament will use the same topics for Lincoln-Douglas and Public Forum as the State Tournament.
3. Individual Events Paring: Up to four (4) preliminary rounds of each event will be held. Random pairing will be used but students from the same school will not be in the same round.
4. Student Congress Paring: all contestants will be placed in one house of two (2) sessions with assigned seating and second seating reversed Student Congress for Region will conform to State Tournament guidelines, One (1) judge from each participating school will be used with the score from the competitor's school dropped and the other five (5) added to determine final rank and rating. Congress judges should be two (2) years removed from high school, if possible.
5. Entry: There will be a limit of four (4) teams in Policy Debate, Public Forum, and Lincoln-Douglas Debate. The NSDA March/April topic will be used for both Region and State Competitions in both LD and Public Forum. In Student Congress and Individual Events there will be three (3) entries.
6. Registration: Registration forms must be submitted on Tabroom.co at the time of the Region pairing Meeting. All Orations and Student Congress Legislation must be submitted with registration.
7. Judging Requirements: Judging requirements will be determined at the Region pairing meeting based on the total entries of each school, Each school shall bring a congress judge. Judging requirements are as follows:
 - a. One Judge per two (2) of policy and public forum debate.
 - b. One for every four (4) LD debaters or fraction thereof.
 - c. One judge for every four (4) IE competitors.
 - d. One congress judge for each school with a Student Congress.
8. Schools not meeting their judging commitments will be subject to the following procedure: Drop number of students to match number of judges present at the point of infraction and after vote by Region Coaches.
9. Student Congress: Region III will use the most recent UDCA legislation. The legislative calendar will be set randomly at the Region Pairing Meeting. All legislation must be final by the Pairing Meeting. Orders of the day will be used with modified UDCA rules. Six speech priority will be used. All speeches will be three (3) minutes with two (2) minutes of questions after the proponent speech. Amendments and serving as Presiding Officer will count as a speech. No removal of an obstructionist without approval of the tabulation room. No one student will chair for more than (1) hour. Five (5) hours of session time will be held with breaks and lunches scheduled as needed.
10. At the Region III Speech & Debate Tournament, a student may enter in only one event.
11. Appropriateness of Materials: Coaches are responsible for ensuring appropriateness of materials including, but not limited to, oratory topics, and subject of congress resolutions.
12. Scoring: The quartile system will be used. The top $\frac{1}{4}$ will receive superior ratings and five (5) points per person, the next $\frac{1}{4}$ will receive excellent ratings and three (3) points per person, the next $\frac{1}{4}$ will receive good ratings and will receive one (1) point per person and the final $\frac{1}{4}$ will receive no sweepstakes points. Quariling will be adjusted in a way, which least skews the bracket upon agreement of coaches. In sweepstakes, when there is a team tie for the finals state qualification spot, the tie will be broken on numbers of ratings and win/loss records. Congress rankings will be quartile for breaking ties.
13. Region Awards: One (1) Region Championship trophy will be awarded. Region medals will be awarded for the top five (5) places in each event. That would result in the following medals count. Policy Debate: places 1-5 win two (2) medals for each place since each team has two members; Lincoln-Douglas Debate: One (1) medal for each place 1-5; Public Forum Debate: places 1-5 with two (2) medals for each place since public forum teams have two members; Original Oratory: One (1) medal for each place 1-5; Impromptu Speaking: One (1) medal for each place 1-5; Foreign Extemporaneous Speaking: one (1) medal for each place 1-5; National Extemporaneous Speaking: one (1) medal for each place 1-5; Student Congress: one (1) medal for each place 1-5.
14. Region certificates will be awarded to all participants who achieve a rating of good or higher. Ties will be broken according to UHSAA Rules. If two schools are tied for either 1st or 2nd place Sweepstakes, the following tie-breaking procedure will be followed: The lowest total ranking score in all events wins the tie. Debate, Lincoln-Douglas and Public Forum will be counted as one (1) point for wins and three (3) for a loss in this tie-breaking system. Only ties for 1st and 2nd place sweepstakes will be broken. All other ties will be listed and announced as a tie.

15. Rules Arbitration: The Region Activity Chairperson will be on call during the Region Tournament to help resolve disputes over interpretation or application of Region Rules.
16. Region Costs: Region schools will submit to the Region Activity Chairperson a list of their judges. The schools are responsible for paying their own judges. The region will then reimburse schools for the cost of their region judges. The region will also cover the costs of awards and lunch for region coaches and judges at the Region Tournament. The anticipated total budget for region competition is \$800.00

Debate/Forensics Region III Tournament February 27, 2027 at Lone Peak High School.

17. Region Event Places:
 - a. Policy Debate: 2 each for places 1-5
 - b. Public Forum Debate: 2 each for places 1-5
 - c. Lincoln-Douglas Debate: places 1-5
 - d. Student Congress: places 1-5
 - e. National Extemporaneous Speaking: places 1-5
 - f. International Extemporaneous Speaking: places 1-5
 - g. One First Place forensics Sweepstakes trophy.

POLICIES:

1. Region III operates under the Speech/Debate Policies and Guidelines promulgated by the UHSAA. The UHSAA Policies and Guidelines are incorporated into these Region III Policies as if fully set forth herein. In the event of a direct conflict between a UHSAA Policy or Guideline and a Region III policy, the UHSAA Policy or Guidelines takes precedence.
2. Topics for the Region III Debate Tournament:
 - a. Policy Debate will use the NSDA National topic for the current academic year.
 - b. Public Forum and Lincoln-Douglas Debate will use the topics selected for the UHSAA's 6A State Tournament, usually the respective NSDA topics for March of the current academic year.
 - c. International and National Extemporaneous Speaking will use the NFHS topics for February of the current year. If required by the number of rounds and participants, NFHS topics for preceding months (beginning with January of the current year and then, if needed, December of the previous year, and so on) may also be used.
 - d. Student Congress legislation will be selected from UDCA approved legislation selected for use at the upcoming UHSAA's 6A State Tournament. If the legislation for the 6A State Tournament has not been selected or if the selections are not available by the opening of the Region Pairing Meeting, then legislation for the Region IV Tournament shall be selected from the current UDCA approved list found at utahdebatecoaches.org
3. Entries for the Region III Tournament:
 - a. School Entries: Each school may have up to four (4) entries with only four entries counting for sweepstakes-entries in Policy Debate (CS), Public Forum Debate (PF), Lincoln-Douglas Debate (LD) and Student Congress (SC). Each school may have up to four (4) entries with only four entries counting for in Original Oratory (OO), National Extemporaneous Speaking (NX), Foreign Extemporaneous Speaking (FX), and Impromptu Speaking (IM). Each team in CX and PF shall constitute one entry.
 - b. Participant Entries: No student may enter more than one (1) event at the Region III Tournament.
 - c. Exception to Participant Entry Limit: Coaches may vote to separate the debate (CX, PF and LD) portion of the tournament from the speech (SC, OO, FX, NX, and IM) portion of the tournament. A majority vote is required to do this. If the date and speech portions are separated, then (and only then) a school may choose to enter a student in one (1) debate event and one (1) speech event. If the debate and speech portions of the tournament are separated then the speech (SC, OO, FX, NX, and IM) events will be held on the Friday immediately before the Saturday date set for the Region IV Debate Tournament at the same location. This exception to Policy 3.b does not increase the total number of entries for each school set forth in Policy 3.a. If a student qualifies under this policy for the 6A State Tournament in both a debate event and a speech event, the student counts against the region quota of ten (10) entries per event in both categories in which the student qualifies. However, a student may only compete in one event at the 6A State Tournament. No additional qualifier will be entered in place of a qualification spot that is dropped under this Policy.
 - d. All participants are required to satisfy the UHSAA's academic eligibility standards, which currently require a student to have achieved a 2.0 G.P.A. with no more than one (1) failing grade in an immediately preceding term.
4. Registration for the Region III Tournament: Student participants must be registered for the Region III Tournament on tabroom.com prior to the close of the Region Pairing Meeting. OO titles must be submitted with the online registration. Printed copies of oo scripts with a word count (total, quoted and paraphrased) and a bibliography must be submitted for review one week before the region tournament to the person(s) nominated at the Region Pairing Meeting to review OO scripts.
5. Pairing for the Region III Tournament:
 - a. Policy Debate, Lincoln-Douglas, and Public Forum Debate Pairing: Up to six (6) rounds may be held in each event. The number of rounds should be set to (1) provide a robust competition; and (2) ensure sufficient separation between teams or individuals to properly quartile each event.
 - b. Each school is required to seed their teams and individuals in order of their strength, using varsity won-loss records from the current academic year. If a team or individual has participated in fewer than four varsity tournaments during the current academic

year, then win-loss records from previous academic years and/or novice competition during the current academic year may also be taken into account.

- c. The value intended to be achieved by this Policy is a fair seeding. A “one-seed” should be a school’s strongest team or individual.
 - d. A “two-seed” should be a school’s second strongest team or individual, and so on. Sandbagging - or intentionally giving a stronger team or individual a weaker seed is considered cheating.
 - e. If a coach believes that won-loss records do not fairly represent the respective strength of a school’s teams or individuals, the coach may request a variance from this procedure at the Region Pairing Meeting. All questions and challenges concerning seeding must be resolved at the Region Pairing Meeting.
 - f. Pairings will set to achieve the following values, in order of importance:
 - i. No team or individual may be paired against an opponent from their own school.
 - ii. No team, individual or school may have more than one bye unless it cannot be avoided. Byes will be awarded to a school’s one seeds first, then to two seeds and so on. If awarding a team or individual a second bye cannot be avoided, then second byes must be awarded in the same order of preference as the first byes. If a team or individual receives a bye, speaker points for the bye round will be awarded by calculating the average speaker points from actual rounds.
 - iii. Teams and individuals will be matched to best allow each school to compete against each other school in the region in each event.
 - iv. To the extent possible, pairings should be set to protect the higher seeded teams and individuals.
 - g. Individual Events Paring: Up to four (4) preliminary rounds of each event will be held. Random Pairing will be used for each round. Students from the same school may not compete in the same panel unless this would result in an unfair panel. Scores in each panel will be truncated to the size of the smallest panel. (For example, in a round consisting of two (2) panels of four (4) contestants and one panel of three (3) contestants, a contestant receiving a score of four (4) will have their score truncated to a three (3).
 - h. Student Congress Paring. All SC contestants will be placed in one (1) house.
6. Event Rules for the Region III Tournament:
- a. Debate: CX, PF, and LD will be conducted according to the UHSAA Policies and Guidelines for the 6A State Tournament. PF will also be conducted according to the rules specified by the NSDA. (Coaches are responsible to review these rules with their PF teams, and ensure their compliance).
 - b. Individual Events: The UHSAA Policies and Guidelines for OO, NX, FX, and IM at the 6A State Tournament will be followed at the Region IV Tournament.
 - c. Student Congress: SC at the Region III Tournament will conform to the UHSAA Rules and Guidelines for the 6A State Tournament.
 - i. The legislative calendar shall be set randomly at the Region Pairing Meeting.
 - ii. Legislation will be selected as set forth in Policy 2.d. The Orders of the Day will be the UDCA’s most recent Orders of the Day (modified), which are published at utahdebatecoaches.org
 - iii. If the author of the legislation is present in the chamber, or anyone from the author’s school, he or he has the right to the authorship speech for that legislation, regardless of priority.
 - iv. Except as provided for in policy 6.c.ii, six-speech priority will be enforced.
 - v. The competition shall consist of one round of five (5) hours. The round will be open. A mandatory thirty (30) minute break will take place at the halfway point.
 - vi. Seating will be assigned. After two and a half (2.5) hours, the seating assignments must be reversed.
 - vii. Time limits for speeches are three (3) minutes, followed by two (2) minutes of questions.
 - viii. Amendments and serving as Presiding Officer count as one speech.
 - ix. Amendments must be submitted in writing, with sufficient copies for each participant and judge in the round.
 - x. No person may serve as the Presiding Officer for more than one hour. Priority will be enforced among schools for Presiding Officer (meaning no school may have a second presiding officer until every school has either had or declined the opportunity to have a Presiding Officer)
 - xi. One (1) judge from each participating school will be used. Each judge must mudge the entire round. Judges must rank SC participants in order of merit. A score of one (1) denotes first place; a score of two (2) denotes second place; and so forth. The last place participant should receive a score equal to the total number of actual participants.
 - xii. An obstructionist may not be removed without approval of the tabulation room.
7. Calculating Sweepstakes Points: The Region III Tournament will use the quartile system to determine sweepstakes standing as follows:
- a. At the Region Paring Meeting the total number of entries in each event will be calculated and the result divided by four (4) to determine the number of contestants to be assigned to each quartile. If rounding is necessary higher quartiles must be assigned larger numbers than lower quartiles; provided, however, that no quartile may be more than one number higher or lower than any other quartile.
 - b. At the Region IV Tournament, entries must be assigned to a quartile based upon merit, with the best contestants assigned to the highest possible quartile. Contestants with identical records or placings may not be assigned to different quartiles, and the number of contestants assigned to each quartile may not be modified from the numbers set according to Policy 7.a.. Policy 7.c. provides the only exception to this rule.
 - c. Entries in any event that drop after the close of the Region Paring Meeting are awarded last place (or a tie for last place if there is more than one) in their respective event and must be assigned to the fourth quartile and earn zero sweepstakes points. If there are more entries that drop in any event than there are places in the fourth quartile for that event. The fourth quartile must be enlarged

to accommodate all dropped entries. In such a case, the additional places in the fourth quartile must be taken from the third quartile (if possible), then the second quartile and finally the first quartile.

- d. In all events except for SC, if a tie prevents the required quartile assignments, an additional round or rounds consisting of only contestants for which ties must be broken shall be held until contestants may be assigned to quartiles as set forth in Policy 7.a This tiebreaker procedure applies only for purposes of sweepstakes calculations. It does not apply to ties in individual rankings, which must be determined based upon standings after the completion of the originally scheduled rounds.
 - e. In SC, if a tie prevents the required quartile assignments, the tie will be broken according to the following criteria in order:
 - i. Eliminating the placement ranking received by each tied contestant from the judge representing the contestant's own school.
 - ii. Eliminating the highest and lowest ranking received by each tied contestant, and calculating the rankings from all other judges.
 - iii. Remaining ties will be broken via a mini-round in which each tied contestant is permitted to give one (1) 3-minute speech, followed by a 2-minute question period in which only the other tied contestants are permitted to ask questions. The bill for this tie-breaker must be randomly selected at the Region Pairing MEeting and may not have been previously used at the Region IV Tournament.
 - f. Entries in CS and PF shall be scored as follows:
 - i. Quartile 1 = Superior, and receives ten (10) points.
 - ii. Quartile 2 = Excellent, and received six (6) points.
 - iii. Quartile 3 = Good, and receives two (2) points.
 - iv. Quartile 4 = Fair, and receives zero (0) points.
 - g. Entries in LD, SC, OO, NX, FX, and IM shall be scored as follows:
 - i. Quartile 1 = Superior, and receives five (5) points.
 - ii. Quartile 2 = Excellent, and receives three (3) points.
 - iii. Quartile 3 = Good, and receives on (1) point.
 - iv. Quartile 4 = Fair, and receives zero (0) points.
8. State Qualification: Contestants qualify for the 6A State Tournament as set forth in the applicable UHSAA Policies and Guidelines. In the event of a tie for the final qualification slot, the tie will not be broken, and all participants tied for the last slot will qualify for the 6A State Tournament.
9. Judging Requirements: The number of judges each school is required to provide will be determined at the Region Pairing Meeting, and will be based on the total number of entries from each school in each event. Each school must provide a minimum of:
- a. One judge for every two (2) CS entries or fraction thereof.
 - b. One judge for every three (3) PF and LD entries or fraction thereof,
 - c. One judge for every four (4) OO, NX, FX, and IM entries or fraction thereof.
 - d. One judge for SC, if a school has any entries in this event. "A school that fails to meet its judging requirement by the deadline specified by a vote of the coaches at the Region Pairing Meeting will be required to drop the number of entries necessary to match the number of judges they have registered by the deadline. If a judge drops after this deadline, and is not replaced before the start of the Region IV tournament, the judge's school will be required to make any drops necessary to match the number of judges they actually provide. Each judge must have graduated from high school at least two years prior to the academic year in which the Region IV Debate Tournament is held. ANY exception to this policy may be approved by a majority vote of the coaches of the schools participation in the Region IV Debate Tournament.
10. Judge's Conduct:
- a. Judges are required to abide by the NSDA's Honor Code, and any applicable code of conduct specified by the UHSAA or the UDCA.
 - b. Judges are required to submit ballots that contain a written reason for their decision or rankings. Judges who fail to provide a written rationale for their decision or rankings for a round are not eligible to receive payment for that round.
 - c. Judges are not permitted to critique contestants following a round, or to disclose to any contestant the judge's decision or rankings for a round.
11. Appropriateness of Materials: Coaches are responsible for ensuring appropriateness of materials including, but not limited to, oratory scripts and congress legislation submitted by their students. Students found to have submitted material that is plagiarized, in violation of the UHSA Policies and Guidelines for an event, or otherwise inappropriate shall be disqualified from the Region III Tournament. Material that is deemed to violate the NSDA Honor Code is considered inappropriate under this policy.
- a. Contestants disqualified under this policy are ineligible to receive a rating, medal or certificate; earn sweepstakes points; or be nominated to represent the region or their school at the 6A State Tournament. A school may not enter a replacement for a student disqualified under this policy.
12. Internet Usage: Participants must comply with the rules for internet usage set forth in the UHSAA Policies and Procedures. The penalties for violating the rules for internet usage at the 6A State Tournament shall also apply at the Region III Debate.
13. Region Awards
- a. Sweepstakes Award: One (1) Region Championship trophy will be awarded to the school that achieves the highest point total.
 - b. Region Medals will be awarded for the top five (5) places in each event. Each of the top five places in Policy and Public Forum Debate will receive two medals.
 - c. Each Region Medal shall state the title of the event and the placement designation (e.g., Policy Debate, 2nd Place.)

- d. The total number of medals awarded will be as follows:
 - i. Ten (10) medals for Policy Debate.
 - ii. Ten (10) medals for Public Forum Debate.
 - iii. Five (5) medals for Lincoln-Douglas Debate.
 - iv. Five (5) medals for Student Congress.
 - v. Five (5) medals for Original Oratory
 - vi. Five (5) medals for National Extemporaneous Speaking.
 - vii. Five (5) medals for Foreign Extemporaneous Speaking.
 - viii. Five (5) medals for Impromptu Speaking.
 - ix. An additional ten (10) medals will be provided in case of ties in any event. These additional medals will not have an event or placement designation.
 - e. In addition to medals, each contestant who earns a Superior, Excellent or Good rating will be awarded an appropriate certificate of merit, stating their name, event and rating.
 - f. Sweepstakes ties will be broken using the method prescribed in the UHSAA Policies and Guidelines. Only ties for first and second place will be broken. All other ties will be listed and announced as a tie.
14. **Disclosure not Permitted.** Under UHSAA Policy Chapter II, Article 1, Section 7: "The results of an event should not be made public until the event is completed. It is unethical for coaches or anyone else to divulge the results of a round until the entire event is completed at a region meet." This Policy is interpreted to bar any person from disclosing the result of any round to any contestant prior to the conclusion of all events at the Region IV Tournament.
 15. **Ballot Review:** Coaches from each school are permitted to review ballots involving their respective school's participants prior to finalizing the overall rankings for each event. If necessary, coaches may consult with their students to confirm that the ballot pertains to the speech given by the student, but the coach must not violate Policy 14 during such consultation. (The purpose of this Policy is to permit coaches to detect and fix mistakes regarding tabulations or misidentification of participants. Coaches are not permitted to challenge a judge's substantive decision.)
 16. **Rules Arbitration:** Disputes concerning the interpretation or application of these Policies should be resolved by a vote of the coaches. If a majority vote is not achieved, the Region Activity Chairperson, who shall be on call during the Region III Tournament, will resolve the dispute.
 17. **Protests:** Coaches may submit protests by following the procedures outlined in the UHSAA Policies and Guidelines.
 18. **Rule Changes:** Coaches may, upon a majority vote and the approval of the Region Activity Chairperson, alter these policies at the Region Pairing Meeting or at the Region III Debate Tournament, if necessary, to preserve objective fairness or to avoid a perverse result. If a policy is mandated by the UHSAA Guidelines and Policies or an NDCA Rule, then no alteration is permitted.
 19. **Region Tournament Costs:**
 - a. **Budget:** The anticipated total budget for judges for the Region III Tournament is \$1,200.00, and will be allocated as follows:
 - i. Judges for PF, LD, OO, NX, FX, and IM will be paid \$12.00 per round.
 - ii. Judges for CX will be paid \$15.00 per round.
 - iii. Judges for SC will be paid \$50.00 for the tournament.
 - iv. The host school may spend up to \$200 (in addition to the budget in Policy 19.a) for food and drinks for judges and coaches.
 - b. The region will cover the cost of the Sweepstakes ASward and all Medals and Certificates.
 - c. **Cost Responsibility:** Each school is responsible for paying its own judges. The host school is responsible for purchasing food and drinks for coaches and judges.
 - d. **Cost Reimbursement:** Each school may submit to the Region Activity Chair a list of their judges for the Region III Debate Tournament, and the number and type of rounds judged by each judge. The host school may submit to the Region Activity Chair receipts for the cost of food and drink purchased for the Region III Tournament. The region will pay to each school the amount needed to reimburse its judges, according to the payment schedule set forth in Policy 13a. The region shall reimburse the host school for food and drink purchased up to the amount set forth in Policy 19b.

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Matt Bird	801-610-8800	matthewbird@alpinedistrict.org
Corner Canyon	Jon Spencer	801-826-6400	jbsholy1@comcast.net
Lehi	Matt Ricks	801-610-8805	matthewricks@alpinedistrict.org
Lone Peak	Michelle Walker	801-610-8810	mwalker1@alpinedistrict.org
Skyridge	Rachel Billings	801-610-8820	rbillings@alpinedistrict.org

GOLF (boys)

Region Chairman: Jordan Denos
Contact Number: 801-826-6413

Practice Begin (Tryouts): July 27, 2026
First Contest Date: August 17, 2026
Roster on Aktivite: August 28, 2026
Rules Clinic/Etiquette Completion: September 18, 2026
State Entry Deadline: September 29, 2026
State Competition: October 12 & 13, 2026 @ Talons Cove
Academic All-State Accepted: September 8 - October 6, 2026

GUIDELINES:

1. There will be a maximum of 10 varsity and 10 region tournaments, consisting of 18 holes each. Eight players representing each region school will participate with the low four (4) scores added together for the school's tournament score.
2. The point system will be used to determine the overall region champion. In the case of a tie for 1st place, both teams will be presented with a trophy.
 - a. First place team will receive 9 points
 - b. Second place team will receive 7 points
 - c. Third place team will receive 5 points
 - d. Fourth place team will receive 3 points
 - e. Fifth place team will receive 1 points
 - f. The last region match will be double the points
3. All schools will be responsible for their own green fees.
4. Region tournaments will start as late as possible (shotgun starts will be requested) based on course availability and to maximize school attendance.
5. Region tournament pairings will be done to ensure varsity competes with only varsity; similar seeded athletes will be paired together.
6. The Region III tie breaker rule will be followed to decide final region standings, if needed.
 - a. If feasible with the course and conditions, a sudden death play-off will be used to break a tie.
 - i. Coaches will pick 2 golfers from each team tied for the championship to compete against each other in a 4-man sudden-death playoff.
 - ii. Team with the lowest stroke total at the completion for the first playoff hole wins. If tied, the playoff moves to a second hole and continues until a winner is determined.
 - b. If a course is unable to accommodate a sudden-death play-off, then a tie break will be determined by the lowest strokes of all scored golfers for each team for the tournament starting at the handicap 1 hole for the course.
7. The Region Championship Tournament will be a 2-day tournament
 - a. Day one of the tournament will mirror the UHSAA handbook for State Golf tournaments with a Maximum nine (9) Stroke Play format. Teams will consist of 8 players with the low four (4) scores counting for each team total. Total points for the season, including the double points from day 1 of the region championship, will determine the region winner.
 - b. Day two will consist of a Match-Play tournament
 - i. The teams that finish 4th and 5th place in region will compete in match-play to determine the 4 seed in the match-play event.
 - ii. All other teams will be seeded based upon their finish in region play.
 - iii. First round of the match play tournament will be the 1 seed vs the 4 seed (as determined by 6.b.i) and 2 seed vs 3 seed.
 - iv. All eight matches count. (see 21)
 - v. Final round will be the winning two teams in the first round to vie for the Match-Play Champion.
8. If a region tournament is postponed due to inclement weather, every attempt will be made to reschedule as soon as possible. If all golfers finish at least 9 holes before inclement weather stops play, that will be considered a region tournament and the 9-hole scores will be considered a complete tournament. If a match is canceled due to weather, how or if the match will be scored will be determined by majority vote of the coaches. If necessary, especially late in the season, a JV match will be used to replace a canceled varsity match. In the event that the final 18-hole region tournament is affected by weather, there may not be a makeup due to time constraints.
9. USGA rules apply to all events, local rules will supersede in case of conflicts.
10. No caddies may be used by the participants in regional tournaments. No riding golf carts unless approved by a majority vote of region coaches prior to play.
11. Players' relatives will be permitted to watch unless local course rules prohibit. Spectators must stay at least 50 feet away from the players and may not offer help, coach, advice, nor interfere with the progression of the tournament. (Region IV will follow all State and PGA guidelines for golf.)

12. Coaches are allowed to advise and coach players as long as it doesn't slow the progress of the match. Coaches are not allowed on the putting surface to advise players during official play.
13. All coaches are responsible for their players' attire at regional events. Hats/visors must be worn with the brim forward. Collared shirts/mock turtleneck shirts must be tucked in. Shorts must be of modest length. Prohibited attire: denim tank tops, T-shirts, sleeveless shirts, cut-offs, and any other dress considered inappropriate by coaches or golf courses.
14. All golfers will play from the designated tee markers. Only rangefinders without slope capabilities will be allowed. If a player is using a rangefinder, he needs to allow all others in his grouping to use the rangefinder if other players do not have a rangefinder. The following electronic devices are not allowed (included, but not limited to): music devices, etc. Cell phones may be used for yardage only. Region III tournaments will follow UHSAA rules and regulations.
15. Players must attend school all periods of the day of a region event up until they are excused for the event by the coach. District policy supersedes any discrepancy. (team and school policy)
16. Prior to the first match, each school will hold a region rules meeting. All golfers must attend or they will not be eligible for region play. Exceptions rarely may occur, but must be approved by the region board (principals, not coaches)
17. First team all-region players will be awarded medals for places 1-12. The best 6 of the 8 region tournament scores (the region championship is one that will be counted) will determine medalists (the two high scores or missed tournament will not be counted). To determine individual rankings a golfer must play in 60% of the regular season tournaments and play in the final region tournament. Any exemptions to this rule, based on unique circumstances, must be agreed upon by a majority of the coaches.
18. Golfers selected to play at the State Tournament that do not qualify based upon automatic team bid will be determined by the same seeding as all-region players (see 17) with the highest seeded players being selected.
19. No coaches are allowed to play during region matches.
20. There is a nine (9) stroke maximum.
21. Match Play - All matches count 1-win, 1/2 - tie, 0 - loss.
22. Each school is allowed two coaches to communicate with players during each tournament. The two coaches must be designated prior to the start of each tournament.
23. In the case of an unforeseen issue that is not covered specifically in the region policies the coaches can override policy or create new policy by a unanimous vote during the season.

REGION III BOYS GOLF SCHEDULE 2026 - 2027

Varsity

Monday, August 17, 2026	Wednesday, August 26, 2026
@ Mountain Dell - Canyon Course @ 8:30 a.m.	@ River Oaks 8:30 a.m.
Monday, August 31, 2026	Thursday, September 3, 2026
@ Thanksgiving Point 8:00 a.m.	@ Meadowbrook 7:30 a.m.
Tuesday, September 8, 2026	Monday, September 14, 2026
@ Fox Hollow at 9:00 a.m.	@ Soldier Hollow - Silver at 8:00 a.m.
Monday, September 21, 2026	Thursday, September 24, 2026
@ Riverbend at 1:40 p.m. JV - 9 holes and will go after Varsity	@ Thanksgiving Point at 2:00 p.m. Match Play 4 v 5
Wednesday, September 30, 2026	Wednesday, October 7, 2026
@ Fox Hollow - Match Play a.m. - 1 vs 4/5, 2 vs 3 p.m. championship	@ Sleepy Ridge at 8:00 a.m. Region Championship
October 12 & 13, 2026 State Tournament @ Talon's Cove	

JV SCHEDULE

Monday, August 17, 2026	Wednesday, August 26, 2026
@ Mountain Dell - Canyon Course @ 8:30 a.m.	@ River Oaks (TBA)
Monday, August 31, 2026	Thursday, September 3, 2026
@ Thanksgiving Point (TBA)	@ Meadowbrook TBA
Tuesday,, September 8, 2026	Monday, September 14, 2026
@ Fox Hollow at 9:00 a.m.	@ Soldier Hollow - Silver at 8:00 a.m.
Monday, September 21, 2026	
@ Riverbend at 1:10 p.m. JV - 9 holes and will go after Varsity	

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Lynn Anderson	801-610-8800	landerson@alpinedistrict.org
Corner Canyon	Derek Fox	801-826-6400	derek.fox@canyonsdistrict.org
Lehi	Johnny Revill	801-318-9188	jrevill1023@gmail.com
Lone Peak	Derek Farr	801-610-8810	dfarr@alpinedistrict.org
Skyridge	Tenille Slack	801-610-8820	tenilleslack@alpinedistrict.org

GOLF (girls)

Region Chairman: Jordan Denos
Contact Number: 801-826-6400

Practice Begin: March 1, 2027
First Contest Date: March 8, 2027
Roster on Register My Athlete: March 19, 2027
Rules Clinic/Etiquette Completion: April 19, 2027
State Entry Deadline: May 4, 2027
State Competition: May 24 & 25, 2027
Academic All-State Accepted: March 23 - April 20, 2027

GUIDELINES:

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of golf.
2. There will be 8 region tournaments (Six 9 holes - JV, plus Eight 18 holes - Varsity) (9 only if weather prohibits 18) Region Championship for a total of eight region events. Varsity teams will participate in all tournaments. Points for the 18-hole region tournaments will be awarded as follows: When the Varsity & JV play at the same course the roster will be 8 varsity and 6 JV
 - a. Scores are final once scoreboards have been taken down.
 - b. All matches will count toward team score.
 - c. All matches will be stroke play (no points).
 - d. The point system will be used to determine the overall region champion. In the case of a tie for 1st place, both teams will be presented a trophy. Points are doubled for the Final Region tournament.
 - i. Point system:

1. First Place	9 points
2. Second Place	7 points
3. Third Place	5 points
4. Fourth Place	3 points
5. Fifth Place	1 points
 - ii. The region coaches will decide if the tournament should be canceled or changed to a 9-hole format if weather does not permit an 18-hole tournament. Rained out matches will be rescheduled ASAP at the convenience of the golf course and if district buses can accommodate the change.
 - iii. JV will play one 9-hole tournament and will play 9-hole tournaments at the same time Varsity plays 18-holes. JV will play 9-holes at the Region Championship.
 - iv. After the calendar has been set, the region chair will assign a coach to each tournament. The coach is in charge of setting up the pairings.
3. The Region III tie breaker rule will be followed to decide final region standings, if needed
 - a. If feasible with the course and conditions, a sudden death play-off will be used to break a tie
 - i. Coaches will pick 2 golfers from each team tied for the championship to compete against each other in a 4-man sudden-death playoff.
 - ii. If a course is unable to accommodate a sudden-death play-off, then a tie break will be determined by the lowest strokes of all scored golfers for each team for the tournament starting at the handicap 1 hole for the course.
4. In varsity matches, each team will play up to eight (8) players. The top four (4) scores will count. In JV matches each team will play up to six (6) players.
5. Each school is allowed two coaches to communicate with players during each tournament. The two coaches must be designated prior to the start of each Tournament.
6. Individual medals will be given to the 12 players with the lowest scores in the region tournaments To determine individual rankings a golfer must play Varsity in 60% of the regular season tournaments and play Varsity in the final region tournament. To determine individual rankings 6 out of 8 regular season tournaments will be used plus the score from the final region tournament.
7. Each golfer must exchange scorecards with another person (of the opposing team) in the group (circle scoring), both must sign each other's card before turning it in at the scoring-table. Each player is responsible for the correctness of their hole-by-hole scores. Players are allowed to use Rules of Golf appropriate distance measuring devices both on the region and state championship level. As part of the conditional use of the range finder, a player must allow any competitor in his group to also use the device upon request. All local and USGA Rules of Golf will apply to this competition. Cell phones, MP-3 devices, and other electronic "smart" devices are not allowed except in reporting emergency situations. USGA rules apply to all events, local rules will supersede in case of conflicts.
8. No caddies may be used by the participants in region tournaments. No riding golf carts unless approved by region coaches prior to play.
9. All coaches are responsible to see that their players are dressed in APPROPRIATE golf attire and that they comply with local course rules. No denim. SPECIAL NOTICE: APPROPRIATE attire will be required of all golfers (LPGA Dress Code).
10. Play will be governed by USGA rules and local course rules, proper golf etiquette and Region III sportsmanship code.

11. Each school will be required to attend the region rules meeting.
12. All play will begin from the forward tees (varsity). At the JV matches less experienced players will play from the fairway tees until they can score below fifty-five (55) At that point, it will be up to the coach to determine whether they play from the fairway tees or the varsity tees. At the region tournament the JV (4) will play from the same tees as the varsity players.
13. Spectators may attend but they are not allowed to give advice to participants. Spectators must stay 30 feet away from the player. Conversation between player and spectators will result in the 1st time = warning; 2nd time = two stroke penalty; 3rd time = disqualification.
14. In the case of an unforeseen issue that is not covered specifically in the region policies the coaches can override policy or create new policy by a unanimous vote during the season.

REGION III GOLF SCHEDULE 2026 - 2027

March 2nd week	March 9th week
Matches on your own	Matches on your own
March 16th week	March 23rd week
Matches on your own	Matches on your own
SPRING BREAK (April 6th - 10th, 2026)	
April 13, 2026	April 14, 2026
@ Fox Hollow	@ Mountain View
April 21, 2026	April 27, 2026
@ Thanksgiving Point	@ The Ridge (Shotgun)
April 28, 2026	May 4, 2026
@ Soldier Hollow	@ Talons Cove
May 7, 2026	May 13, 2026
@ Sleepy Ridge	Region Championship @ River Oaks
May 18, 2026	May 19, 2026
State Tournament @ Davis Park	State Tournament @ Davis Park

JV SCHEDULE

March 30, 2026	April 13, 2026
@Forelakes	@ Fox Hollow
April 14, 2026	April 21, 2026
@ Mountain View	@ Thanksgiving Point
April 27, 2026	May 4, 2026
@ The Ridge (Shotgun)	@ Talons Cove
May 7, 2026	May 13, 2026
@ Sleepy Ridge	Region Championship @ River Oaks

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Lynn Anderson	801-610-8800	landerson@alpinedistrict.org
Corner Canyon	Cody Nesbit	801-787-9877	cody.nesbit@canyonsdistrict.org
Lehi	Tele Wightman	801-995-5688	tele@thanksgivingpointgolfclub.com
Lone Peak	Derek Farr	435-659-8723	dfarr@alpinedistrict.org
Skyridge	Tenille Slack	801-610-8820	tenilleslack@alpinedistrict.org

LACROSSE (boys)

Region Chairman: Chad Wiet
Contact Number: 801-610-8820
Begin Practice Date: March 1, 2027
First Contest Date: March 8, 2027
Eligibility list/team photo due: March 19, 2027
State Competition: May 18 - 28, 2027
Academic All State Accepted: March 23 - April 20, 2027
Arbiter: Mark Davis - markdavislax@gmail.com

GUIDELINES

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of lacrosse.
2. Each school has the option to play a maximum of 16 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games. Region games will continue to play one match against each school in the region.
3. Option to have two days' rest between games (Pending Facilities/Schedules). We are currently trailing the Tues/Fri option
4. Preseason non-league games are to be scheduled as the schedule permits per UHSAA ruling if the game limitation is changed.
5. Varsity and Junior Varsity games will be played on the same day, at the same site. Varsity at **7:00 p.m.** followed by JV at **5:00 p.m.**
6. Changes in game time and/or site must be approved by the principals and coaches of both schools involved.
7. Host schools are responsible for notifying officials in advance of any change in the schedule.
8. Host school coaches will be responsible for calling the Varsity team scores into the Deseret News (801-237-2162 after 4:00 pm), the Salt Lake Tribune (801-257-8900 after 4:00 pm), and MaxPreps.
9. The uniform sportsmanship policy applies. Lacrosse will be administered according to the policy listed in the general policies
 - Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play.
 - Any participant involved in a second incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - A third ejection will result in suspension for the remainder of the season.
 - The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member or any team personnel who leaves the bench area during a fight or who participates in a fight during the season, will be ejected from that game.
 - Fans must be seated 10 feet from the sideline. A painted white line must designate the fan seating area.
10. Uniforms must conform to the standards set by the NFHS
11. Any canceled games due to weather will be rescheduled at the earliest available date as agreed upon by both schools.
12. All-Region III Boys Lacrosse Team Selection Process:
 - 1st Team All-Region will include 18 players as voted on by the coaches at the end of the season and as the state tournament begins (4 attack/4 mid/4 defense/2 lsm/2 goalies/1 fos/1 ssdm)
 - 2nd Team will be 13 players by position. No Honorable Mention team will be selected.
13. The number of people at the statistician table will be limited to five total. The home team will be allowed three: time keeper, statistician, and spotter; and the away team will be allowed two: statistician and spotter.

Region III Lacrosse (boys) - Schedule 2026 - 2027

Tuesday, March 23, 2027	Friday, March 26, 2027
Tuesday, March 30, 2027	Friday, April 2, 2027
SPRING BREAK (April 5 - April 9)	
Tuesday, April 13, 2027	Friday, April 16, 2027
	Lone Peak @ Lehi
	American Fork @ Skyridge
	BYE: Corner Canyon
Tuesday, April 20, 2027	Friday, April 23, 2027
Corner Canyon @ American Fork	Lehi @ American Fork
Skyridge @ Lehi	Corner Canyon @ Lone Peak
BYE: Lone Peak	BYE: Skyridge
Tuesday, April 27, 2027	Friday, April 30, 2027
Skyridge @ Corner Canyon	Lone Peak @ Skyridge
American Fork @ Lone Peak	Lehi @ Corner Canyon
BYE: Lehi	BYE: American Fork

STATE TOURNAMENT:

- May 15 - State Tourney Bracket Reveal 10:00 at a.m.
- May 18 - First Round @ Home Sites
- May 20 - Second Round @ Home Sites
- May 22- Quarterfinals @ Home Sites
- May 26- Semi Finals - TBD
- May 28 - Finals @ TBD

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Joey Hall	306-461-5478	josephhall@alpinedistrict.org
Lehi	Richy Damraur	435-760-2470	richyjd@gmail.com
Lone Peak	Rich Farr	801-610-8810	richardfarr@alpinedistrict.org
Corner Canyon	Jeff King	814-571-3894	jeffrey.king@canyonsdistrict.org
Skyridge	Bart Butterfield	801-610-8820	bartbutterfield@alpinedistrict.org

LACROSSE (girls)

Region Chairman: Daren Ward
Contact Number: 801-610-8820 ext 785754
Begin Practice Date: March 1, 2027
First Contest Date: March 8, 2027
Eligibility list/team photo due: March 19, 2027
State Competition: May 18 - 27, 2027
Academic All State Accepted: March 23 - April 20, 2027
Arbiter: Casie Kelleher - assigner.uwloa@gmail.com

GUIDELINES

1. All general policies in the Region III Activities Manual should be read and will apply to the sport of lacrosse.
2. Each school has the option to play a maximum of 16 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games.
3. Varsity and Junior Varsity games will be played on the same day, at the same site. Varsity at 5:30 p.m. followed by JV at 7:00 p.m.
4. Changes in game time and/or site must be approved by the principals and coaches of both schools involved. (Region Board mtg)
5. Host schools are responsible for notifying officials in advance of any change in the schedule.
6. Host school coaches will be responsible for calling the Varsity team scores into the Deseret News (801-237-2162 after 4:00 pm), the Salt Lake Tribune (801-257-8900 after 4:00 pm), and MaxPreps.
7. The uniform sportsmanship policy applies. Lacrosse will be administered according to the policy listed in the general policies
 - Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play.
 - Any participant involved in a second incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - A third ejection will result in suspension for the remainder of the season.
 - The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member or any team personnel who leaves the bench area during a fight or who participates in a fight during the season, will be ejected from that game.
 - Fans must be seated 10 feet from the sideline. A painted white line must designate the fan seating area.
8. Uniforms must conform to the standards set by the NFHS
9. Any canceled games due to weather will be rescheduled at the earliest available date as agreed upon by both schools.
10. All-Region III Girls Lacrosse Team Selection Process:
 - 1st Team All-Region will include 15 players as voted on by the coaches at the end of the season and as the state tournament begins. The 1st place team gets 5 players, 2nd place team gets 4 players, 3rd place team gets 3 players, 4th place team gets 2 players and the 5th place team gets 1 player.
 - 2nd Team will be 15 players by position. The 1st place team gets 4 players, the 2nd place team gets 5 players, 3rd place team gets 3 players, 4th place team gets 2 players and the 5th place team gets one player.
 - No Honorable Mention team will be selected.
11. The number of people at the statistician table will be limited to seven total. The home team will be allowed four: time keeper, statistician, and two spotters; and the away team will be allowed three: statistician and two spotters.
12. Region placing - Tie breaker if teams are tied with the same record for 1st place:
 - a. Head to head outcome
 - b. Head to head goals against.
 - c. Region Goals against.
 - d. Goal differential head to head
 - e. Goal differential region

Region III Lacrosse (girls) - Schedule 2026 - 2027

*Varsity game @ 5:30 p.m. followed by JV @ 7:00 p.m.

Tuesday, March 23, 2027	Thursday, March 25, 2027
Lone Peak @ Lehi American Fork @ Skyridge BYE: Corner Canyon	Corner Canyon @ American Fork Skyridge @ Lehi BYE: Lone Peak
Tuesday, March 30, 2027	Thursday, April 1, 2027
Lehi @ American Fork Corner Canyon @ Lone Peak BYE: Skyridge	Skyridge @ Corner Canyon American Fork @ Lone Peak BYE: Lehi
SPRING BREAK (April 5 - 9, 2027)	
Tuesday, April 13, 2027	Thursday, April 15, 2027
Lone Peak @ Skyridge Lehi @ Corner Canyon BYE: American Fork	Lehi @ Lone Peak Skyridge @ American Fork BYE: Corner Canyon
Tuesday, April 20, 2027	Thursday, April 22, 2027
American Fork @ Corner Canyon Lehi @ Skyridge BYE: Lone Peak	American Fork @ Lehi Lone Peak @ Corner Canyon BYE: Skyridge
Tuesday, April 27, 2027	Thursday, April 29, 2027
Corner Canyon @ Skyridge Lone Peak @ American Fork BYE: Lehi	Skyridge @ Lone Peak Corner Canyon @ Lehi BYE: American Fork

STATE TOURNAMENT:

- March 15 - State Tourney Bracket Reveal 10:00 at a.m.
- May 18 - First Round @ Home Sites
- May 20 - Second Round @ Home Sites
- May 22 - Quarterfinals @ Home Sites
- May 25 - Semifinals @ TBD
- May 27 - Finals @ TBD

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Portia Rowbury	801-208-5599	portialaxcard@gmail.com
Corner Canyon	Matt Kenning	801-557-8896	makenning@gmail.com
Lehi	Taylor Siri Sandstrom	801-664-1453	tbsiri13@gmail.com
Lone Peak	Weslee Lundell	801-361-1833	wesliehatch@hotmail.com
Skyridge	Michelle Buechner	801-850-8257	michellesheide@hotmail.com

MUSIC

(Instrumental & Vocal)

Region Chairman: (Instrumental) Sterling Keyes
Contact Number: 801-610-8810
Region Rep: Brian Parker
Region Chairman: (Vocal) Sterling Keyes
Contact Number: 801-610-8810
Region Rep: Alec Powell
State Entry Deadline: April 10, 2027
State Festival: May 1, 2027

GUIDELINES:

1. It is the duty of the host school to pay the adjudicators. Adjudicator contract and reimbursement request form should be sent to Lone Peak High School.
2. The host school will provide information on starting time, procedures, list of suggested judges (for approval), adjudication, etc to the other participating schools at least 3 weeks in advance.
3. Eligibility list due date for the State for Music is March 1st. Instructions for filling out and submitting forms can be found at <https://www.uhsaa.org/music/EligibilityForm.pdf>
4. Due to the large number of region schools participating in music festivals, festival hosts may choose to schedule the beginning of the festival as early as 1:00 pm to ensure the festival can end by 9:00 pm. Otherwise festivals should start at 3:30 pm.
5. All participants in region and state solo and ensemble festivals must meet the UHSAA eligibility guidelines as specified in the handbook <https://uhsaa.org/music/>
6. Participation as an audience member is an important part of each large group festival. Each school should plan on attending the majority of the festival and listening to at least three or more other groups' performances. Host schools will assign each school an audience block to assure that each school has an audience for their performance.
7. Responsibilities of the host school:
 - Arranging for facilities for the festival
 - Publicity for the festival
 - Programming
8. The host school will follow the state handbook instructions for procuring and paying qualified adjudicators.
9. Each school must inform the Festival Chairman of the host school three weeks in advance of the number of entries they intend to enter. Schools not notifying the festival chairman of the number of entries may not be permitted to participate.

INSTRUMENTAL

1. Adjudicators will be contracted for festivals as follows:
 - Solo & Ensemble - adjudicators contracted as needed.
 - Concert Band - 2 panels of 3 adjudicators.
 - Jazz Band - 3 adjudicators
 - Orchestra - 2 panels of 3 adjudicators.
2. Each school may submit unlimited entries to the Solo & Ensemble Festival; however, entries beyond 40 should be prioritized to allow each school adequate representation.
3. All students participating in instrumental music festivals must be members of the school's music program.
4. Regarding Region Jazz Festival - please refer to the UMEA Jazz Policy as outlined on uhsaa.org - Region III will follow the same format/guidelines as the State Jazz Festival.
5. Regarding Region Concert Band Festival - please refer to the UMEA State Band Festival Requirements: <https://www.umea.us/festival-requirements> Region IV will follow the same format/guidelines as the State Concert Band Festival.

VOCAL

1. Adjudicators will be contracted for festivals as follows:
 - Solo & Ensemble - adjudicators contracted as needed.
 - Chamber Choir - 3 adjudicators.
 - Concert Choir - 3 adjudicators, plus 1 clinician (optional)
 - Training Choir - 3 adjudicators, plus 1 clinician (optional)
2. Clinicians may work with each choral group following its performance. The clinic session will not be judged and ratings will not be given. The clinician will give verbal comments and suggestions for improvement.
3. Chamber Choirs and Large Choirs are eligible for State Festival qualification. Chamber choirs are UHSAA sanctioned (require eligibility), large choirs and training choirs are eligible for UMEA festivals.
4. All students participating in vocal music festivals must be members of the school's music program.
5. Each school may submit unlimited entries to the Solo & Ensemble Festival; however, directors are encouraged to submit only the names of those students whose preparation will be adequate to having a positive experience.

IMPORTANT DATES (Instrumental)

- March 4, 2027 - Region Strings Solo / Ensemble @ American Fork
- February 25, 2027: Region Jazz @ Corner Canyon
- March 3, 2027 - Region Band Solo / Ensemble @ American Fork
- March 24 - 25, 2027 - Region Concert Band Festival @ Skyridge
- March 31 - April 1, 2027 - Region Orchestra Festival @ Lone Peak

IMPORTANT DATES (Vocal)

March 17, 2027 - Vocal/Piano Solo & Ensemble @ Corner Canyon (2:00 - 7:00 p.m)

March 11, 2027 - SA / TB (Region Qualifiers) @ Lehi (2:00 - 7:00 p.m.)

March 17, 2027 - Chamber Choir @ Corner Canyon (2:00 - 7:00 p.m.)

March 23, 2027 - Large Choir @ Skyridge (2:00 - 7:00 p.m.)

ADVISOR INFORMATION, Band

SCHOOL	NAME	PHONE	EMAIL
American Fork	Orien Landis	801-610-8800	olandis@alpinedistrict.org
Corner Canyon	Mitchell Atencio	801-826-6400	mitchell.atencio@canyonsdistrict.org
Lehi	Brian Parker	801-610-8805	brianparker@alpinedistrict.org
Lone Peak	Jamie Kim	801-610-8810	jkim@alpinedistrict.org
Skyridge	Howard Summers	801-610-8820	hsummers@alpinedistrict.org

ADVISOR INFORMATION, Vocal

SCHOOL	NAME	PHONE	EMAIL
American Fork	Taylor Rane	801-610-8800	
Corner Canyon	Melissa Thorne	801-826-6400	melissa.thorne@canyonsdistrict.org
Lehi	Emily Duncan	801-610-8805	eduncan@alpinedistrict.org
Lone Peak	Alec Powell	801-610-8810	alecpowell@alpinedistrict.org
Skyridge	Kirsten Richards	801-610-8820	kirstenrichards@alpinedistrict.org

ADVISOR INFORMATION, Orchestra

SCHOOL	NAME	PHONE	EMAIL
American Fork	Shauna Smith	801-610-8800	shaunasmith@alpinedistrict.org
Corner Canyon	Randal Clark Mitchell Atencio	801-826-6400	randal.clark@canyonsdistrict.org mitchell.atencio@canyonsdistrict.org
Lehi	Jennifer Kelly	801-610-8805	jenniferkelley@alpinedistrict.org
Lone Peak	William Vernon	801-610-8810	wvernonl@alpinedistrict.org
Skyridge	Cassandra Brosvik	801-610-8820	cassandrabrosvik@alpinedistrict.org

SOCCER

(boys)

Region Chairman: Brett Robertson
Contact Number: 801-610-8800
Boys Coaches' Rep: Jerry Preisendorf, Skyridge
First Contest Date: March 8, 2027
Roster on RMA/team picture due: March 19, 2027
State Competition: May 14 - 27, 2027
Academic All State Accepted: March 23- April 20, 2027
Arbiter: Matt Schofield, mattschofield2@gmail.com

GUIDELINES:

1. Each school can play a maximum of 17 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games
2. Varsity and Junior Varsity games will be played on Wednesdays and Fridays at the same site.
3. Junior Varsity game time 3:30 p.m. Varsity game time is 15 minutes after Junior Varsity Game is finished (approximately 5:15 p.m.)
4. Changes in game time and/or site must be approved by the principals and coaches of both schools involved as well as the Region Chair which will notify all coaches.
5. Host schools are responsible for notifying officials in advance of any change in the schedule
6. The Home team will be responsible for calling the Varsity Team Scores into the Deseret News (801-237-2162 after 4:00 p.m.) and MaxPreps.
7. Home team must wear dark jerseys and dark socks; Visiting team wears light jerseys and light socks.
8. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field. Teams may also choose to sit on opposite sides of the field. When teams are seated on opposite sides of the field, fans must sit with their team on the appropriate sides.
9. Each postponed game must be made up in the order of the postponement. During the first round of region play, a postponed game will be made up by "flip/flopping" the schedule and playing at the "visiting" team's field, if it is playable. If both fields are unplayable, the postponed game will be made up on the first available date as stated in how a game is made up in the second round. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the "home" field, or at either field as agreed mutually by the coaches. When making a decision to stick to the "home fields" consideration needs to be given to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. if possible.
10. All-Region Soccer Team Selection Process is as follows and will be administered by the Region Soccer Coach Representatives:
 - Each coach will select the following number of players from their team for 1st team, 2nd team, and honorable mention all-region. In addition, each can nominate a player of their own to be a positional MVP.
 - Each coach will vote for positional MVP's, obviously not voting for their own player. The voting will take place on a Google Form provided by the region chair.
 - The region chair will be responsible for tallying all of the votes and publishing the results to coaches.
 - Individual team coaches are responsible for providing certificates for all of the players receiving any level of all-region team. That coach will also be responsible for contacting the major newspapers and media about their individual players that have made the all-region team. This should be done in a meeting attended by all coaches or via email the first Monday after region play concluded.
 - In addition, there will be an Academic All-Region team. Coaches will submit these names to the region chair by way of the same Google form. They should include all seniors that qualified for the Academic All-State team.
 - The Academic All Region Team selection will be taken from the list generated on the Google Form.

Region III Soccer (boys)

Schedule 2026 - 2027

Wednesday, March 24, 2027	Friday, March 26, 2027
American Fork @ Corner Canyon Skyridge @ Lehi BYE: Lone Peak	Lehi @ Corner Canyon Skyridge @ Lone Peak BYE: American Fork
Wednesday, March 31, 2027	Friday, April 2, 2027
Lehi @ American Fork Corner Canyon @ Lone Peak BYE: Skyridge	American Fork @ Lone Peak Corner Canyon @ Skyridge BYE: Lehi
SPRING BREAK: April 5 - April 9, 2027	
Wednesday, April 14, 2027	Friday, April 16, 2027
Skyridge @ American Fork Lone Peak @ Lehi BYE: Corner Canyon	Corner Canyon @ American Fork Lehi @ Skyridge BYE: Lone Peak
Wednesday, April 21, 2027	Friday, April 23, 2027
Corner Canyon @ Lehi Lone Peak @ Skyridge BYE: American Fork	American Fork @ Lehi Lone Peak @ Corner Canyon BYE: Skyridge
Wednesday, April 28, 2027	Friday, April 30, 2027
Lone Peak @ American Fork Skyridge @ Corner Canyon BYE: Lehi	American Fork @ Skyridge Lehi @ Lone Peak BYE: Corner Canyon

STATE TOURNAMENT

First Round - Friday, May 14, 2027 @ Home Sites

Second Round - Tuesday, May 18, 2027 @ Home Sites

Quarter Finals - Thursday, May 20, 2027 @ Home Sites

Semi Finals - Tuesday, May 25, 2027 @ Zions Bank Stadium

Finals - Thursday, May 27, 2027 @ America First Field

All-Region Team Selection example:

	1st Team	2nd Team	Honorable mention
1st Place	5	4	1
2nd Place	4	3	1
3rd Place	3	2	1
4th Place	2	2	1
5th Place	1	1	1

MVP Forward	Academic All Region
MVP Midfielder	Academic All State
MVP Defender	
MVP Goalie	

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Casey Waldron	801-610-8800	caseybwaldron@gmail.com
Corner Canyon	Ethan Liefing	801-826-6400	ethan.liefing@canyonsdistrict.org
Lehi	Tyson Lawrence	801-610-8805	tlawrence1@alpinedistrict.org
Lone Peak	Kyle Hartman	801-610-8810	kylehartman@alpinedistrict.org
Skyridge	Jerry Preisendorf	801-610-8820	jpreisendorf@alpinedistrict.org

SOCCER (girls)

Region Chairman: Dane Henderson
Contact Number: 801-610-8810
Girls Coaches Rep: Shantel Jolley, Lone Peak
First Contest Date: August 3, 2026
State Competition: October 8 - 23, 2026
Academic All State Accepted: Sept 8 - Oct 6, 2026
Arbiter: Matt Schofield, mattschofield2@gmail.com

GUIDELINES:

1. Each school can play a maximum of 18 games for both Varsity and Junior Varsity as per instruction in the UHSAA Handbook. This total does not include playoff games
2. Varsity and Junior Varsity games will be played on Tuesdays and Thursdays at the same site.
 - Varsity game time is 3:30 p.m. (On Senior night only the game time will be 7:00 p.m.)
 - Junior Varsity game time is 15 minutes after Varsity game is finished (approximately 5:15 p.m.)(when playing at Lehi 5:00 p.m.)
 - Night games may be played; games will be negotiated between the two teams.
3. Changes in game time and/or site must be approved by the principals and coaches of both schools involved as well as the Region Chair which will notify all coaches.
4. Host schools are responsible for notifying officials in advance of any change in the schedule
5. The Home team will be responsible for calling the Varsity Team Scores into the Deseret News (801-237-2162 after 4:00 p.m.) and MaxPreps.
6. The uniform sportsmanship policy (adopted August 30, 2010, by the UHSAA).
 - Soccer will be administered according to the policy listed in the general policies.
 - Any coach, player or bench personnel ejected by an official for unsportsmanlike behavior will be suspended from the next regularly scheduled game at that level of play and any intervening levels of play.
 - Any participant involved in a second incident/ejection will be suspended for the next two (2) regularly scheduled games.
 - A third ejection will result in suspension for the remainder of the season.
 - The fighting rule is incorporated as part of the sportsmanship policy. Any bench personnel other than the head coach who leaves the confines of the bench area during a fight are disqualified from the game and must leave the field. A squad member of any team personnel who leaves the bench area during a fight or who participates in a fight during the season will be ejected from the game.
 - Fans must be seated 10 feet from the sideline. A painted white line must designate the fan seating area.
7. Home team must wear dark jerseys and dark socks; Visiting team wears light jerseys and light socks.
8. Seating: The preferred seating arrangement is with both teams on one side of the field with fans seated on the opposite side of the field. Teams may also choose to sit on opposite sides of the field. When teams are seated on opposite sides of the field, fans must sit with their team on the appropriate sides.
9. Each postponed game must be made up in the order of the postponement. During the first round of region play, a postponed game will be made up by "flip/flopping" the schedule and playing at the "visiting" team's field, if it is playable. If both fields are unplayable, the postponed game will be made up on the first available date as stated in how a game is made up in the second round. The visiting team will reverse the schedule for the second round. During the second round, a postponed game will be made up on the first available date at the "home" field, or at either field as agreed mutually by the coaches. When making a decision to stick to the "home fields" consideration needs to be given to the visiting team's predicament. In the event of a postponed game because of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 1:00 p.m. if possible.
10. All-Region Soccer Team Selection Process is as follows and will be administered by the Region Soccer Coach Representatives:
 - Each coach will select the following number of players from their team for 1st team, 2nd team, and honorable mention all-region. In addition, each can nominate a player of their own to be a positional MVP.
 - Each coach will vote for positional MVP's, obviously not voting for their own player. The voting will take place on a Google Form provided by the region chair.
 - The region chair will be responsible for tallying all of the votes and publishing the results to coaches.
 - Individual team coaches are responsible for providing certificates for all of the players receiving any level of all-region team. That coach will also be responsible for contacting the major newspapers and media about their individual players that have made the all-region team. This should be done in a meeting attended by all coaches or via email the first Monday after region play concluded.
 - In addition, there will be an Academic All-Region team. Coaches will submit these names to the region chair by way of the same Google form. They should include all seniors that qualified for the Academic All-State team.
 - The Academic All Region Team selection will be taken from the list generated on the Google Form.

Region III Soccer (girls) - Schedule 2026 - 2027

10 preseason games allowed - First match can be played August 4, 2025

First match can be played on August 3, 2026

Tuesday, September 1, 2026	Thursday, September 3, 2026
Skyridge @ Lehi Lone Peak @ Corner Canyon BYE: American Fork	Lehi @ Lone Peak American Fork @ Skyridge BYE: Corner Canyon
Tuesday, September 8, 2026	Thursday, September 10, 2026
LABOR DAY NO GAMES	Lone Peak @ American Fork Lehi @ Corner Canyon BYE: Skyridge
Tuesday, September 15, 2026	Thursday, September 17, 2026
Corner Canyon @ American Fork Lone Peak @ Skyridge BYE: Lehi	Corner Canyon @ Skyridge Lehi @ American Fork BYE: Lone Peak
Tuesday, September 22, 2026	Thursday, September 24, 2026
Lone Peak @ Lehi Skyridge @ American Fork BYE: Corner Canyon	Lehi @ Skyridge(7pm) Corner Canyon @ Lone Peak BYE: American Fork
Tuesday, September 29, 2026	Thursday, October 1, 2026
American Fork @ Lone Peak Corner Canyon @ Lehi BYE: Skyridge	American Fork @ Corner Canyon(7pm) Skyridge @ Lone Peak BYE: Lehi
Tuesday, October 6, 2026	
Skyridge @ Corner Canyon American Fork @ Lehi(7pm) BYE: Lone Peak	

PLAYOFFS:

- State Tourney Bracket Reveal - Wednesday, October 7, 2026
- First Round - Thursday, October 8, 2026 @ Home Sites
- Second Round - Tuesday October 13, 2026 @ Home Sites
- Quarter Finals - Thursday, October 15, 2026 @ Home Sites
- Semi-Finals - Tuesday, October 20, 2026 @ Zions Bank Stadium
- Finals - Friday, October 23, 2026 @ America First Field

All-Region Team Selection example:

1st Place	5	4	1
2nd Place	4	3	1
3rd Place	3	2	1
4th Place	2	2	1
5th Place	1	1	1

MVP Forward	Academic All Region
MVP Midfielder	Academic All State
MVP Defender	
MVP Goalie	

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Tara Warner	801-610-8800	tarawarner@alpinedistrict.org
Corner Canyon	Kelsey Haag	801-826-6400	kelsey.haag@canyonsdistrict.org
Lehi	Jonas Hartmann	801-610-8805	hartmann@utahavalanche.com
Lone Peak	Shantel Jolley	801-610-8810	shanteljolley@alpinedistrict.org
Skyridge	Jhoan Alvizo	801-610-8820	jhoancarloalvizo@alpinedistrict.org

SOFTBALL

Region Chairman: Jaxon Warr
Contact Number: 801-610-8805
Begin Practice: March 1, 2027
First Contest Date: March 8, 2027
Roster in RMA / team photo due: March 19, 2027
State Competition: May 20 - May 28, 2027
Academic All-State Accepted: Mar 23 - Apr 20, 2026
Arbiter: Phil Cappadonia, cappyphil@earthlink.net

GUIDELINES:

1. Monday, March 1, 2027 shall be the first day for team selection and/or team practice.
2. Monday, March 8, 2027 will be the first date for softball games. Regular season games must be completed by May 18, 2027.
3. No team may play more than twenty-eight (28) games during the entire season.
 - All games count as 1 (no longer do 4 tournament games count as 1)
 - A multiple day tournament (2-3 days) will count as two (2) games towards contest limitations.
 - A maximum of eight (8) games may be played in a multiple day tournament.
4. All Region varsity games shall begin at 3:30 pm (region only)
 - Games will be a full seven (7) innings
 - If the score is tied at the end of seven (7) innings, the international tiebreaker rule will be in effect.
 - The 10-run rule will be in effect after the fifth inning.
 - The 15-run rule will be in effect after the third inning.
5. All Junior Varsity games will immediately follow varsity games (same day/same site)
 - A team may only score six (6) runs an inning in a JV game.
 - Rules for Junior Varsity will be agreed upon by the region in order to provide a developmental atmosphere and to accommodate facility use conflicts.
 - There is a 1 ½ hour time limit or 7 innings. No new inning will begin after 1 ½ hours, but the teams will finish the inning. (No drop dead).
6. The home team will take the field at 3:00 pm; the visiting team will take the field at 3:15 pm.
7. The home team will be responsible for:
 - Providing an official scorekeeper (a responsible adult).
 - Providing two (2) new game balls (same ball as used in State).
 - Paying the officials
 - Field management. **Home team does not want the visiting team to conduct batting practice on the main field.
 - Calling, texting, emailing, etc the media with game results.
 - No special walk-up music for the visiting team. The visiting team is not allowed to bring their own speaker or walk-up music.
8. Postponed games will follow the UHSAA suspended game procedures.
 - The home team will call their opponent and officials by 1:00 pm.
 - Region games will be rescheduled on the first weekday that both teams have available and approved by the involved principals within a week.
 - Priority should be given to region games (over rescheduled non-region games).
 - In the first round of region play, the postponed game may be "flip-flopped" to the visiting field if it is deemed playable. The second-round field will be reversed.
 - In the second round of region play, the game will be made up on the first available date at home field.
9. Teams agree to accept all National Federation Rules.
10. All seniors nominated for Academic All-State will receive Academic All-Region. 3.75 GPA or higher required.
11. Videotaping of games is by playing teams only.
12. One region trophy will be awarded to the first-place team.

13. The All-Region Team will be selected by coaches post region play. An MVP will be decided by the coaches. Names will be nominated and a vote will take place. Majority of votes earns the nomination for MVP. The number of names for 1st Team and 2nd team:
- a. 1st Place 4 votes
 - b. 2nd Place 3 votes
 - c. 3rd Place 2 votes
 - d. 4th / 5th / 6th Place 1 vote
14. Honorable Mention honors: Each team provides an amount of names within reason. **Any team is able to relinquish any votes if/when they do not award the full amount of provided honors. The "leftover" votes will move to the next place team and follow accordingly one name at a time.

Region III Softball - Schedule 2026 - 2027

4/21/26

	Thursday, March 25, 2027
	Lone Peak @ Lehi American Fork @ Skyridge Bye- Corner Canyon
Tuesday, March 30, 2027	Thursday, April 1, 2027
Corner Canyon @ Skyridge Lone Peak @ American Fork Bye- Lehi	Lehi @ American Fork Corner Canyon @ Lone Peak Bye- Skyridge
Tuesday, April 13, 2027	Thursday, April 15, 2027
Skyridge @ Lone Peak Lehi @ Corner Canyon Bye- American Fork	American Fork @ Corner Canyon Skyridge @ Lehi Bye- Lone Peak
Tuesday, April 20, 2027	Thursday, April 22, 2027
Lehi @ Lone Peak Skyridge @ American Fork Bye- Corner Canyon	Skyridge @ Corner Canyon American Fork @ Lone Peak Bye- Lehi
Tuesday, April 27, 2027	Thursday, April 29, 2027
American Fork @ Lehi Lone Peak @ Corner Canyon Bye- Skyridge	Lone Peak @ Skyridge Corner Canyon @ Lehi Bye- American Fork
Tuesday, May 4, 2027	
Corner Canyon @ American Fork Lehi @ Skyridge Bye- Lone Peak	

STATE TOURNAMENT:

- May 19: 6A Softball State Tournament Bracket Reveal 10:00 am
- May 20 & 21 : 6A State Tournament Super Regionals (Best of 3) @ TBA
- May 25 & 26: 6A State Tournament Bracket Play @ TBA
- May 27 & 28: 6A State Tournament Championship Series (Best of 3) @ TBA

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Sara Park	801-610-8800	parkssara23@gmail.com
Corner Canyon	Lexi Parker	385-465-4546	alexisparker189@gmail.com
Lehi	Tim Kennedy	801-369-7475	timkenedy@alpinedistrict.org
Lone Peak	Derek Briggs	801-687-0088	deekfreedom26@gmail.com
Skyridge	Tyler Plewe	801-557-5293	tylerplewe@alpinedistrict.org

SPORTSMANSHIP

Region Chairman: Justin Reeves
Email: jreeves@alpinedistrict.org
Contact Number: 801-610-8810

In an effort to recognize and promote good sportsmanship, the Board of Managers has established the Region III Sportsmanship Award to be presented after the Fall, Winter, and Spring sports seasons. For each season, the selected school will receive \$200.00. In the event of a tie, both schools will be recognized and they will split the \$200.00

The criteria for selection are as follows:

1. Enthusiasm at school events.
2. Good Sportsmanship at events. This includes the crowd, competitors, and coaches.
3. Absence of negativism (booing, derisive or profane cheers, graffiti, or destruction of school property). No jumping on bleachers.
4. Positive efforts by spirit groups (cheerleaders, drill team, band, student council) to promote a positive environment for competition.
5. Do Rowdy Right!

Selection: Each school will have one vote for each sport season, i.e. Fall, Winter, Spring (you may NOT vote for your own school).

SWIMMING

Region Chairman: Patrick Thurman
Contact Number: 801-826-6400
Swimming Rules Clinic - Sept 29 - Oct 27 (Online: uhsaa.org)
Begin Practice Date: October 19, 2026
First Contest Date: October 30, 2026
Roster on RMA: November 16, 2026
State Entry Deadline: February 10, 2027
State Competition: February 19 & 20, 2027
Academic All-State Accepted: Jan 12 - Feb 9, 2027

Guidelines

1. Monday, October 19, 2026 is the first day of practice/team selection. Friday, October 30, 2026 is the first date a swimming meet may be held.
2. A maximum of fourteen (14) meets will be held including the region and state meets. All region meets will begin at 3:30 pm unless otherwise stated.
3. The Region Championship will be held on Saturday, January 30, 2027 at the South Davis Pool. Time TBA
4. The State Championship Meet will be held at Brigham Young University February 19 & 20, 2027.
5. Each team in the region shall have a current version of Hy-Tek meet manager and team manager swimming software.
6. Entries for the Region Championship for each individual event will be unlimited. Schools will be limited to 2 relay entries for the 400 free relay, unlimited relay entries for the 200 free and 200 medley relays. Only the "A" relay team will be scored. All entry times must be the best time from meets during the current season. NTs will be accepted.
 - All swimmers must meet eligibility requirements as per National Federation Rules.
 - No more than four swimmers from each school may receive a medal. No more than four swimmers from each school may be used to score toward the Region Championship.
 - Each school must submit their region entries as well as their Academic All-Region names (seniors with CUM 3.75 or higher) at our Region Seeding Meeting. The meeting will be held on Tuesday, January 28, 2025 at the Thanksgiving Point Deli at 6:30 pm.
7. The scoring format will be 16 places;
 - One Region Trophy each (Girls & Boys) 1st place (Total 2 trophies).
 - 64 Medals each (Girls & Boys) for places 1-8 in Individual Events (Total 128 medals)
 - 36 Medals each (Girls & Boys) for places 1-3 Relay Events (Total 72 medals)
8. For the Region Championship Meet, there shall be a Meet Committee made up of the head coach from each school and the Meet Referee. This Committee will be convened to discuss and settle any issues that may come up, which are not specifically covered by the rules or in which the Referee seeks additional guidance.
9. Seniors with a GPA of 3.75 or greater will receive an Academic All-Region Certificate and will be recognized after the 50 Free at the Region Meet.
10. A Male and Female Swimmer of the Meet for each grade level will be recognized at the conclusion of the Region Meet.

Region III Swimming Schedule 2026 - 2027

Wednesday, November 4, 2026	Wednesday, November 11, 2026
American Fork vs Lone Peak @ AF Fitness Center	Lehi, Skyridge, Corner Canyon @ Draper Rec Center
Wednesday, November 18, 2026	Wednesday, December 9, 2026
Lone Peak, Skyridge, Lehi @ Lehi Legacy Center	Corner Canyon vs Lone Peak @ AF Fitness Center
Wednesday, January 6, 2027	Wednesday, January 13, 2027
Lehi, Skyridge, American Fork @ Lehi Legacy Center	American Fork vs Corner Canyon @ Draper Rec Center
Wednesday, January 20, 2027	Saturday, January 30, 2027
American Fork vs Lone Peak @ AF Fitness Center	Region III Championships @ South Davis Rec Center

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Michael King	801-610-8800	michaelking@alpinedistrict.org
Brighton	Todd Etherington		bengalswimming@gmail.com
Corner Canyon	Sheridyn Cook	801-826-6400	sher.cam84@gmail.com
Lehi	Bailey Flinders	801-610-8805	baileyflinders@gmail.com
Lone Peak	Calvin Smith	801-610-8810	calvinsmith@alpinedistrict.org
Skyridge	Grant Gibbs	801-610-8820	grantgibbs@alpinedistrict.org
Wasatch	Easton Powell		easton.powell@wasatch.edu

TENNIS

(boys)

Region Chairman: Eric Marianno & Melody Apezteguia
Contact Number: 707-344-3641 & 281-380-6170
Begin Practice Date: March 1, 2027
First Contest Date: March 8, 2027
Roster on Register my Athlete: March 8, 2027
State entry deadline: May 5, 2027 at 5:00 p.m.
State Competition: May 13 & 15, 2027
Academic All State Accepted: Mar 23 - Apr 20, 2027

GUIDELINES:

1. Region III will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play sixteen (16) matches plus the Region and State Tournaments. The number of meets counted for a tennis tournament shall be equal to the number of days scheduled for the tournament; a one-day tournament will count as one meet and two-day tournament counts as two meets.
3. Tennis players must compete in a minimum of five (5) Region III matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by the Region III tennis chair prior to the student-athlete participating in the region meet.
4. Starting times for tennis matches will be 3:00 p.m. unless otherwise agreed upon by coaches and principals.
5. Matches are to be played on the date scheduled unless weather or other conditions require a change. The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00 p.m.
6. Each team is expected to participate in a JV schedule. The matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set.
7. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
8. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles players and so on. The same policy must be used for doubles; ie., the best team must play first doubles.
9. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region III Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory.
10. Varsity matches will consist of two (2) out of three (3) sets with a seven (7) point tie break at 6-6. Junior varsity players will play a pro-set, use no add scoring, and will use a tie break at 8-8.
11. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
12. According to USTA rules, a player is allowed 20 seconds between points. A coach may provide feedback during the 20 second time but cannot interrupt the continuous play rule. Coaching is NOT permitted in or on the confines of the tennis court.
(Exception below)
 - a. A coach may coach his/her players during the 90 second changeover at the end of odd games, and during the 10-minute rest period.
 - b. Only the school tennis coach employed by that school may coach and only in a manner which does not interfere with the play on adjoining courts. A team is allowed a maximum of 3 designated coaches for region play. Spectators may not coach players.
 - c. If accessibility to the players for coaching purposes is not conducive, coaches will be allowed on the courts.
13. The Region home team will furnish high altitude tennis balls for Region III dual competitions.
14. The Region III Championship will be determined by the results of the region III dual matches.
 - a. In case of any tie, the tiebreaker will be as follows: 1) head-to-head 2) number of sets lost 3) number of games lost 4) region tournament results.
 - b. In exceptional circumstances, the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.
15. The Region III Tournament will be a five-team tournament with a back draw.
16. In the event a tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.

17. Stacking concerns will be reported to the region chair and may be addressed at the midway point or end of 1st round of region play.
18. Trophies & Awards; one region trophy. ~All other recognitions and certificates will be done by coaches.

Region III Tennis (boys) - Schedule 2026 - 2027

All Region matches start at 3:00 p.m.

	Thursday, March 18, 2027
	Skyridge @ American Fork Corner Canyon @ Lone Peak BYE: Lehi
Tuesday, March 23, 2027	Thursday, March 25, 2027
American Fork @ Corner Canyon Lone Peak @ Lehi BYE: Skyridge	Corner Canyon @ Lehi Skyridge @ Lone Peak BYE: American Fork
Tuesday, March 30, 2027	Thursday, April 1, 2027
Lone Peak @ American Fork Lehi @ Skyridge BYE: Corner Canyon	American Fork @ Lehi Skyridge @ Corner Canyon BYE: Lone Peak
SPRING BREAK	
Tuesday, April 13, 2027	Thursday, April 15, 2027
American Fork @ Skyridge Lone Peak @ Corner Canyon BYE: Lehi	Corner Canyon @ American Fork Lehi @ Lone Peak BYE: Skyridge
Tuesday, April 20, 2027	Thursday, April 22, 2027
Lehi @ Corner Canyon Lone Peak @ Skyridge BYE: American Fork	American Fork @ Lone Peak Skyridge @ Lehi BYE: Corner Canyon
Tuesday, April 27, 2027	REGION TOURNAMENT
Lehi @ American Fork Corner Canyon @ Skyridge BYE: Lone Peak	April 29 & 30, 2027 @ Skyridge High School

STATE PLAYOFF:

- May 6, 2027 @ 10:00 a.m. - State Bracket Reveal
- May 8, 2027 - First Round
- May 13 & 15, 2027 - State Competition @ Liberty Park

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Jason Herrud	801-824-5813	jherrud@alpinedistrict.org
Corner Canyon	Allison Rideout	801-664-6537	alliride96@gmail.com
Lehi	Rex Burningham	801-318-4902	rburningham@alpinedistrict.org
Lone Peak	Roger Baumgartner	8-1-592-8959	rcbaumgartner@gmail.com
Skyridge	Mike Sperry	801-610-880	msperry@alpinedistrict.org

TENNIS (girls)

Region Chairman: Katie Campbell
 Contact Number: 801-826-6415
 Coaches' Rep: Jason Herrud, AFHS (801) 824-5813
 Begin Practice Date: July 27, 2026
 First Contest Date: August 3, 2026
 Eligibility list/team photo due: August 9, 2026
 State entry deadline: September 30, 2026 @ 5:00 p.m.
 State Competition: October 3, 8 & 10, 2026
 Academic All State Accepted: Sept 8 - Oct 6, 2026

GUIDELINES:

1. Region III will adopt the USTA Code of Ethics and Rules. Coaches are encouraged to work with their individual players to ensure their compliance with code.
2. Each individual is allowed to play fourteen (14) matches plus the Region and State Tournaments. The number of matches counted for a tennis tournament shall be equal to the number of days scheduled for a tournament: a one-day tournament will count as one meet and two-day tournaments count as two meets.
3. Tennis players must compete in a minimum of five Region III matches during the high school season in order to compete at the region meet. This includes matches at the varsity or junior varsity level and in the singles or doubles category. Injury or special situations will be considered but must be approved by UHSAA staff prior to the student athlete participating in the region.
4. Starting times for tennis matches will be 3:00 p.m. unless otherwise agreed upon by coaches and principals.
5. Matches are to be played on the date scheduled unless weather or other conditions require a change. The host coach will be responsible for contacting the visiting coach regarding court location, and/or cancellation and rescheduling plans by 1:00 p.m.
6. Each team is expected to participate in a JV schedule. The matches will be held the same day and place as the varsity matches. The JV will play an 8 game pro-set.
7. Coaches will provide a written lineup of players by position as they arrive for all dual matches.
8. Each school's best player must play either #1 singles or #1 doubles. The #1 singles player must be better than the #2 singles players and so on. The same policy must be used for doubles; ie., the best team must play first doubles.
9. Each team should have proper tennis attire. Teammates must wear the same style and color of shirt. For the duals, Region III Tournament, and State Tournament, the rule states that proper and full team uniform is mandatory.
10. Varsity matches will consist of two (2) out of three (3) sets with a seven (7) point tie break at 6-6. Junior varsity players will play a pro-set, use no add scoring, and will use a tie break at 8-8.
11. Players are limited to a ten (10) minute warm-up period with practice serves being taken during this time. Coaches should enforce the practice time limit.
12. According to USTA rules, a player is allowed 20 seconds between points. A coach may provide feedback during the 20 second time but cannot interrupt the continuous play rule. Coaching is NOT permitted in or on the confines of the tennis court. (*Exception below*)
 - a. A coach may coach his/her players during the 90 second changeover at the end of odd games, and during the 10-minute rest period.
 - b. Only the school tennis coach employed by that school may coach and only in a manner which does not interfere with the play on adjoining courts. A team is allowed a maximum of 3 designated coaches for region play. Spectators may not coach players.
 - c. If accessibility to the players for coaching purposes is not conducive, coaches will be allowed on the courts.
13. The Region home team will furnish high altitude tennis balls for Region III dual competitions.
14. The Region III Championship will be determined by the results of the region III dual matches.
 - a. In case of any tie, the tiebreaker will be as follows: 1) head-to-head 2) number of sets lost 3) number of games lost 4) region tournament results.
15. The Region III Tournament will be a five-team tournament with a back draw.
16. The Region III Championship will be determined by a combination of the dual matches and the Region III Tournament. In dual meets, one team point will be given to the winners of the five matches. A team could receive 0,1,2,3,4 or 5 points per dual match. Scoring for the Region Tournament will be:
 - a. First place in each category will receive five (5) points, Second place three (3) points, third place two (2) points and fourth place one (1) point. In the event of a tie, co-championships will be awarded.
17. Seeding is by position: a tiebreaker is determined by: 1) head to head, 2) number of sets lost, 3) number of games lost, 4) coin toss. In exceptional circumstances the seeding at a particular position will be based on the recommendations of the majority of the coaches at the seeding meeting, regardless of the number of wins.
18. In the event a tournament is moved indoors due to inclement weather, no matches will begin after 8:00 p.m. and play must conclude by 10:30 p.m.
19. Stacking concerns will be reported to the region chair, and may be addressed at midway point or end of 1st round region play.
20. Trophies & Awards; one region trophy, ~All other recognitions and certificates will be done by coaches.

Region III Tennis (girls)

Schedule 2026 - 2027

All Region matches start at 3:00 p.m.

	Thursday, August 13, 2026
	Lone Peak @ American Fork Corner Canyon @ Skyridge
Tuesday, August 18, 2026	Thursday, August 20, 2026
American Fork @ Corner Canyon Skyridge @ Lehi	Skyridge @ Lone Peak Lehi @ American Fork
Tuesday, August 25, 2026	Thursday, August 27, 2026
Lone Peak @ Corner Canyon Lehi @ Skyridge	Corner Canyon @ American Fork Lone Peak @ Lehi
Tuesday, September 1, 2026	Thursday, September 3, 2026
American Fork @ Lehi Corner Canyon @ Lone Peak	American Fork @ Skyridge Lehi @ Corner Canyon
Tuesday, September 8, 2026	Thursday, September 10, 2026
Skyridge @ American Fork Lehi @ Lone Peak	Lone Peak @ Skyridge Corner Canyon @ Lehi
September 17, 2026	Region Tournament
American Fork @ Lone Peak Skyridge @ Corner Canyon	September 24 & 25, 2026 @ Skyridge High School starting at 9:00 a.m.

STATE PLAYOFFS

- Bracket Reveal: October 1, 2026 at 10:00 a.m.
- State First Round: October 3, 2026
- State Second Round: October 8 & 10, 2026

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Jason Herrud	801-824-5813	jherrud@alpinedistrict.org
Corner Canyon	Allison Rideout	801-664-6537	alliridee96@gmail.com
Lehi	Glen Zobell	801-616-7202	gzobell@alpinedistrict.org
Lone Peak	Roger Baumgartner	720-352-6029	rcbaumgartner@gmail.com
Skyridge	Mike Sperry	801-830-3137	msperry@alpinedistrict.org

THEATRE

Region Chairman: Cameron Dickson

Contact Number: 801-610-8810

Eligibility list due:

State Entry Deadline: March 30, 2027

State Festival: April 22 - 24, 2027

Academic All-State Accepted: Feb.16 - Mar 16, 2027

GUIDELINES:

1. **Teachers Meeting:** All region drama teachers will meet at least one month prior to the Region Festivals to discuss any business deemed necessary before the Region Tournaments begin. This meeting will be held in January,
2. **Judges:** Coaches, recent alumni (4 years), student teachers from any of the Region III schools as well as family members of any competing student will NOT be used as judges for any portion of the play festival or individual event festival. All judges must complete examination before Region and bring their certificate to the region event. Go to the UHSAA website and click under ACTIVITIES. Click on Theatre and the lesson plan and test will be there, We are classification 6A, Region III.
3. **Cost and Fees for Judges:**
 - One (1) to seven (7) schools participating - 30 individual event judges at \$100.00 per day.
 - Presentations (plays) - three (3) judges at \$200.00 per day (mileage at UHSAA rate)
 - One Meet Director paid \$200 total for One Acts (March 11, 2027)
 - One Meet Director paid \$200 total for Individual Events (March 18, 2027)
4. **Qualifying for State:** Each school may send up to four (4) entries per individual event as constituted for that classification, All four entries could qualify for the state festival by achieving the following guidelines:
 - Individual entries must receive a rating to match what the State is doing.
 - **Rating System:**
 - Any entry must receive a sixty (60) point overall score to qualify for state.
 - Any entry receiving a straight superior rating (SSS) at region will receive a medal.
 - The top 5-8 pieces in each individual event will participate in a final medals round. Each students' 3 ranging scores (1, 2, 3, etc) will be added together, The lowest scores (not to exceed 5) will be in the medals round.
 - In each medal's round, 3 judges will watch all pieces and rank. Ranking scores will be added and 1st, 2nd, 3rd places will be awarded based on lowest scores.
 - Scores for plays (since they are before IE's) will be announced at the end of the play competition. Plays will also be ranked and rated for a 1st, 2nd, 3rd place. All 1st, 2nd, 3rd place will go to state. Any school's play receiving 120 points will also progress to state.
 - Region III will participate in Region Sweepstakes following guidelines of Section IV for the UHSAA handbook.
5. **Double Entering:** Each student may only qualify for State in one (1) Individual Event and in the Play Event.
6. **Trophies and Awards:**
 - Three (3) Trophies for Sweepstakes Awards (1st place Region III Drama, 2nd Place Region III Drama, 3rd Place Region III Drama)
 - Three (3) Larger Plaques for Plays - 1st, 2nd, 3rd Place Region III Plays
 - Six (6) 4"x6" plaques - Outstanding Performance in Region One-Act plays - decided by the three (3) Festival Play Judges.
 - 48 medals for 1st, 2nd, 3rd Places divided in the following way.
 - (3 of each) 1st, 2nd, 3rd place - Classical Scenes (9 total)
 - (3 of each) 1st, 2nd, 3rd place - Contemporary Scenes (9 total)
 - (1 of each) 1st, 2nd, 3rd place - Humorous Monologue (3 total)
 - (1 of each) 1st, 2nd, 3rd place - Dramatic Monologue (3 total)
 - (3 of each) 1st, 2nd, 3rd place - Pantomime (9 total)
 - (4 of each) 1st, 2nd, 3rd place - Musical Theatre (12 total)
 - (1 of each) 1st, 2nd, 3rd place - Scenic Design - Tech Award
 - (1 of each) 1st, 2nd, 3rd place - Costume Design - (3 total)

REGION IV THEATRE SCHEDULE 2024 - 2025

One Act Competition	March 11, 2027 TBA
Individual Events Competition	March 18, 2027 TBA
State One Act Competition	April 22 - 24, 2027 TBA
State Individual Event Competition	April 22 - 24, 2027 TBA

ADVISOR INFORMATION:

SCHOOL	NAME	PHONE	EMAIL
American Fork	Neal Johnson	801-610-8800	nealjohnson@alpinedistrict.org
Lehi	Mindy Nelson	801-610-8805	mnelsen@alpinedistrict.org
Lone Peak	Chloe Cox	801-610-8810	chloecox@alpinedistrict.org
Pleasant Grove	Leslie Rhodes	801-610-8170	lrhodes@alpinedistrict.org
Skyridge	John Brown	801-610-8820	johnbrown@alpinedistrict.org
Westlake	Amy Morrey	801-610-8815	amorrey@alpinedistrict.org

TRACK & FIELD

Region Chairman: Jed Francis
Contact Number: 801-610-8820

First Contest Date: March 8, 2027
Roster on Register My Athlete: March 19, 2027
State Entry Deadline: May 17, 2027
State Competition: May 20 - 22, 2027 @ BYU
Academic All-State Accepted: Mar 23 - Apr 20, 2027

GUIDELINES:

1. Athletes may participate in no more than 12 meets, not including Region and State as per UHSAA Rules. Eight (8) of those meets may be State Qualifiers. There is no starting date for practice.
2. Track meets for boys and girls are to be conducted concurrently.
3. The first meet may be held no earlier than March 8, 2027.
4. Track meets will start at 2:30 p.m. Region Track Meets will start at 2:00 p.m.
5. Host schools must have at least 2 paid officials at the combined boys' and girls' track meets paid for by the host school. Host school will assign events to the visiting school(s).
6. The Region will provide the following awards:
 - a. Region Championship Meets: Trophy for 1st place boys' team and 1st place girls' team; medals for first six places in individual events and first three places in relays.
 - b. Scoring for the region championships will be based on the NFHS rulebook for scoring to eight places in individual events, top six in relays.
 - c. Each school is allowed 6 competitors per event in the Region Championship Meet and one relay team.
 - d. The winner of each heat will make it to the finals.
7. Responsibility of deciding whether a meet should be canceled (or postponed) due to weather rests with the host school. However, input from other participating schools should be obtained whenever possible. The final decision rests with the host school's principal. Schools who must cancel meets because of weather will not be required to reschedule them; however, they should make an effort to do so if possible. No decision will ever be finalized before noon.
8. The seeding meeting is the Monday of the week of the Region Meet.
9. It is the responsibility of each coach to submit the names of athletes with a 3.75 or above cumulative GPA at the seeding meeting for academic certificates.
10. The top 2 participants (designated 'varsity' scorers) in lane races and all distance competitors (800m and above) will be required to be 'stickered' with regular file folder labels at each meet in the Region including the Region Championship meet. Stickers are to be provided by each school's coaching staff. The host school will have the option to use Runner Cards.
11. Visiting schools should provide one responsible helper at the finish line for away meets.
12. In the Region Meet, all athletes must be in uniform according to NFHS rules. Exceptions to this due to extraordinary circumstances must be approved in advance by the Region Chair.
13. A maximum budget of \$300 will be paid by the Region for the funding of Coaches Hospitality Area during the Region Championships. The region is also responsible for paying a starter and a head finish judge. Each school will be required to bring two adults and two student-athletes to help run their respective event at the meet. Schools should arrive with the pertinent section of the rule book in hand to run their event. Clipboards and event sheets will be provided by the host school and officials will bring their own tapes and field markers. These assignments will remain standard from year to year.
14. Field Event Assignments:
 - a. Lone Peak: Pole Vault
 - b. Lehi: Shot Put
 - c. Corner Canyon: Boys Discus
 - d. Corner Canyon: Girls Discus
 - e. American Fork: Long Jump
 - f. Skyridge: Javelin
 - g. All Relay Exchanges and Hurdles
15. It is recommended that the site school for the Region Championships rotate among schools with sufficient lanes to run the event. The rotation for the Region Meet will be:
 - a. Region Championships 2027 - Corner Canyon High School
 - b. Region JV Meet 2027 - American Fork High School
16. NFHS Rules will govern the Region Meet.
17. Region Entries become finalized at the close of the Region Seeding Meeting.

18. Once paged to an event, a participant has a maximum of 10 minutes to report to the event site. Failure to report within the time limit will result in disqualification.

REGION III TRACK SCHEDULE

2026 - 2027

March 16, 2027 @ 2:30 p.m.	• Corner Canyon (host) - Skyridge • Lone Peak (host) Lehi & American Fork
March 23, 2027 @ 2:30 p.m. (Monday)	• Lehi (host) Skyridge • American Fork (host) Corner Canyon & Lone Peak
March 30, 2027 @ 2:30 p.m.	• Lone Peak (host) Corner Canyon • Skyridge (host) Lehi & American Fork
April 13, 2027 @ 2:30 p.m.	• Lehi (host) American Fork & Corner Canyon • Skyridge (host) Lone Peak
April 20, 2027 @ 2:00 p.m. (REGION JV)	• @ American Fork High School
May 5 - 6, 2027 @ 2:00 p.m. (REGION VARSITY)	• @ Corner Canyon High School

UHSAA Track & Field Moratorium Schedule for 2024-2025 Season

- June 29 - July 5, 2026 - 6A Moratorium - no practices, competitions, meetings or travel.
- August 30 - Sept 26, 2026 - 6A Moratorium - no practices, competitions, meetings or travel.
- Nov 26 - Nov 29, 2026 - 6A Moratorium - no practices, competitions, meetings or travel.
- Dec 21-25, 2026 - 6A Moratorium - no practices, competitions, meetings or travel.
- Jan 1, 2027 - 6A Moratorium - no practices, competitions, meetings or travel.
- June 28 - Jul 4, 2027 - 6A Moratorium - no practices, competitions, meetings or travel.

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Brett Myrup	801-610-8800	bmyrup@alpinedistrict.org
Corner Canyon	Alyssa Dalton	801-826-6400	alyssa.dalton@canyonsdistrict.org
Lehi	Kari Trejo	801-610-8805	ktrejo@alpinedistrict.org
Lone Peak	Courtney Meldrum	801-610-8810	cmeldrum@alpinedistrict.org
Skyridge	Ronda Hansen	801-610-8820	rondahansen@alpinedistrict.org

VOLLEYBALL

(boys)

Region Chairman: Misty Jolley
Contact Number: 801-884-3998
Begin Practice/Tryout Date: March 1 2027
First Contest Date: March 8, 2027
Rosters w/numbers/team photo upload: March 13, 2027
State Bracket Reveal: May 5, 2027 @ 10:00 a.m.
State Competition May 8, 12 & 13, 2027
Academic All-State Accepted: March 23 - April 20, 2027
Arbiter: Terri Lewis, imtlclewis@msn.com

GUIDELINES:

1. We will follow National Federation rules. All varsity matches will be best of three (3) out of five (5) games. Games 1-4 shall be played to 25 points (no cap), the fifth and deciding game shall be played to 15 points (no cap).
 - a. Sub-varsity matches: Games 1 & 2 are to 25 points with games 3, 4, & 5 played to 15 points. Sub-varsity games 1 & 2 are capped at 27 points; 3, 4, & 5 are capped at 17 points.
 - b. Each team will be allowed two (2) timeouts per game.
 - c. The 3-ball system is mandated for ALL MATCHES.
2. Region Play will begin on Tuesday, March 17, 2026. All matches will be played on either Tuesdays or Thursdays unless determined in advance by coaches and set forth in the schedule. Game times will be: Sophomores at 3:30 pm, JV at 5:00 pm and Varsity at 6:30 pm. Home team supplies warm-up balls that are NFHS approved (10 minimum) **and are the same quality as the home team.**
3. CONTEST LIMITATIONS: Game for game, total of 28 held it would have to be counted as one of the two tournaments allowed.
 - a. The following guidelines pertain to VARSITY tournaments
 - i. No more than 6 total matches in a tournament and no more than 4 matches in a single day.
 - ii. For varsity matches outside a tournament, all matches are a best 3 out of 5 sets.
 - b. Guidelines for Sub-varsity tournaments
 - i. 2 out of 3 matches
 - ii. No more than 9 total matches in a tournament and no more than 7 matches in a single day.
 - iii. Tournaments may not exceed three days in length.
 - iv. If a region tournament is held it would have to be counted as one of the two tournaments allowed.
4. Courts will be available thirty (30) minutes prior to game time for warm-up.
5. Net time will be five (5) minutes for the home team, five (5) minutes for the visiting team and no shared serving time.
6. Teams will not switch sides, unless there is a clear advantage as determined by the head coaches.
7. Home teams will be responsible to provide a certified athletic trainer accessible to the visiting team. In addition, a locker room or changing room will be provided for the visiting team.
8. Coaches are responsible for entering their own stats and scores on MaxPreps.
9. Academic All-Region - Senior varsity players with a 3.75 cumulative GPA are eligible for Academic All - Region
10. State Tournament bracket revealed on May 5, 2027 at 10:00 a.m.
11. All-Region selection dinner meeting will be held on Monday, April 29, 2027 at 6:30 pm at the region champions choice.
12. All Region team selection criteria will be:
 - a. 1st Team:
 - i. 1st place 3-4 (max) players + MVP (MVP comes from 1st place team)
 - ii. 2nd place up to 3-4 (max) players
 - iii. 3rd place up to 2-3 (max) players
 - iv. 4th place up to 2-3 (max) players
 - v. 5th place up to 1-2 (max) players
 - vi. 6th place 1-2 (max) players
 - vii. +1 for Defensive MVP
 - b. 2nd team: No limit
 - c. Honorable Mention: No limit
13. Moratorium dates: June 29 - July 5, 2026; November 26 - 29, 2026; December 21 - 25, 2026; January 1, 2027; February 15 - 28, 2027, two weeks prior restrictions.

Region III Boys Volleyball - Schedule 2026 - 2027

Tuesday, March 23, 2027	Thursday, March 25, 2027
American Fork @ Lehi Skyridge @ Lone Peak BYE: Corner Canyon	Corner Canyon @ American Fork Lehi @ Skyridge BYE: Lone Peak
Tuesday, March 30, 2027	Thursday, April 1, 2027
Lone Peak @ American Fork Lehi @ Corner Canyon BYE: Skyridge	Corner Canyon @ Lone Peak American Fork @ Skyridge BYE: Lehi
Tuesday, April 13, 2027	Thursday, April 15, 2027
Skyridge @ Corner Canyon Lone Peak @ Lehi BYE: American Fork	Lehi @ American Fork Lone Peak @ Skyridge BYE: Corner Canyon
Tuesday, April 20, 2027	Thursday, April 22, 2027
American Fork @ Corner Canyon Skyridge @ Lehi BYE: Lone Peak	American Fork @ Lone Peak Corner Canyon @ Lehi BYE: Skyridge
Tuesday, April 27, 2027	Thursday, April 29, 2027
Lone Peak @ Corner Canyon Skyridge @ American Fork BYE: Lehi	Corner Canyon @ Skyridge Lehi @ Lone Peak BYE: American Fork

STATE TOURNAMENT

May 5, 2027 at 10:00 am - State Bracket Reveal

May 8, 2027: First round @ home sites

May 12-13, 2027 State tournament @ UVU

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Shantell Shoell	801-889-6507	shantellshoell@alpinedistrict.org
Corner Canyon	Michael Burke	801-592-2905	michael.burke@canyonsdistrict.org
Lehi	Kolby Shewell	801-610-8805	kolbyshewell@alpinedistrict.org
Lone Peak	Cecil Read	801-610-8810	cecildread@gmail.com
Skyridge	Michael Muaina	801-610-8820	michaelmuaina@alpinedistrict.org

VOLLEYBALL (girls)

Region Chairman: Cole Perry
Contact Number: 801-610-8800
Begin Practice/Tryout Date: July 28, 2025
First Contest Date: August 4, 2025
Rosters w/numbers/team photo upload: August 22, 2025
Season End Date: October 30, 2025
Academic All-State Accepted: Sept 9 - Oct 7, 2025
Arbiter: Terri Lewis, imtlclewis@msn.com

GUIDELINES:

1. We will follow National Federation rules. All varsity matches will be best of three (3) out of five (5) games. Games 1-4 shall be played to 25 points (no cap), the fifth and deciding game shall be played to 15 points (no cap).
 - a. Sub-varsity matches: Games 1 & 2 are to 25 points with games 3, 4, & 5 played to 15 points. Sub-varsity games 1 & 2 are capped at 27 points; 3, 4, & 5 are capped at 17 points.
 - b. Each team will be allowed two (2) timeouts per game.
 - c. The 3-ball system is mandated for ALL MATCHES.
2. Region Play will begin on Tuesday, September 9, 2025. All matches will be played on either Tuesdays or Thursdays unless determined in advance by coaches and set forth in the schedule. Game times will be: Sophomores at 3:30 pm, JV at 5:00 pm and Varsity at 6:30 pm. Home team supplies Warm-up balls.
3. CONTEST LIMITATIONS: One of the following three options may be chosen:
 - a. 28 matches. Each match played counts as one match
 - b. The following guidelines pertain to VARSITY tournaments
 - i. No more than 8 total matches in a tournament and no more than 4 matches in a single day.
 - c. Guidelines for Sub-varsity tournaments
 - i. 2 out of 3 matches
 - ii. No more than 9 total matches in a tournament and no more than 7 matches in a single day.
 - iii. Tournaments may not exceed three days in length.
4. Courts will be available thirty (30) minutes prior to game time for warm-up.
5. Net time will be four (4) minutes for the no home team, four (4) minutes for the visiting team and two (2) minutes shared serving.
6. Teams will not switch sides, unless there is a clear advantage as determined by the head coaches.
7. Coaches are responsible for entering their own stats and scores on MaxPreps.
8. Academic All-Region - Senior varsity players with a 3.75 cumulative GPA are eligible for Academic All - Region
9. State Tournament bracket reveal at 10:00 am on Friday, October 31, 2025
10. All Region team selection criteria will be:
 - a. 1st Team:
 - i. 1st place 3-4 (max) players + MVP (MVP comes from 1st place team)
 - ii. 2nd place up to 3-4 (max) players
 - iii. 3rd place up to 2-3 (max) players
 - iv. 4th place up to 2-3 (max) players
 - v. 5th place up to 1-2 (max) players
 - vi. 6th place 1-2 (max) players
 - vii. +1 for Defensive MVP
 - b. 2nd team: No limit
 - c. Honorable Mention: No limit
11. Moratorium dates: June 30 - July 6, 2025; November 28- December 1, 2025; December 22-26, 2025; January 1, 2026
12. Rules Clinics: Live: August 6, 2025, Online: August 14 - September 15, 2025 uhsaa.org/training

Region III Girls Volleyball - Schedule 2026 - 2027

Updated 4/22/26

Thursday, September 3, 2026	Tuesday, September 8, 2026
Lehi @ Davis American Fork @ Farmington Corner Canyon @ Syracuse Skyridge @ Weber Lone Peak @ Layton	Corner Canyon @ American Fork Lone Peak @ Lehi Skyridge - Bye
Tuesday, September 15, 2026	Thursday, September 17, 2026
American Fork @ Lone Peak Skyridge @ Corner Canyon Lehi - Bye	Lehi @ American Fork Lone Peak @ Skyridge Corner Canyon - Bye
Tuesday, September 22, 2026	Thursday, September 24, 2026
Lehi @ Skyridge Corner Canyon @ Lone Peak American Fork - Bye	Skyridge @ American Fork Corner Canyon @ Lehi Lone Peak - Bye
Tuesday, September 29, 2026	Thursday, October 1, 2026
American Fork @ Corner Canyon Lehi @ Lone Peak Skyridge - Bye	Lone Peak @ American Fork Corner Canyon @ Skyridge Lehi - Bye
Tuesday, October 6, 2026	Thursday, October 8, 2026
American Fork @ Lehi Skyridge @ Lone Peak Corner Canyon - Bye	Davis @ Lone Peak Layton @ Lehi Weber @ Corner Canyon Syracuse @ American Fork Farmington @ Skyridge
Tuesday, October 13, 2026	Tuesday, October 20, 2026
Skyridge @ Lehi Lone Peak @ Corner Canyon American Fork - Bye	American Fork @ Skyridge Lehi @ Corner Canyon Lone Peak - Bye

STATE TOURNAMENT

October 23, 2026: First round @ home sites

October 27-28, 2026: State tournament @ UVU

COACH INFORMATION

SCHOOL	NAME	PHONE	EMAIL
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American Fork	Melissa Guymon	435-703-5922	melissaguymon@alpinedistrict.org
Corner Canyon	Mindy Ricks	801-870-8657	cornercanyonvolleyball@gmail.com
Lehi	Alise Bowles	801-400-3124	abowles@alpinedistrict.org
Lone Peak	Kalee Faumui Kirby	801-610-8810	kaleefaumui@alpinedistrict.org
Skyridge	Tayler Hifo	801-610-8820	sialehifo@alpinedistrict.org

WRESTLING

(Boys)

Region Chairman: Belinda Talonia
 Contact Number: 801-610-8800
 Rules Clinic: November 3, 2026
 First Contest Date: November 24, 2026
 Roster on Register My Athlete: December 4, 2026
 Divisionals: February 5 & 6, 2027 @ TBA
 State Competition: Feb 17 & 18, 2027
 Academic All-State Accepted: January 5 - February 2, 2027
 Arbiter: Don Christensen - silverpointinc@gmail.com

GUIDELINES:

1. Coaches may begin practice on November 9, 2026.
2. Hydration Testing will be held November 18 - 21, 2026.
3. First match of the year cannot be held prior to November 24, 2026
4. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring and every other situation unless otherwise directed by the UHSAA.
5. Region Dual Meet Guidelines:
 - a. Gym cleared for meet setup: 3:30 pm
 - b. Weigh in/Skin Check: 4:00 pm
 - c. Junior Varsity matches: 5:00 pm
 - d. Boys Varsity 7:00pm
6. Moratorium Dates:
 - a. June 29- July 5, 2026
 - b. July 30 - September 13, 2026
 - c. November 26 - 30, 2026 **TWO WEEKS PRIOR**
 - d. December 21 - December 25, 2026
 - e. January 1, 2027
7. The state arbiter for Varsity/JV will assign the officials for all region and non-region matches.
8. State policies and procedures regarding encounters must be followed.
9. Academic All-Region will be awarded at the last home meet.
 - a. The criteria for the award are any SENIOR wrestler who wrestles Varsity or JV and has a CUM 3.75 GPA.
 - b. The certificates will be prepared by the home school and awarded at the last home meet.
10. Awards presented and provided by the Region Wrestling Chair.
 - a. Region trophy will be based on head to head in dual meets.
 - b. A tie will be settled by a Dual point differential, the difference between points for and against
11. Divisional Tournament held...
 - a. Sectional A Tournament held on February 5 & 6, 2027 at TBA
 - b. Sectional B Tournament held on February 5 & 6, 2027 at TBA
12. State Tournament held at UVU on February 12 & 13, 2027
13. Region III teams: American Fork, Corner Canyon, Lehi, Lone Peak, Skyridge.
14. Wrestling rules clinic will be held on November 3, 2026 at the UHSAA Office.

COACH'S INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork	Cody Mortensen	435-760-3733	codymortensen@alpinedistrict.org
Corner Canyon	Jeff Eure	801-425-8419	jeffrey.eure@canyonsdistrict.org
Lehi	Dan Rice	801-830-8953	drice@alpinedistrict.org
Lone Peak	Bevan Wilde	801-362-3903	bevanwilde@gmail.com
Skyridge	Lyle Mangum	801-400-0185	lmangum@alpinedistrict.org

REGION III Wrestling - SCHEDULE 2026 - 2027

Wednesday, December 9, 2026	Wednesday, December 16, 2026
American Fork @ Skyridge Corner Canyon @ Lehi BYE: Lone Peak	American Fork @ Corner Canyon Skyridge @ Lone Peak BYE: Lehi
Thursday, January 7, 2027	Thursday, January 14, 2027
American Fork @ Lone Peak Lehi @ Skyridge BYE: Corner Canyon	Lehi @ American Fork Lone Peak @ Corner Canyon BYE: Skyridge
Thursday, January 21, 2027	
Lone Peak @ Lehi Corner Canyon @ Skyridge BYE: American Fork	

WRESTLING (Girls)

Region Chairman: New Lehi High Admin
Contact Number: 801-610-8805
Rules Clinic: November 3, 2026
First Contest Date: November 24, 2026
Roster on Register My Athlete: December 4, 2026
Divisionals: February 4 & 5, 2027 @ TBA
State Competition: February 17 & 18, 2027 @ TBA
Academic All-State Accepted: January 5 - February 2, 2027
Arbiter: Don Christensen - silverpointinc@gmail.com

GUIDELINES:

15. Coaches may begin practice on November 9, 2026.
16. Hydration Testing will be held November 18 - 21, 2026.
17. First match of the year cannot be held prior to November 24, 2026
18. The NFHS rulebook will be followed for all rules, including weight classes, weight control, weigh-ins, tournament scoring and every other situation unless otherwise directed by the UHSAA.
19. Region Dual Meet Guidelines:
 - a. Gym cleared for meet setup: 3:30 pm
 - b. Weigh in/Skin Check: 4:00 pm
 - c. Junior Varsity matches: 5:00 pm
 - d. Boys Varsity 7:00pm
20. Moratorium Dates:
 - a. June 29- July 5, 2026
 - b. July 30 - September 13, 2026
 - c. November 26 - November 30, 2026 **TWO WEEKS PRIOR**
 - d. December 21 - December 25, 2026
 - e. January 1, 2027
21. The state arbiter for Varsity/JV will assign the officials for all region and non-region matches.
22. State policies and procedures regarding encounters must be followed.
23. Academic All-Region will be awarded at the last home meet.
 - a. The criteria for the award are any SENIOR wrestler who wrestles Varsity or JV and has a CUM 3.75 GPA.
 - b. The certificates will be prepared by the home school and awarded at the last home meet.
24. Awards presented and provided by the Region Wrestling Chair.
 - a. Region trophy will be based on head to head in dual meets.
 - b. A tie will be settled by a Dual point differential, the difference between points for and against
25. Divisional Tournament held...
 - a. Sectional A Tournament held on February 3 & 5, 2027 at TBA
 - b. Sectional B Tournament held on February 4 & 6, 2027 at TBA
26. State Tournament held at UVU on February 17 & 18, 2027
27. Region III teams: American Fork, Corner Canyon, Lehi, Lone Peak, Skyridge.
28. Wrestling rules clinic will be held on November 3, 2026 at the UHSAA Office.

REGION III Wrestling SCHEDULE

2026 - 2027

January 13, 2027

Region Girls Tri Duals- @ Corner Canyon

COACH'S INFORMATION

SCHOOL	NAME	PHONE	EMAIL
American Fork			
Corner Canyon	John Fager	801-651-4874	john.fager@canyonsdistrict.org
Lehi	McKay Coombs	385-625-6717	coombs11m@gmail.com
Lone Peak			
Skyridge	Brian Bond	801-709-3449	brianbond@alpinedistrict.org