

2024-25

Region 4





The high schools of **Region 4** recognize the important role that co-curricular activities and athletics play in the full development of a young person. As in all areas of our schools, **Region 4** high schools are committed to the equitable opportunities for all young men and young women in activities and athletic programs. Activities and athletic programs are designed to be a complement to the academic programs and pursuits of young people. We hope that the self-discipline, commitment, teamwork and training of the mind and body in the arenas of the playing field and stage will effect similar skill development and success in the classroom.

We believe that when structured and pursued with proper balance and perspective, athletics and activities can play a key and positive role in shaping the hearts and minds of our young people. Sports and activities, as much as any other single area of endeavor, hold great potential for bringing people together from diverse backgrounds to pursue shared ideals in a spirit of community.

Notification of the Press

In all sports events and activities, the **home school** is responsible to call the Salt Lake Tribune and the Deseret News to report the scores.

NOTIFICATION OF THE PRESS:

Channel 2	-	801-839-1234, #1, #3
Channel 4	-	801-975-4401, #5
Channel 5	-	801-575-5535
Channel 13	-	801-536-1313
Deseret News	-	801-237-2161
Salt Lake Tribune	-	801-257-8900

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CHAIRPERSONS AND INDIVIDUAL SCHOOL RESPONSIBILITIES

Baseball	Taylorsville High School Charlie Peterson, Assistant Principal
Basketball, Boys & Girls	Cyprus High School Josh Moore, Assistant Principal
Cheerleading	West Jordan High School Noelani Ioane, Assistant Principal
Cross Country, Boys & Girls	Kearns High School Jeremy Smith, Assistant Principal
Drama	Taylorsville High School Afton Lambson, Assistant Principal
Drill Teams	West Jordan High School Rachel Collins, Assistant Principal
Football	Kearns High School Scott Wooldridge, Assistant Principal
Forensics/Debate	Hunter High School Cory Martin, Assistant Principal
Golf, Boys & Girls	Cyprus High School Andy Carbaugh, Assistant Principal
Music, Instrumental & Vocal	Granger High School Josh Adams, Assistant Principal
Soccer, Boys & Girls	Granger High School , Assistant Principal
Softball	Cyprus High School Jeff Jackson, Assistant Principal
Swimming, Boys & Girls	Kearns High School Jonny Matich, Assistant Principal
Tennis, Boys & Girls	Taylorsville High School Tarell Richards, Assistant Principal
Track & Field, Boys & Girls	West Jordan High School Derek Bennett, Assistant Principal
Volleyball Boys & Girls	Hunter High School Cooper Best/Ande Miller, Assistant Principal
Wrestling	Hunter High School Tysen Fausett, Assistant Principal

2024- 2025 CALENDAR

School Begins Wednesday, August 14, 2024
School Ends Thursday, May 29, 2025
Senior High School Graduation Ceremony TBA

School Calendar Summary

Total School Days 177 Days
Additional Teacher Contract Days (see below) 12 Days
Orientation Meetings for Teachers New to the District TBA
All Teachers at Local Schools (4 Contract days) Monday, August 5 through Thursday, August 8, 2024
Teacher Preparation Day August 9, 2024
End-of-Term Days for Grading, Planning, & Professional Development (Contract days) 3 Days
Teacher Contract Days for Planning & Professional Development 2 Days

Holidays and Other Days Schools Closed for Student Attendance

Labor Day Monday, September 2, 2024
Compensatory Day for SEP & Parent/Teacher Conferences (see schedule below) Friday, September 20, 2024
Fall Break Thursday & Friday, October 10 & 11, 2024
End of Term (student recess day) (1 Teacher Contract Day)..... Monday, October 14, 2024
Teacher Contract Day (student recess day) (1 Teacher Contract Day) Friday, November 1, 2024
Thanksgiving Break Wednesday, Thursday & Friday, November 27, 28 & 29, 2024
End of Term Friday, December 20, 2024
Winter Break Monday, December 23, 2024 through Friday, January 3, 2025
Teacher Contract Day (student recess day) (1 Teacher Contract Day) Monday, January 6, 2025
Dr. Martin Luther King, Jr. Day Monday, January 20, 2025
Compensatory Day for SEP & Parent/Teacher Conferences (see schedule below) Friday, February 14, 2025
Presidents' Day Monday, February 17, 2025
Teacher Contract Day (student recess day) (1 Teacher Contract Day) Tuesday, February 18, 2025
End of Term (student recess day) (1 Teacher Contract Day)..... Friday, March 14, 2025
Spring Break Monday, April 7 through Friday, April 11, 2025
Compensatory Day (student and teacher recess day) Friday, May 2, 2025
Memorial Day Monday, May 26, 2025
Emergency Closure Make-up Day (no school unless needed for make-up day) Friday, May 30, 2025

Senior High School Parent/Teacher Conference Schedule

Fall Conference Wednesday & Thursday, September 18 & 19, 2024
Spring Conference Monday & Tuesday, February 10 & 11, 2025

Junior High School Parent/Teacher Conference Schedule

Fall Conference Tuesday & Wednesday, September 17 & 18, 2024
Spring Conference Wednesday & Thursday, February 12 & 13, 2025

Elementary School SEP Conference Schedule

Fall Conference Monday & Tuesday, September 16 & 17, 2024
Spring Conference Tuesday & Wednesday, February 11 & 12, 2025

Beginning and Ending of Terms

1st Term: Monday, August 12, 2024, through Wednesday, October 9, 2024 42 Days
2nd Term: Tuesday, October 15, 2024, through Friday, December 20, 2024 45 Days
3rd Term: Tuesday, January 7, 2025, through Thursday, March 13, 2025 45 Days
4th Term: Monday, March 17, 2025, through Thursday, May 29, 2025 47 Days

Jordan 2024-25 School Year Calendar

Teacher Contracts Begin Monday, August 12, 2024

New Educator Induction	Friday, August 9, 2024
District-directed Professional Development Day	Tuesday, August 13, 2024
Check-out Day for Teachers	Monday, June 9, 2025
Labor Day Recess	Monday, September 2, 2024
Fall Recess	Monday, October 21 – Friday, October 25, 2024
Grade Transmittal Day (No Students Attend)	Monday, October 28, 2024
Professional Development Day (No Students Attend)	Friday, November 8, 2024
Thanksgiving Recess	Wednesday, November 27 – Friday, November 29, 2024
Winter Recess	Monday, December 23, 2024 – Friday, January 3, 2025
Martin Luther King, Jr. Day Recess	Monday, January 20, 2025
Grade Transmittal Day (No Students Attend)	Tuesday, January 21, 2025
Washington & Lincoln Day Recess	Monday, February 17, 2025
Professional Development Day (No Students Attend)	Friday, March 14, 2025
Grade Transmittal Day (No Students Attend)	Monday, March 31, 2025
Spring Recess	Tuesday, April 1 – Friday, April 4, 2025
Memorial Day Recess	Monday, May 26, 2025
Beginning of Classwork.....	Tuesday, August 20, 2024
Fall Parent-Teacher Conferences	Wednesday, September 25 – Thursday, September 26, 2024
Teacher Compensatory Day – No School	Friday, September 27, 2024
10 th Pre-ACT Test & 12 th College Prep Half Day (date subject to change)	Tuesday, November 5, 2024
(10 th & 12 th Grades AM Only – 11 th Grade No School – Teacher Professional Development in PM)	
Health & Wellness Virtual Day	Friday, February 7, 2025
Spring Parent-Teacher Conferences	Wednesday, February 12 – Thursday, February 13, 2025
Teacher Compensatory Day – No School	Friday, February 14, 2025
ACT Testing	Tuesday, March 11, 2025
(11 th Grade AM Only – 10 th & 12 th Grades No School – Teacher Professional Development in PM)	
High School Graduation	Thursday, June 5, 2025
End of Classwork	Friday, June 6, 2025

CYPRUS HIGH SCHOOL ROSTER

8623 West 3000 South
Magna, UT 84044
385-646-5300

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Asst. Principal	Josh Moore	jmoore@graniteschools.org
Asst. Principal	Amy Fishler	acfishler@graniteschools.org
Athletic Director	Chad Stevens	crstevens@graniteschools.org
Athletic Director	Chaine Henson	cahenson@graniteschools.org
Athletic Trainer	Cole Kissick	cskissick@graniteschools.org
Baseball	Alex Aldana	Aldanaalessander1@gmail.com
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Basketball, Girls	Justin Hassell	Justin.Hassell1981@gmail.com
Cheerleading	Melinda Campbell	mscampbell@graniteschools.org
Cross Country	Amanda Wolfe	amlee@graniteschools.org
Drama	Becky Williams	rlwilliams@graniteschools.org
Drill Team	Sara Smith	Sarawalkersmith81@gmail.com
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Forensics/Debate	Kyle Daniels	kgdaniles@graniteschools.org
Golf, Boys	Jeff McDonald	Jeffcopperclub4@gmail.com
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Soccer, Girls	Tara Cripe	tjcripe@graniteschools.org
Softball	Rick Quinn	rick.quinn33@gmail.com
Swimming	Jason Hayes	jrhayes@graniteschools.org
Tennis, Boys	Alex George	argeorge@graniteschools.org
Tennis, Girls	Alex George	argeorge@graniteschools.org
Track, Boys	Taylor Ford	jtford@graniteschools.org
Track, Girls	Amanda Wolff	amlee@graniteschools.org
Girls Volleyball	Centennial Toleafoa	ctoleafoa@graniteschools.org
Boys Volleyball	Josh Sanders	jcsanders@graniteschools.org
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Wrestling, Girls	Ralph Fallentine	ralphfallentine@gmail.com

GRANGER HIGH SCHOOL ROSTER

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 385-646-5320

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Asst. Principal		
Asst. Principal	Chad Rhinehart	crhinehart@graniteschools.org
Asst. Principal		
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Athletic Director	Hyrum Okeson	hokeson@graniteschools.org
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Basketball, Girls	Manny Taban Taoalii	ektabantaoalii@graniteschools.org
Cheerleading	Elizabeth Peterson	empeterson@graniteschools.org
Cross Country	Owain Rice	orrice@graniteschools.org
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Drill Team	Elisha Sutton	ersutton@graniteschools.org
Football	Pete Smolin	psmolin@graniteschools.org
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Soccer, Girls	Tyler Stockstill	trstockstill@graniteschools.org
Soccer, Boys	Tyler Stockstill	Trstockstill@graniteschools.org
Softball	Mark Wood	mnwood@graniteschools.org
Swimming	Michelle Loomis	maloomis@graniteschools.org
Girls Tennis	Nittaya Phonharath	naphonharath@graniteschools.org
Boys Tennis	Hyrum Okeson	hoakeson@graniteschools.org
Track	Owain Rice	orrice@graniteschools.org
Girls Volleyball	Howard "Tinker" Gravelle	hgravelleiii@graniteschools.org
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Wrestling, Girl		

HUNTER HIGH SCHOOL ROSTER

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Cross Country	Anna Robbins	mompodco@gmail.com
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Drill Team	Emilie Gibson	ewill81@gmail.com
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Music, Vocal	Jill Hixson	jhixson@graniteschools.org
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Soccer, Girls	Cherilyn Foster	Cfoster2@graniteschools.org
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Tennis, Girls	Amy McVey	aemcvey@graniteschools.org
Track, Boys	Alec Febo	awfebo@graniteschools.org
Track, Girls	Anna Robbins	mompodco@gmail.com
Volleyball, Boys	KJ Ng	king@graniteschools.org
Volleyball, Girls	Ma'afu Suliafu	maafu.suliafu@gmail.com
Wrestling, Boys	Gavin Cleveland	clevelandg93@gmail.com
Wrestling, Girls	Heather Carlson	hcarlson@graniteschools.org

KEARNS HIGH SCHOOL ROSTER

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Track, Girls	Emily Williams	801-897-5360	ewilliams@graniteschools.org
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Wrestling, Boys	Calvin Buhler	801-699-1235	calbuhler@gmail.com

TAYLORSVILLE HIGH SCHOOL ROSTER

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Tennis, Boys	Arielle Meredith	acmeredith@graniteschools.org
Track	Chad Farnes	cfarnes@graniteschools.org
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WEST JORDAN HIGH SCHOOL ROSTER

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Drill Team	Shayla Winder	shayla.winder@jordandistrict.org
Football	Ron Halbert	ronald.halbert@jordandistrict.org
Forensics/Debate	Ben Jorgensen	ben.jorgensen@jordandistrict.org
Golf, Girls	Madison Whiting	madison.whiting@jordandistrict.org
Golf, Boys	Miachael Louder	michael.louder@jordandistrict.org
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Lacrosse, Girls	Cliff Tomlinson	clifftomlin@gmail.com
Music, Instrumental	BAND: Shianne Ogzewalla	shianne.ogzewalla@jordandistrict.org
	ORCHESTRA: Jenna Baumgart	jenna.baumgart@jordandistrict.org
Music, Vocal	Keith Evans	keith.evans@jordandistrict.org
Soccer, Boys	Rafael Bastidas	rsbastidas@hotmail.com
Soccer, Girls	Rafael Bastidas	rsbastidas@hotmail.com
Softball	Jocelyn Kaufman	jocelyn.kaufman@jordandistrict.org
Swimming	Sara Mitchell	sara.mitchell@jordandistrict.org
Tennis, Boys & Girls	BOYS:	
	GIRLS: Cody Taylor	cody.taylor@jordandistrict.org
Track	Taylor Hatch	taylor.hatch2@jordandistrict.org
Volleyball	BOYS: Owen Sosi	wjhsboysvolleyball@gmail.com
	GIRLS: Owen Sosi	wjhsldyjagsvolleyball@gmail.com
Wrestling	BOYS: Damien Grant	damien.grant@gmail.com
	GIRLS: Matthew Lloyd	matthew.lloyd@jordandistrict.org

GENERAL POLICIES

The following regulations pertain to more than one activity, and therefore are included at the beginning of the Region 4 Activity Manual. Specific regulations for each sport or activity will be found with the Region 4 schedule for that activity. All state wide regulations can be found in the UHSAA Handbook, or on the UHSAA website (www.uhsaa.org). It is the responsibility of all principals, coaches, moderators and participants to become thoroughly familiar with these regulations.

1. Admission Fees and Tickets

- A. \$6.00 visiting high school students with activity cards and other school age children.
- B. \$8.00 adults and high school students without activity card.
- C. Pre-season games are the same as A and B above.
- D. Schools have the option of issuing season passes to home games only at a discounted price.
- E. Region IV home games are free to home students with activity card (pre-season games are up to each school).
- F. Free to holder of Region IV and UHSAA (Utah High School Activities Association) passes only. Region passes should be given to faculty and staff only, not community members. Student Body Officers and Class Officers may be issued passes, but must be wearing their sweater when using the pass.
- G. Free to senior citizens (62 or over).
- H. Free to cheerleaders, pep club, and drill team members in uniform and student body officers in sweaters.
- I. Free to children under five years of age, accompanied by a parent.
- J. Tickets will be sold at varsity football games no later than 6:00 p.m. Boys & girls varsity basketball no later than 6:00 pm. Same night same site will begin selling at 4:30 pm.
- K. Tickets will be sold throughout the 3rd quarter. No one will be admitted without a ticket or a pass.
- L. When admission is charged for **Region IV tournaments**, the cost will be \$6.00 for students and \$8.00 for adults. Region tournaments where admission is charged include drill, wrestling, swimming, and track.

2. Supervision of Region Activities, Tournaments and Meets

- A. Any school hosting a **Region 4** tournament or dual competition activity is responsible for providing adequate administrative supervision for the activity.
- B. The host school must have two school administrators at home varsity football and boys' varsity basketball games. Visiting team must have one administrator at away varsity football and boys' varsity basketball games.
- C. It is recommended that an administrator be present at all activities, where possible. These people are to meet prior to the game and work out supervisory details. **They are also to stay following the end of the event until the crowds have dispersed and the visiting team is on the bus.**
- D. It is the responsibility of the chairman of each individual activity to see that **Region IV** tournaments and meets are planned and well organized. It is the responsibility of the host school to provide adequate general supervision for the activity. If the host school is not the school of the chairman, there should be a clear understanding between the activity chairman and the host principal regarding the activity. In any case, the host school must provide general supervision for activities taking place in that school. Provide police and administrative supervision at the events and in the parking lots and possible trouble spots as identified by the local school plan.
- E. School administrators who are present at games agree to take immediate, definitive action towards disruptive or unsportsmanlike students or fans.
- F. No sitting on the front row or standing on the floor in basketball or volleyball.
- G. The host school will clearly define seating areas for both home and visiting students. These areas should accommodate pep clubs as well as the general student body.
- H. If problems of a violent nature occur at any region site as a result of a school's failure to follow these recommended procedures or to provide proper supervision, the **Region 4** Board of Managers will take restrictive action against the offending school.

3. Accommodations for Visiting Teams

Dressing rooms should be appropriately prepared for visiting teams with a clean area, lockers, showers, and chalkboards. Towels will not be furnished to visiting teams by the host school. Visiting teams must bring their own towels if they desire to use them. All dressing room facilities must be left clean and orderly. The visiting head coach will check facilities prior to departure. If a head coach receives a key to dressing room facilities from the home school, the key should be returned to the home school's head coach or designee.

LOCKER ROOMS SHOULD BE SECURED AND LOCKED AT ALL TIMES.

4. Rules for Region IV Tournaments

All **Region IV** tournaments will follow the same rules as UHSAA state rules. All expenses must be pre-approved by the **Region IV** Board of Managers for payment.

5. Officials

Host Schools should provide for someone to meet officials and show them to their dressing rooms both before and after any event (and during halftime). Any misconduct of officials, including failure to show or tardiness is to be reported to the Arbiter in charge of the involved activity. A detailed report including names and improper conduct shall be submitted in writing to the **Region 4** Board of Managers, the UHSAA office, and the arbiter involved.

6. Policies Relating to Student Behavior at Region IV Activities

A. Bands & Drums:

- (1) A pep band may be provided by the host school only. During basketball games, pep bands are to play during regulation time-outs, quarters and half-times only. An advisor must always be present if a band is to perform.
- (2) Drums are to be used only to play with the band, as part of an organized cheer, and to be part of the pep club's marching activities. Drums and any other instruments are not to be used indiscriminately as noisemakers or for drum rolls or instrumental fanfare after each basket.

B. Students Body Officers:

Student Body Officers are expected to demonstrate good sportsmanship and to welcome visiting officers to their school. Students Officers should be easily identifiable (sweaters, shirts, etc.) and available to help make interscholastic activities safe and successful.

C. Cheerleaders:

- (1) Cheerleaders of the host school should initiate a meeting with the guest cheerleaders immediately before the game. The two groups should work cooperatively together during the game. At basketball games, cheerleaders will occupy the space behind the basket closest to their student body. Cheers or songs which are derogatory, or insulting are not to be used. Cheers must be under the direction of official school cheerleaders and song leaders.
- (2) All stunts and pyramids must be in accordance with risk management policies.
- (3) No children are to be used in cheerleading or pep club activities. Separate half-time activities are to be approved by the principal.
- (4) Cheerleaders should encourage good sportsmanship at all times. Each student body is to exhibit good sportsmanship. The administration and advisors are, in the interest of proper education, to stress positive sportsmanship and do all in their power to eliminate booing, catcalls, or unsportsmanlike behavior. No cheering is to be derogatory or obscene.
- (5) Cheerleaders and/or mascots are to refrain from conducting cheers or stunts during free throws.
- (6) Megaphones may be used by cheerleaders at football games, and only for communicating with the cheering section. Megaphones may not be used at basketball games. "Refer to the UHSAA Handbook for other activities"
- (7) No electronic cheering methods will be allowed.
- (8) A supervisor must be present when cheerleaders perform.
- (9) The cheerleading and team members must attend the Utah School Board's Risk Management Clinic in the spring.

D. Pre-game, Half-time, and Post-Game Activities:

- (1) The starting line-up may be introduced prior to the activity. A well-planned flag ceremony may be presented.
- (2) All activities should come to a halt immediately when the flag ceremony begins. Head gear should be removed. Activity should remain suspended until flag ceremony is over. Starting line-ups may be introduced following the flag ceremony. All pre-game activities must be concluded before the official time of the event.
- (3) The announcer should call everyone to attention as the flag enters. The announcer should be objective and impartial announcing a game.
- (4) Football half-time: Half-time entertainment has ten minutes which includes time to get on and off the field. Exceptions can be made by mutual agreement for special occasions.
- (5) Basketball half-time: Maximum of seven minutes for half-time entertainment which includes time to get on and off the floor. Exceptions can be made by mutual agreement for special occasions.
- (6) The host school pep club or drill team may use pom-poms if the floor is swept after each use, or at the earliest convenient time.
- (7) A supervisor must be present when student groups perform.
- (8) Coaches are responsible for the conduct of their athletes. No activity will be conducted to belittle or humiliate opponents, including organized post-game demonstrations on the floor, field or in the stands.
 - A. Visiting teams will leave the field or floor immediately after the game ends.
 - B. Visiting teams (basketball) will leave the team locker room within 20 minutes after the game ends.
- (9) No gum, sunflower seeds, or sugar drinks will be allowed on turf fields.
- (10) Any senior recognition at end of season cannot delay start of game.
- (11) There should be no post game demonstrations by either team on the floor/field at the end of the game until the visiting team has left the floor/field. Any and all activities must have the approval of the school administration.

E. Spectator Conduct/Sportsmanship:

- (1) Encourage student groups to initiate sportsmanlike activities during the season.
- (2) Other than authorized spirit groups (cheerleaders, pep club, drill team), no spectators will be allowed on the field or floor during game time, between quarters, half-time or post game. (Until visiting team exits the floor/field).
- (3) The throwing of any objects, including confetti, torn paper scraps, crepe paper, toilet tissue, etc., is not allowed.
- (4) Visiting schools are not to conduct any type of post-game activities.
- (5) The use of negative or insulting chants is not to be used.
- (6) For reasons of student safety and I.D. purposes, student will not be allowed to have any body paint on any area of the body except on the face. All other body painting is prohibited. The school administration is responsible to enforce this rule.
- (7) All laser pens are prohibited.
- (8) “**Region IV** Spectator Support Items” – Refer to the UHSAA Handbook under Information – Spectator Support Items).

Banners and Signs:

- (9) No negative banners or posters of any nature will be displayed in the area of competition. A sign welcoming the visiting team is encouraged.
- (10) A sign of a positive nature on the football field at half-time for the home teams to run though will be allowed.
- (11) All banners will be used by the Cheerleaders only.
- (12) No spectator banners or signs, with the only exception being banners used to honor seniors on senior night.
- (13) Each school may have one School Banner at the **Region 4** Championship Meet. The maximum size for this banner being 5’X8’. No other signs or banners will be allowed at Region site.

7. UHSAA Sportsmanship Policy

F. Sportsmanship Conduct:

- (1) INTRODUCTION – The effective Utah secondary school should support both an academic program and an activities program. The programs should do more than merely coexist, they should be integrated and support each other in “different” arenas. The concept of “sportsmanship” should be taught, modeled, expected, and reinforced in the classroom and in all competitive activities.
- (2) PHILOSOPHY – Activities are an important aspect of the total education process in Utah schools. They provide an arena for participants to grow, to excel, to understand and to value the concepts of SPORTSMANSHIP and teamwork. They are an opportunity for coaches and school staff to teach and model SPORTSMANSHIP, to build school pride, and to increase student/community involvement; which ultimately translates into improved academic performance. Activities are also an opportunity for the community to demonstrate its support for the participants and the school, and to model the concepts of SPORTSMANSHIP for our youth as respected representatives of society. SPORTSMANSHIP is good citizenship in action!
- (3) **REGION VI SPORTSMANSHIP CODE OF CONDUCT**
(This statement should be read prior to every **Region 4** event where there is a public address system available)

*Ladies and gentlemen, welcome to (home high school) for tonight's/today's athletic contest. We welcome our guests from (Visiting High School) and wish all players good luck in tonight's/today's game. Both schools are members of the Utah High School Activities Association and support the statewide sportsmanship program Raise-the-Bar. Sportsmanship does matter and we ask for your support in demonstrating respect for the game and all the participants by refraining from negative cheers, chants or behavior.
Do Rowdy Right*

UHSAA policies will be followed for all events as listed below, unless otherwise noted in Region Manual:

STUDENT AND SPECTATOR SPORT ITEMS

In the chart below, ONLY those items marked “Yes” will be allowed as fan/spectator support items at all Region 4 Contests. It is recommended that schools follow these regulations during regular season and region tournament play. Sportsmanlike vocal cheering and support from team bench area are encouraged. The items indicated on this page are for use by all spectators.

SPORT	BB	BK	CC	DR	FB	GO	SC	SB	SW	TE	TR	VB	WR
Balloons	YES	NO	YES	NO	YES	YES	YES	YES	NO	YES	YES	NO	NO
Banners on wall except welcome or corporate sponsor	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Confetti or shredded paper	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Hand held signs of any kind	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Laser light/pointer	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Miniature sports balls thrown into crowd	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Megaphones	YES	NO	YES	NO	YES	NO	YES	YES	NO	NO	YES	NO	NO
Artificial noise makers (shakers, clickers, horns, vuvuzelas, bells, cow)	NO	NO	YES	NO	YES	NO	YES	NO	NO	NO	NO	NO	NO

bells, buzzers, thunder sticks)														
Whistles	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Shirts on fans; spectator faces must be identifiable	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Paper banners for teams to run through	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Pom Poms	YES	YES	YES	NO	YES	YES	YES	YES	NO	YES	YES	NO	NO	NO
Rally towels	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Recorded music over PA system by approval only	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
School Bands (including drums)	NO	YES	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO
Air horns/Sirens	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Cannons/muskets	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO
Practice at state site 2 weeks prior	NO	NO	NO	NO	NO	YES	NO	NO	NO	YES	NO	NO	NO	YES

G. General Sportsmanship Guidelines

SPORTSMANSHIP is a way of thinking and behaving. The following sportsmanship policy items are listed below for clarification:

- (1) Be courteous to all (participants, coaches, officials, staff, and fans).
- (2) Know the rules. Abide by and respect officials' decisions.
- (3) Win with character and lose with dignity.
- (4) Display appreciation for good performance regardless of the team.
- (5) Exercise self-control and reflect positively upon yourself, the team, and the school.
- (6) Permit only positive sportsmanlike behavior to reflect on your school or its activities.
- (7) If flagrant violence occurs in any event in which a **Region 4** school is participating, the Region Board of managers (principals) will review the incident upon request and on a case by case basis to determine possible consequences to participants(s) that are involved. These consequences may result in, but not be limited to, suspension from events(s), suspension for the entire season, and/or may include other consequences as determined by the Region Board of Managers.

C. Unsportsmanlike Ejections and Fighting Policy – Appeals Process

- (1) See the Utah High School Activities Association HANDBOOK.

7. Events Schedules

- (1) All **Region IV** regularly scheduled events constitute a contract between schools. The failure of a team to participate in a scheduled contest without prior mutual consent and Board of Managers approval at all levels, including varsity, junior varsity, and sophomore, may result in a fine and forfeit assessed by the Board of Managers, plus the cost of any officials etc. to the affected schools.
- (2) Both principals are to agree to the change before a change will be sent to the Board of Managers for approval. If the Board of Managers agrees on a change of time and date of an activity, the host school must notify the arbiter of the change in time for him/her to notify the officials. All officials (Varsity, J.V., Sophomore, and Freshman) will be arbitrated by UHSAA. Call changes to UHSAA offices. All costs associated with changing the time and date will be incurred by the school requesting the change.
- (3) All invitational meets, matches, or tournaments must be approved by the UHSAA thirty days prior to the activity. Appropriate fines will be assessed against a host school and others who participate in unsanctioned events.

8. Miscellaneous

- (1) Awards are to be given according to the published **Region 4** format. No additional awards will be allowed unless pre-approved by the Board of Managers.
- (2) All personnel on the sidelines will be monitored and controlled by their own school administration or police officers.

9. Game starting times and participant regulations

No sports activity may begin before 3:30 p.m., unless approved by the Board of Managers. However, varsity football may not start before 4:00 p.m. until Day Light Savings. Thereafter, games may start at 3:30 p.m.

10. Moratorium

A fine to be determined by the Board of Managers, which is paid by the coach, may be assessed to the coach of any team that is in violation of the designated days for moratorium of practice and play. This is in addition to the UHSAA sanctions. All sports will observe the following moratoriums: July 2-8., November 23-26, , December 22-26, and January 1, . Additional sport specific moratoriums are listed under Guidelines and Schedule for those sports.

11. Fine for violations

A fine may be assessed for a violation of region rules as determined by the Region 4 Board of Managers.

12. Seeding meetings or other meetings

Any expenses that are expected to be paid by Region IV should be pre-approved by the Board of Managers.

13. Eligibility

Eligibility rules for **Region 4** will be determined by the Utah High School Activities Association By-Laws: To participate in any UHSAA **Region 4** or state interscholastic competition, an individual must be a full-time student in the school he/she has established eligibility. No student shall be eligible to represent his/her school if he/she is failing more than one subject or has a GPA of less than 2.0. Where a student has failed to meet the minimum requirements set forth above, he/she shall also be ineligible for participation in UHSAA or Region II activities in the succeeding grading period. Incompletes are computed as F's for eligibility.

- A. No student who is ineligible for a grading period should represent the school in any pre-season or practice contests with varsity, junior varsity, sophomore, or freshman teams.
 - 1. The word represent shall be defined below. Any violator of the Scholastic Eligibility By-laws shall not:
 - A. be in uniform on competition night;
 - B. warm-up with the team;
 - C. sit on the bench with the team;
 - D. be listed on the program roster;
 - E. be introduced as a member of the team.

The above student/participant may, however, continue to practice with his/her team upon approval of the school admin.

- B. The date report card documents are posted officially by the school becomes the date which the scholastic rule is applied.
- C. An incomplete is considered a failure until it is made up.
- D. The scholastic regulations apply to students who are in the 10th, 11th, and 12th grades. The scholastic regulations do not apply to the first grading period of a ninth-grade student. However, scholastic regulations do apply to subsequent grading periods of any ninth-grade students at a high school, junior high, middle school or any other equivalent level of education who has established eligibility at a member high school as provided in the by-laws.

A student who is ineligible at the conclusion of a grading period or who changes schools to avoid ineligibility, cannot be scholastically eligible before the end of this nine-week period. **Grade changes after the posting date cannot restore lost eligibility, except for a documented clerical error. (This has been left out, but is part of the rule in the UHSAA manual and should be included)**

- E. Students who are scholastically ineligible for a grading period shall not represent their school. Eligibility under this rule is determined when grades are posted. Grades are "posted" when the school registrar enters all grades electronically and are available to students, parents and teachers. In no case may the posting date be more than five (5) school days following the last day of the grading period.
- F. Incompletes (I), no grades (NG) and no credits (NC) are considered failures and must be factored into the grade point average (GPA) until made up. The GPA must be recalculated once an I, NG or NC has been made up, with the new grade replacing the deficiency. A recalculation of the GPA would also need to be done if deficiencies are replaced during the summer grading period. In order to replace the deficiency obtained during the final grading period, the new grade must be earned in the same subject area and must come from a summer program that has been approved by the school district, charter or private school. Deficiencies, for purposes of this rule, include any letter grade. No other makeup work is accepted to gain academic eligibility during the school year.

14. Coaches

- A. Coaching behavior on the bench is reflected in student behavior. It is the responsibility of the principal to direct the coaching staff to be examples of good sportsmanship at all times.
- B. Coaches are not to exert undue influence on officials before, during or after any contest. Any complaints or protests are to be made through the principal of the school.

15. Number of Games

Teams that exceed the number of games allowed in any season may forfeit from their region schedule the number of games exceeding the limit. Forfeited game(s) may be subtracted from the region win/loss record of the offending school. For each extra game, one win may be subtracted from record and one loss may be added. Other sanctions may be taken by the **Region IV** Board of Managers.

16. Duties of Region Chairpersons

- A. Conduct all meetings pertinent to respective activity.
- B. Coordinate and manage all **Region 4** competitions and tournaments of respective activity.
- C. Select and honor respective All-Region IV teams before the state tournament in that sport.
- D. Be direct liaison to **Region 4** Board of Managers.
- E. Be responsible for all awards, trophies, medals, etc., pertinent to respective activity. Please check that you have all medals, plaques and trophies when you receive them at the beginning of the school year.
- F. The all **Region 4** teams should be selected by the coaches within two weeks of the conclusion of the activity where applicable.

17. Undue influence rule, violation

- A. If there is clear evidence that a coach has violated Article 1, Section 9 of the UHSAA bylaws or interpretations he/she will appear before the **Region 4** Board of Managers and may be under the direction of the UHSAA to receive any or all of the following for the first violation:
 - (1) A letter of reprimand.
 - (2) Suspension
 - (3) Fine
- B. If it is determined a coach has violated the undue influence rule a second time, the coach may be suspended a minimum of three contests or one-half of the remaining Region VI schedule (whichever is greater).
- C. A third violation may mean suspension for the remainder of the current season

18. Penalties

Upon having knowledge of an infraction of a rule or policy **Region 4** may initiate action in accordance with UHSAA policies,

2. Region Finances

Expenses for Region activities and competitions can be reimbursed from Region funds by submitting a copy of the reimbursement form. Receipts for expenditures should be included with the form. Forms should be signed by the Region 4 Chairman and submitted to Ryan Oaks or Angie Pester of Hunter High **no later than 30 days from the end of the event.**

22. Academic All Region Team-

Academic All Region Certificates will be given to anyone on the varsity team regardless of their grade if they have a 3.75 GPA or higher. They will be made by their home school and handed out at their team banquet unless otherwise stated in the manual.

UHSAA 2023–24 TENTATIVE CALENDAR OF STATE EVENTS

The UHSAA tentative calendar of state events can be located at the following link:

<https://uhsaa.org/calendar/>

CONTEST LIMITATIONS

A. Definitions:

1. Contest: Any meet, game, or competitive activity (including practices and scrimmages) in which one or more students participate, and at least one of whom is not a member of the student-body or the school sponsored program, counts toward the contest limitations listed below for that activity.
2. Tournament: Competition among four or more schools.

B. The following contest limitations apply from the starting date of competition until the first day of the state tournament in each classification. This applies to all levels of competition (i.e., Varsity, J.V., Sophomore and Freshmen). State qualifying tournaments do NOT count in the contest limitation totals for cross country, golf, swimming, tennis, track, wrestling, and speech/debate (see Charity and drill team exceptions below).

1. Baseball: **25 games**. **Each game played counts as one game.**
2. Basketball: **23 games**, at all levels, if no region post-season is held. 21 games, at all levels, if post-season tournament is held. Each game played counts as one game
3. Cross Country: **10 meets per individual**. The UIAAA Cross Country Meet does not count toward the contest limitations.
4. Drill Team: **3 competitions** and a region competition (total of four). The live practicum does not count toward the contest limitations.
5. Football: **9 games**. One additional varsity contest is allowed for an approved endowment game, but schools may not play alumni teams in a UHSAA endowment game. Each game played counts as one game.
6. Golf: **10 meets**. One (1) multi-day event may count as one (1) meet
7. Boys Soccer: **17 games** (until further notice). Each game played counts as one game. The tournament exception has been eliminated for soccer.
Girls Soccer: **18 games**. Each game played counts as one game. The tournament exception has been eliminated for soccer.
8. Softball: **22 games**. Each game played counts as one game, except for the games played under the two tournament exemption rule which allows schools two tournaments, at least one must be a non-school single day tournament, where all games played count as a single game (a maximum of four games may be played) and one multi-day tournament, where all games played count as two games (a maximum of eight games may be played in a multiple day tournament). If the maximum number of games is exceeded, in either tournament, each additional game would count "one for one" against contest limitations
11. Swimming: **14 meets** per individual.
10. Tennis: **14 matches per individual**. The number of matches counted for a tennis tournament (competition among four or more schools) shall be equal to the number of days scheduled for the tournament; e.g., a one-day tournament shall count as one match, a two-day tournament shall count as two matches, etc.
11. Track: **12 meets per individual**. An individual may participate in no more than 6 qualifying meets in addition to the region meet in 5A and 6A.
12. Girls and Boys Volleyball: **28 matches**. Each match played counts as one match. The following guidelines pertain to Varsity tournaments: No more than 8 total matches in a tournament and no more than 4 matches in a single day. Guidelines for Sub-Varsity Tournaments: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed three days in length.
13. Boys Wrestling: Each high school team will be able to utilize **16 contact points**. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 10 duals and 6 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.
14. Girls Wrestling: Each high school team will be able to utilize **16 contact points**. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in

more than 8 duals and 8 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 3 dual meet style tournaments.

15. Music: 3 contests per category.

16. Speech: 10 meets per individual.

Per UHSAA Executive Committee ruling, teams must participate in a determined minimum number of contests to be eligible for the postseason. Baseball 15; Basketball 12; Football 6; Lacrosse 10; Soccer 10; Softball 13; Volleyball 11.

BASEBALL GUIDELINES

Activity Chairman: Kelli Miller, Taylorsville High School

Telephone: 385-646-6902

Moratoriums: June 28 – July 4, 2024; November 28 – December 1, 2024; December 2 – December 31, 2024; December 21 – December 25, 2024; January 1, 2025; June 28 – July 4, 2025

Two Week Restriction: February 9 – 23, 2025

Starting Date: February 24, 2025

First Contest: March 3, 2025

Team Photos emailed to teamphoto@uhsaa.org: March 14, 2025

Varsity Rosters with Numbers in Aktivite and MaxPreps: March 14, 2025

Academic All-State Accepted: March 18 - April 17, 2025

Season End: May 8, 2025

Bracket Reveal: May 9, 2025 @ 10:00am

State Tournament Regionals (Best of 3): May 10 & May 12, 2025 (Home Sites)

State Tournament Super Regionals (Best of 3): May 15 - 16, 2025 (Home Sites)

State Tournament Bracket Play: May 19 – 22, 2025 @ UVU

State Tournament Finals (Best of 3): May 23 – 24, 2025 @ UVU

1. Each team (Varsity & JV) will be allowed to play 25 games, as per UHSAA rule.
2. All Region Varsity games will be played on Tuesdays, Wednesdays, and Fridays at 3:30pm. An occasional 7:00pm Friday night game will be played, as agreed upon by both schools. Region JV team will play a double-header on Thursdays, starting at 3:30pm. If weather moves a Varsity game to Thursday, one JV game will be played after the Varsity game. If one or both schools have a Sophomore team, these games will be scheduled through communication with both coaches and the Athletic Directors of each school.
3. When JV plays on the same day as Varsity, the JV game will start immediately after the conclusion of the Varsity game in order to utilize as much daylight as possible. Coaches will have the JV starting pitcher warm up during the 7th inning of the Varsity game.
4. Each team will be allowed 15 minutes of warm-up and infield practice. All teams should stretch closest to their foul line. No circling up in center field.
5. All region games will be played on the date and time scheduled, depending upon weather and field conditions. Each postponed game must be made up in the order of the postponement. A postponed game will be made up on the first available date, including Saturday. In the event of bad weather, it will be the responsibility of the home team coach to notify the visiting school and the officials. This should take place by 12:00pm. It is the responsibility of both coaches to communicate with each other in the process of rescheduling games for the next available date. If a team is traveling to non-region tournament during region play and needs to reschedule one or more games, it is the responsibility of both coaches to mutually agree on the dates for the rescheduled date, to be played before the next regularly scheduled region game and then report that to the region chairman. The scheduling for this must be done before the beginning of the regular region season.
6. Any game(s) not made up on the next available date will result in a forfeit for one or both teams, depending on the offending team(s). The Region Board of Managers (School Principals) and both coaches will be consulted to determine the offending team. No team will be made to play five (5) games in a week unless they choose to do so. Four (4) games will be required, if necessary, as defined by the UHSAA (Sunday to Sunday) rule.
7. When a game is “called” because of darkness or weather in the first two games of the series, the game will be resumed later in the series, followed by the completion of the scheduled game. JV games that must be bumped will be resumed on the next available date. The home field coach will be responsible for notifying all those involved: coaches, umpires, and principals.
8. The recommendation of the UHSAA on the number of pitches per week will be followed.
9. A region trophy to the first placed team(s) in regular region play. No medals. Seeding for the state tournament will be based on how the region finishes in that order. In the event of a tie for seeding purposes, region tiebreaker rules will be in effect. Tied teams for the last seed in the state play-offs will be determined by the winner of the

head-to-head series. In the event of a tie for the last playoff spot (split of 4 game series), the teams will have a play-in game at a neutral region site.

10. An all-region team will be selected on the last Saturday May 10th, 2025 before the state play-offs begin. Site to be determined by the Region IV Baseball chairman. Coaches present will be allowed to select players for All-Region Teams.
11. Please refer to “General Policies” in the Region IV Handbook for all other Region IV rules and the UHSAA handbook or website for all UHSAA rules

BASEBALL SCHEDULE, SPRING 2025

**When weather permits, JV will play a double-header on Thursdays at the Wednesday home sites.
Tuesdays, Wednesdays and Fridays will be Varsity only starting at 3:30pm, unless otherwise indicated.**

<u>Tuesday, March 25th</u> Cyprus @ Granger Hunter @ West Jordan Kearns @ Murray Taylorsville – BYE	<u>Wednesday, March 26th</u> Granger @ Cyprus West Jordan @ Hunter Murray @ Kearns Taylorsville – BYE	<u>Friday, March 28th</u> Cyprus @ Granger Hunter @ West Jordan Kearns @ Murray Taylorsville – BYE
<u>Tuesday, April 1st</u> Taylorsville @ Hunter Cyprus @ Murray Granger @ Kearns West Jordan – BYE	<u>Wednesday, April 2nd</u> Hunter @ Taylorsville Murray @ Cyprus Kearns @ Granger West Jordan – BYE	<u>Friday, April 4th</u> Taylorsville @ Hunter Cyprus @ Murray Granger @ Kearns West Jordan – BYE
<u>Tuesday, April 8th</u> West Jordan @ Tville Hunter @ Cyprus Murray @ Granger Kearns – BYE	<u>Wednesday, April 9th</u> Tville @ West Jordan Cyprus @ Hunter Granger @ Murray Kearns – BYE	<u>Friday, April 11th</u> West Jordan @ Tville Hunter @ Cyprus, 7pm Murray @ Granger Kearns – BYE
<u>Tuesday, April 15th</u> Taylorsville @ Kearns Cyprus @ West Jordan Granger @ Hunter Murray – BYE	<u>Wednesday, April 16th</u> Kearns @ Taylorsville West Jordan @ Cyprus Hunter @ Granger Murray – BYE	<u>Friday, April 18th</u> Taylorsville @ Kearns Cyprus @ West Jordan Granger @ Hunter Murray – BYE
<u>Tuesday, April 22nd</u> Murray @ Taylorsville Kearns @ Cyprus West Jordan @ Granger Hunter – BYE	<u>Wednesday, April 23rd</u> Taylorsville @ Murray Cyprus @ Kearns Granger @ West Jordan Hunter – BYE	<u>Friday, April 25th</u> Murray @ Taylorsville Kearns @ Cyprus, 7pm West Jordan @ Granger Hunter – BYE
<u>Tuesday, April 29th</u> Taylorsville @ Cyprus West Jordan @ Kearns Hunter @ Murray Granger – BYE	<u>Wednesday, April 30th</u> Cyprus @ Taylorsville Kearns @ West Jordan Murray @ Hunter Granger – BYE	<u>Friday, May 2nd</u> Taylorsville @ Cyprus, 7pm West Jordan @ Kearns Hunter @ Murray Granger – BYE
<u>Monday, May 5th</u> Granger @ Taylorsville Murray @ West Jordan Kearns @ Hunter Cyprus – BYE	<u>Tuesday, May 6th</u> Taylorsville @ Granger West Jordan @ Murray Hunter @ Kearns Cyprus – BYE	<u>Wednesday, May 7th</u> Granger @ Taylorsville Murray @ West Jordan Kearns @ Hunter Cyprus – BYE

BOYS BASKETBALL GUIDELINES & SCHEDULES

Activity Chairman: Josh Moore, Cyprus High School

Telephone: 385-646-5300

Rules Clinic: TBD

Moratoriums: June 29 – July 5, 2023, July 25 – August 7, 2023, November 24 – November 27, 2023, December 21 – 25, 2023, January 1, 2024, March 3-17, 2024, June 28 – July 4, 2024

Two-week Restriction: October 24 - November 6, 2023

Starting Date: November 6, 2023

First Contest: November 14, 2023

Rosters with Numbers on RegisterMyAthlete.com due: December 2, 2023

Upload Team Photo to MaxPreps.com due: TBA

Academic All-State Deadline: February 7, 2024

Season End: February 16, 2024

Bracket Reveal: February 17, 2024 @ 10:00 AM

State Tournament First Round: February 21, 2024 (Home Sites)

State Tournament Second Round: February 23, 2024 (Home Sites)

State Tournament Quarterfinals: February 27, 2024 @ U of U

State Tournament Semifinals: February 19, 2024 @ U of U

State Tournament Finals: March 2, 2024 @ U of U

1) Games will be played on the same night opposite site as the girls, at the following times:

Sophomore	3:30 p.m.
Junior Varsity	5:15 p.m.
Varsity	7:00 p.m.

2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.

3) Wilson is the designated ball for both Boys and Girls State Tournaments. This ball is recommended for Region 4.

4) Pre-season game times and dates are site-based decisions.

5) Teams may film their own games; however, no filming of opponents is allowed at any level.

6) Each school is responsible for providing a dressing room and private discussion area for officials.

7) The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region II Board of Managers. If a game time or date is changed, it is the responsibility of the home to notify the arbiter.

8) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region Academic Certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting. The All-Region selection meeting will take place the same evening as the region planning meeting.

9) A Region IV trophy will be awarded to the first-place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region tiebreaker procedure. Each co-champion team will receive a first place trophy.

10) A representative of Region IV basketball coaches will keep an up-to-date record of region standings.

11) General courtesies are recommended for games and are as follows:

- a. Each school shall provide the visiting team with a secure, clean locker room, a writing board, and an area for private discussion during halftime. Accessibility to a taping table is encouraged.

b. If pre-game activities are expected to run longer or they are different than normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.

c. **5 Minute Courtesy Rule:** At the conclusion of each game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench, allow teams to exit, the floor to be swept, etc. During these 5 minutes there is to be NO ONE on the floor.

Region 4 Girls/Boys Basketball 2024-25 Schedule

Friday 1/3					Tuesday 1/28						
Boys			Girls		Boys			Girls			
West Jordan	@	Cyprus	No Region Games		Cyprus	@	West Jordan	West Jordan	@	Taylorville	
Granger	@	Taylorville			Taylorville	@	Granger	Granger	@	Cyprus	
Hunter	@	Kearns			Kearns	@	Hunter	Kearns	@	Hunter	
Bye	@	Juan Diego			Bye	@	Juan Diego	End of Round 1 for Girls			
Tuesday 1/7					Friday 1/31						
Boys			Girls		Boys			Girls			
Kearns	@	Granger	No Region Games		Granger	@	Kearns	Hunter	@	Taylorville	
Taylorville	@	Cyprus			Cyprus	@	Taylorville	Cyprus	@	West Jordan	
Juan Diego	@	West Jordan			West Jordan	@	Juan Diego	Kearns	@	Granger	
Bye	@	Hunter			Bye	@	Hunter	=	=	Same Site	
Friday 1/10					Monday 2/3			Tuesday 2/4			
Boys			Girls		Boys			Girls			
Juan Diego	@	Granger	Taylorville	@	Hunter	Granger	@	Juan Diego	Kearns	@	Taylorville
Hunter	@	West Jordan	West Jordan	@	Cyprus	West Jordan	@	Hunter	Hunter	@	Cyprus
Kearns	@	Taylorville	Granger	@	Kearns	Taylorville	@	Kearns	Granger	@	West Jordan
Bye	@	Cyprus				Bye	@	Cyprus			
Tuesday 1/14					Wednesday 2/5						
Boys			Girls		Boys			Girls			
Taylorville	@	Hunter	Taylorville	@	Kearns	Hunter	@	Taylorville	No Region Games		
Granger	@	West Jordan	Cyprus	@	Hunter	West Jordan	@	Granger			
Cyprus	@	Juan Diego	West Jordan	@	Granger	Juan Diego	@	Cyprus			
Bye	@	Kearns	=	Same Site	Bye	@	Kearns				
Friday 1/17					Friday 2/7						
Boys			Girls		Boys			Girls			
West Jordan	@	Kearns	Cyprus	@	Taylorville	Kearns	@	West Jordan	Taylorville	@	Cyprus
Juan Diego	@	Hunter	Kearns	@	West Jordan	Hunter	@	Juan Diego	West Jordan	@	Kearns
Granger	@	Cyprus	Hunter	@	Granger	Cyprus	@	Granger	Granger	@	Hunter
Bye	@	Taylorville				Bye	@	Taylorville			
Tuesday 1/21					Tuesday 2/11						
Boys			Girls		Boys			Girls			
Hunter	@	Cyprus	Kearns	@	Cyprus	Cyprus	@	Hunter	Cyprus	@	Kearns
Kearns	@	Juan Diego	Taylorville	@	Granger	Juan Diego	@	Kearns	Granger	@	Taylorville
West Jordan	@	Taylorville	Hunter	@	West Jordan	Taylorville	@	West Jordan	West Jordan	@	Hunter
Bye	@	Granger	=	Same Site	Bye	@	Granger	=	Same Site		
Friday 1/24					Thursday 2/13						
Boys			Girls		Boys			Girls			
Hunter	@	Granger	No Region Games		Granger	@	Hunter	Taylorville	@	West Jordan	
Taylorville	@	Juan Diego			Juan Diego	@	Taylorville	Cyprus	@	Granger	
Cyprus	@	Kearns			Kearns	@	Cyprus	Hunter	@	Kearns	
Bye	@	West Jordan			Bye	@	West Jordan	End of Region Play			

GIRLS BASKETBALL GUIDELINES & SCHEDULES

Activity Chairman: Josh Moore, Cyprus High School

Telephone: 385-646-5300

Rules Clinic: TBD

Moratoriums: June 29 – July 5, 2023, July 25 – August 7, 2023, November 24 – November 27, 2023, December 21 – 25, 2023, January 1, 2024, March 3-17, 2024, June 28 – July 4, 2024

Two-week Restriction: October 23 - November 5, 2023

Starting Date: November 6, 2023

First Contest: November 14, 2023

Rosters with Numbers on RegisterMyAthlete.com due: December 2, 2023

Upload Team Photo to MaxPreps.com due: TBA

Academic All-State Deadline: February 7, 2024

Season End: February 16, 2024

Bracket Reveal: February 17, 2024 @ 10:00 AM

State Tournament First Round: February 20, 2024 (Home Sites)

State Tournament Second Round: February 22, 2024 (Home Sites)

State Tournament Quarterfinals: February 27, 2024 @ U of U

State Tournament Semifinals: February 29, 2024 @ u of U

State Tournament Finals: March 2, 2024 @ U of U

1) Games will be played on the same night opposite site as the boys, except for West Jordan, at the following times:

Sophomore	3:30 p.m.
Junior Varsity	5:15 p.m.
Varsity	7:00 p.m.

*At least 20 minute warm-up time

2) Halftime for basketball will last ten (10) minutes. Halftime activities must be kept to seven (7) minutes. Minor variations can be made with mutual consent of schools involved.

3) Wilson is the designated ball for Boys' and Girls' State Tournaments. Use of this ball is recommended for Region II games.

4) Pre-season game times and dates are site-based decisions.

5) In the event of a tie, the Region 4 tie breaking rule applies.

6) Immediately after the contest, both teams will shake hands and the visiting team will exit the school within 30 minutes of the game's end.

7) Each school is responsible for providing a dressing room and private discussion area for officials.

8) The start times and dates can be changed only by mutual consent of both teams involved and approval by the Region II Board of Managers. If a game time or date is changed, it is the responsibility of the home team to notify the arbiter.

9) Selection of All-Region Teams takes place in a meeting of coaches under the direction of the Region Chairperson. An open format, to be decided by the coaches, determines the method of selection. All-Region academic certificates are awarded to senior athletes with a cumulative 3.75 GPA. Coaches shall provide names to the Region Chairperson at the All-Region selection meeting. The All-Region selection meeting will take place the same night as the 2020 region planning meeting.

10) A Region 4 trophy will be awarded to the first place team based on winning percentage. Teams tied for first with the same winning percentage will be named co-champions and will share the title and be seeded in the tournament based on the Region II tie

breaker procedure. Each co-champion will receive a first place trophy.

- 11) Teams may film their own games; however, no filming of opponents is allowed at any level.
- 12) All schools are required to use adults on the clock and scoreboard. (Varsity Only).
- 13) Please refer to “General Policies” in the Region II Handbook for all other Region II rules, and the UHSAA Handbook for all UHSAA rules.
- 14) General courtesies recommended for games and are as follows:
 - A. Each school shall provide the visiting team with a secure, clean locker room. A writing board and an area for private discussion during halftime. Accessibility to a taping table is encouraged.
 - B. If Pre-game activities are expected to run longer or they are different from normal, a schedule of the events (including the flag ceremony and introduction of players) shall be provided to coaches and referees.
 - C. **5 Minute Courtesy Rule:** At the conclusion of the game, there is to be 5 minutes put on the time clock between games to have the team playing in the previous game clear the bench. Allow teams to exit, the floor to be swept, etc. During these 5 minutes there is to be NO ONE on the floor.

Region 4 Girls/Boys Basketball 2024-25 Schedule

Friday 1/3					Tuesday 1/28						
Boys		Girls			Boys		Girls				
West Jordan	@	Cyprus	No Region Games			Cyprus	@	West Jordan	West Jordan	@	Taylorville
Granger	@	Taylorville				Taylorville	@	Granger	Granger	@	Cyprus
Hunter	@	Kearns				Kearns	@	Hunter	Kearns	@	Hunter
Bye	@	Juan Diego				Bye	@	Juan Diego	End of Round 1 for Girls		
Tuesday 1/7					Friday 1/31						
Boys		Girls			Boys		Girls				
Kearns	@	Granger	No Region Games			Granger	@	Kearns	Hunter	@	Taylorville
Taylorville	@	Cyprus				Cyprus	@	Taylorville	Cyprus	@	West Jordan
Juan Diego	@	West Jordan				West Jordan	@	Juan Diego	Kearns	@	Granger
Bye	@	Hunter				Bye	@	Hunter	=	Same Site	
Friday 1/10					Monday 2/3						
Boys		Girls			Boys		Girls				
Juan Diego	@	Granger	Taylorville	@	Hunter	Granger	@	Juan Diego	Kearns	@	Taylorville
Hunter	@	West Jordan	West Jordan	@	Cyprus	West Jordan	@	Hunter	Hunter	@	Cyprus
Kearns	@	Taylorville	Granger	@	Kearns	Taylorville	@	Kearns	Granger	@	West Jordan
Bye	@	Cyprus	Bye	@	Cyprus	Bye	@	Cyprus			
Tuesday 1/14					Wednesday 2/5						
Boys		Girls			Boys		Girls				
Taylorville	@	Hunter	Taylorville	@	Kearns	Hunter	@	Taylorville	No Region Games		
Granger	@	West Jordan	Cyprus	@	Hunter	West Jordan	@	Granger			
Cyprus	@	Juan Diego	West Jordan	@	Granger	Juan Diego	@	Cyprus			
Bye	@	Kearns	=	Same Site	Bye	@	Kearns				
Friday 1/17					Friday 2/7						
Boys		Girls			Boys		Girls				
West Jordan	@	Kearns	Cyprus	@	Taylorville	Kearns	@	West Jordan	Taylorville	@	Cyprus
Juan Diego	@	Hunter	Kearns	@	West Jordan	Hunter	@	Juan Diego	West Jordan	@	Kearns
Granger	@	Cyprus	Hunter	@	Granger	Cyprus	@	Granger	Granger	@	Hunter
Bye	@	Taylorville	Bye	@	Taylorville	Bye	@	Taylorville			
Tuesday 1/21					Tuesday 2/11						
Boys		Girls			Boys		Girls				
Hunter	@	Cyprus	Kearns	@	Cyprus	Cyprus	@	Hunter	Cyprus	@	Kearns
Kearns	@	Juan Diego	Taylorville	@	Granger	Juan Diego	@	Kearns	Granger	@	Taylorville
West Jordan	@	Taylorville	Hunter	@	West Jordan	Taylorville	@	West Jordan	West Jordan	@	Hunter
Bye	@	Granger	=	Same Site	Bye	@	Granger	=	Same Site		
Friday 1/24					Thursday 2/13						
Boys		Girls			Boys		Girls				
Hunter	@	Granger	No Region Games			Granger	@	Hunter	Taylorville	@	West Jordan
Taylorville	@	Juan Diego				Juan Diego	@	Taylorville	Cyprus	@	Granger
Cyprus	@	Kearns				Kearns	@	Cyprus	Hunter	@	Kearns
Bye	@	West Jordan				Bye	@	West Jordan	End of Region Play		

CROSS COUNTRY GUIDELINES & SCHEDULES

Activity Chair: Jeremy Smith, Kearns High, jdsmith@graniteschools.org; 385-646-6616 (Office); 385-421-7651 (Cell)

Moratoriums: June 28 – Jul 4, 2024, Nov. 28 – Dec. 1, 2024, Dec. 22 – 26, 2024, Jan. 1, 2025, Mar. 2 – Mar 29, 2025.

First Contest: August 12, 2024

Roster with Numbers on RegisterMyAthlete.com due: August 30, 2024

Upload Team Photo to MaxPreps.com due: August 30, 2024

Academic All-State Deadline: October 8, 2024

State Entry Deadline: October 26, 2024

State Meet: October 29, 2024 @ Regional Athletic Complex

Contest Limitations: Ten (10) Meets. UIAAA does not count against limitations.

1. Cross country meets will begin at 3:30 p.m. Except region (3:00 p.m.)
2. The host school will designate a well-marked course. Distances for region meet courses will range from 3,000 to 6,000 meters.
3. Qualification for State finishers will qualify with the UHSAA yearbook.
4. The region trophy winner will be determined by the team scores at the Region Meet.
5. Medals will be awarded to the top 10 finishers in the Region Meet in both the boys and girls varsity divisions. Certificates will be awarded to the first 10 finishers in the boys and girls Junior Varsity division. Additional medals may be awarded by the coaches.
6. Coaches may run only 7 scoring runners and 2 non-scoring runners in the “Varsity” Region Championship. Non-scoring runners must be designated prior to the race and are not eligible to receive region medals.
7. Two paid Officials will be arranged to start, score, and referee the Region Meet. Each school will provide three (3) adult volunteers for the Region Meet.
8. At region meets, girls will run first, then boys, unless agreed upon ahead of time by all coaches involved.
9. Please refer to “General Policies” in the Region II Handbook for all other Region II rules, and the UHSAA Handbook for all UHSAA rules.
10. Region course will be agreed upon by region coaches prior to the pre-region meet and must be an approved course.
11. Cross Country to declare an All-Region 1st Team and 2nd Team after region competition. The top 10 athletes will be designated 1st All-region team and the next 10 athletes will be designated 2nd All-region team. The region will provide certificates. Academic All-region awards will be presented at the region meet.
12. At the Region Championship, teams must field 5 runners in Varsity before placing runners in JV.

PRE-REGION MEET	REGION MEET
August 28, 2024 @ 3:30 PM (Girls) @ 4:00 PM (Boys)	October 9, 2024 @ 3:00 PM Coaches Meeting @ 2:30 PM
Location: Valley Regional (Granger-Host)	Location: Valley Regional (Granger-Host)

DRAMA GUIDELINES & SCHEDULES

Activity Chairman: Afton Lambson, Taylorsville High School

Telephone: 801-682-6907

Moratoriums: June 27 – July 5, 2024, November 27 – 29, 2024, December 23, 2024 -January 3, 2025, Eligibility List Due: March 3, 2025

Region One Act Play Tournament: March 19th, 2025 @ Cyprus High

Region I.E.'S Tournament: March 20th, 2025 @ Hunter High

State Entry Deadline: March 31st, 2025

State Drama Festival: TBD Most Likely April 17-19, 2025 @ TBA

- 1) Date and location for the Region One Act plays and the individual events will be determined at the annual spring planning meeting held in the preceding year. One Act plays and individual events are held during the month of March and April. State Drama Competition is usually held at a predetermined high school on the third or fourth weekend of April.
- 2) 132 individual events, judges at \$100.00 each for three rounds. Three competition play judges at \$200.00 each.
- 3) The two schools hosting competitions will each be paid \$150.00 to cover the cost of lamps, gels, custodial services, materials, and printing.
- 4) **AWARDS:**
 - A. The following certificates will be awarded to performers in the Festival Play:
 - (1) Best Actor
 - (2) Best Actress
 - (3) Best Featured Actor
 - (4) Best Featured Actress
 - (5) Special Judges Award if Needed
 - (6) Special Judges Award if Needed

Sweepstakes: A 1st place region trophy will be provided. A second and third place plaque will be provided.

One-Act Plays: Three Plaques will be awarded. 1st place, 2nd place, 3rd place.

Individual Events: Medals will be given to the top three places in each individual event. Scenes, Pantomime, and Musical Theatre may have more than one person in their event win. Three medals for 1st place, 2nd place, and 3rd place will be ordered in case more than one student wins. Medals given for all straight superiors in every category. Musical Theatre has the possibility of four winners per category. Each medal will be engraved on the back with the following information:

Contemporary Scenes – 1st, 2nd, and 3rd place

Classical Scenes – 1st, 2nd, and 3rd place

Pantomime – 1st, 2nd, and 3rd place

Musical Theatre – 1st, 2nd, and 3rd place

Dramatic Monologues – 1st, 2nd, and 3rd place

Humorous Monologues – 1st, 2nd, and 3rd place

134 Medals engraved “Region II Drama Competition Superior Performance”

- 5) **TEACHERS MEETING:** All Region drama coaches may want to meet prior to the Region Competition to discuss any business deemed necessary before the Region Tournaments being.
- 6) **DOUBLE ENTERING:** A participant may compete in one Individual Event (Classical Scenes, Contemporary Scenes, Pantomime, Humorous Monologues, Dramatic Monologues, Musical Theatre), the One Act play and one technical event. They may qualify for State in all three events.
- 7) Please refer to “General Policies” in the **Region 4 Handbook** for all other **Region 4** rules, and the UHSAA Handbook for all UHSAA rules.

DRILL GUIDELINES & SCHEDULES

Activity Chairman: Rachel Collins, West Jordan High School

Telephone: 801-256-5600

Rules Clinic: September 14, 2025

Moratoriums: June 28 – July 4, 2024; November 28 – Dec 1, 2024; December 21 – 25, 2024, January 1, 2025, June 28 – July 4 2025

First Contest: November 4, 2024

Roster in Aktivate: November 12, 2024

Academic All-State Deadline: February 4, 2025

Moratorium Declaration Form Due: **TBA**

Season End: January 18, 2025

Bracket Reveal: January 21, 2025 @ 10:00 a.m.

Competition Planning Meeting: October 28, 202 6:00 p.m. @ West Jordan

Region Drill Competition: January 18, 2025 12 pm at West Jordan

Region Competition Director: Jami Hodges (801)637-9757

State Tournament Quarterfinals: Jan 25, 2025

State Entry Deadline: **TBA**

State Competition: January 29, 2025 and February 1 ,2025 at UVU

Budget Declaration Due: February 15, 2025

1. Region 4 drill team competitions will be conducted under the rules and guidelines of the UHSAA competition regulations.
 2. Drill teams must follow the National Safety Guidelines to qualify for catastrophic insurance coverage with the UHSAA.
 3. The team coach must attend a UHSAA clinic for coaches and judges prior to the region meet or complete the UHSAA drill team test.
 4. Drill teams compete in the same three (3) categories head-to-head at region and state competitions. The UHSAA has designated MILITARY, DANCE and TBD as the three (3) official categories for competition in the upcoming 2024-2025 school year.
 5. Drill team coaches must attend a mandatory meeting prior to the Region 4 drill team competition. Each coach will draw a number for her team, which will determine each team's performance order for each category. The order of events for the Region 4 Tournament will be Military, Dance and **TBD** routines.
 6. All coaches must submit the following information for the region program no later than **TBD**. Please submit information electronically:
 - A team picture (high quality with sharp contrast)
 - Names of drill team members and officers
 - Names of school administration and athletic director
 - All-Region team names of three (3) deserving drill team members, either seniors or second year members
 - Academic All-Region (Seniors with a 3.75 cumulative grade point average or higher)
- Drill teams have fifteen (15) minutes of floor time on the day (sound check with or without team) of the competition at the host school and one (1) hour practice session prior to the competition scheduled by the Region 4 Representative at the competition site. **Practice times will be on January 13, 2025 @ 3pm.**
7. The following awards will be presented at the Region 4 drill competition.
 - Plaques will be awarded to 1st thru 4th place winners in each category and overall
 - A region trophy will be awarded to the Region 4 Championship Team
 - Medals will be awarded to 1st, 2nd and 3rd place individual winners in the Drill Down competition
 - Certificates will be awarded to the All-Region team/individuals. Names are due **TBD**
 - Certificates will be awarded to the Academic All-Region Seniors. Names are due **TBD**.
 8. The number of drill teams qualifying for the UHSAA State 6A Tournament will be determined by the UHSAA.
 9. No males will be allowed in the dressing rooms or team areas during the competition.
 10. Region 4 administrative representative will be responsible for producing and awarding All-Region awards.

REGION COACHES INFORMATION:

Cyprus – Sara Smith – sarawalkersmith81@gmail.com

Granger – Elisha Sutton – ersutton@graniteschools.org

Hunter – Emilie Gibson – ewill801@gmail.com

Kearns – Charly Northrup – charly.northrup@gmail.com

Taylorsville –

West Jordan – Shayla Winder – shayla.winder@jordandistrict.org

FOOTBALL GUIDELINES & SCHEDULES

Activity Chairman: Scott Wooldridge, Kearns High School

Telephone: 385-646-5380

Email: skwooldridge@graniteschools.org

Rules Clinic: Aug 5 – September 15, 2024 (On-line: uhsaa.org/training)

Moratoriums: June 28 – July 4, 2024, November 23 - December 7, 2024, December 22 - 26, 2024, January 1, 2025, February 17 – March 3, 2025, June 28 – July 4, 2025

Start Date: July 29, 2024

Report number of Sub varsity teams to Region IV Coaches: August 1, 2024.

Endowment Game: August 16 & 17, 2024

First Contest Allowed, Sub Varsity: August 21, 2024

First Contest Allowed, Varsity: August 22, 2024

Varsity roster with Numbers in Aktivate & MaxPreps: August 30, 2024

Upload Team Photo to teamphoto@uhsaa.org: August 30, 2024

Academic All-State Applications Accepted: Sept. 10 – Oct. 3, 2024

Season End: October 18, 2024

State Tournament Bracket Reveal: October 19, 2024 @ 10:00AM

All-Region Nominations Due: Oct. 22, 2024

Playoff 1st Round: October 25, 2024 @ Home Schools

All-Region Voting due: Oct. 25, 2024

End of Season Region Meeting: Oct. 28, 2024

Playoff 2nd Round; November 1, 2024 @ Home Schools

Quarter Finals: November 8 & 9, 2024 @ Home Schools

Semi Finals: November 15, 2024 @ University of Utah

Finals: November 22, 2024 @ University of Utah

1. Varsity Game time 7:00 p.m. All sub-varsity games will be played the day opposite site of the Varsity game per UHSAA mandate. Game start times are JV at 4:00pm and Sophomore/Freshman at 6:00pm respectively. In the event of a Varsity game being played on Wednesday or Thursday, Region IV coaches can coordinate an alternate game day for sub varsity games to allow maximum practice/preparation time.
 - 1.1. Varsity team is defined as grade levels 9th to 12th grade.
 - 1.2. JV team is defined as grade levels 9th to 11th grade. (12th grade exception can be made based on agreement between coaches)
 - 1.3. Sophomore/Freshman team is defined as grade levels 9th to 10th grade.
2. Home teams wear dark jerseys, visiting teams wear light jerseys (all levels).
3. All coaches will declare the number of sub-varsity teams that they will field for the 2024 season 3 calendar days after mandatory practices begin. It is each school's responsibility to remember this date. Coaches will work together to give ample notice to any changes for the sub varsity schedule to each other and both schools' administrations. Changes after the deadline that result in sub varsity officials being paid for a cancelled game will result in the cancelling school covering the cost of cancelled officials or transportation cost to the new site.
4. Home teams are responsible for emergency medical care.
5. Chain Gang: All schools are required to use adults on the chains and down markers (varsity only). Cell phones are not allowed to be used during the game by the varsity chain gang – violations should be reported to the home team administration working the game.
6. Public Address Announcers will not be commentators, cheerleaders, or second guess the officials.

7. Change of scheduled game: A change of time may be affected through mutual agreement of both schools (Principal, Athletic Director, and Coach). The host school must notify the Arbiter of the change in time for him to notify the officials. The host school or Region IV school shall notify the Region Chair, Arbiter, Medical Personnel, and other region coaches of the change. All officials will be arbitrated by the UHSAA.
8. Scouting for future opponents is to be done from the spectator stands. No video filming of future opponents will be allowed at the Varsity, J.V., or Sophomore/Freshman levels. Photographers must stay on their own team's sideline. The host school should extend the same courtesy to the visiting press box photographer as its own photographer. Only two people are permitted to film from the press box. Two additional end zone videographers are allowed.
9. Visiting team spotters/coaches can remain in the press box. At least one videographer and 2 coaches will be allowed space in the home team's press box.
10. Film exchange through Hudl will be done 2 weeks before the scheduled game for 1 film and the other game film will be exchanged the week before on Saturday by 8:00 a.m. Teams will exchange sideline angle films. The film must include the following:
 - 10.1. -Pre-snap set wide angle.
 - Zoom no tighter than defensive front and offensive front
 - Show a view of the scoreboard by quarter and after each scoring play show a view of the down box and chain before each down
 - Film each down
11. Sidelines: Each school is responsible for their own sideline.
12. Dress and locker room: Home school is to provide a lockable dressing facility. A white board with writing instruments needs to be available. Locker room needs to be available 1 ½ hours before game time. The home team will provide a guide to greet the bus, show the team the locker room and be available if assistance is needed. Sub varsity teams should dress at their own schools. In case of inclement weather, Sub varsity teams will be provided shelter for halftime. The visiting team is responsible for cleaning their locker room immediately after halftime. The locker room will be secured and locked after halftime. At the end of the game the visiting team should go directly to the bus.
13. Coaches will communicate with each other on at least the following two occasions:
 - 13.1. Schedule and team rosters are to be e-mailed to each coach by the last day of August. Rosters shall contain players' names, grade level, height, weight, and position.
14. Coaches will vote on MVP, Offensive MVP, Defensive MVP, and Special Team's MVP, All-Region 1st Team, All-Region 2nd Team and All-Region Honorable Mention using the following format:
 - 14.1.1. Nominations will be done via google sheets and due early as 5 calendar days after the end of the regular season.
 - 14.1.1.1. Each coach will recommend players from his team to be considered for All-Region awards.
 - 14.1.1.1.1. Coaches will include Player name, Number, and Hudl link at the minimum for nomination.
 - 14.1.1.1.2. If a coach misses a nomination deadline or submits incomplete data, their players will not but considered in the voting process.
 - 14.1.2. Initial voting will be conducted via google forms or other suitable electronic method and due two calendar days before the end of season meeting.
 - 14.1.2.1. Coaches will vote on a position-by-position format.
 - 14.1.2.1.1. Offensive MVP vote for 1 (will be voted on at the meeting)
 - 14.1.2.1.2. Defensive MVP vote for 1 (will be voted on at the meeting)
 - 14.1.2.1.3. Special Teams MVP vote for 1 (will be voted on at the meeting)
 - 14.1.2.1.4. QB vote for 2
 - 14.1.2.1.5. RB vote for 4
 - 14.1.2.1.6. FB vote for 2
 - 14.1.2.1.7. TE vote for 2
 - 14.1.2.1.8. WR vote for 8
 - 14.1.2.1.9. OL vote for 10

- 14.1.2.1.10. LB vote for 8
- 14.1.2.1.11. DB vote for 8
- 14.1.2.1.12. DE vote for 5
- 14.1.2.1.13. DL (interior) vote for 5
- 14.1.2.1.14. Punter vote for 2
- 14.1.2.1.15. Kicker vote for 2
- 14.1.2.1.16. Kick Return vote for 2
- 14.1.2.1.17. Punt Return vote for 2

14.1.2.2. Coaches cannot vote for their own players.

14.1.3. Coaches will finalize voting at end of season Region meeting held as early as 4 days after the first round of the playoffs.

14.1.4. Coaches will name any Varsity contributors that have a 3.75 or higher GPA to the Academic All Region Team.

14.1.5. Coaches will vote on Region IV Coach of the Year

14.1.5.1. All Region IV Head coaches are nominated.

15. Region Trophy to first place in regular season play. In the event of a tie each team will receive a trophy.

16. Officials: Any current employee of a school may not officiate in any games that their school is participating in.

17. Post-game activities: At the conclusion of the Varsity, J.V., and Sophomore games, the teams are to gather their gear and leave the field immediately after the congratulatory handshakes, unless other arrangements have been made with the home team administration and coach. There will be no post-game celebrations by the visiting team on the home team's field.

Coaches:

Cyprus: Jacob Hardcastle, jbhardcastle@graniteschools.org 435-671-0521

Granger: Pete Smolin psmolin@graniteschools.org 909-522-0826

Hunter: Harold Moleni, hmoleni@graniteschools.org 801-652-5839

Kearns: John Rowbotham, jrowbotham@graniteschools.org 801-699-2446

Taylorville: Chris Rosales, coachrozy13@gmail.com 801-661-7306

West Jordan: Ron Halbert ronald.halbert@jordandistrict.org 801-898-0117

Week 1			Week 2			Week 3		
August 16th			August 23			August 30		
Green Canyon	@	Hunter	Hunter	@	Clearfield	Murray	@	Hunter
Cyprus	@	Tooele	Cyprus	@	Wasatch	Cyprus	@	Copper Hills
Kearns	@	Box Elder	Woods Cross	@	Kearns	Kearns	@	Northridge
Taylorsville	@	Summit Academy	Chatfield (Co)	@	Taylorsville	Taylorsville	@	Viewmont
West Jordan	@	Woods Cross	Davis	@	West Jordan	Mt Ridge	@	West Jordan
Granger	@	Corner Canyon	Viewmont	@	Granger	Granger	@	P.G.
Week 4			Week 5			Week 6		
September 6			September 13			September 20		
Hunter	@	Fremont	Copper Hills	@	Hunter	Sept 19 Hunter	@	Cyprus
Cyprus	@	Springville	Fremont	@	Cyprus	West Jordan	@	Granger
Kerans	@	Davis	Maple Mountain	@	Kearns	Kearns	@	Taylorsville
Taylorsville	@	Syracuse	Taylorsville	@	Davis		@	
Orem	@	West Jordan	West Jordan	@	P.G.		@	
Granger	@	Skyline	Weber	@	Granger		@	
Week 7			Week 8			Week 9		
September 27			October 4			October 10 Thursday		
Sept. 26 Hunter	@	West Jordan	Kearns	@	Hunter	Hunter	@	Taylorsville
Cyprus	@	Taylorsville	West Jordan	@	Cyprus	Cyprus	@	Granger
Granger	@	Kearns	Taylorsville	@	Granger	West Jordan	@	Kearns
Week 10								
October 18								
Granger	@	Hunter						
Taylorsville	@	West Jordan						
Kearns	@	Cyprus						

FORENSICS/DEBATE GUIDELINES & SCHEDULES

Activity Chairman: Cory Martin, Hunter High School

Telephone: (385) 646-6525

Coaches list: Kyle Daniels (Cyprus), Khristian Owens (Hunter), Amanda Hurd (Kearns), Katherine Barney (Taylorsville), Cory Tuckness (Granger), Ben Jorgenson (West Jordan)

Moratoriums: June 28 – July 4, 2024, November 28 – Dec. 1, 2024, December 21 – 25, 2024, January 1, 2025, June 28 – July 4, 2025

First Contest Allowed: Oct. 1, 2024

Eligibility List Due: October 25, 2024

Academic All-State Applications: Feb. 12 – March 11, 2025

Pre-Region Meeting to be held on Feb. 19 @ 3:30 PM

Region: February 28-March 1 2025 @ Hunter (Kyle Daniels will Direct)

State Entry Deadline: March 3, 2025

State Tournament: March 7-8, 2025 @ TBA

- 1) Region Format:
 - a. Number of Contestants:
 - b. Policy Debate Four Teams
 - c. Lincoln-Douglas Four Contestants
 - d. Public Forum Four Teams
 - e. U.S. Extemp. Four Contestants
 - f. Original Oratory Four Contestants
 - g. Impromptu Four Contestants
 - h. Congress Four Contestants
 - i. Foreign Extemp Four Contestants
 - j. Informative Four Contestants
 - k. Mixed Interp Four Contestants

All events will count toward the region trophies. There will be one region trophy awarded at the Region Debate Tournament.

Speech/Forensic Events: Oratory, Impromptu, National Extemp., Foreign Extemp., Informative, Mixed Interp.

Debate Events: Policy, Lincoln Douglas, Public Forum, Congress. No double entry allowed in Policy.

- 2) Judges Requirements:
 - a. Schools must bring one qualified judge per two debate entries or certain thereof, one qualified judge per six IE entries, one Policy judge if asked, and one Congress judge if asked. Schools that do not fulfill their judging requirement will have entries dropped from competition.
 - b. The qualified judges for Congress rounds will be confirmed by coaches at the Region meeting.
 - c. Any student who knowingly allows himself or herself to be judged by any of the following individuals, without informing the meet directors, at any of the region tournament shall be disqualified and shall lose all sweepstakes points (exception for IE 1-3):
 1. Any judge judging for his or her school.
 2. Any alumnus from his or her school.
 3. Any student teacher assigned to his/her school.
 4. Any person who may be constructed to have a bias for a participant like family.
 5. Family members are not to Judge the event their student is participating in.
 - d. Judges names should be entered no later than 24 hours before the tournament.
 - e. Coaches are discouraged from using first time judges at the region tournament.
- 3) Debate Pairings:
 - a. The intent is to have each school meet every school in the Region. If that can't happen, the pairings will be made within reason.

- b. Individual teams must not meet the same team more than once.
- c. Recommended: 3-4 rounds in policy, 4-5 in LD and Public Forum.

- 4) Individual Event Pairings:
- a. Random selecting shall be done in each event.
 - b. 3-4 rounds of competition will take place.
 - c. Congress Pairings:

Congress sessions will last at least 4 hours total. Legislation will be chosen by the region representation to establish the docket, which will be published to all schools. When possible, the State docket will be used. The tournament will use preset order and preset priority.

- 5) Medals: Medals will be given for places 1-6 for all events. Each medal should list the event and “finalist”.

- 6) General Guidelines:

- a. In forensics and debate competition, each individual is limited to ten meets per year, excluding region, state and national competitions.
- b. Region will pay for judges at the Region Meet; \$35 for each judge who judges for Friday, and \$50 for each judge who judges for Saturday (as per new UHSAA guidelines). Forms will be provided by the Region director.
- c. March/April LD topic and March PF topic will be used for the Region Meet.
- d. Every participant MUST compete in ALL rounds of the region tournament. Any participant who misses a round or session of an event will not be eligible for a final rating or team sweepstakes points. Byes are excluded.
- e. Schools will not compete against members of their own school’s team until elimination rounds. This excludes Congress.
- f. Please refer to “General Policies” in the Region II Handbook for all other Region II Rules, and the UHSAA Handbook for all UHSAA Rules (includes internet rules).
- g. Policy and public forum points will be calculated as follows:
 - 1. The top quartile contestants will be given superior (10 points).
 - 2. The next quartile contestants will be given excellent (6 points).
 - 3. The next quartile contestants will be given good (2 points).
 - 4. The bottom quartile contestants will score no sweepstakes points.
- h. Congress - hard two weeks before tournament. Extemp, impromptu, have a hard one week before region deadline. Needs to be created by one school and approved by another. Region director will not create or approve.
- i. Extemp topics will be from December, January, or February.

- 7) Ties will not be broken; each quartile will be chosen by marking the number which least skews all brackets. Ties for the purpose of placement will be broken by tiebreakers.

- 8) The top 50% of schools in total sweepstakes points will qualify their entire team for the state tournament.

- 9) All students qualifying in the top ten of their event (with a winning record in debate events) will qualify individually outright.

10) Observers will be permitted in all rounds of all events, the only exception is that a Lincoln-Douglas contestant and Public Forum teams in the B Panel cannot observe the A panel and the A Panel cannot observe the B panel. Contestants and judges have the right to limit observers and in elimination rounds ask that they not flow the debate. Violators will forfeit that round. Flowing on paper in elimination/final rounds will be allowed for educational purposes. **No Electronic devices, even for flowing will be permitted.**

GOLF, BOYS GUIDELINES & SCHEDULES

Activity Chair: Andy Carbaugh, Cyprus High Email. acarbaugh@grantiteschools.org , Jeffcopperclub4@gmail.com

Moratoriums: June 28 – July 4, 2024, November 28, 2023 – January 1, 2024, June 28 – July 4, 2024

Two-week Restriction: July 22 – August 4th, 2024

Start Date - Tryouts: August 5th, 2024

First Tournament Allowed: August 12, 2024

Roster with Numbers on RegisterMyAthlete.com: August 26th, 2024

Academic All-State Applications Open: Sept 10th, 2024

Academic All-State Applications Deadline: October 8th, 2024

Rules/Etiquette Completion Deadline: September 20th, 2024

State Entry Deadline: October 8th, 2024

State Golf Tournament: October 14 – October 15, 2024 @ Glen Eagle Golf Course

- 1) Region play will consist of eight 18-hole tournaments. Each school will be responsible for hosting one home tournament, and one tournament will be hosted by the region. If teams play more than 6 matches, the coaches must select which courses will be used for State Qualifications prior to the start of the season. (This was told to us by the Utah PGA in the Spring of 2022). Region championship green fees and range balls covered by region.
- 2) Each school will be responsible for their own green fees. The host school will be in charge of the match, and have scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time.
- 3) Each team will play eight players; the total of the low four scores of those eight will be counted as the team score. After the completion of the final region match the team with the lowest cumulative score will be declared the region champion. In the case of a tie there will be co-region champions. A coin flip will determine who is entered in 1 st and 2 nd place at State.
- 4) Extra invitational tournaments will be up to each school to arrange.
- 5) Individual medals will be given to the 12 players with the lowest total score for 8 of 9 18-hole region matches.
- 6) Range finders will be allowed. No caddies may be used by golfers. No phones or smart watches.
- 7) Electric carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case by case basis.
- 8) Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
- 9) Play will be governed by USGA and any applicable local rules, UHSAA, and Region II sportsmanship code.
- 10) Each school will be responsible for their own rules clinic.
- 11) Coaches' consensus will determine tee choice.
- 12) Team shirts are highly recommended.
- 13) Meets canceled due to unplayable weather will be rescheduled based on course availability
- 14) Players will pick up their ball after 9 strokes.
- 15) Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (50 feet) from players and have no private conversations with players during their round.
- 16) Scoring: Average score both individual and team. Worst score dropped for individual and team coaches discretion if a player misses more than one tournament.
- 17) State Tournament Play-off Berth: In case of a tie for the last state berth, a three-hole play-off will occur at the site of Region Championship with each team entering 6 players counting four scores. In the event of a tie, the next player's score will be used. In case there is still a tie, a sudden death play-off will occur until the tie is broken.
- 18) Rules violations penalties are at the discretion of the majority of coaches and/or local rules.

AWARDS

1 Region Trophy,

1 Small Region 4 Individual Trophy for Winner. - 11 Medals for 11 Low Medalists(top 12)

Schedule for 2024-25

August Host School

August 12, 2024 The Ridge 8:00 AM Shotgun Varsity & JV Hunter High School

August 21, 2024 Mountain View 8:00 a.m. Shotgun Varsity & JV West Jordan High School

August 29, 2024 Riverbend 8 a.m. (tee times) Region

September

September 6, 2024 Copper Club 2:00 PM Varsity and JV Cyprus High School

September 10, 2024 Stonebridge 2 pm. Shotgun Varsity & JV Granger High School

September 18, 2024 Meadowbrooke 8:30 a.m. Shotgun Varsity & JV Taylorsville

September 23, 2024 Glendale 9:00 a.m. Tee times varsity and JV Kearns High School

October

October 1st, 2024 Oquirrh Hills 9:00 a.m. Shotgun Varsity & JV Region Tournament

October 7th, 2024 Rose Park 9:30 a.m. Shotgun Varsity Only Region 4 Championship
(Coaches Meetings 8:00 am)

October 14-15th,, 2024 Glen Eagle 9:00 a.m. Varsity Only 5A State Championship

GOLF, GIRLS GUIDELINES & SCHEDULES

Activity Chairman: Andrew Carbaugh Cyprus High School Telephone:
Moratoriums: June 30 – July 6, 2024, November 28 – December 31, 2024, January 1, 2024
Start Date: February 24, 2025
First Contest: March 3, 2025
Roster with Numbers on Aktivate: March 11, 2025
Academic All-State Deadline: March 9/18 – April 17, 2025
Rules/Etiquette Completion Deadline: April 14, 2025
State Entry Deadline: Apr 29, 2025
State Tournament: May 19-20, 2025 @ BYU

- 1) Each school will be responsible for green fees for their own players at each match. The host school will be in charge of having scorecards, hole assignments, and any other administrative duties necessary for the match completed before the designated start time. Region championship green fees and range balls covered by region.
- 2) Varsity competition will consist of six (6) 18-Hole Tournaments. Tournaments will consist of 8 players, counting 4 scores.
- 3) Scoring: Total score both individual and team. Worst score dropped for individual and team coaches' discretion if a player misses more than one tournament.
- 4) Junior Varsity competition will consist of some 9-Hole Region Matches.
- 5) In the event of a tie for the last spot in the state tournament, a one-hole playoff will take place. Each coach will select 4 students; the combined score for all four golfers will determine the final spot.
- 6) Additional tournaments will be up to individual schools to arrange.
- 7) Individual medals will be given to the 12 players with the lowest total score from region play.
- 8) Rangefinders are allowed that don't calculate slope. No caddies may be used by golfers. No phones or smart watches.
- 9) Carts are not to be used by the players. Exceptions will be made for ADA qualified players on a case-by-case basis.
- 10) Coaches are responsible to see that all players are dressed in appropriate golfing attire and comply with local course rules.
- 11) Play will be governed by USGA and any applicable local rules, UHSAA, and Region II sportsmanship code.
- 12) Each school will be responsible for their own rules' clinic.
- 13) Play will be from the red tees or 5280 yards.
- 14) Team shirts are highly recommended
- 15) Meets canceled due to unplayable weather will be rescheduled or canceled based on course availability.
- 16) Parents may not give any advice to players while on the golf course. This means to keep a reasonable distance (50 feet) from players and have no private conversations with players during their round.
- 17) Players will pick up their ball after 9 strokes.
- 18) In the event of a tie for the last spot in the state tournament, a one-hole playoff will take place. Each coach will select 4 students; the combined score for all four golfers will determine the final spot.
- 19) Rules violations penalties are at the discretion of the majority of coaches and/or local rules.

AWARDS

1 Region Trophy, 12 Medals for low region Medalists

Region 4 – Girls Golf Updates – March 4, 2024

1. Varsity Qualification
 - a. Players must consistently shoot 130 or under to qualify to play varsity tournaments (18 holes)
 - b. A player can be assigned by the coach to play varsity the first tournament.
 - i. The first time a player fails to score 130 or under in any varsity tournament the player is on "alert" to be moved to JV.
 - ii. The second time a player fails to score 130 or under the player will be moved to JV tournaments.
 - iii. Players may requalify for varsity tournaments by scoring 60 or below on any JV tournament.
 - c. If a player returns to varsity tournaments, then again fails to score 130 or below they will then move directly to JV (No "alert" mode)
 - d. The first tournament of the season a player must score 135 or below to not become on alert. From the second tournament on they must score 130 or below.

2. If a varsity player leaves before their round is complete they will be scored as “No score” unless they have two holes or less remaining, then the score for the remaining hole or two will be the maximum score of nine.
3. If a team does not have four varsity players for a tournament, they will be assessed the highest score earned by any varsity player during that specific tournament plus ten more strokes. This will count for the fourth team score for that region team. This will allow a team with only three players a chance to win the region championship.

Region 2 Girls Golf Schedule 2024

Week of March 11th - (Granger)

Week of March 18th – (West Jordan)

Week of March 25th – (Hunter)

Week of April 8th – (Cyprus)

April 15th - (T-ville)

April 22nd – Possible Make Up Week

April 29th – (Region Championship) – Cyprus Schedules

May 6th and 7th – State Championship @ TBA

MUSIC, INSTRUMENTAL & VOCAL GUIDELINES & SCHEDULES

Activity Chairman, Vocal Music: Steven Broschinsky, Granger High School

Telephone: (385)646-5761

Activity Chairman, Instrumental Music: Nick Gonzales, Granger High School

Telephone: (385)646-5300

Moratoriums: June 28 – July 4, 2024, November 28– December 1 2024, December 21 – 25, 2024, January 1, 2025

Solo & Ensemble Eligibility List Due: February 28, 2025

Solo & Ensemble State Entry Deadline: April 5, 2025

State Solo & Ensemble Festival Date: April 26, 2025 @ South – Provo; North – Wood Cross

INSTRUMENTAL

1) Adjudicators will be contracted for festivals as follows:

A. Solo and Ensemble –Adjudicators as needed

B. Concert Band – 3 adjudicators

C. Jazz Bands – 3 adjudicators

D. Orchestras – 3 adjudicators

Clinicians may work with each band/orchestra following its performance at the discretion of the festival host. Clinic sessions will not be adjudicated and will not be rated. Adjudicators will be paid as per the UHSAA standard adjudicatory pay scale.

- 2) All large ensemble members are expected to be audience participants for at least two performances before or after their own performance. Music educators are encouraged to enforce this guideline through their own policies.
- 3) Each school may submit unlimited entries to the Solo and Ensemble Festival. However, entries beyond twenty (20) should be prioritized to allow each school adequate representation.

VOCAL

1) Adjudicators will be contracted for festivals as follows:

A. Solo and Ensemble – A maximum of 8 Adjudicators

B. Madrigals – 3 Adjudicators

(Special permission if more needed)

C. Concert Choirs – 3 Adjudicators

D. Training Choirs – **2 or 3** Adjudicators

- 2) Ratings will be given at all festivals; **the training choir ratings are optional.**
- 3) Training Choirs: **2-3 songs each**
- 4) All students participating in vocal music festivals must be members of the school's music program.
- 5) Each school may submit 35 entries to the Solo and Ensemble Festival; however, directors are encouraged to submit only the names of those students who exhibit superior quality.

- 6) Madrigal Choirs will be limited to performance of 15 minutes.
- 7) Please refer to “General Policies” in the **Region IV** Handbook for all other **Region IV** rules, and the UHSAA Handbook for all UHSAA rules.

MUSIC SCHEDULE 2023-2024

March 4, 2025

Training Choir – Cyprus High @ 6:00pm

March 11, 2025

Vocal/Piano Solo & Ensemble – Kearns High @
3:30pm

March 6, 2025

Jazz Band – West Jordan High @ 4:00pm

March 25, 2025

Madrigals (Chamber Choir) – Granger High @
6:00pm

March 13, 2025

Instrumental/Harp Solo & Ensemble – Hunter High
@ 3:30pm

March 19, 2025

Drama One Acts @ Cyprus High

March 20, 2025

Drama Individuals Events @ Hunter High

April 22, 2025

Large Choir – Taylorsville High @ 6:00pm

March 27, 2024

Concert Band – Taylorsville High @ 4:00pm

April 24, 2024

Orchestra – Kearns High @ 4:00pm

STATE FESTIVALS

State Jazz: March 21–22, 2025

State Solo & Ensemble: April 26, 2025

State Concert Band: May 2–3, 2025

State Choir: May 9-10, 2025

State Orchestra: May 16-17, 2025

BOYS SOCCER GUIDELINES & SCHEDULES

Activity Chair: , Granger High

Telephone: 801-652-6120

Email: jjackson@graniteschools.org

Moratoriums: November 28, 2024 - January 1, 2025

Rules Clinic: January 13 – February 24, 2025 (Online: uhsaa.org)

Two-Week Restriction: February 9 – 23, 2025

Starting Date: February 24, 2025

First Contest: March 3, 2025

Roster with Numbers on RegisterMyAthlete.com: March 14, 2025

Upload Team Photo to MaxPreps.com: March 14, 2025

Academic All-State Deadline: March 18 – April 17, 2025

Season End: May 6, 2025

State Tourney Bracket Reveal: May 7, 2025

State Tournament 1st Round: May 9, 2025 @ Home Sites

State Tournament 2nd Round: May 13, 2025 @ Home Sites

State Tournament Quarterfinals: May 16, 2025 @ Home Sites

State Tournament Semifinals: May 19, 2025

State Tournament Finals: May 23, 2025

1) League Games will begin for Varsity at 5:30 p.m. and JV at 3:30 p.m. Senior night: *Granger, Kearns, Hunter, West Jordan, Cyprus 7:00 p.m. Varsity with 5:15 p.m. JV, game MUST start at 7:00 p.m. (coaches would like to see how these times go this year, once the season is over they will talk about what they would like to do moving forward).

2) Region Trophy to first place in regular region play. If there is a tie, head-to-head tie breaker, if still a tie, shared region.

3) Please refer to “General Policies” in the **Region 4** Handbook for all other **Region 4** rules, and the UHSAA Handbook for all UHSAA rules.

4) Game Field Locations for each school will be on

Taylorsville – on grass

Hunter on Turf

Cyprus on Turf

West Jordan on Turf

Kearns on Turf

Granger on Turf

5) All Region is decided by the coaches Before the state Tournament- according to teams’ finish in Region. For the Region first team: 1st place-6; 2nd place-5; 3rd place-4; 4th place-3; 5th place-2; 6th place-1;

6) 2nd team All-Region is decided by the coaches with 3 players per team.

7) Academic All Region will be given to anyone on the varsity team regardless of grade who have a 3.75 gpa or higher.

8) Trade film within 24 hours of the game completion.

2024-25 Boys Soccer Schedule

Round 1

Round 2

March 18			April 18		
Kearns	@	Granger	Granger	@	Kearns
Hunter	@	West Jordan	West Jordan	@	Hunter
Taylorsville	@	Cyprus	Cyprus	@	Taylorsville
March 21			April 22		
Hunter	@	Kearns	Kearns	@	Hunter
Granger	@	Taylorsville	Taylorsville	@	Granger
West Jordan	@	Cyprus	Cyprus	@	West Jordan
March 25			April 25		
Taylorsville	@	Kearns	Kearns	@	West Jordan
Cyprus	@	Hunter	Hunter	@	Cyprus
West Jordan	@	Granger	Granger	@	West Jordan
March 28			April 29		
Kearns	@	Cyprus	Cyprus	@	Kearns
Taylorsville	@	West Jordan	West Jordan	@	Taylorsville
Granger	@	Hunter	Hunter	@	Granger
April 15			May 2		
West Jordan	@	Kearns	Kearns	@	West Jordan
Cyprus	@	Granger	Granger	@	Cyprus
Hunter	@	Taylorsville	Taylorsville	@	Hunter

GIRLS SOCCER GUIDELINES & SCHEDULES

Activity Chair: Jeff Jackson, Granger High Telephone: 801-652-6120

Email: jjackson@graniteschools.org

Rules Clinic: August 1st - September 15th, 2024

Moratoriums: June 28th – July 4th, 2024

Two-week Restriction: July 15th – 29th, 2024

Starting Date: July 29th, 2024

First contest allowed: August 5th, 2024

Roster with Numbers on RegisterMyAthlete.com: August 30th, 2024

Upload Team Photo to MaxPreps.com: August 30th, 2024

Academic All-State Deadline: September 10th – October 8th, 2024

Season Ends: October 4th, 2024

Bracket Reveal: October 5th, 2024

State Tournament 1st Round: October 10th, 2024

State Tournament 2nd Round: October 15th, 2024

Quarter Finals: October 17th, 2024

Semi Finals: October 22nd, 2024

Finals: October 25th, 2024

- 1) Region Games will begin for Varsity at 3:30 p.m. with JV games at 5:15 p.m.
- 2) Senior Night Games will begin for Varsity at 7:00 p.m. and JV at 5:00 pm, except for Taylorville High. Hunter High (Shorten JV game so varsity can start at 7:00 p.m.)
- 3) Region Trophy will go to the 1st place team during Region Play.
- 4) Please refer to “General Policies” in the Region 4 Handbook for all other Region 4 rules, and the UHSAA Handbook for all UHSAA rules.
- 5) Game field locations for each school: On campus at all schools.
- 6) All Region is decided by the coaches according to teams’ finish during region play.
1st team: 1st place – 6; 2nd place – 5; 3rd place – 4; 4th place – 3; 5th place – 2; 6th place – 1
2nd team: 3 players each.
- 7) Academic all region 3.75 gpa any varsity player

Region 4 Girls Soccer Schedule 2024

Thursday August 29 th 2024	
West Jordan	at Kearns
Hunter	at Taylorsville
Cyprus	at Granter

Thursday, Sept 19, 2024	
Kearns	at West Jordan
Taylorsville	at Hunter
Granger	at Cyprus

Thursday, Sept 5, 2024	
Kearns	at Taylorsville
Cyprus	at West Jordan
Granger	at Hunter

Tuesday, Sept 24, 2024	
Taylorsville	at Kearns
West Jordan	at Cyprus
Hunter	at Granger

Tuesday, Sept 10, 2024	
Kearns	at Cyprus
Taylorsville	at Granger
West Jordan	at Hunter

Thursday, Sept 26, 2024	
Cyprus	at Kearns
Granger	at Taylorsville
Hunter	at West Jordan

Thursday, Sept 12, 2024	
Granter	at Kearns
Hunter	at Cyprus
Taylorsville	at West Jordan

Monday, Sept 30, 2024	
Kearns	at Granger
Cyprus	at Hunter
West Jordan	at Taylorsville

Tuesday, Sept 17, 2024	
Kearns	at Hunter
West Jordan	at Granger
Cyprus	at Taylorsville

Wednesday, Oct 2, 2024	
Hunter	at Kearns
Granger	at West Jordan
Taylorsville	at Cyprus

SOFTBALL GUIDELINES & SCHEDULES

Activity Chairman: Jeff Jackson, Cyprus High School

Telephone: 385-646-3160

Rules Clinic: TBA

Moratoriums: June 28 – July 4, 2024 / Nov. 28-Dec.1, 2024 / Dec. 2 – 31, 2024 / Dec. 21-25, 2024/January 1, 2025

Starting Date: February 24, 2025

First Contest: March 3, 2025

Roster with Numbers in Aktivite and MaxPreps: March 14, 2025

Team Photo emailed to teamphoto@uhsaa.org: March 14, 2025

Season Ends: May 7, 2025

Bracket Reveal: May 8, 2025 @ 10:00AM

Academic All-State Application Accepted: March 19 – April 17, 2025

State Tournament Regionals (Best of 3) @ Home Sites: May 10 & 13, 2025

State Tournament Super Regionals (Best of 3) @ Home Sites: May 15 & 16, 2025

State Tournament Bracket Play (Top 8) @ TBA: May 20 & 21, 2025

State Tournament Championship Series (Best of 3): May 22 & 23, 2025 @ TBA

All Region Meeting: May 3, 2025

VARSITY SOFTBALL GUIDELINES

- 1) No time limit will be used.
- 2) Visiting team defensive pre-game is 20 minutes prior to game time (3:10 p.m.). Home team defensive pre-game will follow and is approximately 12 minutes prior to game time (3:18 p.m.).
- 3) Rain-out games will be played on the next available date. Home team will call the opponent and officials by 12:00 p.m. if the game is a “rain-out”. Region games take priority.
- 4) The run rule will be in effect for all region games. Explanation: If after three (3) innings a team is ahead by 15 runs or 10 runs after the 5th inning, the game will be called.
- 5) Home team is responsible for proper chalk markings and proper field maintenance. Home team will provide two new game balls to the officials.
- 6) Home team's scorekeeper will be the official scorekeeper. Scorekeeper should be an adult.
- 7) All game times will begin at 3:30 p.m.
- 8) Region will use the NFHS approved optic yellow softball and the double first base.
- 9) Region Trophy to first place in regular region play.
- 10) Please refer to “General Policies” in the **Region IV** Handbook for all other **Region IV** rules, and the UHSAA Handbook for all UHSAA rules.

JUNIOR VARSITY SOFTBALL GUIDELINES

- 1) Junior Varsity teams may not compete in varsity tournaments without prior approval from Region IV Chairman and the UHSAA.
- 2) The use of the six-run rule will be used. Each team is able to bat their entire roster as well as utilize free substitution.
- 3) **Junior Varsity games have an hour and a half time limit (may be shortened).**

- 4) The Junior Varsity game will follow the Varsity game in 15 minutes. Time limit on fields.
- 5) No Starting Varsity player that is a senior will be eligible to play Junior Varsity, unless agreed upon before the J.V. game between the two coaches involved.
- 6) If a Junior Varsity game cannot be played after the varsity game, on the day scheduled, there is no obligation to make it up.

All Region Team Picks

Coaches will meet and decide 1st team and 2nd team, as well as Region MVP. All coaches must attend or have a representative in place for this meeting. All coaches will be responsible for coming prepared with stats and names of potential all region candidates from their own teams.

All Region Selection Meeting: May 4, 2024 (Time/Place TBD - Will decide at Region Meeting in March 2024)

Region Coaches Contact Information

Cyprus	Rick Quinn	wrquinn@graniteschools.org	801-231-7349
Granger	Mark Wood	mnwood@graniteschools.org	385-239-9826
Hunter	Heather Carlson	hcarlson@graniteschools.org	801-824-2232
Kearns	Paul Lovato	lovapa@aol.com	801-815-2663
Taylorville	Kjera Miranda	kamiranda@graniteschools.org	801-654-2603
West Jordan	McHailee Danner	mchailee.danner@jordandistrict.org	801-910-1884

2024-25 Softball Schedule

Round 1

Round 2

March 11			March 27		
Cyprus	@	Hunter	Hunter	@	Cyprus
Taylorsville	@	West Jordan	West Jordan	@	Taylorsville
Granger	@	Kearns	Kearns	@	Granger
March 13			April 15		
Kearns	@	Taylorsville	Taylorsville	@	Kearns
Hunter	@	Granger	Granger	@	Hunter
West Jordan	@	Cyprus	Cyprus	@	West Jordan
March 18			April 17		
Taylorsville	@	Granger	Granger	@	Taylorsville
Cyprus	@	Kearns	Kearns	@	Cyprus
West Jordan	@	Hunter	Hunter	@	West Jordan
March 20			April 22		
Kearns	@	West Jordan	West Jordan	@	Kearns
Granger	@	Cyprus	Cyprus	@	Granger
Hunter	@	Taylorsville	Taylorsville	@	Hunter
March 25			April 24		
West Jordan	@	Granger	Granger	@	West Jordan
Kearns	@	Hunter	Hunter	@	Kearns
Cyprus	@	Taylorsville	Taylorsville	@	Cyprus

SWIMMING GUIDELINES & SCHEDULES

Activity Chairman: Jonny Matich (Kearns)

Telephone: 385-270-1141

Rules Clinic: October 1-October 29, 2024,

Moratoriums: November 28 – December 1, 2024, December 21 – 25, 2024, Jan 1, June 28- July 4, August 10-23

Start Date: September 30, 2024

First Contest: November 1, 2024

Roster with Numbers on Aktivate: November 18, 2024

Academic All-State Deadline: January 6- February 4, 2025

Swim Season ends: February 1, 2025

Region Championship: January 31, 2025 @ Kearns (West Jordan is Meet Director)

State Entry Deadline: February 4, 2025

State Meet: February 14 & 15, 2025 @ BYU

Swim Moratorium – April 18- May 3, 2025

State Summer Moratorium- June 28- July 4, 2025

1. All Region meets will begin at 3:30 p.m., warm-ups 2:30 p.m. unless otherwise indicated.
2. Dual meets will alternate home and away by season.
3. Home teams have odd lanes, visiting teams have even lanes.
4. Dual Meets:
 - a. Referees/Starter - \$30
 - b. Stroke Judges - \$30
 - c. Scorer's Table - \$25
5. Region Championships (Officials – One from each school):
 - a. Referee - \$40 (1)
 - b. Starter - \$40 (1)
 - c. Stroke Judges - \$35 (5)
 - d. Scorer's Table - \$25 (3)
 - e. Timers- 28 (4 from each school)
 - f. Meet Director - \$50 (1)
6. Region Championship will be Friday, January 31, 2025, start warm-ups at 1:30 p.m. and meet at 3:00 p.m. at the Kearns Rec Center. Entries due by Friday, January 24, 2025 by 6:00 p.m. No Times (NT) are allowed; unlimited entries per individual event-top 4 score, two relay entries – top relay score, scoring to sixteen (16) places.
7. Region Championship Meet will precede the state meet by at least ten (10) days.
8. Academic All Region nominees (all athletes, 3.75 (cumulative) Overall G.P.A. or higher) must be submitted along with the region entries.

SWIMMING SCORING and AWARDS:

Region Championships

1 Region Trophy each (Girls & Boys) 1st place (Total 2 trophies)

48 Medals each (Girls & Boys) for places 1-6 in Individual Events (Total 96 medals)

36 Medals each (Girls & Boys) for places 1-3 Relay Events (Total 72 medals)

Academic All-Region – Announce before the start of meet. Include in meet programs

Pool locations:

Cyprus Cyprus High School, 8623 West 3000 South, Magna, (385) 646-5300

Granger Granger High School, 3580 South 3600 West, West Valley City, (385) 646-5320

Kearns Kearns Oquirrh Park Fitness Center 5624 South Cougar Lane, Kearns, (801) 966-5555

Taylorsville
West Jordan
Hunter

Taylorsville High School, 5225 South Redwood Road, Taylorsville, (385) 646-5455
Gene Fulmer Rec Center 8-15 S 220 W West Jordan 385-468-1951
Hunter High School 4200 S 5600 W West Valley City, (385) 646-5360

SWIMMING SCHEDULE 2024-2025

Saturday, November

Region 4 Rookies Meet @ Granger

Thursday, November 7th

Kearns Relay Meet @ Kearns
(All Region schools)

Thursday, November 14th

Kearns @ Hunter
Cyprus @ West Jordan

Thursday, December 5th

Kearns @ Taylorsville
Hunter @ Granger

Thursday, December 12th

Taylorsville @ Granger
West Jordan @ Hunter
Cyprus @ Kearns

Thursday, December 19th

Granite District Meet @ Skyline

Wednesday, January 8th

Hunter @ Cyprus

Thursday, January 9th

Kearns @ West Jordan

Tuesday, January 9th

Academic All State (Closes 2/4/25)

Tuesday, January 14th

Hunter @ Taylorsville

Thursday, January 16th

Taylorsville @ West Jordan
Kearns @ Granger
Cyprus @ Taylorsville

Thursday, January 23rd

Granger @ Cyprus
Taylorsville @ West Jordan

Friday, January 31st

Region 4 Championship @ Kearns
West Jordan Meet Director

Friday & Saturday, February 14-15, 2025

5A State Swim Championships

BOYS TENNIS GUIDELINES & SCHEDULES

Activity Chairman: Charlie Peterson, Taylorsville High School

Telephone: 385-646-5455

Moratorium: June 28 – July 4, 2024, November 28 – Dec 1, 2024, Dec 2 – December 31, 2024, January 1, 2025

Rules Clinic: February 21- March 21 2025

Start Date: February 24, 2025

Two Week Restriction: February 9 – 23, 2025

First Competition Date: March 3, 2025

Roster with Numbers on Aktivite: March 2, 2025

Academic All-State Deadline: March 18 – April 17, 2025

Region Tournament: April 28/29 2, 2025 @ West Jordan

State Entry Deadline: April 30, 2025

Season End Date: April 30, 2025

State Tournament First Round: May 1, 2025

State Tournament: May 8 & May 10, 2025 @ Liberty Park

REGION DUAL MATCH PLAY:

- 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions. Host coach will be responsible for contacting visiting coach by 12:00 p.m. if conditions are insufferable.
- 2) All region dual matches will begin at 3:30 p.m.; however, coaches may agree to begin at an earlier/later time depending upon the circumstances.
- 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set. (Home team decides on AD or No AD).
- 4) Varsity matches will consist of 2 out of 3 sets, 7-point tiebreaker for each set, regular scoring.
- 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- 6) Players are limited to ten-minute warm-up; the warm-up does include practice serves.
- 7) A player who is slated to play, but who arrives late, i.e., during the ten-minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at region if other players can be assigned to available courts for that round. If a player arrives after the match for which she was slated to play has begun, she will be defaulted.
- 8) The home team will furnish three high altitude balls for each varsity match; a three-set match will receive three new balls at the beginning of the third set.
- 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles and having the best player in singles play #1 singles position and the best doubles team play # 1 double.
- 10) Coaching on change overs can only be part of the 90 seconds allowed. Coaching can be done for 30 seconds between even games, through the fence. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court. Between the second and third sets, the players have ten minutes, and players may leave the court. (Players are allowed to leave the court for bathroom break within a reasonable time)

- 11) Please refer to “General Policies” in the **Region II Handbook** for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

REGION TOURNAMENT PLAY:

- 1) To qualify for the Region Tournament a player must have played at least five dual region matches. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding meeting.
- 2) Seeding of the Region Tournament will be conducted by the region head coaches prior to the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 8:00 a.m. the first day and the last day will start at 8:00 am. Must have a minimum of two referees/U.T.A. 268-0505.
- 3) Stacking is not permissible and could result in UHSAA sanctions. In an effort to promote fair play and wholesome team competition thereby fostering a healthy educational environment, the Utah High School Activities Association offers the following guidelines in regard to stacking:

A. Legitimate and ethical “placing of players”. Any lineup which places a better skilled player above a lesser skilled player or a better skilled doubles team above a lesser skilled doubles team is legal.

B. Legitimate lineups according to skill ability: Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.

Coaches should enter players at the positions which their skill dictates. Juggling or shuffling the positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury during any course of the season the next best player would move up to fill the spot vacated by the injured player. (USHAA Yearbook pg. 50)

- 4 The first round of the Regional Tournament will be a **single elimination round**.
- 5) **Scoring Change:** Each region team match is worth five points (one point for each individual varsity match your team wins). These points are then combined with the points each team earns at the region tournament. The team with the most combined points is the region champion.
- 6 The region championship tournament trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:
- A. Region Tournament: Where 4 qualify for State: OMIT
1. 1st place 4 points
 2. 2nd place 3 points
 3. 3rd place 2 points
 4. 4th place 1 point
- B. Medals will be awarded to individual places 1-4.
- 7 No more than sixteen (16) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region, Divisional, or State Tournaments. To qualify for state a player must have played 5 of those Varsity matches at the particular position.
- 8) All Players in Region Tournament shall wear a team uniform shirt. Doubles partners must match.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

- 1) 1 Day – an entry for each position, 3 singles & 2 doubles.
- 2) Pro-sets until final – 2 out of 3 sets regular scoring.
- 3) Seeds will be based on season position record.

SITE LOCATIONS FOR MEETS:

Cyprus – On Campus
 Taylorsville – On Campus
 Kearns – Rec Center

Hunter – On Campus
 Granger – On Campus
 West Jordan – On Campus

2024-25 Boys Tennis Schedule

Date – Tues, March 11, 2025			Date – Thurs, March 27		
Granger	@	Cyprus	Cyprus	@	Granger
West Jordan	@	Hunter	Hunter	@	West Jordan
Taylorsville	@	Kearns	Kearns	@	Taylorsville
Date – Thurs, March 13			Date – Tues, April 15		
Hunter	@	Kearns	Kearns	@	Hunter
Cyprus	@	Taylorsville	Taylorsville	@	Cyprus
West Jordan	@	Granger	Granger	@	West Jordan
Date – Tues, March 18			Date- Thurs April 17		
West Jordan	@	Kearns	Kearns	@	West Jordan
Cyprus	@	Hunter	Hunter	@	Cyprus
Taylorsville	@	Granger	Granger	@	Taylorsville
Date – Thurs, March 20			Date – Tues April 22		
Kearns	@	Cyprus	Cyprus	@	Kearns
Taylorsville	@	West Jordan	West Jordan	@	Taylorsville
Hunter	@	Granger	Granger	@	Hunter
Date – Tues, March 25			Date – Thurs April 24		
Granger	@	Kearns	Kearns	@	Granger
Cyprus	@	West Jordan	West Jordan	@	Cyprus
Hunter	@	Taylorsville	Taylorsville	@	Hunter

GIRLS TENNIS GUIDELINES & SCHEDULES

Region Chairman: Tarell Richards, Taylorsville High School

Telephone: 385-646-5455

Rules Clinic: August 8 - September 15, 2024 (on-line only: uhsaa.org)

Moratorium: June 28 – July 4, 2024, November 28 – Dec 1, 2024, December 2 – 31, 2024, January 1, 2025, June 28 – July 4, 2025

Two-week Restriction: July 22 – Aug 4, 2024

Start Date: Aug 5, 2024

First Contest: August 12, 2024: First Region Match: August 20, 2024

Roster on Aktivite: August 11, 2024

Academic All-State Deadline: September 10, 2024 – October 8, 2024

Region Tournament: September 23 & 24, 2024 @ West Jordan

End of Season: September 25, 2024

State Entry Deadline: September 25, 2024 @ 5:00 pm

State Tournament First Round: September 28, 2024

State Tournament: October 3 & 5, 2024 @ Liberty Park

REGION DUAL MATCH PLAY:

- 1) All Region Dual Matches will be played on the date scheduled; of course, this will depend upon weather and court conditions. Host coach will be responsible for contacting the visiting coach by 1:30 p.m. if conditions are insufferable.
- 2) All region dual matches will begin at 3:30 p.m.; however, coaches may agree to begin at a later time depending upon the circumstances.
- 3) Each team is expected to have a Junior Varsity contingent. A school's Junior Varsity contingent will travel with the school's varsity team to the host school and play their matches on the day of the scheduled varsity matches. The coach of the visiting team will call the host coach in advance and ascertain the number of Junior Varsity matches to be played. Junior Varsity players will play at least a pro-set. (Home team decides on AD or No AD).
- 4) Varsity matches will consist of 2 out of 3 sets, 7-point tiebreaker, regular scoring.
- 5) Both coaches at a dual match will provide a written line-up of players by positions to the opposing coach.
- 6) Players are limited to ten-minute warm-up; the warm-up does include practice serves.
- 7) A player who is slated to play, but who arrives late, i.e., during the ten-minute warm-up, may be inserted into his position; however, the player will not receive the allotted ten minutes to warm up. The tardy player will receive the balance of the team minutes to warm up. Tardy players will be penalized according to the rules beginning at 3:30 p.m. at dual meets. The only exception is if both coaches agree to a later time after being made aware of extenuating circumstances. This exception applies at Region if other players can be assigned to available courts for that round. If a player arrives after the match for which she was slated to play has begun, she will be defaulted.
- 8) The home team will furnish three balls for each varsity match; a three-set match will receive three new balls at the beginning of instead of or the third set.
- 9) A coach may move a singles player to doubles and vice-versa; however, the players must be ranked according to ability in both singles and doubles and having the best player in singles play #1 singles position and the best doubles team play # 1 double.
- 10) Coaching on change overs can only be part of the 90 seconds allowed. Coaching can be done for 30 seconds between even games, through the fence. Coaching is allowed for only two minutes between sets; however, during the first and second set, players may not leave the court. Between the second and third sets, the players have ten minutes, and players may leave the court. (Players are allowed to leave the court for bathroom break within a reasonable time)
- 11) Please refer to "General Policies" in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

REGION TOURNAMENT PLAY:

- 1) To qualify for the Region Tournament a player must have played at least five dual region matches. If extenuating circumstances preclude this from happening, then a majority of the coaches would have to agree on any exceptions at the pre-region tournament seeding

meeting.

2) Seeding of the Region Tournament will be conducted by the region head coaches prior to the Region Tournament. Seeds will be based on Region dual matches results at a particular position. The most recent rankings by the Utah Tennis Association may be used as a secondary source for seeding. Matches start at 9:00 a.m. the first day and the last day will start at 9:00 am. Must have a minimum of two referees/U.T.A. 268-0505.

3) Stacking is not permissible and could result in UHSAA sanctions. In an effort to promote fair play and wholesome team competition thereby fostering a healthy educational environment, the Utah High School Activities Association offers the following guidelines in regard to stacking:

A. Legitimate and ethical "placing of players". Any lineup which places a better skilled player above a lesser skilled player or a better skilled doubles team above a lesser skilled doubles team is legal.

B. Legitimate lineups according to skill ability: Skill ability shall be defined as the number one singles player shall be better than the number two singles player who shall be better than the number three singles player. The number one doubles team shall be better than the number two doubles team.

Coaches should enter players at the positions which their skill dictates. Juggling or shuffling the positions to gain an advantage is unsportsmanlike and creates an unhealthy educational environment. In the event of an injury during any course of the season the next best player would move up to fill the spot vacated by the injured player. (USHAA Yearbook pg. 50)

4) The first round of the Regional Tournament will be a **single elimination round**.

5) **Scoring Change:** Each region team match is worth five points (one point for each individual varsity match your team wins). These points are then combined with the points each team earns at the region tournament. The team with the most combined points is the region champion.

6) The region championship tournament trophy will be awarded to the team which has accrued the highest point total based upon the following schedule:

A. Region Tournament: Where 4 qualify for State: OMIT

1. 1st place 4 points

2. 2nd place 3 points

3. 3rd place 2 points

4. 4th place 1 point.

B. Medals will be awarded to individual places 1-4.

7) No more than fourteen (16) matches will be played by team players during the course of the UHSAA tennis season. This restriction does not apply to those matches played either at the Region, Divisional, or State Tournaments. To qualify for state a player must have played 5 of those Varsity matches at the particular position.

8) All Players in the Region Tournament shall wear a team uniform shirt. Doubles partners must match.

JUNIOR VARSITY REGION TOURNAMENT PLAY:

1) 1 day – an entry for each position, 3 singles & 2 doubles.

2) Game Pro-sets until final – 2 out of 3 sets regular scoring.

3) Seeds will be based on season position record.

DIVISIONAL TOURNAMENT PLAY:

The Region tournament standings will determine the seeding for the Divisional tournament

SITE LOCATIONS FOR MEETS:

Cyprus, Hunter, Granger, Taylorsville, West Jordan – On Campus

Kearns – Rec Cent

2024-25 Girls Tennis Schedule

Round 1

Round 2

Tuesday Aug 20, 2024			Thursday, Sept 5		
Granger	@	Cyprus	Cyprus	@	Granger
West Jordan	@	Hunter	Hunter	@	West Jordan
Taylorville	@	Kearns	Kearns	@	Taylorville
Date- Thurs, Aug 22			Date- Tues, Sept 10		
Hunter	@	Kearns	Kearns	@	Hunter
Cyprus	@	Taylorville	Taylorville	@	Cyprus
West Jordan	@	Granger	Granger	@	West Jordan
Date- Tues, Aug 27			Date- Thurs, Sept 12		
West Jordan	@	Kearns	Kearns	@	West Jordan
Cyprus	@	Hunter	Hunter	@	Cyprus
Taylorville	@	Granger	Granger	@	Taylorville
Date- Thurs, Aug 29			Date- Tues, Sept 17		
Kearns	@	Cyprus	Cyprus	@	Kearns
Taylorville	@	West Jordan	West Jordan	@	Taylorville
Hunter	@	Granger	Granger	@	Hunter
Date – Tues, Sept 3			Date – Thurs, Sept 19		
Granger	@	Kearns	Kearns	@	Granger
Cyprus	@	West Jordan	West Jordan	@	Cyprus
Hunter	@	Taylorville	Taylorville	@	Hunter

2025 TRACK & FIELD GUIDELINES & SCHEDULES

Region Chairman: Derek Bennett, West Jordan High School

Telephone: 801-256-5600

****Will change when UHSAA posts dates.**

Moratoriums: June 28-July 4, August 27-September 23. November 23-November 26, December 21-December 25, January 1

Rules Clinic: February 19-March 22 (online at uhsaa.org)

First Competition Date: March 4, 2024

Upload Roster with Numbers on RegisterMyAthlete.com: March 15, 2024

Academic All-State Deadline: April 18, 2024

State Entry Deadline: May 13, 2024

State Championship: May 16-18, 2024 @ BYU

- 1) Track meets for boys and girls are to be conducted concurrently.
- 2) Track meets will start at 3:15 p.m. with the 3200 and 4x800 at all Tri Meets (there will be no 3200m nor 4x800 run at Dual Meets). Region Championship Meet, throws start at 9:30 AM and track events at 10:00 AM.
- 3) The following awards should be given.
 - A. 1 Team Region Trophy (Boys & Girls)
 - B. Region J.V. Meet: Certificates for the first six (6) places in individual events and first in the relays.
 - C. Region Championship Meet: Medals for the first six (6) places in individual events, and medals to the first four (4) places in relay events. Top four (4) places at Region Championship qualify for the State meet. (Students can also qualify for the state meet at invitational meets.)
- 4) The responsibility of deciding if a meet should be canceled rests with the host school. Although input from the other participating schools should be obtained whenever possible, the final decision rests with the host school. The host school will phone the other participating schools and cancel the meet by 1:00 p.m.
- 5) Region Meets:
 - A. Anyone qualifying for a state event cannot participate in the J.V. Region Meet
 - B. **Home** school is appointed Meet Director in charge.
- 6) Meets:
 - A. The men's and women's heats may be combined as designated by the host school.
 - B. All schools are responsible for bringing their own name tags.
 - C. All field events will be limited to four (4) attempts – no finals.
 - D. Visiting schools will be responsible for staffing and running two (2) Field Events during tri meets and three (3) field events during dual meets.
 - E. All tri and quad meets must be posted on Runnercard/Meetrax (depending on which one needs to be used).
 - F. All athletes must be entered to Runnercard by 7 PM the night before.
***Extenuating circumstances will be permitted so long as coaches discuss additions to hosting coaching staff.*
 - G. Athletes without a mark in a throwing event should be registered without any marks.
- 7) Region Championship Meet:
 - A. Each school shall be allowed 5 entries per school per event and one relay team per event.
 - B. If not a FAT time or official distance, it is considered as "No time or no mark". All entered times and marks for the Region meet are subject to verification at the Region Seeding Meeting.
 - C. The games committee and/or referee will make all decisions on any protest that may occur.
 - D. Seeding meeting will be held under the direction of the host school.
 - E. Winner from each heat for running events will advance to finals as well as next (X) fastest times. Top 9 for field events will advance to finals.
 - F. Host school must hire a field judge from the UHSAA who is US Track & Field certified (Covered by Region)
 - G. Each school will be responsible for staffing and running one (1) Field Event for Region Championship and the J.V. Championship Meet.
 - H. If the meet is postponed due to weather, the first event will start as soon as it is deemed safe, per UHSAA weather policy. Lightning policy will follow the policy of the host school

- I. Region meet schedule will match event schedule from 2021 modified State Meet schedule.
 - J. Top 8 receives points for individual events (10, 8, 6, 5, 4, 3, 2, 1) and for relays scores will be 10, 8, 6, 5, 4, 3
 - K. Starting height for high jump and pole vault will be set at the Region seeding meeting—can be readjusted at seeding meeting.
 - Pole vault: 6' (girls) & 8' (boys)
 - High jump: 4'5" (girls) & 5'4" (boys)
- 8) Budgets:
- A. Region Championship Meet costs to be pre-approved by the Region II Board of Managers.
 - B. Cost of J.V. Meet will be paid by the region by approval in advance.
- 9) Please refer to “General Policies” in the **Region II** Handbook for all other **Region II** rules, and the UHSAA Handbook for all UHSAA rules.

TRACK & FIELD SCHEDULE 2025

March 12th
 West Jordan & Granger
 @ Taylorsville
 Kearns & Cyprus @
 Hunter

April 2
 Granite Invitational

April 9th
 No Meets

March 19th
 West Jordan, Hunter, &
 Taylorsville @ Kearns
 Granger @ Cyprus

April 16th
 Kearns @ Taylorsville
 West Jordan, Cyprus,
 Hunter @ Granger

March 26th
 Taylorsville, Hunter,
 Cyprus @ West Jordan
 Kearns @ Granger

April 23rd
 West Jordan @ Hunter
 Kearns @ Cyprus
 Taylorsville @ Granger

April 30
 JV Region @ Taylorsville

May 6th & May 7th
 Region 4 Championship Meet @ Kearns start time at 10 AM

**GSD Spring Break: April 7 - April 11

**JSD: March 31 - April 4

Region Meet Schedule

Day 1 Track Events Order	Day 2 Track Events Order
Girls 1600 Finals Boys 1600 Finals Girls 100 Hurdles Boys 110 Hurdles Girls 100 Boys 100 Girls 400 Boys 400 Girls 300 Hurdles Boys 300 Hurdles Girls 4 x 800 Girls 200 Boys 200 Boys 4 x 800 Girls 4 x 200 Boys 4 x 200	Girls 3200 Finals Boys 3200 Finals Girls 100 Hurdles Finals Boys 100 Hurdles Finals Girls 100 Finals Boys 100 Finals Girls 400 Finals Boys 400 Finals –20 minute break & Unified Events (shot put–open pit, long jump–open pit)– Girls 4 x 100 Boys 4 x 100 Girls 300 Hurdles Finals Boys 300 Hurdles Finals Girls 800 Finals Boys 800 Finals Girls 200 Finals Boys 200 Finals –20 minute break 20 minute break & Unified Events (**td)– Girls 4 x 400 Boys 4 x 400
Day 1 Field Events	Day 2 Field Events
Girls Javelin Girls Shot Put Boys Discus Girls High Jump Boys Long Jump Girls followed by Boys Pole Vault*	Boys Javelin Boys Shot Put Girls Discus Boys High Jump Girls Long Jump

*If too many pole vaulters are in the region, the girls pole vault will be moved to Day 2

Region Field Event Assignments

School Name	Field Event
Cyprus	Long Jump
Hunter	High Jump
Kearns	Shot Put
Discus	Taylorsville
Javelin	Granger
Pole Vault	West Jordan

Coach Contact Information

School	Coach	Phone	Email
Cyprus	Amanda Wolff	808-457-5358	amwolff@graniteschools.org
Granger	Owain Rice	801-879-7201	orrice@graniteschools.org
Hunter	Amelia Gallegos		hellottherehuman727@gmail.com
Kearns	Emily Williams	801-897-5360	ewilliams@graniteschools.org
Taylorsville	Chad Farnes Kelon Brooks	385-222-6846 903-441-1953	cfarnes@graniteschools.org klbrooks@graniteschools.org
West Jordan	Taylor Hatch	801-673-3053	taylor.hatch2@jordandistrict.org
Region Chair	Derek Bennett	435-757-9317	derek.bennett@jordandistrict.org

TRACK & FIELD SCHEDULE 2025

March 12th

West Jordan & Granger
@ Taylorsville
Kearns & Cyprus @
Hunter

(Note: Tville could try to
time their meet and
Hunter could have
Doug)

March 19th

West Jordan, Hunter, &
Taylorsville @ Kearns

(Maybe split this into
two duals, hunter @
tville and kearns @ WJ)

Granger @ Cyprus

March 26th

Granite Invite (and West
Jordan is invited)

April 2

Taylorsville & Cyprus @
Hunter (if track isn't
finished, move to Tville)

Kearns @ Granger
West Jordan on Spring
Break

(Doug Time the tri at
Hunter)

April 9th

No Meets

April 16th

Taylorsville @ Kearns
West Jordan, Cyprus,
Hunter @ Granger

(Doug time quad at
Granger)

April 23rd

West Jordan @ Hunter
Kearns @ Cyprus
Granger @ Taylorsville

April 30

JV Region @ Taylorsville

May 6th & May 7th

Region 4 Championship Meet @ Kearns start time at 10 AM

**GSD Spring Break: April 7 - April 11

**JSD: March 31 - April 4

BOY'S VOLLEYBALL GUIDELINES & SCHEDULES

Activity Chairman: Cooper Best, Hunter High School

Telephone: 801-448-2623

Moratoriums: *June 28 - July 4 - 4 weeks to be determined*

Two Week Prior Restriction: February 11th - February 25th

Rules Clinic: *August 8th Rules Clinic 6pm @ UHSAA Office* **Online:**

Start Date: February 24th

First Contest: *March 3th*

Roster on Registermyathlete.com: March 14th

Season End: *May 2nd*

Bracket Reveal: *May 3rd*

Turn in Region Stats to Chairperson: *May 2nd*

State Tournament Rd 1: *May 6th at Home sites*

State Tournament: *May 9-10 @ Utah Valley University*

Academic All State Deadline: *March 19th - April 18th*

Season End Coaches Meeting: May 5th @ 6:00 p.m. Location TBD - in person meeting - All Region Selection

1. All varsity matches will be best three (3) out of five (5) games.
Games 1-4 played to 25 points (no cap) the fifth and deciding game will be played to 15 points (no cap).
Varsity matches have 2 timeouts in each set.
Sub-varsity matches: games 1 & 2 are to 25 pts (cap at 27) games 3, 4, & 5 played to 15 pts (cap at 17)
Sub-varsity games get 2 timeouts in the games 1 & 2 all other games there is only 1 time out.
Net time will be the standard 4-4-2. (4) mins. visitors, (4) mins. home and (2) mins. shared serving.
2. Region Play will begin on ***March 14th***
3. Game times are: Sophomore 3:30 p.m. JV 4:45 p.m. Varsity 6:00 p.m.
Game time start for 2 teams JV 3:30PM Varsity 5:00
4. Contest limitation for Boys volleyball will be 28 matches. Each match played counts as one match. The following guidelines pertain to Varsity tournaments: No more than 8 total matches in a tournament and no more than 4 matches in a single day. Guidelines for Sub-Varsity Tournaments: (2 out of 3 matches): No more than 9 total matches in a tournament and no more than 7 matches in a single day. Tournaments may not exceed three days in length
5. Each team will provide a trained lines person for the varsity match. Home team will provide both for sub-varsity matches. match.
6. No Electronics allowed for anyone working the table, lines, or 3 ball rotation.
7. Home team will:
 - 1) Provide a table for the visiting team
 - 2) Have the nets setup up by 3:00 pm
 - 3) Provide people to run a 3-ball rotation during all matches
 - 4) Keep the spectators off the first row of bleachers
 - 5) Provide adult or trained student to do score book
 - 6) Provide all music amplified in the Gym/School
 - 7) Report the score to Max Preps, Desnews
 - 8) Provide a cart for visiting team - please let teams know ahead of time if this is not possible at your school.

8. The visiting team will:
 - 1) Clean up their food area before leaving the Gym
 - 2) Clean up the bench area before leaving the Gym
 - 3) Visiting team/spectators must leave the gym within 30 minutes of end of game
 - 4) Food must be individually packaged - no warmers or buffet style dinners

9. No Music etc. at all during Captains Meetings

10. Teams will remain on the same bench the entire contest.

11. Seniors will NOT be allowed to play Junior Varsity **unless agreed upon** by the Head Coaches prior to the match.

12. ****Common Statistics (to be determined) and statements will be shared to assist in selection.**

13. ****End of Seas Region Honors:**
 - Top 3 Honors:
 - 1) **MVPY**-Most Valuable Player of the Year Award
 - 2) **DPY** - Defensive Player of the Year Award
 - 3) **SPY** - Setter Player of the Year Award
 - All-Region First Team:
 1. 8 Individuals (Not Including Top 3 Honors Recipients)
 2. No Positional Break Down/Requirements to meet
 - All-Region Second Team:
 1. 8 Individuals
 2. No Positional Break Down/Requirements to meet
 - All-Region Honorable Mention
 1. 8 Individuals
 2. No Positional Break Down/Requirements to meet

14. Senior night recognition kept to a **10-15 minute maximum**

Coaches

Cyprus – Joshua Sanders	801-505-8131	jcsanders@graniteschools.org
Granger – Kendal Hess	253-740-2052	kjhess@graniteschools.org
Hunter – KJ NG	808-228-9703	king@graniteschools.org
Kearns -		@graniteschools.org
T-Ville - Spence McDonald	801-652-7732	sgmcdonald@graniteschools.org
W. Jordan - Owen Sosi	801-856-0363	owensosi@gmail.com

2024-25 Boys Volleyball Schedule

Round 1

Round 2

Date Mar 18th			Date April 17th		
Granger	@	West Jordan	West Jordan	@	Granger
Cyprus	@	Taylorville	Taylorville	@	Cyprus
Hunter	@	Kearns	Kearns	@	Hunter
Date Mar 20			Date April 22nd		
Kearns	@	Cyprus	Cyprus	@	Kearns
West Jordan	@	Hunter	Hunter	@	West Jordan
Taylorville	@	Granger	Granger	@	Taylorville
Date Mar 25th			Date April 24th		
Cyprus	@	Hunter	Hunter	@	Cyprus
Granger	@	Kearns	Kearns	@	Granger
Taylorville	@	West Jordan	West Jordan	@	Taylorville
Date Mar 27th			Date April 29th		
Kearns	@	Taylorville	Taylorville	@	Kearns
Hunter	@	Granger	Granger	@	Hunter
West Jordan	@	Cyprus	Cyprus	@	West Jordan
Date April 15th			Date May 1st		
Taylorville	@	Hunter	Hunter	@	Taylorville
Kearns	@	West Jordan	West Jordan	@	Kearns
Granger	@	Cyprus	Cyprus	@	Granger

GIRLS VOLLEYBALL GUIDELINES & SCHEDULES

Activity Chairman: Cooper Best, Hunter High School

Telephone: 801-448-2623

Moratoriums: *June 28th-July 4th – All sports, Nov 23-26, Dec 21-25, Jan 1*

Two Week Prior Restriction: *July 22th – Aug 4th*

Rules Clinic: *August 13th Rules Clinic 5pm @ UHSAA Office* **Online:**uhsaa.org/training

Start Date: *Aug 5th*

First Contest: *August 15th*

Roster on Registermyathlete.com: *August 30th*

Season End: *October 30th*

Bracket Reveal: *October 31th*

Turn in Region Stats to Chairperson: Nov 1st

State Tournament Rd 1: *Nov 5th (Home Site Matches)*

State Tournament: *November 7th - 9th @ Utah Valley University*

Academic All State Deadline: *September 5th-October 3rd*

Season End Coaches Meeting: *4th @ 6:00p.m. Location Hunter Library – in person meeting - All Region Selection*

1. All varsity matches will be best three (3) out of five (5) games.
 - Games 1-4 played to 25 points (no cap) the fifth and deciding game will be played to 15 points (no cap).
 - Varsity matches have 2 timeouts in each set.
 - Sub-varsity matches: games 1 & 2 are to 25 pts (cap at 27) games 3, 4, & 5 played to 15 pts (cap at 17)
 - Sub-varsity games get 2 timeouts in the games 1 & 2 all other games there is only 1 time out.
 - Net time will be the standard 4-4-2. (4) mins. visitors, (4) mins. home and (2) mins. shared serving.
2. Region Play will begin on **September 12th**
3. Game times are: Sophomore 3:30 JV 4:45 Varsity 6:00
4. Contest limitation for volleyball will be 14 matches and two (2) tournaments with the following guidelines for tournaments: no more than nine (9) total matches in a tournament, no more than seven (7) matches in a given day, and tournaments may not exceed three (3) days.
5. Each team will provide a trained lines person for each match.
6. No Electronics allowed for anyone working the table, lines, or 3 ball rotation.
7. Home team will:
 - 1) Provide a table for the visiting team
 - 2) Have the nets setup up by 3:00 pm
 - 3) Provide people to run a 3-ball rotation during all matches
 - 4) Keep the spectators off the first row of bleachers
 - 5) Provide adult or trained student to do score book
 - 6) Provide all music amplified in the Gym/School
 - 7) Report the score to Max Preps, Desnews
 - 8) Provide a cart for visiting team – please let teams know ahead of time if this is not possible at your school.
8. The visiting team will:
 - 1) Clean up their food area before leaving the Gym
 - 2) Clean up the bench area they last occupied before leaving the Gym
 - 3) Visiting team/ spectators must leave the gym within 30 minutes of end of game
 - 4) Food must be individually packaged – no warmers or buffet style dinners

9. No Music etc. at all during Captains Meetings
10. Teams will remain on the same bench the entire contest.
11. Seniors will NOT be allowed to play Junior Varsity *unless agreed upon* by the Head Coaches prior to the Match.
12. ****Common Statistics (to be determined)** and statements will be shared to assist in selection.
13. ****End of Season Region Honors:**
 - Top 3 Honors
 - **MVPY** – Most Valuable Player of the Year Award
 - **DPY** – Defensive Player of the Year Award
 - **SPY** – Setter Player of the Year Award
 - All-Region First Team
 - 8 Individuals (Not Including Top 3 Honors Recipients)
 - No Positional Break Down/Requirements to meet
 - All-Region Second Team
 - 8 Individuals
 - No Positional Break Down/Requirements to meet
 - All-Region Honorable Mention
 - 8 Individuals
 - No Positional Break Down/Requirements to meet
14. Senior night recognition kept to a **15 minute maximum**

Coaches list

<u>School</u>	<u>Coach</u>	<u>Phone</u>	<u>Email</u>
Cyprus	Cenntennial Toleafoa	801-503-2567	ctoleafoa@graniteschools.org
Granger	Howard “Tinker” Gravelle	801-502-2370	hgravelleiii@graniteschools.org
Hunter	Ma’afu Suliafu	801-636-8760	mtsuliafu@graniteschools.org
Kearns	Bridgett Talia-talo	385-315-6934	bntalia@graniteschools.org
Taylorville	Jacob Beach	419-310-8605	jwbeach@graniteschools.org
West Jordan	Owen Sosi	801-856-0363	owensosi@gmail.com

2024-25 Girls Volleyball Schedule

Date Sept 12th			Date Oct 1st		
Granger	@	West Jordan	West Jordan	@	Granger
Cyprus	@	Taylorville	Taylorville	@	Cyprus
Hunter	@	Kearns	Kearns	@	Hunter
Date Sept 17 th			Date Oct 3rd		
Kearns	@	Cyprus	Cyprus	@	Kearns
West Jordan	@	Hunter	Hunter	@	West Jordan
Taylorville	@	Granger	Granger	@	Taylorville
Date Sept 19th			Date Oct 8th		
Cyprus	@	Hunter	Hunter	@	Cyprus
Granger	@	Kearns	Kearns	@	Granger
Taylorville	@	West Jordan	West Jordan	@	Taylorville
Date Sept 24th			Date Oct 15th		
Kearns	@	Taylorville	Taylorville	@	Kearns
Hunter	@	Granger	Granger	@	Hunter
West Jordan	@	Cyprus	Cyprus	@	West Jordan
Date Sept 26th			Date Oct 17th		
Taylorville	@	Hunter	Hunter	@	Taylorville
Kearns	@	West Jordan	West Jordan	@	Kearns
Granger	@	Cyprus	Cyprus	@	Granger

BOYS WRESTLING GUIDELINES & SCHEDULES

Activity Chair: Tysen Fausett, Hunter High

Telephone: 385-646-6507

Moratorium: Nov 28-Dec 1, Dec 22-26, Jan 1, June 28-July 4, Aug 1-Aug 25

Two-week Restriction: Oct 28- Nov 10

Rules Clinic: November 5

Start Date: November 11

Hydration Testing: November 20-23

First Contest: November 26

Upload Roster with Numbers on RegisterMyAthlete.com: November 29

Academic All-State Deadline: January 6- February 4

Boys Divisionals Tournament: January 29 & 30

State Entry Deadline: Entered on Track wrestling by Divisional Host

Boys State Tournament: February 11 & 12 @ Utah Valley University

Contest Limitations:

As per UHSAA regulation, no wrestler shall have more than 16 contacts during the regular season. All wrestlers are allowed 16 credits. All tournaments count as one credit. Boys may compete in no more than six tournaments per season. No more than three of six tournaments can be dual tournaments. Girls can compete in no more than eight tournaments per season.

Scales for weigh in:

All scales used in an official weigh-in will be certified annually before 1st region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region IV

Weigh-ins – 4:00 pm

Junior Varsity- 5:00 pm

Varsity -6:30 pm

Weigh Ins: Once the teams have determined that weigh ins are to be conducted, NO modifications to Uniforms, etc. during weigh in can be done in the room or once the wrestler has stepped on the scale. If a challenge scale is available, then coach and wrestler can challenge on the available scale.

Coaches need to send unofficial lineups to opposing team coaches no later than 6:00 PM the day prior to the team duel.

Team Championship Tie Breaker Criteria:

- 1- Head-to-Head
- 2- Most Pins
- 3- Most Tech Falls

- 4- Most Majors
- 5- Total Team Points in Region matches
- 6- Coin Flip

JV Duals – Time of Rounds will be 1:30 all three rounds if teams/coaches determine the need to do so, otherwise the 2:00 minute per round will stay in effect.

Region Coaches Contact Information

Cyprus: Mario Heder- maheder@graniteschools.org

Granger: Koda Livingston- kjlivingston@graniteschools.org

Hunter: Gavin Cleveland- clevelandg93@gmail.com

Kearns: Fred falcon- wcfalcon@graniteschools.org

Taylorville: Steve Taylor- shtaylor@graniteschools.org

West Jordan: Damien Grant- damie.grant@gmail.com

2024-25 Region Boys Wrestling Schedule

December 11th	Taylorville @ Cyprus	Hillcrest @ Kearns	West Jordan @ Hunter	Granger- Bye
December 12th	West Jordan @ Hillcrest	Cyprus @ Hunter	Kearns @ Granger	Taylorville – Bye
December 18th	Kearns @ Cyprus	Hunter @ Granger	West Jordan @ Taylorsville	Hillcrest- Bye
January 8th	West Jordan @ Granger	Hunter@ Hillcrest	Kearns @ Taylorsville	Cyprus – Bye
January 15th	Granger @ Cyprus	Hillcrest @ Taylorsville	Hunter @ Kearns	West Jordan- Bye
January 16th	Cyprus @ West Jordan	Granger @ Hillcrest	Taylorsville @ Hunter	Kearns- Bye
January 22nd	Kearns @ West Jordan	Cyprus @ Hillcrest	Taylorsville @ Granger	Hunter - Bye

Divisionals- January 31- February 1

Boys State Tournament at UVA February 11 and 12

Summer Moratorium June 28- July 4

GIRLS WRESTLING GUIDELINES & SCHEDULES

Activity Chair: Tysen Fausett, Hunter High

Telephone: 385-646-6507

Moratorium: Nov 28-Dec 1, Dec 22-26, Jan 1, June 28-July 4, Aug 1-Aug 25

Two-week Restriction: Oct 28- Nov 10

Rules Clinic: November 5

Start Date: November 11

Hydration Testing: November 20-23

First Contest: November 26

Upload Roster with Numbers on RegisterMyAthlete.com: November 29

Academic All-State Deadline: January 6- February 4

Girls Divisionals Tournament: January 31 & Feb 1

State Entry Deadline: Entered on Track wrestling by Divisional Host

Girls State Tournament: February 14 & 15 @ Utah Valley University

Contest Limitations:

As per UHSAA all wrestlers are allowed 16 contacts.. Each dual meet will count as one contact point. Each tournament will count as one contact point. Teams will not be able to compete in more than 8 duals and 8 tournaments before the post-season qualifying and state tournaments. Teams may not compete in more than 4 dual meet style tournaments

Scales for weigh in:

All scales used in an official weigh-in will be certified annually before 1st region dual. Each school is responsible to notify the Utah Department of Weights and Measures. Scales must be certified prior to the beginning of competition. The home school is responsible to provide a certified scale for weigh-in at all Region Duals.

Starting times for Region IV

Weigh-ins – 3:30 Varsity 5:00 pm

Weigh Ins: Once the teams have determined that weigh ins are to be conducted, NO modifications to Uniforms, etc. during weigh in can be done in the room or once the wrestler has stepped on the scale. If a challenge scale is available, then coach and wrestler can challenge on the available scale.

Girls Region Tournament Scoring:

One point scorer from each team in each weight class will score for team points. (1 point scorer per each weight, highest placer per team.) Top 3 wrestlers in each weight class will score for team points only. Top 3 placers in each weight class will be awarded with region medal only.

Region Coaches Contact Information

Cyprus – Mario Heder maheder@graniteschools.org

Granger - Koda Livingston kjlivingston@graniteschools.org

Hunter – Gavin Cleveland- clevelandg93@gmail.com

Kearns –Fred Falcon calbuhler@gmail.com

Taylorsville – Steve Taylor- shtaylor@graniteschools.org

West Jordan-Damien Grant damie.grant@gmail.com

Girls - Ralph Fallentine ralphfallentine@gmail.com

Girls – David Miller dtmiller@graniteschools.org

Girls – Heather Carlson – hcarlson@graniteschools.org

Girls – Townes Falcon wcfalcon@graniteschools.org

Girls – Maria Garcia mtgarcia@graniteschools.org

Girls Matt Lloyd matthew.lloyd@jordandistrict.org

Girls Wrestling Region Schedule 2024-25

- **Weigh ins @ 3:30 PM**
- **Wrestle @ 5:00 PM**
-
- **December 11, 2024**
 - Host: Hillcrest
 - Teams: Hillcrest, Kearns, Cyprus

 - Host: Taylorsville
 - Teams: Taylorsville, Granger, West Jordan

 - BYE: Hunter

- **January 8, 2025**
 - Host: Kearns
 - Tri: Kearns, West Jordan, Granger

 - Host: Hunter,
 - Tri: Hunter, Taylorsville, Hillcrest

 - BYE: Cyprus

- **January 15, 2025**
 - Host: West Jordan
 - Tri: West Jordan, Hunter, Hillcrest

 - Host: Granger
 - Tri: Granger, Cyprus, Taylorsville

 - BYE: Kearns

Region Tournament: January 21.2025

- Host: Hunter
- Weigh Ins: 12:30 PM
- Start time at 2:00 PM

Region Trophies

Baseball, Boys Basketball, Girls Basketball, Football, Boys Soccer, Girls Soccer, Softball, and Boys Volleyball, Girls Volleyball

1 Region trophy

Cross Country (Boy's & Girl's)

1 Region trophy each; Medals to the top 10 Varsity finishers; Certificates to the top 10 JV finishers

Drama

Sweepstakes - 1st place region trophy and 2nd & 3rd place plaque shall be awarded; Plaques for one-act plays – 1st-3rd place
Medals to the top three places in individual events. A certificate given for Best Actor & Actress, Best Supporting Actor & Actress, Best Character Actor & Actress, and Best Ensemble

Drill

1 Region trophy; First thru Fourth Place Plaques in each category – military, dance, and show
Plaque for 2nd, 3rd, 4th place overall
Three Drill Down medals for places 1-3. Certificates for All-Region team/individuals and Academic All-Region seniors only

Debate/Forensics

1 Region Trophy; The following medals shall be awarded:
Public Forum – 10; LD – 6; Policy – 10; National Extemp. – 6; Foreign Extemp. – 6; Oratory – 6; Impromptu – 6; Congress – 6. 10 blank Superior medals in case of ties.

Golf (Boys & Girl's)

1 Region Trophy each; 10 Medals for 10 Low Medalists

Music- Instrumental

Certificates supplied by the Region will be awarded for all "Superior" ratings at all festivals. Additional Certificates/Awards may be presented to outstanding groups, sections, or individuals at the discretion of the festival adjudicators.

Music – Vocalz

Certificates will be given for all ratings in all festivals. Training Choirs will be given a certificate of participation.

Swimming (Boy's & Girl's)

1 Region trophy each; *48 Medals each* (boys & girls) for Places 1-6 in Individual Events (Total 96 medals w/Lanyards)
50, 100, 200, 500 yd. Free Style 200 yd. Ind. Med.,
100 yd. backstroke, 100 yd. butterfly, 100 yd. breaststroke
36 Medals each (boys & girls) for 1st, 2nd & 3rd.Place Relays
200 yd. Med. Relay, 200 & 400 yd. Free Relay

Tennis (Boy's & Girl's)

One Region trophy each; Medals – 1st, 2nd, 3rd, singles. 1st & 2nd doubles. Four deep in each.

Track (Boy's & Girl's)

1 Region Trophy each; All-Region Awards – top 3 in the event get the All-Region Certificate for the teams
Medals for the first six (6) places in individual events, and medals to the first three (3) places in relay events.

Medals for unified Track- 1st – 4th place each partner event and each rela. (80 medals total)

Boys and Girls Volleyball- 1 Region trophy for each sport

Wrestling - Boys & GirlsBoys and Girls Wrestling - One Region trophy each

Girls Wrestling - Medals will be awarded to the top 3 place winners in each weight classification for Girls Region Tournament