

## 3A State Swimming Championships - 2/10/2023 to 2/11/2023

## UHSAA State Championship Swimming

2022 - 2023 Season

## Psych Sheet - Prelim all Events

**Event 1 Women 200 Yard Medley Relay**

Team	Relay	Seed Time
1	Juan Diego	1:58.53
2	Judge	2:00.86
3	Emery	2:03.37
4	Millard	2:03.91
5	Ogden	2:03.96
6	Canyon View	2:06.97
7	Morgan	2:08.01
8	Rowland Hall	2:10.64
9	Carbon	2:11.32
10	Richfield	2:12.92
11	Union	2:13.05
12	Grantsville	2:13.18
13	South Summit	2:13.50
14	Grand County	2:15.60
15	Manti	2:17.47
16	North Sanpete	2:18.81
17	North Summit	2:22.00
18	Ben Lomond	2:24.13
19	Saint Joseph	2:24.87
20	Delta	2:33.63

**Event 2 Men 200 Yard Medley Relay**

Team	Relay	Seed Time
1	Judge	1:41.36
2	Canyon View	1:44.80
3	Ogden	1:47.07
4	Juan Diego	1:47.25
5	Saint Joseph	1:47.96
6	Grand County	1:49.23
7	Union	1:49.67
8	Richfield	1:50.69
9	Rowland Hall	1:52.34
10	Morgan	1:54.32
11	South Summit	1:54.69
12	Carbon	1:55.14
13	North Summit	1:56.08
14	North Sanpete	1:56.82
15	Emery	1:57.24
16	Millard	1:58.50
17	South Sevier	2:02.70
18	Gunnison Valley	2:03.50
19	Ben Lomond	2:04.97
20	Grantsville	2:08.61

**Event 3 Women 200 Yard Freestyle**

Name	Yr	School	Seed Time
1	Donmez, Pinar	SO Layton Christian	1:57.77
2	Dolan, Delaney	SO Judge	2:07.99
3	Sylvia, Lyla	SO Juan Diego	2:10.34
4	DuPont, Sophie	FR Judge	2:11.05
5	Scholes, Sienna	SO Union	2:15.53
6	Armantrout, Mary	SR Grantsville	2:16.28
7	Day, Tori	JR North Sanpete	2:17.08

8	Gough, Montana	SR South Sevier	2:19.69
9	Whitaker, Kallie	JR Millard	2:20.52
10	Schupbach, Lenora	JR North Summit	2:21.29
11	Whiting, Whitney	SR Union	2:21.82
12	Young, Jayde	SO Grand County	2:22.32
13	Hanson, Ellie J	JR Carbon	2:22.36
14	Beneke-Goni, Lola	SO Saint Joseph	2:22.51
15	Lovell, Annicka R	SO Canyon View	2:22.59
16	Wasden, Lillian	SO Manti	2:23.53
17	Tosolini, Thais	SR Juan Diego	2:24.00
18	Hanke, Kynlee	JR Union	2:26.37
19	Parks, Eva	FR Judge	2:26.68
20	Cunningham, Julia	SR Juan Diego	2:26.89
21	Freston, Kennedy	SO Union	2:27.04
22	Fausett, Lindsie C	SR Carbon	2:27.18
23	Meccariello, Raleigh	SR Emery	2:28.69
24	Blackburn, Rachel	FR Carbon	2:29.16
25	Christensen, Kanyon	FR Carbon	2:29.69
26	Schupbach, Adelia	FR North Summit	2:29.97
27	Lindsey, Claire	SO Emery	2:30.42
28	Jamu, Abigail	SO Judge	2:31.17
29	Montoya, Carmen	SO Juan Diego	2:31.76
30	Maughan, Mallory J	SR Grand County	2:34.84
31	Hardy, Amelia	JR Ogden	2:35.81
32	Day, Paige	FR North Sanpete	2:36.86

**Event 4 Men 200 Yard Freestyle**

Name	Yr	School	Seed Time
1	Morgan, Kurt T	SO Canyon View	1:50.48
2	Bennett, Boston	JR Union	1:53.00
3	Gillespie, Benji	JR Judge	1:53.54
4	Jones, Gabe	SO Saint Joseph	1:54.76
5	Ibanez, Gabe C	SR Carbon	1:56.17
6	Bishop, Ethan	SR Millard	1:57.51
7	Sankovitz, Frank	SO Judge	1:58.83
8	Mortensen, Brooks	SR Ogden	1:58.97
9	Talboys, Jack	FR Judge	1:59.30
10	Engar, Nathan C	SR Carbon	1:59.64
11	Goss, Cameron	SR Union	1:59.72
12	Bulf, Jack	JR Juan Diego	2:00.31
13	Farnsworth, Tagert N	SR Grand County	2:00.94
14	Robertson, Tyler	SR Morgan	2:02.22
15	Henneuse, Nicholas	FR South Summit	2:03.09
16	Silcox, JW	SO North Summit	2:03.23
17	Ceniceros, Ayden	SR Grand County	2:03.32
18	Jones, Cameron R	JR Carbon	2:03.65
19	Thomas, Jaron	SR Richfield	2:04.19
20	Noorda, Gerrit	SO Morgan	2:04.60
21	Cowan, Sam	JR Judge	2:05.89
22	Kelly, Eoghan	SR Juan Diego	2:06.48
23	Allen, Gunder	SR Ben Lomond	2:06.64
24	Galang, Jacob	SR Juan Diego	2:07.75
25	Frederick, Alex	SR Emery	2:08.49
26	Reeves, Spencer	JR Ogden	2:08.97
27	Bradford, Boyd C	SR Carbon	2:09.15
28	Durrant, Bryant	SR Emery	2:09.15

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## Event 4 ... (Men 200 Yard Freestyle)

Name	Yr	School	Seed Time
29 Barnett, Jack D	SO	Richfield	2:09.64
30 Wood, Zack	SO	Union	2:10.82
31 Jones, Warren	SO	North Sanpete	2:12.55
32 Johnson, Bode	SO	Morgan	2:14.38

## Event 5 Women 200 Yard IM

Name	Yr	School	Seed Time
1 Weller, Audrey	SR	Juan Diego	2:13.82
2 Holman, Grace	SR	Juab	2:26.68
3 Conner, Amelia	SO	Judge	2:31.94
4 Grimshaw, Soleil	FR	Canyon View	2:33.38
5 Schatz, Cyan	SO	Ogden	2:35.93
6 Gough, Riley	SO	South Sevier	2:38.67
7 Warren, Zoe	SR	Grand County	2:40.66
8 Tsandes, Thaia	SR	Juan Diego	2:42.02
9 O'Brien, Marin	SR	Judge	2:42.66
10 Sill, Brielle	JR	Morgan	2:44.65
11 Dow, Kadee	JR	Grantsville	2:45.31
12 Maxfield, Brooke	JR	Richfield	2:46.51
13 Riddle, Faith A	FR	Canyon View	2:46.64
14 Rushton, Riley G	SR	Canyon View	2:48.70
15 Fowles, Meghan	SO	Manti	2:48.80
16 Larsen, Kate	SO	Union	2:48.87
17 Bess, Lizzy	SO	Morgan	2:48.97
18 Jeffery, Jennacie P	JR	Carbon	2:50.03
19 Thayn, Lily	FR	Carbon	2:51.07
20 Wilde, Pheobie	SO	Ogden	2:52.30
21 Anderson, Bailee	SR	Ogden	2:52.62
22 Hanke, Katelyn	FR	Union	2:54.19
23 Lockingen, Abigail	SR	Juan Diego	2:54.59
24 Grimm, Emma	FR	Emery	2:56.79
25 Whitaker, Zoie	SR	Millard	2:57.30
26 Embleton, Belen	SR	Union	2:57.43
27 Lyman, Ember D	JR	Carbon	2:57.57
28 Haley, Brenna L	JR	Canyon View	2:57.79
29 Anderson, Rosie	FR	South Summit	2:58.40
30 Shakib, Sarah	FR	Rowland Hall	3:00.61
31 Jensen, Aspen	SR	Emery	3:01.43
32 Hyder, Jocelyn	SR	Union	3:02.56

## Event 6 Men 200 Yard IM

Name	Yr	School	Seed Time
1 Jones, Will	SR	Saint Joseph	1:57.78
2 Rivkind, Dalton	SO	Ogden	2:12.19
3 Child, Benji	SR	Judge	2:12.31
4 Batty, Stetson	SO	Union	2:12.69
5 Hren, Nick	JR	Grand County	2:14.15
6 Despain, Sam P	JR	Canyon View	2:17.98
7 Moore, Oran	JR	Grand County	2:19.97
8 Runnels, Rhys	JR	Judge	2:20.45
9 Shami, Joseph	SR	Juan Diego	2:20.98
10 Cox, Liam	FR	Judge	2:21.45
11 Carlton, Toby	SO	Ogden	2:22.23
12 Schmitt, Keaton	SO	Union	2:23.82

13 Flieringa, Xavier	SO	Juan Diego	2:24.42
14 Farr, Zach	SO	Judge	2:25.15
15 Hadlock, Ashton	JR	Union	2:25.19
16 Smith, Connor	JR	Morgan	2:26.50
17 Meredith, Karson J	SO	Canyon View	2:26.60
18 Frandsen, Tyler	JR	Emery	2:26.92
19 Jensen, Parker	SO	Emery	2:27.93
20 Zilles, Kayson	FR	Union	2:28.64
21 Larsen, Kade	JR	Emery	2:29.58
22 Diaz, Kyle	FR	Juan Diego	2:29.90
23 Poulos, Karter S	SO	Canyon View	2:30.63
24 Halliday, Branson	SO	South Summit	2:31.33
25 Thayn, Jackson M	JR	Carbon	2:32.84
26 Palmer, Zaak	SO	North Sanpete	2:32.98
27 Jensen, Luke	SR	Richfield	2:34.12
28 Poulos, Ryker W	SR	Canyon View	2:34.19
29 Nielson, Austin	SR	Richfield	2:34.60
30 Hatch, Mitchell	SR	Ogden	2:36.28
31 Spencer, Finn	SO	Richfield	2:37.34
32 Petersen, Trek	FR	Emery	2:38.47

## Event 7 Women 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Hunter, Stella	SR	Ogden	25.78
2 Henneuse, Allison	FR	South Summit	26.55
3 Chamberlain, Alyssa A	JR	Carbon	26.57
4 Kling, Avah	SO	Richfield	26.64
5 Mayer, Mackenzie	JR	Grand County	26.81
6 Graham, Megan	SR	Ben Lomond	26.94
7 Farr, Lanee	SR	Judge	26.98
8 Schena, JayDee M	SO	Beaver	27.04
9 Kennedy, Kamryn	JR	Ogden	27.11
10 Despain, Lizzy	JR	Millard	27.33
11 Carter, Sydney	SR	Emery	27.38
12 Crompton, Mia V	JR	Carbon	27.50
13 Fennell, Piper	FR	Juan Diego	27.58
14 King, Lisa	FR	Carbon	28.00
15 Lemaire, Chloe	FR	Manti	28.30
16 Bower, Hadley B	JR	Carbon	28.46
17 Hains, Erika	JR	Ogden	28.49
18 Lamb, Phaedra	SR	North Sanpete	28.58
19 Andruschenko, Abigail	SO	South Summit	28.60
20 Roper, Devin	SR	Millard	28.70
21 Spunaugle, Eva	SR	Union	28.84
22 Lurth, Alina C	SO	Beaver	28.95
23 Blackner, Sienna	JR	Richfield	28.97
24 Morris, Abby	JR	Emery	29.13
25 Woolsey, Kylee	SO	Richfield	29.17
26 Tenzer, Abigail	FR	Juan Diego	29.31
27 Jamu, Abigail	SO	Judge	29.35
28 Freston, Kennedy	SO	Union	29.46
29 Koyle, Emma	JR	Millard	29.47
30 Aland, Chloe	JR	Union	29.69
31 Bliss, Sophia	SR	Delta	29.90
32 Rigtrup, Tallula B	FR	Canyon View	30.02

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## Event 8 Men 50 Yard Freestyle

Name	Yr	School	Seed Time
1 Keddington, James	JR	South Summit	22.80
2 Hansen, Hayden	SR	South Sevier	23.05
3 Kling, Grant	SR	Richfield	23.11
4 Grimshaw, Jacob C	SR	Canyon View	23.22
5 Andersen, Joshua	SR	North Sanpete	23.27
6 Galaviz, Levi	SO	Judge	23.48
7 Bartlett, Porter	SR	Ogden	23.57
8 Boyle, Liam	SR	Rowland Hall	23.82
9 Pfeifer, Elijah	JR	Morgan	24.00
10 Swick, Khristian	SR	Juan Diego	24.17
11 Meehan, Zachary	JR	Juan Diego	24.17
12 Fauver, Jacob	SR	Emery	24.69
13 Duberow, James	SR	Judge	24.71
14 Willey, Ty	SR	Ogden	24.72
15 Engar, Mason D	SO	Carbon	24.73
16 Alger, Weston H	JR	Canyon View	24.78
17 McKnight, Saxton	JR	Juan Diego	24.87
18 Singta, Touchapone	SO	Ogden	25.02
19 Jacobsen, Easton	SR	Ben Lomond	25.03
20 Howard, Matthew	JR	Juan Diego	25.13
21 Tullis, Spencer G	SR	Carbon	25.14
22 Cheney, Brannigan	SR	Manti	25.42
23 Comino, Jonah D	SO	Canyon View	25.55
24 Malan, Raiden	SO	Ogden	25.65
25 Thomas, Jaxon	SR	Union	25.66
26 Jones, Avery	FR	Judge	25.82
27 Frampton, Kamdyn	FR	Millard	25.96
28 Hepworth, Spencer W	JR	Carbon	26.10
29 Summers, Jack	JR	South Summit	26.15
30 Huggard, Chase	JR	Emery	26.32
31 Draper, Lyle	JR	Morgan	26.44
32 Zager, Greyson	SO	Union	26.69

## Event 9 Women 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Donmez, Nehir	SO	Layton Christian	1:02.04
2 Lauer, Sydni R	FR	Pawrowan	1:03.45
3 Hategan, Isabella	JR	Juan Diego	1:04.29
4 Guymon, Aubrey	SR	Emery	1:05.35
5 Sylvia, Lyla	SO	Juan Diego	1:06.21
6 Gough, Montana	SR	South Sevier	1:06.64
7 Gordon, Grace	SR	Morgan	1:08.12
8 Puertas, Sarah B	JR	Maeser	1:08.89
9 Gough, Riley	SO	South Sevier	1:09.94
10 Hyman, Cecelia	FR	Rowland Hall	1:10.56
11 Thurman, Kailey	JR	Millard	1:12.19
12 Listgarten, Emma	SR	Wasatch Academy	1:12.43
13 Duberow, Lucy	FR	Judge	1:12.46
14 Grimshaw, Soleil	FR	Canyon View	1:12.94
15 Stephenson, Shae	SO	Ogden	1:13.52
16 Whitham, Libby	SR	Grantsville	1:14.51
17 Kowalczyk, Nel	FR	Judge	1:15.12
18 Thayn, Lily	FR	Carbon	1:15.32

19 Tsandes, Thaia	SR	Juan Diego	1:15.92
20 Card, Anna	SO	South Summit	1:16.29
21 Zhou, Larissa	SR	Wasatch Academy	1:16.92
22 Baird, Kaytlin	SR	Union	1:17.42
23 Andruschenko, Abigail	SO	South Summit	1:17.78
24 Winn, Stephanie	JR	Union	1:18.57
25 Mejia, Emma	SR	Judge	1:18.93
26 Pascual, Bea	SR	Juan Diego	1:19.49
27 Wilkowski, Maggie	SO	Grand County	1:19.88
28 Middleton, Rylie	SO	Judge	1:20.89
29 Day, Paige	FR	North Sanpete	1:22.71
30 Patey, Danica	SO	Richfield	1:22.88
31 Whitaker, Zoie	SR	Millard	1:24.31
32 Powell, Callie	SO	Union	1:24.45
33 Nielson, Sarah	FR	Ogden	1:24.68

## Event 10 Men 100 Yard Butterfly

Name	Yr	School	Seed Time
1 Jones, Gabe	SO	Saint Joseph	54.19
2 Keddington, James	JR	South Summit	55.98
3 Child, Benji	SR	Judge	57.08
4 Eagar, Matt	SO	Judge	57.41
5 Shakib, Thomas	JR	Rowland Hall	57.45
6 Despain, Sam P	JR	Canyon View	57.60
7 Staley, Carter	JR	North Summit	59.04
8 Shami, Joseph	SR	Juan Diego	59.16
9 Goss, Cameron	SR	Union	1:00.06
10 Runnels, Rhys	JR	Judge	1:00.49
11 Lehman, Tyler	FR	Rowland Hall	1:01.04
12 Mayer, Jakson	SR	Grand County	1:01.56
13 Hadlock, Ashton	JR	Union	1:02.24
14 Jones, Avery	FR	Judge	1:02.69
15 Robertson, Tyler	SR	Morgan	1:02.82
16 Parks, Josh	JR	Grantsville	1:03.02
17 Meehan, Zachary	JR	Juan Diego	1:03.36
18 Allen, Gunder	SR	Ben Lomond	1:04.29
19 Crowther, Case	SO	Ogden	1:05.30
20 Jensen, Luke	SR	Richfield	1:05.40
21 Pearson, Tate	FR	Union	1:06.08
22 Tait, Daxton	JR	Richfield	1:06.84
23 Poulos, Ryker W	SR	Canyon View	1:06.89
24 Stilson, Will	JR	Emery	1:07.60
25 Anderson, Brevan	SR	Richfield	1:07.82
26 Biggs, Timmy E	SO	Canyon View	1:07.86
27 Christensen, Cooper	SO	Union	1:08.74
28 Jones, Warren	SO	North Sanpete	1:08.86
29 Smith, Hafen	SR	South Sevier	1:08.90
30 Harris, Tanner	SR	Ogden	1:09.52
31 Kepsel, Leland	FR	Carbon	1:09.88
32 Davis, Hayden	FR	Gunnison Valley	1:10.63

## Event 11 Women 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Chamberlain, Alyssa A	JR	Carbon	57.94
2 Henneuse, Allison	FR	South Summit	58.12
3 Kling, Avah	SO	Richfield	58.27

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## Event 11 ... (Women 100 Yard Freestyle)

Name	Yr	School	Seed Time
4 Mayer, Mackenzie	JR	Grand County	58.32
5 Hunter, Stella	SR	Ogden	59.61
6 Crompton, Mia V	JR	Carbon	1:00.51
7 Carter, Sydney	SR	Emery	1:01.10
8 Schena, JayDee M	SO	Beaver	1:01.18
9 Farr, Lanee	SR	Judge	1:01.45
10 Burnham, Abbey	SR	Union	1:02.93
11 Kennedy, Kamryn	JR	Ogden	1:02.95
12 Whiting, Whitney	SR	Union	1:03.66
13 King, Lisa	FR	Carbon	1:03.79
14 Riddle, Faith A	FR	Canyon View	1:04.34
15 Bower, Hadley B	JR	Carbon	1:04.39
16 Roper, Devin	SR	Millard	1:04.47
17 Lemaire, Chloe	FR	Manti	1:04.58
18 Beneke-Goni, Lola	SO	Saint Joseph	1:04.83
19 Spunaugle, Eva	SR	Union	1:04.85
20 Morris, Abby	JR	Emery	1:04.98
21 Cunningham, Julia	SR	Juan Diego	1:05.28
22 Meccariello, Raleigh	SR	Emery	1:05.70
23 Lamb, Phaedra	SR	North Sanpete	1:06.10
24 Quintanilla, Kaylee J	SR	Canyon View	1:06.11
25 Card, Anna	SO	South Summit	1:06.32
26 Woolsey, Kylee	SO	Richfield	1:06.39
27 Parks, Eva	FR	Judge	1:07.15
28 Hains, Erika	JR	Ogden	1:07.27
29 Rigtrup, Tallula B	FR	Canyon View	1:07.32
30 Childs, Jessie	FR	Emery	1:07.69
31 Toner, McKenzie	SO	Summit Academy	1:08.92
32 Fowles, Keltsy	SR	Manti	1:08.94

## Event 12 Men 100 Yard Freestyle

Name	Yr	School	Seed Time
1 Morton, Nico	SR	Judge	49.51
2 Morgan, Kurt T	SO	Canyon View	49.76
3 Kling, Grant	SR	Richfield	49.91
4 Bennett, Boston	JR	Union	50.31
5 Belnap, Nathan	SO	Ogden	50.96
6 Gleason, Charlie	JR	Juan Diego	51.62
7 Andersen, Joshua	SR	North Sanpete	52.10
8 Sankovitz, Frank	SO	Judge	52.12
9 Boyle, Liam	SR	Rowland Hall	52.60
10 Swick, Khristian	SR	Juan Diego	53.05
11 McKnight, Saxton	JR	Juan Diego	53.81
12 Getchell, Ryker	FR	Union	53.81
13 Pfeifer, Elijah	JR	Morgan	54.38
14 Anderson, Joe D	JR	Canyon View	54.60
15 Fauver, Jacob	SR	Emery	54.64
16 Engar, Mason D	SO	Carbon	54.93
17 Hansen, Lincoln	FR	South Sevier	55.24
18 Waters, Tyler	JR	Gunnison Valley	55.29
19 Erickson, Henry	SO	Rowland Hall	56.33
20 Tullis, Spencer G	SR	Carbon	56.44
21 Jacobsen, Easton	SR	Ben Lomond	56.45
22 Barnett, Jack D	SO	Richfield	56.51

23 Durrant, Bryant	SR	Emery	56.69
24 Singta, Touchapone	SO	Ogden	57.48
25 Frampton, Kamdyn	FR	Millard	57.54
26 Pratt, Hank	SR	Judge	57.56
27 Curtis, Joseph	SR	North Summit	57.75
28 Tait, Daxton	JR	Richfield	57.80
29 Spendlove, Connor	SR	Millard	57.98
30 Howard, Matthew	JR	Juan Diego	58.07
31 Welling, Brock	JR	Ogden	58.23
32 Malan, Raiden	SO	Ogden	58.45

## Event 13 Women 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Donmez, Nehir	SO	Layton Christian	5:39.42
2 Dolan, Delaney	SO	Judge	5:44.31
3 Lake, Melody	JR	Emery	5:59.04
4 Schatz, Cyan	SO	Ogden	6:01.57
5 Armantrout, Mary	SR	Grantsville	6:06.23
6 Scholes, Sienna	SO	Union	6:10.34
7 Lauer, Sydni R	FR	Pawrowan	6:10.59
8 Day, Tori	JR	North Sanpete	6:17.62
9 Dow, Kadee	JR	Grantsville	6:23.61
10 Bradford, Ada` K	JR	Carbon	6:23.95
11 Bartlett, Berlin	SO	Ogden	6:24.93
12 O'Brien, Marin	SR	Judge	6:24.98
13 Young, Jayde	SO	Grand County	6:25.73
14 Halk, Evie	SO	Carbon	6:25.94
15 Bartlett, Tessa	SO	Rowland Hall	6:26.75
16 Draper, Shay	JR	Ben Lomond	6:28.42
17 Hanson, Ellie J	JR	Carbon	6:30.87
18 Rushton, Riley G	SR	Canyon View	6:32.16
19 Hanke, Kynlee	JR	Union	6:32.92
20 Whitaker, Kallie	JR	Millard	6:39.13
21 Wasden, Lillian	SO	Manti	6:40.83
22 Shakespear, Ashlyn E	JR	Canyon View	6:41.05
23 Blackner, Sienna	JR	Richfield	6:42.41
24 Embleton, Belen	SR	Union	6:43.21
25 Gardiner, Evangeline A	JR	Canyon View	6:44.27
26 Schupbach, Adelia	FR	North Summit	6:45.70
27 Fausett, Lindsie C	SR	Carbon	6:46.45
28 Lindsey, Claire	SO	Emery	6:48.02
29 Anderson, Rosie	FR	South Summit	6:50.53
30 Smith, Savannah	SO	Saint Joseph	6:52.84
31 Staheli, Olivia M	JR	Canyon View	6:55.23
32 Winn, Cooper	SO	Union	6:58.73

## Event 14 Men 500 Yard Freestyle

Name	Yr	School	Seed Time
1 Cannon, Ethan D	JR	Canyon View	5:19.33
2 Ibanez, Gabe C	SR	Carbon	5:26.42
3 Galaviz, Levi	SO	Judge	5:27.98
4 Bartlett, Porter	SR	Ogden	5:29.08
5 Grimshaw, Jacob C	SR	Canyon View	5:31.55
6 Talboys, Jack	FR	Judge	5:32.49
7 Bittmann, Nick R	JR	Canyon View	5:32.82
8 Bulf, Jack	JR	Juan Diego	5:33.06

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Name	Yr	School	Seed Time
9 Noorda, Gerrit	SO	Morgan	5:38.41
10 Bishop, Ethan	SR	Millard	5:40.34
11 Henneuse, Nicholas	FR	South Summit	5:42.75
12 Engar, Nathan C	SR	Carbon	5:43.17
13 Jones, Cameron R	JR	Carbon	5:44.26
14 Kelly, Eoghan	SR	Juan Diego	5:46.42
15 Ceniceros, Ayden	SR	Grand County	5:47.35
16 Silcox, JW	SO	North Summit	5:47.40
17 Moore, Oran	JR	Grand County	5:48.05
18 Wood, Zack	SO	Union	5:48.58
19 Thomas, Jaron	SR	Richfield	5:52.36
20 Frederick, Alex	SR	Emery	5:55.27
21 Reeves, Spencer	JR	Ogden	6:00.17
22 Poulos, Karter S	SO	Canyon View	6:01.44
23 Zilles, Kayson	FR	Union	6:05.24
24 Diaz, Kyle	FR	Juan Diego	6:05.38
25 Bradford, Boyd C	SR	Carbon	6:07.19
26 Harris, Tanner	SR	Ogden	6:08.51
27 Harris, James	FR	Ogden	6:10.62
28 Olsen, Adam	SO	Emery	6:12.00
29 Christensen, Levi	SR	Richfield	6:12.06
30 Pearson, Tate	FR	Union	6:16.43
31 Spendlove, Connor	SR	Millard	6:17.85
32 Spencer, Finn	SO	Richfield	6:23.63

## Event 15 Women 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Carbon		1:50.39
2 Juan Diego		1:51.55
3 Emery		1:51.92
4 Judge		1:52.77
5 Union		1:53.80
6 Richfield		1:54.47
7 Ogden		1:54.64
8 Grand County		1:54.85
9 Canyon View		1:55.54
10 Millard		1:58.18
11 Morgan		1:58.22
12 South Summit		1:58.74
13 Rowland Hall		1:59.85
14 Grantsville		2:00.07
15 North Sanpete		2:00.47
16 Manti		2:02.02
17 Saint Joseph		2:05.56
18 North Summit		2:06.08
19 Ben Lomond		2:10.89
20 Gunnison Valley		2:13.14

## Event 16 Men 200 Yard Freestyle Relay

Team	Relay	Seed Time
1 Judge		1:32.21
2 Ogden		1:34.33
3 Juan Diego		1:35.56
4 Canyon View		1:36.30

5 Saint Joseph	1:37.86
6 Rowland Hall	1:37.92
7 Carbon	1:38.41
8 South Summit	1:39.20
9 Emery	1:39.49
10 Union	1:39.64
11 Richfield	1:39.83
12 Grand County	1:40.49
13 Morgan	1:42.34
14 South Sevier	1:44.10
15 Millard	1:45.07
16 North Summit	1:45.98
17 North Sanpete	1:46.29
18 Gunnison Valley	1:48.14
19 Manti	1:48.65
20 Delta	2:12.11

## Event 17 Women 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Hategan, Isabella	JR	Juan Diego	1:04.46
2 Lovell, Annicka R	SO	Canyon View	1:06.65
3 Guymon, Aubrey	SR	Emery	1:06.99
4 Puertas, Sarah B	JR	Maeser	1:07.89
5 DuPont, Sophie	FR	Judge	1:08.59
6 Bartlett, Tessa	SO	Rowland Hall	1:08.63
7 Gordon, Grace	SR	Morgan	1:08.74
8 Koyle, Emma	JR	Millard	1:09.75
9 Thurman, Kailey	JR	Millard	1:09.76
10 Bradford, Ada` K	JR	Carbon	1:10.66
11 Bartlett, Berlin	SO	Ogden	1:10.66
12 Hyman, Cecelia	FR	Rowland Hall	1:11.26
13 Draper, Shay	JR	Ben Lomond	1:11.43
14 Shakib, Sarah	FR	Rowland Hall	1:12.85
15 Kowalczyk, Nel	FR	Judge	1:13.71
16 Warren, Zoe	SR	Grand County	1:13.89
17 Halk, Evie	SO	Carbon	1:13.96
18 Wilde, Pheobie	SO	Ogden	1:14.36
19 Burnham, Abbey	SR	Union	1:14.90
20 Hanke, Katelyn	FR	Union	1:15.18
21 McKay, Mia	JR	Grand County	1:15.44
22 Tosolini, Thais	SR	Juan Diego	1:15.55
23 Maxfield, Brooke	JR	Richfield	1:15.65
24 Larsen, Kate	SO	Union	1:15.73
25 Pascual, Bea	SR	Juan Diego	1:15.91
26 Zhou, Larissa	SR	Wasatch Academy	1:16.15
27 Shakespear, Ashlyn E	JR	Canyon View	1:16.26
28 Tenzer, Abigail	FR	Juan Diego	1:16.60
29 Smith, Tessa	FR	Morgan	1:17.28
30 Jensen, Aspen	SR	Emery	1:17.28
31 Jeffery, Jennacie P	JR	Carbon	1:17.69
32 Mejia, Emma	SR	Judge	1:18.43
33 Dearden, Carlie	JR	Millard	1:18.53

## Event 18 Men 100 Yard Backstroke

Name	Yr	School	Seed Time
1 Jones, Will	SR	Saint Joseph	52.15

## 3A State Swimming Championships - 2/10/2023 to 2/11/2023

## UHSAA State Championship Swimming

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## Event 18 ... (Men 100 Yard Backstroke)

Name	Yr	School	Seed Time
2 Gillespie, Benji	JR	Judge	53.89
3 Belnap, Nathan	SO	Ogden	58.21
4 Mortensen, Brooks	SR	Ogden	58.66
5 Farnsworth, Tagert N	SR	Grand County	59.06
6 Anderson, Joe D	JR	Canyon View	1:01.48
7 Eagar, Matt	SO	Judge	1:01.99
8 Lehman, Tyler	FR	Rowland Hall	1:02.07
9 Bittmenn, Nick R	JR	Canyon View	1:02.11
10 Duberow, James	SR	Judge	1:03.22
11 Curtis, Joseph	SR	North Summit	1:03.69
12 Galang, Jacob	SR	Juan Diego	1:04.00
13 Cox, Liam	FR	Judge	1:05.77
14 Welling, Brock	JR	Ogden	1:05.77
15 Frandsen, Tyler	JR	Emery	1:05.87
16 Erickson, Henry	SO	Rowland Hall	1:05.99
17 Getchell, Ryker	FR	Union	1:06.00
18 Smith, Connor	JR	Morgan	1:06.09
19 Meredith, Karson J	SO	Canyon View	1:07.01
20 Mathews, Brenon	SR	Union	1:07.87
21 Smith, Brady	JR	North Sanpete	1:08.38
22 Johnson, Bode	SO	Morgan	1:09.25
23 Comino, Jonah D	SO	Canyon View	1:09.34
24 Freston, Parker	SO	Union	1:10.20
25 Hatch, Mitchell	SR	Ogden	1:10.35
26 Potts, Cooper	SO	Grand County	1:11.14
27 Laws, Tyson	JR	Emery	1:11.29
28 Stilson, Will	JR	Emery	1:12.41
29 Stevens, Zayne	SR	Millard	1:12.58
30 Curtis, Garrison	SO	North Summit	1:12.75
31 Tomlinson, Asher	SO	Union	1:13.79
32 Brown, Aaryl	SO	South Summit	1:14.30

## Event 19 Women 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Donmez, Pinar	SO	Layton Christian	1:07.19
2 Weller, Audrey	SR	Juan Diego	1:07.33
3 Conner, Amelia	SO	Judge	1:11.14
4 Holman, Grace	SR	Juab	1:12.44
5 Lake, Melody	JR	Emery	1:13.10
6 Despain, Lizzy	JR	Millard	1:16.19
7 Listgarten, Emma	SR	Wasatch Academy	1:16.91
8 Graham, Megan	SR	Ben Lomond	1:17.33
9 Stephenson, Shae	SO	Ogden	1:18.42
10 Sill, Brielle	JR	Morgan	1:18.80
11 Bess, Lizzy	SO	Morgan	1:18.91
12 Dearden, Kadi	JR	Millard	1:19.94
13 Young, Carley	JR	Emery	1:20.16
14 Fowles, Meghan	SO	Manti	1:20.48
15 Schupbach, Lenora	JR	North Summit	1:21.24
16 Baird, Kaytlin	SR	Union	1:22.07
17 Haley, Brenna L	JR	Canyon View	1:22.75
18 Fennell, Piper	FR	Juan Diego	1:23.56
19 Quintanilla, Kaylee J	SR	Canyon View	1:24.20
20 Gardiner, Evangeline A	JR	Canyon View	1:24.40

21 Hilton, Zaya	JR	Gunnison Valley	1:25.17
22 Lurth, Alina C	SO	Beaver	1:25.40
23 Baird, Sara	SO	Union	1:25.57
24 Duberow, Lucy	FR	Judge	1:26.00
25 Anderson, Bailee	SR	Ogden	1:26.45
26 Dearden, Carlie	JR	Millard	1:26.57
27 Mason, Purity	JR	Emery	1:26.88
28 Lyman, Ember D	JR	Carbon	1:26.89
29 Niesen, London	JR	Grand County	1:27.38
30 Johnson, Kember	SR	Richfield	1:27.40
31 Smith, Savannah	SO	Saint Joseph	1:27.82
32 Niesen, Madi	FR	Grand County	1:28.45

## Event 20 Men 100 Yard Breaststroke

Name	Yr	School	Seed Time
1 Morton, Nico	SR	Judge	1:01.28
2 Gleason, Charlie	JR	Juan Diego	1:04.57
3 Hansen, Hayden	SR	South Sevier	1:05.86
4 Cowan, Sam	JR	Judge	1:06.40
5 Flieringa, Xavier	SO	Juan Diego	1:07.39
6 Shakib, Thomas	JR	Rowland Hall	1:07.84
7 Batty, Stetson	SO	Union	1:08.38
8 Cannon, Ethan D	JR	Canyon View	1:08.44
9 Rivkind, Dalton	SO	Ogden	1:08.97
10 Hren, Nick	JR	Grand County	1:09.27
11 Larsen, Kade	JR	Emery	1:09.34
12 Carlton, Toby	SO	Ogden	1:09.67
13 Willey, Ty	SR	Ogden	1:09.73
14 Crowther, Case	SO	Ogden	1:09.98
15 Schmitt, Keaton	SO	Union	1:10.01
16 Hansen, Lincoln	FR	South Sevier	1:10.27
17 Parks, Josh	JR	Grantsville	1:10.31
18 Farr, Zach	SO	Judge	1:10.81
19 Nielson, Austin	SR	Richfield	1:11.05
20 Staley, Carter	JR	North Summit	1:11.43
21 Pratt, Hank	SR	Judge	1:11.46
22 Bassett, Jaedon	SR	Millard	1:12.01
23 Jensen, Parker	SO	Emery	1:12.68
24 Draper, Lyle	JR	Morgan	1:12.92
25 Waters, Tyler	JR	Gunnison Valley	1:12.96
26 Halliday, Branson	SO	South Summit	1:13.69
27 Field, Carter	SR	Morgan	1:14.28
28 Hoopes, Tyler	JR	Union	1:14.81
29 Baldwin, Caleb	SR	Richfield	1:15.56
30 Morris, Jacob	FR	Emery	1:15.62
31 Childs, Sloane	FR	Gunnison Valley	1:15.66
32 Petersen, Trek	FR	Emery	1:15.98

## Event 21 Women 400 Yard Freestyle Relay

Team	Relay	Seed Time
1 Juan Diego		3:56.96
2 Judge		4:05.70
3 Emery		4:05.84
4 Carbon		4:12.29
5 Millard		4:12.99
6 Grand County		4:15.71

## 3A State Swimming Championships - 2/10/2023 to 2/11/2023

## UHSAA State Championship Swimming

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## Psych Sheet - Prelim all Events

## Event 21 ...(Women 400 Yard Freestyle Relay)

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
7	Union		4:16.79
8	Ogden		4:16.88
9	Richfield		4:17.74
10	South Summit		4:18.45
11	Canyon View		4:29.22
12	Manti		4:29.56
13	North Sanpete		4:35.42
14	Morgan		4:37.07
15	Grantsville		4:42.01
16	North Summit		4:56.21
17	Delta		5:10.80
18	Gunnison Valley		5:32.55

## Event 22 Men 400 Yard Freestyle Relay

	<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>
1	Judge		3:28.71
2	Canyon View		3:31.68
3	Juan Diego		3:35.91
4	Ogden		3:35.92
5	Carbon		3:37.86
6	Grand County		3:39.74
7	Union		3:40.76
8	Richfield		3:43.89
9	Morgan		3:49.07
10	Emery		3:49.77
11	Millard		3:49.93
12	South Summit		3:52.56
13	North Sanpete		3:53.83
14	Ben Lomond		3:59.09
15	Manti		4:04.00
16	North Summit		4:06.46
17	Gunnison Valley		4:11.05
18	Delta		6:08.35