

4A Utah High School State Swimming Champs - 2/7/2025 to 2/8/2025

Utah High School State Swimming Championships

Psych Sheet - Prelim

#1 Women 200 Yard Medley Relay

4A HS Record: 1:49.02 2019 Desert Hills

C. Romprey, M. Dunlavy, S. Hansen, T. Schimbeck

UT HS Record: 1:45.00 2025 Wasatch High School

A Diedrichs, G Cannon, R Andrews, E Malinka

Pool Record: 1:39.56 2025

1:44.31 * All-A Automatic

1:46.22 # All-A Consideration

Team	Relay	Seed Time
1	RIDGE	1:51.84
2	SVHS	1:55.55
3	THS	1:57.21
4	PCHS	1:57.43
5	CRIM	1:57.82
6	DHHS	1:59.81
7	GCHS	2:00.25
8	PHS	2:00.42
9	LHS	2:00.73
10	PROVO	2:00.86
11	MCHS	2:03.30
12	SCHS	2:03.76
13	HURR	2:05.33
14	CCHS	2:05.72
15	HILL	2:06.07
16	MHS	2:06.75
17	MVHS	2:07.56
18	SHS	2:09.17
19	PVHS	2:11.28
20	UHS	2:11.43

#2 Men 200 Yard Medley Relay

4A HS Record: 1:35.66 2019 Desert Hills

P. Plumb, K. Wawrzyniak, A. Anderson, C. Rettie

UT HS Record: 1:32.34 2024 Olympus High School

W de la Garza, O Hartman, B Hatchard, K Tu

Pool Record: 1:25.79 2024

T. Edwards, B. Prolo, J. Tiffany, L. Riva

1:32.38 * All-A Automatic

1:34.11 # All-A Consideration

Team	Relay	Seed Time
1	MCHS	1:40.63
2	MHS	1:41.32
3	DHHS	1:42.08
4	HURR	1:42.43
5	OREM	1:42.57
6	CCHS	1:42.64
7	HILL	1:42.81
8	UHS	1:43.83
9	SVHS	1:44.15
10	COLTS	1:44.28
11	RIDGE	1:44.70
12	PCHS	1:45.47
13	GCHS	1:47.14
14	PHS	1:48.14
15	SCHS	1:48.19
16	CRIM	1:48.28
17	JOR	1:49.85
18	BRHS	1:50.09
19	MVHS	1:50.33

20 TOOEL 1:51.17

#3 Women 200 Yard Freestyle

4A HS Record: 1:51.33 2012 Hailey Pabst

UT HS Record: 1:50.32 2011 Amanda A Barrett

Pool Record: 1:48.78 2024 Lily Milner

1:48.79 * All-A Automatic

1:50.65 # All-A Consideration

Name	Yr	School	Seed Time
1	Bulkley, Avery Q	SR PHS	1:54.54
2	Mugleston, McK	JR SCHS	1:58.42
3	Bonnett, Kaitlyn	SR PROVO	1:59.60
4	Nielsen, Bryn	SR GCHS	2:00.89
5	Springer, Carly F	SO MVHS	2:03.22
6	Casperson, Elois	SO RIDGE	2:03.22
7	Condos, Lily	SO SVHS	2:03.52
8	Romprey, Dylan	JR DHHS	2:04.18
9	Anderson, Niah	SO HURR	2:05.79
10	Carpenter, AK K	FR DHHS	2:06.23
11	Swenson, Tayte F	SR PCHS	2:06.37
12	Jones, Addison	SO RIDGE	2:07.17
13	Jones, Afton H	FR THS	2:07.84
14	Hart, Malia	JR MCHS	2:09.11
15	Howell, Madelyn	FR CCHS	2:09.81
16	Lawyer, Amber	SR SVHS	2:10.27
17	Sorensen, Adony	SR RIDGE	2:10.91
18	Darnell, Madelyn	SO RIDGE	2:11.57
19	Chlarson, Vivian	FR TOOEL	2:15.24
20	Allred, Macy	SO GCHS	2:15.25
21	Reed, Aunara	SO MCHS	2:16.47
22	Borjigin, Bodi	FR PCHS	2:16.48
23	Sutherland, Reb	SR MHS	2:16.98
24	Allred, Annalee	JR CCHS	2:17.95
25	Simpson, Kallie	SO HURR	2:18.43
26	Bryner, Jade	SO JOR	2:19.12
27	Garrity, Miri	FR LHS	2:19.55
28	Carlile, Lila	SO DIXIE	2:19.80
29	Andrews, Ireland	SO TOOEL	2:19.82
30	Peterson, Abby	JR BRHS	2:20.20
31	Jeppson, Samant	SR SHS	2:20.26
32	Flores, Maya	JR MHS	2:20.33

#4 Men 200 Yard Freestyle

4A HS Record: 1:38.75 2020 Payton Plumb

UT HS Record: 1:38.39 2021 Tanner Nelson

Pool Record: 1:35.59 2025 Tanner Nelson

1:38.21 * All-A Automatic

1:39.81 # All-A Consideration

Name	Yr	School	Seed Time
1	Elgie, Keegan M	SR PCHS	1:43.25
2	Reed, Blake	SR SVHS	1:47.85
3	Kane, Carter	SO HURR	1:48.24
4	Kwant, Kyler	JR MCHS	1:48.31
5	Caliendo, Marcus	FR RIDGE	1:49.44
6	Childress, AJ	JR COLTS	1:49.64
7	Christensen, Jam	SR OREM	1:49.86
8	Kimball, Wiatt	SR LHS	1:50.85
9	Crowley, Dax	FR SCHS	1:50.89
10	Tenny, Ben	SR RIDGE	1:51.55
11	Cowie, Isaac	SR PHS	1:53.40
12	Seals, William	SR TOOEL	1:53.41

13	Bae, Harrison Y	SO PCHS	1:54.21
14	Smith, Oliver	SO MHS	1:54.73
15	Kunz, Finn	FR PHS	1:55.27
16	Morales, Bruno	JR RIDGE	1:55.29
17	Delaney, Bennett	SR TOOEL	1:55.76
18	Emett, Daniel	JR HILL	1:55.81
19	Brimley, Jax	SR MHS	1:56.32
20	Crook, Tyler	JR MCHS	1:56.70
21	Curtis, Joel	JR HILL	1:56.73
22	Barker-Winton, I	FR SCHS	1:57.91
23	Ostrovsky, Joshu	FR PCHS	1:58.00
24	DeLange, Brenna	SR GCHS	1:58.25
25	Paskett, Sidney	JR OREM	1:58.51
26	Horton, Drew	SR PCHS	1:58.85
27	Farrer, William	SR PHS	1:59.33
28	Miner, Jax	SR CRIM	1:59.64
29	Jones, Emerson	JR SVHS	1:59.69
30	Davies, Bridger	JR MHS	1:59.82
31	Adams, McQuadr	SR HURR	2:00.54
32	Olsen, Matthew	SR SVHS	2:00.55

#5 Women 200 Yard IM

4A HS Record: 2:04.68 2006 Sara Jayne Christiansen

UT HS Record: 2:03.41 2019 Rachel E Butler

Pool Record: 2:01.43 2024 Summer Stanfield

2:01.38 * All-A Automatic

2:04.11 # All-A Consideration

Name	Yr	School	Seed Time
1	Richter, Kathleer	SR MHS	2:13.61
2	Cook, Sarah	SR RIDGE	2:15.64
3	Pocock, Claire A	SO PROVO	2:19.33
4	Bott, Haley	SO PHS	2:19.43
5	Meyerson, Tayley	JR SVHS	2:20.44
6	Burnett, Stella	FR MCHS	2:20.58
7	Brick, Logan M	SO PCHS	2:22.94
8	Nye, Adalyn	SR SVHS	2:23.20
9	Olsen, Ruth	SO SVHS	2:23.78
10	Limback, Ella	FR PCHS	2:23.91
11	Han, Annelise N	SO PCHS	2:23.92
12	Taylor, Kinzlee	SR LHS	2:24.06
13	Walsh, Hattie	FR RIDGE	2:25.28
14	Mickelson, Mace	JR CRIM	2:25.49
15	Stevens, Emma	SO DHHS	2:26.07
16	Fryer, Beza	SR GCHS	2:27.20
17	Florence, Jaide J	SR SHS	2:28.32
18	Spagnolo, Lily	JR CCHS	2:30.67
19	Page, Emery	FR SCHS	2:31.22
20	Oakden, Abigail	SO PVHS	2:31.40
21	Christensen, Aliv	FR RIDGE	2:31.94
22	Darii, Arina	FR UHS	2:32.26
23	Mobbs, Alex	SR PHS	2:36.68
24	Marino, Annabel	FR PCHS	2:36.74
25	Spanos, Sophie	JR DHHS	2:39.23
26	Frandsen, Ava	SR RIDGE	2:40.03
27	Schimbeck, Kira	FR DHHS	2:40.04
28	Johnson, Ellie	SO SVHS	2:41.30
29	Barrington, Pers	FR THS	2:42.58
30	Anderson, Ava	JR MCHS	2:42.93
31	Mathis, Loryn	SO LHS	2:43.63
32	Snow, Maddie	JR PROVO	2:43.89

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#6 Men 200 Yard IM

4A HS Record: 1:51.74 2009 Jake Taylor

UT HS Record: 1:48.75 2019 Jordan R Tiffany

Pool Record: 1:44.62 2024 Jordan Tiffany

1:49.14 * All-A Automatic

1:51.34 # All-A Consideration

Name	Yr	School	Seed Time
1 Dooley, Ryan D	SR	SCHS	1:59.90
2 Skinner, Brighan	JR	MCHS	2:00.52
3 Richter, Marcus	SO	MHS	2:01.23
4 Carlsen, Wyatt	JR	RIDGE	2:01.64
5 Anders, Bode	SR	COLTS	2:02.57
6 Contreras, Nate I	SR	PCHS	2:03.94
7 Taylor, Jaime O	SR	PCHS	2:05.20
8 Flores Montes D	JR	OREM	2:05.35
9 Certonio, Haydon	SR	HURR	2:06.94
10 Field, Justus	JR	SVHS	2:07.03
11 Staker, Daynen M	SR	PROVO	2:07.07
12 Hibino, Kaita	SR	OREM	2:07.36
13 Smurthwaite, Mi	JR	TOOEL	2:07.58
14 Judd, Cody	JR	CRIM	2:07.61
15 Powell, Asher	SR	MCHS	2:08.16
16 Fox, Taylor L	SO	CRIM	2:08.27
17 Barraclough, Jate	JR	UHS	2:08.29
18 Waters, Ryder J	JR	DHHS	2:08.80
19 Lundeberg, Risei	SR	MHS	2:09.53
20 Saldanha, Paulo	FR	HILL	2:09.54
21 Drake, William	SR	SVHS	2:09.94
22 Erickson, Slade	SR	WFHS	2:11.23
23 Bridge, Benny	JR	HILL	2:11.86
24 Horne, Jarom	SR	MHS	2:12.01
25 Johnson, Dane	SO	SVHS	2:12.03
26 Midy, Charly	SR	OREM	2:12.18
27 Wendt, Mckay	SO	MHS	2:12.88
28 Anderson, Hyrur	SR	GCHS	2:14.22
29 Erikson, Lance	SR	MCHS	2:14.23
30 Wager, Sean	SR	HILL	2:14.61
31 Robison, Blake P	JR	PROVO	2:14.67
32 Biesinger, Zane	JR	SHS	2:16.41

#7 Women 50 Yard Freestyle

4A HS Record: 23.74 2013 Hailey Pabst

UT HS Record: 23.21 2023 Maddy R Parker

Pool Record: 22.68 2024 Reagan Cathcart

23.08 * All-A Automatic

23.54 # All-A Consideration

Name	Yr	School	Seed Time
1 Richter, Brooklyn	SO	MHS	24.46
2 Weeks, Sydney P	SR	PROVO	25.19
3 Harris, Raiden H	SR	THS	25.22
4 Preece, Maisey	SO	PHS	25.67
5 Klug, Anna B	JR	PCHS	25.80
6 Standing, Shyanr	SO	HURR	25.91
7 Bagley, Vivian	SO	PCHS	25.99
8 Merrill, Alyssa	SR	GCHS	26.04
9 Knudsen, Macke	SO	DHHS	26.04
10 Jones, Adalyn	SR	RIDGE	26.12
11 Dotson, Annabel	SO	CCHS	26.17
12 Allen, Avery	SO	RIDGE	26.24
13 Weinberg, Lily	FR	PCHS	26.29

14 McIllece, Cora	SO	HILL	26.35
15 Schwartz, Jessica	FR	SVHS	26.47
16 Wade, Mia J	FR	THS	26.48
17 Checketts, Peyton	SO	RIDGE	26.49
18 Perry, Peyton	SR	CRIM	26.50
19 Bernhardt, Leigh	SR	LHS	26.55
20 Bonnett, Alli	SO	PROVO	26.76
21 Jones, Abigail	SR	RIDGE	26.90
22 Walters, Gabby	JR	SVHS	26.92
23 Robinson, Sophie	SR	HURR	26.94
24 Scott, Kennedy	SR	SCHS	27.20
25 Walker, Kate	SR	CRIM	27.45
26 Shumway, Elsie	SR	MHS	27.46
27 Dixon, Zoe	JR	SVHS	27.74
28 Harrild, Hannah	JR	GCHS	27.76
29 Borjigin, Bodi	FR	PCHS	27.84
30 Brown, Gracie	JR	SCHS	27.87
31 Tobler, Ella	JR	THS	28.00

#8 Men 50 Yard Freestyle

4A HS Record: 20.60 1997 Billy Betz

UT HS Record: 20.48 2024 Abe D Astle

Pool Record: 19.53 2024 Luigi Riva

20.41 * All-A Automatic

20.80 # All-A Consideration

Name	Yr	School	Seed Time
1 Martin, Aiden	SR	MHS	22.01
2 Pahnke, Gavin	JR	HURR	22.25
3 Sorensen, Austin	SR	MHS	22.25
4 Siegrist, Logan	FR	PCHS	22.50
5 Skorut, Alex	JR	HILL	22.62
6 McCord, Holden	SR	OREM	22.64
7 Miller, Gavin	SO	TOOEL	22.83
8 Law, Gabe	SR	DHHS	22.91
9 Peterson, Blake	JR	PHS	23.01
10 Wright, Max V	SO	THS	23.08
11 Heiner, Luke	SR	RIDGE	23.14
12 Buschkowsky, Pa	SR	UHS	23.19
13 Alonso, Soren	SO	COLTS	23.20
14 Page, Makoa H	SR	SCHS	23.25
15 Westwood, Tann	SR	CCHS	23.26
16 Swinson, Josiah	JR	PVHS	23.28
17 Mauss, JD	JR	MHS	23.30
18 Copeland, Porter	JR	MCHS	23.34
19 Lawrence, Isaac	FR	MHS	23.46
20 Singh, Kanalu	JR	MVHS	23.53
21 Lokan, Reed	JR	COLTS	23.54
22 Nevins, Joseph	SR	CCHS	23.54
23 Bacon, Seth J	SR	SCHS	23.77
24 Hardman, Kyler I	JR	DHHS	23.78
25 Hirschi, Tyson	JR	JOR	23.83
26 Barrick, Joshua	SR	CCHS	23.87
27 Liechty, Brock	SR	PHS	23.90
28 Stoddard, Daxton	SO	GCHS	23.90
29 Wolsey, Carter	SR	OREM	23.91
30 Molina, Jacob	FR	HILL	23.96
31 Winkler, Jason	JR	BRHS	23.99
32 Cluff, Cordell	SR	BRHS	24.07

#9 Women 100 Yard Butterfly

4A HS Record: 54.61 2014 Lillian F Moore

UT HS Record: 53.17 2024 Jade Garstang

Pool Record: 53.17 2024 Jade Garstang

54.32 * All-A Automatic

55.58 # All-A Consideration

Name	Yr	School	Seed Time
1 Bonner, Chesney	JR	DHHS	58.03
2 Cook, Sarah	SR	RIDGE	58.89
3 Weeks, Sydney P	SR	PROVO	1:00.81
4 Springer, Carly F	SO	MVHS	1:02.77
5 Bott, Haley	SO	PHS	1:02.91
6 Taylor, Kinzlee	SR	LHS	1:03.54
7 Callahan, Saman	SR	JOR	1:04.19
8 Standing, Shyanr	SO	HURR	1:04.21
9 Pockock, Claire A	SO	PROVO	1:04.29
10 Nye, Adalyn	SR	SVHS	1:04.56
11 Condos, Lily	SO	SVHS	1:04.97
12 Palma, Isabella	SO	HURR	1:05.32
13 Wade, Mia J	FR	THS	1:05.60
14 Walker, Kate	SR	CRIM	1:05.98
15 Lamb, Erma	SR	DIXIE	1:06.05
16 Mickelson, Mace	JR	CRIM	1:06.71
17 Stevens, Emma	SO	DHHS	1:07.06
18 Cardenas, Brynn	SR	CRIM	1:07.27
19 Xu, Chelsea	FR	HILL	1:08.01
20 Fryer, Beza	SR	GCHS	1:08.19
21 Peterson, Maddi	SR	HILL	1:08.53
22 Crosby, Maggie	JR	SCHS	1:09.24
23 Marino, Annabel	FR	PCHS	1:09.64
24 Gathercoal, Kelse	JR	SVHS	1:09.74
25 Klein, Olivia	FR	PCHS	1:09.93
26 Shields, Reagan	SO	SHS	1:10.06
27 Valadez, Tracie	JR	UHS	1:10.06
28 Shumway, Elsie	SR	MHS	1:10.07
29 Skinner, Kenya	JR	MCHS	1:10.16
30 Bergman, Taylor	JR	PCHS	1:10.29
31 LeFevre, Maryn	SR	CRIM	1:10.39
32 Hacking, Elley G	SO	UHS	1:10.84

#10 Men 100 Yard Butterfly

4A HS Record: 49.37 1994 Matt Chamberlain

UT HS Record: 47.71 2020 Jordan R Tiffany

Pool Record: 45.72 2024 Jordan Tiffany

48.38 * All-A Automatic

49.53 # All-A Consideration

Name	Yr	School	Seed Time
1 Fox, Taylor L	SO	CRIM	52.68
2 Scott, Alex	SO	RIDGE	53.68
3 Pahnke, Gavin	JR	HURR	54.67
4 Anders, Bode	SR	COLTS	54.74
5 George, Owen W	SR	SCHS	54.84
6 Field, Justus	JR	SVHS	54.90
7 Barraclough, Jate	JR	UHS	55.09
8 Shupe, Andrew	SO	HILL	55.28
9 Saldanha, Paulo	FR	HILL	55.30
10 Smurthwaite, Mi	JR	TOOEL	55.52
11 Kwant, Kyler	JR	MCHS	55.87
12 Solander, Axel	FR	PCHS	56.08
13 Pendleton, Jaxon	JR	COLTS	56.22

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#10 ... (Men 100 Yard Butterfly)

14	Iverson, Hunter	SR	DHHS	56.40
15	Steed, Jackson	SR	GCHS	56.52
16	Naruta, Pasha	SR	COLTS	56.89
17	McCord, Holden	SR	OREM	56.97
18	Learned, Zane	SR	MHS	57.39
19	Hibino, Kaita	SR	OREM	57.72
20	Pak, Solmun	JR	DHHS	58.07
21	Rodriguez, Isaial	JR	MHS	58.12
22	Giddings, Max	SO	CCHS	58.43
23	Lokan, Reed	JR	COLTS	58.94
24	Tenny, Ben	SR	RIDGE	59.14
25	Sonomura, Teon	FR	OREM	59.25
26	Rowley, Brodie	SR	BRHS	59.29
27	Lawrence, Isaac	FR	MHS	59.46
28	Delaney, Bennett	SR	TOOEL	59.49
29	Nigbur, Jack	SO	JOR	59.51
30	Horton, Drew	SR	PCHS	59.65
31	Wager, Sean	SR	HILL	59.76
32	Boersma, Spence	JR	PHS	59.95

#11 Women 100 Yard Freestyle

4A HS Record:	51.69	2017 Rachel Oyler
UT HS Record:	49.96	2023 Maddy R Parker
Pool Record:	49.96	2023 Madison Parker
	50.16	* All-A Automatic
	50.99	# All-A Consideration

Name	Yr	School	Seed Time	
1	Harris, Raiden H	SR	THS	51.71
2	Richter, Brooklyn	SO	MHS	53.58
3	Daley, Claire	SO	CRIM	54.94
4	Preece, Maisey	SO	PHS	55.22
5	Nielsen, Bryn	SR	GCHS	55.80
6	Bagley, Vivian	SO	PCHS	55.97
7	Limback, Ella	FR	PCHS	56.33
8	Hunter, Zoey	SR	MCHS	57.16
9	Bonnett, Alli	SO	PROVO	57.28
10	Burnett, Stella	FR	MCHS	57.42
11	Checketts, Peyto	SO	RIDGE	58.10
12	McIllice, Cora	SO	HILL	58.26
13	Christensen, Isat	SR	RIDGE	58.28
14	Jones, Adalyn	SR	RIDGE	58.37
15	Lyman, Lexie	JR	GCHS	58.43
16	Allen, Avery	SO	RIDGE	58.56
17	Walters, Gabby	JR	SVHS	58.62
18	Peterson, Molly	SR	LHS	58.67
19	Dotson, Annabel	SO	CCHS	58.98
20	Perry, Peyton	SR	CRIM	59.03
21	Callahan, Saman	JR	JOR	59.37
22	Robinson, Sophie	SR	HURR	1:00.13
23	Howell, Madelyn	FR	CCHS	1:00.23
24	Scott, Kennedy	SR	SCHS	1:01.69
25	Ellis, Natalie	SO	MHS	1:01.70
26	Tobler, Ella	JR	THS	1:01.90
27	Brown, Gracie	JR	SCHS	1:01.91
28	Taylor, Aisling E	JR	PCHS	1:02.45
29	Mackey, Alea	SR	DIXIE	1:02.50
30	Allred, Annalee	JR	CCHS	1:02.85
31	Brooks, Makena	SR	COLTS	1:03.05
32	Dixon, Zoee	JR	SVHS	1:03.12

#12 Men 100 Yard Freestyle

4A HS Record:	45.39	2020 Payton Plumb
UT HS Record:	44.73	2024 Abe D Astle
Pool Record:	43.74	2024 Max Kleinman
	44.72	* All-A Automatic
	45.56	# All-A Consideration

Name	Yr	School	Seed Time	
1	Taylor, Jaime O	SR	PCHS	48.53
2	Sorensen, Austin	SR	MHS	48.73
3	Reed, Blake	SR	SVHS	49.01
4	Siegrist, Logan	FR	PCHS	49.13
5	Kane, Carter	SO	HURR	49.27
6	Martin, Aiden	SR	MHS	49.58
7	Crowley, Dax	FR	SCHS	49.64
8	Scott, Alex	SO	RIDGE	49.85
9	Kimball, Wiatt	SR	LHS	50.06
10	Wright, Max V	SO	THS	50.41
11	Page, Makoa H	SR	SCHS	50.62
12	Miller, Gavin	SO	TOOEL	50.71
13	Hirschi, Tyson	JR	JOR	51.06
14	Buschkowsky, Pa	SR	UHS	51.11
15	Mauss, JD	JR	MHS	51.16
16	Law, Gabe	SR	DHHS	51.41
17	Alonso, Soren	SO	COLTS	51.47
18	Curtis, Joel	JR	HILL	51.57
19	Hardman, Kyler I	JR	DHHS	51.62
20	Peterson, Blake	JR	PHS	51.64
21	Caldwell, Keith B	SO	UHS	51.73
22	Singh, Kanalu	JR	MVHS	51.76
23	Smith, Oliver	SO	MHS	52.70
24	Westwood, Tann	SR	CCHS	52.75
25	DeLange, Brenna	SR	GCHS	52.81
26	Avila, Jose	SR	HILL	52.86
27	Liechty, Brock	SR	PHS	52.88
28	Farrer, William	SR	PHS	53.06
29	Swinson, Josiah	JR	PVHS	53.54
30	Parks, Zachary	JR	SVHS	53.59
31	Hurley, Jack	FR	PCHS	53.68
32	Wolsey, Carter	SR	OREM	53.93

#13 Women 500 Yard Freestyle

4A HS Record:	5:01.67	2024 Avery Q Bulkley
UT HS Record:	4:55.28	2022 Katelyn Andrist
Pool Record:	4:53.91	2024 Cameron Daniell
	4:53.16	* All-A Automatic
	4:58.30	# All-A Consideration

Name	Yr	School	Seed Time	
1	Bulkley, Avery Q	SR	PHS	5:03.86
2	Bonnett, Kaitlyn	SR	PROVO	5:24.70
3	Watson, Lola M	FR	THS	5:25.07
4	Lane, Gretchen D	SR	PCHS	5:25.92
5	Carpenter, AK K	FR	DHHS	5:28.10
6	Lamb, Erma	SR	DIXIE	5:31.51
7	Brick, Logan M	SO	PCHS	5:35.96
8	Rompregy, Dylan	JR	DHHS	5:40.15
9	Swenson, Tayte F	SR	PCHS	5:40.74
10	Jorgensen, Emm	FR	SVHS	5:42.96
11	Anderson, Niah	SO	HURR	5:45.48
12	Lawyer, Amber	SR	SVHS	5:45.72
13	Olsen, Ruth	SO	SVHS	5:46.77

14	Erickson, Marlo	FR	PCHS	5:47.00
15	Hart, Malia	JR	MCHS	5:47.82
16	Stoddard, Adelai	SR	MHS	5:50.00
17	Manriquez, Paloi	SR	CCHS	5:54.74
18	Page, Emery	FR	SCHS	5:54.83
19	Sharifi, Sam	FR	SCHS	5:54.90
20	Jones, Addison	SO	RIDGE	5:55.43
21	Darnell, Madelyr	SO	RIDGE	5:56.23
22	Shreeve, Sunny	SO	GCHS	5:56.42
23	Florence, Jaide J	SR	SHS	5:58.15
24	Schwartz, Kylie	SR	SVHS	5:58.24
25	Crosby, Maggie	JR	SCHS	5:59.05
26	Pratt, Brinley	FR	RIDGE	6:01.25
27	Reed, Aunara	SO	MCHS	6:08.52
28	Bryner, Jade	SO	JOR	6:09.08
29	Sutherland, Reba	SR	MHS	6:10.62
30	Allred, Macy	SO	GCHS	6:12.34
31	Ballstaedt, Macie	SR	RIDGE	6:13.55
32	Porter, Keni P	FR	UHS	6:14.91

#14 Men 500 Yard Freestyle

4A HS Record:	4:33.95	2012 Shawn Western
UT HS Record:	4:30.06	2021 Tanner Nelson
Pool Record:	4:27.17	2022 Tanner Nelson
	4:28.60	* All-A Automatic
	4:32.95	# All-A Consideration

Name	Yr	School	Seed Time	
1	Elgie, Keegan M	SR	PCHS	4:39.32
2	Caliendo, Marcus	FR	RIDGE	4:52.09
3	Richter, Marcus	SO	MHS	4:54.52
4	Bae, Harrison Y	SO	PCHS	4:56.57
5	Childress, AJ	JR	COLTS	5:04.54
6	Flores Montes D	JR	OREM	5:08.82
7	Staker, Daynen M	SR	PROVO	5:09.09
8	Judd, Cody	JR	CRIM	5:09.28
9	Cowie, Isaac	SR	PHS	5:14.49
10	Ostrovsky, Joshu	FR	PCHS	5:14.80
11	Drake, William	SR	SVHS	5:15.37
12	Hurley, Jack	FR	PCHS	5:16.15
13	Seals, William	SR	TOOEL	5:16.19
14	Kunz, Finn	FR	PHS	5:18.07
15	Morales, Bruno	JR	RIDGE	5:19.02
16	Crook, Tyler	JR	MCHS	5:19.19
17	Emett, Daniel	JR	HILL	5:21.35
18	Paskett, Sidney	JR	OREM	5:22.57
19	Brady, Jonas	JR	GCHS	5:26.66
20	Miner, Jax	SR	CRIM	5:26.87
21	Koontz, Stryker	SO	HURR	5:27.91
22	Schuetzler, Hyru	FR	MVHS	5:28.45
23	Davies, Bridger	JR	MHS	5:30.68
24	Ashcroft, Keaton	SR	MHS	5:31.17
25	Olsen, Matthew	SR	SVHS	5:32.42
26	Anderson, Hyrur	SR	GCHS	5:32.56
27	Flores, Joel	SO	MHS	5:34.42
28	Robison, Blake P	JR	PROVO	5:34.61
29	Hunt, Jonas	JR	CCHS	5:35.01
30	Thomas, Jarom F	FR	UHS	5:35.58
31	Jones, Emerson	JR	SVHS	5:37.72
32	Talbot, Trevor A	SR	CCHS	5:37.77

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#15 Women 200 Yard Freestyle Relay

4A HS Record: 1:38.87 2017 Timpview High School

A Bostock, K Hansen, A Jacob, R Oyler

UT HS Record: 1:36.06 2005 Lone Peak High School

H Tiffany, E Brewer, K Bennett, T Bennett

Pool Record: 1:33.42 2020

G. Gustafson, K. Brown, T. Coker, M. Lindsay

1:35.48 * All-A Automatic

1:37.15 # All-A Consideration

Team	Relay	Seed Time
1	PROVO	1:42.32
2	DHHS	1:42.89
3	PHS	1:43.09
4	PCHS	1:43.57
5	THS	1:43.63
6	RIDGE	1:43.92
7	GCHS	1:45.01
8	MHS	1:45.75
9	SCHS	1:46.86
10	CRIM	1:47.34
11	HURR	1:47.84
12	SVHS	1:48.26
13	CCHS	1:49.41
14	MCHS	1:51.00
15	HILL	1:51.11
16	LHS	1:51.13
17	UHS	1:54.88
18	MVHS	1:55.33
19	PVHS	1:55.56
20	SHS	1:56.64

#16 Men 200 Yard Freestyle Relay

4A HS Record: 1:24.43 2019 Desert Hills

P.Plumb, C. Rettie, A. Anderson, K. Wawrzyniak

UT HS Record: 1:23.54 2024 Olympus High School

K Tu, B Hatchard, S Wrona, A Astle

Pool Record: 1:20.12 2022

B. Harrison, R. Woods, J. Nicolas, C. Stirling

1:24.15 * All-A Automatic

1:25.57 # All-A Consideration

Team	Relay	Seed Time
1	PCHS	1:28.57
2	SCHS	1:30.66
3	RIDGE	1:32.04
4	HURR	1:32.12
5	CCHS	1:32.22
6	UHS	1:32.34
7	MHS	1:33.11
8	TOOEL	1:34.03
9	PHS	1:34.40
10	COLTS	1:35.45
11	MCHS	1:35.69
12	GCHS	1:35.88
13	SVHS	1:36.16
14	OREM	1:36.50
15	JOR	1:37.49
16	DHHS	1:37.56
17	MVHS	1:37.64
18	HILL	1:37.71
19	CRIM	1:38.73

20 PROVO 1:39.71

#17 Women 100 Yard Backstroke

4A HS Record: 55.78 2017 Makayla Cazier

UT HS Record: 53.11 2024 Jade Garstang

Pool Record: 53.11 2024 Jade Garstang

54.69 * All-A Automatic

55.91 # All-A Consideration

Name	Yr	School	Seed Time
1	Bonner, Chesney	JR DHHS	59.08
2	Meyerson, Tayley	JR SVHS	1:00.36
3	Lane, Gretchen D	SR PCHS	1:01.31
4	Casperson, Eloise	SO RIDGE	1:01.91
5	Knudsen, Macke	SO DHHS	1:02.76
6	Hunter, Zoey	SR MCHS	1:03.10
7	Weinberg, Lily	FR PCHS	1:03.32
8	Stoddard, Adelai	SR MHS	1:03.79
9	Bernhardt, Leigh	SR LHS	1:04.80
10	Jones, Abigail	SR RIDGE	1:04.82
11	Jones, Afton H	FR THS	1:04.93
12	Peterson, Molly	SR LHS	1:05.14
13	Lyman, Lexie	JR GCHS	1:05.73
14	Darii, Arina	FR UHS	1:05.78
15	Palma, Isabella	SO HURR	1:06.07
16	Cardenas, Brynn	SR CRIM	1:06.40
17	Oakden, Abigail	SO PVHS	1:06.69
18	Gathercoal, Kelse	JR SVHS	1:06.72
19	Christensen, Aliv	FR RIDGE	1:06.91
20	Peterson, Maddie	SR HILL	1:07.04
21	Shields, Reagan	SO SHS	1:07.81
22	Sharifi, Sam	FR SCHS	1:07.87
23	Klein, Olivia	FR PCHS	1:08.04
24	Bartlett, Tessa L	SR PCHS	1:08.63
25	Hawkins, Ashlyn	SR THS	1:08.79
26	Harrild, Hannah	JR GCHS	1:09.08
27	Gathercoal, Kayb	JR SVHS	1:09.31
28	Lyman, Bethany	SR GCHS	1:09.50
29	LeFevre, Maryn	SR CRIM	1:09.55
30	Bankhead, Camil	FR MCHS	1:10.33
31	Frandsen, Ava	SR RIDGE	1:11.11
32	Burg, Kycee	SO OREM	1:11.55

#18 Men 100 Yard Backstroke

4A HS Record: 49.49 2019 Jake Walters

UT HS Record: 48.25 2020 Jordan R Tiffany

Pool Record: 46.78 2019 Mark Nicolaev

48.94 * All-A Automatic

50.13 # All-A Consideration

Name	Yr	School	Seed Time
1	Skinner, Brighar	JR MCHS	53.83
2	Skorut, Alex	JR HILL	54.23
3	Giddings, Max	SO CCHS	56.29
4	Contreras, Nate I	SR PCHS	56.66
5	Powell, Asher	SR MCHS	56.74
6	Griffith, Thomas	SO JOR	58.01
7	Caldwell, Keith B	SO UHS	58.12
8	Ward, Tavis	SR RIDGE	58.27
9	Brimley, Jax	SR MHS	58.41
10	Bacon, Seth J	SR SCHS	58.63
11	Solander, Axel	FR PCHS	58.76
12	Dukes, Preston C	JR PROVO	58.87

13	Pak, Solmun	JR DHHS	59.20
14	Barrick, Joshua	SR CCHS	59.37
15	Waters, Ryder J	JR DHHS	59.37
16	West, CJ	JR GCHS	59.45
17	Longhurst, Tage	JR GCHS	59.77
18	Judd, Caleb M	SR CRIM	59.80
19	Rowley, Brodie	SR BRHS	59.86
20	Johnson, Dane	SO SVHS	1:00.06
21	Pearce, Finley	SO RIDGE	1:00.46
22	Bowling, Devin	JR COLTS	1:01.44
23	Molina, Jacob	FR HILL	1:01.46
24	Wendt, Mckay	SO MHS	1:01.60
25	Stoddard, Logan	SO MHS	1:02.02
26	Johnson, Daniel	JR UHS	1:02.02
27	Jensen, Riley	FR RIDGE	1:02.07
28	Sonomura, Teon	FR OREM	1:02.43
29	Yamamoto, Jacob	FR CCHS	1:02.45
30	Hulse, Henry J	JR MVHS	1:02.59
31	Henry, Caleb	SO CRIM	1:02.75
32	Rice-Warren, Wy	JR LHS	1:02.92

#19 Women 100 Yard Breaststroke

4A HS Record: 1:04.02 2017 Lily Plaudis

UT HS Record: 1:02.09 2020 Haley Altman

Pool Record: 1:00.28 2025 Mackenzie Miller Lung

1:02.53 * All-A Automatic

1:03.85 # All-A Consideration

Name	Yr	School	Seed Time
1	Daley, Claire	SO CRIM	1:09.33
2	Mugleston, McK	JR SCHS	1:09.77
3	Richter, Kathleer	SR MHS	1:09.83
4	Christensen, Isat	SR RIDGE	1:09.85
5	Erickson, Marlo	FR PCHS	1:10.32
6	Schwartz, Jessica	FR SVHS	1:12.45
7	Walsh, Hattie	FR RIDGE	1:12.49
8	Han, Annelise N	SO PCHS	1:14.17
9	Shreeve, Sunny	SO GCHS	1:14.28
10	Schwartz, Kylie	SR SVHS	1:14.34
11	Watson, Lola M	FR THS	1:14.52
12	Klug, Anna B	JR PCHS	1:14.88
13	Jorgensen, Emm	FR SVHS	1:15.45
14	Manriquez, Palo	SR CCHS	1:16.52
15	Merrill, Alyssa	SR GCHS	1:17.30
16	Mobbs, Alex	SR PHS	1:17.57
17	Field, Syndey	FR SVHS	1:17.62
18	Sorensen, Adony	SR RIDGE	1:17.65
19	Pratt, Brinley	FR RIDGE	1:17.69
20	Xu, Chelsea	FR HILL	1:17.86
21	Brandley, Megan	SR GCHS	1:18.16
22	Simpson, Rylie	SR HURR	1:18.71
23	Anderson, Ava	JR MCHS	1:18.98
24	Mathis, Loryn	SO LHS	1:19.11
25	Thomas, Campbe	FR PCHS	1:19.25
26	Valadez, Amanda	FR UHS	1:20.21
27	Haws, Tearsa	SO CRIM	1:20.63
28	Spanos, Sophie	JR DHHS	1:20.75
29	Meeke, Hannah	SR MCHS	1:21.28
30	McDonough, Luc	SR HILL	1:21.72
31	Burg, Kycee	SO OREM	1:22.29

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#20 Men 100 Yard Breaststroke

4A HS Record: 56.68 2021 Max Cannon

UT HS Record: 55.29 2022 Jayden Hicken

Pool Record: 52.31 2024 Jaek Horner

55.22 * All-A Automatic

56.46 # All-A Consideration

Name	Yr	School	Seed Time
1 Christensen, Jam	SR	OREM	59.77
2 Iverson, Hunter	SR	DHHS	1:00.86
3 Certonio, Haydon	SR	HURR	1:01.07
4 George, Owen W	SR	SCHS	1:01.91
5 Dooley, Ryan D	SR	SCHS	1:03.02
6 Copeland, Porter	JR	MCHS	1:03.13
7 Carlsen, Wyatt	JR	RIDGE	1:03.24
8 Shupe, Andrew	SO	HILL	1:03.29
9 Pendleton, Jaxon	JR	COLTS	1:03.36
10 Lundeberg, Risei	SR	MHS	1:04.05
11 Bridge, Benny	JR	HILL	1:04.23
12 Erickson, Slade	SR	WFHS	1:04.31
13 Midy, Charly	SR	OREM	1:04.55
14 Heiner, Luke	SR	RIDGE	1:04.63
15 Steed, Jackson	SR	GCHS	1:04.81
16 Meek, Aizik	SR	SVHS	1:05.25
17 Barker-Winton, I	FR	SCHS	1:05.54
18 Horne, Jarom	SR	MHS	1:05.61
19 Nevins, Joseph	SR	CCHS	1:06.10
20 Erikson, Lance	SR	MCHS	1:06.31
21 Learned, Zane	SR	MHS	1:07.11
22 Thomas, Jarom F	FR	UHS	1:07.58
23 Naruta, Pasha	SR	COLTS	1:08.05
24 de la Hoz, Antony	SR	RIDGE	1:08.28
25 Lindsey, Carter	SR	PHS	1:08.53
26 Flitton, Burke	SR	DHHS	1:08.64
27 Divricean, Andre	SO	HILL	1:09.05
28 Beck, Dallin	SR	SVHS	1:09.52
29 Sant, Sebastian	SR	SVHS	1:09.54
30 Morris, Finn	FR	MHS	1:09.66
31 Briggs, Nathan	SR	CCHS	1:09.90
32 Sandgren, Jack	SO	RIDGE	1:10.32

#21 Women 400 Yard Freestyle Relay

4A HS Record: 3:33.63 2014 Skyline High School

A. Miller, A. Dibble, C. Brooks, L. Moore

UT HS Record: 3:30.93 2024 Lone Peak High School

H. Tiffany E Brewer G Wilson T Bennett

Pool Record: 3:21.22 2024

I. Riso, L. Milner, N. Hay, R. Cathcart

3:27.68 * All-A Automatic

3:31.16 # All-A Consideration

Team	Relay	Seed Time
1 DHHS		3:43.87
2 PROVO		3:44.76
3 PHS		3:46.39
4 RIDGE		3:48.03
5 PCHS		3:48.35
6 SVHS		3:52.31
7 CRIM		3:52.98
8 THS		3:54.76
9 MHS		3:54.97
10 SCHS		3:57.35

11 MCHS 3:58.73

12 LHS 4:00.64

13 GCHS 4:00.67

14 HURR 4:01.50

15 CCHS 4:06.97

16 MVHS 4:10.94

17 HILL 4:12.32

18 SHS 4:14.88

19 UHS 4:15.51

20 TOOEL 4:17.67

#22 Men 400 Yard Freestyle Relay

4A HS Record: 3:10.16 2019 Desert Hills High School

P Plumb, G Crawford, A Anderson, K Wawrzyniak

UT HS Record: 3:03.67 2024 Olympus High School

W de la Garza, M Moran, S Wrona, A Astle

Pool Record: 2:54.65 2024

L. Riva, D. Camacho, P. Plumb, J. Tiffany

3:05.17 * All-A Automatic

3:08.08 # All-A Consideration

Team	Relay	Seed Time
1 PCHS		3:13.43
2 MHS		3:19.87
3 SCHS		3:22.20
4 MCHS		3:23.11
5 RIDGE		3:23.38
6 COLTS		3:24.05
7 SVHS		3:25.64
8 HILL		3:26.55
9 PHS		3:27.14
10 OREM		3:27.87
11 TOOEL		3:28.26
12 DHHS		3:29.43
13 CRIM		3:30.29
14 HURR		3:31.90
15 CCHS		3:33.20
16 UHS		3:35.93
17 GCHS		3:36.06
18 PROVO		3:36.10
19 MVHS		3:36.61
20 BRHS		3:43.19