

THURSDAY RUNNING EVENTS (4A-6A)

				# of Heats
9:00 AM	Girls= 4x100m Rel	4A, 5A, 6A	Trials	6
9:30 AM	Boys= 4x100m Rel	4A, 5A, 6A	Trials	6
10:00 AM	Girls= 3200m Run	4A, 5A, 6A	Timed Finals	3
10:45 AM	Boys= 3200m Run	4A, 5A, 6A	Timed Finals	3
11:30 AM	Girls= 100m Hurd	4A, 5A, 6A	Trials	6
11:50 AM	Boys= 110m Hurd	4A, 5A, 6A	Trials	6
12:10 PM	Girls= 100m Dash	4A, 5A, 6A	Trials	6
12:25 PM	Boys= 100m Dash	4A, 5A, 6A	Trials	6
12:40 PM	Girls= 400m Dash	4A, 5A, 6A	Trials	6
1:00 PM	Boys= 400m Dash	4A, 5A, 6A	Trials	6
1:20 PM	Break			
2:00 PM	Girls= 300m Hurd	4A, 5A, 6A	Trials	6
2:20 PM	Boys= 300m Hurd	4A, 5A, 6A	Trials	6
2:40 PM	Girls= 800m Run	4A, 5A, 6A	Timed Finals	3
2:55 PM	Boys= 800m Run	4A, 5A, 6A	Timed Finals	3
3:10 PM	Girls= 200m Dash	4A, 5A, 6A	Trials	6
3:30 PM	Boys= 200m Dash	4A, 5A, 6A	Trials	6
3:50 PM	Girls= Med Rel	4A, 5A, 6A	Timed Finals	6
4:30 PM	Boys= Med Rel	4A, 5A, 6A	Timed Finals	6

THURSDAY FIELD EVENTS (4A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
10:00 AM	4A Girls	5A Boys	6A Girls	4A Boys	5A Girls	6A Girls
12:00 PM	5A Girls	6A Boys	4A Girls	5A Boys	6A Girls	
1:00 PM						6A Boys
2:00 PM	6A Girls	4A Boys	5A Girls	6A Boys	4A Girls	

FRIDAY RUNNING EVENTS (1A-6A)

7:30 AM	Girls= 1600m Run	4A, 5A, 6A	Timed Finals	3
7:55 AM	Boys= 1600m Run	4A, 5A, 6A	Timed Finals	3
8:20 AM	Girls= 4x100m Rel	4A, 5A, 6A	Finals	3
8:35 AM	Boys= 4x100m Rel	4A, 5A, 6A	Finals	3
8:50 AM	Girls= 1600m Run	1A, 2A, 3A	Timed Finals	3
9:15 AM	Boys= 1600m Run	1A, 2A, 3A	Timed Finals	3
9:40 AM	Girls= 100m Hurd	4A, 5A, 6A	Finals	3
9:50 AM	Girls= 100m Hurd	1A, 2A, 3A	Trials	6
10:10 AM	Boys= 110m Hurd	4A, 5A, 6A	Finals	3
10:25 AM	Boys= 110m Hurd	1A, 2A, 3A	Trials	6
10:45 AM	Girls= 100m Dash	4A, 5A, 6A	Finals	3
10:55 AM	Girls= 100m Dash	1A, 2A, 3A	Trials	6
11:15 AM	Boys= 100m Dash	4A, 5A, 6A	Finals	3
11:25 AM	Boys= 100m Dash	1A, 2A, 3A	Trials	6
11:45 AM	Girls= 400m Dash	4A, 5A, 6A	Finals	3
11:55 AM	Girls= 400m Dash	1A, 2A, 3A	Trials	6
12:15 PM	Boys= 400m Dash	4A, 5A, 6A	Finals	3
12:25 PM	Boys= 400m Dash	1A, 2A, 3A	Trials	6
12:40 PM	Academic All State	4A, 5A, 6A		
1:45 PM	Girls= 300m Hurd	4A, 5A, 6A	Finals	3
2:00 PM	Girls= 300m Hurd	1A, 2A, 3A	Trials	6
2:20 PM	Boys= 300m Hurd	4A, 5A, 6A	Finals	3
2:35 PM	Boys= 300m Hurd	1A, 2A, 3A	Trials	6
2:55 PM	Girls= Med Rel	1A, 2A, 3A	Timed Finals	6
3:40 PM	Boys= Med Rel	1A, 2A, 3A	Timed Finals	6
4:20 PM	Girls= 200m Dash	4A, 5A, 6A	Finals	3
4:30 PM	Girls= 200m Dash	1A, 2A, 3A	Trials	6
4:50 PM	Boys= 200m Dash	4A, 5A, 6A	Finals	3
5:10 PM	Boys= 200m Dash	1A, 2A, 3A	Trials	6
5:30 PM	Girls= 4x400m Rel	4A, 5A, 6A	Timed Finals	6
6:10 PM	Boys= 4x400m Rel	4A, 5A, 6A	Timed Finals	6

FRIDAY FIELD EVENTS (1A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
8:00 AM	4A Boys	5A Girls	2A Boys	4A Girls	5A Boys	
10:00 AM	5A Boys	3A Girls	1A Boys	2A Girls	6A Boys	4A-5A Girls
12:00 PM	6A Boys	1A Girls	4A Boys	3A Girls	4A Boys	
1:00 PM						4A-5A Boys
1:30 PM	2A Boys	6A Girls	5A Boys	5A Girls	3A Boys	
3:30PM	3A Boys	4A Girls	6A Boys	6A Girls	1A Boys	

7:00 PM Team Awards 4A, 5A, 6A

SATURDAY RUNNING EVENTS (1A-3A)

9:00 AM	Girls= 4x100m Rel	1A, 2A, 3A	Timed Finals	6
9:20 AM	Boys= 4x100m Rel	1A, 2A, 3A	Timed Finals	6
9:40 AM	Girls= 3200m Run	1A, 2A, 3A	Timed Finals	3
10:30 AM	Boys= 3200m Run	1A, 2A, 3A	Timed Finals	3
11:15 AM	Girls= 100m Hurd	1A, 2A, 3A	Finals	3
11:30 AM	Boys= 110m Hurd	1A, 2A, 3A	Finals	3
11:45 AM	Girls= 100m Dash	1A, 2A, 3A	Finals	3
12:00 PM	Boys= 100m Dash	1A, 2A, 3A	Finals	3
12:15 PM	Girls' 400m Dash	1A, 2A, 3A	Finals	3
12:30 PM	Boys' 400m Dash	1A, 2A, 3A	Finals	3
12:45 PM	Academic All State	1A, 2A, 3A		
1:30 PM	Girls' 300m Hurd	1A, 2A, 3A	Finals	3
1:45 PM	Boys' 300m Hurd	1A, 2A, 3A	Finals	3
2:00 PM	Girls' 800m Run	1A, 2A, 3A	Timed Finals	3
2:20 PM	Boys' 800m Run	1A, 2A, 3A	Timed Finals	3
2:40 PM	Girls' 200m Dash	1A, 2A, 3A	Finals	3
2:55 PM	Boys' 200m Dash	1A, 2A, 3A	Finals	3
3:10 PM	Girls' 4x400m Rel	1A, 2A, 3A	Timed Finals	6
4:00 PM	Boys' 4x400m Rel	1A, 2A, 3A	Timed Finals	6

SATURDAY FIELD EVENTS (1A-3A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
9:00 AM	2A Girls	1A Boys	3A Girls	2A Boys	1A Girls	
10:00 AM						1A-3A Girls
11:00 AM	1A Girls	3A Boys	2A Girls	1A Boys	3A Girls	
1:00 PM	3A Girls	2A Boys	1A Girls	3A Boys	2A Girls	1A-3A Boys
3:00 PM	1A Boys	2AGirls	3A Boys	1A Girls	2A Boys	

5:00 PM Team Awards 1A, 2A, 3A