

THURSDAY RUNNING EVENTS (5A-6A)

				# of Heats (actual # run in 2018)
10:00 AM	Girls= 4x100m Rel	5A, 6A	Trials	4
10:20 AM	Boys= 4x100m Rel	5A, 6A	Trials	4
10:40 AM	Girls= 3200m Run	5A, 6A	Timed Finals	2
11:10 AM	Boys= 3200m Run	5A, 6A	Timed Finals	2
11:40 AM	Girls= 100m Hurd	5A, 6A	Trials	4
11:55 AM	Boys= 110m Hurd	5A, 6A	Trials	6
12:15 PM	Girls= 100m Dash	5A, 6A	Trials	5
12:30 PM	Boys= 100m Dash	5A, 6A	Trials	6
12:50 PM	Girls= 400m Dash	5A, 6A	Trials	6
1:10 PM	Boys= 400m Dash	5A, 6A	Trials	5
1:30 PM	Break			
2:10 PM	Girls= 300m Hurd	5A, 6A	Trials	4
2:25 PM	Boys= 300m Hurd	5A, 6A	Trials	5
2:40 PM	Girls= 800m Run	5A, 6A	Timed Finals	4
3:05PM	Boys= 800m Run	5A, 6A	Timed Finals	4
3:30 PM	Girls= 200m Dash	5A, 6A	Trials	5
3:50 PM	Boys= 200m Dash	5A, 6A	Trials	6
4:10 PM	Girls= Med Rel	5A, 6A	Timed Finals	4
4:40 PM	Boys= Med Rel	5A, 6A	Timed Finals	6

THURSDAY FIELD EVENTS (5A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
10:00 AM	6A Girls	5A Boys	5A Girls	6A Boys	5A Girls	5A Girls
12:00 PM	5A Girls	6A Boys	6A Girls	5A Boys	6A Girls	
1:00 PM						5A Boys
2:00 PM	5A Boys	6A Girls	6A Boys	5A Girls	6A Boys	

FRIDAY RUNNING EVENTS (1A-4A)

				# of Heats (actual # run in 2018)
10:00 AM	Girls= 4x100m Rel	4A	Trials	2
10:10 AM	Boys= 4x100m Rel	4A	Trials	2
10:20 AM	Girls= 3200m Run	1A, 2A, 3A, 4A	Timed Finals	4
11:30 AM	Boys= 3200m Run	1A, 2A, 3A, 4A	Timed Finals	4
12:30 PM	Girls= 100m Hurd	1A, 2A, 3A, 4A	Trials	8
12:50 PM	Boys= 110m Hurd	1A, 2A, 3A, 4A	Trials	9
1:10 PM	Girls= 100m Dash	1A, 2A, 3A, 4A	Trials	9
1:30 PM	Boys= 100m Dash	1A, 2A, 3A, 4A	Trials	10
1:50 PM	Girls= 400m Dash	1A, 2A, 3A, 4A	Trials	8
2:10 PM	Boys= 400m Dash	1A, 2A, 3A, 4A	Trials	9
2:20 PM	Break			
3:00 PM	Girls= 300m Hurd	1A, 2A, 3A, 4A	Trials	8
3:20 PM	Boys= 300m Hurd	1A, 2A, 3A, 4A	Trials	9
3:40 PM	Girls= 800m Run	1A, 2A, 3A, 4A	Timed Finals	6
4:05 PM	Boys= 800m Run	1A, 2A, 3A, 4A	Timed Finals	6
4:30 PM	Girls= 200m Dash	1A, 2A, 3A, 4A	Trials	10
4:50 PM	Boys= 200m Dash	1A, 2A, 3A, 4A	Trials	10
5:10 PM	Girls= Med Rel	1A, 2A, 3A, 4A	Timed Finals	8
6:00 PM	Boys= Med Rel	1A, 2A, 3A, 4A	Timed Finals	8

FRIDAY FIELD EVENTS (1A-4A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
10:00 AM	1A Boys	2A Girls	3A Boys	2A Boys	4A Girls	1A-4A Boys
12:00 PM	2A Boys	3A Girls	4A Boys	3A Boys	1A Girls	
2:00 PM	3A Boys	4A Girls	1A Boys	4A Boys	2A Girls	1A-4A Girls
4:00 PM	4A Boys	1A Girls	2A Boys	1A Boys	3A Girls	

SATURDAY RUNNING EVENTS (1A-6A)

				# of Heats (actual # run in 2018)
8:00 AM	Girls' 4x100m Relay	1A, 2A, 3A	Timed Finals	6
8:25 AM	Boys' 4x100m Relay	1A, 2A, 3A	Timed Finals	5
8:50 AM	Girls= 4x100m Rel	4A, 5A, 6A	Finals	3
9:05 AM	Boys= 4x100m Rel	4A, 5A, 6A	Finals	3
9:20 AM	Girls= 1600m Run	1A-6A	Timed Finals	6
10:10 AM	Boys= 1600m Run	1A-6A	Timed Finals	6
10:50 AM	Girls= 100m Hurd	1A-6A	Finals	6
11:10 AM	Boys= 110m Hurd	1A-6A	Finals	6
11:30 AM	Girls= 100m Dash	1A-6A	Finals	6
11:50 PM	Boys= 100m Dash	1A-6A	Finals	6
12:10 PM	Girls= 400m Dash	1A-6A	Finals	6
12:35 PM	Boys= 400m Dash	1A-6A	Finals	6
1:00 PM	Break			
1:50 PM	Girls= 300m Hurd	1A-6A	Finals	6
2:20 PM	Boys= 300m Hurd	1A-6A	Finals	6
2:50 PM	Girls= 200m Dash	1A-6A	Finals	6
3:10 PM	Boys= 200m Dash	1A-6A	Finals	6
3:30 PM	Girls= 4x400m Rel	1A-4A	Timed Finals	6
4:20 PM	Boys= 4x400m Rel	1A-4A	Timed Finals	7
5:20 PM	Girls= 4x400m Rel	5A-6A	Timed Finals	4
5:45 PM	Boys= 4x400m Rel	5A-6A	Timed Finals	4

SATURDAY FIELD EVENTS (1A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
8:00 AM	4A Girls	1A Boys	2A Girls	3A Girls	4A Boys	
9:00 AM						
9:45 AM	1A Girls	2A Boys	3A Girls	4A Girls	1A Boys	6A Girls
11:30 AM	2A Girls	3A Boys	4A Girls	1A Girls	2A Boys	
1:00 PM						
1:15 PM	3A Girls	4A Boys	1A Girls	2A Girls	3A Boys	6A Boys
3:00 PM	6A Boys	5A Girls	5A Boys	6A Girls	5A Boys	

6:15 PM Team Awards 1A-6A

