

2021 State Track & Field Championships

May 18-19;21-22, 2021 Davis High School Kaysville, Utah

Meet Information

Mountain America Credit Union and the Utah High School Activities Association are pleased to present the 2021 State Track & Field Championships on Tuesday and Wednesday, May 18-19, and Friday-Saturday, May 21-22, 2021 hosted at Davis High School. **The following information should be read completely and followed carefully.**

Entries

Entries are due by 8:00 p.m., Friday, May 14 for 5A/6A (Open May 10 at 8:00 a.m.). Entries are due by 8:00 p.m., Saturday, May 15 for 1A/4A. Note: Deadlines are different than past years.

A contestant is entered in the state meet when an official entry has been submitted by the coach and verified by the UHSAA. This means that region meets are non-declaratory.

Entries must include the qualifying mark to be valid. Only a valid qualifying mark should be

submitted. When entering a contestant, the name and date of the qualifying meet where the mark was achieved are to be entered in the appropriate boxes. If the qualification is by place at a region meet, enter the name of the region meet and the place (for example Region 8, 3rd), and the enter the time/mark received at that region meet. For athletes that qualified by place at the region meet, her/his valid qualifying mark is the one she/he achieved in winning that place at the region meet, even if that mark is of lower value than other marks they achieved during the season. Any athlete entered with an invalid qualifying mark will result in a \$50.00 fine to the school.

Individual schools are responsible to enter their own contestants. Regions do not submit entries. The entry for this meet will be accomplished through the RunnerCard web-site at www.runnercard.com. The access code to be able to enter the meet is:

state2021

link for entering contestants may be accessed at:

1A – 4A: https://www.runnercard.com/e/runner.Main?meet=1003638

5A-6A: https://www.runnercard.com/e/runner.Main?meet=1003637

Entries will be closed at 6:00 p.m. on Saturday, May 15 for 5A/6A and Monday at 8:00 a.m. on Monday, May 17. Please be accurate in entry submission. Once entries are submitted please review them carefully with the student/athletes to assure accuracy. If errors are discovered after the entry deadline, they may be corrected by the school on the RunnerCard site during the correction/change windows. Entries will be locked per the schedule below. No changes will be allowed after that time. Once entries are locked, the list of all entries with qualifying marks will be publicly posted on the RunnerCard site.

Entry Limitations

Subject to rule 4-2, each school will be allowed to enter all contestants who have qualified either by place at their region meet or by standard at a sanctioned state qualifying meet (region meets

are sanctioned state qualifying meets). A school may enter only one qualified relay team in each of the relay events. A competitor shall not compete in more than four events, **including** relays.

A contestant shall not be entered in more than four events, **excluding** relays. (NFHS Track & Field Rules Book 4-2)

Note: per action by the UHSAA Executive Committee competing in the 2A boys' or girls' pole vault does not count toward the 4 event limit.

Relay Entries

A minimum of four and a maximum of six names are to be listed on all relay entries. The entry done on-line is considered to be the relay entry card referred to in rule 5-10-2. Being listed on a relay entry does not count as one of the contestant's four events. However, competing in a relay, in either the trials or finals, <u>does</u> count as one of the contestant's four events. **Any substitutions must come from those names listed on the relay entry submitted on-line**. Relay entries, including all names of the contestants entered in a relay (4-6 names), are to be complete and submitted with a school's entry prior to the deadline.

5A-6A Entry Timeline:

Friday, May 14 8:00 p.m....entries due

Fri, May 14 8:00 p.m.- Sat, May 15 6:00 p.m...review of own entry for errors Sat, May 15 6:00 p.m. – Sun May 16 6:00 p.m ...error correction /change window

Sun, May 16 6:00 p.m....entries locked, no changes or additions allowed

Sun, May 16 9:00 p.m....entries will be made public

Sun, May 16 9:00 p.m.-Mon, May 17 10:00 a.m. challenges of marks accepted

Mon, May 17 2:00 p.m...heat, lane and flight assignments posted

1A-4A Entry Timeline:

Sat, May 15 8:00 p.m...entries due

Sat, May 15 8:00 p.m.-Sun, May 16 8:00 p.m...review of own entry for errors

Sun, May 16 8:00 p.m-Mon, May 17 6:00 p.m..error correction /change window

Mon, May 17 6:00 p.m....entries locked, no changes or additions allowed

Mon, May 17 9:00 p.m...entries will be made public

Mon, May 17 9:00 p.m-Wed, May 19 9:00 p.m...challenges of marks accepted

Thu, May 20 12:00 noon....heat, lane and flight assignments posted

Entry Verification

Coaches should carefully inspect the list of all entries once it is posted. Qualifying marks may be challenged until the designated time. A school found to have entered an invalid qualifying mark is subject to a \$50.00 fine per occurrence. Entries after the entries are locked will also be fined.

<u>Davis Track Opens at 1:00 p.m. on Tuesday and Wednesday, 9:00 a.m. on Friday and 8:00 a.m. on Saturday</u>

No practice is allowed at the Davis High facility within two weeks of the event (Davis High School is exempted from this ruling). Teams will have to clear all materials from the Davis facility after each evening's competition, meaning ALL tents and shade tarps must be removed from the facility.

Team Packets and Check-in

Team packets will be available at the team check-in table set up in the northeast entry way of the Davis High Stadium (see map). Packets will include the number of tickets for athletes entered in the meet only, with five wristbands that can be used for student-athletes who are alternates. The ticket colors for student-athlete entrance will be listed in the Coaches' Packets. Coaches will be admitted with their UHSAA-issued credential through the athletes' entrance located on the fence on the north side of the track facility. Students who have not qualified to compete in the meet, or who are not alternates, should not attend the meet with the team and will not have wristbands in the team packet.

Tickets

UHSAA passes will also be honored at the main spectator entrance on the West side of the facility. A pass may only be used one time per day.

COVID-19 Risk Mitigation Protocols

All spectators at Davis High School will be required to wear face coverings and will be encouraged to physically distance where possible. Competitors in team areas and who are not actively in competition will be expected to be wearing face coverings.

Parking

Parking at Davis High School will be limited to start the day on both Tuesday and Wednesday, until school is released. Please view all parking options on the attached parking map.

Concessions Information

Davis High School will be running concessions throughout the event, with local food trucks also taking part. Additionally, the UHSAA's apparel provider – ShirtStop – will be selling on-site during the event.

Team Camp Area

Team Camp Area is marked in Red on the master map for the event. Teams must remain in this area unless they are competing. There will be NO teams allowed inside the gated area or on the baseball field.

Athlete Event Check-in

All contestants shall check-in at the bull pen for their events upon the first call for that event. Bullpens are marked on the Site Map. Contestants need not remain at the bull pen after check-in. Contestants shall report and remain at the bull pen on the **third call** for their event(s). Only contestants and meet officials are allowed in the bull pen. Coaches, parents, non-contestants, etc. are not allowed in the bull pen. Contestants will be required to remain in the bull pen once they report. Competitors will be escorted from the bull pen to their events. The only access to competition areas will be through the bull pen. If a competitor in a field event needs to be excused to compete in a running event, permission from the field event judge must be obtained. A competitor thus excused must return in a reasonable time. The games committee may impose time limits for return. It is recommended that competitors in conflicting field and running events use a proxy to check in at the bull pen and obtain hip numbers. When it is time to run, the competitor must still get permission from the field event judge to leave the field event competition and compete in the running event.

Schedule Change Procedure

Lightning or weather conditions that present a danger to athletes and spectators may necessitate changes to the posted schedule. Changes may include, but are not limited to, delaying or moving events to the following day, moving events ahead of schedule, and/or eliminating trials and running timed finals in lane races. The length of the weather delay and where it occurs in the schedule would dictate the necessary changes. It is important that coaches and athletes are prepared for all potential changes.

Pole Vault

The pole vault will be a team scoring event in the 6A classification only. The boys' 1A, 2A, 3A, 4A pole vault events will be held simultaneously. 5A and 6A will be held separately. The girls' will follow the same procedure. In both boys' and girls' pole vault events, places will be determined and awarded for each classification even though the competition may be held together. One UHSAA certified coach per team will be allowed in the pole vault area during warm-ups only. Coaches will be asked to leave immediately following warm-ups and before competition starts.

Bus Parking and Team Drop Off

Busses will exit Main Street onto 550 South at the traffic light and Proceed around Mountain High School where they will turn left onto 300 South to the Backside of Davis High School. Teams will unload and coaches will be able to check their teams in at the North East Gate and teams will then proceed to the Team Area. Those with throwing implements will be able to weigh in just inside gate 2.

Technology on In-Field

For the safety of competitors, officials, and coaches, competitors can not use technology on the infield. The Games Committee will enforce that an athlete that uses ANY device that can transmit or receive data in the field of play will be disqualified.

Awards

In individual events, the top six place-winners will be awarded medals. For relays the four members of the 1st, 2nd and 3rd place relay teams will receive medals. Trophies will be awarded to the first and second place boys' and girls' teams in each classification. Medals will be presented at the awards stand following finals in each event. Some of the medals could be awarded on a different day of competition.

Spectator Admission

Admission prices are \$10.00 for adults and \$5.00 for students each day. Spectators will be admitted through the gate in the southwest corner of the facility, with reentry through the southwest or southeast gates. All tickets will be sold online through the UHSAA GoFan website.

Team Scoring

In both individual events and relays, 8 places will be scored: 10-8-6-5-4-3-2-1.

General Information

1. After completion of each field event, all implements, vaulting poles, etc. must be removed from the field.

- 2. The 4x400 Meter Relay will be run in lanes the first three turns. The 4x200 Meter Relay will be run in lanes for the first two turns. The first-and-second runners must stay in their assigned lanes. The third runner may break as soon as the handoff is completed and there is a clear path to the pole. Four runners will be lined up in the order their team comes off the turn.
- 3. Each competitor will have three attempts in the trials of the shot put, discus, javelin, and long jump. The nine qualifiers for the finals will each have an additional three attempts. Any ties for the final qualifying spot will also advance to the finals.
- 4. In the high jump the cross bar will be raised 2" six times and then 1" thereafter. In the boys' pole vault the cross bar will be raised 6" six times and then 3" thereafter. In the girls' pole vault the cross bar will be raised 6" five times and then 3" thereafter. Starting heights are as follows:

Boys' High Jump: 1A=5'4" 2A=5'6" 3A=5'8" 4A=5'8" 5A=5'10" 6A=5'10" Girls' High Jump: 1A=4'3" 2A=4'5" 3A=4'7" 4A=4'8" 5A=4'9" 6A=4'10"

Boys' Pole Vault: 1A,2A,3A=8'0" 4A, 5A=9'0" 6A=11'6" Girls' Pole Vault: 1A, 2A, 3A=6'0" 4A, 5A=7'0", 6A=8'6"

Relay Forms

Implement Weigh-in and Inspection

The weigh-in and inspection station is located just inside Gate 2. Following weigh-in and inspection all legal implements will be marked and returned. Illegal implements will be impounded until the conclusion of the event. The weigh-in and inspection station will be open one hour prior to the first scheduled throwing event and will remain open until 15 minutes after the start of the final throwing event.

Headgear

The meet officials, through the decision of the Games Committee, has the ability to ask student-athletes to remove head gear due to content or safety issues. Please be respectful of NFHS rules related to this and all other uniform topics.

Coaches' Verification

Rule 3-4-8 states, "Prior to the meet, the referee shall, either by a meeting or written communication, address the following with all head coaches and team captains:

- a. All team members are expected to exhibit good sporting conduct.
- b. The head coach shall verify verbally, or in writing, that all of his/her competitors are legally equipped (uniform, equipment) in compliance with these rules.
- c. Any special circumstances, procedures and information pertaining to the meet."

This information along with information distributed with packets the day of the meet, is the written communication to the coaches and captains. The act of entering contestants into the meet through

the RunnerCard system is considered to be a coach's verification in accordance with item "b" above.

Coaches, please review rule 4 *Competitors and Competition* with your student athletes prior to the meet. Particular attention to section 3 regarding the

uniform is highly recommended as it will be enforced as written at the state meet.

It is the responsibility of the coach and their competitor to make sure competitors compete in a legal uniform. The uniform rule can be found on pages 24-26 in the NFHS Track and Field & Cross Country Rule Book.



