

2023 Utah State Track and Field Championships

THURSDAY RUNNING EVENTS (5A-6A)

10:00 AM	Girls' 3200m Run	5A-6A	Timed Finals
10:30 AM	Boys' 3200m Run	5A-6A	Timed Finals
11:05 AM	Girls' 100m Hurdles	5A-6A	Trials
11:25 AM	Boys' 110m Hurdles	5A-6A	Trials
11:50 AM	Girls' 100m Dash	5A-6A	Trials
12:05 PM	Boys' 100m Dash	5A-6A	Trials
12:20 PM	Girls' 400m Dash	5A-6A	Trials
12:50 PM	Boys' 400m Dash	5A-6A	Trials
1:10 PM	Girls Unified 4x100m Relay	5A-6A	Timed Finals
1:25 PM	Boys Unified 4x100m Relay	5A-6A	Timed Finals
1:40 PM	Girls Unified 50m Dash	5A-6A	Timed Finals
1:50 PM	Boys Unified 50m Dash	5A-6A	Timed Finals
2:00 PM BREAK			
2:40 PM	Girls' 300m Hurdles	5A-6A	Trials
2:55 PM	Boys' 300m Hurdles	5A-6A	Trials
3:15 PM	Girls' 200m Dash	5A-6A	Trials
3:30 PM	Boys' 200m Dash	5A-6A	Trials
3:45 PM	Girls' 4x800m Relay	5A-6A	Timed Finals
4:15 PM	Boys' 4x800m Relay	5A-6A	Timed Finals
4:40 PM	Girls' 4x200m Relay	5A-6A	Timed Finals
5:10 PM	Boys' 4x200m Relay	5A-6A	Timed Finals

5:40 PM Projected Finish Time

FRIDAY RUNNING EVENTS (1A-4A)

9:00 AM	Girls' 3200m Run	1A-4A	Timed Finals
10:00 AM	Boys' 3200m Run	1A-5A	Timed Finals
11:05 AM	Girls' 100m Hurdles	1A-4A	Trials
11:30 AM	Boys' 110m Hurdles	1A-4A	Trials
12:00 PM	Girls' 100m Dash	1A-4A	Trials
12:25 PM	Boys' 100m Dash	1A-4A	Trials
12:55 PM	Girls' 400m Dash	1A-4A	Trials

1:20 PM	Boys' 400m Dash	1A-4A	Trials
1:45 PM	Girls Unified 4x100m Relay	1A-4A	Timed Finals
2:00 PM	Boys Unified 4x100m Relay	1A-4A	Timed Finals
2:15 PM	Girls Unified 50m Dash	1A-4A	Timed Finals
2:25 PM	Boys Unified 50m Dash	1A-4A	Timed Finals
2:50 PM BREAK			
3:30 PM	Girls' 300m Hurdles	1A-4A	Trials
3:50 PM	Boys' 300m Hurdles	1A-4A	Trials
4:10 PM	Girls 200m Dash	1A-4A	Trials
4:30 PM	Boys' 200m Dash	1A-4A	Trials
4:50 PM	Girls' 4x800m Relay	4A	Timed Finals
5:05 PM	Boys' 4x800m Relay	4A	Timed Finals
5:20 PM	Girls' Medley Relay	1A-3A	Timed Finals
6:00 PM	Boys' Medley Relay	1A-3A	Timed Finals
6:40 PM	Girls' 4x200m Relay	4A	Timed Finals
6:55 PM	Boys' 4x200m Relay	4A	Timed Finals
7:10 PM Projected Finish Time			

SATURDAY RUNNING EVENTS (1A-6A)

7:30 AM	Girls' 1600m Run	1A-6A	Timed Finals
8:30 AM	Boys' 1600m Run	1A-6A	Timed Finals
9:25 AM	Girls' 100m Hurdles	1A-6A	Finals
9:45 AM	Boys' 110m Hurdles	1A-6A	Finals
10:05 AM	Girls' 100m Dash	1A-6A	Finals
10:20 AM	Boys' 100m Dash	1A-6A	Finals
10:35 AM	Girls' 400m Dash	1A-6A	Finals
10:55 AM	Boys' 400m Dash	1A-6A	Finals
11:15 AM BREAK			
12:00 PM	Girls' 300m Hurdles	1A-6A	Finals
12:15 PM	Boys' 300m Hurdles	1A-6A	Finals
12:30 PM	Girls' 800m Run	1A-6A	Timed Finals
12:55 PM	Boys' 800m Run	1A-6A	Timed Finals
1:25 PM	Girls' 4x100m Relay	1A-6A	Timed Finals

2:30 PM	Boys' 4x100m Relay	1A-6A	Timed Finals
3:40 PM	Girls' 200m Dash	1A-6A	Finals
3:55 PM	Boys' 200m Dash	1A-6A	Finals
4:10 PM	Girls' 4x400m Relay	1A-4A	Timed Finals
4:55 PM	Boys' 4x400m Relay	1A-4A	Timed Finals
5:40 PM	Girls' 4x400m Relay	5A-6A	Timed Finals
6:15 PM	Boys' 4x400m Relay	5A-6A	Timed Finals
6:50 PM	TEAM AWARDS		

THURSDAY FIELD EVENTS (5A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
10:00 AM	6A Boys	5A Girls	6A Girls	5A Boys	6A Girls	
11:00 AM						5A Boys
12:00 PM	5A-6A Unified					
1:00 PM	5A Girls	6A Boys	5A Boys	6A Girls	5A Boys	
2:00 PM						5A Girls
3:00 PM	6A Girls	5A Boys	6A Boys	5A Girls	6A Boys	

FRIDAY FIELD EVENTS (1A-4A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
9:00 AM	4A Girls	1A Boys	2A Girls	1A Girls	3A Boys	
11:00 AM	1A-4A Unified					
12:00 PM	1A Girls	2A Boys	3A Girls	2A Girls	4A Boys	1A-4A Boys
2:00 PM	2A Girls	3A Boys	4A Girls	3A Girls	1A Boys	1A-4A Girls
4:00 PM	3A Girls	4A Boys	1A Girls	4A Girls	2A Boys	

SATURDAY FIELD EVENTS (1A-6A)

	Shot Put	Discus	Javelin	High Jump	Long Jump	Pole Vault
8:00 AM	3A Boys	4A Girls	1A Boys	2A Boys	3A Girls	
9:30 AM						6A Boys
9:45 AM	4A Boys	1A Girls	2A Boys	3A Boys	4A Girls	
11:30 AM	1A Boys	2A Girls	3A Boys	4A Boys	1A Girls	
1:00 PM						6A Girls
1:15 PM	2A Boys	3A Girls	4A Boys	1A Boys	2A Girls	
3:00 PM	5A Boys	6A Girls	5A Girls	6A Boys	5A Girls	