

UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

State Wrestling Championships *presented by*



Wasatch High School, Heber City, Utah
5A Boys February 18, 2021 (Wasatch High School)

Tournament Information

Please wear a mask at all times

The Utah High School Activities Association and Mountain America Credit Union are proud to present the State Wrestling Championships at Wasatch High School and Timpanogos Middle School in Heber City. Be sure to read all of the information so as not to be disappointed or surprised on the day of the tournament. **Please be sure to inform your wrestlers, parents and other fans that WE ARE GUESTS OF Wasatch School District and appreciate their efforts in allowing the students to wrestle. This is not the place to make a personal or political statement. We are here for your children. Please read the following:**

Masks

Masks are required at all times in the venue. All parents, officials, coaches, and wrestlers must wear a mask. Wrestlers may remove their mask in the coach's corner before wrestling. Once the match is completed, wrestlers need to put the mask back on. For more information, please refer to Winter Return To Play Wrestling Protocols on the UHSAA Website: <https://www.uhsaa.org/sportsmedicine/UHSAA%20Return%20to%20Play%20Document%20Winter%20Sport-by-Sport%20USSA%20UHSAA%20Plan.pdf>

Each school's Principal, or designee is responsible to ensure parents, coaches, and wrestlers adhere to the mask protocols.

Entries from the Division Tournaments

State qualifiers from Division Tournaments are to be entered in the State Tournament by the directors of those tournaments. Entries MUST be submitted by midnight the last day of the qualifying tournament. **First and last names must be included as well as year in school, last year's state place and this season's varsity record. This information must be provided by coaches when they enter wrestlers in the Division Tournament.** Wrestlers will be entered in the state tournament by the Division Tournament director.

Division Responsibility to Check Compliance with Weight Management Rules

The OPC Alpha-Master sheets and individual weight-loss plans must be checked carefully at the Division Tournaments to ensure that each wrestler is competing at a legal weight. Wrestlers who qualify from division at a weight class for which they are not eligible to compete will be disqualified from the State Tournament and divisions and schools will be subject to penalty. Schools/coaches attempting to enter a wrestler in a weight class for which they are not eligible will be subject to discipline as well. Please work to avoid problems with this that could occur after division by carefully checking each wrestler prior to the division tournament.

Division Responsibility for Checking Physician Clearance on Low Body Fat Wrestlers

Wrestlers who require physician's clearance for low body fat should have their clearance recorded on the Alpha-Master prior to competing. Clearance forms should have been submitted to the UHSAA by fax at (801)566-0633, by email, or by regular mail. **Coaches, please check the Alpha-Master** to assure that those who need clearance have it and that it is recorded on the Alpha-Master prior to the division seeding meeting to avoid problems. Wrestlers must have at least one legal weigh-in after a legal body fat test and prior to weighing in for any post-season tournament. The weigh-in for a post-season tournament does not fulfill this requirement.

Admission Prices

Full Single Day \$10.00

TICKETING

After the Divisional Tournaments are completed, the UHSAA will go through each weight class, and will send UHSAA wristbands for parents to each school—two wristbands per participant. The UHSAA will invoice each school for the wristbands provided.

UHSAA PASSES

All UHSAA Passes will be honored. If a spouse comes with the coaches pass, it will admit 1.

Admission of Teams and Team Personnel

Each participating school will be issued floor access passes “**ONLY TO CERTIFIED COACHES IN REGISTER MY COACH**”. **Only wrestlers who have qualified for the state tournament, or an alternate will be permitted into the tournament. Each team is allowed 2 statisticians/managers. PLEASE DON'T BRING EXTRA TEAM MEMBERS** who are not participating in the tournament. Wrestlers and coaches will enter through the auxiliary gym doors on the far north side of the high school. **After weigh-ins are completed, teams will use the auxiliary gym to put their belongings and warm up until they are second or third up to wrestle.** A participant check-in list will allow wrestlers and coaches into the building through the wrestlers' entrance. All others must have a wristband or coaches pass and will be admitted through the ticket office. School Athletic Trainers (ATC) will be admitted if listed on the approved Athletic Trainers list. To be listed, Certified Athletic Trainers need to contact Lisa Walker at lisa.walker@nebo.edu.

Weigh-In & Skin Check

The weigh-in will be staged in the west auxiliary gym and will be conducted by weight class according to rule 4-5-3. Wrestlers must report when their weight class is called. Wrestlers will enter the weigh-in area from the north doors adjoining the two auxiliary gyms and will exit through the south doors. Any wrestler that is disqualified from wrestling because of a skin condition will be replaced by the alternate wrestler from the divisional qualifying tournament. If the alternate wrestler from the disqualified division is not eligible to wrestle, then the alternate wrestler from the alternative division in the same classification will be eligible to wrestle. An on-site, designated meet physician will be present to rule on suspect skin conditions. Wrestlers should be prepared to present their own physician's statement at this time. As per rule 4-2-4 the on-site designated tournament physician “may over-rule the diagnosis of the appropriate health care professional signing the medical release form...” Coaches and parents will “NOT” have access to the on-site tournament physician after a wrestler has been DQ'd. Wrestlers with scratches or abrasions may be required to cover them for their own protection from potential infection. As per rule 4-2-3 “Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate.” A reminder of the rule regarding the weigh-in: Rule 4-5-7: “All contestants shall weigh-in a legal uniform (4-1-1) and a suitable undergarment that completely covers the buttocks and the groin area. Contestants shall not weigh-in wearing shoes or ear guards. Female contestants shall also wear a suitable form-fitted compression undergarment that completely covers their breast...”

Coaches Information

A coaches meeting will be held at 8:30 a.m. on February 18, 2021

The tournament will be run using Trackwrestling software. Brackets will be updated and available from a link on the Wrestling page of the UHSAA website www.uhsaa.org and on the www.trackwrestling.com web-site throughout the tournament. TRACKCAST subscription will be available for patrons to watch the matches from home for \$10.00.

Please ensure proper health guidelines are met and followed at the Division Tournaments. Wrestlers should be groomed in accordance with rule prior to reporting to the weigh-in. Medical personnel will check all wrestlers for communicable skin conditions during the State Tournament weigh-in. **A doctor's clearance on the approved form will be required for any questionable skin conditions** subject to rule 4-2-4. The approved skin form is available on the “Wrestling” page of the UHSAA website. <http://www.uhsaa.org/forms/skinform.pdf> Wrestlers will not be allowed to participate without proper clearance.

Coaches should be prepared to provide any medical supplies necessary to cover scratches, abrasions, etc. that are required by designated tournament medical personnel for protection of the wrestler. The UHSAA will not provide supplies to wrestlers, please make preparations. Please bring a school medical kit to the tournament for use with your wrestlers.

Verification of Entries

All entries for the state tournament are to be verified prior to the beginning of the initial weigh-in for the tournament in that classification. The beginning of the initial weigh-in for a classification constitutes the deadline for verification of entries in the state tournament referred to in rule 10-2-1. The beginning of the weigh-in occurs when the first weight class in the classification officially reports to the scales.

Awards

First and second place team trophies will be awarded and six individual places will be scored and six medals awarded.

Cheerleaders

With the pandemic and limited capacities in the venues, **CHEERLEADERS WILL NOT** be cheering at the State Tournament this year. We are sorry for the inconvenience.

The Following are Strictly Prohibited from the State Wrestling Tournaments:

- a. large school flags, signs or banners of any kind including the type teams run through.
- b. noisemakers of any kind such as whistles, cow bells, horns, pop guns etc.
- c. balloons.
- d. megaphones, either in the stands or used by cheerleaders.
- e. confetti or shredded paper in the stands or on the floor.
- f. fans wearing no shirts (fans must wear shirts at all times)
- g. articles of any type thrown onto the floor.
- h. photographers on the wrestling floor level except those representing the UHSAA or credentialed media. No flash units are allowed on the floor level during wrestling. If flash units are used at all they should be used from the stands. Only credentialed media representatives are allowed on the floor.

Please refer to the UHSAA State Tournaments & Meet Support Items list found on page 63 of the UHSAA Handbook for a full list of those things which are allowed and not allowed.

Buses, Team Drop Off, & Parking

Buses will be allowed into the north parking lot to drop off participants and will park in the parking lot immediately north of the football stadium

See Tournament Schedule Below

NOTE: The only times that will be followed as outlined below are the weigh-in times, coaches meeting times, and the start times for the first matches and Finals. We will be wrestling straight through the tournament. Parents are advised to stay in the venue, so you don't miss your child's match.

**2021 UHSAA 5A State Wrestling Championships
Tournament Schedule
February 18, 2021**

Weigh-ins	8:00 a.m.		
Coaches Meeting	8:30 a.m.		
Round 1	9:30—11:00 a.m.	1 st Championship Round	5 mats
Round 2	11:00 a.m.—12:30 p.m.	2 nd Championship Round 1 st Consolation Round	5 mats
Lunch Break	12:30—1:00 p.m.		
Round 3	1:00—2:30 p.m.	2 nd Consolation Round	3 mats
Round 4	2:30 —4:30 p.m.	Championship Semi-finals 3 rd Consolation Round	3 mats
Round 5	4:30—6:00 p.m.	3 rd /4 th Place Matches 5 th /6 th Place Matches	2 Mats
Set up for Finals	6:00 p.m.		
Parade of Champions	6:10 p.m.		
Round 6	6:15--7:45 p.m.	Championship Finals	1 Mat
Awards	Following Finals		