



# UTAH HIGH SCHOOL ACTIVITIES ASSOCIATION

## State Wrestling Championships

*Presented by:*



**MOUNTAIN AMERICA**  
CREDIT UNION

*Sevier Valley Center - Snow College - Richfield, Utah*  
**3A & 4A - February 15th through 18th**

## Tournament Information

The Utah High School Activities Association and Mountain America Credit Union are proud to present the State Wrestling Championships at the Sevier Valley Center on the campus of Snow College in Richfield. Be sure to read all of the information so as not to be disappointed or surprised on the day of the tournament. **Please be sure to inform your wrestlers, parents and other fans of the following:**

### **Entries from the Division Tournaments**

State qualifiers from Division Tournaments are to be entered in the State Tournament by the directors of those tournaments. Entries **MUST** be submitted by midnight the last day of the qualifying tournament. **First and last names must be included as well as year in school, last year's state place and this season's varsity record. This information must be provided by coaches when they enter wrestlers in the Division Tournament.** Wrestlers will be entered in the state tournament by the Division Tournament director.

### **Division Responsibility to Check Compliance with Weight Management Rules**

The OPC Alpha-Master sheets and individual weight-loss plans must be checked carefully at the Division Tournaments to ensure that each wrestler is competing at a legal weight. Wrestlers who qualify from division at a weight class for which they are not eligible to compete will be disqualified from the State Tournament and divisions and schools will be subject to penalty. Schools/coaches attempting to enter a wrestler in a weight class for which they are not eligible will be subject to discipline as well. Please work to avoid problems with this that could occur after division by carefully checking each wrestler prior to the division tournament.

### **Division Responsibility for Checking Physician Clearance on Low Body Fat Wrestlers**

Wrestlers who require physician's clearance for low body fat should have their clearance recorded on the Alpha-Master prior to competing. Clearance forms should have been submitted to the UHSAA by fax at (801)566-0633, by e-mail, or by regular mail. **Coaches, please check the Alpha-Master** to assure that those who need clearance have it and that it is recorded on the Alpha-Master prior to the division seeding meeting to avoid problems. Wrestlers must have at least one legal weigh-in after a legal body fat test and prior to weighing in for any post-season tournament. The weigh-in for a post-season tournament does not fulfill this requirement.



**Admission Prices (mobile tickets available at:** [uhsaa.org/tickets](https://uhsaa.org/tickets)

	<b><u>Adult</u></b>	<b><u>Student/Senior Citizens</u></b>
Full Single Day	\$10.00	\$5.00

**All Tickets will be purchased online:**

Tickets for entry can be found at: [uhsaa.org/tickets](https://uhsaa.org/tickets)

**Passes/Tickets Required by All**

No one will be admitted without a ticket or pass. Schools are reminded to secure tickets for cheerleaders, bus drivers, managers etc. as they will not be admitted without a ticket.

**Admission of Teams and Team Personnel**

Each participating school will receive Coaching Credentials in their Team Packet. **Coaching Credentials will only be given to Certified coaches.** Wrestlers competing in the tournament will receive a stamp as they enter the first time each day that will admit them for the rest of the day.

Wrestlers and coaches will enter through the tunnel on the north side of the building. **Buses will not be allowed into the back lot area to drop off teams.** Bring ID as it may be required.

A participant check-in list will allow wrestlers into the building through the wrestlers' entrance the first time each day. All others must have a ticket or pass and will be admitted through the ticket office. School Athletic Trainers (ATC) will be admitted if listed on the approved Athletic Trainers list. To be listed, Certified Athletic Trainers need to contact Lisa Walker at: [lisa.walker@nebo.edu](mailto:lisa.walker@nebo.edu)

**Weigh-In; Skin Check**

The Weigh-in will take place in the North Atrium. The weigh-in will be conducted by weight class according to rule 4-5-3. Wrestlers must report when their weight class is called. Wrestlers will enter the weigh-in area from the west and exit through the east end of the room. Any wrestler that is disqualified from wrestling because of a skin condition will be replaced by the alternate wrestler from the divisionals qualifying tournament. If the alternate wrestler from the disqualified division is not eligible to wrestle, then the alternate from the alternative division in the same classification will be eligible to wrestle. An on-site, designated meet physician will be present to rule on suspect skin conditions.

Wrestlers should be prepared to present their own physician's statement at this time. As per rule 4-2-4 the on-site designated tournament physician "may over-rule the diagnosis of the appropriate health care professional signing the medical release form..." Wrestlers with scratches or abrasions may be required to cover them for their own protection from potential infection. As per rule 4-2-3 "Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate." A reminder of the rule regarding the weigh-in: Rule 4-5-7: "All contestants (male and female) shall weigh in wearing a suitable undergarment that completely covers the buttocks and the groin area. Female contestants must also wear a suitable undergarment that covers their breasts..."



### **Coaches Information**

A coaches meeting will be held on the first day of the tournament for each Classification.

**3A: Wednesday, February 15 at 8:30 a.m. in the Yellow Room between the west locker rooms**

**4A: Friday, February 17 at 8:30 a.m. in the Yellow Room between the west locker rooms**

The tournament will be run using Trackwrestling software. Brackets will be updated and available from a link on the Wrestling page of the UHSAA website [www.uhsaa.org](http://www.uhsaa.org) and on the [www.trackwrestling.com](http://www.trackwrestling.com) web-site throughout the tournament.

Please ensure proper health guidelines are met and followed at the Division Tournaments. Wrestlers should be groomed in accordance with rule prior to reporting to the weigh-in. Medical personnel will check all wrestlers for communicable skin conditions immediately following the State Tournament weigh-in. A doctor's clearance on the approved form will be required for any questionable skin conditions subject to rule 4-2-4. The approved skin form is available on the "Wrestling" page of the UHSAA website. <http://www.uhsaa.org/forms/skinform.pdf> Wrestlers will not be allowed to participate without proper clearance.

**Coaches should be prepared to provide any medical supplies necessary to cover scratches, abrasions, etc. that are required by designated tournament medical personnel for protection of the wrestler. The UHSAA will not provide supplies to wrestlers, please make preparations.** Please bring a school medical kit to the tournament for use with your

### **Verification of Entries**

All entries for the state tournament are to be verified prior to the beginning of the initial weigh-in for the tournament in that classification. The beginning of the initial weigh-in for a classification constitutes the deadline for verification of entries in the state tournament referred to in rule 10-2-1. The beginning of the weigh-in occurs when the first weight class in the classification officially reports to the scales.

### **Awards**

First and second place team trophies will be awarded in all classifications. Six individual places will be scored and six medals awarded in the 2A, and Four places will be scored and awarded medals in the 1A tournament.

### **No Outside Food Allowed in the Building**

**THERE WILL BE NO OUTSIDE FOOD OR DRINK ALLOWED INTO THE UCCU CENTER. ONLY THOSE ITEMS REQUIRED BY EACH WRESTLER AND BROUGHT IN WITH THEM THROUGH THE WRESTLERS' ENTRANCE WILL BE ALLOWED. PLEASE ADVISE YOUR WRESTLERS AND FANS!**

### **Cheerleaders**

No cheerleaders will be allowed on the floor until championship final matches in all classifications. Cheer squads are asked to not cheer lower than row 5 in the arena and not behind any scorers' tables during the entire tournament. The UHSAA will only reimburse cheerleaders for the final day of the tournament. Cheerleaders are allowed at mat-side during final matches. **Please remind the cheerleaders that they may not touch the mats while cheering.**



**The Following are Strictly Prohibited from the State Wrestling Tournaments:**

- a. large school flags, signs or banners of any kind including the type teams run through.
- b. noisemakers of any kind such as whistles, cow bells, horns, pop guns etc.
- c. balloons.
- d. megaphones, either in the stands or used by cheerleaders.
- e. confetti or shredded paper in the stands or on the floor.
- f. powder or any airborne substance.
- g. fans wearing no shirts (fans must wear shirts at all times)
- h. articles of any type thrown onto the floor.
- i. photographers on the wrestling floor level except those representing the UHSAA or credentialed media. No flash units are allowed on the floor level during wrestling. If flash units are used at all they should be used from the stands. Only credentialed media representatives are allowed on the floor.

Please refer to the UHSAA State Tournaments & Meet Support Items list found on page 80 of the UHSAA Handbook for a full list of those things which are allowed and not allowed.

**2023 UHSAA/Mountain America Credit Union  
Boys & Girls State Wrestling Championships**

February 15th & February 18th  
Sevier Valley Center - Snow College

**3A Classification**

**Wednesday, February 15th    *UPDATED 2-13-2023***

3A	9:00am	Skin Checks & Weigh-ins		
3A	<b>9:30am</b>	<b>Coaches Meeting</b>		
3A	11:00am - 2:00pm	Round #1	Championships	(4B, 3G mats)
<b>2:00pm - 2:15pm    BREAK</b>				
3A	2:15pm - 4:45pm	Round #2	Championship - Quarterfinals & Consolation #1	(4B, 3G mats)
<b>4:45pm - 5:00pm    BREAK    CLEAN MATS</b>				
3A	5:00pm - 6:45pm	Round #3	Consolation Round #2	(4B, 3G mats)



### **3A Classification**

**Thursday, February 16th**

3A	9:00am	Skin Checks & Weigh-ins		
3A	11:00am - 1:30pm	Round #4	Championship - Semifinals Consolation - Quarterfinals	(2B, 2G mats) (2B, 1G mats)
<b>1:30pm - 1:45pm BREAK</b>				
3A	1:45pm - 3:45pm	Round #5	Consolation - Semifinals	(4B, 3G mats)
3A	3:45pm - 4:45pm	Round #5	Consolation - Finals	(2B, 2G mats)
<b>4:45pm - 5:15pm Setup for Finals &amp; CLEAN MATS</b>				
3A	5:15pm	Parade of Champions & National Anthem		
3A	5:30pm - 7:45pm	Championship Finals		(1B, 1G mats)
3A	7:45pm	Individual & Team Awards		

### **4A Classification**

**Friday, February 17th**

4A	8:00am	Skin Checks & Weigh-ins		
4A	<b>8:30am</b>	<b>Coaches Meeting</b>		
4A	10:00am - 1:00pm	Round #1	Championships	(4B, 3G mats)
<b>1:00pm - 1:15pm BREAK</b>				
4A	1:15pm - 3:45pm	Round #2	Championship - Quarterfinals & Consolation #1	(4B, 3G mats)
<b>3:45pm - 4:00pm BREAK CLEAN MATS</b>				
4A	4:00pm - 5:45pm	Round #3	Consolation Round #2	(4B, 3G mats)



## **4A Classification**

**Saturday, February 18th**

4A	9:00am	Skin Checks & Weigh-ins		
4A	10:00am - 12:30pm	Round #4	Championship - Semifinals Consolation - Quarterfinals	(2B, 2G mats) (2B, 1G mats)
<b>12:30pm - 12:45pm BREAK</b>				
4A	12:45pm - 2:45pm	Round #5	Consolation - Semifinals	(4B, 3G mats)
4A	2:45pm - 3:45pm	Round #5	Consolation - Finals	(2B, 2G mats)
<b>3:45pm - 4:15pm Setup for Finals &amp; CLEAN MATS</b>				
4A	4:15pm	Parade of Champions & National Anthem		
4A	4:30pm - 6:30pm	Championship Finals		(1B, 1G mats)
4A	6:30pm	Individual & Team Awards		